

September 2022

Vol. 12 # 149

People, places & events across the Fleurieu Peninsula







MY HEARING has the solutions

BESIDES having family ties to the area Dean Laird saw a need for change and consumer choice for hearing services on the Fleurieu Peninsula.

"I have been servicing the hearing needs of South Australians for over 32 years. What makes our business special is we are proud to be the only permanent locally owned independent South Australian hearing centre on the southern Fleurieu, we are sincerely committed to consistent quality hearing care and providing to the community."

My Hearing has been operating in Victor Harbor for 5 years and employs 6 people specialising in Audiology, Hearing Services Officers, and administration staff. The staff at My Hearing have a genuine passion for changing peoples lives and family relationships for the better, offering a personal approach to all their clients needs. "At My Hearing, if hearing aids are part of your treatment we will always take the time to find the best solution for our clients from all leading global hearing aid manufacturers with no compromise on service quality or cost." "What our business offers the general public is complete clinical Hearing Assessments, Tinnitus advice and therapies, Hearing aid fitting and rehabilitation to private patients and free hearing aids and services to all eligible pensioners and DVA clients. prescription of latest digital hearing aids, hearing aid repairs, Workers Compensation assessments, and hearing protection" states Dean.

With technology changing rapidly, staff members are kept well abreast with all new advances from every manufacturer. Some recent incredible advances include background noise reduction and hearing clarity controls, direct mobile phone call streaming, fall sensor alerts, language translation, and heart rate monitoring via hearing aids. As we are an independent hearing centre we can guarantee continuity of care without any hidden costs or reduction to our well-known ongoing care and service. I'd encourage anyone who is needing some assistance for their hearing to ask about our Best Price Guarantee to ensure they are not paying more than is necessary.

My Hearing believe it is important to seek professional advice, just as you wouldn't buy a car without a test drive, glasses without trying them on first, or dentures without making sure they fit, nor should you agree to hearing aids without proper consultation and consideration.

Hearing is complex, and the choice of hearing aids should be one made with full professional support and quidance. Dean is proud his business has a strong connection with our community. "I enjoy the friendships, support and personal relationships I've developed with other local business owners and community stakeholders. It has also been truly humbling in today's business climate to have so much support from the community since we began who see the benefits of supporting local business in all its forms."

My Hearing are regular sponsors of many local sports clubs including football, bowling, netball, golf and charities such as the Salvation Army.



100% invisible

Clear and natural sound

Wear and forget for months | 24/7 relief from tinnitus

Improved self-esteem

Contact us for more information or to arrange your own free 30-day trial.



office@myhearingcentre.com.au

myhearingcentre.com.au

Nings Park & Victor Harbor (Visiting Glynde, Goolwa, McLaren Vale, Strathalbyn, Kingscote)





We're 11, green & clean

Welcome to your September edition #149 – the start of our 12th year of publishing Coast Lines.

It has been a pleasure to present your free monthly magazine made possible by our incredibly supportive advertisers, the 100plus places across the Fleurieu Peninsula who put the copies on their shelf, those who allow us to tell their story, and you the reader for the encouragement to go on. Not only will we continue to produce Coast Lines, we have some exciting plans for the future. Look out for some great news in our October edition.

... and we're going to remain green & clean!

We made an informed choice three years ago to reduce carbon emission by choosing the great team at Finsbury Green to print your magazine.

Coast Lines Coast Lines Edition #1 in September, 2011,

and our front cover – a poster promoting the Victor Harbor Rock 'n Roll Festival at Warland Reserve on Sunday, September 18.

The printing industry has evolved, and the most significant change over the past 20 years has been in pulp sourced from third-party certified sustainable forests where trees are grown specifically for paper production. This takes care of environmental and social interests. Finsbury Green is also actively involved with the Forest Stewardship Council and is Chain of Custody certified.

This is an absolute guarantee that the paper used to print this magazine is of the highest environmental value. Every edition since going green we have had CO2 savings of 608kgs.

Thank you again to everyone who has supported us over the past 11 years, and we look forward to exciting times ahead. Take care,

Ashley & Jenny



Great news for Crows and Power fans...

You can enjoy the local finals

n these desperate, dying stages of another football season most Crows fans will grab anything. It's why they should be hoping the McLaren Eagles, which also wear the red, blue & gold colours, wins their first Great Southern Football League premiership

Clutching at straws, definitely. With one minor round remaining when this edition went to press they are favoured to be the first club since Willunga's seniors and reserves in 2005 to go through the season undefeated.

But with a lot of work to be done yet, as the cliché goes in football - also mindful of Willunga's seniors and reserves going into grand finals unbeaten two years later and losing both to Langhorne Creek - no one is over confident at McLaren.

Such is the respect for the opposition that after the Eagles recently had their narrowest win up to round 17 by 14 points against a brave Victor Harbor – after beating it by 112 points in round seven – senior coach Gianni Petrucci spoke highly of the opposition. As the McLaren lads sang their hearts out post-match in the changerooms an



but remember the players they played alongside most.

Brett Ellis, 31, said he would give back the Mail Medals he won the previous two seasons if it meant this premiership, adding it wouldn't be for him but for the volunteers in the club.

"None of the players have forgotten that we finished bottom three years in a row from 2015, and it has taken an entire club, not just a team to give us a chance in the finals this year," Brett said.

"We have spoken as a group that we want to do this for our volunteers; to see their faces on the night if we get the job done. This is what has been driving us.

Continued P5

Pictured: (top) McLaren players in the changerooms after the win against Victor Harbor, and (above) Brett Ellis.



From P4

"Our volunteers have worked hard for 10 years to get us into this position and a premiership would be their premiership, the club's premiership. We all started the journey together and the players want to do it as a group.

"It's not going to be easy, even getting into the grand final, but we'll give it everything we've got.

"There are a lot of special people in this club... Pam Baker, a life member and trainer, the Price family, past and present presidents, secretaries and treasurers... there are so many."

Winning successive best and fairest awards is always a marvellous achievement in any competition, but making it remarkable for Brett was that during COVID-affected years, which understandably led to a lot of footballers, indeed other people, struggling mentally because of the pressures linked to the necessary restrictions.

"COVID was tough on a lot of players for different reasons, and for me those two hours on a Saturday was good because I just got out there, played footy with my mates and enjoyed a beer afterwards," Brett said.



"I guess we all got away from the pressures

"To me, that's the greatest thing about this game... the two hours I get to play football and no one can take that away from me." Brett, 31, has been with the club for 10 years and has not played in a senior premiership team. "I really want this one to be it," he said.

But, of course, his life isn't just football there is his wife Lisa, and their son Lucas, 2½, and daughter Xav, six months. Regardless what happens GSFL grand final day at Goolwa Oval Brett thinks he's still got a few more years of footy left in him. "I hope so; I'd love the kids remember me playing."

The Crows fans at the local grand final may just see a team with the red, blue and gold in a grand final. If so, it will be a tough day for the Port Adelaide fans, standing there thinking 'what could have been' in the black and white home-ground surrounds of the proud Goolwa Magpies.

GSFL men's finals

(2.30pm start)

Second semi-: Saturday, Sept. 3, Victor Harbor Oval

First semi: Sunday, Sept. 4, Langhorne Creek

Oval

Preliminary: Saturday, Sept. 10, Strathalbyn

Grand: Saturday, Sept. 17, Goolwa Oval.





Great coach holidays for South Coast locals

- > Big range of great SA destinations
- > All-inclusive pricing no more to pay
- > Covid-Clean accredited.

Get away on a fun and friendly holiday. Travel with a SA family-owned tour company. All-inclusive pricing means top value too!

Free home pick-up and return for Victor Harbor, Middleton, Port Elliot and Goolwa included!

374 0800 Call now www.endeavourtours.com.au

Enjoy Australia with friends... Endeavour Tours!

Bertie and our good old affordable shows

STORY: ASHLEY PORTER

hances are that you missed the recent 60th birthday of that anthropomorphised-shaped *Bertie Beetle*, made from irresistible bits of honeycomb left on the Violet Crumble production line.

In many ways this chocolate-coated bug has for decades been the symbol of show bags at Royal shows, although they say these days the \$50 Ugly Swan Scream-Free Hair showbag is giving Bertie a run for his money.

We mention this because the Royal Melbourne Show is on from September 22-October 2, and not only have *Bertie Beetle* showbags crawled to \$8, but adult tickets into the show are now \$45 and big rides \$25. The sector is blaming rising insurance costs and increases across the board from petrol to the fluffy toys used as sideshow prizes, but we all know it's about making up for show losses during COVID.

The RMS coincides with the return of three fabulous shows across the Fleurieu Peninsula – the 140th Yankalilla, Rapid Bay & Myponga Show on Saturday, October 1, 150th Strathalbyn Show on the Labour Day holiday, Monday, October 3, and the 142nd Port Elliot Show on October 8-9.

These country shows won't get within an Angus bull's roar of Royal Melbourne's monster event, just as one has little chance of winning a prize tossing a table tennis ball down the throat of a laughing clown, but our comparatively smaller events will at least be well within reach of the broader local community.

Most of all we should be there to absorb an amazing example of how groups of dedicated volunteers can put on a show that, for a few hours at least, makes us realise those 'great old days' still exist. It's also about recognising the resilience of many. Well done to all concerned, we say,



Last year we pictured Port Elliot Show secretary Gayle Garrett in the old ticket box at the shogrounds but the show didn't go ahead, so this time we put new secretary Carol Carey in there hoping all their hard work is not for nothing again.

and thank you.

