

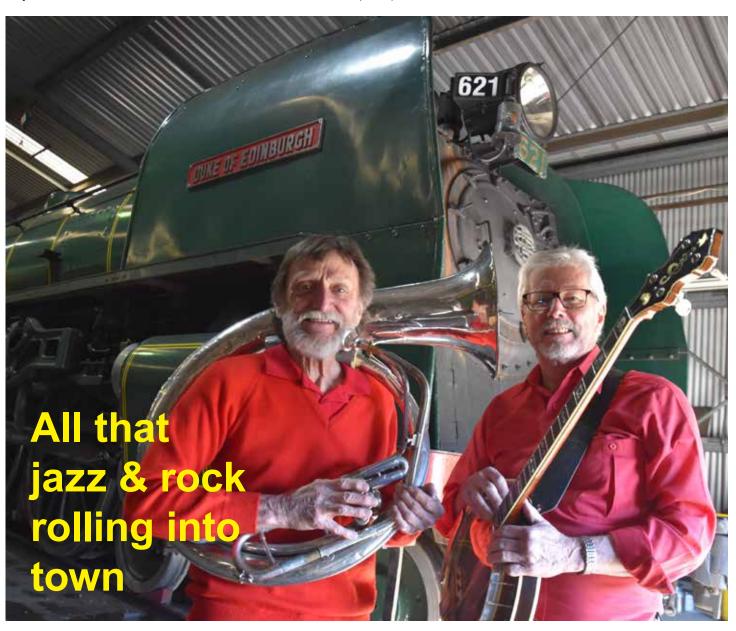


## Coast Lines

September 2019

Vol. 9 #115

People, places & events across the Fleurieu Peninsula





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## September

## JUST A THOUGHT

An optimist in a sinking boat will put another hole in the boat to drain the water

## COVFR

Our South Coast will come alive to the sound of rock and all that jazz in the coming weeks with the ninth annual Rock 'n Roll Festival in the heart of Victor Harbor from September 13-15, and a new event for Goolwa, the South Coast Jazz Festival from October 18-20.

Pictured on the cover by the magnificent steam engine Duke of Edinburgh at the home base and workshop of SteamRanger in Mount Barker are the jazz festival coordinator Mel Hopgood (left) with his helicon, and banjo player Brenton Tregloan.

**P20: FULL STORY** 





## **SHOW TIME**

Hundreds of people are getting their farm animals, produce and crafty things ready to enter local shows coming up in October, and we caught up with Megan and Shane Miller and their kids – literally. They have miniature goats, and Jamie, 20 months is pictured left with three-day old twins Gondor and Genevieve at their Briar Rose Miniature Goats farm at Hindmarsh Valley (we're not counting Jamie's stuffed goat!). **P10: FULL STORY** 

Also, it's time you started working on your fruitcake, Genoa cake and scones for the annual regional competitions at the shows with the winners going to the Royal Adelaide Show for the chance to be crowned state-wide winners. P30: Mrs Eatwave gives you the official recipe for the fruitcake.

## LET'S ROCK 'n ROLL

Put your bright sweaters and blue suede shoes on and let's dance - the McDonald's Victor Harbor Rock 'n Roll Festival is on again from September 13-15. It rolls into town on the Friday at 10am with a vehicle display at McDonald's and rockers of all ages will be shaking all over with live entertainment around the town.

Continued P4









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from P3

Come the weekend the rock 'n rolling swings further into action – the Historic Motor Vehicles Club is putting on a free car classic and hot rod display featuring more than 500 vehicles as a Shannons Show 'n Shine event. You can take a scenic cruise with Coast Rodders, and of course there will be plenty of great music and dancing creating a mostly-free and fun, entertainment-filled weekend in real rockabilly atmosphere.

There is an excellent VIP Pass option. Changes have been made to last year's event based on great feedback - official evening tickets are \$15 per person per night, or \$25 for both nights and each ticket includes a VIP Pass wristband with access to a range of exclusive discounts and offers from local businesses. Visit www.victorharborrocknroll. eventbrite.com.au to purchase your tickets.

Changes have also been made to the layout of the marquees, bringing the seating right next to the dance floor to create an all-in-one atmosphere. There will be market stall on both days, and our traders in Victor Harbor are ready to get right into the rock 'n roll spirit. The Victor Harbor Rock 'n

Roll Festival has evolved into one of the great events of its kind in Australia - thanks to the City of Victor Harbor. And thanks to this year's sponsors - McDonald's Victor Harbor, BankSA, Telstra Victor Harbor, Business Victor Harbor, and Shannon's. And well done to the Rotary clubs of both Encounter Bay and Victor Harbor for their continued amazing support.



## **Rock 'n Roll Festival** program:

Friday, September 13 10am-1pm: Vehicle display McDonald's Victor Harbor car

**7pm:** Hotel Crown: Billy Guy (solo act - free) - 2 Ocean St, Victor Harbor. Dinner bookings: 8552 1022

**7-11pm:** Official event – *The* Party Cats & DJ Jess - VIP Pass event, \$15 p.p. under the BankSA marquee, Warland Reserve. Bar facilities; Byo supper. Bookings: victorrocknroll.eventbrite.com. au or T: 8551 0776.

Saturday, September 14 9:30am: Shannon's Show 'n

Shine – vehicle displays arrive Warland Res. 10am: Market stalls open – Warland Res. 11am: Scenic Cruise – vehicles arrive Ocean St and Warland

10:30am: Rockabilly Stage with DJ JESS opens on Ocean St -

11am: Satellites; 1.40pm: Rockit Combo.

11am: Rock 'n Roll stage opens with DJ Tommy Kaye at Warland Res 11.30am: The Cadillacs; 2.10pm: Lefty Roulette & the

Joint Jumpin' Cats.

4pm: Twilight Cruise by Coast Rodders from Esplanade. Saturday evening functions

4-9pm: Grosvenor Hotel -Puffin' Billy. Free, beer garden. Cnr Coral & Ocean St. Table bookings: 8552 1011

6:30pm Hotel Crown: Radio Hits 7-11pm, \$15 entry, bookings essential. 2 Ocean St, Victor Harbor. 8552 1022.

7pm: Official Saturday night -Silverados & DJ Dave Garland 7-11.30pm \$15 p.p. VIP pass event under the Bank SA marquee on Warland Reserve. Bar facilities available; BYO supper. Bookings: victorrocknroll.eventbrite.com. au or T: 8551 0776

## Sunday, September 15

9am: Shannon's Show 'n Shine vehicle displays arrive Warland Res & Ocean St

10am: Market stalls open -Warland Res.

11:30am: Rockabilly stage opens with DJ Barry Callaghan, Ocean St. Noon: Dead Lucky. 2.40pm: Billy Rock Trio with Young Max.

11am: Rock 'n Roll stage opens with DJ Tommy Kaye, Warland Res. 11am: The Shakers.; 1.20pm: Miss Fleurieu Parade. 2.30pm: The Lincolns.

2.20pm Shannon's Show 'n Shine Trophy presentations. Contact: general enquiries:

info@rocknrollfestival.com.au Vehicles: rocknrollhmvc.org.au



## SPECIAL DAYS

**Childhood Cancer Awareness** Month: It was first declared

by former US President Barack Obama in 2010. www.finder. com.au/childhood-cancerawareness-month

**Dementia Awareness Month:** More than 350,000 Australians now live with dementia, for which there is currently no known cure. www.finder.com. au/dementia-awareness-month





Thursday, September 12: R U OK? Day. It is an Australian non-profit suicide prevention organisation, founded by advertiser Gavin Larkin in 2009 that advocates people to have conversations with others. www.finder.com.au/r-u-ok-day

Prostate Cancer Awareness Month: The national event is used to raise awareness of the importance of men's health, and regular prostate checks. www.prostate.org.au

Tuesday, September 12:

National Health and Physical Education Day: Organised by the Australian Council for Health, Physical Education and Recreation (ACHPER), the days is designed to raise awareness of, and advocate for, a greater focus of HPE in our schools.





China 2019

## SPORTS DAYS

AFL: The finals are under way. At the time of going to print the AFL finals series schedule had not been finalised, but we have on good authority that Adelaide and Port Adelaide won't be at the MCG on the last Saturday of September for the Grand Final. The draw ahead: Sept. 5-8: Qualifying & elimination finals (4); Sept. 13 & 14: semi-finals (2); Sept. 20 & 21: preliminary

finals (2); Sept. 28: AFL Grand Final.

