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June 2019

Vol. 8 #112

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June

JUST A THOUGHT

Did you know that dolphins are so smart that within a few weeks of captivity they can train people to stand on the very edge of the pool and throw them fish?

FRONT COVER

This painting *A Celebration of Strengths* was created by Sharon, who discovered art when she and her five children were forced to live in a homeless shelter. The painting, which won a Christmas card competition, reminds us that we all have a special talent inside, and with winter upon us more than ever the hundreds of homeless people across the Fleurieu Peninsula need our help to find their inner strength.

As Oscar Publications, with the support of our advertisers, it has been our pleasure to have given the community free magazines for almost eight years. With kids along our southern coastline living in cars – and it is not necessarily their parents' fault – maybe our readers could be kind enough to consider making a donation to Junction Australia, which is working tirelessly to help them. No matter how small, every donation can lessen the impact of this insurmountable problem facing our community. Visit: <https://junctionaustralia.org.au/support-us/make-a-donation>

SPECIAL REPORT: P8

WHALE OF A TIME

At the risk of spreading gloom upon us, winter is here. Our solstice occurs usually on June 22, but be prepared for our darkest or shortest day anywhere between June 21-24.

Continued P4



WHALE DONUTS

Three-year-old Levi appears to be getting right into whales – the donut kind – at his uncle's Ocean Street Bakery in Victor Harbor. However, it just appears that way as he was trying to fathom which kind of whale to have. These are 'must have' donuts, especially the glazed whale with yummy salted caramel inside. His uncle, Chris Gorman Jnr, who was formerly at Port Elliot Bakery with

his family's business, took on the Ocean Street Bakery last August, and right now being the whale season he can't bake enough of these donuts. The previous owner/baker Paul Williams had the idea during the 25 years he ran this popular bakery with help from his son, Richard, who still works here. These special donuts are popular all-year round, but come the whale season sales enjoy a real spurt.



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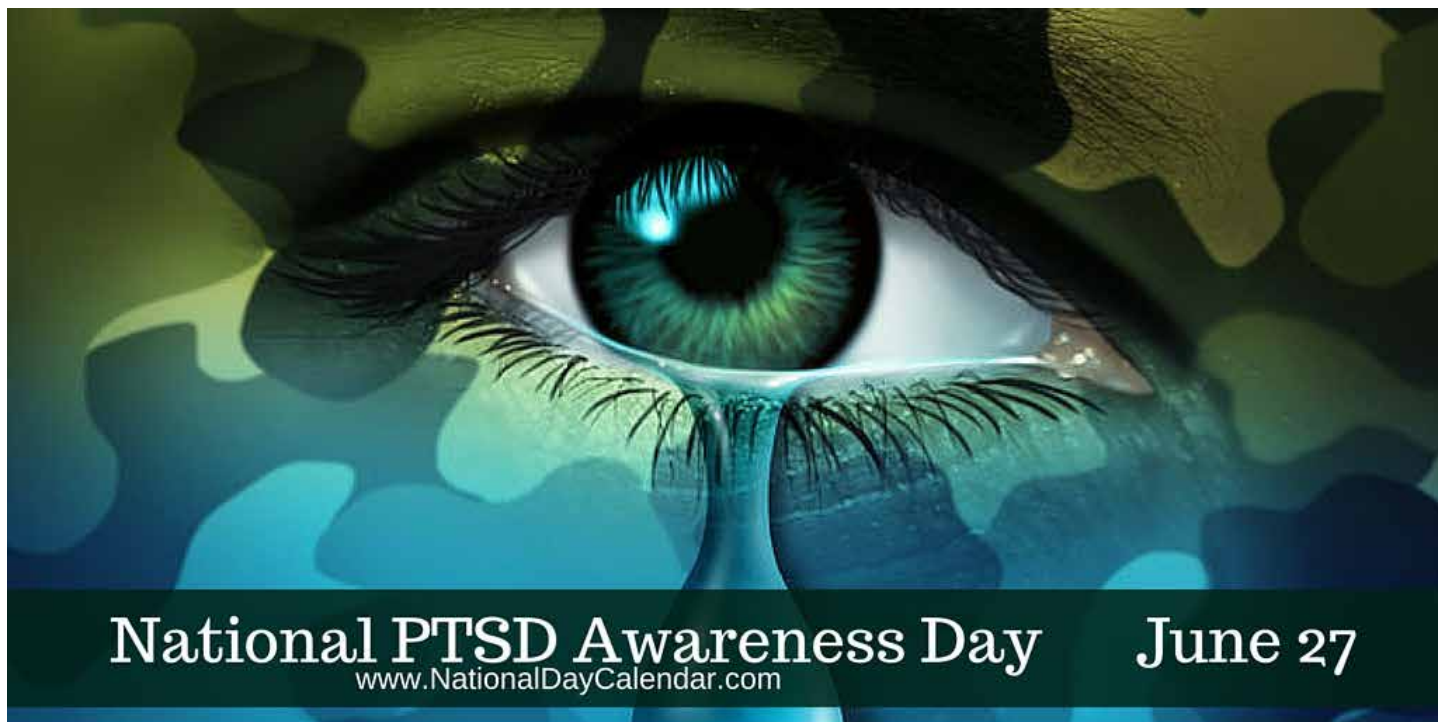
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SERVICES





From P3

But alas, 'tis whale season time and we are fortunate to see these magnificent creatures in all their splendour.

The South Australian Whale Centre at Victor Harbor tells us that the Southern Right may be our most common whale. Surprisingly, 29 other whale species have been recorded in our state's waters ranging from the small, two-metre common dolphin to the largest animal ever to have lived - the Blue Whale (30m).

It is this season that some quite seemingly ridiculous details about whales are also revived including how some love music and try to imitate human speech, which

is indeed frightening if they listen to parliament on the ABC.

There is also debate suggesting American writer Herman Melville based his idea for his 1851 novel *Moby Dick* on real events, and a real whale named Mocha Dick. The event, which Melville read about, happened around 1820 when Mocha Dick hit and sunk an English whaling ship. The crew landed on a deserted island where they were forced to resort to cannibalism. We warned you of the gloom and doom, but there is good news – come Saturday, June 29 we must we will be closer to Christmas Day this year than we are from Christmas Day last year.

JUNE DAYS

This superb poster above is raising awareness for PTSD, a national not-for-profit charity that supports, educates and advocates for Australians living with Post Traumatic Stress Disorder. This wonderful organisation, which deserves our help, is part of a world PTSD Awareness Day on June 27.

The primary goal of the organisation is to raise awareness of post-traumatic stress disorder and for patients to receive equal access to advice, trauma-informed care, support, education and treatment. Visit: www.arc4ptsd.org.au

Continued P5



ARTWORX
May 26 - June 16
EXHIBITION

Four elements, each defined by its own trait.

The same could be said of **Art**, it can be grounded, abstract, impassioned or fluid.

Exhibiting Artists: Roe Gartelmann, Brook Miles, Diana Mitchell, Rebecca Hartman Kearns (glass), Carol Sherlock, Nick Sherlock, Jennifer Woodhouse, Mary Woolaway (jewellery).

artworxgallery.com.au **ARTWORX** GALLERY & GIFTS 10 - 12 Hays Street, Goolwa

June

From P4

Other special health days in June include:
National Burns Awareness Month kidsafe.com.au

Month of June – National Bowel
Cancer Awareness Month www.bowelcanceraustralia.org

Month of June – National Cancer Research
Awareness Month www.curecancer.com.au

Month of June – National Hip
Dysplasia Awareness Month www.healthyhipsaustralia.org.au

June 10-16: National Infant Mental Health
Awareness Week www.aaimhi.org

19 June - Red Apple Day - Bowel Cancer
Australia www.bowelcanceraustralia.org



HIP, HIP...

We will celebrate the Queen's Birthday on Monday, June 10, even though Her Majesty Queen Elizabeth II turned 93 on April 21. The occasion really marks the sovereignty regardless who has the throne, first officially marked in the Kingdom of Great Britain in 1748 for King George II. The date of the celebration has varied for some time by Commonwealth countries, and is generally set around the end of May or start of June to coincide with a higher probability of fine weather in the Northern Hemisphere for outdoor ceremonies.

Will it be the King's Birthday next year? Who knows. For the record, Prince Charles will be 71 on November 14.

REFUGEE WEEK

Australia will celebrate Refugee Week from June 17-23, while June 20 is the World Refugee Day as decreed by the United Nations.

Since early 1945, more than seven million people have come to Australia as new settlers, including around 800,000 people under humanitarian programs, initially as displaced persons and more recently as refugees.

