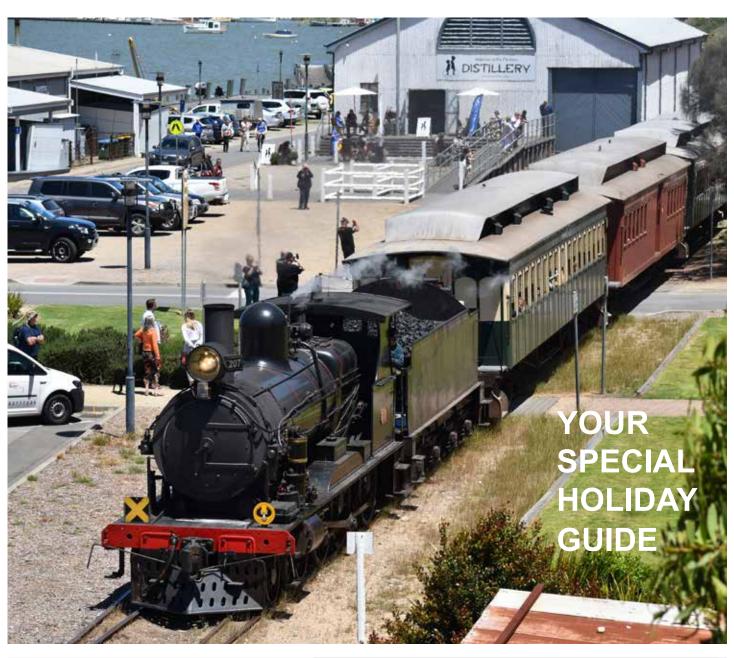


Coast Lines

January-February 2021

Vol. 10 #130

People, places & events across the Fleurieu Peninsula







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January-February Image: Enjoying the sun and sea at Sellicks Beach. Ryan Formosa Photography (SATC)











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Coast Lines is a free monthly magazine published by Ashley & Jenny Porter trading as Oscar Publications ABN: 36 199 338 125

STORIES & ADVERTISING: Ashley 0402 900 317

ADMINISTRATION / WEBSITE: Jenny 0422 269 325

ADVERTISING: Coast Lines values its advertisers who make this magazine possible. Bookings for advertising in our March edition close February 16. As always, thank you for any consideration in regards to advertising.

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Printed by Finsbury Green.

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HAPPY NEW YEAR

... starting with that holiday feeling above. Happy New Year to all of our advertisers and readers - and please make it a safe one. **P13-23:** We present a special holiday guide including things to do and places to see this summer.

FRONT COVER

The SteamRanger Rx207 locomotive pulls out of Goolwa on its way back to Mount Barker via Strathalbyn. We talk to the man the little kids who love this train want to be the driver. STORY: P10

YOUR COMBINED JANUARY-FEBRUARY EDITION

Due to incredibly tight deadlines between our planned February and March issues there will not be a February edition. This is a combined January-February issue, and our next edition will be distributed from Wednesday, March 3.

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BRAVO CANDELO!

Few of us may have been to Candelo nestled deep in Bega cheese territory 448km south of Sydney, but come this Australia Day, January 26 we should spare a thought for Arthur Champneys.

The village - it has a population of 732 based on the 2011 census - is regarded by many as the first to celebrate Australia Day in 1915. It wasn't about marking the anniversary of Captain Arthur Phillip taking formal

possession of the colony of New South Wales in 1788, nor was it on January 26. It was July 30 and Australia Day was deemed a national event to raise funds for troops wounded at Gallipoli.

A week before the newly declared Australia Day the local newspaper in the small village of Candelo published a challenge for donations from Mr Champneys. He wrote: "Surely the best that is in us must now come out; and if unable to take our places in the firing line, we must do the next best thing and help to the fulness [sic] of our means those who bravely go and fight so we may live. Remember Gallipoli! I will give 25 pounds if nine others will do the same, or I will give 50 pounds if four others do the same."

Arthur's wife was among those to match the offer, and the village raised 511 pounds (almost \$50,000 in today's value) from individual donations and proceeds from a euchre party, dances, raffles, and sales of donated produce including 'three calves, plants, two pairs of fowls, six bags of chaff, one turkey, one ham, one peacock, one cheese, and one cauliflower'.

It was not until 1935 that Australian states and territories used the name 'Australia

Day' to mark the January 26 landing by Captain Phillip. We did not begin celebrating Australia Day consistently as a public holiday until 1938 when Aboriginal people protested, calling it a 'Day of Mourning', and being forced to participate in a reenactment of the landing of the First Fleet.

Without flirting with controversy, wouldn't it be nice if we were to celebrate the amazing character of Mr Champneys that we should be able to find in us and all things great about our country on any day but January 26 so not to unintentionally or otherwise offend? And we wouldn't need to sell two pairs of fowls to make it happen.

SPECIAL DAYS

January

Sunday, January 14: The Undies Run for Bowel Cancer. A major fundraising event for Cancer Council SA to beat bowel cancer and reduce the embarrassment associated with it by running in undies en masse in the heart of Adelaide. https://fundraising.cancersa. org.au/event/undies-run-2020/home Wednesday, January 20: Penguin Awareness Day. They're called Pingüino pequeño in Chile, Little Penguins in New Zealand, and





These Undies Run entrants captured a lot of attention in 2019.

here in Australia Fairy Penguins. Sadly, they are no longer big in numbers on Granite Island and many other places around the world, which is why we celebrate Penguin Awareness Day. There are 18 species of penguin that live primarily in the Southern Hemisphere. Of them, 72% have a declining population and five are considered endangered. At 33cm or 13 inches in height, the fairy penguin is the shortest penguin in the world.

Tuesday, January 26. Australia Day. Kidney Health Australia is having a Big Red BBQ – a fun campaign bringing individuals, work places and organisations together to host a barbeque with your family, friends and colleagues in support of Kidney Health Australia. www.bigredbbq.com.au Monday, January 27: International Day of Commemoration in Memory of the Victims of the Holocaust. Acknowledged by UN as the day that the Auschwitz Concentration

Camp was liberated in 1945. It remembers all those who suffered and lost their lives during the holocaust. www.un.org/en/holocaustremembrance/

February

Ovarian Cancer Awareness Month. National campaign to highlight the symptoms of ovarian cancer and to raise funds for Ovarian Cancer Australia programs. www. ovariancancer.net.au/

February 8-14: Wear Red Week. Heart Research Australia campaign raising awareness about the devastating impact heart disease has on us, and the importance of supporting life-saving heart research. Getting involved is as simple as wearing red and donating. ww.heartresearch.com.au/ wrd/

February 9: Safer Internet Day. The Cyber Smart organisation encourages families, libraries and schools to learn and connect together, and to take positive actions and teach each others about staying safe online. www.saferinternetday.org/



Saturday, February 13. Apology Anniversary. Marks respect of the achievement that was the apology to the Stolen Generations. Reminds the broader public, politicians and policy makers that sorry is more than a word, and that we must continue to work together in order to achieve key

outcomes for the Stolen Generations. healingfoundation.org.au

February 14: International Asperger's Day. Highlight the significance of Asperger syndrome for both society and individuals, and illustrates one of the many challenges to the newcomer trying to understand the autism spectrum.www.asperger.asn.au Wednesday, February 24: Teal Ribbon Day. Raises awareness and funds supporting Ovarian Cancer Australia www.ovariancancer.net.au



YEAR OF THE OX

The Chinese New Year, which can range from January 21-February 20, will be celebrated on Friday, February 12.

It is the year of the Ox, and the crackers suggest that men born in the Ox year are reliable and trustworthy, but due to their confidence – almost arrogance – they don't allow anyone to go against their rules. Meanwhile, the women are calm and gentle. They will never surrender to fate and rarely think of choosing an alternative. This no doubt leads to a life of struggles. But no matter what, they will walk down the road they choose until the end. Despite this stubbornness, they think and react quickly. Imagine if both partners are an Ox.

Continued P6



January - February

From P5

The Chinese New Year, or Spring Festival, was originally a ceremonial day to pray to gods for a good planting and harvest season. As an agrarian society, the harvest was everything. People also prayed to their ancestors who were treated as gods. In order, after this Year of the Ox we will fete the Tiger, Rabbit, Dragon, Snake, Horse, Goat, Monkey, Rooster, Dog, Pig and Rat. Which of these Zodiac signs is considered the odd one out? The Rooster because it is the only one where the gender is defined.





