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FREE

August 2020 Vol. 9 #126

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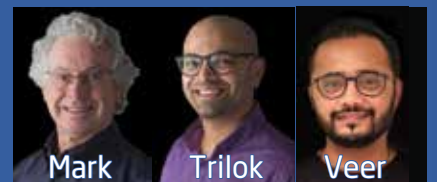
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Hello,

Some of our valued readers have been unsure when we distribute each new monthly edition of Coast Lines. We determine the distribution date as the first Thursday of each month. If the first of the month is a Friday, then it's out Thursday the 7th.

However, in order to have enough time to physically deliver all 6000 copies to our 150-plus outlets on the Fleurieu Peninsula we need to start the 500KM-plus round trek on the Tuesday of that week whilst trying to resist the lure of sensational bakeries along the journey.

This is why some outlets may have copies and another regular outlet is still waiting for them. We sincerely apologise if copies of Coast Lines have already been picked up when you go to look for a copy.

If you miss out on a copy you may read one online, or you may register online to receive an electronic copy emailed to you each month. There is no charge for this - you need to simply follow the links on our website, including emailing us.

May we take this opportunity to again thank all of our readers, and the distributors who kindly make your magazine available.

Come September it will be the start of our tenth year producing Coast Lines, and not one edition would have been possible without the support of our advertisers.

Take care.

Ashley & Jenny



Victor Harbor Horse Tram Authority general manager Meg Whibley aboard the tram currently being restored.

For the love of funny Albert and a horse-drawn tram

Albert is as happy as Larry, and rightly so given that he celebrated his 12th birthday this week with extra fuss coming from young volunteers Chelsea Reynolds (left) and Izabella Krieg pictured on the front cover.

And like the other seven Clydesdales connected with the Victor Harbor Horse Tram Authority, Albert is thrilled that this iconic tourist attraction – the only one of its kind in the world that runs all year round – is back into action. Incredibly, while the coronavirus had a huge impact in terms of the loss of income with the service shut down until mid-

June, the break allowed staff headed by general manager Meg Whibley to reassess the significant work needed to repair one of the four carriages. It had to be pulled apart, the wheels realigned, timber work stripped and powder-coated, and so much more.

When a carriage was restored in basically the same manner in the 2001 it cost \$90,000. A few years later another tram cost \$180K, and restoration for this one now – again basically the same work – was quoted at more than \$300K. It's being done for less than \$30K.

Continued P4



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August

From P3

Meg said in a strange way we can thank the coronavirus for the restoration savings.

"It has meant that Adrian Cox, who has done an amazing job training, caring and driving the horses for 17 years, has had the time to be able to go into the stables and do much of the work that we thought couldn't be done," she said.

"It has been a very difficult job because you need to know how to pull the tram part – and obviously put it all back together again. The help from Kym Bailey, who for many years continued an incredibly long family history as a volunteer worker with the horse-drawn tram, has been of invaluable help." Chelsea and Izabella are part of a junior program introduced last October designed to train new drivers and carers. Other young volunteers are Alex Cervante-Fuller and Charlie Whibley.

"The juniors have really helped the horse-drawn service whether it be working with the horses by just feeding and standing with them during the day," Meg said. "They absolutely love every moment here. There is no doubt they are cheap to employ on a Sunday morning to shovel horse poo, but the great thing is that they are gaining work experience and learning



Albert clip-clopping is merry way taking tourists on Granite Island.

the process before they can learn to drive a tram – when they get their drivers' licence.

"When you look at it you may think there's nothing to driving the tram, but the brake is a winding mechanical piece which allows the carriage to catch up to the horse. They are on chains not shafts, which means you are working that the whole time, judging and keeping your horse in-draught and ahead.

"There is also that sense of responsibility that comes with driving a passenger vehicle. The drivers work and train with the horse and deal with the public; they are amazing."

Meg said the next challenge that was

delayed by COVID-19 was creating a sponsorship base to help develop a stable complex on Canton Road where the facilities were completely inadequate for staff.

The Victor Harbor Horse Tram Authority evolved as an authority or a subsidiary of the council last year, giving it the ability to work on its own more, but still with incredible backing and support from Victor Harbor Council. The board consists of councillor Carol Schofield as an elected member, and independent members Rachel Kennedy, Paul Brown, Nigel Catt and Natasha Hunt, who each have their key components of expertise.

Continued P5



Coast Lines

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VICTOR HARBOR

From P4

According to Meg, it remains impossible to place a price on the tourism and economical value on Victor Harbor's horse-drawn tram.

"It's special because of the history and uniqueness," Meg said. "Back in the day it was a form of transport or carriage or goods to get the wharf. It is incredible that we have a tonne horse pulling a four and a half tonne tram with people aboard across a narrow causeway to an island.

"The promotion of the horses happens by itself and I guess we don't need a huge marketing budget. But we need an 'everything else' budget.

"People ask why do we pump so much money into the horse tram, but many don't realise the capital that is needed keeping a rail in operation. Feeding the horses is \$27,000 a year, and there is a whole lot more to this than what it appears outside looking in. It is an expensive exercise, but it is worth it. "People come to this area every single day of the year to see the horses. They don't necessarily want to ride the tram; they want to see the horses and the tram take off. It's about the nostalgic feeling that 'I did this when I was younger'."

And why wouldn't you come here to see these magnificent giant clod-hoppers in work – Scotty, Jay-Jay, Isabella, Murray, and Elliott. Soon we'll have Chester, who stands the tallest at 19 hands, starting his journey of becoming a tram horse. And, of course, there's laughing Albert despite the long face. 🐾

SPECIAL DAYS

Aug 1-7: World Breastfeeding Week. UN World Breastfeeding Week aims to protect, promote and support breastfeeding as the best way to provide newborns with the nutrients they need.

worldbreastfeedingweek.org



Tradies National Health Month. Focuses on educating and engaging tradies on the importance of full body health and safety with handy tips and hints. www.tradieshealth.com.au

MS Readathon - One month challenge. A reading-based fundraiser run by Multiple Sclerosis Australia (MSA) encouraging people of all ages to read and improve their literacy whilst at the same time raising their community awareness and empowering them to make a difference in the lives of people living with MS. www.ms.org.au

Aug 2-8: National EOS Awareness Week. Raises awareness for Eosinophilic Gastrointestinal Disorders in Australia. www.eosaware.com

Aug 3-8 Homelessness Prevention Week. Highlights the fact over 105,000 Australians are homeless on any given night. www.homelessnessaustralia.org.au

Aug 3-9: Dental Health Week. Raises awareness of how to best look after your and your children's teeth. www.dentalhealthweek.com.au/



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Friday, Aug 7: Jeans for Genes Day.

