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Our cover

If you take a close look at our front cover you may recognise brilliant British actor Martin Clunes (right), who is best known for his roles in *Men Behaving Badly* and *Doc Martin*. In an amazing promotion for Fleurieu Peninsula tourism, Martin is doing an ITV special *Islands of Australia*, and Mundoo Island is the only island chosen in South Australia. The three-part series will have tens

of millions of viewers in Channel 7 and on UK television later this year, and it would cost millions to buy that level of national and international exposure.

Pictured on the cover are Mundoo Island station owner Colin Grundy (left) riding across the island during filming with Martin. P6-7: Is there a doctor on the horse?

This Month

May is a busy month in terms of special days recognising health events, including Australia's Biggest Morning Tea for Cancer Council Australia with little Mia (pictured far right) having her own tea party. It is also Mother's Day on Sunday, May 9, and we wish all of the mums of this world every happiness. You need to spoil your mum rotten.

The month of May recognises 65 Roses for Cystic Fibrosis. It was named this following a beautiful story in 1965 when a little boy pronounced his cystic fibrosis "65 roses". Cystic fibrosis (CF) is one of our most common lifeshortening genetic conditions. It affects the lungs and digestive systems. People with CF undergo a daily gruelling treatment

regime to stay healthy. Please support this wonderful cause. Visit: www.65roses.org.au

There are other marvellous organisations with special days in May that also deserve support including:

1-7: Australian Brain Cancer Action Week

3: World Asthma Day

10: World Lupus Day

15-21: Food Allergy Awareness Week

20: World Autoimmune Arthritis Day

22-28: Macular Degeneration Awareness Week

22-28: Kidney Health Week

22-28: National Palliative Care Week

31: World No Tobacco Day

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Australia's BIGGEST

(and smallest)

Morning Tea

Australia will have its Biggest Morning Tea on Thursday, May 26, but gorgeous threeyear-old Mia just



couldn't wait for something smaller. Out came her tiny tea pot, cups and saucers and she entered a child's magical world of imagination.

And now Mia (right), of Encounter Bay, is all set to have a nice cuppa with her nanna, who loves her tea.

While May 26 is set down as the special day, you may hold a Biggest Morning Tea party throughout May and June, so there is plenty of time to organise your own event. Full details: www.biggestmorningtea.com.au

Registering as a host is easy... share your online fundraising page with friends or family, and your morning tea can be as big or small as you like.

Each event is about participants making a donation – raising much-needed funds for cancer research, and once you have registered and held your event, place the funds in a special account.

This is the 23rd Australia's Biggest Morning Tea, and funds raised will help Cancer Council continue its vital work in cancer research, prevention and support services. It's a great cause.

Continued P4



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Magpies are turning blue

The Great Southern Football League's Magpies are turning blue – just for a day and for a wonderful cause.

The Goolwa-Port Elliot club will wear blue guernseys for their match against Strathalbyn at Goolwa Oval on Saturday, May 21 to recognise Motor Neurone Disease, which has been so well promoted over the past 12 months by Essendon great and former Melbourne coach Neil Daniher, one of the many suffers nationwide.

MND hits home hard to the Goolwa club because among their great followers is another victim, Gail Menner, the wife of Paul, manager of the RSL Goolwa subbranch which supports the club and MND. Also, Brett Ebert, a Magarey Medallist at Port Adelaide and played 166 games for the Power, joined Goolwa-Port Elliot this season, and his cousin Brad Ebert, an AFL player with the West Coast Eagles and currently with Port, is an ambassador for MND South Australia. Their help has been

amazing.

In an outstanding gesture, leading sports wear manufacturer JS Sports is donating the blue guernseys, while the club's players in the other grades will wear MSD blue armbands. The Strathalbyn Football Club has also been brilliant with its support of the day. Well done.

Goolwa-PE club president Shaun Durwood said that while the focus of the day was awareness about MND, all players and spectators will have the opportunity to make a gold coin donation to support MND SA.

Motor neurone disease (MND) is the name given to a group of diseases in which the nerve cells (neurones) controlling the muscles that enable us to move, speak, breathe and swallow undergo degeneration and die. It is a cruel disease; let's help them.

If you would like to help the cause, contact the Motor Neurone Disease Association SA 8234 8448, or visit: mndsa.com.au



Gail and Paul
Menner (second
& third from left)
pictured at a MND
fundraiser with
family members
and friends at the
Goolwa-Port Elliot
club last year.



From P3

Cancer Council is the largest independent funder of cancer research in Australia. In 2015, its research grants totalled more than \$70.5 million.

Mia's mum, Care Vaughen, will be attending a Biggest Morning Tea function in the mall at the Goolwa Shopping Centre from 10amnoon presented by the team at the Goolwa & District Community Bendigo Bank, Caffe DeCarlo and other local businesses who will generously donate their goods, time. And you're invited. Last year their event raised more than \$1400.

Look out for countless other special fundraising events celebrating Australia's Biggest Morning Tea, and please support them. And a big thank you to the many volunteers and supporters who are helping this event. If you are planning a tea party for cancer research in June let us know early and we will also publish your details (no charge): info@coastlines.com.au

Get into the real Australian spirit – it's just your cup of tea. ■

Pictured above: Care and Mia share a little pot of "tea".



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The carefully designed kitchen is classy, and is spoiled with ample storage, soft-closing deep drawers, bench space, quality appliances and even a raised cabinet that hides the dishes from the dining area. Along with the kitchen, the meals and casual living area enjoy a coastal reserve and water outlook. This well considered property has a separate formal lounge and access through to the exterior patio. What's not to love about about this elegant home? This modern design is unique, warm, inviting and creative. Other features include solar panels and solar hot water, low maintenance grounds, double garage with additional work shop. Total house area 266m2 and dual access to allotment.

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Above: The 'cowboy and the doctor' – Rob Virgo (left) and Martin Clunes (centre) – with Mundoo Island station owner Colin Grundy. Below: Colin, Martin and Sally.

Is there a doctor on the horse?

30-second commercial costs more than \$A25,000 on United Kingdom prime TV, but it is worth every penny when millions are glued to their sets watching one of the most likeable and brilliant actors around, the irrepressible Martin Clunes, OBE.

You may know him as Gary Strang from *Men Behaving Badly*, or as Martin Ellingham in the ITV drama series *Doc Martin*. Now imagine him reaching tens of millions of viewers in England and Australia in a 10-minute segment promoting our own backyard, and it hasn't costed us a cent. And then there are the re-runs of the re-runs.

Welcome to his new documentary *Islands of Australia* featuring Mundoo Island, one of only 12 islands highlighted in a three-part series to be shown on ITV in the UK and on Channel Seven later this year. It's priceless.

The special follows his highlysuccessful *Islands of Britain* series in 2009 which gained huge ratings internationally, and Colin and Sally Grundy, and their children, Jessie, 14, and Jack, 12, still cannot believe Martin, 54, and his wife, Phillipa, and their daughter, Emily, 16, stayed with them at their Mundoo Island station during the filming over Easter.

Incredibly, after an exhaustive selection process, Mundoo Island, via Goolwa and Hindmarsh Island, was the only island in South Australia chosen for the series, and it topped Martin's personal list because he instantly became excited at the prospect of mustering wild horses with Arabian bloodlines that roam freely here.

It should not have come as any surprise given that Martin is president of the British Horse Society, but according to Sally, he and Phillipa, who is executive producer of *Doc Martin*, were also "blown away" from the spectacular beauty of Mundoo Island and the Coorong, and absolutely stunned by the nature and especially the birdlife upon their arrival.

They stayed in two-storey selfcontained guest accommodation near the homestead overlooking the Murray Mouth and Coorong and Mundoo barrage, and were joined by the producer, assistant producer, an Australian



cameraman/sound man and Martin's personal assistant.

"We took them to Grannie's Hill, the highest spot on Mundoo Island, at eight o'clock in the morning to get drone footage from straight over the sandhills to the sea, then turned it around and captured the most magnificent footage coming back over Mundoo Island," Sally said. "It was just sensational."

When Martin and the crew heard of Rob Virgo, an amazing 79-year-old character from Middleton who ran off with the circus at 13 and has been breaking horses on Mundoo Island for years, they knew they had to get him on the scene.

So off went Martin, Rob and Colin riding into the proverbial sunset past a herd of a thousand-or-so Angus beef cattle and 300 Dorper sheep amidst the croaks of rare Southern Bell frogs and the raucous of even-rarer Orange Belly parrots across 3000 acres, and Sally noted that Martin had mentioned he was having the time of his life. You could see it on his face. "He was like a kid in a lolly shop," Sally said.

The adventure continued beyond dusk with campfire scenes. "We hardly stopped filming the whole time they were here," Sally said. "We rushed home for lunch which the kids got ready for us.

"For Mundoo Island, it means a lot; now we will be out there on the world stage. It was interesting to see Martin's reaction, and that of Phillipa, as they were mind-blown by the vista of the Coorong. They see a lot of the world, and they said the Coorong was just magnificent.

"Martin and Phillipa were gobsmacked by what we are trying to do on the island environmentally as well as running it as a station without any staff. They care about nature and seemed stunned when we told them we planted 140,000 trees two years ago because we wanted to introduce native species to enhance the environment, and how we do a lot of surveys for Birds Australia to get a good indicator as to how the environment is going since the millennium drought.

"There were a lot of little things that took special effort to put this segment together, like Martin needing to bring his own helmet, needing insurance so he could go horse riding and getting drone approval to obtain footage, but it will all come together beautifully. "But overall, this became more than just about a television documentary; it was about two families from opposite sides of the planet who had never met and bonded so well. It was



discovering how a brilliant actor is so opposite to the part he plays in *Doc Martin*, someone who's a character in real life with a wicked sense of humour. He's very down to earth, naturally funny and caring. A very likeable larrikin really."

