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COVER

STORY 6-9: It's National Op Shop Week from August 23-30 and we discover they're as popular as ever, especially with the young ones. Pictured: Holly Pearce, of Willunga. Thanks Holly and Tracey Williams at *Whatever*.

Make good cents in August

The Encounter Centre is having a 5c Donation Drive during August to help people with a disability. Call into the centre at 42 Armstrong Rd, Victor Harbor (opposite Encounter Bay Oval) from Mon-Fri 8am-4pm.

MS Readathon: A reading-based fundraising program open to everyone. www.msreadathon.org.au

Until Aug 10: Homeless Persons Week... aimed at raising awareness of Australians experiencing homelessness. www. homelessnessaustralia.org.au

Aug 10-Sept 20: BANGONABEANIE... buy a trademark blue beanie to support National Brain Injury Awareness Week. www.bangonabeanie.com

24-30: Keep Australia Beautiful Week: www. kab.org.au

25: Bake The World A Better Place: Fundraising campaign for Australian Red Cross. www.bigcakebake.org.au

26: National Meals on Wheels Day: Recognises the work of 78,700 volunteers at 740 branches around the country. www.mealsonwheels.org.au

28: Daffodil Day: Help Cancer Council ... sell or buy merchandise and fresh daffodils. www.daffodilday.com.au

5000



That's how many copies of your new-look Coast Lines we are now distributing across the Fleurieu Peninsula and to Kangaroo Island every month!

Welcome to your new-look and feel edition of Coast Lines. We are now printing offset, which means we can print double the number of copies and reach more readers.

And within a few months our distribution network through more than 100 outlets will increase to 6000 making Coast Lines the most widely distributed publication across the Fleurieu Peninsula.

We have added more pages and introduced new features, and taken your free monthly publication to an exciting new level.

Once again, Coast Lines would not be possible without our valued advertisers,

distributors and readers. Thank you sincerely, and to the team at SA Design & Print.

And a very big welcome to our new readers who previously may not have been able to grab a copy.

We are proudly entering our fifth year of publishing Coast Lines in September, and we hope you have enjoyed the journey as much as we have. It's your magazine.

Ashley & Jenny Porter Publishers

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Your local team (from left) Shane Mitchell, and proprietors Steve Conder & Tony Caruana



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Auto Service Centre

The fine art of getting hands dirty and yucky

heryl-Anne Brown believes she was like a lot of kids; seemingly lost in the school system and unsure where to go and what to do in life.

Eventually, she found herself in a drop-in centre, in Murray Bridge, where she dabbled in art, and the people there who actually cared saw talent within. At 21, they encouraged her to go back to school to complete her matriculation in art, and took her for an interview at an acclaimed art school in North Adelaide.

Of course, Cheryl-Anne was accepted, and the rest is history; countless awards that she appreciates, but treasures most the reactions of people towards her work.

In a strange way, the circle is complete with Cheryl-Anne's passion to encourage others to discover their artistic talent, and when she was recently asked to judge the junior art prizes at this year's Port Elliot Show – the 139th at the Port Elliot



Showgrounds on October 10-11 – there was no hesitation. Perhaps a minor event in a big show to some, but maybe the pathway to great things for others as it proved for Cheryl-

"The drop-in centre I went to was just a place where young people went to explore their skills, and where people never gave up on you," Cheryl-Anne said. "I have always been very thankful for that being in place.

"My passion for art was always in there. Mum and dad had six kids; I wasn't brought up around pencils and paper, and there was never any push to do this.

Continued P4



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NAB Victor Harbor

Victor Central Shopping Centre, 27 Torrens Street, Victor Harbor 08 8555 8000



more give, less take

From P3

"In fact, dad asked what was I doing art for... 'you need to pick grapes and make an earning'. That's what it was like for so many. Art was never taken seriously except for people who did it.

"Unfortunately, art is not a big part of school like it used to be, which is sad. Some students who may struggle with other subjects need the creative outlet to find their talent. Art opens up other areas... it's about craftsmanship using the other side like architects, boat builders, landscape gardeners... all that stuff when it comes to left-side creative play." Cheryl-Anne, who came to Goolwa 22 years ago because she wanted her kids to enjoy country life, and to absorb the cultural experiences the town presents, describes herself as a clean-air painter.

"I do sketches on the spot and then I come back (home studio) where I produce the painting off the drawing," she said. "I get buried in my work."

The passion to also give something back to art is noted with her work during the past seven years in the Anangu Pitjantjatjara Yankunytjatjara (APY) Lands with mothers and babies as part of a creative program called Anangu's First Teachers developed by renowned artist June Crabtree.

During the past seven years Cheryl-Anne has encouraged the very young children there to get their hands dirty and yucky to bring out their natural art talent through watching their grandfathers create brilliant work in the red sands.

"It taught me patience; lots of patience," Cheryl-Anne said. "It reminded me that art is there to connect with, and it should be encouraged more in schools. The Anangu's First Teachers program comes from a different angle to see how effective it is with children to find their talent. It is a fabulous program – the children in the APY Lands are



Cheryl-Anne with one of her new pieces depicting the impact of mining in the outback inspired by her work on the APY Lands, yet to be displayed publicly.

11

Once you become content then you stop producing good work. If you think, oh, this is it, then what have you got to strive for next?" – Cheryl-Anne Brown

so creative; they are very left hand thinkers and so natural."

Cheryl-Anne has every reason to be proud of her achievements, her brilliant work, including one of her more recent pieces that sends a political message about the impact



of mining in the outback, but she hasn't stopped striving since those in the drop-in centre in Murray Bridge told her to follow her art – and heart.

"I don't keep many of my pieces," she said. "I am always unsatisfied; I always think I could have done better; I push myself to the next level.

"Once you become content then you stop producing good work. If you think, oh, this is it, then what have you got to strive for next?" Hopefully, the children who enter the junior art prize see the experience as their means of getting the left side of the brain working and discover they too can be the best they can in whatever they do later in life. According to Cheryl-Anne, that's why there should be more art in school. It does paint a nice picture.

To enter in the junior art awards and other categories at the Port Elliot Show visit its website:

www.portelliotshow.com.au



Here are just a few kind words our valued clients had to say...

Steven and I were extremely happy with the service Riverport provided during the process of the sale of our property at Goolwa. The communication was excellent, I would recommend your services to others thinking about the sale of a property. I would also recommend Riverport for property management as we were very satisfied with the level of care and service that was provided at managing our rental.

Best Regards,
Ally Eygenraam

We were very happy with the assistance we received from all the staff at RiverPort. We purchased two properties by "remote control" from NSW and everything went smoothly. We would most certainly recommend RiverPort to others (and will do so!)

Thanks again,

Jane & Bill Brook

Helen and I are delighted and very pleased with our association with RiverPort Property. We thank you for achieving a successful result in selling our property. You were highly professional with both your advice and attention to detail. You communicate well and at all times we felt that you were working to the best of your abilities and opportunities as they arose.

I wish that we had engaged your company earlier than we had done so. We languished with other agents for over three years and then you came along and in less than six months our property was sold. Again thank you. We wish you very success.

Helen and Jim Toouli

Selling our house through yourself and Marisa at RiverPort sales turned out to be a successful and more pleasant experience than we envisaged when we started the journey. You were always punctual, pleasant, professional and most of all positive. Never was there a hint of pessimism and we were always buoyed by your confidence till the successful outcome. You are all nice people at RiverPort to do business with and should the opportunity arise in the future we would not hesitate to list with you. Thank you once again.

Gordon and Andree King

Congratulations on such a quick sale. Your firm has been wonderful to deal with at this time and all the other times over the years. Thank you again.

Robin Haskard

Both Pamela and myself thought that Jemma was very genuine in her dealings with us and we were happy with her service in our purchase of a property she was selling.

Regards, **Craig**



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We will celebrate National Op Shop Week from August 23-30. It's about helping people in need, and we discovered in the process preloved vintage clothing is gaining even more popularity.

olly Pearce of Willunga is a delightful young girl who admits to having an obsession with scrimmaging though the clothes racks at opportunity shops hoping to find another bargain. It's the vintage clothing thing; fashion hunting.

"I've been doing this since I was 15," Holly, 23, said. And it doesn't help when she works as a barista at The Green Room on High Street at Willunga, right next door to Whatever, a fabulous retro shop that sells anything from pre-loved clothes to a vinyl 45 record Monster Mash by Gary S Paxton and an old tree feller's saw.

"The prices of clothes at opportunity shops are really good," Holly said. "I like unusual clothes that no one else may have. You get some clothes a quarter of the original price, and some still have the price tags on them." The growing trend to buy second-hand

clothing at non-charitable shops is having a positive effect on the charitable op shops where people donate items — especially clothing — and are sold by volunteers. It's why the clothing is cheap.

Gen Y seems to simply love the fashion craze, and perhaps unwittingly are helping the needy and homeless.

If you think the demand for support from op shops is not great across the Fleurieu Peninsula, as an example there are four on Victoria Street, Victor Harbor – Vinnies, the Red Cross Store, Lifeline and Whalers.

Who would have thought not so many years ago that in a country town, and a big one like Victor Harbor, there would be more op shops than pubs?

Continued P8

Pictured: Holly Pearce of Willunga modelling some vintage clothing at her local *Whatever* shop. Appreciation to the store owner Tracey Williams.





From P7

The number of op shops emphasises the change in social community trends, and the growing important role that they now play in society. There are thousands of them across the nation.

According to Jenny Todd, who is the coordinator at the Lifeline op shop in Victoria St, we would be staggered by the increasing demands for clothing and general household items.

"There is no doubt the stigma has gone about buying second-hand clothes.

"Some of the items we get in are really quite new and clean," she said. "For some young girls that's all they buy, and that helps others. "But it's not just about clothes. We get grandmas coming in, especially to buy toys... they give them to their grandchildren and replace the toys with others they get from us because they are so cheap. We also do well with the baby clothes.

"We get some really nice items here. We get our stock from our head office in Mount Gambier. A truck comes up here every fortnight to collect our donations and brings our order. Our clothes or gear gets distributed

11

We all feel good deep inside that we do something to help these people, who through no fault of their own may not have a home."

Jenny Todd, store manager at the Lifeline op shop

to op shops in Murray Bridge, Tailem Bend, Naracoorte, Millicent, Mount Gambier and back here.

Jenny said that the Lifeline store thankfully did not get a lot of people dropping off their junk or rubbish. "Most of it is of use," she said. "Down the South East, when they get an abundance of stock, which can happen, they put it in containers and send it to thirdworld countries.

"We get the people on the lower socioeconomic scale and ladies come in that are extremely well-dressed and purchase here. We also do the vouchers from Christian Community Care who give them to those in need, and we supply them with clothing.

"Some days we would get several hundred people through the doors, and many go from one op shop to the other. We are in a fortunate position too because we get the holiday makers and we open Sundays. We were going to stop on Sundays for winter, but we realised the need was so great."

Jenny said some people were dubious about wearing someone else's because they may be walking around thinking the person opposite them may have donated the clothes they are wearing. "That is a rarity," she said.

