

# Coast Lines

October, 2015  
Vol. 5 #68

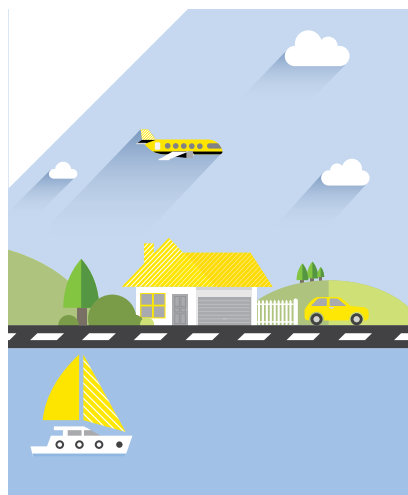
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# OCTOBER

For the record: January starts on the same day of the week as October, but no other month starts on the same day of the week as October in leap years.

October is Breast Cancer Awareness Month, which provides an opportunity to focus on breast cancer and its impact on those affected by the disease in our community.

October is also Shoctober (defibrillators), and acknowledges awareness of Lupus, and polio.

4-11: Mental Health Week

4-11: National Amputee Week

11-17: Haemophilia Awareness Week & Red Cake Day

11-17: National Nutrition Week

12-18: Be Medicine Wise Week

25-31: International Brain Tumour Awareness Week

# COVER STORY

In a fabulous promotion for junior sport, the Port Elliot Bowling Club is inviting youngsters aged 8-15 to get active after school and try Jack Attack.

It's a modified bowls game program initiated by Bowls Australia, and Port Elliot is encouraging children to take part every Friday from 4.15-5pm starting on November 6. It's free – you just need to wear soft-soled shoes.

Club youth development officer Don Gifford said the Port Elliot club was trying to get a schools competition going. "It's about participating and having fun," he said.

Club publicity officer Dorothy Price said lawn bowls was one of the few sports for all ages – and maybe the chance to play sport alongside your grandparents or parents, which was special.

Contact the Port Elliot Bowling Club on 8554 2317 or Don on 0437 826 250 for more information or for children to join the Jack Attack program.

Port Elliot is also hosting Come and Try afternoons for everyone on Sunday, October 11 and Sunday, November 8, and every Friday afternoon starting October 2.

Port Elliot has seven pennant teams and, for the not-so-competitive social bowls every Thursday afternoon. For working people or those too busy to play during the day Night Owls play on Tuesday night.



Other bowls clubs in the region also have some excellent junior and open programs – you're welcome to call and and enquire.

**Pictured: Watching Oliver Lind, seven, try at Jack Attack at the Port Elliot Bowling Club are (from left) Jessica Hogg, 11, her dad Terry Hogg, Oliver's sister Amelia Lind, 11, Don Gifford and Oliver's grandmother, Jan Lind.**

*Thank you to those who have supported this edition – Vol. 5 #68 – including our valued advertisers, distributors, those involved in our stories and images, readers and SA Design & Print, of Port Elliot.*

# EXPRESSION OF INTEREST...

## HEALTH AND WELLBEING PRECINCT



A \$34 million specialised health and wellbeing precinct will be under construction later this year adjacent to the Fleurieu Regional Aquatic Centre.

The precinct will include a General Practitioner facility, chemist, pathology, dependent living facility and tenable spaces for any services or offices that operate under the broad area of health and wellbeing.

These spaces will be designed for purpose for each individual tenant, and will provide a series of shopfronts for independent health services such as dentist, physiotherapist, chiropractor, podiatrist, optometrist, massage etc or offices, as well as opportunities for shared spaces and offices.

This development will provide a world class, purpose-built wellbeing precinct for the Fleurieu Peninsula with exciting opportunities for health practitioners and services.



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Bring on the clowns...

# IT'S SHOW TIME



**T**he 138th Port Elliot Show is ready to be launched in all its splendour, but like every year it will be the outstanding volunteers, mums, dads and their kids alike holding the strings to the colourful balloons who will make it special.

They will soak up the atmosphere of the carnival rides and sideshow alleys, marvel the skill of the showjumpers and appreciate the entertainment, but like every show it will simply be the expression of community pride that will shine most.

After almost 12 months of planning and hectic last-minute attention to detail by members of the Southern Agricultural Society committee, which presents the show, this one will be no less successful than any other. And it remains special because not every country town has a show, and outside of the Royal Adelaide Show few, if any are widely recognised as good as this two-day agricultural event.

There is something for everyone – the showjumping and dog shows, farmers vying for the glory with their prized livestock, the battle of the best chooks (poultry, to be correct) and the intense rivalry between our finest cooks and craft makers. The artists, cake decorators and home produce providers will all search for their moments of local show fame, while the competitive photographers will hope to please the judges and the ute muster guys and girls will be shining throughout.

And then there is a ride through time with the beautifully restored train carriages taking patrons from one side of the showgrounds to the other where infinite hours have been spent by members of the Southern Fleurieu Historical Museum. Their meticulous work restoring machinery and old wares will again be a big feature.

However, overall the show is about sharing a great time, and on this account the Port Elliot Show is a gold medallist. It's also not just about one town – the show traditionally incorporates the communities of Victor Harbor, Mount Compass, Middleton, Currency Creek and Goolwa.

We say thanks to the generous sponsors and local business people – their support has never been under-estimated by the show committees. Well done.

The Port Elliot Show is just one of three over the Fleurieu Peninsula – plus in Kingscote, Kangaroo Island – this month, starting the long weekend with the Yankalilla, Rapid Bay and Myponga Show on Saturday, October 3, and the Strathalbyn Show on Monday. Once again there will be plenty of rides, action and competitions – and a great showing of many achievements by the local community.

An incredible amount of effort has already gone into these shows by a loyal band of volunteers, and they deserve success. Bring on the clowns; they're always good for a laugh.

**Saturday, October 3: Yankalilla, Rapid Bay & Myponga Show**, Yankalilla Showgrounds, Main Rd, Yankalilla, 9am-4pm. Adults \$10, children 5-15 and pensioners \$5.

**Monday, October 5: Strathalbyn Show**, Strathalbyn Oval, Coronation Rd. Adults \$10, children 5-14 and pensioners \$5.

**Sat-Sun, October 10-11: Port Elliot Show**, Port Elliot Showgrounds, Cameron St. Sat: 9am-5pm; Sun: 9am-4pm. Adults \$10, pensioners/students \$7, weekend pass (adult) \$15.



**Saturday, October 31: Kangaroo Island Show**, Kingscote.



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# Life on the Rocks has its rewards

**S**urf lifesaving clubs are raised on selflessness, but the crew at Chiton Rocks also see the bigger waves of success.

Saturday, October 10 is an open day for every club across the state, but rather than trying to promote just their own campaign they sought awareness for the cause throughout, especially neighbouring clubs Port Elliot and Goolwa.

For 10 years the Chiton Rocks SLC has lived in hope of gaining funding toward a multi-million dollar redevelopment of their complex, and again the optimism has risen for the new year. It will fill a huge void for the community, especially providing a marvellous environment for our youth.

Yet, Chiton's membership manager Amanda Dean also recognises that the Port Elliot club needs funding for renovations, and the Goolwa club just needs something—it doesn't have clubrooms. It's about promoting the cause and the enormous social benefits for communities.

Chiton has 230 members, including 60 nippers aged 5-13 years in four age groups, and the membership numbers have been encouraging in recent years.

There were only five nippers at the club when Amanda started her role at the club nine years ago, and the success is also largely due to a concerted effort by energetic committee members, currently led by Aaron Lewis as president, and his wife Lindy as secretary-treasurer.

Amanda said that every child may not like the traditional summer sports, and surf lifesaving ticked a whole lot of boxes. "It's not just for those who can swim well, but for anyone who is keen to serve the community as a volunteer," she said.

"You have the opportunity to do first aid courses including upgrading your certificate, and learn how to ride all terrain vehicles and drive the inflatable rescue boat. Volunteers are needed in all sorts of important areas.



*"Our club is also very much about developing a strong family and community environment where youth people can build character."*

— Amanda Dean, Chiton Rocks Surf Lifesaving Club membership manager (pictured)

"Surf lifesaving is about helping to save lives, and in the process the clubs offer a great environment for people of all ages. We have some very good young swimmers here, and raising their fitness levels and well being while training to save people brings its personal rewards.

"Our club is also very much about developing a strong family and community environment where young people can build character."

Chiton, like a growing list of sporting clubs in the region, is a Good Sports Club, a national initiative by the Australian Drug Foundation that provides resources and training to help clubs tackle alcohol-related issues as well as mental health, smoking and obesity.

The planned redevelopment has been a challenging journey, but the club has worked hard and remained positive throughout. The message that needs to get out is Chiton, like every surf lifesaving club, is not only about saving lives in the water, but providing a quality environment in every day life.

"We'll get there eventually," Amanda said, referring to the development. "No one ever gives up hope in this place."

You're welcome to meet the wonderful Chiton crew on Saturday, October 10 from 2-4pm, and also see two other magnificent surf lifesaving clubs down the road. ■

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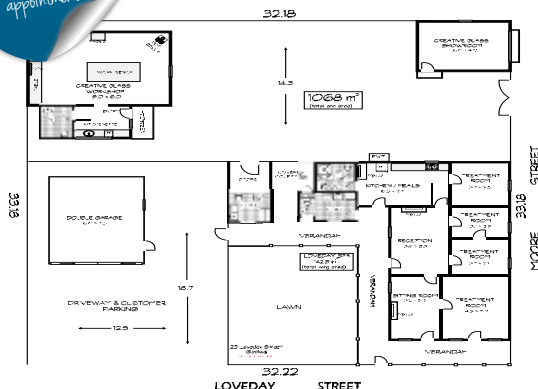
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1. A seven room Limestone cottage built circa 1870 and is currently utilised as a Skin & Body Treatment business known as Loveday Spa. This tenant pays an annual rent of \$16,000 net plus 50% of the Outgoings estimated at approximately \$1,500 per annum. The tenant has a 1+2+2 year lease which commenced 1/12/2013 and expires 1/12/2018 with no further renewal options. ( refer attached floor & site plans)
2. Located at the rear of the cottage is a limestone dwelling of approximately 54m2 currently utilised as an arts & craft studio known as Creative Glass Studio and at the front of the property is a small dwelling of about 24m2 also occupied by Creative Glass Studio and currently utilised as a retail shop for their works of art. The tenant is paying an annual rent of \$11,000 net plus 50% of the Outgoings estimated at approximately \$1,500 per annum. The tenant occupies the property on a Periodic Lease arrangement. (refer attached floor & site plans).



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The opportunity exists to occupy the Creative Glass Studio immediately if desired or enjoy the combined income until such time as you can occupy 100% of the property on or after 1/12/2018. A fantastic opportunity to secure prime central township Goolwa real estate and worthy of your serious consideration.

# In the name of vexillology. What?

**A**dmit it; you didn't know what vexillology was either, did you? It's the study of flags or having a great interest in them, and we have one in our midst – John Horton, of Hayborough.

And having just celebrated the 50th anniversary of the first biennial International Congress of Vexillology in Sydney last month, he's literally flying high. Maybe it's just because there is a Crows flag among his magnificent collection of 84, which also includes almost 30 representing a country.