Children's Medical Research Institute major fundraising event aimed to reduce the number of children born with genetic illnesses. www.jeansforgenes.org.au

Saturday, Aug 8: Dying to Know Day –

The Groundswell Project. An annual day of action dedicated to bringing to life conversations and community actions around death, dying and bereavement. www.thegroundswellproject.com/dyingtoknowday/

Sunday, Aug 9: International Day of the World's Indigenous People. UN day used to celebrate and recognise the stories, cultures and unique identities of indigenous peoples around the world. www.un.org/en/events/indigenousday/

Friday, Aug 14: Red Nose Day. Funds raised through Red Nose Day activities help to provide vital services and programs to the Australian community.

Continued P6



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August

From P5

Dedicated to saving the lives of babies and children during pregnancy, birth, infancy and childhood and to supporting bereaved families. www.rednoseday.com.au

Wednesday, Aug 12: World Elephant Day.

Brings attention to the urgent plight of Asian and African elephants. The elephant is loved, revered and respected by people and cultures around the world, yet we balance on the brink of seeing the last of this magnificent creature. worldelephantday.org/

Wednesday, August 12: UN International Youth Day.

A reminder that investment in the world's youth will provide a better future for all. www.un.org/en/events/youthday/

Thursday, August 13: Left-Handers Day.

Since 1992 left-handers everywhere have celebrated their sinistrality and increase public awareness of the advantages and disadvantages of being left-handed. www.lefthandersday.com



August 15-23: National Science Week.

Celebrates contributions Australian Scientists have made to the world. Hundreds of activities, events and debates across the country during the week. www.scienceweek.net.au/



Tuesday, Aug 18: Vietnam Veterans Day (Long Tan Day).

Anniversary of the Battle of Long Tan, now synonymous with Vietnam Veterans Day. Australia remembers the sacrifices made by our young men and women in a conflict that spanned a 10-year period. www.vietnamvetmuseum.org/node/vietnam-veterans-day-long-tan-day



Friday, Aug 28: Daffodil Day. Cancer Council's most loved fundraising events and this year to support Australians affected by cancer. www.daffodilday.com.au

Monday, Aug 31: International Overdose Awareness Day.

The Salvation Army Crisis Services commemorative day which acknowledges individual loss and family grief when loved ones have suffered overdose and are either permanently injured or have lost their life. www.overdoseday.com/

OLD DESIGNS

William Morris, one of the leading designers of the 19th century, will be the topic of the Australian Decorative & Fine Art Society lecture at the Gospel Centre on August 31. Local Morris enthusiast, Michele Hill, will speak at 10.30am at the Gospel Centre, 2 George Main Road, Victor Harbor Morning tea at 9.45am. Bookings (at \$25 per person) can be made by calling chairman Anne Butcher, on 0408 268 511.



OARS CROSSED

The team behind Australia's first vogalonga – made famous in the lagoons of Venice in 1975 – has been rescheduled at Goolwa on the long weekend – Sunday, October 4. Like the world-famous event, it was cancelled in April because of the coronana virus, and here's hoping everything goes to plan this time.

Continued P7

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From P6

As in Venice, whether you row sculls, tinnies, wooden dinghies, English skiffs, Irish currachs, paddle kayaks, canoes, dragon boats or SUPs or even something by foot – so long as your craft is human-powered – you are invited to take part. The Vogalonga Down Under is being sponsored by Lakeside Goolwa, and under the auspices of Cittaslow Goolwa. There is still time to enter. Visit: vogalongadownunda.net.au



MATCHETT'S HOT AGAIN

Goolwa-based Matchett Productions & Big Sissy Foods have scooped some big honours at the recent Mr Chilli International Awards in Sydney. It continues their amazing and well-deserved success over the past decade, which reflects on all the produce created here on the Fleurieu Peninsula. And it hasn't been without incredible hard work by a great team of Vicki Matchett (pictured right), who has created the adventurous, high quality range of products, with Fiona Watson (left), whose marketing prowess has raised the profile of the business and the region nationally. The competition attracted more than 100

international businesses showcasing the 'best of the best' of chilli products from fiery sauces, salts, rubs, oils, wine, sweets and other quirky chilli products. Matchett's claimed three first prizes – for their Big Sissy 'Smokin' Tex' (not Taylor Walker of the Crows), Big Sissy Foods 'Holy Ghost', and Matchett's 'Chilli Sting'. The business also claimed two second and three third prizes. Vicki said it was gratifying to know that Matchett Productions & Big Sissy Foods could compete with the best from Australia. "It has always been my belief to maintain an extremely high quality and consistent product range," she said. "We are extremely fortunate to have such great primary producers that further enable us to manufacture such quality products."



YOUNG IDEAS

The energetic team that's working twice as hard to produce a Festival Fleurieu now that this year's event had to be cancelled is holding a series of public information meetings across the Yankalilla Council district this month to prepare for 2021. The meetings will be held at the Normanville Hotel, Sunday, Aug 16, 2pm; Smiling Samoyed Brewery, Myponga Sunday, Aug 17 10am; Cape Jervis Community Club Friday, Aug 21, 10am; Second Valley Hall, Saturday, Aug 22, 2pm. And if that's not a big enough challenge, the organising team has launched *Youth-Scope*

2021 – *Scoping the Scape*, which offers the young people in the district an opportunity to participate and create work for the 2021 Festival Fleurieu. It's all thanks to a grant from Country Arts SA through the Regional Arts Fund.

Scoping the Scape will investigate and develop a series of youth arts project briefs for the Festival Fleurieu. It will discover ways in which the young people in the community may want to contribute to the festival, and support the creative aspirations of local youth. It's a wonderful initiative. The public information meetings in August will present plans for the 2021 festival including – if necessary – how to manage any COVID-19 restrictions.

Jude Adams joins the Festival Fleurieu as a producer with a most impressive background and exciting ideas, and the board is now encouraging people to help take this fabulous event even further by getting involved. E: admin@festivalfleurieu.com.au

A Festival Fleurieu Friends group has been formed, and is playing a key role in making this event bigger than ever – like it was going to be this year.

www.festivalfleurieu.com.au

GM CROPS DEBATE

'Have Your Say' on the State Government's recent amendments to the Genetically Modified (GM) Crops Management Act 2004 that has effectively lifted the ban on growing GM crops in South Australia (excluding Kangaroo Island). See P26 🌐

DOUBLE DELIGHT
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Art straight from the heart

They say an artist's emotion pours into their art, and it is certainly the case for 17-year-old Katie Francis when looking closely at her brilliant oil pastel drawings of animals and birds that she loves. Katie discovered the inspiration to paint through her mother, Sandy, who loved to draw. Sadly, she died from cancer five years ago. Then seven months ago Katie was alongside her dad, Glen, and her brother, Daniel, 19, fighting fires that were lapping their Adelaide Hills home while younger sister, Alana, 11, was inside minding the dogs. Sheds and fencing were left twisted in the heat, but through their courage against odds they saved their two dogs, two horses, 10 sheep, 11 roosters and countless chooks. Yet, despite these ordeals that no doubt she continues to battle with amazing support from her dad and grandmother, Rosemary Francis – definitely encouragement – she has taken her artistic talent to a new level by having two of her paintings exhibited in Artworx Gallery, Goolwa. There, the paintings sat, but for only briefly as they were sold. Without doubt, they were among the most heartfelt sales



the gallery proprietors John and Liz Francis had ever experienced – Katie is John's grand-niece. Of course, Sandy would be proud. Katie knows that she has a long way to be



recognised as an artist of note, but it is the SALA Festival this month in which she will have new submissions that reminds us that art can be by everyone for everyone no matter the level provided the inspiration is there. She is also likely to enter the Victor Harbor Art Show presented by the Rotary Club of Victor Harbor from January 8-15.