"Occasionally, when it is a deceased estate they specifically ask that they do not want to see the clothing here so they write on there 'do not send back to Victor Harbor'. We endeavour to respect their wishes at all times."

As the coordinator, Jenny is paid for a small amount of hours, and then volunteers far more than for what she gets paid. "It is personally rewarding," she says. "We have all of the ladies, and a couple of gentlemen, who regard this Lifeline store as their lifeline

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because it gets them out of their house and the chance to meet people.

"We have about 30 on the volunteer list, and we have two shifts a day - two in the morning and two in the afternoon, and we are all friends."

But inevitably, each day this pleasant camaraderie disperses with the harsh reality of the function of an op shop besides the chase for glam – to help those desperate.

"Working in here you do think about things like just how wet and cold it has been, and realise a lot of the regulars who come in here don't have a home to go to," Jenny said. "It must be just dreadful.

"We all feel good deep inside that we do something to help these people, who through no fault of their own may not have a home. There is an ad on telly at the moment how homeless can happen so easily to a young person, and we see that here.

"Yes, there can be a lot of sad confronting moments when people come into the shop, and we make sure that we talk about it in general – not by names – amongst ourselves and try to get it off our shoulders before we go home. We wear the heartbreak, but the other side of this is that we share a lot of happy stories too.

"The friendships formed among the volunteers are special, and it happens as volunteers doing a good service by selling clothes that are at a very good price."

National Op Shop Week was created by Do Something! - a charitable organisation established by Planet Ark founders Jon Dee and Wimbledon champion Pat Cash, in association with Tina Jackson. Remarkably, there are more than 70,000 op shop

Go across the Fleurieu Peninsula and you will find many of these stores, and while they may differ in terms of identity their need and cause is of equal exceptional value to the community.

volunteers across Australia.

They also request - very politely, at that donate, don't dump. As the general campaign goes, if it is soiled, stained or broken it belongs in the garbage, not the charity box. In a strange way, they are also competitive, and the local Salvos Store at Victor Harbor is among those thriving, with many saying it's due to the creative and eye-catching displays that are attracting customers who enjoy the shopping experience – as they like to do in any store.

Store manager Gabrielle Naughton said that if you cannot make a donation during opening hours, the Salvo shops encourage you to arrange a home collection by calling 13 SALVOS (13 72 58). Well done to the countless volunteers and those who support the op shops. It adds a new meaning to the term fashion statement.

New cover drive offers support

Junior cricket and the Southern Fleurieu Cancer Support Group have received a significant boost with the McIlroy Auto Group introducing a new fundraising and coaching scheme, the Cricket4Cancer Series.

It is combining with the Darren Lehmann Cricket Academy and South Australian Sheffield Shield captain Travis Head to present a series of events from September leading to a special match in March.

Young players from the region will be invited to attend a cricket clinic coached and captained by Head, Lehmann and coaches from his academy. Two scholarships for the Darren Lehmann Cricket Academy will be awarded to youngsters selected from clinics.

This will be followed by a Family FUNDraising Food Festival, and a Cricket4Cancer 20/20 game consisting of teams captained by Lehmann and Head. Places in each team will be auctioned with all proceeds going to Southern Fleurieu Cancer Support Group. The auction will be held during a Cricket4Cancer Sportsman's Long Lunch in January.

The aim of the series is to create awareness and raise annual funding for the Southern Fleurieu Cancer Support

It is a fabulous concept, and founding director and dealer principal Derek McIlrov described it as a wonderful way for the company to facilitate such an event that can unite the community and raise funds to support such an important cause.

Southern Fleurieu Cancer Support Group provides local cancer patients return transport to Adelaide for chemotherapy, radiotherapy and other related cancer treatments not currently supported by the state government.

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South
Australian
Living Arts
Festival
August 2015

Taking fine art to the people

he passion for art across the Fleurieu Peninsula has never been emphasised stronger with the 18th SALA Festival – South Australian Living Artists.

Overall, there are a record-breaking 5205 participating artists featured in 60 exhibitions and events, and the Fleurieu is by far the biggest art region outside of the city and most suburbs.

This year 193 artists will present their finest work at 55 venues on the Fleurieu – plus groups like the newly-named Victor Harbor Art Society, ACH Groups Arts Community and Victor Harbor High School students.

It means yet again cultural experiences are being taken to the people representing a myriad of art forms by artists from the professional field to every-day people who continue to find their inner expressions.

South Australia is known as the Festival State, and this SALA Festival is yet another wonderful cultural experience throughout August.

Everyone has the opportunity to meet local artists and see first hand where their creations evolve. Experience local art at its best – this Saturday and Sunday is Open Studio Weekend with additional openings held throughout the festival. The artists sessions across the Fleurieu Peninsula are:

- Creative Glass Studio
- John Lacey's Studio and Green Tank Gallery
- Lesley Redgate
- Penny's Hill Winery
- Persephone Design Studio
- Royal Family Hotel
- Shed 9 Factory 9
- Studio One3One
- The Artful GardenWynwood Studio, and
- Zimmermann Winery.



Ready for SALA... Southern Districts Art Society members (from left) Jean Welling, Gwenda Maynard, Wendy Jennings, Meg Taylor, Rosemary Builder, Rex Fagg and Anne Blanchard at their meeting in the Old School Building.

Most of the artists are holding their open official opening to their exhibition, but for the Southern Districts Art Society, which is presenting its collective works Art to Inspire at The Ocean Gallery in Railway Tce, Victor Harbor, it will be even more significant.

After more than 30 years years, the group is changing its name at its opening on Sunday, August 16 at 2pm to Victor Harbor Art Society. Committee member Wendy Jennings, herself a superb artist of note with her magnificent bush art and wildlife themes, said the change was designed to more readily identify what her group represented.

"There are art groups in Yankalilla and Goolwa, and the name Southern Districts does not say where we are," Wendy said.

This will be the first time the Society and The Ocean Art Gallery have combined to present an exhibition, and the Society membership of 33 is exhibiting more than 60 pieces in the SALA Festival.

The Society meets at the Old School House in Torrens St, Victor Harbor monthly on Monday nights at 7.30, and often has guest speakers, demonstrations or discussions on particular paintings. Anyone interested in joining the newly-named Victor Harbor Art Society should call its secretary, Helen Johnson on 0459 515 793, or visit the new website: www.victorharborartsociety.com. Better still, attend the exhibition in Railway Tce from August 16-30.

SOUTH AUSTRALIAN LIVING ARTS FESTIVAL ON THE FLEURIEU PENINSULA 2015

CLAYTON BAY

Open studio. Emerging. Multiple mediums

Wynwood Studio, 123 Island View Dr, Clayton Bay

Caroline BERLYN, Jane HYLTON, Rob HYLTON, Amanda SHIER

Interconnection. The assemblages, paintings, drawings, sculptural and ceramic works explores the interconnection between art and cultural, environmental and natural history. Until Aug 23. Sat-Sun 10am-4pm

FINNISS

Emerging. Photography

Finniss General Store, 3 Railway Tce, Finniss Laura WRIGHT

Finding Finniss. A collection of landscape images from Finniss and surrounding areas.
Until Aug 31. Daily 9am-5pm.

GOOLWA

Established. Multiple mediums

Art @ Goolwa, 13 Porter St, Goolwa

Isabelle BABIDGE, Carole BANN, Muriel BIRKILL, Kathleen CAIN, Garry COOMBES, Carol COVENTRY, Geoff DAVIES, Sally DEANS, Irma DENK, Lindy DOWING, Dana FATCHEN, Pat HAGAN, Brenda HOLDEN, Peter MILLAR, Ann NEAGLE, Anne O'LOUGHLIN, Nicole PASCAL, Helen PETERSEN, Cathy PORTAS, James STEWART, Yvonne TWINING, Mary WOOLAWAY

Porter St Perspectives. Showcasing the talents of 24 artists members – a diverse range. Aug 1-30. Daily 11am-4pm.

Open studio. Established

Creative Glass Studio, 3 Moore St, Goolwa

Carol TREADWELL

Exhibition of kiln fired glassware. Until Aug 29. Thur-Sat 11am-4pm.

Emerging. Multiple mediums

Motherduck

1/13 Cadell St, Goolwa

Caroline HORN, Wendy WILLIAMS

Habitat. A compilation of prints and photographs

of the soothing Coorong and the rivers and coasts that sustain and shape our lives.

Until Aug 31. Tue-Thur & Sun 8.30am-4.30pm; Fri-Sat 8.30am-10pm.

Emerging. Installation

Rankines @ the Whistlestop, 7 Hay St, Goolwa. Arky MAUR

Directions. Using recycled objects like timber, tin signs and second-hand objects crating exciting individual works. Until Aug 31. Daily 11am-9pm.

Emerging. Multiple mediums

Signal Point Gallery, Goolwa Wharf.

Uta MOONEY

Painted images and the written word combine in the art of fiction. Until Aug 31. Mon-Fri 11am-4pm, Sat-Sun 10am-4pm; workshop Aug 15 10.30am-4.30pm.

Emerging. Painting

South Coast Regional Art Centre, Goolwa.

Lisa INGERSON

Solo. Lisa has a passionate interest in portraits and explores a variety of media including charcoal, bitumen, gold leaf, oil paint and image transfer. Until Aug 30. Mon-Fri 11am-4pm, Sat-Sun 10am-4pm. Opening Aug 8, 2-5pm.

Open studio. Established. Painting

Studio One3One, 131 Liverpool Rd, Goolwa North.

Lorraine BROWN

A Watercolour Palette. Capturing life and moments in time using pigment and water with all happy surprises. Until Aug 30. Sat-Sun 1-4pm.

HINDMARSH ISLAND

Mixed. Multiple mediums.

The Marina Hindmarsh Island, Randell Rd, Hindmarsh Island.

John BROOKS, Pam COOK, Kyli FIRTH, Jack GRUNDY, Sally GRUNDY, Ollie LAUKIRBE, Lynn PITT, Hauzhen ZHANG

Creations by the Murray Lakes. A collective work of drawings, wildlife watercolours and photography,

contemporary and abstract acrylic paintings on canvas plus rustic art on iron. Until Aug 31. Sat-Sun 10am-4pm. Opening Aug 9, 1-4pm.

PORT ELLIOT

Open studio. Emerging. Jewellery

Persephone Design Studio, 34 Bayview Rd, Port Elliot.

Jane BARI

Bead. Free form bead embroidery and associated beaded passions. Until Aug 30. Fri-Sun 1-3pm.

Established. Culture

Authenticity Health & Wellness Retreat, 14-30 Waterport Rd, Port Elliot.

Georgina ALLAIN, Steve HAYTER, Dancia GACESA McLEAN, Margaret WORTH, Trevor WREN

WaterPORT. Water and port inspired sculptures. Until Aug 31. Every day 10am-3pm.

Established. Painting

DeGroots Coffee Co, Factory 9, Cnr Hill St & Waterport Rd, Port Elliot.

