

Coast Lines

FREE

May, 2015 Vol. 4 #63 T: 0402 900 317 e: info@coastlines.com.au www.coastlines.com.au

Time to say
thanks to the
volunteers

Your community
magazine
distributed across
the Fleurieu
Peninsula and to
Kangaroo Island
first Thursday of
each month

Let's make it
our biggest
morning tea!

Mother's Day:
Littlies tell us why
they love their mum



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RAA

Cheers to mums 'n volunteers

It's a big month for the young Quatermass family of Victor Harbor – mum Rebecca will celebrate her first Mother's Day on Sunday, May 10, dad Johann National Volunteer Week from May 11-17 as a member of our local SES, and baby Charlotte her first birthday on May 25.

And according to Johann, another big day will be when Charlotte starts to follow him to the SES station at Port Elliot like he did as a three-year-old when his dad, Andy, who is now in mine rescue up north, was a volunteer for many years in the local SES.

Whether we still have the SES as separate identity with a proposed merger with the Country Fire Service remains to be seen. We never get into politics, but needless to say Johann, a bricklayer by trade, is not keen on change.

He has been a SES volunteer for six years. "It's a passion," he said. "I started doing it because dad did it, and I have always loved the challenge. I think volunteering overall no matter what you do gives you that satisfaction of knowing that you are helping others."

"There is no doubt the SES helps you build character, and because of that it has helped some in their every-day career. You become part of a team and this comes with responsibility; for me it's about being a unit operations response manager.

"The hardest part is having to attend an



Some of our local SES team members – all great volunteers – (from left) Fred Brehin, Johann Quatermass, Jim Roberts, Steve Plum, Joylene Swinger and Cathy Felton.

accident. I have been to only one that involved a fatality; it is one too many, and yeah, it affected me. I guess you get through the ordeal knowing that you are doing your best to help the victim's family. It's about respect.

"I never want to go to another accident, and fortunately the SES is mainly about helping people and other services in so many other situations."

The Fleurieu Peninsula is renowned for its army of priceless volunteers in an amazing range of roles from emergency services, supporting your local club and organisation to making visitors feel welcome or helping the needy. Generally, there is no reason to feel lonely here because there are thousands of volunteers that you can meet while serving the community.

Continued P3



Support at home or residential aged care

Residential Care Services

3 Frederik Street, Port Elliot SA 5212

Opening in May: High quality aged care and respite accommodation in a warm, friendly environment.

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email retirement@resthaven.asn.au

www.resthaven.asn.au

Community Services

50 North Terrace, Port Elliot SA 5212

Currently available: In-home care and support services for older people who live in their own home.

From May, additional services include respite for carers and health and wellbeing support, coordinated from the old school house building.

Enquiries: phone **8531 2989**
email mbhcs@resthaven.asn.au

From P2

Gayle Mills, the volunteering coordinator and office administrator for Southern Volunteering (SA) Inc, which is located in the Old School Building on Torrens Street, Victor Harbor, said she had always admired those who were able to help their community in some way.

The organisation, which is celebrating 30 years of providing a volunteer service in the southern metropolitan area, provides advice and direction on the range of volunteer opportunities available in the region.

Increased federal government funding over the next 12 months will help to increase the level of volunteer-related services. It will enable Southern Volunteering to focus on sourcing those community organisations that are reliant on volunteers to provide a much needed service, but whose details are not currently registered with Southern Volunteering.

Gayle hopes that in the coming months, through contacting organisations directly, that the scope of volunteer roles can be greatly expanded to meet community needs. "With an ever increasing number of people opting to volunteer to meet their Centrelink Activity requirement, the demand for volunteering hours far exceeds the volunteer roles that are recognised as appropriate for these criteria," Gayle said.

"Whilst Centrelink compliance accounts for a high percentage of demand, people are attracted to volunteering to provide a range of benefits.

"The social aspect of volunteering is a great way of meeting people, being part of the community and maintaining skills and interests. Tourism, health, environment, family and individual support, community radio, transport and aged care are just some of the areas that benefit from the contribution of volunteers."

If you are interested in joining the SES contact unit leader Fred Brehin when they meet on Wednesday nights from 7.30pm.

Those interested in volunteering in many other categories contact Southern Volunteering Inc 8326 0020.



McLaren Vale Sea & Vines Festival

The 23rd annual McLaren Vale Sea & Vines Festival will be held from June 5-8.

It will be bigger and more entertaining than ever with wineries and fabulous eateries across the region opening their doors to present the best of McLaren Vale and region.

It is one of the great events on the South Australian tourism calendar. Get right into it and enjoy the fine wines – but please, don't drink and drive; bus trips are available.

For tickets, wineries & food places involved and further details visit: www.seaandvines.com.au

Image: stockoz.com

Resthaven to open its doors on May 14

Resthaven Inc will officially open its magnificent new residential facility on the main road, the corner of Frederik St, Port Elliot on Thursday, May 14.

The centre will provide outstanding care and support to older people and their carers.

The facility will be officially opened in the morning, and to the general public for guided tours from 1.30-3.30pm.

Front cover

Australia's Biggest Morning Tea is on again on Thursday, May 28, and Vickie Giermann (pictured left) from the Goolwa & District Community Bendigo Bank, and Kristina Minervini, from Caff  de Carlo have organised a big event in the Goolwa Shopping Centre.



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NAB Victor Harbor

Victor Central Shopping Centre, 27 Torrens Street, Victor Harbor 08 8555 8000



more give, less take

Make it a nice May day, not a Mayday!

Oh no, we're approaching that time again... the tax man, referred by many as the Grim Reaper.

However, for many people as individuals or as part of a small business it can be welcoming relief; finding ways to either reduce the payments – and may we live in hope... receiving a return. It's all about re-visiting your business practises and methods, and getting the right advice.

In many situations it is no use going to your accountant or financial advisor after June 30 and be told that you could have saved money had you taken measures earlier.

