

Coast Lines

October 2017
Vol. 7 #92

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This month

Cover



Is that Winx winking on the cover? No. It's Never Without You with his handler, Louise Blackledge, of Goolwa. We had a day at the Strathalbyn races. **STORY: P16-18**

Special October days



Shoctober – National Defibrillator Awareness Month www.cardiacarrest.org.au

National Polio Awareness Month www.polioaustralia.org.au

National Lupus Awareness Month: Lupus Foundation

Worldwide Breast Cancer Awareness Month www.mcgrathfoundation.com.au

4-10: National Amputee Awareness Week (image) www.limbs4life.org.au

6: World Cerebral Palsy Day www.worldcpday.org

8-14: National Haemophilia Awareness Week www.haemophilia.org.au

10: World Mental Health Day www.world-mental-health-day/en/

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12: World Sight Day www.vision2020australia.org.au

15-21: National Carers Week www.carersnsw.org.au

20: World Osteoporosis Day www.osteoporosis.org.au

21-29: National Veterans' Health Week www.dva.gov.au/health-and-wellbeing/health-events/veterans-health-week

23-29: International Lead Poisoning Prevention Week of Action www.leadsafeworld.com/

Friday, October 13



Ooooh! It's coming up again. The fear of the number 13 has been given a scientific name: *triskaidekaphobia*. The superstition surrounding this day may have arisen in the Middle Ages, originating from the story of Jesus' last supper and crucifixion in which there were 13 individuals present in the Upper Room on the 13th of Nisan Maundy Thursday, the night before Good Friday.

Halloween, October 31

It's Halloween on the night of Tuesday, October 31, and most will be thinking: "Oh, more American commercialism... un-Christian like with its pagonism."



Actually, according to our friends at *Wikipedia*, the event is a celebration observed in a number of countries on the eve of the Western Christian feast of All Hallows' Day and Reformation Day. It begins the three-day observance of Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints (hallows), martyrs, and all the faithful departed.

Some academics support the view Halloween began solely as a Christian holiday, and it was not until mass Irish and Scottish immigration in the 19th century that the event became a major holiday in northern USA.

It is believed that the custom of making jack-o'-lanterns at Halloween began in Ireland. Costuming became popular for Halloween parties in the US in the early 20th century, with mass-produced costumes appearing in stores in the 1930s when trick-or-treating first became popular.

No names, but upon shifting from a spot in the Adelaide Hills where Halloween was scarcely observed to renting a house in Victor, a bloke heard a faint knock on the door one October 31 night. "Trick or treat?" a polite young girl asked. He gave her the whole giant packet of lollies instead of one, much to the ire of his wife.

The word got around at schools, and during every Halloween since they've wondered how many kids have rocked up to that Coromandel Dr rental house expecting a trove of lollies. (Sorry about that).

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It's showtime again

The 139th Port Elliot Show is on this weekend – October 7-8 – and it has been a long-time coming after it was unfortunately washed-out last year.

Presented by the Southern Agricultural Society, and encompassing Victor Harbor, Mount Compass, Middleton, Currency Creek and Goolwa, the Port Elliot Show is regarded by many as one of the best country events of its kind across the state.

This show is one of the few to incorporate an All Breeds Championship Dog Show under the auspices of Dogs SA, plus a comprehensive program of horses including harness competition on the Saturday and a full horses in action program on Sunday.

Of course, the show is a complete family event, and it would not be the same without plenty of fun and action for children of all ages. Humphrey B. Bear is making a special appearance on Sunday, and there's plenty of thrills and spills with Epic Darren's Comedy Motorcycle Stunt Show on Saturday.

The Port Elliot Show has something for everyone, and the competitions from cake decorating and scones to having the best arts and crafts in so many forms – and not to mention the beef cattle, poultry and sheep – really adds to the tradition.

See you at the show – Port Elliot Showgrounds, Cameron Street, from 9am both days.

The Yankalilla-Rapid Bay-Myponga Show on the last Saturday or September, and the Strathalbyn Show on the Sunday-Monday long weekend were again both highly successful.

Tickets: adults \$12, weekend pass \$20; pensioners/students \$8, children 8-16 \$5.

(No dogs on grounds except registered companion dogs, competition & demonstration dogs).

Visit: www.portelliotshow.com.au



Girls cricket boost

Cricket is set to be a big hit for girls aged 12-18 at the Goolwa, Port Elliot and Yankalilla clubs.

They are part of a nation-wide *Growing Cricket for Girls Program* starting 2017-18 supported by Cricket Australia, the SA Cricket Association and the Adelaide Strikers girls team. Funds have been boosted by \$125,000.

Numerous other country cricket associations and their teams have volunteered to be a part of a Strikers Girls Cricket League in their area, and have started planning to attract girls to play cricket, teach them the required skills and organise matches with other teams.

Clubs will provide all equipment and there are no fees involved. Emphasis is on creating a fun, family environment. As part of the Great Southern Cricket Association Goolwa, Port Elliot and Yankalilla clubs are seeking girls wanting to learn cricket skills and form all-girls teams. It is a great chance for girls to be active and play with their friends in a short and exciting form of cricket.

Games from mid-October-early December will be played on a smaller pitch using softer cricket balls. After practice sessions there will be a carnival. Times vary.

Contacts: Goolwa: Paul Thurlow p-thurlow4653@bigpond.com 0428 60106; Port Elliot: Daryl Mason darrylmason@gmail.com 0428 724481; Yankalilla: James Kerin james.kerin15@gmail.com 0403268632.

www.adelaidestrikers.com.au/girls-cricket

Pictured are keen Goolwa girls (from left) Maddie, Makailla, Tami Dee, and Ebony).

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Help save lives this summer

Chiton Rocks Surf Lifesaving Club has turned 60, and these nipper siblings pictured are training to make sure other young swimmers also reach this milestone.

The club has been running a highly-successful, well-organised nippers program over the past 10 years, and is inviting children 5-13 years to a free 'have a go' session on Sunday, October 7 from 1-3pm.

It's a fun program in which kids can learn surf safety skills in a supervised environment, and who knows, they may save you.

It is alarming that from July 1, 2016 to June, 30 this year 291 Australians drowned, including 15 in South Australia. Of the overall figure, 74% were male, while 27% were swimming or involved in recreation at beaches.

Many swimming tragedies occur because people do not recognise rips or appreciate the danger they present when swimming outside of the yellow flags. Surf Lifesaving SA says if you get caught in a rip, don't swim against it – swim sideways. Conserve your energy; waves can assist you back to the beach.

The nippers program at Chiton goes for 10 sessions between October-March. If you would like your children to be involved contact the co-ordinator Andrew O'Callaghan on 0418 896 239 or nippers@chitonrocks.com.



Young Celeste, seven, might be slightly slow off her mark against her brothers Calum (left) 11, and Tate, 12, but watch out – the determination is in her eyes. The boys have been with the Chiton nippers program for four years and Celeste for three, and they love it.

com, or for all levels of surf lifesaving the membership manager Amanda Dean on 0407 794 515 or membership@chitonrocks.com. It's a wonderful experience for young children.

Our other surf lifesaving clubs along the south coast – Port Elliot and Goolwa – are also gearing up for some big membership

drive days and have excellent programs that are well supervised.

www.chitonrocks.com

www.goolwaslsc.com.au

www.portelliotslsc.com.au

Jane Price

This October, The Strand Gallery is very proud to present coastal works from this internationally acclaimed artist. Jane's paintings are hung in public galleries and private residences across the world and have the potential to become investment pieces.



