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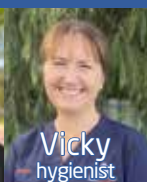
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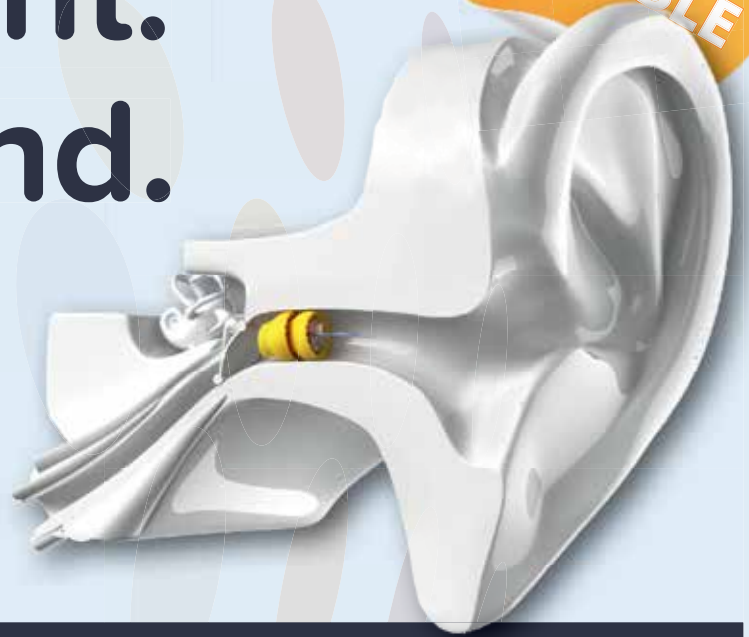
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MY HEARING
LIFE SOUNDS GREAT

It's Melbourne Spring Carnival time in the lead-up to the Lexus Melbourne Cup. But it's not always easy for a jockey... we talk to local apprentice Maggie Collett pictured right at Goolwa Beach alongside Tracy Cox and Kristo Sardelic. **P10: FULL STORY**



October



It's Dogtober – Assistance Dogs Month – and these marvellous trainers and supporters of Royal Society for the Blind and their assistance dogs recently met to celebrate the occasion – and as a tenth birthday party for the King. We're talking about Elvis, of course, a beautiful golden retriever pictured with his owner Sue Armstrong (second from left), and other trainers/carers (from left) Lynette Ackland, Yvonne Woodman and Tom Ammann with their respective then 11-week-old labradors from the same litter Steffi, Syd and Spencer. **P4: FULL STORY**



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Thank you

After recent major surgery a number of people sent their best wishes, and overall an understanding why we were unable to produce a September edition of Coast Lines. It was sincerely appreciated. Everything went as well as could be expected with the surgery. *Ashley*

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ELVIS LIVES AND HIS BAND PLAYS ON

It was 60 years ago that Elvis recorded *Can't Help Falling in Love*, and it summed up the moment when his namesake, a golden retriever assistance dog met Steffi, Syd and Spencer at his recent tenth party at Victor Harbor.

But please, don't even think that these adorable pups being trained for the Royal Society for the Blind program are *Nothin' but a Hound Dog* as the King of Rock also sang. They are pure bred labrador pups – livelier than Elvis the rocker ever was on the strips of Vegas.

This lab meeting was also about *Dogtober*, part of a wonderful promotion by the Assistance Dogs Australia which trains and places unique dogs in unique situations – supporting people with a physical disability, autism or post-traumatic stress disorder (PTSD) as well as providing a range of services to their families. Many of our Iraq and Afghanistan veterans have had their quality of post-war life strengthened by these dogs; it is an immensely powerful program.

Sue and Syd Armstrong, the doting owners of Elvis, were the first on the Fleurieu Peninsula to be part of the RSB guide dog operation in 2011. At first, our south coast was considered by RSB as being too far away when it came to the carers meeting commitments including occasional training sessions at the organisation's metropolitan headquarters, but now welcomes others in the region to also continuously support this crucial program.



Our Elvis seemed to be ageing gracefully while his young and playful lab friends played to their hearts were content.

As all of the owners concurred at this lab party, they love these labradors and feel enormous pride and satisfaction knowing that the assistance dogs they are caring for and training are having an enormous impact on the lives who need them.

Sue said that when they first had Elvis it was quite a novelty as they walked him around the town decked out with his special purple vest symbolising he was a RSB dog.

"People would ask, 'oh, can we pat the puppy?', and we'd have to say 'no, please don't touch because it's part of his training'," Sue said.

"Everyone knew of us when we walked into the Victor Central Shopping Centre. 'Here comes Elvis, we'd hear them say (and probably later 'Elvis has left the building'). 'It got to the stage when people couldn't stop asking whether Elvis had mated yet, so I said I'd wear a bow tie that lit up when he did to let them know that he had done his job. It caused a real stir, and such a disappointment when the RSB said they weren't going to continue breeding with him. It meant we couldn't take him in there anymore because he couldn't wear the

purple vest."

RSB is South Australia's leading guide dog provider with 189 dogs successfully graduating from its program and being partnered with a blind or vision impaired client.

The organisation recently celebrated nine dogs graduating as Class of 21 – with all names starting with an 'S' including the adorable – and definitely playful and intelligent – Steffi, Syd and Spencer. Visit:

www.rsb.org.au

Assistance Dogs Australia, founded in 1996, notes that each of its dogs costs \$40,000, which includes everything from purchasing a puppy to food, vaccinations, training and placement. They are provided free of charge to those in need. Visit: **www.assisteddogs.org.au**

Dogtober is about acknowledging the crucial role assistance dogs provide in the community, and a timely reminder for everyone to be kind to dogs. As Elvis, the King of Rock, sang: *Love me tender, Love me true...* Gawd, that's showing one's age, just like our own Elvis, the King of Victor.

DAYLIGHT SAVING

Daylight saving starts the weekend of October 2-3 so turn your clocks **FORWARD one hour**.

It marks the 50th anniversary that South Australia adopted a return to daylight saving since 1917 during WWI. Tasmania was the first state to have DLS in 1916.

ACT, NSW, Victoria and Tasmania will also have daylight saving from October 2-3, but NT, Queensland and WA will not. It will end Sunday, April 3, 2022.



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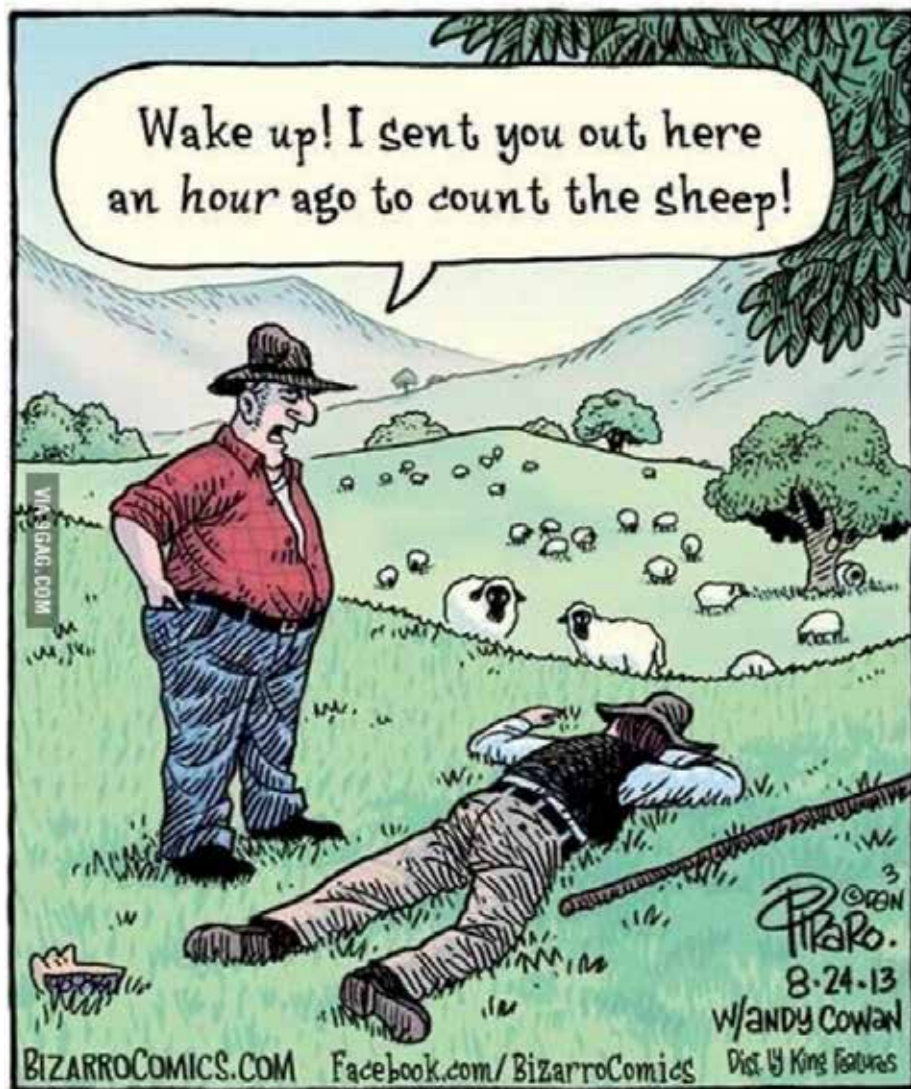
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YOUR MAGAZINE