For small business people, this is a crucial time of your year... working on your business rather than in your business. And you must find the time.

As an example, a couple runs a business that is going nicely as a partnership, and then the tax man says they owe \$5000. Suddenly, they realise that the husband has paid all the tax and the wife, who no longer has other employment, pays none. Gone is the opportunity to take advantage of the tax threshold and sharing the tax payment by simply operating a family trust rather than a partnership.

As always, every business situation is different; this may not be the best option for someone else. But the key point here is investigate the options. You may be already doing the best thing for you, and that reassurance can be so comforting.

It is crucial for retirees to look at how their investments are structured and assess whether they are maximising their tax benefits, but again, in many cases you need to sort this out before June 30. If you leave it too late you may get caught in the rush and miss out on making an appointment to make adjustments. As an old saying goes, this is putting your ducks in a row... organising yourself to get the job done.



... this is a crucial time of your year... working on your business rather than in your business.

Goolwa & District
Community Bank® Branch



Advertorial

It is also a good time to re-visit your business plan; the bookkeeping, marketing and how to make your business grow. Running a small business can seem like getting on a hurdy-gurdy and unable to jump off, but somehow you need to find the time and reassess or reassure yourself how you are actually going, and modify if necessary.

The Bendigo Bank has qualified and very understanding people with expertise across a broad range of areas covering personal and small business issues who are there to help you. It doesn't hurt to call into the Goolwa & District Community branch and see the manager Mike Bastian, who has a strong background in business finance, even if it is just to go over a few things to be reassured your business is travelling well.

In this bank, it's all about communicating in order to help you; there is not the hard sell,

or pressure to do something to boost the bank's profits.

Times are tough – we all know that – and it is in this economic climate that we need to look at every possible angle relating to your business to remain viable. You must stop and compare your results with your budget, and if necessary make adjustments. Talk to the right people, and who knows, there may be simple options to save you money.

In some cases, a small business may need a small loan for whatever reason – again, everyone's case is different – and it is obviously in your best interest if you are already guided by a good business plan. Remember, the Bendigo Bank has your interest at heart; the team in the Goolwa & District branch is there to listen and upon request help you find solutions.

We all tend to have a little dig at the Australian Tax Office, but if you are facing difficulty making a payment they are generally understanding, caring and go out of their way to help you work through the issue. The key is making contact with them.

Make this May day a positive turning point in your personal or business matters, and for the record, the word "Mayday" – a distress call – is the anglicised spelling of the French pronunciation of the word "m'aider" which means "help me".

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Bendigo Bank

FOR SALE

63 Wentworth Parade

*Contemporary waterfront home
exceptional value*

\$349,000



Located in the Marina Hindmarsh Island, on a level waterfront allotment overlooking the Sturt Lagoon. The owners of this courtyard house approached the builders with a design to create their dream retirement home by incorporating an indoor/outdoor lifestyle with a "south coast" aesthetic of warm and natural materials.

The site is nestled between other quality single storey courtyard dwellings and backing onto a pretty leafy green reserve. The intention of this home was to take advantage of the waterfront views and bird life sanctuary, while still offering the homeowners as much privacy as possible.

Some of these features were creating large windows running along the waterfront façade over looking an undercover deck with glass balustrading and timber privacy screening. Another was essentially adding two master bedroom suites - one on the street side and the other on the water side. This clever design will appeal to a large market. If you would rather enjoy your master room on the north side of the home and over look the reserve you can; or lay back and enjoy your favourite novel with views of the boats drifting by.

This delightful, very homely dwelling was built in 2013, and has two bathrooms and three good sized bedrooms with a sleek kitchen and modern appliances including a gas cooktop and Smeg dishwasher. Other features are 9ft ceilings throughout, split system AC, solar and a private jetty. This property will appeal to a professional or retired couple who want to secure a quality home with everything done, but still want to leave some money in the bank. Total land area 536m², house area 196.18m² inc garage 60.4m²



Contact Jemma Morris 0423 007 537
www.riverportproperty.com.au
RLA 233414



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FOR SALE

205 (Lot 129)
Wicks Road Kangarilla

"Tinjella" stunning Kuitpo retreat

\$790,000



Tinjella (Aboriginal for Echidna) is tucked away in beautiful Kuitpo Forest only five minutes drive into Meadows and less than 30 from Victor Harbor. The abundant bird and wildlife in residence makes this a peaceful sanctuary to enjoy all year round.

This cosy two bedroom home of solid brick construction was built in 1978, and is showing no signs of ageing. It has been fastidiously maintained .

The property has had only two owners over this time. All of this is contained in one certificate of title on approximately 7.284 ha or nearly 18 acres.

The property features include the master bedroom with ensuite & walk-in-robe, second good size double bedroom, beautiful second bathroom, country style kitchen with Thermalux slow combustion stove/oven, delightful sitting room, formal lounge & dining room, lovely high-raked ceilings, a massive 11m square American barn-style shed with concrete floor and power, 155,000 litres of rainwater plumbed to the house, mains power connected and excellent boundary and internal fencing ideal for horses, alpacas and cattle.

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Jesus Christ Superstar, a 1970 rock opera by composer Andrew Lloyd Webber and lyricist Tim Rice, comes to Victor Harbor. It promises to be another huge success for local director JJ Geelen, and the South Coast Choral & Arts Society in its 60th year. He refuses to be called our own superstar after presenting us other brilliant plays, but...

We do know how to love him

The voices ring loud... *Jesus Christ... Superstar...* Do you think you're what they say you are? And the heart of Dutch-born director Jacobus Johannes Geelen, simply known as JJ, fills with pride as he watches his performers rehearse.

He turns to the band behind the stage and those working the lights and sound – even the kind soul whose job it is to set up the coffee cups and make sure there are enough biscuits on opening night – and breathes the air of confidence that all will go well. Okay, slightly over-dramatised here, but when you're in a hall of thespians everybody wants to somehow get into the act.