**Cricket:** Australia continues its Ashes battle with England with the Fourth Test at Old Trafford from Sept. 4-9, and the Fifth Test at The Oval from Sept. 12-17.

Rugby: The Rugby World Cup, contested every four years, will be played in Asia for the first time – in Japan. It kicks off with the host playing Russia on Friday, September 20 at 8.15pm (CST) with Australia opening its campaign the following night against Fiji. The final will be held at the International Stadium in Yokohama City on Saturday, November 2.

## **Great Southern Football**

League: second semi-final at Willunga on Sept 7; first semifinal at Strathalbyn on Sept 8; preliminary final at Yankalilla on Sept 14; grand final at McLaren Vale on Sept 21.

**Great Southern Netball Association:** preliminary final at Encounter Bay on Sept. 14; grand final at McLaren Vale on Sept. 14.

**South Coast Hockey** 

**Association:** preliminary finals on Sept 7; grand finals on Sept. 14

Surfing: Outsiders of the sport don't often think about Japan as a surfing nation, but the International Surfing Association will hold its World Surfing Games there in Miyazaki from September 7-15. It forms part of the criteria for qualification at the Tokyo 2020 Olympics from July 24-August 9 when the sport makes its Olympic debut.

Tennis: US Tennis Association Championships at the Billie Jean King National Tennis Center, a stadium complex within Flushing Meadows—Corona Park in Queens, New York City. The Open started last week and finishes with the men's singles final in the early hours of Monday, Sept. 9 ACST.

**Basketball:** The 18th FIBA Men's World Cup in China between a record 32 nations will conclude with the final in Beijing, China on Sept. 15.

Continued P6

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From P4

## TREES FOR LIFE

The team at Trees for Life is holding a special training session — a Bushcare Workshop around Victor Harbor on Thursday, September 12 from 9.30am-4.30pm, and Port Noarlunga on Friday, November 1

You will learn many things like the diversity of our native vegetation and basic ecology, bush regeneration principles and methods for improving bushland health, minimum disturbance regeneration techniques, and working safely in the bush. The training and contribution to the environment is certainly meaningful. The workshops are free for members of Trees for Life, a not-for-profit organisation. Annual membership is \$55 or \$25 concession.

Registrations essential: 8406 0500 or bfl@treesforlife.org.au For an extensive list on Trees for Life workshops and details visit: treesforlife.org.au/workshops



## NIFTY NIPPERS

The Aldinga Bay Surf Life Saving Club is inviting children aged 5-12 to experience some real fun and action by joining its highly-successful Nipper program. Club youngsters are pictured above.

There is a registration day at the club at Norman Road, Aldinga Beach on Sunday, October 13 from 2-4pm with the new season starting the following Saturday, October 19 at 2pm going through to March. However, this progressive club is for the whole family and new members are welcome at all levels, active or non-active. You must check out Aldinga Bay's magnificent new clubrooms. Children may become a nipper from the age of five (as at September 30, 2019) and are then placed into age groups from Tiny Tots (U6-U7), up to U13. As they develop their skills and confidence the activities and training becomes more involved and they are able to participate in competitive carnivals if they wish to from U8 upwards.

Whilst it's all about having fun and making friends, the focus is also on learning about surf awareness and safety through a surf education program. Parents are encouraged to participate and join in the program.

Another surf lifesaving club might be closer for your family – enquire today about their programs. Like all clubs, the Aldinga Bay club shares a mission statement of providing a safe, caring

environment where children can develop their surf lifesaving and competitive skills whilst enjoying the experience.
Junior coordinator, Lilian Fowles: 0414 342 933 / fowlesla@bigpond.com
Visit: aldingabayslsc.com.au/ junior-sports or facebook.



## 'APPY' TIMES

In this world of new free apps joining the list is one to help us discover everything great about Kangaroo Island and the Fleurieu Peninsula – Fleurieu App. Simply download it via Google Play or the Apple App Store.

Fleurieu App, which went live in early August, is presented by Silver Sands resident Susie Williams (pictured), who returned to the region with her husband and their three daughters earlier this year after living in New Zealand. Susie was part of the NZ team that created and ran the highly-successful Marlborough App, which links local people and visitors to the myriad of experiences and businesses available in the area. To enquire, phone Susie on 0455 791 190 or e: sales@ fleurieuapp.com or www. facebook.com/FleurieuApp/ and instagram @fleurieuapp

Continued P8





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## WIDING BAY

Business and Tourism Association

From P6

## **BUSINESS SENSE**

The Aldinga Bay Business & Tourism
Association works tirelessly to support and promote its members across the region, and is calling for new members to help expand their initiatives.

The group has that strong community feel, and supports those who support others. It has an office and full range of equipment at Aldinga Central Shopping Centre, plus huge storage facilities and equipment at Aldinga Airfield.

As examples of the ABBTA's value to the community, in recent years it has donated

cash for specific needs, heart defibrillators, fridges and computers — and supported the region to grow by funding businesses to attend the Fleurieu Future Leaders course to help grow the region.

You are welcome to attend the ABBTA's AGM at 9 Old Coach Road, Aldinga on Wednesday, October 16 at 6pm. It's also about wanting to help out in a practical way rather than just donating money only to causes.

https://www.eventbrite.com.au/e/aldingabay-business-and-tourism-assoc-agm-andnetworking-event-tickets-68096242695

## PICTURE THEIR FACES

The Victor Harbor branch of the Riding for Disabled is having a great fundraising film night at Victa Cinemas on Thursday, September 26. And given the fact this



magnificent organisation is about the love of horses, and the 2019 Melbourne Spring Racing Carnival was launched on a winter's day last week, what a more appropriate film than Ride Like a Girl, the wonderful story of Michelle Payne riding a Melbourne Cup winner, Prince of Penzance in 2015. The film night starts at 7 with drinks and the film at 7.30pm. Tickets are \$18, which can be purchased at Victa Cinemas or Swan's Harbor Pharmacy, or call Sue 0417 803 351 or Claire 0411 282 955. There will be a huge raffle with great prizes – and probably a better chance of winning than picking this year's Melbourne Cup winner. RDA is trying to raise money towards a new horse or upgrading its arena surface. You may recall the look of excitement on Michelle Payne's face when she won the Cup. You can also see it on the faces of children every week at RDA when remarkable volunteers help children with a disability to enjoy the special experience of riding a horse – perhaps for a rare time in their life achieving something that most of us have not. Please support.

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## A DARK & STORMY KNIGHT

Amidst remarkable community spirit members of Strathalbyn Youth Theatre is presenting a delightful play *A Dark & Stormy Knight* at the Strathalbyn Players Chapel Theatre until Sunday, September 15. We are talking about enthusiastic kids aged 7-18 all working hard together to put on their eighth annual show in a busy year filled with acting workshops and training sessions under the direction of Melissa Maidment and Tabitha Lewis.

The parents do everything they possibly can to help in many ways – including as Melissa calls them "the handydads" who make most of the props. The local Rotary and Lions Clubs support them, as do many other members of the community and council. Since 2007 these girls have helped more than 150 kids grow in confidence by putting on fabulous stage performances and special outdoor theatre events around the town including a History Walks Tour, an Anzac tribute, and a 100-year Celebration children's bridge show.

And everything is funded by ticket sales, plus a few dollars here and there from the parents with every cent going back into this kids' theatre program.

Melissa and Tabitha are volunteers, and they share a passion for youth theatre because they are rewarded when they see shy kids step out of their comfort zone and nail a part in a play no matter how big or small.

Melissa said at first they had done a few productions with the adults directing the kids, and thought they would do something to help.



"I am a part-time youth worker and I wanted to impale a little bit of that into the community," Melissa said. "I love acting, and I thought that if I had something like this when I was younger I would have blossomed earlier in my life rather than come out of my shell a lot later when I studied drama in high school.

"I just wanted a safe place for kids to come in, and explore. Tabitha said let's make it happen, and together we did."

Tabitha said a lot of the students didn't talk much when they first came here, but they had since come out of their shells a lot. "We have seen the changes in them," she said. "Strathalbyn is very much a sporting community, which is great, but for those who choose not to play sport there isn't much else to do.

