

Coast Lines

January 2022

Vol. 11 #141

People, places & events across the Fleurieu Peninsula







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Welcome to the Fleurieu Peninsula and your free monthly magazine.

This superb image above was captured by **Rod Flintoff** of Hindmarsh Island during last year's Goolwa Freshwater Classic presented by the Goolwa Regatta Yacht Club.
The race is part of Goolwa Regatta Week, and it's just one of the big events across the Fleurieu this summer.

COVER: Deep Creek Conservation Park. Image: Ben Goode (SATC)

INSIDE

4--7: THE MAIN EVENTS. Your guide to what is happening across the Fleurieu Peninsula this summer.

8-13: THE SHOPKEEPERS. We look at some fabulous shops to visit these holidays in Yankalilla and Strathalbyn and the people behind them.

13: FLEURIEU FILM FESTIVAL.

It's on again- this time in the McLaren Vale & Fleurieu Coast Visitor Centre, Saturday, February 5.

15-19: DAY TRIPPING. A guide

on what to do and where to go these holidays - and many of them are free. And off we go to the markets...

20: PUZZLES. We call it brain activation.

22-23: GREAT OZZIE QUIZ. It's Australia Day on January 26, but how well do you know Australia?

26-27: JOKES. We make no apologies for these lame jokes.

28: LET'S GO TO THE MOVIES. A guide to Victa Cinemas.

30-31: EAT WAVE. More of Jenny's culinary delights.









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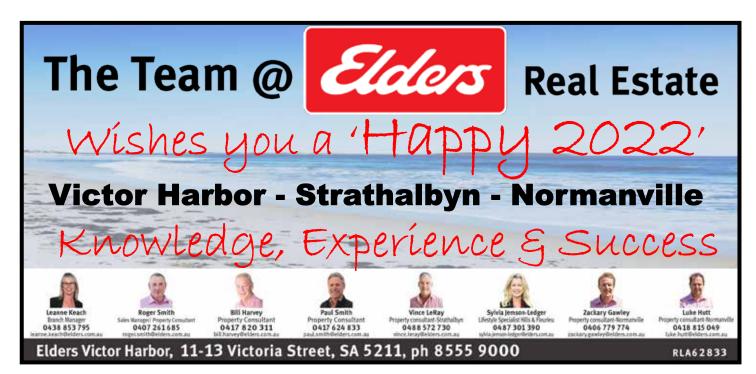
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The main events (if COVID doesn't find out)...



NEW FIRST NATIONS ARTWORK SECTION

Warland Reserve, Saturday, January 15-Saturday, January 22 9.30am-8.30pm daily.

The Rotary Victor Harbor Art Show has taken a significant step in its 43rd year by introducing an exciting and much-welcomed category – First Nations Artwork.

Hundreds of artists have collectively submitted almost 1500 entries – all vying to share \$34,000 prizemoney – and this new section will undoubtedly attract plenty of interest. It further adds credibility to Australia's biggest outdoor art show, and organisers are hopeful this year's stunning array of artistic talent will attract almost 6000 people.

The First Nations Artwork category has drawn entries from around the state, Tiwi Islands, Northern Territory and Western Australia

Amanda Hyatt (pictured) was well chosen as a judge for this year's show, and the specialised First Nations Artwork section also created a need for its own appraisal, by Thomas Readett. He is a highly respected



artist and a Ngarrindjeri/Arrernte man, who was born and raised on Kaurna Country (Adelaide) where he continues to practice and live.

Thomas has been a drawer since he was a child, and furthered his career as a professional artist at Adelaide Central School of Art in 2011. It was here that he began painting, and it remains his main practice.

Amanda has an impressive background inorganic chemistry, and also taught mathematics in secondary school until her desire to become a professional artist in 1987 was overwhelming. Art became her life vocation, and over the past 35 years has held 37 solo exhibitions as a watercolour artist and won numerous major awards

Significantly, Amanda is internationally

recognised as a modern, cutting edge master watercolour artist and is amongst the top six en plein air watercolourists. She has judged numerous art shows including the recent Camberwell Show and the Melbourne Society of Women Painters and Sculptors, and is a leading teacher in the medium.

As in most years local businesses have generously supported this art show with proceeds going to Rotary projects. They entered a draw for naming rights, and this year's winner was Glow Heating, Cooling & Electrical. Along with amazing work by volunteers, this art show featuring paintings, sculptures and now Australian Indigenous art is recognised nationally.

All entries are eligible for the \$12,500 Victor Harbor Art Prize, and the \$500 Peoples Choice Award donated by the Lewitzka Family.

Softfoot Sanctuary has again generously donated \$750 for the Best Painting of Australian native animals or birds. Agile Mining have got behind the Australian Indigenous art section with prizes of \$5000 and \$2000.

The City of Victor Harbor has again strongly supported the show by providing a \$5000 award, Rotary Victor Harbor has a \$3000 award, and the naming sponsor \$1000 award. The sculpture section has a \$1000 Best Sculpture award.

There is a preview event on Friday, January 14 from 4.30pm.

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ABORIGINAL ART EXHIBIT Red Poles, 190 McMurtrie Road, McLaren Vale until Sunday, February 13, from 10am.

A mixed media exhibition Land, Sea and Sky of Indigenous art from the communities of Ceduna, Koonibba and Yalata. Featured artists include Verna Lawrie, Josephine Lennon, Janine Cox, Joylene Haynes, Sherrie Jones and Colette Gray.



SURF ART EXHIBITION Arts Centre - Onkaparinga Gallery and

Red Rover Gallery, 22 Gawler Street, Port Noarlunga until January 31 from 10am-4pm.

The City of Onkaparinga's annual Surf Art exhibition is open to all Australian artists celebrating the ocean, coastal environment and culture of all things related to surfing. Painted surf boards are a staple in the exhibition, accompanied by scenes of the local coastal environment or people enjoying the sun, sand and surf of the region's beautiful coastline. A use of unexpected mediums also captures the essence of a surfing lifestyle.

www.onkaparingacity.com/Around-me/ Events-directory/Surf-2021



YESTERDAY'S POWER RALLY Milang Oval, January 15 & 16 from 10am.

This rally, presented by the Milang Vintage Machinery Club, is one of the best of its kind across the state. It features vintage and classic tractors, cars, trucks, motorcycles, engines and machinery.

The popular event among is the big pre-1973 tractor pull, plus contests for minitractors, ride-on lawn mowers and small tractors – all under NHMA guidelines. The show also features a 1906 Fowler steam traction engine driving a large thresher. Cost (TBC) is \$7 per person, U12 free. There will be cruises on *PS Oscar W* from Milang jetty from 1pm, 3pm and 4.30pm on the Saturday, and from 10am, 11.30am, 1.30pm and 3pm Sunday.

www.milanghistoricvintage.com



YACHTING: GOOLWA REGATTA WEEK Saturday, Jan 15-Sunday, Jan 23.

The highlight is the Coorong Quays
Hindmarsh Island and Kies Home
Timber & Hardware Milang - Goolwa
Freshwater Classic Yacht Race on Sunday,
January 23 from 9am. It has been held since
1974 – apart from four years of drought –
and the 1986 race still holds the record for
the largest fleet (584 yachts) to compete in a
freshwater race in the southern hemisphere.
There are numerous superb vantage points
to watch the race in action. Will finish late
afternoon in Goolwa.

Other events during the week include: Saturday, Jan 15, 1-4pm: Marina Challenge - Southern lagoons, Coorong Quays, Hindmarsh Island.