CELEBRATES 10 YEARS

We celebrated the tenth year of producing Coast Lines during September. Heartfelt appreciation is extended to our advertisers, those who take the magazine for their clients or customers, were part of our stories and allowed us to enter their lives, and especially our readers. Your support has been amazing.

Our first 38 editions were fortnightly, and this current October edition is No. 138. Incredibly, Allan Tonkin of Tonkin's Sports and Andrew Kies of Home Timber & Hardware have advertised in every edition, and if it weren't for their support and that of others in the early days we could not have continued publishing. There have been many other incredibly loyal advertisers along the way, and again we also sincerely thank them.

For most part Coast Lines was printed by SA Design & Print, and it was only a change with its printing format that we switched to Finsbury Green last year. Thanks to Geoff

McRostie at SAD&P, and to Paul Wallis and the brilliant team at Finsbury Green. Also, special thanks to Todd McMahon, who over the years assisted us with brilliant designing. One cannot thank Jenny, alias Mrs Eatwave, enough for her amazing support, hard work and tolerance especially when the deadlines were tight. No one would believe how much effort she has put into presenting more than 400 recipes along this journey. Of course, one had to taste them first.

Unfortunately, the jokes haven't got any better along the journey – they have remained lame as ever.

And what edition do we believe will be remembered as the best? We hope the next one. Thank you so much.

Cheers, Ashley

GREAT EFFORT

Our first cover (pictured) for our September 15-28, 2011 edition featured the Great Southern Netball Association A-grade premiership team Victor Harbor, and 10 years later the girls are premiers again. Well done to the



players and their coach Pauline Edwards. They lost only won game for the season, against Willunga 68-53 in the opening round, and beat Willunga in the final at Strathalbyn 68-53. (Two matches were cancelled during the season because of COVID).

This was the 15th successive season Victor Harbor had played in the grand final for 10 premierships including five of the past six – an amazing effort – and members of this latest winning team also deserve recognition starting with goal shooter Di Johns and wing attack Alicia Montgomerie who played in all 15.

Goal attack Amanda Martin won the GSNA best & fairest award, was in the Team of the Year and was named Best on Court in the grand final. Centre Tanya Forbes, 15, was named as a Rising Star Talent for the association and also played in the club's Inter 1 premiership team.

Laura Chigwidden (WD), Kelly White (GD) and Taylor McKinnon (GK) made up this outstanding team and obviously were also superb. Of the seven girls, four were new to the league team and all seven are expected to line-up with Victor Harbor again next season. 🌈

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TIME TO GET ON YOUR BIKE FOR THE KIDS

We will hopefully see thousands of cyclists in jerseys like the one Dennis Shanahan of McLaren Vale is wearing (right) throughout October. It represents the Great Cycle Challenge, raising much-needed funds for childhood cancer.

This is the ninth year of the national event with riders setting their own targets to ride – there is no minimum – and Dennis has been preparing for his fifth challenge set at 1234km. Why this number? “It’s easy to remember,” he said. “And it reminds everyone it’s easy to get involved or donate to the great cause.”

Dennis said he became involved because he was moved by reading stories about the challenges facing the parents and that of their children with cancer. “I also had a friend whose child was diagnosed with cancer and had to go through treatment last year,” he said. “Reading social media was also enough for me to get involved. “Everyone can help, absolutely. The more the word is spread out there in social media by sharing or doing fundraising the



better. I work with a school and we have had kids helping with the fundraising... they have felt part of it, and it has allowed them to understand what this challenge

is for. They’re not only helping with the fundraising, but doing the talking with the parents and that has been special. The parents have been so supportive, and I cannot thank them enough.

“Wearing this jersey while riding so many people have given me a wave or stop me to say hello and talk about the cause. I definitely get goose bumps when I am out riding and see people; this cause is so special.”

Dennis, a father of three, has been riding about 150km a week as part of his preparation. “I had a few friends who got me into cycling and I love it,” he said.

“As you get older you can’t play those contact sports any more so it’s perfect and it keeps me fit at the same time.”

This program has already seen 79,047 riders across Australia ride 21,424,695km over the past eight years, and raised \$27,141,846 in support of research to develop better treatments and find a cure for childhood cancer. Visit: greatcyclechallenge.com.au And, if you are able, you can also get on your bike and help the kids. You may support Dennis in his 1234km challenge by visiting: <https://greatcyclechallenge.com.au/Riders/DennisShanahan1>



Pennington Bay, Ki. Credit: David Forman, Seirio



Pichi Richi Railway, Credit: Peter Fisher

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A MOST ALLURING EXHIBITION AT ARTWORX

After being a part of a stunning SALA Festival in August, Belinda Seymour and husband Steve Allen are again showcasing some of our finest artists in a special group exhibition *Allure* in their Artworx Gallery & Gifts in Hays St, Goolwa from October 17-November 6.

The three-week exhibition will feature all new works – painting, ceramic art and glass art. It will be opened by guest speaker Luisa Stocco, an art therapist, who among many things has for the past six months



assisted the not-for-profit Hospital Research Foundation Group by using art to help countless people working in public health to get through the psychological pressures

brought upon by COVID-19.

And, of course, the *Allure* opening is planned with provision for COVID regulations permitting at the time. New paintings will be exhibited by Donna Chess, Sally Deans, Linda Forrester, Elisabeth Howlett, Katrina Linn, Terry MacDermot and Nicole Pascal. Helen Bonica will present her latest ceramic art creation, while Rebecca Hartman-Kearns will exhibit her new glass art. Adding to the occasion will be a *Welcome to Country* by brilliant Ngarrindjeri artist Amanda Westley. Visit:

www.artworxgallery.com.au

Image (left): *Allure* exhibition entry *Big Fat Wattle* by Linda Forrester (oil on canvas).

YOU WOULD READ ABOUT IT

The wonderful Normanville-based Books & Words Group is also celebrating its tenth anniversary – on October 11.

The group was founded when a group of 33 like-minded individuals organised and promoted literary events in the district. The original organising committee included Lorraine McLoughlin, Kerry Rochford, Jill Langford, Janice High, Louise Allstrom, Jude Bonell, Susan Oliver, Ineke Hill, Sue Curran and Jacqui Salkeld.

The Books & Words Group will have its AGM at the Normanville Hotel from 5pm, and chairman David Panter is inviting everyone to attend and become a member. Further information: booksandwordsgroup@weebly.com or booksandwordsgroup@gmail.com

HELPING THOSE IN NEED

Technology for Ageing and Disability (SA) is a volunteer-driven organisation that for 43 years has helped those with challenges to lead a better independent life by assisting them with their mobility equipment.