BARGAINS 'n GREAT CAUSES

The wonderful people who work tirelessly to help Cancer Council SA and Riding for Disabled Association Victor Harbor have combined to help raise much needed funds. It's a NEW4U Preloved clothing sale, which has been held in Victor Harbor for many vears. The community has already assisted by donating good quality, clean clothes, handbags and shoes - men's, ladies' and children's.

The event at the CWA Hall cnr of Crozier Road & Torrens Street started on December 30, and with even more support with stock and volunteers the sales may be extended beyond January 16. Opening times 9.30am to 4.30 pm. Items may be left at P.J.D.Real Estate (formerly Raine & Horne) 57 Ocean Street Victor Harbor.

The organisers are always calling for volunteers, and given COVID-19 rules they would appreciate if volunteers would do their marshall training (not compulsory). Further details including pick-ups: Claire Fuller 0411282955; Jan Evers 0412360186; Sue Vincent 0417803351.

Continued P7



ARISE SIR LIKE-IT-A-LOT

New royalty has blessed the McLaren Vale Wine Region with Tom Harvey & Renae Hirsch of Chalk Hill Wines being crowned King & Queen at the 55th annual Wine Show.

Their 2019 Alpha Crucis Old Vine Grenache was judged Best Wine at Show, and winemaker Renae summed it up nicely as a great honour to now join those who had won this award before them.

"To me it means recognition for the whole company," she said. "I have always looked up to the people who have won this award before as really great winemakers. To be put in that group is a really lovely honour."

Renae added that the fruit in this winning drop comes from Chalk Hill Wines' 80-year-old bush vines in Blewitt Springs, a fairly elevated region. "The soil is

sandy, which tends to produce grenache that is vibrant and floral fresh with juicy characters," she said.

"It is a very light-bodied red so it's not quite that well suited to heavy meats. Personally, I would say the best thing to have with it is antipasto, maybe pasta tomato-based pasta dishes.'

Renae has been the winemaker here since 2014 and loves working with the family.

Tom's great-grandfather John established and named the northern-suburb of Salisbury before moving to McLaren Vale to plant vines. We're glad he did.

As part of the award the McLaren Vale **Business Association lay a paver along** the main street commemorating the crowning of the new 'King & Queen', and dressed in their royal robes for the official royal photo they certainly attracted attention from those passing by.







From P6

SAY ALEXANDRINA CHEESE

Everyone knows that the Fleurieu Peninsula produces some amazing food and beverages, and it was recently reinforced at the South Australian Premier's Food and Beverage Award Ceremony.

Our region won six awards:

- Business Excellence Award by Goolwa PipiCo, and also the New Product Award for its Whole Clam Chowder
- Emerging Business Award by Never Never Distilling Co
- Primary Producer Award for Businesses with up to 15 full-time staff by both Feather & Peck for its pastured eggs and Fleurieu Milk Company; and
- · Consumer Award for Businesses with

up to 15 full-time staff by Alexandrina Cheese.

There were two winners in some categories, and overall it was a magnificent reflection of what South Australia has to offer. For the Alexandrina Cheese team it was continued recognition having won numerous other awards over the past 20 years since repurposing milk from their Jersey cows to create award-winning handmade Jersey farmhouse cheeses.

Fourth generation Rebekah McCaul accepted the award on behalf of the family business led by master cheesemaker Dan McCaul.

"It was the first time we had made it to the top 20 of judging for the award, and the first time we had asked our consumer-base to vote for us," Rebekah said.

"The greatest honour came from sharing the stage at the awards dinner with 19 other South Australian business... we were up on stage along with the best-of-the-best in the SA Food Industry.

"We run a very complex vertically integrated dairy manufacturing business so we had such fun in sharing the news with everyone in the value chain including our loyal delivery drivers, relief milker, cheesemakers in our production team, administration team, valued industry colleagues and family and friends."

Premier of South Australia Steven Marshall congratulated the food and beverage industry whose hard work and innovation is recognised through these awards. "The sector has grown in 2020, even through the difficult year that we have endured," he said. "The sector is characterised by excellence in food and beverage production, manufacturing and marketing to ensure that South Australian products are rewarded by more than their fair share of the retail and food service

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The 42nd annual Rotary Victor Harbor Art Show, Warland Reserve. Preview event Friday, January 8, then opens to the public from Saturday, January 9-16 daily from 9.30am-8.30pm. Adults \$8, children aged under 16 free.

A show of strength

or more than four decades the Rotary
Victor Harbor Art Show has been at the
very heart of art across the Fleurieu
Peninsula. It is Australia's biggest and most
respected outdoor art show, which speaks
volumes for those who have always worked
tirelessly.

However, the 42nd annual show at Warland Reserve from January 8-16, starting with a ticketed preview event, is like many things in these uncertain times. Incredibly special because of the immense difficulty organising the event under extraordinary circumstances relating to the coronavirus. We are talking about volunteers putting this act together - calling upon brilliant artists here and interstate to submit their works to maintain an exceptionally high standard for which this art show has become renowned. And during this time never really knowing whether it will actually go ahead. Not even the venue was confirmed until late because of a forthcoming upgrade to Warland Reserve.

Of course, the tradition continues – baring a COVID-19 setback – and the art show will continue to have a strong impact on the town's economic, cultural and community well-being. It attracts people from afar; it shows off everything that Victor Harbor and its surrounding townships have to offer, and adds to the Victor Harbor Council's growing ambition to greatly enhance the Fleurieu Peninsula's reputation of being a leader in



arts and cultural experience. From an artist's perspective, the Rotary Victor Harbor Art Show, with McDonald's Victor Harbor as the naming rights sponsor, again presents the opportunity to present the finest of their works – both paintings and sculptures.

The sharing the \$34,550 prizemoney including \$12,500 for the non-acquisitive

open award – the Victor Harbor Art Prize – is also very much about encouraging new artists by delivering an opportunity for them to display their works for the very first time. The thrill for a young person aged between 13-18 years winning a bronze award and \$100 is no less significant for the recipient.

Continued P9

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From P8

The sales of the overall artwork is likely to be in excess of \$300,000. More than 10,000 people will walk around the marquee over nine days viewing more than 1400 paintings and sculptures.

This year's art show judge is Rod Bax, who throughout his 40 years as a professional exhibiting artist has been admired for his gouache and watercolour works centred on the beautiful wetland areas of the southeast of South Australia. His concern and compassion for the preservation of the natural world is at the heart and core of his major works.

Rod has been awarded finalist in the 2018 Fleurieu Biennale Art prize, a finalist numerous times in the prestigious SA Museum Waterhouse Natural Science Art Prize, and is a finalist in the 2020 Adelaide Parklands Art Prize. He has won numerous awards and prizes for drawing and painting, including the Rotary Victor Harbor Art Show. He has also been a judge at various leading art shows

Adding to Rod's impressive art curriculum vitae is a background in art education. He is a Fellow of The Royal South Australian Society of Arts and exhibits regularly at South Australian galleries.

The experience for the public this year is

Pictured: This year's judge Rod Bax, and a fine example of Rod's acclaimed work *Breakfast on the Yarra*. Opposite page: New artwork for Rotary Victor Harbor Art Show logo by SA Design & Print.

extended by an opportunity to learn and be entertained by some of our finest artists. You may walk through the marquee with Alfred Engel on Tuesday January 12 at 10 am. Apart from playing an integral role in creating this art show 43 years ago he has the experience of travelling to New York to study with Professor Robert Hale at the Art Students League in 1980. He was appointed by the Minister for the Arts to the advisory and management committee of the Central Regional Cultural Authority and to the Board of the Regional Cultural Council SA, where he served until 1992.

Alfred, who was born in Austria, works in oil, egg tempera and watercolor. He is a Fellow of the Royal Society of SA, past president of the Southern District Art Society SA, and a foundation member of the Ocean Street Art Society. He has staged numerous solo exhibitions in Melbourne, Adelaide, Southport (Queensland) and Victor Harbor, and been highly honoured in Australian art. On Thursday, January 14 from 10am you may walk through the show with local artist Lorraine Lewitzka, who has been a full time painter since 1990 when she received an Art Travel Award to study in the USA and London. Through her partnership and marriage with the late Terry Lewitzka she had opportunity to study and work with many tutors, the most academically important being Leonid Vasin of China who taught traditional watercolour and oil painting, emphasising colour. Lorraine has won more than 100 first

occasionally judges.