"I guess my art is a special way of remembering my mum," Katie said.

"I was inspired by her. I look at art as a bit like a means of expressing myself, and I have always drawn animals and birds because I love them so much.

Continued P9



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SALA

From P8

"We spent a few years house sitting in Queensland, Victoria and Tasmania including farms, looking after the animals. Because of that my brother, sister and I have done home schooling. I have liked it a lot.

"I am not sure what I will do when I finish my schooling. Right now we have bees and making a business out of it, but I'd love to do art and write stories and hopefully publish a book sometime.

"I guess I will see where art takes me. I am nervous and excited about having some of my work exhibited in SALA; yeah, it's pretty cool."

And there's another promising artist in the family – Alana. There are plenty of chooks for them both to paint. 🐔

EXHIBITIONS

The 2020 SALA Festival – South Australian Living Artists – is different this year because of the coronavirus. There is no printed program and most artists are relying on online posts to promote their exhibitions. Visit:

www.salafestival.com



Ratalang Sunset by Barby O'Brien.

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HELEN McGUINNESS

Helen, who was featured on our SALA edition cover last year, is having an exhibition at the Home Grain Bakery cafe, Main Road McLaren Flat until September 30.

Helen is well known for her brilliant exhibits in watercolour, acrylic, plus acrylic and oil. The exhibits are quite varied from Tuscan scenery to acrylic portraiture and surrealism.

JOANNE KITE-DQARRIE

A pop-up gallery for SALA at the Middleton art & craft shop throughout August.

SAILING BY - Tarooki Studio

Participants will be Sandi Hill - paints her coastal images in acrylics; Proo Geddes - produces evocative works in water colour; and Alison Waye - works her incredibly detailed works in oils. Maggie Lucas has produced some beautiful scarves, mittens and beanies in coastal colours.

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Meals on Wheels champions (from left) Sue McGrath, Marilyn Milne, Jackie Fitzgerald, Kaye Knight (also pictured next page), Katherine Middleton, Gerard Melis, Greg Middleton, and Joanne Rosenzweig.

Unintentionally, of course, but it's rather apt that no one seems to know the first name of Mrs E. Watts, who in 1953 pedalled a tricycle around South Melbourne delivering plates of soup, roast lamb and plum pudding for thrupence.

It was considered the first Australian service of Meals on Wheels, a marvellous concept borne 10 years earlier amidst the Blitz of London during World War II. Our South Australian organisation, which has delivered 50 million meals also stakes claim having been the first to be constituted, but perhaps forgotten by those too worried about originality in Australia is that, like Mrs Watts, MoW has 'nameless' people being incredibly kind to immensely grateful people in need. As we celebrate our National Meals on Wheels Day on Wednesday, August 26 may we as a community thank them, including those working in kitchens across the Fleurieu Peninsula – Aldinga, Victor Harbor and Yankalilla, plus the McLaren Vale & Districts War Memorial Hospital and

Kindness starts in the kitchen

Strathalbyn & District Health Service which also provide a service, and the amazing drivers.

The Victor Harbor branch, formed 50 years ago last December, has on average 25 dedicated volunteers preparing more than 150 meals a week delivered by 60 drivers including an incredible team in Goolwa. The bigger picture shows there are 78,700 volunteers at 740 branches across Australia.

Marilyn Milne, who is manager of the Victor Harbor team, believes people get involved with MoW just to give back to the community. "The organisation is always crying out for volunteers, and

personally I had a particular set of skills in bookkeeping that were needed here," she said.

"Meals on Wheels is special. Apart from the fact it provides a service of meals to people in need whom would otherwise have difficulty getting good meals, they also check on them. A lot of people in this need have nobody, and when we deliver the meals our drivers check on them to make sure they are okay.

"If the residents don't respond the driver rings me and I contact the next of kin or whoever to check on them.

"The reality of life for many is that week-by-week our Meals on Wheels drivers are

the only face-to-face contact they have with anyone. They see no one. This is not just about the meal. This is all about helping other people.

"For me, it was the chance to get back into the work I used to do. I also enjoy volunteering at Southern Cross Aged Care at McCracken, taking around library books. "In some ways it is similar to what Meals on Wheels provides because we are meeting people who just love to talk to someone – they are so interesting. You see an elderly person sitting there and you have no idea what has gone on with their lives. It's incredible."

COVID-19 has impacted on everyone, but surprisingly our MoW teams have generally been quieter during the outbreak because in many cases their children have worked from home and have been able to provide meals for their parents – a rare positive from this coronavirus.

The lighter workload has proved a blessing because health authorities recommended that no one aged over 70 do their normal MoW volunteering because they may have health issues, or had a partner who was not well.

Marilyn now accepts that some of these volunteers may not return, but like years gone by they wait for others to call and walk through their doors on Bay Road, Encounter Bay.

"The numbers fluctuate, and we are always looking for new people," she said. "Normally at this time of the year a lot of them head up to Queensland."

Sue McGrath helps with the administrative work including organising the drivers, and it's not always easy.

"Goolwa is not short of volunteer drivers, but we are always struggling at Victor," Sue said. "Goolwa has a younger demographic, which is encouraging. We do five delivery rounds a week, and Goolwa two."

On this particular day volunteers in the Victor Harbor kitchen led by Jackie Fitzgerald and Kaye Knight were preparing chicken corn soup, and a choice of lamb casserole or chicken fillet with Diane



Sauce for mains. The dessert, a Cinnamon Banana cake with cream cheese frosting, was prepared in the city.

Jackie said MoW was also about making sure those in need were eating something nourishing, which in turn saved the health care system.

"The diabetic-friendly recipes are worked out by chefs in Adelaide, and it's all worked on nutrition," Jackie said.

"There is a certain weight of vegetables for every meal, and then there are those who have their special diets. It's a 240-250gm veggie-plus meal. We have a lot of people who are gluten free, and for a lot of people it is too hard finding gluten free food in the shops let alone cook it."

Jackie has worked in the kitchen 10-12 hours a week for the past three years; her mum is a life member of the Whyalla MoW branch having done it for 10.

"Some week can be better than others," Jackie said. "You have your tough days like yesterday when I got here at half past five and ended up getting home at half past five that night doing orders, waiting for a

South Australia's Meals on Wheels service began as the result of lobbying by Doris Taylor, a wheelchair-bound woman who organised many relief efforts during the Great Depression.

