



Coast Lines

FREE

April 2020 Vol. 9 #122

People, places & events across the Fleurieu Peninsula



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CORONAVIRUS

At the time of going to press there was every reason to believe that the impact the coronavirus was having on the world would affect us in regard to producing and/or distributing Coast Lines across the Fleurieu Peninsula.

We were unsure about this April edition, and will endeavour to produce our May edition with the distribution set from Wednesday, May 6. However, if for whatever reason we are prevented from producing a printed edition we hope to still provide a free edition that may be read online:

www.coastlines.com.au

Readers may also visit our website to register online to receive an edition by email.

The disease has already affected us in the sense that Victa Cinemas was unable to determine whether it will be able to continue screening movies, hence there is no movie guide in this edition. Also, local markets will be affected, so our guide will most likely be incorrect. Thank you for any understanding regarding the changes; we wish you well. Take care.

Kind regards, Ashley & Jenny

April



COVER

Gary Retallick of Softfoot Alpacas at Hindmarsh Valley holding a three-week-old female crae, the name given to a baby alpaca. The story on page 16 is also a tribute to those who endure Parkinson's disease, which Gary suffers, and May is Parkinson's Awareness Month.

THANKS ANYWAY

This brilliant painting above was created by Doug Howells, and was to be featured in the Goolwa Art & Photographic Exhibition

at Signal Point during April. Regrettably, like so many other things the event has been cancelled due to the coronavirus outbreak. We decided to still run this image as a reminder of the countless people behind so many events everywhere who put in an enormous amount of time and effort only to see them cancelled. RSL sub-branch services, Aquafest, the Vintage Classic at McLaren Vale and on-and-on have all cancelled. We share everyone's disappointment, and despite not going ahead the efforts of countless volunteers is not forgotten.

Continued P4

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OPEN 7 DAYS

April

From P3

LEST WE FORGET

Anzac Day is the anniversary of the landing of troops from Australia and New Zealand on the Gallipoli Peninsula, Turkey, in World War I on April 25, 1915. The bravery of all military personnel who participated in this campaign and the lives of those who died in all military actions are remembered. Anzac Day is only commemorated on the actual day, meaning if it falls on a Saturday like this year, or a Sunday next year, we do not have a public holiday in lieu – the Monday.

After Easter Monday, April 13, the next public holiday for South Australians is the Queen's Birthday on Monday, June 8, and the following is Labour Day on Monday, October 5.

We will celebrate Easter Day – the first Sunday after the paschal moon – on April 12. In western Christianity Easter Sunday must always follow the first full moon after our autumn equinox, which marks the start of night becoming longer than day.

The earliest Easter can be is March 22, and latest April 25. The next time Anzac Day falls during Easter is 2038.

RSL sub-branches across the nation have regrettably needed to cancel or modify their special services at dawn to remember the fallen and those who served because of the coronavirus.

We can, however, still pay our respect through a live telecast of restricted city-based services around Australia.

P10: Hats off to Troops at Toopy



SISTER ACT

The Supper Club at Mount Compass will make the Anzac Day commemoration a touch more nostalgic when it presents *The Three Little Sisters* at the Mount Compass War Memorial Hall on April 25 from 7-9pm. With fun vintage charm Tania Savelli, Shelley Pantic and Melanie Smith recreate the magic harmony during WWII from the *Andrews Sisters* as well as some other war-time classics. Doors and bar open 6pm (no BYO drinks). All ages, and all tickets \$30 – available at Mount Compass Post Office or book online: www.ticketebo.com.au/mcsupperclub

The Mount Compass Supper Club puts on some fabulous shows and this will be no exception.



HI HO HOUR

When told the reason for daylight saving, Tonto said to the Lone Ranger (both pictured): "Only the government would believe that you could cut a foot off the top of a blanket, sew it to the bottom and have a longer blanket."

With this in mind, and those who fear our curtains faded because of the extra hour of sunlight the past six months, daylight saving will end in South Australia on Sunday, April 5 so move your clocks BACK one hour at 3am. We will resume the silliness when daylight saving for 2020-21 begins on Sunday, October 4.

Continued P5



From P4

SPECIAL DAYS

Parkinson's Awareness Month:
More than 80,000 Australians are living with this disease.

Parkinson's Australia promotes best practice models of service delivery, and works to increase awareness. It also provides information on symptoms, diagnosis, causes and treatments.

www.parkinsons.org.au

Thursday, April 2: World Autism Awareness Day – it's about understanding the disability.

www.un.org/en/events/autismday/

World Autism Awareness Day – raising understanding of the disability. www.un.org/en/events/autismday/

8-14 April: Kidney Health Week:
Encompasses World Kidney

Day on March 9, a national, community campaign to raise awareness of kidney disease, which affects an estimated 1.7 million Australians. Of them, 90% of whom don't know they have it. www.kidney.org.au



Saturday 18 April: World Heritage Day: An opportunity to raise awareness about the diversity of cultural heritage and the efforts that are required to protect and conserve it, as well as draw attention to its vulnerability. www.gdrc.org
Wednesday, April 22: Earth Day, a celebration of the environment we all share. It also acts as a day of conservation awareness. www.earthday.org



Saturday, April 25: World Penguin Day, celebrating one of the world's most beloved creatures and a call to action for their conservation.

worldpenguinday.com/

Tuesday April 28: World Day for Safety and Health at Work: An annual international campaign to promote safe, healthy and decent work. www.un.org/en/events/safeworkday/

April 28 – May 4: Heart Week: Focuses on the problem of heart disease and how to help improve the heart health of all Australians. www.heartfoundation.org.au



YEAH, YEAH, YEAH

(Check on the website to confirm whether this following event will go ahead).

I should have known better, so I will cry instead when I get home. Tell me why? Because the crew at Cinemallunga have another great movie fun night on Saturday, April 18 – *A Hard Day's Night*.

Continued P6

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From P5

It's a movie/dinner fun night with the bar open and tunes from 6pm and movie at 7.30. It's one of the early classics from *The Beatles*.

Why all the strange things we said today? To test you out – there are 12 cryptic song titles written in this little piece from the album released 56 years ago this July, and I fell one short of naming all of the tracks. You're invited to come and sing along during the show, so learn them quickly. I'm just happy to dance

with you on the night. And I'll be back to take Mrs Eat Wave to the movie because I love her. Thank you, it didn't take me any time at all. Tickets at Tall Poppy or www.trybooking.com.BIYJY. Adults \$15, concession \$12, U13 \$8. Don't bring your dog – you can't do that. Did you get all 12 song titles mentioned? If you did you need to find something serious to do in your life. Learn the lyrics from *A Hard Days Night*!



UP, UP & AWAY

The Fleurieu is putting on five fabulous *Cabarmay* events on Saturday nights each from seven o'clock – in May, of course. First up is *Up, Up & Away*, a riotous dance performances with razzle-dazzle from the swing to retro eras. This show is in Centenary Hall, Goolwa on Saturday, May 2 and presents a cabaret format with seating and tables and chairs of six.

The Bald Eagles is a seven-piece band performing the great Eagles' hits as well as a taste of *Steely Dan*, Neil Young, *Doobie Brothers* and others in Centenary Hall, Goolwa on Saturday, May 9.

Livvy & Pete – the Songs of Olivia Newton-John & Peter

Allen – celebrates the Aussie icons in Centenary Hall, Goolwa on Saturday, May 16 performed by Helpman Award winner Michael Griffiths and acclaimed entertainer Amelia Ryan.

Three Blokes and One Funny Night in Goolwa is a terrific night of comedy presented by Eddie Bannon, Pete Monaghan and Jon Brooks in Centenary Hall, Goolwa on Saturday, May 23. They have received rave reviews throughout their individual careers so get ready for a big night of laughs.

Finally, we have *The Creedence Revival – a CCR Tribute Show* presented by a five-piece Adelaide-based band made up of some of the state's most talented and dedicated musicians. They will perform the classics at the Mount Compass War Memorial Hall on May 30. Further further information including prices and booking details call into the Goolwa Visitor Information Centre, ring 1300 466 592 or visit: www.visitalexandrina.com

Continued P8

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A smiling couple, a woman with brown hair and a man, are shown from the chest up. They are both wearing white shirts and holding wine glasses. The woman has her arm around the man's shoulder. They are on a boat, with the water and a blue sky in the background.