Alan Ramachandran, a multi-award winner is his medium of watercolour with more than 15 top awards and 60 combined awards to his credit since migrating to Adelaide in 2007, will present a live demonstration on the Saturday, January 9. His career highlights include being a finalist in the Waterhouse Natural History Art Prize in 2002, a finalist in the Pro Hart Landscape Art Prize 2017, Fleurieu Art Prize and Adelaide Hills Landscape Art Prize 2017. The entire exhibition, including the walkthrough and demonstration by artists of note is about taking art to the people. It is special for the artists, and vitally important for art itself and the cultural experience in Victor Harbor and across the Fleurieu. The effort of all Rotary Victor Harbor members through its president Julie Erwin and the art show committee of David Elliott (chairman), Jessica Brodey, Karen Green, Peter Morison, John Mowling, Beth Mudge, Allison Muir, Helen Parsons, Judith Phillips and Paul Taylor has been remarkable. It is a great art show, but also not to be forgotten is the fact the Rotary Victor Harbor Art Show has raised more than \$1.5 million for local, national and overseas projects.

Given the awesome achievement of volunteers to put this event on in the midst of frightening adversity caused by the coronavirus, the need for future fundraising objectives becomes even clearer on the canvas.

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The kids live in awe of the mighty SteamRanger. We all do, especially as the century old engines huff and puff and let off a bit of steam. Getting on board is a life-long memory. We talk to the man kids want to be when they grow up...

The train driver

o seasoned train enthusiasts he may not be as well known as the immortalised steam train engineer 'Casey' Jones in an American western TV show in the 50s, and certainly not by today's kiddies who idolise Thomas the Tank Engine. Nonetheless, Ian Johnston is a hero. He's been a fireman and a driver on steam trains for more than 40 years – mostly for the amazing SteamRanger organisation - a role which undeniably ignites the most limited of imaginations. Gawd, few of us have the thrill of tooting with a bellow of steam and capturing immediate attention. While being mesmerised by its definitive 'chugging' and living the thrill of this predominantly rare moment we are all excused for living in awe of the driver. Ian (pictured), who turns 77 this month, sees himself as an ordinary bloke, but he's not really. Imagine his five grandchildren on their first day of school telling the other kids their grandfather drives a steam train. Perhaps the most remarkable thing is that it took Ian longer to learn how to drive a steam train - part-time seven years than it did gaining his Bachelor of Science Degree in Chemistry working in energetic materials which earned him a 12-month exchange scholarship in Virginia, just south of Washington, D.C. in 1984. It was 5.40am at the workshop/depot in



built in 1913 from a 1880s design in Glasgow alongside his mate Sam Cole, a trainee fireman, for the six-hour run to Goolwa via Strathalbyn. Sam also hopes to be a train driver, and he knows it will take longer to learn than it did when he gained his pilot's licence.

Like Ian, whose passion for steam trains started as a kid when they were in use on the line to Loxton, Sam and Dale got on board this unique volunteering role having been mesmerised by the bellowing smoke out of a train's funnel. They had already stoked the wood fire for six hours this previous day, and it took another two hours

to bring the water from a 3800 gallon tank located beneath the huge pile of coal back to boil.

"If you don't have it hot enough it won't burn the volatile matter off and you'll make lots of black smoke," Dale explained. "You build a nice bed of timber in there and then slowly build the coal fire on to build up 50psi steam.

"It's just nice to learn how to drive and fire the engines properly. That's the reward for me. You try as hard as you can to get the most out of the engines using the least fuel and water. We're all into this mechanical stuff; we love it.

"Building up the fire is only a part of the preparation, I guess starting with trucking the coal from the Tarrawonga mine near Gunnedah in NSW. This return trip today will probably use 3 tonne of it.

"A lot can go wrong with the engines. You have to monitor the bearings all the time. The boiler is obviously high maintenance. You have to keep it washed out and regularly inspected. All the appliances on the engine are constantly checked. Anything that moves has the potential to go wrong, but we look after them so it doesn't happen."

Dale is normally here working on the engines for at least six hours almost every Saturday, but he says he doesn't mind. "Some people go to the football and cricket: I look after steam engines," he said with a degree of pride, indeed satisfaction. Sam, who lives in Prospect, said his love

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Mount Barker on this particular occasion

and fireman Dale Patyi was preparing the

when we caught up with him. Trainee driver

Cockle Train, the Rx207 locomotive that was

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of trains came from his grandfather, Glen, who died three years ago. "He worked most of his life in the railways at Islington in the carriage shop," Sam said. "As a kid I spent most of my holidays down at Port Elliot and I'd always see this same *Rx207* train go by. Five years ago I felt I needed to be involved, and here I am.

"Being a pilot I love flying, but this is probably where the passion lay – steam. The goal is to drive this *Rx207*, and eventually the 520 model. It doesn't matter what train as long as it's steam."

Of the 200-plus remarkable volunteers within SteamRanger, 35 work on maintenance, some most days during the week. "Steam trains get you in," lan said. "Initially, working on steam trains and driving them was a bit of an thrill; an honour to be able to qualify to drive.

"Nowadays, it's becoming more of a chore, but I would not do it if there were not some pleasure out of it. The driving is the easy bit; it's the looking after the trains doing all the maintenance work in between; that's what wears you out.

"I am getting on a bit, and I have had to back off on the early starts to a 12 hour day. It's too much of the body and the mind. It's why I got Dale and Sam and others to help me prepare the train early on a Sunday morning. I need the extra two hours sleep. Why wouldn't you?

"I'm taking driving the trains as it comes. You have to remember there is a high level of responsibility here.

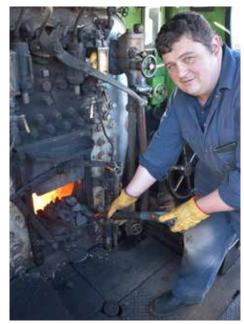
"Being a train driver is not a five-day-a-week job so learning to become one or being a fireman is not an easy task. It is also something that has quite strict regulations. To become a steam engine driver in particular you have to pass all sorts of exams both theory and practical and Dale is still in the middle of that now. He's been going some years.

"I guess driving these things makes me think a lot about my days growing up when all you had were Rx trains going through Loxton - the branch line would take light engines, and there were five trains a week. It was so busy right along the line until road trucks started taking over and railways fizzled out." For the record, according to Comrails website, Railpage Forum website and Broad Gauge Steam; the final decades by Kenn Pearce (2012) - with help from the State Library of South Australia – the last regular public steam-hauled passenger train on narrow gauge in SA departed Peterborough for Cockburn and Broken Hill on January 8, 1970. The last regular steam hauled goods train departed Port Pirie for Peterborough the following day.

Continued P11







Pictured above: Dale Patyi with Sam Cole at the Mount Barker depot. Right: Dale stokes the coals to heat up the boiler.

From P10

On the broad gauge South Australian Railways, the last regular steam hauled passenger trains operated in late 1966 to Port Pirie and Tailem Bend, and in May 1967, the last regular steam hauled goods train operated to Willunga.

lan said that you need experiences good and bad driving steam trains so that you have a background in your mind what to do if things aren't going quite right.

"This one, the *Rx207*, is easy to drive, but it's rough as guts. Just have a look at the suspension, but I guess that's all part of the character.

"I'm not sure how much longer I can do this; we'll see. It's chewed into a lot of personal time over the years; I shouldn't have let it. You need to have somewhat of an understanding wife (Ann) and two great kids like I have, but then again I think they're proud of their old man.

"I suppose when I stop driving these trains I can look back and say to myself that one of the most pleasing things about it all was pleasing kids – and the adults too.

"Part of the job is waiving to kids, giving them a short toot. You do something for them, but at the same time you don't want to give them a big toot because the little ones have the living daylights scared out of them. You have to be a bit measured on that. The more you can interact with the public the greater experience for them. "What you do is help people enjoy trains for many, many years. When I do give it away I

don't think I'll have too many regrets, but I admit the body is telling me I'm doing stuff I'm better off not doing as a 77-year-old, things like climbing up and down in the loco all day long knowing the next day my body won't work.

"That's what the love of trains like these does to you. It becomes your passion; your life

"Driving the trains takes a bit out of me, but then, when the grandkids come down and get a kick out of going on the *Cockle Train*, having the window open along the beachfront while listening to their granddad toot the horn, well, it's all worthwhile. Yeah, it's special alright."

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There is so much to see and do – it's all there to enjoy, and in this special section of Coast Lines we offer some great ideas on how to spend some of the best days of your life. We know you will enjoy the experience.

