Coast Lines
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IT’S SPRING

September is about awareness of health issues like asthma, heart care, prostate and dementia. It’s also time to think about saving the koalas, talk about suicide with someone at risk to reduce the chances of them taking their life, and how you may make a child’s life suddenly become wonderful through foster care. Then sit down on September 29 to celebrate International Coffee Day. And here’s one for the teenage kids... It’s Social September by the magnificent Reach organisation that encourages us to disconnect from our digital lives and reconnect with each other face-to-face. socialseptember.com

Sept 11: R U OK? Day:
www.ruokday.com
Sept 29: National Police Remembrance Day:
www.auspol.org

Month
Prostate Awareness:
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Save the Koala:
www.savethekoala.com
Big Heart Appeal:
www.heartfoundation.org.au
Dementia Awareness:
www.fightdementia.org.au
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Childhood Cancer Awareness:
www.cancer.org.au

A magnificent shot of the Goolwa Bridge by acclaimed photographer and cinematographer David Hancock as part of his remarkable Birdseye View Project. FULL STORY 16-17

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A young Rocker ’n old Roller

Little Max Mallia turned six years old last week, but he’ll take the stage for the third time in the fifth annual rock ‘n Roll Festival in the heart of Victor Harbor on September 19-20. And at the other end of the scale is 76-year-old Billy Orr – the oldest rocker rolling around here – who will be strumming his hot red Fender Stratocaster guitar with the Bobby Dee & The Decibells, just like he did with Australia’s legendary rocker, the Wild One Johnny O’Keefe, before his death 37 years ago this October. No one is more proud when Max goes on stage with the Pumpin Piano Cats than his dad, Jess, who has been one of the best rock ‘n roll DJs around for the past 20 years. “Max is still learning and he needs a little prompting at...
We’ve turned four, and thanks for your support

Coast Lines has turned four-years-old and we thank you sincerely for being with us.
We have evolved from 16 pages (12 of them mono) and distributing 800 copies to going offset and printing 32 pages all in colour and giving away 5000 copies across the Fleurieu Peninsula.
We like to think our core values have not changed – still no politics or anything the slightest controversial – just stories on people, places and events, some fabulous recipes from Mrs Eatwave, plus pathetic and lame jokes. This is your magazine – we hope you like it and makes you feel proud.
Sincere thanks to all of our advertisers who make this magazine possible, the 100-plus businesses, schools, tourist centres and caravan parks from where we distribute Coast Lines, our amazing and kind friends on Facebook, subscribers, the team at SA Design & Print – Geoff & Sue McRostie, Todd, Nic and Mike who have always been so professional – and all our valued readers. We hope you enjoy Coast Lines as much as we do presenting it despite constant interruptions from Lucy the old cat.

Ashley & Jenny
Publishers

Friday Tapas at Anchorage
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Billy Orr, a member of the Bobby Dee & The Decibells.

the start, but when he fires up he gets right into the music,” Jess said.
“It’s what he wants to do; there has never been any parental pressure.
“I guess Max was always around from an early age when we’d be jamming at home, and even at two he’d grab the microphone and say ‘let me sing, let me sing’. Like a real showman, he just loves performing before a crowd.”
Jess, 50, who played in some great bands of the era like the Stray Cats, said there was no doubting who was Max’s favourite singer and song. “Definitely Jerry Lee Lewis and one of his great songs Great Balls of Fire,” he said.
It’s a a fabulous shakin’ and jivin’ weekend, which really starts on the Friday night with performances at the Crown Hotel and at Warland Reserve. On Saturday the cruisers – magnificently presented vehicles and bikes with their shiny chrome – will greet Ocean Street and the main stage area at Warland Res, and right through the day and late evening there will be super DJs and bands like Andy & The Rockits, The Customlines, The Satellites, East Texas, Puffin Billy, The Shakers and, of course, The Party Cats and Bobby Dee & The Decibells playing at various venues including the Grosvenor Hotel and the Victor Harbor Golf Club.
Come Sunday, the big bands are The Gospel According to Elvis (of course), Andy Seymour & The Rock of Ages Ensemble, and Itchy Fingers. While the Festival focuses on rock ‘n Roll with some amazing dancers hitting the smooth floors, especially on Sunday afternoon, the classic and custom vehicles will certainly grab plenty of attention.
And so will Max when he gets up there and shakes the place down. Come Monday morning he’ll be just like any other Reception kid in Prospect – tired. It’s not easy being a Rock ‘n Roller. Just ask Elvis if you spot him in McDonald’s.

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So, who’s the real crash dummy?

Tomorrow and next Friday won’t be easy again for the crash dummy of Victor Harbor. For the past three years he’s stood there on the road as part of a driving demonstration on how far it takes to stop a car at various speeds, and each time the paper mache inside a wet suit has been splattered. Rather chilling actually, as will be another four presentations for 280 Year 10 students from Victor Harbor High, Mount Compass and Yankalilla area schools, Investigator College both campuses, and those from the brilliant Flexible Learning Options program.

It is part of a national campaign called RYDA – Rotary Youth Driver Awareness – and locally presented by the Rotary clubs of Encounter Bay, Goolwa, Victor Harbor and Yankalilla which share the costs of almost $7000. For this, the kids get a feed and a lesson of a lifetime.

And those of us who have seen a few winding roads in our time, we say: “great... today’s young drivers need something like this”. They do, but when Shane Wade, who with other local driving instructors Sue Healey and Ray Barlow plays a big part in this course, explains how us older drivers are repeat offenders of slowing down but never stopping at the Torrens St and Crozier Rd intersection like we should, it is a reminder that we all could do with a road safety lecture.

Bob McFarland, a member of Encounter Bay Rotary and co-ordinator of the local program, said the theme of the program was Your Life. Your choice. “We are not going to teach the students how to drive; we just want them to think about driving,” Bob said. “You can teach them the basics of driving, and what we are trying to do is send them out with the right attitude. “You cannot quantify or qualify the impact of the program. All you can do is hope that we have got messages across to these kids. The satisfaction we get is that we feel we have equipped them better to drive well.”

Shane said today’s youth needed driving instruction more than ever, not because they were more irresponsible than perhaps some of us were at their age, but due to the condition of roads compared with years ago. “Everything has changed,” Shane said. “About 30 years ago there were only a third of the cars on the road, 25 per cent fewer road rules, street signs and all the hazards that go with them, and probably 75% older people on the road. It is harder now; there are so many more obstacles.”

Shane said the overwhelming thing new drivers need to understand is the reaction time and stopping distance – how long it takes to see a hazard, to move your foot across the brake, break, slow down and bring the car to a stop... how long you actually travel at certain speeds for that to take place.

“It surprises the kids,” Shane added. “It gives them a good understanding how they need to be alert at all times. “I enjoy working with youth, and I can appreciate the importance of this scheme and learning to drive well. Driving is a skill... it needs to be developed and not taken for granted.”

Bob, 74, said the five presentations were each vital learning tools before taking on our roads, and while he has an impeccable record as a safe driver over the years he said each RYDA program made him think more about road awareness and safety. The emotion has ran deep too when a now-retired police officer talks of the time he took his son to play football and late that night had to knock on a door to say the full forward had been killed in a car accident.

Bob also feels for a local person who years ago was on the way home from a game when the driver leaned across to change the radio station and our man woke up six months later. “He can only talk in a slow manner, and says things like, ‘I will never have a family, I can’t work, I will never have a wife’, and so on,” Bob said. “All of a sudden the kids have grief and despair on their faces. And the kids think about another presentation on how many people are also affected when someone has an accident.”

We could fill this magazine with examples or lectures for young and older drivers, but as Bob and Shane stress, it’s all about attitude. The My Life. My choice options are really for young and old.

The good news is that our Rotary clubs work hard in a widespread quest to reduce the number of times our police need to knock on doors on a Saturday night. This alone should make you want to buy a Rotary raffle ticket.


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“Over 300 rentals managed and always looking for more”
With large rubber tyres, it resembles more a retired armoured vehicle than the train it was supposed to be, but a purpose was served; the daily express to Granite Island.

For 30 years from 1956 this unique-looking truck or van powered by a Land Rover diesel engine towed carriages packed with tourists, and became a unique part of Victor Harbor’s history until it was replaced by those magnificent Clydesdales in all their splendour.