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April

Touch of Venice coming to Goolwa

Amidst the greatest-ever hit to the tourism industry Goolwa is set to embark on a brilliant new event – the Vogalonga Down Unda – which has enormous potential to grow into something special. Come Sunday, April 26 people are expected to flock to the Goolwa Wharf precinct to watch those on human-powered craft float including rowing sculls, tinnies, wooden dinghies, English skiffs, Irish currachs, or paddling kayaks, canoes, dragon boats or SUPs or even something by foot. Our Italian friends have done this in the world-famous Vogalonga in Venice every May for the past 45 years, and now Goolwa, with major sponsorship from Lakeside Goolwa, is working hard to make this a huge annual event. The Alexandrina Council is promoting 'Aquatic April' with the Vogalonga Down Unda adding to the tourism drawcards that the annual Aquafest and biennial South Australian Wooden Boat Festival offer in April. Regrettably, the Aquafest planned for April 5-6 had to be cancelled because of the



Rowing on the Murray down the Coorong. Image: Mike Haines (SATC).

coronavirus outbreak, but the Vogalonga Down Unda was not restricted by current state and federal health directions regarding mass gatherings at the time of going to print. A vogalonga is a non-competitive celebration for all rowers; an appreciation for the love of boats for which Venice is renowned. Behind this event is Michael Piovesan, who was in Venice for its vogalonga last year, and thought how great it would be if we had one here in Goolwa – the first of its kind in Australia. It was fitting given that in March, 2007 Goolwa was accepted as the first Cittaslow town outside of Italy. Goolwa will have a main course over 12.5km travelling from the Goolwa Aquatic Club heading east along the Goolwa channel shoreline past the Hindmarsh Island Bridge, winding through the wetlands of the Currency Creek marine reserve and returning to the GAC.

There is a short course from 5-8km departing from the Goolwa Aquatic Club, travelling through the safe and protected waters of the Coorong Quays marina on Hindmarsh Island and back again. It is ideal for families with young children, as the image above suggests. The event is based on the one in Venice and you are invited to take part in the inaugural event so long as your craft is human-powered. Participants and spectators are encouraged to dress up in colourful themed costumes or simply wear their local team gear or create something special to commemorate their crew's participation. The Vogalonga Down Unda is being organised by a local working group under the auspices of Cittaslow Goolwa comprising of members of Cittaslow Goolwa, Goolwa Aquatic Club, Canoe the Coorong, and the Coorong Dragons Dragonboat Club. 🌈

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Hope in a bag for those in need

They're called *Life in a Bag*, but perhaps it's also about hope. Hessian shopping bags filled with personal essentials, non-perishables and perhaps a surprise presented to the less fortunate in a homelessness situation. It tells them somebody actually cares. The idea started five years ago in Sydney, and for the past two years approaching winter Pauline Verwaal-Whitford (pictured) and Vanessa Sneddon have collected these bags and delivered them to relevant agencies across our Fleurieu Peninsula which know best who should receive them. It is a wonderful, heartfelt concept and the next collection is between May 23-31, so perhaps more of us may consider putting aside items now.

"We don't manage money, and we don't talk about being a charity, which we are not," Pauline said. "We just want people to think about this... it is a wonderful thing to do as a family. We are launching it now because it gives people time to get a few items together the next few months to put a bag together."

Pauline said the *Life in a Bag* project was not going to solve the problem of homelessness – it is far far too big in our region – but it will create more community awareness and give those affected hope.

"The problem is real," Pauline said. "We are talking about young families, a young mum with a few kids in a tent in the caravan park. "There are is also a lot of stereotyping about homelessness; that it's just people sleeping under a bridge, that it is a result of drinking or taking drugs. It could be a result of domestic violence or poor money management. For many of us it could be one mortgage payment away from that sometimes."

The *Life in a Bag* concept started in Sydney, and two women in Gawler, Tracey and Sam, started it in South Australia. It took off so well around our northern suburbs, and part of their aim was to get others in different areas and take it on board.

Pauline and Vanessa became involved in *Life in a Bag* after sharing a post on facebook, which the group uses as a positive means of




creating awareness and organising the bag collections. It did 460 bags last year.

"One of our volunteers last year received a bag the previous year," Pauline said.

"Her and her child were going through tough times, and she said words could not describe how much the bag helped her. To me, that says it all." Well done Pauline and Vanessa.

If you would like to help by donating a bag of items, contact Pauline through facebook:

@lifeinabagsasouthernarea 



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Hats off to the Toopy troopers

A sign says there is a TV antenna repair bloke down the road, beef and dairy cows are in adjacent paddocks, and there's a tin shed next to what used to be the Rockford School. Not much else, really. They call this place Tooperang, and it's not easy finding the 200 or more scattered residents.

But it's in this old hay shed 3km off the Strathalbyn-Goolwa road that was once infested with possums – they say a local chap David Holme trapped 20 in one day – where you can sense the most amazing community spirit. After also giving it a sweep and more, for the past 12 years just about everyone in the district has come here to pay their respects and honour the fallen and those who served during an Anzac Day service.

It's not an RSL sub-branch, but because it's called a War Memorial Hall that was built in 1956 a few locals thought it should be exactly that. Now the Anzac Day service – followed by the best bacon & eggs muffin breakfast this side of the nearby Tookayerta Creek – attracts others from afar.

The thing is, given it was 93 years earlier that the City of Adelaide built the first-ever Gallipoli memorial, and a month later this was the first state to have an Anzac Day on which a carnival was held to raise money for the Wounded Soldiers Fund, it took a lot to suddenly become part of this reverence that these locals now share.

We're talking about only three years before our national treasure Claude Choules, Australia's oldest man and the world's last-surviving World War I veteran died, aged 110, on May 5, 2011, that Tooperang openly

"We just felt we should do more than just have a shield in the hall to honour those who died and returned. With that in mind, one of the ideas was to interview families and gradually do a story every year. "I was fortunate enough to go and visit a few of those families. One of the things that sat in my mind was a couple who said their father who fought in the First World War didn't feel acknowledged or actually at home when they got off the boat in Fremantle. These young men just disappeared into the crowd and had to make their own way home on the train.



“ We just felt we should do more than just have a shield in the hall to honour those who died and returned.”

- Lee McKenzie, president of the Tooperang War Memorial Hall

“It wasn’t until they got home and had all the neighbours and friends to meet them at that stage in the school that they felt acknowledged.

"I sat there and listened to a lot of stories, but there was one that I will never forget. Kay Eastwood, the youngest granddaughter of Laurence Anderson McGuinness, was in her 80s when she spoke of him and his brothers, Horace and Clarence.

"Horace, a member of the 27th Battalion, was killed in France 10 months after he

joined the army. His memorial is one of 10,982 memorials in the Villers-Bretonneux Military Cemetery.

"Laurence and his other brother Clarence enlisted on the same day and joined the 32nd Battalion Australian Infantry. They took their place in the field on the 1st of August, 1917. Laurence was wounded and Clarence was killed in action while he was alongside him.

Continued P12

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Pictured: Lee McKenzie inside the main hall, and (right) the war memorial.



**ANZAC DAY
BREAKFAST
CANCELLED**

From P11

"Talking to those who returned back in those days they thought it was going to be an adventure, half excited about going. It wasn't like Vietnam."

There have been 33 men from Tooperang who have served in either WWI, WWII or in Vietnam, and of them only 28 returned. All of their stories of bravery cut deep, and are remembered on an impressive granite memorial at the side of the hall.

The community gathers on a Saturday night for a barbeque once a month if the Adelaide Crows aren't playing – Lee makes sure of that – and he says they just communicate and have a good time.

"This used to be an old Elders Goldsborough Mort hay shed," Lee said. They put cladding

around it all, put a floor in, grabbed the old piano from the school and away they went. "They had gymkhanas and all sorts of things. It was interesting that between 1947-51 there was a gap because of polio. There was no vaccine, and we all went to school with someone with polio. "We had some great times, but things turned around in the 70s and 80s when most halls were in trouble. People stopped getting involved. It was that era when

everyone seemed to be busy.