Maybe we should claim Martin as an Aussie like we did with New Zealand-born actor Russell Crowe, but perhaps before anything we should call Mundoo Island our own before the rest of the world sees it as their treasure. Amazing; the place is in our backyard yet generally few know anything about this place. At least you can watch our Martin tell us about it on TV.



One big happy family... (back, from left) Colin, Martin, Jack, and (front) Emily, Phillipa, Sally and Jessie. *All other images by Sally Grundy*.



Driving carefully through 25th year on life's highway

any of those who have been helped by the Southern Communities Transport Scheme are probably familiar with Frank Sinatra's classic 1964 version of *Fly Me to the Moon*. Actually, if they took every ride with this community service over the years they would have driven there and back twice – 1,480,600km.

As trivial as it may seem, it is a remarkable achievement based on the fact the scheme has just began its 25th year and the estimated number of trips, now peaking at 12,000 annually.

Better know as SCOTS – being an initiative of the Victor Harbor and Alexandrina councils with financial assistance from the Department for Communities



and Social Inclusion and the Australian Government of Social Services demands an acronym – this remarkable not-for-profit community scheme drives clients of all ages who qualify and are disadvantaged for whatever reason to medical appointments and things as relatively simple as taking them shopping because they have no other means.

It differs to another amazing support program, the Fleurieu Cancer Support Foundation, based in Victor Harbor, which focuses on clients confronting cancer issues, but is parallel in terms of the valuable contribution the organisations and their tireless volunteers make to the community.

We are telling you all of this because SCOTS, through its hardworking co-ordinator Mary-Anne Woodman (pictured), one its three part-time employees, needs more volunteer help. It also seems a good reason to remind us of what some fabulous people are doing out there for our community.

SCOTS currently has 45 volunteers and has been ever grateful for the support of more than 200 over its journey who have assisted clients of all ages, whether they be in need of dialysis, cancer treatment, eye appointments, hospital admittance, and even early births.

"It can be tough at times for the volunteers, especially the clients who go up to town regularly," Mary-Anne said. "They get to know them quite well with their life stories. Without prompting, some talk about their family, which is nice, and they feel that

they know them.

"As a group behind closed doors we help the volunteers deal with the personally challenging times by sharing the grief by talking a lot to each other. We meet, and encourage the volunteers to pop in and have general conversations any time and debrief. If they need more than that we get counselling for them. "There are many positive stories, and if people see our clients in our van it doesn't always mean it is their last trip. It might be an eye appointment, and we do local shopping - it's not one-onone - and provide a medi-ride service as far as Queen Elizabeth Hospital and specialist rooms in North Adelaide."

SCOTS owns only one of its three Hyundai IMAX people movers thanks to the generosity of Rotary Club of Victor Harbor. A rapid increase in the need for services forced a fee schedule for clients, kept to a minimum thanks to support of the regular sponsors of the region and fundraising activities.

Overall, SCOTS is very much about the volunteers whose kindness and respect for the clients amidst unquestionable privacy is invaluable, and a board made up of volunteers led by Pat Chigwidden as chairman which has driven this program with remarkable care and enthusiasm. Thank you. Everyone is over the moon.

If you can help in any way, please contact Mary-Anne on 8551 0760 or e: scots@victor. sa.gov.au ■



We must remember them

hey are the magnificent seven, and we love them; members of a unique nineties club at the RSL Goolwa Sub-Branch.

There are the ex-Army World War II veterans Ron Graetz, 97, and 95-year-olds Sandy Hill and Nigel "Digger" Nelson, who unfortunately wasn't well enough to be part of this special photo, Betty Plummer, 94, and Ian Brock, 92, who were in the same Australian Air Force communications unit, and ex-Navy servicemen Ken Bowden, 92, and the "kid" amongst them, Charlie Stevens, who is only 90.

This represents an aggregate of 655 years for an average of 93.5, but there is nothing average about them - anyone who has served our country in conflict is a hero.

With another Anzac Day been and gone you may wonder why publish this image weeks after the event. It's because this 101st march through the streets of Adelaide was another stark reminder our WWII veterans are dwindling in numbers. Ron says there was only one other Anzac Day march he could remember with fewer world war veterans. "There was the time many years ago when they called off the march because of heavy rain, but one solitary bloke still did the complete march by himself," he said.

It was merely one of the "remember when" yarns these remarkable people revived as



they gathered for the image. We captured them because they are still around, and we need to remember them and what they represent.

Slow in pace they may be, but their minds remain sharp. They recalled some terrible stories as if they occurred yesterday, and

when Ron spoke of how he didn't know what to do with himself when he came home from war the others joined in and said they felt the same.

"We were told to do things in the army and you did them, but when we came home there was no one to tell us," Ron said.

Still going strong... Goolwa RSL Sub-Branch members in their ninetees (from left) Ian Brock, 92, Betty Plummer, 94, Charlie Stevens, 90, Ken Bowden, 92, Sandy Hill, 95, and Ron Graetz, 97.

"I lost my way there for a while. I would be down at the pub drinking away looking for somebody I might know.

"I was diagnosed with having an anxiety state; they call it posttrauma disorder syndrome these days, and I have an idea what these fellas who have returned from the Middle East have been going through. I feel for them.

"When I got home I was told to report at the Repat (Repatriation General Hospital, Daw Park), and when I got there I asked this bloke, 'what's this place?' He said it was a nut house, so I walked out the door and caught a cab back to the pub and never returned.

"Yeah, all what on during the war has remained inside me." And the others who also experienced the horrors of war said they were the same.

Go into any of the other 1499 sub-branches around Australia and you'll find blokes like our super six in this photo also reminiscing and asking visiting RSL members whether they knew someone in their unit. But you'll never find one who has forgotten a mate from WWII or any other conflict. It's why we should remember them right now.

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Your local team (from left) Shane Mitchell, and proprietors Steve Conder & Tony



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New manager has experienced both sides of the counter

elix Kacirek has been on both sides of the proverbial fence when it comes to banking, and now he's made it his fulltime job – as the new branch and business manager of the Goolwa & District Community Bendigo Bank.

His role is about managing the already diligent and enthusiastic staff while making sure the bank's No. 1 priority – its customers or members of the community – have the support they deserve from their community bank.

Felix (pictured) has worked for big businesses like Australia Post, in the banking industry with impressive credentials, and he's worked in small business. He knows sales and marketing, all there is to know about home loans, personal loans and every other loan you can think of, and he can tell you all about agribusiness.



11

Everywhere else where I have worked it has always been about the shareholders... putting something back to them and not worrying about the local community and small businesses."

 Felix Kacirek, new branch and business manager of the Goolwa & District Community Bendigo Bank.

And Felix, and his wife, Caroline, a junior primary school teacher, know the every-day pressures



that families endure – they have three boys and a girl, Oscar, seven, Charlie, six, Scarlett, four, and Spencer, three.

It suggests that Felix knows what a community is thinking, but he is the first to say the G&DCBB customers are all unique – they are treated as individuals.

"Having the work experience across the board gels well for me in this new position," Felix said. "It is nice being in a community bank and putting profits back into the community; it is what the banking business should be all about.

"I have enjoyed working in both the city and country regions, and overall it helps me better understand the needs of the community, and the challenges they may be facing. This is not about me, but the community and I like that.

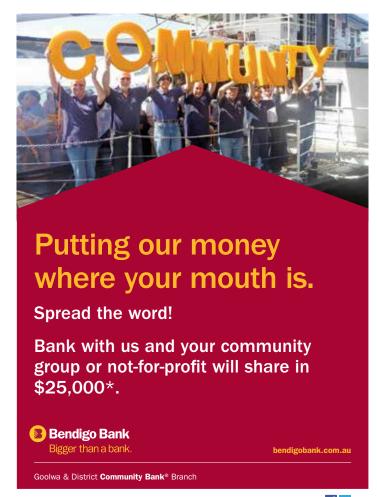
"It is astonishing to see how our community bank has already built itself in the township. The team has the reputation of helping the community whether it is fundraising, sponsorship or general support — anything that we can do to help the community grow is what we are all about. It is that win-win situation.

"Everywhere else I have worked it has always been about the shareholders... putting something back to them and not worrying about the local community and small businesses. With us here it is the opposite, and it is a nice feeling to be part of this community spirit.

"For me personally, it has been about 'them and us' and now I feel great to be on the good side. I know how frustrating it can get for the community when they are not getting the assistance they deserve. I like to think I can see the situation for what it is... what they need to be helped.

"I am new to the area, but I see that as an advantage; I want to get to know everybody and have that opportunity to tell them what our Bendigo Bank is all about, and allow them to know me.

"We are a sports-loving family and the children also can't wait to be part of the Nippers program at our local Goolwa Surf Life Saving Club. It is just magic down here, and we know we are going to love being part of this community."



Community bank enjoys five-year term

ur Goolwa & District Community Bendigo Bank turns five years old on Friday, May 6, but despite the significant milestone don't expect an overflow of expensive champagne and caviar during a relatively quiet celebration at Signal Point. In fact, none.

The volunteer company directors representing AlexInvest Community Services Ltd and staff will be pleasant, but not over the top; it's how the bank does things because it is there to serve the community.

None will be more proud at the bank's remarkable achievements than Carol Gaston, its incredibly enthusiastic chairman promoter of all things across the Alexandrina Council region. In October, 2008, it was Carol who was so consumed by community's sense of powerlessness during a rally over the plight of the Murray River that she felt the community spirit could remain strong by establishing a community bank. With shared resilience, and never-to-be-forgotten support of the first investors, we have our community bank, which prides itself on a simple philosophy that the more the community supports its community bank the more the bank supports the community. Some people still don't get it, so the challenge continues.