Two decades later, she was the inspiration behind the first meals on wheels kitchen, which was established in Port Adelaide in 1954.

The first president of the organisation was the late Don Dunstan MP, who would later become Premier of South Australia.

delivery, picking up meat and so on."

Other days Jackie is home by lunch time which allows her to do her to do other charity work including working in the Lifeline shop.

Joanne Rosenzweig, who shares the passion of helping others, said the more helpers in the kitchen the easier the day becomes. There are usually two head cooks and everyone else is either preparing vegetables or doing dishes. And as Marilyn said, anyone can cut carrots up, and anyone can wash the dishes. And then there's a chap they call the 'Hero Driver', Jim Miles, who at 94 delivers meals to many of those younger but far less able than him. Sue says it's always easy to feel good inside when you are involved with this place; imagine how those in need feel. 🌈

If you would like to help at Victor Harbor contact Marilyn on 0437 143 159 or call into 1 Bay Rd, Encounter Bay on a Friday, and for every other centre that also needs help visit: www.mealsonwheelssa.org.au

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Welcome to Royal Yank

There are blokes and a few ladies who affectionately refer to their Yankalilla Golf Club as Royal Yank. Why not, it's special; certainly different. Club president Darryl Swansson sums it up nicely: "We're a drinking club that has a golfing problem." It's not the Nullarbor Links with the world's longest golf course that stretches 1365km from Ceduna to the West Australian mining city of Kalgoorlie-Boulder. They say it's the distance between each green and the next tee that kills you at this place. Nor is it as rugged as the grassless rock-heap of a course at Coober Pedy. Here, they carry mats around yet the members cheekily stake claims of having reciprocal rights with The Royal & Ancient Golf Club of St Andrews. But on the Fleurieu Peninsula, where there are eight 18-hole courses plus two nine-hole testers, Royal Yank stands out. Different because it is the only one with sand greens or scrapes as they once called them, but extra special because it has never lost the spirit of sport – especially golf – to its very core.

It doesn't charge \$1336 for membership like they do at the nearby Links Lady Bay club, or \$1665 at the Victor Harbor GC, which has become charity-like by registering with the Australian Sports Foundation so it can receive tax deductible donations. At Royal Yank annual membership is \$180 for a million laughs and among many things donates to cancer support groups.

Of course, you would be hard pressed to find a golfer who prefers sand greens created by mixing a specific oil with a particular sand to give a distinct black colour over those with bent grass. Years ago the YGC trucked bags of slag from Port Pirie to mix with sand. Messy, but it stops it from blowing down the road and making it the Normanville Golf Club.

Continued P16

Coast Lines 11

Sport



From P15

Scoff the golfing purists certainly do at scrapes, but interestingly of the 125 Golf Australia affiliated clubs in South Australia 74 or 59 per cent have sand greens. It all gets down to cost.

Also setting Royal Yank apart with its membership of 82 is that it relies purely on volunteers; no one gets paid, although there is a local chap Scott Grundy who does an amazing job on behalf of the Yankalilla Parks Committee looking after the main oval, hockey field and preparing the course tee areas. However, it's been club captain and five-times club champion Rob Lokan, a real character, who for years has mowed the fairways every week and along with other members done countless volunteer jobs.

Well, not every week. The lush winter fairways turn into a dust bowl come summer, but according to Darryl no one really cares. You get used of the snakes

and you still get the Magnus effect when up to 500 dimples get struck in all kinds of directions. Here, you learn to adapt hitting a golf ball and just have fun.

Unlike a vast majority of clubs, on Saturdays they draw the names of the participating members – average mid 20s – to determine the groups of four, and have a high-noon 'shot gun' start at Royal Yank so they all finish at the same time. "I like the idea of not knowing who you are going to play with because you get to know everyone well," Rob said. "One week I'm with the local 'copper' and the next the youngest lad in the club (Rory Long) and they're all so great to play alongside." And when members finish raking the last sand green and get into a round of another kind over the best sausage sizzle this side of the Oceanlinx wave energy generator that has been stuck in the sea near Carrickalinga since March, 2014, the camaraderie reaches fever pitch.

The presentations are something else.

At the beginning of the year players are divided into four groups and have their weekly intra-club pennants competition with the losing teams left to do the cleaning up and dishes. Everyone chips in. There is the high chair for anyone having a birthday, while anyone that breathes comes close to paying a fine to the 'Marshall', Jeff Long. And, as you may well imagine, there have been quite a few fines for various 'misdemeanours' that come with embarrassment and a lot of laughs. On this particular Wednesday we caught up with Peter Toombs, Kevin Cook, Laszlo Balaton and Darryl after their round and the mere mention of the fines set them off sharing the same story. Laszlo, who seems to have been at more clubs this way than the number of clubs in his bag, said some were the best tales he had ever heard. Among the tame was the day Jason Faulkner gave his dad Lenny, the local

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Pictured from far left: Yankalilla Golf Club president Darryl Swansson; after the game (from left) Darryl, Laszlo Balaton, Peter Toombs and Kevin Cook; Laszlo putting, and (right) Kevin on the 18th towards the clubhouse (above) proving they allow left-handers.

butcher at Foodland, a three-wheeler gopher to get around on the course, and for whatever reason the steering didn't work when he headed for the tee at the tenth. Sure enough, he fell five metres off the edge into the creek, immediately named Faulkner's Creek. Fortunately, he wasn't hurt apart from his pride over some weeks when his mates wore helmets. It was also Lenny who was collecting all the markers after the day's in his Mitsubishi Lancer and lost complete control sliding down the 18th. Paul Noble, one of the club's A-grade players, hooked the ball into the last and hit a car. "Who owns that car," asked his playing partner. "I do," said Paul. He hasn't been the only one; someone has even put one through the clubhouse window. They say Dave Noak, a former local policeman perhaps best known as a 'burglar' at the club with his handicap of 29 and at 86 the oldest player in the club, has a golf bag full of 'ripper' yarns to tell. However, there's also a serious side to our Royal Yank, like the countless charity days. The 'Pink Day' has raised \$20,000 for the fight against breast cancer over the past two years. Last year it attracted 98 players from a host of clubs all for the cause so contact the club and get into the action on Friday, September 18.

Darryl knows that his Yankalilla course is perhaps not as well manicured as others on the Fleurieu, and the clubhouse that has had some incredibly funny stories embedded into the walls since its opening in 1928 is not glamorous, but like all of the members he feels this club is more than that. It's about people; it is a club of character.

There are plans to redevelop the entire sporting complex which embraces football, cricket, croquet, hockey, tennis, lawn bowls and golf, with perhaps bowls and the golf club sharing a facility. But with progress the character of the Yankalilla Golf Club is unlikely to change.