The group now plans to offer help in the region starting with an information session for those in need, and in many cases their carers at The Encounter Centre, Armstrong Road, Victor Harbor on Tuesday, October 12 from 10am-noon.

Volunteers of TADSA may assist with the modification of equipment for various needs including mobility, transport, eating, drinking, communicating, sport and recreation.

To register (including morning tea) call 8552 2995. Visit: admin@tadsa.org.au

STITCH IN TIME

Members of the South Coast Branch of the Embroiderers' Guild of SA are busy preparing for their biennial exhibition *Stitching by the Sea* in the Goolwa Anglican Church Hall, Crocker St (off Cadell St) Goolwa from November 6-7 from 10am-4pm.

The South Coast Branch, one of 10 from the country within the Embroiderers' Guild, meets in the Founders' Pavilion at the Port Elliot Showgrounds, Cameron St, Port Elliot every second and third Thursday of the month from 10am-2pm.

On the third Thursday various embroidery techniques are taught during mini-workshops. New members and visitors are welcome to join – call 0428 994 067 or visit www.embguild.org.au



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South Coast Jazz Festival, Goolwa, October 15-17



BLOW YOUR TRUMPET. ALL THAT JAZZ IS COMING TO BACK TO GOOLWA

The hills across the Fleurieu Peninsula were really going to be alive with the sound of music in the coming weeks with the Fleurieu Folk Festival at Willunga and Port Noarlunga Blues Festival, but regrettably both have been cancelled because of COVID19.

But don't despair, there's still all that jazz... the South Coast Jazz Festival presented by SA Jazz Festivals is going ahead as planned in Goolwa from Friday, October 15-Sunday, October 17. It has received tremendous support from Alexandrina Council, Southern Jazz Club, Bendigo Bank and the Goolwa Ukulele Group.

Event co-ordinator Mel Hopgood said that organisers would only accept people into the jazz venues wearing a 'delegates badge'. It is a South Australian event only, and the relevant COVID restrictions during the three days will apply.

This is the second jazz festival of its kind here after last year's event was cancelled because of COVID19, and once again a feature will be rolling along on a SteamRanger carriage on Sunday with jazz musicians entertaining festival ticket holders in competition with the 'clickety-clacks'. Brilliant.

More than 50 jazz performers in 20 bands are expected to give Goolwa a small taste of New Orleans during the three days.

The complete format of the event including some ticket prices could not be finalised earlier as planned due to the uncertainty of restrictions. However, all continuing to go well the festival will start at the South Lakes Golf Club, Goolwa with a cabaret featuring three bands and a three-course meal from 6-10pm.

Alexandrina Mayor Keith Parkes will officially open the festival on the Saturday during a free public concert at Signal Point Gallery in the Goolwa Wharf Precinct. Sounds of jazz will also entertain with bands playing at Centenary Hall, South Coast Regional Art Centre, Signal Point Gallery and the Goolwa RSL Sub-Branch.

Come Sunday there will be jazz during a service at the Goolwa Uniting Church at 9.30am, plus bands in multiple venues and the Cockle Train throughout the day. Jazz lovers may register and purchase a weekend pass for all events – children 14 and under \$10, and adults \$55.

For further details and confirmation contact southcoastjazzfest@gmail.com or Mel Hopgood 0401 029 598.

Pictured above: Brilliant musicians among those who will appear at the South Coast Jazz Festival include (from left) Ian Bell, Thom Adkins and Jesse Murphy.

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Pictured: Life is a beach for these David Jolly runners during training at Goolwa (from left) Rock Harbour (Tracy Cox), Silver on Red (Kristo Sa

It's Melbourne Spring Carnival time... all the glam, bling, excitement and drama – COVID permitting – especially on Melbourne Cup Day, Tuesday, November 2. But thoroughbred racing is also about hard work, especially for apprentice jockeys like MAGGIE COLLETT, who has gone riding for Goolwa trainer David Jolly...

From dust bowls to surf & turf

STORY: ASHLEY PORTER

It's a brisk, to say the least, morning and Maggie Collett is preparing to ride thoroughbreds along the breathtaking Goolwa Beach for trainer David Jolly. Just another regular change from trackwork at Strathalbyn, it seems. Handlers loading a team of gallopers at his nearby Kessell Road stables, and come the crack of dawn they're galloping across a stretch of golden sand and wading through shoreline.

There's always a buzz this time of the year because we're into Melbourne's Spring Carnival mode highlighted by the Lexus Melbourne Cup, rated the world's greatest horse race; some say perhaps behind only the Kentucky Derby.

Maggie, 23, an apprentice jockey, couldn't hide the exhilaration on her face during these beach runs, but it had nothing to do with dreams of being like Michelle Payne, the first woman to ride a Melbourne Cup winner, in 2015, or South Australia's Jamie Kah, who this year became the first woman to win the Victorian Jockeys Premiership. If nothing else, their success challenges the notion in John Dryden's 1691 opera that horseracing is just the '*Sport of Kings*'.



rdelic) and Ideas Man (Maggie Collett).

This particular morning was special for Maggie because she was back in the saddle and ready for her first race ride in four months following a spate of injuries – again a story not unlike that of others in this incredibly risky and often tough business which tests the resolve of many. Maggie broke her coccyx going through a gate on Hard Ransome at Murray Bridge on January 26, and then dislocated her shoulder which required surgery riding the same horse at Morphetville Park less than a month later. Yet, Maggie describes this lightly-raced chestnut, known as 'Nugget', a quiet horse. "Just bad luck," she says. On April 11 she again broke the coccyx on Prince Saiyan at Port Augusta. "During a race you don't think about the danger or the possibility of falling," Maggie said. "There is too much adrenalin going through you. I have had a few falls and felt really sore afterwards, but you get back on another horse and you just love the thrill of the race." However, it is always the journey that makes these hoops – a quaint reference from national hunt racing in Great Britain because they just 'roll along' around a course – and our Maggie has to be admired for her pluck. She never came from a family in the

racing game in Yarraville, an inner western Melbourne suburb; the love of horses was simply within and she shone at the local pony club meets. "As a young girl I dreamed of being a jockey, but for a long time I always feared it would be too difficult," Maggie said. "Mum knew I wanted to be in the equine industry because I had success at a young age at the pony club and we always had horses growing up. I was rarely away from the horse scene." Maggie's passion led her getting a job as a strapper for trainer Chris Waller, and by chance race day at Moonee Valley in 2019 in the opposite stall was David Jolly and his truck driver Peter Vietch, better known as 'Bonesy'. "Bonesy started talking to me and said, 'oh, you should be an apprentice'," Maggie said. "I gave David a call a few days later and I went from there. My family was surprised a bit, but they always knew I had that love for horses. This was my dream, and my family, especially my mum, was extremely supportive. "I didn't want to leave home, but the opportunity to work for David was just so great.

Continued P12



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Above: Maggie Collett, and riding on the beach alongside Kristo and Tracy.



From P11

"I worked for David for 12 months before I was allowed to race... being from another state the SA Jockey Club wanted me to stay here to see whether I would get homesick and leave the jockey training program.

"There is hardly a day that I don't ring my mum (Denise) or my twin sister Lizzie, who is a strapper for Chris Waller, but I don't regret the move one bit. I've only just bought my own place at Finnis so I'm here to stay."

After 27 rides in trials Maggie earned her first ride on December 7, 2019. She was up at 4am again, working in the stables before catching a flight to Ceduna to ride aboard Auguster Rush, which finished third in a field of five, and Rocket Lyles, which ran last in a field of nine. It was late by the time she got back to Goolwa; welcome to a jockey's life.

"I remember that first ride as if it were

yesterday," Maggie said. "The trip was really exhausting, but I needed a race. I was prepared to go anywhere, and I still am.

"There have been days when I have got up at four and rode trackwork at Strath, had a shower there and then driven to the airport to get on a plane at six to Ceduna, Port Lincoln or wherever. I'd go straight to the racetrack and get home late."