Continued P8
Members of the Southern Fleurieu Historical Museum’s carers and restorers, Colin Ekers (left) and Deane Perry.
From P6

And for almost the next 30 years it sat lonely in a paddock in Inman Valley engulfed by weeds until its owner Rudi van der Brook contacted the blokes at the Southern Fleurieu Historical Museum at the Port Elliot Showgrounds and asked whether they would like the challenge of restoring this rusting treasure. A daunting task indeed, especially when the volunteers didn’t have a workshop at the time and were in the midst of shifting the museum to the other side of the showgrounds. Finally, this truck that thinks it’s a train (and we’ll call it that) found its new home four months ago. The team has won a race against time, beautifully restoring the original carriages so they will be operational again during the 139th Port Elliot Show on October 10-11, only this time pulled by a TE20 Ferguson tractor, which hasn’t been used since 1983. And with financial support, and especially a lot of luck, the train will be ready next year. The energetic Southern Agricultural Society committee, which presents the Port Elliot Show, was planning to again have Clancy the Train providing rides for the kids, but when Museum committee member Colin Ekers, whose contribution has also been extraordinary, suggested to restore the carriages it was ‘move over Clancy’ and full steam ahead in the workshop.

Great work, and the old carriages will add something special to the show, which already has been decked in success since 1889 – and is widely regarded as the best rural agricultural show in the state. Of course, there will be many other features of this annual family favourite outing, including the dog show, cattle show, horses in action, beef cattle and sheep parades, and prizes keenly judged and awarded to the best cake decorators, needleworkers, cooks, craftpeople, woodworkers and... the list goes on. It’s what great shows are all about – embracing what it has to offer. One hopes that the many thousands who attend this one also take time to have a good look at the museum and appreciate the work behind every intricate detail of each piece. They will see things like Joe Barton’s sulky made in Port Elliot by the Barton brothers including Joe’s grandfather. At 98 years-old, Joe came here to unveil the restoration craftsmanship last April. There’s also Des and Margaret’s horse-drawn milk cart they used to deliver milk around the town, and now they’re here working for the museum.

“We have cabinet makers, builders, engineer and electricians here,” Deane says. “We’re lucky that we cover such a wider variety and all the blokes have got their own little interests. They put a lot of love, work and care into restoration. We have blokes who just love doing up buggies and wagons. “There was a hay bailer that took two years to restore, mainly because when we took it apart and had the parts neatly set out to make it easier to put back together, the fellows were in such big a hurry to shift things to the new shed they just packed it all up and dumped it in a heap. It is ready to be used again in season, cutting a few acres and bailing hay.”

Deane said he was never an enthusiastic collector of old wares or a visitor of museums in his younger years. “The problem I had with them was that a lot of their gear wasn’t being restored or looked after,” he said. “I could see that in another 40 years all that stuff was going to be useless because it had been sitting outside and not protected.” Deane hesitated at first, but said if there were a special item in this museum it was the old piano, and it was easy to understand why. “My grandfather wasn’t a resident of Whyalla... undeveloped country and they put a lot of their gear away,” he said. “I could see that in another 40 years all that stuff was going to be useless because it had been sitting outside and not protected.”

Deane’s grandfather was a piano collector and family at Yongala in the mid north where my mother was born,” he said. “He used to always play the piano when they shifted to a property at Mulaquana south of Whyalla... undeveloped country and they...
lived in horrendous conditions. “In 1926 my grandfather had an accident with a shotgun and blew his left arm off. I can still remember my mother telling me about the incident, and it seems he rode his horse back home holding his arm that was just hanging by a couple of sinews. “They then had to take him by buggy to Port Augusta 70 miles away and he pulled through. He became stone deaf from the incident as well, and he lost his arm. But he still played the piano with his right hand. “As kids, we’d go up to Whyalla and listen to him playing his little ditties. I have got those memories, so the piano is dear to my heart. It travelled around when my grandfather shifted and my mother ended up with the piano. And no, I cannot play a thing.” Bus loads of tourists from the city will be visiting the museum every day through September, but normally it’s only open 10am-3pm Thursday and Sunday. It’s just $5 per adult and $2 is you’re under 14. The kids love all the old stuff; the displays, but the blokes who volunteer here treasure most the visits by the kids from the special needs class at the adjacent primary school. Some people don’t like museums because they prefer to live the day, but Deane and Colin explained that these special needs kids add a whole new meaning. “It is very hard to pass on how things worked if you don’t have them to show, and a good example is the program that we have with the Port Elliot Primary School,” Deane said. “Some of the kids that have learning difficulties come over here once a day a week and we try to get them interested in an item to do up. “This day the fellas had just worked on some old machinery, and the kids were looking at it so we showed them how it worked. “When we actually pointed out how all the pieces of steel work had been handmade on a forge, you could see them thinking and asking things like, how could you start to make something like that? We explained it wasn’t just the making of it, but knowing how to make it and how it worked. “Most kids today would not think about that. You could argue whether that is important or not, but it concerns me a little that the knowledge kids get today is all off a computer, and they don’t understand how difficult things from the old days were to make. I think it is important.” Colin said how the students helped to make a horseshoe on a forge. “The kids were pumping the coals as hard as they could,” he said. “It was about learning and enjoying.” When the museum started there were four or five people involved, and now there are more than 40. They have a great time, achieve a lot, and right now their passion for this truck that thinks it’s a train has never been greater. The train doesn’t have a name. Maybe we should call it James Deane, an actor of its era... he too was a rebel without a causeway. □
The Mister Chefs at work... Linda Mullen with participants (from left) John Hansen, Deane Tonkin, Terry Marsh and Jeff Sparham.
They’re just your ordinary blokes learning to cook every-day meals, but when they set their minds to it they can whip up a delicious and healthy dish. Meet the...

The Mister Chefs of Yankalilla

They might be Mister Chefs but when it comes to cooking in the kitchen there are no rules – simplicity is the vital ingredient. It’s all about enjoying cooking, eating healthy food and meeting some great people who may also lack the confidence to take on the culinary challenges that frighten most.

Welcome to Linda Mullen’s monthly cooking class for blokes in the Yankalilla Youth & Community Centre on a Monday morning. And good on ‘em for wanting to learn new basic skills in the kitchen.

This fabulous program, which began earlier this year, is presented by the Yankalilla Council, and team leader Claire Taylor said the response from the community has so far been terrific.

“We had a Fleurieu Foodies group involving cooking for men here some years ago, but it fell away for whatever reason,” Claire said.

“Like a lot of things, we started this men-only cooking course as a trial, and it has really picked up with at least seven turning up and a maximum of eight every month.

“There are a lot of men – and women for that matter – who for whatever reason did not learn cooking skills when they were younger, and taking basic lessons with others in the same kitchen has encouraged them to learn.

“We have had really enthusiastic support from the management at Council, which subsidises this program, although it costs each person $15 a session. At the end of the lesson the men get to sit down and enjoy what they have cooked, have a real good chat, and get to take something home as well so it is excellent value.

“Some of the men have been widowed or simply live alone. For some, including those married, this is about connecting.”

The Mister Chefs learn the basics about nutrition, and even things like setting the table including putting out the salt & pepper and what knives and spoons to set, preparing and serving, and even doing the dishes. They get print-outs of the recipes to take home and talk about what they would like to cook in the future.

Claire said it all started with a ‘learn to fillet fish’ demonstration, and the interest was so positive the need for cooking classes was obvious.

Linda, who is contracted to conduct the course and has worked in the hospitality industry for more than 30 years, said no one was made to feel inadequate in this kitchen.

“We help each other and have a lot of fun,” she said.

“The guys do alright, they really do. I always believe that if you can read you can cook because basic recipes are easy to follow. Of course, there are very complicated dishes, but the day-to-day home meals can be easy. Most people think cooking is harder than it is going to be.

– Team leader Claire Taylor (pictured left)
“The biggest problem with home cooking is that we buy packets for everything from supermarkets and forget about the fresh herbs and spices and things that are fresh. The difference between something with freshly ground spices is just amazing – you must try it.”

Participant Jeff Sparham, of Normanville, said he wanted to extend his cooking knowledge so he could feel confident in the kitchen when his wife was not home.

“This is a great way to meet people,” Jeff said.

“I’ve discovered cooking is not hard... I think it’s more about being frightened to burn something.”

The blokes whipped up a delicious Ratatouille – and not the Disney Movie kind – this particular day, plus a casserole of potatoes, and rest assured the fancy names sound a lot more complicated than they are to make.

