

# Coast Lines

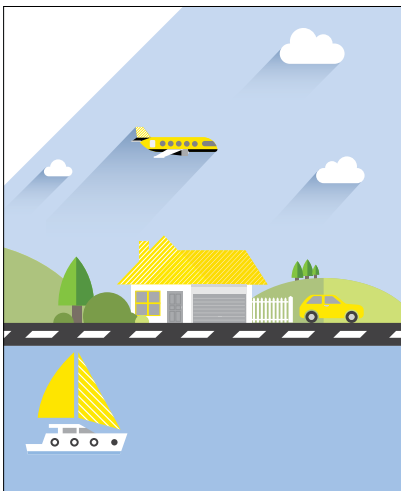
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## Cover

Graham Pratt of the Friends of the Oscar W is show by the boiler down below of this beautiful paddle steamer built in 1908. This magnificent group has planned a special re-enactment of the old River Murray mail run including turning on a lighthouse for the first time in 85 years. **STORY: P12-13**

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## This Month

September derived its name from Latin *septem* or "seven" when it was originally the seventh of 10 months on the ancient Roman calendar that began with March. It holds many special days, including international Teddy Bear Day on Friday, September 9 (some countries hold it other months).

We call them "Teddy" in honor of U.S. President Theodore Roosevelt, who had refused to tie an old black bear to a tree and shoot it on a hunting trip with so-called friends in 1902. The cartoon (shown above sourced from *Wikipedia*) appeared in the *Washington Post* on November 16, 1902. Good on him, and give your teddy a hug today.

September is also the Childhood Cancer Awareness Month worldwide, and we present a feature on this magnificent organisation on **P6-7**. Visit: [www.childhoodcancer.asn.au](http://www.childhoodcancer.asn.au)

It is also Dementia Awareness Month. Visit: [www.fightdementia.org.au](http://www.fightdementia.org.au)

The will also focus on suicide prevention, and we urge anyone, or those who may know of someone who may need



help, to find out more information and seek medical advice. Also, if you do not know of these special events please visit the websites:

**1-7:** National Asthma Awareness Week.

[www.nationalasthma.org.au](http://www.nationalasthma.org.au)

**5-9:** Women's Health Week.

[womenshealthweek.com.au](http://womenshealthweek.com.au)

**5-11:** Idiopathic Hypersomnia Awareness Week. [www.hypersomnolenceaustralia.com](http://www.hypersomnolenceaustralia.com)

**8:** R U OK Day. [www.ruok.org.au](http://www.ruok.org.au)

**9:** Fetal Alcohol Spectrum Disorder

Awareness Day. [www.nofasd.org.au](http://www.nofasd.org.au)

**10:** World Suicide Prevention Day. [www.who.int/mental\\_health/prevention/suicide/wspd/en/](http://www.who.int/mental_health/prevention/suicide/wspd/en/)

## Alexandrina Council

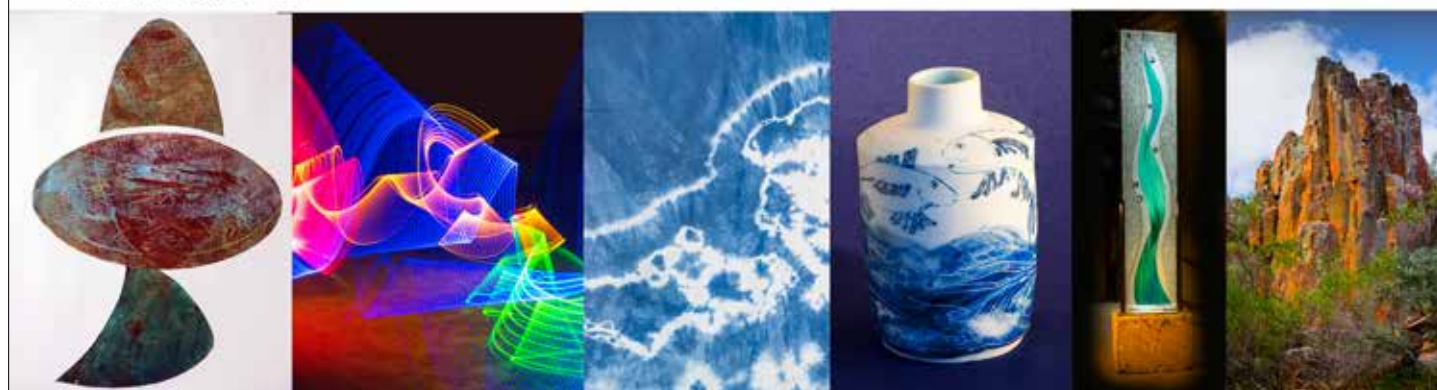
Coast Lines is pleased to include a special four-page lift-out presented by the Alexandrina Council. It is part of their commitment to helping to inform the community, and we appreciate their support. **P15-18**



## The Strand gallery



Port Elliot has a new art gallery in the former Post Office.  
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*One for the money, two for the show, so let's...*



Victor Harbor is ready to rock 'n roll again with its sixth annual festival on Warland Reserve, and clear the dance floor – the tourists are coming.

According to Barbara Hann, president of the Adelaide Rock 'n Roll Club, who played a key part in organising the first festival, this year's event on September 17-18 has already gained much attention from rock 'n roll clubs around the country.

The Adelaide club alone has 350 members and most will be coming for the full-on program starting on the Friday night with vehicle displays on the Grosvenor Gardens and evening entertainment, and the music and dancing festival over the weekend.

"There are lots of rock 'n rollers around the state who go from one festival to another, both across SA and interstate, and the Victor Harbor festival has built up to a popular event on the circuit," Barbara said.

"Already this year we have been to Tanunda, Renmark, Waikerie,

Nuriootpa, across to Victoria and up to Queensland, and there are more festivals to follow in on Yorke Peninsula and Berri.

"The festivals are well supported and bring a lot of tourists to the towns, which adds to the great atmosphere."

Our festival is run by the Victor Harbor Council, which initially approached Barbara to get a few ideas on what works for the festivals, and the most popular rock 'n roll bands that draw people to the events.

"The Victor Harbor festival has the capacity to get even bigger, and everyone spreads the word they have a great time here," Barbara said.

"Rock 'n Roll is just special, and there's no doubt it's regaining popularity. There have been versions like the Rockabilly, which is a faster beat, and the Lindy Hop, but ultimately it all gets back to the 1940s when Bill Haley (1925-81) started it and the likes of Elvis followed him.

"The roped petticoats and bright shirts have been around for a



long time, but it's really all about the rhythm of the music, moving around and having a good time." The Victor Harbor Rock 'n Roll Festival also incorporates vehicle displays, memorabilia and a market place – just a fun time and a great family event.

Saturday's program includes a festival cruise by some classic custom cars from McLaren Vale arriving in Victor Harbor at noon, live music and vehicle displays from 11am, and evening entertainment from 7pm.

Sunday is all about more live music from some fabulous bands and vehicle displays from 9am-5pm.

Visit: [www.rocknrollfestival.com.au](http://www.rocknrollfestival.com.au) for a complete entertainment guide. ■

**Pictured: Adelaide Rock 'n Roll Club president Barbara Hann with her partner John Myers dancing under the coloured lights at the club. Visit: [dance@adelaiderocknroll.com](mailto:dance@adelaiderocknroll.com)**

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# Coast Lines

Established 2011

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## EDITORIAL / ADVERTISING

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We deliver 5000 copies to 128 outlets on the first Thursday of each month to Milang, Clayton Bay, Goolwa, Middleton, Port Elliot, Victor Harbor, Cape Jervis, Kangaroo Island via SeaLink, Normanville, Yankalilla, Myponga, Inman Valley, Mount Compass, McLaren Vale, Willunga & Strathalbyn. See website for detailed list.

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We are celebrating our fifth year of producing Coast Lines. We say to our advertisers, distributors, readers and those who have been involved in our stories...

## Thank you sincerely for your support

**T**hese days, Fleet Street is purely the spiritual home of the finest and boldest of British newspapers, and the newsboys who once shouted the day's headlines and sold copies on the corners in the business hub of Canary Wharf or the tubes have been replaced by the unemployed (probably 'journos') handing them out for free.

If you want to read the full story of the five-paragraph grabs you need to subscribe and read them online.

With many Brits still preferring the hard copy,

and tired of the 'drummed up' negativity that tends to consume us, those in the villages far away started their own little publication to inform and entertain their masses, and were met with huge success.

It was also a similar trend with some Australian newspapers that influenced this couple pictured above to create Coast Lines, and because the publication turns five on September 15 – and with much outside pressure – we thought it was time we identified ourselves.

I'm Ashley, and this is my wife Jenny, alias

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# Ultra Tune

Auto Service Centre



Mrs Eat Wave from the recipe pages. We argue what pages you read most – the recipes, which are always given to this editor late, or the jokes. Of course, it's the jokes, and believe it or not, this section is the most difficult every month; try and find jokes that are non-sexist, racist or crude, and apologies for those that went a tad too far.

For the record, I have also covered the AFL for *The Age* for the past 16 years.

Some years ago as reader asked why I didn't put my name on all the stories in *Coast Lines*, and I replied: "I know I wrote them..." *Coast Lines* has never been about this writer – in fact, this is the first time there has ever been the mention of "I" in self-reference in this publication. We do not consider it as our magazine, but that of the readers; the community. There has never been an image until now either, and you can see why (well, in regard to me, anyway).

This story is really about creating an opportunity to thank a lot of people along this journey, and it has been an interesting one.

Our simple, self-imposed rules from which we have not waived remain – no politics, local government grizzles or letters to the editor because they can turn into a forum for unnecessary negativity; just stories on people, places and events. There is a need for advertising to pay for the production, but at sensible rates to assist other small businesses.

We started producing *Coast Lines* fortnightly – people forget a new publication too easily in between monthly editions – for our first 36 issues, and we have been monthly since March, 2013. Our first editions were 16 pages, and with colour only on the front and back.

