Your community magazine

# FREE **Coast Lines**

December 2018 Vol. 8 #106

Merry Christmas!

**Our tin** shed men behind the Storm Boy boat

# 100+ places to go and things to do these holidays





Trilok

# Father Christmas is coming to Victor Central...

## Visit Father Christmas Wednesday 19 - Monday 24 December 10.30am - 1.30pm (Monday - Saturday) 11am - 2pm (Sunday) FREE goodie bag for all the children! Don't forget to bring your camera.

## FREE Face Painting & Twisted Balloons Wednesday 19 December 10.30am - 1.30pm

# **Christmas Photo Stand**

Don't forget to stop by and take a photo as your favourite Christmas characters this festive season!

Lions Club Gift Wrapping & Christmas Cakes Monday 17 - Monday 24 December 9am - 4pm Sing Australia Choir Saturday 15 December at 10.30am 90.1 Happy Shop Monday 17 - Monday 24 December 12pm - 2pm



# December



### This month

The December birth flowers are holly and narcissus (paperwhite). Christians adopted the holly tradition from Druid, Celtic and Roman traditions, and its symbolism changed to reflect Christian beliefs. Narcissus is a genus of predominantly spring perennial plants, and is commonly referred to as a daffodil (pictured).

December has four birthstones – Turquoise (colour in heading) tanzanite, topaz, and Zircon. The zodiac signs are Sagittarius (December 1-21) and Capricorn (December 22-31.

### **Christmas Day**

Christmas, of course, is a celebration of the birth of Christ, but there is no mention of the actual day he was born. It wasn't chosen as the official holiday on December 25 until the third century, and some argue that the date was picked because it coincided with the pagan festival of Saturnalia, celebrating agricultural god Saturn with partying and gift-giving. Historians believe Christ was actually born in the spring.

There is a saying that when writing this special day as 'Xmas' it removes Christ from Christmas. Maybe not. Some claim that as far back as 1100 the word 'Christianity' was spelled *Xianity*. Also, *X*, or *Chi*, in Greek is the first letter of 'Christ' and served as a symbolic stand-in. In 1551, the holiday was *Xtemmas* but was eventually shortened to *Xmas*.

If you want to impress at the Christmas lunch table rattle off the names of the eight reindeer that pulled Santa Claus' sleigh the night before because most people don't know them all – Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Dunder (variously spelled Donder and Donner) and Blixem (variously spelled Blixen and Blitzen) and Rudolph.

It was 80 years ago this year that Robert L. May, a copywriter, first invented *Rudolph*, the oddball reindeer, as a marketing gimmick for Montgomery Ward's holiday colouring books (pictured). May considered naming



Just a thought... Santa has to be a man. No woman would wear the same outfit year after year.

> the beloved misfit Reginald and Rollo, and his nose wasn't originally going to be red because this was viewed as a sign of sign of chronic alcoholism.

> This Christmas also marks the 200th anniversary of the first image of Santa flying his sleigh, created by Washington Irving, who also gave us the *Headless Horseman* in his book *The Legend of Sleepy Hollow*.

Finally, we can reveal where you may find Santa Claus all year round. It's the name of a village resort on the west coast of India. We ask: Does the concierge at the resort say to the guests: *"Ho, ho hope you have a nice day"?* 

### Decembeard

Is this a new fad for Crows' fans? Maybe. It's a real beard on this chap, but no need to go to extremes for this fundraiser. Bowel cancer is the second deadliest cancer, but



your chances of recovering from the disease are better than for many other cancers if you catch it early enough. To help fund the need for even greater research Bowl Cancer Australia is appealing to blokes around the nation to sign up for Decembeard. Start growing today! Visit: www.decembeard.org. au





### COVER

A spectacular aerial view of a jet skier at Encounter Bay to promote our super holiday guide starting on page 13. Image: Isaac Forman/Serio - South Australian Tourism Commission.

# Ho, ho, ho... run 'Santa', run!

Imagine this... 25 or more Father Christmases running through the streets of Victor Harbor. Of course, the REAL Father Christmas is not quite fit enough to be part of this having an insatiable desire for Christmas mince pies. The run will be done by members of our local Fleurieu Outdoor Activity Management (FOAM) team dressed in make-believe Santa

suits adding a very new meaning to a fun run when they follow the route of the Victor Harbor Pageant on Saturday, December 8. FOAM has for the past four years organised

the popular Powerbar Fun Run Series which inspired the start of Victor Harbor parkrun. This time they will all set off 15 minutes before the official 5.30pm opening of the pageant much to the cheers and delight of



A co-operative Art Gallery of local award-winning and emerging artists, gifts, paintings, ceramics, leather, jewellery, woodwork & much more. Gallery open every day 11am-4pm www.artatgoolwa.com 13 Porter St, Goolwa (behind Goolwa Hotel) T: 8555 0095 families lining the streets.

The Victor Harbor Pageant is being presented by the Rotary clubs of both Victor Harbor and Encounter Bay, and promises to be the best yet. The Community Carols will start following the pageant in Grosvenor Gardens, and children will get the chance to meet Santa in the rotunda. Adding to this fabulous family event will be market and food stalls.

Of course, Father Christmas cannot do everything, and leading up to Christmas children will be able to search for one of his helpers, Albert the Elf. He will be in local shops and businesses along the Ocean Street, Victor Harbor precinct leading up to the pageant. If children find Albert they may have their photo taken with him, post it on Facebook or Instagram with #ifoundalbert and have the chance to win some great prizes. More information may be found on the Victor Harbor Mainstreet Facebook page. Families may also visit Santa's Cave in Sportspower on the Friday and Saturday, December 21-22 from 10am-1pm, and on the Sunday from 11am-2pm. Each child will receive a small free gift.

If Father Christmas wasn't busy enough, he will also appear at Victor Central Shopping Centre from Wednesday, December 19 til Christmas Eve from 10.30am-1pm Mon-Sat and 11am-2pm Sunday. What an effort!



### OTHER PAGEANTS

**Sunday, December 9, 6-8.30pm:** The McLaren Vale Community Christmas Parade. Enjoy the parade of colourful floats along Main Road McLaren Vale from Field Street to Valley View Drive.

**Sunday, December 16, 6pm:** Goolwa Christmas Festival starting from the main oval, and proceeding down Cadell Street. The festival also includes children's entertainment and fireworks.

Friday, December 14, 6.30pm: Christmas where the Angas Flows, a community event at Strathalbyn. A parade of colourful floats through the main streets finishing at Soldiers Memorial Gardens. Carols by Candlelight and fireworks are part of the festivity.

### NEW YEAR'S EVE

**Goolwa:** A spectacular fireworks display from Hindmarsh Island Bridge. You're invited to gather at the Goolwa Wharf Precinct, along the waters edge or perhaps even on the river by boat to enjoy the display. Access to Hindmarsh Island will be restricted by both road and walkway between 11pm-12:30am with a total road closure on the bridge from 11.30pm-12.30am. Boats will be restricted from entering the 4-knot zone around the bridge between those same times.

Normanville New Year's Eve Pageant, 7.30pm: Celebrate the new year at the 21st annual Normanville New Year's Eve Pageant. More than 40 colourful floats will leave Katherine Drive at 7.30pm sharp winding their way through the streets of Normanville ending at the foreshore where you will be entertained by DJ Hazzman, amusements, and fed by the local community clubs and groups. The night's festivities are finalised with a fireworks display around 9.45pm. The pageant provides a fun, safe, family environment. Visit: Facebook.com/ NormanvilleNewYearsEvePageant



The boys, Jon, seven (left) and Aston, five, sitting at the front of their siblings and cousins will probably be again first in line when it comes to receiving presents on Christmas Day. We saw them at Barbara's The Olive Leaf Cafe in Ocean Street, Victor Harbor – all excited about our local Christmas Pageant. Others from left: Charlise, six, Levi, two, Holly, 10, Lilly, seven, holding baby Leilani, 10 months.

Victor Harbor: Free fun family entertainment from 7.30pm to celebrate the Rivergum Homes New Year's Eve celebrations on Warland Reserve. It starts with family fun featuring Dorothy and Emma Character Performance, then 8:30pm: Rock Chick Powerhouse performance by LUSH; 9:45pm: Children's Fireworks presented by Girdler Family Amusements; 10pm: LUSH Adelaide Party Band; midnight: fireworks. Dry zone restrictions apply throughout over New Year's. Visit: www.victor.sa.gov.au/dryzones







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Better for life

isit a website for a swimming centre and you're likely to find a focus on kids learning to swim and having fun. Of course, water safety at a young age is of paramount importance; one fatality is far too many.

Yet, more people aged 65 or older died by accidental drowning in Australia's waterways last year than those in either the 0-14 or 15-24 age bracket. In fact, almost twice as many. Overall, 291 people drowned last year - nine more than the previous year, and amazingly 25 more than in 2015. There were also 685 near-drownings in 2017 that required hospitalisation.

The figures are alarming for those gracefully ageing, to say the least, and it has a lot to do with the fact that when they were young they didn't have a state-wide learn to swim program in our schools; most taught themselves. A majority could only flounder their way to hold on to something at best.

However, there is an old saying that you are never too old to learn, and fortunately it is happening at a rapidly increasing rate at the Fleurieu Aquatic Centre. Go there on any given day and the "grey fish" are either having swimming lessons or gaining muchlacking confidence in the water whilst doing aquarobics. And they're loving it; having a great time just like the kids.

Even more remarkable is that some of the 'oldies' have transformed into capable swimmers for their age within a month, and been so enlightened by the experience they have joined the Great Southern Swimming

# It's not just child's play

Club, formed from the pool centres in Strathalbyn and Port Elliot/Victor Harbor and participate in Masters competitions.

There are also those who have lived mostly in fear of going into the water; now they learn in their lane at their pace just for the sheer fitness and enjoyment of it all. Good on 'em, we say.

Fleurieu Aquatic Centre manager James Lomax said there were numerous older people taking part in weekly swimming lessons. "Most of them never had lessons as children, and now this is all about confidence building and learning some stroke technique," he said.