Richard JOHN

A Touch of Blue. Paintings inspired by the south coast, childhood and simpler times.
Until Aug 30. Wed-Mon 10am-2.30pm.

Emerging. Painting

Cockles on North Cafe, North Tce, Port Elliot.

Children's Book "I Create" - tools for positive creative release. Bring your children for a children's book launch, illustration viewing and art expression. Until Aug 31. Every day 8am-4pm.

Emerging. Other

Royal Family Hotel, 32 North Tce, Port Elliot. Thomas HUGHES

Tommy Gun One. Detailed stencils on wood boards – theme is beach/summer. Aug 7-21. Mon-Sat 11am-9.30pm. Artist in session.

Continued P12



SOUTH AUSTRALIAN LIVING ARTS FESTIVAL ON THE FLEURIEU PENINSULA 2015

From P11

Open studio, mixed. Multiple mediums

Shed 9, Factory 9, Cnr Hill St & Waterport Rd, Port Flliot.

Kate ELMES, Karen GIBSON, Anna HAIG, Halinka HARRISON, Sonya HENDER, Richard JOHN, RON LANGMAN, Lindy SANDO

Blue is the colour of Distance and Desire. The colour blue in the landscape and seascape with the associated emotions of distance and desire. Until Aug 29. Wed-Sat 10am-3pm.

Mixed. Painting

The Collectors Showcase, 47 The Strand, Port Elliot.

Anne BLANCHARD

Sea and Gulls. Images of the seacoast, especially the southern Fleurieu. Until Aug 30. Fri-Sun 1-4pm.

HAYBOROUGH

Emerging. Painting

Cheeky Ratbags Play Cafe, 2 Adelaide Rd, Hayborough.

Tracey GRIVELL

Children's Book "I Create" - tools for positive creative release. Bring your children for a children's book launch, illustration viewing and art expression. Until Aug 31. Wed-Mon10am-5pm.

VICTOR HARBOR

Mixed. Painting

Kiri Kiri Art, 9 Coral St, Victor Harbor.

Maringka BURTON, Tuppy GOODWIN, Nyupulya PUMANI, Dianne ROBINSON, Jodie WILSON

Black Gella White Fella. Showcasing indigenous and non-indigenous artists from the north to the south of the state. Until Aug 22. Mon-Sat 10am-4pm.

Mixed. Painting

The Ocean Gallery, 7 Railway Tce, Victor Harbor. Southern Fleurieu Artists

Art to Inspire. A wonderful blending for the first time of members of both the Southern Districts Arts Society Art Gallery. Until Aug 30. Every day 11am-4pm. Opening Aug 16, 2pm.

Amateur. Multiple mediums

Victor Harbor Council building foyer, Main George Rd, Victor Harbor.

Victor Harbor High School students

Victor Harbor High School Exhibition. From Y8-12. Until Aug 10, Mon-Fri 10am-5pm, Sat 9am-noon.

KANGAROO ISLAND

Amateur. Multiple themes

Zest & Thyme, 2695 Willoughby Rd, Cape Willoughby, Penneshaw.

Margaret BAUM

Eye-ON. An eye on Kangaroo Island's rustic wild elements. Until Aug 31. Every day 9am-4pm.

NORMANVILLE

Amateur. Multiple mediums

Small Offerings, 8 Cheesman St, Normanville. Kerry ROCHFORD

Rock Paper Scissors Wool Glue Wire. An eclectic collection of handcrafted pieces... whimsical, quirky and engaging. Until Aug 29. Fri-Sat 10.30am-3.30pm.

Emerging. Painting

The Artful Garden, 51 Main South Rd, Normanville.

Nicole GILDING

Mapped out but Not Known. Colourful and varied works in acrylic on canvas and on paper. Until Aug 30. Fri-Sun 11am-4pm. Artist in session Saturdays.

YANKALILLA

Established, Glass

Room 204, 204 Main Rd, Yankalilla.

CD MLYNOWSKYJ

I thought it was time. An eclectic collection of CD's sought after by creative hand-crafted glass work. Until Aug 29. Wed-Fri 9am-5pm, Sat 9am-noon.

Mixed. Installation

105 Main St, Yankalilla.

The Multi Mixers: Kevin GOLDING, Betty GUBBIN, Paul MOTIEKAITIS, Andrew MUNN, Jayne WOODCOCK

Country to Coast. An eclectic mix of traditional and modern art including photography. Until Aug 31. Every day 10am til close.

MYPONGA

Mixed. Multiple mediums

The Cool Room Gallery in Myponga Market, 46 Main St, Myponga.

Jo BARBARY, Hanneke BARENTSON, Alie BECK, Kevin BELL, Anne CROSS, Brigeen GILROY, Bronwyn GOULDING, Janine HOWLETT, Bob JAMES, Lynette KRING, Mary MARGETTS, Sharon PITMAN, Robyn QUINN, Alison RICHMANN, Nadine RUDZINSKI

An Eclectic Beginning. A mix of original artworks. Until Aug 30. Sat-Sun 9.30am-4pm.

ALDINGA

Mixed. Multiple mediums

Aldinga Library, Aldinga Central Shopping Centre ACH Group Arts Community.

Food for Thought: Celebrating the ACH Group arts community of customers, volunteers and staff. Aug 10-24. Mon-Wed & Fri 10am-5pm; Thur 10am-8pm; Sat 9am-noon. Opening Aug 11, 2pm.

Emerging. Photography

Lou's Shack, 169 Port Rd, Aldinga

Karen LEVER

New Worlds Collide. *Karen's unique view of the* world. Until Aug 31. Thur-Sun 10am-4pm.

McLAREN VALE

Established. Multiple mediums

DogRidge Cellar Door & Gallery, 129 Bagshaw Rd, McLaren Vale.

Victoria BONE, Jen WRIGHT

A Dog's Life. An exhibition mostly inspired by coastal summer life. Victoria's soimple but quirky stitched art, and Jen's bright local fauna and flora mixed media. Until Sep 6. Mon-Sun 11am-5pm.

Established. Sculpture

Maxwell Wines, 9 Olivers Rd, McLaren Vale.

Rod MANNING, Judy MANNING, Ty MANNING, Trent MANNING

Life's too short to sculpture free. A wonderland of metal geometric shapes and fruit sculptures along with life size animals and inspirations from nature. Until Aug 31. Every day 10am-5pm.

Mixed. Multiple mediums

Oliver's Chaff Shed at White Hill, 271 Seaview Rd, McLaren Vale.

Jan DITCHFIELD, Alice GILBERT, Kim Eliza O'CALLAGHAN, Vonnie OLLIE, Vicki SMITH, Suzanne TRETHEWAY, Suzette WATKINS

Colours of Coast and Country. A multifarious collection from seven artists and a vibrant flow of creative energy. Until Aug 30. Mon-Fri 11am-3pm, Sat-Sun 11am-4pm. Opening Aug 7, 6-9pm.

Mixed. Painting

Penny's Hill Winery, 281 McLaren Vale Rd, McLaren Vale.

David DRIDAN, Gail KELLETT, John LACEY, Trevor NEWMAN, Tom O'CALLAGHAN, Brian O'MALLEY, Suzie RILEY, Sam THOMPSON

Mixed. An outstanding eclectic exhibition from the aged talents of Dridan, the emerging watercolourist Thompson, plus the brilliance, expression and abstraction of the other also brilliant artists. Until Aug 31. Mon-Sun 10am-5pm. Artists in session: Aug 8, 15, 22 & 29 10am-noon.

Mixed. Multiple mediums

Red Poles Gallery/Restautant, 190 McMurtrie Rd. McLaren Vale.

Ken BAKER, Tracy CHAPLIN, Kel CHESTER, John DAVIS, Amy FAIRWEATHER, Louise JOHNSTON, Pip KRUGER, Emily McALLAN, Mary PULFORD, Evelyn ROTH, Erica SANDGREN, Belinda SHAW, Jane SKEER, Megan WALSH-CHEEK

Four legs. This year we celebrate SALA with the Chinese New Year. Until Sep 6. Tue-Sun 9am-5pm.

Emerging. Painting

Rosemount Estate Cellar Door, Chaffeys Rd, McLaren Vale.

Hannah BAILEY, Tracey GRIVELL, Simon McINTYRE, Ky NAGLER.

Ink & Splinters. Energetic art from the team with a vibrant mix of pop art, lowbrow and retro-inspired works. Until Aug 31. Mon-Sat 10am-5pm, Sun 11am-5pm.

Established. Painting

Serafino Winery, Kangarilla Rd, McLaren Vale.

Dave TRENGOVE

Impressionist landscape artist who captures the changeable and lyrical moods of the SA countryside. Until Aug 31. Mon-Sat 10am-5pm, Sun 11am-5pm.

Mixed. Multiple mediums

Stump Hill Gallery, 796 Main St, McLaren Vale.

Corey DODD, Dana KINTER, Eileen LUBIANA, Michele NOOTBOOM, Warren PICKERING, Anna SMALL, Kim THOMSON, Sarah WOOD.

Home is where the Heart is. Inspired artists prrsent ceramics, jewellery, painting, photography, sculpture and textiles. Until Aug 30. Mon-Fri 9am-5pm, Sat-Sun 10am-4pm. Opening Aug 9, 2-4pm.

McLAREN FLAT

Established. Painting

Hugo Winery, 246 Elliot Rd, McLaren Flat. Christine LAWRENCE

Outback landscapes. Light, colour, shape, form, texture, space and change contribute to Christine's vast palette. Until Aug 31. 10.30am-12.20pm.

Continued P13

SOUTH AUSTRALIAN LIVING ARTS FESTIVAL ON THE FLEURIEU PENINSULA 2015

From P12

Mixed. Painting

Pruners Hut, Trotts Rd, McLaren Flat.

Aldinga Bay Arts Community Group

Hanneke BARENTSEN, Lynn CHAMBERLAIN, Anne CROSS, Shirley HUTCHINSON, Madeleine HUXTABLE, Arlie JARRETT, Lynette KRING, Sharon PITMAN, Sue READ, Marie SQUIRES, Christine TREVILYAN-CLARKE, Mark WOODHOUSE.

Art Amongst the Vines. Eclectic collection of artworks exhibiting various forms of painting mediums and themes. Until Aug 30. Sat-Sun 10.30am-5pm.

WILLUNGA

Mixed. Multiple mediums

Tineke's Studio, 118 Little Rd, Willunga.

Catherine FINNIS-GRAY, Liz FREENCH, Tindke **HAZEL, Cher McGRATH**

To Each Her Own. The exhibition consists of prints, handmade paper, portraiture and mixed media textiles. Until Aug 30. Fri-Sun 11am-4pm and by appointment.

Established. Print making

Willunga Gallery, 29 High St, Willunga.

Carol PERKINS

Carol's work draws from diverse influences including science, geometry, shape symbolism and wordplay. Aug 9- Sep 5. Mon, Fri, Sun 11am-4pm, Sat 10am-4pm. Opening Aug 9, 2pm.

