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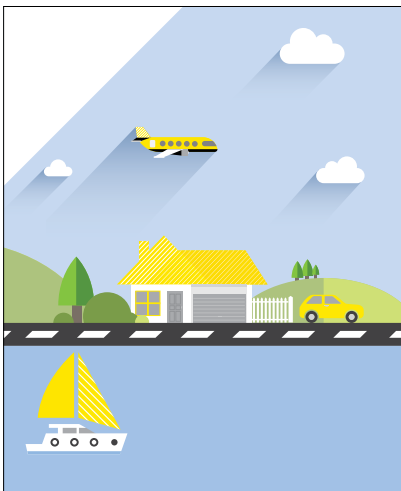
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November, 2016
Vol. 6 #81

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This month

Friday, November 11: Remembrance Day

For the 98th time at the 11th hour on the 11th day of the 11th month Commonwealth countries will hold Remembrance Day to honour their armed forces who died in the line of duty in all conflicts of war.

The occasion – also affectionately known as Poppy Day or Armistice Day – was dedicated by King George V to recall the end to hostilities of World War I on November 11, 1918. The war officially ended with the signing of the *Treaty of Versailles* on June 28, 1919.

The red poppy became a familiar emblem of Remembrance Day due to a poem *In Flanders Fields* written by Canadian physician Lieutenant Colonel John McCrae. Poppies bloomed across some of the worst battlefields in WWI with their brilliant red colour an appropriate symbol for the blood spilled in the war.

McCrae was inspired to write the poem on May 3, 1915 after presiding over the funeral of friend and fellow soldier Alexis Helmer, who died in the Second Battle of Ypres. According to legend, fellow soldiers retrieved the poem after it was discarded by McCrae, who was initially dissatisfied with his work. *In Flanders Fields*

was first published on December 8, 1915 in the London-based magazine *Punch*.

As we pause to commemorate Remembrance Day to honour members of our armed forces who died in the line of duty it seems fitting to publish McCrae's poem:

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

Cover story

It may not be everyone's cup of tea, but Debbie Smith, of Goolwa, loves eating carp – cooked the right way. Carpbana, carpwurst, smoked carp... you've just got to try some. FULL STORY P6-8



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Why the long face? You should be celebrating

It was 20 years ago that one of Australia's greatest thoroughbreds, Saintly, won the Cox Plate and Melbourne Cup, so when this pint-sized look-alike chestnut pony came along weeks later he was given the same name.

That's six-year-old Henry Pearce pictured on him, and being young-and-old represents an amazing bond with the Victor Harbor Riding Club at Scott Grounds, Bacchus Dr, Victor Harbor.

The club, which was formed in 1964, will celebrate its 40th anniversary of being at Scott Grounds with a special end-of-year gymkhana and luncheon, and is inviting

Continued P4

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Lets cruise into Yankalilla for a lot of show 'n shine

The ninth annual Shannons Yankalilla Cruise promises to be hotter than ever on Sunday, November 20.

Magnificently presented classic, custom, hot rods and chrome bumper pre-1979 vehicles depart Castle Plaza, Edwardstown at 10am and cruise to Yankalilla Memorial Oval via South Road, Southern Expressway, Aldinga and Myponga, arriving approximately 11.15am. There will be a sneak peak of some vehicles at the oval on the Saturday 2-5pm.

The program at the oval on the Sunday starts at 10am, including music from DJ Jess, a huge undercover dance floor, live music by The Wise Guys, free bouncy castle for the kids, plus bar and catering facilities.

The event is supported by a rock 'n roll dinner dance at Yankalilla Hotel on the Saturday night (bookings 8558 2011) including live music by Raunchy Sugar Book.

Sunday oval entry: vehicles \$15, motorcycles and walk-in \$5 pp, children U14 free.

www.yankalillacruise.com



Young riders at Victor Harbor Riding Club... nine-year-old twins Mitchell (left) and Joshua Schuette (far right), and Lucy Pearce, nine, and Henry Pearce, six, with horses Locky and 30-year-old Black Satin.

From P3

past and present members to share in the celebration on Sunday, December 4. And, of course, there will be plenty of guests with long faces – the horses, of course.

As these events decree, there will be a lot of reminiscing about the club's embryonic days and proud moments having taught so many adults and children about dressage, showing, jumping, horsemanship and caring for their horse.

Club president Tracey Leigh, who has been with the VHRC since 1976 – the first year at Scott Grounds – said the 40th year celebration was also an opportunity to acknowledge all of the past committee people since the club's formation who worked hard to help the sport and provide ideal facilities.

"We feel the club and these wonderful facilities have provided a great starting point for children and adults to learn how to ride a horse, and we have been thrilled to see so many succeed at a high level, including Jess Marnie, who went to the United Kingdom with a special youth development group in August, and Scott Keach, who competed at the 1988 Olympics and at Rio this year," Tracey said.

"Australia's equestrian team at the Rio

Olympics had a saying that the rider and horse represented 'two hearts and one passion', and that sums up so well what the sport is all about. Riding is very much a solitary thing; the rider preparing and working with the horse and loving every moment. The partnership is so special.

"The kids gather here with a common interest, and they see and perform different disciplines of the sport. In the process they become part of a community and form wonderful friendships as they strive to achieve with the support of those around them."

The Victor Harbor Riding Club has members aged as young as three with a focus on sharing a passion and helping each other. They have a monthly riding sessions or a gymkhana at Scott Grounds usually on the first Sunday of each month.

Hey, if they didn't have fun here Saintry would have headed for the track 20 years ago, and also won the hearts of a nation.

If you would like to know more about the club or join the members in the 40th year celebration contact Tracey on 0409 280 963 or Nicki Pearce on 0459 250 316. ■

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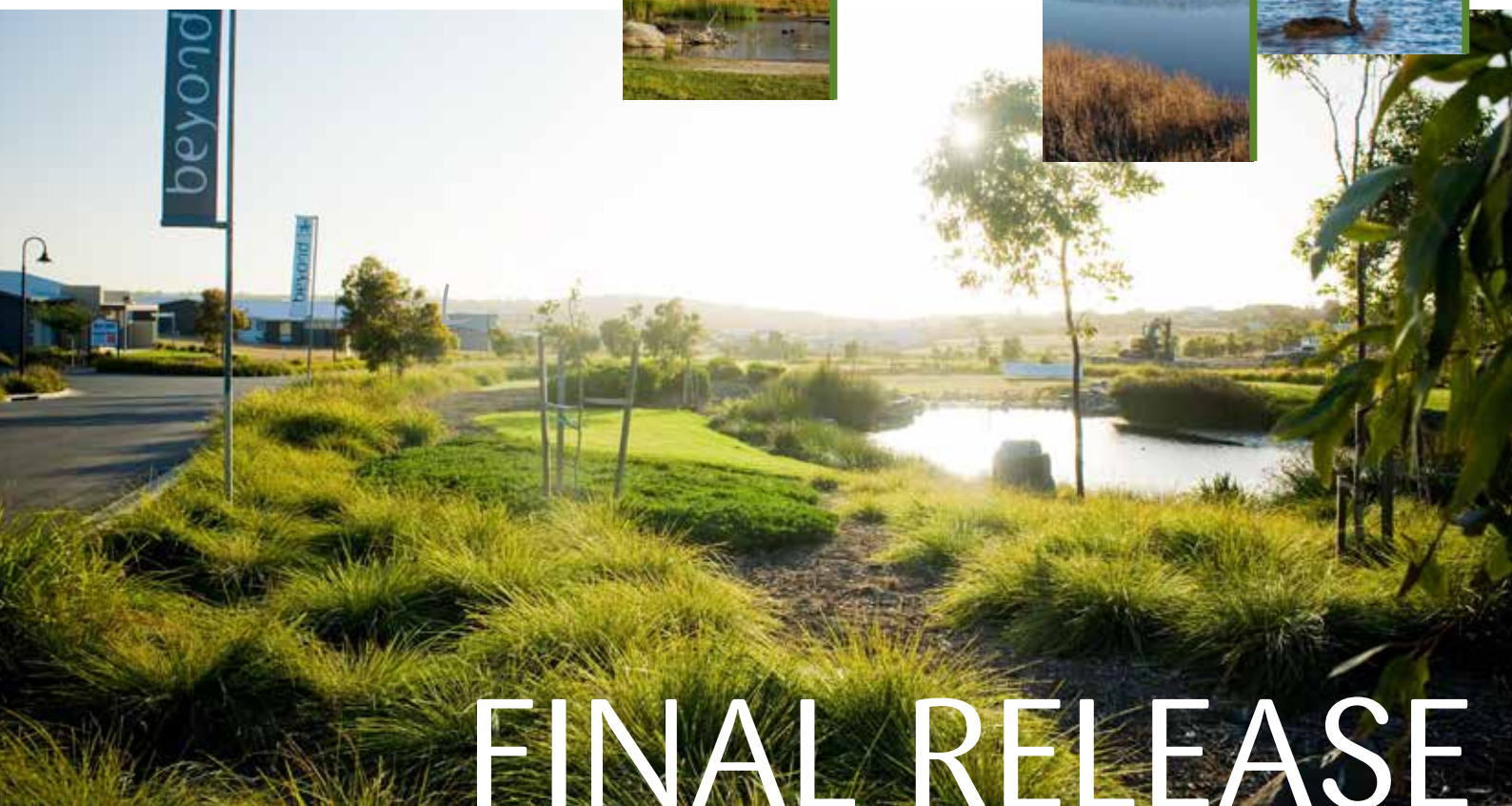
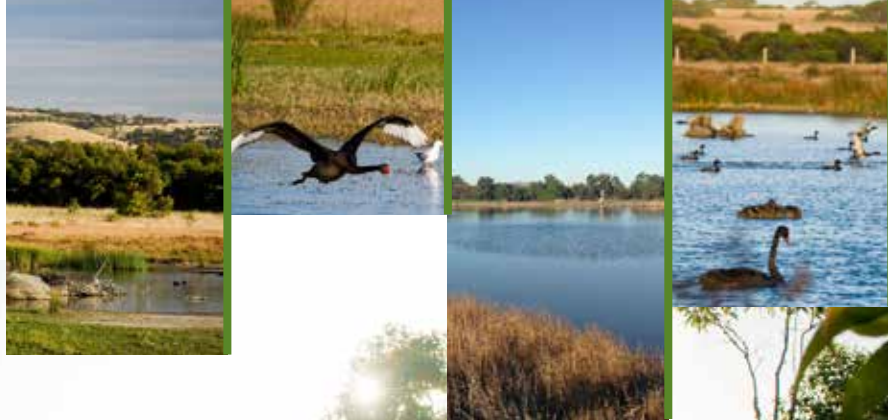
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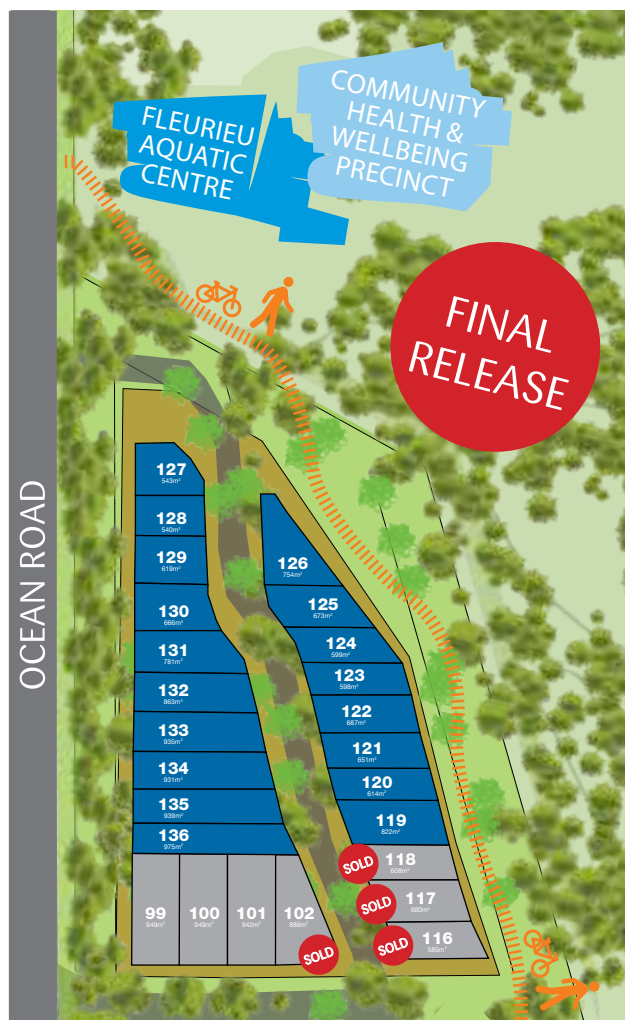
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10 years ago Beyond began with the planting of hundreds of thousands of trees and development of the now stunning wetland areas. In just a few months the Fleurieu Regional Aquatic centre located on land donated by Beyond will be complete, and the development of the huge health and wellbeing precinct will be underway.