However, it will be our community bank's admirable foresight to look out of the typical corporate square and also embrace the future by looking to young local achievers that will perhaps be the most pertinent



point delivered at this function. Among the speakers will be Maddie Turley, 16, who in recent months won the Channel Nine Young Achievers Award in the environmental category, and was named the Alexandrina Council Young Citizen of the Year, which the Goolwa & District Community Bendigo Bank supported separately with \$500 prizemoney.

The 2015 Citizen of the Year recipient, Milli Livingston, 21, will be there too – as company secretary of AlexInvest, which adds to the remarkable faith and respect the bank has for tomorrow's leaders, and the values they passionately embrace.

Maddie, a Year 11 student at Victor Harbor High School, was recognised for her incredible Don't Waste our Wave program designed educate — or shame, if you like — those who drop rubbish and pollute our south coast, particularly our ocean.

"I educate people and put messages on social media telling them how they can be eco-friendly and be more sustainable," Maddie explained.

"I like to think that the award reinforces my belief in what I am doing and gives me more confidence.

"I haven't done any of these environmental things to get awards; it's been purely about my passion, but to get awards like these shows it is making a difference and it has not been for nothing. It has definitely boosted my confidence... it tells me people are listening.

"I want to do marine biology, do research and teach people. I have always been passionate about it. My heart is just filled with the environment and the beach and wanting to look after these things because they provide so much for us."

Maddie's thoughts echoes the passion at the Murray River rally of 2008, just as Milli strived to work hard for her local Goolwa Netball Club when she was on the committee, and the community bank since 2014 which was the foundation of her acknowledgement by the Alexandrina Council.

Milli, who is doing the fourth and final year in her Environmental Policy and Management Degree, and aiming to complete her Law Degree next year, is currently doing an internship with the council which includes her project on the Murray Darling Basin Plan and the implications it has on the Alexandrina Council and the community.

The community bank facilitates a lot of the learning Milli does with the courses she has undertaken, and her diligence as its company secretary since February has brought invaluable rewards for all concerned.

"Being company secretary is a responsibility, but I enjoy it," Milli said. "With my law studies at uni it fits really well because I am hoping to work in environmental corporate law."

The trimmings of a posh corporate function at the cost of its customers won't be the theme at this party, and as deserving as it is the guests won't experience a Milli & Maddie show. However, their success and passion for their causes recognised by the bank is a subtle reminder of what these five years have all been about – supporting those who have supported their community.



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It's been five years that a family has gone about its business developing Lakeside Goolwa, an exciting new way of residential living. The opening of a new pool last month was another milestone, and for the residents it's all about...

Living life in the village

uietly, but n o n e t h e l e s s significantly, the heated indoor swimming pool at Lakeside Goolwa was opened without fuss. No regal representatives, no speeches.

In fact, those behind this amazing complex off Noble Avenue, Goolwa North, valued at \$60 million upon completion, have always refused to adopt titles because they say at this place everybody knows who each other are. Just ordinary people on the same playing field. The occasion – celebrated

with many of the 35 residents ranging from the retired 55-year-olds who complain there aren't enough hours in the day to the delightful, pint-sized Barb Valentine, the oldest resident at 80 years young - was reduced to simply a dip in the pool. There was also a game of snooker by a few in the adjoining room by the table tennis table, and others had a quiet workout in the gym later. For Neil Williams, and his sons-in-law Andy Ward and David Hutchins, and the staff of seven, internally it was a big moment; a representation of another big milestone in a journey that began for Neil more than 30 years ago when he saw similar concepts across the United States of America.



For the first five years we averaged 10 workers on site, and over the past two years you will have found as many as 40 here on any given day. I think that has been good for Goolwa."

Developer NeiWilliams

However, upon returning home he developed, among many things, the state's first snow dome at Mount Thebarton instead. We had different legislation here, so the dream of the lifestyle villages — in contrast to retirement centre — was put on hold while they flourished in Queensland and NSW.

After a wide-ranging Act that embraces zoned residential properties was changed in 2007 – and the snow had long melted for Neil – the lifestyle vision was revived. After five years of hard work with the first residents moving in two years ago, the first purpose-built lifestyle village of its kind in South Australia was created with 20 homes now occupied, another 10 under construction and two show

homes opened.

Stage 2 is under way with another 57 homes to be built by the end of July, and of them 28 were sold before the latest civil works began. The third and final stage will see another 45 homes built, representing a total of 151 homes plus 18 villas which will be remodelled from the existing former motel complex.

This amazing transformation in time will also see further significant works on a magnificent marina and boat ramp facilities, and with them the appeal will grow further.

"I think we have brought a different dimension to accommodation in Goolwa, and we will have managed to inject another \$60m into the town and the region," Neil





said. "It has also been a deliberate ploy with at least 99 per cent of our tradies being local. "For the first five years we averaged 10 workers on site, and over the past two years you will have found as many as 40 here on any given day. I think that has been good for Goolwa.

"We have also given a different retirement option to the Fleurieu Peninsula, and significantly 50 per cent of our residents are from down here."

Neil admitted that he sensed a negative vibe about the project in the embryonic years because people looked at him and said the concept sounded too good to be true. "We struggled with that for quite a while," he said. "We are a family business; we're different."

And he could have talked under the crystalclear chlorine-free water in the pool that has a hydroxypure system providing automated sanitisation with a proverbial mouth full of marbles about the differences between a retirement village and his lifestyle village, but time did not permit.

However, a two-bedroom home priced at \$319K and a three-bedroom home at \$330K with weekly fees at \$100 per couple after government rebates, and with no council fees or inside-home water bills, and a 1.5kw solar system to cut the electricity tariff, is a good starting point for a sales pitch. The 'no



exit fees' is the cruncher.

"We simply present the opportunity to live in a purpose-built lifestyle village with a sensational offering of facilities for all to enjoy," Neil said.

"When the pool was finished my immediate thought was 'what's next?' not, 'isn't it great that it's finished'," Neil said. "I knew it would be. Now I am ready to further develop the marina and refurbish the function centre. We have other plans for the future on the old cabins; there is still so much we can do.

"We have sold 24 houses this year, or our whole year's budget. We expected the budget plan to go from 10 years to seven, and now it is likely to be five or six."

Lakeside Goolwa is a brilliant concept, and unlike Neil's snow dome it's not all downhill. Definitely not. ■





First prize first try

Rebecca Burgess entered her first-ever photographic competition, and picked up \$1000 first prize in her home-town at the inaugural Langhorne Creek Mixed Palate Photography Exhibition.

Entitled 'Generational' it was one the many excellent exhibits, all of which will be displayed at all seven cellar doors and The Bridge Hotel until June 5. All prints will be for sale as displayed for \$50 each.

More than 80 attended the launch of the exhibition last month, and marketing support officer James Carroll said the response and positive feedback had been outstanding. "The entries have been brilliant," he said.

"Through this exhibition we wanted to add value to the cellar doors and offer a unique way for visitors to engage with the region." Langhorne Creek Grape and Wine executive officer Lian Jaensch said the exhibition could not have been achieved without the support of the Alexandrina Council through its grants program. "We now look to replicating this success with the next Mixed Palate competition and exhibition in 2018," he said. Other winners were Harry Wenzel (junior category), Mardi Eckert (food & wine) and Sam Borrett (nature & environment).



SOUTH AUSTRALIAN WOODEN BOAT FESTIVAL

RIVER PORT OF GOOLWA

22 and 23 April 2017



Two big days of on-water fun with wooden boats and paddle steamers — sailing races, cruises and parades. Regional food, wine and beer, entertainment and the crowd favourite rough and ready boat building and racing.





Phone 1300 466 592

www.woodenboatfestival.com.au





As time goes by...

To steal a few lyrics from Herman Hupfeld's 1931 classic, *As Time Goes By*, you must remember this... South Australia's History Festival 2016 throughout May. It represents a wonderful collection and presentation of more than 600 events made possible by nearly 350 organisations through thousands of volunteers across the state. Our Fleurieu Peninsula is very much a part of this 13th SA History Festival, and well done to the magnificent volunteers. Our local events are...



GOOLWA

A Short and Sweet history tour of The Australasian, Goolwa

Sunday, May 15, 1-1.30pm. Drop in to the state heritage-listed Australasian, Circa 1858, at 1 Porter St, Goolwa. Tour the lobby, lower deck and dining room. Hear about the remarkable first builder/publican and the many other interesting residents and tenants. We finish with current owner Juliet Michell's links to Goolwa. Bookings required for groups only. Cost: donation.

Experience Goolwa's Living History: Boats and Trains

Wednesdays May 18 & 25, 2-3pm presented by Alexandrina Libraries at Goolwa Library, 11 Cadell St, Goolwa. Walking tour of Goolwa's historic wharf and railway precinct will bring to life the town's vital role in SA's early transportation history. Local historian Anthony Presgrave will explain how the River Murray shipping and the railways worked together to transport cargo from up river to the seaports. Bookings essential. 8555 7000 or glibrary@alexandrina.sa.gov.au. Free.

Celebrating 40 Years of Storm Boy: author & film revisited

Thursday, May 12, 1-4pm. Retrace the journey from Colin Thiele's acclaimed book to the making of the film Storm Boy at Centenary Hall, 14 Cadell St, Goolwa. Includes displays of photos, charts and maps from Goolwa Library's History Room, a short talk about the author presented by a former student and a special screening of the film at 2pm. Bookings essential; 8555 7000 or glibrary@ alexandrina.sa.gov.au. Free. Presented by Alexandrina Libraries.

Continued P16



The Port Elliot Museum has opened its superb "Legendairy" dairy industry display, and pictured is part of the other exhibitions of years gone by.