Mind you, there have been times when acquaintances – Port supporters – have suggested flying it at half-mast upon the losses, but John takes his flags seriously and showing disrespect for any flag is simply taboo amongst the vexillologists of this world.

John hoists a flag in his front and back yard every day, and whenever possible commemorates a country's national day, special occasions like flying the Queen's Royal Standard flag on her birthday, and at half-mast on national days of mourning. He recently was ill for three days with the 'flu, and neighbours feared the worst because flags were not raised. There were knocks on the door: "Is John okay?" they asked.

It all started a few years ago when he and his wife, Iris, returned to his former home in Nottingham, England, with a flag representing the British Airborne Parachute Regiment, which he served in Cyprus, Suez

Canal and the Middle East from 1956-61.

"I have a lot of good and bad memories, and lost a few mates from that experience at war," John said. "The flag is my way of remembering."

Then there is the hometown Nottingham flag – of course, it features an image depicting Robin Hood – and flags from other English counties and other countries they visited.

"The real favourite is the England Armed Forces Day flag which is celebrated on June 27 and they have a different flag every year," John said. "The one I have is from Fort Bastian in Afghanistan, thanks to a lot of doing by my uncle, a major in the British Army, and there would not be another one in Australia."

John thinks it's great that an obvious Ford enthusiast down the road flies his Ford flag, but overall he firmly believes a lot more of us should fly a flag, especially our Australian flag to commemorate special events like Anzac Day and Remembrance Day.

Many countries have their own Flag Day, and Australia's is September 3 – representing the day in 1901 on which Australia flew its own national flag for the first time. On that day the Prime Minister Edmund Barton named the winner of a national competition to design our flag. The competition attracted 32,823 entries, and because five were almost



**Top:** John at home with some of his flags. **Above:** The flag representing the 26th International Congress of Vexillology in Sydney last month.

identical they shared the 200 pounds prize. "I would dearly love to fly a South Australian state flag, but it is not easy to find a shop that sells them," John said. "It's the same with the Aboriginal flag – it is a very nice flag and obviously has very deep and respectful meaning – and I would be very proud to fly one."

Come tomorrow morning it will be same as usual. John puts the kettle on and goes out and hoists a different flag for the day. But will tomorrow's be a Port Adelaide flag? "Not on your life," John the Crow man says. Obviously, vexillologists don't just fly any old flag. ■



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# Banking on a bright future

The 31st Victor Harbor and Port Elliot Lions Club Youth of the Year Quest presented by NAB has delivered further evidence that our community is in good hands with today's generation. Once again, six fine young people from Investigator College and Victor Harbor High School spoke with passion and vision on a range of topics outlining their hope and concerns for a brighter future.

After exhausting interviews and speeches, Investigator College students were successful – Levi Burgess as our club Youth of the Year winner, and Imilla Dunn as the best public speaker.

There have been few, if any other occasions over this magnificent local competition since 1983 – evolved from Brisbane in 1964 – when the standard has been so high. There were supposed to be only five finalists, but the judges – Pat Chigwidden, Valerie Wyld, Susan Dixon and Rodney Lush in the finals, plus Peter Francis, Heather Cochrane and Ken Carter in the preliminary rounds – understandably could not separate them.

Other Investigator students Caroline Scott, Chelsea Nunn and Thomas Hastie, plus Victor Harbor's Madison Turley were also outstanding during preliminary interviews, and on the final night with two impromptu questions and a prepared speech on the topic of their choice.

They told us who they would like to invite to dinner if they could from anyone in the world, and



**The 2015 Victor Harbor and Port Elliot Lions Club NAB Youth of the Year Quest finalists (from left) Thomas Hastie, Madison Turley, Imilla Dunn, Caroline Scott (front), Levi Burgess and Chelsea Nunn.**

Queen Elizabeth would have felt honoured with her invite, but it was the contestants' speeches that gained the complete attention and reached the hearts of the 50 or so mums and dads and supporters in the Gospel Hall, Victor Harbor.

Madison made a passionate plea about our local environment and reducing pollution that stunned all, Caroline offered a heartfelt assessment of the proposed closure of the Repatriation General Hospital, Chelsea talked about concerns with

the obsession of the ideal of perfection, Thomas enlightened everyone with his significant involvement in Scouts Australia, and Levi was thought provoking with his questioning whether respect remained an integral part of every day life.

They were all brilliant in their content and delivery, but Imilla nailed the challenge with a meaningful account of her experience working and helping Filipino residents living in the slums of Cebu. Her ability to express her emotion and deliver

her message while making the audience feel as if they were part of her journey was exceptional.

Levi and Imilla will now compete in the regional awards, and hopefully progress through the district, state and hopefully national final levels. The rewards through all levels are generous including the ultimate prize of an overseas trip and spending money, but it is the experience gained by every participant that represents the heart of this event.

Continued P8

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The 2015 winners, Imilla and Levi.

From P7

The other preliminary round contestants are also most worthy of recognition because the standard was incredibly high – Lucy Greer and Naomi Marks of Investigator College, and Noah Schimpf of VHHS.

NAB has poured more than \$1 million into the Lions Youth of the Year program across Australia as part of its sponsorship over the past 18 years, which has encouraged and inspired thousands of quality young people. The continued willingness and enthusiasm by the Victor Harbor and Port Elliot Lions Club members to recognise and encourage our youth through this marvellous competition is admirable.

Our local quest has produced three district finalists, two state finalists and one national finalist, Barbara Klompenhouwer, of VHHS, in 2005.

This year's awards were attended by Rodney Lush, a student of VHHS, who was our first local winner and district finalist in 1983 and was one of the judges this time, plus Brayden Mann, of Investigator College, who last year was a state finalist and almost won the SA title.

Both Rodney and Brayden told our latest local finalists the positive impact this program overall had on them. It has been profound, and according to NAB Victor Harbor manager Marilyn Connor, it is why NAB is a proud supporter. "It is a rewarding and enjoyable experience for all concerned," she said. "The schools, families and supporters should feel extremely proud of every participant." ■

This is the symbol of a program that reaches out to people, and through its art component a young man named Josh discovered how to...



# Create & Connect

**T**here was a time when Sally Pearce felt as if she didn't really know her son Josh, who is autistic. Communication was minimal within their Goolwa household, and his brother and sister were tormented at school because they were related to someone who was considered "not normal". There were a host of other medical issues from when he was six weeks old, and growing up Josh shielded himself in silence from the outside world; few could imagine what he went through with the constant teasing and humiliation.

Now 19, he is fine thank you. He deals with his autism, has reached out to genuine people, and the connection is real. He talks, he doesn't feel lonely, and the only abnormality is not being bitter like perhaps we may be had we endured similar school yard cruelty.

This rediscovery as a person is largely due to James Cyril Stobie, a design engineer at the Adelaide Electricity Supply Company, who died 62 years ago. He invented the stobie pole, and without them Josh and his

dad, Andrew, would not have been walking down a nearby street in Goolwa one day and met Stephanie, who was using her artistic painting talent on a stobie pole.

Josh then saw other poles also covered with splashes of colour, imagination and life, turned to her and said: "I can do that." And this kind lady introduced him to a wonderful group of people behind this stobie pole painting project, who for whatever reason, were also like Josh in that they had difficulty integrating into the community.

The organisation was Create & Connect, which continues to unearth the spirit of nearly 100 people who meet regularly in a building in the industrial hub of Goolwa and do just that – create magnificent pieces of art in a variety of stunning forms and connect with other people.

Today, Josh is busy working on his next piece to enter in the Rotary Club of Victor Harbor Art Show. Last January one of his paintings sold for \$120. Not a lot, we say, but the person who bought it, without knowledge of Josh's background, could never realise just how much that purchase meant to this young man and his family.

"I really found my son," Sally said of the day Josh began using art to express his words and feelings about life. It is a beautiful story, but regrettably one yet to have the perfect ending.

Without meaning to be political, the federal government last year cut funding for the Create & Connect program, with the amazingly dedicated Sharyn Brady as the coordinator. It led to Carol Gaston, chair of the Goolwa & District Community Bank branch and a champion of many causes when it comes to all things great for the

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region, having the enthusiasm and courage to help establish a replacement organisation, Alexandrina Connect Incorporated, to continue running the Create & Connect program and to establish a Community Centre.

The response by the community has been heartwarming, as evident at a black tie gala dinner at the Fleurieu Function Centre last month to raise funds and awareness for this program to continue. Emotion and support flowed constantly, and genuine supporters dug deep, including Andrew Kies from the local Home Timber & Hardware store who this time made an impromptu donation to boost the raffle prize.

There were also the incredibly kind people from the Lions Club of Goolwa, who had previously donated \$10,000 to help turn this Alexandrina Connect dream into something very real. It took a lot of hard work by its

volunteers and the generosity of many to raise those vital funds. Amazing.

This special dinner was also informative, but not everyone absorbs such detail. The real message that mostly gets through comes with every meticulous brush stroke by Josh and his friends at Create & Connect – how the program has changed them to feeling like any other person along the street, only just happening to also have challenges like autism.

Alexandrina Connect needs to raise close to \$100,000 a year to keep the Create & Connect program going, and Sally said she could not comprehend the impact on the participants, their families and the community if it were to cease.

“I could not imagine a world without it,” Sally said. “I have been able to achieve and share something with Josh that most mums may not have experienced.

“Alexandrina Connect is about connecting its participants with the community and without judgement. The program puts everyone on equal ground. I would love to see a community where they say ‘hi’ to everyone, not judging what their mental health state is or how much money they may have. I would just love to have a place where it is safe and people can talk, young and old – all inclusive. It’s about helping a region, not just the town of Goolwa.

“Create & Connect brought Josh out of his shell. He talked to very few people. He was encouraged, and it was as if Sharyn and her amazing team adopted him and welcomed him with open arms. For us as a family it brought a whole new sense of peace. They were people who cared for him as a person. “Josh was 16 years-old when he made his very first phone call; imagine that, such a tiny thing but huge progress. Now he has learned many different ways of creating art and is keen on a new music program.”

Josh is a terrific young man; polite, respectful and thinks the world of his parents, and siblings Tim and Sarah – and for the first time in his life in recent years he has friends to care about.

When asked what Create & Connect meant to him, Josh said what the name of the program said. “I have never felt lonely, but I know there were times when I never connected,” he said. “Selling the painting to someone who didn’t know me was important to me because I felt they bought the painting for what it was, not what the artist was not. It wasn’t the money.

“This art allowed me to find something else to learn – manga.” What? Josh then went into great detail to explain what manga was – a Japanese word referring to both comics and cartooning, a medium to express works in a broad range of genre including action-adventure, science fiction and even business and commerce.

More than likely you didn’t know what manga was either. Maybe it is us who needs to connect.