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The Carp Lady

Ask almost anyone with the slightest knowledge on fishing about European carp and they'll say you've got the letters jumbled. They laugh, then scorn the village idiot who in the 1940s introduced this fish that now clogs our dear Murray.

The Department of Primary Industries and Regions South Australia lists them as freshwater pests, and there are moves to eradicate them with a herpes virus. Basically, they're a fat, smelly fish full of bones, and while we may eat anything we catch it is illegal to throw them back in the water. In other states, it is illegal to eat them.

But before we condemn the *Cyprinus carpio*, upset the carp-enters of this world and repeat Ned Kelly's last words before being hanged: *carpe diem* – Latin for *seize the day* – there is a very nice lady in Goolwa who would like to say a few words in the defence of this fish. Call it the scales of justice if you wish, and frankly, we were humbled upon realisation that there really is a place on our plates for the carp of this world.

Meet Debbie Smith, the Carp Lady. She makes carpbana, carpwurst, carperoni, carp sausages, carp patties, smokes the carp, and supplies her good friend Karen Ross with a few carp to make the most sensational pate south of the Gulf of Carpentaria.

"The thing is," Debbie says, "... you've got to know how to cook carp." And having been



Debbie Smith (left) with Karen Ross.

at Cittaslow's At the Wharf shows at Signal Point, Goolwa.

Perhaps the most intriguing thing in all of this is what would trigger the mind of an every-day woman to think: "Oh, let's have some carp for tea tonight darling." Her husband Ken would have been horrified.

"It goes back to 20-odd years ago when we were with the kids and friends at Barmera, and we caught some carp," Debbie said. "We put it on the barbeque and it was the most horrible fish we had ever eaten – in between picking the bones out and swatting the mossies. Great day.

"I always wondered if there was something you could do with carp, and when I retired just over 12 months ago I thought I would look into it on the internet. It was about having something to do, and I always wanted to smoke fish. "Off I went and caught a carp.

I learnt on a Catchment Management Authority DVD where one of the scientists explained how to prepare carp. People always say carp is always muddy because of the way they feed in the mud, but apparently that is not right. It's because when the fish are caught they are usually thrown on the bank and left to flop around gasping. If you put them straight into an iced slurry in an esky or bucket it sends them into hypothermia and

invited to their carp party, if you think of it as anything but carp, the dishes are simply scrumptious; one of the most plentiful yet under-rated delights you can imagine. And Debbie doesn't make these carp dishes on a commercial basis or is even contemplating turning it into a small business; she merely wants to promote the ideal of eating the natural food that may be around us. Karen provides her carp pate as part of fundraising

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Your local team (from left) Shane Mitchell, and proprietors Steve Conder & Tony Caruana



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Among the special delights... (top left) carp sausages and carpana, (above left) carp patties, smoked carp and carp jerky, and (above) carp pate.

the histamines don't go into the flesh of the fish so you don't get that muddy taste.

"I also saw how this guy Keith Bell fillets the carp... how he cuts tiny boneless fillets off the belly – smaller than a garfish fillet – and puts them in seasoned flour and fries it.

"I thought, I can do this. I didn't want to waste the bit that had the bones in it so started mincing it up, learning that if you have a very sharp mincer you can eat it. Fine bones will chop up... they are not going to stick into you.

"I started using the meat with sausages. I thought, this looks like pork so I added flavour and made other things. I just kept on experimenting.

"It took me a while to work out how to use just the flaps for the smoking.

"I have my curried smoked fish... marinated overnight in salty and sugar mix to reduced the salty flavour as you do when you smoke food. It helps to make the smoke stick and get rid of that fishy taste. You get a beautiful, surprising texture. If you called it anything but carp you would rave about it. There is that perception.

"I make my own carp jerky teriyaki from the meat on the flap of the carp – no bones – soaking it in Japanese teriyaki sauce, draining, and placing in the dehydrator.

"I don't skin or scale the carp – it is easier to just take the side off and take the flesh off, cut it up and put it through the mincer and smoke it. The fresh mince looks like chicken and I have made tacos with a packet from the supermarket... just mix it up; it's sensational. "I made a Thai Fish cake, then I tried minced carp with home grown coriander spring onions fresh out of the garden, and a little bit of egg and corn flour."

For Karen to sell her pate to raise funds for Cittaslow, under SA Government law Debbie needed to buy the carp from a commercial fisherman.

"I saw a professional fisherman Deelan Dennis – they call him Dingle – on the way to Strathalbyn," Debbie explained. "I had never met him, and I asked him to buy carp. After he stopped laughing – he uses them for cray bait – he was amused. Now he supplies me with 20kg boxes of trunks of carp at \$1 a kilo.

"I guess out of all of this I have found

something I am really enjoying doing, and to me it also reminds people of the Cittaslow movement of using the natural food or resources around us.

"We are also saying there are so many things you can do with the carp apart from eating them like we are. There is the bloke who makes the Charlie Carp, which is fertiliser made in Deniliquin, New South Wales."

It is fair to say at this point that if the carp police infect them with a herpes virus the disease won't spread to us. However, scientists are now looking at the disadvantages that may happen with this treatment, including how it can make a carp almost completely remove the oxygen from the surrounding water which may also affect plant and other life.


There is also the theory that if the carp die from this disease they may sink to the bottom of the river and it will be difficult to dredge them out.

Let's seize the day for carp. Give a piece a chance... ■


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**The 2016 Rotary Strathalbyn Great
Duck Race Soldiers Memorial
Gardens - Sunday, November 13
from the quack of dawn**

There have been some famous ducks of this world, including Donald, Daisy, Plucka and the consecutive golden ones made by Greg Chappell during Pakistan's cricket tour of Australia during the 1981-82 cricket season, but none have waddled so inconspicuously and made such a huge impact on communities than these guys.