"We were in situation in the late 80s when the possums had moved in and the hall was in disrepair. There was an emergency meeting of the people of the area – 20 tradies, farmers and so on turned up – and they wanted the hall to keep going. "Since then we have had different functions, and a few years ago we started these backroom barbies on a Saturday night for \$5 and we supply the salad. We average 50-60 people here and it's great.

"They keep coming back because they want to sit and talk. They don't want to hear music. We don't have any of that. Instead of texting and emailing we talk one-on-one. Remember when we did that?"

In this backroom barbie enclosure there is a classic old lounge suite that makes President Lee look like the King, but the reality is that there are no airs and graces here. The old fridge, bamboo bar and hall booking sign are classics from the 70s, and it's all just great. Importantly, these wonderful people in this den they call the Toopy Bar remember a lot of things these days, especially those who served. Life is now more than TV with the old 'rabbit-ears' for antennas in this neck of the woods. 🌈

English Rose Funerals

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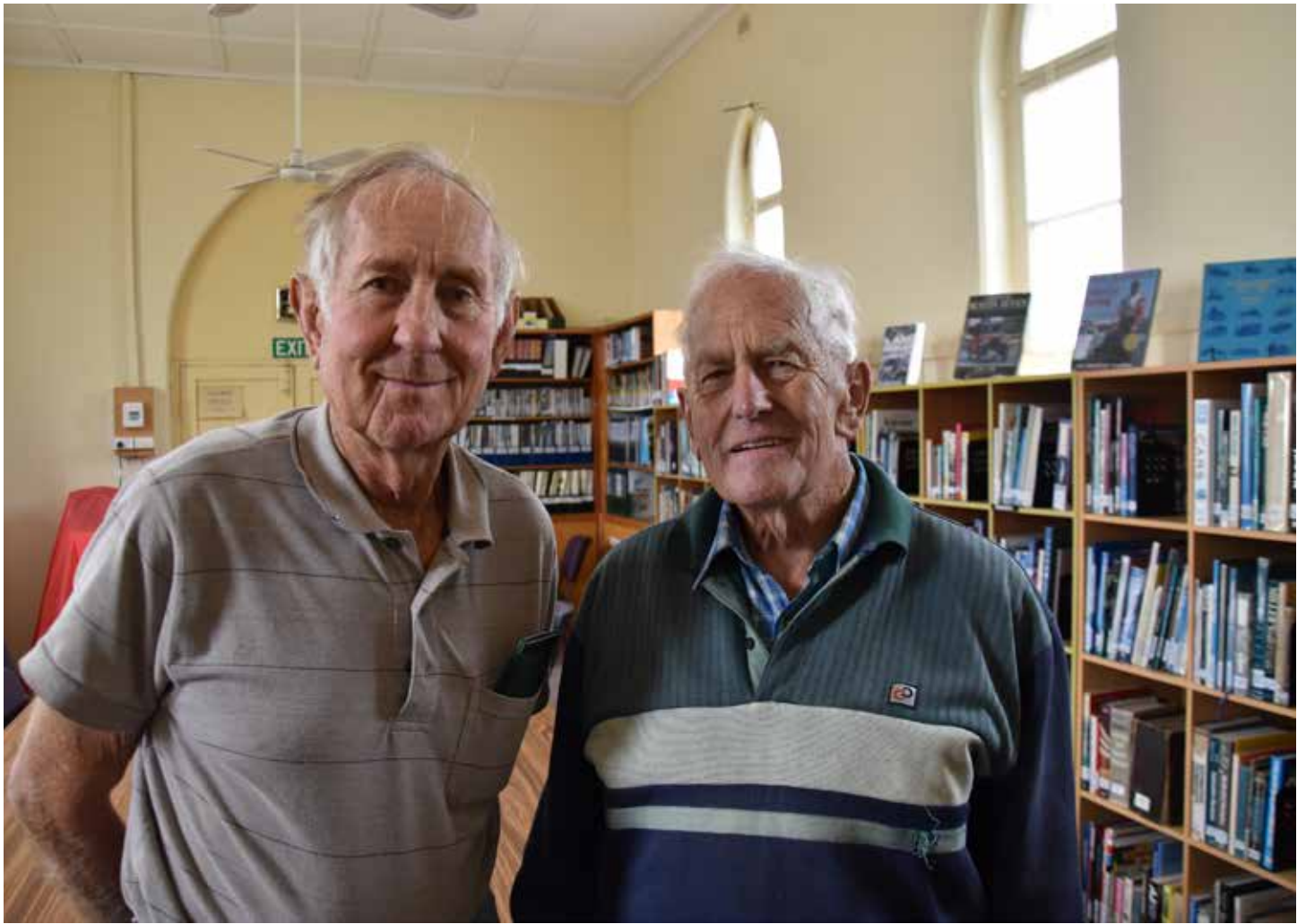
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A full tank of memories

Some people see them simply as eccentric people driving around in their jaunty jalopies from their era. Maybe they are, but there's also something special about an exquisite Nash made in Kenosha, Winsconsin, USA rolling along seemingly no faster than escargot from the south of France.

Eighty-eight-year-old Doug Sweetman has a Nash about his age in his Port Elliot garage, but he's come to realise that it's the car that's too old and too slow to take out for long journeys on the roads these days because our Gen Y generally doesn't appreciate getting stuck behind one. It's vehicles like this one that have also been the heart and soul of the Fleurieu branch of the Historic Motor Vehicles Club, which is celebrating 50 years of restoring and nurturing old vehicles.

Doug's good mate, Peter Crichauf, 76,

turned up in his 1954 XK120 Jaguar at the club's headquarters in the original Newland Congregational Church, Jolly Street, Victor Harbor to meet him, and they reminisced as so many will during the wonderful events the club has planned to celebrate its golden anniversary.

Peter is one of the original club members and recalled how a few people from Victor

Harbor and Willunga who shared a passion for old cars met at the Alma Hotel in Willunga with the idea of forming a club. They alternated the meetings in the towns, and some years later when most members only met at their local pub it was centred at Victor Harbor, paving the way for other clubs to be formed elsewhere.

Continued P14



Pictured: Great stalwarts of the Historic Motor Vehicles Club Fleurieu Peninsula Peter Crichauf (left) and Doug Sweetman in the club's Jolly Street, Victor Harbor headquarters.

Doug Sweetman (left) with his 1929 Nash (also pictured far right) that had sat in a dilapidated state in a shed in Mount Gambier for 46 years before he bought it 14 years ago, and Peter Crichauf, a member of the first Historic Motor Vehicles Club of Fleurieu Peninsula committee with his 1954 XK120 Jaguar which his family bought new.



From P13

Doug said from the start people had old cars in the shed that they never used. "Some were car dealers and had trade-ins or just had them sitting in the shed for 50 years," he said.

"If you go back to the original inaugural run from Victor Harbor to Hindmarsh Falls there were only two or three cars that were restored. The rest were four wheels and a soap box that they sat on... they wanted to get out and use it and restore it later."

Graham Withers, a long-time servant of the HMVC committee, said the club had film from the early days showing a Rolls Royce utility broken at the back and a few seats fitted with children hanging out of it.

"They were racing through some scrub somewhere out of Hindmarsh Tiers where they were having a picnic," Graham said. "It was amazing how the vehicles were taken for a ride."

Peter said that originally, to go on runs the club members had to get a permit from the Motor Vehicles Department for every run unless they had their car registered. "Most of us didn't," Peter added.

"About 12 years ago Arthur Clisby, who was from the Willunga side of things, instigated this quite excellent system of log books where you could register your car up to three years, only paying insurance on it and no registration, and be able to use the car 90 times a year.

"Now a lot of the older cars can be modified much more than they were allowed to be. Back then the regulations were over strict...

“
*I think from now
own you will only see
the real old vintage
cars on the road for
very special occasions.”*

– HMVC member Peter
Crichauf

like the tyres, they could be nearly the same as what you had but sometimes they were not available. Valiants had a problem of cracking their exhaust manifold so people put extractors on, but that was not allowed. "These days now all of that is accepted, and personally I think it's been opened up too much. We are getting a number of people joining just because they can get cheap registration for 90 times a year, which is a lot really.