SPORT

There are some huge sporting events in June, but of course they are only lead-ups to the biggest of them all (maybe not) – another Showdown when the Crows are at

home to the Power on Saturday, July 6. And we have just got over Showdown XLVI. Cricket: ICC Cricket World Cup, England until – there are 43 matches (50-overs) up to the semi-finals on July 9 & 11, and the final is on Sunday, July 14 at 7.30pm (CST). Tennis: French Open at Roland-Garros May 20-June 9; Wimbledon at the All England Club July 1-14. Golf: 119th US Open Golf Championship at Pebble Beach Golf Links, Pebble Beach,

California from June 10-16.

F1 Grand Prix: Canadian (June 9), French (June 23) and Austrian (June 30).

QUICK PLUG

Marie's Chrystal Cave is having a women's wellness retreat at Adare, Victor Harbor from June 28-30. Contact Minjayati: 0451 920 114.

Continued P6

Have nbn™ questions? We have the answers.

See the team at your local Telstra Store Victor Harbor.



A GREAT EXPERIENCE

The western Fleurieu coast and McLaren Vale wine region will present their spectacular views and open cellar doors over three days during the 23rd Sea & Vines Festival over the June long weekend from June 8-10.

It is a special long-weekend of showcasing the finest wines and culinary delights the Fleurieu Peninsula has to offer. It's about having fun, great entertainment for the whole family, and appreciating some of the best tourist attractions and scenery this state has to offer.

Emphasis is on experiencing the eateries along the spectacular coast and cruising through the stunning McLaren Vale winery trail. Go by bus, drive or whatever, but remember, this event is about enjoyment and responsible drinking – don't drink and drive. Some of the wineries involved offer accommodation, but book early.

The Sea & Vines Festival is presented by McLaren Vale Grape Wine & Tourism Association in collaboration with its members. A diverse selection of winery events has been created to suit all ages, palates and experiences. There's something for everyone, from intimate degustation



seaandvines.com.au

dinners, tasting with winemakers and chefs, to winery tour adventures, food trucks, live music and fun activities for families.

Across these three sensational days you may create your own special trail by choosing from the wineries involved. They may vary with ticket prices – some are free – and whether special entertainment comes with the experience of tasting the region's premier food delights and wines. For a complete program guide including prices visit: seaandvines.com.au

Ticket purchase enquiries: help@tixsupport.com or 1300 GET TIX (438 849)

General Festival enquiries: info@seaandvines.com.au

Wineries involved in the Sea & Vines Festival

include:

Alpha Box & Dice
Angove McLaren Vale
Beresford Estate
Bondar Wines
Chapel Hill Winery
Coriole Vineyards
d'Arenberg Cube
De Lisio Wines
DogRidge & Sabella
Gemtree Wines
Hugh Hamilton Wines
Hugo Wines
Leconfield & Richard Hamilton Wines
Lloyd Brothers
Maxwell Wines

Continued P7

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Residents Graham, Monique and Toby the dog

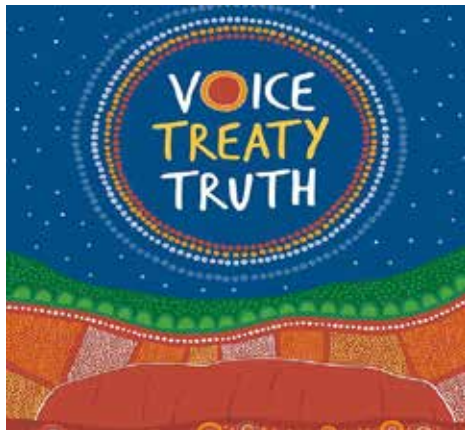
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From P6

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Wirra Wirra Vineyards



NAIDOC WEEK

As we draw close to celebrating NAIDOC Week – National Aborigines and Islanders Day Observance Committee – from July 7-14 we will see this magnificent poster *Awaken* (above right) designed by Charmaine Mumbulla, a Kurna/Narungga woman. Her amazing artwork shows the early dawn light rising over Uluru, symbolising a continued spiritual and unbroken connection to the land.

The theme for NAIDOC Week 2019 is *Voice. Treaty. Truth. Let's work together for a shared future*, which acknowledges that Aboriginal and Torres Strait Islander peoples have always wanted an enhanced role in decision-making in Australia's democracy. The poster is available to download. Visit: www.naidoc.org.au

As a matter of interest, on Australia Day, 1938, protesters marched through the streets of Sydney, followed by a congress attended by over a thousand people. It was one of the first major civil rights gatherings in the world, and was known as the Day of Mourning.

In 1984, NADOC asked that National Aborigines Day be made a national public holiday to help celebrate and recognise the rich cultural history that makes Australia unique. While this has not happened, other groups have echoed the call.

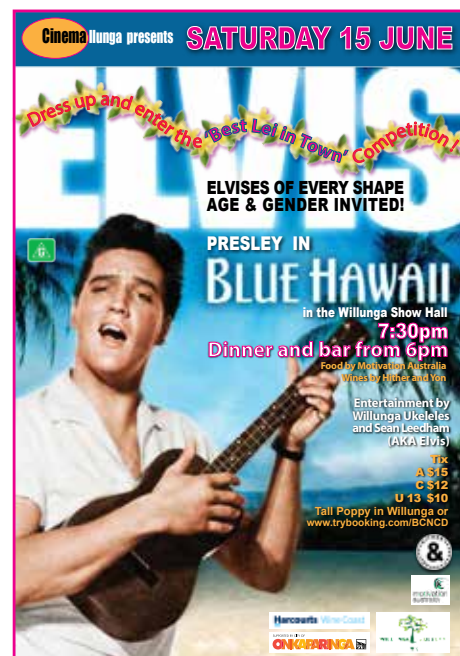
ELVIS LIVES IN WILLUNGA

The one-and-only King of Rock 'n Roll – Elvis Presley – would have been 84 earlier this year, but of a few of his biggest fans in Willunga are saying he's still shaking his hips in his blue suede shoes – just don't step on them.

They will have every reason to start wondering whether he still lives when the all-embracing Cinemaullunga crew present their next big night of entertainment – *Blue Hawaii* (1961) on Saturday, June 15. As with these family fun nights, movie buffs and fans alike are asked to dress up for the production.

We'll have Elvises everywhere – a personator's paradise – and you may even win a prize for this or dressing up as the best 'lei in town'.

Watch Elvis rock his way through 14



songs whilst breaking hearts, saving lives, getting fired, starting a business, repelling unwanted advances and falling out with his family. Doors open at 6pm for food by Motivation Australia, wine by Hither and Yon, and entertainment from Sean Leedham (AKA) Elvis and *The Willunga Ukuleles Tribute Band*.

The film starts at 7.30pm or midnight in Hawaiian time. Tickets from I am Tall Poppy in Willunga or trybooking.com/ BCNCD. Adults \$15, concession \$12 and children U13 \$10. Book early to avoid disappointment – the last show was a sell-out.

And hey, as Elvis says, you can't take your pooch because *he ain't nothin' but a hound dog, cryin' all the time*.

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- Women over 55 are the fastest growing group of people experiencing homelessness

- 10% of women and 5% of men experiencing homelessness have jobs

- 20% of those experiencing homelessness receive a disability pension

We should try walking in these shoes

Political correctness decrees that we not refer to someone with nowhere to live as homeless because it has the connotation of a life sentence; there is always hope. We should say they are experiencing homelessness.

The clarification may offer solace to some, but this issue is shrouded by misconception. The bottom line is that there are hundreds of people across the Fleurieu Peninsula struggling to find a place to sleep tonight, and don't dare we classify them all as having a drug, alcohol or gambling addiction.

Not all have experienced domestic violence – one incident is far too many. Only five percent fit the common perception of a person experiencing homelessness as wearing layers of smelly clothes sleeping on a park bench. Whatever, these unfortunate souls deserve compassion.

This is the reality check: the rapidly emerging profile is a caring husband and father who loses his job through no fault of his own, and eventually the heavily-mortgaged house and everything on hire purchase goes with it. The entitlements don't cover the need for house rental, and the overwhelming stress leads to a marriage breakdown. There is no affordable accommodation for the stranded mother and children so they live in a car.

Believe it; this is real on the Fleurieu, and the kids living in a homeless environment change in the car and go to school. And they are good kids.

According to Maria Palumbo, CEO of Junction Australia, no one knows the true homelessness figures across the Fleurieu Peninsula because not everyone reeling amidst this peril steps forward to register for assistance.

However, chilling is the fact Junction Australia, which leads an incredibly daunting fight against homelessness, has more than 250 staff across South Australia and the most concentrated area of need for them is from the southern suburbs to our southern coast, particularly Victor Harbor. It has centres in Christies Beach and Goolwa.