But not for one minute does this director believe it's his show. When some also ask 'do you think you're what they say you are?' his bristly face turns cold. For a self-made director who learnt this incredibly judgemental game from reading a book *An Idiot's Guide to Directing a Musical* (seriously), he's certainly not one for the limelight.

It's always about the team, but not always about the play. JJ sees the theatre as not only something for the community, but a marvellous opportunity for young people to gain valuable life experiences that may help



them in life and the workforce. For those much older, it's working in a generation gap and realising there are some fabulous young people out there who don't just skateboard. Importantly, at the end of the play there won't

be the customary presentation of gifts to the director and crew. "A play is a collective," JJ said. "You might have a stand-out performer, but that person would be nothing without the lighting guy or the person making his or her costume. I am really trying to push that."

And with this simple team approach, it is easy to understand why his performers have listened to his every word the past four months preparing for *Jesus Christ Superstar*. JJ's journey has had more twists than Oliver.

He came to Australia in 1976 aged 13, was a leading seaman cook with the Royal Australian Navy for 11 years from 1981, learned much about Aboriginal culture teaching in the Pinjarra Lands, and 2003 when he taught in Minlaton, Yorke Peninsula he surprised himself by landing a leading stage role in *South Pacific*.

However, it was JJ's move to Victor Harbor High School – he is currently acting business manager – that led to a far more serious approach to theatre with the South Coast Choral

& Arts Society, including supporting and leading roles in plays like *The Boyfriend*, and a dabble with directing in *Wild Goose Chase*. "I decided to have a go at directing a musical *Oliver* in 2009," JJ said. And with continued support from brilliant musical director Brenton Osborne, then came *Sound of Music* (2011), *Wizard of Oz* (2013) and now *Jesus Christ Superstar*.

JJ concedes being a director of a play can be stressful, but he never loses sight of the fact people are giving up their own time. "What helped me was being on stage and helping back stage," he said.

"I have not had any formal training so I wing it; go by my gut, but like good caravaners I always have a check list. Buying my idiot's guide book was the best thing ever because it told me about budgeting, the need for a stage manager, business manager, costuming and so on.

"To be a good director you have to stick to what you believe in, because what you find is that lots of people say 'why don't you do this' or 'wouldn't it be better if you did that'. I take it all in, but stick to my clear vision.

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market Saturday, May 16

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Victor Harbor

Continued P7



The principal performers (from left) Penny Smith as Judas, Robert Bell as Jesus, and Zoe Tammita as Mary pictured before the final rehearsal.

From P6

"It's hard keeping people motivated. It's a long period of people's lives – sometimes three or four months. For me, this play has been 12 months of planning. The principals of the play work really hard, but it's the minor roles, the chorus people, that presents a challenge of keeping them occupied.

"I know I can be really pedantic. I stick to my guns. Sometimes I push a bit harder and push people away because they are missing the point, but then I see it as me not communicating properly, not getting the vision across.

"At the end of the day, and it was in my book and it is so true, when everything is great and the end result is fantastic, everybody gets a pat on the back which is wonderful. It's how it should be, but when things go wrong it is the director's fault.

"I know whether I have done a good job or a bad job. What I need is for the performers, the costume people, those who do the lights and other background work, to get a pat on the back. That is my absolute reward; it is not about me.

"When you direct it is important to remember it can be like an artist. You can paint what you like, but if you don't sell any paintings you are poor forever. I can direct what I like, and I can put on these dramatic plays or Shakespeare, but no one might attend in Victor Harbor. You have to listen to your community to a

certain degree because you are performing for them. I look at stuff that is current.

"With *Jesus Christ Superstar* they have changed the music and keys in some instances, which hopefully means the whole community can relate to it."

However, not everyone has accepted this play with some challenging the accuracy of the story based on the last seven days in the life of Jesus Christ.

JJ was so concerned that he met leaders of the 12 churches in the area and explained he wasn't doing a Bible story, but a play – something with great new music and overall positive for the whole community.

"I told them I wanted to attract Christians and non-Christians, and in the end you will probably find it will help you because people might ask questions like they did in the 70s," JJ said.

Regrettably, JJ has also copped local cries of blasphemy because a girl, Penny Smith, will play the role of Judas Iscariot, which also raised concerns from Origin Theatrical, the agent for the owners of the play in Australia. Once the agent understood Victor Harbor was no different to other regional centres in Australia in that it lacked male performers they accepted the change, but as part of the normal strict licence conditions insisted Penny sung the same keys as a man.

"It has been a tough journey, no doubt, but oh Penny has been amazing," JJ said. "Robert

Jesus Christ Superstar presented by South Coast Choral & Arts Society at Victor Harbor Town Hall, Coral St.

Friday, May 8, 7.30pm
Saturday, May 9, 2 & 7.30pm
Wednesday, May 13, 7.30pm
Friday, May 15, 7.30pm
Saturday, May 16, 2 & 7.30pm
Wednesday, May 20, 7.30pm
Friday, May 22, 7.30pm
Saturday, May 23, 7.30pm

Cast – Jesus: Robert Bell; Judas: Penny Smith; Mary: Zoe Tammita; Pilate: Kim Bell; Herod: Richard Greig; Caiaphas: Alexander Wright; Annas: Jenny Penny; Simon: Ali Dunbar; Peter: Danny Smith.

Production – Director: JJ Geelen, assistant director: Cathy Venning; musical director: Brenton Osborne; assist. musical director: Derek Walter; choreographers: Thomas Brooks, Tanya Curtis & Kira Adams; business manager: Bill Lowe; wardrobe: Josie Catt.

Tickets: Adults \$18; concession \$15; U14: \$12; Family \$54. Available online: www.sccas.org.au; online through RAA shop Ocean St, Victor Harbor, and at the door.