Image: Port Elliot Jetty (Trent Martin Photography





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This is a special holiday experience. There is the 45-minute Seal Island Tour - see the seals, sea lions and dolphins near Seal Island and Wright Island. Departs 1pm. Cost: \$40 adults, children (2-15) \$25, and family 2+2 \$115. The 90 min. Southern Ocean Tour takes you around the same islands plus The Bluff, West Island and along the Waitpinga Cliffs – spectacular views. Departs 11am. Cost: adult \$65, children \$50, family \$200. These tours are an unforgettable experience and worth every cent.

SPIRIT OF COORONG

Welcome aboard the magnificent Spirit of the Coorong and absorb magnificent scenery departing Goolwa Wharf into the world renowned Coorong National Park. See where the mighty Murray River meets the sea. Visit ancient sites, hear stories of the riverboat days and learn about the areas first inhabitants an area immortalised by Colin Thiele's Storm Boy. You even get to

cook cockles. Different packages available, all well priced given the extraordinary experience. www.spiritofthecoorong.com.au

THE SPECIAL P.S. OSCAR W

The PS Oscar W, which was built in 1911, is a significant part of the history of our south coast. One-hour cruises depart the Goolwa Wharf, and on Saturdays there is a lunch cruise. Great value and something very special for the family. http://www.oscar-w. info/cruises.html

RIDE HORSEDRAWN TRAM

The horsedrawn tram at Victor Harbor is the only one of its kind that runs all-year round, and the 3.1km journey across to Granite Island over a 630m causeway is a treasured moment in life. The well-trained and cared for Clydesdales are special and they pull the priceless carriages steeped in history with the greatest of ease. Times may vary because of conditions. One-day cost (reduced with rtn): adults \$10, seniors/con \$7, 4-13 \$7. Visit: horsedrawntram.com.au





OUR WINE REGIONS

They produce some of the finest wines in the world. There are 73 cellar door venues in the McLaren Vale Wine region, and another 13 in Langhorne Creek - all outstanding. Visit www.mclarenvale.info & www.langhornecreek.com and map your tour. There are also organised tours.



SPECTACULAR BEACHES

The Fleurieu Peninsula is flanked by some magnificent beaches including Second Valley Beach, which is regarded by many as the best in the state. The waters are generally calmer than the surf beaches because they are largely protected by awesome cliffs and the rock formations with their amazing colour. There is a spectacular view along the coast. A great place to visit with the kids regardless of the temperature.

CANOE THE COORONG

Tours for people of all ages and skill levels. Includes a three-hour Coorong sunset tour of the Murray Mouth, a full day all-inclusive Coorong tour, overnight camps, and for real adventurers a four-day expedition covering almost 100km. The Coorong Tour is a comprehensive experience, offering participants an all-inclusive relaxing day on the water exploring the Coorong and Murray River Mouth region. The tour cruises along at a pace that allows

guests to take in the natural wonders and wildlife that the Coorong has to offer. Visit: canoethecoorong.com or 0424 826 008: e: canoethecoorong@gmail.com

DISCOVER DEEP CREEK

There are 15 walking trails from easy to very difficult, including sections of Heysen Trail. It's worth the effort when you see spectacular scenery of Backstairs Passage, Kangaroo Island and the rugged Deep Creek Valley. It costs \$11 for car entry. You can see so much in one day with a 2WD on sealed roads and a moderate amount of hiking experience. To see more you probably will need a 4WD to take some unsealed roads to the Blowhole Beach and Boat Harbour Beach. Visit: www.parks.sa.gov.au

COCKLE TRAIN

A must for all families. The Cockle Train travels along the oldest steel railed railway in Australia dating to 1887 when it was constructed to provide a link between the River Murray and the ocean wharfs at Port Elliot and later at Victor Harbor. There will be additional times and six engines used during the Christmas-New Year break. Duration 1.5 hours round trip; 30 mins each way. This truly is a memorable experience. Check the website for all details: www. steamrangerheritagerailway.org

SWIM WITH THE FISH

Oceanic Victor offers an amazing marine adventure of a lifetime. Explore life beneath the waves; swim and interact with a range of marine creatures including Southern Bluefin tuna. 8552 7137. oceanicvictor.com Continued P18

SATC images: Opposite page - The Big Duck (Benjamin Engel). Spirit of the Coorong. Top: Pizzateca wine bar & restaurant at Chalk Hill Rd, McLaren Vale (Josie Withers). Second Valley coastline (Richard Kozusko).



192a Main Road McLaren Vale



Find something a little out of the ordinary at

Its Ozzy Wonderful Alternatives

... a gallery of gifts & treasures from Australia & Europe waiting to be discovered!

*Australian timber wooden clutches *Original Cuckoo Clocks with a contemporary twist *Bottlelight - a brilliant alternative to candles *Local Artisans *Indigenous art *Opals *Björn Köhler figurines ... and so much more



Sabine & Zig welcome you Open daily 11am-4pm leading up to Christmas

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Thank you to all our artists and customers for their support throughout this challenging year.
Wishing you a safe and happy holiday season. - John & Liz



Original Art Sculptures Jewellery Gifts

Open every day
(except Christmas Day)
10am- 4.30pm
12 Hays Street, Goolwa
08 8555 0949
artworxgallery.com.au



Fun for the family and it's free!

Drive on the beach: Experience the Murray Mouth from driving along Goolwa Beach, or park your car on the magnificent Aldinga Beach.

Discover Hindmarsh Island – grab some fish 'n chips and take in the views from the other side of the Murray Mouth.

Go fishing: Some great family spots include: Barrage 19 on Barrage Road, Goolwa or off the jetties at Victor Harbor, Rapid Bay, Noarlunga and Milang. Fishing off Goolwa Beach or at Waitpinga Beach is great fun.

Playgrounds: There are some superb and safe gems for the kids including the Jubilee Park Adventure Playground at Port Noarlunga – it's one of the best playgrounds in SA. Suitable for all ages. Other excellent playgrounds are at Barrage Rd, Goolwa; Flinders Pde and Soldiers' Memorial Gardens on The Esplanade, Victor Harbor; Starfish Park, Mint Dr, Hayborough; Yankalilla main road. Check council guides.

Go to the beach: The Fleurieu has some sensational patrolled beaches on the western side south from Christies Beach, through to Aldinga beach and Second Valley, and across to the south coast to Chiton Rocks, Port Elliot, Middleton and Goolwa. Swim between the lines – be careful, some areas may have dangerous rips.

Skateparks: In the heart of Strathalbyn in N Parade, just behind tennis club driving into town from Mount Barker there's a well designed skatepark for newcomers and those who like a challenge. Other great skate parks, etc are at the Mount Compass Recreation Park in Waye Crt, which incorporates a state of the art skate park, BMX track and open play space. Also, the Yankalilla Lions Youth Park at 182 Main Rd, which has a large skate park, is perfect for anyone with a bike, skateboard, scooter or roller skates.

Walk over the causeway at Victor and go around Granite Island and see the art and spectacular views.

Continued P19





Friday night sailing @ Goolwa: Grab your deck chairs, picnic basket and refreshments and watch the Goolwa Regatta Yacht Club races from the lawns by Goolwa Wharf - look for with the entertaining team from Cittaslow Goolwa. Really pleasant night.

Encounter Bikeway: It's a magnificent track from Goolwa to Victor Harbor. Didn't bring the pushbikes? See the guys at Goolwa Bike Hire at Hart's Chandlery, 237 Liverpool Rd, Goolwa (by the railway line).

... and the day trippers

Depending where you are staying, there are some ideas on fabulous places to go all within an hour.

Do a **tour of the wineries** in McLaren Vale and Langhorne Creek.

Go to a great cafe or eaterie whether its by the shore at Aldinga, Port Noarlunga, Willunga or across the south coast.

The **Murray Mouth** is an amazing view... take a drive across Hindmarsh Island.

Visit Strathalbyn – walk the streets lined with heritage buildings and grab a bargain in the antique shops. It's worth a trip just for the mushroom pies at Pestka's in Dawson Street.

It might not be the best time of the year, but the kids love to explore at the Ingalalla Falls at Hay Flat and Hindmarsh Falls at Hindmarsh Valley.