**For further information about Alexandrina Connect and the Create & Connect program visit The Community Centre, Goolwa 10am-2.30pm Tuesday, Wednesday and Thursday. Become a friend on Facebook and call into the Goolwa & District Community Bank branch to collect a membership form costing only \$20 per year. ■**





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e: [info@coastlines.com.au](mailto:info@coastlines.com.au)

### October 2-5

The 13th annual Kangaroo Island Art Feast  
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It presents the best of the island's visual and  
performing arts, along with superb cuisine  
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### Saturday, October 3

As part of 20th anniversary celebrations,  
the Southern Stars Theatre Arts (STARS)  
presents *A Sparkling Symphony in the Valley*  
featuring the Adelaide Symphony Orchestra  
at Tatchilla Lutheran College from 7pm.  
Tickets \$45: [www.stars.org.au](http://www.stars.org.au) or at the  
McLaren Vale and Fleurieu Visitor centre.

### Saturday, October 3

The 133rd annual Yankalilla, Rapid Bay and  
Myponga Agricultural & Horticultural Society  
Show will be held at Yankalilla Oval from  
9am-4pm. It's a fabulous show – plenty to  
see and do – and great value. Adults \$10,  
pension & children 5-15 \$5.

### Sunday, October 4

Alex FM your Radio Goolwa 96.3 is having  
another Ghost Walk from the station at  
7.30pm, but the clairvoyant Kym Stevens,  
who will take the tour has probably already  
reached out to you. It starts from old Railway  
Superintendent's Cottage, Laurie Lane,  
Goolwa. Cost is \$25 adult, \$10 children U15  
who must be accompanied by an adult.

### Monday, October 5

The 145th annual Strathalbyn show has  
something for everyone including live music,

# Go. See.

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successful man is usually another  
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state competitions; Laucke/CWA Scone  
Competition, Rich Fruit Cake semi-finals and  
Genoa Cake semi-finals.

### Thursday, October 8

*Boomstars* at Centenary Hall, Goolwa. Shake  
it up and shout it out in this inter-activefest  
for ages 3-9. The *Boomstars* will drench the  
kids with funky songs, crazy skits and dance  
crazes. All tickets \$10, contact 1300 466 592

### Thursday, October 8

The magnificent Wildlife Welfare  
Organisation at Goolwa is holding a quiz  
night at the South Lakes Golf Club from 6.30  
for 7pm start. The need to raise funds is vital.  
Tickets available at the shop, 15 Hutchinson  
Street, Goolwa. Bar facilities available on  
night.

### October 8-15

The 17th annual regional *Colour Me  
Senseless Youth Art Exhibition* at the South  
Coast Regional Arts Centre, 1 Goolwa Tce,  
Goolwa will be launched on October 7 and  
the exhibition open week days 11am-4pm  
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## Tuesday, October 13

Jodi and Binny Roberts present "Seeing a third world country through another's eyes – the insights of living in India." Two-course meal \$30. Cheryl 0408 039 057 or [fleurieusg@outlook.com](mailto:fleurieusg@outlook.com)

## Friday, October 16

The Classic Adelaide Rally will return with its most significant stage to be held in the Yankalilla District. The most picturesque sections of Torrens Vale Road, Parawa Road, Range Road and South Road will make up a 46km competitive tarmac stage. There will also be a second competitive stage along Reservoir Road, north of the Myponga Reservoir and a lunch stop at the Yankalilla Memorial Park Oval for approximately 600 crew members as well as spectators.

## Saturday, October 17

Flying High Gala Fundraiser in support of the Royal Flying Doctor Service at Signal Point, 7pm. \$35 p.h including food, bar and in-flight entertainment... 60s & 70s music. Contact Lyn 0438 275 576 or [glroberts@picknowl.com.au](mailto:glroberts@picknowl.com.au)

## Thursday, October 17

Christmas is coming, and here's how to make photo books as gifts for \$5. Joy Whellum and Lorraine McLoughlin will show you how to get started on making photo books from family photos and holiday snaps at the Yankalilla Centre from 1.30 to 3.30 pm. Cost is only \$5. Enquiries and bookings to Lorraine: [fitzmcl@fitzmcl.com](mailto:fitzmcl@fitzmcl.com) or 0408 400 010.

## Thursday, October 17

*String Fever*, Centenary Hall, Goolwa. A unique blend of virtuosic musicianship, nouveau-vaudevillian comedy and a broad palette of the world's most popular music. The performance takes you from bluegrass to Beethoven to the Beatles; a cheeky tribute

to Andre Rieu and an unforgettable homage to Elton John. Tickets \$29 adults, concession \$25, U17 years \$20, groups 6+ \$25 a ticket. Bookings contact 1300 466 592.

## Friday, October 18

Strathalbyn Annual Swap Meet. For motoring enthusiasts of all ages with new and old classics. Automobilia, spare parts, books, collectibles and more. Show and Shine, food and drinks. Tickets \$5 adults, children free. Contact 0423 524 481 or 8552 1042.

## Friday, October 30

The second annual Fun on the Fleurieu will be held at the Investigator College performing arts and sports centre, Bacchus Rd, Victor Harbor from 9.30-11.30am. It is a free community event celebrating Children's Week for families with children 0-5 years. More details: Julie or Trudy 8555 7500 or [events@investigator.sa.edu.au](mailto:events@investigator.sa.edu.au)



## Saturday, October 31

An exciting new arts event – *Waterways Exhibition* – will be held at the Clayton Bay Community Hall from 10am-3pm. The theme of the event is to display a range of groups, organisations and individuals and how they connect with the River Murray and their commitment to action for its wellbeing. The

exhibition will consist of the display of artistic works, recognition of the late Henry Jones' (local resident) commitment to the River Murray Waterways, environmental displays, car boot sale, vintage cars, demonstrations, entertainment, discovery trail, boats, and a visit by the Oscar W. Exhibitors are invited to take part – entries needed by October 12 to: Water Exhibition, Peter Smytherman, c/o Post Office, Clayton Bay, SA 5256

## November 1-8

The National Trust Encounter Coast Discovery Centre and Museum presents an exhibition of wedding gowns and marriage photographs display at 2 Flinders Pde, Victor Harbor every day from 1-4pm. Adults \$6, concession \$5, children \$4, family \$16. Contact 8552 4440. [www.victorharbornatrust.org.au](http://www.victorharbornatrust.org.au)

## Tuesday, November 3

Royal Flying Doctor Fleurieu Support Group invites you to a Melbourne Cup three course luncheon at Fleurieu's, Barrage Road, Goolwa from 11am. Lots of sweeps, prizes and fun - \$60 p.h. Tickets 8555 1243.

## November 11-15

Yankalilla Cruise at Yankalilla Oval (Memorial Park), Main South Rd, Yankalilla. More than 600 classic and hot rod cars will cruise to the Yankalilla oval where live rock and roll music and a fair await.

## Sunday, December 20

The 2016 Fleurieu Film Festival has been launched and the closing date for entries is December 20. There are some excellent prizes – and it represents a great opportunity to have your film seen. You may enter any film under 10 minutes with the theme of Landscape.

Continued P12

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From P11

There is no entry fee. This is a chance for all film makers, especially those starting out in film to get their work out there. Set in two beautiful locations on the Fleurieu Peninsula, the festival will be held over a weekend in February. Finalists will be shown on Friday, February 5 at an exclusive event, with winners announced the following evening. Contact Alison 0409 980 378 or e: fleurieufilm@bigpond.com Visit: [www.fleurieufilmfestival.com](http://www.fleurieufilmfestival.com)

## November 28-29

The 14th annual Willunga Christmas Tree Festival will be held at the Willunga United Church from 10am-4pm. Submissions are now sought for Christmas trees of all shapes and sizes. Organisers are seeking the stylish, the funny, the traditional and eclectic Christmas trees. This annual community event is a showcase for creative minds, either as a collective or as individuals.

## Sunday, November 15

The annual Smoke Off by the Goolwa RSL in Laurie Lane, Goolwa has always been a great event, and now it is getting bigger and better. In a major plus for local tourism, forward thinking people from both Goolwa and Langhorne Creek have combined their marketing skills to present local food and wine businesses to create a fun event for the whole family. Look out for the posters (right) around the region.

Presented by Cittaslow Goolwa from 11am-5pm, there will still be the traditional big smoke-off with teams vying for roasting boasting rights with the sweetest hams this side of Porkville.

Now there will also be local food providers and wineries from both regions, plus the craft beer producer Meechi Brewing Company, from Langhorne Creek broadening the appeal of this fun day. There will even be music from *The MacTones* adding to the atmosphere.

The foodies will include Alexandrina Cheese Co, Cafelicious, Sunningdale Farm Kitchen, Bombora @ Goolwa Beach, Southy's Pizza and Surfers



Coffee, while representing the wineries will be Shaw Family Vintners, Bleasdale, Bremerton, Brothers in Arms, Gispie Jack, Karrawatta and Kimbolton.

The place will be decked out with marquees to house all of these fabulous local food and wine pop-ups. The grasses area on The Garden of Honour will have tables and chairs, shaded areas, and will be the location for the smoke off teams to do their stuff. Raffle prizes will also be drawn on the day with proceeds being donated to Cittaslow, the CFS, and RSL. Visit: [www.cittaslowgoolwa.com.au/wharf](http://www.cittaslowgoolwa.com.au/wharf) or Facebook: /atthewharfwoodwineandsong Well done to all of the hard-working organisers.


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## Jack and the Beanstalk

### October 23-25

The South Coast Choral & Arts Society presents the classic pantomime *Jack and the Beanstalk* at the Victor Harbor Town Hall, and it's a big first for key people behind the scenes – Jonathon Ogilvie as director, his sister Serenity as music director, and Chelsea Sims as choreographer.

And who do you get to play Jack? Jack, of course, Jack Buchanan, pictured with *Buttercup*, alias Sally Pearce, who features on the story the previous page.

The show will be on Friday, October 23 at 7pm; Saturday, October 24 at 2 and 7.30pm, and on Sunday, October 25 at 2pm.

This is the first time the SCCAS has presented a pantomime, and it's a wonderful, fun version for the whole family. Audiences will be encouraged to "boo" and cheer throughout the show.



# When you're never late for school

**B**ert Brittain and Joe Barton played marbles in the Port Elliot Primary School grounds when they were little kids, and now nearly a century later they're grateful they haven't lost them.

In a remarkable tale of mateship, they went right through school together, served their country at war in Darwin, and returned to live in Port Elliot where they are now residents at Resthaven, an aged care community service provider which encompasses the Old School House.

Bert is 98, and Joe turns 99 on October 16, and they can remember every key date in their lives and how Mrs Olive Golding used to give them the cane during class. It was tougher for dear Bert because she constantly belted him over the knuckles trying to change him from writing left-handed to right-handed. "I wonder if she ever knew that I was a left-hander out of school?" he quipped.

It was in this very classroom that Bert, at the age of six, met the only girlfriend he ever had in his life, his darling wife, Doris, who passed away aged 72.

When told he was still spritely and as sharp as his coloured pencils in Grade 4, Joe said: "You can't tell a sausage by its skin." The wit obviously remains too, and he also fell in love with a former Port Elliot school classmate, his wife Patricia, who died, aged 80, but they didn't really know each other well at school. Adding to this school connection, Bert and Joe each had two children who also went to Port Elliot Primary, as did their children and grandchildren.