According to Maria, the common denominator in this crisis is poverty. We can discuss all of the reasons for this – a vast majority is not the fault of those enduring homelessness – but whatever the catalyst it doesn't shield the cruel impact that poverty delivers. Poverty is the bi-product of a crisis. "People entering into homelessness is a real myriad of things," Maria said. "There will be two major reasons, firstly because they have some form of past trauma, which is often so intense that it impacts their ability to function productively. Things like holding onto jobs or just dealing with day-to-day things. Sometimes trauma can come serving Australia at war.

"Trauma is usually affiliated with child abuse or any form of neglect or severe child abuse that tends to impact people's adult life quite significantly. There is a huge cohort of people who fit this category, and often they have real complexity of issues and need a lot of support whilst trying to find accommodation and get them stable in their homes.

"The other thing we see is just poverty, those who don't fit that high and complex profile through histories of trauma.

"We have families who become homeless because they lose jobs, cannot afford rent and they are simply trying to get into the rental market.

"The gap between what they are receiving if



“*The lack of housing affordability is the major issue in homelessness... there aren't enough suitable homes for people that are not a transitional or short-term, a place where people can re-establish themselves.*”

– Maria Palumbo (pictured),
CEO of Junction Australia



they are getting an income supplement and the price of rental is just beyond them.

“The only type of housing for them that is affordable is public housing, which has become more and more marginalised. You can't get into public housing easily – there is just not enough of it. Because these houses are really old, run down and have maintenance problems just keeping them going requires a sell-off of housing every year to keep the remaining operations of the system going. It's kind of an end to nowhere.

“The gap between public housing and private rental is huge, and there is nothing in between.

“When it is a very serious situation like children being vulnerable sleeping in cars, tents or caravans we will sometimes get them into motels. If there is a single mum and it's not safe we will try to get her in a motel.

“Often young people at risk will couch surf and keep relying on friends to help them out. That's normally their way of coping.” Maria said the Fleurieu Peninsula had its specific issues because it was largely covered by small towns, and each had its own nuance. Some have a rental market, but it's geared towards air B&Bs

or holiday accommodation. People with rental accommodation are just happy to accommodate it during the holiday seasons and keep it empty in between. They prefer to use it like that than have it as permanent rental at a different rate.

“The lack of housing affordability is the major issue in homelessness,” Maria said. “There aren't enough suitable homes for people that are not a transitional or short-term, a place where people can re-establish themselves.

“The catch 22 of homelessness is people trying to actually get their life back. A crisis of some kind has occurred and they are trying to get back on track, yet they need to be in a stable or secure place to do that.

“When you are in crisis mode, the ability to present yourself in a job interview in a state of mind that is conducive to winning a job, it is compromised.

“The sad thing about country communities like those in the Fleurieu is that young people have connections to schools and their social life, but there is just no housing available for them, particularly those at school who don't even have an income.

Continued P10

- 1 in 8 people experiencing homelessness is under the age of 10

- LGBTIQ people experience homelessness earlier, more frequently and for longer periods than non-LGBTIQ people

- People sleeping rough on the street represent only 5% of people experiencing homelessness with the vast majority of homelessness hidden from view

From P9

"There are purpose built facilities meeting that fit that profile, but they are all in the city. Then it's a choice of leaving their whole connections behind, and as young people that makes them too vulnerable particularly if they don't have strong family support.

"It is the same with families. They have to move out of the area that has been home for them to seek housing that they can afford. There could be affordable public housing for them, but that's usually far away, maybe Whyalla. Re-establishing themselves in a place they have never been before can be super hard.

"Most moves away from their town are short term solutions. We are an organisation that supports people in homelessness. The only access to any form of accommodation we can get is short term, but then it compromises the person's ability to feel like they can settle and stabilise in an environment where they can rebuild.

"We can only give them something that's for a month or six weeks because of the volume of people we deal with is in crisis."

Maria goes along with the belief that homelessness is one of those things that some every-day people choose to ignore, or perceive it to be a result of self-infliction. She says those who have never walked in

the shoes of someone who has experienced a crisis or trauma that has led to them being destitute need to understand all of the stress that comes with that.

"When I talk to people who don't understand this issue, and have assumptions and stigmatise it, I ask them to remember something," Maria said. "I ask to put themselves back in the most stressful situation they have ever been in, and what that did to their ability to function well; what it did to their confidence.

"You could be in a job and things are going really bad and you are struggling because of a lack of confidence under extreme stress. I then ask them to add the uncertainty of not knowing where you are going to live or even sleep tonight, and how they are going to rebuild their life.

"I ask them to imagine trying to compete in the employment market when some of those barriers are placed as a result of a severe accident of some kind that has rendered them unable to do the job they have always done, or a mental breakdown that takes them out of their environment and leads to losing their home.

"You have to be in extreme stress to understand the impact that it can have on your capacity to recover from being in a homelessness situation. People who

suddenly find themselves under undue stress and cannot seem to get their life back together because of the uncertainty of not having income, housing and being homeless fall into a well that's really hard to pull up from."

Maria said Junction Australia was doing whatever it could to help those vulnerable reclaim their life, starting with finding them affordable housing. Her role includes trying to source the problem of the lack of affordable supply, managing a government contract to provide homelessness services on the Fleurieu Peninsula and Kangaroo Island, and managing social housing in those areas.

An equally important duty for Maria and her team is lining-up the shoes of those experiencing homelessness ready for us to walk in them. Of course, it would be a struggle. ■

If you would like to help Junction Australia contact: Christies Beach office, 34 Beach Rd, Christies Beach T: 8392 3000; Goolwa office 31b Cadell St, Goolwa T: 8392 3000. Please ask staff how to make a cash donation and/or what they currently need most.

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CONNECTING COMMUNITIES



YouTHRIVE Strathalbyn

The Youth Music Festival was held at Strathalbyn Oval on 12 April. Celebrating SA Youth Week, the festival showcased young performers from across the region, and featured live music, dance performances and free activities. Look out for YouTHRIVE again in 2020.

CONTACT US



11 Cadell Street, Goolwa
1 Colman Terrace, Strathalbyn

Office Hours: Mon-Fri 9am to 5pm
and Sat 9am to 12 noon



PO Box 21
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Mayor Keith Parkes on the draft Annual Business Plan and Budget 2019-2020

The cost of providing kerbside waste services has seen a significant increase as compared to the previous financial year due to the impacts of the much publicised 'China Sword Policy' on community recycling.

The impacts of this change are being felt around Australia and the globe, with Council's subsidiary, the Fleurieu Regional Waste Authority, effectively containing cost increases until now.

Consequently from 1 July 2019, these cost increases will unfortunately form 0.7% of the proposed 3.3% rate increase.

On behalf of Elected Members and staff, I am pleased to present the draft Annual Business Plan and Budget for 2019-20 and encourage you to have your say during the public consultation to be held in June 2019.

Our draft Annual Business Plan and Budget has been guided by key Council endorsed strategy documents including; the Alexandrina "Connecting Communities" 2014-23 Community Strategic Plan, the Long Term Financial Plan, and the Infrastructure and Asset Management Plan.

The development of Council's draft Annual Business Plan and Budget is an important part of our planning process. It sets out Council's proposed services, programs and projects for the 2019-20 financial year.

In preparing the draft plan, Council is mindful of the future challenges and continuing economic uncertainty facing our communities. The draft plan reflects our commitment to supporting growth in the Alexandrina region, while continuing to provide the best possible mix of service, infrastructure and facilities for our communities. Some of the key initiatives

proposed for this year include:

- Increased expenditure on the rural Roadside Tree Trimming program
- Proposed upgrades to Strathalbyn's Senior Citizens Building
- The completion of the new Mount Compass Recreation Park
- An increased focus on economic development.

Council will endeavour to implement efficiency and other budget containment measures throughout the financial year in an attempt to improve the overall operating result. Alexandrina Council Elected Members and staff are conscious of the need to deliver a responsible and sustainable budget that provides maximum benefit for the whole community. This must balance effective service provision and the delivery of new and innovative ways of ensuring our community maintains a desired standard of living.

Visit Council's website to read the draft Plan and have your say on the proposed budget
<http://mysay.alexandrina.sa.gov.au/ABP201920>

6 simple steps to pay your registration on Dogs and Cats Online

Go to dogsandcatsonline.com.au

1. Select 'Renew Registration'

2. Enter your renewal code and surname as provided on your Dog and Cat Registration Renewal Notice

3. Check your personal details to complete and populate the mandatory fields

4. Breeder registration, if applicable, for breeders of dogs or cats for sale after 1 July 2018

5. Check the dog details including your dog's microchip number

6. Enter your payment details to pay and complete the renewal process

Dog and Cat Registration Reminder

Existing dog owners should receive a renewal notice either by mail, email or SMS during July 2019 to complete their annual dog registration on the Dogs and Cats Online (DACO) website. Existing dog owners should retain the lifetime registration disc issued last year.