Established. Glass

Willunga Glass Studio, 36 High St, Willunga. Glenn HOWLETT

New works. Fuse and slump glass. Until Aug 31. Every day 10am-4pm. Opening Aug 8, 4-6pm.

Emerging. Painting

Willunga Uniting Church, Bethany Hall, cnr St Andrews Tce & St Judes St, Willunga.

Angela PALIOS

Anthi. Angela works with flowers because they make her happy. Until Sep 27. Thur-Fri 9am-noon, Sat-Sun 10am-2pm.

Established. Painting

Zimmermann Wine, 64 Newman Close, Willunga. **Ursula ULRIKE ZIMMERMANN**

Natural Beauty. Soils, water, sky, blended with vegetation – the dominance of earth colours in art works. Until Aug 30. Fri-Sun 11am-5pm. Artist in session.

Mixed. Multiple mediums

Studio 613 on Range, 613 Range Rd, Willunga.

Sue CAPON-MARCH, Tristan MARCH, Warren PICKERING, Jiz ROSE, Anna SMALL, Sabine VERHACK, Sarah WOOD.

Studio 613 on Range. A mixed medium event bringing together seven artists of varied talents. Until Aug 30. Sat-Sun 10am-6pm.

Open studio. Established. Painting

Lesley Redgate, Artist Studio, 16 St Georges St, Willunga.

Leslev REDGATE

Open studio. View Lesley's work and chat about her art classes in drawing, watercolour and acrylics. Aug 8-9. Sat-Sun 9am-4pm.

MOUNT COMPASS

Mixed. Painting

Fleurieu Golf Course, George Francis Dr, Mount

Fleurieu Artists. A collection of brilliant works from local Mount Compass artists.

Until Aug 31. Every day 11am-3pm. Opening Aug 9. 2pm.

Established. Painting

John Lacey's Studio & Green Tank Gallery 15+, 41 Woodcock Rd, Mount Compass.

John LACEY

Interpretation. Expression of the landscape from the obvious to the abstract. Until Aug 31. Daily 2-5pm.

Mt JAGGED

Established. Multiple mediums

Mount Jagged Wines, 3191 Victor Harbor Rd, Mount Compass. 8554 9520

John GNIEL, Kaye OLIVER

Duet. Contemporary felting designs, watercolours, Kaye's jackets and scarves inspired by colours of the Fleurieu; John's watercolours capture its landscape. Until Aug 31. Thur-Mon 10am-5pm.

DINGABLEINGA

Amateur. Multiple mediums

Lazy Ballerina Winery, 1152 Brookman Dr, Dingableinga.

Karen DEVITT

Life on the wild side. Studies of native fauna in acrylics and pastel. Until Aug 31. Sat-Sun 11am-5pm.

HOPE FOREST

Mixed. Multimedia

Magpie Springs, 1870 Brookman Rd, Hope Forest. Elaine CHENG, Avril THOMAS, Erika WALTER Sentiments. An eclectic exhibition of drawing,

painting and ceramics. Erika Walter artist talk Aug 9, 2pm. Until Sep 20. Fri-Sun 11am-5pm.

STRATHALBYN

Mixed. Multiple mediums

Stationmaster's Art Gallery, 20 South Tce, Strathalbyn.

Annie-Jeans Judy BREALEY, Catherine GIBBONS, Trudy GRIEGER, Robin HICKS, Harry JELFS, Zilpa van der GRAGT, Pam WICKHAM, Ann WILLIAMS

Eclectic! Contemporary and traditional. Diverse works in acrylic, mixed media, oil, digital art and ceramics. Until Sep 13. Every day 10am-4pm. Opening Aug 9, 2pm.

Amateur. Photography

Cafe Bean Machine, 43 Commercial Rd. Strathalbyn.

Karen GOLDIE

Strathalbyn: Illume. The town's iconic buildings have been brought back to life using Karen's photographic techniques. Until Aug 31. Every day 8am-5pm.

LANGHORNE CREEK

Amateur. Multiple mediums

Bleasdale Winery, 1640 Langhorne Creek Rd, Langhorne Creek.

Margaret DAGG, Tjimpuna DUNN, Imuna KENTA, Ellie SCUTCHINGS

Malpa Rara Malpa Rara – Friends working together. These four women have combined their artistic styles and talents to create a unique, one-ff exhibition to tell their story of their lives and land. Until Aug 30. Every day 10am-5pm.

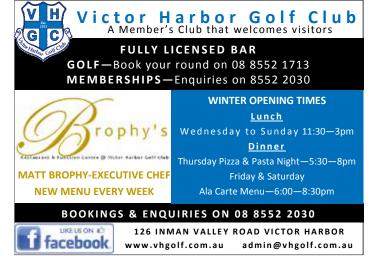
Established. Painting

Bremerton Winery, Kent Town Rd, Langhorne Creek.

Denis NOBLE

Sheds Etcetera. A collection of watercolour paintings including several pictures of old battered, bruised and rusty sheds in the Australian countryside. Until Aug 30. Every day 10am-5pm.







Beauty & the Beast

aul Menner is a knockabout bloke who laughs through Friday nights at the Goolwa RSL while holding a cold XXXX, and his best friend, his beautiful wife Gail, shares in the fun.

Next day he's at the Goolwa-Port Elliot footy club cheering on the lads. They're all his extended family, and like so many wonderful friends around the town and from afar they gathered at the club on a recent Saturday night to offer them some amazing support, especially Gail.

It was Tuesday, May 19 when Gail was told she had Motor Neurone Disease, and with Paul cried all the way home from Flinders Medical Centre. They cried through the next two days, and that night just when they thought there could be no more tears they cried when they saw football great Neale Daniher tell the world on the *Channel Nine*

Footy Show about his confrontation with this same dreadful incurable disease.

MND is cruel, to say the least. The nerve cells (neurones) controlling the muscles that enable us to move, speak, breathe and swallow undergo degeneration and die.

Yet, among the groundswell of emotion, indeed love in a fundraising night for her and the Motor Neurone Disease Association SA, Gail, who was struggling to talk and breathe, said: "I look at all this and I can't help but think that it is bigger than me. This is about the association and all the other people who have this horrible thing."

Nearly 150 supporters gathered at the Goolowa clubrooms wearing blue to symbolise the MND, which Neale has labelled "The Beast".

And Gail had a message for Neale. "I'm not going to feel sorry for him when my

Richmond beats his beloved Melbourne (she laughs)."

You hear Paul's distinctive laughter too, and you feel things are normal, but of course they're not. It's just that Gail refuses to loose sight of the fact there are those worse off than she feels right now.

Paul asked for this story to be written because, like Neale also says, it's all bigger than one person, and it goes beyond the inconceivable measures of personal pain watching someone go through this ordeal.

There is a touch of irony that it was a year ago that Paul, being the character he is, did the ice bucket over the head routine in the RSL to raise funds for the MND Association, and here he was surrounded by people there for Gail. Oh, it was a fun night.

Continued P15

11

I look at all this and I can't help but think that it is bigger than me. This is about the association and all the other people who have this horrible thing." – Gail Menner



From P14

"Look at 'em all," Paul said at the Goolwa club. "These magnificent people need to applaud themselves. Okay, they're thinking of us, but they've also donated to the MND appeal. I think that is something special."

The support was fitting really, with this inseparable duo supporting the RSL and the club so much, and Paul being the RSL club manager and Gail previously president of the women's auxiliary for 10 years.

Gail said there had been a lot of crying within the family, including with their sons Benjamin, David and Nicholas and five beautiful grandkids with another due in December. "I will be there for the sixth," she insists.

"But you can't cry forever. You have to take what you have got; you can't dwell. There is disability all around the world; there are some horrible things out there.

"We have caring people like Pamela Bartlett from the association at 302 South Road, Hilton – we know the address well – talking us through everything, and a wonderful doctor. It will be what it is.

"My voice is the worst thing, but because I have this app on an iPad from the association I can still nag Paul (she laughs again)." And Paul responds: "Too right she does; she turns the bloody thing up loud too."



The MND Association SA is a not-for-profit organisation that cares for people who have MND and provides information and advice, and importantly loans some equipment. There is no money from the government; the association needs to raise every cent itself to buy things like iPads for people like Gail to communicate when the disease progresses painfully further.

Pamela, who is a client support advisor and part of an amazing team, and seems to have Compassion and Respect as her middle names, said there were about 1400 people with MND in Australia, including fewer than 150 in SA. "The work and support by Neale Daniher, which captured a lot of attention across Australia, and the film on Stephen Hawkin has brought the profile of this disease forward," Pamela said.

By chance, 19 days after being told her terrible news Gail had already planned to go to Ireland with her son Nicholas for five weeks as part of her 60th birthday present (last February 20). Her specialist told her to still go, and during their treasured experience every time Nicholas asked whether she wanted to see or do something Gail responded "why not?"

"It's my catch-cry now," Gail said. "Why not live for the day?"

Of course, there are some even tougher

times ahead. Gail said the hardest part will be leaving the family, but reminds us that we all face this at some stage. Right now she says it's all about standing up to this thing. Gail said many wonderful friends had visited her and cried. "I told them to cry when I die; live for today," she said. "I told them the association was bigger than me."

As Paul said, Gail is "as tough as." It was then we discovered there was a tear left in this 'ol crusty mate after all when he added: "For now, nothing is going to change... we'll just hang in there.

"We've got the support from our family and friends. This place has been incredible, but I am not really surprised. Goolwa is a very personal place; the RSL is personal. The footy club we just love.

"You get hit with something like this and everyone here and great people like Pam and those at the association across Australia are there to pick you up again. The hard thing is remembering eventually you can't beat this thing, but as Gail says, there's someone worse off. You've got to love her, don't you? She's a beauty."

The MND Association SA desperately needs your support to purchase equipment to help people like Gail. To donate call 8234 8448 or follow links on: www.mndasa.com.au





orm Gallagher, who led the militant and much-feared Builders Labourers Federation as federal secretary during the early 1970s-90s, took on the community of Clayton Bay in 1975 and lost.

He approved sending three burly blokes to stop Henry Jones and other locals from building the community hall because none were members of the powerful union.

Henry, who died in April last year, was the instigator of the project on council land, sourced the funding and called upon an unemployed brickie and local labourers under the Commonwealth Employment Scheme.

His wife, Gloria, recalled how they ran the Yabbie City restaurant (now Sails) in those days, and a local came running in shouting the BLF were threatening action if the work didn't stop.

"Henry went over to the hall site and there were these three big blokes asking where the toilets were (for the workers) and Henry said, 'over there', pointing to the bushes," Gloria said. "Where's the scaffolding? they asked, and Henry pointed to the milk crates.

"One of them turned to the other, and said, 'it looks like Mr Jones is trying to do the best for the community and no one is getting any money' and so they let it be. It was scary at the time, but really, they were only looking

5256



after the well being of the locals, and we could understand that."

It remains as one of the great stories from the heartland of Australia, and when this amazing community holds the 30th Anniversary Ball in the hall on Saturday, November 28 it will be sad that neither Henry or Norm are no longer with us to talk about the 'good 'ol times".