Continued P6



From P5

Sunday, Jan 16: Picnic Day from 11am featuring events including Sailability demonstration (COVID restrictions permitting), vintage and radio controlled yachts.

Friday, Jan 21, 6pm: Kies Hardware Dash for Cash & GRYC. Saturday, Jan 22, 1pm: Three back-to-back races at Milang Regatta Club.

www.goolwaregattaweek.com.au



FLEURIEU BEER FESTIVAL Willunga Recreation Park. Saturday, January 22 from 2-10pm.

Sample the Fleurieu's finest brews and meet the brewers. Great local food and cider, and live music. Browse the market stalls. Tickets are online and entry is \$25 an adult, with a souvenir recyclable shatterproof beer cup included. Chairs and tables available, plus marquees. You may bring a picnic blanket, chair & marquee. Camping allowed on the oval if you would like to stay safe and bring a swag you are most welcome (toilets open all night for campers). Public transport – information via Adelaide Metro; options are catch train to Seaford and bus to Willunga Ston 97

willungarecpark.com.au/fleurieu-beer-festival/



CYCLING: DETOURS — McLAREN VALE Saturday, January 29, 9am-4pm.

An exciting 3-stage men's and women's road race among some of Australia's most elite cyclists through the Barossa Valley, Adelaide Hills and Fleurieu Peninsula regions. You're invited to gather friends for a food, wine, prime race viewing and behind the scenes

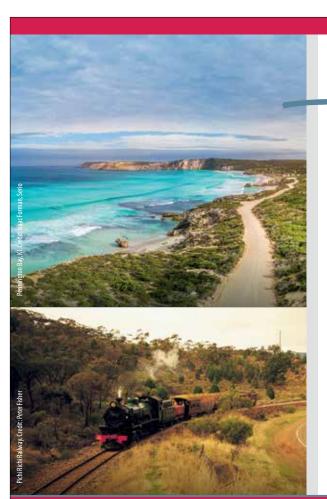
experience in McLaren Vale for the Men's Be Safe Be Seen Stage 3.

City fans will meet at the City of Adelaide Festival Village and take a bus to McLaren Vale to the starting line action in McLaren Vale where race director Stuart O'Grady will oversee the riders begin their 113.2km race. A package includes enjoying wine and playing bocce at Penny's Hill while watching the race. It continues at Our Place @ Willunga Hill enjoying Italian style long lunch while watching the race on the big screen. (You must be 18 years or older to attend this event).



TUNA FISHING COMP

Club Marine Coast 2 Coast Tuna Tournament: Morgan Park, 15 Lipizzaner Dr, Hindmarsh Valley on Saturday, February 6 from 2-5pm.



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Fleurieu Film Festival, McLaren Vale & Fleurieu Coast Visitor Centre, Saturday, February 5

Film festival releases bright new feature

his year's Fleurieu Film Festival at the McLaren Vale and Fleurieu Coast Visitor Centre has a theme of Dreams - and it could not be more appropriate with the event organisers immensely encouraged by receiving six entries made in or by school students.

Festival director Carolyn Corkindale said the organisers of this February 5 event would now be awarding a prize for those at school level, which represented an exciting new milestone for festival since its inception in 2016.

"Victor Harbor High put in four entries, one came from a 13-year-old girl from Port Noarlunga, and another from Hamilton Secondary College in the city," she said. "We contacted schools and many of whom now have really serious media classes from Y10-12 and very enthusiastic teachers. It really depends on them, and we were really delighted when Victor Harbor High got back to us and asked if they could put entries in. Of course we said 'yes" and we were so delighted. It is so encouraging."

The festival, which has tremendous support from Onkaparinga Council through a community event grant, received 64 entries - each within a maximum length of eight minutes. Of them, 12 or 14 will be screened on the night, including at least one entry from a school.

"We also have a special prize to a filmmaker



based on the Fleurieu Peninsula donated by the Fleurieu Film Festival in honour of Daniel Roach, who was our legal advisory board member," Carolyn said. "He sadly passed away last March after a battle with cancer just after our last festival. He was a wonderful young man with a loving family." Organisers have planned great atmosphere with performances by a folk group and the Onkaparinga Concert Band, plus a Welcome to Country Ceremony before screenings lasting a total of 90 minutes begin at nightfall. There will be food vans and bar facilities.

There are already seven entries for a 'Filming the Fleurieu' workshop the following day, February 6.

"We have hired a bus and we will visit three or four lesser-known but interesting spots in the region with camera experts and a marketing specialist," Carolyn said. "The task is for the participants to make a

short promotional film on their smartphone showing the unusual Fleurieu - not the typical scene that we usually see. They will learn how to film and have access to a program to edit landscapes and seascapes to be submitted for judging two weeks later."

Tickets and further information to the Fleurieu Film Festival:

www.fleurieufilmfestival.com.au/tickets





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Turning a town into a dream destination

STORY: ASHLEY PORTER

A lways a top little spot, but some outsiders have perhaps only known Yankalilla for its sensational bakery. The 'schnitties' in the family pub across the road where a chap with a wooden leg affectionately known as 'Hoppy' organises poker games on Wednesday nights also rates incredibly high.

There are the tired-looking second-hand shops, behind the main road a testing little golf course with scrapes, and trees stripped bare by the screeching *Licmetis*; nuisance Corellas.

After a short while you realise that it's the people living here who have always made Yankalilla special. The thousands of tourists who drive through have tended to stop for only one reason – the wicked pasties. However, a funny thing has happened. The shop on the right of the bakery that was vacant for so long has recently opened as Tallulah & Kai – full of fabulous fashion, furniture, art, jewellery, home décor and unique gifts.

The shop to the left – Arranging Matters – is an immensely popular coffee shop-comeflorist run by the Krix family for the past 12 months.

The thing is, these shops were both a dream, but we're talking literally with Simi Roche at Tallulah & Kai.

Like her partner James Downey, she has a fascinating background that couldn't be further from being shopkeepers. Simi moved here from Miami, Florida, USA 21 years ago and is world-renowned in contemporary dance and as a teacher of Ashtanga yoga having studied in India on-and-off for

25 years. James is from Melbourne, a horticulturalist who pre-COVID travelled around Australia talking about solutions and the supply chain with his business Polygro. They moved here to Carrikalinga.

James had set up an office above this vacant shop and he explained that one night Simi said, 'guess what, you now that shop downstairs, I had a dream that we owned it and it was just full of chandeliers and dresses; nothing else'.

"I laughed at first, but it led me to asking the owner, Danny, the next morning why the shop downstairs had not been rented out," James said.

"Danny explained it was because he had not got the right people... that he didn't want a shop that would compete with someone else in the town; it had to be something good for Yankalilla."

The next minute James and Simi had signed up for the shop. "We wanted to get local artists involved... wood sculptures, paintings, you name it," James said. "Danny asked what we needed and he did everything he could to help us make changes including a changeroom at the back. We got it all done in eight weeks." Also in Simi's dream was the name of the store: Tallulah & Cossie. They settled on Kai as the second name, a character in a book that Simi had written.

They went to Crowies in Victor Harbor to buy wallpaper for the shop and picked out this magnificent image of an American Indian girl. A friend said to them: "Do you know what Tallula means?" They had no idea - it refers to an American Indian.



"Simi and I like similar things. It has been easy putting all this together because she has a really good eye, especially for fashion. I'm the ideas person and she's the puts-it-together person." - James Downey

There is a chandelier in the shop, but before this story turns into an episode of *The X-Files* from the 90s it is merely a token of Simi's dream. Everything else has been carefully chosen, like famous tea ware from China and Japan. Expensive, but original; used for the tea ceremonies overseas.

