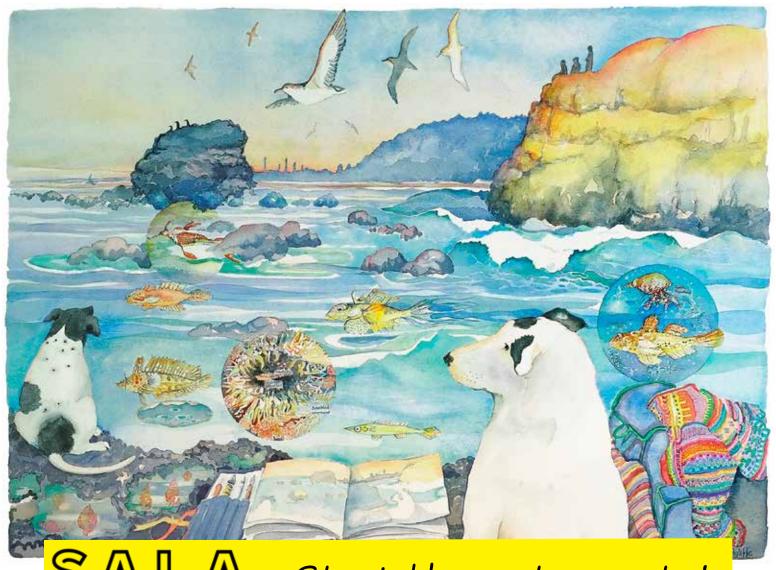


# Coast Lines

August 2019

Vol. 8 #114

People, places & events across the Fleurieu Peninsula



SALA - Start the arty party!





Spend \$25 at Woolworths, Target or Big W or \$15 at any specialty retailer or \$10 at any eatery for the chance to win Dad a \$250 voucher from The Surf Shop for Father's Day.

Collect and complete an entry form, attach your receipt and place it in the entry box near the Travelator. **Enter as many times as you like!** 

Competition opens 29/7/19. Closes 26/8/19 at 12noon. Drawn 26/8/19 at 1





Contact us: T: 0402 900 317

### JUST A THOUGHT

Did you realise that the Flat Earth Society has members from all around the globe?

### FRONT COVER

This fabulous painting Albert and Milly at Gulls Rock was created by well-known Kangarilla artist Janet Ayliffe, who once again will be among hundreds of artists across the Fleurieu Peninsula exhibiting works during the 2019 SALA Festival. Janet has been working as a print artist, painter and printmaker for more than 20 years, during which time she has developed a highly original style that reflects her life, her environment and her family. She produces art that is at once accessible and deeply complex, and at times mystical. You may see Janet's stunning work during the festival at Artworx in Goolwa, where she regularly has her work featured, and at the National Wine Centre of Australia, cnr Botanic & Hackney Rds, Adelaide. Enjoy the festival! **P9-12: SALA stories.** 

How many is too many? Stop little lives being cut short red nese day

### LET'S BE SILLY

It's Red Nose Day throughout Australia on Friday, August 9. It all started from Comic Relief, an operating British charity, founded in 1985 by the comedy scriptwriter Richard Curtis and comedian Lenny Henry in response to famine in Ethiopia. The highlight of Comic Relief's appeal is Red Nose Day, a biennial telethon held in March, alternating with its sister project Sport Relief.

Australia adopted its own Red Nose Day in 1988 urging Australians to wear a red nose and be "silly for a serious cause" - Sudden Infant Death Syndrome (SIDS).

The organisation's name was changed in 2016 from SIDS & Kids to Red Nose Australia, and with it came a renewed commitment to reduce the current nine deaths a day to zero.

There has been tremendous progress by reducing SIDS by 85 per cent having invested more than \$17 million into vital research - but one death is still too many. Sadly, 3000 babies, toddlers and preschoolers still die suddenly and unexpectedly each year.

After 31 years Red Nose Day is still a muchloved and iconic national fundraising event in Australia, with thousands of people taking part in activities. Come on, get involved, or at least make a donation. Every dollar helps. Visit: www.rednose.org.au

### SPECIAL DAYS

4-10: National EOS Awareness Week www. eosaware.com

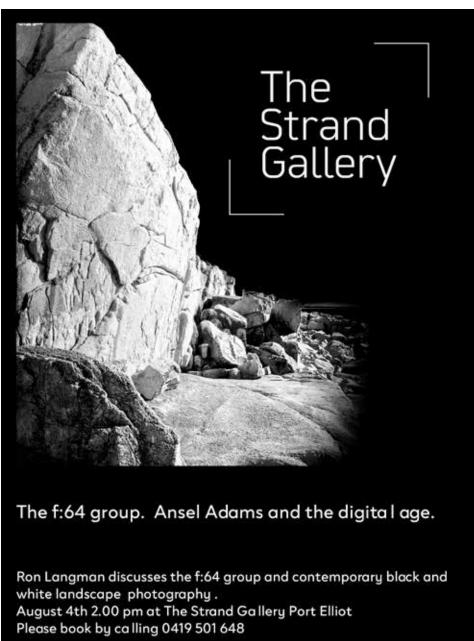
5-11: Sleep Awareness Week www. sleephealthfoundation.org.au

11-19: National Science Week www. scienceweek.net.au 19-25: Keep Australia Beautiful Week kab. org.au/keep-australia-beautiful-week 19-25: National Natural Fertility Awareness Week billings.life/en 19-25: National Be Medicinewise Week www.nps.org.au

9: Red Nose Day rednose.org.au

9: International Day for World Indigenous Peoples www.un.org/en/events/ indigenousday

Continued P4



From P3

2: International Youth Day www.un.org/en/ events/youthday/

19: World Humanitarian Day www.un.org/ en/events/humanitarianday/

### FATHER'S DAY, SEPT 1

To the dads of this world, may we suggest you highlight this snippet as a reminder in the household that it's Father's Day on Sunday, September 1.

Australia, Fiji, Papua New Guinea and New Zealand are the only countries that celebrate it on this day, with a majority 83 others honouring their fathers in June. The mums were first given their mostdeserving special day in Australia in 1924, but it wasn't until 12 years later that our dads were acknowledged - also well after the rest of the world.

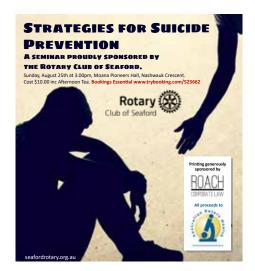
Father's Dayn started with a small advertisement in the Newcastle Sun, which read in part: "... Mother's Day has become very popular and maybe Fathers (sic) Day will become so too! A special Fathers Day meeting in Newcastle has been arranged and will be held Sunday, September 6 (1936) in the Newcastle Baptist Tabernacle at 4.30pm. The meeting will be open to men of all denominations and fathers are requested to invite their sons."

But what about their daughters - our princesses? How sexist was that? Anyway, we hope all the dads, carers and special blokes of this world have a great day. Shane & Lauren: dad needs golf balls that go straight.

### SEASIDE AT SEAFORD

It never ceases to amaze anyone what our amazing Rotarians are up to across the Fleurieu Peninsula when it comes to serving the community.

One of our newest clubs, the Rotary Club of Seaford is holding its third Onkaparinga



Seaside Walk with \$7000 going to Rotary Health Foundation with the recipient, Dr Angela Nicholas, as the post graduate

Her work in mental health research is a prime focus, so to support this year's Onkaparinga Seaside Walk the club is sponsoring her with a Sunday afternoon presentation on Sunday, August 25 at Moana Memorial Hall at 3pm.

It costs just \$10 and bookings are essential for catering purposes. See the above flyer. It is part of the wonderful Strategies for Suicide Prevention program, which needs all of our support.