41 The Strand, Port Elliot Weekends 10.00 till 4.00



Over the past 23 years – 20 as chief executive – Graeme Maxwell has worked for the City of Victor Harbor Council. During this time 47 elected members, five mayors and more than 300 staff have gone through the doors, and now he is closing them as he enters semi-retirement. He leaves a great legacy including his ability to see...

The better side of Victor

During two decades as CEO of Victor Harbor Council Graeme Maxwell's brownish hair has turned a tad greyish. Heavens forbid; some is falling out. He quips it's the sea salt, but then he's an ultimate optimist. He has to be because we all know that anyone who works for any council or government establishment is blasted by negativity; daily grizzles.

There is the world-ending horror of the rubbish collection being 15 minutes late, only that it's the responsibility of the incredibly hard-working bunch at Fleurieu Waste Management. We blame the council anyway, and Graeme is the easiest of targets.

On Friday, November 3, after 23 years at the council, it's all over. Welcome to semi-retirement, boating, fishing. The golf handicap that blew out from 12 to 29 at the magnificent Victor Harbor course during some harrowing times at work has already started to regain normality. His wife Sue,

and their three kids and two grandchildren cannot wait.

Countless people have already thanked and wished him every success in life, but in this sometimes cruel game there are also those filled with bitterness relating to everything and everyone. In time we will see the legacy Graeme, 59, has left; rest assured his ledger is filled with admirable achievements.

Among them are the extraordinary hours Graeme spent virtually as project manager on the council and library project 20 years ago, the Ring Road route and his shared role

character, many of them volunteers. He leaves others to drown in negativity, those who promote Victor Harbor as God's waiting room.

"Statistics are still telling us the proportion of people over 65 continues to grow," Graeme said. "They are progressively becoming a larger portion of our population, but I don't see that as any reflection of the community being God's waiting room."

"I think the health of our community nowadays is much better than it used to be, people are living longer, are more



with the Alexandrina Council creating a masterpiece, the Fleurieu Aquatic Centre. They all had their relentless waves of objection and controversy, yet they are among the significant developments in this region over the past century.

Perhaps setting Graeme apart most has been his keenness to see the better side of this region, it's nature's gifts; people of

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active longer, and are more conscious of exercise. People are wanting to enjoy their retirement years more so than perhaps in the past.

"We no longer curl up into a ball and say, well, that's the end of my life. There are a lot of people who volunteer – the council has almost 500 volunteers across a whole range of programs.

"People have demonstrated they want to be active because they support two golf clubs, two bowls clubs and so many other clubs. They enjoy walking and cycling. People value their health. They value the environment and get out there and appreciate what Victor Harbor has to offer. "God's waiting room? No, people here are too busy starting to live."

Graeme said he was proud and grateful to be part of numerous things that had been wonderful for Victor Harbor, but refuses to take credit. "We have been blessed with outstanding staff during my time; a lot of good people who have seen projects come to fruition and they have been of significant benefit to the community," he said.

When asked whether he would like to rub something off on the original plan for Victor Harbor and start again, Graeme had no hesitation in saying the provision for more space in the main central business area set more than a century ago.

"One project that comes to mind is the town hall and old library, turning it into an arts precinct," he said. "Today the council could do something really good if we just had a bit more space surrounding the buildings.

"We can still do something special with what we have, but we are restrained because of how the town has grown. Of course we have problems with parking there at the moment. We are seeing more retail being relocated out of the town."

city of Victor Harbor



And, surprise, surprise, ratepayers and grizzlers alike could come up with a lot of things they believe could have been done better, including projects during Graeme's time. He says it comes with the territory; there is the personal attack.

"You are considered a bit of a target, I guess," Graeme said. "You tend to cop the brunt of any criticisms or complaints, and I'm human. You do take some things to heart, but having said that I guess you become hardened to it all after so many years in the job.

"Being part of the organisation you have to expect the buck to stop somewhere when people have a complaint, but I would like to hope that over the years I have resolved more issues than I have left unresolved. You cannot satisfy everybody all of the time.

"I would love to corner the market on money trees. There is so much we could do in the community if we had an endless supply of finances. Council is not unique in that.

"It is challenging because our main revenue comes from council rates and people don't like paying them. I understand that. I pick up my own council rates, and think, gee

that's gone up. But at the end of the day it is the community, council and the state government that determine what services we provide and at what level. We have to fund them some way."

Graeme joined the Victor Harbor Council with experience in the banking sector and 10 years with the Port Lincoln Council. During this tenure the population of Victor Harbor and surrounds has grown from 8000 to 15,000, but he feels the attitude and the mood within the community has remained the same.

"Yes, we may have a few more shops and houses, but the people still have that holiday frame of mind," he said.

"I guess there does become a point where you get to a size where people do start to notice change... like for instance 20 years ago the community would not have envisaged there being a multi-storey apartment development like we have here now. While they have changed the landscape a little I don't think they have changed the attitude or the feel of Victor Harbor a great extent."

There is no doubt being chief executive of any council takes its toll. It is said Graeme's workload has been enormous, something most people may not understand or appreciate. The work goes home at least five nights a week; it is 50 hours-plus commitment, writing reports, studying reviews, and attending functions like community clubs, high school presentation nights and Australia Day ceremonies.


"I have needed to be myself as well," Graeme said. "My family have made huge sacrifices to make the commitment I have made, and they are saying it's our turn now. I understand and look forward to that."

Well done. But it's your backswing, not council stress that has blown the golf handicap out. ■

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Cultural exchange

Barbara Katz Rothman, a Professor of Sociology at a New York university, told us that when you've learned to both see and not see the resemblance, then you see the uniqueness.

It neatly sums up the cultural exchange over 17 years between students of Investigator College and indigenous students in the Anangu Pitjantjatjara Yankunytjatjara Lands in the far north western corner of South Australia.

In August, 20 Year 7-9 Investigator students went to Indulkana, and its APY Lands school will send 12 of their students here to study and be billeted by local families from November 10-13.

Having lived in Indulkana from 1982-85 and '90-94, Year 2 class and Y9 cultural studies teacher Jane Wadham asked Investigator College principal Don Grimmet in 2003 to start an exchange program. The response from everyone who became involved since that following year has been overwhelming. It is very much about what Barbara has for many years promoted; a willingness to learn and respect the uniqueness of everyone. While it may relate to cultural studies, the tours are also amazing life experiences.

"Our children tend to notice most the children in Indulkana don't have much materially, but they are very happy," Jane said. "They share really easily. Of course, it is very different culturally for society. The kids are happy with little and do with little.

"We do cultural studies, and one of our catch cries is that 'it is not wrong or right, it is just different'.

"For us, looking someone in the eyes is polite, but in Pitjantjatjara culture you look away and that shows politeness. There is nothing



right or wrong about that, it is just different. "When the Indulkana come down they are billeted, and one of the children whom I knew really well said they were staying with a cruel family. I was surprised because I knew the family well, but it was because they put their baby in a nursey all by itself in a room. It is something the Indulkana people don't do or understand.

"There is no feeling of condescending. It is what they call ngapartji ngapartji or learning together. It's learning just as much from each other and sharing.

"One of the things I especially enjoy is that the students get off the bus and immediately start playing sport with their new friends. They relate in a different way, but sport does provide a wonderful opportunity for students to get to know each other quickly. It's fantastic.

"We dug for wicketty grubs and honey ants

off the bushes. It's a wonderful experience.