And according to James - he said 'believe it or not' as you would in *The X-Files*, sake has become the big flavour of the month. "It

used to be one flavour, now it's like gin with sake bars opening up and people trying 20 or 30 different types," he said.

"We are trying to have unique items that other shops do not have. It is a business, but it also has already become a passion. "We love working here because of it's a nice environment that awakes the senses.

Continued P10





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People & places

Images: Right: Tallulah & Kai, and (far right) Sonara Krix at Arranging Matters.

From P9

"Here you have smell, sounds, sights and colours and the locals say they love the experience.

"Every product has a story; like symbols on art that have meanings about feeling good. "Simi and I like similar things. It has been easy putting all this together because she has a really good eye, especially for fashion. I'm the ideas person and she's the puts-ittogether person."

Simi is well known on our western coast having taught a combination of her amazing talents in contemporary dance and yoga. With a sense of pride, indeed a hint of belonging she says some of her students have been with her through this journey from the U.S.

It has been a most remarkable one at that; Simi came here to teach dance at the University of Adelaide and created the first B.A. Dance program in Australia – whilst her children were four-and-a-half and 12-weeks old.

"Over the past six or seven years I have



combined my yoga with my Masters Degree with contemporary dance choreography, and I just love it," Simi said.

"Now I am loving this new experience in Tallulah & Kai. We made it up; we had never done anything like this before.

"The idea and the name was from a dream,

and James is a beautiful man who says yes rather than no and we said let's make a dream come true and do it together. It has been perfect."

Tallulah & Kai: Shop 2/104 Main South Rd, Yankalilla. Open 7 days 9am-5pm.

Continued P11

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An arrangement that's all about family matters

Families are nearly always busy arranging matters, and this clever name for a floristcome-coffee shop rings true for the Krix

Walk into Arranging Matters and on any day of the week there's mum Sonara, a brilliant floral designer with Honours in Visual Arts in 2017, arranging or helping to serve customers whether it be dine-in or

Making scrumptious delights like zucchini fritters with avocado, ricotta, a poachie sprinkled with chives and a side of blistered cherry tomatoes in the kitchen is husband Brett.

Daughters Autumn and Trinity are ideal for the cafe, and we can joke that no one gets paid unless son Louis does the book work. And yes, despite all of the usual pressures of family members running a small business, they all get along fine. The staff Christmas show was a real hoot.

Sonara is no stranger to hospitality and the region with her family previously owned Leonards Mill Restaurant in Second Valley, and having lived in Yankalilla since 2005. Combining her skills and passion for arranging flowers and loving every moment mixing with locals and meeting tourists comes natural. It seemed an obvious move when Sonara and Brett took on this shop just over 12 months ago that had been a butcher's shop a few years back.

"The wonderful thing is that I get to know

people in the community and tourists passing through," Sonara said. "It is a community space open as a cafe. "People come in here and relax; they are not hemmed in. They smell the fresh bread baking in the kitchen. They appreciate the sustainability, ethicality and environmentality, and the fact all of our packaging is biodegradable.

"We get a lot of locals who are on their own; regulars who just meet and have this big chin wag. The cafe has become a meeting place or hub, which is really beautiful. The support by other businesses and people in the town is just amazing."

People here stop and smell the roses both metaphorically and for real. There is also the newly-formed friendship with James and

Together, this enthusiastic bunch previously unknown to each other turned empty shops into something special, and in many ways helped to change the face of Yankalilla. Now we have reasons to stop other than the bakery in between them.

The wonderful thing is, the decor, professionalism and the friendly smiles in both Tallulah & Kai and Arranging Matters reflects incredibly well on Yankalilla. The reward? According to Sonara, feeling proud, especially when the tourists come through and say, 'wow, how good is this in Yankalilla'.

Arranging Matters: 102 Main South Road, Yankalilla. Mon-Sat 8am-4pm & Sun 10am-4pm. T: 7120 7345

... and it's not only Yankalilla that's changed - continued next page.



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Going forward with the old ways

Everything – not everyone – seems to be old in the beautiful town of Strathalbyn, and the antiques & collectables fairs and the classic Gilbert's Motor Museum certainly add to the image.

Special milestones of buildings seem to be the norm, like the old market shed in the heart of the town, in Dawson Street. It is believed next month marks the centenary of this classic building being the old Vanguard garage owned by the Knights family, about 50 years since it was converted back to a market shed by the Henders family after getting in trouble for selling their fruit & veg on the side of the road, and 20 years since its current owners Scott and Veona Richardson took on the business with her parents, Hans and Jacquie Marx. Scott is a fifth generation Richardson here, and walk the pavements and you see the family name almost everywhere; the Richardson Gates at the oval, the Richardson Hall, his great, great uncle built the children's bridge to save the kids crossing





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through a creek, and for good measure there's also a Richardson Hall 9km down the road in Woodchester.

Yet, for all these paths and plaques reflecting history, Strathalbyn is looking very much alive with the Market Shed busy as ever. And thanks also to further down the road where other heritage sites have been remodelled and added to this vibrancy. Of course, hundreds of new homes continue to be built on the town's edge. No, these days not everything is old in Strathalbyn. However, according to Scott and Veona, what has remained has been the incredible support by locals.

"Over the past two years they have honed in more than ever on what is in their backyard and focused a lot more on their health as well," Scott said.

"People here have learned to cook again because they couldn't go out. They're making their own bread, and we have noticed this since the Laucke Flour Mills shut their retail store because of COVID and asked us to take on their range of flour products.

"We like to think that there is support because we are who we are.

"We are also a diverse type of shop. We

MADNESS489@HOTMAIL.COM



have a lot of local products; a real South Aussie feel. There's fruit & veg, spices, all your health food and bulk food needs, and an in-house cafe. It's a bit of a one-stop shop."

Of course, Strathalbyn is special for many other reasons, including the line of 'must visit' places (pictured above) starting with the Bean Machine run by Kathryn Ziersch and Lyndall Taylor on the corner of Commercial Rd and Albyn Tce. Next door is Belinda Croser's Hills & Coast, a neat fashion and gift shop that has added character to the patch since 2019.

However, the real change is at a fabulous cafe, bistro and tapas spot – the Hammer 'n Tongs. It has extended with an outdoor area on the Commercial St footpath. The pizzas have always been superb, but now there's a real cosmopolitan feel about the place. And it's not surprising that coinciding with these and so many other changes in Strathalbyn we have a growing list of young families building the new houses. The charm that has always made Strathalbyn special remains, but we're going to have to stop referring to this town as being old.



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FRIDAY ON THEIR MIND

There's a new group called the Second Friday Film Club at Willunga, and there's no need to say



when it shows films at The Hub in the town. Clever name, and great local entertainment starting with Respect based on life story of Aretha Franklin on Friday, February 11, and Turtle Diary on March 11.

It's for members only – just \$25 a year for all the movies which start 8pm in daylight saving and 7.30pm in the winter. They will be shown at the Willunga Hub and then at Willunga Show Hall when renovations have been completed. For a full program for the year visit: www.facebook.com/ secondfridayfilmclub and to become a member: www.trybooking.com/BRPZC

IT WAS SMOOTH SAILING

The Armfield Wooden Boats volunteer crew at the slipway on Riverside Dr, Goolwa has been working hard the past few months restoring another classic, Aarke, but she won't see the river again.

The old five metre sailing boat was donated years ago and is now part of the kids' playground at the nearby Discovery Caravan Parks on Kessell Road. The biggest challenge was getting a crane in to shift her to the new

Pictured (below from left) are organisation chair John Bradbury, Ron Bastick and Deane Leicester just before Aarke was lifted by a crane. Well done to the entire team.