Since the Southern Agricultural Society put on its first event at Middleton in 1869 and now referred to as the Port Elliot Show committees have rebounded from two world wars, a devastating fire in 1959 that destroyed most of the Port Elliot showgrounds, severe flooding in 2016 and two years of the wretched COVID.

It was August last year that we wrote about Gayle Garrett, the society's secretary from 2010 until this year and now its most recent recipient of life membership, and declared 'The show WILL go on'. Of course, we were wrong, and her great work as secretary that year was seemingly all for nothing.

The show committee of today is bringing in the clowns once again, and new secretary

Carol Carey couldn't be more excited.

Of course, this event is far from the 'one man/woman show' idiom starting from Carol's fellow executives Stephen Rogers (president) and Doug Giles (treasurer), and Deane Perry and his must-see museum.

Carol stepped down as a convener to be secretary, and gave one of the best handballs you would ever see by passing on her role with home produce to her husband Robert. How could any husband say no?

Like at the Yankalilla, Rapid Bay & Myponga, and Strathalbyn shows the Port Elliot Show relies heavily on other volunteers — the ticket sellers, those who help set-up and clean-up, and so on... the lists are long.



140th Yankalilla, Rapid Bay & Myponga Show Saturday, October 1

150th Strathalbyn Show, Labour Day holiday, Monday, October 3

142nd Port Elliot Show weekend October 8-9

Carol said it was wonderful for the Fleurieu to have shows at Yankalilla, Strathalbyn and Port Elliot so close together because the close timing brought in tourists to the region which helped the overall economy.

"Importantly these shows are helping everyone's well being, and they are something that people can afford to go to,"

"In fairness the Royal shows have a lot bigger area to look after and far bigger infrastructure. For us, we have a beautiful ground, and you can bring your family in at a reasonable rate. Our ticket prices haven't changed since our last show in 2019.

"We have been mindful that a lot of people

are unemployed or are generally struggling, and I think we have just as much fun and a great time like the big shows.

"We are one of the few country shows still with the horses... the thrill of the show jumpers, the beauty of the dressage. Overall it's just charming, and you come in and you get to meet a lot of locals.

"I used to be a convener for home produce here and a few other country shows and I just love them.

"People in Adelaide know the Port Elliot Show; it's iconic. They come here with the family, it's amazing.

"We have had a couple of horrible years,

especially last year having to shut down virtually at the last minute after putting in so much effort. It was heartbreaking. We have made sure that we have put everything together the best possible way

"We started officially working on this show last February. We think this show is important for local people and the area in general. We need to get people back to having happy times again, and if we can do that in a small way, great.

"I have had a good mentor in the role as secretary in Gayle, who has been there to help me when needed.

Continued P8

DONLAN

LAWYERS

Wills & estate planning · Trusts · Deceased estate administration & disputes · Personal & Business Succession · Power of Attorney & Advance Care Directives · Family Law · Conveyancing

Level 2/60 Hindmarsh Sq, Adelaide 3/70 Ocean St, Victor Harbor

Home and after hours visits available.

8344 6422

www.donlanlawyers.com

From P7

"There are a lot of amazing people helping to put on all three shows. They all love the shows so much."

Carol said there would be new acts and traders for this year's Port Elliot Show, adding everyone had felt for the traders who won't be there having needed to give up their business because of COVID.

"The forced two-year break has created an opening for fresh ideas, including some circus acts and working with children making things - something different to make this year's show special.

"It's going to be a great show and everyone is welcome with COVID-safe practices in place including sanitiser stations. We're not going to let COVID beat us again."

After 1091 challenging days since the last Port Elliot Show Carol said there would be a huge sense of relief when the gates finally open again. You'll hear the screams from the Kamikaze ride in the alley of bells and bright lights as proud show horses strut their stuff and impatient kids line-up at the fairy floss machine.

Our shows across the Fleurieu are part of a wonderful tradition, but may we add that Bertie Beetles are now made in New Zealand, probably in retaliation for us stealing their bragging rights to the pavlova, which hopefully will be on offer at Tottenham Court Road, Port Elliot, South Road Yankalilla and Coronation Road, Strathalbyn. Please enjoy them.

Yankalilla, Rapid Bay & Myponga Show

Saturday, October 1: 140th Yankalilla, Rapid Bay & Myponga Show, South Rd, Yankalilla 9am-4pm.

Tickets: adults \$10, aged pensioners & children 5-16 \$5.

Committee: Dalton Dupuy (president), Brian Matthews (secretary), Joy Whellum (treasurer), Robyn Burnett & Ian Main (vicepresidents), Elena Allen, Belinda Chipman, Caroline Cleland, Peter Hawker, Andrew Norton, Chrissy Nyveld, Julianne Ryan, plus Denise Dawson & Jen Kay (pony club). The 140th show presented by the Yankalilla, Rapid Bay & Myponga Agricultural & Horticultural Society.

There will be sheep and children's pets, you may create a scarecrow or learn about home brewing and amateur winemaker. The usual sections like cookery, flowers, photography and extensive handicraft displays including woodwork, pottery, home spun, felting and iewellery.

yankshow.com



This image is one of the many items that will be displayed commemorating the 150 years of the Strathalbyn Show.

Strathalbyn Show

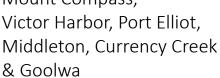
Monday October 3. Strathalbyn Oval complex. Coronation Rd, Strathalbyn from 9.30am.

Tickets: www.trybooking.com or at booths at gates: adults \$15, concession \$10, children 5-14 \$5, family (2A + 2C) \$35. Committee: Rex Liebelt (president), Jan Walmsley & Edward Vardon (vicepresidents), Kay Dobrilla (treasurer), Jennie-Marie Huckstepp (secretary), Vaughan Wilson, Helen Wright, Wayne Cheary, Debbie Wallis, Rowena Leschke, Craig Huckstepp, Barb Smithies, Judy Bowden. Presented by the Strathalbyn Agricultural Society, and to mark 150th show there is a history display and old-style cookery classes including a Dolly Vardon Cake and

Tennis cake in the Show Hall. Other special events include wood chopping, blacksmith demonstrations and cheesemaking. There will be live music, great fun for the kids including the Lolly Jar Circus and games on the oval, plus the usual show sections like dairy cattle, photography, cut flowers, cookery and even a strongest egg competition. All great family fun.

strathshow.com.au

Southern Agricultural Show incorporating Mount Compass,



Saturday-Sunday, October 8 & 9 Port Elliot Show, Tottenham Court Rd, Port Elliot Saturday 9am-5pm, Sunday 9am-4pm.

Tickets: Adults \$12, pensioners \$8, children 8-16 \$5.

Sue Thomas and Jim Harding (coordinators), Tallara Pengilly (entertainers), Kevin Whelan (trade space), Neville Hall (caretakers), June Taylor (marketing/promotions), Naomi Krnic (facebook). Conveners: Patsy Greer (show book & cookery), Rosie Giles (membership), Wendy Jennings (art), Peter Ebbs (beef cattle), Jessica Leslie (cake decorating), Erica Hunt (cut flowers/pot plants), Janet Ellis (craft/Lego), Dusty Jones (fleece wool convener), Barbara Burford (floral art), Michael Scott (horses), Liz Hayman (show jumping), Wendy Williams (junior art), Stan Evans (literary), Megan Miller (miniature goats), Jean Gunnett (needlework), Grant Petras (photography), Rex Liebelt (poultry), Grace Rogers (scarecrows/decorated bikes), Leslie Gemmell (sheep), Carol Van Dalen (utes), Doug Collins (woodwork), Robert Carey (home produce).

portelliotshow.com.au 🧶





SFNIORS' LIINCHES MON-FRI \$ 16

QUALITY MEALS

In a family atmosphere with excellent service



35 The Strand, Port Elliot | 8554 2218 | info@hotelelliot.com.au | www.hotelelliot.com.au

Briefly...

COVER STORY

As we highlighted in our August edition... get ready for the Victor Harbor Rock 'n Roll Festival at Warland Reserve on Sunday, September 18.

Hosted by DJ Jess & Mr Boogie Shack, the stage opens at 10am and you can rock to The Silverados, The Cadillacs, The Satellites, and The Lincolns until 5pm. There is also a vehicle cruise from McLaren Vale arriving about 10am and a Shannon's Show 'n Shine. It's great entertainment.

FESTIVAL IS BACK, FOLKS

The fabulous Fleurieu Folk Festival is back at Willunga Recreation Park from October 21-23.

It's an exciting, vibrant, multi-staged family

friendly and affordable music festival – and while there are similar events interstate, it is the only folk festival in South Australia. This is the 16th Fleurieu Folk Festival covering a huge range of genres including traditional, acoustic, Celtic, indie, blues, roots & bluegrass. It's put together by an amazing 12-person committee, and once again the line-up is great.

More than 50 of the finest musicians have been carefully selected. There are also musical, instrumental, singing and dancing workshops, plus local food, wine and market stalls.

Non-powered camping opportunities are offered on-site to patrons and performers. The festival has an exciting new project



focusing on mentoring and promoting young performers through a grant from the Department of Innovation and Skills *See It LIVE* event opportunity.

It's a truly great event so put these three days in your calendar – October 21-23.

www.fleurieufolkfestival.com.au

KEEP RFDS FLYING

The fabulous crew Royal Flying Doctor Fleurieu Support Group in Goolwa is having a fundraiser for the RFDS at Blues Restaurant on Tuesday, September 6 at 7-for-7.30pm.

Guest speaker is Captain E J Thorpe, a river skipper, working his way up through every aspect of running the big cruise boats on the Murray.