Claire said the program would be expanding to include casual cooking classes for both men and women. Good news – curries are on the menu for this Monday’s session from 10am-noon costing just $5. There are also plans for cooking classes for youngsters during the school holidays.

Once again, it’s all about getting a bit of encouragement to have a go in the kitchen. There is no ranting and raving by chefs most people here have never heard of, no flying pots and pans and no outbursts of tears and emotion explosions.

The participants also learn things like basic hygiene and safety in the kitchen.

Claire said the popularity of cooking shows on television had encouraged a lot of people to try cooking, but in this program there was no harsh judging. Mind you, there was a speck of gravy on the edge of Deane’s plate of Ratatouille so we took off a point, but we gave him top marks for taste and definitely for effort. Well done (but not overly cooked).

... try this simple, tasty and healthy Ratatouille dish the Mister Chefs learned from Linda at the Yankalilla Council’s cooking class

Ratatouille

Method

Pre-heat oven to 180°C.

Heat oil in a large heavy based frying pan and brown vegetables in turn, cooking quickly and placing them in an ovenproof casserole dish as they brown (add extra olive oil if necessary). When all ingredients are browned, add wine and seasonings to taste.

Cover casserole dish and cook at 180°C for approximately one hour, or until vegetables are tender. Adjust seasonings if necessary and serve hot as a vegetable (serves 6-8), or cold as an hors de’oeuvre.

If you would like to attend these cooking courses contact Claire Taylor on 8558 0264 or enquire at the Visitor Information Centre on the main road, Yankalilla. e: clairetaylor@yankalilla.sa.gov.au
What our residents say about Lakeside Goolwa

Who better to ask about living at Lakeside Goolwa than the residents themselves? The classic quote was: “Where do I start when I have so many good things to say about the whole Lakeside Goolwa Experience?”

The Lifestyle

“ We own a small boat that has got plenty of use in the marina.”
“We’ve got the best of everything – the river, ocean, real country atmosphere and wineries.”
“It’s the lifestyle that keeps us young.”
“I feel like I am having a permanent holiday in a resort.”

The Home

“We came and saw the display home and fell in love with the place.”
“We own the home and have that all important security.”
“I loved being able to add my own personal touches and the flexibility to change the layout to suit my needs.”

The Lakeside Goolwa

“The advice given on preparing my home for sale and negotiating the price was a huge help in getting a successful sale of my old house.”
“Listening to people from other villages, they envy the relationships that we experience here at Lakeside Goolwa.”
“My main reason for choosing Lakeside Goolwa was the dedicated family that is developing the village.”
“I am in a wonderful environment and amongst friends.”
“There has always been an environment where I can deal personally with any of the management team.”
Proud members of the Port Elliot RSL Sub-Branch (from left) Russell Blakeway, Kevin Robinson, John Lane, Alan Oliver, Bill Haines, Russell Farr and Jim Chiverton.
A Letter from Home:

Dear Pte Hussey...

At precisely 2.45pm on the first Friday of each month they gather in a stately building on The Strand – our first local courthouse, built in 1866 – to conduct a meeting and recite the Ode of Remembrance. They are members of the Port Elliot RSL Sub-Branch – all seven of them. They include Russell Blakeway, 92 next Tuesday, who proudly served the Royal Australian Navy on the HMAS Warramunga and is the only surviving club member from World War II. Small in numbers they are, yet amazingly these magnificent seven are creating a first in the 100th year of our Returned Services League, one which promises to further touch our hearts.

Local returned service people who were prepared to sacrifice their life at war are honoured in Port Elliot's Memorial Gardens at Horseshoe Bay – categorised in their specific roles like machine gunners, infantrymen and so on. While working in scorching heat last summer, drilling holes in concrete to affix plaques, Alan Oliver, president-secretary of this sub-branch, realised there was no recognition for those who served as a stretcher bearer, and there was one from here.

Alan recalled: “I was working with Will Hendriks, who made the plaques, and I turned to him and asked: “What about Pte Hussey?”

“We agreed that when you look at history of the First World War, and how things worked, they were the guys who went in, unarmored and carried all the wounded people out under fire. I thought they should be represented, and we had Pte Hussey.”

According to Will, it was this inspiration that led to Alan’s original idea of a Letter from Home concept to honour all stretcher bearers through the memory of field ambulance driver Private Herbert Bindley Hussey, a pint-sized hero who served in France in World War I, including the Battle of Somme where Great Britain alone suffered 60,000 casualties on the first day which remains a war record. Upon returning home, Hussey was widely acknowledged as a leading pioneer of Australian aviation with Qantas, as noted in Richard Kleinig’s meticulously recorded book A Guide behind the Lines.

The Letter from Home is a proposed sculpture – almost three metres wide – designed by Will depicting Pte Hussey resting in a shelter amidst debris reading a letter. There is a red cross at the front indicating the soldier is a stretcher bearer. At the back of the sculpture there is a field of symbolic crosses with plastic sheets inserted to make places where the community, particularly schoolchildren, can write a letter to the soldiers making the project an interactive sculpture.

Will, who was the artist for the Department of Defence in NSW in the 1970s, said if the sculpture was built it would be placed in the Horseshoe Bay look-out along the path and become a community gathering place encouraging people to look at all the plaques. The sense of uncertainty is based on the fact the Port Elliot RSL Sub-Branch is awaiting the outcome of an application for a $20,000 state government grant. The project is actually worth $50,000 when taking into account government grant. The project is actually worth $50,000 when taking into account government grant. The project is actually worth $50,000 when taking into account government grant. If the grant is not forthcoming, the outcome of the sculpture will be an interactive sculpture.

Will said the bricks or debris will be made from chunks of solid steel welded, and the actual sculpture would be done in alloy aluminium.

“There is also going to be a section painted by a local artist of Aboriginal background whose family was also involved in the war. He is going to make the flag look tattered and old, as they were in the field. There is 20m thick mild steel plate at the back.

“The sculpture itself will be first carved in plaster and cut into sections from which moulds will be made. It will have a coarse finish; I don’t want it to be shiny. Only the front part of the helmet will be polished so people will feel they want to touch it.

“You can imagine the colour of the rusty steel, the aluminium, the flag and the lettering and crosses all in brass. It will have a beautiful effect and an antique feeling which really fits in with the Soldiers’ Garden.”

Alan said it would be nice to be able to respond to the letters placed inside the memorial on behalf of the memory of the soldiers, but with such a small membership it would be impossible. “I am the youngest, and I am only 80,” he said. “We wouldn’t be able to do it.”

Will is hoping people will also simply leave some flowers at time-to-time. “It would be nice,” he said. “The wonderful thing about this Letters from Home is that this gentleman (Alan) came up with the idea, and it encourages people to talk at home about the Anzacs, which is the whole reasoning behind this piece.”

The amazing passion among within the Port Elliot RSL Sub-Branch, indeed the local community, in regard to honouring the those who served is also clearly demonstrated each Anzac Day where more than 1500 people gather for the Anzac Dawn Service. You see Will’s amazing passion for art across the south coast, but he merely describes himself as “just a humble little artist”. He adds: “Alan was the total inspiration for this work... he motivated me as an artist to say, hey, this is a story that actually happened, and out of that came the feeling.

“As an artist, that is what life is all about. A true artist has to be honest about where the feelings came from, how it starts and how work comes about. It just doesn’t come out of fresh air.”

This project has a good feel to it all... the spirit of all those who served, and it was there too at this particular Friday afternoon meeting of the sub-branch when they stood there silently remembering the fallen. It makes you wonder what Pte Herbert Bindley Hussey would have written back to these humble gentlemen. ■
For five long and incredibly emotional years David Hancock sat with his dying wife Michelle in clinics staring at white walls. The conversations with caring friends visiting her in hospital seemed the same with every visit; usually about a nonsensical article in a gossip magazine on the table.

It was then that David, an award-winning cinematographer and photographer, thought how nice it would be to instead look at a giant panoramic view of where they were raised and relive the memories. “It is about creating conversations and smiles,” he said.

Michelle died from cancer aged 36 in 2010 leaving two children, and now with amazing encouragement and strategic support from his new partner, Anne Gibbons, David has begun an adventure to bring to life two-metre chrome-finish images so they cover all kinds of walls of gloom.

It is called the Birdseye Project, capturing some magnificent images from the sky using state-of-the-art cameras from a helicopter, drones, helium balloons and even kites. The mission began this week from his Goolwa home and in Noosa, eventually meeting up in Hay and West Wyalong and returning to cover two seasons with all their spectacular colour and ever-changing environments.