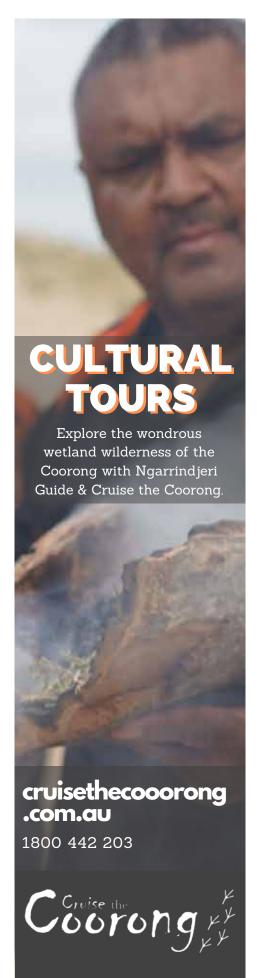
The award-winning McLaren Vale Vintage & Classic is revved-up to go on Sunday, April 3. This will be the 16th classic, and entries close on Monday, March 14 – the Adelaide Cup holiday. More than 500 vintage and classic motor vehicles will parade along the streets against the backdrop of wineries and vineyards, and once again there will be a vintage fashion, local wines, gourmet food and live entertainment.

It is a free community event, and COVID restrictions will apply. To enter a vehicle the cost is \$30. Vehicles will begin their journey on the open lawns located at the front of Serafino.

The grand parade from 11am over 2km down the main road is expected to attract more than 1000 people, who are then encouraged to visit participating wineries where a range of vehicles will be displayed with live music, and food and wine available. Visit: www.vintageandclassic.com.au







let's do some day tripping...

From P15

Ride on the Big Duck

An unforgettable holiday experience – various packages – see the seals, sea lions and dolphins, explore behind The Bluff, West Island and along the Waitpinga Cliffs or down to Wirrina Cove. All worth every cent. T: 8555 2203; www.thebigduck.com.au

Discover the Coorong

Welcome aboard the magnificent Spirit of the Coorong and absorb magnificent scenery departing Goolwa Wharf into the world renowned Coorong National Park. See where the mighty Murray River meets the sea. Visit ancient sites, hear stories of the riverboat days and learn about the areas first inhabitants. You may even get to cook cockles. Different packages available, all well priced given the extraordinary experience. T: 85552203; www.spiritofthecoorong.com.au

Catch the Cockle Train

A must for all families. The Cockle Train travels along the oldest steel railed railway in Australia dating to 1887 when it was constructed to provide a link between the River Murray and the ocean wharves at Port Elliot and later at Victor Harbor. There will be additional times and engines used during the Christmas-New Year break. Duration 1.5 hours round trip; 30 mins each way. This truly is a memorable experience. Leaves Goolwa from 10am, and Victor Harbor from 11am every day; special trains from Strathalbyn January 9. 16 & 23. www. steamrangerheritagerailway.org

P.S. Oscar W Cruises

The PS Oscar W, which was built in 1911, is a significant part of the history of our south coast. One-hour cruises depart the Goolwa Wharf, and on Saturdays there is a lunch cruise. Great value and something very special for the family. Bookings: 1300 466 592; www.oscar-w.info

Play paintball games

Both reasonably-priced, well organised and great family fun. Skirmish War Games-Paintball, 242 Blowhole Beach Rd, Deep Creek – 0428 833 023 / www. skirmishwargames.com.au OR Paintball



Sports on Blackfellows Creek Road, off Yundi Road, Kuitpo Forest – 1300 791 035 / www. paintballsports.com.au

Canoe the Coorong

Tours for people of all ages and skill levels. Includes a three-hour Coorong sunset tour of the Murray Mouth, a full day all-inclusive Coorong tour, overnight camps, and for real adventurers a four-day expedition covering almost 100km. The Coorong Tour is a comprehensive experience, offering participants an all-inclusive relaxing day on the water exploring the Coorong and Murray River Mouth region. T: 0424 826 008; canoethecoorong.com

Get on your bike

The total distance of the Encounter Bikeway is 31 kilometres one way and is a mixture of on-road and shared pathway. A range of riding distances makes The Bikeway suitable for all ages and can be utilised by a variety of leisure activities including walking, bike riding, skating and rollerblading. The Encounter Bikeway is wheelchair accessible. FREE

Skateboard in Strath

This world class skate park is for kids young and old skateboarders, scooters and BMX riders. The landscaped areas and lawn terraces surrounding the bowls provide a fantastic community space that not only skater and BMX riders can enjoy, but for families to come and spend some time together. Other great skate parks, etc are at the Mount Compass Recreation Park in



Waye Crt, which incorporates a state of the art skate park, BMX track and open play space. Also, the Yankalilla Lions Youth Park at 182 Main Rd, which has a large skate park, is perfect for anyone with a bike, skateboard, scooter or roller skates. FREE

Watch them sail

Watch the action during the Goolwa Regatta Yacht Club's Regatta Week from January 15-22 with the highlight the Milang Goolwa Freshwater Classic, held since 1974, on Sunday, January 23. You may also the see the splendour of the yachts during Friday night racing watching from the banks in the Goolwa Wharf Precinct. www.gryc.com.au

Visit Strathalbyn

Walk the beautiful streets lined with heritage buildings and grab a bargain in the antique shops. There are other quaint shops and eateries. Have a picnic on the banks of the Angas River. FREE

Lose yourself in Deep Creek

There are 15 walking trails from easy to very difficult, including sections of Heysen Trail. It's worth the effort when you see spectacular scenery of Backstairs Passage, Kangaroo Island and the rugged Deep Creek Valley. Vehicle day entry 6am-11pm – tickets \$12. You can see so much in one day with a 2WD on sealed roads and a moderate amount of hiking experience. To see more you probably will need a 4WD to take some unsealed roads to the Blowhole Beach and Boat Harbour Beach. FREE walks from entrance trails. www.parks.sa.gov.au

Go hiking

Walking SA has identified 76 walks and trails across the Fleurieu Peninsula, and none offer more sensational views and a reasonable challenge than through the Deep Creek Conservation Park and the continuation of the Heysen Trail between Waitpinga Beach and The Bluff, Victor Harbor.

There are 15 walking trails from easy to very difficult, including sections of Heysen Trail. Another great walk for the whole family is the trail around Myponga Reservoir. It takes about an hour starting from the road opposite the general store and alongside the brewery. Grab the hats, sunscreen and the picnic basket. FREE. www.walkingsa.org.au

Go to the beach

The Fleurieu Peninsula is flanked by some magnificent beaches including Second Valley Beach, which is regarded by many as the best in the state. You may drive your car on a section of Aldinga Beach, and you can take a 4WD along Goolwa beach to near the Murray Mouth. Note: all of the beaches on the Fleurieu are magnificent, but some are more dangerous than others. Be beach smart: www.surflifesavingsa.com.au FREE

Go for a drive

Discover Hindmarsh Island – grab some fish 'n chips and take in the views from the other side of the Murray Mouth.

See the lighthouse at Cape Jervis, and watch the SeaLink ferries come and go with a view of Kangaroo Island in the distance.

Visit Clayton Bay, a coastal freshwater lake picturesque town, and head around Lake Alexandrina to Milang where there's an old railway museum and countless pelicans on the small jetty waiting for the crumbs from sensational pasties from the local bakery.