The two-course meal is \$50. Book asap: Jenny 0418824594 / Lyn Roberts 0438275576 or e: bbuscombe@internode.on.net



ARRR! IT'S PIRATE'S DAY

Ahoy, me hearties, it's International Talk Like a Pirate Day on Monday, September 19. It means instead of saying 'yes' we grumble Arrr! or Yarr! and your friend becomes known as your matey, especially one with a wooden leg and a parrot sitting a shoulder.

We've been talking like this since the works of Robert Louis Stevenson gave us his classic book *Treasure Island*, which tells the story of Jim Hawkins' boyhood adventure on a quest for buried treasure. It was Fifteen men on the dead man's chest — yo-ho-ho, and a bottle of rum! stuff and jolly ageless entertainment.

Continued P10





Proudly a South Australian, privately owned and family operated business.



Adelaide Fuel Distributors is your Local Elgas Distributor delivering 45kg Gas bottles in the Fleurieu

We deliver to every suburb, every day:-

- McLaren Vale
- Willunga
- McLaren Flat
- Blewitt Springs
- · Kangarilla
- Mt Compass
- Myponga
 Pages Flat

- · Sellicks Beach
- Aldinga
- Maslins Beach
- Moana
- Seaford
- Port Noarlunga
- · Old Noarlunga
- Lonsdale



Adelaide Fuel Distributors 55 Seaford Road Seaford Meadows SA 5169

T. (08) 8386 1055 E. elgas@adelaidefuel.net.au www.adelaidefuel.net.au

From P9

However, we didn't start celebrating this parodic holiday until 1995 when John Baur and Mark Summers, of Albany, Oregon, USA (where else?) proclaimed everyone in the world should talk like a pirate. Imagine if they did.



Coast Lines







M: 0402 900 317

info@coastlines.com.au

www.coastlines.com.au

Coast Lines is published by Ashley & Jenny Porter trading as Oscar Publications.

ABN: 36 199 338 125

ESTABLISHED: September 15, 2011

STORIES & ADVERTISING:

Ashley 0402 900 317

ADMINISTRATION / WEBSITE:

Jenny 0422 269 325

ADVERTISING: Bookings for advertising in our October edition close Monday, September 19. As always, thank you for any consideration in regards to advertising.

POSTAL ADDRESS:

PO Box 2078, VICTOR HARBOR SA 5211

Printed by Finsbury Green.

Content in Coast Lines is considered copyright, and no part of this publication may be reproduced without permission of the publisher. Full advertising terms & conditions may be viewed on our website.

If you want to meet a real pirate, see Rod Ness in The Pirate's Seachest at 61 Bay Rd, Victor Harbor where the fish are fresh and crabs have a wooden leg. Arrr!, that's a good one matey.



Old Barns, Aldinga by the late Anton Riebe.

THE ART OF HERITAGE

The Onkaparinga Gallery will host a new exhibition – Art of the Willunga District's Built Heritage – at the Onkaparinga Arts Centre, Port Noarlunga from September 16-October 24.

It aims to inspire, interest and educate

visitors about the long and continuing tradition of artistic representations of heritage buildings, historic sites and past events in the Willunga District.

Co-ordinator Mark Staniforth says the exhibition will bring a fresh perspective, focusing on the intersection of art and heritage. "It underscores the importance of an emotional, visceral sense of identity that gives meaning to our community," he said. The exhibition is curated by a team of volunteers from the National Trust of South Australia (Willunga Branch) with funding and support from the Onkaparinga Arts Centre (City of Onkaparinga), History Trust

of South Australia, and Kay Brothers Winery. It will feature original artworks including oil paintings, watercolour paintings and drawings of such aspects of the built and historic environment in the Willunga district Aldinga, Port Willunga and McLaren Vale. The exhibition will present the work of past and living artists including Anton Riebe, Valerie Wright, Bill Walls, Jane Price, Kenneth Jack, Peg Berry, Brian Seidel, Chris Olsen, Lesley Redgate, G.F. Gregory jnr and Barbara Storer.

OH, OH, SANTA NEEDS YOU

The McLaren Vale Community Christmas Parade is set to return on on Sunday, December 11.

Volunteers from the McLaren Vale Business and Tourism Association have started preparing, but if the main street is to look all 'Christmassy' then it also takes effort from shop owners and community members. Those interested in getting involved – sponsorship, community group parade participation or volunteering – register your interest: info@mclarenvalebusiness.com.au

OPPORTUNITY KNOCKS

You probably missed it – the third annual National Op Shop Week in late August – but don't despair, we got the message that the Lions Ladies Boutique Op Shop on Butterworth Rd, Aldinga Beach still has heaps of bargains.

Actually, all the ops-shops do, and by supporting them you will be helping a lot of people in great need.

Margaret Dorton contacted us from the Aldinga Beach shop and said the much-valued volunteers there welcomed donations, clothes, bric-a-brac and you name it, but no furniture. All proceeds go to local charities.

The shop is open Wednesday-Saturday from 7am-1.30pm. Ring Merle 0488 993 522.







This is a free service to community markets. Please advise of any changes or additions: info@coastlines.com.au

CITTASLOW GOOLWA PRODUCERS & ARTISANS MARKET: Arts & craft plus great food stalls at Jeralde Park, Goolwa Wharfon 2nd, 4th & 5th Sundays from 9am-1pm. Enquiries: Angela 0438 321 674.

GOOLWA WHARF ROTARY MARKET: Goolwa Wharf, first & third Sunday of the month. Rotary Club of Encounter Bay. 0459 786 469.

McLAREN VALE YOUTH MARKET.

Supporting young entrepreneurs aged 10-25 second Saturday of the month, 155 Main Rd at the Piazza. e: mclarenvaleyouthmarket@gmail.com

MOANA MARKET: Pioneer Hall, Nashwauch Cres, Moana. Second Sunday of the month 9am-1.30pm. Enquiries: Jo 0412 630 518.

MYPONGA MARKET: Main Road, weekends & public holidays Sun 9.30am-4pm. Art, books, toys, leatherwork, records, vintage bric-a-brac, waffles and gelato. Enquiries: Ryk 0405 235 243

NORMANVILLE FARMERS MARKET: Held at the town centre Main Road on the first Saturday of each month from 9am-1pm. Great stalls and wonderful family atmosphere.

PORT ELLIOT ROTARY MARKET: Closed for winter. Re-opening October1. Lakala Reserve, Young Street, Port Elliot from 9am-2pm. Wonderful food, fresh produce and home-made clothing and crafts.

STRATHALBYN MARKET: Next to Gilberts Motor Museum in High Street, Strathalbyn third Sunday of the month 8am-3pm. Local produce, bric-a-brac, crafts, plants, jewellery, trash-and-treasure stall.

VICTOR HARBOR BEACHSIDE MARKET: Esplanade, Soldiers Memorial Reserve second & fourth Sundays of the month 9am-4pm.

VICTOR HARBOR FARMERS MARKET: Fresh produce at Grosvenor Gardens, Torrens St every Saturday from 8am-12.30pm. Enquiries: 0438 858 667.

WILLUNGA ARTISANS & HANDMADE

MARKET: Second Saturday of each month 9am-1pm. A curated market showcasing local art and handmade goods. Willunga Show Hall, Main Rd, Willunga.

WILLUNGA GREEN LIGHT ORGANIC

MARKET: Every Saturday 9am-1.30pm Great food and coffee organic produce, arts and clothing, live music.

WILLUNGA FARMERS MARKET: This nationally-acclaimed market will be held at the Willunga High School grounds every Saturday. Enquiries: 8556 4297 or Jeni 0411 049 570.

WILLUNGA QUARRY MARKET: Buy local produce, gifts and search for bargains. Aldinga Road, every second Saturday 8amnoon. Contact Rob Hall 0408 897 393.

YANKALILLA CRAFT & PRODUCE MARKET: Quality stalls & fresh produce at the Agricultural Hall, Main South Rd, Yankalilla every third Saturday of the month 9am-1pm. Contact Judy 0411 287 201 or Mattie 0447 044 721.



170a Hindmarsh Rd, VICTOR HARBOR 8552 1800 e: victorharbor@tyrepower.com.au www.victorharbortyrepower.com.au

What if, what now?

STORY: ASHLEY PORTER

here are no tears left to be shed or kind words that haven't been already said by those close to Kerry Pomery, whose life was sadly taken whilst volunteering for Riding for Disabled, Southern Fleurieu on Friday, May 27.

A beautiful person, an incredible, much-loved mother, friend and an amazing member of the community. Tributes came from afar; she touched so many lives.

In so many situations in life we say to ourselves 'what if...' this or that happened which may have changed fate, but of course, nothing can. Dealing with this reality has long been a focus of numerous collective counselling sessions, a tool in the initial process of trying to move on from whatever has occurred.

The follow-up pertinent question is always 'what now?'. For our local RDA, after 40 years of giving such an incredible sense of belonging, encouragement and achievement to its clients with a physical and/or intellectual disability, this has been a huge challenge.

However, it was what happened during the 81 days after the tragedy to the last Saturday morning in August that tells us everything is going to be the best it possibly can. Normality is closer. This was re-opening day for the centre, and in the lead-up there

was the same degree of excitement and enthusiasm shared by the 27 riders and 15-20 regular volunteers.

Perhaps more than anything this was collectively the most fitting tribute paid Kerry; being able to continue the journey, and equally defining during these 81 days was the character of her community.

We can neither imagine the depth of sadness nor the enormity of the recovery process from that fateful day, just as it is challenging to adequately cover the immense kindness and support of so many.

During this closure of the RDA centre there were no classes meaning there was no income. There was a mood of hopelessness – the fear of not being able to help the young clients again. Thankfully, for not overly long.