As a warm-up, in more ways than one, members are planning to cook the bestever sausage sizzle (onions at the bottom, of course) at Bunnings Seaford on Sunday, August 11 to raise funds for the walk as part of the overall campaign for 2019. Well done.

For the record, in 2016 the Rotary Club of Seaford in District 9520 was the first new Rotary club in decades to be chartered in the district. It now has 29 members including 19 women, which is perhaps a different make-up to most clubs. They also meet twice-monthly and at no set venue.

One night you'll find them in a vineyard, the next a library, an on-site project, Bunnings, and even a brewery when attendance is probably 100 per cent. Seaford has no compulsory meal, no raffles, no fine sessions and no regular speaker program. Club Rotarian Ian Renshaw describes it as a unique model for Rotary where a very exciting culture has been created. "There is less emphasis on meetings and more focus on working with the community - making a difference," he said.

"The club has created many relationships and partnerships with the community, particular the business community." Visit: www.seafordrotary.org.au



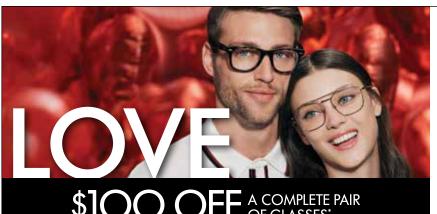




### ART FOR A CAUSE

Colours Of My World is a community-based project and exhibition exploring the talents and aspirations of the Autism Community on the Fleurieu. It includes work of featured established artists and emerging artists

Continued P6



\*MINIMUM SPEND \$350

OPSM **W** O





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\*\$100 discount is on optical frames and prescription lenses when purchased as a complete pair. Excludes packages. Valid at OPSM Victor Harbor only. Cannot be used in conjunction with any other offer, discount or benefit except a health fund rebate. Further conditions apply, see in store for details. Offer expires 31/12/2019.



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And with our beautiful new pool and gym, and scenic walking paths and bike tracks, there are plenty of ways to stay active. So drop in and we'll show you around.



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Even better, call by 10am-4pm weekdays or make a weekend appointment. Coffee's always on.

From P4

who have spent eight months exploring media and methods to produce a thought provoking exhibition.

Aspire2 is a registered charity that provides support to the Autism Spectrum Community in and around the Fleurieu Peninsula. Its projects encourage understanding, awareness and inclusion. Aspire2's activities include family fun events, local conferences, networking and a variety of workshops from the arts and wellbeing to education and training relevant to people on the spectrum, their parents & carers and the professionals supporting them (therapists, teachers and support workers).

Stayed tuned for news on the opening of a new Autism wellbeing centre in the Fleurieu later this year.

It's a wonderful organisation filled with a lot of great people, especially the amazingly devoted parents and carers. Follow them on facebook (Aspire to Inspire together) for all our events and other information. Visit: www.aspire2.org.au

### TIME TO GO 'KIDS'

What's this? Our Member for Finniss David Basham and Mayor Moira Jenkins pictured just being 'kids' again on a slippery dip? It was all in the name of fun at the opening of the George T Fisher Nature Playground on the foreshore by Flinders Parade, Victor Harbor.

The playground has undergone a significant transformation – and the smaller kids are already loving the fun and adventure. This is a result of a successful partnership between the City of Victor Harbor and the SA



Government which provided almost 50 per cent funding for this \$490,000 project. Council worked with local school students to find out what they would like to see in our new playground, and also sought broader feedback from parents and community members.

The input received was brilliant. The design has strong connections to Victor Harbor with the use of granite, inclusion of an island with causeway access, fisherman shacks and railway inspired elements. It also complements the historic steam engine that sits proudly in the background.

It was a nice touch naming the playground in memory of George Fisher, an extraordinary community man who served on the Victor Harbor Council for 20 years and was mayor for three until 1968. Among

his many achievements was as a foundation member of the Victor Harbor Rotary Club and an active member for 55 years. He also played a big role in getting the old steam engine at the playground, which has been a feature for generations.

The only problem with all this is that we can't get David and Moira away from the playground.

### SPORTS DAY

Cricket: Thanks largely to Ellyse Perry dominating in the Women's Ashes Series against the host England, Australian cricket has a lot to smile about. The men have now started their Ashes campaign at Edbastian, and the other Tests start at Lord's on Aug 14, Headingly Aug 22, Old Trafford Sept 4, and The Oval Sept 12.

For the record, there is always an apostrophe in Lord's because the ground was named after its founder Thomas Lord.

Tennis: Cheers for Ashleigh Barty in the US Open from August 26-Sept 9 and to the other Aussies who do tennis proud. Boos for Bernard Tomic.

**Basketball:** FIBA World Cup in China from Aug 31-Sept 15.

**Rowing:** World men's & women's championships in Linz-Ottensheim, Austria. **Locally,** we have the Great Southern football netball and hockey finals.

**GSFL** – Aug 31: qualifying final at Victor Harbor; Sept 1: elimination final at Langhorne Creek; Sept 7: second semifinal at Willunga; Sept 8: first semi-final at Strathalbyn; Sept 14: preliminary final at Yankalilla; Sept 21: grand final at McLaren Vale.

Continued P7

# KIDS RIDE FREE IN AUGUST\* \*Terms and Conditions: • Applies only to children 13 years and under, accompanied by paying adults • Offer only available 1-31 August 2019 • Offer only available 1-31 August 2019

From P6

**GSNA:** Aug 31: first & second semi-finals at Strathalbyn; September 7: preliminary final at Encounter Bay; Sept. 14: grand final at McLaren Vale.

Hockey: The South Coast Hockey Association is one of the hardest-working sporting groups in the region and will complete another quality season with finals looming – Aug 31: semi finals; Sept 7: preliminary finals; Sept 14: grand finals. It's a good sport with a difference so go out and take a look at the action. For details/venues visit: www. southcoasthockey.org.au

### WINNER, WINNER...

If you have seen this lovely lady Margaret Morgan (pictured) drive around her hometown Victor Harbor in a white Kia Picanto there is a good reason for her constant smile – she won the car. It was part of the fabulous 'Win a Kia Picanto' promotion thanks to Victor Central, and the great team at Maughan Thiem Mount Barker. Congratulations! To enter, all you had to do was spend \$50 at Woolworths, Big W or Target or \$25 at any specialty retailer or \$15 at any eatery for the chance to win. There were also weekly



prizes of 2 x \$100 Woolworths vouchewrs. Who were the other winners – those who have also been smiling like Margaret despite the miserably cold weather. If you want to be happy like Margaret, Maughan Thiem Mount Barker new car manager Billy Tuck

has got a deal for you. And there are chances to win some other prizes whilst going shopping. Details in this edition

Continued P8



From P7

### LET'S ROCK

When our horses celebrated their birthday on August 1 – they didn't look happy at getting older, what with the long face – it was 44 days to the annual McDonald's Rock 'n Roll Festival in Warland Reserve, Victor Harbor.

It's a fantastic, fun event, but the question begs: are you game enough to kick up your heels or just stand there and watch everyone else have the fun?

If you can't do rock 'n roll here's your big chance to learn. Jacquie Treagus has been running her Learn to Dance Rockabilly course at the McLaren Motel & Apartments, cnr Main Rd & Caffrey St, McLaren Vale. Unfortunately, this current course ends on August 9, but you can still rock-on with private lessons.

Jacquie, pictured in a dazzling rock 'n roll dress, says rockabilly is a cool dance style that lends itself to great music to dance to that comes under rock 'n roll, country, and swing or jump blues.

As they say, you're never too old to learn, so if you want to rock-on instead of looking-on at next month's Rock 'n Roll festival contact Jacquie on 0417 495 572.