See a movie

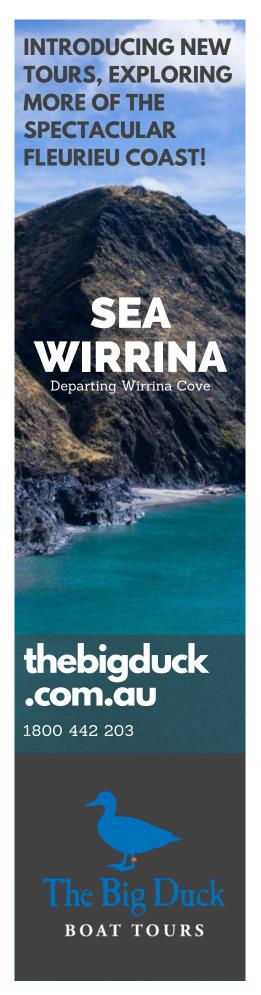
Victor Harbor is one of the few South Australian country towns still with a classic movie theatre showing the latest releases. See our movie guide for Victa Cinemas in Ocean Street on page 28 and check out the session times and latest news: T: 8552 1325; www.victacinemas.com.au

Lose to the kids at mini-golf

Lose to the kids at mini-golf or putt putt at The Dunes by the start of the causeway at Victor Harbor. Sink the ball into the shark! Great family fun, and well-priced.

www.dunesminigolf.com.au

Continued P18



From P17

Let the kids play

There are some superb and safe gems for the kids right across the Fleurieu including the Jubilee Park Adventure Playground at Port Noarlunga — it's one of the best playgrounds in SA. Suitable for all ages. Other excellent playgrounds are at Barrage Rd, Goolwa; Flinders Pde and Soldiers' Memorial Gardens on The Esplanade, Victor Harbor; Starfish Park, Mint Dr, Hayborough; Yankalilla main road. Check council guides. FREE

Play golf

There are eight courses on the Fleurieu

– Ashbourne, Links Lady Bay (near
Normanville), McCracken Country Club
(Victor Harbor), Mount Compass, South
Lakes (Goolwa), Victor Harbor, Wirrina Cove
and Yankalilla. They each have their qualities
and some are harder or more established
than others. Check out their websites.

Experience Monarto

This is one of the best places in South Australia to take the kids – and it's only 45 minutes from Goolwa going through Strathalbyn. Get up close to an amazing array of animals and experience something special – worth every cent.

www.monartosafari.com.au

Let's go fishing

There are some good spots along the coast including Barrage 19 on Barrage Road, Goolwa or off the jetties at Victor Harbor, Rapid Bay, Noarlunga and Milang. Fishing off Goolwa Beach or at Waitpinga Beach is great fun. But for a real fishing adventure and a lot of fun you must get on board with Pirate's Sea Charters run by Rod Ness. He runs personalised charters in first-class boats from Victor Harbor with all fishing gear and bait supplied. Very reasonable rates and



Image: Fishing at Myponga Reservoir Reserve by John Montesi (SATC)

safety is of paramount importance. T: 0429 192 452; www.piratesseacharters.com.au

Great dollies & Iollies

It's the name of a great little shop in Cadell Street, Goolwa where you can buy some amazing sweets – many of them imported – and see a fabulous collection of dolls: www.riverdolls.com.au

Splash in the pool

The award-winning Fleurieu Aquatic Centre, 50 Ocean Road, Hayborough is one of the best of its kind with a 25m pool, hydro-pool and pools for the 'littlies'. It is incredibly well run, has great facilities including a gym, and has lifeguards. T: 7078 415; www. fleurieuaquaticcentre.com.au

Visit a museum

Most towns have a museum or there is one nearby so check out the local council guide. Among them is the Southern Fleurieu Historical Museum behind the Port Elliot Showgrounds, 5 Wright St featuring among many things a history of the local dairy industry. T: 0497805379; sfhmuseum.net. au and Gilbert's Motor Museum, 32-34 High St, Strathalbyn which has some amazing old cars, cars plus a library of treasured motorsport books and memorabilia. T: 0408 234 00; strathalbynmotormuseum.com.au

Learn to surf

A highly-recommended school is Phil Ball's Ocean Living Surf School at Goolwa Beach. Phil and his instructors provide a great learning experience with the latest gear and techniques with all equipment provided (surfboard, wetsuits, sun block). Call Phil: 0487 921 232; olsurfschool.com.au



Pick your own strawberries

A lifetime memory for the family by Harvest the Fleurieu on the main road on the outskirts of Mount Compass. There is some wonderful local produce inside – the finest the region has to offer. But it's pick-yourown strawberries that is extra special - entry \$5 per person (U12 free); punnets \$10 each; minimum of one punnet per group of five. www.harvestthefleurieu.com.au





Hugh Hamilton Wines in McLaren Vale. Image: Sam Noonan (SATC)

Taste fine wines

The McLaren Vale region produces some of the world's finest wines – and the Langhorne Creek Wine Region – go through Strathalbyn or from Goolwa/Milang) is one of the most under-rated. Tour McLaren which has 65 wineries and get onto the Shiraz trail to the majestic town of Willunga. Enjoy the experience, but please drive safely. Mini-bus tours are available. mclarenvale.info & www.langhornecreek.

History

Take a two-hour SA Maritime History Cruise from Goolwa along the Murray River including the barrage, Coorong Quays, bridge and four shipwrecks.

www.goolwaboatcruises.com.au

Try paddle boarding

Learn to stand up paddle boarding with Encounter Water Sports. Call Any on 0414 521 475. encounterwatersports.com.au

Have a whale of a time

Learn about some amazing sea life at Whale Centre at 2 Railway Tce, Victor Harbor. Lots of fun and well presented. T: 8551 0750;

www.sawhalecentre.com.au

Ride a horse

At High Country Trails you can experience trotting on horseback through the shallows of beautiful Normanville. A quiet hourlong ride along the sand dunes onto the Normanville Beach where you can enjoy a trot along the water's edge and paddle in the sea. Pony rides for children U9. Bookings essential. T: 0408 795 373; www.facebook.com/horseridingnormanville/

... and off to market we go

GOOLWA WHARF ROTARY MARKET: Goolwa Wharf, first & third Sunday of the month. Rotary Club of Encounter Bay. 0459 786 469.

MOANA MARKET: Pioneer Hall, Nashwauch Cres, Moana. Second Sunday of the month 9am-1.30pm. Enquiries: Jo 0412 630 518.

MYPONGA MARKET: Main Road, weekends & public holidays Sun 9.30am-4pm. Art, books, toys, leatherwork, records, vintage bric-a-brac, waffles and gelato. Enquiries: Ryk 0405 235 243

NORMANVILLE FARMERS MARKET: Held at the town centre Main Road on the first Saturday of each month from 9am-1pm. Great stalls and wonderful family atmosphere.

PORT ELLIOT ROTARY MARKET: First & third Saturdays of the month at Lakala Reserve, Young Street, Port Elliot from 9am-2pm. Wonderful food, fresh produce and homemade clothing and crafts.

STRATHALBYN MARKET: Next to Gilberts Motor Museum in High Street, Strathalbyn third Sunday of the month 8am-3pm. Local produce, bric-a-brac, crafts, plants, jewellery, trash-and-treasure stall.

VICTOR HARBOR BEACHSIDE MARKET: Esplanade, Soldiers Memorial Reserve second & fourth Sundays of the month 9am-4pm.

VICTOR HARBOR INDOOR CREATIVE CRAFT MARKET. Senior Citizens Hall, diagonally opposite the Farmers Market first Saturday of the month from 10am to 3pm. 8552 7081.

VICTOR HARBOR FARMERS MARKET: Fresh produce at Grosvenor Gardens, Torrens St every Saturday from 8am-12.30pm. Enquiries: 0438 858 667.