But rest assured, there will be plenty of other fabulous memories to rekindle about Clayton Bay and its hall.

Every country town has its hall, but only a few communities have built their character and the town's soul around one. Here, they've held fun shows, pet shows, art and craft shows and cabarets, balls, Halloween nights, ghost buster nights, quiz nights, plus orchestral concerts and country & western gigs, and now monthly film nights by the Fleurieu Film Society.

Incredibly, the hall cost \$180,000, which was big money in 1975, and the town needed to raise \$30,000. There were only 17 families in the town then. They set up a plant nursery and sold bricks, while the kids organised all sorts of fundraisers on Friday and Saturday nights. And with this came some great unforgettable times.

Gloria, who married her Mount Barker High sweetheart Henry and moved to Clayton Bay 53 years ago, said she loved Clayton Bay particularly because of the serenity of the place, the people and all the work they do.

"It has changed since we first came here," she said. "The visitors were hunters, shooters, fishers — all looking for food after the War and the immigration from Europe by refugees. Now there are artists, crafts people and those in boats enjoying the water, whether it be skiing or fishing still.

"They are so environmentally tuned in, which is really nice. Everything has been done by volunteers and it is good for those who worked in the early years to see the newer people to town town grasping the mantle and looking after things like the hall, the CFS and the surrounding environment.

Continued P17

"

We have the best of both worlds with the Foreshore Management Plan, the amazing bird life and vegetation on one side, and boat recreation on the other... I don't think there are many places where you can separate the two."

 Clayton Bay Hall president Leonie Henderson

From P16

"People care about their town, and especially the hall, which was built by the community for the community and opened debt free and fully furbished in 1986."

Typical of a close-knit community, it has continued to support Gloria since the passing of Henry, who was a remarkable person in so many ways, especially his campaign to protect his beloved River Murray.

"The support helps you get you through these things," Gloria said. "Everyone's thoughts have touched me, but one thing that sticks in my mind is one lady, a resident here, who used to bring Henry cakes.

"Her husband had not long died too, and she came in and said, 'I am going to put solar panels on your roof to pay back what Henry gave to this community and his work on environmental issues'. I did not let her, and she insisted.

"There have been a lots of things like that in this town. For me, it wasn't so much the offer of the solar panels, but the kindness; it is so lovely. Henry loved the river."

Of course, community halls remain vibrant because of continued volunteer work, and this committee is exceptional – Leonie Henderson as president, Laurie Hepworth (vice-president), Pat Smytherman (secretary), Anne Feast (treasurer), Brian Lewis, Jeff Feast and Kathryn Stanley-Murray.

When asked why Clayton Bay was unique, Leonie said she kept going back to the environment. "We have the best of both worlds with the Foreshore Management







Top: They love their town and its hall (from left) Leonie Henderson, Gloria Jones and Laurie Hepworth. Above left: The hall. Above right: The landmark cliffs.

Plan, the amazing bird life and vegetation on one side, and boat recreation on the other," she said. "I don't think there are many places where you can separate the two."

This place is also special because the "old" part is Clayton — named before Adelaide was proclaimed — and the "new" section was developed in the late 1960s and named Clayton Bay about 15 years ago. Most refer to the place as Clayton Bay.

Clayton Bay features a superb walking trail – of course, developed and cared for by volunteers. Apart from his hall commitments, this is Laurie's passion and it means so much to the town. He talks of others who work so hard developing and maintaining the town's significant plant nursery, and many other

volunteer projects.

There have also been a lot of characters over the years too. Gloria can remember arriving and meeting this chap who lived in a cave with a lot of cats, and another who lived in an old Red Cross ambulance van over a heap of rabbit warrens.

Today there are great people like Ces and June Humphris who polish the Jarrah floors in the morning and conduct dance classes in the afternoon. There you go; no excuse for not going to the 30th Anniversary Ball because you have two left feet. They say it will be a real hoot. It's why they love Clayton Bay



Loneliness is not knowing yourself

Glenn Manton vividly remembers trying to impress a blonde by getting into a fight in a dark Melbourne street one night, putting his right arm through two-and-a-half inch thick glass and almost severing it at the elbow.

He was 17, and later the surgeon told him to take a good look at himself. He did before every AFL game he played on a half-back flank for Essendon (21) and Carlton (157) from 1992-2003. People always thought he wore a guard, but it was merely wetsuit material serving as personal reminder of what that surgeon said.

Now 42, Glenn continues to look at himself every day, and for some time has been an inspirational speaker, not about him and certainly not his football and his old days on the *Channel Nine Footy Show*, but helping others to also find themselves.

It was the focus of a brilliant – at times humorous and moving – presentation at Investigator College, Victor Harbor High School and the Goolwa football and netball clubs presented by the Goolwa & District Community Bendigo Bank, with support of the Bendigo Bank Victor Harbor branch.

Manton made it clear from the start he wasn't there to tell the participants what was right or wrong. He believes the curriculum for young people has always been challenging because it is so steadfast and feeds so many messages that are often not relevant to day-to-day living.

"I am here to act as an adjunct and say right, you need to learn these basic structure foundations in life, but you also need to be able to think outside the square to develop your own opinions, find your voice, and find yourself," Glenn said.

"You need to be able to have a commitment to that voice and self, be investigative and take the time to listen and learn from the people around you. They are the messages I like to share because people's perspectives on things are always going to be different.

"I love what I do, and to be able to reflect upon any session and know that I took as much from it as the group – I always do. It's a two way street and there is a lot of learning



Glenn Manton with students at Investigator College.

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on both ends.

"I spend a lot of time analysing who I am as a human being, and while that is all well and good you need to have people to share that. Sometimes I find it challenging to find people to share my personality with because others are in different modes going in different directions.

"I still have moments where I feel isolated, but I guess every human being has that. I just make sure I don't isolate myself."

The comments related to his discussion reference to brilliant actor and comedian Robin Williams, who committed suicide a year ago this August 11, aged 63, with the widely held belief he forgot who he really was. Glenn's constant reminder is on his

iPhone – the sound track of the Red Hot Chilli Pepper's Mother's Milk album, track six Knock Me Down, which contains the lyrics: It's so lonely when you don't even know yourself; it's so lonely.

It was an outstanding message to the community, and it was why the Goolwa & District Bendigo Community Bank, through superb effort by board member Milli Livingston, organised the presentations. It was about the Bank's focus on helping the community through its Big Benefits Program featuring a special range of products and services.

The phase is *Bigger than a Bank*, and when the community supports its own bank, the Goolwa & District Community Bendigo Bank sees the bigger picture in life and lends more than money – it lends a hand in real life situations. As Glenn said, it makes a community.

And for the record, Glenn married that blonde he was trying to impress, but unfortunately after three wonderful kids they were divorced in recent years. Another reminder that not everything is perfect in life, but responding is easier when you know yourself.



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NEARLY ALL GONE!

How exciting! With new residents moving in all the time there are only a few homes left in Stage 1.

Our SETTLE IN NOW, PAY LATER package that we launched last month has been hugely popular, and the reason is simple... it takes the stress out of downsizing.

The common response has been: "This has meant we can move on with enjoying our life without any of the worry."

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Coast Lines

Based at Victor Harbor Established 2011

... your free monthly community magazine with 5000 copies distributed to more than 100 outlets in 14 towns the first Thursday of every month

PUBLISHERS

Ashley & Jenny Porter Oscar Publications ABN: 36 199 338 125

POSTAL ADDRESS

PO Box 2078 VICTOR HARBOR SA 5211

EDITOR/ ADVERTISING

Ashley Porter 0402 900 317

DEADLINES

Third Friday of the month.

DISTRIBUTION

See our website (constantly updated) for the business places and shops to which we deliver on the first Thursday of the month to Milang, Clayton Bay, Currency Creek, Goolwa, Middleton, Port Elliot, Victor Harbor, Cape Jervis (+ SeaLink), Myponga, Normanville, Yankalilla, Mount Compass, McLaren Vale, Willunga.

PRINTING

SA Design & Print: Geoff & Sue McRostie, Todd McMahon, Nic Connor

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Moose on the loose

Ray and Terry from Victor Harbor fly to Canada to go hunting for moose and charter a small plane to take them into the Rockies for a week.

They manage to bag six. As they are loading the plane to return, the pilot says the plane can only take only four moose.

The two blokes object strongly. Ray says: "Last year we shot six, and the pilot let us take them all and he had the same plane as yours."

Reluctantly, the pilot gives in and all six are loaded. The plane takes off.

However, while attempting to cross some mountains, even on full power, the little plane can't handle the load and goes down. Somehow, surrounded by the moose bodies, only Ray and Terry survive.

After climbing out of the wreckage, Terry asks Ray: "Any idea where we are?"

And Ray says: "I think we're close to where we crashed last year."

Hard life

George sits on a bench next to a homeless man, and asks him: "I don't mean to be rude, but how did you end up this way?"

The homeless man says: "Up til last week, I still had it all... my meals were prepared for me, my room was cleaned, my clothes were washed, pressed, I had a roof over my head, I had TV, internet, I went to the gym, the pool, the library... I could still go to school." George asks: "What happened... was it drugs, alcohol, divorce?"

And the bloke says: "I got out of prison."

Fine day to be buried

As the coffin is being lowered into the ground at a parking officer's funeral, a voice from inside screams: "I'm not dead, I'm not dead... let me out!" The Vicar smiles, leans forward and says: "Too late, I've already done the paperwork."

Guilty as...

A mobster in the United States contacts a woman on the jury of his trial for murder, and says if she holds out for manslaughter he will give her \$50,000. "I don't want to go to



the gas chamber," he cries. "Please save my life"

Desperately needing the money, the woman agrees. The jury finds him not guilty of murder, but guilty of manslaughter and gives him 25 years in prison. He rings the woman juror and says: "Thank you so much for saving my life... I know it would have been difficult holding out for manslaughter."

And the woman says: "Oh, that's okay. Yes, it wasn't easy... everybody else wanted to acquit you."

Bickie ahoy

An admiral of the Australian Navy visits one of the ships of the line under his command. While eating breakfast with the crew he is very impressed to see the naval insignia stamped on every biscuit.

He goes to the chief cook and asks how this feat is done so it can be used on other ships under his command.

The chief chef replies: "After each biscuit is cut, I just slap it here against my belt buckle which bears the Navy insignia."

Horrified the Admiral exclaims: "That's very unhygienic."

And the chief says: "Well, If that's the way you feel, sir, I suggest you avoid the donuts."

Wait a minute...

A shoplifter is caught red-handed trying to steal a watch from an exclusive jewellery store.

"Listen," says the shoplifter, "I know you don't want any trouble either. What do you say I just buy the watch, and we forget about this?"

The manager agrees and writes up the sales slip. The crook looks at the slip and says: "This is a little more than I intended to spend. Can you show me something less expensive?"

Raise your ego

Dan the Man is about 50 and is working out in the local gym when when this stunning girl walks in. He asks the trainer next to him: "What machine should I use to impress that girl over there?" And the trainer says: "The ATM."