"Our theatre group is an outlet. Seeing kids

trying something new is rewarding, and when they realise what they can achieve, well that little milestone is just great." Melissa said a lot of the older kids mentor the younger ones, and seeing them come together was special. "There is no age barrier here," she said. "I like the sense of community that we have built." Please support these guys the best you can and see one of the performances.Well done Melissa and Tabitha.

A Dark & Stormy Knight: Fri, Sept. 6, Sat, Sept. 7 at 7pm; Sat 14 at 2 & 7pm; Sun, Sept. 15 at 2pm. Adults \$15, concession \$12, child (2-10) \$10. Bookings: trybooking. com/BEBUQ or at The Book Keeper 0438 847 329

strathyouththeatre@hotmail.com



Image: Megan & Shane, son Jamie, 20 mths, and three of their other kids – literally – miniature goats Gandalf the Grey (left) and three-day-old twins Condor and Gabe.

he annual shows are set to burst again with colour and entertainment across the Fleurieu Peninsula and people of all ages and backgrounds can be assured of a wonderful time.

There will be the agricultural and horticultural competitions, cake and craft prizes, demonstrations, in some cases horse trials, and breeders gaining an enormous sense of pride – and bragging rights when they pick up a blue ribbon. Of course, there are the displays, sideshows and tempting donuts. It all makes a great show. However, the show doesn't go on without the legion of volunteers, many of whom are conveners who actually live and breathe their show passion all year round as a stakeholder in their specific field or industry. Meet Megan Miller, a convener in the miniature and pygmy goat competitions at the Strathalbyn and Port Elliot shows in October.

Megan fell in love with miniature goats, which can stand 52cm compared with some normal goats at 75cm, and with husband Shane and help from their other sons Ethan, 11, and Lucas, nine, now runs the Briar Rose Miniature Goat Stud at Hindmarsh Valley. And so their show trail began – during August Megan was at the Gawler show, this month at the Royal Adelaide Show, October it's Strathalbyn, Port Elliot, Callington, and come November she will travel to Penola and Ballarat. Success? It was two years ago that she won every prize



# Every small kid loves a big show

there was for miniature goats at the Royal Adelaide Show so she donated most of the trophies back.

However, as much as success is important for her stud farm business – in between their family business Cool Cat Transport Pty Ltd – Megan said all of the work, spending thousands of dollars a year and lucky to break even, plus the countless hours she spends doting on her goats is not about personal glory but her love for miniature goats.

"I get enormous pleasure showing the goats and being a convener because I experience the reaction of people – especially the children – when they come in and look at





them," Megan said. "This is what a show is also about; for many it is a rare time they can see and get up close to the animals, birds and poultry on show.

"I had always been fascinated by goats, but four years ago I didn't even know that miniatures were around. We stumbled across them and we thought, wow, we've got to get some of these. We started with two and now we have more than 50.

"We have a big team of 20 that we entered in the Royal Adelaide Show this year, and our children show them as well."

And get a load of this – Shane and Megan are hosting on their property the biggest bucks show ever seen here. But guys, don't get excited. It's the National Bucks Show for miniature goats on November 23 with the president of the Goat Industry Council of Australia John Falkenhagen as the judge. Megan estimates there are almost 400 registered breeders of miniature goats including 20 in South Australia, but most have only two or three in the backyard as pets. "They are very popular at B&Bs; they love them," she said.

"We milk them, and also make cheese from them. We breed and sell, which helps refund the cost of a half a tonne of grain, the \$3000 worth of hay and the blood testing that we do throughout the year which is another \$2000.

"A young miniature goat can sell for \$300, but a well-bred doe may fetch \$1000-plus. We have genetics from all over Australia. We picked up a little boy (buck) from Tassie last year because we are looking for structure.

"It is not hard when I sell the babies because I have a lot of enquiries and they end up in good homes. But the mums, well, that's hard. I was there for their birth, I bottle fed them. We have been through



so many things together. When you sell an adult that you know intimately and their whole personality, that's when it's hard. However, you can't keep new stock and improve your herd without moving some on."

If you haven't guessed, Megan treats her kids as if they were her other kids, including 20-month-old Jamie. Dear Faith and Dora (they're goats) follow this little tacker around the back yard.

And you won't be surprised Megan has names for her 50-plus goats and they come to her when she calls their name. "All of the descendants are from Edna so

"All of the descendants are from Edna so she has secured her place here forever," Megan said. "May has a lot of personality; dear thing she is.

"I can honestly say that deep down all of these goats are gorgeous, sweet-loving, good natured, and loving beautiful souls." And this includes old Carman. She's the oldest here at 15. She has no teeth, and Megan admits she can be "a cranky old bag" at times. But she still loves her, as she does Gandalf the Grey who was three weeks old, and old Randall, who glares at all the does from across the road and can't wait for the big bucks night.

www.briarroseminigoats.com

## The shows are coming...

## YANKALILLA, OCTOBER 5

The Yankalilla, Rapid Bay & Myponga Agricultural & Horticultural Society presents its 137th show at the Yankalilla Showgrounds, South Rd on Saturday, October 5, 9am-4pm. Adults \$10, pensioners/children 5-15 \$5. Visit: www. yankshow.com.au

## STRATHALBYN, OCTOBER 6&7

The Strathalbyn Agricultural Society presents a horses-in-action show on Sunday, October 6 at the Strathalbyn Polo Grounds, and the 149th Strathalbyn Show on Monday, October 7 from 10am-4.30pm at the Sports Oval Grounds, Coronation Rd from 10am-4pm. Adults: \$10; pensioners/children: \$5; family (2 adults & 3 child.) \$25. Visit: www.strathalbynshow.com.au

## **PORT ELLIOT, OCTOBER 12&13**

The Southern Agricultural Society presents the 141st Port Elliot Show at the Port Elliot Showgrounds, Cameron St on Saturday, October 12, 9am-5pm & Sunday, October 13, 9am-4pm. Adult \$12, w/end pass \$20, pensioner/student \$8, children 8-16 \$5. Visit: www.portelliotshow.com.au



McLaren Vale, bounded by the coastline of Gulf of St Vincent and the foothills of Mount Lofty Ranges, is acclaimed as one of the best wine regions in the world. Now it can also boast of a great beer trail where you can find a bloke at 33 High Street, Willunga who calls himself Shifty Lizard.

## Frills, swills & wills

or his 13th birthday Lee Stone got a PlayStation and raced through the fictional streets of Liberty City under the pseudonym Shifty Lizard.

Come his 16th birthday his dad gave him a Cooper's home brew kit because he got tired of Lee drinking his cold West End stubbies every time they cooked a barbeque. He loved the summer; bonding with dad.

Unfortunately, Lee's own beers exploded and foamed-up in the shed, and by his own admission they didn't taste too good. Aged just 19, he gave up his AFL dream shared with his good mates Adam Cooney, Beau Waters and Jordan Russell who became football stars and followed a lass back to her family home in Hanwell, a town in the London Borough of Ealing. For seven years there he had a job selling wills and last testaments from a call centre in London between peddling beer equipment at the local pubs.

And it was this diverse teenage experience of frills, swills and wills that ultimately upon his return to Aberfoyle Park and the McLaren Vale region led him to getting back making his own craft beer in between running a lawn mowing business. Exhausting indeed, but Lee's remarkable

resilience to make the best - and dare we suggest non-combustible – beer among the personal sacrifices is admirable.

"To be honest I could not see myself as having an AFL career," Lee said. "I was a good, hard-working footballer rather than

being the best player, and I like to think I have taken that work ethic into my new path; putting my head down and focusing on my business.

"When I was in the UK I could see craft beer was starting to boom and I hadn't lost that sense of adventure from that kit dad bought me. They had a lot of real ale over there with their traditional pumps and so on... their craft beer goes back a long way. "Brew Dog from Scotland started to make a big impression, and it's now one of the biggest independent breweries in the world. They built a brewery hotel where they have beer taps in the actual rooms. They are the benchmark and I have tasted a lot of them.

"When I got back to Australia I bought

a new home brew all-grain system, and started playing with recipes in between mowing lawns for Jim's Mowing to earn some money. I started to realise just how good my beers were tasting. My mates were impressed.