From P15

MUNDOO ISLAND

Historic Coorong Station Tour

Via Goolwa & Hindmarsh Island: Fri, May 6, Sat, May 14 & Sun, May 22, 10.30am at Locked farm gate, 350c Denver Rd, Hindmarsh Island. Enjoy a 1.5 hour mini-bus guided tour of our historic sheep/cattle station in the heart of the Coorong. Depart from Hindmarsh Island and cross barrages to privately-owned Mundoo and Ewe Islands, old car graveyard, intercolonial telegraph line, station museum, amazing bird life and the stunning Coorong vistas. Bookings essential: Sally Grundy 0418 843 299 or sally@mundooisland.com.au Cost: \$40 p.p. Presented by Mundoo Island & Coorong Tours.

PORT ELLIOT

Port Elliot: Legendairy Capital of South Australia

Throughout May: Thu & Sun, 10am-3pm. Other times by appointment for groups of 10+ at Port Elliot Showgrounds, cnr Wright St & Water Ln. The history of the Fleurieu, farm machinery and household artefacts pre-1960. Opening of the Legendairy Capital Dairy exhibition on Thursday, May 5. Step aboard the historic Granite Island tractor train. See working exhibits of vintage farm machinery. Presented by Southern Fleurieu Historical Museum. Bookings required for groups only. Adults \$5, children \$2.

VICTOR HARBOR

Down Every Street

Every day in May, 1-4pm at Encounter Coast Discovery Centre & Museum, 1 Flinders Pde. Maps and photographic then-and-now display of local streets of interest highlighting their historic or community significance. Interactive

display. Presented by Victor Harbor Branch, National Trust SA. Bookings required for groups only. Adult \$6, concession \$5, child \$4, family \$16, members free.

Encounter Bay District Obituaries Project: Stage 3

Throughout May, during library hours, Victor Harbor Public Library, 1 Bay Rd. Obituaries and reports of death for the wider Encounter Bay area, including those covered in projects 1, 2 & 3 are available in book form and on computers in the Victor Harbor Library. See a slide show presentation in the library history area. Presented by Encounter Bay Family History Group. Free.

Lace Across Time

Throughout May, Mon to Fri, 9am-5pm; Sat 9am-noon at Victor Harbor Public Library, 1 Bay Rd. Lace-making has a long history and includes many different techniques including bobbin lace, needle-lace, tatting, crochet, and knitting. Exhibition showcases lace, both old and new, made by a variety of techniques, along with the tools used to make it. Free. Presented by Encounter Lacemakers.

LANGHORNE CREEK

Mother's Day High Tea at the Old School

Sunday, May 8, 2-4pm at The Old School, Bridge Rd, Langhorne Creek. An afternoon of tea, scones and memories at the recently restored Langhorne Creek School which operated 1876-1950s. If you or your family have a connection to the school or district, please bring along any photographs, records or other memorabilia. Bookings required for groups only. Cost: donation.

Unlocking the Archives

Saturdays May 7 & 28; Sundays May 8 & 29, 11am-4pm at Bleasdale Winery, 1640 Langhorne Creek Rd, Langhorne Creek. Collected over 100+ years, the family and winery archives at Bleasdale represent the development of the thriving wine industry in Langhorne Creek. For five generations members of the Potts family have lived here and family members will tell the stories of the letters, diaries, tools and photos in the archives. Presented by Potts Family Collection Trust. Bookings required for groups only. Cost: donation.

MILANG

Tribute to our past fire fighting vehicles

Sunday, May 29, 11am-4pm at Milang Museum, Milang Oval complex. View and learn about some of our early fire appliances that served in the country and city areas of South Australia. Presented by Milang & District Historical Society. Bookings required for groups only. Cost: donation.

Railway Chaos

Sunday May 15 & 29, 11am, 1pm & 3pm at Milang Railway Museum, Daranda Tce. A multimedia one-hour presentation describing what went wrong with SA's railways. Museum open, Devonshire teas, craft shop. Presented by Port Milang Historic Railway Museum. Bookings required for groups. Cost: donation.

YANKALILLA

Celebrating Our Pioneer Past

Saturday, May 21, 6-10pm at Club Fleurieu, 140 Main South Rd, Yankalilla. A nostalgic evening with local groups. Guests will enjoy a traditional settlers' meal, view historical displays and be entertained with talks, music and readings of yesteryear. Presented by Club Fleurieu, Yankalilla & District Historical Society, Adelaide Collectors Guild and Books & Words Group. Coast: member \$20, non-member \$25. Bookings essential: Yankalilla Visitor Information Centre 8558 0240 or tourism@yankalilla.sa.gov.au

Fleurieu Coast History Festival Hub

Throughout May: Mon-Fri 9am-5pm; Sat & Sun 10am-4pm at Fleurieu Coast Visitors Centre, 163 Main South Rd, Yankalilla. Explore the museum next door to the Visitors' Centre and then gather all the information you need to explore the region and find out about the tours and talks, exhibitions and special events happening around the Fleurieu Coast during the History Festival. Presented by Fleurieu Coast Visitors Centre. Free.

Local Artists History Exhibition

Throughout May, Mon-Fri 8.30am-5pm at District Council of Yankalilla, 1 Charles St.

See the work of local artists and artisans in a special exhibition for the History Festival. The theme of history has been selected and coincides with the History Festival 2016. Free. Presented by Yankalilla Council Community Art Gallery Group.

Musical performance: Ned Kelly

Saturday, May 7, 7.30pm at Club Fleurieu, 140-142 Main South Rd, Yankalilla. This musical version of the historical tale of Ned Kelly reveals aspects of Ned's character and family life. The show, performed by Upstage Theatre Company and organised and funded by the Books and Words Group at Club Fleurieu, is for young and mature adults. Presented by Books & Words Group. Cost: non-member \$20, member \$15. Bookings essential: Yankalilla Visitor Information Centre 8558 0240 or vicvolunteer@yankalilla.sa.gov.au

NORMANVILLE

Dunstall Cottage

Throughout May, Wed & Sat 11am-3pm at Bungala Park, cnr Main South Rd and Main St, Normanville. Photographic exhibition and display of other items in an old cottage dating back to 1880s in Bungala Park. BBQ facilities available. Free. Presented by Friends of Bungala Advisory Group.

Old Normanville

Friday, May 20, 2-4pm at Yankalilla Community Library, The Centre, 181 Main South Rd. An illustrated talk by Dr Margaret Morgan on the early years of Normanville, concentrating on the original township set up by Robert Norman in the 1850s. Dr Morgan will discuss the old buildings which still remain, outlining their history and who lived in them. Presented by Yankalilla & District Historical Society. Bookings essential: 8558 2043 or yank.hist. soc@gmail.com Free.

SECOND VALLEY

Second Valley Heritage Walk

Saturday, May 14, 1pm at Soldiers' Memorial Hall, Finniss Vale Dr, Second Valley. A two-



The old cottage at Normanville... Guy Dunstall returned from Gallipoli in 1919, and with his wife Mildred raised 10 children in this tiny cottage, where they lived for 40 years.

hour guided history walk in Second Valley, first settled in the 1840s. Find out what, why, when and where past important events took place. Presented by Second Valley Progress Association. Free. Bookings essential: David Olsson 0417 813 692 or olssons@ozemail. com.au

Second Valley Heritage Walking Trail

Every day in May. Leonards Mill open Wed to Sun for lunch and Fri & Sat for dinner. Take a journey back to the 1880s when some of the first historic sites were built. This self-guided walk takes you from Leonards Mill, 7869 Main South Rd, Second Valley, through the historic township of Randalsea, down to the jetty (or in reverse). Presented by Second Valley Progress Association. Free.

Stone Ground Dinner & launch of Second Valley Heritage Walk

Friday, May 13, 5.30pm: Second Valley Heritage Walk launch (free); 6pm: Stone Ground Dinner at Leonards Mill commencing with launch of the Second Valley Heritage Walk (optional). Enjoy an evening of music, wine and food cooked utilising authentic methods from bygone eras. Candlelit buffet dinner with guests dressed for the occasion in 1880s costume (optional) and music to match. Presented by Leonards Mill Restaurant. Launch free; dinner \$65 p.p. Bookings essential: 8598 4184 or bookings@leonardsmill.com.au

STRATHALBYN

A New Look: Strathalbyn's Early Settlers Display

Throughout May Tue-Thu, Sat & Sun, 1.30-4pm at Strathalbyn NTSA Heritage Centre, 1 Rankine St. This version of our first settlers display features new research regarding Strathalbyn's co-founder James Dawson and his wife Jane. The Heritage Centre has a decorated pottery jug, claimed to have been brought to the Colony in 1839 by Jane Dawson. Museum and revamped pioneer displays including Strathalbyn at War and police memorabilia.

Continued P18





From P17

Presented by Strathalbyn Branch, National Trust of SA. Bookings required for groups only. Adult \$6, concession \$4, children \$2.

Open House Glenbarr

Sunday, May 22, 1-4.30pm. Visit historic Glenbarr Homestead, Paris Creek Rd, the oldest house in Strathalbyn. Displays about the last occupants - Misses Bowman (OAM) and Bateman (OAM), who used the site for training girl guide leaders and developed a camp-site on the property. Bookings required for groups only. Cost: donation.

Past, Present: Celebrating Strathalbyn region's rural history, icons & panoramas

Thu May 5-Sun, May 29, Tue-Sun, 11am-5pm, opening Sat, May 7, 3pm at Helen Stacey Gallery, 17 Harriet St, Strathalbyn. Helen Stacey celebrates the Strathalbyn district, early farm sites, panoramas and reflects on settlement. Presented by Strathalbyn-Helen Stacey Gallery. Free.