Sue Vincent, whom for 24 years has been one of the many great volunteer stalwarts at RDA Southern Fleurieu (formerly Victor Harbor) said the answer to 'what now?' was really there all the time. It was 'people', and the strength drawn from this is still growing.

"It started the first night with members of the Victor Harbor Adult Riding Group committee organising food drops for the volunteers involved," Sue said. "The riding group also organised round bales of hay and horse feed.

"We had people donating money to the centre to make sure we were going to be alright.

"To me it was typical of the communities down here... people whom we knew and didn't know reaching out to us making sure we were okay.

"Weeks later members from the All Breeds Horse Association organised an Elvis impersonator night at the Victor Harbor RSL. It was packed out; more than 100 people turned up and \$2500 was raised for us – the RSL didn't charge for the room. We didn't have to do a thing.

"The Lions Club has also been wonderful, just like Rotary and all the people asking what can they do to help.

"Over the years we have received a lot of acts of kindness from the community – we have never forgotten one moment – so in a way this didn't surprise us.

"But all of this support wasn't simply about RDA or those here now, it was a measure of how much loved and respected Kerry was in the community. Not just her work with RDA, but with everything else that she did. She touched a lot of lives."

The pouring of heartfelt support could not have been more timely. Running a centre, which is so important to its clients, is not



cheap. There are the regular feed bills including round bales, orders for 20 hay bales every three or four weeks. There are the farrier bills and those for the vet to ensure to maintain the horses in the best possible condition. Add the huge costs for fuel running the car that pulls the floats, electricity bills and so on.

The strongest indication RDA Southern Fleurieu was on a positive trail came during an open day mid-August at which mayors representing the three regional councils – Moira Jenkins (Victor Harbor), Keith Parkes (Alexandrina) and Simon Rothwell (Yankalilla) – offered words of encouragement and support.

Sue said that she personally felt the most overwhelming positive feeling this successful day came from a beautiful analogy delivered by Moira about a rope; how we were all strands and if we all pulled together we could be stronger.

The answer to 'what now?' was also partly revealed by State RDA president Linda Taylor, who encouraged our local branch to 'move forward with positivity', and with support of the RDA family nationally.

Behind the scenes was a restructuring process led by one of its members Michael Scott, who is now acting president. This changing of parameters has added to the newfound sense of confidence.

Continued P14

Pictured: Sue Vincent pictured with Kevin, a horse yet to be put into work.

11

The way for us to move forward has been right before our eyes all the time; it's always been about turning up week after week just to see the smiles on the faces of the riders; see them achieve." – Sue Vincent





Pictured above left: Former RDA Australia CEO Karen Asbery (right), presenting Sue Vincent (left) and Kerry Pomery with a plaque last year commemorating RDA Victor Harbor's 40th year. Centre: This says it all about our RDA centre... young Shasta pushing another client, Jasmine.

From P13

"Michael has been amazing," Sue said. "He has always helped us over the years... floating the horses back to Bucklands in Port Elliot every Saturday for agistment.

"We have lost the beautiful person in Kerry whom we gravitated around, and now we not only have Michael and others, but Jill Hagemann, who is helping with some of the administration work and is also on horse management team. She is also part of the Victor Harbor Adult Riding group."

Michael is fostering the need for everyone here to look to the future, encouraging young people to join and embrace RDA Southern Fleurieu for the love of horses and what it means to its clients.

The tragedy hasn't been easy for anyone, but shining through has been the resilience of the young riders. It has always been here at this centre. Inspiration also comes to mind.

There are going to be times when volunteers will continue to think, 'oh Kerry will fix that' but then, of course, remember Kerry is not here. It will take time.

"We just have to remind ourselves that all of us here who volunteer do it for the love of the riders and the love of horses," Sue said. "There is a fabulous group at this place.

"The way for us to move forward has been right before our eyes all the time; it's always been about turning up week after week just to see the smiles on the faces of the riders;

see them achieve."

As Sue said, still coming here to the RDA is the biggest tribute they could ever pay Kerry. Most of all it has been the courage shown in maintaining that sense of belonging, encouragement and achievement it is again giving its clients - and still with a smile.

Say hello to the RDA volunteers at their fundraising stall at the Port Elliot Show on October 8-9. What an apt place to say the obvious: 'the show must go on'.

http://www.rdasa.org.au/rda-sa-centres/ southern-fleurieu

Lifeline Australia: 13 11 14





RSVP

0429692503

NIGEL AND TRACEY

Alexandrina Council





Alexandrina Council is listening to the locals

Village Conversations

Shaping the future of the place you live, work or play is an exciting and ongoing process. Through the Village Conversations, Alexandrina Council invites you to share your ideas that will help your community to thrive.

The ideas, feedback and solutions Council heard throughout the 2021 Village Conversations are already guiding Council's short and long term strategies, projects and initiatives.

We continue to listen and build on the foundations of your community spirit to develop a community led Village Innovation Plan working together. To enable us to continue and evolve this valuable new way of work we want to hear your thoughts on our progress. To remain relevant, the A2040 Village Conversations look forward to hearing the voice of all community. Now is the time to celebrate the strength of our local community and guide future decision making.

Head to the My Say website, click on your villages of interest, register your email and stay updated on all key dates and events coming up this September to November. 0

11 Cadell Street, Goolwa 1 Colman Terrace, Strathalbyn



PO Box 21 Goolwa SA 5214



alexandrina.sa.gov.au visitalexandrina.com ourlocalalexandrina.com.au businessalexandrina.com.au



08 8555 7000



alex@alexandrina.sa.gov.au



/AlexandrinaCouncil /VisitAlexandrina /BusinessAlexandrina



@alexandrinacouncil
@ourlocal_alexandrina
@visit_alexandrina



To find out more, or register your interest, visit mysay.alexandrina.sa.gov.au/villageconversations





Community projects funded

Alexandrina Council has secured \$1.37 million in funding from the Australian Government's Local Roads and Community Infrastructure (LRCI) Program.

The LRCI Program supports local Councils to deliver priority local road and community infrastructure projects across Australia, supporting jobs and the resilience of local economies to help communities bounce back from the COVID-19 pandemic.

The funding will deliver six projects in the Alexandrina region, identified as priority local road and community infrastructure projects.
Funded projects include:

- Randell Road, Hindmarsh Island
- Sunter Street Bridge, Strathalbyn
- Freemans Lookout, Port Elliot
- > Currency Creek Bridge
- > Bristow Smith Public Toilets
- Strathalbyn Cemetery Stone Wall.

Hindmarsh Island's Randell

Road, between Tolarno Drive and Monument Road, will receive safety improvements of shoulder widening, vegetation trimming and other relevant road improvement works to cater for the increased traffic volumes. Randell Road provides west-east access across Hindmarsh Island and links the island with Goolwa. As the only access to Hindmarsh Island from Goolwa, it is important to increase the safety for road users.

Sunter Street Bridge in Strathalbyn

restoration works will include repairing damaged columns and panels, and repainting the bridge in its original colours. The bridge was built in 1929 and is one of the main bridges in Strathalbyn, providing vehicle and pedestrian access over Angus River and the Soldiers Memorial Gardens.

Freemans Lookout in Port Elliot

is set to undergo three elements of restoration including coastal protection from erosion, drainage upgrades and the restoration of the 1936 Centenary Staircase. Erosion is occurring due to the stormwater runoff causes destabilisation, vegetation loss and corroded embankments. The Centenary Staircase will also undergo restoration works to conserve it.

The Currency Creek Bridge restoration works will reinforce and preserve the bridge to visually improve the landscape and create an interactive learning space for

the heritage listed infrastructure. The bridge has Local and State heritage significance because of its rare vertical laminated timber arches and is reported to be the only identified one left of this kind in Australia. It is therefore listed on the State's Heritage Register and has support to be restored to a 'pedestrian friendly' strength, allowing people to appreciate the historical significance of the bridge.

The **Bristow Smith Public Toilets** will receive an upgrade to improve

the public amenities for the community and visiting tourists. The toilets have deteriorating over time and are in need of upgrade to provide safer and cleaner facilities.

Lastly, the Strathalbyn Cemetery
Stone Wall is set to have restoration
works to repair the deteriorating
wall. During a recent Council
Cemetery Review and the work
undertaken by the Friends of
the Strathalbyn Cemetery, it has
highlighted the need to repair and
restore the wall to further enhance
and create a beautiful place. With
heritage being something that our
region is proud of, it is important
to ensure our historic places are
well maintained.

Work is set to commerce later this year with all projects to be completed by June 2023. These restorations will revitalise some of our much needed roads and infrastructure.





Heritage Awards

Heritage enthusiasts from across the region attended Carruthers Hall in Strathalbyn on Thursday, 26 May for the annual Alexandrina Council Heritage Awards.

Organised by Council's Heritage Advisory Committee, the awards recognise and celebrate the hard work undertaken by residents, businesses and community groups on some of our most iconic heritage properties, along with those who contribute to recognising and researching our region's history and heritage.

The guest speaker of the night was Ron Kandelaars, from the Seven Network, who engaged with the audience in an interview style presentation, speaking on a number of topics including 'what makes news' and 'how do you get heritage stories into a Seven News bulletin'.

Ron also displayed and provided commentary on a number of videos from some of his favourite heritage stories he has presented to date.

Awards from across six categories were presented with Evan and Denise Higgins winning the Mayoral Award for the restoration of Dollar Cottage at 31 North Parade, Strathalbyn.

Above: Heritage Award winners at Carruthers Hall, Strathalbyn. **Photo:** Rob Fairweather.