We're talking about the amazingly competitive 2500 ducks who every year push 'n shove and try to knock each other over in a race along the River Angas to capture the glory in the Great South Australian Duck Race at Soldiers Memorial Park, Strathalbyn. Okay, they're those little yellow plastic ones, and we may have talked up the tactics here, but for 26 years this fun, family-day event on the third Sunday of November has played a serious part in helping the Strathalbyn Rotary Club raise almost \$250,000 to support local and international projects. And then there the tens of thousands of dollars local service, community and sporting clubs have raised from the food and drink stalls.

According to Strathalbyn Rotary Club member and 2016 race organiser Craig Maidment, it's about fun and raising funds for wonderful causes.

"The duck race maybe ho-hum for the locals because they've seen it so many times, but a lot of people are still coming to this town on the second Sunday in November," Craig said. "Hey, this is bigger than that race on the first Tuesday of November."

Laugh we may, but this relatively tiny event, the brainchild of Frank Clennett, who is still a local Rotary member, was the first duck race of its kind in Australia, and possibly the



The world's gone quackers

world. It is now held globally.

Proceeds from this year's duck race will go towards the Milang Red Cross, Riding for Disabled (Adelaide Hills), outdoor gym equipment along the Angas River, and creating a bird sanctuary in an reserve 4km out of Strathalbyn. The local scouts, community and sporting clubs, SES and CFS

will also benefit.

According to well-respected local real estate sales consultant and fellow Rotarian Peter Redden, the duck race is great for Strathalbyn because it brings tourists to the gateway to the magnificent Langhorne Creek wine region. "The event provides life-long family memories," he added.

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to the magnificent Langhorne Creek wine region. "The event provides life-long family memories," he added.

"A special attraction this year is the fact the SteamRanger will run from Mount Barker to here for the race, and there will be a big duck on board (he laughs).

"There have been so many tireless volunteers over the years who have really made this event for the benefit of the community, and we cannot thank them enough."

They say the Great South Australian Duck Race takes about 15-20 minutes, but much depends on when the official judge, Geoff Oertel, starts the big fans on the swamp boats. And if there is a real tail wind, the race could be over in five.

Buy a duck in the race and you will help great causes and have a chance of winning \$1000 for coming first, \$300 second and \$200 third. Actually, everyone wins a prize – their duck. The fun day starts at the quack of dawn, or 10am in real time, with kids games including Chuck-a-Duck (plastic ones, of course).

There are two sections of the corporate events from noon, including for the best-dressed ducks like Toffish pictured with her owner Fiona Cairney.

Fiona, a decorator-designer, named her precious duck hiding behind a mask (as they do at the other Cup, the one in Melbourne) after her must-visit gifts and fashion shop in Dawson Street, a few waddles from Soldiers Memorial Park.

"I think the duck race is great for Strathalbyn, and well done to everyone involved," Fiona said. "It's typical of the community spirit of the town."

Fiona conceded Taffish is not likely to win, but hey, this duck is there for the show, not the dough. ■



Art exhibition filled with emotion and certainly talent

A special tribute will be made to talented Irish-born artist Jim Kinch, who died recently, during an exhibition at Artworx Gallery & Gifts, Goolwa, from November 6-27.

Known as the "painter of action" and for his award-winning style described as contemporary impressionism, Jim's works had been a feature of the Gallery for many years. Proprietors John and Liz Francis thought it was appropriate for his work to still be included in their exhibition, *Talented Hands*.

Also featured will be outstanding works by other talented and well-known artists Cheryl Anne-Brown, Randall Sach, John Carl, Tim Shaw, Peter Coad, Mietje Skidmore, Mark Judd, Marc Spurgin and Chris Wake. The exhibition will be launched on Sunday, November 6 and opened by television personality Jane Reilly OAM.

Liz and John, who took over the Artworx Gallery & Gifts in Hays St, Goolwa on December 1 last year, said they were excited to be able to present this exhibition. "We have some amazing high profile artists, who exhibit and sell their works all



The brilliant work of the late Jim Kinch, which will be part of this special exhibition *Talented Hands* at Artworx Gallery & Gifts.

over the world," Liz said. "The calibre of the work is undoubtedly some of the finest exhibited in this region."

John and Liz are planning ongoing exhibitions, which will certainly enhance Goolwa's reputation as a genuine arts town.



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Jack Reacher: Never Go back

(CTC) Action movie starring Tom Cruise, Cobie Smulders and Danika Yarosh. Directed by Edward Zwick. Jack Reacher returns to the headquarters of his old unit, only to find out he's now accused of a 16-year-old homicide. **Concludes November 9**

Deepwater Horizon

(M) Drama starring Mark Wahlberg, Dylan O'Brien, Kurt Russel, Gina Rodriguez and Kate Hudson. A story set on the offshore drilling rig Deepwater Horizon, which exploded during April 2010 and created the worst oil spill in U.S. History. **Concludes November 9**

Doctor Strange

(CTC) Adventure movie starring Benedict Cumberbatch, Tilda Swinton, Chiwetel Ejiofor and Rachel McAdams. Based on the Marvel Comics character, Stephen Strange beset by demons controlled by apprentice sorcerer Karl Mordo, but was rescued by Mordo's mentor, the Ancient One, a millennia-old sorcerer who protected the Earth dimension as its Sorcerer Supreme, a role Strange was destined to inherit. He offered himself as a

disciple to the Ancient One, who accepted, having known of Mordo's treachery all along. The Ancient One spent years instructing Strange in the art of sorcery, teaching him how to tap the innate mystic powers of both himself and the world around him. **Concludes November 16**

The Light Between Oceans

(CTC) Drama starring Michael Fassbender, Alicia Vikander, Rachel Weisz. After four harrowing years on the Western Front, Tom Sherbourne returns to Australia and takes a job as the lighthouse keeper on Janus Rock, nearly half a day's journey from the coast. To this isolated island, where the supply boat comes once a season, Tom brings a young, bold, and loving wife, Isabel. Years later, after two miscarriages and one stillbirth, the grieving Isabel hears a baby's cries on the wind. A boat has washed up onshore carrying a dead man and a living baby. Tom, who keeps meticulous records and whose moral principles have withstood a horrific war, wants to report the man and infant immediately. But Isabel insists the baby is a "gift from God," and against Tom's

judgement, they claim her as their own and name her Lucy. When she is two, Tom and Isabel return to the mainland and are reminded that there are other people in the world. **Commences November 4**

Hackshaw Ridge

(MA15+) Drama starring Andrew Garfield, Vince Vaughn, Sam Worthington and Hugo Weaving. Directed by Mel Gibson. World War II American Army Medic Desmond T Doss who served during the Battle of Okinawa refuses to kill people and becomes the first Conscientious Objector in American history to win the Congressional Medal of Honor. **Commences November 4**

Arrival

(M) Sci-Fi movie starring Amy Adams, Jeremy Renner and Forest Whiticker. Directed by Denis Villeneuve. Taking place after alien crafts land around the world, an expert linguist is recruited by the military to determine whether they come in peace or are a threat. **Commences November 11**

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Café Society

(M) Comedy starring Jesse Eisenberg, Kristen Stewart, Jeannie Berlin and Blake Lively. Directed by Woody Allen. A young man arrives in Hollywood during the 1930s hoping to work in the film industry. There, he falls in love, and finds himself swept up in the vibrant café society that defined the spirit of the age. **Commences November 11**

Fantastic Beasts and Where to Find Them

(CTC) Fantasy movie starring Eddie Redmayne, Katherine Waterston, Ezra Miller and Dan Fogler. Directed by David Yates. "Fantastic Beasts and Where to Find Them" opens in 1926 as Newt Scamander has just completed a global excursion to find and document an extraordinary array of magical creatures. Arriving in New York for a brief stopover, he might have come and gone without incident... were it not for a No-Maj (American for Muggle) named Jacob, a misplaced magical case, and the escape of some of Newt's fantastic beasts, which could spell trouble for the wizarding and No-Maj worlds. **Commences November 18**

Nocturnal Animals

(CTC) Drama starring Jake Gyllenhaal, Amy Adams and Aaron Taylor-Johnson. Directed by Tom Ford. A successful Los Angeles art-gallery owner's idyllic life is marred by the

constant travelling of her handsome second husband. While he is away, she is shaken by the arrival of a manuscript written by her first husband, who she has not seen in years. The manuscript tells the story of a teacher who finds a trip with his family turning into a nightmare. As Susan reads the book, it forces her to examine her past and confront some dark truths. **Commences November 25**

Trolls

(G) Animation, musical movie starring Anna Kendrick, Justin Timberlake, Gwen Stefani and James Corden. Directed by Mike Mitchell and Walt Dohrn. Poppy (Anna Kendrick), the optimistic leader of the trolls, and Branch (Justin Timberlake), her polar opposite, embark on an adventure that takes them far beyond the only world they've ever known. **Commences November 26**

Queen of Katwe

(CTC) Drama starring Lupita Nyong'o, David Oyelowo and Madina Nalwanga. Directed by Mira Nair. Living in the slum of Katwe in Kampala, Uganda, is a constant struggle for 10-year-old Phiona (Madina Nalwanga) and her family. Her world changes one day when she meets Robert Katende (David Oyelowo), a missionary who teaches children how to play chess. Phiona becomes fascinated with the game and soon becomes a top player under Katende's guidance. Her success in

local competitions and tournaments opens the door to a bright future and a golden chance to escape from a life of poverty. **Commences November 26**

Rogue One: A Star Wars Story

(CTC) Action, Sci-Fi movie starring Felicity Jones, Mads Mikkelsen, Ben Mendelsohn, Alan Tudyk and Diego Luna. Directed by Gareth Edwards. Rogue One takes place before the events of Star Wars: A New Hope and will be a departure from the saga films but have elements that are familiar to the Star Wars universe. It goes into new territory, exploring the galactic struggle from a ground-war perspective while maintaining that essential Star Wars feel that fans have come to know. **Commences December 16**

Moana

(CTC) Animation movie starring Dwayne Johnson, Auli'i Cravalho and Nicole Scherzinger. Directed by Ron Clements and John Musker. In the ancient South Pacific world of Oceania, Moana, a born navigator, sets sail in search of a fabled island. During her incredible journey, she teams up with her hero, the legendary demi-god Maui, to traverse the open ocean on an action-packed voyage, encountering enormous sea creatures, breathtaking underworlds and ancient folklore. **Commences December 26**

EXTRAORDINARY V.I.P. INVITATION 3PM SUNDAY 6TH NOVEMBER 2016

TALENTED HANDS



An exhibition from November 6-27 with hosts

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Society tends to learn so much about bringing children into the world, but often there is a trend not to talk about the other spectrum – when we die. It is a fact of life.