To register or update your dog or cat's information, visit www.dogsandcatsonline.com.au

New laws and rules for dog and cat owners came into effect last year. Please be reminded that changes to your dog and cat's registration includes:

- Mandatory microchipping of dogs and cats
- Desexing of dogs and cats born after 1 July 2018
- New rules for breeders who sell dogs and cats
- Introduction of a state-wide database, called DACO
- Registration and renewals are made online through the Dog and Cat Management Board, no longer through local councils.

These statewide laws have streamlined the dog registration processes, making it easier to reunite lost dogs and cats with their owners, helping to identify and put a stop to puppy farms, and reducing euthanasia rates. DACO is the central database for microchipped and registered dogs and cats, and registration payments. Breeders also register through DACO. For further information or assistance, contact us on 8555 7000 or visit, www.alexandrina.sa.gov.au/dogs



Thursday 4 July 2019 11am-2pm
Strathalbyn Eastern Fleurieu School
Performing Arts Centre

Sunday 7 July 2019 11am-2pm
Signal Point Gallery, Goolwa Wharf Precinct



**VOICE
TREATY
TRUTH**
07-14
JULY 2019
Let's work together for a shared future



NAIDOC Week Celebrations in Alexandrina

NAIDOC Week 2019 runs from 7-14 July and is an opportunity for all Australians to come together to celebrate the history, culture and achievements of Aboriginal and Torres Strait people. The theme for NAIDOC Week in 2019 is 'Voice, Treaty, Truth - Let's work together for a shared future'.

The Alexandrina Council region intersects the traditional lands of the following Aboriginal Nations and clans; Ngarrindjeri, Ramindjeri, Peramangk and Kaurna. Members of the community are invited to join with Alexandrina Council to celebrate NAIDOC Week.

Culturally significant, family friendly events in Goolwa and Strathalbyn will include flag raising and Welcome to Country ceremonies, storytelling, music and craft activities. In Goolwa, Uncle Moogy's smoking ceremony and dance workshop will be a feature; while in Strathalbyn, visitors can see boomerang and spear throwing demonstrations.

The Strathalbyn celebration will take place at the Strathalbyn Eastern Fleurieu School Performing Arts Centre on Thursday, 4 July from 11am to 2pm. In Goolwa, Signal Point Gallery will host the celebrations on Sunday, 15 July from 11am to 2pm. Both of these events are free and open to the community.

Both the Strathalbyn and Goolwa Libraries are also hosting free workshops for kids on Thursday, 11 July, between 2pm and 3pm, in the art of Indigenous emu puppet creation. Bookings are essential for this, please call 8555 7000.

From Sunday 7 July 7 to 14 July enjoy art work by two exceptional artists Cedric Varcoe and Amanda Westley on display at Signal Point Gallery, Goolwa. These two artists draw respectively on their Ngarrindjeri heritage to create art works rich in narrative, colour and design.

Be sure to get involved during NAIDOC Week. There are a range of fun and inspiring activities for the whole family. For more information, visit www.alexandrina.sa.gov.au/wellbeing

Planning reforms

State Planning Reforms are underway. The Department of Planning, Transport and Infrastructure, in consultation with the planning and building professions and Local Government, have been busy producing and refining the necessary documents associated with moving towards the full implementation of the new Planning, Development and Infrastructure Act (which will replace the current Development Act), by 1 July 2020. One of the key changes is the creation of one Planning and Design Code for the State which will replace what we have known as the Development Plan. The draft Code as it would apply to Alexandrina is proposed to be out for consultation in late-2019. To keep up to date with what is happening please refer to the SA Planning Portal, www.saplanningportal.sa.gov.au



View timelapse video at
www.alexandrina.sa.gov.com/mcrecpark

Alexandrina Council

Events

A Migrant's Son

9 June at 3pm

Location: Centenary Hall, Goolwa
Direct from a sell-out Adelaide Cabaret Festival season, A Migrant's Son explores one of the most colourful times in Australian history, the arrival of the Greeks! Brought to life through original compositions, live band and a local community choir led by Carol Young, this unique and touching account is both hard-hitting and hilarious.

Bookings: 1300 466 592

www.visitalexandrina.com

Good Things, Small Packages*

21 June – 21 July

Location: South Coast Regional Arts Centre, Goolwa

Enquiries: jaw@alexandrina.sa.gov.au

sa.gov.au

www.visitalexandrina.com

NAIDOC Week Celebrations Strathalbyn*

4 July at 11am

Location: Strathalbyn Eastern Fleurieu School Performing Arts Centre

NAIDOC Week Celebrations Goolwa*

7 July at 11am

Location: Signal Point Gallery, Goolwa Wharf Precinct

Enquiries: jaw@alexandrina.sa.gov.au

sa.gov.au

www.visitalexandrina.com

Gems of Jazz

6 July at 7.30pm

Location: Centenary Hall, Goolwa

Bookings: 1300 466 592

www.visitalexandrina.com

EG Incursions – Virtual Reality Space Incursion*

16 July at 2pm

Location: Strathalbyn Library and Community Centre, Strathalbyn

Bookings: 8555 7000

www.egincursions.com

Island to Inland Contemporary Art from Kangaroo Island*

19 July to 1 September

Location: Signal Point Gallery, Goolwa Wharf Precinct

Artists have created new works on the theme of isolation. Islands are by nature isolating and that isolation, coupled with majestic surroundings, can challenge and inspire the soul.

Enquiries: jaw@alexandrina.sa.gov.au

sa.gov.au

George Bernard Shaw's Women*

21 July at 2pm

Location: Signal Point Gallery Theatre, Goolwa Wharf Precinct

Enquiries: jaw@alexandrina.sa.gov.au

sa.gov.au

www.visitalexandrina.com

Adelaide Symphony Orchestra

27 July at 3pm and 6.30pm

Location: Centenary Hall, Goolwa

For over 80 years, the internationally acclaimed Adelaide Symphony Orchestra (ASO) has played a major role in Adelaide's cultural and economic vibrancy. With a reputation for vitality and versatility the ASO enriches the community through a diverse program of world-class performances each season. In 2019, our acclaimed ASO will again extend its audience beyond the concert halls of Adelaide through its 'Out of the CBD' series returning to Goolwa for two classical musical performances.

Bookings: 1300 466 592

www.visitalexandrina.com

Adelaide Guitar Festival's Resonance Program

28 July at 1.30pm

Location: Goolwa Library, Goolwa
Treat yourself to a special taste of the biennial Adelaide Guitar Festival with celebrated world-class musicians performing live in an intimate performance at the Goolwa Library.

Bookings: 8555 7000

www.adelaideguitarfestival.com.au

Stranger than Fiction III*

1 August – 28 August

Location: Strathalbyn Library, Strathalbyn

Forming part of the South Australian Living Artists Festival, Stranger than Fiction III sees artists respond to their favourite book or current read in this fusion of visual and literary arts.

Enquiries: jaw@alexandrina.sa.gov.au

sa.gov.au

www.visitalexandrina.com

What Privilege – The Colony Exhibition*

1 August – 1 September

Location: South Coast Regional Arts Centre, Goolwa

A series of provocative multi-media installations,

Enquiries: jaw@alexandrina.sa.gov.au

sa.gov.au

www.visitalexandrina.com



Honesty UNSOLVED
Matt Tarrant

Award winning Australian magician, mentalist, story teller and entertainer.

Matt presents a brilliant solo show packed with interactive, engaging magic and mind-blowing mentalism. Honestly UNSOLVED is a show of impossibilities containing all-new tricks from this award-winning, critically acclaimed performer. Having sold out at the Adelaide Fringe Festival for the last four years Matt's been winning over audiences for more than a decade and it's clear he's not messing around. Matt Tarrant promises to leave audiences happily bewildered - even the biggest sceptics won't be able to figure out how he does it.

Where Centenary Hall, Goolwa

When 22 June at 7.30pm

Bookings: 1300 466 592

www.visitalexandrina.com

In My Case – Two day workshop

3 and 10 August

Location: Strathalbyn Library and Community Centre, Strathalbyn

Bookings: 1300 466 592

www.visitalexandrina.com

In My Case (Exhibition)

15 August - 1 September

Location: Strathalbyn National Trust Museum

Open Thu, Sat and Sun 1.30-4.30pm

Enquiries: 8536 2656

The Magnolia Tree

10 August at 7.30pm

Location: Centenary Hall, Goolwa

Bookings: 1300 466 592

www.visitalexandrina.com

The Beggars Sing The Seekers – Golden Jubilee Celebration

21 August at 2pm

Location: Centenary Hall, Goolwa

Bookings: 1300 466 592

www.visitalexandrina.com

The Goolwa Concert Band

25 August at 2pm

Location: Centenary Hall, Goolwa

Bookings: 1300 466 592

www.visitalexandrina.com

Keep up to date with upcoming and new Council events by visiting Council's website or via the tourism website:

www.alexandrina.sa.gov.au

www.visitalexandrina.com

* Free event

Getting the 'band' back together

The Victor Harbor City Band is back in concert in the Victor Harbor Town Hall on the weekend of June 15-16 at 2pm – and it deserves our support.