"Lessons for older people is not uncommon at any centre, but there seems to be more at the Fleurieu Aquatic centre because there has not been a public centre in the region before. We have 10-12 people a week who cannot actually swim but are having lessons. It is a lot, really, and there are a probably a number of others who participate in

aquarobics and hydro therapy who cannot swim that well but they still have this water activity.

"Some older people may have felt self conscious about not being able to swim, but when they realised they were not alone they suddenly became keen to learn. We tend to give lessons during the middle of the day when generally there are fewer people there. "Learning to swim is for all ages, and we have a number of people who have actually progressed quite well. We have a group of six who have become quite capable swimmers, but still pay for lessons because they really enjoy the group. The social aspect of our centre cannot be under-estimated."

American-born Karin Reddecliffe is vicepresident of the Great Southern Swimming Club, teaches and coaches at the Fleurieu Aquatic Centre, and has been a life guard for 50 years. She firmly believes a research paper that says swimming is good for the brain.

"The articles I have read recently show that

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to swim you have to concentrate so hard on what you are doing and so continuously that it is really good for maintaining mental acuity," Karin said. "That is so important, especially as we age."

Karin also believes learning to swim is not only about saving your own life and perhaps helping someone - maybe a grandchild - in distress, but reducing the risk of injury by using proper swimming techniques.

Importantly, as a schoolteacher - after another life in computer science - she has worked with 'damaged' children and seen another value with learning to swim.

Karin's immense satisfaction in seeing someone enjoy learning to swim and progress is evident when working with Robyn Carter, of Goolwa. On a Saturday morning Robyn admitted that a month earlier she couldn't swim to save the life, and here she was cruising in lane three, backstroke and all. "Robyn could not swim more than 20 metres, no, not even that, probably only 10," Karin said. "She couldn't breathe whilst she was swimming. She was terrified of putting her face in the water and getting enough air.

"Robyn's improvement is not an isolated case... we have others who have also progressed so well. Some have discovered they love swimming so much they have wanted to try competing in Masters events at their age level and ability.

"There are so many competing in Masters now who came from an era whereby they didn't have school swimming lessons and were never taught.

"The nice thing with Masters is that you only train when you can... it's a drop-in sort of thing. I say it's for adults 18 til death. To me swimming is all about technique and fitness, and if you wish to compete you can.

"There are five of us who compete in Masters events, and we did extremely well at the state short course championship in August when we had four of us swimming and coming away with six medals each. That was great, but it was simply the swimming and having a wonderful time that made it special. "People have this conception that Masters in all sports is for competing, but that is such a tiny portion of it. Friendship, you meet people, fitness and having fun, that's what we are after."

Karin admires people who believe in that theory about being never too old to learn. "If you sit home watching the telly your brain will go to sleep and for some it will never wake up," she says.

"When I swim first thing in the morning it sets her up energy wise for the entire day," Karin said. "I feel so invigorated; it's fabulous." As they say in the slow lane, to help avoid a stroke, do the backstroke.

The Fleurieu Aquatic Centre, 50 Ocean Rd, Hayborough has a range of swimming programs, therapeutic courses and services available for people of all ages. T: 70784150. Visit: www.fleurieuaquaticcentre.com.au



Pictured top left: Robyn Carter in action. Top: The aquarobics class on a Saturday morning. Above: Robyn with Karin.



# Our tin shed men behind the Storm Boy boat

ur Fleurieu Peninsula, particularly Goolwa, will beam from the bright theatre lights when the director and cast of the remaking of Colin Thiele's beautiful and classic tale *Storm Boy* walk the red carpet for a special screening at Victa Cinemas on January 7.

Not entirely the glitz of Tinsel Town, or even the expected glamour sprawling across a Sydney walkway as it hits the screens nationally on January 17, but nonetheless a significant moment for Australia's movie industry. Definitely exciting for our locals, who in no small way contributed. Stars the lot of them.

But like the gripping end to a Coen brothers thriller, behind the scenes were a bunch of eight or 10 ordinary blokes who worked amazing hours in a tin shed racing against time to complete one of crucial elements of this contemporary classic – the wooden boat.

They are the men of the Armfield Slipway & Boatshed on the bank of the mighty Murray at Goolwa, who between them did a Tom Cruise – completing what seemed at the time a mission impossible.

Leading this team, under the direction of Armfield chairman Garry Coombes, was Bob Jennings, a motoring writer of national acclaim, whom has been living his passion for wooden boats this past decade.

"When we heard there was going to be a sequel to the 1976 movie *Storm Boy* we got in touch with the South Australian Film Corporation to let them know we had the original boat in the first movie and it was restored in good, running order," Bob said.



"They contacted the film unit in Sydney, who flew over and had a look, but decided it wasn't suitable; they needed a sea-faring boat. After a exhausting search they found one suitable on Kangaroo Island and bought it off a bloke who had restored it and used the boat for pleasure.

"They showed us pictures of the boat and



### "

They came with mission brown paint, wire brushes, knives, and put mud from the river into a pressure container and sprayed it over the boat to make it look old and knocked around." – Bob Jennings

asked if we could put a cabin on it; turn it into a 1950s fishing boat. We came up with a concept that Garry photoshopped onto one of the images they had sent, and they liked the style. They asked us to built it.

"They delivered the boat to us from Kangaroo Island, and said we had two weeks for us to do everything. Two weeks. We had eight or 10 of us, all volunteers, working on different aspects of it for incredibly long hours for six days a week, and we got it done.

"We had it undercoated and all. The boat looked very smart. The Film Corporation people then sent down people with a pelicans that was being trained, and stuck it on top to make sure the proportions were all okay.

"They also sent their props people in to make all of our brand new work look old and battered. They came with mission brown paint, wire brushes, knives, and put mud from the river into a pressure container and sprayed it over the boat to make it look knocked around.

"It didn't stop there. They wanted details changed; the authenticity they asked for was incredible. I really admired them for that. There were ordinary plastic cleats on the back which you use for mooring, and they asked us to make some wooden ones, so we did. They took out the original floorboards which were in good nick and got some old



housing floorboards which were rough as guts, chopped them up and put them in.

"The throttle on the engine had a single leaver control made from plastic so we had to take it off and make one especially with a metal lever. The stainless steel trimmings had to be taken off. The portholes in the cabin were sourced from Queensland and had to be also roughened to look old.

"The filmakers took the boat to Port Noarlunga for one of the ocean scenes, and we had to put out-of-sight anchoring points below the water line on the boat so it could be moored in the ocean and not drift away.

"The screws. Even the screws had to be changed; they had to be slot head screws and not a Phillips head which were not made in those days.

"There was not a name on the original boat in the movie, but it was referred to as *HideAway*. I guess this one will be known as *HideAway II*.

"When the film crews finished filming – they were so good to us right throughout and the paid Armfield – they asked us if we wanted the boat. I suppose it was because we had the boat from the original film and we had looked after that. The answer was obvious.

"We will preserve the boat in a knockedabout condition until after the film launch and the Wooden Boat Festival (April 27-28). "We will re-do some of the paint work that



Pictured top: Bob Jennings on the new Storm Boy boat. Above: The original boat from the 1976 Storm Boy movie.

is peeling and has been deliberately wiped off, otherwise it will deteriorate. It will be still kept as it is now in terms of style and character."

A lot of work had obviously gone into the movie, and those at the boatshed should also be proud of their effort.

According to Bob, he blokes here at Armfield Slipway & Boatshed always put in, and on this special project people like Alan Edwards, the wrangler for the boat on set, Ron Bastik, who did all the working drawings, and hard working people including Peter Shipside and Ted Beckett were terrific. A lot of blokes were, especially Bob himself. The driving force was their love for wooden boats, tarted up or not.

Continued P10





### From P9

When asked whether he would be at the opening night at Victa Cinema Bob joked: "Sure will; a lot of us will be there. All eyes will be on the boat, bugger the rest of the film."

And may the rest of us also take note whether the screws in *HideAway II* are slot headed or the Phillips head kind when the cameras flash on the scratched and dented timber work in a millionth of a second.

According to Bob, every moment working on this boat for a fabulous movie like *Storm Boy* was a thrill, and what made it special was the enormous respect between film crew and the men in the tin shed.

Bob joked again how the blokes met a real star – Mr Percival: "Angelina Jolie woud have been nice to meet, but the blokes settled for a pelican." That's show business.

The public is invited to a special Storm Boy Red Carpet event at Victa Cinemas, Ocean Street, Victor Harbor, on Monday, January 7 at 6.15pm arrival for 6.30pm film.

It is a special advanced screening of the new Storm Boy film with introduction from the director and cast members.

All tickets \$20 including drink and Fruchocs. Visit: www.victacinemas.com.au

# Life begins at 40 for Victor Harbor Rotary Art Show

For the 40th year Victor Harbor will be the focus of Australian art with its Rotary Art Show, at Warland Reserve from January 12-19.

Presented by the Rotary Club of Victor Harbor, with South Coast Sand and Civil of Victor Harbor winning the naming rights, the outdoor show is seen nationally as one with enormous prestige, deservingly attracting high quality interstate entries.

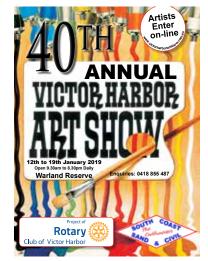
However, this Rotary Art Show also takes art to the community, and encourages artists of all levels to enter for a host of awards. There is \$34,450 prizemoney on offer including the Corporate Award, or the 'best of show' with \$12,500.

The Victor Harbor South Coast Sand and Civil and Rotary Art Show will commence with a ticketed preview night on Friday, January 11. Tickets for the preview will be available online from December 5; visit: www. victorharborartshow.com.au

Award-winning artist Mike Barr, and his artist wife Tina, will be the demonstration artists, painting back-to-back on Saturday, January 12 from about 11 am until finished. Mike is a superb impressionist artist so will be an interesting and entertaining exhibition.

The "Walk through with the artist" segments are extremely popular feature. You may join award winning local artists Lorraine Lewitzka on Tuesday, January 15, and John Lacey on the Friday, both from 10.30 am.