We may also prefer not to talk about tougher times ahead, but it is important to protect your family from the financial difficulties that follow personal loss or trauma. Debts, expenses and living costs may be covered with the right life insurance policy – and the team at the Goolwa & District Community Bendigo Bank can help.

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We often hear about being a power of attorney. It is a legal document authorising another person (called the attorney) to act on your behalf. A power of attorney appoints an attorney to manage your financial affairs,

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- unexpected absences.

Your wealth protection and estate matters are obviously very important to you and your family, and being directed to the right service providers and experts in these fields can be a huge relief. You may find out more about these important services that the Bendigo Bank provides by visiting its website: www.bendigobank.com.au

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Trading Places

Talk about trading places... Kim Lange and close friend Dagmar Waechter now run the only motel in Goolwa – 260km apart from Loxton. After one works five days running their new business and then drives back to her family in the Riverland for five days off, the other comes here in her place for four days and then four days off – and so the reverse roster goes. Left home are their husbands and kids, and everyone loves the unusual situation, especially the people of Goolwa who can now boast of first-class accommodation and great meals in a family restaurant.

And don't believe they drive for 2 hours and 48 minutes to Loxton and return to chaos – their families have learnt more than ever about cooking and cleaning. Kim and her husband, Wayne, who has a concreting business, have two children, Connor, 13, and Ava, eight, while Dagmar and her husband, Shane, an agronomist, also have two children, Kailey, 18, and Jackson, 15.

The mums took over the old Murphy's Inn in Cadell Street, changed the name to Motel Goolwa, and with a lot sprucing and refurbishing are taking on the challenge of their lifetime. Kim said they became good friends working in a local hotel for 16 years, when one day they just started talking about how



Travelling and working mums... new owners of Motel Goolwa, Kim Lange (left) and Dagmar Waechter.

they could run something similar themselves. "We had a chat over a glass of wine that night and eventually we plucked up enough courage to do something about it," she added.

"It was a huge step out of our comfort zone. It is not something that we fear; it's just overwhelming at times. We thought that if we focused on great food in a clean, family environment, and provided excellent service we might be half a chance."

Dagmar said they could not believe how welcoming the people of Goolwa had been. "The support has been tremendous," she said. "We have had so much support and we don't want to let the town down. Goolwa and Loxton are different in so many ways, yet the people are

the same; there is that strong community feel."

For the record, we won't see a lot of oranges on the new menu. "We could bring the whole Riverland feel with us, but this is not the Riverland; it's

Goolwa, and we love everything about this town." Also, the new restaurant is called Jack's... an acronym of the children's names – Jackson, Ava, Connor and Kailey. ■




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Brodie Muller (below) and Leah Fitsimmons (right) have a song and dance routine, and their courage to confront their challenges and live a passion to succeed in the performing arts is refreshing. It tells us these local performers certainly do not have stage fright. This is their story...

Now he's man of the *House*

It was Paul David Hewson who told us that music can change the world because it can change people. Better known by his stage name Bono, the lead vocalist of U2 could not have encapsulated Brodie Muller better.

Brodie, 18, of Hayborough, who has just completed his schooling as the first student to go right through Encounter College from Reception to Year 12, admits he would have left school much earlier – and perhaps become lost in the system – had he not discovered his hidden talent for music.

There were challenges in his life, at times he felt a lack of purpose, but as a result of a remarkable bond between a previous music teacher at the school, Sandie Gardiner, and especially the guidance and encouragement of its principal, Kelvin Grivell, Brodie found music and used it to achieve against the odds.

Brodie said had he not picked up a cheap guitar brought in by his teacher he almost certainly would not have completed Year 12. There was his personal struggle; music kept him motivated and wanting to learn. The newfound confidence prompted him to stick with



“I feel good about life because I have achieved something that I never thought I would.”

– Brodie Muller

mates Luke on bass guitar and Jacob on the drums. They're very good, and typical of the character of these lads they are assisting a newly-formed dance school, Dance With Leah (story P14) by playing his guitar in dance sessions.

The House of Eden plays anything from the 50s to the 90s and beyond, and Brodie finds his inspiration from Nirvana, a US rock band formed in 1987. “I have always love that band,” he says. “Now I love all music.”

Brodie is unsure where the next few years will take him as he joins 17 other Y12 students into the after-school world, including Ethan East and Mikaela Mason, who also

basketball for the local Lakers, and football in the senior colts for Victor Harbor.

“The first day I picked up a guitar I loved it, and I practised more and more and just went from there,” Brodie said.

“Music has made my life. School hasn't always been easy for me; it has been a challenge. I dropped off a bit in middle school. Music helped to calm me a lot when I was stressed; things like that. In these situations I play the guitar for ages until I feel that I can focus again. Music puts me in my own world.”

Brodie completed a university level of music, which is stage seven, in Y12 this year, and has a dream of taking his music studies further and being employed in the music industry. He is on the way, performing in a band called *The House of Eden*, formed with his

started in reception at Encounter, but left only to later return. But importantly, but he's no longer stressed.

“I feel good about life because I have achieved something that I never thought I would,” he said.

There is no musical instrument background in his family, but he has an incredibly-supportive mum, Nicole, who has taken him all over the place to allow him to become a very good electric guitarist.

The school has obviously been very good to him too, and now we don't have a shy kid frightened with what lay ahead, but a young man who this year had the courage to stand up in front of his school and do what he does best – in the spirit of George Harrison playing his guitar that no longer gently weeps. ■



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Let's dance... Leah pictured with some of her students (from left) Amity, six, Summer, six, Mya, eight, and Layla, seven.

Let's dance the night away

Introducing Leah Fitsimmons, but like millions around the world you have already seen her on TV; one of the young girls dancing during the sensational 2000 Sydney Olympics opening ceremony. Surely you noticed her.

Okay, Leah was one of hundreds in the centre of Olympic Stadium at the time, but we figure she must have been a stand-out because success has followed her brilliant footsteps every bit of the way ever since. And then there was Clipsal 500 Adelaide, the Sydney Royal Easter Show, ARIA Awards and so on.

Now 28, and having moved from the NSW Central Coast to Victor Harbor five years ago, Leah is helping a host of junior – and some much older – dancers literally take one step at a time at her own studio, Dancing With Leah.

Not surprisingly given her background, a few weeks ago Leah picked up the coveted South Australian Stage Dance Society Award for the Best New Dance Group. It was a tremendous achievement by a young person just months earlier setting out in her first business venture, and certainly from a performing arts perspective.

Leah credits much of the award success to her partner's mum,

Karen Pearson, who encouraged and helped her to set up the dance studio in Commerce St, tucked in Lincoln Park, Hindmarsh Valley on the edge of Port Elliot and Victor Harbor. Actually, her partner Seamus can claim a lot too, because when Leah's family moved back to NSW she stayed here because of him. They always said there was romance in dancing.

Leah has been dancing since she was three, and studied it at high school, TAFE, university and full-time at a performing arts school. Numerous new dance schools entered the state-wide competition held at Westminster School, Marion. "I like to think we made a good impression and the award has encouraged me to keep going when at times it does seem to get all too much running your own business," Leah said.

"There were times when I doubted myself whether I could it all, but getting training on the business side of things through my accountant has been so helpful.

"I was teaching elsewhere, but I needed to move on. We do ballet, jazz, hip-hop, contemporary, lyrical, tap, Broadway jazz... we do a lot. The children are really keen; they are amazing little students and they make me feel really good about dancing.

"I have students from the age of two in my baby classes; we do a lot of fun dancing as well as learning some finer points.

"My aim is to create as many opportunities as I can for the kids and have fun, especially during our Christmas holiday classes.

"When I came here I thought I would have a break from uni and dancing, but this opportunity came along and I am loving the challenge. It is a growing area in terms of the performing arts and I feel I can offer something.

"I have held a lot of workshops here including with help from touring companies and connections interstate. I don't believe in teaching children just my style of dancing; they need to learn as much as they can.

"There was a time when dancing seemed to fade a bit, and I felt it... it was getting too much for me, and unless you wanted to move to LA (Los Angeles) you could not go anywhere with dancing. I became doubtful, and now I am re-inspired.