Ever since it was formed in 1897 it has served the community almost continuously, and to keep the band playing a budget of more than \$20,000 is needed each year. The costs grow higher as the music gets better each year due to the expense of instrument purchase and maintenance, uniforms, music, transport, lights and music stands. The Victor Harbor City Band keeps going because of greatly appreciated support from the City of Victor Harbor, Rotary Club of Encounter Bay and local traders.

The band's major fundraiser is its annual concerts.

Band stalwart, solo cornet player Vic Walter has been with the band for more than 60 years, and has featured playing *The Last Post* and *Reveille* at local RSL ceremonies twice a year for decades. Many commented of his wonderful renditions at this year's Anzac Dawn Service at the Memorial Gardens on Flinders Parade on the Victor foreshore, and on the previous Saturday at the Victor Harbor Golf Club.

As usual, this year's concert will contain a variety of popular and traditional brass band



music including entertaining items from groups within the Band. Tickets at \$15 are available from Swan's Pharmacy, Victoria St., Victor Harbor or at the door.

And thank you to the local traders who helped the band with beautiful prizes for a raffle.

ASO COMING BACK

The amazing Adelaide Symphony Orchestra is coming back to perform at the Centenary Hall, Cadell St, Goolwa on Saturday, July 27. With a reputation for vitality and versatility, the ASO enriches the community through a diverse program of world class performances each season. The orchestra will perform two classical musical performances at 3pm and 6.30pm. Suitable for all ages, tickets adult \$40, concession \$35, groups 6+ \$35 per person (transaction fee applies). Book early. Contact 1300 466 592.

BAND FESTIVAL

The Fleurieu Peninsula is preparing to be invaded by about 20 concert, swing, brass and town bands who will compete in the annual Strathalbyn Bands Festival in the Strathalbyn Town Hall, High St, over two Sundays, on August 4 and 11.

Each band brings its own unique approach to providing non-stop entertainment and brilliant musicianship. Contact 0419 373 135.

English Rose Funerals

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Spirit Australia

Presenting an exciting cruise from September 17-19 capturing all of the splendour of the mighty River Murray and a true Australian outback stay – welcome to a wonderful adventure with Spirit Australia Cruises. Departing from Mildura, Victoria, cruise 320km along the mighty Murray River venturing to an ancestral path along the anabranch to historic Ned's Corner Station. Experience a real outback stay with camp fires and camp-oven dinner by night.

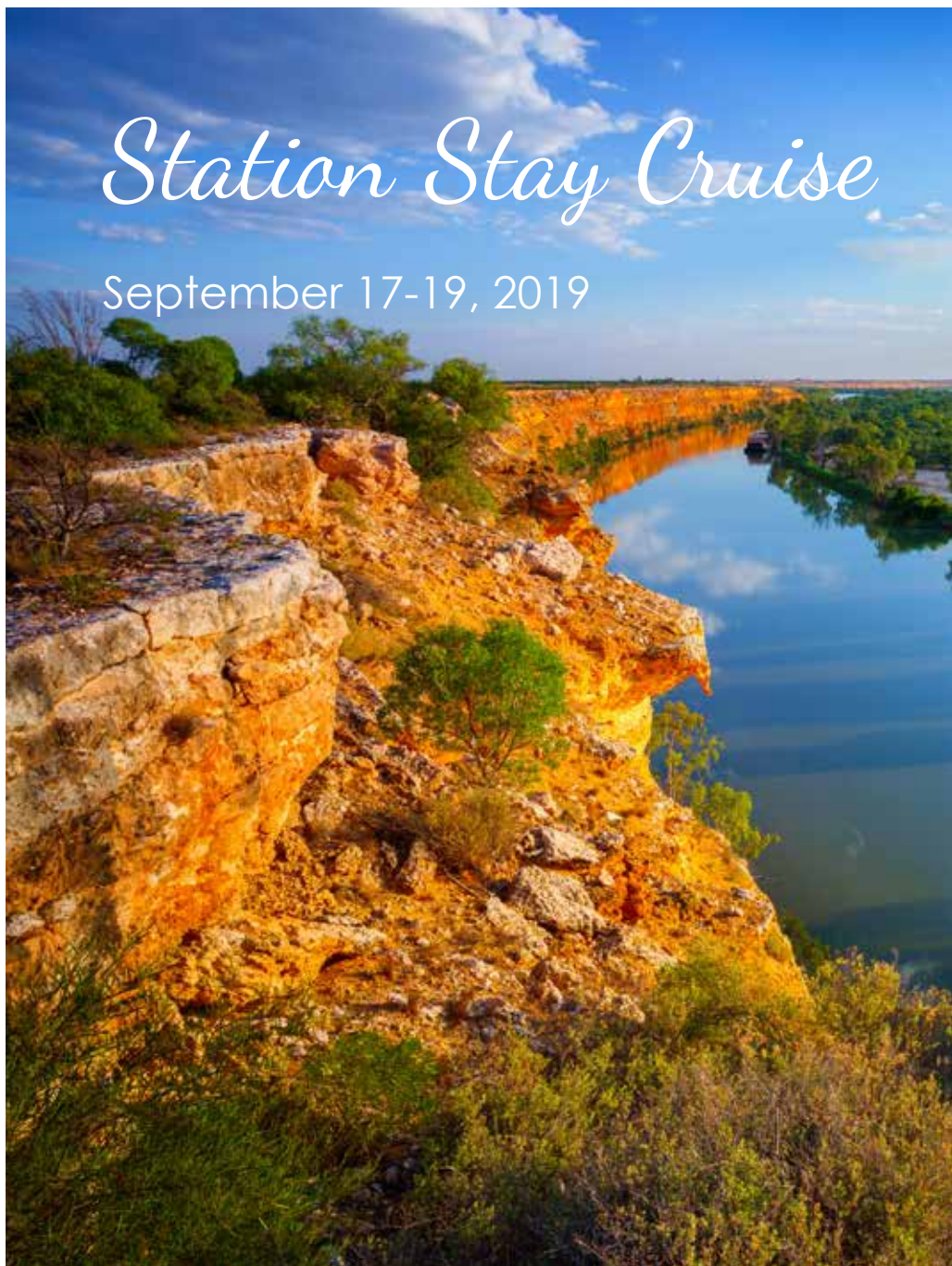
Relax and enjoy the magnificent surrounds as you cruise downstream through six locks and past the townships of Mildura, Wentworth and Renmark, Frenchman's Creek and Rufus River. Visit the renowned Wilkadene boutique Woolshed Brewery.

Priced at \$995 per person twin accommodation, this remarkable three-day and two-night adventure tour includes cruise, all meals and accommodation. But hurry – there is limited availability. Contact the friendly team at Spirit Australia Cruises. Call or drop into their booking office on the Wharf at the historic River Port of Goolwa for more information or to make a booking.

Spirit Australia Cruises is a highly respected Goolwa-based company that enjoys a long and proud history of building and operating boats specifically designed for Murray River and inland water conditions. It is owned by the Veenstra family, who have been pioneers of Murray River leisure cruising since the 1960s.

Now, with more than 50 years cruising experience and a wide knowledge of the river environment, its landscapes, history, bird and wildlife, Spirit Australia Cruises has earned a well deserved reputation for high quality, professional cruising programs.

Spirit Australia Cruises offers a host of day-cruising options into the Coorong National Park plus extended multi-day journeys along the entire River Murray, the Gippsland Lakes in Victoria, the Great Central – Myall Lakes in New South Wales, and along the Brisbane River to the Gold Coast in Queensland. Every river cruise is special, but this one also comes with a unique Australian feel. It's about lifetime memories.



Station Stay Cruise

September 17-19, 2019



- Departs & returns
- 3-day / 2-night
- Anabranch to Ned's Corner Station
- Ned's Corner Station Brewery
- Campfires, camp-oven dinner by night
- Includes all meals and accommodation
- Travel 320km

Cruises



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 & Ned's Corner Station accommodation
 er woolshed tour & Wilkadene Woolshed
 camp-ovens & a true outback river
 meals, accommodation & cruise
 n on the River Murray

Spirit Australia Cruises

1800 442 203

(08) 8555 2203

bookings@spiritaustaliacruises.com.au

www.spiritaustaliacruises.com.au

Enjoying life on Mars

Life on Mars (pictured) isn't about being on the biggest wooden boat on Australia's biggest river, the mighty River Murray, but offering something special that this world needs. Like that of the Bendigo Community Bank who continually capture the attention of their community because they dare to be different.