Dad jokes...

Which day is stronger, Sunday or Monday? Sunday. Monday is a weekday.

What does an envelope say when you lick it? Nothing. It just shuts up.

Where do you find giant snails? On the ends of giant's fingers.

What did the cannibal get when he was late for dinner? The cold shoulder.

Why was the belt arrested? Because it held up some pants.

Which hand is it better to write with? Neither, it's best to write with a pen.

Did you hear about that new broom? It's sweeping the nation.

What stays in the corner and travels all over the world? A stamp.

Useless trivia

The longest one-syllable word in the English language is 'screeched'.

"The sixth sick sheikh's sixth sheep's sick" is said to be the toughest tongue twister in the English language.

The oldest standing building in Australia is Captain James Cook's house, brought over from England brick by brick.

Killer whales are not, technically, whales. They are orcas, a relative of the porpoise and the dolphin.

Your foot is nearly the same length as your forearm as measured from the inside of the elbow to the wrist.

The first product to have a bar code was Wrigley's gum.

The King of Hearts is the only king in a pack of cards without a moustache.

The first novel ever written on a typewriter was Tom Sawyer.

A female ferret will die if it goes into heat and cannot find a mate.







Jeff has always shuffled through life

there is an old saying about you can't change the cards you are dealt; it's how you play the hand.

Jeff Menzel has been in a tough game of life since he was four years old when he had his right leg amputated because of bone cancer. Like most kids, he dreamed of playing football, and got a game in the mini league for Central District against Port Adelaide at Elizabeth Oval. With scores level, and the siren seconds away, he lined-up in the

goalsquare, hobbled in, and the ball slid of his wooden leg out on the full. The Port fans gave him heaps.

And amazingly, he kept playing football until he was 17, retiring with Australian football legendary status as the only player to have had his leg broken three times in a season without missing a game.

"I played B-grade for Freeling until I was 17 when the leg just could not handle it any more," Jeff said. "Back then, they made them

from what was called Botany which is really solid wood, and if you didn't kick the ball right it put too much pressure on the leg and they snapped at the knee.

"I sure could run in those days; they couldn't catch me. Yeah, I got stirred, but I always took it in good fun. I didn't care about anything; I was just happy to be out there."

Continued P15





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From P14

Jeff laughs about the misfortunes, including the few times during his 21 years working in the Adelaide Casino when, having stood too long, he suddenly told his supervisor: "I've broken my leg." Of course, at first the chap went to ring an ambulance instead of the maintenance man to get a screwdriver.

Now 48, and after all these years of throwing his leg as he walks, Jeff is literally in the game of cards that's dealt to you as a tournament director of the Texas hold 'em poker nights for the Australian Poker League / 888 Group at the Middleton Tavern on Mondays, and the Yankalilla Hotel on Tuesdays when the card sharks don't know when to throw their hand in

And what an odd pack of characters they are... if you are new to the venue you think everyone is named Greg because, if you forget to put your blinds out - chips to start each hand - everyone says "come on Greg" after the chap who forgets every time.

Then there's Mrs Innocence with the auburn hair who plays bridge during the day with the ladies at the home and tells new players she doesn't know what the different coloured chips are worth, but later she has them all when she wins the weekly game.

Bit of nonsense really, but it's a taste of what these nights are like – a lot of fun for as little a \$20 to enter the game starting at 7.30 sharp with a chance of winning an average \$240 at Middleton and Yankalilla, plus second and third prizes. Players receive points based on their finish over a 10-week period, and the leaders get invited to be part of bigger games in town where you might win more than \$1600.

There is no doubt those who drive past these venues and see the "Poker tonight" signs and think of them as a gambling hall or definitely not something for those who may have a gambling problem. But as Jeff explains, for some it's their "fix" for the week and losing a maximum \$20 for possibly 3-4 hours entertainment amongst friends causes no damage; there is no further cash buy-in so the losses don't mount. They have a good night; it's not about chasing the dollar and

hard-nosed gambling.

Jeff, who lives at Noarlunga Downs, has been working these poker nights for eight years, and several weeks ago started operating a new venue at the German Arms Hotel, Hahndorf.

"Everyone gets to make a lot of friends at these places," he says.

Close friends really; some very close. We've already had one beaut couple at Middleton who met here and recently had their first child, and another couple has one on the way. That's like dealing two full hands that don't beat a routine.

There are also married couples that play, father-and-sons, mums-and-daughters, pensioners and three out of four are men.

The great thing is, no one can recall someone getting out of hand, so to speak, with unruly behaviour. Any hint of trouble and Jeff sends you to the naughty corner.

Newcomers to Texas poker are sometimes miffed by the card talk. When Kevin the Scot goes "all-in" meaning every last chip into the pot with Michael Jackson (Jacks 'n five), you've got a dog of a hand (K9), another player calls with with pockets (two cards the same) and Kevin gets another five on the river (last card turned over by dealer) and wins, you really hear some new lingo. But rarely swearing; after a warning you're out of the game.

However, as much as these card players are all very nice in every-day life, you have got to wonder why any one of them would doubt the honestly of the innocent, would-neverbluff face of yours truly. But they do, and as serious as the games can be, it's part of the intrigue or fun.

Like the life of Jeff, poker is not so much about what cards you are dealt, but how you play them. The best hands are often folded. and the rubbish hands triumph with the pressure of too many chips.

Jeff says when he plays a social game with mates he never tries to bluff. "They know I haven't got a leg to stand on," he laughs. You've gotta love this bloke.



TEXAS HOLD 'EM

The game starts with blinds (chips) by the two players left of the dealer (players take it in turns to shuffle and deal). Each player is dealt two cards, and those who wish to play the hand put in the same amount of chips or raise. The dealer turns three cards over, and players must bet or "check" meaning they pass, and after any further betting the dealer flops another card known as the "turn". After players check or bet, the fifth and final card is turned over - known as the "river" and players again check or bet. The best five-cards that form a hand wins, and as the game progresses the blinds increase.

And as the legendary Kenny Rogers sang, learn when to hold 'em and fold 'em - and fast.



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hat a miserable cold winter it has been so far, but here's a great way to get warm... dig up the weeds that have been growing in your garden.

Okay, it's not that exciting, but when we strike a nice winter's day it's the best time to get your garden in better shape because the soil is so soft from all the rain we've had.

The weeds are easier to pull out, and maybe consider buying a mulch bin to make good use of them ready for the drier months ahead.

We cannot stress enough that, if you chooe the easy way and use chemical sprays to kill the weeds, make sure that you wear all of the recommended protective gear. Think safety and the environment.

While you're enjoying yourself attacking your weeds think about digging over your veggie patch ready for planting.

It's also a good time to plant out your bare-rooted ornamentals

and fruit trees. You could try figs, pistachios, roses, vines, and other deciduous trees.

Spring is around the corner, so plan ahead for your spring and summer garden. Start sowing seeds to get them ready for planting out in September. Why not try some tomato, cucumber, radish, and all the leafy salad greens for a change? Think about putting in some herbs and strawberry runners... you will be rewarded come the warmer weather (if it ever gets here).

If you have let your garden go a bit, don't stress over it... simply spend an hour here or there and it will be back in shape in no time. And make sure your back is in shape too; might sound silly, but digging weeds in the garden is no different to playing bowls or golf in that it is important to warm-up first. Do some simple stretching exercises before you hoe in, so to speak.

There are a lot of gardens down the south coast who may need some TLC after the storms. Check the garden beds for mulch as they may need topping up.

Everyone has their favourite plants and veggies, but why not try something different this

GROW

Garden ideas with the DSM team... Cheryl, Sandra & Dan

year? Check what conditions the new crops may prefer, and think about the frost conditions.

Another thing to consider now that all the soil is soft is putting in a watering system. It's a lot easier than leaving it til it's in the middle of summer, which seems so far away.

It's this time of the year that we tend to get a lot of snails, and like the weed sprays seriously condier all of the precautions that need to be taken. If you have a dog forget about just leaving pellets out for the snails because your dog is likely to eat them and may suffer a cruel death.

There are safe ways to get rid of snails, and to get rid of your weeds. Call into your garden centre and ask about safer options.



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We do not charge clubs, groups organisations to promote community events. Deadline: 15th of the month.

e: info@coastlines.com.au

Until August 30

Lisa Ingerson Solo Exhibition, South Coast Regional Arts Centre, Goolwa Tce, Goolwa. With a passionate interest in portraits the artist adventurously explores a number of different media including charcoal, bitumen, gold leaf, oils and image transfer. Free entry, Wed-Fri 11am- 4pm, SatSunday 10am - 4pm. Contact 8555 7289.

Saturday, August 8

The Royal Flying Doctor Service is holding a quiz night in the Uniting Hall, Collingwood St, Goolwa - 7 for 7.30 start. BYO supper; bar facilities. \$10. Book: ccmmf@bigpond.com or call Lyn 0438 275 576.

Sunday, August 9

Second part of the Strathalbyn Bands Festival, Strathalbyn Town Hall. Up to 20 concert, brass and town bands from across the state will be performing their own selection of music, a highlight on the Fleurieu Peninsula's musical calendar. Contact 0419 260 223.

August 8-9

Cellar Langhorne Treasures, Creek... uncorking some old favourites and offering the chance to try back vintage and museum wines. Visit participating cellar doors for a rare chance to discover these otherwise unavailable wines. Make a day of it and enjoy lunch or a platter at your favourite cellar doors, bookings are recommended. Contact 8537 3362. Free entry into participating cellar doors.

Tuesday, August 11

Women of the Fleurieu dinner presented by RFDS at the Fleurieu Function Centre. Guest speaker Estelle Farwell, state president of the Embroiders Guild. Cost \$30. Call Cheryl 0408 039 057 or fleurieusg@outlook.com

Friday, August 14

Cowgirl and The Show Girl, Centenary Hall, Goolwa. Something special happens when



Beccy Cole and Libby O' Donavan take to together. Individually, these the stage talented women have been known to leave an audience breathless. Tickets; adult \$55, concession and groups of six or more \$50, under 17 \$40. Contact 1300 466 592.

August **15-16**

Strathalbyn Antique Collectables and Interior Design Fair. In its 24th year, it promises to provide a full weekend of all things antique, hobbies and collectables. Free shuttle bus to all halls, along with catering and entertainment. At various halls in Strathalbyn, contact 0427 674 620 Sat 10am-5pm Sun 10am-4pm. Tickets; \$12 adult, children under 18 free.

August **15-16**

Brothers In Arms Winery Pop up cellar door, Strathalbyn. Complimenting the Antique Collectables and Interior Design Fair, some of Langhorne Creek's best premium food and wine will be on offer in the charming Old Grain Store building. Free entry, 11am-5pm, 25 Commercial Rd. Contact 8537 3182.

Friday, September 4

Welcome To My World by Kevin Kropinyeri, Centenary Hall, Goolwa. Australia's premiere Aboriginal comedian mixing keen observational stand up with joyfully ridiculous physical comedy. Suitable for ages over 15 years. All tickets \$25, contact 1300 466 592.