"They were good times," Joe said of his old school days. "The only problem was that there was no high school here at first so we'd have to catch the 10-to-10 train to Strathalbyn and get the five o'clock train home. Later we had secondary school classrooms in Victor Harbor at the old Wonderview picture theatre on Seaview Road, and the church hall near the roundabout on Adelaide Road."

Bert milked cows when he left school. "It was during the depression, and there were no hand-outs," he said. "I remember mum and dad going to the police station to get



rations." Later, Bert ran the general store in Port Elliot for many years, while Joe worked in a petrol station down the road.

As if it were yesterday, Bert spoke of when he arrived in Darwin with the Australian Army, the day the Japanese bombed Pearl Harbour, and like Joe he recalled the bombings of Darwin. They weren't in the same unit, and according to Joe he lived in luxury compared with Bert.

The reminiscing continues daily in the comfort of Resthaven. They said they love it here, especially with the old school building retained. In the morning they probably talk of the old local footy and cricket days, Bert's tennis matches over 40 years, and how he still goes to the local bowling club for a quiet drink, where he is patron.

After their move to Resthaven Port Elliot, Jo and Bert were delighted to tour the refurbished building, which was gutted by a fire caused by vandals in 2012. Now restored and housing Resthaven Murray Bridge, Hills and Fleurieu Community Services offices and wellness centre, the Old School House is back to its former glory. The centre only opened four months ago and last month



**Top: Bert Brittain (left) and Joe Barton at an old desk inside the Port Elliot Old School House. Note the original blackboard in the background. Above: The Old School House.**

reached a significant milestone with 50 per cent occupancy. Features retained include a section of the original chalkboard wall that was saved after the blaze.

And so the visit to memory lane and to the naughty corner in the Old School House continued, as did the memories of their childhood sweethearts. When it was mentioned that it was a long time to live in Port Elliot, having been born there, Bert said: "Oh no, I was well away for 10 years including the war... when I lived in Victor Harbor." ■

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# No need to literally freeze your funds

There are easier ways to save for a special cause if you have a card or a change jar...

**T**here will be a lot of students finishing secondary school soon who may need to meet a new friend – Mr HECS, the Higher Education Contribution Scheme that allows them to study at university and pay for their fees once they start working.

Another option is to apply for a 2016 Bendigo and Adelaide Bank Scholarship that is available for rural and regional students attending university for the first time. It adds to the bank's claim: *Bigger than a bank.*

The scholarship may help relieve some of the cost burden for students whose circumstances might otherwise preclude them from accepting their university course offer.

It is a wonderful scheme, and applications are welcomed from December 1, 2015 to January 25, 2016. For full details visit: [www.bendigobank.com.au/scholarships](http://www.bendigobank.com.au/scholarships) or

call 1300 304 541. Naturally, applications are handled with the strictest of confidence.

We often see on US television shows how the parents start saving for their children's college education from the day they are born because most countries don't have our HECS system – we're lucky.

However, as much as it may seem old fashioned to some, the whole principle of saving early for a specific purpose, whether it be a holiday, car, wedding, home renovations and so on, is a great one.

Many customers at the Goolwa & District Community Bendigo Bank operate multiple accounts – we have heard of a Bendigo Bank customer having 14 separate accounts – to



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Advertorial

waiting for the ice to melt.

It works, but there is another way – call into the team at the G&DCBB in the Goolwa Shopping Centre and set up one or multiple budget accounts. Staff can help you prepare your family budget in an absolutely strict confidential and safe environment. Sit down and go through these things to make sure you do save for a rainy day or put the kids through school or whatever. Maybe a wedding; your own personal reward scheme... if you give up smoking put the money into a special account.

As soon as possible is always a great time to sit down with your customer relations officer and have

a review of your budget.

You can see the funds at any stage, but you don't necessarily have easy access to them. You just cannot jump online or go to an ATM and transfer out. You actually have to physically go into the branch to take money out. It is designed purely to help people work the account for what it was designed.

By the time you jump in the car and have some time to think, and go to the trouble to take money out, your decision may change. It is a safety measure. Instant access can be difficult for everyone.

And remember, it is never too late to set up a budget account for Christmas; the G&DCBB even has specific accounts for Santa's little helpers. ■

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# Lakeside Goolwa

Advertorial

## update

Vol. 3, No.8 October 2015

## A REAL SPLASH!

### New pool reaching for the sky

The exciting new Lakeside Goolwa indoor pool and gymnasium is under way. Construction is scheduled to take a few months with the opening of this fantastic new facility happening this summer.

Enjoy the best of both worlds with the specially designed heated pool being able to be used as a traditional indoor swimming pool but also able to be opened up on a nice day for a BBQ around the pool.

Everything from aqua aerobics to swimming laps to just having a splash on a hot day will all be able to be enjoyed in this multi-purpose facility.

The new gymnasium will be fully equipped with all the things you would expect from having a jog/walk on a treadmill to building those muscles on the weights machine!

After your swim or workout take a shower in the new changing rooms before a short stroll back to your home.

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Located at the edge of the Murray River and just a stroll from superb views of the wetlands, Lakeside Goolwa is a 'village-style' estate, providing an unrivalled level of lifestyle living for the over 50's.

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# Remembering



Legendary trainer JB (Bart) Cummings, AOM died late August aged 87, and local trainer Dennis O'Leary is determined to make sure thoroughbred racing never forgets the Normanville connection with a great man and a champion horse.

**A**s the Sport of Kings continues to mourn its legendary trainer Bart Cummings, AOM this Melbourne Spring Carnival, on the edge of Normanville a local trainer is planning his own special tribute.

Dennis O'Leary, who battles to get his small team of 20 on to the track, owns the historic Beau Neire Stud, and will revert the name to Comic Court Stud in a moving tribute to the Melbourne Cup genius.

This was where brothers Hiram and Melwyn Bowyer bred Comic Court, which was trained by Jim Cummings with his son Bart as the strapper, and went on to win the 1950 Melbourne Cup carrying 9st 5lb (59.5kg) in Australasian two mile record time of 3min 19 1/2 seconds. Comic Court is still regarded as one of Australia's most versatile racehorses having also set a six furlong record on his

way to winning 28 of his 54 starts, plus 15 placings.

There was a touch of romance about this striking five-year-old bay horse – Jim and James working him through the Normanville dunes and along the beach, and at 25/1 striding down the Flemington straight five lengths clear before 81,023 racegoers. It was the beginning of the James Bartholomew Cummings legend, ending with an astonishing 12 Melbourne Cup winners in his own right.

The original small red-tiled roof hut that stabled Comic Court remains, and upon the passing of Bart, Dennis has this vision of restoring it plus renovating the main stone building on the property – originally a steam flour mill built in 1856 – and turning it into a racing museum to honour the revered trainer.

As ambitious as it may seem, the renaming

to Comic Court Stud, and the renovation of the champion's stable and the museum, can be a major drawcard to Normanville, indeed the Fleurieu Peninsula.

Amidst all the tributes and story telling about Bart when he died on August 30, comparatively little was made of the significance of this beautiful coastal town. Dennis thinks it is about time we did.

Adding to this magic is the fact the former stud and training complex is now the registered name and place of High Country Trails, a horse riding experience trotting holidaymakers through the sandhills and the shallows of Normanville Beach. It is amazing in its own right because talk to people who have ridden a horse and many say they had their first ride on a horse here. Making the sporting history and the Cummings connection far more obvious will only



# Bart & Comic Court

enhance tourism in this region.

"It would be good to set up some kind of a racing or horse museum in the old stone stables, and I like to think with a lot of support, including people within the area providing memorabilia on loan, it can be successful," Dennis said.

"The Bart Cummings link – and with Comic Court, a Melbourne Cup winner 65 years ago – is something unique to this area."

However, amidst all this romanticising and vision of honouring a great man and a wonderful horse, a project that deserves major support, lay the other side to this racing game. It's still tough to get a horse on the training track, let alone a starter at Flemington come the Spring Carnival. There are the Kings and the Battlers, and O'Leary smiles and puts himself in the latter bracket. There was a time some years ago when Dennis and his business partner and brother, John, changed the name to Comic Court Stud, but were forced to sell up and the original thoroughbred stud, established by

Melville and Albert Bowyer continued to be known as Beau Neire Stud. Eventually, Dennis bought the property back.

Racing has always been challenging, as they were for Dennis' grandfather, who was a racehorse trainer, and each of his eight sons, among them Dennis' father, Cecil, who became jockeys and trainers.

Dennis, 65, is no longer able to train his team on the beaches of Normanville because seaweed has continued to mount along the dunes and has become dangerous. In the summer time it's fine, but with a development behind the horse complex and the caravan park building up there are a lot of people walking increasing the safety risk. Most mornings Dennis spends an hour and 10 minutes relocating a few horses recovering or in early work at Normanville to his main stables in Goolwa North, and taking his team on Goolwa Beach. Continued P18

Continued P18

Above: A magnificent shot at dusk of visitors on horses from the High Country Trails experience on Normanville Beach, where 65 years ago Jim Cummings and his son Bart worked 1950 Melbourne Cup winner Comic Court. Image: nEverest Photography M: 0413 898 088

Below: Trainer Dennis O'Leary with a riding school gelding Lunar Rythym, which was enjoying a spell, in front of Comic Court's old stable.





Normanville trainer Dennis O'Leary by the old flour mill and stables.

From P17

However, Goolwa Beach is becoming more difficult for horse trainers because of increasing 4WD vehicles, also increasing the insurance premiums. Adding to the frustration is the fact the only thing running in his team the past six or eight weeks has been the horses' dirty noses.

And the list of training and fitness issues go on and on. The financial commitments, including a staff of three and with Croatian-born Allan Majetic doing his time under the supervision of Dennis as he goes for his trainer's licence, soar. It is therefore no wonder Dennis thinks the world of his favourite horse, a real old-timer Magical Pearl, now a 12-year-old gelding from Broken Hill that he bought in Melbourne for \$3000 and has won more than \$400,000 with him. It shows there are rags to riches stories in racing after all.

Dennis likes to believe the ability to spell racehorses at Normanville and work them on the beach gives him an edge over some city trainers.

"Horses can get sick of going to the track, particularly those from the city and Morphettville, and this is where I can improve them, freshening them up with work on the beach and in the sea," Dennis said.

"It's about keeping their mindset right. We use Normanville as recovery, even after a race by putting them in a paddock, and walking them for an hour. Walking stimulates the same muscle group as galloping does.

***"Horses can get sick of going to the track, particularly those from the city and Morphettville, and this is where I can improve them, freshening them up with work on the beach and in the sea." – Normanville racehorse trainer Dennis O'Leary***

"I remember in 2006 when the Japanese came out here and Katsuhiko Sumii, the trainer of Delta Blues and Pop Rock, had them walking and walking for three hours and no galloping until they went flat out over 2200 metres a few days before the Melbourne Cup. He was the laughing stock of Australian horse trainers until Delta Blues and Pop Rock finished first and second in the Cup.

"It taught me the value of walking a horse, and that you can always learn something. In this game, you're never too old to learn." There are other trainers learning from Dennis in terms of diversifying to help your business grow. The growing success of High Country Trails, where people of all ages can ride a horse through the dunes and along the beaches, is run by his wife, Karen, and plays a big part in the overall picture.