Bell has also been brilliant as Jesus, as has Zoe Tammita as Mary. They are all good; the entire cast and crew.

"I feel so proud of every performer. They will be nervous on opening night and I will be really excited for them. All I ask of them is to stay in character; no matter what goes wrong. If Mary trips over, who would pick her up; what would Jesus do? This is staying in character.

"I say to them, go out there and have fun. Be the best you can be and shine."

We do think JJ is what we say he is – brilliant.



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Your local team (from left) Shane Mitchell, and proprietors Steve Conder & Tony Caruana



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Just a thought...

A butcher who backs into a
meat grinder gets a little behind
in his work.

Until June 21

Alison Mitchell and Harry Sherwin Exhibition,
Signal Point Gallery, Goolwa. Free entry.
Mon-Fri 11am-4pm, Sat-Sun 10am-4pm.

Until May 17

An exhibition of artworks and photographs
commemorating 175 years of Strathalbyn, at
Stationmasters Gallery, Strathalbyn Railway
Station, South Tce. Free entry. Wed-Sun
10am-4pm.

Until May 31

Sally Deans Solo Exhibition, South Coast
Regional Arts Centre, Goolwa Tce, Goolwa.
The artist has a great love of the landscape,
especially the Murray and its river lands.
Free. Wed-Friday 11am-4pm, Sat-Sun 10am-
4pm.

Until May 31

Scent of Rain Exhibition, Art@Goolwa, 13
Porter St, Goolwa showcasing the talents
of 23 artist members of the gallery. A
diverse range including paintings, drawings,
jewellery, photography, ceramics, fabric
art, woodwork, leatherwork, glassware and
more. Free entry, open 7 days 11am-4pm.

Wednesday, May 13

Become one of the first volunteers for Alexandrina Connect. It is
a fabulous newly-incorporated body designed to give the region
a much-needed community centre, which will basically replace
many of the services provided by Create & Connect for many



isolated people with a range of social needs and/or a disability.
An active volunteer training session has been planned at the
Centre for Positive Ageing community room, Goolwa from 5.30-
7pm; RSVP May 8. Learn about Alexandrina Connect's plans and
play a much-valued and appreciated role in its development.
The personal rewards are limitless. Contact: secretary@
alexandrinaconnect.org.au or Vickie 0488 999 141.

The gloves pictured left were used as a show of hands of support
at the first public meeting to establish Alexandrina Connect last
October, and have continued to be a symbol of the community's
strong will to make this centre succeed. Brilliant.

Until June 30

Winter 2015 Exhibition, Station Masters
Gallery, South Tce, Strathalbyn. Annual
winter collection of untheamed works
including Peoples Choice Awards. Contact
8536 4263. Free entry. Wed-Sun 10am-4pm.

Friday, May 8

A Dawdle with Dave... take a walk along
memory lane with local historian Dave Finnie
and experience the history of Strathalbyn's
High Street. Walks begin at Strathalbyn
Library 11am and 2pm. Free; bookings
essential. Contact 8555 7000.

Saturday, May 9

Minds in the Water, Port Elliot Surf Life Saving
Club, Horseshoe Bay. Screening of award-
winning documentary following pro surfer
Dave Rastovich and his friends to protect
dolphins, whales and the ocean. Starts 7pm,
cost \$15 or \$10 pre purchased. Contact 0412
974 655. Free activities 2-5pm including live
music, stalls, talks, paddle out and beach
clean up.

Sunday, May 10

Country performer Adam Harvey Up Close &
Acoustic with guest Dave Prior at Encounter
Bay Football Club on Mother's Day from
7pm. Concert seats and group table bookings

\$30 p.p. BYO supper; bar facilities available.
Contact: 8554 5236

May 23-24

Knights Beach pro body boarding
competition. Watch the professionals as they
compete for ranking in the national body
boarding circuit at Knights Beach, Port Elliot
from 8am both days.

Sunday, May 24

ALEX FM Ghost Walk Tour, Goolwa. Local
clairvoyant Kym Stevens will explain in detail
the very interesting and sometimes dark past
of Goolwa. Bring a torch, camera and walking
shoes. Cost \$25, includes a scrumptious
supper. Bookings essential; contact 8555
3876. Starts 7.30pm at Alex FM, BF Laurie
Lane.

Wednesday, May 27

Black Screen, Centenary Hall, Cadell St,
Goolwa. Each year Black Screen offers a
great collection of Aboriginal and Torres
Strait Islander films. Come and enjoy this
celebration of our culture and support some
fantastic talent on and off the screen. Starts
7pm. Free entry, bookings essential; contact
1300 466 592.

Continued P9

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Saturday markets

Inman Valley Art Craft & Produce Market:

First Saturday of the month, 9am-1pm. Inman Valley Memorial Hall.

McLaren Vale Market: First Saturday of the month, 9am-2pm. McLaren Vale Institutional Hall, Main Road, McLaren Vale.

Mount Compass Market: First Saturday of the month, 8.30am-1pm. The Wetlands off Nangkita Road, Mount Compass.

Myponga Wholesale Country Market: Weekends and Public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main South Rd. Myponga.

Port Elliot Market: First and third Saturdays of the month, 9am-2pm. Lakala Reserve, Rosetta Street. Port Elliot.

Victor Harbor Farmers' Market: Every Saturday, 8am-12-30pm. Grosvenor Gardens, Torrens St, Victor Harbor (opposite Victor Central shopping centre).

Victor Harbor Indoor Craft & Plant Market: First Saturday of the month 9am-3pm at the RSL clubrooms, Coral Street, Victor Harbor.

Willunga Farmers' Market: Every Saturday,

SUPPORT YOUR LOCAL MARKET

8am-12.30pm, Willunga Town Square.

Willunga Green Light Eco Market: First and third Saturdays of the month, 8.30am-12.30pm cnr Aldinga & Main Rd, Willunga.