"The benefit long term is that we have had students do Aboriginal studies at university, and have made long-term friendships with the students from Indulkana."

Jane said the trips away would not be possible without an incredible support team including Nathan Shaw with his car and trailer, the bus driver Michael Connor, the cook Linda Johnson, and all-round helpers Kristy Roberts-Shaw, the school's student service officer, and past parent David Harrison.

The touring party sleeps in swags and learns numerous life-long skills and team skills along the journey, which includes staying at Uluru and King's Canyon.

"We also look at the bigger picture of Aboriginal history, not just bush people but the so many who have done remarkable things in their life and become famous," Jane said. ■



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The 2017 event is proudly funded and hosted by Investigator College.

For more information contact Julie or Trudy 8555 7500 | events@investigator.sa.edu.au



Moving *Eleanor's Story* coming to Mount Compass, Yankalilla

Country Arts SA is bringing *Eleanor's Story*, a brilliant and emotional show to Mount Compass and Yankalilla this month.

Sold out at the 2016 Adelaide Fringe Festival and fresh from performing at the Edinburgh Fringe Festival, *Eleanor's Story* is an incredible story that sees Ingrid Garner, who also wrote the script, perform this adaptation of her grandmother's, Eleanor Ramrath Garner, award-winning autobiography, growing up as an American caught in World War II Berlin.

In the fall of 1939, at nine years old, Eleanor and her family left New York on the *SS Hamburg* bound for Germany where a new job and secure financial future awaited her father in Berlin. Half-way across the Atlantic, Hitler declared war on Poland and their return to America became impossible.

Eleanor struggles to maintain her American identity as she feels herself pulled into the turbulent life roiling around her. She fervently hopes for an Allied victory, yet for years she must try to survive the Allied bombs shattering her neighbourhood.

The story of Eleanor and her family is one of excitement and adventure, but also torment and sadness.

Garner (pictured) narrates as young Eleanor providing insight through the eyes of a child caught up in a bewildering time. She also plays her older brother Frank, her mother and daunting father with such skill you are never confused about who is on stage.

The Mount Compass Supper Club Presenter Group has played a huge part in bringing this performance to the Mount Compass War Memorial Hall on Wednesday, October 18 at 7pm. Beverley Wilson, on behalf of the club,



said this award-winning show had moved so many audiences and continued to receive great reviews.

"It's such a personal story that is told with great humanity and depth," Beverley said. "A couple of the Presenter Group members have seen the performance, and applaud it for being an accurate account with true historic content that is thought-provoking and emotionally moving."

Eleanor's Story will be performed at Club Fleurieu in Yankalilla on Saturday, October 21 at 7pm. Louise Allstrom, representing the group, said Eleanor's Story was a personal work told with great humanity and depth by someone very close to the subject matter.

Bookings: Mount Compass - Online at ticketbo.com.au/mcsupperclub or Mount Compass Post Office or at the door. Yankalilla - Club Fleurieu, 8558 2053.

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- Change of advice letter for regular credits
- Account switching self help guide

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Have a ball. Go dancing

It seems like Sid and Ruth Rolfe have been on a *Magical Mystery Tour* like *The Beatles* were with their smash hit 50 years ago this November.

And for Ruth, life's journey really started with one of the "Fab Four" as their drummer Richard Starkey, better known as Ringo Starr, lived around the corner from her in the working class heart of Liverpool and went to school together. "He was a nice lad, but such a little scrawny kid," Ruth said.

The 'tour' for Sid and Ruth started in 1984 when they began house swapping – living in their friends' home while they lived in one of the two villas they owned in Spain.

"We followed the sun," Sid explained. "We had a villa in Spain, and we spent an English summer in England, spring in Spain, winter in Mandurah (Western Australia) and autumn in Spain – then back to England.

Swapping homes from 10 weeks to six and a half months with people who became such great friends is a different lifestyle to most, but Sid and Ruth loved every moment.

"It was a great lifestyle starting in 1993, but we knew we couldn't do it forever," Sid said. While the trading places routine may have only finished a few months ago when they settled in Lakeside Goolwa – into the 50th home in the village – their passion for touring is still very much alive as they only recently returned from cruising on the Mediterranean Sea.

Shared in their ever-changing world has been



a wonderful experience in ballroom dancing – it was how they met, and they still enjoy being members of a club in Victor Harbor.

Sid, a retired chartered engineer, started dancing lessons when he was 17. "I was working in a drawing office as an apprentice, and a guy in there, a bit of a Jack the Lad, said if you can't dance or you can't swim you are a social outcast," Sid said. "I could swim and I have been dancing ever since."

When Sid saw her standing there and asked Ruth to dance they became marvellous partners and highly proficient ballroom dancers. Ruth already had the dancing

background with tap and ballet, and also quickly mastered the ballroom techniques.

According to Sid, ballroom dancing is about waltz, quick step and a fox trot. "It's freestyle; you learn lots of different variations and you string them together as the situation allows or demands," he added.

"Dancing in Australia is different; it's sequence dancing – a set routine, and then you repeat it. If you have a lot of people in a hall you cannot do the traditional ballroom dancing because everyone can collide, but if everyone is doing the same thing you can accommodate a lot more people.

"What they call ballroom dancing here is what we call social dancing."

Ruth, a retired medical secretary, said to hear a piece of music set for dancing and go around the floor in unison was a feeling difficult to describe. "It is something you cannot convey to

someone who doesn't do ballroom dancing," she said. "The feeling comes from the soul."

If you picked all four references to *Beatles* song titles in this story you may win a free copy of Coast Lines.

If you are interested in attending ballroom dancing classes in Victor Harbor contact Ann Fidge, secretary of the Victor Harbor Social Dance Association 0404 232 688. The group meets at the Victor Harbor Recreation Centre on Wednesday nights 6-9.30pm and runs various dance nights across the region. ■

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Until October 15

Post Industrial Icons is fabulous work developed by Colin Moore displayed at South Coast Regional Arts Centre, Goolwa. The work has its roots in classical, neo-classical and industrial romanticism. Gallery hours: Wed-Fri 11am-4pm, Sat-Sun 10am-4pm. Free. Floor talk Saturday, September 9.

Until November 5

The Journey is an exhibition of some fabulous photography by Lindy Downing at Signal Point Gallery, Goolwa. The impetus behind her work is documenting a changing landscape from the micro to the macro. Gallery hours: 11am-4pm, Sat-Sun 10am-4pm. Free. Floor talk Friday, September 8.

Tuesday, October 17

The Port Elliot Branch of Australian Red Cross will be holding its annual Fashion Parade featuring 'Dressed 4 Success' from 10:30am at the Port Elliot Institute. The

morning will also include trading tables, raffles and morning tea. All welcome.

October 18 - November 19

Drawing on Country at the South Coast Regional Art Centre, Goolwa draws a growing number of participants each year as the much loved community event goes on show in an exhibition of the works resulting from the plein-air community day. Free event. Gallery hours: Wed to Fri 11am-4pm, Sat-Sun 10am-4pm. Opening event Friday, October 20 at 5.30pm.

Saturday, November 11

Handpicked Festival, Langhorne Creek. Great music and some of South Australia's coolest food and wine will come together at the Fleurieu Peninsula's Lake Breeze Wines. Get set for a great day of contemporary music, food, wine and fun. Information: www.handpickedfestival.com

Now it's our turn to help Toch H

Saturday, October 21

Toc H, one of the finest campsites in South Australia and a landmark in Victor Harbor on Waggon Rd, is the venue for its volunteers day on October 21 from 11.30am-2.30pm.