Royal Yank is also close to completing a major project, a shed for 19 motorised carts. Nothing spectacular, but these blokes worked hard for this. For the record, there are just 64 golf clubs around the world with the bona fide right to a 'Royal' title, bestowed by a member of the United Kingdom Royal family. To receive the honour the club typically invites a member of the Royal family to be a patron or honorary member, or they apply for the title.

Charles and Camilla don't need to try the \$1.50 snags with onions (on top) for Yankalilla to become the 65th 'Royal' golf club. This place will always be Royal Yank to President Darryl and his mates. 🍷

Fleurieu clubs affiliated with Golf Australia

South Lakes and Victor Harbor are the only private membership-based clubs. McCracken GC is a separate entity to the resort meaning it could play anywhere, while the other four clubs that are also affiliated with GA – Links Lady Bay, Mount Compass, Strathalbyn, Willunga and New Terry (Wirrina Cove) – are privately owned. There is a nine-hole course at Strathalbyn, and an 18-hole privately-owned course at Ashborne, which is not affiliated.



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Experience something special and support KI

To help aid the recovery of Kangaroo Island in the aftermath of its devastating bushfires, Kangaroo Island Odysseys has launched a new one-night/one-day Kangaroo Island Road to Recovery Tour until the end of August.

Designed in consultation with the company's local tour guides, the KI Odysseys Kangaroo Island Road to Recovery Tour visits the bushfire affected areas at the western end of Kangaroo Island, including Bunker Hill, Remarkable Rocks, Cape du Couedic and Admirals Arch - all in Flinders Chase National Park, which re-opened recently only to certified tour operators. The tour also visits the fire damaged areas of Vivonne Bay Beach and Point Ellen at Vivonne Bay and the North Coast of Kangaroo Island. Out of the ashes witness the amazing regeneration and regrowth of the flora and fauna that is bringing a whole new sense of beauty and life to the island. See tree trunks and roots shoot with buds, and ash beds now full of nutrients which have greatly enhanced the proliferation of seedling germination. With the once dense scrub now gone, see for the first-time hills and terrain that has been hidden for years and now show an incredible heat produced mosaic pattern on the landscape.

The island's iconic wildlife has not been forgotten with the tour visiting Seal Bay Conservation Park for a guided beach walk amongst wild Australian sealions. The tour also includes a delicious lunch in a bushland location and an afternoon tea at Snellings Beach. Visit beautiful Stokes Bay in the afternoon to spot kangaroos, koalas and possibly Australia's rarest cockatoo, the Glossy Black Cockatoo. Throughout the day guests will enjoy many opportunities for unique wildlife and native vegetation regeneration photography.

The KI Odysseys 'Kangaroo Island Road to Recovery Tour' offers a personalised small group touring experience, with guests travelling in luxury touring vehicles that will still allow for social distancing to be implemented. Each small group is accompanied by a local KI tour guide who is passionate about the island and who has their own personal story to tell.

Arrive on Kangaroo Island late afternoon and enjoy overnight accommodation at the Mercure Kangaroo Island Lodge, at scenic American River in a Superior King Bayview Room or upgrade to a Deluxe Studio Waterview. Spend the following day touring



the island before returning to Adelaide that night.

The KI Odysseys 'Kangaroo Island Road to Recovery Tour' is offering a special rate from August 5-31 - from \$599 per-person, twin share (normally \$650) from Cape Jervis including breakfast. Upgrade for an extra \$25 per person to deluxe accommodation is available. It includes return SeaLink ferry transfers from Cape Jervis, shuttle transfers from ferry to accommodation, overnight accommodation at the Mercure Kangaroo Island Lodge in a Superior Bayview Room, free breakfast, Kangaroo Island Road to Recovery Tour, all entrance fees, guided tours, special permits, and a delicious lunch. The 'Hot Deal' rate departing from Adelaide and including coach transfers from Adelaide is \$624 per-person, twin share (normally \$698). Car parking at Cape Jervis is available at the local council car parking area or book secure parking with SeaLink.

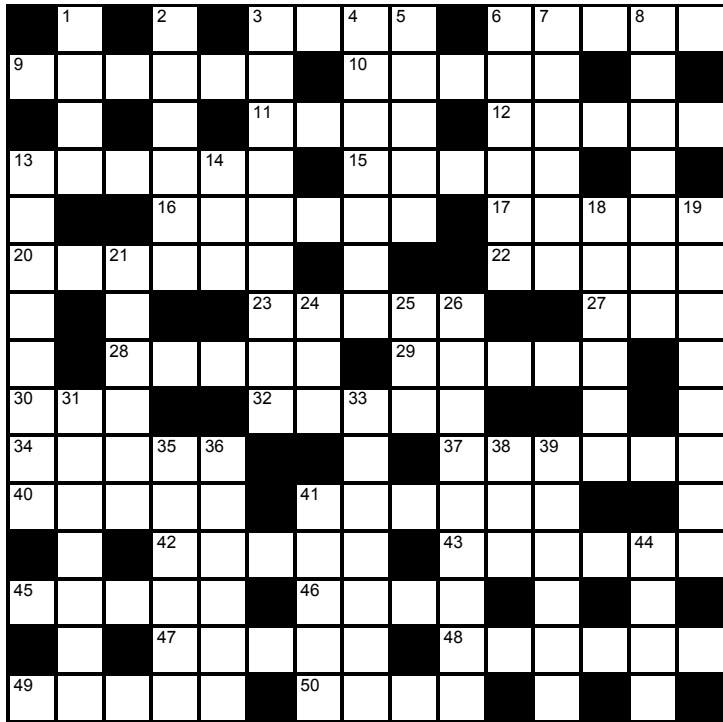
From September 2020, the 'Kangaroo Island Road to Recovery Tour' will be priced from \$650 per person, twin share from Cape Jervis, or with coach transfers included from Adelaide for \$698 per person, twin share, but will not include breakfast. All other inclusions remain. **Visit:**

www.kangarooislandodysseys.com.au

Image: Andrew McIntosh / Ocean Photography (SATC)

Puzzles

Puzzle answers P23



Crossword

Across

3 Floating structure
6 Fastener
9 Royal family member
10 Even
11 Incline
12 Courtyard
13 Recoil
15 Tree
16 Rue
17 Prize
20 Former Spanish currency unit
22 14 pounds weight
23 Implements
27 Lump on the skin
28 Enticed
29 Weird
30 Make lace
32 Cut off
34 Ordain

37 Rubber

40 Restaurant car
41 Wind instrument
42 Competitor
43 Worshipped
45 Raise trivial objections
46 South African currency unit
47 Frozen shower
48 Rich cake
49 Yields
50 Becomes firm

Down

1 Faithful
2 Whole
3 Banishes
4 Sugar pill
5 Dogma
6 Parts of flower's calyx

7 Wine

8 Common to both sexes
13 Said again
14 Permit
18 Speech sounds
19 Given up
21 Eastern ruler
24 Lyric poem
25 Sheltered side
26 Musical compositions
31 Give life to
33 Infringe
35 Cherry-coloured
36 Sings with vibratory effect
38 Colour
39 Coral isles
41 Is concerned
44 Way out