Sue Ellers, chairperson of the Rotary Art Show committee, said the Victor Harbor Rotary Art Show had a wonderful history and to celebrate the 40th anniversary there would be a display of some of the previous



winners and catalogues.

"The number, quality and diversity of the art entries increases each year, and it is always interesting to compare the judge's choice and the people's choice awards," Sue said. "We introduced glassart and a few sculptures to the art show three years ago by invitation for a touch of interest, which will again be featured, along with a special junior section to encourage our young artists.

"Staging this event is a combined effort of volunteers from Rotary clubs and other local clubs. The funds raised provide many local community groups and projects with much needed support, and for example Rotary Club of Victor Harbor was pleased this year to be able to upgrade the facility at Bradley's Place for families with children suffering from cancer."

The art show is an extremely well-presented event, and entry is \$6.



ADVERTISEMENT

# Help us support the Fleurieu community

Is your money helping you to give back to your local community? Everyone across the Fleurieu Peninsula, regardless of age, should be asking this and know that the Goolwa & District, Aldinga and Willunga Community Bank® branches with the addition of Victor Harbor have proudly reinvested over \$450,000 in the past 11 years. This kind of achievement is only possible by the Fleurieu community choosing to bank with one of our Fleurieu Community Bank® branches... it is that simple!

As we come to a close on 2018 and head into the festive season, it is timely to reflect on some of the fun we have had this year reinvesting 80% of our profits back into your community and the many activities we have been apart of, including:

- Willunga & Districts Lions: \$4000 towards their new shed
- Goolwa Netball Club: \$7500
   towards their court upgrade
- Alexandrina Connect: 'Give A Stitch" program - \$10,000
- Cittaslow Goolwa "Smoke Off"

   third place in the smoked ham division
- Fleurieu Folk Festival \$4000
- Willunga Tennis Club \$3300 for an automated court booking system
- Sellicks CFS \$2500 for a defibrillator, and
- Goolwa Aquatic Club \$500 sponsorship.

November also saw the completion of the second year of the Fleurieu Future Leaders Program with another 20

- Over \$205 million back in the Australian communities over the past 20 years
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- Over 845,000 customers supporting their local communities

graduates from across the Fleurieu. This leadership and personal development program, supported in conjunction with Face the World, has already had a significant impact on our region and applications for next year's program are already open – visit: www. fleurieuleaders.com.au. We are also delighted to continue our sponsorship of the Fleurieu Future Leaders Program for another two years at \$10,000.

In the past 12 months across the Fleurieu we have reinvested **more than \$86,000** to local groups, clubs and events. This is all made possible by those that choose Bendigo Community Bank® as their bank of choice.

## Samantha Bitter, Fleurieu Business & Community Manager: 0448 788 650.



Where you may find us supporting the Fleurieu Peninsula this month:

> Sellicks CFS 50th Anniversary

Christmas Tree Festival

"Fridays After Five" Aldinga

Victor Harbor Christmas Pageant

McLaren Vale Christmas Pageant

Lions Club Goolwa

Judith's Walk fundraising event

### Tip of the Month:

There are four big reasons to try number five! If you bank isn't doing the right thing by you change to one you can feel better about. Why not talk to us, because when you connect your home loan with a range of eligible products you may SAVE on your interest rate per annum.

For an impartial chat please contact our experienced lender David Radley: 0402 119 272

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VICTOR HARBOR SWAPMEET & autojumble Encounter Bay Oval, Sunday 3rd February

### Crows fans to feast before the football

On the day we distributed this magazine there were only 107 days before the Adelaide Crows started their 2019 campaign, against Hawthorn at Adelaide Oval. Who's counting? The Adelaide Crows Fleurieu Supporter Group, and whether Tex kicks eight or 10 goals will be the main discussion during its Christmas dinner at the Victor Harbor Golf Club on December 12 at 6.30pm.

We're mentioning this because these guys raised \$3000 for the Adelaide Crows Children's Foundation, and a cheque will be presented on the night. Everyone is welcome. The two-course dinner and costs \$35 for members, \$40 non-members. There's a silent auction – two signed footballs and a signed poster. See Judy at Victor Tyrepower or call Di Pratt on 8552 4960.

# COTA SA expands support program

The Council on the Ageing SA is extending its significant program to the Alexandrina Council region.

COTA SA is the peak body for 633,000 older people in South Australia. It provides a platform to ensure that older South Australians are part of decision-making by government and industry on everything from income and employment to housing and health. COTA SA also offers many services and programs for older people.

As part of the expansion of help with the My Aged Care Support program, COTA SA is seeking a person living within the Alexandrina Council area who is 50 years or older to become a volunteer Aged Care Peer Champion. The organisation is also needs someone within the Yankalilla area.

The My Aged Care Support program is a free, local and impartial service that uniquely provides support to older people on a one-to-one basis either over the phone or in person. Current Peer Champions have successfully supported many older people living independently and their families to help understand, navigate and engage with My Aged Care.

Volunteer Peer Champions in Victor Harbor,



Murray Bridge, Mannum, Kadina and Port Pirie have shared positives of their role including an ability to help people who otherwise may just struggle with My Aged Care in isolation, and been well received in the community.

The community has also responded with feedback including the value of Peer Champion support for people who do not use a computer, and providing clearer direction on the My Aged Care program.

If you would like further information about becoming a Peer Champion please respond to the COTA SA advertisement on this page.

For those seeking support with My Aged Care, COTA SA will be promoting the service as it recruits for the Peer Champion program. You may also call Marilyn Henderson, an Aged Care Peer Champion based in the Victor Harbor area: 0456 390 059. Alternatively, contact My Aged Care directly on 1800 200 422 or visit: www.myagedcare.gov.au

### **Innovative Local Volunteer Opportunity with COTA SA**

Are you 50 or older, familiar with My Aged Care, or have lived experiences of the My Aged Care systems?

COTA SA is seeking to train and support a volunteer Aged Care Peer Champion based in the Alexandrina Council area. Peer Champions offer one-on-one support to seniors living independently to help them understand and navigate the My Aged Care systems. They also run small group sessions expanding on the successful COTA SA *My Aged Care Support Program* in regional South Australia.

If you would like to find out more please contact COTA SA on (08) 8232 0422 or cotasa@cotasa.org.au

More information about the My Aged Care Support Program is available at www.cotasa.org.au/programs

COTA SA gratefully acknowledges the financial and other support from County SA PHN and the Australian Government Department of Health



An Australian Government Initiative

great places on the Fleurieu Peninsula to see and do things these holidays. Enjoy!



### TOURIST INFORMATION CENTRES

### **Fleurieu Coast Visitor Information**

**Centre:** 38 Jetty Rd, Normanville T: 422 866 672

Goolwa Visitor Information Centre: Lot 4, Goolwa Tce, Goolwa. T: 1300 466 592 McLaren Vale & Fleurieu Visitor Information Centre: 796 Main Rd, McLaren Vale. T: 8323 9944

Strathalbyn Visitor Information Centre:

20 South Tce, Strathalbyn. T: 1300 007 842

Victor Harbor Visitor Information Centre:

1 Esplanade, Victor Harbor SA 5211 Fleurieu Coast Visitor Centre: 163 Main South Rd, Yankalilla T: 8558 0240

### **Canoe the Coorong**

The ultimate environmentally aware kayaking experience. Immerse yourself in the natural beauty of the Coorong and Goolwa region. Call 0424 826 008 and ask about Coorong tour, fur seal tour, overnight & expeditions, and Pelican Island tour. Tours for beginners and the experienced – they're all great fun and a chance to get up close to nature and see sensational scenery. Well organised and safety conscious. www.canoethecorrong. com

### **Granite Island penguins**

Walk across the causeway and discover spectacular views. Temporary facilities with a new sensational development planned for near future. Granite Island is home to a small colony of wild Little Penguins, who return home from their day in the ocean at dusk. Granite Island Nature Tours are the best way to see them in their natural habitat. Visits limited to two hours after dusk via guided tour 1-1.5 hours to protect the wild penguin colony. Adults \$25. Book tour at the Victor Harbor Visitor Information Centre or call 1800 557 094.

### Southern Boulder climb

Climb the boulder at Magpie Springs and also experience the wine, art and coffee, 1870 Brookman Rd, Hope Forest. Casual climbs from \$10; multi-passes available. T: 8556 7351. southernboulder@outlook.com

### Let's Fly Fleurieu Gyroplanes

Experience the thrill; and excitement of flying in an open cockpit gyroplane from Goolwa Airport. Pilot the gyro knowing that you will be flying with an experienced gyroplane pilot, or just sit back and enjoy the sensational views. M: 0488 884 976. www. flyagyro.com.au

### The Big Duck boat tours

Jump on board The Big Duck – it's safe and exciting. See sea lions, fur seals and dolphins at Seal Island and absorb some spectacular scenery around Granite Island and surrounds. Duration 45 mins, departs 1pm Sat-Sun, Wed from Granite Island Causeway. Cost is \$65 (adult) for the 90 minute Southern Ocean Adventure – see seals, dolphins, Encounter Marine Park, offshore islands and cliffs. It's \$40 for the 45 minute Seal Island Tour, and \$25 Calm Sea Experience. Watch seals bask, observe the seabirds and dolphins in the vicinity sometimes racing the boat. www. thebigduck.com.au Bookings 8555 2203 or e: bookings@thebigduck.com.au

### **Oceanic Victor**

Dive into the clear, clean waters of Encounter Bay by Granite Island and experience swimming with tuna and diverse fish species. There is a children's marine touch tank and watch from an underwater observatory. Swim with the tuna in sea aquarium – adult (16+) \$120, 5-15 yrs \$95, family (2 adults, 2 children) \$400, snrt concession holder \$110. Book online www.oceanicvictor.com

### Fleurieu Aquatic Centre

Cnr Ocean & Waterport Rds, Port Elliot. The award-winning state-of-the-art facility has a 25m pool, hydrotherapy pool, great pools for the little ones and water splashes that keep the kids amused for hours. Safe and friendly environment, excellent facilities, and well-priced. Adults (16+) \$6.20, children (4-15) \$5, family \$21. Mon-Thurs 6am-8pm; Fri 6am-7pm; w/ends & public holds. 8am-5pm. T: 7078 4150. www.fleurieuaquatic@ymca. org.au