We sincerely hope that you feel we have progressed because our mission statement is about trying to produce the best community magazine in Australia; we have tried to make each edition better than the previous one.

However, as much as we have been chuffed when some readers have paid us a compliment, everything gets back to our advertisers, the businesses who put *Coast Lines* on their counter, and you – the readers.



The front cover of our first edition in 2011; a photo of the Victor Harbor A-grade netball team after winning their way into a grand final, and they have done that ever since.

Incredible community supporters like Andrew Kies from Home Timber & Hardware, Allan Tonkin from Tonkins Sport, and Cathy Sanderson from Anchorage Cafe have advertised in all 79 editions – thank you.

So many other special advertisers – good friends – have been with us for most of this journey; you need to thank them for this publication, not us. From the first approach they didn't hesitate to advertise because they saw *Coast Lines* for what it still is – something for the community.

We have genuinely appreciated the support of every advertiser, including those who have been with us just once, and the only price we ask you to pay for this free magazine is to support our advertisers as much as possible. We started off distributing 1200 copies. We went back a fortnight later and collected about 500 returns. Same again the next fortnight, and again. After delivering our fourth edition we thought the necessary response was not there and it may mean the end of the dream. When we dropped off our

fifth edition we had 17 returns.

The continued demand for copies and significantly the support from advertisers now allows us to distribute 5000 copies to 128 outlets – thank you to each one – and you, as readers, know it is still difficult to obtain a copy after just a few days. We also have a strong website, email and Facebook presence – again, thank you to these followers; you're amazing.

From day one we have also received unrelenting support from Geoff and Sue McRostie at SA Design & Print, and their staff. The experience hasn't come without its moments. The best story that didn't go to print was the day we thought it would be good to promote the *Keep Australia Beautiful* campaign so we stopped and asked this very nice lady if we could take her photograph and do a story on the fact she was picking up rubbish on the side of the road heading into Goolwa. Unfortunately, she ruined the story with the facts: "I didn't pay my fines so I'm doing community service," she said. Next story.

There was also the nice couple that allowed us to take their photograph dancing during the Rock 'n Roll Festival but refused to give their names because his wife and her husband were back in Adelaide. You meet all kinds.

Over our 79 editions we have met so many nice people that we have written stories on, and we have been really grateful for their trust, kindness, time and effort.

Producing *Coast Lines* hasn't always been easy personally, but you get through all the tough times when you get support from so many friends that we've made through producing this magazine.

So, five years doing this with Mrs Eat Wave, who has been amazing. Getting back to the image... apologies if you were expecting Brad Pitt and feel that you've ended up with Danny DeVito, but gee, I am standing next to Angelina Jolie. And never have you ever read so much grovelling in *Coast Lines* over the past five years. Thank you for being with us. ■

Alan & Bev Kluske

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# Good news. The sun will come up tomorrow morning



It was one of Liverpool's greats Bill Shankly (1913-81) who told us: *"Some people believe football is a matter of life and death... I can assure you it is much, much more important than that."*

Paul Zimmermann lives far away from the forces of the old England first division, and as a first-year president of the Mount Compass Football Club he doesn't see it that way.

"The sun always comes up the next morning," he responds, which at the time was heartening considering it was raining on a miserable Thursday training night. The players didn't notice it though, they never do when it's finals time, and especially for a club that hasn't won an A-grade flag for 36 years. The local Bulldogs went into this year's Great Southern Football League finals series as minor premiers, and they're a chance again. After almost 100 hard-earned A-grade games, years of nurturing kids, running boundary lines and every other job that comes along, nobody here wants a premiership more than Paul, but he believes it is not everything in life.

"A premiership would mean a lot, but I wouldn't say it meant the world because we are a small family club and we are used to confronting huge challenges," Paul said. "We're used to having to punch above our weight to be competitive in a very strong football league.

"Every now and then a dog has his day and

we just hope to have one. It's been a while, but the great thing is that we have still got guys hanging around this club who played in that 1980 premiership side.

"We have sons of players from that 1980 team, Shaun and Greg Maxfield (sons of Peter), and Craig Merritt is the nephew of Jeff, another premiership player."

It was only a few years ago that the Mount Compass Football Club faced some challenges; it is not uncommon when good club people leave simultaneously for various reasons. Today, things are running a little smoother thanks to an influx of younger business people who have also taken on other responsibilities including coaching.

The club also placed itself at serious risk of surviving long-term had it not been able to field colts teams this season, but club vice-president Perrin Hicks, who has an amazingly positive outlook on football and life in general, somehow mustered 18 kids. Now, as their coach with Jimmy Batzavalis as his assistant, these kids are thriving and having a ball in more ways than one.

In fact, the whole club has turned around, also largely through Peter Galbraith as the senior coach, who works extremely well with the experienced players and the young blokes. He played in the club's grand final in 1990 when, of course, they lost.

According to Paul, the club has reaped reward for enforcing a no-trouble maker

"

*A special club is the people. It's not fixtures and fittings. It's the warmth that people generate..."*

– Mount  
Compass  
Football  
Club  
president

Paul Zimmermann (pictured)



policy. "We're about making our weakest link stronger," he says. "We're tight knit. If you've got the right people it's not too hard running a club. We don't have an excess of numbers so the ones we have we really work on to bring them up to be good footballers.

"A special club is the people. It's not fixtures and fittings. It's the warmth that people generate. We have a lot of people in this town and surrounding areas who have been so supportive for so many years. The farmers have been good, quality people like the McHugh, Connor and Endersby families."

If you drove through Mount Compass days



before last year's grand final you would have seen the signs along the road encouraging the players, and after they lost to Encounter Bay by four goals the emotion poured through social media. The disappointment of not winning an A-grade flag for 36 years is never easy to digest, but Mount Compass is still hurting deep inside for another reason. There are those within the club struggling to move on following a tragic car accident on Australia Day, 2010, which claimed the lives of three of its senior colts players – Brock Grivell, Jake McMillan and Matt Solly. They may well have been playing in this A-grade finals series.

Each year the Mount Compass and Myponga clubs play a senior colts game for a memorial shield in honour of these three lads, and use the occasion to talk about road safety and being responsible. "We talk about looking after mates and your mates' mates," Paul said.

"It is pretty much a situation where we don't have to talk about the accident because we know everyone is still thinking about it. Having said that, as parents, coaches and caring people we are concerned about the young people in the club when they reach their driving and adult years.

"We look after our young players as best we can... we hope they grow up to be responsible people, and hopefully along the way have a bit of fun as we teach them how to play



football, how to be in a team environment, and how to win and lose. Success as a club isn't just about a premiership.

"We also teach our young players how to be humble, and we get our fair share of being humble at Mount Compass. We've also learnt a lot about life."

Bill Shankly, you were so wrong. ■

## 2016 Great Southern Football League

Second semi at McLaren Vale, Sat, Sept 3

First semi at Myponga, Sun, Sept 4

Preliminary at Goolwa, Sat, Sept 10

Grand at Encounter Bay, Sat, Sept 17

## A MEMORABLE NIGHT ABOARD THE P.S. FEDERAL

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September is Childhood Cancer Month, and we discovered every day is a time...

# When life can be 'ruff'



It was English philosopher Sir Bernard Williams (1929-2003) who wrote that no symphony orchestra ever played music like a two-year-old girl laughing with a puppy. Drive past Bradley's Place along Inman Valley Road just outside of Victor Harbor and you may discover what he was talking about; a house where children play with a dog called Elliot.

Actually, all of the dogs here are called Elliot, and they are very special. Elliot is the Childhood Cancer Association mascot, and an amazing friend to children living with cancer, and their families. Receiving an Elliot helps them get through their experience; the children tell him or her how they feel, what they are thinking. In their shining world of imagination, Elliot talks back to them.

Cath O'Loughlin (pictured), chief executive of the Childhood Cancer Association, a non-for-profit organisation based in Adelaide that receives no government funding, suggests Elliot so often creates the beautiful music that silences the reality that in South Australia last year 64 children newly diagnosed with cancer were referred to the association, 17 relapsed and 11 passed away from cancer.

Incredibly, the association is currently supporting more than 400 families across SA, Northern Territory and bordering towns like Mildura and Broken Hill.

Yet, amidst all of this profound heartache there are countless stories of children getting through 15 or 18 months of chemotherapy (it is nearly always far more intense compared with adults) by hugging and talking to Elliot, and emerging from the experience smiling and leading every-day lives.

And a key part to all of these challenges is Bradley's Place, created by Neil and Robyn Walker, who in 1991 lost a twin, Bradley, to cancer at the age of four. Their experience helped them realise how important support



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systems were for other families facing similar trauma.

Bradley's Place is a haven for children with cancer and their families, where parents may get much-needed respite, and sadly sometimes a private location to grieve.

Cath said the importance of the Victor Harbor region link was not under-estimated, and the wider community should know of the remarkable support of volunteers representing wonderful organisations like the Zonta Club of the Fleurieu Peninsula, who help clean and maintain Bradley's Place.

"There is also Encounter Cleaning, which donates its time and energy, while the McCracken Country Club does a fundraiser each year and through its social club has raised more than \$35,000 since 2011," Cath said.

"Neil from Victor Fish, the Farmer's Market and some of their stallholders generously provide discounted food to families, and the Urimbirra Wildlife Park has donated passes. There are so many other kind people who contribute to our cause.

"Over the years organisations have approached us and offered to build more respite accommodation around the state, which is so kind, but the reason Bradley's Place works so well is the proximity to Adelaide. The feedback we get from families who have stayed here, and have experienced the kindness of the local community, is overwhelming.

"One of the challenges for us in terms of fundraising is helping people to understand that we don't get government funding, and that we are an independent organisation and not part of the Cancer Council. We are dedicated to providing a unique range of services, and most importantly to their families.

"We need to raise \$1 million every year – and 90 cents in every dollar actually supports the



children with cancer and their family."