For further information, pictures and list of award winners visit alexandrina.sa.gov.au/heritageawards

Sign up today for electronic Rates Notices



Ratepayers can now sign up to receive rates notices by email, making it easier and more convenient to receive your Council rates each quarter.

- it's quick and easy to sign up
- it's convenient; your rates notice will be delivered straight to your inbox
- go green and save on paper: help us to reduce our carbon footprint and protect the environment by saving on paper, printing, envelopes and postage
- never lose your rates notice again: once you register, your rates notices are stored in our secure online portal and you can access at any time
- you will no longer receive a paper notice once you register.

To register please refer to your July 2022 (first quarter) rates notice, or visit Council's website for more information

alexandrina.sa.gov.au/rates

Sugars Beach, Hindmarsh Island update

Council has just completed the community consultation for potential improvements at Sugars Beach based on a revised concept plan. Feedback received will assist Council determine infrastructure renewal and improvements, if and when, funding becomes available.

The project is intended to provide infrastructure, amenity and appropriate opportunities to respect and celebrate Ngarrindjeri culture while educating community and visitors of this environmentally significant site.

For further information visit alexandrina. sa.gov.au/sugars



alexandrina.sa.gov.au/events

What's On





Bosa Nova

Join the 'Bossa Blokes' in a journey to Brazil as they play the smooth Bossa Nova hits that inspired a generation of musicians around the world. Featuring Kelly Doddridge (vocals and trombone), Andrew Morris (guitar and vocals), Jordan Noble (tenor sax and flute) and Fabian Hevia (percussion) playing classics from composers such as Dorival Caymmi, Carlos Lyra and Antonio Carlos Jobim.

When: 23 September, 2pm **Location:** Centenary Hall, Goolwa **Bookings:** events.alexandrina.com.au

Port Elliot Southern Agricultural Show

From dogs to dairy, sheep to show bags, The Southern Agricultural Society's Port Elliot Show is guaranteed to be a fantastic two days of fun and entertainment for the whole family. Continuous live music will be playing around the grounds along with a myriad of trade stalls, and food vans to suit every taste

When: 8-9 October

Location: Port Elliot Showgrounds **Enquiries:** portelliotshow.com.au





Alexandrina Youth Theatre & Film

Drama for young people is a way of acquiring new skills in a safe and supportive environment. Experience the thrill of being on stage, learn voice projection, stage movement, and acquire basic skills for acting to camera.

When: Every Monday during the school term, 4-6pm

Location: Centenary Hall, Goolwa

Enquiries: 8555 7289 or aace@alexandrina.sa.gov.au

South Coast Jazz Festival

Jazz is back in Goolwa again! A wonderful weekend of happy jazz music from local and interstate stars. Jazz events will play throughout the weekend in Goolwa at Centenary Hall, South Coast Regional Art Centre, RSL Club and Anglican Hall.

When: 14-16 October

Location: various venues in the Goolwa CBD

Bookings: sajazzfestivalsinc.com

One Pot, One Painting, One Paper*

When: 1–30 October

Location: South Coast Regional Art

Centre, Goolwa

Enquiries: acce@alexandrina.sa.gov.au

Strathalbyn Agriculture Show

When: 3 October, 9am Location: Strathalbyn Oval Enquiries: strathshow.com.au

Aquafest*

When: 22-23 October

Location: Goolwa Aquatic Club Enquiries: goolwaaquaticclub.com

Middleton Jazz in the Park

When: 5 November Location: Abbott Reserve,

Middleton

Bookings: middletonsa.com.au/

middleton-jazz

Especially on Birthdays

When: 9 November

Location: Centenary Hall, Goolwa Bookings: events.alexandrina.com.au

Handpicked Festival

When: 12 November Location: Lake Breeze Wines, Langhorne Creek Bookings: handpickedfestival.com

Keep up to date by visiting Council's website alexandrina.sa.gov.au





height

15 Tide attaining least

16 Severe trials

19 Commences

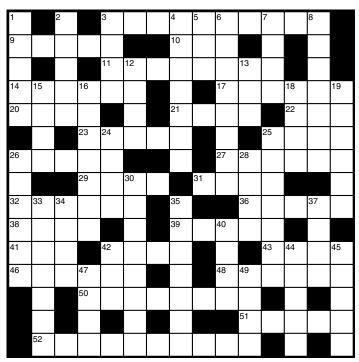
25 Fish-eating birds

18 Send out

26 Disgraced

28 Direction

24 Border



Crossword

Across

3 Undergo 9 Weary

10 Cause a

headache 11 Ground for belief

14 Chant

17 Commands

20 Horned ruminant

21 Askew

22 Floor covering

23 Frighten from

25 Prima donna 26 Rate of progress

27 Tidier

29 Matures

31 Main actor

32 Fishes with hook

and line 36 Halts 38 Cows calls

39 Sharp ridge

41 First woman 42 Rural property

43 Wander 46 Scatter

48 Recoil

50 Making possible 51 Colour

52 Gives up

Down 1 Not flighty

2 Angry

3 Biblical garden

4 Makes beloved

8 Impress deeply

5 Girl's name

6 Uninformed

7 Require

12 Outlet

13 Weep

30 Scaling by means

of ladders

33 Beginners

34 Departs

35 Walked for

pleasure 37 Chime

40 Deserve

42 Marsh

44 Lubricated

45 Intends 47 Fruit

49 Ova

Alfakodo

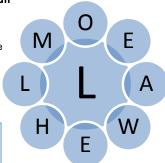
The aim of the puzzle is to allocate a number from 1-26 (right-hand column) to a letter of the alphabet (left-hand column), using the mathamatical equations and clues provided. Only one number can be allocated to one letter. You can work out the numbers by using those letters that have numbers provided. For example in this puzzle (B) is worth 2 and so (X) says (M) must be worth 11. Anywhere there is a (M) it is worth 11 and so on.

FOCUS

An All Australian **Word Game**

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S Good: 19 words **FOCUS** Very good: 26 words Excellent: 32 words



Reference: Macquarie Concise Dictionary Focus No. 3334

Α	V-S	
В	H÷G	2
С	A+A	
D	J×B	
E	X-W	
F	T+C	
G	E÷A	4
Н	G×B	
	N+Q	
J	H+O	13
K	A×A	
L	O+W	
М	K+B	

N	A+G	
0	Y÷G	
Р	X+A	25
Q	P-M	
R	X+B	
S	М+О	
Т	S+U	
U	L-Q	
V	M+H	
W	N+A	
X	M×B	22
Υ	N+J	
Z	G+Q	

PUZZLE ANSWERS P27

en Automo

www.repcoservice.com

Servicing & Service

➤ Log Book ➤ Auto electrical ➤ Fuel/System - EFI

> Engine Repairs

> Brakes

➤ Air-Conditioning ➤ Cooling System

RAA

Auto-Tech Trained Nationwide Warranty

Ph: 8552 9335

YOU CAN RELY ON REPCO AUTHORISED SERVICE

50-54 Maude St, Victor Harbor

LET'S GET QUIZZICLE

Test your knowledge. Or to be blunt, don't cheat by looking at the answers on P27.

- 1. The Wildcats, Fever and Scorchers are names of sporting teams based in which Australian city?
- a) Brisbane
- b) Melbourne
- c) Perth
- 2. Which car manufacturer produced the 'Mirage' model?
- a) Mitsubishi
- b) Holden
- c) Ford
- 3. Zingiber officinale is the botanical name for...
- a) ginger
- b) tumeric
- c) cinnamon
- 4. Which of these South Pacific nations is nearest to Australia?
- a) Vanuatu
- b) New Caledonia
- c) Fiji



- 5. Of the four members of the famous English rock band, The Beatles, who was the youngest?
- a) Paul McCartney
- b) John Lennon
- c) George Harrison
- 6. What does the letter 'T' stand for in the banking-related acronym EFTPOS?
- a) transfer
- b) transmittal
- c) transaction
- 7. Manu Feildel is a judge on which Australian television free-to-air reality show?
- a) My Kitchen Rules (MKR)
- b) The Masked Singer
- c) The Block
- 8. What nationality is Agatha Christie's fictional detective **Hercule Poirot?**

a) Austrian

- b) Greek
- c) Belgian
- 9. Vanilla is harvested from a species belonging to which plant family?
- a) orchid
- b) lotus
- c) wisteria
- 10. Myocardial infarction describes what medical occurrence?
- a) appendicitis
- b) ear ache
- c) heart attack
- 11. What was the birth name of Australian artist Pro Hart?
- a) Kevin
- b) Malcolm
- c) Brian

- 12. Which Australian state's postcodes begin with the number '7'?
- a) Western Australia
- b) Queensland
- c) Tasmania
- 13. On which day of the week will Christmas be celebrated this year?
- a) Sunday
- b) Monday
- c) Tuesday
- 14. Approximately how long does it take sunlight to reach earth?
- a) 8 minutes
- b) 8 hours
- c) 8 days

Continued P21

Goolwa yard now open!

- T: 8555 0053 4 Coddington St

Mon-Fri 7.30am-4.30pm I Sat 8am-2pm I Sun 10am-2pm



Mulch, soils & sands | Decorative pebbles & gravels Sleepers: hardwood, pine & concrete | Concrete mesh / reo Garden products, pots, plants & statues I Firewood Garden edging... AND MORE THAN 90 BULK BAYS!