"The whole idea originally was to try and foster keeping cars, but the reality is that older cars like Doug's Nash have very limited breaking ability. To drive them in traffic now people have no consideration by ducking in front of you and stopping – and you can't stop either. They are mechanical brakes, and as hard as you push them on they really only retard you anyway and you run in the back

of them. So the enjoyment of driving old cars has really gone.

"I think from now on you will only see the real old vintage cars on the road for very special occasions."

Graham said there were also those outside of the club with historic vehicles who were purely investors. "Some have no idea about cars, yet they may have 10 or 15 with professional people going out and buying them and dealing in cars," he said. "They buy them already restored; they have no pleasure in doing them up."

Doug said he's probably living in the past, but enjoys driving his Nash. "But what I recognise today is that there was a time when to see a car like that on the road it was a novelty, but now you are just in the road of everyone else. I have to pick where I drive and when I take this car out because everyone wants to get past you.

"If you go back to the start of the club I would quite happily drive the car to Adelaide and I would not be bothered by traffic, but I wouldn't do it now.

"For all of us having a car like this it's fulfilling the dream. It's about the time and effort that you have put into it. If you had to take it somewhere to get restored it would probably cost you five times what it is worth. You need to do a lot of the work yourself, but if you can that is the best part. "It probably cost me \$10,000 to buy and restore my Nash over three years, and I have made money doing this with other cars, but I have never done it for that reason; I have just enjoyed restoring them."

Graham said the beauty of this club was that it accommodated all makes of cars, and this year it was embracing the 1990 Holdens, Fords and so on which rolled out when we had John Bannon as Premier of South Australia, petrol was 40.2 cents a litre and Tex Walker was born.

"When people get older they buy a caravan or go on a trip, or they buy the car they have always wanted but could never afford in their younger days," Graham said. "That's why we get scores of MGBs; they say 'I always wanted one' and the prices of them have gone out through the roof."

The HMVC at Victor Harbor has over many years been graced with numerous exceptionally dedicated volunteers and great supporters, and this golden year is very much more about them than any machine. They have protected tradition and upheld the strict rules by which they need to adhere to by law, and they have helped to create the enormous pleasure for so many

that comes with driving old cars. No one gets past Deidre Solly, who meticulously monitors the log books to meet department requirements.

It should be some 50th anniversary dinner and other special occasions later this year for this fabulous club – 226 memberships involving 402 people or 176 families all mulling over the 299 vehicles plus those fully registered or with other historic motor vehicle clubs. Special indeed for the 11 life members.

And, for the record, these cars cover 48 makes and here the Holden versus Ford battle over decades is just as fierce with both represented by 35 makes, followed by Mercedes, Chrysler, Austin, Triumph and MG.

Understandably, there is a lot of silent competitiveness in regard to who has the best vehicle, but they all share something special – the love of old cars. 🌈



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If you had doubt that COVID-19 – the coronavirus – was having an impact on our Fleurieu Peninsula then drive along Sawpit Road, Hindmarsh Valley to the Softfoot Alpacas Farm. There you probably won't find a Chinese tourist.

Only months ago they were there laughing, cuddling koalas. They'd later shout 'Daishu, daishu,' their name for kangaroo.

Last year 6000 overwhelmingly friendly Chinese visited here representing 80 per cent of this business run by Gary Retallick and his wife, Sandy. He estimates they spent three-quarters of a million dollars in our local shops; the impact is being felt.

However, resilience is a remarkable gift. It's in Gary's DNA, as is his incredible ability to achieve, and the qualities extend to his wife, Sandy, who over the past 12 years has played her own role in establishing this tourism gem.

Some see it as an unknown treasure, unaware of its beauty spread over 600 acres that also delivers an amazing contribution to endangered wildlife. Weep at the impact of COVID-19 as the world might, but without meaning to diminish the fear or grief, Gary has responded differently. He delivered a cliché to his staff of nine; that every cloud has a silver lining.

"For our business it's about responding and having a much better future by not

Resilience also maketh man

relying on the Chinese... by including a more diverse clientele – locals," Gary said. "I think Australians are solution to our problems."

Easily said, we suggest, but this bloke is no stranger to confronting life's cruel challenges.

The immediate change is bringing forward previously long-term plans starting with opening a new restaurant – Swagman Chargrill – this month. A brilliant chef, Laurent Baclet, has come on board. There is the Australiana theme, and with a wry grin Gary says the Chinese will also love it when they hopefully return. At this point please refrain from asking whether alpaca is on the menu – definitely not.

The restaurant will be within view of a 35 metre bungee jump being built, alongside an equally-high and exhilarating 'fireman's pole' wearing a harness. And if the adrenalin buzzers of this world want more they can

walk over a glass bridge.

Queensland made a fuss last October of opening a scary 19.5 metres glass bridge over the Cobbold Gorge in the Gulf Savannah north-west region. "We're doing 100 metres," Gary said.

There was no sense of bragging here – he's not like that – merely a hint of satisfaction of finding another lure for the local tourism market. These amazing new tourism attractions are expected to be opened by Christmas, and later six unique accommodation units, which are sorely needed in Victor Harbor, will be built.

"The restaurant... we had been planning Swagman Chargrill for some time, but the dramatic change in the tourism climate made us ask ourselves, what are we waiting for; let's do it right now," Gary said.

The particularly amazing thing in all this – the alpaca farm, restaurant and thrills

100 metres up is how Gary, with amazing support of Sandy, got to this stage. For this son of a grader driver who grew up in Harcourt Gardens, now South Plympton, it just didn't happen.

Gary moved into the fibreglass business, making water tanks to go on top of buildings in Adelaide CBD, including a 70,000lt monster on the State Bank in the late 1980s.

"Unfortunately, one of the components supplied by Danish company failed, and 70,000 litres of water went through the top three floors of the State Bank," Gary said. "It flushed out Marcus Clark in more ways than one and they sued me for \$10 million.

"I was not in a position to fight it financially so the bank secretly fought my case for me to fight the insurance companies. When I was exonerated years later I reinvented the wheel by starting this rotational moulding business."

Come 15 years later, Gary had 50 trucks operating from Broome across to Townsville and everywhere south and in between and then sold the business.

"From there we set about trying to do the right thing for the planet," Gary said. "We started planting trees, and 50,000 of them later we had enough to suppress the Co2 that came from our former factories and trucks.

"After five years my wife said watching trees grow was pretty boring. 'Why don't we have some animals on this property?' she said. Sandy researched it, and ultimately came up with a need for animals with soft-footed camel hoofs and not cloven hoofs of sheep and cattle to help protect the delicate landscape.

"We got alpacas. 'This is just a hobby farm – don't get carried away' she said. We went to Peru and bought up and ultimately dominated the alpaca scene here.



"One of our claims to fame within the industry is that one of our employees conducted a multiple ovulation of an amount of females, harvesting their embryos and placing them in precepts. We had over a hundred babies, of which were six super champion females and we managed to get 100 babies out of those. "Ultimately, we had 2000 alpacas shipped overseas, most of them to China, and by that I mean we chartered a jumbo and six shipments and eight hours later each time they landed in Beijing. The Chinese paid \$2000 a head so as always we wanted to look after the well-being of the alpacas. "We also replenished the steppes of Mongolia with soft-footed animals instead of goats and cows which were damaging the landscape that had blown away." With only 200 alpacas remaining on the farm, the venture has turned to producing

amazingly soft fleece to make an exceptional and at times limited range of products like quilts, rugs and scarves to sell in their on-site gift shop.

Significantly, the tourism focus is also on four fully-fenced feral proof sanctuaries and several enclosed intensive breeding facilities for endangered Australian marsupials including 250 spotted tailed quolls, all of which were bred here. One of the protective fences to keep the foxes and cats at bay cost \$350,000.

There is also the Murray-Darling based wetland ecosystem that provides habitat for rescued long neck tortoises and endangered fresh water fish species. An array of water birds inhabit this lake including pelicans and black swans. There is an enclosure for koalas on the mend from injuries.

Continued P18



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From P17

Then there are the woylies – brush-tailed bettongs – which Gary jokingly describes as skinny rat-looking things. “With most species you need to inspire genetic diversity, and the only way to do that is introduce new males,” he explained.