Willunga Artisans' Market: Second Saturday of the month, 9am-1pm, Old Show Hall, Main St, Willunga (opp Willunga Farmers' Market).

Willunga Quarry Market: Second Saturday of the month, 9am-1pm. Aldinga Rd, Willunga.

Yankalilla Craft & Produce Market: Third Saturday of the month, 9am-1pm. Agricultural Hall, Main Road, Yankalilla.

Sunday markets

Cape Jervis Market: Second Sunday of the month from September to May, 9am-1pm, in and around the Cape Jervis Tavern.

Goolwa Wharf Market: First and third Sundays of the month, 9am-3.30pm. Located at reserve by the Goolwa Wharf.

Kangaroo Island: Penneshaw Farmers' Market and Penneshaw Community Market: First Sunday of the month, 9am-1pm. Penneshaw Oval (October-April). Penneshaw Lloyd Collins Reserve (May-September).

The Vale Market (McLaren Vale): First and third Sunday of the month (September-May), 9am-1pm. McLaren Vale & Fleurieu Visitor Information Centre, McLaren Vale.

Myponga Wholesale Country Market: Weekends and Public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main South Rd, Myponga.

Strathalbyn Market: Third Sunday of month 8am-2pm, Lions Park, South Tce, Strathalbyn.

Victor Harbor Country Market: Second and fourth Sundays of the month, 9am-4pm. Soldiers Memorial Gardens, The Esplanade, Victor Harbor.

Victor Harbor Natural Resource Centre's Market of Earthly Delights: A veggie/produce swap market. First Sunday of the month 1pm-3pm at The Encounter Centre, Armstrong Rd, Victor Harbor.

From P8

Friday, May 29

This is Where We Live, Centenary Hall, Cadell St, Goolwa. A tough upbringing, Chloe has bleak hopes for her future until she meets Chris. (Some coarse language; for ages 14+). Starts 7pm. Cost adults \$25, concession \$20. Bookings essential contact 1300 466 592.

Monday, July 6

The Australian Decorative & Fine Arts Society presents *St Petersburg* in the 18th & 19th Century at McCracken Convention Centre from 10.30am.

The lecture will be presented by Dr Alexey Makhrov, a graduate of the Academy of Arts, St Petersburg. It documents the development of St Petersburg, founded in 1763 as a fortress in a remote area of the Baltic Sea to one of the grandest capitals of Europe. Cost: \$25. Bookings: Jen LeMessurier 0417 084 003; Betty Lockwood 0412 136 522; Anne Butcher 0408 267 511. e: fleurieu@adfas.org.au

Thursday, May 28

Australia's Biggest Morning Tea

(Cover story)

Australia's Biggest Morning Tea is on again on Thursday, May 28, and Vickie Giermann from the Goolwa & District Community Bendigo Bank and Kristina Minervini from Caffé de Carlo in the Goolwa Shopping Centre have brewed a real winner.

Like many around the nation, they got together with support of their employers and workmates to put on a morning tea from 10am-noon. The bank and coffee shop raised more than \$1000 last year, and now they want to do better – so support them!

Local businesses have again showed heart by donating prizes for a free raffle, with all proceeds going to Cancer Council SA research projects.

Tickets for this Goolwa Biggest Morning Tea are just \$12, but it is valued much more thanks to Caffé de Carlo and many others. Go

on, see Vickie and Kristina and pre-order a ticket today.

(And we thank the Chit Chat Newsagency in Victor Harbor for kindly providing the super-sized tea cup for the front cover image).

This Australia's Biggest Morning Tea event is just one of many organised across the Fleurieu Peninsula – they are all for a wonderful cause, and present a great way to meet new friends.

And well done to all of those who have organised a fundraiser, and to the many sponsors.

If you would like to organise a morning tea to raise money for cancer research, visit the Cancer Council SA website for details:

<http://www.biggestmorningtea.com.au/get-involved/host-a-tea/>

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Special you won't find on the menu

American comedian and actor Jerome Allen Seinfeld told us on his own TV sitcom never to tell him there was a 'specials board' at a restaurant because if the dishes were special they would be on the menu.

Perhaps there is truth in this, and if you look at the board at *mOtherduck* (note the clever use of the capital 'o' on their website) you will also miss what is particularly special about this quaint Goolwa cafe/restaurant in Cadell Street.

This is not a food review, so it has nothing to do with the part-owner and chef Melissa

Howard's personal favourite dish the Duck Caesar Salad or any other culinary delight. Mind you, the *mOtherduck* Dukkah and the Bucatini Pasta are to die for, and we dare not mention the wicked cakes.

The simple ingredients of this special are love and compassion. It's about, in their humble way, having fostered 20 children over the past decade or so, including Lachlan, who currently resides with them and Melissa's children Alana, Clare and Rory.

Lachlan has an intellectual disability; he's a delightful and loving kid almost 13 with the mental capacity of a six-year-old, and this amazing family in Goolwa treats him with respect as if he were their own.

There are a few times during the week you may see Lachlan diligently washing up dishes, or perhaps come eight o'clock in the morn arranging the outdoor tables and chairs for the day's usual busy stream of customers. According to Melissa, it's about work and life experience and helping him prepare for more challenging times ahead; particularly given the fact he cannot read.

Simon noted there were so many kids in Australia that had left their house. "We saw



"Every child is different as to how they react so we have been constantly learning how to deal with these kids. We still do every day."

– Melissa Howard, pictured with her partner and *mOtherduck* co-owner Simon Martin.

an ad in the local paper for an Aboriginal foster agency so we started with Aboriginal children for quite a few years," he said.

"Like everything in life, we had a few good and bad experiences, but at the end of the day there was a reminder that none of us are perfect. It has been rewarding for both of us and as a family." Melissa believes fostering children has allowed them to become a lot more patient with behavioural issues and learning how to deal with them.