The history extends to the Ypres Salient during World War I when chaplain Philip Clayton set up a house of rest and recreation in Poperinge for the allied troops involved in the horrible events of Belgian Flanders. It was called Talbot House, and when abbreviated to TH it was confused in signals communication so the 't' was distinguished by the word 'toc' hence the name Toc House. After the war Philip Clayton continued the movement of service throughout the British Empire – including

Victor Harbor, where since 1936 it has largely served those 'doing it tough.'

Opportunities exist for volunteers to work on many aspects of the campsite, including an important ecological project. Within the bounds of the camp there is a unique area of scrubland which needs to be preserved and protected.

Professor Hugh Prossingham of Adelaide University made numerous visits to study the area in the more than 20 years ago and stressed the urgency and importance of taking action to preserve the scrubland. The deterioration of the campsite scrub would be a great loss to the community, and important volunteer work is required on this specific project.

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Your local team (from left) Shane Mitchell, and proprietors Steve Conder & Tony Caruana



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School holidays

South Coast Choral & Arts Society has come up with another brilliant pantomime, Cinderella and the Pirates, at the Victor Harbor Town Hall.

The writer and director is Jonathan Ogilvie, who directed Jack and the Beanstalk (2015) and his latest show, a bit of a mixture of Cinderella and Pirates of the Caribbean, is sure to be a huge hit during the school holidays.

The cast includes Kiara Wiese as Cinderella, Jemmah Sims (Frederic), Mick McKinley (Pirate King), Chris Searle (Ruthie), Georgia Martin (Sam), Heather Kraehenbuehl (Kourtney), Sally Pearce (Khloe) and Pip Burfieldast (Major-General Stanley).

Times – Sat, Oct. 7: 7:30pm, Sun, Oct 8: 2pm; Wed, Oct. 11: 7:30pm; Thurs, Oct 12: 2pm; Fri, Oct. 13: 2pm; Sat, Oct. 14: 2 & 7.30pm. Tickets and more information: e: sccas2015@hotmail.com www.sccas.org.au/cinderella

AT THE WHARF

Cittaslow has set its new summer season of At The Wharf – a fabulous free event on Friday nights on the Signal Point Gallery Deck from 5-8. The next events will be presented on the last Friday of each month – October 27, November 24, December 29, January 26, February 23, and March 30.

Local wine will be on sale by the bottle and by the glass. Local food vans on site - Olaf's Pippis, Boombox Kitchen and more. The evenings are backed up by top local dance bands. You are welcome to bring your own snacks, chairs etc although seating and tables are provided. No BYO alcohol.

Markets



** Markets subject to change; please check details.*

CITTASLOW GOOLWA FARMERS MARKET: Second and fourth Sundays of the month, 9am-1pm at Jeralde Park, Goolwa Wharf. Enquiries: Jane 0419 855 148.

GOOLWA WHARF MARKET: First and third Sundays of the month, 9am-3.30pm; at the reserve by Goolwa Wharf. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

INMAN VALLEY COMMUNITY MARKET: First Saturday of the month 10am-2pm at Inman Valley Memorial Hall. Enquiries: Kate 8558 8242.

KANGAROO ISLAND: KI Farmers Market & KI Community Market: First Sunday of the month 9am-1pm at Penneshaw Oval.

McLAREN VALE – THE VALE MARKET: McLaren Vale Visitor Information Centre, 796 Main Rd, McLaren Vale.

MYPONGA MARKET: Weekends & public holidays 10am-4pm at Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

PORT ELLIOT MARKET: First and third Saturdays of the month, 9am-1pm. Lakala Res, Rosetta St. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

STRATHALBYN MARKET: Third Sunday of the month at the Lions Park South Tce, Strathalbyn - 8am-2pm. Enquiries 0408 501 840.

STRATHALBYN – LIONS CLUB MARKET: The Lions Club of Strathalbyn holds a quarterly market on the fifth Sunday of the month (which occurs four times a year) at Lions Park, South Tce, Strathalbyn - 8am-2pm. Enquiries: 0407 289 030.

VICTOR HARBOR FARMERS' MARKET: Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor. Enquiries 0438 858 667

VICTOR HARBOR COUNTRY MARKET: Second and forth Sundays of the month, 9am-4pm, at Soldiers' Memorial Gardens, The Esplanade, Victor Harbor. Enquiries: 8556 8222.

VICTOR HARBOR INDOOR CREATIVE CRAFT MARKET: Second Saturday of the month, 10am-2pm at RSL clubrooms, Coral St, Victor Harbor. Enquiries 0412 382 724.

WILLUNGA ARTISANS' MARKET: Second Saturday of the month, 9am-1pm at Old Show Hall, Main St, Willunga (opp Willunga Farmers' Market). Enquiries 0414 361 817.

WILLUNGA FARMERS' MARKET: Every Saturday, 8am-12.30pm at Willunga Town Square. Enquiries: 8556 4297.

WILLUNGA GREEN LIGHT ORGANIC MARKET: Every Saturday of the month; 9am-1.30pm. Willunga Recreation Park, Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY MARKET: Second Saturday of the month 9am-1pm at Aldinga Rd, Willunga. Enquiries: 0408 897 393.

YANKALILLA CRAFT & PRODUCE MARKET: Third Saturday of the month 9am-1pm at Agricultural Hall, Main Rd, Yankalilla. Enquiries 8558 3346.

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It's this time of the year again – the running of the Melbourne Cup and all the glamour of Flemington. We discovered the Strathalbyn Racing Club is also making a huge impact on the Sport of Kings, and invites you to have...

A bloke walks past a stable and a horse says: "Hello, I'm a Melbourne Cup winner." He turns around and says: "Oh my god, a talking horse... are you serious?" And the horse says: "No, I'm Rainbird; Sirius won it the year before."

The joke has been going around since Sirius, a 3/1 favourite, won the Cup in 1944. Racing can be like that; go to most country tracks and nothing seems to change. Same old one-liners, trainers with their tired-looking faces from too much 4am trackwork, and 'ol timers studying form guides searching for a winner in the last.

But as we take interest in thoroughbred racing again during this Spring Carnival, a time when self-imposed "experts" tip a 'cert' and we refuse to believe there never is one, it seems some country racing clubs have changed. For one moment let's erase the notion racing is only about blokes in a betting ring feeling invincible with their trifectas, schooner in a plastic cup in hand.

Now enter the Strathalbyn Racing Club. Okay, its next meetings on Sunday, October 8 and the first Wednesday in November with a race that stops a street won't be a smidgen of the glamour and the excitement of the

A seriously good day at the races

thundering hooves of international equine champions at Flemington, but they will nonetheless offer their unique experience of a great day at country races.

As the Sport of Kings gets another airing at one of the greatest race meetings in the world, Kristy Martin, the new business development manager at Strathalbyn, and the club's revitalised committee, will bring us

the Sport of Everyday People.

Simply, the blinkers have been taken off. The amenities have been modernised, covered in fresh paint, there's new signage and everything has been cleaned.

Kristy Martin, the new business development manager at Strathalbyn Racing Club, wants us to see a day at the races as a

Pictured left: Wanted By All, ridden by Sairyn Fawke, wins the Langhorne Creek Wine Region BM 60 Handicap at Strathalbyn.

fun outing, an opportunity to meet new people; networking they say. It's also about us promoting our region as country race meetings in South Australia are now on free-to-air TV on Channel 78 or 68, with the coverage extending nationally and to Asia and the United States of America.