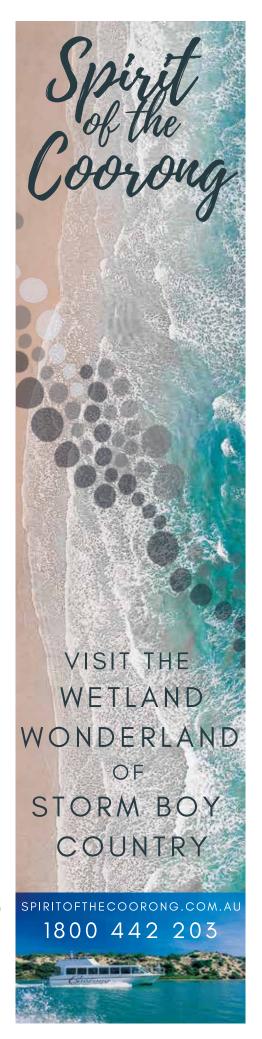
If you're staying the the north of the Fleurieu drive to **Horseshoe Bay**, Port Elliot – one of the most stunning beaches along our coast. Look into the Southern Ocean and there is Pullen Island. There's also the **Flying Fish**, a superb cafe & restaurant. And if you're south, head to a great pace to visit and walk around – **Port Noarlunga**. Another bakery to try.

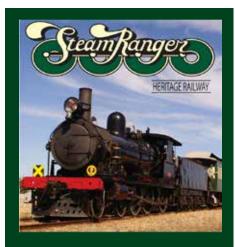
If you're into South Australia's past you must go on the fascinating **history trail at Willunga.**

Continued P20

Image: You may drive a 4WD along Goolwa Beach to the Murray Mouth. (Ryan Formosa Photography).







GOOLWA - MIDDLETON -PORT ELLIOT - VICTOR HARBOR

Hear the puffing engines or the classic trains hauled by heritage diesel roll along the oldest steel railed railway in Australia.

Welcome aboard the Cockle Train - named so because in our pioneering days local residents would take a horsedrawn train to Goolwa to collect cockles from the sandy beaches near the Murray mouth. You still can.

The boilers in the old trains are steaming; the classic engines are ready. Hop aboard for a lifetime experience.

TIMES / TICKETS

December: Sundays, Wednesdays & Saturdays

January: Every day in January - extra trains during Christmas-New Year.

Trains leave from Goolwa 10am each day, and first train from Victior Harbor 11am. Check times when purchasing tickets from all stations - Goolwa, Middleton, Port Elliot & Victor Harbor.

Services scheduled to be steam loco hauled will be changed to herritage diesel or railcars if a fire ban is declared for the Mount Lofty district. The Cockle Train will not operate if the forecast temperature for Victor Harbor is 35c or above.



The ride of a lifetime! www.steamranger.org.au



What can we do today?

Lose to the kids at **putt putt golf** by the start of the causeway at Victor Harbor. Sink the ball into the shark! Great family fun.

Play some real golf: Of the eight golf clubs across the Fleurieu Peninsula only Willunga is a public course. Check it out: great facilities: 8556 2676 or >www.willungagolf. com.au< All of the other clubs invite you to have a game – contact the pro shop. South Lakes at Goolwa is among the top courses and has a great restaurant, which is also open to the public: T: 8555 2299 or www. southlakesgolf.com.au

Share a great the experience – **visit Monarto Safari Park**. It's open 9am-4.30pm. It's not as far from Victor Harbor as you think going through Strathalbyn. www.monartosafari. com.au

Like a bit of action and fun? **Go paintballing**. There's a well-priced and well-organised outfit at Paintball Sports on Blackfellows Creek Road, off Yundi Road, Kuitpo Forest. Give them a call. Visit: www.paintballsports. com.au

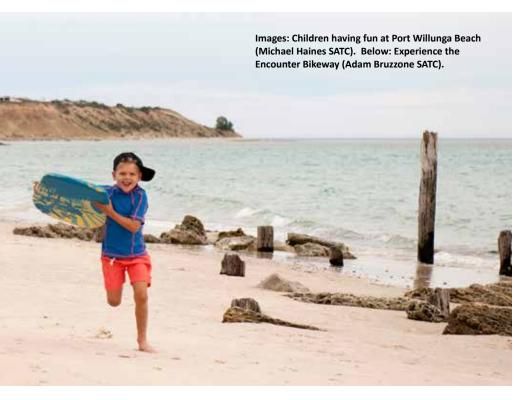
Catch some fish (with a lot of fun). Drop a line to Rod at Pirate's Seachest Charters. He runs personalised charters with all fishing gear and bait supplied. He's based in Victor Harbor, but he'll take you out in a spacious boat where the fish are. Very reasonable rates and safety is of paramount importance. Sea and Murray River options. Very honest operator, but the fish hate him. Call 0429 192 452.

Go to the movies at Victa Cinemas, a classic theatre with all the latest releases in Ocean St, Victor Harbor. Check out what's on and the session times: www.victacinemas.com. au

See a wonderful collection of **dolls** and buy some irresistible English **Iollies** at **Dollies & Lollies**, Cadell St, Goolwa.

Continued P21





From P20

Go to the award-winning **Fleurieu Aquatic Centre**, 50 Ocean Road, Hayborough. It's one of the best swimming centres for all ages and it's incredibly well run. Great facilities. Visit: www.fleurieuaquaticcentre. com.au or T: 7078 415.

Visit a museum... Milang Historic Railway Museum 182 Daranda Tce – it's fascinating. Check times: 0414 232 060. Visit: >www. milangrailway.org.au< Another interesting and well-presented museum is the Southern Fleurieu Historical Museum behind the Port Elliot showgrounds, 5 Wright St. Check times: 0497805379. >sfhmuseum.net.au<

And if you like old cars... visit Gilbert's Motor Museum, 32-34 High St,. Strathalbyn. An incredible collection of vintage and classic cars, plus a library of treasured motorsport books and memorabilia. And take a look at the Kenny Blake memorial down the road; incredible.

Goolwa Motor Museum in 45 Gardiner St, Goolwa also has some marvellous pieces of car history.

Visit the Whale Centre. Have a whale of a time at 2 Railway Tce, Victor Harbor. Open daily from 10.30am-5pm. Children \$5, adults \$10, concession \$7, family7 2+2 \$27.

Learn to surf... a highly-recommended school is Phil Ball's Ocean Living Surf School at Goolwa Beach.

Phil and his instructors provide a great learning experience with the latest gear and techniques with all equipment provided (surfboard, wetsuits, sun block). olsurfschool.com.au

Learn to stand up paddle boarding with

Encounter Water Sports. Call Any on 0414 521 475. encounterwatersports.com.au

Get on your bike and ride along the magnificent **Encounter Bikeway** from Goolwa-Victor Harbor. It's safe and a great family outing. Sensational views.

Go horse riding. High Country Trails at Normanville offers horses to suit every standard of rider – including for 'first timers'. There are also pony rides for under-9s at \$20 for 20 minutes. One hour ride through Yankalilla Bay onto the beach costs \$50 per person. Bookings essential.

Take a two-hour **SA Maritime History Cruise** from Goolwa along the Murray River including the barrage, Coorong Quays, bridge and four shipwrecks. Visit: goolwaboatcruises.com.au

Pick your own strawberries and see a superb selection on offer of some of the finest produce the region has to offer at Harvest the Fleurieu and the main Adelaide road just outside of Mount Compass. Icecreams are wicked. Visit: www. harvestthefleurieu.com.au

Let's go shopping. The shopaholics of this world will love to discover some beaut places right across the Fleurieu. There's Its Ozzy Wonderful Alternatives, a gallery and gift shop at 192a Main St, McLaren Vale with a fabulous array of European and Australian works. Artworx Gallery in Hays St, Goolwa is well-known for its fine paintings and sculptures on display, as well as some amazing gifts in the galley — must visit. Rainsford's by Design in Railway Tce, Goolwa also has some crafty and quaint ideas for the home.

Continued P22

Happy New Year from the Victor Harbor Tyrepower team - Deb, Graham & Kaleb



... and please, let's make it
a safe one!
See the Victor Harbor
Tyrepower team before
you head-off for your
holiday or return home

- We can check the tyres on your caravan, camper, boat & jetski trailer before your trip
 - Get a wheel alignment done by our experts
- Free battery & tyre check

We have a huge range of new tryes



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www.victorharbortyrepower.com.au

LEARN TO SURF



Learn how to surf and have surfing lessons from Ocean Living Surf School, located at Goolwa Beach. Ocean Living Surf School offers group and private surf lessons; team building; surfing awareness lessons for kids, adults, parties, school groups, women only, corporate and community groups. Beginners, Intermediate and Advanced.

Proprietor Philip Ball and his instructors provide a great learning experience with the latest gear and techniques with all equipment provided (surfboard, wetsuits, sun block). We also incorporate safety and ocean awareness into all lessons, all of which is designed to get you surfing - and having fun! Gift vouchers available.