"There is definitely a new growth or phase in dancing now, and the scope has widened. There are more boys dancing, which is wonderful. Traditionally, boys were frightened to dance because of what their friends thought, but it's changing. A male ballet dancer is regarded by many as the strongest athlete in the world; they use every muscle in their body." ■

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MECHANICAL SERVICES



Awesome. Four Skiffs in a row

The amazing spirit of coal miners on the east coast of Scotland 200 years ago will surface leading into the South Australian Wooden Boat Festival next April when four people and a cox in three or four boats row 18km from Penneshaw on Kangaroo Island to Cape Jervis.

And if the event the week preceding the festival is successful, the plan for the 2019 festival and beyond is to row in stages all the way into the River Port of Goolwa. It's about connecting communities.

Scottish coal miners in the early 1800s also slept in the mines, and felt trapped by the moors and rugged mountains one side and by sea the other. They stole timber from the mines to make boats, and rowed them to visit the other villagers.

It became part of Scottish heritage, but when Scotland turned its back on the sea with the collapse of its fishing industries and fell into a depression in the 1950s, the re-enactments also broke away.

About five years ago locals called upon a local historian to revive the concept and the

Scottish commissioned an Australian boat builder, Iain Oughtred, to design a boat that caught the spirit of those miners. The boats needed to be built from a kit, and be put together by volunteers around the world to also connect with other communities. The boats are St Ayles Skiffs.

Behind this incredible adventure linking Kangaroo islanders to our festival from April 22-23 is Robert Ayliffe, a great friend for 30 years of Oughtred.

Today there are 20-plus Skiffs around Australia, and Robert, who sells the kits under his business umbrella of StrayDog BoatWorks, expects it will reach a fleet of 50 by the end of next year. There are another 11 in New Zealand. There are more than 300 around the world, all constructed by community groups or organisations with the primary reason to connect with each other. "It is an amazing thing," Robert said.

"Skiffs is part of my business, and it makes me feel good, but if I were relying on the Skiffs I would be hungry. But what is wealth anyway? Part of wealth is what you look



back on. People have been good to me along the way, and I feel good about what Skiffs are all about.

"I was slow to get started with the Skiffs at first, but then the penny dropped. The people who really kicked it along were these women in Franklin, Tasmania. A woman from there rang me and asked what was I doing

“

I can see this Penneshaw-Cape Jervis event growing, like it did in Tasmania where they started rowing or sailing down the east coast during the day and then pulled up at a beach while making their way to the wooden boat festival in Hobart.”

– Robert Ayliffe

about them; we want one right now, she demanded.

“Off the kit went to Tasmania and in 18 months they had a boat on the water. It just looked so beautiful and the project was very successful. The women there have just built their sixth. I admire them so much.

“There is also this tiny Welsh Church in Melbourne with a congregation of 30 wedged in between glass and concrete towers that has an Outreach program for troubled youth. The minister, John Barr, and the young lads built a Skiff in the loft, and lured a team of muscled workers next door to walk off the job to carry it out. The stories go on and on.

“I got involved in these Skiffs because of my friendship with Iain; I brought him out to Australia twice, for our South Australian Wooden Boat Festival and for the Australian festival in Hobart. Now I want the Skiffs rowed from Penneshaw as my way of getting more people to notice our wooden boat festival.

“Two Skiffs are being built at American River on KI as apart of the magnificent RIG project (Rebuild the *Independence* Group which trying to restore a schooner, the first boat built in South Australia) and those two boats have been sponsored with the idea of engaging the disconnected communities over there. It has taken a while, but it is starting to work.

“I can see this Penneshaw-Cape Jervis event growing, like it did in Tasmania where they started rowing or sailing down the east coast during the day and then pulled up at a beach while making their way to the wooden boat festival in Hobart.



Left: The *John Liddy* which will be used in the Penneshaw-Cape Jervis row. Above: Another Skiff in the process being put together in the grounds of a church in Norwood.

to SeaLink. Robert ran a boat building business Straydogs, which he started in 1983 and left in 2004. Surprisingly, he has never been involved in a yachting or a boating club.

There are fleeting moments when you sense a hint of a rough edge about Robert, but then he changes the conversation to what the Skiffs really mean to him.

He summed it up best when he said: “There was this copper (police officer) in Northern Ireland four years ago who saw something on a British television show about these Skiffs. He got the idea of gathering 2000 rowers, including Australians, and

40-50 boats including Skiffs from all over the world in this seaside town of Strangford Lough.

“What was significant was that Northern Ireland had been doing it tough for a long time, and this copper was trying to bring the communities together. This festival went for 10 days and all of the surrounding towns got involved. But there was still this Republican and Unionist thing hanging over it.

“I went up to the woman who was organising the kids in these Skiffs and I asked whether there were Protestant and Catholic kids in the same boat. She said she knew all of the postcodes where they lived. She then gave me the biggest smile. You bet, she said. Yeah, I think these Skiffs are working okay.” ■

“We could quite easily row from Penneshaw to Goolwa. These boats are incredibly capable. If you go down to Franklin any Sunday morning about 9 o'clock you will see a group of women older than most – and some younger ones – jump into one of two Skiffs and row 32km up the Huon River with a sixth person with the picnic basket and a rug, enjoy a picnic, and then row home again.

“The idea is that we draw attention the week preceding the festival. It is a hairy piece of water to cross; too right. The three boats – may be a fourth – will each have four rowers and a cox.

“One of the boats will be the *John Liddy* made at the Armfield Slipway and Boatshed. Two boats have been offered from Warrnambool.”

Apart from his Skiff kit connection, these days Robert's business is largely about helping other people build and maintain their own boat. In his early days he worked in shearing sheds, as an abalone diver and in the 1960s worked for Peter March, who built the first Philander ferries which led



Landscape photography has become even more popular based on postings to facebook, local regional websites and dedicated photography sites. Master photographer Ron Langman AM from The Strand gallery, Port Elliot, has these tips that may deliver you better images...

Picture this

Just about everyone has a camera, and an opinion about each other's work. Luck can be a big factor influencing great looking skies, just the right light and the colour of the sea or foliage. We have all seen some great landscapes taken out of a car window with a phone, but they are flukey.

However, if you want to lift your landscape photography from 'chocolate box' to gallery quality there are a few things you should know.

The role of the tripod: You are probably not going to be shooting in bright daylight, and the best landscape photographs are taken close dawn or dusk. The magic moment might last only a minute, and you need to be ready to take a series of different exposures over that time.

The use of a tripod is more one of mental discipline. A professional photographer does not walk around going *snap, snap*. A professional intends to take, maybe three or four images from the three or four optimum vantage points. They may have been to the location two or three times without taking their camera out of its case and made a note of when the sun will be in the right place and what sort of cloud conditions would add something to the picture. They might wander around the location for a while, but ultimately commit to just one or two viewpoints that offer the best composition.

Mostly, they are looking to create a foreground or middle ground to achieve a sense of depth in the composition. They may be looking for elements that draw the observer along a virtual line into the focal point of the image, or perhaps a series of receding elements that give a sense of depth. Mounting the camera on that location removes one variable from all the decisions they are about to make. Once committed to the optimum location, they concentrate on composition... placing the horizon high or low; a vertical shot or landscape or perhaps square. There is the option of dropping the

camera closer to the ground, hanging the camera under the tripod suspension point, or weighting the tripod if it is windy.

They then think about the three fundamentals of digital image making...

1. the ISO – usually the lowest your camera will allow
2. aperture – most emerging landscape photographers believe a small aperture is required, but in fact the sharpest performance of a lens across the whole image is usually about f8 or f11. You might need to go smaller if you are trying to keep a close foreground as sharp as the distant background. In this case you might want to invest in some focus stacking software or learn how to blend multi-layered images focused on different distances yourself.
3. shutter speed – the camera is on a tripod so why think about shutter speed? Do you want waves to blur over 10 seconds or more, or clouds to drift through the exposure for a minute or more? Do you want to catch lightning strikes or have someone wave a light painting wand through your landscape? You may want to buy a neutral density filter ([non-variable]) to give you a much longer shutter speed. What about foliage moving in the wind – do you want to freeze this?

At this stage you need to look at the histogram to determine whether you can “expose to the right” more. It is a complex subject, but for technical reasons your histogram should be as close to the right hand side as you can get it without clipping the highlights.

Choose as many pixels as you can afford, not because of sharpness (most modern full frame cameras are sharp enough for any print), but reaching the greater dynamic range they provide. A camera with a high dynamic range will capture detail in deep shadows and bright highlights that will be lost on a sensor with fewer megapixels.

A Phaseone camera with 100 megapixels can shoot straight into a sunset and hold detail in the brightest and darkest areas. This camera costs about \$55,000 with one lens... it is not discernibly sharper at A2 than a camera costing \$5000.

That contrast range these extra pixels provide is more than you can get on a print and even more than you can get on a top range monitor, but in post processing you can selectively retrieve that detail and bring it within the range of your printer.

This brings us to post processing, a fancy name for mucking around with the computer. Even the most natural looking professional landscape images are likely to have had some tweaking in the computer, but how much is personal taste. I tend to over process my work to get that “pop” off the wall look, and while many may not like that look they all notice it.

Even basic post processing software will allow you to adjust exposure, saturation, sharpness, etc, but the full functioning programs like Photoshop will allow you, for instance to stretch parts of an image to make a mountain look a bit steeper and higher or to make adjustments to one part of an image and not the rest. I tend to desaturate and soften skies to make the landscape look more colourful. I will sometime take a sky from one photograph and drop it over another. I also invariably add a subtle amount of vignette to pull the eye into the scene.