"We believe the Strathalbyn Racing Club can be a new means of selling this part of the Fleurieu Peninsula to the world," Kristy said. "We are the jewel in the crown from a country racing perspective when you consider the region and our centralisation.

"We need to educate people on what racing is really about, and show them this other side of racing. Racing is more than a race; it's an industry within itself and it can play a much bigger role in tourism across the Fleurieu Peninsula.

"We recently had a syndicate of 10 flying in from Hong Kong for our race day... they had an amazing experience. No one would have any idea just how many people arrive here from all over the place. We also had a group from Perth who did a tour of our beautiful Langhorne Creek wineries, cruised the Coorong and then had a great day out at the races right here."

Kristy believes today's generation of racegoers are there for the fun, the social environment aspect. After years of thoroughbred racing being seen solely as a place for diehard punters, there is increasing interest in becoming a part of a syndicate. The cost is comparatively reasonable; it's the thrill of having a runner in a race and living the dream of part-owning a horse.

It's all part of the romanticism in this game,



“
We believe the Strathalbyn Racing Club can be a new means of selling this part of the Fleurieu Peninsula to the world...”

– Kristy Martin (pictured), business development manager at Strathalbyn Racing Club

if you like, but it had nothing to do with us choosing to run the image on our front cover of Never Without You. Trained by Ryan Balfour, he's a stunning chestnut gelding, the grandson of a Golden Slipper winner, Rory's Jester, and he won the last race, the Mclloy Auto Group Benchmark Handicap this particular day at Strathalbyn a few weeks ago.

Kristy is one of the few women in a senior administrative role in South Australian racing,

and her ability to see another side of this sport has already been paying off since she joined the club in November with marketing experience including from the Langhorne Creek Regional Wine group.

"What we have needed to do is market racing at Strathalbyn as a special event rather than just relying on the same membership coming along and hoping for good numbers," Kristy said.

Continued P16

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From P15

However, those who have been coming here for years remain as welcomed and valued as ever, perhaps none more than Maxine Brook and her group of friends, whom they say "wouldn't miss the Strath races for quids."

Actually, it was shillings and pence when Maxine first attended a race meeting here, and has rarely missed one since. They quip before the starter at the barrier gates turns on the green light he first asks whether Maxine is here.

"I have just always loved the Strath races, right from the days my husband was a trainer," Maxine said. "It's just so friendly and relaxed, and at most meetings there'll be 16 of us ladies sitting together in the members' bar."

"We each put in our dollar each-way for each race, and oh, we have a wonderful time. I can remember my grandmother being here; she would put her 50 pence each way on her special for the day."

Maxine's twin, Geraldine, is a regular also, and recalls the 100/1 winners she has fluked over the years. There's Jill Clarken – a big name in racing in these parts – who says it's a memorable occasion whenever anyone in the group wins (she laughs).

They are indeed a delightful bunch of ladies, and in recent years behind the scenes they have raised thousands of dollars for charities including the local CFS from running their small raffles and whatever.

Hearing this makes you really feel there is more to these Strathalbyn race meetings than meets the judges; it's about the people, not just the horses.

Kristy said there were 40 registered trainers who worked their teams here, and as many



as 120 horses on a Saturday morning. "This represents a lot of owners, stablehands and so on. Racing is important to so many people who rely on it for their living.

"It's a tough industry, racing. I sometimes wonder whether it is worse than milking cows in terms of the extreme hours, what with being here at 4.30 in the morning when it's incredibly dark and cold working their horses.

"I just admire everyone involved. They are tough people, and then they do it all again at night, feeding the horses again. They're a resilient bunch, and they always seem to be waiting for the next win."

The old committee room once for men-only has been spruced up with the finest of decor and is being renamed. Here, the mixed company looks over the magnificent long straight and surrounds, the winning post, and observes the chatter between trainers, jockeys and owners in mounting yard. The view is sensational, and people around the world saw a the smiling faces when the favourite won the first. "That's terrific," Sirius would have said. But he'd be wrong. Tawriffic won the Cup in '89. ■

Above: Having another great day at the Strathalbyn races... Maxine Brook (front) among some of her many friends at the Strathalbyn races (from left) Jan Walmsley, Maxine's twin sister Geraldine, Jill Clarken, Jenny Hussin and Jenny Skipworth. Below: Jamie Kah on the David Jolly trained Dellacqua.



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Shoo fly, don't bother me



Spring is well and truly here, and the heat of summer is creeping. There will still be hints of rain, cool nights and overcast days, but it seems the worst of the bitter cold is behind us.

It means it's time to start preparing for the blazing heat of a South Australian summer. And what does this bring? Flies, flies and more flies.

A way to combat them is growing plants that actually naturally repel flies and mosquitoes.

Of course, there is great reward in planting herbs, especially for the cooks of this world. They're easy to pick and generally you can put them straight into the dish to add extra flavour. Also, the list above adds some nice colour with indoor pots, and to the overall garden.

It's almost sun season, which means sunflowers.

Spring or early summer is the best time to plant your sunflowers. Loosen the soil and add compost and mulch to enrich the soil to get the most out of these beautiful flowers.

Every-day herbs and flowers that act as a repellent for those nasty unwanted flies and mossies include:

**Lavender
Basil
Chamomile
Mint
Chives
Rosemary
Chrysanthemums
Lemon Balm
Bay trees
Peppercorn tree**

Re-mulching before summer is the best time. Lock the moisture in before the sun comes.

We have a range of soils in this region – along the coast or further inland – so it is important to get advice on the most appropriate plants to grow and what supplements to use. See the team at DSM Landscape & Building Supplies in Middleton. Happy gardening!

Emily

Security Matters

with Peter Schirmer



Be more diligent about security

Although shielded on the South Coast, criminal activity continues to plague us. We are not immune to crime and associated problems.

Over the past few months we have seen random acts of business theft and serious criminal trespass. I am still concerned that many people don't take their security seriously.

In more desperate times we see acts of more desperate crime, some of these are so brazen that it's beyond words.

Most professional businesses are gearing up to combat crime within their place of work along with many residential property owners. It doesn't matter how prepared you are we will always see criminal behaviour from those individuals who believe they will get away with the offence.

Meeting a magistrate up close has implications. One stupid act can lead to not getting that dream job you have always wanted or not being able to travel to a foreign destination because of past indiscretions. I cannot stress enough the importance of securing assets, regardless of it being cash, stock or personal items left in the home or car. Crime is usually an act of opportunity so 'out of sight, out of mind'. Keep all roller doors down when possible and ensure things are put away at the end of each day.

Crime prevention is everyone's responsibility. Talk to your local police if you feel the need for a face to face, or call 131 444 and speak to an officer at Police SA communications. SAPOL also have some really great reading material for security over your home or business.

In saying this, many people are now looking at other forms of crime prevention. As we deal with these issues on a regular basis, I am always happy to talk to anyone about crime prevention solutions.

If you have a security system ensure that all sensors are clear of cobwebs, etc and have a clear field of sight.

Stickers and signs are not enough; noise is not a deterrent. Security and police can't stop an attempt to break in, but I can assure you that we will do everything in our power to reduce loss if your asset is monitored.

We continue to invest resources into our infrastructure, including staff now based across the coast with highly visible patrol vehicles for crime prevention, incorporating surveillance technologies, base station communications and vehicle tracking. I have always believed that high security and police presence is paramount in reducing crime in our community and we will always continue to strive in pursuit of excellence.