WILLUNGA FARMERS MARKET: This nationally-acclaimed market will be held at the Willunga High School grounds every Saturday. Enquiries: 8556 4297 or Jeni 0411 049 570.

WILLUNGA QUARRY MARKET: Buy local produce, gifts and search for bargains. Aldinga Road, every second Saturday 8amnoon. Contact Rob Hall 0408 897 393.

WILLUNGA ARTISANS & HANDMADE

MARKET: Second Saturday of each month 9am-1pm. A curated market showcasing local art and handmade goods. Willunga Show Hall, Main Rd, Willunga.

YANKALILLA CRAFT & PRODUCE MARKET:

Quality stalls & fresh produce at the Agricultural Hall, Main South Rd, Yankalilla every third Saturday of the month 9am-1pm. Contact Judy 0411 287 201 or Mattie 0447 044 721.



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e: victorharbor@tyrepower.com.au www.victorharbortyrepower.com.au

Crossword

42 Evergreen Across shrub 3 Ship's small 44 Dairy room product 7 Tree 45 And not 10 Wise 46 Weapon counsellor 47 Within the 11 Birds 12 Very bright 48 Passionate 13 Cover 49 Weary 15 Lifts up 50 Dissolves 16 Divide into two parts Down 17 Put back 1 Comes forth 19 Ordain 2 Point out 22 Wards off 3 Concealed 25 Location 4 Get up 26 Handled 5 Blockhead 28 Equipment 6 Indicate assent 30 Ceremonial act 7 One who gives credit to 32 Seal of large 8 Egyptian size

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			47						48					
49						50								



goddess

9 Interruption

14 Expensive

34 Deep sleep

36 Wait on

38 Speak

18 Slow mover 20 Period of darkness 21 Stop 23 Decree

24 Motif 27 Concerning 29 Given up 31 Reeled 33 Mine entrance

35 Takes into custody 36 Way of viewing

37 Counterpart 38 Conducts to seats

40 Nimble 41 Brilliance of

success 43 Field mouse

46 Male sheep

PUZZLE **ANSWERS** P25



An All Australia **FOCUS Word Game**

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

FOCUS

TODAY'S Good: 10 words Very good: 15 words Excellent: 25 words

Alfakodo

Α	I-B	8
В	N-B	
С	J-O	
D	T+V	
E	O+L	
F	Q÷T	5
G	J-V	12
Н	L+C	
ı	S-A	17
J	A+D	
K	C-E	
L	D÷P	
М	W+A	
N	V+A	
0	G÷P	6
Р	B-L	
Q	H-K	
R	W+E	
S	М+О	
Т	Q-C	4
U	L-O	
٧	P+A	
W	P+B	
X	V+C	
Υ	E+A	
Z	T+W	

The aim of the puzzle is to allocate a number from 1-26 (right-hand column) to a letter of the alphabet (left-hand column), using the mathamatical equations and clues provided. Only one number can be allocated to one letter. You can work out the numbers by using those letters that have numbers provided. For example in this puzzle (A) is worth 8 and (I) 17, so (S) must be worth 9. Anywhere there is an (S) it is worth 9 and so on.



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The Australia Day Quiz



1. Which Australian band holds the record for playing to the biggest crowd ever at a concert in Australia?

- (a) INXS
- (b) Midnight Oil
- (c) The Seekers

2. Broadcasting company SBS stands for:

- (a) Special Broadcasting Service
- (b) Special Broadcasting Station
- (c) Select Broadcasting Service

3. Curtin University is located in which Australian city?

- (a) Canberra
- (b) Perth
- (3) Melbourne

4. What is the highest-grossing Australian film of all time at the Australian Box Office?

- (a) Crocodile Dundee
- (b) Babe
- (c) Mad Max Fury Road



5. The Hairy Nosed Wombat is the mammal emblem of which Australian state?

- (a) New South Wales
- (b) South Australia
- (c) Victoria

6. Which of the following cities is not a 'sister city' of Adelaide?

- (a) Himeji, Japan
- (b) Christchurch, New Zealand
- (c) Kingston, Jamaica

7. The quandong is native to Australia and is a:

- (a) vegetable
- (b) fruit
- (c) nut

Answers P25: Dinky-di Aussie 30-34 correct; Real Aussie 20-25; Great Aussie 10-20; Martian 0-10.



8. Who was the last Australian to win an Australian Open singles tennis championship?

- (a) Pat Cash
- (b) Mark Edmondson
- (c) Chris O'Neil

9. In what year was the opening of the Adelaide Festival Centre?

- (a) 1973
- (b) 1978
- (c) 1984

10. Extreme heatwaves are a major threat to the Great Barrier Reef, causing the whitening of coral... known as what?

- (a) lightening
- (b) fading
- (c) bleaching

11. The South Australian Film Corporation was established by the SA Government in 1972 under which Premier?

- (a) Steele Hall
- (b) Des Corcoran
- (c) Don Dunstan

12. Vivid – a Light, Music & Ideas Festival – is held annually in which Australian city?

- (a) Brisbane
- (b) Hobart
- (c) Sydney

13. Which team did Australia defeat in the 2021 men's ICC T20 World Cricket Cup Tournament?

- (a) Pakistan
- (b) New Zealand
- (c) India

14. Scientists have discovered adding this additive to cattle feed can significantly reduce methane gas emissions.

- (a) sov
- (b) seaweed
- (c) rye grass

15. Which member of *The Wiggles* left the group at the end of 2021?

- (a) Emma Watkins (yellow)
- (b) Simon Pryce (red)
- (c) Anthony Field (blue)

16. Which city will host the World Cup of women's basketball this year?

- (a) Adelaide
- (b) Brisbane
- (c) Sydney

17. Scott Cam hosts which Australian reality TV show?

- (a) The Bachelor
- (b) The Block
- (c) My Kitchen Rules

18. The TV series *Big Little Lies* was based on a novel written by which Australian author?

- (a) Liane Moriaty
- (b) Kate Grenville
- (c) Di Morrissey

19. What is a baby echidna called?

- (a) a pug
- (b) a piggle
- (c) a puggle



20. By what Christian name was singer Kylie Minogue born?

- (a) Karen
- (b) Kristen
- (c) Kylie

21. Who won Australia's first-ever Winter Olympics Gold Medal?

- (a) Steven Bradbury
- (b) Torah Bright
- (c) Alisa Camplin

22. Australian soccer player Sam Kerr plays for which Women's English Premier League club?

- (a) Chelsea
- (b) Arsenal
- (b) Manchester United

23. The Museum of Old and New Art (MONA) is located in which Australian city?

- (a) Hobart
- (b) Canberra
- (c) Brisbane

24. Australian scientist David Warren is best known for inventing and what?

- (a) Internal pacemaker
- (b) Power steering
- (c) Black Box flight recorder

25. Who is the only person to have been awarded both the Young Australian of the Year and Australian of the Year titles?

- (a) Jessica Watson
- (b) Cathy Freeman
- (c) Ian Thorpe

26. Who was Australia's men's Test cricket captain before Steve Smith?

- a) Shane Watson
- b) Ricky Ponting
- (c) Michael Clarke



27. Who is the man who appears on the Australian \$10 note?

- a) Banjo Paterson
- b) Sir Douglas Nicholls
- c) Sir Charles Kingsford Smith

28. What part of South Australia would you find Mount Misery?

- a) Eyre Peninsula
- b) Adelaide Hills
- c) Flinders Ranges

29. When did television first come to South Australia?

- a) 1956
- b) 1957
- c) 1959

30. What is the highest point of South Australia?

- a) Mount Woodroffe
- b) Mount Lofty
- c) Mount Morris

31. Who won the last Gold Logie Award in 2019?

- a) Grant Denyer
- b) Tom Gleeson
- c) Ellie Parker

32. When was the current Parliament House officially opened in Canberra?

- a) 1986
- b) 1987
- c) 1988

33. A pardalote is an Australian...

- a) reptile
- b) bird
- c) fish

34. In the song Waltzing Matilda written by Banjo Patterason what do the title words mean?

- a) A person named Matilda dancing
- b) A campfire by a river
- c) Walking with a swag