Dennis is one of a very few racehorse trainers

throughout Australia who also has a riding school, but again it presents it challenges. "We have always felt good about the fact people have had their first ride on a horse here, but unfortunately it is not as big now," he said.

"We started just before I got my trainer's licence in 1978, and we used to do 2-3 day pack horse rides, but the insurance premiums changed that. We had to have special covering for everything, so we cut the team down and changed the routine.

"Mind you, we were like the Man from Snowy River at one stage for the serious riders. Those rides were famous, but you would dare not have them now.

"We do a quiet one hour ride down the back of the sandhills toward Lady Bay, across the sand dunes and along the beach and in the water. We do a walk-trot ride – we don't canter like we did once. Karen has 20 horses, and works with groups of people of all ages of about 12. There are also pony rides for the really young kids."

Before long, someone will be riding Magical Pearl as a trail horse into the sunset toward the sand dunes, where the legend goes, Comic Court's sire and dam and buried side-by-side.

And, for the record, Comic Court beat Chicquita home in the 1950 Melbourne Cup, and later the positions were reversed when they produced Comicquita, which ran second in the 1962 Melbourne Cup. Who said there was no romance in thoroughbred racing? ■



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the South Coast



# Caring today. And well beyond

Watching his father die a slow death in a cold and sterile hospice environment – albeit surrounded by wonderfully caring medical staff – had Steven Wright wrestling with his emotions and coming to the conclusion that there simply had to be a better way.

This ethos eventually drove him to establish Beyond Today and apply the philosophy to the eco-sensitive residential development that subsequently unfolded at Hayborough on the outskirts of Port Eliot. Now, he has taken it a step further and delivered on the vow he made to himself while sitting alongside his father's deathbed, with the announcement last month of a \$34 million health and wellbeing precinct to be developed by Beyond Today on the doorstep of the new Fleurieu Regional Aquatic Centre and adjacent to its existing residential development.

"My father's death instilled in me a passion to provide the best hospice, palliative care home – not hospital – for people at the end of their lives and I'm delighted that the dependent living facility that's part of the precinct will achieve just that," said Mr Wright, who runs the company with his partner Margit, son Adam and brother Bruce.

"The facility will, among other things, include a light and airy hospice area, characterised by gardens, running water, soft and calming music and warm, soothing décor, where loving and caring nursing and medical staff have the time to care for the patients and their families.

"Similarly, the multi-disciplinary and purpose-designed medical precinct has at its core the creation of healthy workspaces.

"It features energy efficient and light and airy consulting rooms and offices overlooking private landscaped and vegetated areas that, all being north-facing, will enjoy ample winter sunlight."

The precinct comprises a general practice facility with an emergency department, pathology services and a pharmacy; along with allied and designed-for-purpose health pods offering services such as physiotherapy, massage, chiropractic, dentistry optometry and radiology.

The easily accessible precinct with generous parking will meet the needs of not only locals and residents but the greater South Coast region.

As such, it offers the medical and health professions a unique opportunity to operate from a location where, surrounded by complementary and allied services, they will all enjoy great synergies and benefits.

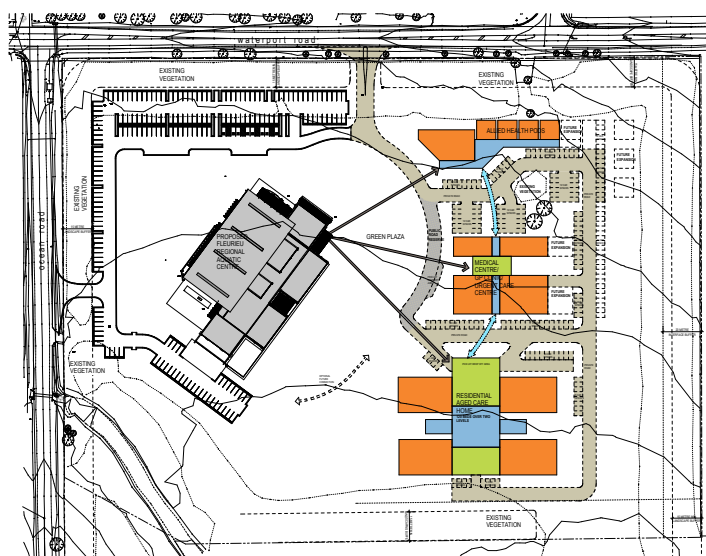
Construction of the GP facility is expected to be completed to coincide

with the official opening of the aquatic centre, an impressive facility made possible by Beyond Today's vision and generous donation of the land to the Victor Harbor and Alexandrina councils.

The Beyond Today model has been warmly received by the general health profession, with individuals and groups ranging from GPs and specialists to physiotherapists, chiropractors, dentists, radiotherapists and high and low care nursing services, expressing interest and a desire to learn more about the pioneering concept.

## About Beyond Today

Established in 2007, Beyond Today is a multi-award winning environmentally sustainable development at Port Elliot that sets a new standard in quality environmental living. For more information, visit [www.beyondtoday.com.au](http://www.beyondtoday.com.au)



**Top: An artist's impression of the Beyond Today health and wellbeing precinct.**

**Above: The overall plan of the health and wellbeing precinct looking down from Waterport Road, and with the Fleurieu Regional Aquatic Centre by Ocean Road.**

# Coast Lines

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Established 2011

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## Negative about most things

Steve is standing at a bar when he hears two blokes talk about how good Switzerland is... the scenery, kindness of the people, the cheese...

Finally, Steve says: "Nope, there is not much good that I can say about Switzerland."

The other two guys are miffed; angry actually. They go on about the Swiss chocolate, their watches, how good their tennis stars are like Roger Federer, and the many things they do well.

And Steve says: "Listen guys, there is nothing really good about Switzerland, but I must admit, their flag is a big plus."

## When things get ugly

Sam and Bazz are having a drink in the front bar of the Yankallilla Hotel when this gorgeous brunette goes up to them and says she only kisses ugly blokes.

Poor Sam can't help himself. "When I was a kid my mum used to tie a bone around my neck so the family dog would play with me."

Bazz, being even less smarter, says: "That's nothing Sam. When I was eight-years-old we used to play spin the bottle. When it pointed at you a girl would either give you a kiss or 20 cents. By the time I was 10 I owned my first car."

## Tough call

Brian is madly in love with two lovely Victor Harbor girls and goes to a marriage guidance counsellor because he can't decide which one to marry.

The counsellor asks him to describe them to him, and Brian says: "Well, one is a great poet, and the other makes sensational pancakes."

And the counsellor says: "Oh, I can see your problem... you don't know whether to marry for batter or for verse."

## Any questions?

George meets this bloke Jack down the main street for the first time, and asks him all kinds of questions. He just keeps asking and asking questions.

Finally, Jack gets really annoyed, and demands to know what this is all about.

George gets this really guilty look on his face,

# Laugh Lines

and finally tells him: "I'm really sorry Jack, but the other mate I was with who ran off just before I met you asked if I could keep you busy while he went home to see your wife."

Jack smiles. He says: "That's okay George, you had better hurry on home to your wife too... my wife died three years ago."

## Slithering messsss

Sammy is an old snake and he goes to the doctors. "Doc," he says, "I need something for my eyes... I can't see very well," he says.

"I can't read the paper anymore and I can't see what's on television."

The caring doctor gives Sammy a real good look over and checks his eyes. He goes out of the room, and a half-hour later walks back in and gives Sammy a new pair of glasses.

"I can see, I can see!" Sammy shouts.

Sammy slithers out of the front door and goes home. About a week later the doctor sees him down the main street and there is Sammy crying his eyes out.

The doctor says: "Oh Sammy, what is wrong? Haven't the glasses fixed your eye sight?"

"Oh yes," says Sammy. "I have perfect vision now." And the doctor says: "Well, what is wrong then?"

And Sammy looks at him and says: "I discovered last night that for the past three years I have been having an affair with a hose."

## For better or worse

It's the height of the Battle of the Alamo in 1836 and this Texan in charge goes for desperate measures and puts his own wife at the front of the battle line.

"Bang, bang" the enemy goes with bullets fizzing past her ears. Next moment, bullets are flying over her left shoulder and then her right shoulder.

Being a determined lot, the Mexicans give it everything they've got, and suddenly this

poor lady is shot in the leg shattering her patella.

Finally, the 13-day siege ends, and the wife is still so angry she takes her husband to court and sues for Alamo knee.

## Dad jokes...

**What do you call a travelling flea?** An itch hiker.

**Why should you not trust the ocean?** Because there is something fishy about it.

**What do you call a bee born in between April 30 and June 1?** A maybe.

**Why is it so hard to fool a snake?** Because you can't pull its leg.

**Why did the watch stop?** He was running fast all week.

**Why did they have a funeral for the frog?** Because he croaked.

**Why did the ox lose his job on the farm?** Because he couldn't take a yoke.

**Where do geologists like to relax?** In a rocking chair.

**What dinosaur would you find in a rodeo?** A Bronco-saurus.

**What dinosaur can't stay out in the rain?** A Stegosaur-rust.

**What has one horn and gives milk?** A milk truck.

**What do sea monsters eat?** Fish and Ships.

**What do you get when you cross the Atlantic Ocean with the Titanic?** Only half way.

## Useless trivia

**Napoleon III suffered from ailurophobia, which is a fear of cats.**

Tigers have striped skin, not just striped fur.

**The giant squid has the largest eyes in the world.**

The average person falls asleep in seven minutes.

**There are 336 dimples on a regulation golf ball.**

A pregnant goldfish is called a twerp.

**Right-handed people live, on average, nine years longer than left-handed people.**

A duck's quack doesn't echo, and no one knows why.

**Turtles can breathe through their bottom.**

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# Time for fertilisers and mulch, mulch more

**S**pring is a good time to get your garden in order by applying fertiliser, but remember, you're feeding the soil, not the plants.

Fertiliser is any natural or man-made substance that improves the growth of plants and the fertility of the soil. It provides the key elements – major plant nutrients nitrogen, phosphorus and potassium – and some plants need more of one than another. Plants require nutrients for growth. Often our soils do not contain nutrients in the quantities required for optimum results, and this is often due to nutrient depletion caused by the removal over time of plant and animal products and by leaching or by gaseous loss. These nutrients have to be replaced by applying fertiliser to the soil or in some cases, to plant foliage.

If you are looking for a greener and healthier lawn, the fertiliser needs to be high in nitrogen. Fruit trees and veggie patches need more potassium so they flower and bear more fruit, while native plants are low on phosphorus so they need more nitrogen and potassium. It's the old story of one doesn't fit all, so ask your local supplier.

A lot of people add blood 'n bone to their garden soils, and that is the actual product

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team... Cheryl,  
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name but with capital letters, of course. That's what it is; blood and bone, and while it can be a bit on the nose there is no doubt it does a lot of good for your soil.

You know it's spring at DSM when there is a rush on for mulch – freshening up or replacing the existing garden patch before it goes all rotten, and preparing for the drier months when the mulch is excellent for water retention.

It's also the time to start planting seedlings, but just because it's supposed to be a bit warmer remember some seedlings are prone to frosts that can still land on your garden this late in the year.