"I wanted to get into the business, and in the frustration of trying to think of a unique name I picked up the controls of my old PlayStation for the first time in years to have a mental break – and there it was; my code name, Shifty Lizard.

"I rang Danny (Strapps), my great mate from our school and football days, who is a graphic designer and he came up with a perfect logo, a lizard that looks shifty. As partners, we spent the next two years working on recipes, buying the brewing equipment, getting it licensed through council, and obtaining a liquor licence. In 2016 we launched our first two products, our Frills Pale Ale and Kips IPA.

"The beers got better. We revamped the range and progressed to new products including Stouty McStout Face. It took us a few drinks to come up with that name." It's been four years now that Lee, 33, and Danny have virtually worked seven days a week on The Shifty Lizard business, and the results are showing. Their Gila Monsters IIPA with its big, full flavour won as silver medal at the recent Royal Adelaide Beer & Ciders Awards contested by brewers from across Australia and New Zealand at the Wayville Showgrounds. Their Bruce Lee-Zard, Kipa and Stouty McStouty earned a bronze. Heck, the beer names probably got them half way there.

The local recognition was also evident last year when The Shifty Lizard Brewing Co. was nominated as the best new business and won the People's Choice Award at the highly-successful McLaren Vale Business & Tourism Association's awards night. For the uninitiated, with craft or boutique beer the IPA stands for Indian Pale Ale, a level of the hops and alcohol, stemming from the WWI days when the English sent barrels of beer to their troops in India. The beer was going off before it reached the shores, resulting in bad flavours so more hops were added, and to balance it they upped the alcohol content. The beer lasted the journey, but the troops got drunk much quicker.

According to Lee, England is still setting the craft beer trends – less bitterness, just big, bold fruity flavours nice and juicy. Now The Shifty Lizard also comes with a touch of hibiscus to add a nice tartness. Other breweries in the McLaren Vale region are also constantly changing their recipes and the popularity of their craft beers is soaring. "McLaren Vale was one of the last wine regions in South Australia to have breweries," Lee said. "They didn't really

have a tap house... we thought there was a perfect gap there for us to develop the region, and expand our own market by getting into a brew house where people could come in and taste our beers to get the full Shifty Lizard experience.

"More places like ours have since popped up, and that's great for all of us and especially McLaren Vale. This summer is going to be huge for this region. You've got your wineries and your breweries, distilleries and even cider makers like McCarthy's Orchard out there. They are all brilliant.

"The McLaren Vale region has everything covered. People can easily spend a weekend here – with a responsible driver of course, which everyone promotes. "When we started there were only a couple of winery tours, but now there are more

of winery tours, but now there are more under the banner of a party bus and names like that because of the new diversity. There are several new businesses running wine and beer tours and they are capitalising on the region as well.

"Craft beer has become a really competitive market, and it will become even more so. There were about 30 craft breweries in SA when we started, and now there are more than 50

"Our market has taken a new direction where you can't bring out your core beers and be reliant on four of five for everyone to enjoy. People are now demanding new beers all the time. There might be only 100 cases of each product to purchase at some places, but that's what everyone wants because a lot of people are buying single beers and getting a mixed six-pack. "There are beers on our local market going for \$16 for a single can. Sixteen bucks. That's \$96 a six-pack. You saviour the beer and love every drop, not knock-off a standard six-pack in one night. You learn to appreciate the quality and flavour of the beer and you might take an hour to enjoy

"The alcohol content may be higher with some craft beers, but because of that people have become more conscious of being responsible when it comes to thinking about driving."

Upon returning from the UK Lee didn't miss playing footy for Happy Valley after breaking four ribs and going through hell while mowing lawns. He's turned his pseudonym into becoming a real-life Shifty Lizard, and his beers no longer explode. Now his dad Barry drinks his beers. And that girl he chased back to Hanwell? She's still there and Lee couldn't be happier with his sweet partner of four years, Dana. And Lee still struggles to mow his own lawns. The things you talk about over a beer with the Shifty Lizard. Cheers.

## Craft breweries across the Fleurieu & Kangaroo Island

## Ekhidna

67 Branson Rd, McLaren Vale www.ekhidnawines.com.au

## Goodieson Brewery

194 Sand Rd, McLaren Vale www.goodiesonbrewery.com.au

## South Coast Brewing Co.

Unit 1/11 Jay Dr, Willunga www.southcoastbrewingco.com

## Swell Brewing Co.

168 Olivers Rd, McLaren Vale www.swellbeer.com.au

## The Shifty Lizard Brewing Co.

33 High St, Willunga www.shiftylizard.com

## Vale Brewing

252 Blewitt Springs Rd, McLaren Flat www.valebrewing.com.au

## Victor's Place

62 Victor Harbor Rd, Old Noarlunga www.victorsplace.com.au

## Meechi Brewing Company

At The Winehouse, 1509 Langhorne Creek Rd, Langhorne Creek www.meechibrewing.com.au

## Smiling Samoyd

Main Rd, Myponga www.smilingsamoyed.com.au

## Forktree Brewing

935 Forktree Rd, Carrickalinga www.facebook.com/forktreebrewing/

## The Steam Exchange Breweru

Goolwa Wharf, Goolwa www.steamexchange.com.au

## Drunken Drone Brewery

1157 Elsegood Rd, Kingscote, Kangaroo Island. www.facebook.com/

## Kangaroo Island Brewery

61 North Coast Rd, Kingscote, Kangaroo Island www.kangarooislandbrewery.com.au

Image: Lee Stone with his pet bearded dragon lizard, Aurora, who is right at home when in her glassed compartment beneath the front counter.

# Murphy's law: Get your teeth into a mouthguard

ags may suggest watching some of the Adelaide Crows' games this season has been like pulling teeth, but never fear Mark Earl is here. He's not a coach, but the team dentist who can guarantee a nice smile when they win. Dr Earl has an impressive background as a dental surgeon, including his work with the Crows since 1995, so when he reminds sportspeople of all ages and abilities to wear a mouthguard we should listen. The consequences of not protecting your teeth were highlighted earlier this AFL season when Mark was called upon to offer immediate assistance to promising Adelaide forward Lachlan Murphy, who wasn't wearing a mouthguard. He accidentally had three teeth knocked out by his teammate, co-captain Taylor Walker. Mark placed the teeth back in, but as he explained, when this happens there is always permanent damage.

Mark has been a consulting dentist for the Adelaide Football Club for 24 years having been a member of Australian Sports Medicine Federation, through which he formed a close association with sports doctors and trainers about the early management of dental trauma. He is also a dentist and consultant dental surgeon at Encounter Bay Dental in Victor Harbor. "I am constantly frustrated by people at all



levels of contact sport who don't wear a mouthguard whilst playing," Mark said.
"I have seen a lot of dental injuries over the years whether they were caused through accidents at home, kids falling over... just about all sports you can think of.
"A mouthguard won't prevent the injury, but it may help reduce the severity of the injury. I strongly encourage participants in any competitive sport to wear one.
"It has become an issue with some children don't wanting to play sport wearing a mouthguard because at first they may

don't wanting to play sport wearing a mouthguard because at first they may find it uncomfortable, but it is a mind over matter thing. The unconscious mind may perceive having something foreign in the mouth as being hostile, but it's not. You just have to get over it.

"Mouthguards have become more sophisticated with their design over the years with the materials used and the techniques to fabricate them. There is a greater range available, professionally made that fit more accurately and comfortably compared with those off the shelf in a shop. "You can design mouthguards to

accommodate people of different ages, and for kids already with orthodontic appliances like bands and braces. Depending on the type of sport you are playing you can have mouthguards with varying degrees of reinforcement."

Mark described seeing a child with a dental injury far more serious simply because they were not wearing a mouthguard as "emotionally frustrating and demanding". There is also a constant reminder of him as a 10-year-old falling off his bicycle and smashing his front teeth.

"I went through a lot of emotional and physical trauma as a result of falling off my bike, and as a consequence I became interested in dentistry," Mark said. "Dental injuries are permanent. There is always going to be some legacy as a result of the trauma sustained, plus a biological cost and a financial cost, hence another reason for wearing a mouthguard. "We were lucky with Lachie Murphy. We managed to get his teeth back into position because I was there at the game, as I normally am. Lachie had three mouthguards, but boys being boys he couldn't find one immediately before the game, and for the first time in his life he played football without wearing one. "There is no logical reason not to deliberately wear a mouthguard if you play a contact sport. If it means our staff here at Encounter Bay Dental going out and visiting sporting clubs and seeing the players we are quite happy to do so. For years I used to go out to Football Park at West Lakes and see all the players. We'd line them up and

go hell for leather taking impressions and making a mouthguard, and there's no reason why we could not do that here."