“The Federal Government stopped funding woylies claiming most populations had crashed and weren't popular. About two years ago I started gathering up bits and pieces around Australia flying them in a got six different sets of genetics from different islands. Now I have about 300 in the sanctuary and they are the healthiest woylies you could ever find. Places like Warrawong Wildlife Sanctuary, the Adelaide Zoo and other places come here to get them.”

Tourists jump aboard nine or 12-wheeler buggies that tame terrain and discover many great things around this farm including Softfoot Hall, where special guests who have come from overseas to buy the finest of alpacas enjoy the hospitality. With its superbly-crafted timber ceiling in the main room inspired by a Tiwi Island church, it is seriously stunning. Sandy also creates brilliant fine forms of art in another room. Everything is about attention to detail across this amazing complex; the achievements are profound. However, above everything is the fact that Gary has accomplished so much over the past six years whilst confronting the extremely personal challenges that come with having Parkinson's disease. He openly talks about it, especially now that it is Parkinson's Awareness Month globally. Typically, Gary has refused to let it beat him – so far. He used to walk with a limp. He couldn't sign his name or shuffle a deck of cards, let alone wipe his bottom naturally right-handed. Today he can because,



remarkably, he self-taught himself to re-train his brain.

“I first got the signs of Parkinson's six years ago,” Gary said. “I read a book... the process acknowledging the fact that the brain is placid. It's not set in concrete.

“There are seven components of the brain. If you can parade them in a parkway and you can only turn left you can learn how to do a right turn with a different part of the brain.

“The process is becoming more and more involved when it comes to modifying your brain functions. I can work on computer again. It is all rather technical and obscure; it has been working for me anyway.

“My biggest challenge right now is dyskinesia, or a lot of involuntary movement which actor Michael J Fox has had for some time. I have that tendency to want to feel like doing it; it's hard to control.


“Mind over matter is so important. It's not easy for most people to see that... I have had challenges over time with Parkinson's. You progress down a trail of worse and

worse, but with me I have improved, and now it's another pathway. Keeping that pathway alive and well is my mental challenge.”

At times Gary's journey has been more rugged than that 12-seater buggy – challenges like recovering from flooding the State Bank, Parkinson's and now the coronavirus outbreak. The financial returns have been kind, and he's continued to rise above the unforeseen humps by challenging himself with new ventures like a restaurant and scaring tourists with super leaps of faith.

A high achiever, obviously, and we asked Gary what had made him feel more proud than anything else throughout this adventure. It is a difficult question for some, but there was no hesitation by Gary: “My 50 years of marriage to Sandy.”


It tells you what sort of a bloke he is. They say that manners maketh man, but our Gary also has a lot of resilience. He's soft too, but mind you the alpacas only went economy, not first class to China. He's not that soft. 🌈



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Our bank has long bucked a trend of banks pulling out of Australian suburbs and towns. While the big four have closed more than 100 branches across Australia over the past financial year, we've opened new ones and continue to back local sporting, infrastructure, education, arts and cultural initiatives.

In our 12 years of supporting the Fleurieu we have returned more than \$560,000 back to the local community.

The Community Bank model launched 20 years ago sparked a community-led movement across the country, which has delivered more than \$220 million in profits back to local communities, generating jobs and local economic growth.

It's the many important community initiatives that make all of the staff and board of directors personally proud to live and contribute back into the Fleurieu. We are talking about wonderful organisations and their projects like the Goolwa Community Centre's "Alpaca Shade" olive oil social enterprise, and Fleurieu Future Leaders programs. There are the sporting clubs like

the tennis, football, netball and surf lifesaving clubs in Aldinga, Willunga and Goolwa, and the Goolwa Aquatic Club. And there are events including the Fleurieu Folk Festival and Flicks at the Flat, and the community centres such as Willunga Recreation Park. Yes, we are all proud.

Success comes from feeding into community prosperity, not off it. Putting the interests of our customers first and enabling the success of everyone engaged with our business is at the heart of what we do as we strive to be Australia's bank of choice.

Successful customers and successful communities create a successful bank. We can't run a successful company in a poor community, so it makes sense to invest in creating a wealthier, more cohesive and inclusive community at every level.

If you are interested in helping to give back by banking with your local Bendigo Bank Community branch, please don't hesitate to call one of the four locations across the Fleurieu to arrange an appointment today.

Samantha Bitter – Fleurieu Business & Community Manager
Mobile: 0448 788 650

Where you may find us this month

- **Aldinga Netball Club**
 - Aldinga CFS
 - Goolwa RSL
 - Mobo Group
- **Fleurieu Leaders Youth Program**

Top Tip of the Month

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Community markets

The likelihood of the markets being held across the Fleurieu Peninsula due to the coronavirus was unclear at the time of print. Please check.

CHRISTIES BEACH - ORIGINAL OPEN MARKET:

The Reserve, Beach Road, Christies Beach first and third Sunday of each month 8am–1pm. T: 0405 025 968.

CITTASLOW GOOLWA FARMERS MARKET:

Second & fourth Sunday from 9am–1pm at Jeralde Park, Goolwa Wharf. Enquiries: Jane 0419 855 148.

GOOLWA WHARF ROTARY MARKET:

First & third Sundays 9am–3pm at the reserve by Goolwa Wharf. Enquiries: 0459 786 469; ebrotarymarkets@gmail.com

INMAN VALLEY COMMUNITY MARKET:

Quarterly - visit facebook page for updates. Saturdays 10am–2pm at Inman Valley Memorial Hall. Kate 8558 8242.

KANGAROO ISLAND: KI Farmers Market & KI

Community Market: First Sunday of the month 9am–1pm at Penneshaw Oval.

MILANG BUTTER FACTORY MONTHLY

MARKET: Second Saturday of each month, 10am–3pm at the Milang Institute, Coxe St. Great stalls. Local live music.

McLAREN VALE FLEURIEU SA ARTISAN

MARKET: First Saturday of each month.

THE VALE MARKET:

McLaren Vale and Fleurieu Visitor Information Centre, Main Rd, McLaren Vale from 10am–3pm on Monday holidays March 9, April 13 & June 8.

MOANA MARKET: Pioneers Memorial Hall, Nashwauk Crescent, Moana second Sunday of each month 9am–1.30pm. T: 8327 0480 (AH) or Jo at 0412 630 518.

MYPONGA MARKET: Weekends & public holidays 9.30am–4pm at Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

PORT ELLIOT ROTARY MARKET: First & third Saturdays 9am–2pm Lakala Res, Rosetta St. Enquiries: 0459 786 469, ebrotarymarkets@gmail.com

VICTOR HARBOR ARTISANS MARKET: Easter Saturday, April 11.

VICTOR HARBOR FARMERS' MARKET: Every Saturday 8am–12–30pm at Grosvenor Gardens, Torrens St, Victor Harbor. Enquiries: 0438 858 667.

VICTOR HARBOR COUNTRY MARKET: Second and fourth Sundays of month, 9am–4pm, at Soldiers' Memorial Reserve, Victor Harbor. Enquiries: 8556 8222.

VICTOR HARBOR CREATIVE CRAFTERS

MARKET: First Saturday of month 10am–3pm in the Senior Citizens' Hall, Hill St, Victor Harbor. Enquiries: Janet 8556 8222.

VICTOR HARBOR VEGGIE SWAP MARKET:

First Sunday of each month 10am–noon at Carrickalinga House, cnr Hill and Torrens Streets, Victor Harbor. Enquiries 8552 9423 or www.scecentre.com.au

WILLUNGA ARTISANS & HOMEMADE

MARKET: Old Show Hall, Main Road, Willunga second Saturday of each month 9am–1pm. T: Mary 0414 361 817.

WILLUNGA FARMERS' MARKET: Every Saturday, 8am–12.30pm at Willunga Town Square. Enq: 8556 4297 or Jeni 0411 049 570.

WILLUNGA GREEN LIGHT ORGANIC

MARKET: Every Saturday of the month; 9am–1.30pm. Willunga Recreation Park, Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY MARKET: Second Saturday of the month 9am–1pm at Aldinga Rd, Willunga. Enquiries: 0408 897 393.