Don't forget about black and white. You can get some traffic stopping drama by just converting to mono. You will probably need to push the contrast right up and add clarity for what we call local contrast. You might even want to add some grain to get a film effect.

If this helps, and you capture a gallery quality image, bring it into The Strand gallery and we can put it on the monitor where we can sell prints for you. ■

Right: An image taken by Ron Langman in Arnhem Land



Think about where to grow your veggie patch

Summer is around the corner (well, it's supposed to be) and it's usually a time when people get excited about planting their own veggies. Great idea.

Early summer is a time to grow things like beans, broccoli, carrots, eggplant, melons, pumpkin and tomatoes. You may have your favourites, so check it out.

A mistake that many home gardeners make when starting a new garden is they pick a place in the yard that suits them rather than the veggies. Your garden is right next to a fence, right? Well, the success of a veggie patch depends a lot on finding a spot that is open and gets sun all round. Observe where the sun gets through or past buildings and tree or whatever and go from there.

Try to avoid planting your veggies too close to trees. Their shade and roots can cause real hassles.

Having said all that, it is important to have some kind of windbreak – just don't plant too close to that protection. If your property is hilly, avoid planting on top of a hill where the wind can play havoc.

Another consideration is making sure it is not too much trouble when it comes

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to watering your garden – and when we get those horrible hot spells you will be grateful of this planning.

Once you have your area picked out, think about drainage especially if there is a slope. When positioning the rows it is best to go north-south because of the direction of the sun.

Some people stress where to have their veggie garden, but perhaps the simplest way to go about it all is imagine you are a carrot... where would you like to be planted. Obviously, where it's sunny, not too windy, close to a drink and where the family can walk outside and say: "Hello dad, you look a bit orange today." ■



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A spike in education can net success

More than 4000 school students across the nation are spiking, digging and blocking – and it's not a new wave of construction classes or high-tech fad; they're preparing for the Australian Volleyball Schools Cup.

The championship (AVSC) is the largest school-based sporting event in the southern hemisphere, and also attracts teams from New Zealand.

Secondary schools across the Fleurieu Peninsula are taking part, and hopefully success comes their way.

The event attracts thousands of secondary school teams annually, and has become a key educational and life experience providing an opportunity for competitors of all ability levels from the virtual beginner to elite. While some people question the value of time consumed by sport delivered within our education system, Investigator College physical education teacher Jacob Crate believes sport plays a vital role in the development of children and young adults.

"The educational value of sport is often underestimated," Jacob said. "School sport provides opportunities to meet and communicate with other people, take different social roles, learn particular social skills (such as tolerance and respect for others), and to adjust to collective objectives.

"The preparation for and participation in major tournament such as AVSC enhances relationships between



teachers and students. It helps develop a sense of community for the school through the involvement of parents and past students as coaches and team managers. Students are often involved in not only the training, but the planning, budgeting and fundraising needed to take their team away.

"These life-long skills set a firm foundation for positive community involvement, and if continued often facilitate students' lifelong participation in a range of roles relating to sporting clubs.

"In the preparation for these games, Investigator College students commit to weekly training sessions where they learn and improve new skills, develop leadership qualities and a sense of team spirit and belonging, which is vital for the emotional health of young people.

"They also develop ownership and responsibility for the planning and preparation of the trip itself – arranging community sponsorship, quiz nights and fundraising activities."

Over the week long competition, local students from Victor Harbor High School, Eastern Fleurieu School, Willunga High School and Investigator College will travel to Melbourne with their school. Here they will live together with their respective classmates



One of the Investigator College teams (back, from left) Nicola Harlow, Jacob Zitterbart, Tyler Nash, (front) Phoebe Pearce and Caroline Scott.

as a team. During their time away they learn to cope with the pressures of competition, share with and consider others, become more self-sufficient through the experiences of cooking, cleaning, travelling and responding to timelines. What is more the students come together as a regional group – often cheering each other on in matches and offering support and encouragement to one another.

Due to the various divisions of competition – and their respective ability levels – this national school sporting event is unique in that it gives teams of every level of ability the chance

to compete at an Australian championship. This year Investigator College will field five teams covering divisions from U14 to open male and female.

Almost all of the schools who participate in the AVSC rely on the support and sponsorship of families, and businesses in the local community to ensure that individual financial circumstance does not inhibit participation.

The Investigator College Australia Schools Volleyball Cup team will be hosting a fundraising quiz night at their Victor Harbor Campus on November 11 from 7pm. Tickets: www.trybooking.com/234060 or from College administration.



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Go. See.

Presented by Goolwa & District Community Bendigo Bank

Just a thought... when a clock is hungry, does it go back four seconds?

November 4-6

After being postponed in September, the Lower Lakes Stockman's Challenge and Bush Festival is on at Langhorne Creek Road, Strathalbyn this Friday, Saturday and Sunday. The festival celebrates Australia's bush heritage, and events include the stockman's challenge, ladies and junior challenge, whip cracking, cattle handling and jumping derby. Fleurieu Food & Wine Trail on Saturday. Live music Friday by Michaela Jenke and the Zernet Boys, and on Saturday *The Rustlers* after 5pm. Cost \$5; weekend passes available. visit: lakeschallenge.com.au

November 4-December 4

Alexandrina Council and the City of Victor Harbor collaborate to present the 18th Annual Youth Art Exhibition at Signal Point Gallery, Goolwa Wharf. Launch Sunday, November 6. It is an explosion of colour and talent from young people across the region and a showcase of the graduating art work of Year 12 students from secondary schools around the Fleurieu Peninsula.



Saturday, November 12

The third Handpicked Festival in the beautiful Langhorne Creek wine region will be hosted by Lake Breeze Wines. The event has attracted two Australian ARIA award-winning sensations with the electro-pop, sisterly act of *The Veronicas* set to headline the event, while iconic noughties rockers, *Killing Heidi*, will grace the stages in one of their first live performances in more than 10 years. General admission tickets are \$84.95. It's a great day of value-packed entertainment at a sensational venue. Visit: www.handpickedfestival.com

Saturday, November 12

The Parndana Agricultural, Horticultural and Floricultural Show is a local country show in the heart of Kangaroo Island held annually on the second Saturday of November at the Parndana Sport's Ground. Cost \$8, pensioners \$6.

Saturday, November 12

Centenary Hall, Goolwa from 7.30pm. At the height of the Jazz Age Connie, Martha and Vet Boswell from New Orleans took the world by storm. The Boswell Sisters were household names from Paris to Broadway... but when they suddenly broke

up in 1936, they left it to a little known band from Minnesota to take over their touring dates. See *The Boswell Project* (pictured) in a show that has won rave reviews and has sold out audiences from Adelaide to Sydney and even New Orleans. Featuring lush vocal harmonies, dizzying tempo changes and a swingin' hot band, *The Boswell Project* relive the Jazz Age of the 20s, right through to the classic tunes of the *Andrews Sisters* of the 40s in a show that will leave you tapping your toes. Adults \$40; concession \$35. Suitable for all ages.

Market trail

CAPE JERVIS: Second Sunday of the month from September to May 9am-1pm, in-and-around Cape Jervis Tavern, Main Rd. Enquiries: 0437 284 386

GOOLWA WHARF: First & third Sundays of the month, 9am-3pm @ the reserve by Goolwa Wharf. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

INMAN VALLEY ART, CRAFT & PRODUCE: First Saturday of the month 9am-1pm @ Inman Valley Memorial Hall. Enquiries: Kate 8558 8242

KANGAROO ISLAND: Penneshaw Farmers Market & Penneshaw Community Market: First Sunday of the month 9am-1pm @ Penneshaw Oval.

McLAREN VALE: First Saturday of the month 9am-2pm @ McLaren Vale Institute Hall, Main Road. Enquiries: 0432 835 932

MOUNT COMPASS: First Saturday of the

month 8.30am-1pm @ The Wetlands off Nangkita Rd. Enquiries: John 0419 845 909

MYPONGA WHOLESALE COUNTRY: Weekends & public holidays 9.30am-4pm @ Old Myponga Cheese Factory, 46 Main South Rd.

PORT ELLIOT: First & third Saturdays of the month 9am-1pm @ Lakala Res, Rosetta St. The market will be every Saturday through to Feb. 6. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

STRATHALBYN: The Lions Club of Strathalbyn holds a quarterly or fifth Sunday of the month market at Lions Park, South Tce, Strathalbyn (next October 30) from 8am-2pm. Enquiries: Joy Dring 0407289030

STRATHALBYN: Third Sunday of the month @ Lions Park, South Tce, 8am-2pm.

VICTOR HARBOR FARMERS': Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor.

VICTOR HARBOR COUNTRY: Second & fourth Sundays of the month @ Soldiers' Memorial

Gardens, The Esplanade 9am-4pm. The market will trade every Sunday in January. Enquiries: 8556 8222

VICTOR HARBOR INDOOR CRAFT & PLANT: First Saturday of the month 9am-3pm @ RSL clubrooms, Coral St.

WILLUNGA ARTISANS': Second Saturday of the month, 9am-1pm @ Old Show Hall, Main St, Willunga (opposite Willunga Farmers' Market).

WILLUNGA FARMERS': Every Saturday, 8am-12.30pm @ Willunga Town Square. Enquiries: 8556 4297

WILLUNGA GREEN LIGHT ECO: Saturdays 9am-1.30pm. Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY: Second Saturday of the month 9am-1pm @ Aldinga Rd, Willunga. Enquiries: 0408 897 393

YANKALILLA CRAFT & PRODUCE: Third Saturday of the month 9am-1pm @ Agricultural Hall, Main Rd, Yankalilla.