If you really are getting into your garden with plenty of enthusiasm, think about a

clean-out of the old plants and try growing some new veggies. So many people fall for the trap of planting a veggie that looks nice, but don't actually eat it. A classic example is artichokes... they have enormous sprouts taking up much of your garden but give you only small eating head, and sometimes you're better off buying them in a jar or at your local fresh fruit and veggie shop.

Think about what foods you really like to eat during the summer, and plan for them now when you set up your garden. Give rock melons a go for a change; be different.



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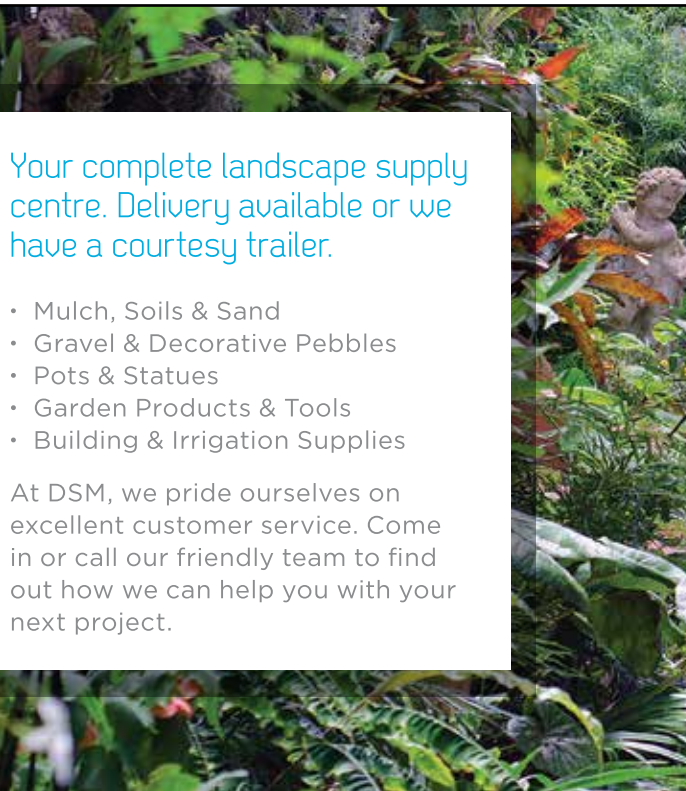
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## *'If you knew sushi like Toshimi knows sushi, oh, oh...'*



Trying to get children to eat a variety of healthy food can be a challenge for any family. But when children toss up not eating lunch at all against playing with their friends in the sunshine, the daily challenges for our 'lunch box packers' become even more intense.

Investigator College canteen manager Sonja overcomes this challenge by offering an exciting variety of fresh meal options every day. An option is delicious sushi made on-site by parent Toshimi Angus. Sushi

is a great way to get kids eating fresh vegetables as you can incorporate everything from corn and carrots to lettuce and cucumber – and the children just love it. Sushi is easy to make with your children at home, and if you would like to have a go at making some, Investigator College has made a step-by-step video. Visit: [www.investigator.sa.edu.au/canteen/](http://www.investigator.sa.edu.au/canteen/)



## Developing that special grandparenting bond

Why is it that children love being with their grandparents, and grandparents seem to absolutely adore their grandchildren?

Is it because they each know they are in for some special moments or memories, or children instinctively know that their grandparents are more likely to spoil them by sharing a special treat? Maybe is it something totally organic.

Grandparents and children are at different ends of their life journeys. One in a place full of wisdom and experience ready to patiently nurture; the other is full of unbridled excitement, wonder and impatience energy. It also applies to those who do not have grandparents... it becomes a 'very important person' day. It is also wonderful when grandparents do come in, and again in a special way take it upon themselves to help all of the children that may feel isolated experience that grandparenting bond.

The generational differences offer different approaches, and perhaps it is the symbiotic relationship that comes naturally from these differing viewpoints which fosters an unconditional love of life, learning and each other.

Whatever the catalyst may be, the excitement that grandparents and their grandchildren experience in anticipation of spending time together is evident. According to Dr Roma Hanks, author, sociologist and gerontologist, 'grandparents play the most important family role of the new century' and fostering these relationships is of vital importance to both child and grandparent.

Establishing a bond with grandparents can benefit children in many ways. Grandparents can be great role models and influences, and they can provide a sense of cultural heritage and family history.

Grandparents also encourage a child's healthy development. Overnight trips to



**Beryl Price, of Inman Valley, with her grandchildren (from left) Grace, nine, Hamish, 11, and Jarred, eight at Investigator College.**

grandma's house, for example, may be less traumatic than sleepovers with peers and can help children develop independence. Among the many other benefits, grandparents may have lots of time to spend playing and reading to children. Such dedicated attention only improves a child's developmental and learning skills.

At Investigator College, we recognise the intrinsic roll which grandparents play in both our College community and the lives of our students. It is for this reason that Grandparents Day, which is held in October each year, is a highlight on the College calendar.

The day provides a valuable opportunity for our students to share another element of their lives with their grandparents and further enhances their learning and their relationships. Not all grandparents are lucky enough to live close to their grandchildren, but there are numerous ways they remain 'connected'.

### **Tips for staying connected**

Stay in touch with technology. Use the telephone, email, Skype, and even Facebook to talk, write, and send pictures and sound files.

Mail or exchange photos with each other including photos of child/grandparents' home and favourite things. Keep these photos in a special album and look at it together regularly.

Pass it on. Many grandparents have hobbies or special skills such as knitting, woodworking, or cooking – things they would love to pass on to their grandchildren. Provide children with the time and tools needed to learn these skills from their grandparents.

Create a family tree. Both younger and older children enjoy learning about their ancestors and relatives. Encourage grandparents to share stories of their families.

## Mayor finally gets his medals



Incredibly, 50 years after joining the Citizen Military Forces Keith Parkes has received his Defence of Australia and National Service medals.

For whatever reason, Keith did not apply for his medals at the time of ending his service after eight years, and after 12 months of exhaustive application paper work by Dirk Nieuwenhoven, a former member of his unit and a good friend at the Goolwa RSL sub-branch, the request was approved.

The medals arrived in the post with a note suggesting Keith arrange for his local mayor to present them to him – but Keith is the mayor, of Alexandrina Council.

A brief, but personally very significant presentation was instead made to him for his time with the A Squadron 3/9 South Australian Mounted Rifles by his former Officer in Command of the unit, Major and Hon. Colonel Reg Williams and current president of the SAMP Association, and other members of the time, Ron Teusaer and Dirk.

"I was young and I joined my mates," Keith recalled. "We had a really good time, and I still feel the camaraderie. I still catch up with them time to time.

"I would recommend to any young bloke who does not want to do regular army to join the Citizen Military Forces. It is one of the best experiences I have had. I am very proud to have been a member and receive this recognition."



## Mum is stepping back in time

Tears flowed when Myponga won this year's Great Southern Netball Association A-grade grand final 43-42 against Victor Harbor with a goal after the siren, and a flood of memories certainly came back for one proud supporter – Christine Raper.

Christine played in the club's last A-grade premiership side in 1992, and her daughters Emma, 21, and Sarah, 17, were part of this latest winning team. And it was Sarah who shot the final winning goal in a superb team effort.

Adding to the family rejoicing was their sister, Lucy, 14, who enjoyed premiership success in the Inter 3 division.

The seniors caused a huge upset after losing to Victor Harbor by 28 goals in the second semi-final, and ended Victor's hopes of winning its fifth grand final in six years. Myponga is now the most successful club in the GSNA having won 13 A-grade premierships since joining the competition in 1968.

Christine was goal shooter in that 1992 premiership side, and played against Pauline Edwards, who coaches Victor Harbor.

"I was very proud of the girls," Christine said. "They were out there watching from the sidelines when they were very little, and started playing when they made up the sides at just five or six-years-old.

"This is a great club – really good people –



Top: (from left) Emma, Christine and Sarah.

Above: The winners... Myponga's A-grade (from left) Rachel Hutchinson, Kristen Rothwell, Kelsey Allen, coach Dave Guley, Taylor Hill (front), Amy Hoffman (centre), Emma Raper and Sarah Raper.

and there were a few other members from that '92 side out there supporting, including Susan Hoffman, who as watching her daughter Amy, and aunties of other players. The girls just persisted... it was a terrific win." It was not all bad for Victor Harbor as it won the A-reserve grand final against Myponga 48-29.

The A-grade win certainly topped off a great season for Sarah as she also won her second successive GSNA best and fairest award. ■



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# The thrills 'n spills of success

The Encounter Bay lads sang their hearts out as they were sprayed with bubbly in a very confined changeroom at Victor Harbor Oval, and they didn't have a care in the world. They had just won the Great Southern Football League A-grade premiership, denying Mount Compass its first flag in 35 years.

It was heartbreaking for the Bulldogs, who had won the minor premiership, but the scoreboard told the story – one more scoring shot but they lost by 24 points, 12.3 (75) to 7.9 (51).

This was Encounter Bay's tenth premiership, including having won in 2013, and finishing second last year.

Encounter Bay coach Todd Butler, 56, was full of praise of both sides for their commitment and a great match, but his personal preparation as a coach was different – he

had cricket practice before he took the final football session for the season.

Todd was a late new appointment as coach of the Eagles this year – after missing a coaching job at another club.

"This job came up unexpectedly, and I was so thrilled because this was my old club," Todd said. "I played my colts footy here and I was made a life member of the club in 1987."

And while Todd has the superb record of 10 grand finals in 11 years for eight premierships in three different leagues, this was his first with Encounter Bay and in the GSFL having won two flags with Keith and five with Border Downs Tintinara.

"All premierships are special, but this one is particularly for me," Todd said. "We lost quite a few players, but then Chris Butler and Tommy Redden came in plus Kenny McGregor halfway through the season,



which was a bonus.

"As a team we gradually put it together strongly. The players certainly enjoyed their footy this year."