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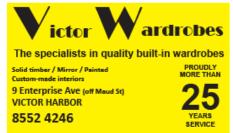


Seafood



Wardrobes





Puzzle & quiz answers

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FOCUS: flew FLYWEIGHT thew thewy twig weft weigh weight weighty welt wetly whet whey while whit white whitely wife wifely wight wile wilt wily with withe

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18	6	2	20	24	25	4	1	10	11	26	21	15

Australia EDay Quiz answers: 1c; 2a; 3b; 4a; 5b; 6c; 7b; 8c; 9a; 10c' 11c; 12c; 13b; 14b; 15a; 16c; 17b; 18a; 19c; 20c; 21a; 22a; 23a; 24c; 25b; 26a; 27a; 28b; 29c; 30a; 31b; 32c; 33b; 34c.

On the brighter side...

Casket case

A man is walking home alone late one foggy night behind him he hears the sound of bump, bump, bump. Walking faster, he looks back and through the fog he makes out the image of an upright casket banging its way down the middle of the street toward him. Bump, bump, bump...

Terrified, the man begins to run toward his home and the casket is bouncing quickly behind him. The bump, bump, bump goes faster. He runs up to his door, fumbles with his keys, opens the door, rushes in, slams and locks the door behind him.

However, the casket crashes through his door, with the lid of the casket clapping. It goes clappity-bump; clappity-clap, bump, bump, bump.

The man is really terrified now. He rushes upstairs into the bathroom. His heart is



pounding, his breath is coming in sobbing gasps. With a loud crash, the casket breaks down the door, bumping and clapping toward him. Bumpty-bump and clappity crash it goes. The noise is deafening. The man believes he is going to die and this is his casket making these horrible noises. The man screams and reaches for something, anything... all he can find is a box of cough drops. Desperate, he throws the cough drops at the coffin.... and the

Time out

coffin stops.

It was two o'clock in the morning and a husband and wife are asleep when suddenly the phone rings.

The husband picks up the phone and says: "Hello?... how the heck do I know? What am I, the weather man?"

He promptly hangs up and the wife asks: "Who was that?" And he says: "I don't know... some guy wanting to know if the coast is clear."

Don't be late

It's 6.10am and a young bloke from Goolwa is about to start his apprenticeship as a carpenter. He rings his boss, wakes him up and says: "I'm on the train now and I'm heading towards the city."

The boss is angry. He says: "Why on earth have you woken me up and why did you drive all the way to Seaford and catch the 6.05 train going to Adelaide?"

And the lad says: "You told me to be in Brighton early in the morning and it's the next stop."

NEWS UPDATE

SCIENTIST WHO
INVENTED
DOOR-KNOCKER
AWARDED
NO-BELL PRIZE

Kiss'n make-up

A husband and wife go to a counsellor after 15 years of marriage. The counsellor asks them what the problem is, and the wife goes into a tirade, listing every problem they have ever had in all the years they've been married. She goes on and on and on. Finally, the counsellor gets up, goes around the desk, embraces the woman, and kisses her passionately. The woman shuts up and sits quietly in a daze.

The counsellor turns to the husband and says: "That is what your wife needs at least three times a week... can you do that?" The husband says: "I can bring her in on Monday and Wednesday, but on Friday I play golf."

Boom, boom...

A distraught senior citizen phones her doctor's office. "Is it true, is it true... I need





Man breaks into a house and steals soap, shampoo, deodorant and toothpaste. Victor Harbor police report that he has made a clean getaway.

to know that the medication you prescribed has to be taken for the rest of my life?"
The doctor says: "Yes, I'm afraid so, but there's no need to worry."

The old lady screams: "Don't worry! The prescription is marked 'no refills'."

A young actor has just finished five years of theatre study and after two years looking for work he goes home and says to his dad: "I've just got my first part in a play... I play the part of a man who has been married for 30 years."

And his dad says: "Stick at it son, maybe one day you will get a talking part."

Take note of this...

With a very seductive voice the woman whispers to her husband: "Have you ever seen twenty dollars all crumpled up?" Her husband says: "No."

She gives him a little smile, moves closer to him and pulls out a \$20 note from beneath her silky top. She shows it to him, and smiles

ever so sweet again.

The wife asks him: "Have you ever seen fifty dollars crumbled up?" He says: "No."
She gives a wicked smile this time and pulls out a crinkled \$50 note. She asks again: "Have you ever seen 50 thousand dollars crumbled up?" He says: "No."

And she says: "Well, look in the garage."

Car pool

A wife says to her husband: "Darling, there is trouble with the car... it has water in the carburetor."

The man says: "Oh sweetheart, you don't even know what a carburetor looks like. Water in the carburetor? That's being ridiculous. I'll check it out... where's the car?"

And the wife says: "In the pool."

Dad jokes...

Why does a tiger have stripes? So he won't be spotted.

Why do sharks live in salt water? Because pepper makes them sneeze.

Why did the cow jump over the moon? Because the farmer had cold hands.

Why do giraffes have long necks? Because they have smelly feet.

What did the farmer count his cows with? A cowculator.

Where do American cows come from? Moo York.

Why did the archaeologist cry? His career was in ruins.

What do postal workers do when they're mad? They stamp their feet.

Why did the cat sit on the computer? To keep an eye on the mouse.

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Tickets: adults \$16, concession/students \$14, seniors/children \$13 - check out the dinner-movie deals



Sing 2

(PG) Animation, adventure, comedy starring Scarlet Johannson, Reese Witherspoon, Taron Egerton. Directed by Garth Jennings. Buster Moon and his friends must persuade reclusive rock star Clay Calloway to join them for the opening of a new show.

Commences December 26.

Clifford the Big Red Dog

(PG) Animation, adventure, comedy starring Darby Camp, Sienna Guillory, Jack Whitehall, John Cleese. Directed Walt Becker. A young girl's love for a tiny puppy named Clifford makes the dog grow to an enormous size. Based on the popular children's book by Norman Bridwell.

West Side Story

(M) Crime, drama, musical starring Rachel Zegler, Ansel Elgort, David Alvarez, Ariana DeBose. Directed by Steven Spielberg. An adaptation of the 1957 musical, West Side Story explores forbidden love and the rivalry between the Jets and the Sharks, two teenage street gangs of different ethnic backgrounds.

Ghostbusters: Afterlife

(PG) Comedy, f antasy starring Paul Rudd, Finn Wolfhard, McKenna Grace, Carrie Coon. Directed by Jason Reitman. When a single mum and her two kids arrive in a small town, they begin to discover their connection to the original Ghostbusters and the secret legacy their grandfather left behind.

The Addams Family 2

(CTC) Comedy, adventure, animated starring Oscar Isaac, Charlize Theron, Chloe Grace Moretz, Bette Midler. Directed by Greg Tiernan, Conrad Vernon, Laura Brousseau. Everyone's favourite spooky family is back in this animated comedy sequel. We find Morticia and Gomez distraught that their children are growing up, skipping family dinners, and totally consumed with "scream time". To reclaim their bond they decide to cram Wednesday, Pugsley, Uncle Fester and the crew into their haunted camper and hit the road for one last miserable family vacation. Commences January 6.