Before 2011 the association was forced to run training sessions in coffee shops, and in the appalling offices parents being counselled could hear Cath talk on the phone in the next room. However, with incredible support from Edge Church, Reynella, the association is now based in specially-designed premises at 55 King William Road, city, and has coped with a significant increase in services.

The Childhood Cancer Association has a staff of eight including administrators who work far beyond the call of duty and three highly-skilled children psychologists. It was started in 1982 by parents with children who had cancer and with tremendous support from Dr Michael Rice, a leading paediatric oncologist, who was mindful of the fact that although children were getting marvellous medical care the impact of the diagnosis of childhood cancer also significantly affected the entire family.

Among the services provides is a sector often forgotten in the grieving process – the grandparents.

"We have a grandparents group for bereaved grandparents," Cath said. "We get them together four times a year... they can talk about their grandchild, they can continue

to grieve, have a laugh and our counsellors are there to facilitate that session. They are a great group.

"It is a double loss for grandparents because they see their child grieving and they are grieving themselves. It is a special relationship. The siblings is another area we focus on... their lives are completely disrupted. They can be angry because their sibling has taken their parents away from them. They can be terribly frightened of what might be happening so we run a sibling group every school holidays."

Cath, who has a background in law and working for the government, has been the CEO

seven years. She says she tries not to take everything home with her, but admits the day childhood cancer stops impacting on her will be the day she finishes up.

"Children being diagnosed with cancer is a terrible thing, and it has a massive impact on the families," Cath said. "But there are positives. I see the benefits of the services that we provide for the families; when a child passes away it's a difficult time for families and our heart goes out to them.

"A lot of days I go home feeling so good about playing my part in a great team environment that helps families. I wake up and think, today the work our team is doing is going to help a large number of families. That's every single day. I think that is something special; the families and the children certainly are." And so is Elliot.

*The Childhood Cancer Association genuinely appreciates the support from the Victor Harbor and surrounding communities, and if you would like to make a donation to this great cause or consider making a bequeath please call the office on 8239 1444 or visit: [www.childhoodcancer.asn.au](http://www.childhoodcancer.asn.au)*

*Imagine if the 8000 dog owners in the region thought of Elliot and donated \$5. ■*

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# A very special delivery

**F**riends of the Oscar W will deliver special letters from schoolchildren and invitations to the 16th biennial South Australian Wooden Boat Festival from April 22-23 to townships along the River Murray in remarkable fashion.

The paddle steamer will this month do the first re-enactment of the old river mail run since 1981, but this time along the way it will conduct a historic relighting of the Port Malcolm Lighthouse, which splits Lake Alexandrina from Lake Albert. It has not been lit for 85 years.

It will be a remarkable journey, setting off from the River Port of Goolwa on Friday, October 28 to Narrung, and the following morning heading through the narrow lake opening to Meningie carrying mail in traditional canvas sacks sent from schoolchildren from Goolwa and Milang to kids at Meningie Primary.

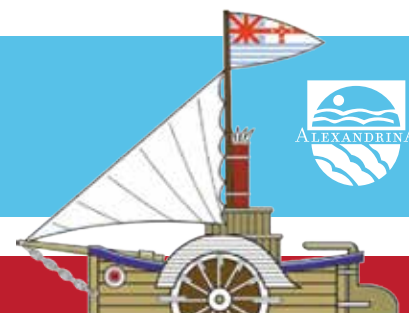
Letters from the Meningie Primary kids will be taken to Strathalbyn by a vintage car to meet the SteamRanger which, like in the old days, will take the mail to Mount Barker. From there, the mail will be delivered to the Adelaide GPO in a classic 1920s Graham-Paige American car and posted back to the Goolwa and Milang schools. The Oscar W will then return to Goolwa spreading the word about the Wooden Boat Festival along the way.

Overall, it is a wonderful history lesson and a connection between towns, especially when considering the Oscar W crew will be guests in Nurrung for a town hall dance party and this magnificent paddle steamer will feature in Meningie's 150th anniversary celebrations.

Friends of the Oscar W committee and Goolwa Wharf Precinct member Graham Pratt said the mail re-enactment was a wonderful reminder of the incredible impact the Oscar W can have on not only Goolwa and its friends along the Murray, but our



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[info@woodenboatfestival.com.au](mailto:info@woodenboatfestival.com.au)





state history.

The journey has not come without tremendous planning and effort, including finding light bulbs for the lighthouse, and ensuring the Oscar W is able to navigate the channel through the Narrows into Lake Albert.

"The depth of the channel in the Narrows at Narrung has not been charted since the 'bund' was breached after the drought, and the fill washed away into the channel," Graham said.

“

*We need more volunteers to share the duties and create a new generation among the Friends of the Oscar W... we are looking for people passionate about river history or simply those who would like to become involved with it.”*

**– Oscar W committee member  
Graham Pratt**

"The mail run will be a new role for the Oscar W which started to work at the bottom of the river in the 1940s with the locks and barrages and that kind of thing before turning into a mouldering hulk in Murray Bridge.

"Friends of the Oscar W was formed in 1986 and took over the effort to rescue the paddle steamer. It took until 2008 to nurse it back to survey standard, when we got the licence to carry passengers which became a revenue generator to keep it going."

However, amidst this excitement for the mail run, Graham expressed concern shared among his committee for a need to remind the community of the continuing focal point the Oscar W provides the River Port of Goolwa and the SA Wooden Boat Festival, and how it all relies on volunteers.

"We generate enough money from cruising and chartering to help maintain the boat, and there is very little cost to the community," Graham said.

"We are proud to say the Oscar W has become a tourist icon and that we carry the flag for many things.

"We have great support from the Alexandrina Council, but all of our skippers, engineers, steam men and so many other volunteers are like me in that they are generally getting long in the tooth and we need to have a succession plan.

"Our president David Finnie and vice-president Bruce Martin and those before

them have always worked so hard, as have all of the committee members, but no one has ever seen it as a heavy workload – it has always been about sharing a passion.

"We need more volunteers to share the duties and create a new generation among the Friends of the Oscar W. We have a 10-person committee, and two may retire the our AGM in November. We are looking for people passionate about river history or simply those who would like to become involved with it."

If you would like to get involved with the Oscar W, especially in the lead up to the important role it will play during the 16th biennial Wooden Boat Festival next April, you can contact Graham on 0418 803 377. You may also send an offer of help in the post – we can assure you that the Oscar W is reliable when it comes to collecting mail. ■

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# A knock-out for tourism

Dan Males grew up in Sydney's south-west streets of hard-knocks so boxing came natural. He KO'd all before him in bantamweight line to represent Australia at the 1960 Rome Olympics only to be controversially denied a points victory to a Chinaman.

He befriended Cassius Clay (later became Mohammed Ali) on that sporting journey, but having recently turned 75, Dan says they're "nothing but old times" just as they are with having played in the schoolyard as former Prime Minister Paul Keating – with no punches thrown.

"That was all so long ago," Dan repeats, and sadly, all of the memorabilia of his 20 wins as an amateur boxer (19 by KO) was stolen some years ago so they remain just that – memories – and generally he doesn't talk a lot about them. "I was just a bloke who didn't back off," he adds.

However, years after having his nose straightened as old boxers do, Dan loves to go down another memory lane with his passion for paddle steamers, which he shares as a volunteer on the P.S. Oscar W.

"I'm one of the wood fairies," he says, and you can bet your life he never owned up to

being one along his hometown streets of Bankstown.

"The wood fairies suddenly make the wood appear for the boilers to make the steam," Dan explains. Rumours suggest he gets it from his property on Nangkita Road, Mount Compass, which he and his delightful wife, Beth, purchased almost 20 years ago and where they now graze 80 Saxon merino superfine sheep.

Until three years ago Dan worked at an aged care centre, but when casual nurses constantly asked him for his room number believing he was a resident he decided it was

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best to get out while he could.

It was Dan's long-time fascination with paddle steamers that led them to purchasing the P.S. Federal, a delightful and unique bed & breakfast spot on Barrage Road, Goolwa, in May last year. This one doesn't need a wood fairy – it's on stilts and a concrete plinth. The rates represent great value given the experience amidst the beauty of the Murray including a bird sanctuary, the home of spoon-billed cranes, pelicans, black swan families, egret, purple swamp hens, and dusky moorhens.

Dan loves to talk about this paddle steamer's proud history; built in Morgan in 1902 for R. H. Taylor, a cargo vessel that chugged along the Murray with its 10 hp motor made in England and was a welcome sight as it delivered the mail.

"The Federal steamed from Mildura to Mannum in 1934, and when she was eventually retired she fortunately wasn't like a lot of the old paddle steamers from the era that were just sunk," Dan said. "The engine was removed in 1953, and has been on stilts here in Goolwa since the 1980s."

Dan concedes the tourists probably know more about the P.S. Federal than locals; something taken for granted. Personally, he took the challenge of continuing the restoration of this old Murray workhorse on as an investment, but deep down it was also very much his love for this town and the magic or mystique of its old paddle steamers that turned it into a passion.

"When we bought the Federal we felt we had a real responsibility to Goolwa and the tourist industry to maintain this vessel," Dan said.

"It really is very much a part of the history of the town being a paddle steamer on the River Murray. You just can't let something special like this go; it adds to the charm that the old paddle steamers bring to Goolwa." ■



## Experience music at its finest

The Adelaide Symphony Orchestra's Out-of-the-CBD Series is back on the road and is paying us a visit – to Investigator College, Victor Harbor campus, Bacchus Rd, on Saturday, September 17 from 2.30pm.

Led by ASO principal conductor Nicholas Carter, the orchestra (members pictured) will run a side-by-side workshop and rehearsal with 47 musicians of the Granite Community Band. The orchestra and the band will team-up for a concert featuring Ravel's *Le tombeau de Couperin* and Mozart's *Symphony No. 40* as well as other popular arrangements.