And now it's back to cricket for Todd. Incredibly, this will be his season No.40 for Encounter Bay – and he drives all the way from the South East to play. ■

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### Everest

(M) Drama starring Josh Brolin, Jake Gyllenhaal, John Hawkes, Jason Clarke, Martin Henderson and Emily Watson. Directed by Baltasar Kormakur. Inspired by the incredible events surrounding an attempt to reach the summit of the world's highest mountain, Everest documents the awe-inspiring journey of two different expeditions challenged beyond their limits by one of the fiercest snowstorms ever encountered by mankind. Their mettle tested by the harshest elements found on the planet, the climbers will face nearly impossible obstacles as a lifelong obsession becomes a breathtaking struggle for survival. Run time 125 min. **Oct 1: 4.10pm, 9pm; Fri, Oct 2: 4.10pm, 9pm; Sat, Oct 3: 4.10pm, 9pm; Sun, Oct 4: 3.10pm, 8.05pm; Mon, Oct 5: 4.10pm, 9pm; Tues, Oct 6: 4.10pm, 9pm; Wed, Oct 7: 4.10pm, 9pm.**

### Blinky Bill: The Movie

(PG) Animation, family movie starring Toni Collette, Rufus Sewell, Ryan Kwanten and David Wenham. Directed by Deane Taylor. Blinky Bill is a little koala with a big imagination. An adventurer at heart, he dreams of leaving the little town of Green Patch and following in his missing father's footsteps. When Blinky discovers a mysterious marker that hints at his Dad's whereabouts, he embarks on a journey that takes him beyond the boundary of Green Patch and into the wild and dangerous Outback. Run time 95 min. **Thurs, Oct 1:**



**Victa Cinemas now has movies in 3D - look for the special screen times in blue.**

**10am, 11.50am; Fri, Oct 2: 10am, 11.50am; Sat, Oct 3: 10am, 11.50am; Sun, Oct 4: 11am; Mon, Oct 5: 10am, 11.50am; Tues, Oct 6: 10am, 11.50am; Wed, Oct 7: 10am, 11.50am; Thurs, Oct 8: 10.40am; Fri, Oct 9: 10.40am; Sat, Oct 10: 10.40am; Sun, Oct 11: 11am.**

### Oddball

(G) Family movie starring Shane Jacobson, Alan Tudyk, Sarah Snook and Deborah Mailman. Directed by Shane Jacobson. To save his daughter's job and keep her from moving away, an eccentric chicken farmer (Shane Jacobson) teams up with his granddaughter to implement his controversial idea - to protect an endangered penguin colony using a troublemaking dog. Run time 100 min. **Thurs Oct 1: 10.10am, 2.15pm; Fri, Oct 2: 10.10am, 2.15pm; Sat, Oct 3: 10.10am, 2.15pm; Sun, Oct 4: 1.15pm; Mon, Oct 5: 10.10am, 2.15pm; Tues, Oct 6: 10.10am, 2.15pm; Wed, Oct 7: 10.10am, 2.15pm; Thurs, Oct 8: 12.35pm, 2.30pm; Thurs, Oct 9: 12.35pm, 2.30pm; Sat, Oct 10: 12.35pm, 2.30pm; Sun, Oct 11: 1.15pm; Wed, Oct 14: 4pm.**

### Pan

(PG) Fantasy starring Levi Miller, Rooney Mara, Hugh Jackman, and Amanda Seyfried. Directed by Joe Wright. From director Joe Wright comes "Pan," a live-action feature presenting a wholly original adventure about the beginnings of the beloved characters created by J.M. Barrie. Peter (Levi Miller) is a mischievous 12-year-old boy with an irrepressible rebellious streak, but in the bleak London orphanage where he has lived his whole life those qualities do not exactly fly. Then one incredible night, Peter is whisked away from the orphanage and spirited off to a fantastical world of pirates, warriors and fairies called Neverland. There, he finds amazing adventures and fights life-

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or-death battles while trying to uncover the secret of his mother, who left him at the orphanage so long ago, and his rightful place in this magical land. Teamed with the warrior Tiger Lily (Rooney Mara) and a new friend named James Hook (Garrett Hedlund), Peter must defeat the ruthless pirate Blackbeard (Hugh Jackman) to save Neverland and discover his true destiny—to become the hero who will forever be known as Peter Pan. Run time 115 min. **Thurs, Oct 1: 12.05pm, 6.30pm; Fri, Oct 2: 12.05pm, 6.30pm; Sat, Oct 3: 12.05pm, 6.30pm; Sun, Oct 4: 11am, 5.30pm; Mon, Oct 5: 12.05pm, 6.30pm; Tues, Oct 6: 12.05pm, 6.30pm; Wed, Oct 7: 12.05pm, 6.30pm; Thurs, Oct 8: 11am, 6.45pm; Fri, Oct 9: 11am, 6.45pm; Sat, Oct 10: 11am, 6.45pm; Sun, Oct 11: 11am, 5.50pm; Tues, Oct 13: 6.20pm; Wed, Oct 14: 10.45am\*.**

### The Martian

(CTC) Sci-Fi starring Matt Damon, Kristen Wiig, Kate Mara, and Jessica Chastain. Directed by Ridley Scott. During a manned mission to Mars, Astronaut Mark Watney (Matt Damon) is presumed dead after a fierce storm and left behind by his crew. But Watney has survived and finds himself stranded and alone on the hostile planet. With only meager supplies, he must draw upon his ingenuity, wit and spirit to subsist and find a way to signal to Earth that he is alive. Millions of miles away, NASA and a team of international scientists work tirelessly to bring "the Martian" home, while his crewmates concurrently plot a daring, if not impossible rescue mission. As these stories of incredible bravery unfold, the world comes together to root for Watney's safe return. Run time 135 min. **Thurs, Oct 1: 1.50pm; 8.40pm; Fri, Oct 2: 1.50pm; 8.40pm; Sat, Oct 3: 1.50pm; 8.40pm; Sun, Oct 4: 12.55pm, 7.45pm; Mon, Oct 5: 1.50pm; 8.40pm; Tues, Oct 6: 1.50pm; 8.40pm; Wed, Oct 7: 1.50pm; 8.40pm; Thurs, Oct 8: 1.25pm, 8.45pm; Fri, Oct 9: 1.25pm, 8.45pm; Sat, Oct 10: 1.25pm, 8.45pm; Sun, Oct 11: 3.20pm, 7.45pm; Tues, Oct 13: 8.30pm; Wed, Oct 14: 1.15pm, 6.30pm.**



Professionals Victor Harbor managing director Emily Smith is joining a special group on a trek in Peru in early November to raise funds for the National Breast Cancer Foundation. The group fundraising goal is \$100,000, and here's your chance to help Emily and a wonderful cause – there is a movie night at Victa Cinemas on Thursday, October 15 at 6.30 for 7pm with raffles and door prizes. The movie is *Miss you Already*, which is what her family and friends will do when Emily leaves for her great trip. Tickets cost \$18 and may be purchased at the Professionals' Ocean St office, or at Victa Cinemas. Well done Emily!

### The Intern

(M) Comedy starring Anne Hathaway, Robert De Niro, Nat Wolff, and Rene Russo. Directed by Nancy Meyers. In "The Intern," Ben Whittaker (Robert De Niro) is a 70-year-old widower who has discovered that retirement isn't all it's cracked up to be. Seizing an opportunity to get back in the game, he becomes a senior intern at an online fashion site, founded and run by Jules Ostin (Anne Hathaway). Run time 125 min. **Thurs, Oct 1: 4.20pm, 6.40pm; Fri, Oct 2: 4.20pm, 6.40pm; Sat, Oct 3: 4.20pm, 6.40pm; Sun, Oct 4: 3.25pm, 5.45pm; Mon, Oct 5: 4.20pm, 6.40pm; Tues, Oct 6: 4.20pm, 6.40pm; Wed, Oct 7: 4.20pm, 6.40pm; Thurs, Oct 8: 4.25pm, 8.55pm; Fri, Oct 9: 4.25pm, 8.55pm; Sat, Oct 10: 4.25pm, 8.55pm; Sun, Oct 11: 1pm, 8pm; Tues, Oct 13: 8.45pm; Wed, Oct 14: 10.30am\*, 4.15pm.**

### Miss You Already

(CTC) Drama starring Toni Collette, Drew Barrymore, Paddy Considine, and Dominic Cooper. Directed by Catherine Hardwick. Toni Collette and Drew Barrymore are Milly and Jess in this romantic drama from the director of Thirteen and Twilight. Friends since childhood, their relationship is put to the test as Jess struggles to have a much longed-for baby, and Milly finds out she has breast cancer. Run time 115 min. **Thurs, Oct 8: 4pm, 6.30pm; Fri, Oct 9: 4pm, 6.30pm; Sat, Oct 10: 4pm, 6.30pm; Sun, Oct 11: 3.10pm, 5.30pm; Tues, Oct 13: 6.30pm; Wed, Oct 14: 1.30pm, 6.40pm.**

For wheelchair access movie times please visit: [www.victacinemas.com.au](http://www.victacinemas.com.au)

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## EAT WAVE

with Jenny  
info@coastlines.com.au

It is Breast Cancer Awareness Month so we have dedicated our recipe pages to promote the campaign.

We present three delicious and healthy recipes kindly provided by LiveLighter.

According to Cancer Council Australia, maintaining a healthy weight, eating well and being active can lower your cancer risk. Eating healthy food also helps to prevent heart disease, diabetes and high blood pressure. After tobacco, lifestyle is the next most modifiable risk factor for reducing your risk of cancer.

Help reduce your cancer risk by:

- Maintaining a healthy body weight
- Being physically active every day
- Enjoying a healthy diet



## Grilled fish with Salsa

### Ingredients

2 corn cobs, husk and silk removed, quartered  
2 medium tomatoes, diced 1 Lebanese cucumber, diced  
1 avocado, peeled, seeded and diced  
1 red capsicum, seeded and diced  
1/2 small red onion, finely chopped  
1 long red chilli, seeded and finely chopped (optional)  
2 tbs coriander stalks and leaves, chopped  
2 tbs lime juice, plus lime wedges, to serve  
olive or canola oil spray  
4 x 120 g firm white fish fillets

### Method

Place corn in a microwave-safe bowl with a tablespoon of water. Microwave, covered, on HIGH (100%) for 4 minutes or until just tender.

In a medium bowl, add tomatoes, cucumber, avocado, capsicum, onion, chilli, coriander



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and lime juice. Mix gently to combine. Heat a griddle or large non-stick pan on medium-high heat. Lightly spray corn with oil then cook on pan, turning frequently, for 5 minutes or until lightly charred; set aside. Lightly spray fish with oil then cook on grill for 2-3 minutes each side or until brown and cooked through.

Serve fish with corn, salad and lime wedges. Hint: Salsa may be made in advance though avocado is best added just before serving.

LiveLighter® State of Western Australia 2012.  
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## Zucchini Slice

### Ingredients

5 eggs  
freshly ground or cracked black pepper  
1 large zucchini, grated  
400 g carrot, sweet potato or pumpkin, peeled and grated  
1 1/2 cups canned corn kernels or frozen peas, drained  
1 medium brown onion, peeled and diced  
2 tsp dried mixed herbs  
3/4 cup wholemeal self-raising flour  
1 cup reduced-fat cheddar cheese, grated  
olive or canola oil spray  
3 large tomatoes, sliced, optional  
green side salad, to serve

### Method

Preheat oven to 200°C (180°C fan forced). Whisk eggs in a medium jug, season with black pepper and set aside.

In a large bowl combine remaining ingredients except tomato. Add eggs and stir mixture until well combined.

Spray a large baking dish with oil. Pour in zucchini mix and flatten with a spoon. Cover with tomato slices arranged in a single layer. Bake for 40-45 minutes or until firm and golden brown. Rest in the pan for 10 minutes before dividing into 6 pieces and cutting into slices. Serve with a green side salad.

**Variation:** Substitute other vegetables like baby spinach, cherry tomatoes, chopped asparagus or mushrooms.



## Japanese-style Crab Pancakes

### Ingredients

3 spring onions (including green tops), sliced  
150 g sweet potato, skin on, grated  
200 g green cabbage, core removed, finely shredded  
1 cup bean sprouts  
200 g raw or cooked crab meat  
1/2 cup wholemeal plain flour  
1/4 cup water  
1 egg  
Olive or canola oil spray  
1 tbs hoisin sauce, to serve  
freshly ground or cracked black pepper

### Method

Reserve 1/2 cup sliced spring onion green tops and place remainder in a large bowl with cabbage, sweet potato, bean sprouts and crab meat. Sift flour over vegetables then mix to combine. Break egg in a cup with 1/4 cup water and whisk with

a fork. Pour over vegetables and stir well to form a dry mix.