YANKALILLA CRAFT & PRODUCE MARKET:

Third Saturday of the month 9am–1pm at Agricultural Hall, Main Rd, Yankalilla. Enquiries 8558 3346.

A free guide... to join the list or make changes please advise: info@coastlines.com.au

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Puzzles

ANSWERS P25

Crossword

Across

- 1 Burden
5 Produce
10 Appropriate
12 Call for aid
13 Intellect
14 Makes amends
16 Public transport
20 Sports complexes
21 Arachnids
24 Of the ear
26 Greek letter
27 Happen
30 Fact of being elsewhere
32 Essential
33 Puzzling question
35 Compass point (init)
37 Upper level
38 Church officials
40 Aim at
43 Marine map
46 Country
48 Drug-yielding plant
49 Middle
50 Help
51 Slingshot
52 Cast off

Down

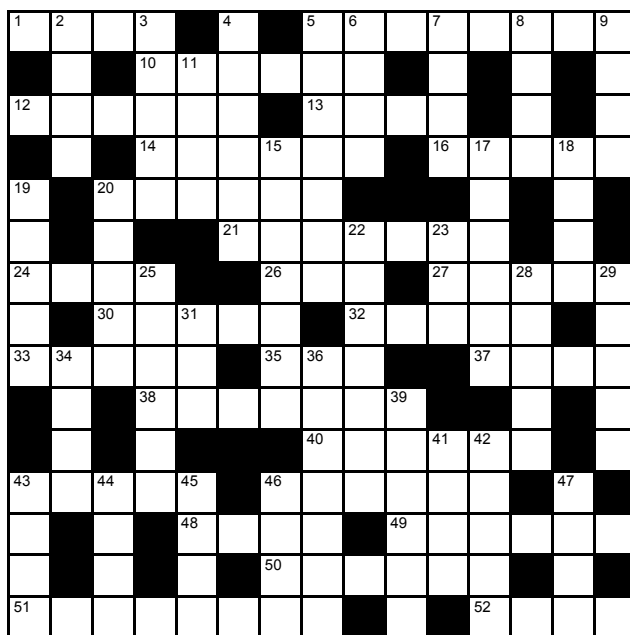
- 2 Back of the neck
3 Weapon
4 Punctuation marks
5 Book of the Bible
6 Love god
7 Direction
8 Operatic air
9 Flows back
11 Scold
15 Having short

sleep

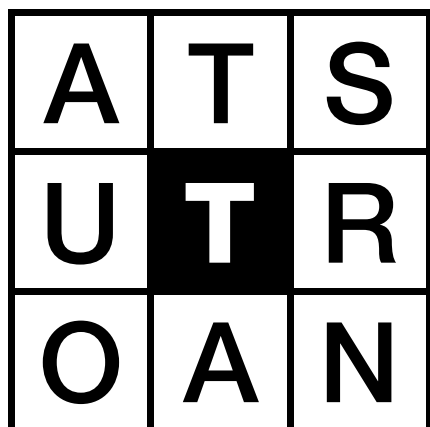
- 17 Scoundrel
18 Bill of fare
19 Exclusive story
20 Assumed name
22 Unlike
23 Decay
25 Smart
28 Shut
29 Ceremonial acts
31 Anger

34 Solemn promise

- 36 Closest
39 Coined money
41 Frozen treats
42 Letting fees
43 Stylish
44 Family member
45 Stop up
46 Target
47 Faithful



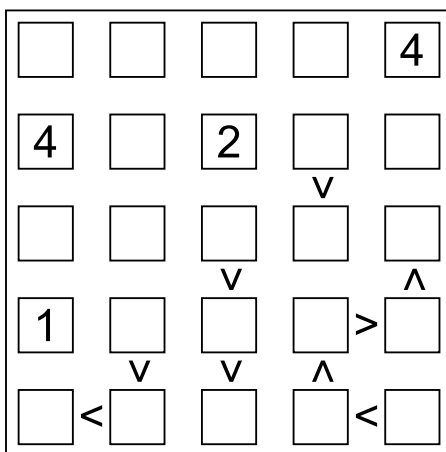
Target Time



Average 40, Good 48, Excellent 54+.

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in 's'. Reference Source: *Macquarie Dictionary*

Futoshiki



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The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A less-than sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution.



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EDITORIAL & ADVERTISING: Ashley Porter
0402 900 317

ADMINISTRATION / WEBSITE: Jenny Porter
0422 269 325

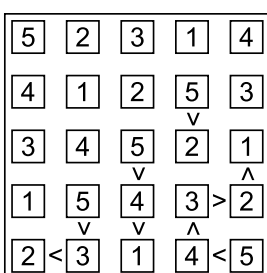
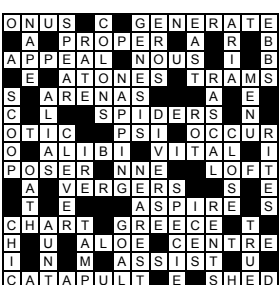
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PUZZLE ANSWERS FROM P21



TARGET TIME: anta, aorta, ASTRONAUT, attar, attorn, aunt, auto, oast, oust, outran, rant, rata, rattan, roast, rota, roust, rout, runt, rust, snort, snout, sonata, sort, star, start, stator, stoa, stoat, stout, strata, strut, stun, stunt, sutra, tana, tanto, tarn, taro, tarot, tart, tartan, taunt, taut, toast, tonus, torn, tort, torus, tost, tour, tout, trona, trot, trout, truant, trust, tsar, tuna, turn, tutor, unto.

Having a 'red hot' go at finding a dream run



The Kevin Costner movie *Field of Dreams* (1989) was about baseballer Shoeless Joe Jackson, but the stalwarts at the Victor Harbor and Strathalbyn harness racing clubs merely dream of fields. They share almost 150 years of history and \$7 million in assets, but are only each granted three meetings a year because they don't attract enough starters. Few meetings represents low gatetakings, although in recent years Victor Harbor has drawn relatively big crowds, as expected at its next meeting on Easter Sunday, April 12. Also concerning is that between them they have only five trainers including Kim Evans, who 16 months ago began training and works her team of four at both tracks. Unfortunately, hurting the clubs' own dreams of leveraging their solid assets as part of sound business plans managed by capable committees to move forward is the dented reputation of South Australia's embattled harness racing industry. Some suggest harness racing is beyond repair, yet the every-day people on the Fleurieu Peninsula who are creating their own positive environment in many other ways are able to simply get on with what they do best – train, drive and administer their club the best they can. Most importantly, they too have dreams,

especially Kim.

Based in Nangwarry, Kim competed nationally as an equestrian and event rider, but 19 months ago turned her attention to re-training standardbreds once they had finished racing. She taught them to be ridden with a saddle; to settle in a different home.

"I was working with standardbreds and I thought why not give it a shot and try training them myself at Strathalbyn and Victor Harbor," she said.

The move to harness racing brought back a lot of memories for her uncle, Jack Carr, who lived in Melbourne, and had enjoyed a long-time connection with Strathalbyn. He owned Minuteman, which remains as one of South Australia's greatest-ever pacers. It won off a standing mark of 48 metres at Strathalbyn, a year after it led for four and a half laps of the Royal Melbourne Showgrounds to win the 1964 Interdominion Championship. When Jack died last August he left Kim four promising pacers to train, including New Zealand-bred React to Beauty, a four-year-old which finished third first-up for her at Strathalbyn. He's nothing special, not yet anyway, but Kim was someone new coming into the harness racing game as a trainer which has buoyed the spirit of the stalwarts of this game.

"Coming from an equestrian and eventing background I was surprised how there was a lot more to harness racing than I could have imagined," Kim said. "You're close to the track, it's exciting.

"All horses are expensive to keep – the cheapest part is buying them. Here, you get a chance of a return with prizemoney, but in eventing and show jumping you go around for a ribbon.

"The biggest challenge at Victor Harbor is convincing the Adelaide or northern-based trainers to come here, and if they went through Strathalbyn or Aldinga rather than struggle up Willunga Hill like they always do they would come here more often."