Monday, September 7

The newly-formed Fleurieu branch of the Australian Decorative and Fine Arts Society has been encouraged by the good support for its series of lectures, and will now present Anthea Streeter at the McCracken Convention Centre.

Anthea will present London's Changing Skyline - Past, Present & Future. She is certainly well qualified having studied Fine and Decorative Arts in London, continued her studies at Harvard University, and since returning to England has taught courses in Oxford and London, and lectured on the Country Houses Course in Sussex and for several private groups.

The ADFAS drew more than 100 people to its August lecture St Petersburgh in the 18th& 19th Century by Switzerland-based art historian and Russian specialist, Dr Alexey Makhov. Bookings: Jen LeMessurier 0417 084 003; Betty Lockwood 0412 136 522; Anne Butcher 0408 267 511.

September 19-20

Rock 'n Roll Festival at Warland Reserve and Ocean St... a weekend of great shows, music, fabulous classic cars and of course, hot rock 'n roll bands.

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Mission Impossible Rogue Nation

(CTC) Action movie starring Tom Cruise, Jeremy Renner, and Simon Pegg Directed by Christopher McQuarrie. Ethan and team take on their most impossible mission yet, eradicating the Syndicate – an International rogue



organisation as highly skilled as they are, committed to destroying the IMF. Fri, Aug 7: 1.45pm, 8.55pm; Sat, Aug 8: 9.50am, 4.30pm, 9.20pm; Sun, Aug 9: 5.30pm, 7.45pm; Tues, Aug 11: 8.45pm; Wed, Aug 12: 3.25pm, 8.10pm; Fri, Aug 14: 1.45pm, 9.05pm; Sat, Aug 15: 11.45am, 8.55pm; Sun, Aug 16: 5.30pm; Tues, Aug 18: 8.45pm. Wed, Aug 19: 10.45*.

Last Cab to Darwin

(M) Drama starring Michael Caton, Jacki Weaver, and Ningali Lawford-Wolf. Directed by Jeremy Sims. When lonely taxi driver Rex (Michael Caton, *The Castle*) is informed he doesn't have long to live, he embarks



on a colossal drive through the outback,

from Broken Hill to Darwin in this Australian drama. Fri, Aug 7: 4pm, 6.30pm; Sat, Aug 8: 9.40pm, 2.05pm, 7pm; Sun, Aug 9: 12.45pm, 5.15pm; Tues, Aug 11: 6.30pm; Wed, Aug 12: 12.50pm, 3.15pm, 5.40pm; Fri, Aug 14: 1.40pm, 6.30pm; Sat, Aug 15: 9.30am, 1.50pm, 6.35pm; Sun, Aug 16: 1.10pm, 5.45pm; Tues, Aug 18: 6.20pm; Wed, Aug 19: 10.30am*, 5.35pm.

Mr Holmes

(CTC) Drama starring Ian McKellen, Laura Linney, and Hattie Morahan. Directed by Bill Condon. A new twist on the world's most famous detective. In 1947, an aging Sherlock Holmes returns from a journey to Japan,



where in search of a rare plant with powerful restorative qualities, he has witnessed the devastation of nuclear warfare. Now, in his remote seaside farmhouse, Holmes faces the end of his days tending to his bees, with only the company of his housekeeper and her young son, Roger. Grappling with the diminishing powers of his mind, Holmes comes to rely upon the boy as he revisits the circumstances of the unsolved case that forced him into retirement, and searches for answers to the mysteries of life and love – before it's too late. Fri, Aug 7: 1.55pm, 6.40pm; Sat, Aug 8: 2.45pm, 7.10pm; Sun,

Aug 9: 1pm; Tues, Aug 11: 6.40pm; Wed, Aug 12: 10.30am*; Sat, Aug 15: 11.50am; Sun, Aug 16: 3.40pm; Wed, Aug 19: 1.15pm.

Trainwreck

(MA15+) Comedy starring Amy Schumer, Bill Hader, and Brie Larson. Directed by Judd Apatow. Since she was a little girl, it's been drilled into Amy's (Schumer) head by her rascal of a dad (Colin Quinn) that monogamy isn't realistic. Now a



magazine writer. Amy lives by that credo. enjoying what she feels is an uninhibited life free from stifling, boring romantic commitment, but in actuality she's kind of in a rut. When she finds herself starting to fall for the subject of the new article she's writing, a charming and successful sports doctor named Aaron Conners (Bill Hader), Amy starts to wonder if other grown-ups, including this guy who really seems to like her, might be on to something. Fri, Aug 7: 4.15pm, 8.45pm; Sat, Aug 8: 12.20pm, 4.45pm, 9.10pm; Sun, Aug 9: 3pm, 8pm; Tues, Aug 11: 8.55pm; Wed, Aug 12: 1pm, 6pm, 8.30pm; Fri, Aug 14: 4.15pm, 6.40pm; Sat, Aug 15: 9.30am, 4.15pm, 9pm; Sun, Aug 16: 12.50pm, 8pm; Tues, Aug 18: 6.30pm; Wed, Aug 19: 1pm, 3.15pm, 8pm.

Continued P27







Women he's Undressed

(PG) Documentary featuring interviews with Catherine Martin, Colleen Atwood, Kym Barrett, Jane Fonda, Angela Lansbury, Ann Roth and many more. Directed by Gillian Armstrong. Orry-Kelly was a Hollywood legend, his costume designs adored by



cinema's greatest leading ladies, but in his home country of Australia his achievements remained unknown. Featurs interviews with fashion icons Jane Fonda, Angela Lansbury, June Dally-Watkins, costume designers Catherine Martin, Ann Roth, Kym Barrett, Michael Wilkinson, Deborah Nadoolman Landis, Hollywood identities and historians including director/producer Eric Sherman, Hollywood fixer Scotty Bowers, Leonard Maltin, David Chierichetti, Marc Eliot, William J Mann, Jean Mathison, Larry McQueen and Barbara Warner Howard (daughter of Ann & Jack Warner). Sat, Aug 8: 12.05pm; Sun Aug 9: 3.15pm; Wed, Aug 12: 10.45am*.

The Man from U.N.C.L.E.

(M) Action movie starring Henry Cavill, Armie Hammer, and Hugh Grant. Directed by Guy Ritchie. A fresh take on the hugely popular 1960s television series



The Man from U.N.C.L.E. is set against the backdrop of the early 1960s, at the height of the Cold War, The movie centres on CIA agent Napoleon Solo (Henry Cavill) and KGB agent Illya Kuryakin (Armie Hammer). Forced to put aside long-standing hostilities, the two team up on a joint mission to stop a mysterious international criminal organisation, which is bent on destabilising the fragile balance of power through the proliferation of nuclear weapons and technology. The duo's only lead is the daughter of a vanished German scientist, who is the key to infiltrating the criminal organisation, and they must race against time to find him and prevent a worldwide catastrophe. Fri, Aug 14: 4.05pm, 8.55pm; Sat, Aug 15: 2.10pm; 4.25pm, 6.40pm; Sun, Aug 16: 3.15pm, 8.10pm; Tues, Aug 18: 8.55pm; Wed, Aug 19: 3.20pm, 5.45pm, 7.55pm.

New Goolwa Rotary grants

The Rotary Club of Goolwa has again shown initiative by creating a new grants scheme within the region.

Organised groups and individuals with special needs are invited to apply for the financial assistance. The scheme is open to not-for-profit organisations and individuals within the Goolwa, Middleton, Port Elliot, Mount Compass and Finniss area.

Club president Alan Williams said the purpose of the fund was to support the needs of the local community and to have a positive impact on its social, economic and/or environmental health. Grants will be made available for a range of needs including health and well-being, sporting or recreational activities, youth development, art and cultural development.

"The club does a fantastic job in raising monies from the community with its Christmas raffle and its annual Art and Photographic Exhibition, and this is the best way we have to ensure all members of the local community have an equal chance of benefiting from those activities," Alan said.



"The funds we will be making available are in addition to our contributions to overseas Rotary projects which have of late included two shelterboxes (emergency accommodation and equipment) sent to Nepal, dozens of wheelchairs donated to the Rotary Wheelchair Foundation and thousands of dollars to Rotary's bid to end polio worldwide."

Applications forms may be accessed from the club's website, or by writing to the Rotary Club of Goolwa: PO Box 193, Goolwa, SA 5214.

What's for breakfast?

Secret Men's business is shared in sheds across the Yankalilla district on the first Saturday of each month. The Yankalilla Men's Shed Breakfast offers men an opportunity to talk about issues affecting them and meet other blokes. Group members take it in turn to host the breakfast in their garage or shed and up to 30 men attend each time.

Group member Don Binney said the breakfasts allowed men to share their thoughts and feelings in a comfortable environment. "I think it's the relationship with people," Don said. "It's nice to sit down and have a chat with friendly people."

Each month, the group alternates between hosting a guest speaker and discussing a specific topic, but the men always tuck into a full-cooked breakfast together with cereal and toast. More information about the group: Allan Barnes 0401 120 150.

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today



EAT WAVE



Baked Salmon Balls

Ingredients

250g potatoes
2 x 200g cans pink salmon
1 tablespoon lemon juice
½ teaspoon dried dill
1 tablespoon mayonnaise
2 spring onions, sliced finely
½ teaspoon garlic powder
salt & pepper to season
½ cup panko crumbs
olive oil cooking spray

Method

Pre-heat oven to 180°C. Line a baking tray with baking paper.

Peel and dice potatoes, and cook in a saucepan of boiling water until tender. Drain. Mash the potatoes until smooth.

Drain the salmon. Remove any bones, then flake into small pieces. Add to the mashed potato, along with the lemon juice, dill, spring onions, mayonnaise, garlic powder. Stir well to combine. Season with salt and pepper.

Place the breadcrumbs on a plate. Roll the salmon mixture into balls - about the size of a golf ball for main course, or smaller if serving as hors d'oeuvres, and coat in panko crumbs. Place on prepared baking tray and spray with oil. Bake for 15-20 minutes, or until golden. Serve with dipping sauce like sweet chilli sauce, tartar sauce (and salad if serving as main course). Makes about 20 golf-ball sized salmon balls.





EAT WAVE





Ingredients

Base

34 self raising flour

3/4 cup moist coconut flakes (or desiccated coconut)

2 level tablespoons brown sugar 100g butter, melted

Filling

395g tin Condensed Milk 20g butter 2 tablespoons Golden Syrup

Topping

200g Cadbury Milk Chocolate

Method

Pre-heat oven to 180°C. Line a 28cm x 18cm slice tin with baking paper.

Place flour, coconut and sugar in a bowl and stir to combine. Add melted butter and continue stirring until mixture forms moist crumbs. Pour the crumbs into the baking tin and using clean hands, press down to form a thin base. Bake in oven for 15-20 minutes, or until lightly browned. Remove from oven and set aside to cool.