Peter



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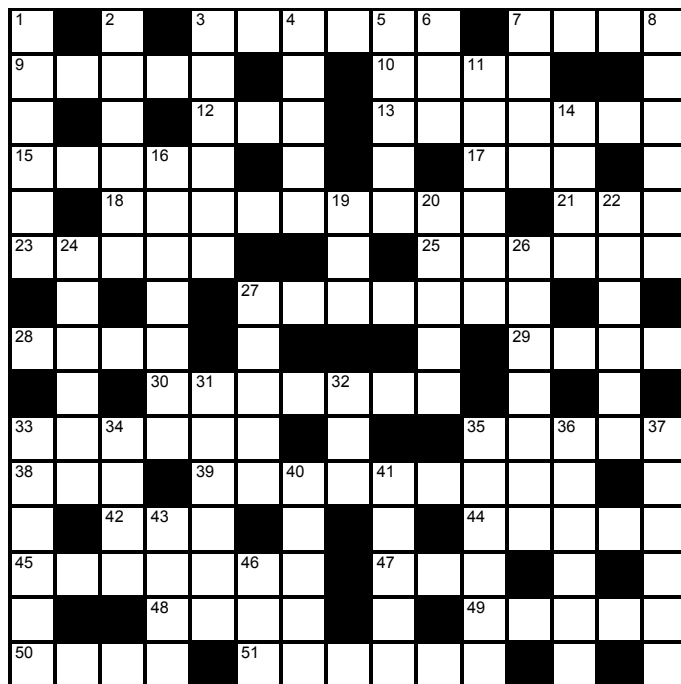
Puzzles

answers P23 (and don't cheat)

Crossword

Across

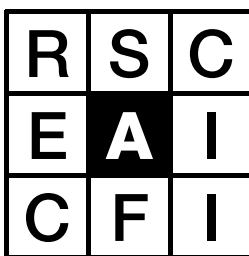
- 3 Cherry-coloured
- 7 Innermost being
- 9 Sheeplike
- 10 Lawsuit
- 12 Wet soft earth
- 13 Built
- 15 Conscious of
- 17 Consumed
- 18 Produces
- 21 Observe
- 23 Kind of wheat
- 25 Artillery weapon
- 27 Keep in
- 28 Summit
- 29 Alone
- 30 Passes away
- 33 Halts
- 35 Primary
- 38 Limb
- 39 Isolate
- 42 Printers measures
- 44 Carries
- 45 Merciful
- 47 Until (poet)
- 48 Woody plant
- 49 Call up
- 50 Broad
- 51 Compositions



Down

- 1 Marsh
- 2 Optical illusion
- 3 Join firmly
- 4 Added clause
- 5 Perfume
- 6 Corn spike
- 7 Cult
- 8 Book of accounts
- 11 Time of the year
- 14 Examine
- 16 Becomes less tense
- 19 Beard of barley
- 20 Sends out
- 22 Birds of prey
- 24 Condiment
- 26 Reprieve
- 27 Pursue
- 31 Inferior
- 32 Knight's title
- 33 Inexperienced
- 34 Prayer ending
- 35 Myths
- 36 Sanity
- 37 Throws
- 40 Entrances
- 41 Additional
- 43 Small arachnid
- 46 Born

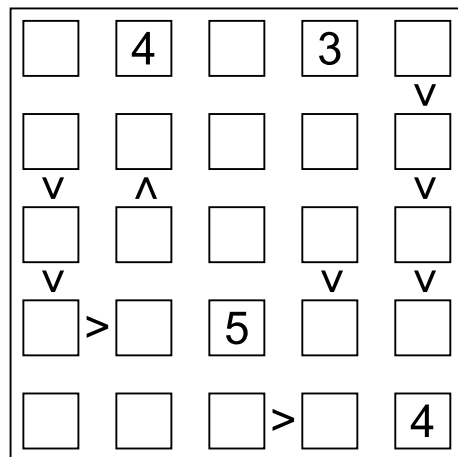
Target Time



Average 28, Good 32, Excellent 36+

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in 's'.
Reference Source: Macquarie Dictionary

Futoshiki



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The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A less-than sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution.

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Laugh Lines

The slice of life

The doctor looks at Brian with a sad face, almost with in a tear in his eye. "I'm sorry Brian," he says. "But you have a highly contagious disease... there is no cure, and you will need to be quarantined. You will need to go on a strict diet of a cheese slice for breakfast, a cheese slice for lunch, and a cheese slice for dinner. But don't worry, everything is going to be fine."

Brian cries loudly: "Oh, no doctor, that's terrible."

The doctor says: "I know Brian, but that's the way it is. Everything is going to be fine, I can assure you."

Brian looks up at him and says: "But what's with the strict diet of a cheese slice?"

And the doctor says: "It's the only thing that will fit under the door."

Doctor, doctor...

Sam is a complete hypochondriac. He bumps into his doctor at the supermarket and says: "Great news Doc, remember those voices I kept on hearing in my head and you said I was just imagining them? Well, doctor, I haven't heard them in over a week."

The doctor says: "That's great news Sam."

Sam shouts: "Great news? I'm afraid my hearing has gone now."

Horsin' around

Joe is a racehorse trainer and walks into a bar looking frustrated. The barman asks: "What's the matter?" Joe says: "I've got these two horses and I can't tell them apart. I don't know if I'm mixing up riding times or even feeding them the right foods."

The barman says: "Why don't you try shaving the tail of one of the horses?" Joe follows the advice and a few months later returns and says to the barman: "I shaved the tail of one of the horses, but it grew back and I can't tell them apart again."

The barman says: "Try shaving the mane?" So Joe does, but again it grows back.

The barman is tired of Joe talking about his horses, and says: "Why don't you just measure the horses."

Joe storms out. He returns the next days and says: "It worked... I measured them and the black one is two inches taller than the white one."

No porkie pies

A man walks into a bar with a pork pie on his head. The barman asks: "Why are you wearing a pork pie on your head?"

The man replies: "It's a family tradition. We always wear pork pies on our heads on a Tuesday."

The barman says: "But it's Wednesday."

And the man says: "Man, I must look like a real fool."

Fast action

A snail enters the Victor Harbor police station and tells an officer: "I just got mugged by two turtles. They beat me up and took all my money."

The officer says: "That's terrible... did you get a good look at them?" And the snail says: "No, it all happened so fast."

Super heroes

Chuck Norris, Rocky Balboa and a blonde are each asked to go into one of three rooms, and with complete certainty they must say they can walk out of the room alive. In the first room there is a karate champion with a big machine gun and hand grenades. Inside the second is a hungry tiger that has not eaten anything for seven years, and the third room is filled with trip wires linked to explosives, and deadly poison paint on the floor and walls.

Chuck picks room No.1, the blonde picks No.2 and Rocky No. 3. Chuck and Rocky chuckle and say to the blonde: "Err, sorry, but you have no hope of surviving with that hungry tiger in there."

The blonde says: "That's okay, because if the tiger hasn't eaten for seven years it would be dead."

Dad jokes...

What did the triangle say to the circle? "You're pointless."

Who does the ocean date? It goes out with the tide.

What do you get if you cross two punsters with a hen? Two comedians who lay eggs with a lot of bad yolks.

Why did the cross-eyed teacher lose his job? Because he couldn't control his pupils.



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Follow your nose to the Smoke Off Festival

One of the great fun events is on again – the annual Smoke Off at the Garden of Honour lawns by the Goolwa RSL Sub Branch on Sunday, November 5.