High Tea and Harmony

Sunday, May 15, 2-4pm at Strathalbyn Town Hall, High St. The tradition of High Tea, as enjoyed by the upper echelons of Strathalbyn society in times past, is reflected in our own 'traditional' event, provided by the Alexandrina Singers. Lace cloths and napkins, fine china, delicate food and all accompanied by the wonderful choristers of the Alexandrina Singers community choir. Presented by Strathalbyn-Alexandrina Singers. Cost: adult \$25. Bookings essential: Ann Williams 8536 2707 or ann.williams 201@gmail.com

Strath Craft Fair

Saturday, April 30, 10am-5pm & Sunday, May 1, 10am-4pm at Strathalbyn Town Hall, High St. Includes a diverse and colourful collection of crafts with hand spinning among the demonstrations. Handmade crafts may include candles, soaps, decoupage, patchwork, rag rugs, hand spinning, scrap booking, homemade produce, baby and children's knitted items and embroidery. Devonshire tea, light lunches. The fair raises funds for aged care. Adults \$2. Presented by Strath Craft Fair.

Strathalbyn to Woodchester Drystone Walls Bus Tour

Sunday, May 15, 1-5pm. Join a fascinating tour from Glenbarr Homestead, 1400B Paris

Creek Rd, around the district discovering the iconic drystone walls which are an important part of the local landscape and heritage, led by author Bruce Munday, concluding with Devonshire tea. Presented by Strathalbyn Friends of Glenbarr. Bookings essential: Sue Scheiffers 7501 6006 or 0402 039 013,

sue@scheiffers.net Adult \$35, concession \$30.

Theatrical-Historical Tour of 'Old Strathalbyn'

Sun, May 1 & 8, 2.30-4.30pm & Sat, May 7, 10am-noon at cnr North Parade & Melville St, Strathalbyn. See the stone cottages, meet historical residents: the inventive butcher, harassed teacher and school board director, cottage hospital's consumptive patient and the 'madam' from the 'little house of ill repute'. Re-enactments and songs from the Strathalbyn Players and Alexandrina Singers. Scottish morning/afternoon tea. Adult \$20, concession \$15, child \$5, family \$50. Bookings essential: Helen Stacey Bunton 8536 3069 or helen@helenstacey.com.au

Where did I come from? Genealogy seminars with Graham Jaunay

Wed, May 4, 11am-noon; 1.30-2.30pm & 3-4pm at Strathalbyn Library Community Centre, 1 Colman Tce. Adelaide genealogist and researcher Graham Jaunay will present three seminars to help you get started with your family history research. Free. Presented by Alexandrina Libraries. Bookings essential: Candy Davis 8555 7000 or candy.davis@alexandrina.sa.gov.au

McLAREN VALE

Death by Moonlight and Other Grave Stories

Saturday, May 21, 10.30am at Primitive Methodist Cemetery, Cnr Binney Rd & Strout Rd, McLaren Vale. Join us for a walk in this cemetery, which dates from 1860. Hear about the times in which those buried there lived and died. Stay on for the talk on Willunga slate carvers in the afternoon at Bethany Hall. Free. Presented by Willunga Branch, National Trust of SA.

WILLUNGA

A New Start, a New Country Ends on the Gallows

Sunday, May 22, 2pm at Old Courthouse Museum & Slate Museum, 61 High St, Willunga. Catherine Leary came to Willunga in 1855 as an Irish immigrant girl, seeking a new life. Her life ended in another colony, in murder and her husband swung for it. History becomes real: join us for a talk and a dramatic presentation based on the inquest into her death. Presented by Willunga Branch, National Trust of SA. Adult \$5, concession \$4, child free. Bookings not necessary.

Angels, Angles & Arches: Gravestones of the Willunga Slate Carvers

Saturday, May 21, 2pm at Bethany Hall, cnr St Andrews Tce & St Judes St, Willunga. Illustrated exploration by Dr Paddy O'Toole, adjunct senior lecturer, Monash University, of the unique skills and artistry of those who, in the 19th century, created gravestones and other carvings. Afternoon tea. Presented by Willunga Branch, National Trust of SA. Bookings not required. Adult \$5, concession \$4, child. Free

Irish immigrant girls in 19th century Willunga: their stories

Tue 3, Sat 14 & 28 and Sun 15, 22 & 29 May, 1pm-4pm at Old Courthouse Museum & Slate Museum, 61 High St, Willunga. In 1855 a new courthouse was completed in Willunga, but the first occupants were Irish immigrant girls, not law enforcement authorities. Join us to learn, by reference to a new display, who they were, how they came to Willunga, and how they fared there as Roman Catholic strangers. Presented by Willunga Branch, National Trust of SA. Bookings not required. Adult \$5, concession \$4, child. free

Industry, Law & Order in a 19th century community

Tue 3, Sat 14, Sun 15, Sat 28, Sun 29 May, 1pm-4pm at Old Courthouse Museum & Slate Museum, 61 High St, Willunga. Explore with us the story of Willunga's slate industry since 1840 as shown through our Slate Museum. Gain insight into social history, especially relating to law and order, as shown through our Courthouse Museum. Family history material is available. Presented by Willunga Branch, National Trust of SA. Bookings not required. Adult \$5, concession \$4, child. free

Willunga's Women in White

Sat, May 7, 10am-4pm, Sun, May 8 11am-4pm, Mon 9 & Tue 10 May, noon-4pm at Willunga Show Hall, 7 Main Rd. Exhibition highlights activities of the Willunga Cheer-Up Society during WWI from a country subbranch perspective. It includes a revitalised historical photo collage of local soldiers and other WWI memorabilia. A new book about the women, the soldiers and the collage is for sale. Presented by Willunga Recreation Park. Free.

ALDINGA

Local History Bus Tour

Friday, May 13, 9am-3.30pm. A tour from Aldinga Community Centre, Stewart Ave, Aldinga Beach of historical and ecologically unique sites around Aldinga, White's Valley and Port Willunga. Lunch included. Prebooking and pre-payment essential by Fri, May 6. Presented by Aldinga Community Centre. Cost \$30 p.p.



Taking education to exciting new levels

Despite an already proven recipe for diversity and success in education, Investigator College is certainly not standing still in regard to ensuring that its students will continue to have access to facilities that offer the best learning opportunities and encourages them to explore a range of educational pursuits in their senior schooling years.

According to director of teaching and learning Andrew Panozzo, the construction of Investigator's new multi-million dollar senior school campus, due for completion for the commencement of the 2017 school year, is the first step in ensuring that the region has access to 21st century learning facilities. But it is what is inside this 'light and bright'

architecturally-designed facility that will make a difference to the way students learn. The new senior school building, adjoining the college's Victor Harbor campus, incorporates the latest educational technology with infrastructure integrated throughout the flexible spaces enabling seamless access.

The utilisation of mobile phone and wireless technologies will see teachers and students quickly dock devices to share data on large television screens and interactive 'walls' in areas including science, technology, visual arts, and food-hospitality suites. Open and engaging 'break-out' spaces connect multiuse study and relaxation zones where large windows saturate the areas with natural

light.

The clever use of colours that reflect the local landscape flow through from the walls and carpets to the 'airport lounge' style furnishing.

Head of senior school, Belinda Delyster, believes the new senior campus will bring the Year 10-12 students together in a university and TAFE like setting. "It will truly be a 21st Century learning hub and make full use of the very latest advances in learning technologies," she said. "It will be a new, unprecedented centre for educational excellence for the whole Fleurieu community."





Go. See.

Presented by Goolwa & District Community Bendigo Bank

Just a thought...

Times are tough. Coast Lines talked to an unemployed contortionist who revealed he can no longer make ends meet.

Until May 8

On your MARKS! An exhibition at South Coast Regional Arts Centre, Goolwa, showcasing artists from across the Alexandrina region. Whether it is pencil, texta, pen, conte or digital it is all about the making of the marks. Wed-Fri 11am-4pm, Sat-Sun 10am-4pm. Free entry.

May 14-15

Join Jo Jo Spook at South Coast Regional Art Centre (Old Goolwa Police Station) for a two day arts workshop from 10am-4pm forming and upcycling pieces of everyday metal into beautiful new art works. Cost \$60. BYO lunch. Bookings: Goolwa Visitor Information Centre or 1300 466 592 or www.visitalexandrina. com Enquiries: 8555 7289 leah. grace@alexandrina.sa.gov.au

Sunday, May 15

Get a taste for Langhorne Creek by trying the trophy and medal-winning wines from the William Buck Langhorne Creek Wine Show. More than 100 wines will be showcased at the Langhorne Creek Memorial Hall from 11am-4pm. Chat to the winemakers and exhibitors wile tasting their wines and discuss the intricacies of each one. Cost: \$20. Tickets at the door.

Until May 29

In 2014 the Characters of the Fleurieu prize was held across three art galleries, and in 2016 it will be presented in its entirety in the magnificent proportions of Signal Point Gallery. Artists are encouraged to interpret characters from the Fleurieu

Peninsula. Free entry. Mon-Fri 11am-4pm, Sat-Sun 10am-4pm. Contact 8555 7000.