## Alexandrina Council



## Alexandrina Council



## Fire Prevention in Alexandrina

Alexandrina Council is committed to supporting residents to be bushfire ready. Under the Fire and Emergency Services Act, Council employs qualified Fire Prevention Officers who educate the community, inspect properties and undertake assessments across the district to assist in minimising the risk of fires spreading. As the property owner, you are responsible for ensuring the preparation of your property for the fire danger season. This includes installing and maintaining fire breaks and reducing fuel loads on your property.

Properties must be prepared prior to the Fire Danger Season commencing and maintained to a standard throughout the 'Season'. Generally these dates are:

## MOUNT LOFTY RANGES DISTRICT \*1 DECEMBER TO 30 APRIL

MURRAYLANDS DISTRICT
\*15 NOVEMBER TO 15 APRIL \*SI

\*Subject to change

To determine which district you are in or to determine the precise dates for the Fire Danger Season each year, please refer to the CFS website: www.cfs.sa.gov.au

Council's Fire Prevention Officers inspect properties prior to, and throughout, the Fire Danger Season. Inspections commence in October each year. If your property does not meet the requirements at this time, further action, including the issuing of legal notices, and expiations may occur.

Further information is available at www.alexandrina.sa.gov.au/fire

If you would like to speak with a Fire Prevention Officer to discuss your property, please call Alexandrina Council's Community Safety Team on 8555 7000. For more information about being 'Bushfire Ready' contact the **Bushfire Information Hotline 1800 362 361** or visit **www.cfs.sa.gov.au** 

## 'Legendairy' Cow Sculpture - local landmark

The Legendairy Cow Sculpture was officially unveiled at Ratalang Basham Beach Conservation Reserve on 25 July. This project was supported by Alexandrina Council's Public Art Funding allocation, as an initiative of the Southern Fleurieu Historical Museum. The sculpture was created by artist James Stewart, assisted by mentee Tracey Grivell, and commemorates the local dairy industry and its historial significance to the region.

Another great reason to wander, explore and discover Ratalang Basham Beach Conservation Reserve.

Pictured on previous page - Tracey Grivell, Member for Finniss David Basham MP, Alexandrina Council CEO Glenn Rappensberg, Southern Fleurieu Historical Museum's Colin Ekers, James Stewart and Alexandrina Mayor Keith Parkes





## **Short Film Competition**

Alexandrina Council has put the call out to budding film makers with the launch of the inaugural Alexandrina Council Short Film Competition. Submissions for the competition opened in July and will remain open until 18 October 2019.

The theme of the competition is "A River Near You" and encourages both professional and amateur film-makers to submit films of 3 minutes duration or less, showcasing Alexandrina's river life from a recreational, environmental or historical context — a place where we live, work and play! With numerous rivers, creeks and watercourses in the Alexandrina region, interpretation is open to the film-maker as to how 'a river near you' is best portrayed.

Films are welcomed in a variety of genres and should aim to share a story to creatively highlight the beauty of Alexandrina's watercourses with a focus on regional promotion.

An exclusive awards screening will be held at Goolwa's Centenary Hall on 22 November and complimentary tickets are available now through the Goolwa Visitor Information Centre (1300 466 592) or online at

## www.visitalexandrina.com

There are great cash prizes up for grabs in the open and youth categories. A very special 'People's Choice Award', sponsored by the Southern Fleurieu Film Society, and to be chosen by the audience at the 22 November screening, will go to the film which best fits the theme. To encourage youth involvement in the competition, a school holiday workshop will be held at the Strathalbyn Library on Tuesday 8 October by Alexandrina Libraries and the Kids, Camera, Action film making school, to help participants perform last minute edits, build story boards or learn more about the film making process.

So whether you're a seasoned cinematographer, keen short film enthusiast, or just curious to have a go, there is nothing to lose — even with a mobile phone, there are a number of free apps that can have you editing your way to short film success in no time.

Visit www.alexandrina.sa.gov.au/ARNY for further information.





## Mount Compass Recreation Park - opening soon

Pictured above are the Year 3 & 4 classes from Mount Compass Area School planting trees at the nearly completed site. To view timelapse video and for updates on its opening, visit our website, www.alexandrina.sa.gov.com/mcrecpark

## **Events**

## **Drawing on Country Exhibition\***

5 September – 6 October Location: South Coast Regional Arts Centre, Goolwa

Enquiries: jaw@alexandrina. sa.gov.au www.visitalexandrina.com

## Good Day Sunshine – The Songs of Lennon and McCartney

7 September at 7.30pm Location: Centenary Hall, Goolwa Bookings: 1300 466 592 www.visitalexandrina.com

## Lakes Challenge Aussie Bush Festival

13 – 15 September 2019Location: Langhorne Creek Road, Strathalbyn

Enquiries: info@lakeschallenge. com.au

www.lakeschallenge.com.au

## Landmarks – Winnie Pelz and Loene Furler\*

14 September – 27 October Location: Signal Point Gallery, Goolwa Wharf Precinct

Enquiries: jaw@alexandrina. sa.gov.au www.visitalexandrina.com

## Coastrek - Adelaide

20 September Location: Parsons Beach to Goolwa www.coastrek.com.au/eventsadelaide

## Timeless by Tenori

21 September at 7.30pm Location: Centenary Hall, Goolwa Bookings: 1300 466 592 www.visitalexandrina.com

## Strathalbyn Agricultural Show

7 October 10am to 4.30pm Location: Strathalbyn Sports Oval Enquiries: 0430 902 907 strathshow@gmail.com www.strathalbynshow.com.au

## **South Coast Jazz Festival**

18 - 20 October Location: Various locations in Goolwa Enquiries: southcoastjazzfest@

gmail or 0401 029 598

Mr Snot Bottom's Stinky Silly

## Mr Snot Bottom's Stinky Silly Show

Location: Centenary Hall, Goolwa
Bookings: 1300 466 592

www.visitalexandrina.com

## Port Elliot Agricultural Show

12 - 13 October

Location: Port Elliot Showgrounds
Enquiries: secretary@
portelliotshow.com
www.portelliotshow.com.au

## **Opera Made to Order**

19 October at 7pm Location: Mount Compass War Memorial Hall, Mount Compass Bookings: 03 9005 7750 www.ticketbo.com.au// mcsupperclub

## The Band of the South Australian Police

26 October at 2pm Location: Centenary Hall, Goolwa Bookings: 1300 466 592 www.visitalexandrina.com

## Alexandrina Council's Art Collection\*

8 November – 14 December Location: South Coast Regional Arts Centre, Goolwa

The exhibition showcases a wide diversity of subject matter, style and technique, including Joshua Baldwin's painting 'Tyson later that day', the most recent winner of the Alexandrina Art Prize and Doug Moran Portrait Prize finalist in 2018.

Enquiries: jaw@alexandrina. sa.gov.au

www.visitalexandrina.com

## Wet Paint – Youth Theatre Showcase Extravaganza

1 November at 7pm
Location: Centenary Hall, Goolwa
The Wet Paint Youth Theatre and
Show Us Ya Shorts Youth Film Festival
Extravaganza promises to stimulate
and excite the mind and souls of all
who attend. The theatre performance is
created by the participants throughout
the weekly workshops. A night filled with
a live theatre performance by the Wet
Paint Youth Theatre participants and
short films from local young filmmakers,
live music, comedy and free popcorn
and drinks.

Enquiries: Isperring@victor. sa.gov.au

www.visitalexandrina.com

## Smoke Off Festival\*

3 November at 11am
Location: Garden of Honour,
Goolwa RSL
Come and be part of this ultimate
slowfood event. Wine, music and BBC
www.cittaslowgoolwa.com.au



## The Adelaide Big Band

The Adelaide Big Band (ABB) proudly boasts a status earned as one of Australia's premier community big bands. The ABB specialises in performing a popular Big Band Jazz and Swing repertoire that appeals equally to music fans of all genres. The band draws its musical roots from the likes of Count Basie, Woody Herman, Stan Kenton, Buddy Rich, Maynard Ferguson, Quincy Jones. Phil Collins and the GRP All-Star Big Band.