### Play golf

There are eight golf courses across the Fleurieu Peninsula, and they include: **Victor Harbor Golf Club** – the sensational experience starts on *Australian Golf Digest*'s Iconic First Hole, named in Australian golf's Hall of Fame. The first tee is 39m above sea level or the height of a 13-storey building with a magnificent view of Victor Harbor. Turn at roundabout by Encounter Bay Oval to 126 Inman Valley Rd heading for Yankalilla and discover this spectacular course. Casual bookings available, pro-shop and new excellent dining facilities. T: 8552 2030. www. victorharborgolf.com.au

Links Lady Bay, near Normanville: A stunning links course that offers its challenges to the best of golfers. Well-designed and overall a great golf experience. Casual bookings available, pro-shop and dining facilities. T: 8558 0600. www.linksladybay.com.au

**South Lakes Golf Club** at Billabong Rd, Goolwa: A well-designed course that also offers its unique challenges. Casual bookings available, pro-shop and dining facilities. T: 8555 2299. www.southlakesgolf.com.au

### Milang Railway Museum

At the old Milang railway station by Lake Alexandrina. The tracks are now home to South Australian wagons and coaches which contain photographic and exhibits describing the history of Milang and its railway. Open Sundays and public holidays noon-4pm or by arrangement: 8536 3938. While in Milang, visit the old farm machinery museum.

### Stand up paddle boarding

Encounter Bay Water Sports presents an exciting water experience. Introductory lessons are conducted in the safe waters of Encounter Lakes. After a full safety briefing you will be given instruction on correct paddle grip and technique plus self-rescue. Then it's time to hit the water and have fun. Great for single or family groups. Call Andy on 0414 521 475 for more details and bookings. Encounterwatersports.com.au

### **Goolwa Boating Cruises**

Explore on of SA's oldest towns and discover the river trade history, shipwrecks, boats, homes, wildlife. One or two hour small group charters. Book at Goolwa Tourist Information Centre. T: 0402 826 960. www. goolowaboatcruises.com.au

### Play mini golf

The Dunes mini golf park by the Granite Island causeway entrance is all about great family fun. Open every day (except Christmas Day) from 9.30am. A game takes about 30 minutes (dad may take longer); it's challenging and enjoyable. Open nights throughout the summer. Cost: \$8.50 for children 12 & under, \$9 students/concession; \$9.50 adults. T: 8552 8911 or 0407 187 267. www.dunesminigolf.com.au

### **Goolwa Motor Museum**

An outstanding exhibition of 45 classic cars from all over the world from the 1920s-70s including some unique one-off vehicles. Gardiner St, Goolwa. T: 8555 3338.

### **Fly Adelaide Biplanes**

Imagine sitting in a cockpit taking a scenic flight along the stunning McLaren Vale

coastline. Absolutely awesome. Based at Aldinga Airfield, Colville Road, Aldinga. Open every day 9am-5pm. T: 8556 5404. adelaidebiplanes.com.au

### **McLaren Vale Motorcycle Tours**

Experience the spectacular McLaren Vale Wine Region, south coast or the Adelaide Hills on the back of a classic Harley-Davidson. Riding gear supplied. 0423 668 342.

### At the Wharf

Goolwa is a Cittaslow town and puts on a fabulous summer season of At The Wharf – a free event from 5-8pm at Signal Point Gallery Deck on the last Friday of each month with December 28 and January 25 earmarked for the holiday season. Local wine is on sale by the bottle and by the glass. Local food vans on site – Olaf's Pippis, Boombox Kitchen and more. There are top local dance bands. You're welcome to bring your own snacks, chairs etc, although seating and tables are provided. No BYO alcohol.

### **River Dolls of Goolwa**

One of the best displays of antique dolls, toys, trains and teddies you will ever see. And another real treat is the huge range of traditional and favourite lollies. Open most days. 33 Cadell St, Goolwa. T: 8555 5801. www.riverdolls.com.au

### **Chook's Little Winery Tours**

Enjoy a tour of some of the best wineries and cellar doors in McLaren Vale region. Discover some of the lesser-known boutique wineries. Includes a cheese platter and lunch prepared with seasonal local produce. Prices from \$120 p/p based on group of eight. M: 0414 922 200. chookslittlewinerytours.com.au

### **Surfing lessons**

There are a few places between Victor Harbor and Goolwa where you can learn to

surf, including the Ocean Living Surf School at Goolwa Beach with Phil, an experienced and highly recommended instructor who makes it fun and an enjoyable experience while learning to ride a surfboard. Lessons for beginners to advanced students; all equipment provided. Surf lesson 2hrs: \$35 p.p; full day 2 x 2 hours \$65. Private coaching also available. Lessons subject to conditions. M: 0487 921 232. e: bookings@olsurfschool. com.au www.olsurfschool.com.au

### **Goolwa Animal Farm**

It's a great place for kids – getting up close to the emus, kangaroos, pigs and donkeys and so many other creatures. Cuddle the rescued joeys, rabbits and lambs, just to name a few. Pony rides and free trailer rides. Cafe facilities. Open seven days a week 10am-4pm. Please note: the farm is closed when the forecast temperature is above 35 degrees and in extreme weather conditions. Located just outside Goolwa on Boettcher Rd. Adults \$10; children 2-17 & seniors \$8. M: 0451 502 858. www.goolwaanimalfarm.com.au

### Southern Fleurieu Historical Museum

A superb display of times gone by with a huge range of historic equipment and goods, including a special display of the old milking days. See the 38 half-scale size figures showing fashion from 1788-1956. There are some classic pieces very well displayed. Located at the Port Elliot Showgrounds, Tottenham Court Rd. Open Thurs-Sun 10am-3pm or by arrangement.

### Skateboarding

If you or the kids are into skateboarding you must go to the skateboard park in North Pde, Strathalbyn. It is incredibly well designed and challenging.

Continued next page





### From previous page

### South Australian Whale Centre

Discover three floors of interactive and informative exhibits, plus a 3D theatrette, a kids zone and whaling artifacts. 2 Railway Tce, Victor Harbor (by Warland Res). Open 10.30am-5pm every day except Christmas Day. Fun Pass includes entry to Whale Centre and return passage on horsedrawn tram; adults \$15, concession \$13, child \$10, family \$42. T: 8551 0750. www.sawhalecentre.com

**Stargazing Tours on the Fleurieu** Discover the starry southern night sky with multicultural laser pointer guided tour. See stars, planets and other celestial objects through telescopes at Wirrina Cove, McLaren Vale & Port Elliot. Bookings essential. T: 0488 705 224. www.thebackyarduniverse.com.au (weather permitting).

### P.S. Oscar W

Cruise the lower River Murray on this unique wood-fired heritage paddle steamer celebrating its centenary. Departs the historic Goolwa Wharf. Watch the stokers fire the boiler and see the original steam engine at work. Feel the heat of the huge boiler and the vibrations as the paddle wheels turn. Wonderful experience. Check the bookings office for times for the one hour cruise. Cruising dates Dec. 15, 16, 28, 29, 30, Jan. 2, 6. Adults \$20, concession \$15, children 5-15 \$8, family \$48. Bookings: Goolwa Visitor Information Centre 1300 466 592. goolwavic@alexandrina.sa.gov.au www. oscar-w.info

### Indulge with Fruchocs

Enjoy an iconic SA must-have... Fruchocs at The Fruchocs Shop, 203 Main Road, McLaren Vale. Open every day 10am-5pm, T: 8323 9105.

### Alexandrina Cheese Farm

Come and taste some award-winning cheese and learn how it's all made at Sneyd Rd, Mount Jagged (off Victor Harbor Rd between Mt Compass & Victor Harbor). Free entry. You must try the milkshakes. Weekends noon-5pm, weekend & public holidays 10am-4.30pm. Closed Christmas Day.

### Mount Compass Produce Trail

Mount Compass and its surrounding region including the picturesque hidden valleys of Nangkita and Tooperang are part of a superb food and produce trail. Pick your own strawberries at Harvest the Fleurieu on the main road and enjoy a coffee, or pick your own cherries at the nearby Fleurieu Cherries on Pages Flat Rd. There are so many other delights to be discovered and devoured on this trail, not to mention the splattering of art galleries and pottery wares. A wonderful experience. Visit: www.visitalexandrina. com/region/scenic-trails-and-drives/mountcompass-produce-and-tourist-trail

### Playgrounds

There are some great and safe as possible playgrounds across the Fleurieu, especially the Bristow Smith Reserve Nature Playground on Barrage Rd, Goolwa. Best of luck getting your children to leave the wooden boat and beach-like play areas. Great place for a picnic as you watch the birdlife on the River Murray.

### Watch a movie

Victor Harbor is one of the few rural centres which still has its original movie theatre. It's Victa Cinema is located in Ocean St, and the facilities are very good – all with the character of an old-time theatre. And if you go at night, the whole theatre is lit up on the front with a laser show. They always have the latest movie releases here. Coast Lines has a comprehensive guide in this issue, but visit the website for session times: www. victacinemas.com.au

Wallis Cinemas at Noarlunga present all of the lastest releases in comfort. Visit: www. wallis.com.au

### Strathalbyn antiques

Like McLaren Vale, Strathalbyn is a gateway to the Fleurieu region and among many things this beautiful, friendly town is known throughout Australia as being the "antique capital". Stroll through the clean and wide streets on a history trail and discover something special in every shop. You will need extra time in the bakeries, and you must visit the Garage Motorcycles shop.