Sunday, May 29

Celebrate the start of the South Australian whale season in Victor Harbor at the Whale Time Playtime Festival. This unique kids festival boasts a full day line up of live favourites including The Amazing Drumming Monkey's, Sea Star Rock, Mr Oopy, Noises for Kids and the one and only Humphrey B Bear. Cost: \$5 per person includes live stage acts, face painting, bouncing castles, rides, crafts, bubble activities and free entry to the South Australian Whale Centre. Visit: www.whaletimeplaytimefestival. com.au

Sunday, May 29

Winter Garden Appeal at 574 Lower Inman Valley Rd, Victor Harbor from 1-5.30pm to raise



PLAYTIME STAGE PROGRAM

10:00am Festival Opens 11:00am Ronald McDonald 12:00pm Noises for Kids

and Humphrey B Bear

1:00pm Mr Oopy 2:00pm Sea Star Rock

3:00pm Amazing Drumming Monkeys

4:30pm Festival Closes

TRAM BARN AND WARLAND RESERVE

- Face Painting
- Kondoli the Inflatable Whale
- Imagination Blocks
 Cuddle a Native Animal
- Cuddle a Native Animal
- Sea Shepherd
- Mr Oopy Adelaide's Bubble Man
- Craft Activities
- Kids Carousel Rides
- Bouncing Castle
- MFS Fire Truck
- Music, Stalls and more







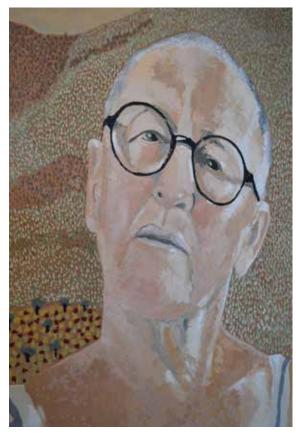


Festival entry of only \$5 per person includes all activities, amusement rides and entry to SA Whale Centre.



TIX AT THE GATE OR BUY NOW ONLINE www.whaletimeplaytimefestival.com.au





June Crabtree by Cheryl Anne Brown, of Goolwa, one of the winning entries in the Characters of the Fleurieu prize presented by the Royal South Australian Society of Arts Characters, being exhibited at Signal Point Gallery until May 29.

funds to enable women from developing countries to attend the Living Peace Conference in Caux, Switzerland in August. \$5 p.p. Contact Jean Brown 0414 883 172

April 24-June 5

The Mixed Palate Photography Exhibition, Langhorne Creek. An exhibition of the entries the recent competition at participating cellar doors throughout the Langhorne Creek region. Free entry.

June 3-July 10

Malpu Wiru Good Friends, a stunning exhibition at Singnal Ploiunt Gallery. Opening event Sunday June 5, 2pm. Especially programed for NAIDOC celebrations, and will bring art and culture from remote Aboriginal people to local suburban artists. There will be paintings, prints, sculpture. weavings and crafts. Anangu from the APY Lands and Ngarrindjeri will celebrate with this special event. Gallery open Mon-Fri 11am-4pm, Sat-Sun 10am-4pm.



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QUIZ NIGHT

Arrive 6.45pm to start 7.30pm Sharp!

FRIDAY 27th MAY 2016

at the Victor Harbor Recreation Centre

5 George Main Road - next to Victor Harbor High School

RSVP by Wednesday May 25th

Tickets \$10 EACH

Maximum 10 people per table

Purchase online at https://give.everydayhero.com/au/the-million-dollar-run (please label payment with "QUIZ NIGHT" & your name) or call Tania on 0414 311 181 for more details Major AUCTION Prizes Silent AUCTION Quiz night games (Bring plenty of Gold Coins)

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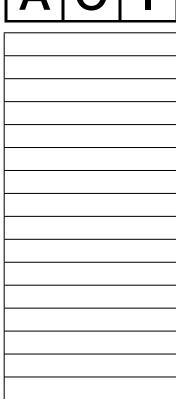
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Target Time

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No captialised nouns, apostrophes or plural words ending in 's'. Reference Source: Macquarie Dictionary

Target: Average -12, Good -17, Excellent - 20+





Crossword

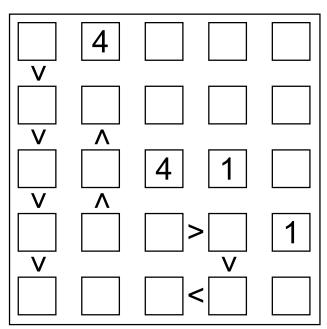
ACROSS 37 Sharp end 2 Tattered 38 Day before 39 Whole sum 6 Essential 9 Of the eye 40 Pamper 10 Ancient tongue 42 Not robust 11 Encourage 43 Join firmly 13 Retinue 44 Mature 14 Barren place 45 Planet 16 Tree 46 Intimidated 17 Metal-bearing 47 Firm

18 Cosy retreats **DOWN** 19 Driving mecha- 1 Orb 2 Prevalent 21 Cherry-coloured 3 Fruit of the oak 22 Border 4 Chosen by vote 23 Army chaplain 5 Challenges 26 In direct line 6 Face 27 Tenuous 7 Taken effect 28 Roof's projecting8 Garb

edge 12 Church tower 30 Lyric poems 14 Easily managed 33 Festive season 15 Musical compo-36 Happening sition

43 45

20 Stirs violently 29 Intense in force 34 Made amends 24 Perfume 30 Carry too far 35 Turns outwards 25 Unrevealed 31 Whole 37 Steps fact 32 Impassive 41 Remain



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Futoshiki

The aim of the Futoshiki puzzle is to fit the numbers 1 to 5 into the 5x5 grid, so that every row and column contains every number only once. You also have to satisfy the less than (<) and greater than (>) signs. A lessthan sign, <, means that the number it points at must be less than the number on the other side of the sign. Turned around the other way it becomes a greater-than sign, >, but the logic is still the same - the number it points at is smaller than the number on its other side. By paying attention to these inequality signs, some of the possibilities from the squares can be eliminated. Each Futoshiki puzzle has only one solution. Good luck!

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Good dog

George writes a letter to a motel in Victor Harbor saying: "Dear Manager, I would very much like to stay at your motel and bring my dog with me. He is well-groomed and very well behaved. Would you be willing to permit me to keep him in my room with me at night?"

The manager writes back: "I've been operating this hotel for many years. In all that time, I've never had a dog steal towels, bedclothes, silverware or pictures off the walls. I've never had to evict a dog in the middle of the night for being drunk and disorderly. And I've never had a dog run out on a hotel bill.

"Yes, indeed, your dog is welcome at my hotel. And, if your dog will vouch for you, you're welcome to stay here, too."

Give you the pips

A farmer who grows watermelons is doing extremely well until one night some kids started jumping the fence and eating them. After some careful thought, the farmer comes up with a clever idea to put an end to this stealing. He wants to scare the living daylights out of the kids so he puts up a sign: Warning! One of the watermelons in this field has been injected with cyanide.

The farmer goes to bed early that night and has the soundest sleep in months, no longer worrying about his watermelons.

The next morning, he discovers not one watermelon has been eaten or stolen. "Am I any good?" he asks himself. Then he notices that the kids have placed their own sign next to his sign. It reads: Now there are two!

Boom, boom...

Sam Jones is studying veterinarian science at university and to make ends meet he works at nights as a taxidermist. After a few years he graduates and combines both, and sets up his own business. He places a sign on the front fence: Dr. Jones, Veterinary Medicine and Taxidermy – either way, you get your dog back. A lady is in labour with her first child. Things were going well when suddenly she begins to shout: "Shouldn't! wouldn't! couldn't! can't!"

Laugh Lines

The husband says: "What's wrong with my wife?" And the doctor says: "It's perfectly normal... she is just saying her contractions." Jordan buys two puppies and calls them Rolex and Timex. "They are the dumbest names I have ever heard," his mate says. And Jordan says: "Why? They're watch dogs."

A teenage girl in Port Elliot is talks on the phone for 45 minutes and then hangs-up. Her dad says: "Gee, that was a quick phone call, what happened?" And the girl replies: "It was a wrong number."

A sandwich walks into a bar and the barman says: "Sorry, but we don't serve food."

A bloke from Goolwa rings the technology giant Apple Inc at their head office in Cupertino, California, USA and says: "I have a complaint... I just bought an iMac and I just found a twig in the hard drive." And the girl says: "Sorry, but you need to talk to our branch manager."

Give me a break

Becky falls off a swing at school one morning and is sent to the South Coast District Community Hospital. The X-ray technician sees her and asks: "Have you ever broken a bone before?"

The little girl says: "Yes."

The technician asks: "Did it hurt?"

She says: "No."

The technician is surprised. "Which bone did

you break?"

And Becky says: "My sister's right arm."

In the can

A cranky woman is arrested for shoplifting at a supermarket, and after giving the store manager, police and everyone else a hard time she confronts the judge.

The judge asks: "What did you steal?" and she responds: "A stupid can of peaches, that's all.

I was hungry and forgot to bring my purse." The judge asks how many peaches were in the can, and she shouts nastily: "Nine!" The judge says: "Well, in that case, with your attitude, you can spend a day in gaol for each peach that you stole."

Suddenly, as the judge is about to drop his gavel, the lady's weeping husband raises his hand slowly and asks if he may speak. The judge says: "Sir, you are going to have to come up with something good for me to reduce this sentence."

And the husband says: "But judge, she also stole two cans of peas."

Dad jokes...

How do you kill a circus troupe? Go for the juggler.

What trees do fortune tellers like? Palm trees. Why can't you borrow money from a leprechaun? Because they're always a little short.

What do you call a penguin in the Sahara Desert? Lost.

What did the 0 say to the 8? A Nice belt. Why did the cows return to the marijuana field? It was the pot calling the cattle back. What did the digital clock say to the grandfather clock? Look grandpa, no hands. What do prisoners use to call each other? Cellphones.

Why were all the ink spots crying? Their father was in the pen.



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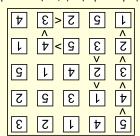


Puzzle answers (from P22)

... the Puzzle Police said people were cheating and suggested we printed the answers upside down.

TARGET TIME answers:

adorn, anti, darn, drain, info, iron, nadir, ordain, radiant, RADIATION, radon, rain, rand, rant, ration, rind, roan, tana, tarn, forn, tarin.





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Ready, set... grow with Sandra, Ryan & Emily from DSM

Let's go Japanese and add some kokedame

Australians are really catching on to kokedame... a Japanese name for moss ball, and most people hang these plants wrapped together by string outside.