Sunday, November 13

The Rotary Strathalbyn Great Duck Race Soldiers Memorial Gardens (see P8).

Sunday, November 20

The Langhorne Creek Cup is the feature event at the Vigneron's Race Day at Strathalbyn racetrack. Get caught up in the thrill of the races, toe tap to live music, and indulge in gourmet food and superb wines. Bring your own picnic rug and chairs for a relaxed day out or take things more seriously with a hospitality package. Free face painting and balloon animals for kids along with games on the lawn.

Friday, November 25

Wet Paint Youth Theatre and Show us Ya Shorts Youth Film Festival Extravaganza at Centenary Hall from 7.30pm. The event promises to stimulate and excite the mind and souls of all who attend with a night filled with a live performance by Wet Paint Youth Theatre participants. Including short films from local young film makers, live music and comedy. Free popcorn, drinks, great door and quiz prizes. The Wetpaint Youth Theatre

Ensemble is a joint program of Alexandrina and Victor Harbor councils.

November 25-27

The official Schoolies Festival presented by Encounter Youth will be held at Warland Reserve from the Friday-Sunday. For all details including local restrictions, visit: www.encounteryouth.com.au/schoolies-festival/

Saturday, December 3

Get into the Christmas spirit with Australia's oldest police band at Centenary Hall from 2pm. Enjoy their extensive repertoire of classic carols and sing-a-longs for an afternoon of traditional cheer just in time for Santa. The perfect way to kick off the festive season for the young and the young at heart. Adults \$35, concession \$30. Bookings: Goolwa Visitor Information Centre or 1300 466 592 or www.visitalexandrina.com

December 10-11

Christmas pageants and New Year's Eve festivities are on their way... Victor Harbor Pageant is on Saturday, December 10; Goolwa Pageant is on Sunday, December 11.

Trip through time at Elliot

A hidden treasure trove of delight may be found at the Southern Fleurieu Historical Museum, 5 Wright St, Port Elliot. It is a nostalgic journey through domestic, industry and farming times among the extensive indoor and outdoor displays. Everything from meal making, early technology, laundry, music, toys, engines, tools, to horse-drawn carriages and farming equipment – and more. The adaptability of early village and rural settlers in our varying and sometimes difficult district landscape has been re-created by energetic



skilled volunteers – just use your imagination. Open Sunday and Thursday from 10am-3pm. Children friendly; wheelchair access. Group bookings encouraged at these times and others by prior arrangement. Signs off Waterport Rd, Port Elliot. Contact: 0427 114 189 (bus hrs) or email mdent8@bigpond.com

Volunteering for school leavers

Southern Volunteering (SA) is encouraging school leavers to consider volunteering to practise skills that are essential in the workforce. It believes by demonstrating these skills, and having the experience noted on their resume, their chances of employment may increase. If school leavers would like to explore volunteer opportunities that meet their interests, contact Southern Volunteering on 8552 7858 call into its office in the Old School House, Torrens Rd, Victor Harbor on a Tuesday or Thursday 10am-1pm.

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Our role is to work with you to find your 'right seat on the bus'
If you would like to explore volunteer opportunities that suit your skills and interest contact Southern Volunteering on 8552 7858 or drop in for a chat on any Tuesday and Thursday between 10 am and 1 pm in the Old School House Torrens Rd Victor Harbor.

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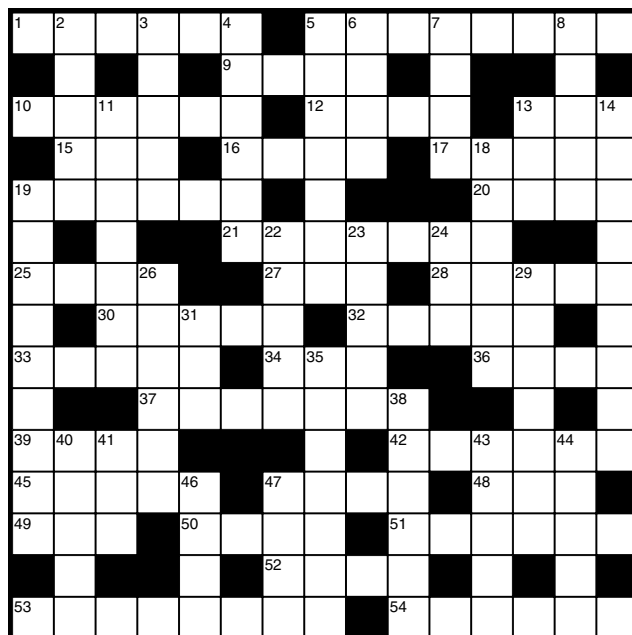
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Crossword

Across

- 1 Brook
- 5 Sources of light
- 9 Modern Persia
- 10 Cowardly
- 12 Work hard
- 13 Equip
- 15 Prosecute
- 16 Augury
- 17 Permission
- 19 One granting a lease
- 20 So be it
- 21 Racehorses establishment
- 25 Let it stand
- 27 Drink
- 28 Prise
- 30 Surviving trace
- 32 Superior dwelling
- 33 Very hard mineral
- 34 Anger
- 36 Sooty matter
- 37 Cold-blooded vertebrate
- 39 Reflected sound
- 42 Undresses
- 45 Bellows
- 47 Blemish
- 48 Land measure
- 49 Result of addition
- 50 Rind
- 51 Fiery
- 52 Direction
- 53 Abridges
- 54 Registers



Down

- 2 Concise
- 3 Roof's projecting edge
- 4 Persons under age
- 5 Of the side
- 6 Soon
- 7 Bridge tax
- 8 Artless
- 11 Severely simple
- 13 Male sheep
- 14 Produces
- 18 Blackboard supports
- 19 Audience
- 22 Unspoken
- 23 Surface slant
- 24 Old cloth measure
- 26 Extreme fear
- 29 Bloodsucking bat
- 31 Strong alkaline solution
- 35 Little waves
- 38 Landed property
- 40 Furniture item
- 41 Poor actor
- 43 Tracking system
- 44 Of punishment
- 46 Petty quarrel
- 47 Stitched

			5	2
	<		<	
	^			^
		>		>
			^	
	1	2		<

Futoshiki

The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A less-than sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution.

Target Time

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in 's'. Reference Source: Macquarie Dictionary

E	T	N
F	R	F
D	E	I

Target: Average - 46;
Good - 58; Excellent - 67+

Laugh Lines

Hook, line and sinker

It's pouring, and standing in front of a big puddle outside the pub is an old Irishman holding a stick with a piece of string dangling in the water. Steve stops and asks the drenched man: "What are you doing?" "Fishing," replies the old man. Feeling sorry for him, Steve says: "Come in out of the rain and have a drink with me." In the warmth of the pub, as they sip their

whiskeys, Steve asks with a big smile: "So, how many have you caught today?" And the old man says: "You're the eighth."

He tried

Bruce realises he's not the easiest guy in the world to get along with, so when it comes to his anniversary he goes to a florist in Victor Harbor to let his wife how much he appreciates her tolerating him for the past 20 years.

He orders flowers and tells the florist to enclose a card with the wording: "Thanks for putting up with me so long." When the wife gets the delivery she rings Bruce at work and says: "Just where do you think you going?" "What do you mean?" Bruce says.

The wife reads the card out aloud as the florist had written it: "Thanks for putting up with me. So long."

Typical

Rob and Davo are two confirmed bachelors and they start talking about cooking. "I got a cookbook once," Rob says. "But I could never do anything with it." Davo says: "Too much fancy work in it, eh?" "You're not wrong," says Rob. "Every one of the recipes began the same way... take a clean dish."

Tickets on herself

An old pensioner walks up to a parking inspector putting a ticket on the windscreen and says: "You blokes are all the same; you never give a pensioner a break." The abuse goes on for five minutes; non-stop.

The parking inspector says: "Well, cop this." He writes out another ticket.

"Typical," says the pensioner. "Your mother probably worked in the fish market and you were born under the filleting bench." The parking inspector has had enough. "I've written you up for everything I can think of and I am letting the police know that your car should be defected... what do you say to that?"

And the pensioner starts to walk off and says:

"That's okay, it's not my car."

Fare enough

Two brothers from Goolwa plan a big trip to Melbourne, and before they leave home their dad gives them both a bit of advice: "You watch them cab drivers in Victoria; they'll rob you blind... don't you go paying them what they ask. You haggle."

At the Melbourne Airport the brothers catch a cab to their hotel. When they get there the cabbie says: "That'll be \$70 dollars, lads."

"Oh no you don't," says the older brother. "My dad warned me about you. You'll only be getting \$50 dollars from me." And the younger brother says: "And you'll only be getting \$50 from me too."

... and Confucius say:

Man who wants pretty nurse, must be patient.

Lady who goes camping must beware of evil intent.

Man who leaps off cliff jumps to conclusion.

Man who runs in front of car gets tired, man who runs behind car gets exhausted.

Man who eats many prunes get good run for money.

War does not determine who is right, it determines who is left.

Man who fight with wife all day get no peace at night.

Man who drives like hell is bound to get there.

Man who live in glass house should change clothes in basement.

Dad jokes

What's grey, has four legs and a trunk? A mouse on vacation.

What do you call a cow spying on another cow? A steak out.

What do bees chew? Bumble gum.