There are few sports where men and women are generally not divided by strength alone; being at risk with every ride whether it be along Goolwa Beach or on racetracks from the hallowed turf at Flemington to South Australia's country dust bowls which, according to Maggie, still deliver their own level of thrill.

Maggie knows the racing game can be enormously challenging at times, but importantly from a female point of view she has never sensed a degree of sexism that

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“
Racing is more than just winning, but when you do there is nothing like it.”

– Maggie Collett, pictured with trainer David Jolly.

you may perhaps find in other sports and life in general.

“I genuinely believe there is a feeling of respect for female riders, and perhaps part of this is because there is no real advantage between being a male or female jockey,” she said. “We all have our own style – male jockeys are naturally stronger, but then a lot of the girls are naturally lighter. My natural riding weight is 50kg, which is lighter than many other riders.”

During Maggie's first 10 days as a jockey she spent 38 hours travelling 3328km from Goolwa to Ceduna, Murray Bridge and then to Port Lincoln and back for one win, on

With Gravy at Murray Bridge.

Now, almost 500 country rides later in less than two years Maggie has been to 14 other country tracks as far as Penong, which is 927km west, over to Kingscote on KI and across the border to Edenhope for 53 career wins.

Jolly's new apprentice Kristo Sardelic arrived from Western Australia recently with the same enthusiasm and excellent work ethic, and also found himself starting in a dust bowl, in Roxby Downs. It was his first ever ride in a race, on Lulu Design, which ran third earning its connections a paltry \$975. It can be a mean game, and there is no easy start for anyone.

For Maggie it became all worthwhile when she had her first-ever city ride, on The Raven at Morphetville Park a year ago later this month – and won. Her biggest win in the country was on Hansome Return (for trainer Will Clarken) in the Port August Cup.

“There is a big difference between riding in the country and the city,” Maggie said. “The horses are probably easier to ride in the city because they are of better quality. The track at Morphetville Park is different; the races are tighter and more competitive.

“When you get on the dirt tracks at some places in the country a lot of the horses race only six months of the year, and for most of them it's like a breaking-in session. In many ways it's the same for the riders; it's part of the learning process so the challenge can be greater.

“Having consistent rides at the big city tracks is years in the making; it certainly is for me right now. I finished school at 18, and

I wasn't racing until I was 21. It has been hard work, but I have loved every moment and been grateful for the opportunities from the trainers, especially David.

“Racing is more than just winning, but when you do there is nothing like it. I just love riding. I was on a high for weeks when I rode my first winner; I just couldn't believe it. Of course, it takes a lot of hard work and patience to get there, but it's also incredibly rewarding and there is a lot of support right from the top at the SAJC.”

Maggie can only dream of riding a Melbourne Cup winner, but she is not alone given that overall there are more than a thousand jockeys across the nation also up at four or five in the morning and between them risking their lives on the 31,659 thoroughbreds currently racing with 9579 yet to win a maiden at the 2694 annual meetings.

Come the biggest race of all the mug punters and once-a-year dabblers will have their wins and losses on the tote and sweeps and most will probably not think about what it took the jockeys to get there. That's racing in a nutshell, really, nothing but stats, form, bad luck yarns and the hard-to-come-by wins on the dust bowls to the grassed tracks along the way. And, of course, it's full of jockeys like Maggie Collett, a brilliant young rider who is a delightful person to go with it.

Our Cup tip? Colette, a five-year-old bay mare trained by James Cummings in Sydney. Pity they spelt it's name wrong. 🐾

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Draft Master Plan revealed for our iconic Goolwa Wharf Precinct

Community consultation is open from 22 Sep - 22 Oct 2021

Making the Goolwa Wharf a great place for people to visit.

A future vision for Alexandrina's iconic Goolwa Wharf Precinct has been revealed and the draft Master Plan will deliver on Council's vision to be "A place to experience a vibrant riverfront township enriched with culture and history."

What does the Master Plan propose?

The draft Master Plan provides a vision and framework for how the Goolwa Wharf Precinct may grow and develop over the long term to make it a place that is vibrant and active and showcases its many unique features, cementing this distinct destination as a great place to visit and spend time, for locals and tourists alike.

It celebrates and leverages the heritage of the Traditional Owners of the area as a special 'meeting of the waters' place for the Ngarrindjeri people as well as the European cultural heritage associated with steam powered rail and river activity.

It will create a new level of amenity for the Precinct, creating places and spaces that are accessible, connected, inviting and attractive and encourage the use and exploration of the waterfront area and wharf through to the Goolwa main street and township.

Find out more and Have Your Say

- Provide your feedback by completing the online feedback form
- View the draft Master Plan online
- View the Draft Master Plan in person at:
 - Council Chambers, Goolwa
 - Goolwa Village Shopping Centre
- View the Draft Master Plan and speak with the project team at the Goolwa Wharf Markets on Sunday 16 October between 9am-2pm.

To view the draft Master Plan, summary information brochure, FAQs and provide your feedback visit mysay.alexandrina.sa.gov.au/gwp



For further project information visit alexandrina.sa.gov.au/GoolwaWharf



This project is funded through the Australian Government's Building Better Regions Fund, Round 4, Government of South Australia's Regional Development Fund and Alexandrina Council.

New facilities completed on Milang Foreshore

In September, Council completed the new Milang public toilet facilities that sits on the foreshore of Lake Alexandrina adjacent to the main reserve car park.

The amenities are frequently used by locals and visitors alike and is a replacement of an existing aged structure. These new facilities will provide a longer life outcome and support tourism to this very popular lake front town.

The project involved demolition of the old structure and constructing modern facilities with accessible and ambulant toilets, baby change facilities and external showers. The contemporary facilities will service the community and visitors well for many years.



Are you bushfire ready?



This year's fire danger season is rapidly approaching and we encourage every property owner to be Bushfire Ready.

It is your responsibility, as a community member, and a legal requirement to prepare your property for the approaching bushfire season. Residents are encouraged to be prepared and fire ready heading into this year's season.



A **5 Minute Bushfire Plan** is a great resource that can give residents/holiday home users and their families a plan of action on how to survive a bushfire. See other helpful information including '**Bushfire Safer Place**' and '**Bushfire Last Resort Refuge**' on the CFS website at cfs.sa.gov.au



To ensure public safety, Council's Fire Prevention Officers will commence inspections from **Mid October**.

Properties identified as non-compliant at this time may receive financial penalties along with a legal notice outlining requirements to ensure compliance.

We recommend you prepare your property prior to Mid October and then maintain the property throughout the fire danger season. Inspections will continue throughout the season.



Take the time to read Council's 'Bushfire Management General Advice' guide available online at Council and CFS websites alexandrina.sa.gov.au/fire and cfs.sa.gov.au

If you would like to speak with a Fire Prevention Officer to discuss your property, please call Alexandrina Council's Community Safety Team on 8555 7000

> alexandrina.sa.gov.au/fire > cfs.sa.gov.au



Pattern and Print: Easton Pearson Archive *

Pattern and Print: Easton Pearson Archive showcases a selection of vibrant garments that highlight the technical innovations, bespoke fabric, distinctive prints and embellishment choices of the fashion house. An exhibition by Museum of Brisbane (MoB), toured by Museums & Galleries Queensland. This project has been assisted by the Australian Government's Visions of Australia program.

When: Until 31 October

Location: Signal Point Gallery, Goolwa Wharf Precinct

Enquiries: jaw@alexandrina.sa.gov.au



South Coast Jazz Festival - Goolwa

Jazz is back in Goolwa again! A wonderful weekend of happy jazz music from local and interstate stars. Events begin Friday October 15 at the South Lakes Golf Club and continue through the weekend at Signal Point Gallery, The South Coast Regional Art Centre, The Goolwa RSL, The Cockle Train & Goolwa Uniting Church.