It is basically a ball of soil covered with moss, on which an ornamental plant grows.

After taking the plant from its pot, gently remove two thirds of the soil, being careful not to disturb the roots. Use cotton thread to wrap some wet sphagnum moss around the roots of the plant.

To create a soil base, mix water, a 7:3 ratio of peat soil and potting mix, a very small amount of fertiliser (half a teaspoon) to create a new soil base for the naked plant. Do your best to form a ball shape from the mix. Pack it tight and form a nice round ball around the covered roots.

Start packing your ball with moss - sphagnum moss is always good, but you can use a combination of sphagnum and green moss. As you wrap and pack, wind again with cotton string.

It's a little tricky holding it all together. The aim is to keep adding moss and wrapping the cotton around your ball until you achieve a round shape.

After you have a nice round ball, and before you've covered the whole thing in cotton, start to firm the ball up by wrapping twine around it. Remember to



leave some to hang the plant in place. Spray the plant daily with water, or remove from the hook and soak a couple of times a week in water. Try to assess just how much water it needs.

There is no doubt making a kokedame can be tricky (some say incredibly frustrating) and the easiest way is to buy one already made up.

Add a touch of Japanese to your outdoor garden by hanging a kokedame from your patio. They are excellent value ready-made kokedames available at DSM that can really add something special. And don't forget to give them plenty of TLC.





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* Coffee session \$12 every Wednesday outside of school holidays.

MOVIE TIMES:

Coast Lines is no longer able to provide all of the times for the movies because Victa Cinemas now operates its program on a weekly basis. Sessions times for



the current and upcoming movies may be confirmed on the cinema's website. Some movies are in 3D (we mark them in red)... check the website.

Captain America: Civil War (2D + 3D)

(CTC) Action, superhero movie starring Chris Evans, Robert Downey Jr. and Scarlett Johansson. Directed by Anthony Russo and Joe Russo. Marvel's "Captain America: Civil War" finds Steve Rogers leading the newly formed team of Avengers in their



continued efforts to safeguard humanity. But after another incident involving the Avengers results in collateral damage, political pressure mounts to install a system of accountability, headed by a governing body to oversee and direct the team. The new status quo fractures the Avengers, resulting in two camps—one led by Steve Rogers and his desire for the Avengers to remain free to defend humanity without government interference, and the other following Tony Stark's surprising decision to support government oversight and accountability.

Fri, May 6: 3.40pm, 8.20pm; Sat, May 7: 10.15am, 3.25pm, 8.25pm; Sun, May 8: 12.30pm, 7.30pm; Tues, May 10: 8.25pm; Wed, May 11: 10.45am*, 7.30pm.

Mother's Day

(M) Comedy starring Jennifer Aniston, Kate Hudson, Julia Roberts and Jason Sudeikis. Directed by Gary Marchall, Intertwining stories revolve around a television host (Julia Roberts), a divorcee (Jennifer Aniston) looking for love and



a woman (Kate Hudson) who wants to strengthen her relationship with her mother. Fri, May 6: 1.35pm, 8.40pm; Sat, May 7: 1.05pm, 8.35pm; Sun, May 8: 3.05pm, 7.45pm; Tues, May 10: 8.35pm; Wed, May 11: 10.30am*, 5.15pm.

Florence Foster Jenkins

(PG) Comedy starring Meryl Streep, Hugh Grant and Rebecca Ferguson. |Directed by Stephen Frears. The story of Florence Foster Jenkins, a New York heiress, who dreamed of becoming an opera singer, despite having a terrible singing voice.

Fri, May 6: 4pm, 6.30pm; Sat, May 7: 10.10am, 4.20pm, 6.15pm; Sun, May 8: 12.45pm, 5.35pm; Tues, May 10: 6.15pm; Wed, May 11: 1pm, 5.35pm, 7.45pm.



The Daughter

(M) Drama starring Geoffrey Rush, Anna Torv, Sam Neill and Miranda Otto. directed by Simon Stone. Christian returns to his hometown for his father's wedding. Reconnecting with childhood friends and family, he unearths a



long-buried secret that threatens to shatter lives. Filmed in South Australia. Fri, May 6: 1.45pm; Sat, May 7: 2.25pm; Sun, May 8: 5.25pm; Wed, May 11: 3.40pm.

Eddie the Eagle

(PG) Comedy starring Taron Egerton, Hugh Jackman and Christopher Walken. Directed by Dexter Fletcher, Inspired by true events, Eddie the Eagle is a feel-good story about Michael "Eddie" Edwards (Taron Egerton), an unlikely but courageous British ski-jumper who never stopped believing in himself even as an entire nation was counting him



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out. With the help of a rebellious and charismatic coach (played by Hugh Jackman), Eddie takes on the establishment and wins the

hearts of sports fans around the world by making an improbable and historic showing at the 1988 Calgary Winter Olympics. From producers of *Kingsman: The Secret Service, Eddie the Eagle* stars Taron Egerton as Eddie, the loveable underdog with a never say die attitude. Fri, May 6: 6.15pm; Sat, May 7: 12.20pm, 6.30pm; Sun, May 8: 3.20pm; Tues, May 10: 6.30pm; Wed, May 11: 1.35pm, 3.10pm.

A Month of Sundays

(PG) Comedy starring Anthony LaPaglia, Julia Blake, Justine Clarke and John Clarke. Directed by Matthew SPaville. Frank Mollard won't admit it, but he can't move on. Divorced but still attached, he can't sell a house in a property



boom - much less connect with his teenage son. One night Frank gets a phone call from his mother. Nothing out of the ordinary. Apart from the fact that she died the year before. A Month of Sundays is about parents, children, regrets, mourning, moments of joy, houses, homes, love, work, jazz fusion: about ordinary people and improbable salvation. Commences May 13.

The Man who knew Infinity

(PG) Biography, drama starring Dev Patel, Jeremy Irons, Toby Jones and Stephen Fry. Directed by Matt Brown. Growing up poor in Madras, India, Srinivasa Ramanujan Iyengar



earns admittance to Cambridge University during WWI, where he becomes a pioneer in mathematical theories with the guidance of his professor, G.H. Hardy. Commences May 13



X-Men Apocalypse

(CTC) Action, superhero movie starring Jennifer Lawrence, Michael Fassbender, Nicholas Holt and Rose Byrne. Directed by Bryan Singer. Since the dawn of civilization, he was worshipped as a god. Apocalypse, the first and most powerful mutant from Marvel's X-Men universe, amassed the powers of many other mutants, becoming immortal and invincible. Upon awakening after thousands of years, he is disillusioned with the world as he finds it and recruits a team of powerful mutants, including disheartened Magneto (Michael Fassbender), to cleanse mankind and create a new world order, over which he will reign. As the fate of the Earth hangs in the balance, Raven (Jennifer Lawrence) with the help of Professor X (James McAvoy) must lead a team of young X-Men to stop their greatest nemesis and save mankind from complete destruction. Commences May 13.



Day-trippers 2016

Thursday, May 26
The Popeye & Adelaide Zoo
Concession \$55; adults \$60

Tuesday, June 21

Mount Barker Shopping

\$20 per person

Thursday, July 14
Dressed-4-Success
Depart 11.30am for the
Brickworks Marketplace depart
2.30pm. \$23 per person

Thursday, August 4
Port Adelaide Maritime Museum
& Army Barracks
\$57 inc. coach, lunch & entry

Wednesday, August 31
West Lakes Shopping
\$22 per person

Thursday, November 3
Craft & Quilt Fair at Adelaide
Events Centre, Showgrounds
Coach & entry \$35 pp; book by
Oct. 27

Saturday, December 3
Singing In The Rain the splash
hit musical, Festival Theatre
\$130 inc. coach & ticket. Book by
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Eat Wave with Jenny



Here are two delicious side recipes that are easy to prepare and make the evening meal something special - Creamy Mushroom Stroganoff, and Scalloped Potato Stacks. Enjoy!

Creamy Mushroom Stroganoff

Ingredients

- 1 tablespoon olive oil
- 1 small onion, chopped finely
- 1 clove garlic, crushed
- 250g assorted mushrooms, chopped
- 1 tablespoon finely chopped sweet gherkin
- 2 teaspoons baby capers (optional)
- 2 or 3 tablespoons freshly chopped chives, or
- 1 teaspoon chives paste
- ¼ cup sour cream
- salt & pepper to taste

Heat the oil in a medium sized frying pan, over low-medium heat. Gently cook the onion until soft and transparent. Add garlic and stir for another minute. Add chopped mushrooms (field mushrooms, portobello, shitake are ideal). and heat through. Then add gherkin, capers and chives Stir to combine. Simmer over low-medium heat until mushrooms are soft and tender - about 10 minutes. Stir through sour cream and salt and pepper to taste. Leave on heat for 30 seconds and then serve, or re-heat just prior to serving..Delicious as a side dish, or stirred through cooked pasta. Serves 2.



Scalloped Potato Stacks

Ingredients

olive oil 4 medium potatoes ½ cup cream ¼ cup grated parmesan or grated tasty cheese 1 clove garlic crushed sprinkle of black pepper nutmeg powder

Method

Pre-heat oven to 160°C. Grease 4-6 muffin cups with olive oil, or cooking oil spray. Peel and wash potatoes and slice thinly into rounds. Place about four slices of potato in each of the muffin cups. Combine cream, grated cheese, garlic and black pepper and place a teaspoon or two of the mixture on top of each of the potato stacks. Position more layers of potato on top, and finish with a layer of the cream mixture. Sprinkle each stack with a little nutmeg. Cover potato stacks with alfoil and bake at 160°C for 30 minutes. Remove foil and continue baking for another ten minutes, or until golden on top and cooked through. Remove muffin pan from oven, and leave to stand for a few minutes. To serve, carefully remove potato stacks from the muffin cups with a spoon, and place directly onto plates. Serves 4.