Victor Harbor, despite being one of the best 1000 metre tracks in Australia, is like Strathalbyn in the sense they are ideal for new trainers like Kim and drivers to learn their craft. According to those in the know, despite troubles at the top of the industry chain these clubs and as small as they may be on a national scale, they are setting a good pace to use a harness racing analogy. They also share a lot of history; the old days from 1948 when they raced around a saucer on Malin Avenue, Encounter Bay until 1997 when the Victor Harbor moved to a magnificent 1000-metre track at Morgan Park; when Adelaide-based trainers would



Left: Kim Evans left with driver Terry Hayes behind React to Beauty. Below: Kim with five-year-old He's a Real Go (left) and React to Beauty.



bring their horses to Strathalbyn by train and walk them to the track with excited kids following them.

It is understood a supermarket chain has offered the Strathalbyn club \$4.5m for its land with the club building a new complex on the outskirts of the town on the road to Langhorne Creek Road. Max Beasley, one of the other two trainers at Strathalbyn and president second-time around, has high hopes this will happen sooner than later. "One of the options is to do the whole complex, rip down all of this... we are selling a bit of the float park which will give

us our own capital funds to put all new offices and buildings here that we can rent out," Max said.

"The other plan is to look at \$3-4m complex on Langhorne Creek road. Council (Alexandrina) is working with us. We have already put in a master plan around it looking at a basketball stadium, a RV caravan site, a whole community hub out there.

"We will have a duplication of Melton which they tell me is the best track in Australia using the same track designer. It's all on the cards. We have a project manager handling

this... it is more than affordable.

"We have already spent good money, and council has spent money on a master plan around it.

"I would give this current site to the real estate agents to sell. I am looking at an indigenous training centre. I would love to have a wine centre out there plus a basketball stadium. You need to have multi-use of your complex to survive because the days of a trotting club just having four or five meetings a year will send it broke."

Strathalbyn club secretary Paul Davis said the biggest challenge was survival. "As a code overall, a lot of the clubs have no money; they are running on nothing all the time," he said. "We have to keep finding other things. If we go to the trouble of grassing the middle other things will come to us.

"Harness Racing SA is looking at racing on Saturday morning at Globe Derby to get first go at the betting dollar.

Continued P26

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**RACE
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From P25

When the gallops started racing on Friday nights it killed the trots.

"There is some fabulous history here at Strathalbyn. In 1910 we were bequeathed the land, but the track wasn't finished until 1939. Like all trotting clubs, there were some great days, but they've gone. If we don't do something now a caravan park here looks good to me.

"Now we have a dream... we can't lose sight of that."

Lynton Bishop, who has been president of the Victor Harbor Harness Racing Club since 2015, said country clubs were once the lifeblood of the industry because years ago everyone had a horse. "Not anymore," he said.

"What we are trying to do is get some on-course stalls where people can have horses again. We got a grant from Harness Racing SA – we haven't got the money yet, but it has been approved – to do those stables.

"We have a great track, and while our facilities are basic they are freehold. We put money into racing when a lot of other clubs don't – we have to if we want trainers to bring their horses here.

"City people don't support country clubs as well as they could. They want to race at Globe Derby but that's not working... we get more people here than anybody.

"As far as the industry goes as a president I have to maintain a positive outlook.

Sometimes I ask what's the point in doing it, but it's the same as my old footy days, I'm either all in or not. It's just the love of harness racing. I remember as a kid going to Wayville – they were magnificent nights. They say once you get harness racing in



Above: At the home turn - a great image by Gary Davies. Right: Strathalbyn Harness Racing Club president Max Beasley. Note the absence of the greyhound track in the centre behind him, which was recently cleared.



your blood it's hard to get out.

"Victor is going ahead leaps and bounds as a town, and the older people here tend to like the trots. That is encouraging for us."

Lynton, like Kim and Max, also has a dream.

"It might be a pie in the sky, but I'd love us to get lighting here," he said. "It would cost about a million and a half, but could you imagine a Saturday night here in the summer at Victor with all the holiday makers here. We would pack them in."

A lot of dreams – a new trainer with four pacers from her Uncle Jack who had an absolute champion, Max with his idea of building a new complex as good as Melton which is considered the best in Australia, and Lynton wanting to have an in-house stable complex and lights at Victor Harbor

and pack 'em in by the thousands on a Christmas holiday night.

Then there are those with the idea the clubs should amalgamate and combine their resources to have the best of everything... lights, action, the works. To which Michael Caton, who played the role of Darryl Kerrigan in that classic movie *The Castle*, would have said: 'Tell 'em they're dreamin'. But hey, everyone has a dream in this tough game. 🍀

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Bravo, bravo, seventy years... take a bow

Talk about a hard act to follow. The South Coast Choral & Arts Society is celebrating its 70th anniversary in May.

Since its original regional choir first performed in the halls and the group evolved to musicals and drama, including its first-ever theatre performance of *The Pirates of Penzance* in 1956, countless directors, actors, choristers, musicians, technicians, other behind the scenes volunteers including those who bring everything to life in bright lights – and especially delighted audiences – have set Victor Harbor apart in regional theatre.

With Helen Williams a current president, this amateur theatre group has thrived on the hard work of so many volunteers and excelled on stage for years.

To mark the occasion, the SCC&AS is having a celebration dinner in the Victor Harbor Town Hall on Saturday, May 2, and its members and friends are welcome. It will also virtually take over the relatively new and brilliant Coral Street Art Space throughout May to take us back through 70 years with a delicately curated display of costumes, props and set pieces, as well as photos and stories. It will be the first time SCC&AS has mounted an exhibition of this nature.

SCC&AS is also asking everyone who has been involved with the group over the past 70 years, including those in the audience, to



Right: Robert Bell and Penny Smith in Jesus Christ Superstar.

tell their story about the group. Visit: www.sccas.org.au/seventy

It is the stage, however, where the brilliant thespians of our south coast will remind us of its remarkable ability to produce theatre at its finest – presenting Rogers & Hammerstein's classic *South Pacific* as a staged concert from May 15-30.

Helmed by Director JJ Geelen, who gave us classics *Les Miserables* and *Jesus Christ Superstar*, this show will bring together a magnificent cast and orchestra to present this beloved musical. Among other key creators are Guy Mansbridge as musical director, Deana Constable (vocal director) and Sally Grooby (choreographer). Everyone will play a key role, including actors Alicia Beattie as Ngana, Bill Reddin (Captain Bracket), Emily Grear (Liat) and Flora Grear (Liat).

The choir has continued to entertain audiences, and unfortunately its concert this



month had to be cancelled. Its next concert will be on Sunday, August 16 in the Lutheran Church.

Well done to the SCC&AS, and to everyone who has supported it over the years. Few country towns across Australia have a theatre group, and it is something that everyone should be reminded of as some very talented people both on and off the stage bring us a new show. Everything has been a hard act to follow, but these people will continue to do just that – rise to the occasion again. 🌈

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To movie buffs...

Regrettably, due to the uncertainty surrounding the restriction on the public due to the coronavirus it is impossible to say what movies – if any – will be shown at Victa Cinemas during April.

We therefore advise that it is best to check the theatre's website for notification on possible screenings. Victa Cinemas has always taken the well-being and safety of its patrons seriously. We thank you sincerely for your patronage in the past, and we look forward to seeing you in brighter days to follow. Keep well.

Kind regards, David, Carol & Jarrad

On a brighter note...

Pain barrier

Jake goes to the dentist to get a tooth out, and asks what will it cost. The dentist says \$200, which Jake thinks it is far too much, and after some thought asks about cheaper methods.

The dentist says: "It can be done without anaesthesia, and will cost only \$30, but it would be very, very painful."

Jake says: "Okay, do it without anaesthesia."

As the dentist removes the tooth without anaesthesia Jake sits quietly, even smiling a little.

The dentist is not only surprised, but is quite impressed and says: "I have never seen such a brave patient like you... I

don't even want my fees, instead take the \$30 as a reward, you've taught me such a powerful lesson today about mastering one's pain and feelings."

In the evening the dentist meets his fellow dentists and tells everyone about his amazing patient.

One of the dentists from the group shouts: "Jake came to me first, I gave him anaesthesia and asked him to wait outside for half an hour. After half an hour, when I

called him he had left."