Call Phil today!

0487 921 232 e: bookings@olsurfschool.com.au olsurfschool.com.au







Discover the sensational walking trails

Walking SA has identified 76 walks and trails across the Fleurieu Peninsula. None offer more sensational views and a reasonable challenge than through the Deep Creek Conservation Park and the continuation of the Heysen Trail between Waitpinga Beach and The Bluff, Victor Harbor. Visit: www. walkingsa.org.au

There are 15 walking trails from easy to very difficult, including sections of Heysen Trail. It's worth the effort when you see spectacular scenery of Backstairs Passage, Kangaroo Island and the rugged Deep Creek Valley. It costs \$11 for car entry. You can see so much in one day with a 2WD on sealed roads and a moderate amount of hiking experience. To see more you probably will



need a 4WD to take some unsealed roads to the Blowhole Beach and Boat Harbour Beach. Visit: www.parks.sa.gov.au

A really great walk for the whole family is the trail around Myponga Reservoir. It takes about an hour starting from the road opposite the general store and alongside the brewery. Grab the hats, sunscreen and the picnic basket.

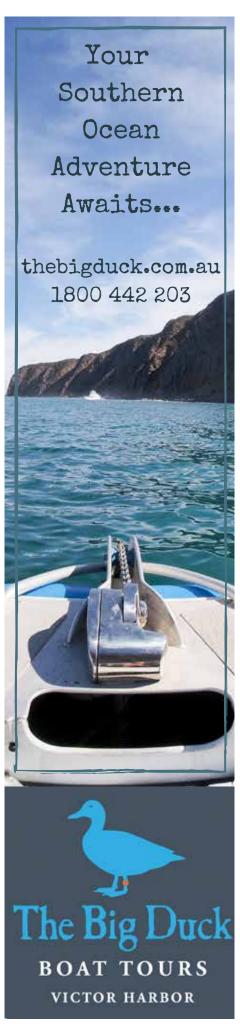
Another magnificent and not-to-testing walk for the family is at the end of the Heysen section - from The Bluff along the cliff edge down to Kings Beach. You may also start at the Kings Beach look-out and car park at the end of Three Gullies Rd-Kings Beach Rd and head towards Waitpinga.

Remember, don't forget your hat and sunscreen. Take some water and wear the appropriate footwear.

Continued P24

Images: Above - Hiking through Kings Head (Peter Fisher, SATC). Left: Another view of Kings Beach trail (Ben Goode, SATC).







NEW SUMMER MENU

BEER GARDEN / ALL DAY DINING SATURDAYS

HAPPY HOUR FRIDAY 5 TIL 7PM





35 The Strand, Port Elliot 8554 2218

info@hotelelliot.com.au www.hotelelliot.com.au



Fine wine & grazing...

RESTAURANTS / BISTROS

Softfoot Alpaca Farm & The Swagman Chargrill Restaurant, Sawpit Road, Hindmarsh Valley (from Victor Harbor go on Greenhill Road over Ring Road bridge, stay left then turn right into Sawpit Road). High quality; reasonable prices. Must try the real Aussie-style entrée – In house saltbush & wattle seeds flat bread. TP: 0400 983 922. Menu: visit www.theswagman.rest/eat

The Flying Fish Cafe & Restaurant, The Foreshore, Horseshoe Bay, Port Elliot. The food and wine selection is like the views – sensational. Best fish restaurant, and also has excellent steaks on the menu. Beautiful spot for breakfast, lunch or dinner. You can even have a cone of the best fish 'n chips on the beach as a takeaway. www. flyingfishcafe.com.au/cafe-and-restaurant/ restaurant/

The Anchorage, 21 Flinders Parade, Victor

Harbor. Set in a magnificent heritage beachfront building and it's full of charm. The restaurant meals and the cafe selections are superb – a wonderful experience and service & quality assured. Full breakfasts from 9-11am, lunch noon-2pm, and dinner 5.30pm-late. This is where you will enjoy a coffee and cake with friends, and the lunch and dinner menu has the all time classics, but the best is on the specials board. T: 8552 5970. https://anchoragehotel.com.au/bistro/

Loco Mexican, 17-21 Ocean St, Victor Harbor. Amazing food, atmosphere and service at very good prices. A great night out plus takeaways. Menu: locomexican.com T: 8552 9883.

Nino's of Victor Harbor, 17 Albert Place. Sensational Italian food and they make the best pizza along the south coast (takeaways available). Menu: ninoscafe.com.au T: 8552

The Winehouse at 1509 Langhorne Creek Road, Langhorne Creek celebrates a fantastic tasting experience featuring four award-winning boutique Langhorne Creek Wine labels. Superb cafe/restaurant in magnificent surrounds. T: 8537 3441. https://thewinehouse.com.au Also check



23

out the cellar doors in the region – all first class.

Rankines at The Whistle Stop, 7 Hays Street, Goolwa. A cafe, bar and restaurant that always has some scrumptious special on the board and a fine wine selection. T: 8555 1171

PUB MFALS

Elliot Hotel in The Strand, Port Elliot by the railway line. Excellent choices – recommend the steak – at reasonable prices. T: 8554 2218. www.hotelelliot.com.au

Yankalilla Hotel also has a sensational menu – the best schnitzels are great. T: 8558 2011. www.yankalillahotel.com.au

CAFFS

Hector's on the Wharf: Right on the wharf at Goolwa by the bridge. Superb light meals and great service. T: 8555 5885

Beelicious: Quaint cafe on Inman Valley Road, just before Inman Valley. Site of Glazier Rock. Amazing meals and incrediblywell priced. M: 0461 476 231 627.

Normanville Kiosk and Cafe: Superb location on the beachfront by the Normanville jetty, and excellent light meals and coffee. T: 8558 2575

Off to market we go...

CITTASLOW GOOLWA FARMERS MARKET:

Jeralde Park, Goolwa Wharf on Sunday, February 8, 9am-1pm. Enquiries: Jane 0419 855 148.

GOOLWA WHARF ROTARY MARKET:

Goolwa Wharf, first & third Sunday of the month. Rotary Club of Encounter Bay. T: 0459 786 469.

MOANA MARKET: Pioneer Hall, Nashwauch Cres, Moana. Second Sunday of the month 9am-1.30pm. Enquiries: Jo 0412 630 518.

MYPONGA MARKET: Main Road, every Sat & Sun 9.30am-4pm. Art, books, toys, leatherwork, records, vintage bric-a-brac, waffles and gelato. Enquiries: Rick 0405 235 243

NORMANVILLE FARMERS MARKET: Held at the town centre Main Road on the first Saturday of each month from 9am-1pm - next market Saturday, February 6 with 40 stalls - great family atmosphere.

PORT ELLIOT ROTARY MARKET: First & third Saturdays of the month at Lakala Reserve, Young Street, Port Elliot from 9am-2pm. Wonderful food, fresh produce and homemade clothing and crafts.

STRATHALBYN TREASURE MARKET: Next to Gilberts Motor Museum in High Street, Strathalbyn third Sunday of the month 8am—3pm. Local produce, bric-a-brac, crafts, plants, jewellery, trash-and-treasure stall.

VICTOR HARBOR BEACHSIDE MARKET:

Esplanade, Soldiers Memorial Reserve second & fourth Sundays & every Sunday in January and public holidays 9am-4pm.

VICTOR HARBOR FARMERS MARKET: Fresh produce at Grosvenor Gardens, Torrens St very Saturday from 8am-12-30pm at Enquiries: 0438 858 667.

WILLUNGA FARMERS MARKET: National award-winning market on main street every Saturday 8am-12.30pm. Enquries: 8556 4297 or Jeni 0411 049 570.

WILLUNGA QUARRY MARKET: Buy local produce, gifts and search for bargains. Aldinga Road, every second Saturday 8amnoon. Contact Rob Hall 0408 897 393.

YANKALILLA PRODUCE & CRAFTS MARKET: Yankalilla Agricultural Hall on Saturday on January 16 from 9am-1pm.



Ocean St,
Victor Harbor
T: 8552 1325



Tickets \$13
Check out movie
deals: www.
victacinemas.com.au

Given the continued uncertainty of movies releases from the United States of America movie programs may change at theatres across Australia. Please check Victa Cinema movie times for January & February: www.victacinemas.com.au



Croods 2

(CTC) Animation, adventure, comedy starring Ryan Reynolds, Nicolas Cage, Emma Stone. The prehistoric family the Croods are challenged by a rival family the Bettermans, who claim to be better and more evolved.