When: 15, 16 & 17 October

Location: various venues in the Goolwa CBD

Bookings: p. 0403120754

e. southcoastjazzfest@gmail.com,

w. sajazzfestivalsinc.com

Let's Get Tricky

1 October

Location: Centenary Hall, Goolwa

Bookings: events.alexandrina.com.au

The New Scientific Bubble Show

7 October, 11am and 2pm

Location: Centenary Hall Goolwa

Bookings: events.alexandrina.com.au

Anne Wills and Peter Goers

22 October, 2pm

Location: Centenary Hall, Goolwa

Bookings: events.alexandrina.com.au

Being in India*

23 October - 21 November

Location: South Coast Regional Art Centre, Goolwa

Up, Up and Away

30 October

Location: Centenary Hall, Goolwa

Bookings: events.alexandrina.com.au

Vegetarian Librarian

7 November, 2pm

Location: Centenary Hall, Goolwa

The Thinking Eye*

12 Nov - 2 Jan

Location: Signal Point Gallery, Goolwa Wharf Precinct

Enquiries: jaw@alexandrina.sa.gov.au

Catherine Lambert and the Kym Purling

Trio featuring Gabriel Chammah

13 November, 7.30pm

Location: Centenary Hall, Goolwa

Bookings: events.alexandrina.com.au

Flight Path*

13 November, 2pm

Location: Strathalbyn Library

Diamond Wonders

19 November, 2pm

Location: Centenary Hall, Goolwa

Bookings: events.alexandrina.com.au

The Ajoona Guest House

20 November, 7pm

Location: South Coast Regional Art Centre

Regional Youth Art Exhibition*

12 - 28 November

Location: Signal Point Gallery, Goolwa Wharf Precinct

Enquiries: jaw@alexandrina.sa.gov.au

Highway Superstar - Amity Dry

26 November, 7.30pm

Location: Centenary Hall, Goolwa

Bookings: events.alexandrina.com.au

Dancing with Light*

1 December - 9 January 2022

Location: South Coast Regional Art Centre, Goolwa

Reclaim - Sculpture Exhibition*

1 - 31 December

Location: Signal Point Gallery, Goolwa Wharf Precinct

Sinatra and Friends

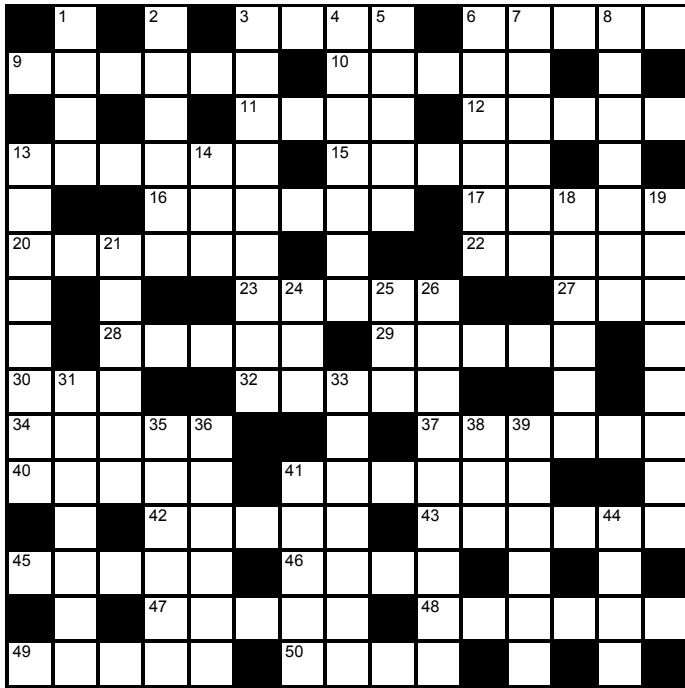
17 December, 2pm

Location: Centenary Hall, Goolwa

Bookings: events.alexandrina.com.au

Keep up to date with
upcoming and new
Council events by visiting
the website
alexandrina.sa.gov.au
or the tourism website
visitalexandrina.com

*Free Event!



Alfakodo

The aim of the puzzle is to allocate a number from 1-26 (right-hand column) to a letter of the alphabet (left-hand column), using the mathematical equations and clues provided. Only one number can be allocated to one letter. You can work out the numbers by using those letters that have numbers provided. For example in this puzzle (R) is worth 24 and (F) 4, so (A) must be worth 6. Anywhere there is an (A) it is worth 6 and so on.

A	R÷F	
B	R-Q	
C	I×Z	
D	K×G	
E	Q+Z	
F	W-L	4
G	L-Y	
H	V+J	25
I	K-G	
J	B-K	
K	H÷K	5
L	X-A	
M	G-I	

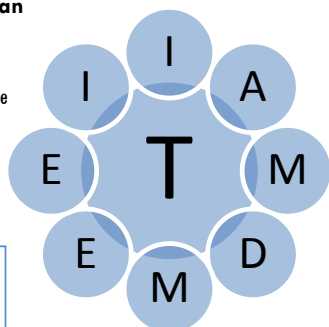
N	A+M	
O	L+T	
P	Z+L	
Q	P÷I	
R	G×J	24
S	Y+T	
T	A+J	
U	X+M	
V	E-F	
W	X-I	
X	Y×I	
Y	G×G	
Z	I×K	10

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FOCUS An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S FOCUS Good: 16 words
Very good: 23 words
Excellent: 30 words



Crossword

Across

- 3 Female sheep
6 Neckwear
9 Bird with enormous beak
10 Covered approach
11 Counterpart
12 Lift up
13 Mock
15 Scottish games tossing pole
16 Church title
17 Once more
20 Mute
22 Measure of length
23 Representative
27 Beverage
28 Mode of transport
29 Row
30 Large tank
32 Poke gently
34 Levels

37 Centre

- 40 Rustic, as a dialect
41 Quality of a sound
42 Crouch in fear
43 Acquires knowledge
45 Snake
46 Prevalent
47 Trap
48 Emitted fumes
49 Prepares for publication
50 Serpents

Down

- 1 Fashion
2 Busy
3 Amuse
4 Common to both sexes
5 Echo sounder
6 Loud piercing cry

- 7 Attack the enemy
8 Breathe
13 Earned
14 Lair
18 Wait on
19 Proximity
21 Stretcher
24 Wildebeest
25 Find fault constantly
26 Those shaking
31 Shunned
33 Milk establishments
35 Most agreeable
36 Disdains
38 Anger
39 Merchant
41 Earth (L)
44 Require

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The reality of life is death – hopefully later than sooner. But have we organised our affairs to make it easier for those left behind? We talk to lawyer TIM DONLAN on how we should consider preparing for this difficult time by making or updating a will, and appointing a power of attorney.

The will of the people

STORY: ASHLEY PORTER

November 11 marks the 45th anniversary of Gough Whitlam standing on the steps of parliament declaring: *“Ladies and gentlemen, well may we say God Save the Queen, because nothing will save the Governor-General.”*

However, there are 63,230 couples who may remember this prime minister far better for another reason. Months earlier he introduced the *Family Law Act 1975* which came into effect January 5, 1976 allowing no-fault divorce.

For better or worse, his fault, her fault no longer mattered, and incredibly there was a record 63,230 divorces that year when we had a population of 14 million, compared with 49,032 in 2017 when the population was 24.6m.

Of those cases, we can assume many involved children, who now have children themselves, and many of the divorcees re-married and had more children by a different partner. That's life; it's okay. The reality is that those who joined the queues of '76 have aged, and if they haven't already organised their will and estate plan including a power of attorney the broken branches on family trees may be left with a quagmire of legal challenges.

Of course, the need to sort out one's affairs applies to everyone, not just those divorced, but according to lawyer Tim Donlan (pictured) of Donlan Lawyers in Adelaide and Ocean Street, Victor Harbor, the legal process of organising a will plus arranging a power of attorney and advance care directive is far more complex than ever because of broken marriages.

It is also a sensitive matter, and finalising the inheritance that wasn't entirely spent by the Baby Boomers who were enjoying themselves pre-COVID is better to be formalised before approaching their latter stage of life when it may become even more delicate.

Tim believes wills have become more



complicated because life is more complicated.

“Second marriages are more prevalent so doing a will is more complicated when you have a spouse, former spouse, children from one marriage and from the other,” Tim said.