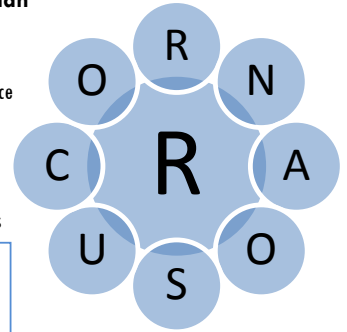
FOCUS

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- * Each word must contain the centre 'Focus' letter and each letter may be used only once
- * Each word must be four letters or more
- * Find at least one nine letter word
- * No swear words
- * No verb forms or plurals ending in 's'
- * No proper nouns and no hyphenated words

TODAY'S FOCUS

Good: 10 words
Very good: 14 words
Excellent: 23 words



Alfakodo

The aim of the puzzle is to allocate a number from 1-26 (right-hand column) to a letter of the alphabet (left-hand column), using the mathematical equations and clues provided. Only one number can be allocated to one letter. You can work out the numbers by using those letters that have numbers provided. For example in this puzzle (G) is worth 8 and X is $G \times B$. It means that anywhere there is a G in the puzzle, it is an 8, and so on.

A	K-C	
B	N-X	2
C	O+Y	
D	Z+H	
E	H+Q	
F	H+R	
G	I÷O	8
H	B×Q	10
I	O×G	
J	E+G	
K	B×T	
L	Z+X	
M	D÷B	

N	P+A	
O	P+B	3
P	J-F	
Q	E÷O	5
R	Y+Y	
S	D+Q	
T	R+P	
U	O+F	
V	F÷B	
W	Q+X	
X	G×B	
Y	R÷B	6
Z	O+P	

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On a brighter note...

CONSIDER THIS...

You're never too old to learn something stupid.

I'm supposed to respect my elders, but it's getting harder and harder for me to find someone older than me.

As one man said to another: "If I agreed with you, we'd both be wrong."

War does not determine who is right – only who is left.

Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.

They begin the evening news with 'Good evening,' then proceed to tell you why it isn't.

To steal ideas from someone is plagiarism. To steal from many is called research.

I didn't say it was your fault, I said I was blaming you.

Behind every successful man is his woman. Behind the fall of a successful man is usually another woman.

A clear conscience is the sign of a bad memory.

... and great taunts: "I feel so miserable without you, it's almost like having you here." - **Stephen Bishop**

"Thank you for sending me a copy of your book; I'll waste no time reading it." - **Moses Hadas**

Wall-to-wall drama

Andy is a nice chap from Adelaide and he's thrilled to move into a seaside house in Normanville – with an identical house right next to him.

He introduces himself to his neighbour, Norm, who during the conversation says he has just finished wallpapering his lounge room.

Andy says: "That's funny, that's the first thing I want to do to our new house – I'd like to do it this weekend."

They get into a heavy discussion about both houses being identical so Andy from Adelaide and Norm from Normanville agree that Andy would need the same number of rolls of wallpaper.

Norm says: "Hey Andy, I bought 23 rolls of wallpaper to do the job."

Andy says: "Thanks Norm." So off he goes to the local store and buys 23 rolls of exactly the same wallpaper for exactly the same lounge room in exactly the same house.

A few days later Andy says: "Hey Andy, I really appreciated then advice, but I can't work out how I finished with four rolls of wallpaper left over."

And Norma says: "That's a coincidence, so did I."

The backroad ghost

Jack is on the side of the road hitch-hiking back to Dublin on a very dark night and in the midst of a big storm.

The night is rolling on and no car goes by. The storm is so strong he can hardly see a few feet ahead of him. Suddenly, he sees a car slowly coming towards him and stops. Jack, desperate for shelter and without thinking about it, gets into the car and closes the door only to realise there is nobody behind the wheel and the engine isn't running. The car starts moving slowly. Jack looks at the road ahead and sees a

curve approaching. Scared, he starts to pray, begging for his life.

Then, just before the car hits the curve, a hand appears out of nowhere through the window, and turns the wheel. Now paralysed with terror, Jack watches as the hand comes through the window but never touches or harms him.

Suddenly, Jack sees the lights of a pub appear down the road. He gathers strength, jumps out of the car and runs into the front bar. With tears of fear rolling down his cheeks he tells the bewildered people in the bar the horrible story.

Suddenly, the pub doors burst open, and Michael and Patrick shout: "Where's that bloody idiot who jumped into our car while we were pushing it because we ran out of petrol..."

Last rights

A lawyer reads the will of a rich man to his family, which says: "To my loving wife Rose, who stood by me in rough times, as well as good, I leave the house and \$2 million."

"To my daughter Jessica, who looked after me in sickness and kept the business going, I leave the yacht, the business and \$1 million."

And the lawyer concludes: "And, to my cousin Dan, who hated me, argued with me, and thought that I would never mention him in my will, well ...you are wrong. Hi Dan!"

Water tight test

During a visit to the mental asylum a visitor asks the director what the criterion is that defines whether or not a patient shall be institutionalised.

The director says: "We ask them something simple... we fill up a bathtub and then offer a teaspoon, a teacup and a bucket to the patient and ask him or her what is the quickest way to empty the bathtub."

The visitor says: "A normal person would



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Movie quiz

use the bucket because it's bigger than the spoon or the teacup."

And the doctor says: "No, a normal person would pull the plug."

They studied for marriage

Danny and Danielle are celebrating their 30th wedding anniversary. One of their divorced friends approaches them and congratulates them on the big achievement. He says to Danny: "I have to know, what's your secret to staying so happy?"

And Danny says: "Well, it's all about getting a university degree. Danielle has one in communications and I have one in theatre so she's really good at talking and I'm really good at acting like I'm listening."

K,9 caper

Russell walks into the Yankalilla Hotel on a Tuesday night when he suddenly sees a dog sitting at a table playing poker. "I can't believe it, a dog playing poker – it's like that famous painting where you have all these dogs playing poker or pool."

One of the players, Tim, says: "Yeah, yeah, it's no big deal."

Russell says: "No big deal – it must be a smart dog."

Tim says: "He's not so smart – every time he gets a good hand he wags his tail."

Dad jokes

How do you make a bandstand? Take away the chairs.

Why did the king go to the dentist? To get his teeth crowned.

Why did the cowboy ride his horse? Because it was too heavy to carry.

What do you call an elephant in a phone booth? Stuck.

What do you call a pig that does karate? A pork chop.

What kind of horses go out after dusk? Nightmares.