"We have had to do a lot of retraining... they come from such a broken family," she said. "They come with a lot of trauma, and because of that they can react in different ways to things compared with a child from a normal background.

"Every child is different as to how they react so we have been constantly learning how to deal with these kids. We still do every day. It's not just us, but Alana, Clare and Rory that have to welcome the kids into their house as well and share us with them. It's hats off to them as well.

"Fostering children has helped us to see

a different side of life. In many ways the rewards have been great."

Simon said few people would realise just how many kids were out there in residential care and orphanages and needed people to look after them.

"Just at our agency, which is Life Without Barriers, there are 120 kids being looked after in special houses; some cases seven or eight in one big house with 24-hour rotation of people to look after them. They are high-end kids; the top few percent that can be trouble. We are lucky with Lachlan whose main issue is his intellectual disability; he is a beautiful natured kid."

Melissa said it was not always easy not having previously tried to teach a child with an intellectual disability, and stressed the challenge was not theirs alone, but that of the community.

Given the obvious caring nature of Melissa, a qualified chef, and Simon, a building designer by profession, the title fits rather well with their restaurant.

Continued P11

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From P10

The name actually stems from the early childhood days of Alana and Clare who always called their mum Mother Duck, and after weeks of trying to think of a name for the new business launched 12 months ago this month Clare came up with the obvious.

The caring connotation also reflects what they have poured into this business – Simon using his building expertise to turn this 1909 building into architectural splendour and creativity, and Melissa meticulously putting together a brilliant menu from her experience at other regional eateries to present what was much needed.

Simon agrees their background is an interesting combination for a cafe/restaurant, and the importance he placed on developing a stunning fit-out focusing on combining original materials and structure with a fresh approach is interesting.

“We always thought the restoration was important because businesses in some regional towns tend not to spend a lot on the look of the building, and consequently they may lack atmosphere,” Simon said. “We feel like we have created something and people come in and think we have been here for a long time.

“Atmosphere does not come by magic; sometimes you might be lucky to have a building that suits the situation. It’s all part of why people like to go out.”

Melissa’s culinary journey began like so many; watching and learning from her mum, Jan, in the kitchen as a youngster in their home at Manurewa, a southern suburb of Auckland, New Zealand.

Again with much humbleness, Melissa said she had always been driven by her passion for cooking and wanting her own restaurant ever since she came to South Australia as a 16-year-old kid.

“A lot of people with an idea for a business sit back and don’t follow their dream,” Melissa said. “We kept saying we would despise the



expense; the risk. What if people don’t walk through the door? We asked. What if we don’t do this? At the end of the day we asked ourselves, are we going to do this or not?”

We hear of dreadful dealings adventurers face with potential landlords, but Simon and Melissa struck a gem; a woman who believed in them and saw the bigger picture and mutual benefit.

Importantly, Melissa knew what the area needed in terms of good wholesome eating, and that was the line they had taken. “We’re not fine dining,” she said. “Quality food, but in a more relaxed style.” A reviewer would suggest a change to fine cuisine at basic pub prices.

It was at this point of the conversation that Simon delivered the proverbial coup de grâce in terms of telling why *mOtherduck* was different to other restaurants. “We don’t own a deep fryer,” he said.

‘OMG’ is the usual reaction. And Melissa and Simon are also proud of employing 10 people full time or part-time.

The courage to be different grows with Melissa’s immediate plans to introduce – with the support of another full-time chef Nathan Sims – outback bush tucker. It is something she previously worked closely on at a former restaurant in Sellicks Beach.

“I learned a lot about native berries and salts and things like that,” Melissa said. “We are starting to work a little bit down that path.... we’re getting in things like some kangaroo tail and quandongs. It’s something that our other chef Chelsea Robb is interested in too.

“I guess it’s about having another option on the new menu. People ask what is a quandong and we say it’s a native Australian peach. They try it, and love the experience; that’s what we are about. It’s bringing that awareness of a different food; it’s texture and flavour.

“We prepare food in so many different ways... creative fresh and healthy. I like to cater for a lot of different eating styles because there are lots of food allergies, or diet requirements

around these days. As a dieter myself, I found it frustrating not being able to go out and pick something from a menu and walk out feeling like I haven’t stuffed myself and I need a sleep.

“It’s about making people feel they have made a really good choice about what they have selected and feel really good about themselves.

“I try to make the menu as healthy as possible. We have a paleo burger... and sure, there are also some things that are not as healthy; there are temptations. The idea is to offer them in moderation; offer a choice.” The coffee from Proud Mary, a tiny shop in Collingwood, Melbourne, is a must, as are the micro boutique beers that Simon personally sources. “Someone has got to go to these places and try them,” he bemoans (not).

We’ll stop there because, as hard as it is not to dwell on what goes into making this place so pleasant, we said this wasn’t supposed to be a restaurant review. It’s about the love and care of different kind; something that you’ll never see on the specials board. Like the story book, it’s how we have always perceived Mother Duck; her kindness. ■



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Mother's Day
Sunday, May 10

"I love my

Inspired by her love for her mother, it was 100 years ago that Anna Jarvis began campaigning across the United States of America for everyone to honour their mother. In her words, the person who has done more for you than anyone in the world.

Anna wanted to recognise the work her mother Ann had started as a peace activist, in particular caring for wounded soldiers on both sides of the US Civil War. By 1908, the first Mother's Day was celebrated on the second Sunday in May when Anna held a memorial for her mother in West Virginia.

Anna provided 500 white carnations to be distributed amongst the mothers at the service, also hence the tradition of white flowers on Mother's Day. She wrote: The white carnation is preferred because it may be thought to typify some of the virtues of motherhood; whiteness stands for purity; its lasting qualities, faithfulness; its fragrance, love; its wide field of growth, charity; its form, beauty. Despite her success, Anna became bitter at the commercialisation of Mother's Day, and by the early 1920s Hallmark and other companies began selling Mother's Day cards much to her disgust, and she tried to rescind Mother's Day. People were supposed to write a personal letter by hand expressing love and gratitude rather than buying gifts and pre-made cards.