"I'm passionate about the merits of bringing classical music to as many people as possible and to engage not only the communities that already know about the ASO, but communities that perhaps have had no experience or exposure to orchestral music so far," Nicholas said.

Made possible through principal partner,

Santos, the ASO's Out-of-the-CBD Series was launched in 2015 and this year's series has featured performances in Elizabeth, Noarlunga, Goolwa and Tanunda, and on September 16 in Murray Bridge.

Tickets range from A-reserve \$39.50, and are available at RAA, Ocean St, Victor Harbor, or [www.trybooking.com/214175](http://www.trybooking.com/214175)

Meanwhile, the Burnside Symphony Orchestra, led by conductor Philip Paine, will perform at Centenary Hall, Goolwa on Sunday, September 11 at 2pm – note late rescheduled time change.

Proceeds support GRYC Sailability program which enables people with a disability the opportunity to enjoy sailing as a sport or relaxation which otherwise would be denied them. Adults \$20; seniors/concession \$15, children U12 free. Bookings 1300466592 [www.visitalexandrina.com](http://www.visitalexandrina.com)

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# Man, there's a wave of history in the pipeline

**B**e prepared for the psychedelic colours of the 60s to hit Chiton Beach on Saturday, October 8 – man, they're having a free surfing memorabilia and show 'n shine day.

Those of us going through their third childhood who remember those days of yellow T-shirts will freak out with the old JA (that's John Arnold, the board shaper and manufacturer) boards.

And may we also revive the summer of '75 when they held the Australian Surfing Titles at Victor Harbor. That's right, Victor, and no one is surprised they haven't been held there since.

This special day at the Chiton Rocks Surf Life Saving Club has been organised by Simon McLean, of Victor Harbor, who just calls himself an "old surfer with a passion for old surfboards" with proceeds going to the club. "I was involved in two vintage surfing shows, both at Glenelg almost 20 years ago, and from the response we've already had for this one we're hoping to get more than 200 old surfboards on display," Simon said.

"The workmanship that went into the old boards was extraordinary... there are those handmade, multi-coloured; there's a lot of history in all this.

"It has become harder to get information on surfing and the old boards in South Australia, but I'm hoping that if we can get a lot of the old surfers together on this day we'll learn a lot. Who knows, this may develop into a biennial event down here.

"Some of the boards have been left out in the sun and have been de-laminated and dented or whatever. We are trying to find them before this all happens. I have one made in 1969 and you can tell that by all the 'trippy' colours. It's a beautiful piece of work."

Simon said his passion for old surfboards, posters and anything to do with surfing started a few years ago when he was at North Haven riding an old JR board from the 60s owned by his uncle.

"People started saying, oh, you like these old boards... I've got one," Simon recalled. "The collection grew from there.

"Each board rides differently in each period, from the mid 60s right through the 80s. There is a fair bit of change there. Most in the 60s were in the 9ft range then to 8ft, and the early 70s they went right down to 5ft 10



and then big again. Nowadays we have quite a mixture of long boards and shorter boards.

"The kids are getting older and I have extra time to do something like this.

"The great thing about surfing is that my kids – Tate (aged 11), Calum (nine) and Celeste (six) are members of the Chiton Rocks SLC and love going to Port Elliot where they get such experience getting smashed around and and thrown around by the waves and have great fun. They go into the club and there are older guys who were surfers from the 60s who still bring their old boards out.

"It's an opportunity for them to talk about their old boards and the good old times, and the young ones love it. This made me think, hey, we should do another one of these special memorabilia days."

Simon is hoping people will bring along old surfing posters and other surfing bits and pieces along to the day down memory wave. You may contact him on 0412 667 959.

And, for the record, the morning surfing reports that we used to get on radio haven't reported bigger waves at Victor since that national surfing championship in '75. But hey man, we're still having fun. ■



Top: Simon with two of his old boards, and (above) a poster for the surfing memorabilia and show 'n shine day including a copy promoting the 1975 Australian Surfing Titles at Victor Harbor.





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## Langhorne Creek's Handpicked Festival

Alexandrina Council is proud to support the Handpicked Festival in Langhorne Creek, to be held at Lake Breeze Winery on **Saturday, 12 November**. The festival will play host to some of Australia's greatest musical icons. Headline acts include the electro-pop, ARIA award winning sisterly act **The Veronica's**, and Australia's iconic noughties rockers, **Killing Heidi**, in their first live performance in over ten years. Adding to the musical experience in 2016 will be a collection of South Australia's biggest export ready bands who will get the opportunity to experience the thrill of playing alongside some of Australia's greatest artists, while showcasing their talents in front of thousands of festival goers.

Further enhancing the experience this year, Handpicked has added the opportunity to camp onsite over the festival weekend. The Handpicked Tent City will have space for upwards of 500 campers, the new initiative has been developed to allow festivalgoers the opportunity to attend the festival, spend more time in the Langhorne Creek region, and stay the night onsite and drive home safe in the morning.

Also new to the festival in 2016 is Tasting Trail, a gastronomic spread showcasing Langhorne Creek's intentionally acclimated range of fresh produce alongside Lake Breeze's renowned collection of wines. The Lane, Handpicked Festival's market place will also return in 2016, exhibiting a diverse range of South Australia's arts, crafts, jewelry, and home wares. Handpicked festival is quickly becoming one of regional South Australia's swiftest growing cultural events. A complete sensory experience based at the award winning Lake Breeze Winery nestled within the picturesque landscape of the Langhorne Creek wine region.

For tickets and further information visit: [handpickedfestival.com](http://handpickedfestival.com)

## Goolwa Terrace Project Update

The finishing touches are being completed on the Goolwa Terrace and BF Laurie Lane Revitalisation Project. Council invites all of the community to head down and take a look at the project and celebrate the grand opening in early November. Look out for more information on Council's website, Facebook page and in our newsletter Alexandrina Alive.

This \$1.15 million project, which received \$557,125 in State Government funding, included the upgrade of two key tourist areas which are centrally located within the Goolwa township and provide a gateway to the Historic Goolwa Wharf Precinct.

The project involved the upgrade of the Goolwa Terrace / Cadell Street intersection to provide an attractive alfresco dining area and community meeting space, and included the removal of a slipway fronting the existing shops. It was replaced with a vibrant alfresco dining area incorporating seating areas, public art and shade via attractive street trees.

Part two of the project involved the upgrade of BF Laurie Lane to provide an inviting entrance to the Signal Point Complex, historic buildings and Goolwa Wharf Precinct by constructing a vibrant pedestrian avenue linking to the alfresco dining area and community plazas created at the Goolwa Terrace / Cadell Street intersection. Visit [www.alexandrina.sa.gov.au/goolwatce](http://www.alexandrina.sa.gov.au/goolwatce)







## Children in the Alexandrina area now have two new playgrounds to use!

The old Railway playground at Strathalbyn (pictured above) and Arthur Neighbour Reserve in Goolwa were recently replaced with new equipment.

The new playground equipment is targeted at ages three to twelve years and includes slides, swings and rock climbing walls.

The new playgrounds have been completed in time for spring and complement the other fantastic playgrounds in our region.

Council's two biggest playgrounds include the Forrest Reserve nature playspace in Strathalbyn and Bristow Smith Reserve nature playspace in Goolwa.

Opened in December 2014, Forrest Reserve nature playspace includes a 30m double cable flying fox, natural play elements, a slippery dip and a restored boat. It is located at Burkett Drive, Strathalbyn.

The Bristow Smith Reserve Nature Playspace in Goolwa was officially opened in December 2015.

The playspace features a 10-metre long restored wooden fishing boat, Parkour elements, water play with a creek bed, sensory wall, climbing nets, basket swings and stepping logs, along with an upgraded beach area, barbecues and shelters. It is located at Barrage Road, Goolwa.

For more information about Council's parks and reserves visit our website at [www.alexandrina.sa.gov.au](http://www.alexandrina.sa.gov.au)

## Environment and Food Production Area

As part of the State Government's planning reforms the new Planning, Development and Infrastructure Act 2016 has been recently passed through Parliament. One of the new elements of the Act was the introduction of the Environment and Food Production Area (EFPA).



The EFPA was introduced to protect our food bowl, valuable rural areas, landscape values and environmental resources, and to guide Adelaide's future urban form. What this means is that if the current urban boundaries need to expand then both Houses of Parliament need to agree. By not allowing further expansion it will encourage further development within the existing suburbs.

For those living within the EFPA there will be no changes to your existing use rights or what you can currently undertake on your land including boundary realignments.

The key impact of the EFPA is for those currently within a Rural Living Zone. At the time of the new Act being enacted, which has not occurred at this stage, a two year sunset clause will come into effect in which land owners within these zones can realise their land division potential.

To find out more about this please contact the Department of Planning, Transport and Infrastructure on 1300 857 392 or visit their website [www.dpti.sa.gov.au/planning](http://www.dpti.sa.gov.au/planning) where you can view the EFPA map and fact sheets.

# Events

## Happy to be Here

1-27 September 2016

Location: South Coast Regional Art Centre, Goolwa  
Tangerine Megs artwork is a journal of beauty and joy found in everyday moments.

**Bookings: 8555 7289**

**www.visitalexandrina.com**  
**tangerinemegs.com**

## Anthropocentric

2 September - 2 October 2016

Location: Signal Point Gallery, Goolwa  
A 'selfie-inspired' exhibition by Michael Bryant.

**Enquiries: 8555 7289**

**www.visitalexandrina.com**

## Burnside Symphony Orchestra

11 September 2016 at 3pm

Location: Centenary Hall, Goolwa

**Bookings: 1300 466 592**

**www.visitalexandrina.com**

## Lower Lakes Stockmans Challenge and Bush Festival

16, 17 & 18 September 2016

Location: Langhorne Creek Road, Strathalbyn  
Celebrating Australian Bush Heritage.

**Bookings: 8536 3473**

**www.lakeschallenge.com.au**

## Night Fever – Bee Gees Tribute

Saturday, 1 October 2016 at 8pm

Location: Centenary Hall, Goolwa

A savvy take on one of the most celebrated musical trios.