The French Dispatch

(M) nudity, sexual references, coarse language & drug use. Comedy, drama, romance starring Benicio del Toro, Frances McDormand, Adrien Brody, Timothée Chalamet, Léa Seydoux, Tilda Swinton, Owen Wilson, Bill Murray, Liev Schrieber, Elisabeth Moss, Edward Norton, Willem Dafoe, Saoirse Ronan, Christoph Waltz, Angelica Huston. Brings to life a collection of stories from the final issue of an American magazine published in a fictional 20th-century French city. Commences January 6.

The Matrix Resurrections

(CTC) Action, sci-fi starring Keanu Reeves, Carrie-Anne Moss, Neil Patrick Harris. Directed by Lana Wachowski. From visionary filmmaker Lana Wachowski comes "The Matrix Resurrections," the long-awaited fourth film in the ground-breaking franchise that redefined a genre. The new film reunites original stars Keanu Reeves and Carrie-Anne Moss in the iconic roles they made famous, Neo and Trinity. **Commences January 13.**

Spencer

(CTC). Biography, drama starring Kristen Stewart, Timothy Spall, Jack Nielen. Directed by Pablo Larraín. During her Christmas holidays with the royal family at the Sandringham estate in Norfolk, England, Diana Spencer, struggling with mental health problems, decides to end her decade-long marriage to Prince Charles. Commences January 26.

The King's Man

(15+) Action, adventure, comedy starring Ralph Fiennes, Gemma Arterton, Tom Hollander, Djimon Hounsou. Directed by Matthew Vaughn. As a collection of history's worst tyrants and criminal masterminds gather to plot a war to wipe out millions, one man must race against time to stop them. **Commences January 27.**

Queen Bees

(CTC) Comedy, drama, romance starring Ellen Burstyn, Jane Curtin, Loretta Devine. Directed by Michael Lembeck. After reluctantly agreeing to move in to a senior's home, a woman encounters a clique of mean-spirited women and an amorous widower. Commences January 27.

COVID19 RESTRICTIONS: A mask must be worn for the duration of the movie except when eating/drinking. Please check in with the QR code upon arrival.





50 FLAVOURS

- 1. Banana
- 2. Banoffee
- 3. Boysenberry Twist
- 4. Bubble Gum
- 5. Chocolate Obsession
- 6. Choc Orange
- 7. Cookie Dough Choc Chip
- 8. Cookies & Cream
- 9. Ginger
- 10. Green Tea
- 11. Hokey Pokey
- 12. Honey Comb Crunch
- 13. Irish Cream & Almonds
- 14. Liquorice
- 15. Macadamia
- 16. Mango Magnificent
- 17. Milk Chocolate
- 18. New York Chunky Choc
- 19. Nutty Ella
- 20. Old English Toffee
- 21. Passionfruit
- 22. Pecan Caramel
- 23. Peppermint Chip
- 24. Rainbow
- 25. Rocky Road

- 26. Rock salt Caramel
- 27. Rum N Raisin
- 28. Stairway To Heaven
- 29. Strawberry Summer
- 30. Toffee Choc Smash
- 31. Vanilla Bean
- 32. Vanilla Choc Fudge
- 33. Vienna Coffee
- 34. Watermelon
- 35. White Choc Raspberry
- 36. Blood Orange
- 37. Choc Peanut Caramel
- 38. Choc Raspberry
- 39. Creme Caramel
- 40. Fig & Mascarpone
- 41. Lemon
- 42. Italian Pistachio
- 43. Fruits of The Forest Sorbet
- 44. Green Apple Sorbet
- 45. Lemon Lime Sorbet
- 46. Mango Sorbet
- 47. Strawberry Sorbet
- 48. Raspberry Sorbet
- 49. Chocolate (coconut milk)
- 50. Vanilla (coconut milk)

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Sweet & Tangy Coleslaw

Delicious as a side salad, or eaten on its own!

Ingredients

1/2 green (or red) cabbage

2 medium carrots

2 apples

2 tsp lemon juice

50g roasted & diced almonds

4 tbsp sesame seeds

Dressing

2 tbsp olive oil

2 tbsp honey

3 tbsp white wine vinegar

salt to taste

black pepper to taste



Method

Place the dressing ingredients in a bowl and whisk together using a hand whisk or fork. Refrigerate until ready to use.

Heat a frypan on medium heat. Add sesame seeds to the dry pan and cook for about 3 minutes, or until sesame seeds begin to turn slightly golden, stirring occasionally (do not overcook). Transfer toasted sesame seeds to a heatproof bowl to cool.

Remove the outer leaves of the cabbage. Cut the half-cabbage in halves and cut the core from each piece. Using a

knife, cut each piece into thin shreds. Alternatively use a food processor with a slicing attachment to slice the cabbage. Wash, peel and coarsely grate the carrots.

Rinse the apples in cold water and dry with paper towel. Cut each apple into quarters (peel can be left on). Remove core. Thinly slice each quarter, then chop into small pieces. Place in a bowl, add lemon juice and stir to coat.

When ready to assemble, combine shredded cabbage, grated carrot, chopped apple, toasted sesame seeds and roasted and chopped almonds in a large bowl. Toss to combine. Add half the dressing

and stir to coat. Add additional dressing until desired serving consistency and taste is achieved.

Note: Salad is best assembled on the day or serving. Add dressing just prior to serving. Cabbage and carrot can be prepared the day before and stored in the refrigerator in a resealable bag or container. Sesame seeds can be pre-toasted, and dressing made and refrigerated in advance. Apple is best prepared on the day of serving. Almonds can be bought already roasted and chopped, or you can buy natural almonds and chop and roast them yourself.



Spinach & Bacon Cob Dip

Ingredients

250g frozen spinach, thawed

2 cups sour cream

250ml tub Philadelphia Light Cooking cream cheese

30g packet Spring Vegetable Soup mix 1 cup grated Swiss cheese (or tasty cheese)

½ cup whole egg mayonnaise½ cups diced bacon piecesground salt & pepper to season½ cup finely sliced & chopped spring onion

1 cob loaf*

Method

Using clean hands, squeeze the spinach to remove water. Pre-cook bacon pieces by placing on a plate lined with paper towel and microwaving on high for 1 minute; or brown in a pan on stove top.

Place the spinach and slightly cooled bacon pieces in a blender or food



processor, with the remaining ingredients - except the spring onion and cob loaf – and blend for about 15 seconds, or until ingredients are combined.

Transfer mixture to a bowl and stir through spring onion. Refrigerate until ready to prepare dip.

When ready to serve:

Pre-heat oven to 170°C. Using a bread knife (or serrated knife), slice the top off the cob. Scoop the bread from the remaining loaf, leaving about a 2cm edge. Cut the scooped-out bread and the 'lid' of the cob into dipping-sized chunks. Place the cob and the bread pieces on a baking tray lined with baking paper and bake

at 170°C for15 minutes, or until bread is crisp.

Heat the spinach filling in the microwave for 1 minute on high (or on stove top) until heated through and cheese has melted. Remove cob from oven and pour the warm filling into the cob. Serve with crisp bread pieces.

Note: *Cobs can vary in size. This recipe makes the larger cob – for a smaller cob halve the filling ingredients. The 'cooking' light cream cheese works well in this recipe, but standard light cream cheese is also suitable. The filling can be prepared a day ahead and stored covered in refrigerator.



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