There is a commercial component to the project which will take 18 months to help meet the exorbitant costs, and while significant funds have already been raised by providing services to clients and sponsors, David is aiming to raise another $50,000 to meet the not-for-profit aspect relating to the boring wall challenge.

“The Birdseye Project all started from sitting there in Daws Road House with Michelle night after night, week after week,” David said. “It was a dreary drab place. We called it Hotel California (song) because you could check out any time you want, but you are never going to leave.

“It is also a beautiful place, very caring people, and I was really taken by a lot of people’s kindness including the staff – the nurses, carers, volunteers. It was unbelievable; you don’t realise how many people are actually giving up their time to help so many.

“As we were sitting there it was dark and like being in a dentist chair looking at a poster cut out of a newspaper. I thought, I want to leave something behind. I wanted to present a big picture with ‘love from Michelle’ on it.

“I have always said that a good image should create emotion; it shouldn’t be about, wow, that’s a nice car or whatever, but creating whatever you designed it to be. I believe it is the duty of a photographer.”

David (pictured) said aerial shots were traditionally done from a helicopter, meaning you could not go below 500ft. “You are always looking down, and the shots are map like; one dimensional,” he said.

“The only time that changes if you are shooting something high, say a mountain range; you come down to a height where you can shoot through it and get depth that gives more of a 3D look.

“Shooting low altitude aerials means we are sitting 200-400ft mark which gives us that perfect kind of depth and makes them pop out of the landscape... you can see the shadows and all that stuff.

“We also use four massive helium balloons with a platform on the bottom to carry the camera, and that way we can do the panoramas. Drones are great, but they need batteries and these shots take a long time.

“When you want to shoot in the suburbs there are a lot of rules and regulations – you cannot get a chopper in low or use drones
in certain places so we adapt by using kite
cams, which are used extensively in Europe.
That way you can fly over practically anything
without risk, whereas if you are taking a
swing shot on a golf course and it goes wrong
it can be damaging to the drone and upset
the golfer.”
David is hoping to be able to present the first
large image from the Birdseye Project to Daw
House Hospice – if it is retained.
“We have been asking for people’s ideas, and
one girl from Tailem Bend, who is undergoing
breast cancer treatment right now, wrote to
me and said this is fantastic… it would be
amazing to just brighten up the room,” David
said. “We are asking her to pick the first place
we should provide a new wall. I like people to
be involved.
“It doesn’t have to be a chemo ward; it
can be anywhere that is dark, gloomy and
perhaps depressing. We are trying to bring
photography to life in what
can be a dying
environment.
“It is photography,
but I like to believe I am bringing
into a room
memories and
conversations.”
David has been
in this profession
for 35 years. More than 80 per cent of the
vision for SA Tourism we see on television
was created by him, and then there was
the extensive work for corporate giants like
Dulux and Santos, an occasional television
series and countless other major projects.
There was a time when he had three offices
around Australia, 16 staff and a crew of 64,
but everything slowly ended as he focused
on an even bigger five-year challenge –
supporting Michelle and raising two young
kids.
With help from Anne, David is now doing
new work for Tourism Australia, other clients
and smaller sponsors including the Victor
Harbor Council.
The Birdseye Project is not just about a
picture on a wall in a chemo clinic – for that
matter any boring white wall that appears
everywhere – but a reminder what beautiful
photography is all about… seeing life,
memories, and hopefully all smiles.

Images from the Birdseye Project. For more
images, information on how to become
involved, and how to follow the project with
almost daily image updates visit:

www.birdseyeproject.com
O
okay, Hindmarsh Island is not a town – it’s part of Goolwa – but there are a lot of misconceptions about this gem on the edge of the spectacular Coorong and the Murray Mouth that is surrounded by seven other islands. Ask the city folk and they only think of the Marina Hindmarsh Island and all of its magnificent houses and a flotilla of wooden boats, cruisers, fishing boats, ski boats and everything else that floats.

However, go past the turn-off and people here show you a completely different picture – the farms, vast grasslands and wetlands, places of the most significant history of this state, and historical buildings like the cheese factory and school. There is also a huge monument honouring Captain Charles Sturt, who was the first European to step foot on the island in 1830 – six years before Colonel William Light chose the site for our capital city after considering this region – and Captain Collet Barker, who perished a year later following his discovery of the Port Adelaide inlet.

There are hundreds of permanent and holiday places, and a two-time national award-winning tourist spot Narnu Farm where children and mostly the ‘big kids’ have learned to ride on a Palomino named Liberty so they can imagine moseying out to the Double R Ranch like Roy Rogers did with Dale Evans in his TV series 60 years ago. There are the traditional fishers like the Hoad family, and many other places of abode that help make up the character. Hindmarsh Island really has a wealth of diversity and natural charm, and the marina plays a huge part in building Goolwa’s reputation as a boating hub.

Dee-Anne and Garry Farrow planned to tour Australia just over 10 years ago, but when they stayed in the caravan park that Easter they never went further than the 80-acre property they bought down the road. “The holiday turned into 10 years of work,” Garry quipped.

According to Dee-Anne, it’s what this place does; you discover the island’s beauty and amazing serenity and you’re easily hooked like a giant mulloway down at the southern end of the 14.7km long and 6.5km wide island that is home to just over 1200 people and a gazzillion birds in a stunning natural wildlife environment.

“The island is diverse and it is how you see it, or want to make it,” Dee-Anne said. “For me, it is about some wonderful memories since I first came here on a school camp when I was 10, and often with my family as a 12-year-old. “There is a family photograph that to me epitomises what this place is about... my Auntie Kay, Aunty Bet and my mum sitting on park bench wrapped up in a blanket eating fish ‘n chips in the middle of winter. It’s the simplicity of it all. “As soon as you’d drive on to the island you would immediately feel like you were on holidays. The dogs, Beauty, Isaac and Mackie Kelpies always knew. Everyone felt safe because the ferry operators knew the locals, and if you were visiting you soon made friends with locals, and for me some of those close friendships have remained.”

“I can also remember as it were yesterday when we’d have New Year’s Eve parties on the ferry... there would be almost 50 people singing, dancing, drinking and having fun. We’d get there a half hour before midnight and people would pile on from both sides, and at the stroke of midnight we’d stop the ferry in the middle of the river. “I stood there beneath the bridge and cried when the ferry stopped.”

Ah, the bridge with the boring name – Hindmarsh Island Bridge – which took 20 years to build because of the marina development and objections, including accusations local Indigenous members, the Ngarrindjeri, fabricated the cultural significance of the island in order to help fight the development. It put Goolwa on the national map for the wrong reasons, and after a Royal Commission decided the Secret Women’s Business was made up, construction was blocked by the Keating government of the day but given the go ahead by the Howard government in 1996. The bridge was finally opened on March 4, 2001, and Dee-Anne said that most people felt that it was opened much earlier because of the exasperating controversy.
Fortunately, those issues have been long resolved, and these days Hindmarsh Island is being recognised nationally for its incredible land care work. “The first year we were here we planted 200 Melaleuca trees at the very end of the planting season and during the big drought,” Dee-Anne said. “Every year since we have planted an average 2000 trees each year, totalling more than 1500 trees over the 80 acres which includes wetlands and grasslands.”

The Hindmarsh Island Land Care group was formed in the mid-80s, and incredibly has planted more than 200,000 trees – and is going stronger the ever. The need comes from the pioneering days when settlers chopped most of the trees to fuel the paddle steamers, and the tireless efforts of today’s volunteers ranks among the most outstanding contributions to our environment.

After a national property slump, the interest in homes and blocks within the Marina Hindmarsh Island is buoyant, to say the least, while many are still chasing the two-acre blocks to find their perfect lifestyle. There is, after all, plenty to do, with Garry highlighting the benefits of being by the sea and the river, living in the heart of bushland, and the ability to go fishing, boating, skiing, sailing or whatever tickles you fancy, including motorbike riding and bird watching.

Further up the island there is access to Mundoo Island, another superb tourist spot which should be on everyone’s ‘must visit’ list. “And we’re only an hour from Adelaide,” Garry says. Garry says the hard work on the property is more like a passion in between working as a shed constructor, and Dee-Anne feels the same when not in her role as customer relations officer for the Goolwa & District Community Bendigo Bank.