How good is this? Children 13 years and under can have free rides on Victor Harbor's famous horse drawn tram until August 31 to celebrate the re-opening of the service across the causeway to Granite Island. Famous? Sure is. People around the world know it as the only service of its kind that operates all year round. Copenhagen has a



horse drawn tram, but it only rolls one or two months of the year. It's not always easy for mums & dads or carers to take kids on rides these days, but this is free throughout August. Brilliant. Contact: 8551 0720 or e: www.horsedrawntram.com.au

### MOVIE CLASSICS

The fun-loving film team at Willunga are at it again – a weekend of 80s classics is coming to Cinemallunga on August 24-25 at the Willunga Festival Hall and Show Hall. On the Saturday it's *Ferris Bueller's Day Off* (PG), a 1986 teen comedy which has become a cult movie. Doors open at 6pm with dinner and drinks available to purchase and music/dancing to enjoy.

Entertainment *Dustbowl Chic,* wines from Springs Hill and the dinners will support the Willunga Waldorf Orchestra. Movie commences at 7.30 pm.

Take a trip back to the 80s and enjoy the usual shenanigans. Adults \$15, Conc. \$12 Under 13 \$10. Tickets available at *I am Tall Poppy*, Willunga or on line at trybooking. com/522517. Book early.

On the Sunday it's *E.T.* the Extra-Terrestrial (PG). What would you do if you found a frightened alien hiding in your tool shed? It's a movie for children of all ages.

Come and join the fun and see one of the great stories of all time. Prizes for best dressed aliens. Fun starts at 2pm. Tickets from *I Am Tall Poppy*, Willunga or on line at trybooking.com/522521.



# A passion for art

# SALA

The stunning work of nearly 400 artists in 78 exhibitions will be revealed across the Fleurieu Peninsula throughout August to celebrate the 22nd South Australian Living Artists Festival.

It is the biggest open access visual arts festival in the world, and the medium is just as broad as the regular and pop-up galleries in lane ways and the scattering of wineries across McLaren Vale.

Art is coming to cafes, a hairdressing salon and even a pizza bar with the lot, all embracing so many gifted and emerging artists.

There are also the more prominent and definitive galleries who support these painters, potterers, glassblowers, printmakers and so on all year round, and we talk to those who run three of them – Warren Pickering & Anna Small at the Fleurieu Arthouse, McLaren Vale, John & Liz Francis at Artworx, Goolwa, and Ron Langman & Sonya Hender at The Strand Gallery, Port Elliot.

For a complete guide to the 2019 SALA Festival visit:

www.salafestival.com



# WARREN PICKERING & ANNA SMALL FLEURIEU ARTHOUSE

Warren Pickering worked as an architect and carpenter, but when he started helping his wife Anna Small by making frames for her brilliant creations his own inner artistic talent emerged.

They now run the Fleurieu Arthouse Studios in the Main Street of McLaren which also fixes the needs of other artists – creating a studio from which they can create right before the eyes of admirers, who hopefully then purchase their work.

According to Warren, pictured above with his wife, Anna, being an artist can be a lonely existence. "Our practising artists often bounce ideas off each other," he said.



"They actually learn from each other, which is a great thing. We can make the journey a collective one and not a lonely trail."

The Fleurieu Arthouse, which is supported by Onkaparinga Council, was created two years ago this week within the stunning grounds of historic winery Hardys Tintara. As many as 10 local artisans are on-site working and chatting to visitors. It's about bringing art to real life.

The initial challenge for Warren and Anna was huge – they moved into an empty space and within six weeks needed to make or install everything from the front counter and shelving to the plinths. Hardys kindly provided 300 pallets made from classic oak timber used to create an inviting alley-like pen environment from within the artists work.

"Yes, this is a business, but there is also that sense of pride helping other artists," Warren said. "It is the essence of what we do here. We try to facilitate artists' careers. "Anna and I have been practising artists professionally for more than10 years and we are well aware of the fact there are very few places where artists may make a collaboration or have interactive space not only with the public but with each other. That was the whole philosophy behind this place; to try and create a little hub.

Continued P10

### From P9

"McLaren Vale needed something like this. It did not have a designated gallery as such, which to me seemed quite ludicrous in some ways. I have travelled all over Australia, particularly the wine regions, and they all have designated galleries. "Here, the wineries take up a fair bit of slack and do a wonderful job of having exhibitions within their cellar door, but with this we felt we needed designated space. "People like the interaction, an experience that comes with offering workshops. You have your avid SALA goers who will go around the circuit, and in our short time in the gallery there has definitely been an increase in interest in exhibitions." This festival the Fleurieu Arthouse is also opening its doors to facilitate additional artists, creating two or three events simultaneously under the same roof. Warren and Anna will be joined by Elizabeth Abbott, Che Chorley, Claire Kennett, Eileen Lubiana, Sonja MacLean, Jessica Patrick, Christine Small, Hugues Vilette and Brooke Walker from August 4-28 to present Fierce/ Fragile [Nature], supported by other exhibitions Coastal Imaginings by John Freeman from Aug 4-31, PULP.it by Amanda Chalmer from Aug. 4-28, and Come Round Again by Elizabeth Abbott until September 30.

Fleurieu Arthouse: gallery, artisan, studio & shop - 202 Main Rd, McLaren Vale. T: 7288 3095. www.fleurieuarthouse.com.au





# JOHN & LIZ FRANCIS ARTWORX GALLERY

The South Australian Living Arts (SALA)
Festival is underway again and Artworx at
Goolwa is celebrating with an exhibition of
pieces by more than 50 artists.
Come the opening hours throughout
August, art lovers, busloads of tourists

and the curious will all call in to see these works, which gallery owners Liz and John Francis (pictured) hope some will be inspired to buy.

To them, the gallery is more than a business. "It's also a way to promote some of our most creative and talented artists," Liz said. "It is hugely rewarding personally. "There's nothing better than letting an artist know that we have sold a piece of their work, something they have created with love and passion.

"Being the go-between and passing on to someone else a piece of artwork that fills

them with joy, is such a thrill."

Also walking through the door in Hays Street will be other artists; SALA is as much about these gifted people checking out the works of others as it is to potential buyers searching for that exquisite piece, finding something unique to take home.

John said working in an artistic environment has its own particular challenges; choosing what to exhibit can be tricky. "Sometimes it is not easy being a critic like you need to be," he said.

"We might like something which other people don't, but that is art, isn't it? It presents a challenge."

Liz said there were so many artists knocking on the door asking for their work to be exhibited and that meant some tough decisions.

"We do need to critique because some art may not suit here," she added. "This is a small regional gallery and it does have a specific market. One of our criteria with the work here is that it must to be of high standard."

Artworx Gallery was started in 2005 and John and Liz took it over almost four years ago. It's always been known for its diversity, the quality of the works on show, and for being one of the greatest supporters of local artists through regular exhibitions. Outside of SALA, in recent years alone, more than 150 artists have had their works presented here, many of them at a time when they have been most in need of support. Being exhibited is a blend of acknowledgement, reward and encouragement, and a necessary part of an artist forging a reputation.

John said SALA was especially important for some of the lesser-known and younger artists. "It gives them a chance to get their



Goodiwindi Thomas Cook Jag RMW Gaz Man Levi RMW Blazer Thomas Cook Canterbury Ganton

Alan & Bev Kluske

23 Ocean St Victor Harbor Phone: 8552 2356

work in front of the public," he said.
"Unless they are in a gallery and do a
lot of self-promotion they don't get the
exposure. It is a nice feeling knowing that
you have the opportunity to promote so
many people deserving to have their work
exhibited. It is a business, but to us the
reward is helping the artists."

Liz said her passion for art came from growing up surrounded by paintings. Her grandmother and mother were both accomplished artists and she studied art herself at Teachers' College.