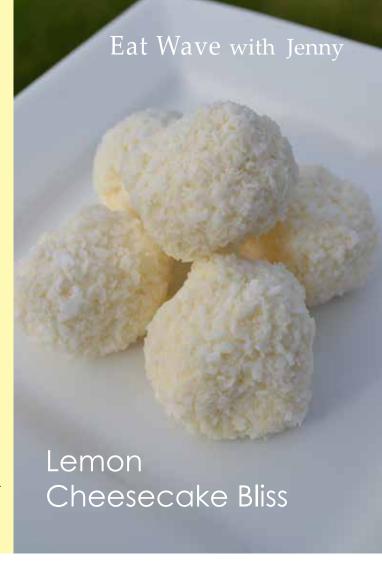
Note: Ingredient quantities can be adjusted to suit number of potato stacks required. Finely chopped bacon, ham or onion could also be added. The best potatoes to use for this recipe are Golden Delight, Sebago, Crystal, Desiree and Kennebec. Cooled potato stacks are suitable to store in the refrigerator. They can be left in the muffin pan or transferred to a plate or container.

Ingredients

250 grams full fat cream cheese, slightly softened zest and juice of one lemon 2 tablespoons honey 2 cups desiccated coconut + 1 cup desiccated coconut for coating

Method

Place the cheese, lemon and honey in a food processor bowl and blend until smooth and well combined. Add the coconut and blend until smooth. Using clean hands, shape teaspoonfuls of the mixture into balls. Roll the balls in the extra coconut to coat. If the mixture is too soft to roll, place in refrigerator for a few hours. Store covered in the fridge. Makes 20-24 balls



A GREEN DAY STARTER

Place a small, firm avocado, a ripe banana, a chopped kiwifruit, about 10 spinach leaves, 300ml low fat milk, two teaspoons of honey and ¼ teaspoon of cinnamon powder – and if you like, a few ice cubes - in a blender and have some energy throughout the day. Serves 2.



There's apples and then there's Fran's apples

orget the notion in the urban dictionary, when it comes to David and Frances Boag, you can't "compare apples with apples".

Unlike those left in freezers for more than 12 months and placed in the "fresh" fruit and veggie bins in supermarkets, their apples are plucked straight from their trees at Ashborne and go straight to our local stalls at the Rotary south coast markets at Port Elliot and Goolwa, plus Willunga, Mount Barker and Adelaide.

In fact, some of their English varieties are not sold in supermarkets because they cannot be frozen – and they are magnificent. What some may lack in size compared with a

giant Pink Lady (the variety, we mean) have a delicious flavour.

David and Fances' run their Ashborne Valley Orchards business using the IPM method — a term for not using toxic pest poisons or sprays. Well done! They mainly sell their produce directly at the markets, and deserve to have such a huge following. It's one of those things where we can rave about their produce — the fresh fruit, berries and



tempting homemade pies – but it's a case where you just have to try them.

Frances, known to her many friends at the markets as Fran, proudly says they have seven varieties each of quince, and pears including heirloom, Belle, Doyenne du Comice and Charles Earnest.

"In apples we offer Braeburn and Bonza besides the mainstream varieties," Frances said. "We have planted recently the famous English cooker Bramley seedling, two Japanese apple varieties Akane and Mutzu, plus a newimproved variety of Fuji.

"In stonefruit we have the old favourites... Anzac, Beale, Royal George, Wiggins and Fragar. A modern peach with a donut shape has proved very popular. We also grow several types of cherries."

The orchards are on the banks of the Finniss River and the soil is deep and fertile. All fruit is grown espaliered on a V-trellis called a Tatura trellis.

So there you have it; apples ain't apples after all. The great thing about her

stall at the markets is the option of trying different varieties fruit that you cannot buy in the mainstream stores – and at a very reasonable price.

We may not have heard of some of the names of her produce, but try some and you won't forget the taste. That's what markets are supposed to be about.

Check market websites or facebook pages for any special times.

CAPE JERVIS: Second Sunday of the month from September to May 9am-1pm, in-and-around Cape Jervis Tavern, Main Rd. Enquiries: 0437 284 386

GOOLWA WHARF: First & third Sundays of the month, 9am-3pm @ the reserve by Goolwa Wharf. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

INMAN VALLEY ART, CRAFT & PRODUCE: First Saturday of the month 9am-1pm @ Inman Valley Memorial Hall. Enquiries: Kate 8558 8242

KANGAROO ISLAND: Penneshaw Farmers Market & Penneshaw Community Market: First Sunday of the month 9am-1pm @ Penneshaw Oval.

McLAREN VALE: First Saturday of the month 9am-2pm @ McLaren Vale Institute Hall, Main Road. Enquiries: 0432 835 932

MOUNT COMPASS: First Saturday of the month 8.30am-1pm @ The Wetlands off Nangkita Rd. Enquiries: John 0419 845 909

MYPONGA WHOLESALE COUNTRY:

Weekends & public holidays 9.30am-4pm @ Old Myponga Cheese Factory, 46 Main South Rd.

PORT ELLIOT: First & third Saturdays of the month 9am-2pm @ Lakala Res, Rosetta St. The market will be every Saturday through to Feb. 6. Enquiries: 0459 786 469 or ebrotarymarkets@gmail.com

STRATHALBYN: The Lions Club of Strathalbyn will hold its next quarterly - or fifth Sunday of the month - market at Lions Park, South Tce, Strathalbyn on April from 8am-2pm. Produce, plants, bric a brac, crafts and other specialty stalls. Enquiries: Ingrid ingriddavey@live.com.au or 0409534958

STRATHALBYN: Third Sunday of the month @ Lions Park, South Tce, 8am-2pm.

VICTOR HARBOR FARMERS': Every Saturday 8am-12-30pm at Grosvenor Gardens, Torrens St, Victor Harbor.

VICTOR HARBOR COUNTRY: Second & fourth Sundays of the month @ Soldiers' Memorial Gardens, The Esplanade 9am-4pm. The market will trade every Sunday in January. Enquiries: 8556 8222

VICTOR HARBOR INDOOR CRAFT & PLANT: First Saturday of the month 9am-3pm @ RSL clubrooms, Coral St.

WILLUNGA ARTISANS': Second Saturday of the month, 9am-1pm @ Old Show Hall, Main St, Willunga (opposite Willunga Farmers' Market).

WILLUNGA FARMERS': Every Saturday, 8am-12.30pm @ Willunga Town Square. Enquiries: 8556 4297

WILLUNGA GREEN LIGHT ECO: First & third Saturdays of the month 9am-1.30pm. Cnr Aldinga & Main Roads, Willunga. Enquiries: greenlightnetworkwillunga@gmail.com

WILLUNGA QUARRY: Second Saturday of the month 9am-1pm @ Aldinga Rd, Willunga. Enquiries: 0408 897 393

YANKALILLA CRAFT & PRODUCE: Third Saturday of the month 9am-1pm @ Agricultural Hall, Main Rd, Yankalilla.

Some simple ways to help your health and fitness

Introducing a health and fitness guide by Troy Benson, director of Happy Healthy Strong Personal Training at F.I.T., of Goolwa

Here are four tips to lose fat and optimise your health at the same time:

- 1. Don't sweat the small stuff... a lot of people spend a lot of energy worrying about the minute details and beat themselves up over any "slip ups" to their "diet". Stress inhibits fat loss so be sure to make time for yourself to unwind and relax every week. Focus on the long term and strive for consistency over time when it comes to forming healthy habits. Be kind to yourself and your body and reward yourself with things that improve the way you feel rather than turn to things that make you feel worse in the long run.
- 2. Ensuring that you get a good night's sleep is the cheapest and simplest thing you can do to lose fat, improve your health and boost concentration and energy levels throughout the day. A lack of sleep has been proven to inhibit fat loss considerably as it has a negative effect on our metabolism controlling hormones and our decision

making and impulse control. Aim for at least seven hours sleep a night in a fully dark room be sure to turn off all your gadgets and TV.

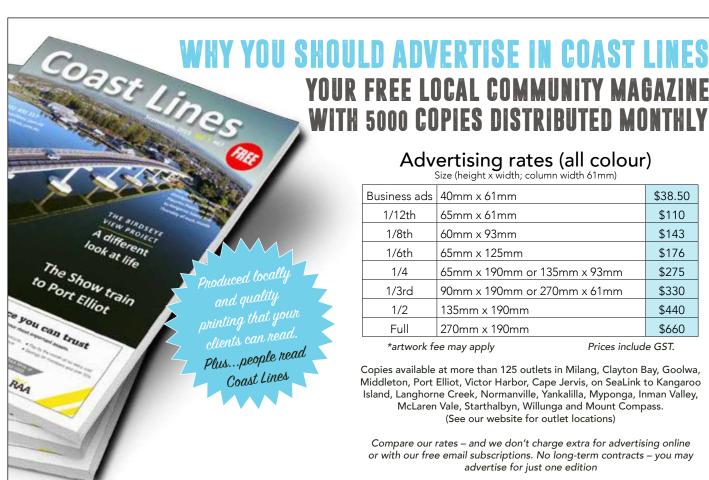
- 3. Staying hydrated is also very important for brain function; energy and overall health. Aim for 300ml per kg of bodyweight so a 70kg person would need at least 2.1ltr of water per day on average and even more if doing fun stuff that makes you all hot n sweaty. Our organs don't function properly when dehydrated so our body's ability to burn fat is impaired whenever we are in a dehydrated state.
- 4. Make sure you move every day it doesn't have to be a workout; play with your kids, your pets, and your partner. Vigorous movement releases our feel good hormones as well as burn calories.

Troy Benson, director of Happy Healthy Strong Personal Training - T: 0402105333









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