1. What year was the first *Toy Story* film released in cinemas? 1995, 1997 or 1999?

2. Who directed *Titanic*, *Avatar* and *The Terminator*?

3. Which three films make up what is known as the *Three Flavours Cornetto Trilogy*?

4. Name the 2015 film spinoff to the *Rocky* series starring Michael B. Jordan.

5. Meryl Streep won a Best Actress BAFTA for which 2011 political drama?

6. What is the highest-grossing box office film of all time?

7. Russell Crowe turned down the role of which character in Peter Jackson's *Lord of the Rings* trilogy?

8. Name the film which boasts the famous line: "You can't handle the truth!"

9. Who has won the most Oscars for acting in the history of the Academy Awards?

10. Who is pictured above?

11. How many Academy Awards has Leonardo DiCaprio won?



12. For which film did Sandra Bullock win her Oscar?

13. *Cool Runnings* is the story of which country entering a bobsleigh team into the Winter Olympics?

14. Which movie features an iconic dance scene between Uma Thurman and John Travolta?

15. Who does Will Ferrell play in *Anchorman*?

16. What is the name of Humphrey Bogart's character in *Casablanca*?

Answers: P23

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Puzzle & quiz answers

QUIZ: 1. 1995. 2. James Cameron. 3. Shaun of the Dead, Hot Fuzz, The World's End. 4. Creed. 5. The Iron Lady. 6. Avengers: Endgame. 7. Aragorn. 8. A Few Good Men. 9. Katherine Hepburn - 4, Morning Glory (1933) Guess Who's Coming to Dinner ('67) The Lion in Winter ('68) On Golden Pond ('81). 10. Uma Thurman. 11. Despite being nominated 6 times, he has only won once - in 2016 for The Revenant. 12. The Blind Side. 13. Jamaica. 14. Pulp Fiction. 15. Ron Burgundy. 16. Rick Blaine.

FOCUS: ablaot about abut alto atua auto
balk baulk bawl bloat boat bola kawa koala
kola outlaw tabu talk tawa tubal waka walk
WALKABOUT walkout

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Mine host: Gavin Collins & Christina Repetti

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www.oldbushinn.com

Established: 1870 - current location since 1901.



It was almost five years ago that Gavin Collins and his partner Christina Repetti, owners of Willunga's classic Old Bush Inn, appeared live on the *Today Show* and on the front pages for being the first in Australia to get rid of poker machines from a pub. "Madness," observers said. "You won't survive." Besides, what would a Kiwi know, they said of Gavin.

That same afternoon people rang asking whether they were the pub who got rid of the poker machines. He'd say 'yep', they booked tables of four, and suddenly a social gathering in this beautiful town was reborn.

Now, amidst COVID-19 confrontation, the Old Bush Inn is among the first to close on Mondays, probably for good as a means of resolving staff roster issues and focusing more on busier times to provide even better quality and service.

It gets down to a business decision, only this time the observers aren't saying "madness", such have things changed dramatically in the hospitality industry. Darn, an All Blacks rugby bloke has given us another lesson.

Gavin laughs at the banter – like his

incredibly loyal patrons have since he and Christina moved into the Old Bush Inn five years ago next month. Before then he had spent a working life in the automobile industry having done an apprenticeship as a spare parts interpreter near his home-town of Otorohanga, in New Zealand's North Island King Country.

He knew every part of a car from the front bumper to the back bumper (they were made of steel back then) – what the part was named, where to order it and so on – and somehow found himself working for Repco in Adelaide for 10 years.

"I always wanted to own a pub, but never had the money," Gavin said. "Once the kids were all grown up and gone and I became a granddad the time was right. You've got to be dedicated; it's 60-80 hours a week no matter who you are because as the owner you are always around."

Gavin's mum and dad were in pubs. His great-great grandfather owned a pub in Russell, known as Kororaraka in the early 19th century, in the stunning Bay of Islands, the place of the first permanent European settlement and first seaport in New Zealand.

According to Gavin, ousting the pokies was based largely on caring for the community and realising what type of pub he and Christina, who also works for a winery, wanted the Old Bush Inn to be. It was about turning the place back into what it was once renowned for – it's great food in a friendly family environment.

Gavin and Christina are genuine when it comes to wanting the Old Bush Inn be known for the quality and value of its meals, indeed welcoming approach. They had sleepless nights about removing the poker machines, but they have not regretted the then controversial move since. A few people walk in and still ask where the pokies room is located, and they politely say 'we don't have one'. But they do have families with smiles on their faces.

The coronavirus has again reinforced their mantra, hence the changes.

The 'kids eat free' for the under 12s are back on Tuesday nights. The Old Bush Inn was once famous for doing Porter & Red night – classy but affordable reds over a great Porterhouse steak – and they're back on Wednesdays. The fame is resuming.

Key parts of the excellent reputation this pub has enjoyed, especially over the past three years, has been the head chef Dennis Militante, and Katie Oliver who is the restaurant manager. The standards are high; staff are trained well.

Chefs specials include his sensational curry and slow roasted lamb shanks, but the signature dishes seem to be the Sticky Pork Ribs and Filet Mignon – please allow Dennis to cook the steak his way.

There is also the Creole Gumbo rich soup of tomato, chicken prawns and sausage with traditional with homemade cornbread, and the Salmon Laska. All great. Many a great pizza has been devoured by the wood fire.

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When arranging insurance many people take shortcuts without seeking proper advice, understanding the fine print or considering whether they are getting value for money. Often they are disappointed when their insurance doesn't come to the rescue. Whether it's home, car, or business insurance MGA Insurance Brokers provides advice and assistance to make sure you are properly protected. Using a broker doesn't necessarily cost more - often less because brokers have knowledge of the insurance market and the ability to negotiate competitive premiums on your behalf. As brokers it will also explain your policy and special situations you need to watch out for. Furthermore, a broker is obliged to advise you of fees charged for services provided.



The Old Bush Inn is a great pub and Gavin is a most-likeable mine-host, just like Mal down the bottom of the hill at the Alma Hotel and Michael in the middle at the Willunga Hotel. They get on well and share a healthy respect for each other, and Gavin sees this as a wonderful reflection of the people of the town more than anything else. It's a place where they work hard to put on an annual Blossom Festival and a Chilli Festival, plus share in the fun with the Cinemalunga crew with their movie nights. During the coronavirus the Old Bush Inn, like most pubs around the state, has welcomed a splash of paint and cosmetic changes, like changing the outdoor verandah blinds to create an enclosed entertainment area. All of the dining rooms and bars have been spruced up, and an impressive garden area will be ready for some balmy summer nights. It's another pub with character and with

characters, like Patty, Dean, Amon and the CFS crew. Some drink 'Shakers'. Gavin explains that before his time there was a girl working behind the bar who was pouring half a bottle of Jameson Irish whiskey into big glasses instead of giving them shots, and the owner would come around the bar shaking.

The 'shakers' still raise a laugh or too. Mind you, the few moments Gavin is allowed to tell the lads how good the All Blacks are he bores them to tears. "The Wallabies get paid twice as much and there's not enough money put into junior development," he bemoans.