"Art has travelled with me," Liz said. Now people are travelling to Goolwa to see the art at John and Liz's Artworx Gallery. During the festival month people will have the opportunity to see artists at work at Artworx Gallery. In residence will be Carol Coventry (Aug 3, 2-4pm), Victoria Rolinski (Aug 3, 11am-1pm), Lorraine Brown (Aug 10, 1.30-3.30pm) and Lorraine Lewitzka (Aug 11, 1 - 3.30pm).

Artworx Gallery: 10-12 Hays St, Goolwa. T: 8555 0949. www.artworxgallery.com.au

# RON LANGMAN & SONYA HENDER THE STRAND GALLERY

Ron Langman left school before completing Year 10 to work as an advertising photographer for Colin Ballantyne & Partners and found himself in an exciting world with actors, actresses, theatre producers and artists.

People from an array artistic backgrounds became a wonderful influence on him and his love for art — without actually producing something with a brush. He saw beauty in photography, particularly black & white,



that became his life-long passion. In this world, no one did it better in landscape form than the acclaimed American photographer Ansel Adams (1902-84). Ron, pictured above, will exhibit some of his own excellent black & white images during SALA, and present a talk on Ansel Adams in The Strand Gallery, a stunning home for artistic excellence in Port Elliot, which Ron owns with his wife Sonya Hender. Sonya is an artist of note in her own right as a printmaker, which led to moving into the old post office in The Strand.

"The photography part of that part of my early life was important, but the advertising part became more important because the advertising community in the mid 60s was all very arty people," Ron said.

"It is now a privilege to run The Strand Gallery because we, particularly Sonya, get a tremendous amount of satisfaction from helping artists and embracing what this SALA Festival represents.

"We did not set out to start an art gallery. Sonya was a printmaker and had a place where she did her work and ran classes, but the conditions didn't suit her needs.

"We saw this post office for sale three years ago as a means of allowing her to run her class and also have a studio at the back. We wanted a small place where we could display our work, but it suddenly became quite popular.

"We seemed to know a lot of artists and in particular Tom O'Callahan and John Lacey who were happy to come in here. The gallery became bigger and bigger and the studio became smaller and smaller. From a humble beginning it has become a commercial activity.

"It has always been Sonya's passion to help the artists.

"Our discussion on whom we thought we should have in the gallery for SALA became difficult because we didn't want one artist to feel that he or she had been overlooked by another. Sonya suggested to just do my photographs.

Continued P12



### From P11

"I didn't want to put up the same work all the time so I thought I would just show black & white landscapes. This led to me thinking that the most famous black & white landscape photographer is Ansel Adams from the 1930s & 40s and maybe it would be best to give a talk on him and his impact on digital black & white. You don't see a lot of black & white in digital." Among countless things, Adams was noted for being a founder of Group f/64, an association of photographers advocating 'pure' photography which favored sharp focus and the use of the full tonal range of a photograph.

Ron's lecture is partly about the West Coast American response to landscape photography versus what was going on across the East Coast during an era when Adams was at the forefront of photography. "They really were at the opposite ends of the scale," Ron explained. "I will also do some demonstration on what I do on on computer to make good black and whites out of coloured imagery."

There is global admiration for Ansel's work,

which led to the formation of the f:64 group, which originally represented a small number of San Francisco photographers who shared similar ideals about their work and supported each other in the pursuit of higher quality images.

Simply, f:64 is an aperture setting that is only seen on large and very large format cameras, a way the group could differentiate themselves from the style of photography then practised in New York and Europe. Photography was invented mid 19th century, and for most of the next 50 years it was largely used to record subjects and events. The content was more important than the aesthetic quality of the image. By early 20th century, artists, who had seen photography as a threat began to see it as an artistic medium. Artists would 'paint' the emulsion on glass plates to introduce their own unique contribution to their work. They began to produce images that did not need to be an accurate rendering of reality, but stood in their own right as works of art. Their work was inherently urban and used the built form as their subjects. In a sense they were assisted by the overcast or even

polluted light of cities where the contrast range was within what there materials could accommodate.

Photographing urban life and "street photography" led to smaller cameras and a need for higher film speeds. This led to longer development times which in turn led to greater contrast and further loss of tonal range.

Meanwhile, out in the west, people were closer to nature. Capturing breathtaking landscapes in Yosemite or the Arizona Badlands meant dealing with extreme limits of tonal range and a requirement for better control of tones and graduation. Exposure times, aperture settings and development of negatives had to be measured and calculated more carefully. Ansel Adams and others led the way with exhaustive experiments striving for better and better quality.

Ron Langman's lecture on Ansil Adams is on Sunday, August 4 from 2pm at The Strand Gallery, 41 The Strand, Port Elliot. T: 0419 501 648.

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# GIVING BACK

... in more ways than you might expect!



Community is a wonderful word. It can be a group of people all living in the same area, or a group of people with a common characteristic.

However, we feel community is more than that. It's a place to belong. A soft place to land when you fall and a round of applause when you fly. It's about giving, not for your own sense of purpose, but for the benefit of others. And for us, it's a reason for doing what we do.

We have Community branches, owned by the community, and run with the purpose of giving back to the local community.

You may be aware that sponsorships make up a large part of the way we can serve the local community, but did you know there are many other ways we support the community?

Our Bendigo Bank marquees are a popular choice. We have five marquees across the Fleurieu in three different sizes.

We also have three Community poimntof-sale machines available for use at your next event, ensuring you don't miss a sale. We even waive the hire fees, meaning more money in your account.

For special presentations, why not borrow our large novelty cheques? We are even happy to offer one of wonderful staff members for the all-important photo opportunity if required.

In addition to this, we can also assist vour next event with merchandise, with colouring in books and pencils, balloons, pens and even lanyards.

All of the above may be available for use by community and not-for-profit groups who bank with us, depending on availability.

If you are a Bendigo Bank customer and would like to learn more about how we can support your next event, or if you would like to learn more about how banking with Bendigo Bank helps the community, please call in to any of our Fleurieu branches, or call us on 08 8555 2288.

Samantha Bitter – Fleurieu **Business & Community Manager** M: 0448 788 650

# Social media:

### Facebook:

Goolwa District Community Bank Branch Aldinga Beach Community Bank Branch

### Instagram:

bendigocb\_goolwa bendigocb\_aldingabeach

### Tip of the month

When was the last time you did a "health check" on your banking?

Regular "health checks" can help ensure your banking is meeting your personal and business needs.

Call one of our Fleurieu branches to book yours today...

> Aldinga Beach 8557 8166

Willunga CSC 8225 2900

> Goolwa 8555 2288

**Victor Harbor** 8551 3900



The Victor Harbor RSL Football Club will celebrate the 20th anniversary of its last premiership at its magnificent new clubrooms, the Roos Club, on Saturday, August 24. It was the end of one of the most remarkable decades of country football. Some people remember this era for one man...

# A bloke called Gibbsy

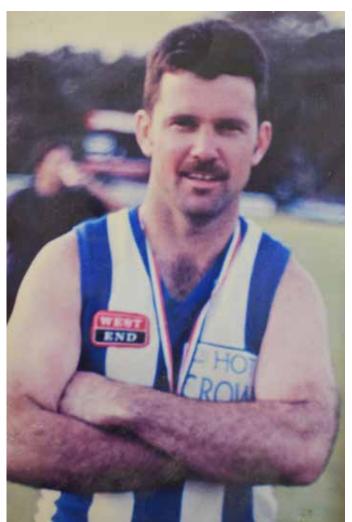
t was like a proverbial 'stairway to heaven'. One-by-one former league stars playing for the Victor Harbor Football Club walking up creaking steps to a small room in the Crown Hotel where iced cans of beer and bourbon & Coke awaited them. Win, or on the relatively rare occasion lose, they'd share a few laughs. Half-hour later they'd trickle down the stairway, only this time with a brown paper bag. They were the 1990s, the most amazing decade of South Australian country football created by Russell Temple, son of then publican and club patron Richard, splashing money like nobody had seen before in a bid to win premierships. A past player suggested there was a small room filled with large green plastic bags stuffed with money.