And then there is their love for alpacas, indeed the tedious work in making the pin-up boy among the 17 alpacas, Windsong Valley Andean Regent, look his magnificent self. Laugh we may at this fellow’s name, but just be grateful we didn’t name the bridge after Captain John William Dundas Blenkinsop who named this place Hindmarsh Island.
Thick as a brick
While visiting Victor Harbor a tourist notices about a dozen people on their hands and knees crawling along Ocean Street with pencils and clipboards. “What are they doing?” she asks the bus driver.

The driver says: “Each year the council runs a competition asking new tourists if they can guess correctly how many bricks it took to finish paving the footpaths on Ocean Street.”

The tourist says: “I might enter this... do you know the answer?”

Feeling sorry for her, the tour bus driver answers: “Yes... one.”

Everything is under control
An 80-year-old lady goes to the doctors at Goolwa because she is a bit giddy, and the doctor is concerned about what medication she is taking and asks her to come back with it all.

A few days later the doctor sits down with her again, and diligently goes through the bag of medicines and prescriptions. “Good heavens!” the doctor shouts. “You have got birth control pills in here... why on earth at the age of 80 would you be taking birth control pills for?”

The lady says: “Doctor, they help me sleep.”

The doctor says: “There is absolutely nothing in these birth control pills that could possibly make you sleep.”

And the lady says: “Listen young man, I crush them up and put them in my 16-year-old grand daughter’s orange juice every morning and that definitely helps me get to sleep at night.”

Don’t call me – Bruce
Bruce is playing golf at South Lakes Golf Club when suddenly he doesn’t look where he’s going in the golf cart and tips it right over.

Cheryl, a rather nice young lady who lives on the edge of the course is watching, and shouts to Bruce: “Oh deary me, are you like this.”

Cheryl is very persuasive, and Bruce being weak gives in after a few minutes and agrees to have a scotch inside her home.

After the scotch Bruce says: “I feel a lot better now, but my wife is really not going to like this.”

Cheryl says: “Oh, she won’t mind. Anyway, where is she?”

And Bruce says: “Under the cart.”

Boom, boom...
A local bloke is in a back street of Yankalilla and two thugs mug him. The local puts up an amazing fight, but finally the thugs win out and take his wallet. They open it, and one thug says: “Two dollars! A lousy $2.”

The other thug says to the local: “Why did you put up such a great fight when you only had $2 in your wallet?”

And the local says: “I didn’t want you to find the $200 in my right shoe.”

Meanwhile, a Viking explorer returns home from a voyage and finds his name missing from the town register.

His wife insists on complaining to the local civic official who apologised profusely saying: “I must have taken Leif off my census.”

Vroom, vroom...
Harry the World’s Greatest Motorbike Stuntman, walks into a motorcycle shop and big notes himself. “Hey you,” he says to the shop assistant, “I’m Harry, the World’s Greatest Motorbike Stuntman, and I want a buy a motorbike. The problem is, sonny, I can’t decide whether to buy a bike with a high top speed but poor acceleration, or one with lots of torque and a fast acceleration but a poor top speed.”

After great deliberation, Harry the World’s Greatest Motorbike Stuntman decides on the second one because it costs a lot less. Obviously, torque is cheap.

Speed of light beer
Three blokes have had a real binge night at a Goolwa pub, and do the right thing and decide to catch a taxi home. The driver knows they are so drunk so he starts the engine and turns it off straight away.

“We’re here,” says the driver. “That will be $20.” One bloke gives him the money, and another thanks the driver so much.

The third guy starts abusing the driver. The driver says: “Listen mate, you can’t talk to me like that.”

And the third drunk says: “Yes I can... you were driving that fast you almost killed us.”

Dad jokes
What are the small rivers that run into the Nile? The juve-niles.

Why is it easy for chicks to talk? Because talk is cheep.

What does a houseboat become when it grows up? A township.

What do you call a cow spying on another cow? A steak out.

What do you call a pig that does karate? A pork chop.

What has a lot of keys but can not open any doors? A piano.

Useless trivia
The first product to have a bar code was Wrigley’s gum.

The King of Hearts is the only king without a moustache.

The first novel ever written on a typewriter: Tom Sawyer.

A female ferret will die if it goes into heat and cannot find a mate.

The little plastic things on the end of shoelaces are called aglets. (Why did we name them?)

All of the clocks in the movie Pulp Fiction are stuck on 4:20.

The almond is a member of the peach family.

The world’s first passenger train made its debut in England in 1825.

What do bulletproof vests, fire escapes, windshield wipers and laser printers have in common? All were invented by women.
As a state we are enduring economic challenges and high unemployment, and if the pressure is difficult to face it pays to...

Be connected with your bank

The plight of South Australia’s economy and unemployment rate is well known, and obviously there is impact right throughout the small business sector and generally the community.

Years gone by, if the Reserve Bank of Australia announced interest rates had been cut people would go out and buy a new TV or something, but now in many cases it is about buying more grocery items.

In a vast majority of cases, it is not the fault of the everyday person – they are dealing with events out of their control – and it often leads to the thought of consolidating debts to ease the weekly financial pressure.

The thing to consider is, consolidations don’t work for everyone – you have to weigh the situation up carefully. From your community bank’s point of view, it is not adverse to consolidating loans to help people get the best out of their cash flow, but the priority must always be that it is the best option and is in your best interest.

To achieve this, the Goolwa & District Community Bendigo Bank is like every other Bendigo Bank branch – it works hard on a clear mandate: to be Australia’s most customer-connected bank. There needs to be a bond to work together to get through these times and also look at the long-term stability to provide a safety net for you and your family.

The good thing is that since 2007-08 the government has held banks far more accountable for everything they do in the lending place. With responsible lending changes you just cannot come in and say, ‘here’s my $157,000 home loan, I have a personal loan for my car which has a couple of grand left on it, I have these three credit cards that are annoying me and I just want to put them all into one’.

G&DCBB manager Mike Bastian and the team may be able to consolidate them, but they must clearly demonstrate they have spoken to you and you are aware that your regular repayment will go from here to here. It is about acknowledging that a consolidation loan may be better for you now, but just be aware on the long-term repayments; see the bigger picture.

People are now realising the importance of the need to discuss these scenarios person-to-person, and not with someone over the phone who works interstate or overseas. These can be stressful times for the consumer, and the picture becomes clearer when the manager understands your situation better, you know exactly what you are looking at in terms of short and long term effect, and you make the right choices.

How many times are we on the phone to a consultant, and when we put the phone down you remember that you should have asked another question? You think, ‘who was that I was talking to?’

It is normal for customers at the G&DCBB to come back in, or to ask to speak personally to a staff member on the phone just to clarify a certain point.

That’s the difference with your community bank, and when you walk in are you not a number and taking luck which different person you see one day to the next.

As a bank, the G&DCBB also needs to ask a lot of questions, and you need to provide a lot of documentation. This can be a real pain for the consumer, but it is necessary to comply with the responsible lending policies; the bank must demonstrate it has explored every avenue to make sure it knows everything about your financial situation. And rest assured, everything is handled with the strictest of confidence.

Reading your credit card statements is not about checking whether someone played the pokies last week, but to look for undisclosed liabilities. This helps to avoid a client getting deeper in debt and not being able to afford repayments. The G&DCBB is about helping you, not taking advantage in difficult times.

The more borrowings you have the less borrowing capacity you have; it’s about assessing your every commitment so you can actually afford what you are trying to do.

The G&DCBB’s determination to be Australia’s most customer-connected bank has never been more important. You cannot do that if you don’t spend quality time with people.

Banks cannot advise their clients how to invest their money, and the G&DCBB will not push them into making a decision on their finances. It is there to listen, explain what options are available, and create a clear picture of your situation to enable you to make the best decision in your best interests. The Bendigo Bank is about connecting with its customers, not big profits.
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Spring is here and it’s time to get busy in the garden… fertilising, preparing garden beds and seeding.

With fertilising, whether it’s your lawn or garden patch, read the instructions carefully. Remember, when it comes to giving them some extra feed, kindness can kill and make sure you water the fertiliser in well.

Prepare your garden or planter boxes well. Think about planting from seeds – it may take a bit longer to grow, but it’s quicker to plant them and generally the plant is more robust.

It’s a great time to plant your fruit and veggies, especially things like tomatoes, herbs, strawberries and anything leafy including lettuce that can generally grow all year round.

Some people get attached to their tomatoes – it can become a contest to see who can grow the biggest and reddest amongst the neighbours. They get attached, especially when they grow a heirloom tomato, which have become really popular.