**Bookings: 1300 466 592**

**www.visitalexandrina.com**

## Drawing on Country

Saturday, 1 October 2016

Location: Goolwa, Clayton Bay, Milang and Raukkan

A visual interpretation of the lake by the public from four sites around the region.

**Enquiries: 8555 7289**

**www.visitalexandrina.com**

## Childhood

1-30 October 2016

Location: South Coast Regional Art Centre, Goolwa

Experience the evolution of childhood as society has progressed.

**Bookings: 8555 7289**

**www.visitalexandrina.com**

## The Coorong's Milky Way

October School Holidays

Location: Signal Point Gallery, Goolwa  
Five local artists depiction of the Coorong reflecting in the Milky Way.

**Enquiries: 8555 7289**

**www.visitalexandrina.com**

## Found

6-30 October 2016

Location: Signal Point Gallery, Goolwa  
Artists create sculptural forms from pre-existing materials.

**Enquiries: 8555 7289**

**www.visitalexandrina.com**

## SeaStar Rock

Wednesday, 12 October 2016, 11am

Location: Centenary Hall, Goolwa

A marine-themed interactive musical, ages 2-10 during the school holidays.

**Bookings: 1300 466 592**

**www.visitalexandrina.com**

## Sponge Kids Arts Hub

12-14 October 2016

Session times: 11am-12.30pm and 1.30-3pm

Location: Signal Point Gallery, Goolwa  
Create junk jewellery. This workshop is for boys and girls! All children under 13 must be accompanied by an adult, no bookings required.

**Enquiries: 8555 7289**

**www.visitalexandrina.com**

## Flourishing on the Fleurieu Festival

19 October 2016

Location: Goolwa Wharf Precinct

A free community event that celebrates retirement and showcases how our community flourishes.

**Enquiries: 8555 7232**

**www.victor.sa.gov.au/flourishing**

## Shamrock On the Road Again

16 October 2016 at 2pm

Location: Centenary Hall, Goolwa

**Bookings: 1300 466 592**

**www.visitalexandrina.com**

## The Dusty Springfield Story

22 October 2016 at 7.30pm

Location: Centenary Hall, Goolwa  
Tribute to the songs and career of Britain's greatest female pop singer.

**Bookings: 1300 466 592**

**www.visitalexandrina.com**



## Gardens Alive in Goolwa with Costa and Sophie

An inspiring day for garden lovers featuring an expo showcasing a variety of gardening stalls, local produce, community gardening groups, living art and music with 'Blu Chai', followed by talks by the much loved presenters from the ABC's Gardening Australia, Sophie Thomson & Costa Georgiadis.

**Where** Signal Point, Goolwa Wharf Precinct

**When** Saturday, 1 October 2016, 11am - 5pm

**Tickets** Expo from 11am-1pm is FREE  
\$10 - Talks, bookings essential

**Bookings** Goolwa Visitor Information Centre  
1300 466 592 or **www.visitalexandrina.com**

## Births, Deaths & Marriages

30 October 2016 at 2pm and 7pm

Location: Centenary Hall, Goolwa

Verandah Theatre Inc. play in conjunction with the Special Delivery Stories Project.

**Bookings: 1300 466 592**

**www.visitalexandrina.com**

## Handpicked Festival

12 November 2016

Location: Langhorne Creek

An event not to be missed with Australia's hottest bands and some of the fleurieu's best food and wine.  
**handpickedfestival.com**

## The Boswell Project

12 November 2016 at 7.30pm

Location: Centenary Hall, Goolwa  
Relive the Jazz Age of the 20s, right through to the classic tunes of the 40s.

**Bookings: 1300 466 592**

**www.visitalexandrina.com**

## The Great Duck Race

12 November 2016

Location: Soldiers Memorial Gardens, Strathalbyn

**Enquiries: 8536 3003**

## The Wonder Room

1 November - 4 December 2016

Location: South Coast Regional Art Centre, Goolwa

**Enquiries: 8555 7289**

**www.visitalexandrina.com**

## Annual Regional Youth Art Exhibition

4 November - 4 December 2016

Location: Signal Point Gallery

**Enquiries: 8555 7289**

## Goolwa Poetry Cup

20 November 2016 at 11.30am

Location: The Steam Exchange Brewery  
**Enquiries: 8555 7289**





# Guess who's coming in **16** weeks?



**H**o, Ho, hum... it's 16 weeks to Christmas on Sunday, and for many families it already represents a lot of stress when it comes to worrying whether they will be able to afford to buy the basic presents for the children and having family over for lunch.

In many cases it is no fault of their own – over the past 12 months the employment situation generally hasn't improved, every-day costs have risen and one thing has happened after another to compound the common financial problems.

The solutions may not always be easy, but in many cases there are ways to move forward and embrace the Christmas spirit knowing that it can also represent a personal milestone in changing the trend of where you are heading financially.

Unfortunately, most people are finding it tough – no, you are not alone – and the common mistake is not talking to your bank to plan better times ahead.

By far, the biggest problem is that people already have their credit card or cards almost to the limit, and come Christmas time there is no room to purchase presents or the basic food needs. Some people try to extend their limit, but in many ways this just compounds the problem when it comes to having difficulty meeting the minimum payments. This may not be for everyone, but as an example of preparing for Christmas, if your credit card is full come in and see the team at the Goolwa & District Community Bendigo Bank,

and in the strictest confidence determine exactly where you are at financially.

There may be the option of taking out a personal loan to pay out the credit card. Rest assured you will be paying much less interest on the personal loan – and the payments you make will put a real dent into your debt instead of just keeping your credit facility going.

Yes, it will be tough for some, but if you can do this, put aside the money you will have saved each month from the reduced payments towards Christmas expenses, or pay off a little more on the loan to clear it as quickly as you possibly can.

When Christmas comes feel good about the fact you put a better plan in place, and more importantly set up a positive trend for the new year.

The reality of every-day life is that there are difficult challenges and not everyone can cope financially. There is no shame in this, and it only relates to failure when you don't talk to your bank, and upon request get some advice on what is best for you. It is interesting that highly-paid people in corporations seek advice from their bank yet sometimes the every-day person feels there is no need.

The whole key here is what is best for you, and the Goolwa & District Community Bendigo Bank handles everything as a special, individual case or need, and definitely in the strictest of confidence. No one here makes judgements; this is an every-day people bank with an ethos of

serving the community.

Make yourself known to the branch manager Felix Kacirek – a family man who understands the modern-day pressures – and feel free to ask about any concerns you may have. In some cases, it is about confirming that you are on the right track. The G&DCBB branch has a great team, including Sara Perkins and



Casey Cousins, who have joined in recent months.

Gee, Christmas is 16 weeks away. Let's start to feel good about it by contacting your community bank. ■

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Looking to volunteer and have experience or are interested in retail? Do you enjoy working in a team, meeting new people and can demonstrate good customer service skills? Southern Volunteering would love to hear from you to talk about volunteering at the local Vinnies store. This would suit people with retail experience who want to hone their skills, or Year 11 or 12 students looking for a career in retail. Volunteering can create pathways for future employment. If you are newly retired and have some spare time on your hands, don't be bored... come and volunteer. If this volunteer position interests you or you would like to explore other volunteer opportunities that better match your skills and interest, contact Southern Volunteering on 8552 7858 or drop in for a chat on any Tuesday and Thursday between 10am-1pm in the Old School House Torrens Rd, Victor Harbor.

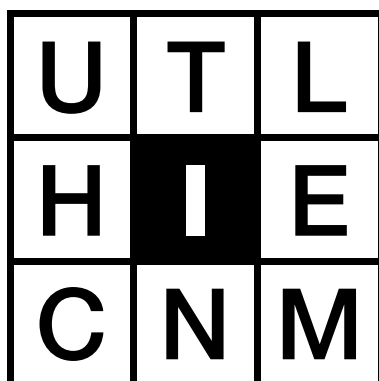
# Puzzles

answers P25  
(and don't cheat)

## Target Time

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in 's'. Reference Source: Macquarie Dictionary

**Target:** Average - 23, Good - 29, Excellent - 35+

[illegible]

## Crossword

### Across

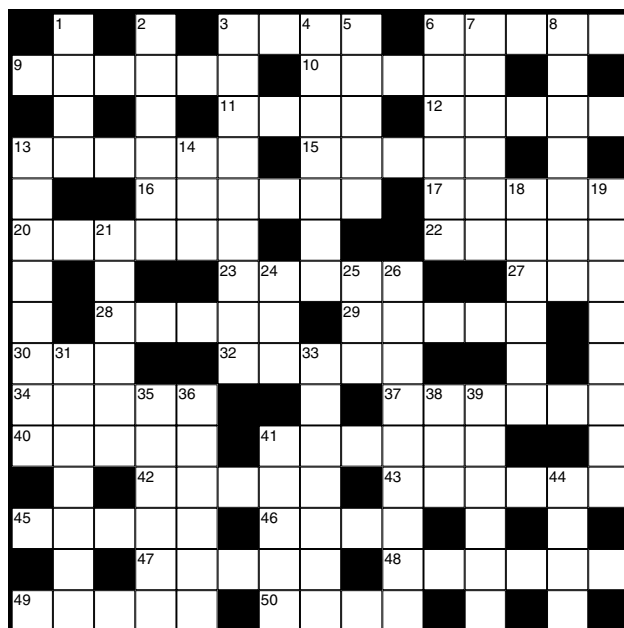
3 Contents in rivalry  
6 Breed of dog  
9 Literary ridicule  
10 Giver  
11 Fastener  
12 Female fox  
13 Not chaste  
15 Tools  
16 Oppressively hot  
17 Whole sum  
20 Former  
Spanish monetary unit  
22 Derogatory  
23 Rains heavily  
27 Necessary information  
28 Ship of the desert  
29 Anaesthetic  
30 Do wrong  
32 Move on ice  
34 Requires  
37 Ascended