The Kangaroos won eight premierships in those 10 seasons, but it was hardly surprising when they recruited almost a team at various stages comprising of former SA league players – in some games they played 12 – mostly from Glenelg. Even one of the coaches, Tony Symonds, a

Glenelg Hall of Fame inductee (Glenelg 226 games, Hawthorn 3) went straight from being the league coach at the Tigers to coaching Victor Harbor.

The incredible incentives set off the greatest escalation in player payments in the history of SA country football, and with it came some of the most entertaining football and extraordinary antics, none more than from Mr Extrovert himself, the irrepressible Ross Gibbs.

Countless embellished stories from that



decade will be revived when Victor Harbor fetes its 1999 Great Southern Football League premiership side on Saturday, August 24.

The Kangaroos haven't won a flag since. Take those eight flags that most local stalwarts suggested were 'bought' out of the equation and they have played in just two grand finals in 60 years for one flag (1972), such was the impact of climbing those stairs on a Saturday winter's night. The practice of buying rather than

11

There'd be three or four cars deep around the oval. People who weren't supporters of either clubs would come and watch us to see what we would do. I did a few drop kicks, kicked a few goals with my heals, and even gave a few brown eyes — always late in the game — to entertain the fans.

- Ross Gibbs

developing also robbed the club of a generation of players and their parents remaining at the club as volunteers and supporters. The Roos conquered the 90s, but it's been tough ever since, and to now have stunning new clubrooms and be in the mix for another flag

in a tough, evenly-poised finals series is a marvellous effort by too few remarkable loyal club people.

No doubt in time moments of heroics and tales of amusement will be revived should the Roos break their premiership drought at McLaren Vale on Saturday, September 21, but lads, you won't get even close to this bloke affectionately known as 'Gibbsy'. After playing 353 league games in defence (West Perth 97, WA 2, Glenelg 253, SA 1) from 1979-84, being a member of two of

Images - Above: Ross Gibbs during his playing days at Victor Harbor. Right: Victor Harbor coach Clint Alleway (No. 17) addresses some of his players at quarter-time during a recent home game against Mount Compass, another strong contender for the 2019 GSFL premiership.



## VICTOR HARBOR FOOTBALL CLUB 1990-99

Premiers: 1990-96, '97, '99

Some of the SANFL league players recruited:

Justin Brooks
Chris Duthy
Ross Gibbs
Paul Hallahan
Clayton Lamb
Jim Lihou
Peter Maynard
Stewart McCully
Peter Reid
Ben Roehrich
John Seebohm
Kym Smith
Tony Symonds
Gavin Walsh
Rohan Waugh

Glenelg's only four premiership sides and inducted into Tigers' Hall of Fame, Gibbsy played 93 games for Victor Harbor from 1995-2000, topping the GSFL goalkicking list four times including a record season 167 goals in '96, and 30 against Port Elliot. It was a remarkable career, but down this way fans remember him mostly as the loveable larrikin who stripped naked as he lined-up for his 100th goal for Victor Harbor in the 1998 elimination final against Langhorne Creek. Great story, but he didn't do it.

According to Gibbsy, now 59, the story started off with a tad of embellishment and has gone further from the truth by the day. "I wasn't nude like a lot of people say I was," he declared. "What bloke would do it on a freezing cold day?

"I went to the movies a few days earlier to see the *Full Monty*, those old blokes who got their gear off to raise some money. "I had jokingly said to a few teammates that if I got to 99 goals I'd kick my hundredth in the nude. It was an off-the-cuff remark. "The moment came late in the last quarter. I thought, this was my last season – my last game because we were getting belted – and when I took a mark at the top of the

goalsquare I said to myself, 'I've got to kick this in style'. As I walked back for my kick I took my jumper off – that's all.

"The umpire said to me: 'What are you doing?' I said, get out the way, leave me alone, this is my last game ever and I'm going to kick my hundredth in the nude. I made the comment, but I was never going to really take all my clothes off.

"The word got around what I had said, and people started going nuts, tooting, and leaning over the fence screaming abuse at me. I pretended to undo my button on my shorts, and all hysteria broke loose.

"The umpire said, 'mate, you can't do this... just put your jumper on'. I did, but I put it on back-to-front by mistake. The umpire said: 'No. 24, you're bringing the game into disrepute – get off the ground'.

"The guy on the mark said: 'umpy, umpy just let him do it, it doesn't matter'. Grant Levy (Victor Harbor's playing coach) came up to me and told me I had to go and I never got to kick my 100th goal that season. "As I walked off the ump said they would throw the book at me, but in the changerooms later the president of the association at the time came in and said, 'look because you've been a great

ambassador to our league, even though you've been bit of a lair, we're going to drop all charges because you're not going to play again'."

Of course, Gibbsy played the next year, and Victor Harbor won another flag. With a slight hint of guilt, Gibbsy recalled how he had first agreed to play for Encounter Bay, where John H Ellers – president of Glenelg 1968-80 – was president.

"I wanted one season here with Encounter Bay so I could play against my old teammates from Glenelg," Gibbsy said. "I went to the home of John and Sue Ellers one weekend and declared, yes, I'll play for Encounter Bay. There was no signing, no nothing. On the Monday morning our Symmo (Symonds) rang me and said, 'Gibbsy, I want you to meet this fellow called Russell Temple... just have a chat with him." Of course, Gibbsy walked down the stairs holding a brown paper bag. A few weeks later Gibbsy played for Victor in a trial game against Ironbank, and he recalled going up to his coach Kym Smith, one of the greatest players and men the club has ever known.

Continued P16

### From P15

Gibbsy told him: "Kym, no big deal mate, but when I played league I was in the backline all the time and I told Russell that I'd only play for Victor if it was in a forward pocket. I don't want to be in a back pocket chasing blokes - I want to sit in a forward pocket and do my little tricks and see what happens." Smith said only one word, "yes", and Gibbsy kicked 12 goals before half-time. "In the end no one was allowed 50 metres of me; it was one-on-one," Gibbsy said. "Kym was amazing. He never said anything to us. He wanted us to do our own pregame, quarter-time and half-time thing. We said, you're the coach, and he said, 'you blokes know more than I do'.

"I guess we had the experience, but we were also inspired by the way Kym played his footy; tough but fair. We looked up to him

"We all got a bit of cash, not a lot (he, he, he). If we got any money from awards it all went on to the bar. The other clubs loved the Glenelg boys and those who played league elsewhere.

"Everyone hated Victor when we played. There'd be three or four cars deep around the oval. People who weren't supporters of either clubs would come and watch us to see what we would do. I did a few drop kicks, kicked a few goals with my heals, and even gave a few brown eyes — always late in



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Philiphidal de Saler Sal



Victor Harbor's Jamie Mulhern watches teammate Billy Wade get his kick away during a recent game against Mount Compass.

the game – to entertain the fans.

"You wouldn't believe the abuse I copped from the opposition fans. I had fruit thrown at me – one lady hit me in the back with an apple so I picked it up, took a big bite out of it and threw it back at her. I loved it.

"Always, the away games we'd go back to the opposition's clubrooms and spend 50 bucks or more on a feed or a few beers. In the end, we earned their respect for that. Every week they'd say, we hate you guys because you're Hollywood, you're cocky and you're arrogant, but we appreciate you coming back to our club and spending a little bit of money. We weren't bad people. In the end they just loved us.