“There are different asset structures including superannuation interests and it really is a matter of society becoming more complex and wills need to fit that.

“In general, people forget to play out various scenarios. If one person dies first then who gets what then? Or what if an intended beneficiary is separated from their spouse at the time, or what if they are in financial difficulty? How should we best structure the will?”

“Some people do not consider where their superannuation fits into the estate planning.”

Conservative estimates suggest that a third of the population who should have a will

don't have one largely because they do not think it is relevant at the stage of their life. In this case the State Government has written a will for them pursuant to the laws of intestacy and it may not be anything like that you may want to see happen – often leaving difficulty and sometimes angst for those who may want to benefit from the estate.

Tim said that your will should always be revisited when major things happen in your life or the lives of your intended beneficiaries because in general it can considerably reduce the scope for uncertainty and disputes. “The hospital will is always the one one that gets scrutinised thoroughly,” he added.

“People also come to us saying mum or dad have lost capacity and needs a power of attorney, but at this stage it's a bit late and they may need something else like an administration order.

“
In general, people forget to play out various scenarios. If one person dies first then who gets what then? Or what if an intended beneficiary is separated from their spouse at the time, or what if they are in financial difficulty? How should we best structure the will?”

– Lawyer Tim Donlan

“You need to nominate a power of attorney when you are healthy... it's something that many do not think about and it's just as important as making a will.

“If you lose capacity during your lifetime no one can sign documents on your behalf automatically. They would need to get an order of the court or SACAT (South Australian Civil and Administrative Tribunal) and that comes with more expense or delay. “You may have sufficient capacity to make a decision on simple matters like shopping, but maybe not when it comes to complex financial decisions.

“When someone is vulnerable to exploitation, say by scammers, family or others, there is potential for an interested person to apply to SACAT to seek orders for administration of their affairs. It can also be tricky because it can depend on the attitude of the person involved and they may be quite resentful. People may be in gradual decline in terms of capacity and the grey area between cognitive decline and loss of legal capacity becomes more difficult as people age.” 🌈

www.donlanlawyers.com



Image: Crime Stoppers Australia

Scammers: Dealing with heartless souls

Ex-U.S. Army sniper *Jack Reacher* raised our adrenalin in novels and on the big screen as he set about saving us from the bad guys. Thomas Cruise Mapother IV, known simply as Tom Cruise, played his role, and despite being 170cm tall he was seen as being invincible against the meanest and toughest of villains.

The whole time we knew it was fiction, but for 2 hrs 10 mins the action-hero 'wannabes' yearned for the *Reacher* character to be real; they became him, undoubtedly without wanting to carry on Tom's real full name. The relevance is that it was the creator of *Jack Reacher*, English-born crime and thriller novelist James Dover Grant, alias Lee Child, who also gave us the line: “*The basis of any scam is telling people what they want to hear. If something sounds too good to be true, it probably is.*”

Like blockbusters, sometimes we see only what we want to believe, especially when someone makes an offer 'too good to refuse'.

Jack Reacher is pure entertainment, but the deals that really are too good to be true are usually nothing but the work of heartless scammers.

Amid these scams, particularly on the internet, we hear of harrowing cries of pain from those who have been duped, and they are not confined to the elderly. Everyone has been vulnerable at some stage; a mis-click on the internet, opening a file that is not what it seems. It happens.

Sadly, victims have been too embarrassed to tell even their most-loved confidant they have been scammed; they feel a sense of shame even though they shouldn't.

Continued P22



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People

From P21

This is common, particularly when it comes to having been befriended online and have willingly sent their bank details and lost almost everything. In many of these cases the police cannot do anything because, while the scam is shameless and immoral it is not always illegal.

Every scam is incredibly cruel, and the rate of incidents is just as prolific across the Fleurieu Peninsula as anywhere else in Australia. We may think 'how could anyone be so stupid?', but we are all vulnerable to some degree. Understanding is of paramount importance.

This story isn't meant to be a lecture, but a means of trying to help everyone – young and old – to identify what is 'too good to be true'. Some may not want to hear it, but for their sake and that of their family members they should listen.

Computer takeover scams are on the rise, and almost everyone is at risk. So far this year scammers have stolen more than \$7.2 million from Australians by gaining access to home computers, an increase of 184 per cent compared with the same period last year.

We spoke to an experienced cyber security expert who provided his thoughts and guided us to useful Australian and state government websites to help us through this maze.

Here are a few examples, including those from the www.scamwatch.gov.au website of how scammers are impacting on our everyday life...

Online shopping

Scammers pretend to be legitimate online sellers and use the latest technology to set up fake retailer websites. They may use sophisticated designs and layouts, possibly stolen logos and even a '.com.au' domain name and a stolen Australian Business

Number (ABN).

The biggest tip-off that it's a scam is the method of payment; asking you to pay using a money order, pre-loaded money card or wire transfer.

Some use of social media platforms to set up fake online stores. The best way to detect a fake trader or social media online shopping scam is to search for reviews before purchasing.

Online dating

An example is saying they are in the military overseas and before they are discharged they want to purchase gems worth 'thousands' for a bargain price. But they need money to get them and they will bring them to you when you meet. This never happens.

Before you make dating friends online do a photo search on Google. Also, as soon as they mention they need money – often to come from overseas to visit you – it's a scam.

Cars and puppies

Vehicle scams are commonly hosted on sites such as *Facebook*, *Marketplace*, *Autotrader*, *Car Sales*, *Cars Guide* and *Gumtree*.

In 97 per cent of reports received this year scammers claimed to be in the military or to work for the Department of Defence, and want to sell their vehicle before deployment. This creates a sense of urgency with buyers and explained the unusually low listing price of the vehicles and why buyers cannot inspect them prior to payment. They seek payment to secure the car, but never deliver the vehicle. Always try to inspect the vehicle before purchase and avoid unusual payment methods. It's the same with dogs. You see images online, send the money, but you never get the dog. Ask them to send a copy of the breeding papers and check out the seller online. Ask for references from other buyers.

Mobile links

If you receive a text message asking you to click on a hyperlink sight – don't. Check it out first by going through then internet.

Payment redirection

Also known as business email compromising, scammers impersonate a business or its employees via email and request payment which usually is owed to the legitimate business.

New or junior employees and volunteers are targeted – they're less likely to be familiar with the finance processes or types of requests. They inadvertently send money to a fraudulent account.

Scammers hack into a legitimate email account and pose as the business by intercepting legitimate invoices and amend the bank details before releasing emails to the intended recipients. Check legitimacy.

Phone threats

The Australian Taxation Department and organisations like Australia Post and power companies never telephone you threatening to take action if you don't pay a bill. And never follow a phone request to open up your computer and follow their instructions – the caller is directing you allowing them to access your files. Hang up immediately.

Sporting clubs

Scammers pose online as the president or treasurer and request staff or volunteers to action payments for 'equipment' or other business needs, but it goes into the scammer's bank account.

Compare the bank details to previous payments you have made.

If you think you have received a suspicious message from a friend, colleague or business do not reply directly to the message. Reach out to them some other way, such as over the phone.

The point here is that if you respond to the bad email or SMS you will most likely receive a message back saying 'yeah, it's fine', but it's actually an automated message set up by the hacker when they took over their email account.

... and remember, don't respond to text messages on your phone asking you to click on a website. 🌐

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Jeralde Park, Goolwa Wharf on Sunday, October 10, 24, 31 from 9am-1pm. Enquiries: Jane 0419 855 148.

GOOLWA WHARF ROTARY MARKET:

Goolwa Wharf, first & third Sunday of the month. Rotary Club of Encounter Bay. 0459 786 469.

MOANA MARKET:

Pioneer Hall, Nashwauch Cres, Moana. Second Sunday of the month 9am-1.30pm. Enquiries: Jo 0412 630 518.