Heat a large non-stick frypan over medium-high heat and spray liberally with oil. Place 1/4 mixture (1 cup) on one side of the pan and press down with a spatula to create a pancake of 1 1/2 cm thickness and 10cm diameter.

Add another 1/4 mixture to the pan then place lid on and turn down to medium heat.

Cook for 6 minutes or until the bottom side is golden and firm.

Lift each pancake and spray with oil then flip and brown on reverse side for 4 minutes.

Transfer to a plate, keep warm and repeat with remaining mixture.

To serve, thinly spread each pancake with a teaspoon of hoisin sauce and sprinkle with reserved spring onions and pepper.

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*Flying Fish*

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It was time to go back on the **MARKET TRAIL** and we couldn't resist calling into the one in the old cheese factory in Myponga. It's not your average totally fresh fruit and veggie kind, but a sea of gifts. And dare not we call it junk, we were told.

# John, Paul, George, Ringo and Rick

It's called the room of strange things, and it sums up what this intriguing market at Myponga is all about – definitely for the diehards who live by the theory one man's junk is another man's treasure.

Here, you can lose yourself in a fabulous maze of interesting old wares, books, trinkets and much more, and the man behind this particular section is Rick Ianson, who has been coming here every Saturday, Sunday and public holiday for nine years – he only misses when there is a Crows game on. We said it was strange.

The market is the site of the old cheese factory, and Rick started with a small section, took over the room where you can still see the old machinery and steam generator, and branched out even further to accommodate a brilliant record collection. You just hope the other stall holders love *The Beatles* because their old vinyl records go on and on – and for a good reason.

"The records are my biggest seller, and *The Beatles* are the most popular," Rick said. "I buy and sell them, and the popularity is getting stronger." They must be; a secondhand *Revolver* (1966) LP goes for \$60, and track four is appropriate for this market: *Here, There and Everywhere*.



"We also have a lot of LPs of the *Rolling Stones*, *Pink Floyd*, *Led Zeppelin* and all the other biggies," Rick added. "Everyone loves music. You would be surprised how many people take photos of the wall covered in

pictures of albums and rock stars." Rick also sells jewellery, ricks, fossils, seashells, books, DVDs, cups and saucers, and you name it.

Dare we call all this stuff junk? Rick frowned. "Definitely not," he says. "We sell gifts."

Rick said he loves this market because it is so unique in many ways. "It's all indoors, and there are so many different things that you can buy.

"The market is owned by the Smiling Samoyed Brewery, which is currently out the back. But everything is changing... the

brewery will be extended through the centre of the main building and will offer really good food and licensed facilities. Everyone in the market will benefit; it's exciting and it will be really good for the town."

Come next Easter when Rick celebrates his 10 years in the market, there will be even more LP covers on this magnificent wall of music history. We can say with great authority that Justin Bieber and the boys bands of this world won't be featured. Myponga is not ready for them yet, thank goodness. It's why people love to experience this market with a difference. ■

Please support your local market. e: [info@coastlines.com.au](mailto:info@coastlines.com.au)

## Saturdays

**Inman Valley Art Craft & Produce Market:** First Saturday of the month, 9am-1pm Inman Valley Memorial Hall.

**McLaren Vale Market:** First Saturday of the month 9am-2pm. McLaren Vale Institutional Hall, Main Road, McLaren Vale.

**Mount Compass Market:** First Saturday of month 8.30am-12.30pm, Sam Court, Mount Compass.

**Myponga Wholesale Country Market:** Weekends and public holidays (excluding Christmas Day) 10am-4pm Old Myponga Cheese Factory, 46 Main South Rd. Myponga.

**Port Elliot Market:** First and third Saturdays of the month 9am-2pm June Lakala Reserve, Rosetta St, Port Elliot.

**Victor Harbor Farmers' Market:** Every Saturday 8am-12-30pm Grosvenor Gardens, Torrens St, Victor Harbor.

**Victor Harbor Indoor Craft & Plant Market:** First Saturday of the month 9am-3pm at the RSL clubrooms, Coral St, Victor Harbor.

**Willunga Farmers' Market:** Every Saturday, 8am-12.30pm Willunga Town Square.

**Willunga Green Light Eco Market:** First and third Saturdays of month 8.30am-12.30pm cnr Aldinga & Main Rd, Willunga.

**Willunga Artisans' Market:** Second Saturday of month, 9am-1pm Old Show Hall, Main St, Willunga (opp Willunga Farmers' Market).

**Willunga Quarry Market:** Second Saturday of the month 9am-1pm. Aldinga Rd, Willunga.

**Yankalilla Craft & Produce Market:** Third Saturday of the month, 9am-1pm Agricultural Hall, Main Road, Yankalilla.

## Sundays

**Cape Jervis Market:** Second Sunday of the month from September to May, 9am-1pm, in and around the Cape Jervis Tavern.

**Goolwa Wharf Market:** First and third Sundays of month 9am-3pm at reserve by Goolwa Wharf.

**Kangaroo Island: Penneshaw Farmers' Market and Penneshaw Community Market:** First Sunday of month 9am-1pm. Penneshaw Oval (Oct-April).

**The Vale Market (McLaren Vale):** First and third Sunday of month (September-May), 9am-1pm. McLaren Vale & Fleurieu Visitor Information Centre, McLaren Vale.

**Myponga Wholesale Country Market:** Weekends and public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

**Strathalbyn Market:** Third Sunday of month 8am-2pm Lions Park, South Tce, Strathalbyn.

**Victor Harbor Country Market:** Second and fourth Sundays of month 9am-4pm Soldiers Memorial Gdns, The Esplanade, Victor Harbor.

**Victor Harbor Natural Resource Centre's Market of Earthly Delights:** A veggie/produce swap market. First Sunday of month 1pm-3pm at The Encounter Centre, Armstrong Rd, Victor Harbor.



A new column that unashamedly gives free plugs to help other small businesses (the strength of our country) organisations and quality people within our community.



### Here to stay

If you support local fuel outlets you would know David and Karen Jennings (pictured above) from their six years at the Liberty station in Victor Harbor. Now they're spending quality time (so to speak) in the Victor Harbor City Inn – their new business venture.

They took over this landmark in Ocean Street in August. The motel has been around for almost 50 years, and previous owner Alex Schumann completely refurbished the place again with new TVs, beds and bathrooms – it looks magnificent.

Look for some new signs a fresh coat of paint and definitely very friendly service. It makes a nice welcome to our visitors – and locals.



### Match this...

Well done to one of our treasures – Vicki Matchett, CEO of Matchett Productions, who is widely described as a 'Fleurieu Peninsula chef and Yippy farmer'.

Vicki picked up three bronze medals at the 2015 Royal Melbourne Fine Food Awards for her *Matchett's Lust* made from smoked chipotle peppers, red bell peppers and tomatoes (that's hot lust), *Matchett's Bad*

**Info lines**  
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*Sally*, which is described as a naughty balsamic reduction, and Matchett's Oatmeal Water Crackers, a unique classic all-butter triangular shaped biscuit.

The success follows two medals at the Melbourne show in 2014, and two silver medals at the 2014 Sydney Show – a fantastic effort, and watch this space for more awards.



### Winner, winner...

This week's prize of a free copy of *Coast Lines* goes to TJ (only her grandmother calls her Tiarnie Jane) and Peter Marks (pictured) for having a brilliant business name: 21 Junk Street.

It's on the left going into Yankalilla from Victor Harbor, and there is a shed at the back with some superb retro gear, and a fabulous shop at the front that sells tea & coffee, raw cakes (non-baked), bone broth, healthy food that TJ loves, normal foods like toasties that Peter can't resist, and the world's best iced coffees.

They once made plenty of dough here – it was the original bakery in Yankalilla – Frank Linney's Bakery, Opie's Bakery and the O.K.

Bakery with the original glass door still at the front. TJ is not sure of the history of these bakeries, so please help her if you can. She would also like to copy some old photos of the bakery and from around the town to make this place a real tourist gem.

They're a beaut couple, who opened the old wares shed in December and more recently the coffee shop. They're planning to have decking outside to serve simple breakfasts on the weekends. Believe us; you've got to try the iced coffee.

### Beware

National Broadband Network is coming near you, and even if you want to keep your existing structure you will have to pay when everything changes completely by late next year.

But no matter what, don't necessarily believe the telemarketers who call; there is no such thing as a free installation. Get the low-cost plan and you don't get the full benefit. It's as simple as that.

You need to deal with someone face-to-face whom you can trust, and there is no one better than Max Bell, who supports the community and is reliable. He's at The Office Shop in Coral St, Victor Harbor. T: 8552 2177

### More medals

Rebekah McCaul reports news of more gold medals with Alexandrina Cheese Company having won with its Gouda.

The outstanding recognition came at the recent 2015 South Australian Dairy Awards gala dinner, and Alexandrina Cheese also earned 12 silver medals for a variety of other dairy products.

These awards follow picking up the Champion Cheddar in the 2015 Australian Grand Dairy Awards, and Champion Milk in the previous year's national awards. Well done cheesemaker Dan McCaul, and daughter Rebekah, who does so much to promote local products.



An invitation to to all...

## 1st Clayton Bay Waterways Exhibition

*Our connection with the River Murray*

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# Three free wheelin'

**T**rike me pink! The third biennial Aussie Trikefest is heading to Victor Harbor on October 28.

About 160 trikes from across the nation will descend here for a tour and a show 'n shine on Warland Reserve on November 1, and it promises to be a huge event.

Organisers Rod and Julie Ness, owners of a local fresh fish shop, the Pirate's Seachest, were in Tasmania for the last event and floated the idea of holding the third Trikefest here. Various group rides have been organised for the Friday and Saturday around the Fleurieu Peninsula, Adelaide Hills and the Riverland.

"Everyone jumped at the idea to come to Victor Harbor, and for most it will be their first visit here, which is great for the region," Rod said.

"The first Trikefest was held in Alice Springs in 2011 when a bunch of trikers with a common interest get together to enjoy riding around the country, seeing new things and talking a lot of trike stuff."

There are about 50 trikes in South Australia, and Rod was the second to own one in the early 1990s. He is also an agent for trikes in SA, and has seen them emerge from VW motor to SAT motors and now to Ford and Peugeot motors.

Rod and Julie recently rode one of the new Boom Mustang ST1 trikes from Perth to Victor Harbor. "It was fantastic," Rod said.

"The ST1 Mustang was imported from Germany. It has a 1.6 lt Ford fuel-injected motor and it handles the road like a Formula 1." But, of course, these trikes certainly don't race like a F1 – the focus is on cruising and most of all road safety.

*If you're interested in becoming a trike owner and enjoying a truly unique experience, contact Rod on 0429 192452. ■*

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Your local team (from left) Shane Mitchell, and proprietors Steve Conder & Tony Caruana



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