### Willunga Slate history

Discover Australia's slate capital in the 1840s. Learn about Willunga's slate industry and its quarrymen, their methods and tools. Visit authentic heritage-listed Courtrtoom and cells, and Bassett Boys' School room. Check opening times; T 8556 2195. willunga. nowandthen.net.au

### SteamRanger Heritage Railway

Travel on Australia's oldest passenger railway line between Victor Harbor and Goolwa – an absolute must for all train enthusiasts. There are the big steam engines and the Cockle Train, and they all provide a lifetime memorable experience. Journey from Goolwa, Port Elliot, Middleton and Victor Harbor. For fares, bookings and specials please contact the SteamRanger crew on 1300 655 991 9am-5pm Mon-Sat. Cockle Train tickets may be purchased on the day of travel at the Goolwa, Port Elliot and Victor Harbor stations. E: bookings@steamranger. org.au or visit: www.steamranger.org.au

### Get on your bike

The Encounter Bikeway is an on-road and shared trail that links Goolwa and Victor Harbor. The total distance is 30km, but a range of riding distances have been clearly marked to cater for all ages and levels of fitness. The bikeway is used by cyclists, walkers, skaters, rollerbladers and wheelchairs. Contact Goolwa or Victor Harbor visitor information centres for bike hire details. Tour the McLaren Vale Wine Region on a bike... hire one for the day from McLaren Vintage Bike Hire, 189 Main Road. They come inclusive with a front basket to pack your goodies, and with safety equipment - \$45 per bike per day. T: 0410 067 199.

### Urimbirra Wildlife Park

A terrific family outing. Hand feed the Kangaroos, walk through the Rainbow Lorikeet aviary, listen to keeper talks and get up close and personal with koalas every day at 11am, 2 & 4pm, or enjoy snake handling with professional snake handlers at 4pm. Lizards, dingoes, crocodiles, wallabies, wombats – there are more than 400 Australian native



animals throughout the native wetlands. Located on Adelaide Rd, by the roundabout to Waterport Rd. Open every day 10am-5pm. Cost: adults \$14, seniors & students \$10, children 4-14 \$7. T: 8554 6554. www. urimbirra.com.au

### **Deep Creek Conservation Park**

Contains the largest portion of natural vegetation on the Fleurieu Peninsula. See the Blowhole Beach (4WD access only). Walk the Heysen Trail.

### Nangawooka Flora Reserve

Situated opposite Urimbirra Wildlife Park on Adelaide Rd is this beautiful reserve featuring 1200 varieties of Australian native plants over 2 hectares. There is a bird hide and haven for native birds, and picnic facilities.

### Wine Coaster Tours

McLaren Vale, Langhorne Creek, Adelaide Hills, Southern Fleurieu. \$250 per person or \$200 each for a group of four. Lunch included.

### Horse riding Normanville

The High Country Trails is one of those life-long memories... walk a well-trained horse through the back of the sandhills and along the beach at Normanville. Must be aged nine years older, and weigh less than 95kg. One hour ride costs \$60 p.p. Lot 203 Williss Dr, Normanville. T: 8558 2507 or 0408 795 373. www.facebook.com/pg/ horseridingnormanville

### **Murray Mouth Tours**

4WD adventure tours to the Murray River Mouth starting from where Australia's largest river meets the sea. Explore in an airconditioned special bus, collect pipi along the beach. There is a 2.5 hour tour and a 4-5hr tour which includes a two-course lunch at a quaint country-style cafe. Bookings 0424 777 161 or www.murraymouthtours.co.au

### Yankalilla Historical Museum

Extensive collection reflecting rural and social life in the district. Mon-Fri 9am-5pm, weekend pub/hols 10am-4pm. Also take a look at Saint Mary McKillop Old School House at 48 Main South Road, Yankalilla, the first Josephite country school convent outside of Adelaide.

### Spirit of the Coorong Cruise

There is no better way to explore the captivating Coorong and the Murray Mouth than aboard a Spirit of the Coorong cruise. The tours take you to special places, and the expert guides are the best. There are various packages available, including one and two-hour cruises, 3.5 and six-hour adventures; everything to to provide a significant life experience. It is not something you can do anywhere else in the world. Tours leave Goolwa Wharf. T: 8555 2203. www. coorongcruises.com.au

### Try something special with

### your camera

This magnificent image (above) of Green Bay at Port Elliot was taken by Ron Langman of The Strand Gallery, Port Elliot. Here are his technical tips on shooting a panorama:

Do not use the 'panorama' function in your camera if you want a high quality image. The file will be too small. The print in the gallery is 3800 mm wide and sharp all over because it is a compilation of seven shots.

Use a tripod and make sure that the vertical shaft is perpendicular.

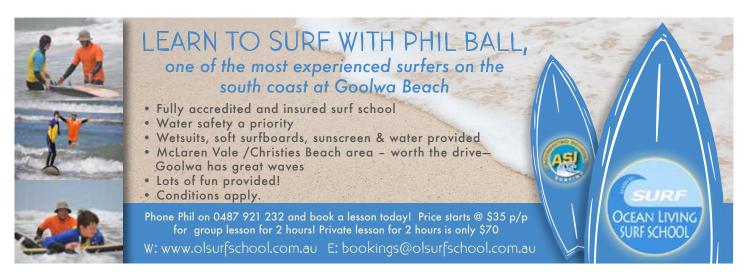
Paradoxically, tip the camera on its side (portrait format) and take enough images to overlap each other by, say, 30%.

Set the ISO as low as your camera allows. Set the camera to 'aperture priority' to determine the shutter speed at f11. (f11 will give you enough depth of field and produce the sharpest result). Then set that exposure with the camera set to 'manual' for aperture and shutter speed. If you do not do this the camera will change exposure and maybe focus in each shot.

Turn off 'auto focus' and select 'manual focus'.

Load all the images into your preferred image processor and 'photomerge'. This will give you an irregular edge, but if you shot in 'portrait' format you will have enough sky and foreground to crop.

Continued next page





### From previous page

### Charter boat fishing

For reliability and value, you cannot go past Pirate's Sea Charters (see advert this section).

### Go fishing

There are some great fishing spots right around the coast and along the Murray River waterways. Go to Waitpinga and Parsons Beach for salmon and mulloway, to Cape Jervis and Rapid Bay for tommy ruffs and squid, the No.19 Beacon on Barrage Rd, Goolwa for bream, mullet and school mulloway, Horseshoe Bay, Port Elliot for mulloway, snapper, squid, whiting and flathead or to Victor Harbor causeway or jetty for a host of fish including bream and garfish. Get your supplies at Tonkins Sport Store in Ocean St or the Liberty petrol station in Victor Harbor. Go to the nearest tourist information centre for a map of some of the best fishing spots. Best of luck!

### Go for a walk

There are some magnificent walking trails right across the Fleurieu Peninsula. Contact the respective tourist information centres for a guide and further information. And be sun smart and take a bottle of water. Here are a ew ideas...

**Climb The Bluff:** Explore the Bluff by walking the 800m Rosetta Trail to the top of the Bluff, the most visible sight of Victor Harbor. A dog and child-friendly walk, explore the beaches and headlands between Petrel Cove and **Kings Beach** (dangerous swimming area). Understand the landscape, geology and European and Aboriginal history through the interpretive signage along the trail. Extend this walk by starting in central Victor Harbor, or Kent Reserve near central Victor Harbor, or walk further along the Heysen Trail to Waitpinga Cliffs.

Inman River Walk: An easy 8km stroll starting at Kent Reserve, Victor Harbor and following the banks of the Inman River. It traverses through natural bushland, and although the path is mowed good walking shoes are recommended – and be alert for snakes. Carry at least 1lt of water per person. Alexandrina Bird Trails: Grab a map from the Goolwa Visitor Information Centre and walk through some spectacular bushland and see an incredible number of bird species (no pets please).

### **Enjoy the beaches**

There are some spectacular beaches along our coastline, but some can also be dangerous with the rips. Make sure you swim where lifesavers are in attendance, and between the yellow flags. The Goolwa Beach is stunning with its crashing waves, while by the beach at Second Valley on the western Fleurieu region is much calmer and absolutely beautiful – worth visiting. Myponga Beach is in a small cove with spectacular views. Excellent swimming area. Rapid Bay jetty dive is said to be the best jetty dive in Australia. You can expect a large range of fish and marine life including the leafy sea dragon.

### Visit the art galleries

Goolwa has a host of art galleries and there are always exhibitions, but a great place to see a stunning cross-section of art and gifts from across the region is at Artworx Gallery & Gifts at 12 Hays St, Goolwa. Gallery owners John & Liz Francis always have new pieces on display in the gallery; very impressive and well priced. Open most times, but check the website: artworxgallery.com.au T: 8555 0949. Also visit **Art@Goolwa** in Porter St, Goolwa which always has a great display of talent across the Fleurieu. Open seven days 11am-4pm.

The Strand Gallery, 41 The Strand, Port Elliot. Has superb exhibitions by internationally acclaimed local artists, and exceptional works by gallery owners Ron Langman with his amazing photography skills and his wife Sonya Hender with her exquisite printmaking. The new dining facility also makes it a unique experience. M: 0419 501 648. www.strandgallery.com.au

**Stationmaster's Art Gallery:** Located in the historic Strathalbyn Railway Station, the gallery showcases great talent with mediums



Inman Valley Rd - take road to Yankalilla at round-about by Encounter Bay Oval, 1.2km on right the Fleurieu Peninsula has to offer for \$35 Sun-Fri; \$48 for Sat. Bookings essential. Great cafe/restaurant -Friday night meals & lunches Tues-Sun.

> BOOKINGS: 8552 2030 www.victorharborgolf.com.au

including quality artwork, fabric art, silk, woodwork, jewellery, prints, ceramics and cards.

**McLaren Vale** has rapidly emerged with its fine art culture. There are always exhibitions at the Tourist Information Centre, the fine galleries in or around the main street and at the countless ellar doors across the region.