Place filling ingredients in a saucepan, place on medium heat and stir until combined and butter has melted. Reduce heat slightly and continue stirring regularly for about 8 minutes, or until mixture thickens a little and turns slightly golden (make sure it doesn't stick to the bottom of the saucepan). Pour filling over the base and spread evenly with a knife. Bake in a slow oven for 10 minutes, or until firm. Remove from oven and allow to cool.

Melt the chocolate in microwave or over a saucepan of simmering water. Cover the cooled base/filling with the melted chocolate. Place in refrigerator to set.

Note: Chocolate of choice can be used for topping - dark chocolate can also be used.





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Welcome to the **MARKET TRAIL**. There is much controversy about calling eggs "free range", but Katrina McCullough certainly doesn't tell "porkie pies" at her Green Eggs and Ham business at Parawa. You can also find her at the Victor Harbor Farmers Market where...

Katrina sells rare pork. Well done

n a beautiful patch at Parawa there are pigs once considered as rare as hen's teeth, while alongside the chooks remain happy as pigs in mud.

Welcome to Katrina McCullough's Green Eggs and Ham business, and while there may be a horse with no name down the road, here the cows and the Berkshire pigs – which only a few years ago were put on the international Rare Breeds list – are indentities.

None snorts more proudly than the only boar – Magic – who has the "hots" for Chantelle, Petunia and Pansie ahead of the other 48 black pigs who

sometimes feel rejection. "You've got to have pretty names for pigs," Katrina insists. Yes, it's ham, sweet ham at this place.

Katrina sells her Parawa pork, baking delights like frittatas with beetroot, sweet potato, zucchini and spinach, and delicious lemon tarts at the Victor Harbor Farmers Market on Saturday mornings, while also acting as a Thermomix consultant.

The business name is clever - from Green



Eggs and Ham, a children's book by American writer and cartoonist Theodor Seuss Geisel (1904-1991).

"I am a farm cook," Katrina explained. "I came through hospitality in my earlier life until I married a farmer (Angus), and you want to do something because you have children. We have four – Finn, who is 10, Coell, nine, Rhun, eight, and Briege, six – and I paid for their kindy group and stuff like that through

selling the eggs.

"It was also when a fellow, who had pigs, owed us some money for work that we did on his farm, so we traded work for pigs. I was reading a Dr Seuss book at the time to my children, *Green Eggs and Ham*, so that's what we became.

"Our chooks live on grain grass and grubs and all things green. We recycle our egg cartons and try to live by the green ethos."

The children also play hockey for Yankalilla, so it all means a lot of travelling from Parawa, especially into Victor Harbor. "I love

every drive into Victor – the view going down the hill and looking over the town and Granite Island is just amazing... this is a great part of the world," Katrina said.

Did I ever tell you how lucky you are? That's another story, also by Dr Seuss.

You can find Katrina and her Green Eggs and Ham business on Facebook.

Please support your local market. e: info@coastlines.com.au

Saturday markets

Inman Valley Art Craft & Produce Market: First Saturday of the month, 9am-1pm. Inman Valley Memorial Hall.

McLaren Vale Market: First Saturday of the month, 9am-2pm. McLaren Vale Institutional Hall, Main Road, McLaren Vale. Mount Compass Market: In recess for winter... normally first Saturday of the month, 8.30am-1pm. The Wetlands off Nangkita Road, Mount Compass.

Myponga Wholesale Country Market: Weekends and public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main Sourh Rd. Myponga. Port Elliot Market: First and third Saturdays of the month, 9am-1pm June, July & August. Lakala Reserve, Rosetta St, Port Elliot.

Victor Harbor Farmers' Market: Every Saturday, 8am-12-30pm. Grosvenor Gardens, Torrens St, Victor Harbor (opposite Victor Central shopping centre).

Victor Harbor Indoor Craft & Plant Market: First Saturday of the month 9am-3pm at the RSL clubrooms, Coral St, Victor Harbor. Willunga Farmers' Market: Every Saturday, 8am-12.30pm, Willunga Town Square.

Willunga Green Light Eco Market: First and third Saturdays of the month, 8.30am-12.30pm cnr Aldinga & Main Rd, Willunga. Willunga Artisans' Market: Second Saturday of the month, 9am-1pm, Old Show Hall, Main St, Willunga (opp Willunga Farmers' Market).

Willunga Quarry Market: Second Saturday of the month, 9am-1pm. Aldinga Rd, Willunga. Yankalilla Craft & Produce Market: Third Saturday of the month, 9am-1pm. Agricultural Hall, Main Road, Yankalilla.

Sunday markets

Cape Jervis Market: Second Sunday of the month from September to May, 9am-1pm, in and around the Cape Jervis Tavern.

Goolwa Wharf Market: First and third Sundays of the month, 9am-3pm. Located at reserve by the Goolwa Wharf.

Kangaroo Island: Penneshaw Farmers'

Market and Penneshaw Community Market: First Sunday of the month, 9am-1pm. Penneshaw Oval (October-April). Penneshaw Lloyd Collins Reserve (May-September).

The Vale Market (McLaren Vale): First and third Sunday of the month (September-May), 9am-1pm. McLaren Vale & Fleurieu Visitor Information Centre, McLaren Vale.

Myponga Wholesale Country Market: Weekends and public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main South Rd, Myponga. Strathalbyn Market: Third Sunday of month 8am-2pm, Lions Park, South Tce, Strathalbyn.

Victor Harbor Country Market: Second and fourth Sundays of the month, 9am-4pm. Soldiers Memorial Gardens, The Esplanade, Victor Harbor.

Victor Harbor Natural Resource Centre's Market of Earthly Delights: A veggie/produce swap market. First Sunday of the month 1pm-3pm at The Encounter Centre, Armstrong Rd, Victor Harbor.

In the spirit of Sonny from The Best Exotic Marigold Hotel, Specialised Travel presents...

The Colour of India

pecialised Travel's 16-day 2016 escorted tour: *The Best Exotic Rajasthan Hotels* has been altered to put some real colour and comfort into your life.

The dates have been changed because during the original schedule of late April / May it can get very hot — about 40°C in northern India — so we have brought the departure date forward by a month. The new dates are: March 19-April 3, 2016.

This will give us average temperatures of 33°C - 35°C with lows of 18°C-22°C in the evenings. We care for your comfort.

And there is another big reason – while in Udaipur we will experience the Holi Festival, which is is often referred to as the *Festival of Colour*. It will be attended by the Royal Family from 6-8pm.

With the change of date bringing the tour into high season and the inclusion of the Holi Festival, the price has increased slightly to \$5115 per person/twin share.

The changes have really added exceptional value to thie tour.

Picture the scene of movie characters Evelyn, Murial and Madge walking into the Marigold Hotel in the heart of Jaipur only to discover it's not all the grace and polish as Sonny Kapoor led them to believe, only to then fall in love with the place because of the romanticism and excitement of India.

Now imagine it's you walking into the foyer of some of India's most exotic hotels, and they have all the splendour that you dreamed of – and much more. Welcome to Specialised Travel's 16-day 2016 escorted tour: *The*



Best Exotic Rajasthan Hotels – 13 nights in India where you play the leading role because this real life experience is all about you. As the brochure says, travel like a Maharaja enjoying the atmosphere of yesteryear as you stay in their palaces.

The tour, presented by Jeff Rainsford, the owner/manager of Specialised Travel. It has been personalised to allow you to experience the beauty India has to offer. Some tours are about sightseeing with little focus on the accommodation — this one achieves both. You stay in luxury at very affordable rates, and breathe the culture along a comfortable journey.

We encourage you to view these hotels where you will be staying on the internet, and imagine Sonny is beaming one of his unforgettable smiles... if

only Madge looked up the hotel before their departure!

The price includes return economy international flights; domestic flight from Delhi; government taxes and surcharges; heritage hotels as listed in the brochure; daily breakfasts, eight dinners, two lunches; experienced guide & driver (and tipping); airport transfers/tours as per itinerary; day use of hotel in Singapore.

Specialised Travel highly recommends travel insurance – 25% discount applies on this tour.

Jeff has 30 years experience in the travel industry, and he is someone you can trust. Contact him today for a free brochure, either by phone or email. Sit in the comfort of his home office in Goolwa North to learn more about this wonderful tour. See another world and say hello to Evelyn, Murial and Madge.

Where you stay...

Please visit the heritage hotel websites:

Jodpur, Ajit Bhawan: www.

ajitbhawan.com

Udaipur, Fateh Prakash Hotel:

www.hrhhotels.com

Jaipur, Alsisar Haveli: www.

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That's the thing about football

adly, it hasn't been a good year in may ways for Australian football, but a few weeks ago the lads across the Great Southern Football League were reminded why they love this game so much.

Every player wore a black arm band as part of a Motor Accident Commission campaign to remember everyone killed in a car accident, and for one of the game's most likeable blokes, Phil Walsh. God bless him.

For Goolwa-Port Elliot, it was also for the passing of a former player, Matthew Blom, who died that week. He was the son of another Magpie player, Benny, who died in a car accident.

But amidst this sombre reminder that puts everything into perspective, and with opposition players standing shoulder-to-shoulder, we had Barry Clarke playing in the B-grade for Myponga-Sellicks at Goolwa. Incredibly, he will be 54 on September 17, two days before the GSFL A-grade grand final. He was conspicuous by his determination to claim the forward pocket as his domain, and he later conceded making the senior side next week was unlikely — despite kicking one of the team's only three goals. But he was out there enjoying himself in miserable 9°C wind and rain.

Already, Clarke has set an amazing GSFL record – 558 A-grade games plus another 60 in the B-grade for the Mudlarks since 1979, but in his words, don't expect the figure to rise.



Above: Goolwa-Port Elliot A-grade side leaves the field. Below: The grand master and the "kids"... (from left) Billy Ludlow, 15, Josh Milen, 16, Michael Hirschausen, 17, Barry Clarke, Josh Stangroome, 16, and Tom Grundy, 15.

"I just love playing the game," Barry said.

"We had five senior colts filling in the B-grade today, and those lads were great. They had a real crack. They keep you enthusiastic and you want to give them a hand. We had two lads missing because they were stuck in Bali because of the volcanic ash.

"If the team has numbers and I don't play that's fine; I'll run water for them. I just love it

"It doesn't matter what you put into a footy club you never put in anywhere near enough what you get out. Just the enjoyment, the mates and fun. It's great."

The B-grade lads lost by 33 points, but their coach James Hoffmann couldn't praise every player enough in tough circumstances. The A-grade lads also lost, by 44, but with three home-and-away rounds remaining are still a chance for the finals.



2015 GSFL final series

Sat, Aug 29: Qualifying at Goolwa; Sun, Aug 30: Elimination at Encounter Bay; Sat, Sept 5: 2nd semi at Mount Compass; Sun, Sept 6: 1st semi at Willunga; Sat, Sept 12: preliminary at Langhorne Creek; Saturday, Sept 19, grand final at Victor Harbor.



Ulying Jish

'n chips on the shoreline of Horseshoe Bay. You wouldn't be dead for squids.

Café: 9am-4pm Restaurant: Lunch noon-3pm; Dinner Friday & Saturday 6-8pm

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