Happy ever after

Brian and Betty are celebrating their 30th anniversary when one of their divorced friends, Bruce, approaches and congratulates them on the big achievement.

Bruce says: "I have to know, what's your secret to staying so happy?"

Brian says: "Well, Betty has a university degree in communications and I have one in theatre... she's really good at talking and I'm really good at acting like I'm listening."

Wheelie strong

Lee, a strong young man at a construction site, is bragging that he can outdo anyone when it comes to pure strength.

He makes a special case of making fun of one of the older workers on his team, Fred. After several minutes of ranting, Fred has had enough and challenges the young worker.

Fred says: "Why don't you put your money where your mouth is and challenge me to a strength competition... I will bet an entire



Forgo sake stop laughing - this is serious!
 Australia's most famous cartoon by Stanley Cross (1888-1977) published in *Smith's Weekly* July 29, 1933. We need this humour right now.

week's pay that I can haul something in a wheelbarrow over to that building that you won't be able to wheel back."

Continued P29



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From P28

Lee says: "You're on, old man – let's see what you've got!"

Fred reaches out and grabs the wheelbarrow by the handles. Then, nodding to the young man, he says: "Alright, hop in."

Tea for two

A three-year-old girl is playing with her miniature tea set. Her father is in the living room and her mother is out shopping. The little girl comes out to the living room and offers her father a cup of tea, which is in fact just water. He thinks this is really cute, so she does it several more times. When the mother comes home the father has the mother stop and watch the little tea ritual, as her daughter brings the father another cup of tea (water) and he drinks it. The mother says: "Very nice dear, but has it occurred to you that the only place she can reach to get water is the toilet?"

Park lane

A woman walks into a bank and says she is going to Europe on business for two weeks and needs to borrow \$5000. The bank officer tells her that she needs to provide some kind of security so the woman hands over the keys to a new Rolls Royce that is parked on the street in front of the bank. Everything checks out, and the bank agrees to accept the car as collateral for the loan. An employee drives the Rolls Royce into the bank's underground garage and parks it there.

Two weeks later the woman returns, repays the \$5000 plus interest, which comes to \$15.41.

The loan officer says: "We are very happy to have had your business, and this transaction has worked out very nicely, but were a little puzzled. While you were away, we checked out your accounts and

found that you were a multimillionaire. What puzzles us is why would you bother to borrow \$5000?"

And the woman says: "Where else could I park my car for two weeks for \$15.41?"

Snow park

It's a bitterly cold winter morning a husband and wife in Dublin are listening to the radio during breakfast. They hear the announcer say: "We are going to have 8 to 10 inches of snow today. You must park your car on the even-numbered side of the street so the snow ploughs can get through." The wife goes out and moves her car. A week later while they are eating breakfast again, the radio announcer says: "We are expecting 10 to 12 inches of snow today. You must park your car on the odd-numbered side of the street, so the snow ploughs can get through."

The wife sighs, and goes out and moves her car again.

The next week they are again having breakfast when the radio announcer starts to say: "We are expecting 12 to 14 inches of snow today. You must park..." when the power goes out.

The wife is very upset, and with a worried look on her face she says to her husband: "I don't know what to do. Which side of the street do I need to park on so the snow ploughs can get through?"

And the husband says: "Why don't you just leave the car in the garage this time."

Swoosh!

There is this inflatable boy who goes to an inflatable school. He is smoking behind the school shed when the inflatable teacher catches him.

The teacher says: "Right, you're coming with me" as he drags him backed to the classroom.

The inflatable boy pulls out a knife and

stabs the inflatable teacher, swoosh (sound of air coming out) goes the inflatable teacher.

The inflatable boy runs out the school gate and stabs the inflatable school, swoosh goes the inflatable school.

The inflatable boy runs home, where his inflatable parents say: "What are you doing here? You have been in trouble at school, haven't you?"

The inflatable boy stabs his parents, swoosh they go.

The police arrive to take him away, but the boy stabs himself.

They rush the inflatable boy to hospital, where they stitch him up and leave him overnight.

The police come back the next day and the inflatable boy asks: "What happened?"

And the police officer says: "You've let your teacher down, you've let the school down, you've let your parents down... and most all, you've let yourself down."

Knock, knock

A woman arrives rather late at night at a south coast hotel where she has made a reservation to stay overnight. All the lights are out so she knocks on the door.

After knocking for a long time a light appears in an upstairs window and he publican calls out: "Who are you? What do you want?"

The woman replies: "I'm staying here!"

And the publican yells out before slamming the window shut: "Well stay there then."

Dad jokes...

What did the farmer say when he lost his tractor? "I've lost my tractor."

How did the phone propose to his girlfriend on Valentine's Day? He gave her a ring.

How can you tell if a tree is a dogwood tree? By its bark.

What happened when the owl lost his voice? He didn't give a hoot.

What do you get when you cross a bee with a doorbell? A real hum-dinger.

What do you call two spiders who just got married? Newlywebs.

What do you call a turtle who robs banks? Armoured and dangerous.

Where do you find giant snails? On the ends of giant's fingers.

What did the cannibal get when he was late for dinner? The cold shoulder.

What do you call it when a king goes to the bathroom? A royal flush.

What goes up when the rain comes down? An umbrella.

What do you call a surgeon with eight arms? A doctopus.

What are two things you don't eat for breakfast? Lunch and dinner.

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Ingredients

100g butter
¼ cup caster sugar
1½ cups self raising flour
½ cup white chocolate chips
1 egg
⅓ cup milk
150g fruit yoghurt*
150g frozen mixed berries

Method

Pre-heat oven to 170°C. Lightly grease muffin pans with a little melted butter. Melt butter in microwave or on stove top, and place in a large bowl. Add sugar, self raising flour, white chocolate chips, egg, milk and yoghurt and stir until combined – do not over stir. Then gently stir through frozen berries. Spoon into prepared muffin pans and bake at 170°C for 25 minutes or until golden on top and cooked through. Makes 12 medium muffins.

Note: *We used a raspberry acai kefir yoghurt which helped produce a delicious muffin!



Baked Salmon with Lemon & Leek

Ingredients

2 salmon fillets
salt & black pepper to taste
1 leek, washed and thinly sliced
¼ cup chopped fresh parsley
3 tbsps olive oil
1 lemon

Method

Pre-heat oven to 180°C. Place the salmon fillets in a baking dish lined with baking paper. Season with salt and black pepper. Place a layer of leek slices on top of the salmon, sprinkle with chopped parsley and then pour olive oil over the top. Squeeze the juice of half a lemon over the salmon. Slice the remaining half a lemon and arrange slices around the salmon, together with any spare leek slices.

Bake in oven for 20-25 minutes, or until cooked (see note). Serve with salad or baked vegetables. Serves 2.

Note: Salmon is cooked when a cooking thermometer inserted in the thickest part reaches 62°C. If you don't have a cooking thermometer, it really is a great investment. This recipe is so simple and yet so delicious.

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Sweet Potato, Pea & Corn Fritters

Ingredients

500g sweet potato, peeled & grated
200g frozen peas
200g frozen corn kernels
¾ cup self raising flour
2 eggs, beaten with fork
75g Greek feta
3 spring onions, chopped
salt & black pepper to taste
oil for frying

Method Place grated sweet potato, peas and corn kernels in a large dish and stir to combine. Add flour and eggs, and continue stirring until combined, then gently stir through crumbled feta and spring onions. Finally add salt and black pepper to taste.

Pre-heat oven to a low setting, for keeping fritters warm.

Add enough oil to coat base of pan and heat pan over medium heat. Using clean hands roll about three tablespoons of the mixture into a ball, then flatten slightly on a plate to form a fritter. Do this for the remaining mixture, then place fritters in the heated pan (in batches). Cook on one side for about 7 minutes, or until golden, then turn with a spatula and cook the other side

for 7 minutes, or until golden and cooked through. Transfer fritters to a heatproof dish and place in oven to keep warm whilst cooking remaining batches.

Delicious served with sour cream and sweet chilli sauce. Makes 12-14.

Note mixture might appear a bit dry, but this recipe seems to work without having to add a liquid. Cooked fritters can be frozen.



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