Australia will be one of 84 countries that will celebrate Mother's Day on Sunday, May 10, and for some, it is also a day of sadness for various reasons, but hopefully we can all remember the special moments. And why not re-live them through the hearts of those so young... through their dedicated and caring teachers, we asked Year 1 students at Investigator College Goolwa & Victor Harbor campuses – mostly six-year-olds – to tell us why they loved their mum. For one, it was a 'special lady'.

You've got to love the priceless responses... it's what Mother's Day is meant to be about; a personal message of love.

Happy Mother's Day to all our mums!

**Louisa Wilson's Year 1 class,
Investigator College – Victor Harbor
Campus:**

She plays games with me – Maddison
She is fun – Tilly
She takes us on great holidays – Ethan
She makes me healthy food – Jack
She kisses me goodnight – Henry
She works hard to look after me – Charlie
She takes us on cruise ships – Annabelle
She lets me have sleepovers – Alice
Because she is funny – Jordan
She makes dinner for me – Eve
She takes me on holidays – Tommy
She lets me stay up late – Abbey
She never lets me down – Ruby
She gives me biscuits – Saskia
She lets me go to fun places – Armi
She loves me – Gian
She makes me yum food and she's so beautiful – Luca
She always plays with me – Jack
She helps us with our homework – Clayton
She gives me cool stuff – Joel

**Suzanna Rowett's Year 1 class
Investigator College – Goolwa
Campus:**

She looks after me, takes me out for dinner and she loves me – Allara
She helps me do my maths and tickles me on the feet – Penny
Makes me food like Murphy's spuds and talks in funny voices – Lucas
She cares for me and helps me when I'm hurt – Max
She's always nice to me and kisses me – Madelyne
She's creative and draws with me – Taama
She plays games with me and tickles me – Layla
She looks after me and gets me lots



of Lego figures – Mitchell
She makes nice food like pizzas for me. She forgets things and makes me laugh – Skye
She cooks tea and cleans up and tells funny jokes to my Dad – Tom
She takes me places like McDonald's – Riley
She takes me to the movies and makes yummy food like spaghetti – Cohen
She's so special and makes me milkshakes – Anthony
She's fun and goes down big waterslides with me – Alexander
She helps me with my homework and tries to scare me – Isabella

Mum because...”



“Happy Mother’s Day mum...” Louisa Wilson’s Y1 class pictured (top-to-front & left-to-right) Allara, Madelyne, Lucas; Max, Alexander, Mitchell; Tom, Penny, Isabella; Riley, Skye; Cohen, Layla, Anthony. Absent: Taama.

... and from Anonymous:

“
It is never easy being
a mother. If it were easy,
fathers would do it.”



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INMAN VALLEY



Almost 60 years ago John O'Grady wrote his classic Australian comic novel *They're a Weird Mob* under the pseudonym Nino Culotta, and driving through Inman Valley last month one may have easily assumed there had been a sequel.

After all, who would paint a door as part of the brilliant Festival Fleurieu celebrations depicting a letter box and a toilet seat? Is that what they do with the bills in this stunning hamlet in a sprawling picturesque valley between Victor Harbor and Yankalilla?

It was a bit of an in-house joke really, highlighting the fact the local progress association needed to find a new place for the post office boxes and they chose the storeroom in the toilet block behind the community hall. Country humour, they call it, and Nino the fictitious Italian writer would have been lost for words.

He would have also struggled to adequately describe why Inman Valley – named after Henry Inman, founder and first commander of SA Police, who captured two convicts here in 1838 – is such a treasure. A lot of towns across our magnificent nation can also boast of beautiful scenery, including down the road where we have the Glacier Rock, which many remember as a kid.

But in Inman Valley, the 732 people who live across 380km², are also beautiful on the inside. You just don't see it unless you get to know them, for here they don't have tickets on themselves, they just wear pride.

Helen Schofield (pictured) and partner Steve Cossey bought a large property here up the hill in 1993 when living in Melbourne, and



eventually built in 2000. "It was strange coming to a bigger town compared with where I grew up," Helen said.

Bigger? Inman Valley basically has a quaint church, Daryl Robertson's thriving garage, a community hall, tennis courts, and a devine cafe, the Country Kitchen, owned by Barry and Frances Furler with daughter Kate running and producing, among many delights, sensational pies and pizzas. Helen came from Culla in south-west Victoria and there were only six other students in her school.

Yes, Inman Valley is bigger, but according to Helen not much different to most country towns in the sense of sharing an amazing community spirit. "I just feel that whatever you put into your community you get twice as much back," she said.

1
1
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"I just love all the different people you meet here. If you lived in the city you would never meet them; you don't know your neighbours half the time. Down here, you just seem to meet people from all walks of life. Everyone has something to give to the town, and you learn so much from others."

According to Helen, setting Inman Valley apart from most is that, like any town it has its older people, but they are young at heart. "There is no time warp here," she says with a smile. "Part of the reason is because of influx of younger families, and what is really special is that the older and longer-established families have embraced that and accepted them. Here, everyone is welcome."

"The talent of some of the people here is just amazing... they are all unassuming. People wouldn't know what they have achieved in their

lives; they are so humble about what they do. People like Nancy Duggan down the road; she is a magnificent basket weaver and she has baskets in galleries around the country.

"There is Pat Hagan, who lives on the top of the hill; she does beautiful silver jewellery... she sells to jewellers in Sydney and other places. You see others like them around the place and you just don't realise their talent."

"There are so many wonderful artists and crafts people, and they all get together to promote Inman Presents, which is part of Festival Fleurieu. Every time something like this is held we find one of two more people who are working away in their sheds or spare rooms creating things."