MYPONGA MARKET:

Main Road, weekends & public holidays Sun 9.30am-4pm. Art, books, toys, leatherwork, records, vintage bric-a-brac, waffles and gelato. Enquiries: Ryk 0405 235 243

NORMANVILLE FARMERS MARKET:

Held at the town centre Main Road on the first Saturday of each month from 9am-1pm. Great stalls and wonderful family atmosphere.

PORT ELLIOT ROTARY MARKET:

First & third Saturdays of the month at Lakala Reserve, Young Street, Port Elliot from 9am-2pm. Wonderful food, fresh produce and home-made clothing and crafts.

STRATHALBYN MARKET:

Next to Gilberts Motor Museum in High Street, Strathalbyn third Sunday of the month 8am-3pm. Local produce, bric-a-brac, crafts, plants, jewellery, trash-and-treasure stall.

VICTOR HARBOR BEACHSIDE MARKET:

Esplanade, Soldiers Memorial Reserve second & fourth Sundays of the month 9am-4pm.

VICTOR HARBOR INDOOR CREATIVE CRAFT MARKET:

Senior Citizens Hall, diagonally opposite the Farmers Market first Saturday of the month from 10am to 3pm. 8552 7081.

VICTOR HARBOR FARMERS MARKET:

Fresh produce at Grosvenor Gardens, Torrens St every Saturday from 8am-12.30pm. Enquiries: 0438 858 667.

WILLUNGA FARMERS MARKET:

National award-winning market on main street every Saturday 8am-12.30pm. Enquiries: 8556 4297 or Jeni 0411 049 570.

WILLUNGA QUARRY MARKET:

Buy local produce, gifts and search for bargains. Aldinga Road, every second Saturday 8am-noon. Contact Rob Hall 0408 897 393.

WILLUNGA ARTISANS & HANDMADE MARKET:

Second Saturday of each month 9am-1pm. A curated market showcasing local art and handmade goods. Willunga Show Hall, Main Rd, Willunga (opposite Willunga Farmers Market).

YANKALILLA CRAFT & PRODUCE MARKET:

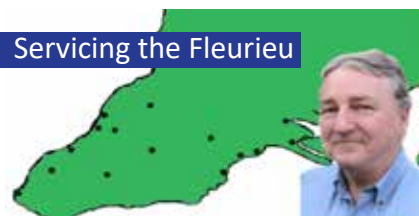
Quality stalls & fresh produce at the Agricultural Hall, Main South Rd, Yankalilla every third Saturday of the month 9am-1pm. Contact Judy 0411 287 201 or Mattie 0447 044 721.



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Puzzle answers from P19

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D	T	T	W	I	N	R	A	I	S	E
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E	I	A	G	E	N	T	T	E	A	
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Focus

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Reference: Macquarie Concise Dictionary

Alfakodo

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It's Melbourne Cup time...

Horses for courses

A bloke is speeding down an expressway in Melbourne doing 140kph towing a horse float on Melbourne Cup day. He gets pulled over by an angry policeman, who demands answers.

"Look," says the bloke. "I'm a stablehand for David Jolly at Goolwa and I'm driving one of his four horses to Flemington – they're running in the Melbourne Cup."

The police officer is impressed. He looks in the float to see the horse that may win the Cup, but to his horror the float is empty.

The officer says: "What's going on?"

And the bloke says: "Oh no! David's given me the scratching."

Horse talk

A horse walks into a bar and puts \$100 on himself to win the Melbourne Cup. The girl behind the bar is amazed.

She says: "I can't believe it!"

The horse says: "What, that I can talk?"

And the girl says: "No, that anyone with your form would bet on you."

Protest

Freddy, the hot favourite for the Melbourne Cup, is running fifth at the 800 metre mark when he suddenly gets hit in the head by a leg of ham. Undeterred, Freddy plugs away when he gets hit by some coleslaw, and it runs all over his face.

The jockey keeps control, but at the 600m mark Freddy gets whacked by a bread roll. Despite this, he moves closer to the race leader; he's second. Then whack again! A salt & pepper shaker hits him right between the eyes, then a tube of salad dressing and slices of salami and fritz.

Once more, the jockey steadies Freddy and starts his big run wide. Freddy gives everything he's got, but unfortunately gets beaten by a short half-head. Freddy's trainer and owners are furious, but the jockey says: "Don't worry, I'm going to protest."

The trainer says: "Protest? You were three metres apart as you crossed the line."

And the jockey says: "I know boss, but Freddy was hampered between the 800 and 600 metre mark."

Borderline

Charles becomes King of England and the first thing he does is change the boundary between England and Scotland. He sends out his trusted surveyor who finds a house that actually sits right on top of then new border line.

It belongs to Mrs MacTavish, who has lived in Scotland all of her life, but now she has the choice whether to have the border changed ever so slightly so she can officially live in Scotland or England.

Here is Mrs MacTavish in her tartan skirt, and listening to Rod Stewart whilst cooking haggis on the stove beneath a giant photo of the Glasgow Rangers. The surveyor thinks 'no choice, she'll stay in Scotland'.

The surveyor says to her: "Well, Mrs MacTavish, would you like me to change the border to run in front of your house so you can live in England, or the back of your house so you can live in Scotland?"

Without hesitation Mrs MacTavish says: "Oh, I'd like to live in England."

The surveyor is flabbergasted. He asks: "But why... you're as Scottish as they come?"

And Mrs MacTavish says: "Oh, I couldn't stand another Scottish winter."

Old diagnosis

Two medical students walk down the street and see an elderly gentleman walking with his legs spread apart. He's stiff legged and walking slowly.

One student says: "That poor man; I'm sure that he has Peltry Syndrome. Those people walk like that."

The other student says: "No, I don't think so. The elderly man surely has Zovitzki Syndrome... he walks just as we learned in class."

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Everyone on a passenger liner can see a bearded man on a small island shouting and desperately waving his hands. A passenger asks the captain: "Who is he?" The captain says: "No idea mate... every year when we pass he just goes nuts."

Since they can't agree they ask then elderly man. One student says: "We are medical students and we couldn't help but notice the way you walk – but we can't agree on the syndrome that you have. Could you please tell us what it is?"

The elderly man says: "I'll tell you, but first you tell me what you two fine medical student think."

The first student says: "I think its Peltry Sydnrome." The old man says: "You thought, but you are wrong."

The second student says: "I think you have Zovitzki Syndrome."

The old man says: "You thought, but you are wrong."

So the students ask him: "Well, what do you have sir?"

And the elderly gentleman says: "I thought it was wind, but I was also wrong."

Hold the phone

A bloke goes into work with both ears bandaged. The boss asks: "What happened to you?"

The bloke says: "I was ironing and the phone rang... I accidentally answered the phone with the iron."

The boss says: "That's stupid, but what about the other ear?" And the bloke says: "The person rang back."

Weird dream

A bloke tells his psychiatrist: "I always have this weird dream at night... I'm locked in a room with a door on which there is a sign. I try pushing it with all my might but no matter how hard I try it won't budge."

The psychiatrist muses. He asks: "What does the sign on the door say?"

And the bloke says: 'Pull'."

Boom, boom...

A father says: "Son, you were adopted."

The son shouts: "I knew it! I want to meet my biological parents!" And the father says: "We are your biological parents... the new ones will pick you up in 20 minutes."

The boss is upset because his secretary ignores the phone every time it rings. "You must answer the telephone," he tells her sternly. And the secretary replies: "Why? It's always for you."

For a period, Houdini used a trap door in every single show he did... it was just a stage he was going through.

Poppa buffalo goes off to work, turns around to his child, waves and says: "Bison."

A man can't undo the buttons on his sweater so he tries pulling it over his head but it gets stuck. He's at the hospital now, waiting to see a cardiologist.

Such is life

A man and his wife watch a sad story on TV about someone incapacitated. The husband says: "I never want to live in a vegetable state, dependent on some machine and fluids from a bottle... if that ever happens to me just pull the plug."

And the wife gets up, unplugs the television and throws out all of his beer.

Dad jokes...

What dinosaur would you find in a rodeo?

A Bronco-saurus.

What dinosaur can't stay out in the rain?

Stegosaur-rust.

What has one horn and gives milk? A milk truck.