### **D'Arenberg Cube**

It's a cellar door with an incredible difference. Enjoy the panoramic views, fine wines and scrumptious food. Each of the five levels have been carefully designed to entice and excite the senses, including features such as a wine sensory room, a virtual fermenter, a 360-degree video room, and many other tactile experiences. Visitors are encouraged to explore the Alternate Realities Museum, located on the ground floor, and view the many art installations on display. Cellar door open 10am-5pm daily. Restaurant pen for lunch, Thurs-Sun. Entry costs \$10 per person, free for children under the age of two, dining guests, experience goers, and for members of the Cenosilicaphobic Club. Visit: www. darenberg.com.au/darenberg-cube/

# Next page: a complete guide to the local markets



# Open the cellar doors...

There are almost 100 cellar doors across the McLaren Vale wine region. Call the McLaren Vale Grape Wine & Tourism Association on 8323 9944 or visit: https://mclarenvale.info/

Internationally acclaimed wineries are spread across McLaren Vale and McLaren Flat, and leading into the beautiful and historic almond region of Willunga. Visit the most impressive tourist information centre on the main road, just off South Road, for a complete guide. Among the special places is the outstanding Doc Adams Wines, which won an award for its cellar door. Try the J&J organic wines cellar door in Rivers Lane, McLaren Vale, Hastwell & Lightfoot, and Hugo Wines at McLaren Flat - all of the cellar doors are inviting.

# ... the Langhorne Creek wine region is also magnificent: www.langhornecreek. com/about-langhorne-creek

It's one of the great regions in South Australia where eight wineries produce some of the finest wines along the trail just south of Strathalbyn and 30km from Goolwa. Perfect for afternoon day-trippers; call through Clayton Bay and Milang and see the spectacular water life on the way to this region, and you must call into Newman's Horseradish farm and winery. Each winery is special, but don't miss Lake Breeze on Step Rd, Langhorne Creek, and have a bite to eat at The Winehouse, Langhorne Creek Rd. www.langhornecreek.com

\* FISHING GERR & BRIT SUPPLIED \* Accommodation packages runilable

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Coast Lines & Wine Coast Lines holiday guide - G

It's off to market we go...

A free guide ... to join the list or make changes please advise: info@coastlines.com.au

ALDINGA BAY MARKET: Central Way, Aldinga fourth Sunday of every month 10am-2pm. T: 0404 872 832.

**CHRISTIES BEACH - ORIGINAL OPEN MARKET:** The Reserve, Beach Road, Christies Beach first and third Sunday of each month 8am-1pm. T: 0405 025 968.

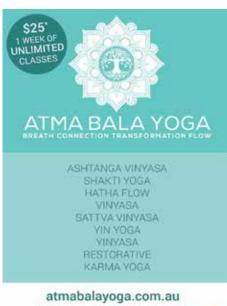
CITTASLOW GOOLWA FARMERS MARKET: Second and fourth Sundays of the month, 9am-1pm at Jeralde Park, Goolwa Wharf. Enquiries: Jane 0419 855 148.

GOOLWA WHARF ROTARY MARKET: Every Sunday in December & January 9am-3pm; at the reserve by Goolwa Wharf. Enquiries: 0459 786 469: ebrotarymarkets@gmail.com

**INMAN VALLEY COMMUNITY MARKET:** First Saturday of the month 10am-2pm at Inman Valley Memorial Hall. Enquiries: Kate 8558 8242.

KANGAROO ISLAND: KI Farmers Market & KI Community Market: First Sunday of the month 9am-1pm at Penneshaw Oval.

MILANG BUTTER FACTORY MONTHLY MARKET: Second Saturday of each month, 10am-3pm at the Milang Institute, Coxe St. Great stalls. Local live music. The best BBQ around.



7869 Main South Road, Second Valley FO "Introductory offer only. Valid for one w

# It's back! The Fridays After Five market

They're on every Friday night this summer at Old Coach Road, Aldinga - live music, food trucks & food stalls, a wine bar, and 30-50 market stalls.

After the very successful trial over five Fridays two years ago it was evident there was an overwhelming demand for something like this in the area. The aim of the market is to encourage community engagement, attract new people to the area, to support local businesses and offer a fun, exciting, and family friendly way for people to enjoy a Friday night.

This is a community run, not-for-profit event presented by the Aldinga Business ጲ Tourism Association. Enquiries:

McLAREN VALE FLEURIEU SA ARTISAN MARKET: First Saturday of each month. T: 8323 9944.

THE VALE MARKET: McLaren Vale and Fleurieu Visitor Information Centre, Main Road, McLaren Vale Friday, January 18 4-8pm, Monday, January 28 10am-3pm, Monday, March 11 10am-3pm, Monday, April 22, 10am-3pm, Monday, June 10 10am-3pm.



There will be five markets presented by the McLaren Vale Business Association at the top end of Maine Road, McLaren Vale on consecutive Thursdays from 5.30-8pm on December 13, 20 & 27, and January 3 & 10. Festoon lighting will be assembled, and there will be entertainment creating a great atmosphere.

MOANA: Artisan Bazaar – arts market by the Sea: Moana Foreshore Surf Lifesaving Club first and third Friday of each month 6-9pm. T: 0405 067 943

MOANA MARKET: Pioneers Memorial Hall. Nashwauk Crescent, Moana second Sunday of each month 9am-1.30pm. T: 8327 0480 (AH) or Jo at 0412 630 518.

MYPONGA MARKET: Weekends & public holidays 9.30am-4pm at Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

PORT ELLIOT ROTARY MARKET: Every Saturday in December & January 9am-2pm. Lakala Res, Rosetta St. Enquiries: 0459 786 469, ebrotarymarkets@gmail.com

STRATHALBYN COUNTRY MARKET: Third Sunday of the month at Railway Station Park 8am-2pm. Enquiries 0408 501 840.

STRATHALBYN - LIONS CLUB MARKET: The Lions Club of Strathalbyn holds a guarterly market on the fifth Sunday of the month



e: elise@downtherabbitholewines. com.au oe T: Elise 0434411807. See you there by the Home Grain Bakery, Miss Gladys and Maxwell's Grocery in downtown Aldinga on Friday night!

(which occurs four times a year) at Lions Park, South Tce, Strathalbyn - 8am-2pm. Enquiries: 0407 289 030.

VICTOR HARBOR FARMERS' MARKET: Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor. Enquiries: Lea 0427 542 743

VICTOR HARBOR COUNTRY MARKET: Second and fourth Sundays of the month, 9am-4pm, at Soldiers' Memorial Reserve, Victor Harbor. Enquiries: 8556 8222.

VICTOR HARBOR CREATIVE CRAFTERS MARKET: First Saturday of month from January 4 from 10am-3pm in the Senior Citizens' Hall, Hill St, Victor Harbor. Enquiries: Janet 8556 8222.

VICTOR HARBOR VEGGIE SWAP MARKET: First Sunday of each month 10am-noon at Carrickalinga House, cnr Hill and Torrens Streets, Victor Harbor. Enquiries 8552 9423 or www.scecentre.com.au

WILLUNGA ARTISANS & HOMEMADE MARKET: Old Show Hall, Main Road, Willunga second Saturday of each month 9am-1pm. T: Mary 0414 361 817.

WILLUNGA FARMERS' MARKET: Every Saturday, 8am-12.30pm at Willunga Town Square. Enquiries: 8556 4297 or Jeni 0411 049 570.

WILLUNGA GREEN LIGHT ORGANIC MARKET: Every Saturday of the month; 9am-1.30pm. Willunga Recreation Park, Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY MARKET: Second Saturday of the month 9am-1pm at Aldinga Rd, Willunga. Enquiries: 0408 897 393.

YANKALILLA CRAFT & PRODUCE MARKET: Third Saturday of the month 9am-1pm at Agricultural Hall, Main Rd, Yankalilla. Enquiries 8558 3346.

\* Markets subject to change.

# Get set for fun, action this summer

There's a lot happening across the Fleurieu Peninsula this summer, and here are just a few of the events... enjoy!

### Tour Down Under is coming here

The Fleurieu Peninsula will dominate the attention from a worldwide television audience with two stages of the 2019 Santos Tour Down Under – including the finish at Willunga on Sunday, January 20. The Women's TDU will be from January 10-13, with the men's event from January 15-20. Stage 5 on Saturday, January 19 will see the international riders tested by leg-burning climbs and treated to coastal views as the peloton makes its way from Glenelg, along the Southern Expressway to Myponga before veering east to Victor Harbor, Port Elliot, Middleton and Goolwa before climbing into the hills for the finish in Strathalbyn.

The Subaru King of the Mountain is on Main South Road, Sellicks Hill (estimated time of arrival 12.53pm), and the Ziptrak sprints at Main South Road, Myponga (12:58pm), Inman Valley Road, Inman Valley (1:38pm), and Armstrong Road, Victor Harbor (2.06pm).

The Be Seen Be Safe MAC Stage 6 on the final day, Sunday, January 20 is being promoted as the promoted as the 'King' stage where the final winner of the Santos Ochre Jersey will be decided. The stage will start in McLaren Vale, and end in the Main Road, Willunga (at Kell Street) with an estimated arrival at 1:19pm. Key points are: Subaru King of the Mountain #1: Brookman Road, Willunga Hill (2:24pm); Subaru King of the Mountain #2: Brookman Road, Willunga Hill (2:58pm); Sprint #1: The Esplanade, Snapper Point (12:46pm); Sprint #2: The Esplanade, Snapper Point (1:46pm).

For a complete guide visit: tourdownunder.com.au



### Mount Compass Cup – January 26

They say it's one of our wackiest events – grown men having a cow race, and what other day would you hold the event than Australia Day, January 26?

Since 1973 they have presented this great family fun day at the Mount Compass Oval, and spectators of all ages are invited to get involved in some of the most unusual events. Try your hand at milk handling, maybe the senior or junior rubber boot marathon, the Aussie thong throw or the junior milk bomb challenge. There's also the SA draught horse challenge just to add a touch of serious entertainment, or you can admire the chrome at the ute show. The big event is the Compass Cup at 5pm.



Gates open at 11am. Tickets are just \$9 14 years and over, and under 14 it's a gold coin donation with all proceeds going to community groups. This classic day ends with music from 6.30pm. Visit: compasscup.com.au

**Continued P24** 



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### From P23

### Yesterday's Power Rally, Milang Jan. 19-20

It's like a graveyard for classic tractors and machinery from all over the world – the 23rd annual Yesterday's Power Rally at the Milang Oval on the weekend of January 19-20 from 10am.