It's about teams of the best Weber cookers across the nation (maybe just the south coast) coming up with their own secret recipes and smoking some delicious ham. There are some fantastic prizes to be won, and you have the chance to follow your nose and see all the innovative ways to present their culinary delights.

The cooks start preparing at 11am, and while the hams are cooking enjoy the music by the



Mac Tones and taste some great food and sensational Langhorne Creek wines or a cold beer from the RSL club. Entry is free, but a Smoke Off registration fee applies. Proceeds go to community groups including the CFS. Contact details: 0478 296 359, or www.cittaslowgoolwa.com.au/wharf E: goolwasmokeoff@internode.on.net

ADFAS lectures for next year

One of the popular cultural events to take place on the Fleurieu Peninsula next year will be the 2018 series of Australian Decorative & Fine Arts Society (ADFAS) lectures.

The program of lectures for next year has been released and membership for 2018 is open. All speakers will be internationally-acclaimed cultural experts, such as Paul Atterbury, familiar to Antique Roadshow fans.

The lecture series will begin on February 19 with Anthony Penrose, son of US photographic artist Lee Millar and surrealist artist, Roland Penrose. Anthony will speak on his famous father's career, Roland Penrose: The Friendly Surrealist.

The following month Paul Atterbury, will

explore the impact of Britain's network of canals on art, architecture, engineering, and designer.

Other topics for next year will include focus on Art Nouveau, the Pompeii archeological finds and the world's most expensive art.

The one-hour lectures will be held at the Victor Harbor Gospel Centre at 10.30 am.

"ADFAS lectures provide a friendly social experience with coffee and tea, and an opportunity to meet the speaker," said chairman Val Wyld. "Membership also entitles you to attend other ADFAS lectures Australia wide."

For membership (\$125 for 2018) or attending one to two lectures contact Jen LeMessurier 0417 084 003; e: fleurieu@adf.org.au



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Puzzle answers (from P18)

1	4	2	3	5
5	1	4	2	3
4	3	1	5	2
3	2	5	4	1
2	5	3	1	4

acre, afire, airs, arise, asci, cafe, care, case, ceca, ceria, circa, face, faces, facer, fair, farce, farci, fare, fares, fear, fears, feria, fiacre, frae, fraise, race, races, raise, SACRIFICE, safe, safer, sari, scar, scarce, scare, scarf, sear, sera, serai.

M	M	C	E	R	I	S	E	S	O	U	L
O	V	I	N	E	I	C	A	S	E		
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A	W	A	R	E		N	A	T	E		G
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S	P	E	L	T		W	M	O	R	T	A
E	A		C	O	N	F	I	N	E		G
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P	E	L	A	P	S	E	S	P	E		
C	E	A	S	E	S		I	F	I	R	S
A	R	M		S	E	G	R	E	G	A	T
L	E	M	S		A	X	B	E	A	R	S
L	E	N	I	E	N	T		T	I	L	S
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Victoria and Abdul

(PG) Drama, biography starring Judi Dench, Ali Fazal, Eddie Izzard and Michael Gambon. Abdul Karim arrives from India to participate in Queen Victoria's golden jubilee. The young clerk is surprised to find favor with the queen herself. As Victoria questions the constrictions of her long-held position the two forge an unlikely and devoted alliance that her household and inner circle try to destroy. As their friendship deepens, the queen begins to see a changing world through new eyes, joyfully reclaiming her humanity. Concludes October 14.

Kingsman: The Golden Circle

(MA15+) Action, adventure movie starring Taron Egerton, Colin Firth, Jeff Bridges, Mark Strong, Channing Tatum, Halle Berry and Julianne Moore. With their headquarters destroyed and the world held hostage, members of Kingsman find new allies when they discover a spy organisation in the United States known as Statesman. In an adventure that tests their strength and wits, the elite secret agents from both sides of the pond band together. Concludes October 11.

The LEGO Ninjago Movie

(PG) Action, adventure, animation movie starring Jackie Chan, Dave Franco, Michael Pena, Abbi Jacobson, and Justin Theroux. The battle for NINJAGO City calls to action young Master Builder Lloyd, aka the Green Ninja, along with his friends, also secret ninja warriors. Led

by Master Wu (Jackie Chan), as wise-cracking as he is wise, they must defeat the evil warlord Garmadon, who also happens to be Lloyd's dad. Pitting father against son, the epic showdown tests these fierce but undisciplined modern-day ninjas as they learn to check their egos and pull together to unleash the inner power of Spinjitzu. Concludes October 15.

The Emoji Movie

(G) Animation, Sci-fi movie starring T.J. Miller, Tony Leondis, James Corden. Hidden inside a smartphone, the bustling city of Textopolis is home to all emojis. Each emoji has only one facial expression, except for Gene, an exuberant emoji with multiple expressions. Determined to become normal like the other emojis, Gene enlists the help of his best friend Hi-5 and a notorious code breaker called Jailbreak. The three emojis discover a great danger that could threaten their phone's very existence. Concludes October 14.

Captain Underpants

(G) Action, adventure movie starring Kevin Hart, Ed Helms, Nick Kroll. George and Harold are two imaginative pranksters who spend hours in a treehouse creating comic books. When their mean principal threatens to separate them the mischievous boys accidentally hypnotise him into thinking that he's a ridiculously enthusiastic, dimwitted superhero named Captain Underpants. Concludes October 14.

Blade Runner 2049

(CTC) Fantasy, thriller starring Harrison Ford, Ryan Gosling. Officer K, a new blade runner for the Los Angeles Police Department, unearths a secret that has the potential to plunge what's left of society into chaos. His discovery leads him on a quest to find Rick Deckard (Harrison Ford), a former blade runner who's been missing for 30 years. Commences October 5

Ali's Wedding

(M) Drama starring Osamah Sami, Don Hany and Frances Duca. After a reckless lie sets off a catastrophic chain of events, Ali, the son of a Muslim cleric, finds himself caught between his sense of duty to his family and following his heart. An irreverent and warm-hearted comedy, Ali's Wedding is an affectionate and entertaining story of love and duty. Commences October 5.

Battle of the Sexes

(PG) Sport, biography movie starring Emma Stone, Steve Carell, Sarah Silverman. The 1973 tennis match between Billie Jean King and Bobby Riggs became the most watched televised sports event of all time. They were differed with a binary argument, but each was fighting more personal battles. With her husband urging her to fight for equal pay, the private King was also struggling to come to terms with her own sexuality, while Riggs gambled his legacy and reputation in a bid to relive the glories of his past. Commences October 12.

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The Mountain Between Us

(CTC) Drama, romance starring Kate Winslet, Idris Elba, Dermot Mulroney and Beau Bridges. Stranded on a mountain after a tragic plane crash two strangers must work together to endure the extreme elements of the remote, snow-covered terrain. Realising that help is not on the way, they embark on a perilous journey across wilderness, pushing each other to survive. Commences October 12.

Home Again

(M) Drama, romance starring Reese Witherspoon, Michael Sheen, Nat Wolff and Lake Bell. Recently separated from her husband, Alice decides to start over by moving back to her hometown of Los Angeles with her two young daughters. During a night out on her 40th birthday, Alice meets three aspiring filmmakers who happen to be in need of a place to live. Alice agrees to let the guys stay in her guest house temporarily, but the arrangement ends up unfolding in unexpected ways. Alice's unlikely new family and new romance comes to a crashing halt when her ex-husband shows up, suitcase in hand. Commences October 20.