It was therefore fitting that the Fleurieu Peninsula branches of the Bendigo Bank led by the Goolwa & District Community Bank were collectively the major sponsor of the South Australian Wooden Boat Festival at the River Port of Goolwa in April.

More than 12,000 people – mostly families – were overawed by the magnificent paddle steamers PS Oscar W. and Marion in all their splendour, but it was the smaller wooden boats like Mars that also won their hearts because of their uniqueness, attention to detail and being at the forefront of a highly competitive event.

How many tourism events of this magnitude are free like the SAWBF? Very few. And because they dare to be different how many banks give 80% of their profits back to the community? The Bendigo Bank does.

The South Australian Wooden Boat Festival was a huge success because every-day people on a very small committee had the courage and love for their community to allow entrants like Mars to be part of a big event. These volunteers, with tremendous support from Alexandrina Council and South Australian Tourism Commission, worked hard for their community,



as do the volunteer board members of the Bendigo Bank Community branches.

This festival for the community wasn't about making a huge profit, but doing what it best for the region that we all love and want to invest in. It's the Bendigo Community Banking ethos. The festival wouldn't go on every two years without that return support from the community, and again, without support of the community the four Fleurieu branches of the Bendigo Bank would not be able to support communities across the region in return. In some ways, it's like being "all hands-on deck" to move forward.

These branches also do a lot more than support community events and projects – their point of difference again comes to the fore front with personal service and a suite of banking products to suit

the needs of every-day Australians.

We are experiencing challenging times in this world, but together we can make a difference. Just like smaller crafts help make our wonderful Wooden Boat Festival a success the support of every-day people makes a community. And the team at the Fleurieu locations of the Bendigo Bank have always been there for both.

Life on Mars might seem small, but without it we don't have a flotilla across our glorious river.

Samantha Bitter – Fleurieu Business and Community Manager

Mbl: 0448 788 650

Where you may have found us supporting the Fleurieu Peninsula:

- RSPCA Million Paws Walk
- Goolwa Yacht Race
- Tooperang Hall
- St Jude's Church Art Show
- SA Apiarist Association annual conference
- Seaford Rotary Bunnings Sausage Sizzle
- Future Farmers

Top Tip of the Month

When was the last time you did a "health check" on your banking?

Regular "health checks" can help ensure your banking is meeting your personal and business needs.

Call one of our Fleurieu branches to book yours today.

Aldinga Beach: (08) 8557 8166

Willunga CSC: (08) 8225 2900

Goolwa: (08) 8555 2288

Victor Harbor: (08) 8551 3900

There are four big reasons to try number five.



Fleurieu - Aldinga Beach, Willunga, Goolwa & Victor Harbor

When life is like a soup bowl

Uncertainty surrounds whether there are more elements in the delicious soup or within the maker – the Goolwa Community Centre. Whatever, as winter begins both are warming a lot of hearts.

The centre has been selling bowls of soup every Tuesday and Wednesday lunch time as a fundraiser, and next term from July 23 will add nutritional, predominantly vegetarian takeaway meals to the menu – all \$5 each and for a great cause.

It is a nice venture, but the common ingredient in all this is the fact the Goolwa Community Centre is what the name suggests – for the community. It just happens to include some people who may have an integration difficulty, but nonetheless this marvellous organisation is about inclusiveness.

This change in focus to open its doors to everyone to feel a sense of belonging, engage in new friendships and just be themselves in a positive and endearing environment coincides with the move into new premises, the former LJ Hooker office at 25 Cadell Street on July 1.

The transformation of the Goolwa Community Centre (GCC), under the governance of Alexandrina Connect, has seen the best in this River Port town emerge. It was the local Cross family at their Goolwa Hotel who organised a team of amazing tradespeople at their cost to put the new premises in shape and include an art studio out the back.

Remarkably, a dear family bequeathed an olive grove on Hindmarsh Island to the GCC, and Goolwa's football team, the Goolwa & Port Elliot Magpies, will set about picking the olives off 1200 trees from which olive oil will be produced. We cannot say for sure this olive oil will be the finest this side of



“It is the place to be because every community needs a place where anyone can connect and everyone belongs.”

– Jane French, manager
Goolwa Community
Centre

Italy, but rest assured it will come with a lot of love.

GCC manager Jane French said the olive grove venture in time would create opportunities for every-day members of the community who may be unemployed to develop a work ethic and skills which hopefully will enable them to enter a far

more secure environment.

“We would like other community groups or clubs to become involved,” Jane said.

“We are also asking everyone what would they like to see in their community centre.

There may be those who are looking for somewhere to go as a base.

Continued P20

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An example of some of the Goolwa Community Centre programs in the first term this year, and of some of the members and volunteers.

From P19

"We are not audience specific, and that is how you build a real community centre. "This is about meeting every-day people at a community centre and strengthening their community network.

"We want to provide a centre for a variety of reasons, maybe cooking classes for mums and dads and their kids, sewing classes for our youth, and professional business services. We need community feedback on what programs they would like to be part of. "Our goal is to see 300 people walk through our doors every week and feel a sense of belonging in their town of Goolwa. Our new centre can be a venue for hire, or rented office space."

Jane said the GCC lives by its creed that it is the place to be because every community needs a place where anyone can connect



and everyone belongs.

"There is misconception who we really are," Jane said. "We are for everyone. Yes, we have helped those with a challenge of some kind, but to be a genuine community there is a strong need for integration to expose everyone's strengths and develop character."

Jane believes that every town has a degree of social isolation, and it is up to the community to help and offer support. You



won't find the carrots or the celery to one side in the Goolwa Community Centre's soup. Here, there is room for everything and everyone to share a sense of inclusiveness.

For more information about the Goolwa Community Centre, or if you would like to assist please contact Jane at the centre on 8555 3941 or e: manager@alexandrinaconnect.org.au



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June 2019

Newsletter of the Victor Harbor & Port Elliot Neighbourhood Watch: Area 425

Rug up and lock up - it's winter

Winter is here, and while residents are more likely to stay at home more often the need to think about our safety and security remains of paramount importance.

It is not always easy for some people to make their home safer, and if so they should consider inquiring about the SAPOL Home Assist Program. Funded by the Commonwealth Government, the aim is to improve home security and personal safety of eligible service users allowing them to remain in their homes. SAPOL works with local councils, health services and other agencies to support service users. The South Australian Government supports SAPOL to deliver services to people living with a disability and their carers. The program is available for people eligible for Commonwealth Home Support. The criteria is: 65 years and over, or Aboriginal and Torres Strait Islander (50 years and over) or under 65 years living with a disability or carers of people who meet the criteria.

A SAPOL coordinator will visit and conduct a free security audit of your home. You will be given written documentation highlighting security issues that could be improved, and will be provided with details of the Home Assist representatives within your council area. Contact your local council for more information.

It is also a good idea to do 'property marking', a NHW project designed to reduce theft of valuables. By individually marking all property, if any of the items are stolen it is far more difficult to sell and thus less attractive to a

thief. Marked property assists police to trace the owners quickly. There are effective ways to mark your property including engraving, ultra violet pen, and data dots.

Jewellery items may not be suitable for engraving so consider photographing it and other items like paintings and antiques for identification/insurance purposes. NHW also provides "Items marked for Identification" stickers to place on your property as deterrent warnings. Please contact Hills Fleurieu Police Crime Prevention Section on 8398 1752.

Heading north for winter? Use automatic timers to turn on your lights and radios at home. Ask a neighbour to occasionally park their car in your drive and to collect your mail, set your alarm, lock valuable items and paperwork in a safe and turn off your water. Above all, leave your emergency contact details with a valued neighbour or relative. When travelling, do not leave valuables in open view in your car. And make sure that you have fully maintained your vehicle and done all the safety checks, especially tyres. Drive carefully. - **Ray Kleco, Area co-ordinator**

Neighbourhood Watch Area 425 will have a promotional display/information booth at the Victor Harbor centre in mid-June. Next general meeting open to the public is Thursday, August 22 at Old School House (next to KFC), Torrens St, Victor Harbor at 1.30pm. SAPOL will present a crime report and there will be a guest speaker.

Disclaimer: This publication has been prepared as a public service initiative and while every care has been taken in its preparation no warranty is given nor representation, either express or implied, made regarding the accuracy, currency or fitness for purpose of the information, advice provided and no liability or responsibility is accepted by the State of South Australia, its instrumentalities, South Australia Police (their agents, officers and employees) and Neighbourhood Watch SA (Neighbourhood Watch Volunteers Association of SA Inc.) for any loss suffered by any person in consequence of any use of and reliance placed by any person upon the said information or advice.