"I only wanted to play for a year, but we were having the best time ever so I played for six; it was just another world."
Throughout this amazing era Gibbsy took his son, Bryce, who at seven or eight was the team water boy. Of course, he went on to become a champion for Carlton, and now the Adelaide Crows.

Not surprisingly, as success became infectious at Victor Harbor others wanted to join the club. In the '90s if Russell felt the side needed a player for a particular spot he probably went to his little room and recruited one.

Then, one day it was discovered all the

money was gone. Gibbsy retired and the other recruits went their ways. With no cash, nothing spent on the clubrooms, and recruits marching out the door the club was gutted. From 2001-06 Victor Harbor never got above second-to-bottom; its best result in the past 19 years is third in 2010. Among other players sought in that golden decade was talented Glenelg reserves player Brad Shiell, a silky-smooth, leftfooted forward flanker who kicked 127 goals for Victor Harbor in that 1999 premiership year while Gibbsy kicked 98. They were a dynamic duo, but Brad, a three-time club premiership player, was of course the lesser known. In fact, the results in the Sunday paper the next morning had his name changed week-to-week from Shiell to Shiel to Sheill and Sheil. Even in the club's centenary and 125-year books his name is spelt Schiell. To top it off, Brad has an old VHS tape of the '99 grand final and the commentator called him Brett Shields throughout the game.

Not surprising, really. Down this way everyone only knew one player back then, the bloke they called Gibbsy.



### COMMUNITY MARKETS

A free guide... to join the list or make changes please advise: info@coastlines.com.au

CHRISTIES BEACH - ORIGINAL OPEN MARKET: The Reserve, Beach Road, Christies Beach first and third Sunday of each month 8am-1pm. T: 0405 025 968.

CITTASLOW GOOLWA FARMERS MARKET: Second and fourth Sundays of the month, 9am-1pm at Jeralde Park, Goolwa Wharf. Enquiries: Jane 0419 855 148.

GOOLWA WHARF ROTARY MARKET: First & third Sundays 9am-3pm at the reserve by Goolwa Wharf. Enquiries: 0459 786 469; ebrotarymarkets@gmail.com

INMAN VALLEY COMMUNITY MARKET: First Saturday of the month 10am-2pm at Inman Valley Memorial Hall. Kate 8558 8242.

KANGAROO ISLAND: KI Farmers Market & KI Community Market: First Sunday of the month 9am-1pm at Penneshaw Oval.

MILANG BUTTER FACTORY MONTHLY MARKET: Second Saturday of each month, 10am-3pm at the Milang Institute, Coxe St. Great stalls. Local live music

McLAREN VALE FLEURIEU SA ARTISAN MARKET: First Saturday of each month. T: 8323

THE VALE MARKET: McLaren Vale and Fleurieu Visitor Information Centre, Main Road, McLaren Vale Monday, June 10 10am-3pm.

MOANA MARKET: Pioneers Memorial Hall. Nashwauk Crescent, Moana second Sunday of each month 9am-1.30pm. T: 8327 0480 (AH) or Jo at 0412 630 518.

MYPONGA MARKET: Weekends & public holidays 9.30am-4pm at Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

PORT ELLIOT ROTARY MARKET: First & third Saturdays 9am-2pm Lakala Res, Rosetta St. Enquiries: 0459 786 469, ebrotarymarkets@ gmail.com

VICTOR HARBOR FARMERS' MARKET: Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor. Enquiries: 0438 858

VICTOR HARBOR COUNTRY MARKET: Second and fourth Sundays of month, 9am-4pm, at Soldiers' Memorial Reserve, Victor Harbor. Enquiries: 8556 8222.

VICTOR HARBOR CREATIVE CRAFTERS MARKET: First Saturday of month 10am-3pm in the Senior Citizens' Hall, Hill St, Victor Harbor. Enquiries: Janet 8556 8222.

VICTOR HARBOR VEGGIE SWAP MARKET: First Sunday of each month 10am-noon at Carrickalinga House, cnr Hill and Torrens Streets, Victor Harbor. Enquiries 8552 9423 or www.scecentre.com.au

WILLUNGA ARTISANS & HOMEMADE MARKET: Old Show Hall, Main Road, Willunga second Saturday of each month 9am-1pm. T: Mary 0414 361 817.

WILLUNGA FARMERS' MARKET: Every Saturday, 8am-12.30pm at Willunga Town Square. Enquiries: 8556 4297 or Jeni 0411 049

WILLUNGA GREEN LIGHT ORGANIC MARKET: Every Saturday of the month; 9am-1.30pm. Willunga Recreation Park, Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY MARKET: Second Saturday of the month 9am-1pm at Aldinga Rd, Willunga. Enquiries: 0408 897 393.

YANKALILLA CRAFT & PRODUCE MARKET: Third Saturday of the month 9am-1pm at Agricultural Hall, Main Rd, Yankalilla. Enquiries 8558 3346.





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# Puzzles

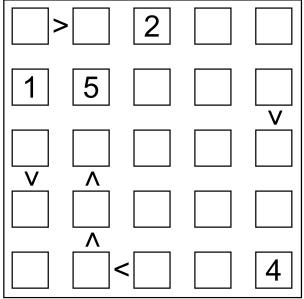
### **Target Time**



Target: Average 54, Good 62, Excellent

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No captialised nouns, apostrophes or plural words ending in 's'. Reference Source: Macquarie Dictionary

### Futoshiki



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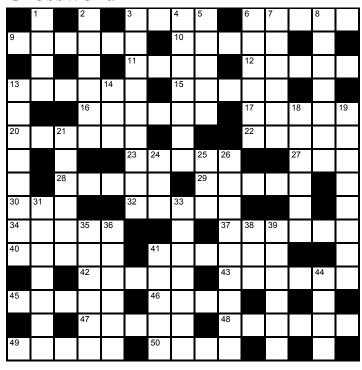
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The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A less-than sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution.

### Crossword



Across 3 Domestic animals 6 Ill-dressed 9 Incentive 10 Church office bearer 11 Money penalty 12 Stops up 13 Stick 15 Held principle 16 Poem of 14 lines 17 Lid 20 Combined

22 Hackneyed 23 Muslim religion 27 Meadow

28 Disposed 29 Of the kidneys 30 Beverage

32 Microbes 34 Brilliance of success

37 Church services 40 Divide equally

41 Way of viewing

42 Brittle 43 Responds

45 Unclouded

46 Nocturnal bird

47 English port

48 Precious metal

49 Imply

50 Had been

Down

1 Empty space

2 Abstract

3 Guarding against

attack

4 Well-bred

5 Frozen shower

6 Find out

7 Public speaker

8 Decrease fullness of 13 Flatters servilely

14 Fish eggs

18 Superior dwellings

19 Practical persons

21 High-leaping

antelope

24 Bishop's territory

25 Limb

26 Hypnotise

31 Level of command

33 Breathe

35 Gallery of shops

36 Extreme fear

38 Top card

39 Firm

41 Awry

44 Rain heavily

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### Right on time

Cecil dies and goes to Heaven. As he stands in front of the Pearly Gates he sees a huge wall of clocks behind him. He asks: "What's with all the clocks?"

St. Peter answers: "They're Lie-Clocks. Everyone who has ever been on earth has a Lie-Clock. Every time you lie, the hands on your clock move."

Cecil looks around and says: "Whose clock is that?" St Peter says: "That's Mother Teresa's, the hands have never moved, indicating that she never told a lie." "Incredible," says Cecil. "And whose clock is that one?" St Peter says: "Abraham Lincoln's. The hands have moved twice, telling us that Abraham told only two lies in his entire life."