MIDDLETON 10 Flagstaff Rd 8555 2424 6 DAYS: Mon-Fri 7.30-4.30; Sat 8-2 Sun: CLOSED

HINDMARSH VALLEY 1 Pit Lane 8554 6292

7 DAYS: Mon-Fri 7.30-4.30; Sat 8-4; Sun: 10-2

landscape & building supplies –











It's about care and trust when you need it most

It is sometimes only when a loved one passes away that many realise the necessary challenges to confront; a time when they need compassion and decisions made with genuine trust and understanding.

Robyn and Graham Rosemane have reconnected the proud, traditional and professional standards they developed in Cornwall, United Kingdom in 1986 to offer personalised care and understanding from their family business – Rosemane Funerals – with tremendous support from son Kevin and his partner Signe.

Rosemane Funerals has an operations centre and office in Gundagai St, Goolwa, and also welcomes people to their home on Hindmarsh Island or even in the client's home if preferred. It also has an office in Seaford, and covers the entire Fleurieu Peninsula and southern suburbs up to the Hallett Cove and Aberfoyle Park area.

It may surprise many that not all funeral homes are the same; there can be sometimes unfair stringent conditions, but Robyn and Graham have always listened to what people want and have done their best to meet the request of the deceased and the family.

Robyn and Graham said it was important for people to have more time to make arrangements if they wished. "We try to let people know what their options are without trying to sell them anything," Robyn said. "Not everyone can afford an expensive funeral. No one should be made to feel pressured."

Graham said they always remember they are preparing a funeral service for the deceased and the family. "It is not always just what Robyn and I may think," he added.

"We advise people of all the options. There have been times when we have even gone back to clients and suggested cheaper options; again it is about choice. Some people feel they need to do this and that, but they can still do it without an excessive price tag."

Rosemane Funerals is totally independent, but clearly setting it apart in the funeral business is its sensitivity, caring approach and providing options to meet the needs of the deceased and the family.



Rosemane Funerals
Incorporating Hindmarsh
Island Funerals & Southern
Memorials

0439 202 062

24 hours, every day admin@rosemanefunerals.com.au www.rosemanefunerals.com.au





15. The rice dish 'paella' is an authentic dish of which cuisine?

- a) Italian
- b) Spanish
- c) Mexican

16. In which month will the 2026 Commonwealth Games be held in Victoria?

- a) March
- b) May
- c) September

17. Eastern banjo, southern bell and spotted marsh are species of...

- a) frog
- b) lizard
- c) butterfly

18. KLM is the national airline (pictured) of which country?

- a) Malaysia
- b) Netherlands
- c) Chile

19. What is the name of a giant cloud of dust and gas in space?

- a) Galaxy
- b) Nebula
- c) Quasar

20. Who is the current Australian Federal Minister for the Environment and Water?

- a) Don Farrell
- c) Richard Marles
- c) Tanya Plibersek

21. Which Australian city was designated a UNESCO City of Music in 2015 – one of 59 cities around the world?

- a) Sydney
- b) Melbourne
- c) Adelaide

22. In the Walt Disney classic movie, *Snow White and the Seven Dwarfs*, how many dwarfs had beards?

- a) five
- b) six
- c) seven

23. The Johnny Warren Medal for best player, is awarded in which national sporting competition?

- a) Australian Rules football
- b) soccer
- c) basketball



Mon-Fri 8am-5pm; Sat-Sun & public hol. 9am-2pm e: akies@kiesbuildingsupplies.com.au

On the brighter side...

Assaulted

Puncho, a young Mexican comes up to the USA border riding his bicycle carrying two large bags on his shoulders, and the officer stops him and asks what's inside.

Puncho says: "Salt."

The officer says: "It's not that I don't believe you, but..." He takes the bags and rips them apart; he empties them out and finds this substance. He detains the teen overnight and has it analysed, only to discover that there is nothing but pure salt in the bags. The guard releases him, puts the salt into new bags, hefts them onto the lad's shoulders, gives him his bike back and lets him cross the border.

A day later, the same thing happens. The officer asks him: "What have you got?" "Salt," says Puncho.

Same thing happens... the officer rips the bags apart, detains him, sends the substance off to be analysed only to find out it is salt. And Puncho is set free and off he rides on his bicycle.

This happens at least twice a week for four years, and the border patrol officer still doesn't believe Puncho. He even gets to the point where he takes his bike to pieces, but still doesn't find any illegal substances; just salt

Finally, the officer can't take it any more. The belief that Puncho is taking drugs into the US finally gets to him so much that the officer is forced to retire.

A few years later the officer just happens to see Puncho walking down the street. He stops him, and says: "Hey Puncho, I am

NEWS UPDATE

COURTROOM ARTIST ARRESTED. DETAILS ARE SKETCHY

retired now, so anything you say cannot be used against you. I beg of you, tell me the truth... I was right, wasn't I, you were taking drugs into the US weren't you?"

And Puncho says: "No señor, I was smuggling stolen bicycles."

Billy Jowl

A manager of a nightclub in Victor Harbor brings a dog into to work. The dog starts playing the piano. He's absolutely brilliant. The crowd cheers every note.

For hours the dogs pounds out the tunes, all of the favourites including *Piano Dog...*Sing us a song, you're the piano dog, Sing us a song tonight... when suddenly a much bigger dog comes in and drags him away.

A customer shouts: "Hey we love him...

what's going on?"

And the manager says: "That's his mother – she wants him to be a doctor."

Meanwhile...

A man and his wife are almost asleep in bed when the neighbour's dog Millie starts barking again in the back garden. It happens night after night. This time, after 30 minutes Bob jumps out of bed, and storms off. "I've had enough of this," he says. He comes back five minutes later and his wife says: "What did you do?"

And Bob says: "I've put the dog in our garden... let's see how the neighbours like it"

Can't take your money

A man is on his deathbed and tells his three partners from his law firm that he wants to be buried with his money.

He says: "I want each of you to hold \$100,000 for me, and I want you to place the money in the coffin when I die." The lawyers are flabbergasted. "But why?" one asks. The dying man says: "I want to prove in the great court of law that you really can take your money with you when you die."

The man dies, and on the way back to the office one lawyer starts crying: "I feel so ashamed – I only put in \$75K and kept the rest."

The second lawyer says: "That's okay, I only put in \$50K."

The third lawyer is disgusted. "He was our dearest friend; he trusted us all." One of the lawyers responds: "Oh, you're right, I feel so ashamed. "Me too," says the other, adding: "I am so proud of you for putting all of your





When we were kids we were afraid of the dark. Now we've grown up, the electricity bill make us afraid of the light.

\$100K in."

The third lawyer says: "Thank you. I do feel good about it. The cheque should be cleared by Monday."

A good source

A magazine editor is travelling through a rainforest in search of a fabled cannibalistic tribe. He falls into a trap, goes unconscious and wakes up tied to a stake with a fire burning slowly underneath him.

He cries out for help, and is answered by what is obviously one of the tribesmen, who informs him that he is going to be served as dinner to the leader of the tribe.

The magazine editor shouts: "But you don't understand! You can't do this to me... I'm the editor of Coast Lines magazine." And the tribesman says: "Look on the bright side - soon you will be editor-in-chief."

Flamin' courage

A fire starts in scrub in Currency Creek and the local CFS is called out. The volunteers brave lads and girls, they are - turn up in an old fire truck, go straight through the edge of the fire and park in the core of this now raging bushfire.

The firefighters frantically hose the fire and save the family trapped in a nearby house and all the sheep and cattle on this huge property.

The farmer is so impressed and grateful following the volunteers' heroic work going into the heart of the fire – that he presents them with a cheque for \$1000. A local news reporter asks the CFS captain what his unit planned to do with the money, and he says: "Fix the brakes on our fire truck."

Sound familiar?

A teenage girl has been talking on the home telephone for half an hour, and then hangs up. "Wow," says her Dad. "That must be a record... you usually talk for at least two hours, what happened?"

And the girl replies: "It was a wrong number."

As she puts the phone down, the girl's brother grabs it and calls "information". He says to the directory assistant: "Hello, could please help me with a listing for Kathy Jones in Strathalbyn?"

The assistant says: "Do you have a street name?"

And the boy says: "Yeah, they call me Rock

How's this?

A bloke named Ned is in the local pub bragging that he's a star cricketer. Another bloke says that's nonsense and starts an argument.

Ned starts to get angry. "Listen mate," he says, "I was at Adelaide Oval a few weeks ago and there were hundreds lined-up yelling at me for an for an autograph." The other bloke shouts: "Liar, liar!" Ned gets really angry. "I can prove it," he says. "Just ask Steve Smith, he was standing next me."

City cowboy

Bob the accountant from the city dreams of being a cowboy and owning his own ranch. He finally saves enough money to buy himself the spread of his dreams so off he goes in his farm boots wearing his RM Williams moleskin pants and Akubra hat, a regulation knife strapped to his leather

belt and puts 150 Angus beef cattle on his property near Back Valley.

A few months later an old office friend calls in to see how he's going and asks: "What did you name your farm?"

Bob says: "Well, it wasn't easy. I asked my wife and kids but we couldn't agree on anything. It had to be a ranch name," he

The friend asks again: "Yes, but what did you

Bob says: "We finally settled on the Double R Lazy L Triple Horseshoe Bar-7 Lucky Diamond Ranch."

The friend is impressed. He says: "That's some name, but where are all the cattle?" And Bob says: "None of them survived the branding."

Dad jokes...

What happened to the sun burnt banana? It started to peel.

What time is it when a elephant sits on a fence? Time to get a new one.

Why does someone who runs marathons make a good student? Because education pays off in the long run.

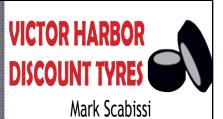
Where are cars most likely to get flat tires? At forks in the road.