The bands membership is made up of an exceptionally talented group of individuals. The make-up of the band includes teachers, psychologists, engineers, builders, a salesman, students, IT consultants, and active and retired professional musicians. All involved share a strong passion for big band music and an enthusiasm to maintain a connection with the art form. The Adelaide Big Band provides an afternoon of well-loved big band music. Wind back the clock, enjoy listening to your favourite songs and tap your toes you're guaranteed to love their sound. All ages

Where: Centenary Hall, Goolwa

When: Saturday 5 October 2019 at 2pm
Cost: Adults \$30, Concession \$25, Groups

of 6+ \$25 - transaction fee applies

Bookings: 1300 466 592

www.visitalexandrina.com

## Annual Regional Youth Art Exhibition\*

8 November – 1 December Location: Signal Point Gallery, Goolwa Wharf Precinct

Enquiries: Isperring@victor. sa.gov.au

www.visitalexandrina.com

## **Handpicked Festival**

9 November
Location: Lake Breeze Wines,
Langhorne Creek
Bookings:

www.handpickedfestival.com

## Seventh Annual Goolwa Poetry Cup

17 November at 11.30am Location: Fleurieu Distillery,

Goolwa Wharf Precinct
Biggest prize money cup in South
Australia. Gold Coin entry audience.
Enquiries: jaw@alexandrina.

sa.gov.au www.visitalexandrina.com

## Me and My Guise

20 November at 2pm Location: Centenary Hall, Goolwa Bookings: 1300 466 592 www.visitalexandrina.com

## Alexandrina Council Short Film Competition Awards Screening\*

22 November at 6.30pm Location: Centenary Hall, Goolwa Bookings: 1300 466 592 www.visitalexandrina.com

\* Free event



## COMMUNITY MARKETS

A free guide... to join the list or make changes please advise: info@coastlines.com.au

CHRISTIES BEACH - ORIGINAL OPEN MARKET: The Reserve, Beach Road, Christies Beach first and third Sunday of each month 8am-1pm. T: 0405 025 968.

CITTASLOW GOOLWA FARMERS MARKET: Second and fourth Sundays of the month, 9am-1pm at Jeralde Park, Goolwa Wharf. Enquiries: Jane 0419 855 148.

GOOLWA WHARF ROTARY MARKET: First & third Sundays 9am-3pm at the reserve by Goolwa Wharf. Enquiries: 0459 786 469; ebrotarymarkets@gmail.com

INMAN VALLEY COMMUNITY MARKET: First Saturday of the month 10am-2pm at Inman Valley Memorial Hall. Kate 8558 8242.

KANGAROO ISLAND: KI Farmers Market & KI Community Market: First Sunday of the month 9am-1pm at Penneshaw Oval.

MILANG BUTTER FACTORY MONTHLY MARKET: Second Saturday of each month, 10am-3pm at the Milang Institute, Coxe St. Great stalls. Local live music.

McLAREN VALE FLEURIEU SA ARTISAN MARKET: First Saturday of each month. T: 8323 9944.

THE VALE MARKET: McLaren Vale and Fleurieu Visitor Information Centre, Main Road, McLaren Vale Monday, June 10 10am-3pm.

MOANA MARKET: Pioneers Memorial Hall, Nashwauk Crescent, Moana second Sunday of each month 9am-1.30pm. T: 8327 0480 (AH) or Jo at 0412 630 518.

MYPONGA MARKET: Weekends & public holidays 9.30am-4pm at Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

PORT ELLIOT ROTARY MARKET: First & third Saturdays 9am-2pm Lakala Res, Rosetta St. Enquiries: 0459 786 469, ebrotarymarkets@ gmail.com

VICTOR HARBOR FARMERS' MARKET: Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor. Enquiries: 0438 858

VICTOR HARBOR COUNTRY MARKET: Second and fourth Sundays of month, 9am-4pm, at Soldiers' Memorial Reserve, Victor Harbor. Enquiries: 8556 8222.

VICTOR HARBOR CREATIVE CRAFTERS MARKET: First Saturday of month 10am-3pm in the Senior Citizens' Hall, Hill St, Victor Harbor. Enquiries: Janet 8556 8222.

VICTOR HARBOR VEGGIE SWAP MARKET: First Sunday of each month 10am-noon at Carrickalinga House, cnr Hill and Torrens Streets, Victor Harbor. Enquiries 8552 9423 or www.scecentre.com.au

WILLUNGA ARTISANS & HOMEMADE MARKET: Old Show Hall, Main Road, Willunga second Saturday of each month 9am-1pm. T: Mary 0414 361 817.

WILLUNGA FARMERS' MARKET: Every Saturday, 8am-12.30pm at Willunga Town Square. Enquiries: 8556 4297 or Jeni 0411 049

WILLUNGA GREEN LIGHT ORGANIC MARKET: Every Saturday of the month: 9am-1.30pm. Willunga Recreation Park, Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY MARKET: Second Saturday of the month 9am-1pm at Aldinga Rd, Willunga. Enquiries: 0408 897 393.

YANKALILLA CRAFT & PRODUCE MARKET: Third Saturday of the month 9am-1pm at Agricultural Hall, Main Rd, Yankalilla. Enquiries 8558 3346.





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**COVER STORY** 

# The jazz train out of Goolwa



new jazz festival presented by SA Jazz Festivals Inc. and sponsored by the Goolwa & District Community Bendigo Bank is coming to Goolwa from October 18-20.

The event has moved from Murray Bridge, where it was held the previous six years. It will bring hundreds of dedicated jazz lovers and artists from around Australia, and among the special sessions will be on the SteamRanger's Cockle Train to Victor Harbor and return on the Sunday, October 20. Only one trip was planned, but remarkably the response from jazz enthusiasts has already been so great organisers have needed to add an additional trip.

Among the artists performing during the train ride is banjo player Brenton Tregloan, pictured above alongside festival coordinator Mel Hopgood (right) with his helicon on a magnificent Rx 207 steam engine at the home base and workshop of SteamRanger in Mount Barker. Brenton has already composed a special Cockle Train song *I love Trains* for the occasion.

Mel said more than 60 jazz musicians from

ACT, NSW, Victoria and around our state will perform during the three-day festival in Goolwa.

"The festival has grown every year and we are thrilled to have this one in Goolwa," Mel said.

"It's a beautiful town, and its uniqueness with its steam trains and paddlesteamers adds that touch of New Orleans about it. "We are fortunate to have some of Australia's best jazz performers coming here, and the support by Alexandrina Council and the community has already been outstanding."

The festival will be held at various venues — a cabaret at South Lakes Golf Club on the Friday evening, a concert at Signal Point on the Saturday from 10am, more jazz sessions at four venues from 11am, and on the Sunday there will be a special 9.30am gospel service at the Uniting Church, Collingwood St. Musicians will then perform at four venues again plus on the Cockle

Artists performing at the festival will include *Keith Conlon and the Conlon-Bailey* 



Groove Diggers, Dixie 6, Bill Polain's Jazz Stars, Hot Foot Jazz, the Coulson-Johnson Band, the Cheryl Kelly Gang, and David Lole's Syncopaths.

Updates: http://sajazzfestivalsinc.com/updates-2019



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At Bendigo Bank, our focus has always been squarely on doing the right thing by our customers - and that's a value I commit to every day.



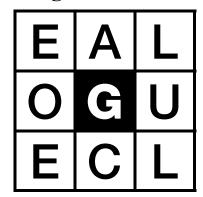
Contact David Radley, Your Local Mobile Relationship Manager on 0402 119 272 or david.radley@bendigoadelaide.com.au.



bendigobank.com.au

## Puzzles

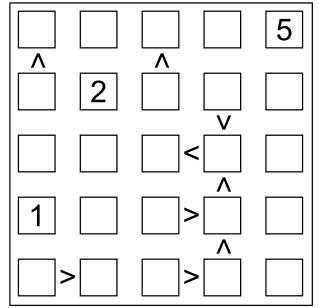
## **Target Time**



Target: Average 14, Good 18, Excellent

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No captialised nouns, apostrophes or plural words ending in 's'. Reference Source: *Macquarie Dictionary* 

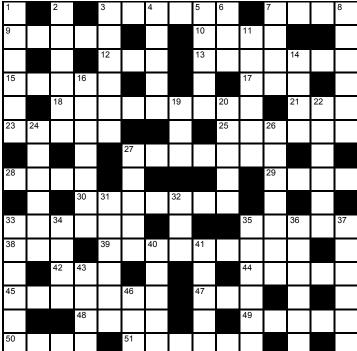
## **Futoshiki**



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The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A less-than sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution.