They turn the telly onto the AFL, which Gavin also likes, and of course, they know Gavin is absolutely right again like he was with the pokies and will be with the no-Mondays. They say you can always tell an All Blacks fan in a crowd but you can't tell him much. Such is the banter in the Old Bush Inn. Cheers. 🍷

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Community Consultation

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'Have Your Say' on the State Government's recent amendments to the Genetically Modified (GM) Crops Management Act 2004 that has effectively lifted the ban on growing GM crops in South Australia (excluding Kangaroo Island). Local Government has been given a 'once off' opportunity to make a request to the Minister for the GM free crop status to be reinstated and are now seeking submissions online.

We are seeking views from organisations engaged in primary production activities or food processing or manufacturing activities in the Alexandrina Council area, regarding whether or not such an application should be made.

Please direct submissions to Council's My Say Alexandrina website below. Please note that any submissions received in time will be considered at a public meeting of Council and may be forwarded to the Minister for Primary Industries and Regional Development for their consideration.

mysay.alexandrina.sa.gov.au/gmcrops



- Submissions will be accepted online, or by mail to PO Box 21, Goolwa SA, 5214 until 5pm on Friday, 21 August 2020.
- Following close of consultation, Council will consider whether it will make a submission to the Minister at its September 2020 Council Meeting.
- The Minister, not Council, will make the final decision regarding GM free crop areas.

Looking after your garden

with Jane from Goolwa Garden Supplies

Time to get started on your garden bed

Spring is around the corner so now is an ideal time to get organised with a raised garden bed. They're ideal for small garden plots, court yards and even larger gardens. Remember this – more food in less space. You can plant plants closer together therefore every square inch is productive. Plant earlier as excess water drains better, and the soil warms up faster in spring. Other positives with a raised garden bed include fewer weeds as beds are densely planted and weeds pull up easier, easier pest control, and best of all... they are better for your back.

Choosing a bed

Raised garden beds come in all shapes sizes and materials. They can come in a single unit made from corrugated iron, half-wine barrels are ideal, or in kit form that you may assemble yourself. Check out your local garden supply store.

Make sure that you don't make your raised garden bed too high otherwise it might be difficult reaching over. It is also a lot more convenient if you place it relatively near a tap, especially if you plan to water by hand. If you plan to have more than one garden bed, allow room between them otherwise it's a real pain when the weeds grow



and you can't get your mower or snipper in between them.

Soil

Be mindful of the obvious – that the bigger the bed the more soil it is going to take. It is also very important that you fill it with the best possible soil – you would be amazed with the better results.

Buying a good garden mix from your local garden supply store is advantageous as it will be mixed with a good compost. Your garden supply store should be able to work out how much soil you need if you give them the dimensions of your bed.



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23 Walks

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Resistance

(M) Drama, war starring Jesse Eisenberg, Clemence Poesy. Before he becomes a world-famous mime, aspiring Jewish actor Marcel Mangel joins the French Resistance to save thousands of orphaned children from the reign of the Nazis. Based on an incredible true story.

The Secret: Dare to Dream

(PG) Drama, romance starring Katie Holmes, Josh Lucas. Miranda Wells is a hardworking young widow who's struggling to raise three children on her own. A powerful storm soon brings a devastating challenge and a mysterious man, Bray Johnson, into her life. In just a few short days, Bray's presence reignites the family's spirit – but he carries a secret that could change everything.

The Assistant

(M) Drama starring Julia Garner, Owen Holland, Jon Orsini, and Matthew MacFadyen. A searing look at a day in the life of an assistant to a powerful executive. As Jane follows her daily routine, she grows increasingly aware of the insidious abuse that threatens every aspect of her position.

Unhinged

(MA15+) Thriller, mystery starring Russell Crowe, Caren Pistorius. A timely psychological thriller that explores the fragile balance of a society pushed to the edge, taking something we've all experienced – road rage – to an unpredictable and terrifying conclusion. Rachel is running late to work when she has an altercation at a traffic light with a stranger whose life has left him feeling powerless and invisible. Soon, Rachel finds herself, and everyone she loves, the target of a man who decides to make one last mark upon the world by teaching her a series of deadly lessons. What follows is a dangerous game of cat and mouse that proves you never know just how close you are to someone who is about to become unhinged.

Wednesday coffee session

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Where'd you go Bernadette

(M) Mystery, comedy starring Cate Blanchett, Billy Crudup, Kristen Wiig. Former architect Bernadette Fox seems to have it all – a beautiful home in Seattle, a successful and loving husband, and a brilliant teenage daughter who's about to attend boarding school. When Bernadette suddenly disappears without a trace, her concerned family sets off on an exciting adventure to solve the mystery of where she might have gone.

Greenland

(CTC) action, thriller starring Gerard Butler, Morena Baccarin, Scott Glenn. A family struggles for survival in the face of a cataclysmic natural disaster.

Made in Italy

(CTC) Comedy starring Liam Neeson, Lindsay Duncan. A bohemian artist travels from London to Italy with his estranged son to sell the house they inherited from his late wife.

Mulan

(PG) Action, adventure, drama starring Yifei Liu, Donnie Yen, Li Gong. A young Chinese maiden disguises herself as a male warrior in order to save her father. A live-action feature film based on Disney's 'Mulan'.

Rams

(PG) comedy drama starring Sam Neill, Michael Caton, Miranda Richardson, Asher Keddie. A decades-long feud between two sheep farming brothers comes to a head when disaster strikes their flocks.

Bill & Ted: Face the Music

(PG) Comedy, music, sci-fi starring Keanu Reeves, Alex Winter, Samara Weaving, Brigitte Lundy-Paine. Once told they'd save the universe during a time-travelling adventure, two would-be rockers from San Dimas, California find themselves as middle-aged dads still trying to crank out a hit song and fulfil their destiny.

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SMASHED Sweet Potatoes



Ingredients

olive oil
3 tablespoons melted butter
3 cloves garlic, crushed
1 tablespoon fresh chopped parsley
ground sea salt and black pepper to taste
2 tablespoons grated Parmesan cheese

Method

Pre-heat oven to 200°C. Line a baking tray with baking paper.

Wash and dry the sweet potatoes – leave skins on. Cut off the ends, then slice into 2cm thick rounds.

The sweet potato needs to be pre-cooked until lightly softened. This can be done by drizzling with a little olive oil and microwaving in bursts, or by placing rounds in a large saucepan of water and simmering (with lid on) for about 15-20 minutes, then drain. Allow sweet potato to cool slightly.

Place rounds on the prepared baking tray,

and gently flatten with a fork or potato masher – press lightly to avoid completely mashing the sweet potato.

Whisk together the melted butter, garlic, parsley, and salt and pepper. Drizzle each round with a little olive oil, followed by the butter mixture. Bake in pre-heated oven for 20 minutes, or until golden. Remove from oven, sprinkle with Parmesan cheese and bake for a further five minutes.

Can be served as a side dish, or delicious served with sour cream and sweet chilli sauce. Cooled baked rounds can be refrigerated and reheated prior to serving.

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