What do sea monsters eat? Fish and Ships.

How did people react when fabric softener was invented? They were ex-static.

What is an innuendo? An operatic suppository.

What do you call a sleeping bull? A bulldozer.

What did the pen say to the pencil? So, what's your point?

What do you call a chicken that crosses the road twice without taking a bath? A dirty double crosser.

What do snakes put on their kitchen floors? Reptiles.

What did the clock say to the watch? Tock to you later. 🕒

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Ainbo: Amazon Princess

(PG) Adventure, family, comedy, animation, fantasy starring Lola Raie, Joe Hernandez, Dino Andrade. Directed by Richard Claus, Jose Zelada. In the spirit of Moana and Frozen is the epic journey of a young hero and her spirit guides, Dillo, a cute and humorous armadillo and Vaca, a goofy oversized tapir, embark on a quest to save their home in the spectacular Amazon Rainforest.

I'm Wanita

(MA15+) Documentary starring Wanita Bahtiyar. Directed by Matthew Walker. The story of a renegade country music singer and her odyssey to live out her childhood dreams to be a country and western star. Twenty-five years ago Wanita arrived in Tamworth, Australia's country music mecca, with stars in her eyes. Today, the self-crowned "Australia's Queen Of Honky Tonk", is still waiting for the recognition she knows she deserves. Rough-talking, hard-drinking and committed to the sound and stars of country music from a by-gone era, Wanita feels shut out by the mainstream country scene. Deciding to record an album in Nashville, Wanita assembles an unlikely team: fellow musicians Gleny Rae

and Archer. As she follows in the footsteps of her Honky Tonk idols, the trio discover Wanita's demons have travelled with them – it might be harder than they thought ensuring Wanita turns up for her date with destiny.

Paw Patrol: The Movie

(G) Adventure, family, comedy, animation starring Tyler Perry, Kim Kardashian. Directed by Cal Brunker. The PAW Patrol is on a roll! When their biggest rival Humdinger becomes Mayor of nearby Adventure City and starts wreaking havoc, Ryder and everyone's favourite heroic pups kick into high gear to face the challenge head on.

Joe Bell

(M) Biography, drama starring: Mark Wahlberg, Reid Miller, Connie Britton, Gary Sinise. Directed by Reinaldo Marcus Green. The true story of a small town, working-class father who embarks on a solo walk across the U.S. to crusade against bullying after his son is tormented in high school for being gay.

A Fire Inside

When a volunteer firefighter drives his car into almost certain death during the worst fires in Australian history, he does it because he 'has a job to do'. **Commences October 7.**

Love is Love is Love

Comedy, drama, romance. A woven tale of three stories that explore love, commitment, and loyalty between couples and friends. **Commences October 7.**

Nitram

(MA15+) Drama, thriller starring Caleb Landry Jones, Essie Davis, Judi Davis, Sean Keenan, Anthony LaPaglia. Directed by Justin Kurzel. Nitram lives with his mother and father in suburban Australia in the Mid 1990s. He lives a life of isolation and frustration at never being able to fit in. That is until he unexpectedly finds a close friend in a reclusive heiress, Helen. However when that friendship meets its tragic end, and Nitram's loneliness and anger grow, he begins a slow descent into a nightmare that culminates in the most nihilistic and heinous of acts. **Commences October 7.**



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Waiting for Anya

During the harrows of WWII, Jo, a young shepherd along with the help of the widow Horcada, helps to smuggle Jewish children across the border from southern France into Spain. **Commences October 15.**

Ride the Eagle

When Leif's (Jake Johnson) estranged mother Honey (Susan Sarandon) dies, she leaves him a 'conditional inheritance.' Before he can take ownership of her picturesque

Yosemite cabin, he has to complete her elaborate and sometimes dubious to-do list. Leif steps into Honey's wild world as she tries to make amends from beyond the grave in this hilarious and heartfelt comedy **Commences October 22.**

Ron's gone wrong

(CTC) Animation, adventure, comedy, family, sci-fi starring Zach Galifianakis, Olivia Colman, Jack Dylan Grazer. Directed by JP Vine, Sarah Smith. The story of Barney, an awkward middle-schooler and Ron, his new walking, talking, digitally-connected device. Ron's malfunctions set against the backdrop of the social media age launch them on a journey to learn about true friendship. **Commences October 22.**

Tickets: adults \$16,
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Eat Wave with Jenny

Ingredients

Rice Base

1 cup medium grain rice
30g butter
1 egg, lightly beaten with fork
salt & pepper to taste
2 x 425g tins of tuna
(springwater) drained

* * *

Filling

125g butter
1 large onion, finely diced
6 spring onions, white parts
sliced (optional)

½ cup plain flour
2 cups milk
90g cheddar cheese
2 eggs, lightly beaten with fork
½ cup cream
1 tsp dry mustard
2 tsp lemon juice
salt & pepper to taste
2 tbsp chopped fresh parsley

* * *

Topping

2 cups fresh breadcrumbs
40g butter, melted
40g grated cheddar cheese

Tuna & Rice Bake



... a real family favourite!

Method

Pre-heat oven to 180°C, Grease the base of a large baking dish, approx 28cm x 32cm (roasting dish size) or two smaller baking dishes can be used.

Base

Cook rice as per packet instructions, then allow rice to cool. Place rice in a bowl, add melted butter, egg, and salt and pepper, and stir to combine.

Filling

Melt butter in a saucepan over medium heat. Add chopped onion and chopped spring onions (optional) and stir until onion is transparent. Add flour and stir over medium heat for two minutes.

then gradually add milk, stirring after each addition to dissolve any flour lumps.

After all milk has been added continue to heat and stir until mixture boils and thickens.

Remove from heat, cool slightly, then add grated cheese, eggs, cream, mustard, lemon juice, salt and pepper.

Stir until cheese has melted, then stir through parsley and set aside.

Topping

Place fresh breadcrumbs in a bowl Stir through melted butter to coat, then stir through grated cheese.

To assemble

Press the rice mixture over the base of the baking dish. Layer the tuna over the rice, then spoon the filling over the top of the tuna and use back of spoon to spread filling evenly.

Bake at 180°C for 45 minutes, or until golden and firm. Serve immediately or when cool, store covered in refrigerator for up to 3 days. Serves 8-10.

Note: Suitable for freezing for up to 3 months. To make a smaller quantity just halve the ingredients - cooking time will be about the same or a bit less, using a smaller baking dish.

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Morello Cherry & Almond Cake

Cherries can have a sweet, acidic or slightly acidic taste, but Morello cherries are characterised by their bitter and sour flavour. It means they are rarely consumed fresh, rather in syrup or candied.



Ingredients

5 egg yolks
2 whole eggs (extra)
180g caster sugar
670g jar pitted morello cherries, drained
5 egg whites
150g (unblanched) almond meal
50g dry breadcrumbs (panko or similar)
icing sugar for dusting
dollop cream
sliced kiwi fruit

Method

Pre-heat oven to 170°C. Grease and line the base of a 26cm springform pan.
Place egg yolks, two eggs and caster sugar in a large mixing bowl and beat on medium speed for 3-minutes, or until sugar has dissolved and mixture has expanded, is creamy and pale in colour.
In another large bowl, using clean, dry beaters, whisk egg whites on high speed for about 5 minutes, or until egg whites become stiff and soft peaks form.
Gently fold the whisked egg whites into the egg yolk mixture, then very gently fold in almond meal and dry breadcrumbs. Finally add drained morello cherries and gently fold in until just combined.

Pour into prepared pan and bake for 45-50 minutes, or until centre of cake is firm. Alfoil can be placed on top for last 15 minutes of baking to prevent over-browning, if needed.

Remove from oven, place on cake rack and allow cake to cool in pan. When cool remove from pan. This cake can be served on its own, or is delicious served with sliced kiwi fruit and dollop cream. Cake can be stored covered, in refrigerator.

Note: This recipe can be made gluten-free by replacing the dry breadcrumbs with a little more almond meal. The result will be a slightly denser cake.

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