There are four varieties of heirlooms – family, commercial, mystery and created. People love the idea they can grow these tomatoes and leave a couple on the vine to use the seeds to grow the next year’s crop. You get the same fruit true to type. If you had an early fruiting plant, then it will be early again next year.

Heirloom tomatoes have a shorter shelf life and are less disease resistant than most commercial tomatoes, but the good thing about them is they become adapted to your environment year-in, year-out. Hybrid tomatoes do what the packet says, and that’s it. The organic seeds are generally dearer than the commercial variety, but you get far better value because you can re-grow them from the seeds.

Enjoy your gardening, and remember, there are a lot of slugs and snails about. Be careful with the pellets if you have a pet.
Welcome To My World by Kevin Kropinyeri, Centenary Hall, Goolwa. Australia’s premier Aboriginal comedian mixing keen observational stand-p with joyfully ridiculous physical comedy. Suitable for ages over 15 years. All tickets $25, contact 1300 466 592.

The Willunga Spring Fair will be held in Bethany Hall between 10am-3pm with free children’s face painting, games, market stalls, the SALA exhibit ‘Anthi’ and a model train display. Free.

The newly-formed Fleurieu branch of the Australian Decorative and Fine Arts Society has been encouraged by the good support for its series of lectures, and will now present Anthea Streeter at the McCracken Convention Centre. Anthea will present London’s Changing Skyline – Past, Present & Future. She is certainly well qualified having studied Fine and Decorative Arts in London, continued her studies at Harvard University, and since returning to England has taught courses in Oxford and London, and lectured on the Country Houses Course in Sussex and for several private groups.

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The ADFAS drew more than 100 people to its August lecture St Petersburgh in the 18th & 19th Century by Switzerland-based art historian and Russian specialist, Dr Alexey Makhov. He demonstrated why St Petersburgh was one of Europe’s most beautiful cities by highlighting aspects of this Russian Icon with its summer palaces of the Tsars and Russian Art from the 18th and 19th centuries through to the art of the Avant-Garde created in the 1930s.

To book for Anthea’s lecture contact: Jen LeMessurier 0417 084 003; Betty Lockwood 0412 136 522; Anne Butcher 0408 267 511.


As part of 20th anniversary celebrations, the Southern Stars Theatre Arts (STARS) presents A Sparkling Symphony in the Valley featuring the Adelaide Symphony Orchestra at Tatachilla Lutheran College from 7pm. Tickets $45: www.stars.org.au or at the McLaren Vale and Fleurieu Visitor centre.

The 133rd annual Yankalilla, Rapid Bay and Myponga Agricultural & Horticultural Society Show will be held at Yankilalla Oval from 9am-4pm. It’s a fabulous show – plenty to see and do – and great value. Adults $10, pension & children 5-15 $5.

The 145th annual Strathalbyn show has something for everyone including live music, the young farmers challenge, agricultural produce, art, sheep, cattle, horses, handicrafts, pets and the highly competitive state competitions; Laucke/CWA Scone Competition, Rich Fruit Cake semi-finals and Genoa Cake semi-finals.
October 2-5
Kangaroo Island Art Feast
The 13th annual Kangaroo Island Art Feast will be held on the October long weekend. It presents the best of the island’s visual and performing arts, along with superb cuisine showcasing our expanding range of quality Island produce.
Kangaroo Island Art Feast is an incorporated, not-for-profit community organisation founded by the late Peter Walker in 2003. It was his inspired vision to create a venue-based festival to celebrate the art and gourmet produce of Kangaroo Island. The annual event now boasts a range of venues right around the Island, from its most easterly point at Cape Willoughby down to the more remote western end.
Art Feast celebrates the work of almost 150 of the island’s artists, including painters, photographers, digital, print, textile and installation artists, sculptors, musicians and writers, as well as the best of the island’s chefs, wine makers, distillers of fine spirits and fermenters of cider. All of this wonderful creative activity contributes to a vibrant festival during springtime on the island.
A Youth Art Feast is held during the last week of the third school term leading up to the Art Feast featuring a major exhibition of quality visual art by the Island’s young people, held at the Kingscote Airport, and a range of other performance activities and exhibitions held in association with the local school.
Art Feast is planned and organised by a committee elected each year at its AGM. This group of volunteers produces the program, finds sponsors, and markets the event drawing on funding raised from venue registration and membership fees, and from sponsorships. Each venue organises and promotes its own event and/or exhibition.

October 8-15
The 17th annual regional Colour Me Senseless Youth Art Exhibition at the South Coast Regional Arts Centre, 1 Goolwa Tce, Goolwa will be launched on October 7 and the exhibition open week days 11am-4pm and Sat-Sun 10-4.

October 10-12
Port Elliot Show presented by the Southern Agricultural Society, Port Elliot Showgrounds. It is one of the best agricultural shows in Australia. It is actually two shows, the Thursday is the agricultural show and the Saturday and Sunday is the Port Elliot Show which is a festival with entertainment and a range of stalls.

Thursday, October 17
String Fever, Centenary Hall, Goolwa. A unique blend of virtuosic musicianship, nouvelle-vaudevillian comedy and a broad palette of the world’s most popular music. The performance takes you from bluegrass to Beethoven to the Beatles; a cheeky tribute to Andre Rieu and an unforgettable homage to Elton John. Tickets $29 adults, concession $25, U17 years $20, groups 6+ $25 a ticket. Bookings contact 1300 466 592.

Friday, October 30
The second annual Fun on the Fleurieu will be held at the Investigator College performing arts and sports centre, Bacchus Rd, Victor Harbor from 9.30-11.30am. It is a free community event celebrating Children’s Week for families with children 0-5 years. More details: Julie or Trudy 8555 7500 or events@investigator.sa.edu.au

Local finals fever on September Saturdays
It’s September so it’s finals time in the Great Southern football and netball competitions, and there is every chance the Fleurieu Peninsula could run dry in the coming weeks with teams hoping to end long droughts.
In the Great Southern Football League, minor premier Mount Compass has not won an A-grade premiership since 1980, while the Magpies have never won an A-grade premiership as a combined club, with Goolwa last successful in 1973 and Port Elliot even further back in 1973.
Victor Harbor went into the finals aiming to contest its first grand final since 1999, Strathalbyn was hoping to retain the flag, while Encounter Bay, which finished second in the minor round by percentage, is aiming to contest its third successive grand final having won in 2013.
Willunga is the notable absentee having missed the finals for the first time since 1999.
Program (matches starting 2.30pm)
Saturday, September 5: 2nd semi final at Mount Compass; 1st semi-final at Willunga.
Saturday, September 12: preliminary final at Willunga.
Saturday, September 19: grand final – most likely at Victor Harbor.
Meanwhile, after dominating the past five years, Victor Harbor expects a really tough challenge from Myponga, which has not won an A-grade premiership since 1992, in the Great Southern Netball Association finals series.
It was one-all in the home-and-away competition, and both sides have shown they are worthy grand finalists – should they get there with fierce pressure from another two highly capable sides Strathalbyn and Mount Compass.
Overall, it promises to be one of the best A-grade finals series for some time. The preliminary final will be played at Encounter Bay this Saturday, and the grand final at Myponga on Saturday, September 12.
Victor Harbor is going for its fifth premiership in six years – an outstanding effort – so they certainly have the experience on their side.
Andre Rieu’s 2015 Maastricht concert

Please note: TWO sessions only – Sunday, September 13, 3pm, and Wednesday, September 16, 1pm.

Affectionately known as The King of Waltz, André performs a series of concerts in his hometown of Maastricht, in The Netherlands every year. The concerts are performed in front of thousands of fans and are set amongst the beautiful medieval backdrop of his beautiful home town of Maastricht.

As always, André is joined by his famous Johann Strauss Orchestra, his sopranos, tenors and some very special guests.

Vacation
(Ma15+) Comedy starring Ed Helms, Christina Applegate, Leslie Mann, Chris Hemsworth.

The next generation of Griswolds is at it again. Following in his father’s footsteps and hoping for some much-needed family bonding, a grown-up Rusty Griswold surprises his wife and their two sons with a cross-country trip back to America’s favorite family fun park, Walley World.

Fri, Sep 4: 4.45pm; Sat, Sep 5: 2.45pm; Sun, Sep 6: 7.45pm; Tues, Sep 8: 8.40pm; Wed, Sep 9: 7.15pm.