What do you get when you cross a cow with a trampoline? A milkshake.

What did the grape do when it got stepped on? It whined.

Why was the queen's room flooded? Because she's reigned for many years. How did the butcher introduce his new girlfriend? Meet Pattie.

What's invisible and smells like carrots? A rabbit fart. 🧠



165-167 Hindmarsh Road, Victor Harbor SA 5211 Phone: 08 8552 6951 Fax: 08 8552 7056 Email: victortyres@internode.on.net

Find us behind the Shell Service Station



equipment, firearms, swimming wear, hiking & outdoor clothing, plus trophies/engraving

22 Ocean St, VICTOR HARBOR 8552 1766

www.tonkinssports.com.au e: tonkinssports@bigpond.com PROUDLY SUPPORTING LOCAL SPORT



Local business guide- only \$42 inc GST per month...

Asbestos removal

Southern Ocean Construction Asbestos Removal

Remove the health risk & increase your property value

Curtis Wilson: **0429 954 125**

Goolwa - servicing the Fleurieu

SA GOVERNMENT ACCREDITTED - FULLY INSURED
BL 36659, Asbestos Lic 94870. EPA Licensed SA

WWW.Southernoceanconstruction.com.au

Boarding kennels & cattery



Carpet cleaning / fly screen repairs



Fishing charter



Home / business maintenance



Barristers, solicitors, conveyancers



Conveyancing



Church



Flyscreen repairs / replacements

Coastal Flyscreen Repairs

Protecting your investment

0411 793 049 / 0403 856 607

Servicing the Fleurieu Peninsula All types of flyscreen repairs / replacements

Home cleaning

HOME CLEANING Michael

* Quick * Reliable *Inexpensive *Full SAPOL check *In business for more than 20 years

0412 083 371

Bicycles - electric



Car / passenger service



Counselling



Gardening



Mechanic



e: info@coastlines.com.au

Naturopath

Naturopath specialising in herbal medicine, nutrition, diet & remedial massage Maybritt Andersen 0417 076 306 2835 Alexandrina Rd, Currency Creek (opp. Currency Creek Community Hall and CFS)

Accredited member Australian Traditional Medicine Society & member of Naturopaths & Herbalists Association of Australia

Office supplies



Pest control



Roller shutters



Seafood



Travel advisor



TV antennas & home theatre installation





Valuers

Tree felling & stump removal



Wardrobes





We distribute 6000 copies monthly. Check out our advertising rates, and note that you're not locked into any contract for more than one edition. Then you'll see why people advertise with us.

0402 900 317

www.coastlines.com.au

Puzzle & quiz answers

_			_	_	_	_	_	_	_	_	_	_	_	_
S		_		Ε	Х	Р	Е	R	Ι	Ε	Ν	С	E	
Н	Ι	R	Е	D			Z	Α	G		Е		Ν	
Α		Α		Е	٧	Ι	D	Е	Ν	С	Е		G	
I	Ν	Т	0	N	Е		Е		0	R	D	E	R	S
D	Е	Ε	R		Ν		Α	W	R	Υ		N	1 A	Т
	Α		D	E	Т	Е	R		Α		D	1	٧	Α
S	Р	Ε	Е	D			S		Ν	Ε	Α	T	E	R
Н			Α	G	Е	S		S	Т	Α	R			Т
Α	Ν	G	L	Е	S		R			S	Т	С	P	S
М	0	0	S		С		Α	R	Ε	Τ	Ε		Ε	
Ε	٧	Е		F	Α	R	М		Α		R	С) A	М
D	Ι	S	Р	Е	L		В		R	Ε	S	1	L	Е
	С		Е	Ν	Α	В	L	Ι	Ν	G		L		Α
	Е		Α		D		Е			G	R	E	E	Ν
	S	U	R	R	Е	Ν	D	Е	R	S		D)	S
Α	В	3 (3	D	Е	F	G	Н	ı		J	ĸ	L	М
-	١,	Τ.	,	26	42	22	_	۰	2.	.†.	,	•	45	44

Α	В	С	D	Е	L.	G	I	-	7	K	L	M
3	2	6	26	12	23	4	8	21	13	9	15	11
N	0	Р	Q	R	s	т	U	٧	w	х	Υ	z
7	5	25	14	24	16	17	1	19	10	22	20	18

© Auspac Media - AK1335

Foscus: allow aloe hale hall hallow halo heal heel hell hello helm hole howl lame loam male mall mallee mallow meal mellow mewl mole moll wale wall weal well whale wheel whole WHOLEMEAL

Quiz: 1c; 2a; 3a; 4b; 5c; 6a; 7a; 8c; 9a; 10c; 11a; 12c; 13a; 14a; 15b; 16a; 17a; 18b; 19b; 20c; 21c; 22b; 23b.

Get a Taste of the Twisted Fig...

Try our Daily Winter Warmer Specials!

Chicken Breast Fillet Burger

Egg & Bacon Roll Jumbo Gourmet Hot Dog

Plain Hot Dog

Brunch Roll: Barossa smoked bacon, fried egg, tomato, spinach served with hollandaise sauce on a freshly toasted bun

Chicken Caesar Salad
Wraps & Rolls
Toasted Turkish Melts
McCues hot pastries & cakes
Cold drinks & milkshakes
PLUS many more tasty
delights - all freshly
or pre-made and at
reasonable prices!



Meet at the van D Goolwa Garden Supplies, 55 Gardiner St, Goolwa - Monday-Friday 8.45am - 2pm Call 0480 189 122 for takeaway orders!

Vegetarian, vegan & gluten free salads & wraps upon request



Your complete **LOCAL**one-shop-stop for all of your garden
needs & pet food-stock supplies

Come in and see David & Jane and the friendly team for all of your home garden and pet needs...

- * Bulk landscape supplies
- * Pots & plants
- * Sand & metal
- * Hire trailers
- * Pavers
- * Pet supplies
- * Saddlery

- * Retaining walls
- * Firewood
- * Pebbles & rocks
- * Sleepers
- * Fodder & pet food
- * Birds & aquariums



Check out the great prices on trailer & equipment hire Agent for Aldinga Home Improvements - see the outdoor display

55 Gardiner Street, Goolwa T: 8555 3408

Life is a patio

Spring is here and hopefully some great weather – it's time to think about your patio.

If you are starting from scratch, the key is to define how you will use this area. You may love entertaining so don't make the area cluttered. Think about the chairs – are you likely to sit there for hours throughout the night? Definitely go for comfort if that's the

You may want this patio to be your 'escape' area of your home, some respite from the hectic life you may lead. Neutral colours may suit best, bring in some greenery to give the area a real lift. Seriously consider low-maintenance waterproof furniture.

The thing to remember about your outdoor furniture is to make sure that

you have storage if the area if it's not well protected. Most people like to have an outdoor barbeque; be cautious where the smoke is going.

We tend to take so much time in colour-matching and designing indoors – as we should – but often not enough planning goes into the patio area to suit your needs. Remember; different people different patios.

A good way to get a feel for what you really need is to sit in the area and use your imagination.



The bottom line is that there are some fabulous, well-priced outdoor settings but you can fall into the trap of thinking they look good in the store only to discover they don't really blend in well with the house and garden. Ask about the quality and value.

You may already have a nice patio, but maybe the table and chairs have seen enough sun. Think how you can spruce everything up. If your are tired of staining the table and chairs every year you could paint them in a pastel colour and buy

colourful cushions. For a most reasonable cost you can bring life into this area – it just takes a bit of thought. Go for what you love doing most – chilling out or entertaining friends, maybe both.

If you plan your patio area carefully it can not only add value to your house but can be like having a big extension to your home. Enjoy the balmy nights (if they ever come back).

- Jess & James





Ocean St, Victor Harbor T: 8552 1325 www.victacinemas.com.au

Please check movie times & classifications.

Tickets: adults \$16, conc/students \$14, seniors/child (3-14) \$13. Check out the dinner-movie deals!

September 4 only: Top Gun double bill: the original followed by new one. All tickets \$20.

Beast

(MA15+) Adventure, drama, horror starring Idris Elba, Sharlto Copley, Leah Jeffries, Iyana Halley. Directed by Baltasar Kormákur. A father and his two teenage daughters find themselves hunted by a massive rogue lion intent on proving that the Savannah has but one apex predator.

Juniper

(M) Drama starring Charlotte Rampling, Marton Csokas, George Ferrier, Edith Poor. Directed by Matthew Saville. Sam, 17, has been on a self-destructive spiral that could lead to his death. He returns home from boarding school to find his wheelchairbound English grandmother, Ruth has moved in. Ruth is an ex-war photographer with a lust for life and a love of the bottle. Sam soon finds himself profoundly confronted by her alcoholic wit and chutzpah. Their first meeting is awkward; their second violent. Things get worse when Sam finds himself stranded alone with her and her nurse Sarah for the school holidays. Both strong-willed characters, a battle of supremacy ensues, enabling Sam to embrace life again and for Ruth to face her mortality.

The Forgiven

(MA 15+) Drama starring Jessica Chastain, Ralph Fiennes, Matt Smith. Directed by John Michael McDonagh. Speeding through the Moroccan desert to attend an old friend's lavish weekend party, wealthy Londoners David and Jo Henninger are involved in a tragic accident with a local teenage boy. Arriving late at the grand villa with the debauched party raging, the couple attempts to cover up the incident with the collusion of the local police. But when the boy's father arrives seeking justice, the stage is set for a tension-filled culture dash



in which David and Jo must come to terms with their fateful act and its shattering consequences.