The Milang & District Historical Society will display more than 300 items from our past including motorbikes, engines, vintage and classic cars, tractors and fire engines.



Victor Harbor - 8552 1800

See Scott & Judy! 170a Hindmarsh Road, Victor Harbor www.victorharbortyrepower.com.au The event draws people from all over the state – especially farmers from years gone by – who marvel at the restoration of old machinery, and love the feature event, a great test of strength between tractors built pre-1973. Cost is \$8, with children under 14 free, and includes entry to the magnificent Port Milang Museum, which is normally open almost all-year round on Sundays 10am-4pm or by appointment.

### Victor Harbor trots Dec. 30 & Jan 14

The action is back on this summer at the Victor Harbor Harness Racing Club's headquarters at Morgan Park, off Welch Road (or Ring Road) – a twilight meeting on Sunday, December 30 and a day meeting on Saturday, January 14.

The club has one of the best tracks in the state and excellent facilities, and is a great day for the family. Check TAB guides fort fields and starting times. Visit: **www.victorharborharnessracingclub.com.au** 



### GRYC Regatta Week Jan. 19-27

The Goolwa Regatta Yacht Club Week has been a feature on the South Australian yachting program since 1974, and the 2019 event has again drawn quality entrants from around the state.

A feature of the 2019 event from Saturday, January 19-Sunday, January 27 is the Finniss River Vineyard and Coorong Quays Hindmarsh Island Goolwa Freshwater Classic Yacht Race starting from Milang at 9am and finishing at Goolwa about 5pm.

It is a great challenge over 50km offering spectacular views along the way. For full details visit: www.goolwaregattaweek.com.au The program is:

GRYC Regatta Week Saturday, January 19-Sunday, January 27

Saturday, Jan. 19: 1-4pm Marina Challenge at Southern lagoons, Coorong Quays Hindmarsh Island.

**Sunday:** Aqua spectacular, Sailability regatta, dinghy racing, Goolwa Vintage Boat Club yacht race all at GRYC.

Monday: 2-4pm: Radio controlled yacht regatta GRYC.

Wednesday: 4-7pm Dominant BBQ Cook-Off GRYC.

**Thursday:** 6-7pm Tune-up yacht race GRYC. **Friday:** 6pm Kies Hardware Dash for Cash GRYC

Saturday: 8-10am Big Breakfast GRYC

**Sunday:** Finniss River Vineyard and Coorong Quays Hindmarsh Island present the Goolwa Freshwater Classic Yacht Race starting from Milang at 9am and finishing at Goolwa about 5pm. Presentations 7.30pm.

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# Puzzles

Futoshik

**Target Time** 

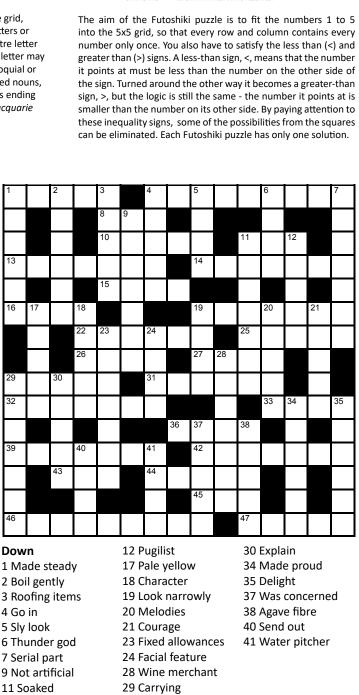


**Target:** Average - 60, Good - 65, Excellent - 72+

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No captialised nouns, apostrophes or plural words ending in 's'. Reference Source: *Macquarie Dictionary* 

### Crossword

Across 1 Assail 4 Skilled knowledge 8 Tavern 10 Workshop machine 11 Weep convulsively 13 Contend for a prize 14 Customers 15 Certain 16 Challenge 19 Feign 22 Catalepsy 25 Cooked and sieved vegetable 26 Circle of light 27 Level 29 Infatuate 31 Long pace 32 Tending to erode 33 Ooze 36 Performs 39 Retaliation for wrong 42 Give life to 43 Printers measures 3 Roofing items 44 Goods 45 Period of time 46 Sparkled 47 Deposit



# <</td> 5 ^ 3 V 2

Puzzle answers P26 (and don't cheat!)

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## Local business guide - only \$42 inc GST

### Accommodation



### Bees / pest control



### Car / passenger service



### Coffee shop



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- \*Mulch & wood for sale

### Scrap & salvage

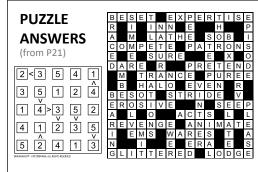


### Solar & solar batteries



### Tyres/servicing





TARGET TIME: celom, clone, close, coelom, coil, coin, cole, colon, colonise, come, comose, cone, consol, console, cool, coolie, cosine, eclosion, enol. eosin. icon. inclose. income. insole. lemon. leno, lesion, lion, loci, loin, lone, loom, loon, loose, loosen, lose, melon, meson, milo, miso, moil, mole, mono, monocle, moon, moose, noel, noil, noise, noisome, noose, nose, oilmen, oleic, olein, oleo, olio, omen, once, oscine, osmic, scion, scone, SEMICOLON, silo, sloe, socle, soil, sole, solemn, soli, solo, solon, some, sone, sonic, soon.







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# Laugh Lines... ho, ho, ho!

The hardy annual dad bonbon jokes... maybe the kids will laugh this year. Maybe.

What do reindeer have that nom other animals have? Baby reindeer.

Who hides in the bakery at Christmas? A mince spy.

What does Santa do with fat elves? He sends them to an elf farm.

What kind of motorbike does Santa ride? Holly Davidson.

Who delivers presents to cats? Santa Paws. What did the sea say to Santa? Nothing; it just waved.

Who delivers presents to baby sharks at Christmas? Santa Jaws.

Who is Santa's favorite singer? Elf-is Presley. What do Santa's little helpers learn at school? The elf-abet.

What do you get if Santa goes down the chimney when a fire is lit? Krisp Kringle.

How long do a reindeer legs have to be? Long enough to touch the ground.

What do reindeer hang on their Christmas trees? Horn-aments.

Why are Christmas trees so bad at sewing? They always drop their needles.

What's worse than Rudolph with a runny nose? Frosty the snowman with a hot flush. Why did the Christmas turkey join the band? Because it had the drumsticks.

Why did no one bid for Rudolph and Blitzen on eBay? Because they were two deer.

Why don't you ever see Father Christmas in hospital? Because he has private elf care. How did Mary and Joseph know that Jesus was 7lb 6oz when he was born? They had a weigh in a manger.

How much did Santa pay for his sleigh? Nothing, it was on the house.

What do you call an elf who sings? A wrapper.

What do you call the elf that comes in after the other 11? The twelf.

What goes Ho Ho Whoosh, Ho Ho Whoosh? Santa going through a revolving door.

Who rules at Christmas? The stoc-king.

What do you give a train driver for Christmas? Platform shoes.

What did Adam say on the day before Christmas? It's Christmas, Eve.

What carol is heard in the desert? O camel ye faithful.

What do angry mice send to each other at Christmas? Cross Mouse cards.

Who says 'Oh, Oh, Oh!'? Father Christmas walking backwards.

What do you call people who are afraid of Santa Claus? Claustrophobic.

Why does Santa have three gardens? So he can ho-ho-ho.

Why was Santa's little helper sad? Because he had low elf esteem.

What do call Santa when he stops moving? Santa Pause.

Why do mummies like Christmas so much? Because of all the wrapping.

Where do reindeer go to dance? Christmas balls.

What is the best Christmas present in the world? A broken drum; you can't beat it.

What do you get if you eat Christmas decorations? Tinsilitis.

What do sheep say to each other at Christmas? Merry Christmas to ewe.

What did the shepherd say to his two sheep? Merry Christmas to ewe too.

What do sheep say to shepherds at Christmas? Season's bleatings.

Why did the family cry at Christmas? Someone said something Santa-mental.

What's the best thing to put into your Christmas dinner? Your teeth.

What did one Christmas bon-bon say to another bon-bon? My Pop is bigger than yours. Knock, knock Who's there? Arthur Arthur who? Arthur any Christmas mince pies left? What happened to the man who stole an Advent calendar? He got 25 days.

What do you get if you cross Santa with a duck? A Christmas quacker.

What do you call a cat in the desert? Sandy Claws.

How many letters are in the Christmas alphabet? 24. There's no-el.

What do you get if you cross a bell with a skunk? Jingle Smells.



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### Bohemian Rhapsody

(CTC) Biography, drama, music movie starring Rami Malek, Joseph Mazzello and Tom Hollander. Directed by Bryan Singer. A chronicle of the years leading up to Queen's legendary appearance at the Live Aid (1985) concert. Concludes December 12.

### The Nutcracker and the Four Realms

(CTC) Adventure, family, fantasy movie starring Mackenzie Foy, Keira Knightley and Matthew Macfadyen. Directed by Lasse Hallström, Joe Johnston. A young girl is transported into a magical world of gingerbread soldiers and an army of mice. Concludes December 12.

### The Grinch

(CTC) Animation, comedy, family movie starring Benedict Cumberbatch. Directed by Yarrow Cheney and Scott Mosier. A grumpy Grinch plots to ruin Christmas for the village of Whoville.

### **Robin Hood**

(M) Action, adventure movie starring Milo Ventimiglia, Jennifer Lopez and Vanessa Hudgens. Directed by Otto Bathurst. A war-hardened Crusader and his Moorish commander mount an audacious revolt against the corrupt English crown in a thrilling action-adventure packed with gritty battlefield exploits, mind-blowing fight choreography, and a timeless romance. Commences December 7.

### The Old Man & The Gun

(M) Comedy, crime, drama starring John David Washington, Robert Redford and Casey Affleck. Directed by David Lowery. Based on the true story of Forrest Tucker and his audacious escape from San Quentin at the age of 70 to an unprecedented string of heists that confounded authorities and enchanted the public. Commences December 7.