Cecil gets the idea. "Where's Donald Trump's clock if he comes up here?" And St. Peter replies: "We're using it as a ceiling fan."

### He goes crackers

Karen's dishwasher breaks down so she calls a repairman. She says the the bloke: "I'll have to go to work, but I'll leave the key under the mat. Fix the dishwasher, leave the bill on the counter, and I'll transfer what I owe you when I get home... oh, and by the way, don't worry about my bulldog Spike. He won't bother you. But, whatever you do, do not, I repeat do not under any circumstances, talk to my parrot! Do not talk to my parrot."

The repairman arrives the following day and discovers the biggest, meanest looking

# Laugh Lines

bulldog he has ever seen. But, just as she had said, the dog just lay there on the carpet watching him go about his work. The parrot, however, drives him nuts the whole time with his incessant yelling, cursing and name calling. Finally the repairman can't contain himself any longer and yells: "Shut up, you stupid, ugly bird!" To which the parrot replies: "Get him, Spike!"

### Oldie but a goodie...

Eleven people are hanging on a rope, under a helicopter – 10 men and a woman. The rope is not strong enough to carry them all, so they decide that one has to leave because otherwise they are all going to fall. They can't choose that person, until the woman gives a very touching speech. She says that she will voluntarily let go of the rope because she has already led a fulfilling life. With tears she says: "As a women I am used to giving up everything for my husband and our children, and for men in general, and I am proud to always make sacrifices with little in return."

Her speech continues to be overwhelming as some of these grown men cry while desperately clinging to the rope. As soon as she finishes her speech they all start clapping...

### The hole truth, and...

Over the Alexandrina Council Jim and Squid are a damn good team working on the footpaths. Jim digs a hole and then Squid comes behind him and fills it up the same hole with the same dirt.

One day a man watches from the other side of the road and can't believe how hard they work, but has no idea what they're doing. He says to Jim and Squid: "What are you blokes doing with my council rates money... one digs a hole and the other comes along and fills it in... are you stupid or something?"

And Jim says: "No mate... a bloke name Scooter normally helps us by putting a tree in the hole after I dig it, but he's off work sick today."

### Dad jokes...

Why aren't koalas actual bears? They don't meet the koalafications.

What's a foot long and slippery? A slipper. What did the 0 say to the 8? Nice belt! Have you heard about corduroy pillows? They're making headlines.

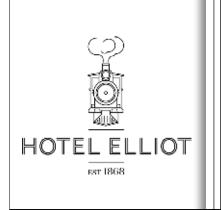
Why did the orange stop? Because, it ran out of juice.

How does a vegan begin grace before a meal? "Lettuce pray."

What do snowmen wear on their heads? Ice caps.

What do you call an Eskimo cow? An Eskimoo.





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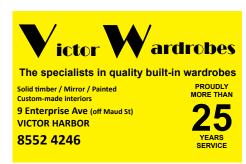


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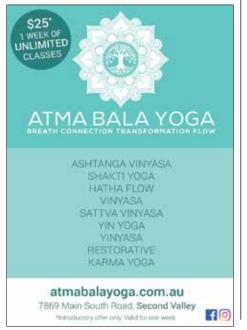
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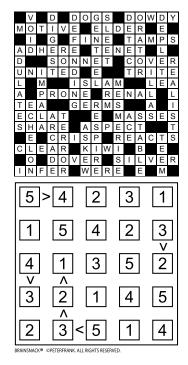
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### Golf club chips away at power bills

Victor Harbor Golf Club has joined a growing list of clubs or organisations across the Fleurieu Peninsula to endorse locally-based PJ Electrical Solar as its preferred supplier and installer of a solar system.

The new, 29.86kw system includes 98 solar panels, and will significantly reduce the club's power bills that were in excess of \$60,000 annually – largely due to high on-course usage.

VHGC manager Stephen Humble said the club could not have been more impressed with Brian Horewood from PJ Electrical Solar because of his commitment to the project as part of a total review to reduce the power bills to help ensure the sustainability of the golf club moving forward.

"There was seamless transition, meeting all the requirements to have a smooth installation thus avoiding interrupting the normal running of the club. The follow-up service, visits onsite and being available on the phone at any time has been appreciated.

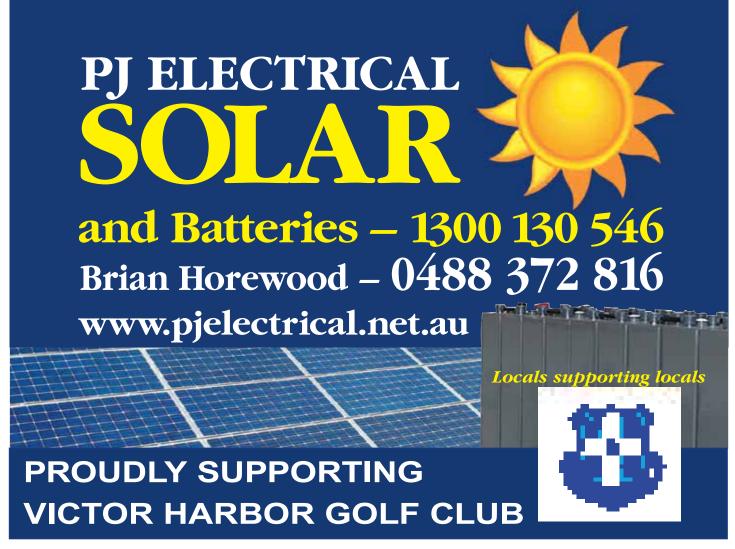


"We certainly could not question the fair price, professional standards and on-going support. I even have an app on my mobile telling me at any time exactly how much energy the system has absorbed and how much the club has saved.

"Being a membership-based club, it was important not to get any hidden added expenses. There has complete trust in all of the dealings that have brought a great result for our club.

"We looked at all options and the so-called special deals that would ultimatelty cost us more in the long term. We are pleased to have chosen PJ Electrical Solar."

PJ Electrical is a solar and battery specialist based in Goolwa – it is fully-licensed and accredited solar installer



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### The Lion King

(PG) Animation, adventure, drama starring Seth Rogen, Donald Glover and Chiwetel Ejiofor. Directed by Jon Favreau. After the murder of his father, a young lion prince flees his kingdom only to learn the true meaning of responsibility and bravery.

### 2040

(G) Documentary starring Damon Gameau, Eva Lazzaro and Zoë Gameau. Directed by Damon Gameau. Practical solutions to environmental concerns are addressed with the hope that the filmmaker's daughter, 21 years old in the year 2040, will face a hopeful future.



### The Keeper

(M) Biography, drama, romance starring David Kross, Freya Mavor and John Henshaw. Directed by Marcus H. Rosenmüller. A young English woman and a socce playing German POW overcome prejudice, public hostility and personal tragedy near the end of World



### Fast & Furious: Hobbs & Shaw

(CTC) Action, adventure, thriller starring Dwayne Johnson, Jason Statham, Idris Elba and Helen Mirren Directed by David Leitch. Lawman Luke Hobbs and outcast Deckard Shaw form an unlikely alliance when a cyber-genetically enhanced villain threatens the future of humanity. Commences August 2.



### Late Night

(M) Comedy, drama starring Emma Thompson, Mindy Kaling and John Lithgow. A late-night talk show host's world is turned upside down when she hires her first and only female staff writer. Originally intended to smooth over diversity concerns, her decision brings about unexpectedly hilarious consequences as the two women who are separated by culture and generation become united by their love of a biting punchline. Commences August 9.



### Danger Close: The Battle of Long Tan

(CTC) Action, drama, war movie starring Travis Fimmel, Richard Roxburgh and Daniel Webber. Directed by Kriv Stenders. In August 1966, in a Vietnamese rubber plantation called Long Tan, 108 young and mostly inexperienced Australian and New Zealand soldiers are fighting for their lives against 2500 North Vietnamese and Viet Cong soldiers. Commences August 9.