Ricki and the Flash

Meryl Streep takes on a whole new gig as a hard-rocking singer/guitarist in an original and electrifying film loaded with live musical performances. Streep stars as a guitar heroine who made a world of mistakes as she followed her dreams of rock-and-roll stardom. Returning home, she gets a shot at redemption and a chance to make things right as she faces the music with her family. Streep stars opposite her real-life daughter Mamie Gummer; Rick Springfield, portraying a Flash member in love with Ricki. Fri, Sep 4: 2.30pm, 8.30pm; Sat, Sep 5: 12.45pm, 4.45pm, 8.30pm; Sun, Sep 6: 3.30pm, 5.45pm; Tues, Sep 8: 8.30pm; Wed, Sep 9: 1.15pm, 3pm, 7pm; Fri, Sep 11: 2.15pm, 8.45pm; Sat, Sep 12: 4.30pm, 8.45pm; Sun, Sep 13: 3.15pm, 7.15pm; Tues, Sep 15: 8.30pm; Wed, Sep 16: 1.30pm, 5.30pm.

Fantastic Four
(M) Superhero movie starring Miles Teller, Kate Mara, Michael B. Jordan and Jamie Bell. A contemporary re-imagining of Marvel’s original and longest-running superhero team focusing on four young outsiders who teleport to an alternate and dangerous universe, which alters their physical form in shocking ways. Their lives irrevocably upended, the team must learn to harness their daunting new abilities and work together to save Earth from a former friend turned enemy. Fri, Sep 4: 8.40pm; Sat, Sep 5: 8.45pm; Sun, Sep 6: 3.45pm; Wed, Sep 9: 10.45am*.

A Walk in the Woods
(M): Adventure, comedy, drama starring Robert Redford, Nick Nolte, Emma Thompson. Instead of retiring to enjoy his loving and beautiful wife and large and happy family, celebrated travel writer Bill Bryson (Redford), challenges himself to hike the Appalachian Trail – 2200 miles of America’s most unspoiled, spectacular and rugged countryside from Georgia to Maine. The peace and tranquillity he hopes to find, though, is anything but, once he agrees to being accompanied by the only person he can find willing to join him on the trek – his long lost and former friend Katz (Nolte), a down-on-his-luck serial philanderer who, after a lifetime of relying on his charm and wits to keep one step ahead of the law, sees the trip as a way to sneak out of paying some debts and sneak into one last adventure before it’s too late. The trouble is, the two have a completely different definition of the word, “adventure”. Now they’re about to find out that when you push yourself to the edge, the real fun begins. Fri, Sep 4: 4.30pm, 6.30pm; Sat, Sep 5: 12.30pm, 4.30pm, 6.30pm; Sun, Sep 6: 1.30pm, 7.30pm; Tues, Sep 8: 6.30pm; Wed, Sep 9: 10.30am*.

5 Flights Up
(M) Comedy, drama starring Morgan Freeman, Diane Keaton, and Carrie Preston. Oscar-winners Morgan Freeman and Diane Keaton lead this breezy tale as an elderly married couple who plan to sell their New York apartment – the one they’ve lived in for over 40 years. But when personal conflicts mix with tricky real-estate matters the pair become divided about what they really want. Fri, Sep 4: 2.45pm, 6.45pm; Sat, Sep 5: 2.30pm, 6.45pm; Sun, Sep 6: 1.45pm, 5.30pm; Tues, Sep 8: 6.40pm; Wed, Sep 9: 1pm, 5.15pm; Fri, Sep 11: 4.30pm, 6.45pm; Sat, Sep 12: 12.15pm, 6.45pm; Tues, Sep 15: 6.20pm; Wed, Sep 16: 10.30am*, 5.10pm.

Maze Runner: The Scorch Trials
(CTC) Fantasy starring Dylan O’Brien, Nathalie Emmanuel, Kaya Scodelario, Thomas Brodie-Sangster, and Aidan Gillen. In this next chapter of this epic saga, Thomas and his fellow Gladers face their greatest challenge yet: searching for clues about the mysterious and powerful organisation known as WCKD. Their journey takes them to the Scorch, a desolate landscape filled with unimaginable obstacles. Teamming up with resistance fighters, the Gladers must evade WCKD’s vastly superior forces and uncover its shocking plans for them all. Fri, Sep 11: 4.15pm, 8.30pm; Sat, Sep 12: 2pm, 4.15pm, 8.30pm; Sun, Sep 13: 12.45pm, 6.45pm; Tues, Sep 15: 8.15pm; Wed, Sep 16: 10.45am*, 7.05pm.

Check the websites for upcoming movies at Victa Cinemas: www.victacinemas.com.au or www.coastlines.com.au
Welcome to a new schools section prepared by students from Investigator College. It is designed to provide a reflection of how our youth feels about certain issues, and the challenges, achievements and events shared by students from all schools.

Planting the seeds of work ethic to save our environment

Working out ways to engage and excite high school students about their studies in this world of ‘instant’ information is a constant challenge. However, a group of local students across the region have been so inspired by the ‘seed planted’ during their studies that they are not only learning themselves – they are rallying others to do the same.

Amelia Skewes (pictured), a Year 11 at Investigator College, presents her view of the program...

“I decided to sign up for the Certificate II in Conservation and Land Management (CALM) this year because I thought it would be something different to regular six hours of school for five days of the week. CALM has provided a new learning experience for all students involved, and has really changed the way I think about the environment and learning. With a more ‘hands-on’ approach to assignments and projects, the course has taught me about real workplace etiquette and important aspects of the environment and our responsibilities as global citizens.

Through my weekly, full day lesson at our EcoCentre and Nursery my eyes have really been opened to what is happening in the world around us and how what we do locally can impact globally. I believe that as a member of the younger generation I hold the world’s future in my hands, and that we should be helping the environment as much as possible.

One of the topics we are working on at the moment is sustainability – a huge problem and one that needs to be fixed. Living the way we do, Australia will need 3.6 Earths just to sustain itself. But it is not just us; the world population and pollution is putting a huge strain on the Earth and should be considered by all leaders around the globe.

For someone like me, being in a classroom and typing essays is difficult and I ‘zone out’ if I have to sit still for too long – learning from PowerPoints or a teacher talking at the front of the class. Being able to learn things in the ‘real world’ has been really great and I have really enjoyed things like identifying flora and fauna, participating in environmentally sustainable work practices, and collecting, preparing and preserving plant specimens – things you couldn’t learn sitting in a classroom at school.

I think I speak on behalf of the entire CALM class when I say that one of the best things about CALM has been being able to share what we have learnt with other students and being involved with other community groups and schools from across the region. We only hope that more people hear about what we have been doing and that they are inspired to care as much as us and help save our environment.”

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Performing Arts
& Sports Centre
Victor Harbor Campus
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For more information
contact Julie or Trudy 8555 7500
events@investigator.sa.edu.au
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EAT WAVE

with Jenny
info@coastlines.com.au

If you buy these type of slices in supermarkets check out the sugar and calorie intake - you may be surprised. This is a great recipe for the active kind or for those who need a healthy snack. Great for the school lunch boxes.

Muesli Slice

Ingredients
3 cups muesli
½ cup LSA mix
1 cup pitted dates, chopped
grated rind of 1 lemon
½ cup shredded coconut
1 tablespoon grated ginger
3 eggs
1 teaspoon vanilla extract
½ teaspoon ground cinnamon
¼ cup coconut oil, melted
⅛ cup honey, softened

Method
Pre-heat oven to 160°C. Line a 20cm x 28cm slice tin with baking paper. Mix the dry ingredients in large bowl. Place the eggs, vanilla extract, cinnamon, oil and softened honey in a bowl, mix with a fork to combine, then stir into dry ingredients, ensuring mixture is moist and binds together. Spoon into prepared slice tin, press down with the back of the spoon and bake at 160°C until golden on top. Remove from oven and allow to cool before cutting into slices.

Note; Use the muesli of your choice - organic gluten free is ideal. LSA is a mix of ground linseeds, sunflower seeds and almonds. Olive oil or macadamia nut oil can be used in place of coconut oil. Other ingredients can be added - e.g. sliced banana, dried cranberries, raisins. If adding extra ingredients, adjust oil/honey/egg ratio accordingly to ensure mixture is moist.