Supporting Better Communities

Victor Harbor Police Station: 8552 2088

South Coast & Dist. Hospital: 8552 0000

Power faults & emergencies: 131 366

State Emergency Services: 0413 5112 440

Poisons information Centre: 131 126

Kids Help Line: 1800 551 800

Free graffiti removal kits: 8552 1468

RSPCA Cruelty Hotline: 1300 477 722

Contacts

Area co-ordinator & newsletter editor: Ray Klecko 0438 364 870

Secretary: Judi Ibbotson 0429 939 539
nhwvhpe@gmail.com

Police Liaison officer: Snr Constable Matthew Secombe 8552 2088

Treasurer: John Mildrum 75524880

Graffiti & events: Margaret Kneebone 0408 859 924

Membership officer: Thelma Zrna 8552 5089

Committee members: Deane Michelmore, Andrew Robertson. ex-officio members: Mark Zrna, Eddy Mignanelli.

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Puzzles

Puzzle answers P26
(and don't cheat!)

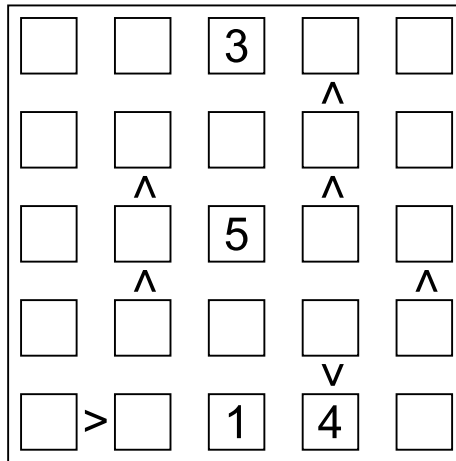
Target Time



Target: Average 20, Good 24, Excellent 27+.

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in 's'. Reference Source: *Macquarie Dictionary*

Futoshiki



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The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A less-than sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution.

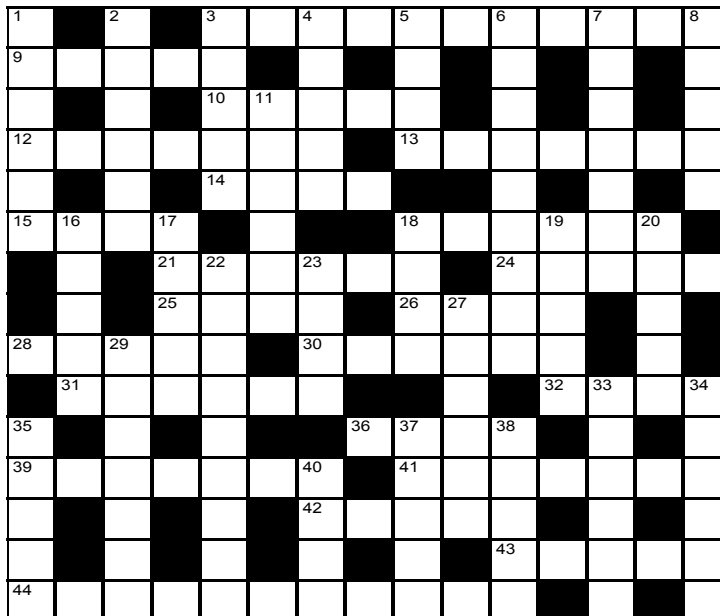
Crossword

Across

- 3 Made cheerful
- 9 Perfect
- 10 School furniture
- 12 Public performance
- 13 Circus swing
- 14 Emit fumes
- 15 Waistband
- 18 Tall tapering structures
- 21 Painter
- 24 Helped
- 25 Examine
- 26 Consumes
- 28 Advises strongly
- 30 Meal course
- 31 Spiritualist
- 32 Stagger
- 36 Cicatrice
- 39 Twine about
- 41 Very foolish
- 42 South American mountains
- 43 Flying toys
- 44 Beloved persons

Down

- 1 Form of entertainment
- 2 Sport



- 3 Church office bearer
- 4 Inconsiderate speed
- 5 Final
- 6 Take reprisals
- 7 Rose aloft
- 8 Postpone
- 11 Builds
- 16 Danger signal

- 17 Disliked intensely
- 18 Let it stand
- 19 Stair step's vertical face
- 20 Sanity
- 22 Springing back
- 23 Article
- 27 Gallery of shops
- 29 Expressive movement

- 33 Landed property
- 34 Destructive insect
- 35 Goddess of love
- 37 Apple drink
- 38 Hazards
- 40 Comfort

LAUGH LINES

Aaaarrrr, me mate

A bloke goes into a pet shop and says to the sales person: "I am playing Long John Silver in a local play Treasure Island and need a parrot to sit on my shoulder."

The salesperson says: "I don't have any parrots at the moment, but you wouldn't want a real parrot for that. It would squawk in all the wrong places, poop on your shoulder and generally be a nuisance. What you need is a stuffed parrot. Just as realistic and easily controlled."

The man says: "I'm not sure a stuffed parrot would be okay... I do want this performance to be as realistic as possible."

The sales person says: "I am sure a stuffed parrot would be fine; I have one at home and I can bring it in tomorrow and you can have it. I am certain you will look very realistic."

The man says: "Thank you, but I can't come in tomorrow. I'm having my leg cut off."

Ear-a-tating

Simon and Fred are working on a building site when suddenly a sheet of iron falls off the roof and slices poor Simon's ear clean off.

The pair rush around the site trying to find the ear in time to sew it back on. Eventually, Fred spots it and runs over to Simon.

Fred asks: "Is this yours?"

And Simon says: "No, mine had a pencil behind it."

Boom, boom...

Peter's mum and dad stay with their son one night in his new unit, and when they get there very late from going out his dad asks him why he has a big brass gong and a brass hammer in the hallway.

The son says says: "That's a talking clock."

His dad says: "Don't be so stupid."

The son gives it a big 'gong' and this voice says: "Bloody hell mate it's two o'clock in the morning."

Oh, the pain

Eight-year-olds Justin and Alexander are alongside each other waiting outside the operating room at the local hospital when Justin asks: "What are you in here for?"

Alexander says: "To get my tonsils out and I'm a little nervous."

Justin says: "You've got nothing to worry about. I had that done when I was four. They put you to sleep, and when you wake up they give you lots of jelly and ice cream."

Alexander then asks: "What are you in here for?"

Justin says: "A circumcision."

Alexander says: "Good luck. I had that done when I was born and I couldn't walk for a year."

Hounded

A sad Bassett Hound relates his troubles to his friend. He says: "I'm really depressed all the time and I think negative thoughts. I'm always bored, I feel listless and I am always tired."

His friends suggests that he sees a psychiatrist.

The Bassett says: "I'd like to, but I'm not allowed on the couch."

Great catch

It's raining and a little old ragged-looking man stands outside of a pub dangling a piece of string into a puddle. A curious gentleman comes over and asks what he's doing.

The old man says: "Fishing."

The gentleman feels sorry for him so he invites him inside the pub and buys him a pint of beer. Making conversation he asks the old man: "Caught any today?"

And the old man says: "Yes, you are the eighth."

The answer

A bloke in the front bar complains how he can never remember his password when he goes to an ATM. His mate says: "I can never forget mine."

Curious, the first man asks how. And the other says: "I have 'incorrect' as my password, so when I forget it I put in any letters and it tells me: 'your password is 'incorrect'."

Dad jokes...

What is the butchers' song? Butcher your arms around me honey, hold me tight. How do you make an egg roll? Push it. What's a caterpillar's worst enemy? A dogerpillar.

Why did the cat sit on the computer? To keep an eye on the mouse.

Where do American cows come from? Moo York.

What two things can you not have for breakfast? Lunch and dinner.

COMMUNITY MARKETS

A free guide... to join the list or make changes please advise: info@coastlines.com.au

CHRISTIES BEACH - ORIGINAL OPEN MARKET: The Reserve, Beach Road, Christies Beach first and third Sunday of each month 8am-1pm. T: 0405 025 968.

CITTASLOW GOOLWA FARMERS MARKET: Second and fourth Sundays of the month, 9am-1pm at Jeralde Park, Goolwa Wharf. Enquiries: Jane 0419 855 148.

GOOLWA WHARF ROTARY MARKET: First & third Sundays 9am-3pm at the reserve by Goolwa Wharf. Enquiries: 0459 786 469; ebrotarymarkets@gmail.com

INMAN VALLEY COMMUNITY MARKET: First Saturday of the month 10am-2pm at Inman Valley Memorial Hall. Kate 8558 8242.

KANGAROO ISLAND: KI Farmers Market & KI Community Market: First Sunday of the month 9am-1pm at Penneshaw Oval.

MILANG BUTTER FACTORY MONTHLY MARKET: Second Saturday of each month, 10am-3pm at the Milang Institute, Coxe St. Great stalls. Local live music.

McLAREN VALE FLEURIEU SA ARTISAN MARKET: First Saturday of each month. T: 8323 9944.