40 Saturn's largest

satellite  
41 Line of police  
42 Worker in  
stone  
43 Crime  
45 Skulk  
46 Prima donna  
47 Units of  
inheritance  
48 Planet  
49 Borders  
50 Cult

Down

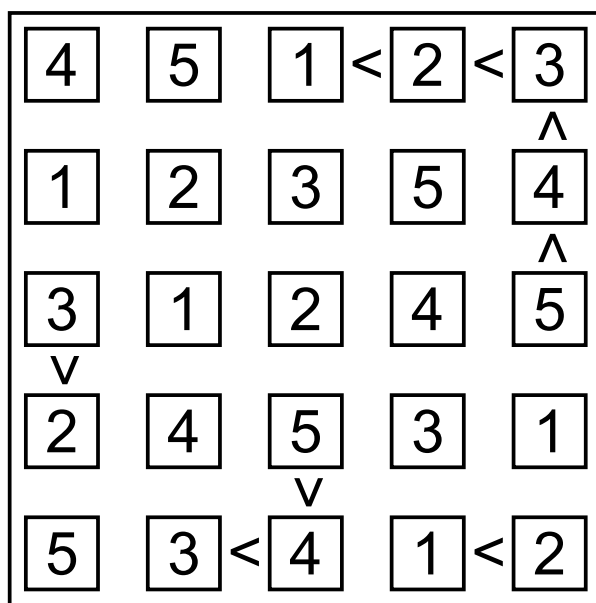
1 Rural property  
2 Very small  
3 Reverses  
4 Large building  
5 Not hollow  
6 Wishes for  
wrongfully  
7 Prayer  
8 Hand-thrown  
explosive  
13 Rude  
14 Decay



18 River joining  
Euphrates  
19 Mercy shown  
21 Unrevealed  
24 Large deer  
25 Encountered  
26 Fixed in

direction  
31 Was monarch  
33 Worry  
excessively  
35 Harm  
36 Serpents  
38 Fish eggs

39 Places of admission  
41 Cyphers  
44 Standard



## Futoshiki

The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A less-than sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution. Good luck!

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## 50-54 Maude St, Victor Harbor



Investigator College will hold its annual Open Day at Goolwa & Victor Harbor campuses on Wednesday, September 21. For parents who must decide where their children should be educated, it's about...

# Placing a school under the microscope

Given that most people spend more than 2500 days of their life at school the need for parents to decide where to send them to school is obviously a huge challenge.

Not only must the school present their children with opportunities to discover their individual talent and fulfil personal potential, it must provide a welcoming, nurturing and supportive environment in which to grow and develop.

Investigator College understands that accessing opportunities to evaluate a learning community to suit a family's need is daunting, and for this reason hosts numerous information sessions, come 'n' try days and 'anytime tours' allowing prospective families to visit and assess at their convenience.

Investigator College will host Reception-Year 12 Open Days at both Goolwa and Victor Harbor campuses on Wednesday, September 21 from 2.30pm to allow families to see facilities, and classes at work and play.

Visitors may also meet current parents and ask what they like or dislike about the College, take a virtual tour of the new Senior School, and enjoy a coffee and chat with the College leadership team and board. After 3:30pm, families are invited to re-visit classrooms where they will be able to participate in a 'real' lesson, see examples of curriculum offerings, literacy and maths programs, and meet and chat with teaching staff.

According to College principal Don Grimmett, there is no more important decision as a parent than the selection of an appropriate school to send our children.

"One needs to consider the values – both documented and demonstrated – and the range of academic, recreational, cultural and spiritual opportunities that contribute to a well-balanced education of excellence and personal achievement," Don said.



Investigator College student Ollie looks at the prospectus under a magnifying glass.



“

*When we get this right, a true partnership with a school provides a framework for our children that sets them up for life.”*

– Investigator College principal Don Grimmett

“When we get this right, a true partnership with a school provides a framework for our children that sets them up for life.”

Andrew Panozzo, the director of teaching and learning said Investigator College had already established a record of consistently high achievement.

“Although it is important to choose a school with proven results, especially with the increasing competition for post-school options such as university and apprenticeships, our Open Day is not about ‘showing off’ our end results,” Andrew said. “It is more about letting the community see how our quality teaching staff nurture our students.”

Jane Caro, a social commentator and co-author of *What makes a good school?* believes parents and prospective students need to look beyond a school's impressive achievements and look for a school that is open and transparent.

A recent article also asked a number of teachers how they selected schools for their children, and they listed results and data as key indicators that a school is doing the right thing by their students. No matter the varying opinion on results, all of the experts cited teachers, atmosphere and ethos in their most important factors to consider. Moreover, all of them reinforced the fact that parents and their children should take very opportunity to

engage with potential teachers, see a classroom in action, ask questions, and assess the ‘emotional tone’ of the school.

Julie Brentson, enrolment registrar for Investigator College, said the Open Day was an opportunity for the wider community to get to know the college better.

“Whether you are in the market for a new school, want to compare your current school or simply want to see what a normal school day is like at Investigator College, we encourage you to come along on the 21st September,” she said.

**More information and a chance to win an iPad mini visit:**

**[www.investigator.sa.edu.au](http://www.investigator.sa.edu.au)**

An advertisement for D&amp;S Mechanical Services. It features a close-up photograph of four spark plugs arranged diagonally. The text 'D&amp;S MECHANICAL SERVICES' is written in a stylized red font at the bottom. To the right, contact information is listed: 'Darren Wood', '0417 874 018', '13 Dowdodd Cres', and 'GOOLWA'.

# Laugh Lines

*Hey kids, it's Father's Day on Sunday, September 11, so why not tell Dad a few "Kid's jokes" instead of listening to the terrible ones he tells you every month from this page?*

## Kid's jokes....

**When is it a good time to eat a window?** When it's jammed.

**Why did Cinderella get kicked off the baseball team?** Because she ran away from the ball.

**What athlete is warmest in winter?** A long jumper.

**What do you get if you cross a bell with a skunk?** Jingle smells.

**What do you get when you cross a Christmas tree with an apple?** A pineapple.

**What do Santa's elves learn in school?** The Elfabet.

**What did the leftover roast chicken say after it was wrapped up?** Foiled again.

**What do you get if you don't clean your mirror?** A dirty look.

**What is a spider's favourite TV show?** The newly web game.

**What do you call a big Irish spider?** Paddy long legs.

**How did the telephone get**

**married?** In a double ring ceremony.

**Why did the kid start a gardening service?** He wanted to rake in some cash.

**What do you call a cow spying on another cow?** A steak out.

**What do bees chew?** Bumble gum.

**What happened when the owl lost his voice?** He didn't give a hoot.

## Boom, boom...!

A 91-year-old woman in Germany is under investigation for destruction of property after she tried filling in words on a crossword puzzle on display at an art museum. If charged, the woman could face time in a four-letter word for enclosure.

A bloke at Goolwa asks his mate what stunning Hollywood actress he would like to be stuck

in an elevator with. And his mate says: "One who knows how to fix an elevator."

A bloke gets home really late and jumps into bed. The wife says: "You're drunk." The bloke asks: "How do you know?" She says: "You live next door."

A wife complains to her husband: "Look at Mr Smith across the road; every morning when he goes off to work he kisses his wife goodbye. Why don't you ever do that?" And her husband replies: "Because I haven't met her yet."

## Woof, woof...!

A poodle and a collie dog are walking down the street when the poodle turns around and says: "My life is a mess... my owner is mean, my girlfriend is having an affair with a German Shepherd, and I'm nervous as a cat."

The collie says: "Why don't you go and see a psychiatrist?" And the poodle says: I can't... I'm not allowed on the couch."

## Late night shopping

A father is on his way home after work and he suddenly remembers that it's his daughter's birthday.

He dashes over to a toy shop and asks the sales person: "How much for one of those Barbies in the display window?"

The salesperson says: "It depends... we have Work Out Barbie for \$19.95, Shopping

Barbie for \$19.95, Beach Barbie for \$19.95, Disco Barbie for \$19.95, Ballerina Barbie for \$19.95, Astronaut Barbie for \$19.95, Skater Barbie for \$19.95 and Divorced Barbie for \$199.95."

The father shouts: "Jeepers! The divorced Barbie is \$199.95 and the others only \$19.95; how come?"

And the salesperson says: "The other Barbies only come with an outfit. Divorced Barbie comes with: Ken's Car, Ken's House, Ken's Boat, Ken's Furniture, Ken's Computer and one of Ken's best friends."

## Wait, there's more...

A teenage boy gets ready to take his girlfriend to their high school formal. First he goes to rent a dinner suit, but there's a long line at the shop and it takes forever.

Next, he has to get some flowers, so he heads over to the florist and there's a huge flower line there. He waits forever, but eventually gets the flowers.

Then he heads out to rent a limo. Unfortunately, there's a large limo line at the rental office, but he's patient and does the job.

Finally, the day of the formal comes. The two are dancing happily and his girlfriend is having a great time. When the song is over, she asks him to get her some punch, so he heads over to the punch table and there's no punchline.

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# Good health can come at fair price

"I don't have the time" is something I hear quite often when people try to explain why they don't or cannot exercise, but we all have the same hours in the day so it's a matter of choice.



By **Troy Benson** of **f.i.t Health & Fitness** - **Happy Healthy Strong, Goolwa.**

That being said, these days time is precious and so many of us feel overwhelmed by all the things we have to do so it would make sense to enlist the skills of someone that can teach you how to exercise safely and efficiently so that you get the biggest result with the smallest investment of time.

There is also the cry "I don't have the money" to afford a personal trainer, but if we took an honest look at our lifestyle we would all most likely find things that we choose to spend money on that we don't really need or that are likely to have a negative effect on our health rather than a positive one. It is also highly likely that you spend money on things to "make you feel good" but good feelings from "things" never last long and often in the long run leave us more stressed from worrying about all our stuff.