## Crossword



30 Built

33 Assembled

35 Precipitous

44 Snake 45 Credit 47 Large tank 48 Poke 49 Make effort 50 Flows back 51 Brought into complete union Down 1 Accompany 2 Cookery instructions 3 Stops 4 Stately 5 Abnormally fat 6 Male sheep 7 Sunny 8 Workshop

38 Drink

42 As well

39 Mustered

machines 11 Small 14 Comfort 16 Long locks 19 Female deer 20 Nominated 22 Bearlike 24 Arranged like rays 26 Gave credit to 27 Exploits 31 Library user 32 Neckwear 33 Little stone ball 34 Close up 35 Reviewed unsparingly 36 Whirlpools 37 Buccaneer 40 Undressed kid 41 Shifted 43 Pinches

46 Solemn pr

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## Dave the painter

The foreman of an Onkaparinga Council crew employs Davo to paint the white lines down the middle of the road. He tells Davo that he should paint 2km of road in a day's work.

After the first day the foreman is pleased to find that Davo's painted 4km of road instead of the 2km required.

On the second day, Davo completes painting just 2km of road, and although disappointed the foreman doesn't complain as this was, after all, only what he'd asked for.

On day three the foreman is really disappointed to find that Davo has painted only 1km of road, and asks: "On your first day you did 4km of road, the second 2km but on your third just 1km – what gives?" And Davo says: "Well, I thought a clever bloke like you would have been able to figure that out for yourself... every day the further I got the further I was away from the paint can."

## Wake up call

A teenager living in Sydney calls his mother in Victor Harbor and asks: "How have you been mum?" to which she replies: "I have been feeling very weak."

The son expresses concern. "Why?" he asks. His mum says: "I have only eaten a dozen or so small biscuits in 73 days."

The son is shocked. "Why haven't you eaten mum?"

And his mum says: "I didn't want to talk with my mouth full in case you called."

## Pen pal

A teenager is at the post office desk and is approached by an older fellow with a post card in his hand. The older man says: "Young man, I'm sorry to bother you, but could you address this post card for me? My arthritis is acting up today and I can't even hold a pen." "Certainly sir," says the young man. "I'd be glad to."

He writes the address on the postcard and also agrees to write a short message and sign the card for the man. Finally, the

## Laugh Lines

younger man asks: "Is there anything else I can do for you?"

The old man says: "Yes, at the end of the message on the postcard could you just add, 'P.S. Please excuse the sloppy handwriting'."

## Coincidentally

Two men are sitting next to each other at a bar. After awhile, one looks at the other and says: "I can't help but think, from listening to you, that you're from Yankalilla."

The other guy responds proudly: "Yes, that I am."

The first guy says: "So am I! And where do you live in Yankalilla?" The other guy says: "About 2km down the main road."

The first guy says: "I live about 2km down the main road too."

The first guy gets really excited and says: "What school did you go to and when did you leave?"

Amazingly, the second guy says Yankalilla High and he left school in 1992 – the same as the first guy.

At this point, Karen walks into the bar, hears part of the conversation, and asks the barman: "What's all this about?"
And the barman says: "Oh, it's just the Murphy twins drunk again."

## Boom, boom...

It is pleasing to note that the girl who married has a new name and a dress, and the man who fell into an upholstery machine is fully recovered.

A man went to the police station wishing to speak with the burglar who had broken into his house the night before. "You'll get your chance in court," the police officer says. And the bloke says: "No, you don't understand, I want to know how he got into the house

without waking my wife – I've been trying to do that for years."

A caring wife always prepares a selection of meals for her husband, and freezes them so he can choose whatever he feels like for tea. She names them: Whatever, I don't know, Something good, Food, I don't care. A young girl comes home wearing new shoes and her mums asks: "Where did you get them?" And the daughter says: "At a shop." The mum says: "Which one?" And the girl says: "Both of them."

A bloke is selling his python and a chap rings up and asks: "Is the python big?" The owner says: "It's huge, very long." The interested buyer asks: "How many feet?" And the owner says: "None, it's a snake."

## Dad jokes...

What do you call a man with a car on his head? Jack.

How does the man in the moon get his hair cut? Eclipse it.

Why did the golfer wear an extra pair of trousers? In case he got a hole in one. Why did the kid start a gardening service? He wanted to rake in some cash.

What did the picture say to the wall? "I've been framed."

What happened to the sunburnt banana? It started to peel.

Why did they have a funeral for the frog? Because he croaked.

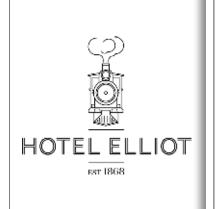




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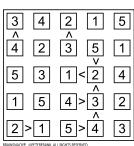


## **Coast Lines**

Advertise in Coast Lines. We distribute 6000 copies making us the most-read regular publication on the Fleurieu Peninsula. And our rates are cheaper. Contact Ashley: 0402 900 317

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## Coast Lines

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## ADVERTORIAL

After almost 13 years servicing the Victor Harbor community and surrounds as proprietors of Tyrepower Victor Harbor, Scott & Judy Bray are moving on, so it's...

## Welcome Graham & Deb

It's the biggest tyre change in Victor Harbor for almost 13 years... Scott & Judy Bray are going on 'long service leave' and we welcome Graham & Deb Wedding as the new proprietors of Victor Harbor Tyrepower. Graham & Deb are certainly no strangers to the community having moved here from Kangaroo Island almost the same time as Scott & Judy moved here from South Australia's outback. The pleasing part is they will continue to live in Victor Harbor and relish the countless friendships they forged with their many loval customers.

Virtually everything else will remain – the unquestionable honesty whilst providing the best possible service, and striving to support the community the best they can. The staff remains, including Brendon, who is known for his near-perfection wheel alignments, and Corey, a highlycapable and knowledgeable tyre fitter.

The new-era technology and equipment will continue to ensure the best-possible pricing and care for your car whether it be tyres and specialised wheels, wheel alignments and balance, battery testing and replacing, exhaust repairs, or something as simple yet important as a puncture repair. The attention to safe driving detail will also remain of paramount importance.

On behalf of Scott, Judy said she could not thank their wonderful customers - "they have been friends" – over the years, and are immensely pleased knowing that Graham and Deb will continue to treat them with the

same friendly, courteous and

best possible tyre service they deserve.

"The tyre industry has changed in the time we have been here, especially with new digital catalogues making it easier to determine what tyres are best suited to the make of your vehicle, and being able to book your car in online.

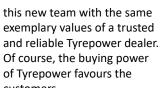
"We wish the new owners every success; there is no doubt they will do the Tyrepower branding very proud."

**Graham enters Tyrepower** Victor Harbor after 35 years with Telstra, including as an NBN and senior retail specialist. The past five years took him over incredible terrain across remote areas in South Australia. Northern Territory and northern Western Australia – at least 50,000km a year in three cars an amazing journey.

"I guess having driven the dirt roads of KI for 20 years with Telstra and growing up on a farm at Wudinna on the West Coast I've changed my share of tyres - big ones too," Graham said with a smile.

"I have always enjoyed the community engagement through my working life, which I have loved about Victor Harbor having moved here 13 years ago. We are certainly looking forward to meeting our customers and providing first class service with a friendly smile."

Graham and Deb have three children and grandchildren, and also serving with a smile will be their son Kaleb, whose likeable character and IT knowledge will be an additional asset to



Thank you Scott and Judy; welcome Graham, Deb and Kaleb. It will be a smooth tyre change.

Pictured: Out-going proprietor

Judy Bray with new proprietor

**Graham Wedding** 

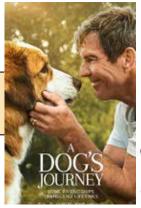
customers.