THE VALE MARKET: McLaren Vale and Fleurieu Visitor Information Centre, Main Road, McLaren Vale Monday, June 10 10am-3pm.

MOANA MARKET: Pioneers Memorial Hall, Nashwauk Crescent, Moana second Sunday of each month 9am-1.30pm. T: 8327 0480 (AH) or Jo at 0412 630 518.

MYPONGA MARKET: Weekends & public holidays 9.30am-4pm at Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

PORT ELLIOT ROTARY MARKET: First & third Saturdays 9am-2pm Lakala Res, Rosetta St. Enquiries: 0459 786 469, ebrotarymarkets@gmail.com

VICTOR HARBOR FARMERS' MARKET: Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor. Enquiries: 0438 858 667.

VICTOR HARBOR COUNTRY MARKET: Second and fourth Sundays of month, 9am-4pm, at Soldiers' Memorial Reserve, Victor Harbor. Enquiries: 8556 8222.

VICTOR HARBOR CREATIVE CRAFTERS MARKET: First Saturday of month 10am-3pm in the Senior Citizens' Hall, Hill St, Victor Harbor. Enquiries: Janet 8556 8222.

VICTOR HARBOR VEGGIE SWAP MARKET: First Sunday of each month 10am-noon at Carrickalinga House, cnr Hill and Torrens Streets, Victor Harbor. Enquiries 8552 9423 or www.scecentre.com.au

WILLUNGA ARTISANS & HOMEMADE MARKET: Old Show Hall, Main Road, Willunga second Saturday of each month 9am-1pm. T: Mary 0414 361 817.

WILLUNGA FARMERS' MARKET: Every Saturday, 8am-12.30pm at Willunga Town Square. Enquiries: 8556 4297 or Jeni 0411 049 570.

WILLUNGA GREEN LIGHT ORGANIC MARKET: Every Saturday of the month; 9am-1.30pm. Willunga Recreation Park, Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY MARKET: Second Saturday of the month 9am-1pm at Aldinga Rd, Willunga. Enquiries: 0408 897 393.

YANKALILLA CRAFT & PRODUCE MARKET: Third Saturday of the month 9am-1pm at Agricultural Hall, Main Rd, Yankalilla. Enquiries 8558 3346.

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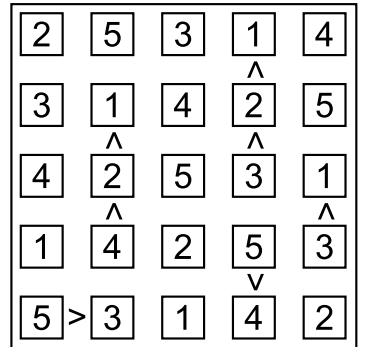
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From P22



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Rocketman

(CTC) Biographical musical movie starring Taron Egerton, Jamie Bell and Richard Madden. Directed by Dexter Fletcher. A musical fantasy about the fantastical human story of Elton John's breakthrough years. Commenced May 31.



All Is True

(M) Biography, drama, history movie starring Judi Dench, Ian McKellen and Kenneth Branagh. Directed by Kenneth Branagh. The year is 1613, and Shakespeare is acknowledged as the greatest writer of the age. But disaster strikes when his renowned Globe Theatre burns to the ground. Devastated, Shakespeare returns to Stratford, where he must face a troubled past and a neglected family. Commenced May 31.



Red Joan

(M) Biography, drama, romance starring Judi Dench, Sophie Cookson. Directed by Trevor Nunn. English born Joan Stanley, a Soviet and communist party sympathiser, becomes employed as a British government civil servant, and gets recruited by the KGB in the mid 1930s. She successfully transfers nuclear bomb secrets to the Soviet Union (Russia), which enables them to keep up with the west in the development of atomic weapons, and remains undetected as a spy for over a half a century. Commences June 7.



Men in Black: International

(CTC) Action, comedy, sci-fi movie starring Chris Hemsworth, Liam Neeson and Tessa Thompson. Directed by Gary Gray. The Men in Black have always protected the Earth from the scum of the universe. In this new adventure, they tackle their biggest threat to date: a mole in the Men in Black organization. Commences June 14.



Yesterday

(CTC) Comedy, fantasy, music movie starring Ana de Armas, Lily James and Kate McKinnon. Directed by Danny Boyle. A struggling musician realises he's the only person on Earth who can remember The Beatles. Commences June 28.



Tolkien

(CTC) Biography, drama starring Lily Collins and Nicholas Hoult. Directed by Dome Karukoski. Tolkien explores the formative years of the orphaned author as he finds friendship, love and artistic inspiration among a group of fellow outcasts at school. This takes him into the outbreak of World War I, which threatens to tear the "fellowship" apart. All of these experiences would inspire Tolkien to write his famous Middle-Earth novels. Commences June 14.

CHECK MOVIE TIMES ON WEBSITE:

www.victacinemas.com.au



Wednesday morning coffee session

Coffee sessions are held Wednesday mornings from 10am outside of school holidays. Come along and enjoy coffee & cake, door prizes and a new release movie in a friendly, relaxed atmosphere. Cost: \$12.



John Wick: Chapter 3 – Parabellum

(MA15+) Action, thriller starring Keanu Reeves, Halle Berry and Ian McShane. Directed by Chad Stahelski. In this third installment of the adrenaline-fueled action franchise, skilled assassin John Wick (Keanu Reeves) returns with a \$14 million price tag on his head and an army of bounty-hunting killers on his trail. After killing a member of the shadowy international assassin's guild, the High Table, John Wick is excommunicado, but the world's most ruthless hit men and women await his every turn. Commences June 7.



Toy Story 4

(CTC) Animation, adventure, comedy starring Tom Hanks, Tim Allen and Joan Cusack. Directed by Josh Cooley. Woody, Buzz Lightyear and the rest of the gang embark on a road trip with Bonnie and a new toy named Forky. The adventurous journey turns into an unexpected reunion as Woody's slight detour leads him to his long-lost friend Bo Peep. As Woody and Bo discuss the old days, they soon start to realise that they're worlds apart when it comes to what they want from life as a toy. Commences June 21.

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Creamy Parsnip & Cauliflower Soup

Ingredients

30g butter
1 medium onion, chopped
600g parsnips, peeled and diced
600g cauliflower, cut into florets
3 cloves garlic, minced
6 cups vegetable stock
1 small green chilli, seeds removed, finely sliced
¼ teaspoon cayenne pepper
¼ teaspoon paprika
salt & pepper for seasoning
bread cut into cubes
olive oil
grated parmesan cheese
chopped flat leaf parsley

Method

In a large saucepan, melt butter over medium heat. Add chopped onion and stir until softened (about 3 minutes). Add parsnip, cauliflower and garlic and cook until softened – about 15 minutes – stirring occasionally.

Add vegetable stock, chilli, cayenne pepper and paprika. Add to soup. Stir to combine. Continue heating over medium heat until almost boiling, then reduce heat and simmer for 10-15 minutes. Remove from heat. Season with salt and pepper, then allow to cool enough to blend using either a stick blender, or electric whizz blender.



To make croutons, pre-heat oven to 200°C. Line a baking tray with baking paper. Place cubes of bread on tray, drizzle with olive oil and bake for 7-10 minutes or until light golden. Toss using tongs, then sprinkle with parmesan and bake another 5 minutes, or until crisp and golden.

Re-heat soup, and serve drizzled with cream, croutons and a sprinkle of chopped parsley.

Note: Sourdough bread makes delicious croutons. One medium cauliflower is approx 600g of florets.

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YOUR BEST SELF

Braised Lentils with Caramelised Onion

Ingredients

1 cup French-style lentils, rinsed
 3 cups vegetable stock
 2 tablespoons olive oil
 1 large yellow onion, peeled and diced
 1/3 cup brown sugar
 2 tablespoons balsamic vinegar
 2 cloves garlic, crushed
 1 medium carrot
 2 celery stalks
 2 tablespoons fresh chopped parsley
 black pepper for seasoning
 pinch of salt
 1 tablespoon olive oil, extra
 1 tablespoon balsamic vinegar, extra



Method

Place rinsed lentils and vegetable stock in a saucepan. Bring to the boil then reduce heat and gently simmer for 20-25 minutes, or until lentils are almost tender, and still holding shape.

Heat olive oil in a frying pan over medium heat. Add chopped onion and cook until onions begin to change colour, stirring occasionally. Stir through sugar and balsamic vinegar and reduce heat to low and saute for 15-20 minutes, or until caramelised, stirring occasionally. Remove from heat.

Vegetarian

While onions are cooking chop carrot and celery into small pieces.

Add drained cooked lentils to onions together with chopped vegetables, crushed garlic, parsley, black pepper and salt. Add extra olive oil and balsamic vinegar, and over medium heat stir until vegetables are cooked through – about 7-10 minutes. Serves 4.

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