Wonder Woman 1984

(M) Action, violence. Fast forward to the 1980s as Wonder Woman's next big screen adventure finds her facing two all-new foes: Max Lord and The Cheetah. Directed by Patty Jenkins starring Pedro Pascal, Gal Gadot, Connie Nielse.

Dragon Rider

(PG) Animated, adventure, family. Firedrake, the young silver dragon, has had enough of constantly having to hide in a wooded valley. He wants to show the older generation that he is a real dragon. When humans are about to destroy his family's very last refuge, Firedrake secretly sets off on an adventurous journey with forest brownie Sorrel. On their quest, Firedrake and Sorrel encounter Ben, an orphan and stray, who claims to be a dragon rider. Directed by Tomer Eshed starring Felicity Jones, Thomas Brodie-Sangster, Patrick Stewart, Freddie Highmore, Meera Syal.



The Dry

(MA15+) Crime, drama, thriller - strong themes & violence. Directed by Robert Connolly starring Eric Bana, Genevieve O'Reilly, Keir O'Donnell. Aaron Falk returns to his drought-stricken hometown to attend a tragic funeral. But his return opens a decades-old wound - the unsolved death of a teenage girl.

Dream Builders

(PG) Animation, adventure, comedy. Directed by Kim Hagen Jensen, Tonni Zinck starring Robyn Dempsey, Emma Jenkins, Luke Griffin. Centres on Minna, a young girl who misuses her newfound ability to create and control other people's dreams to teach her bothersome stepsister a lesson.

May the Bee 3: The Golden Orb

(G) Animation, adventure. Directed by Noel Cleary starring Coco Jack Gillies. When Maya, a headstrong little bee, and her best friend Willi, rescue an ant princess they find themselves in the middle of an epic bug battle that will take them to strange new worlds and test their friendship to its limits.

Music

(CTC) Drama, musical. Directed by Sia starring Juliette Lewis, Kate Hudson, Leslie Odom Jr.Zu is newly sober when she receives news that she is to become the sole guardian of her half-sister named Music, a young girl on the autism spectrum. The film explores two of Sia's favorite themes: finding your voice and creating family.

Penguin Bloom

(CTC) Drama. Directed by Glendyn Ivin starring Naomi Watts, Andrew Lincoln, Rachel House. A family takes in an injured Magpie that makes a profound difference in their lives.

Ammonite

(CTC) Biography, drama, romance. Directed by Francis Lee starring Kate Winslet, Saoirse Ronan, Gemma Jones. It's1840s England, acclaimed but overlooked fossil hunter Mary Anning and a young woman sent to convalesce by the sea develop an intense relationship, altering both of their lives forever.

High Ground

(CTC) Action, thriller. Directed by Stephen Johnson starring Simon Baker, Jacob Junior Nayinggul, Jack Thompson. In a bid to save the last of his family, Gutjuk, a young Aboriginal man, teams up with ex-soldier Travis to track down Baywara, the most dangerous warrior in the Territory, his uncle.

Summerland

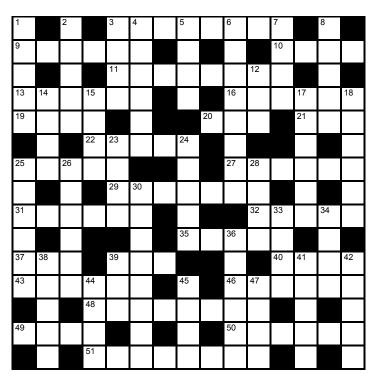
(CTC) Drama, romance, war. Directed by Jessica Swale starring Gemma Arterton, Gugu Mbatha-Raw, Penelope Wilton. During World War II, an Englishwoman opens her heart to an evacuee after initially resolving to be rid of him in this moving journey of womanhood, love and friendship.

Nomadland

(CTC) Drama. Follows a woman in her sixties, who after losing everything in the Great Recession embarks on a journey through the American West, living as a van-dwelling modern-day nomad. Directed by Chloé Zhao starring Frances McDormand, Gay DeForest, Patricia Grier.

Promising Young Woman

(CTC) Comedy, crime, drama. Directed by Emerald Fennell starring Carey Mulligan, Bo Burnham, Laverne Cox. Nothing in Cassie's life is what it appears to be – she's wickedly smart, tantalisingly cunning, and she's living a secret double life by night. Now, an unexpected encounter is about to give her a chance to right the wrongs from the past.



Crossword

48 Stirred violently	24 Discharge in
49 Military force	disgrace
50 Nullify	25 Fruit
51 Proposes as	26 Malignant
suitable	substance
	28 Vend
Down	30 Commanding
1 Region	33 Consumer
2 Suave	34 Otherwise
3 Country	36 Mourn
4 Worshipped	38 Driving
5 Melt, as snow	mechanism
6 Lawbreaker	39 Seek charity
7 Ova	41 Put to trial
8 Sovereign	42 Church office
12 Inferior horse	bearer
14 Lubricates	44 Periods of time
15 Yield	45 Labyrinth
17 Person of	47 Lyric poems
learning	
	49 Military force 50 Nullify 51 Proposes as suitable Down 1 Region 2 Suave 3 Country 4 Worshipped 5 Melt, as snow 6 Lawbreaker 7 Ova 8 Sovereign 12 Inferior horse 14 Lubricates 15 Yield 17 Person of

18 Obtains metal

23 Single occasion

from ore

Alfakodo

The aim of the puzzle is to allocate a number from 1-26 (right-hand column) to a letter of the alphabet (left-hand column), using the mathamatical equations and clues provided. Only one number can be allocated to one letter. You can work out the numbers by using those letters that have numbers provided. For example in this puzzle (U) is worth 9 and (G) is worth 8 so (H) must be worth 17. It means that anywhere there is a (H) in the puzzle it is a 17 and so on.

Α	L+M	
В	Y÷V	
С	Q+D	
D	Q-W	
E	A+F	
F	G÷B	2
G	H-U	8
Н	Q+F	
I	U+F	
J	F+X	
K	О-Т	
L	G+R	
M	W÷F	

N	F+G	
0	F+P	
Р	D+E	
Q	R+N	
R	A÷B	5
S	B+H	
T	U+N	
U	Z-U	9
V	T-C	
W	O-I	14
X	K×B	
Υ	S-U	
Z	R+L	



FOCUS An All Australian Word Game

- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words

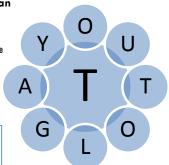
40 Comfort

43 Transmitter

46 Mouthful

- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S Good: 10 words
FOCUS Very good: 16 words
Excellent: 25 words



On the brighter side...

BREAKING NEWS

Butcher arrested: caught selling twolegged cow as lean beef

A BAR PERFORMER

A man walks into a bar and asks the bar person: "If I show you a really good trick, will you give me a free drink?"

The bar person agrees. The man reaches into his pocket and pulls out a tiny rat. He reaches into his other pocket and pulls out a tiny piano. The rat stretches, cracks his knuckles, and proceeds to play the blues. After the man finishes his drink, he asks the bar person: "If I show you an even better trick, will you give me free drinks for the rest



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of the evening?"

The man reaches into another pocket and pulls out a small bullfrog, which begins to sing along with the rat's music.

While the man is enjoying his free drinks a stranger confronts him and offers him \$400 for the bullfrog. The man says: "Sorry, he's not for sale."

The stranger increases the offer to \$500 cash up front. "No," the man insists. Then it's \$700, and the man finally agrees, and gives frog to the stranger.

The bar person says: "Are you insane? That frog could have been worth millions to you, and you let him go for a mere \$700." The man says: "Don't worry about it... the

frog was really nothing special. You see, the rat's a ventriloquist."

A BAG OF TRICKS

Three blokes, one from Port Elliot, another from Victor Harbor and the third from Middleton have too much to drink and conspire to rob a local local business in Goolwa. Drunk as they are, they try and rob the place but are too drunk to pull it off. As the alarms scream, they run down an alley. Hot on their heals are the police, responding to the alarm.

As the three drunks head off through a few back streets they spot a Cats and Dogs Home and jump over the fence into the kennel yard. They see three empty sacks on the ground and they each crawl into one. An officer leaps over the fence behind them and spots the three bulging sacks on the ground. The officer kicks the first sack and the Port Elliot bloke shouts: "Bark! Bark!" The officer thinks: "Ah, it's a cats and dogs home, it must be a dog!"