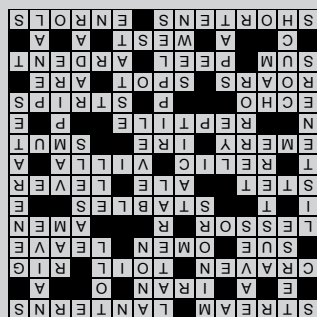
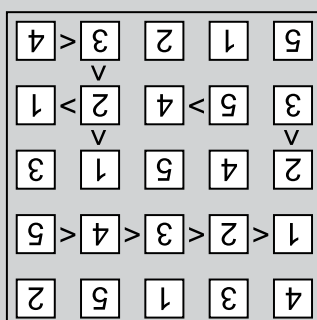
Why did the burglar take a shower? He wanted to make a clean getaway.

Where does a rabbit learn how to fly? In the hare force.

What do you call a pig that does karate? A pork chop.

Puzzle answers (they're upside down so you don't cheat!)

TARGET TIME



Target: Average - 46, Good - 58, Excellent - 67
deer, defer, definer, defter, denier, deteer, differ, different, diner, dire, dree, drift, elder, enter, endre, ernie, fender, fern, fife, finder, finer, fire, fired, freed, fret, friend, inert, infer, inter, nerd, nered, nerve, nire, redhn, reed, reedit, reef, refine, refined, refit, rein, reined, rend, rent, rented, rete, retie, retted, tern, tier, tiered, hinder, tire, tired, tree, tender, tern, tier, tiered, hinder, tire, tired, tree.

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The memory collector

Liz Cooper runs the Elephant's Trunk shop in an arcade off Ocean Street, Victor Harbor, and in many ways she is rarer than its namesake, an *elephas maximus*. The difference is that she has a longer memory.

For 40 years she has sold old wares that seemingly an elephant would also struggle to remember us using, but most of all Elizabeth Ellen Cooper, OAM, aged 82, and at 4ft 10in, has remained a walking treasure.

Remarkably, next month represents her 60th year in this region filled with admirable achievements and a contribution to the community including as South Australia's first female auctioneer, our first female valuer, 20 years on council, 50 years with the South Coast Choral & Arts Society of which she is patron, a foundation member of the local Zonta club, 46 years in real estate, and her name etched on the hearts of football, yachting, netball and you-name-it clubs and

associations.

Yet, for all of her amazing kindness and effort, the number of houses she either sold or belted the hammer down as an auctioneer, and her stroll through our local history, the most extraordinary achievement by Liz has been over the past three years recovering from a bad fall when she split her nose, split her sternum which is still sore, and broke her shoulder in five places, her collarbone, scapula and both arms. It has been a great

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“

We started the business in the old Gaetjen's building on the corner, and it was always ran by senior ladies who didn't want to stay home watching paint dry; it was their social life... I've got to the stage where I don't want to see it dry either.”

– Liz Cooper, OAM

effort in learning to walk again, yet she still shuffles into the Elephant's Trunk in Ocean Court four or five times a week.

“We started the business in the old Gaetjen's building on the corner, and it was always ran by senior ladies who didn't want to stay home watching paint dry; it was their social life,” Liz recalls. “I've got to the stage where I don't want to see it dry either.”

But there are no tears here, and despite her immense pain from her fall, indeed the sadness of losing her husband, Ron, in 2008 after his nine-year battle linked with a heart transplant, Liz declares lots of things that have been good in her life happened by accident too.

“Too right; and I could not have been luckier in choosing my husband,” she says. “And we had children who have all been so special and gave us 10 grandchildren including two sets of twins.”

From there the memories flowed. “I have always been an avid collector of rubbish from the age of eight,” she adds with a broad smile.

“When I was 10 I lined the tennis courts with my dad at Morphet Vale where we lived, and I looked down and there was this red stone in the gravel. I tied it in the corner of my handkerchief and when I got home I showed it to my mother who said, 'oh it is probably a bit of glass dear'. But I kept it until I turned 30 and I went to the local jeweller. I said to him I didn't care if it was glass; I want

it in a setting.”

Of course, it was a magnificent ruby, and the ring was handed down to a daughter on the announcement of her engagement.

“I used to collect all sorts of weird things, and my mother was forever saying 'go and clean out your room' as mothers do,” Liz said. “As I got older I got better stuff.

“We try to be very particular what we buy. The antique trade is nowhere near as good as it used to be... a lot have gone out of business in the city. What has changed is the internet; that's just stealing our trade. We don't make a profit in here; we just make enough to pay our rent, our rates and water.

“I have made a lot of friends in this shop. It's like the confessional in here some days.”

Among the close friends is Carlien Clifford, who runs part of the shop. “We also have an old boy who comes in here and helps at times,” Liz said. With the girls both aged 82, we didn't ask how old he was. Maybe he will have better luck selling an unusual light that could have looked good on the Casablanca movie set, which Liz regards as the most unusual item in the Elephant's Trunk in 40 years. “He's special,” she says.

Reflecting on her amazing life, Liz, who earned an OAM for her contribution to the community, local government and the arts, said her most enjoyable years were in real estate. “It was like poker,” she said. “You never knew what hand you would be dealt, but in nearly every case the people were so special.

“You became friends; they confided in you.” She even still liked the bloke who had a pet black snake, which she accidentally trod on as she walked into the lounge room, sending the two parrots and a gala into a frenzy with her screams.

Liz's colourful life has also been filled with art, and has been getting lessons from renowned local artist Alfred Engels for 30 years. “I haven't got any better,” she confesses. “I also go for the social life. We get as many as 12 there and we have very nice morning teas; we call it the Cordon Bleu club.

“One year I sold 13 paintings, which was really a triumph. I got into art because I



One of the unusual items for sale in the Elephant's Trunk.

was a mad artist from when I could hold a pencil. My first colouring in book was Shirley Temple, that's how old she was (died 2014, aged 85).”

But more than anything, Liz remembers her dear husband Ron walking her to school every day. “We never had anyone else in our life,” she said. “You never get over losing someone like that.”

Ultimately, it's the excitement of finding a bargain and selling something special in the shop that gets Liz through the days. To her, the Elephant's Trunk is more than a treasure shop.

And why the name? “My dad used to give an Irishman friend a ride home after he had been to the races on a Saturday,” Liz said. “At six o'clock he'd knock on the door, mum would answer and he'd say, 'I am very sorry Mrs Cox, but I'm a bit elephant's trunk'. I was 14, and I thought to myself, I will use that one day.” See, hunters and collectors never let an opportunity pass them by. ■



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Eat Wave with Jenny



Lime Cheesecake Slice

Ingredients

Crust

250g Gingernut biscuits, finely crushed
75g butter, melted

Filling

125g cream cheese (softened to room temperature)
4 egg yolks
1 x 395g tin Sweetened Condensed Milk
½ cup lime juice (2-3 limes)
zest of one lime

Pre-heat oven to 180°C. Line a 28cm x 18cm slice tin with baking paper. Finely crush the gingernut biscuits in small batches in a food processor, or cover with greaseproof paper and crush with a wooden rolling pin. Place in a bowl, add melted butter and stir thoroughly to combine. Press firmly into base of prepared slice tin, using the bottom of a drinking glass to gently compact the mixture. Bake at 180°C. for 10 minutes, remove from oven and set aside.

While base is cooking, make the filling. Place cream cheese in a bowl and beat with an

electric mixer until smooth. Add egg yolks and beat to combine, then add sweetened condensed milk, lime juice and zest and continue beating until smooth. When crust has been removed from oven, and has cooled slightly, add the filling and spread to cover base.

Bake at 180°C. for 15 minutes, or until slice begins to turn a little golden around the edges.

Remove from oven and cool in the tin. Once cooled, cover with foil and place in refrigerator to chill. Cut into squares to serve. Store in the refrigerator.

Note: Reduced-sugar Sweetened Condensed Milk is suitable for this recipe. Unused egg whites can be placed in an ice cube tray – one egg white per cube – freeze, and then transfer to a ziplock bag. Return to freezer. Can be stored for up to 12 months (it's a good idea to write date frozen on ziplock bag). When ready to use, just defrost to room temperature.

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Eat Wave with Jenny

Start thinking about summer salads!

Broccoli & Cauliflower Salad

Ingredients

1 or 2 heads of broccoli (5 cups chopped)
1 small cauliflower (5 cups chopped)
½ cup mayonnaise
2 tablespoons cider vinegar
1 teaspoon grated lemon zest
2 tablespoons fresh lemon juice
2 teaspoons sugar
1 teaspoon minced garlic
¼ cup buttermilk
½ teaspoon salt
¼ teaspoon pepper
¾ cup raisins, roughly chopped
½ cup pine nuts, toasted

Method

Pre-heat oven to 180°C.

Line a baking tray with baking paper. Spread pine nuts over the tray and bake for about 5 minutes, or until slightly toasted. Remove from oven and allow to cool.

Gently break broccoli and cauliflower florets into smaller florets (or chop into small pieces). Place florets in a large saucepan of simmering water, and simmer over medium heat until florets are just tender (about 5 minutes). Remove from heat, drain and allow to cool.

In a bowl combine mayonnaise, cider vinegar, lemon zest and juice, sugar and garlic. Whisk in buttermilk, and season with salt and pepper. Place broccoli, cauliflower and raisins in a bowl. Add dressing and toss to coat. Stir through toasted pine nuts just before serving.

This salad is delicious! The dressing is also suitable to use with other salads.




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