### Wednesday coffee session

Coffee sessions are held Wednesdays from 10am outside of school holidays. Come along and enjoy coffee & cake, door prizes and a new release movie in a friendly, relaxed atmosphere. Cost: \$12.





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All tickets \$12 (excludes 3D sessions, school and public holidays)

### Palm Beach

(M) Comedy, drama starring Jacqueline McKenzie, Greta Scacchi, Sam Neill and Bryan Brown. Directed by Rachel Ward. Set at Sydney's spectacular Palm Beach, the film follows lifelong friends who gather to celebrate a milestone birthday, only for tension to mount when new and old resentments arise, along with the threat of an old secret coming to light. Commences August 9.



### A Dog's Journey

(CTC) Adventure, comedy, drama starring Josh Gad, Dennis Quaid and Kathryn Prescott. Some friendships transcend lifetimes. The sequel to the heartwarming global hit *A Dog's Purpose*, beloved dog Bailey finds his new destiny and forms an unbreakable bond that will lead him, and the people he loves, to places they never imagined. Commences August 16.



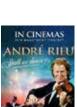
### Blinded by the Light

(CTC) Biography, comedy, drama starring Viveik Kalra, Kulvinder Ghir and Meera Ganatra. In 1987 during the austere days of Thatcher's Britain, a teenager learns to live life, understand his family and find his own voice through the music of Bruce Springsteen. Commences August 23.



### Andre Rieu 2019 Maastricht Concert

Andre Rieu's annual hometown Maastricht concerts attract fans from all corners of the globe. The medieval town square is transformed into a spectacular backdrop for unforgettable concerts - magnificent music. This year's theme is a dedication to the waltz. Coming Aug 31 and Sept 1 only.



### The White Crow

(M) Biography, drama starring Oleg Ivenko, Ralph Fiennes and Louis Hofmann. Young Rudolf Nureyev becomes a top ballet dancer in Russia, but a lifechanging visit to Paris soon makes him seek asylum in France. Commences August 30.



### Once Upon a Time in Hollywood

(CTC) Drama starring Leonardo DiCaprio, Brad Pitt, and Margot Robbie. Directed by Quentin Tarantino. A faded television actor and his stunt double strive to achieve fame and success in the film industry during the final years of Hollywood's Golden Age in 1969 Los Angeles. Commences August 30.



### **Overcomer**

(CTC) Drama starring Alex Kendrick, Ben Davies and Priscilla C. Shirer. High school basketball coach John Harrison and his team face an uncertain future when their town's largest manufacturing plant shuts down unexpectedly. As hundreds of people move away, John reluctantly agrees to coach cross-country, a sport he doesn't even like. His outlook soon changes when he meets Hannah Scott, an unlikely runner who pushes herself to the limit. Inspired by the words and prayers of a new friend, John starts to train Hannah for the biggest race of her young life. Commences August 30.



### **Downton Abbey**

(CTC) Drama starring Maggie Smith, Hugh Bonneville and Elizabeth McGovern. Directed by Michael Engler. The continuing story of the Crawley family, wealthy owners of a large estate in the English countryside in the early 20th century. Commences September 13.





### Eat Wave with Jenny

# Turkey & Mushroom Meatloaf

Delicious hot or cold - ideal with vegetables or salad!

### Ingredients

1 tablespoon oil

1 medium onion, peeled and finely chopped

2 garlic cloves, peeled and crushed

225gms mushrooms (see note)

1 tablespoon Worcestershire sauce

7 tablespoons tomato ketchup, divided

1 cup Panko breadcrumbs

⅓ cup milk

2 eggs, lightly beaten

¼ teaspoon salt

½ teaspoon ground black pepper

500g turkey mince



### Method

Pre-heat oven to 180°C. Line a loaf tin (21cm x 11cm x 7cm) with baking paper. Clean the mushrooms with damp paper towel and trim stems, then finely chop mushrooms by hand using a knife, or a food processor.

Heat oil in a large frypan on low-medium heat. Add chopped onion and saute until softened. Stir through crushed garlic and cook for another minute. Add chopped mushrooms, and stir through. Continue to cook on low-medium heat until mushrooms soften and begin to sweat (about 8 minutes). Leave on heat for a few more minutes, to allow liquid to evaporate. Remove from heat. Stir through Worcestershire sauce and 3 tablespoons of the tomato ketchup. Set aside to cool. Place Panko breadcrumbs in a large bowl, add milk and stir to combine. Allow to

sit for a few minutes. Add turkey mince, lightly beaten egg and salt and pepper and stir. Finally add mushroom mixture and continue stirring until all ingredients are well combined.

Spoon the mixture into the prepared loaf tin and using a round bladed knife spread out evenly. Spread the remaining 4 tablespoons of tomato ketchup over the top of the meatloaf.

Bake in prepared oven for 55 – 60 minutes (internal temperature should be 76°C). Remove from oven and let stand in the tin for a few minutes. Remove from tin and cut into slices to serve.

Note: White button mushrooms are ideal for this recipe. We used a combination of white button mushrooms and portobello mushrooms.



# Spinach & Feta Pinwheels

### Ingredients

- 1 small onion, peeled and finely chopped
- 1 tablespoons olive oil
- ½ teaspoon dried oregano
- 1 garlic clove, peeled and minced
- 250g frozen chopped spinach, thawed and squeezed dry
- 1 cup crumbled feta cheese
- 1 egg, lightly beaten
- 3 sheets frozen puff pastry, thawed

### Method

Pre-heat oven to 180°C. Line a baking tray with baking paper.

In a small frypan saute onion in oil over medium heat until softened. Add oregano and garlic; and cook for a further minute. Add spinach; cook 3-4 minutes longer or until liquid has evaporated. Transfer to a large bowl and set aside to cool.



Add feta cheese and egg to spinach mixture and stir to combine. Loosen each sheet of puff pastry from its paper backing but do not completely remove it.

Place 2½ tablespoons of the spinach mixture in the centre of the first sheet. Using a knife spread to the outer edges, except along one edge where a 3cm gap should be left. Place the pastry sheet on the bench in front of you, with the edge with the gap furtherest away from you.

Roll the edge of the pastry nearest you over and continue rolling to form a log. Leaving the pastry loosely on the backing paper makes this part easier.

Repeat for the remaining two sheets of pastry. Cut each log into 2cm thick pinwheels and place on prepared tray (they don't spread very much while cooking). Bake at 180°C for 25-30 minutes or until light golden brown. Serve warm. Makes about 36.

Note: Feta cheese can be bought already crumbled, or you can crumble your own.







# To enter simply spend \$50 at Romeo's Foodland or Coles or \$25 at any specialty retailer or \$15 at any eatery.

Collect and complete an entry form, attach your receipt and place in the entry box outside of Romeo's Foodland or Coles.

### Enter as many times as you like.

Competitions opens 12/8/19, closes 20/9/19 at 12 noon and drawn on 20/9/19 at 12.15pm at McLaren Vale Central, 130 Main Road, McLaren Vale SA 5171. Conditions of Entry: To enter you must make a purchase of \$50 or more from Romeo's Foodland or Coles or \$25 or more from any McLaren Vale Central specialty or \$15 at an McLaren Vale Central eatery in a single transaction. Each entry must have a separate receipt attached and be on an official entry form. Tobacco, Lottery and Alcohol purchases excluded. Enter as many times as you like. The winner will be notified by phone, email or mail. Judges decision is final and no correspondence will be entered into. Management, retailers, staff and their immediate families are not permitted to enter. Prize is a \$3000 Flight Centre voucher.