### Lean on Pete

(M) Adventure, drama starring Charlie Plummer, Amy Seimetz and Travis Fimmel. Directed by Andrew Haigh. A teenager gets a summer job working for a horse trainer and befriends the fading racehorse, Lean on Pete. Commences December 14.

### Spider-Man: Into the Spider-Verse

(CTC) Animation, action, adventure movie starring Nicolas Cage, Hailee Steinfeld and Liev Schreiber. Directed by Bob Persichetti and Peter Ramsey. Spider-Man crosses parallel dimensions and teams up with the Spider-Men of those dimensions to stop a threat to all reality. Commences December 14.

### Aquaman

(CTC) Action , adventure, fantasy movie starring Amber Heard, Jason Momoa and





Adults \$16; concession/ student \$14; seniors card/ children (3-14) \$12; family pass \$49



Nicole Kidman. Directed by James Wan. Arthur Curry learns that he is the heir to the underwater kingdom of Atlantis, and must step forward to lead his people and be a hero to the world. Commences December 26.

### Ralph Breaks the Internet

(CTC) Animation, adventure, comedy starring Gal Gadot, Kristen Bell and Mandy Moore. Six years after the events of "Wreck-It Ralph", Ralph and Vanellope, now friends, discover a wi-fi router in their arcade, leading them into a new adventure. Commences December 26.

### **Holmes and Watson**

(CTC) Adventure , comedy. crime movie starring Will Ferrell, John C. Reilly and Ralph Fiennes. Directed by Etan Cohen. A humorous take on Sir Arthur Conan Doyle's classic mysteries featuring Sherlock Holmes and Doctor Watson. Commences December 26.

### How to Train Your Dragon: The Hidden World

(CTC) Animation, action, adventure movie starring Jonah Hill, Cate Blanchett and Kristen Wiig. Directed by Dean DeBlois. Continues the adventure of Hiccup and his dragon Toothless. Commences January 3.

### **Instant Family**

(PG) Comedy starring Mark Wahlberg and Rose Byrne. Directed by Sean Anders. A couple find themselves in over their heads when they adopt three children. Commences January 10.

### **Mary Poppins Returns**

(CTC) Family, fantasy, musical starring Emily Blunt, Meryl Streep and Colin Firth. Directed by Rob Marshall. Decades after her original visit, the magical nanny returns to help the Banks siblings and Michael's children through a difficult time in their lives. Commences January 11.

### Storm Boy

(PG) Drama, family movie starring Jai Courtney, Geoffrey Rush, David Gulpilil and Finn Little. Directed by Shawn Seet. A beautiful and contemporary retelling of Colin Thiele's classic Australian tale Commences January 17.

### Green Book

(CTC) Biography, comedy, drama starring Viggo Mortensen and Mahershala Ali. Directed by Peter Farrelly. A working-class Italian-American bouncer becomes the driver of an African-American classical pianist on a tour of venues through the 1960s American South. Commences January 24.

### Wednesday morning coffee session

Coffee sessions are held Wednesday mornings from 10am outside of school holidays. Come along and enjoy coffee & cake, door prizes and a new release movie in a friendly, relaxed atmosphere. Cost: \$12.



# Eat Wave with Jenny

## Italian-style Roasted Vegetables

### Ingredients

6 garlic cloves, peeled 1 red onion 2 red capsicum 1 fennel bulb 4 medium zucchini, trimmed and cut into 5cm lengths salt & pepper to season



¼ cup good quality olive oil
500g truss cherry tomatoes
¼ cup flat-leaf parsley leaves, roughly chopped

2 teaspoons finely grated lemon peel

### Method

Preheat oven to180°C.

Peel the red onion; cut capsicum in halves and remove seeds; trim fennel bulb; then cut all into thick wedges, lengthways. Trim ends from zucchini and cut into 5cm lengths.

Place garlic, onion, capsicum, fennel and zucchini in a single layer in a large roasting pan. Season with salt and pepper. Drizzle olive oil over the top of

### the vegetables, and toss to coat. Roast vegetable or 30 minutes, turning half-way. After the 30 minute roasting period. add tomatoes to the pan and roast for a further 10 minutes or until vegetables are tender. Remove from oven.

Combine chopped parsley and lemon rind. Sprinkle parsley mixture over vegetables.

Serve immediately. Serves 6.



# Shortbread Biscuits



### Ingredients

180g butter, softened
½ cup pure icing sugar
1 teaspoon vanilla extract
1½ tablespoons milk
1⅓ cups plain flour
2 level tablespoons cornflour
2 tablespoons shelled pistachio nuts, chopped finely (optional)

### Method

Pre-heat oven to 160°C. Line a baking tray with baking paper. Using an electric mixer, beat softened butter, sifted icing sugar and vanilla in a bowl with until light and fluffy. Add milk, beat until combined. Add sifted flours; beat on low speed until just combined. Using clean hands, bring mixture together to form a soft dough.

Refrigerate dough for about 15

minutes or until firm enough to roll. Place dough between two sheets of greasproof paper and roll out to 1cm thickness. Cut into shapes with biscuit cutter and place on prepared tray. leaving a little room for spreading. (Alternatively dough can be shaped into a round log, and cut into 1cm thick biscuit rounds). Sprinkle each shape with chopped pistachio nuts, and using the back of a teaspoon, lightly press the nuts into the dough.

Bake at 160°C for about 15-20 minutes or until a pale straw colour. Remove from oven and leave on tray for a few minutes before transferring to a wire rack to cool. Biscuits can be dusted with a little icing sugar if desired. Makes 24.



# EGGNOG Panna Cotta with

**Cranberry** Compote

### Ingredients

4 egg yolks 1/2 cup caster sugar 1 teaspoon vanilla extract <sup>3</sup>/<sub>4</sub> level teaspoon nutmeg <sup>3</sup>/<sub>3</sub> cup + ½ cup full cream milk 300mls double cream 1 level tablespoon gelatine powder 1 tablespoon brandy or dark rum (optional) extra nutmeg for sprinkling

### Method

Using an electric mixer beat egg yolks in a large bowl, until combined. Add sugar gradually, beating after each addition. Continue beating until mixture thickens and turns pale yellow. Reduce speed to low and add 2/3 cup of milk, double cream, vanilla and nutmeg. Mix on low until combined. Set aside

Place the remaining 1/2 cup milk and gelatine in a large saucepan. Whisk to combine, then place on medium heat and continue whisking until milk has warmed and gelatine has dissolved, making sure the milk does not boil. Once gelatine has dissolved, add the eggnog mixture and continue whisking until it reaches simmering point - just before it starts to bubble. Remove immediately from the heat and using a fine mesh strainer, strain mixture into a heatproof container and allow to cool.

Transfer mixture into a pouring jug. If using optional brandy or dark rum, add to the mixture now and whisk gently. Divide mixture evenly into glass serving bowls/glasses, or ramekins. Refrigerate for a minimum of 3 hours, or until set. Serves 6-8, depending on serving bowl size. Sprinkle with extra nutmeg, and serve with Cranberry Compote. Note: Recipe can be made with or without brandy/rum, and can be served on its own; with Cranberry Compote; or with fresh fruit e.g. raspberries, strawberries, blueberries, or kiwi fruit.

### **Cranberry** Compote Ingredients

2 cups frozen cranberries ½ cup caster sugar ¼ cup fresh orange juice



### Method

Combine sugar, orange juice, and cranberries in a large saucepan over medium heat. Stir until sugar has dissolved. Reduce heat and simmer, stirring frequently. Continue simmering and stirring over low heat, until most of the cranberries have popped and mixture has thickened (about 5-7 minutes). Remove from heat and allow to cool. Cover and refrigerate. Will keep in refrigerator for about 5 days.

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Wednesday, October 10, 2017

Mr G. Coombes Chairman South Australian Wooden Boat Festival

Dear Garry,

Thank you for your time today re: the 2019 South Australian Wooden Boat Festival, and an advertising/marketing strategy. Coast Lines is published by myself and my wife, UJenny, trading as Oscar Publications (ABN 36 199 338 125).

We currently distribute 5000 copies of Coast Lines to 134 outlets across the Fleurieu Peninsula, from Strathalbyn, Langhorne Creek, Milang, Goolwa to Victor Harbor, Cape Jervis, Normanville, Yankalilla, Myponga, and Mount Compass. We have the widest and biggest distribution of any Fleurieu publication.

May I suggest these options (all prices inc. GST):

1. The normal rate for a full page advertisement is \$694. SAWBF purchase two pages at \$638 each – total \$1276 – per edition from December-April. Five editions: \$6380.

The SAWBF will "own" these pages meaning it has the right to place advertising on them. Suggest 4 x quarter-page adverts (valued at \$295 each) offered to lure key sponsors – potentially 20 sponsor spots could be covered over the five months, or you may wish to give the space to, say four ponsors. You may sell them and keep the money. The value or income is \$1176 per edition. In other words, if you received the income the shortfall for the SAWBF would be \$100 for two full page adverts per edition – and you get the equivalent of a full page editorial written by myself and subject to your approval. Please note: we could design the advertisements at no additional cost if required. 2. Repeat everything above in our other publication Wine Coast Lines (launched in November, 2019) covering Aldinga, Seaford, Noarlunga, Christies Beach, McLaren Vale, McLaren Flat and Willunga). By January, this will represent a total distribution of both publications of 10,000.

3. Buy one full-page editorial space at \$550 for five editions Dec-April; total \$2750. No advertising on these pages.

In addition to these options, at no extra cost we would promote the SAWBF on at least one front cover, and if option 2 is not chosen run at least one feature at no cost in our other publication, Wine Coast Lines. It would be in our best interest to promote the SAWBF as well as possible, and the equivalent one-page editorial space for each edition would be minimum coverage.

The key is that in all scenarios the SAWBF "owns" the content. The cost would cover editorial content – words and images. If your preference were to supply the editorial content our only stipulation would be to follow the Australian Style Manual to achieve consistency. No content would be changed without approval.

I strongly recommend that if you were to run editorial in Coast Lines it include December & January issues when more than 100,000 flock to this region on holidays and should know about the festival in April.

Thank you for any consideration.

Ashley Porter Publisher/editor Oscar Publications

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