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Apple & Honey Delight

Method
Pre-heat oven to 180ºC.
Peel, core and slice apples. Place in a saucepan and half-cover with cold water. Bring to the boil on medium heat, then reduce heat and simmer for about 10 minutes, or until apples are stewed. Remove from heat and drain off any excess liquid.
Place butter and half the honey (¼ cup) in a small saucepan, and place on medium heat, until butter has melted. Remove from heat, add breadcrumbs and stir to coat.
Add lemon juice and remaining honey (¼ cup) to the stewed apples, and stir to combine.
In a casserole dish alternate layers of the stewed apples and the breadcrumb mix, finishing with breadcrumb mix on top. Combine cinnamon and sugar in a small bowl or cup, and sprinkle over the top. Bake at 180ºC for 30 minutes, or until golden on top.

Ingredients
- 8 stewing apples (e.g. Granny Smiths)
- 115g butter
- ½ cup honey
- 2 cups fresh breadcrumbs
- 2 tablespoons lemon juice
- 1 level teaspoon cinnamon
- 1 tablespoon brown sugar

Send us your favourite recipe... info@coastlines.com.au
We were on the **MARKET TRAIL** when we discovered some irresistible chocolate truffles and other treats made by Kate Furler (pictured below) and met a sweet lady who has supported this market for 35 years.

**Kate sells truffles ’n treats**

Kate Furler is a superb qualified chef with the world her oyster, and you feel that she could walk into most restaurants and command a job. But she doesn’t. She loves Inman Valley too much; its quaintness, people, family and friends. Good thing, really, because the villagers nestled in this beautiful part of the Fleurieu Peninsula would run amok in despair if they could not be tempted by her many culinary delights, including pizza and pastries in the family’s general store and Country Kitchen, and across the road at the Inman Valley Market in the community hall on the first Saturday of the month from 9am-1pm. There, she stands behind a long trestle table and talks up everyone else’s stall supporting their market. She is on the market to sell new products to the locals – and definitely wonderful suppliers and presenting fresh fruit and veggie delights. She loves Inman Valley too much; its quaintness, people, family and friends. Kate is very much about pushing her ‘n veggies. Comparatively boring, but very fresh fruit and veggie delights. She loves Inman Valley too much; its quaintness, people, family and friends.

Kate sells truffles ‘n treats

35 years ago. Typical of the people here, they made a cake to celebrate her 88th birthday in the hall on market day in July. Kate sells plants, eggs and jams including marmalade, fig and ginger, plus quince, and just one book for $2: Fried Grilled Tomatoes at the Whistle Stop Cafe by Fannie Flag (1987). It wasn’t a best seller, but hey, great value for $2.

“I used to pick a lot of fruit off the trees and make jam, but the trees got old and so did I,” Joan said.

Kate, who grew up in this little town, said it’s the spirit of people like Joan who have made this place what it is today, and so much revolves around the market. “Joan is the heart of the market,” Kate added.

“I love the community feel, the camaraderie of the stallholders here. We try to sell new things all the time, and the market has grown every month since the Community Hall committee took it over about six months ago. It’s a great market – if you can get past the smell of the bacon and eggs on the barbie near the front door. And if you do, there is no way you can leave without trying one of Kate’s truffles or other treats like her bikkies that are to die for.”

**Please support your local market.**

**e:** info@coastlines.com.au

**Saturday markets**

**Inman Valley Art Craft & Produce Market:** First Saturday of the month, 9am-1pm. Inman Valley Memorial Hall.

**McLaren Vale Market:** First Saturday of the month, 9am-2pm. McLaren Vale Institutional Hall, Main Road, McLaren Vale. Mount Compass Market: In recess for winter... normally first Saturday of the month, 8.30am-1pm. The Wetlands off Nangkita Road, Mount Compass.

**Myponga Wholesale Country Market:** Weekends and public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main Sourh Rd, Myponga. Port Elliot Market: First and third Saturdays of the month, 9am-1pm. The Wetlands off Nangkita Road, Mount Compass.

**Myponga Wholesale Country Market:** Weekends and public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main Sourh Rd, Myponga. Port Elliot Market: First and third Saturdays of the month, 9am-1pm. The Wetlands off Nangkita Road, Mount Compass.

**Victor Harbor Farmers’ Market:** Every Saturday, 8am-12.30pm. Grosvener Gardens, Torrens St, Victor Harbor (opposite Victor Central shopping centre).

**Victor Harbor Indoor Craft & Plant Market:** First Saturday of the month 9am-3pm at the RSL clubrooms, Coral St, Victor Harbor.

**Willunga Farmers’ Market:** Every Saturday, 8am-12.30pm, Willunga Town Square.

**Willunga Green Light Eco Market:** First and third Saturdays of the month, 8.30am-12.30pm cnr Aldinga & Main Rd, Willunga.

**Willunga Artisans’ Market:** Second Saturday of the month, 9am-1pm, Old Show Hall, Main St, Willunga (opp Willunga Farmers’ Market).

**Willunga Quarry Market:** Second Saturday of the month, 9am-1pm. Aldinga Rd, Willunga.

**Yankalilla Craft & Produce Market:** Third Saturday of the month, 9am-1pm. Agricultural Hall, Main Road, Yankalilla.

**Sunday markets**

**Cape Jervis Market:** Second Sunday of the month from September to May, 9am-1pm, in and around the Cape Jervis Tavern.

**Goolwa Wharf Market:** First and third Sundays of the month, 9am-3pm. Located at reserve by the Goolwa Wharf.

**Kangaroo Island:** Penneshaw Farmers’ Market and Penneshaw Community Market: First Sunday of the month, 9am-1pm. Penneshaw Oval (October-April). Penneshaw Lloyd Collins Reserve (May-September).

**The Vale Market (McLaren Vale):** First and third Sunday of the month (September-May), 9am-1pm. McLaren Vale & Fleurieu Visitor Information Centre, McLaren Vale.

**Myponga Wholesale Country Market:** Weekends and public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main South Rd, Myponga. Strathalbyn Market: Third Sunday of month 8am-2pm, Lions Park, South Tce, Strathalbyn.


**Victor Harbor Natural Resource Centre’s Market of Earthly Delights:** A veggie/produce swap market. First Sunday of the month 1pm-3pm at The Encounter Centre, Armstrong Rd, Victor Harbor.
Stunning Vietnam, with all its beauty, charm, historic treasures and the ultimate paradise for our market shoppers, has emerged as one of the best “must go” value-packed holiday destinations. But not everyone wants to go on an organised group tour covering more than one temple while some men have been known to drop after one shop, so why not plan your own creative tour with your family and/or friends when you would like to go, what you would like to do during your holiday and within your budget? It is your holiday. Jeff Rainsford, manager/owner of Specialised Travel based in Goolwa, can work with you and organise a superb taste of Vietnam – and we stress in comfort at a very affordable price for as little as $US1000 for 10 days per person, plus airfares travelling with a world-leader in holiday travel – Singapore Airlines. Imagine being pampered on a Singapore Airlines direct flight from Adelaide to Singapore, enjoying a two and a half hour break in Singapore, and that same night sitting on the open top-floor of the gracious and colonial Majestic Hotel in Ho Chi Minh City – still called Saigon by many – sipping a cool drink and soaking up the vibrant yet culturally enriched atmosphere. Refreshed, and comforted by the fact everything has been organised by Jeff including four or five-star accommodation – even genuinely quality three-star hotels if that suits your budget better – you then set out on a beautiful experience at your own pace. You may choose to mingle with locals and experience their life in villages, absorb the beauty and intrigue that lay around every bend while cruising the Mekong River, take in the splendour of unique places steeped in history, or visit the quaint or bustling markets and perhaps have a new jacket, suit and even shoes tailor-made especially for you. It is all there in Vietnam.

Forget about being bustled and hustled at airports – you are valued by Singapore Airlines and the flight is a special experience in itself. Don’t stress over the quality of your accommodation – you will be stunned by the comfort. Oh, and the fresh Vietnamese food... it is sensational everywhere. Work with Jeff in his home office at Goolwa so he can make sure every member of your family or group has the opportunity to personally enjoy doing what they want to do on their holiday – it’s why his business is called Specialised Travel. Everything is about designing your itinerary within your budget, and Jeff will recommend the best times to travel in terms of most likely experiencing the sensational weather. Above everything – and this is so important – the team at Singapore Airlines cares for your well being, and the people of Vietnam are just so incredibly nice. You really must go, and it is so comforting to think that your personalised holiday is all about you. Life is meant to include a great holiday. Singapore Airlines connects to Saigon every day. Talk to your partner, family & friends today, and then call Jeff on 8555 0468.

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