There is no better feeling than waking up before your alarm clock refreshed and ready for the new day ahead. There is great joy in smashing through your work/chores and still having energy to enjoy your family when you or they get home.

There is a sense of accomplishment that comes with completing your workout and there is a great sense of pride when your goals are met and your body changes. Invest in yourself and the benefits last your lifetime.

For a minute just think – what would it be worth to you to be happy healthy and strong?



**HAPPY. HEALTHY. STRONG.**

# Ready, set... grow

with Sandra, Ryan & Emily from DSM @ Middleton

Spring is the time when your lawn really needs some love and care, especially when it comes to fertilising.

There are four key areas to address with your lawn right now:

**Fertilising:** Solid or pellet fertiliser must be watered in, either with irrigation, or rain. If not dissolved, there is no way for the grass to take in the nutrients. Another reason spring is the best time to fertilise is because there is quite a bit more sunshine that in the winter months.

A regularly fertilised lawn will have a much higher chance of riding out the intense heat and drought of summer.

**Dethatching:** If your lawn is spongy you might need to 'dethatch' it which entails removing the blades of grass that have died over winter. Otherwise the dead blades will build up and become thatch, giving that spongy feeling on your lawn. Mow the grass right back to the runners, and fertilise and water. Deep raking is also an effective way to dethatch your lawn.

**Top dressing:** Spring is also a good time

to top dress your lawn - 80/20 garden loam (80% sand, 20% loam mix). It's a great top dresser that is affordable, and locks in the moisture, giving your lawn a fresh new bed to get settled into before summer.

When top dressing, it is important to not cover the blade entirely, ensure the tip is showing so it can grow through the surface of the loam. DSM Landscape & Building Supplies in Middleton supply 80/20 garden loam and a number of lawn foods/fertilisers for your lawn care needs.

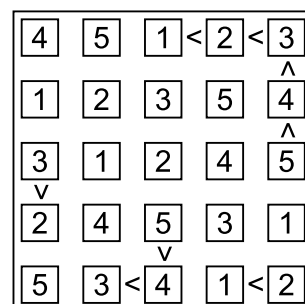
**Over seeding:** You can also find a variety of lawn seed to suit your lawn - marathon couch, marathon kikuyu, and a tough lawn seed mix. Throughout the year your lawn will have developed bare patches, dog spots, and worn areas due to heavy traffic, or neglect. Sprinkle the seed and finish with a slow-release fertiliser. After about five weeks after the grass germinated, apply a quick-release nitrogen fertiliser.

Cheers, *Emily*

## Puzzle answers (from P22)

### TARGET TIME

Answers: chime, chin, cite, emit, ethic, hilt, hint, inch, inlet, itch, item, lichen, lime, line, lint, lithe, LUNCHTIME, mice, mien, mile, mince, mine, mint, minute, mite, nice, niche, nuclei, telic, thin, tile, time, tine, tunic, unit, unite, untie, until.



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# Go. See.

Presented by Goolwa & District Community Bendigo Bank

Just a thought... It's hard to explain puns to kleptomaniacs because they always take things literally.



## September 10 & 17-18

The highly successful SALA Festival may be officially over, but Artworx Gallery & Gifts in Hays St, Goolwa will continue to take brilliant art to the public through exhibitions and artists-in-residence with outstanding artists Victoria Rolinski on September 10 from 11am-2pm, and Bill McSwain on September 17-18 from 11am-3pm both days. Pictured is one of Victoria's fine beach sandhills scenes.

## Australians in Retirement Fleurieu Peninsula Branch

### Become a member!

A not-for-profit association for independent retirees - meet in Newland Church Hall, Victoria St, Victor Harbor on 3rd Friday of each month at 10am.

#### NEXT MEETING: Friday, September 16

Help represent the interests of members and share information relating to retirement planning, financial education, healthy lifestyles and aged-care planning.

**CONTACT: Branch president: Helen Withers: 8554 2117**



## Friday, September 16

It's party time in Ocean Street from 4-8pm to celebrate the completion of the first stage of the Victor Harbor Mainstreet Precinct Upgrade project. And there will be plenty of rocking as it coincides with the opening of the annual Rock 'n Roll Festival.

The free party will include stalls, live music, pop-up bars, street food, free face painting, rides and other activities.

The event is presented by the City of Victor Harbor and gives the mainstreet traders a chance to rejoice the end of the works on the corner of Ocean and Coral Street. The works, highlighted by palm trees, depict a whale theme. It will be a great family event.



**Celebrating the 150th Anniversary of the Customs / Stationmaster's House at 1 Flinders Pde, Victor Harbor.**

## September 19-22

The National Trust Victor Harbor Branch is celebrating the 150th Anniversary of the Customs / Stationmaster's House at 1 Flinders

Pde, Victor Harbor. Building commenced in 1866 as the new residence for the Collector of Customs and Harbor Master. Visitors are welcome to wander through the Museum viewing old photos and stories of the 150 years (gold coin donation). Open 1-4pm daily.

## October 8-9

The 139th Port Elliot Show will be held at the Port Elliot Showgrounds, Cameron St from 9am both days. Among the many highlights will be the thrills and spills of Epic Darren's comedy motorcycle stunt show on the Saturday, and the one and only Humphrey B. Bear on the Sunday. Adults \$10, weekend pass \$15, concession/students \$7, children 5-16 yrs \$3.

Visit: [www.portelliotsshow.com.au](http://www.portelliotsshow.com.au)

## October 28-31

Meningie is celebrating its 150th anniversary and visit website [www.meningie150years.webs.com](http://www.meningie150years.webs.com) for a guide to a series of special community events. They include the arrival of the P.S. Oscar W in Narrung for the sunset lighting of the Point Malcolm Lighthouse is for the first time since 1931. The Narrung Progress Association will have a BBQ at the Narrung Jetty from 6pm, plus the Raukkan store will have coffee available. A dance will be held in the Narrung Hall on the Saturday at 7.30pm. The Oscar W will head to Meningie and berth at the jetty. On the Sunday, there will be a mail re-enactment breakfast at the Meningie Sailing Club with Oscar W leaving at 9am and the mail being received by members of the Milang Historical Society at 4pm. Milang Historical Society will deliver the mail to Steam Ranger in Strathalbyn in time to catch the train heading to Mount Barker shortly after 5pm.

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## Friday, September 23

### Great entertainment at the Wharf Precinct

The finest of food and wine plus great entertainment returns to the Signal Point Gallery from 6-10pm as part of the At the Wharf event presented by Cittaslow Goolwa. There will be music by

The George Grifas Jazz Quartet featuring Lainie Jamieson, and wine by Shaw Family Vintners. There will be tasty food available, but you're welcome to BYO. Cost is \$15 and includes first drink. It is a well-organised and entertaining night and this Cittaslow event is getting even more popular. It's about having fun and meeting great people. Bookings are essential: Debbie 0417 010 299.

This is a taste of the best of Goolwa, and watch out for more progress on these fabulous monthly events.

## Market trail

**CAPE JERVIS:** Second Sunday of the month from September to May 9am-1pm, in-and-around Cape Jervis Tavern, Main Rd. Enquiries: 0437 284 386

**GOOLWA WHARF:** First & third Sundays of the month, 9am-3pm @ the reserve by Goolwa Wharf. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

**INMAN VALLEY ART, CRAFT & PRODUCE:** First Saturday of the month 9am-1pm @ Inman Valley Memorial Hall. Enquiries: Kate 8558 8242

**KANGAROO ISLAND:** Penneshaw Farmers Market & Penneshaw Community Market: First Sunday of the month 9am-1pm @ Penneshaw Oval.

**McLAREN VALE:** First Saturday of the month 9am-2pm @ McLaren Vale Institute Hall, Main Road. Enquiries: 0432 835 932

**MOUNT COMPASS:** First Saturday of the month 8.30am-1pm @ The Wetlands off Nangkita Rd. Enquiries: John 0419 845 909

**MYPONGA WHOLESALE COUNTRY:** Weekends & public holidays 9.30am-4pm @ Old Myponga Cheese Factory, 46 Main South Rd.

**PORT ELLIOT:** First & third Saturdays of the month 9am-1pm @ Lakala Res, Rosetta St. The market will be every Saturday through

to Feb. 6. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

**STRATHALBYN:** The Lions Club of Strathalbyn holds a quarterly or fifth Sunday of the month market at Lions Park, South Tce, Strathalbyn (next October 30) from 8am-2pm. Enquiries: Joy Dring 0407289030

**STRATHALBYN:** Third Sunday of the month @ Lions Park, South Tce, 8am-2pm.

**VICTOR HARBOR FARMERS':** Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor.

**VICTOR HARBOR COUNTRY:** Second & fourth Sundays of the month @ Soldiers' Memorial Gardens, The Esplanade 9am-4pm. The market will trade every Sunday in January. Enquiries: 8556 8222

**VICTOR HARBOR INDOOR CRAFT & PLANT:** First Saturday of the month 9am-3pm @ RSL clubrooms, Coral St.

**WILLUNGA ARTISANS':** Second Saturday of the month, 9am-1pm @ Old Show Hall, Main St, Willunga (opposite Willunga Farmers' Market).