Three Thousand Years of Longing

(CTC) Fantasy, drama, romance starring Idris Elba, Tilda Swinton. Directed by George Miller. A scholar, content with life, encounters a Djinn who offers her three wishes in exchange for his freedom. Their conversation, in a hotel room in Istanbul, leads to consequences neither would have expected.

The Quiet Girl

(M) Drama starring Catherine Clinch, Carrie Crowley, Andrew Bennett, Michael Patric, Kate Nic Chonaonaigh. Directed by Colm Bairead. Cáit is a nine year-old girl

from an overcrowded and impoverished family in rural Ireland. Quietly struggling at school and at home, she has learnt to hide in plain sight from those around her. As summer arrives, Cáit is sent to live with distant relatives, farming people, like her own, but hard-working and wanting for nothing. She slowly blossoms and discovers a new way of living, but in this house where affection grows and there are meant to be no secrets, Cáit discovers one painful truth. Commences September 8.

Ticket to Paradise

(CTC) Comedy, romance starring George Clooney, Julia Roberts. These two great stars reunite on the big screen as exes who find themselves on a shared mission to stop their lovestruck daughter from making the same mistake they once made. Commences September 15.

The Railway Children Return

(PG) Drama, adventure, family starring Jenny Agutter, Tom Courtenay, Sheridan Smith. Directed by Morgan Matthews. Follow a group of children who are evacuated to a Yorkshire village during the Second World War, where they encounter a young soldier who, like them, is far away from home. **Commences September 15.**

Avatar Re-release

Avatar takes us to the amazing world of Pandora, where a man embarks on an epic journey of adventure and love, ultimately fighting to save the unique place he has learned to call home. Oscar-winning director James Cameron delivers an immersive cinematic experience where revolutionary technology meets engaging characters in a timeless, emotional story. Relive the original ground breaking film before the release of Avatar: The Way of Water in December. Commences September 22 - one week only.

Paws of Fury: The Legend of Hank

(CTC) Animation, ction, comedy, family starring Michelle Yeoh, Michael Cera, Ricky Gervais, Gabriel Inglesias. Directed by Rob Minkoff, Mark Koetsier, Chris Bailey. A hardon-his-luck hound Hank finds himself in a town full of cats who need a hero to defend them from a ruthless villain's evil plot to wipe their village off the map. Commences September 29.

Embrace: Kids

(G) Documentary starring Jameela Jamil, Celeste Barber, Amy Sheppard. Directed by Taryn Bumfitt. Filled with fun and joy, this vital documentary shows kids how to move, nourish, respect and embrace their bodies. It will explore the relationship children have with their bodies, why so many boys and

girls hate their bodies and what we can do about it. The film will cover topics including social media, photoshopping, 'fitspiration', the influence of media and advertising on body image and role models. Commences September 29.

DC League of Super-Pets

(CTC) Animation, action, comedy, family, crime, fantasy, sci-fi starring Dwayne Johnson, Kevin Hart, Keanu Reeves, Diego Luna. Directed by Jared Stern, Sam Levine. Krypto the Super-Dog and Superman are inseparable best friends, sharing the same superpowers and fighting crime in Metropolis side by side. When Superman and the rest of the Justice League are kidnapped, Krypto must convince a ragtag shelter pack – Ace the hound, PB the potbellied pig, Merton the turtle and Chip the squirrel – to master their own newfound powers and help him rescue the superheroes. Commences September 29.

See How They Run

(M) Mystery, thriller, history starring Sam Rockwell, Saoirse Ronan, Ruth Wilson, Adrien Brody. Directed by Tom George. In the West End of 1950s London, plans for a movie version of a smash-hit play come to an abrupt halt after a pivotal member of the crew is murdered. When world-weary Inspector Stoppard (Sam Rockwell) and eager rookie Constable Stalker (Saoirse Ronan) takes on the case the two find themselves thrown into a puzzling whodunit within the glamorously sordid theatre underground, investigating the mysterious homicide at their own peril. Commences September 29.

Franklin

(CTC) Australian documentary starring Bob Brown, Oliver Cassidy and narrated by Hugo Weaving. When Tasmania's Hydro-Electric Commission planned to build a dam on the Franklin River, Launceston's Wilderness

Society mobilised to protect it, sparking a now-infamous, and ultimately victorious, campaign of blockades, protests, lawsuits and political wrangling – a campaign that was a key part of the development of the Australian Greens movement. Franklin recounts this seminal environmental protest through the eyes of Oliver Cassidy, who retraces the journey on the World Heritagelisted river taken some 40 years before by his late activist father. One screening only Sunday, September 4 at 1.30pm with a streamed Q&A to follow.

Southern Fleurieu Film Society movies

Dingo (1991)

Milang Institute on Friday, Sept 2, Victa Cinema, Victor Harbor Tuesday, Sept 6, and Centenary Hall, Goolwa Wednesday, Sept 7. Doors open at 6.30pm for 7pm start.



(PG) Drama, music. Staring Colin Friels and famed jazz musician Miles Davis. Directed by Rolf de Heer. A cinematic ode to the power of music. A man follows his passion for jazz from outback Western Australia to the jazz clubs of Paris.

Oct 4, 5 & 7

About Elly (France 2009)

(PG) Drama, mystery. Starring Golshifteh Farahani, Shahab Hosseini, Taraneh, Alidoosti. Directed Asghar Farhadi. What would you do? A group of friends and their children travel to the Caspian Sea for a short holiday. It starts out as a wonderful adventure until two of them mysteriously disappear.

Note: You need to be a member to attend sffs screenings. Membership is \$25 which includes other films screening over the remainder of 2022. Visit: sffs.org.au

Your local Victor Harbor team is in tune with you and your car!

CHECK THIS OUT ... **ULTRA ROADSIDE** ASSISTANCE - FREE! *Valid for 12 months & conditions apply

- Auto electrical repairs
- Air conditioning
- Manufacturer's handbook service
- LPG servicing & repairs
- Brakes & suspension
- ALL mechanical repairs

167 Hindmarsh Road, Victor Harbor (alongside McDonald's)

e: victorharbor@ultratune.com.au

www.ultratune.com.au



Auto Service Centres

Eat Wave with Jenny

LAMB KOFTAS

Ingredients

- 1 tbsp olive oil
- 1 small yellow onion, finely chopped
- 2 cloves garlic, minced
- 500g minced lamb
- 1/3 cup day-old breadcrumbs
- 4 tbsp finely chopped Italian parsley
- ½ tsp salt
- ½ tsp ground black pepper
- ½ tsp ground allspice
- ½ tsp paprika
- ½ tsp ground cardamom
- ½ tsp ground nutmeg
- 14 tsp cayenne pepper
- 1 tbsp water

bamboo skewers (optional)

Tzatziki Dip (store-bought) for serving

Method

In a frypan cook onion in olive oil over medium heat for 2 minutes. Stir through garlic and cook for 30 seconds. Remove from heat.

Place remaining ingredients in a large bowl.



Add onion/garlic and using clean hands mix together until well combined. Cover and refrigerate mixture for a minimum of 1 hour.

To prepare:

The mixture can be moulded into sausage-shapes and cooked using skewers, or without skewers. Using about 60g of the mixture, roll into a sausage shape about 2cm thickness - will make about 12 koftas. If using bamboo skewers, soak them in water for 1 hour before cooking. Mixture can also be rolled into balls and served with toothpicks for party finger-food.

Koftas can be grilled on barbecue for 10-

12 minutes, turning regularly; or baked in oven (175°C) on a tray lined with baking paper, for about 15-20 minutes turning occasionally; or cooked in a frying pan on medium heat, turning regularly until cooked to your liking. If you have an instant-read meat thermometer, internal temp of kofta for medium is 71°C and 77°C for well-done. Serve with Tzatziki Dip — with salad for light meal (serves 2-3), or as party food.

Note: There are many variations of spices used to make koftas. You can adjust them to suit your taste.



Apple & Date Loaf

Ingredients

apples (see note)

200g dates

1/4 cup chopped walnuts (optional)

1 cup boiling water

50 g butter

⅓ cup caster sugar

1 egg

2 cups plain flour

1 tsp bi-carb soda

1 tsp baking powder

2 tsp mixed spice

icing sugar, optional extra

Method

Pre-heat oven to 180 °C. Line a 25cm x 13cm loaf tin (or similar) with baking paper (see note).

Peel, core and finely chop the apples. Wash dates, remove stones and chop into pieces. Place apples and dates in a heat proof bowl with butter and sugar. Add boiling water and stir until butter has melted and sugar has dissolved. Set aside to cool slightly.



Sift together plain flour, bi-carb soda, baking powder and mixed spice. Lightly whisk the egg in a cup, then add to warm fruit mix and stir to combine.

Add sifted ingredients (and chopped walnuts if using) and continue stirring until mixture is just combined (do not over-stir). If mixture is a bit dry, a little milk can be added at this stage.

Spoon mixture evenly into the prepared tin. Bake at 180°C for 20 minutes, then rotate pan and continue baking for another 20 minutes. Remove from oven when cake is

golden on top, and inserted skewer comes out clean. Alfoil can be carefully placed over the top of the cake during the later stages of baking if top of cake cooks too quickly.

After removing from oven, allow cake to cool in tin before removing. Sprinkle top with sifted icing sugar (optional) and store in airtight container.

Note: Granny Smith, Fuji or Pink Lady apples are recommended for this recipe. The mixture is suitable for muffins, using reduced baking time.









Providing proudly South Australian made mattresses







295-297 Port Elliot Rd, Hayborough

e: sales@beachsidebedding.com.au beachsidebedding.com.au

CALL TODAY!

8552 3885