The officer kicks the second sack. The bloke from Victor says: "Meow, meow!" The officer says: "It must be a cat."

He turns his focus to the third sack and kicks

it. And the bloke from Middleton cries out: "Potatoes."

STAIRWAY TO TEARS

Davo, Steve and Pete go to New York for a holiday and check into a hotel. The receptionist tells them that the lifts aren't working and they need to use the stairs and they're on the 75th floor.

Davo and Steve 'go bananas', but Pete says: "Look, there's nowhere else to stay at this price so let's make the most of it... why don't we pass the time while climbing the stairs - Davo, you tell jokes, Steve you sing, and I'll tell sad stories."

They agree, so Davo tells jokes for 25 floors, Steve sings for another 25, and Davo then tells the saddest stories they've ever heard. They get to the 75th floor and Davo and Steve are crying their eyes out when Pete tells his last sad story.

Pete says: "I've left the keys to the room at reception."

AYE FOR AN AYE

A seaman meets a pirate looking dejected and feeling sorry for himself sitting on the edge of a wharf at Goolwa.

The talk about their adventures on the sea when the seaman notes that the pirate has a wooden leg, a hook, and an eye patch. The seaman asks: "So, how did you end up with the wooden leg?"

The pirate replies: "We were in a storm at sea and I was swept overboard into a school of sharks. Just as my men were pulling me out a shark bit my leg off."

The seaman says: "Wow, that's amazing... what about your hook?"

The pirate says: "Well", we were boarding an enemy ship and were battling the other sailors with swords. One of the enemy cut my hand off."

The seaman says: "That's incredible... and





Mark Scabissi

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What's the difference between a cat and a comma? A cat has claws at the end of paws; a comma is a pause at the end of a clause.

the patch?"

The pirate says: "A seagull dropping fell into my eye." The seaman says: "A seagull? And the pirate says: "Aye, a seagull dropping." The sailor says: "How could that happen?" And the pirate says: "It was my first day with my hook."

A GRAVE MISTAKE

A tourist in Vienna is going through a graveyard and all of a sudden hears music. No one is around so he starts searching for the source. He finally locates the origin and finds it is coming from a grave with a headstone that reads: "Ludwig van Beethoven, 1770-1827." He realises that the music is Beethoven's Ninth Symphony and it is being played backward.

Puzzled, he leaves the graveyard and persuades a friend to return with him. By the time they arrive back at the grave the music has changed. This time it is the *Seventh Symphony*, and like the previous piece, it is being played backwards.

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Curious, the men agree to consult a music scholar. When they return with the expert, the *Fifth Symphony* is playing – again backwards.

The expert notices that the symphonies are being played in the reverse order in which they were composed - the 9th, then the 7th, and 5th.

By the next day the word has spread and a crowd has gathered around the grave. They are all listening to the *Second Symphony* being played backward. Just then the graveyard's caretaker ambles up to the group. Someone in the group asks him if he has an explanation for the music. And the graveyard caretaker says: "I would have thought it was obvious... he's decomposing."

DAD JOKES...

How many times can you subtract 10 from 100? Once. The next time you would be subtracting 10 from 90.

Did you hear about the claustrophobic astronaut? He just needed a little space.

What sits at the bottom of the sea and twitches? A nervous wreck.

What did the left eye say to the right eye? Between you and me, something smells.

What did the shark say when he ate the clownfish? This tastes a little funny.

Why did the frog take the bus to work today? His car got toad away.

What is an astronaut's favourite part on a computer? The space bar.

Did you hear about the two burglars who stole a calendar? They each got six months.





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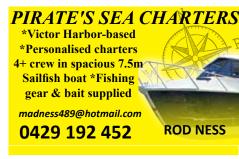
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Real estate



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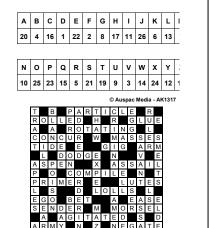


Wardrobes



Puzzle answers from P25

alto auto galoot gloat glut goat gotta gout layout logout loot lotto lout outgo outlay outta taut tautly TAUTOLOGY toga tolu tool toot total tout



Pad See Ew

Thai Stir Fry



Ingredients

200g wide dried rice noodles*

Sauce

2 tbsp dark soy sauce

2 tsp soy sauce

2 tbsp oyster sauce

2 tsp rice wine vinegar

2 tsp brown sugar

2 tbsp water

Stir Fry

3 tbsp peanut or vegetable oil

2 cloves garlic cloves

250g chicken thighs sliced

4 broccolini stems

1 cup baby spinach leaves

1 large egg

½ tsp chilli flakes (optional) spring onion chopped

chopped roasted peanuts

Preparation

Whisk sauce ingredients in a bowl until sugar has dissolved, then set aside. Peel and finely chop garlic cloves. Cut chicken thighs into bite size pieces. Wash broccolini, trim ends then cut into small pieces, separating stems from flouretts.. Tear baby spinach leaves in half. Whisk egg in a cup.

Place noodles in a bowl and cover with boiling water for 6-8 minutes. Noodles should be softened, but not mushy. Strain using a colander. Stir a teaspoon of oil through the drained noodles to avoid clumping.

Cooking

Heat 1 tablespoon oil in a large fry pan over med-high heat. Add garlic and stir for 15 seconds in hot oil. Add chicken and cook until it turns from pink to white, stirring occasionally. Add the broccolini stems and continue cooking for two minutes, then add broccolini flourettes and baby spinach leaves — cook for another minutes. Push ingredients to oneside in the pan.

Pour whisked egg into pan and stir with a spoon until scrambled. Combine egg with other ingredients and transfer to a bowl and set aside.

Allow pan to cool slightly then wipe clean with paper towel.



Return pan to high heat, and add 2 tablespoons oil. Once pan and oil are heated, add drained noodles and toss for 1 minute. Add sauce (and chilli flakes if using)and gently toss for 3 minutes, or until noodles begin to caramalise. Reduce heat slightly and add other ingredients to the noodles. Stir until combined and heated through (about 1-2 minutes). Top with roasted chopped peanuts and sliced spring onion to serve. Serves 2-3.

*Note: Pad Thai rice noodles are suitable for this dish. Prawns, tofu, beef can be used instead of chicken.



Classic Prawn Caesar Salad

Ingredients

3 tbsp olive oil

50g thinly sliced Prosciutto, cut into strips 3 slices bread, crusts removed and cut into cubes

2 eggs, poached or soft boiled 2 baby cos lettuce 400g cooked large prawns ¼ cup Caesar Salad dressing* Parmesan cheese, shaved

Method

Heat one tablespoon of olive oil in a pan over medium heat. Add Prosciutto strips and cook until crisp. Remove from pan and dry on a sheet of paper towel.

Reduce pan to low-medium heat. Add 2 tablespoons of olive oil to the pan, and once heated add cubed bread pieces. Toss in the oil until croutons are golden and crisp (do not over cook). Set aside.

Poach two eggs until yolks are just set, or alternatively soft boil the eggs. Set aside to cool (peel the soft boiled egg once cooled if using). When cool, roughly chop the eggs. Assemble salad just prior to serving. Place washed, drained and torn cos lettuce leaves in a large bowl. Add Caesar salad dressing and toss until leaves are very lightly coated. Add Prosciutto, prawns and croutons and toss to combine. Garnish with shaved Parmesan cheese and roughly chopped eggs. Serves 2-4.

Note: Thinly sliced cooked chicken breast can be used instead of prawns. Beerenberg Caesar Salad dressing is ideal.



Ingredients

- 1 banana
- 250g strawberries
- 2 peaches
- 1 tbsp honey
- ¼ tsp cinnamon
- 1 tbsp coconut oil
- ½ tsp vanilla

Peel bananas and slice. Wash, hull and halve strawberries. Peel peaches and slice. Place fruit in a bowl.

Ricotta Cream

½ cup smooth ricotta

½ tsp vanilla essence

2 tsp honey (or maple syrup)

Combine ricotta, vanilla and honey in a bowl and set aside.

Pre-heat grill to medium. Warm honey, cinnamon, coconut oil and vanilla using either stove top or short burst in microwave oven. Pour liquid over fruit and stir gently to coat. Spread fruit in a single layer on a baking tray.

Grill on medium heat for 5 minutes, or until fruit begins to caramelise. Remove from grill and transfer fruit to serving dishes. Serve warm with ricotta cream. Serves 2.

Note: Other fruit like fresh pineapple, nectarines, plums etc can be used. This recipe is suitable for BBQ.