**WILLUNGA FARMERS':** Every Saturday, 8am-12.30pm @ Willunga Town Square. Enquiries: 8556 4297

**WILLUNGA GREEN LIGHT ECO:** First & third Saturdays of the month 9am-1.30pm. Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

**WILLUNGA QUARRY:** Second Saturday of the month 9am-1pm @ Aldinga Rd, Willunga. Enquiries: 0408 897 393

**YANKALILLA CRAFT & PRODUCE:** Third Saturday of the month 9am-1pm @ Agricultural Hall, Main Rd, Yankalilla.



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### **Ben-Hur**

(M) Drama starring Jack Huston, Morgan Freeman and Toby Kebbell. Directed by Timur Bekmambetov. The film returns to the heart of Lew Wallace's epic novel focusing on the nature of faith. It follows a falsely accused nobleman who survives years of slavery to take vengeance on his best friend who betrayed him. Both must come to choose between retribution or forgiveness. **Until September 14.**

### **David Brent: Life on the Road**

(MA15+) Comedy starring Ricky Gervais, Jo Hartley and Tom Bennett. We find out what Brent is doing now and what's happened in the last 15 years since his redundancy from his beloved Wernham Hogg. He's a sales rep now, selling cleaning products up and down the country, but has never really given up on his dream of being a rock star. He thinks it'll be like Scorsese filming the *Rolling Stones*, but it turns out to be a "Where are they now?" documentary. He has to take a few weeks off work and cash in a couple of pensions, because the session musicians in the band are costing him more than he's getting in ticket sales. **Until September 7.**

### **The Shallows**

(M) Thriller starring Blake Lively, Oscar Jaenada and Sedona Legge. Nancy (Blake Lively) is surfing alone on a secluded beach when she is attacked by a great white shark and stranded just a short distance from shore. Though she is only 200 yards from her survival, getting there proves the ultimate contest of wills. It's Jaws for a new generation. **Until September 7.**

### **Love and Friendship**

(PG) Drama starring Kate Beckinsale, Chloe Sevigny, Xavier Samuel, Stephen Fry and Emma Greenwell. Beautiful young widow Lady Susan Vernon visits the estate of her in-laws to wait out the colourful rumours about her dalliances circulating through polite society. Whilst ensconced there, she decides to secure a husband for herself and a future for her eligible but reluctant daughter, Frederica. In doing so she attracts the simultaneous attentions of the young, handsome Reginald DeCourcy, the rich and silly Sir James Martin and the divinely handsome, but married, Lord Manwaring, complicating matters severely. **Until September 7.**

### **Our Kind of Traitor**

(M15+) Thriller starring Ewan McGregor, Stellan Skarsgard, Damian Lewis and Naomie Harris. While on holiday in Marrakech, an ordinary English couple, Perry and Gail, befriend a flamboyant and charismatic Russian, Dima, who unbeknownst to them is a kingpin money launderer for the Russian mafia. When Dima asks for their help to deliver classified information to the British Secret Services, Perry and Gail get caught in a dangerous world of international espionage and dirty politics. The couple is propelled on a perilous journey through Paris and Bern, a safe house in the French Alps, to the murky corners of London and an alliance with the British Government via a ruthless and determined MI6 agent. **Until September 7.**

### **Sully**

(CTC) Drama starring Tom Hanks, Laura Linney, Aaron Eckhart and Jerry Ferrara. Directed by Clint Eastwood, The story of Chesley Sullenberger, who became a hero after gliding his plane along the water in the Hudson River, saving all of his 155 passengers. **Commences September 9.**

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## CHECK MOVIE TIMES ON THE VICTA CINEMA WEBSITE

### *Secret Life of Pets*

(G) Animation movie starring Lake Bell, Kevin Hart, Ellie Kemper and Albert Brooks. Directed by Chris Renaud and Yarrow Cheney. For one bustling Manhattan apartment building, the real day starts after the folks on two legs leave for work and school. That's when the pets of every stripe, fur, and feather begin

### *Bridget Jones's Baby*

(CTC) Bridget Jones returns for this third entry in the romantic comedy series that once again features Renee Zellweger, Colin Firth, and Hugh Grant. Author Helen Fielding co-wrote the script with David Nicholls.

**Commences September 16.**

### *The Magnificent Seven*

(CTC) Action movie starring Denzel Washington, Chris Pratt, Ethan Hawke, Vincent D'Onofrio and Luke Grimes. Directed by Antoine Fuqua. Seven gun men in the old west gradually come together to help a poor village against savage thieves.

**Commences September 30.**



their own nine-to-five routine: hanging out with each other, trading humiliating stories about their owners or auditioning adorable looks to get better snacks. The buildings top dog, Max (voiced by Louis C.K.) finds his pampered life rocked when she brings home Duke (Eric Stonestreet), a sloppy, massive mess of a mongrel with zero interpersonal skills. When this reluctant canine duo find themselves out on the mean streets of New York, they have to set aside their differences and unite against a fluffy-yet cunning bunny named Snowball (Kevin Hart). **Commences September 9.**

### *Pete's Dragon*

(PG) Family movie starring Bryce Dallas Howard as Grace, a park ranger who discovers the existence of Elliott; 10-year-old Oakes Fegley as Pete; Wes Bentley as Jack, a local mill owner; New Zealand native Karl Urban as Jack's brother, Gavin; Oona Laurence as Natalie, the young girl who befriends Pete; and Oscar winner Robert Redford as Grace's father. **Commences September 16.**

### *Dough*

(M) Comedy, drama starting Jonathan Pryce, Jerome Holder, Pauline Collins, Philip Davis, Ian Hart and Malachi Kirby. An old Jewish baker sees his struggling business boom when his young apprentice accidentally drops cannabis into the dough. A heart-warming comedy about an unlikely friendship. **Commences September 23.**

### *Storks*

(CTC) Animation movie starring Andy Samberg, Kelsey Grammer, Keegan Michael Key and Jordan Peele. Storks deliver babies... or at least they used to. Now they deliver packages for global internet giant Cornerstore.com. Junior, the company's top delivery stork, is about to be promoted when he accidentally activates the Baby Making Machine, producing an adorable and wholly unauthorised baby girl. Desperate to deliver this bundle of trouble before the boss gets wise, Junior and his friend Tulip, the only human on Stork Mountain, race to make their first-ever baby drop in a wild journey that could make more than one family whole and restore the storks' true mission in the world. **Commences September 30.**

### *Miss Peregrine's Home for Peculiar Children*

(CTC) Fantasy movie starring Eva Green, Asa Butterfield and Samuel L. Jackson. From director Tim Burton and based upon the best-selling novel, comes an unforgettable, thrilling and haunting tale. Sixteen-year-old Jacob follows clues that take him to a mysterious island where he discovers the crumbling ruins of Miss Peregrine's Home for Peculiar Children. As Jacob explores the abandoned bedrooms and hallways, he discovers that its former occupants were far more than peculiar; they possessed incredible powers. And they may still be alive. **Commences September 30.**

### *The Girl on the Train*

(CTC) Thriller starring Emily Blunt, Rebecca Ferguson, Edgar Ramirez, and Justin Theroux. Rachel (Blunt), who is devastated by her recent divorce, spends her daily commute fantasising about the seemingly perfect couple who live in a house that her train passes every day, until one morning she sees something shocking happen there and becomes entangled in the mystery that unfolds. **Commences October 6.**

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This is the fifth anniversary of Coast Lines, and we present two of our favourite recipes... Pistachio Sausage Rolls that we published in our first edition on September 15, 2011, and the Choc Orange Cake from Volume 2, No. 1, which earned rave reviews from readers.

We sincerely hope that you have enjoyed our recipes... we have tried to keep them simple for the average busy household.

If you have a recipe to share, we would love to hear from you: [info@coastlines.com.au](mailto:info@coastlines.com.au).

## Choc Orange Cake

### Cake ingredients

½ cup caster sugar  
4 eggs, separated  
1 cup plain flour  
2 teaspoons baking powder  
125g butter, melted  
grated rind and juice of 1 orange

### For pouring over cake:

¾ cup orange juice  
2 tablespoons sugar

### Chocolate icing

125g dark chocolate  
1 teaspoon coffee extract  
1 tablespoon sour cream  
1 tablespoon boiling water

### Method

Pre-heat oven to 180°C. Line a cake tin with baking paper (20cm round spring form tin is ideal). Place egg whites in a bowl and whisk until soft peaks form.

In a large bowl beat the sugar and egg yolks together until

thick and creamy. Sift together flour and baking powder and add to egg mixture, stirring until combined.

Add cooled melted butter, orange rind and juice. Gently fold in whisked egg whites.

Pour into prepared cake tin and bake at 180°C for 30-35 minutes, or until golden on top and firm to touch.

Remove from oven and immediately poke holes a few centimetres apart over the top of the cake using a skewer. Slowly pour combined extra orange juice and sugar over the top of the cake. Leave in tin to cool.

**Prepare chocolate icing:** Combine ingredients in a saucepan and stir continuously over low heat until melted and smooth. Ice cake and enjoy!



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# Eat Wave with Jenny

## Pistachio Sausage Rolls

### Ingredients

1 tablespoon olive oil  
1 medium onion, finely chopped  
2 slices white or wholemeal bread  
¼ cup milk  
500g sausage mince  
50g raw pistachio nuts, chopped  
2 tablespoons chopped parsley  
(or 1 teaspoon dried parsley)  
½ teaspoon dried oregano  
½ teaspoon dried thyme  
salt & pepper to season  
4 sheets frozen puff pastry, thawed  
1 egg, beaten  
Sesame seeds

### Method

Pre-heat oven to 180°C. Line two baking trays with baking paper.  
Remove crusts from bread, and break bread into small pieces. Place in a bowl and stir through milk. Set aside for 5 minutes.  
Heat oil in a frypan over medium heat. Add chopped onion and cook until softened and transparent. Remove from heat.  
In a large bowl mix mince, onion, bread, chopped pistachio nuts, herbs and salt and pepper until thoroughly combined.  
Cut pastry sheets in half. Spoon an eighth of the mixture down the centre of each sheet. Brush one edge with the whisked egg, then lift the opposite edge over the mixture to

form a long roll, making sure join is sealed underneath. . Brush tops with beaten egg and sprinkle with sesame seeds. Place on the prepared trays leaving space between each roll and bake at 180°C for 25-30 minutes, until golden and cooked through.  
Remove from oven and cut each roll into four pieces.

**Note:** These sausage rolls are very tasty using good quality sausages with skin removed. Country Style Sausages are ideal, and herbs can be adjusted to taste. Chopped, toasted almonds may be used in place of pistachio nuts.

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