The Final Portrait

(M) Drama, biography starring Armie Hammer, Geoffrey Rush, Clemence Poesy and Toby Shalhoub. Alberto Giacometti, the famous artist, bumps into his old friend, the American critic, James Lord, and begs that he sits for a portrait because he has an interesting face. It'll just take a couple of days in his studio. Lord is flattered by the request and as the days go by and turn into weeks and weeks seemingly with no end in sight he realises his entire life

has been hijacked by this erratic genius. The portrait continues to ebb and flow. Veering between frustration and joy, Lord ultimately sees logic in the artist's chaotic mind and together we witness a genius complete one of his last masterpieces. Commences October 27.

Thor: Ragnarok

(CTC) Sfi-fi movie starring Chris Hemsworth, Cate Blanchett, Tom Hiddleston and Tessa Thompson. Imprisoned on the other side of the universe, the mighty Thor finds himself in a deadly gladiatorial contest that pits him against the Hulk, his former ally and fellow Avenger. Thor's quest for survival leads him in a race against time to prevent the all-powerful Hela from destroying his home world and the Asgardian civilisation. Commences October 27.

Bad Moms 2

(CTC) Comedy starring Mila Kunis, Kristen Bell, Jay Hernandez Mums Amy, Kiki and Carla rebel against the challenges and expectations of the Super Bowl for moms: Christmas. As if creating the perfect holiday for their families isn't hard enough, they'll have to do it while hosting and entertaining their own respective mothers when they come to visit. Commences November 3.

Murder on the Orient Express

(CTC) Mystery, crime movie starring Judi Dench, Kenneth Branagh, Johnny Depp, Daisy Ridley and Michelle Pfeiffer. A lavish trip through Europe quickly unfolds into a race against time to solve a murder aboard a train. Everyone's a suspect when Detective Hercule Poirot

arrives to interrogate all passengers and search for clues before the killer can strike again. Commences November 10.

Justice League

(CTC) Sci-fi, fantasy move starring Ben Affleck, Gal Gadot, Henry Cavill. Fueled by his restored faith in humanity and inspired by Superman's (Henry Cavill) selfless act, Bruce Wayne (Ben Affleck) enlists newfound ally Diana Prince to face an even greater threat. Together, Batman and Wonder Woman work quickly to recruit a team to stand against this newly awakened enemy. Despite the formation of an unprecedented league of heroes it may be too late to save the planet from an assault of catastrophic proportions. Commences November 17.

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Baked Brie with Honey

Ingredients

1 round of Triple Cream Brie
1 tablespoon honey

Method Pre-heat oven to 180°. Unpackage the Brie and cut a few small slits in the top of the cheese with a sharp knife, to help the cheese cook through. Place cheese in a small shallow oven-proof dish. Drizzle with honey and cover with foil. Bake for 10 minutes, then remove foil and bake for a further five minutes, or until light golden on top. Carefully remove from oven and let sit for a few minutes before serving. Delicious served as an appetiser with dipping biscuits such as small Bruschetta toasts.

Note: Cooking time will depend on the size of the Brie. Triple Cream is ideal because of its melting properties. Flaked almonds can be sprinkled on top of the Brie before baking if desired, or other nuts like lightly salted pistachios can be added after baking. Amount of honey used can be varied, according to taste. Rind can also be removed from the side of the Brie to hasten cooking time and make access to the creamy centre of the cheese easier after baking. This works well if you are using a suitable baking dish that is only slightly bigger than the Brie. If removing the rind from the side there is no need to put slits on top.



Honey Mustard Chicken

Ingredients

2-3 chicken breasts, skins and bones removed
3 tablespoons olive oil
2 cloves garlic, minced
1/3 cup honey
2 tablespoons wholegrain mustard
4 small zucchinis, sliced
500g cherry tomatoes, halved
12 small flat mushrooms, halved
salt & black pepper to season
chopped fresh parsley
crushed dried chilli flakes (optional)
Italian seasoning (optional)



Method

Pre-heat oven to 180°C. Lay four sheets of foil on a flat surface - measuring approximately 30cm x 60cm. Cut four sheets of baking paper the same size, and place on top of the sheets of foil. Slice chicken fillets in half, lengthways. Place zucchini slices, halved tomatoes and sliced mushrooms in the middle of each sheet of foil. Season with salt and pepper, then place a chicken fillet (or two side-by-side, depending on size) on top of the vegetables. Whisk together olive oil, minced garlic, mustard, and honey in a small bowl. Divide the sauce over each chicken pack, then sprinkle with chopped parsley and crushed chilli flakes or Italian seasoning (optional). Fold the foil over the chicken and vegetables so the packs are completely sealed at the top. More foil can be wrapped around the pack if required, Place the packs on a baking tray and bake for 25-30 minutes or until chicken is cooked through and veggies are tender. Remove from oven. Using an egg slice transfer packs to dinner plates, then also using the egg slice carefully move chicken and vegetables onto the plates. Be careful when doing this. Serves 4.

Note: Other vegetables can be used - for example thinly sliced potatoes, carrots, peas, beans, broccoli.. Some, such as tomatoes, will produce liquid so be careful when opening the packs. Also extra wide foil is ideal for this recipe.

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COUNTRY ARTS SA JALLY

Orange Panna Cotta

Ingredients

120ml milk
2 level teaspoons powdered gelatine
600ml light thickened cream (approx. 18% milk fat)
4 level tablespoons caster sugar
2 teaspoons finely grated orange zest
1 teaspoon pure vanilla essence

Method

Pour milk into a cup, stir in gelatine and set aside. Place cream, sugar and orange zest in a saucepan and bring to boil on medium heat, stirring until sugar dissolves. As soon as it reaches boiling point, remove from heat and rest for a minute. Add gelatine mixture and stir until gelatine has dissolved. Set aside to cool for 15 minutes. Strain the mixture into a jug or bowl suitable for pouring, then pour into. Refrigerate for at least 4 hours, or until set. To serve, dip the outside of each mould in hot water for 10 seconds, run a sharp knife around the inside of each mould and invert onto a serving plate. Serve as is or with fresh fruit. Serves 6



Apple Shortcake

Ingredients

5 medium apples (Pink Lady or similar)
85g butter
85g sugar
1 egg
pinch of salt
115g (¾ cup) self raising flour
25g (3 level tablespoons) plain flour
55g (½ cup) cornflour

Soft butter icing

125g butter, softened
1½ cups icing sugar, sifted
1 teaspoons pure vanilla essence
2 tablespoons milk
coconut for sprinkling on top of icing (optional)

Method

Pre-heat oven to 180° C. Line the base of a 20cm round baking tin with baking paper. Peel, core and slice apples. Place in a saucepan with two tablespoons of water and cook over medium heat until soft and pulpy. Remove from heat and set aside to cool. Drain to remove excess juice. Cream butter and sugar. Add egg. Stir in sifted flours and salt to make a stiff dough. Divide mixture into halves. Roll out to fit the round 20cm baking tin. Place one round of

dough in the tin, spread with the stewed apples, then top with the remaining dough. Cook approximately 30 minutes in a fan forced oven at 180° C. Remove from oven. Allow to cool a little in the pan, then turn out onto a wire rack or board to cool completely.

Soft Butter Icing

Beat the room-temperature butter with an electric mixer or wooden spoon until smooth and white. Add half the icing sugar and milk and, beat until smooth. Add remaining icing sugar and vanilla essence and continue beating until smooth. Spread the cake with the icing and sprinkle a little coconut over the top of the cake if desired. Best devoured after icing has set, however it is suitable for freezing.

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