Meet 8552 1800 www.victorharbortyrepower.com.au Graham & Deb - new **Tyrepower** owners

## Ocean St, Victor Harbor T: 8552 1325











## A Dog's Journey

(PG) Adventure, comedy, drama starring Josh Gad, Dennis Quaid and Kathryn Prescott. Directed by Gail Mancuso. Some friendships transcend lifetimes. In A Dog's Journey, the sequel to the heartwarming global hit A Dog's Purpose, beloved dog Bailey finds his new destiny and forms an unbreakable bond that will lead him, and the people he loves, to places they never imagined. **Ends September 11.** 

## The White Crow

(M) Biography, drama starring Oleg Ivenko, Ralph Fiennes and Louis Hofmann. Directed by Ralph Fiennes. Young Rudolf Nureyev becomes a top ballet dancer in Russia, but a life-changing visit to Paris soon makes him seek asylum in France.

## Once Upon a Time in Hollywood

(MA15+) Drama starring Leonardo DiCaprio, Brad Pitt, and Margot Robbie. Directed by Quentin Tarantino. A faded television actor and his stunt double strive to achieve fame and success in the film industry during the final years of Hollywood's Golden Age in 1969 Los Angeles.

## **Overcomer**

(PG) Drama starring Alex Kendrick, Ben Davies and Priscilla C. Shirer. Directed by Alex Kendrick. High school basketball coach John Harrison and his team face an uncertain future when their town's largest manufacturing plant shuts down unexpectedly. As hundreds of people move away, John reluctantly agrees to coach cross-country, a sport he doesn't even like. His outlook soon changes when he meets Hannah Scott, an unlikely runner who pushes herself to the limit. Inspired by the words and prayers of a new friend, John starts to train Hannah for the biggest race of her young life.

## The Public

(M) Drama starring Emilio Estevez, Taylor Schilling and Alec Baldwin. Directed by Emilio Estevez. In "The Public" an unusually bitter Arctic blast has made its way to downtown Cincinnati and the front doors of the public library where the action of the film takes place. At odds with library

officials over how to handle the extreme weather event, some homeless patrons turn the building into a shelter for the night by staging an "Occupy" sit in. What begins as an act of civil disobedience becomes a stand-off with police and a rush-to-judgment media constantly speculating about what's really happening. **Commences September 6.** 

## **Downton Abbey**

(CTC) Drama starring Maggie Smith, Hugh Bonneville and Elizabeth McGovern. Directed by Michael Engler. The continuing story of the Crawley family, wealthy owners of a large estate in the English countryside in the early 20th century. **Commences September 13.** 

## Ad Astra

(CTC) Adventure, drama mystery starring Brad Pitt, Liv Tyler and Tommy Lee Jones. Directed by James Gray. A man journeys across a lawless solar system to find his missing father - a renegade scientist who poses a threat to humanity. **Commences September 20.** 





Information was correct at time of printing, but may be subject to change. Check website: victacinemas.com.au
All tickets \$12 (excludes 3D sessions, school and public holidays)



## **Abominable**

(CTC) Adventure, fantasy movie starring Chloe Bennet, Tenzing Norgay Trainor and Sarah Paulson. When teenage Yi encounters a young Yeti on the roof of her apartment building in Shanghai, she and her mischievous friends, Jin and Peng, name him "Everest" and embark on an epic quest to reunite the magical creature with his family at the highest point on Earth. But the trio of friends will have to stay one-step ahead of Burnish, a wealthy man intent on capturing a Yeti, and zoologist Dr. Zara to help Everest get home. Commences September 20.

## Ride Like a Girl

(CTC) Biography, drama, sport movie starring Teresa Palmer and Sam Neill. Directed by Rachel Griffiths. The incredible true story of Michelle Payne, the first female jockey to win the Melbourne Cup. **Commences September 27.** 

## The Angry Birds Movie 2

(PG) Action, adventure movie starring Jason Sudeikis, Peter Dinklage and Josh Gad. Directed by Thurop Van Orman. The flightless angry birds and the scheming green piggies take their beef to the next level when a new threat emerges that puts both Bird and Pig Island in danger.

Commences September 27.

## Wednesday coffee session

Coffee sessions are held Wednesdays from 10am outside of school holidays. Come along and enjoy coffee & cake, door prizes and a new release movie in a friendly, relaxed atmosphere. Cost: \$12.





# Orange Almond Loaf

## Ingredients

⅓ cup brown sugar, firmly packed

1/4 cup canola oil

1 egg

1 teaspoon grated orange zest

½ teaspoon almond extract

1 cup plain flour

¾ cup almond meal

¾ teaspoon baking powder

1 tablespoon poppy seeds

¼ teaspoon bicarb soda

1 cup plain Greek yoghurt

## Method

Pre-heat oven to 170°C. Line a loaf tin (21cm x 11cm x 7cm) with baking paper. Place brown sugar, oil, egg, orange zest and almond extract in a large bowl. In another bowl combine flours, baking powder, bicarb soda and poppy seeds,. Add half the flour mixture and half the yoghurt to the egg mixture, and stir to combine. Add remaining flour and yoghurt and stir gently until combined.

Spoon batter into prepared loaf tin, and spread evenly. Bake at 170°C for 45 minutes, or until skewer inserted in centre comes out clean. Remove from oven and allow to cool slightly before removing from pan. Delicious served warm or cold. Can be dusted with icing sugar before slicing, if desired.

## Eat Wave with Jenny

## It's cooking showtime

Now is the time for our local cooks to start working on their cakes and scones to be judged at the Srathalbyn, Yankalilla and Port Elliot shows and the chance to be crowned South Australian champions.

The rich fruit cake competition sponsored by Angove Wines, Genoa cake competition sponsored by Sunbeam Foods, and the CWA savoury scone competition sponsored by our iconic Laucke Flour Mills at Strathalbyn are statewide events organised by the Agricultural Societies Council of SA.

If you are successful at one of our local

shows in October you may enter semifinals with the chance to win a state final during the Royal Adelaide Show next year.

You must make your fruitcake using this receipe (not to be iced if entered). Use your favourite recipe for the Genoa cake and savoury scones competition.

Visit the Agricultural Societies Council of SA country shows website for all conditions and details - even hints. Best of luck!

www.sacountryshows.com



## Rich Fruit Cake

## Ingredients

(Use Sunbeam Food products where possible)

250g butter 60g chopped red glace cherries

250g dark brown sugar 60g mixed peel 6 eggs 60g chopped almonds 250g sultanas 375g plain flour 250g raisins 1 tsp baking powder 200g currants 1 tsp mixed spice 100g dates 200ml sherry or brandy

## Method

Chop fruits, mix together and soak in the sherry or brandy overnight. Sift together flour, baking powder and spice.

Cream together butter and sugar. Add eggs one at a time, beating well after each addition, then alternately add fruit and flour and lastly the chopped nuts. Mix thoroughly. Place mixture in a well prepared 19-22cm square tin, and bake in a slow oven for approximately 3 to 3½ hours.

**Note:** Fruit should be cut to the size of currants.



## Ingredients:

Pot Mexican. We don't often promote

a product range, but these dishes are

perfect for busy households – easy

Stockists across the Fleurieu include

some Foodland and IGA stores, and

Veg Out (Victor Harbor). Products may

online store. We thank Beerenberg for

allowing us to present these. Enjoy!

also be purchased from the Beerenberg

to make and absolutely delicious.

1 x 240ml jar Beerenberg Miso Maple Pork 30 minute meal

hase 500g pork mince 1 red onion, diced 100ml beef stock 500g fresh udon noodles

### Method:

Heat 2 tablespoons olive oil in pan. Add diced onion and pork mince. Cook until brown. Add Beerenberg Miso Maple Pork base, using the stock to rinse out jar. Stir to combine. Cover with lid and simmer for 20 minutes. Stir occasionally.

Prepare udon noodles as per packet instructions. Place noodles in bowl and top with miso maple pork. Garnish with your choice of sliced vegetables such as















## Victor Central... a feast for the senses

Located in the heart of Victor Harbor, Victor Central is home to over 40 retailers and services. Ranging from amazing fresh food, gifts, entertainment and homewares to sporting goods and fashion.

Whilst you are shopping you will be able to enjoy a coffee or a bite to eat at one of the cafés located throughout the mall.

Shopping at Victor Central is made even easier with plenty of free car parking.