Continued P15



Above left: Some of the brilliant sculpture by Ian McGrath on a pole as part of Inman Valley Presents, in front of the community hall. Right: Ruins of an old church at the back of the main road overlooking the valley.

From P14

"They don't have signs on them saying look what I have done, just like the ladies who have worked tirelessly for the Red Cross for all these years; they just do it and no one makes a fuss. It is what they have always done, and I admire each one and every one of them."

And there is also Helen, who takes the enthusiastic local kids for Hot Shots, a junior tennis program, twice a week because there are too many for one night. She plays both tennis and table tennis, is part of an amazing quilting tribe, has been on the progress and hall committees which are now one, and with Steve, whose expertise is valued by the Victor Harbor Golf Club, is incredibly dedicated when it comes to the Country Fire Service.

"Having come from a small country town I never expected anything different here in terms of people becoming a part of the town," Helen said. "I just knew we would get involved in the community, and when you do you are accepted very easily."

"As far as the CFS goes, other members of our brigade have been to NSW and Victoria

to fight fires. I didn't join because I wanted to go over all the state fighting fires and stuff; I joined because I wanted to feel that I had a better understanding how I could also look after our own property if there was a situation.

"But once you join, complete the training and you have been to a couple of local fires you see things differently. You've been out there all day and you are exhausted, and you see the trucks and strike teams coming from other areas from miles and miles away to help you. The relief that you feel knowing you are going to get a break is incredible, and you gladly reciprocate knowing they need help and a rest somewhere else. It's why we all went to the Sampson Flat fires (first week of January); you see others and you know we will all go and help each other."

Inman Valley had its own fire just beyond the main stretch last year when a shed was razed; significant because the house was not on the electricity grid and the shed had all the solar panels meaning the family had no power. The community association rallied immediately, putting together fundraisers and just about everyone in the town donated

a replacement shed tool for the owners. Helen wasn't surprised. "It's what we do," she says.

The progress association has raised an amazing amount of money over the years from fabulous events like the good 'ol bush dances to help the town. The hall was built in 1954 by volunteers, just like the tennis clubrooms on land owned by the club paid for by doing things like catering for weddings. Remarkably, this is one of the oldest and longest-running tennis clubs in the state – established on March 3, 1904 when they chose their navy and cardinal red colour which they still wear today. How do we know? In this town they keep everything, including minutes from every tennis club meeting since the very first, and from marvellous recollections by local historian Carol Jones.

In this neck of the woods come the winter it can get very cold in the valley. The mornings become very frosty, while up on the hills they get blown away amidst the clouds. Yet, they all sit warmly in comfort with the radiators blasting. Some suggest you can afford this when you pick up your electricity bills at the community toilet. ■

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That's married life

A wife writes in her diary: "Tonight, I thought my husband was acting weird. We had made plans to meet at a nice restaurant for dinner. I was shopping with my friends all day long, so I thought he was upset at the fact that I was a bit late, but he made no comment on it. Conversation wasn't flowing, so I suggested that we go somewhere quiet so we could talk. He agreed, but he didn't say much."

"I asked him what was wrong; he said, 'Nothing.' I asked him if it was my fault that he was upset. He said he wasn't upset, that it had nothing to do with me, and not to worry about it. On the way home, I told him that I loved him. He smiled slightly, and kept driving. I can't explain his behavior. I don't know why he didn't say, 'I love you, too'."

"When we got home, I felt as if I had lost him completely, as if he wanted nothing to do with me anymore. He just sat there quietly. "Finally, with silence all around us, I decided to go to bed. About 15 minutes later, he came to bed. But I still felt that he was distracted, and his thoughts were somewhere else. He fell asleep; I cried. I don't know what to do. I'm almost sure that his thoughts are with someone else. My life is a disaster."

The husband writes in his diary: "A two-foot putt... who the hell misses a two-foot putt?"

Bright lights

Mick and Tony are electricians working on a building site, when Mick says: "I'm going to have the day off; I'll pretend I'm mad."

He climbs up the rafters, hangs upside down and shouts: "I'm a lightbulb; I'm a lightbulb." Tony watches in amazement, while the foreman shouts: "Mick, you're mad; go home."

Tony starts packing up his tools to leave as well, when the foreman asks: "Where are you going?" And Tony says: "I can't work in the dark."

Laugh Lines

Woof, woof

Bob and his wife are almost asleep when the neighbour's dog starts barking again in the back garden.

After 30 minutes Bob jumps out of bed, and storms off. "I've had enough of this," he says. He comes back five minutes later and his wife says: "What did you do?"

And Bob says: "I've put the dog in our garden... let's see how the neighbours like it."

Boom, boom...

Fred and Sam are reading signs at a country cemetery. Fred says: "Crickies mate, there's a bloke buried here who was 112!"

Sam says: "What was his name?" And Fred says: "Km from Adelaide."

The Price is Right

A bloke from Port Elliot is driving to the city and as he goes into McLaren Vale he sees a sign at a petrol station: *Last chance for unleaded petrol at \$1.55*. He has a quarter of a tank of petrol left, but still stops to fill up because of the price. As he walks out he says to the girl serving: "Anyway, how much is petrol further on?" And she says: "\$1.10."

A real flipper

A research group on sea mammals captures a rather odd porpoise on one of its trips. Its peculiarity is that it has feet. After they photograph and measure the poor thing, they prepare to set it free.

"Wait a minute," says one of the researchers.

"Wouldn't it be kind if our ship's doctor here were to amputate the feet so that it would be like other porpoises?"

And the doctor says: "Not on your life... that would be defeating the porpoise."

What a mess

Sylvia says to her friend Roxanne while having their hair done: "I don't know what to do... my husband is such a mess-maker that you can't imagine. He doesn't put anything in back in its place, and I'm always going around the house organising things."

Roxanne says: "Take a tip from me... the first week after I was married I told my husband in no uncertain terms to wash and put back every glass and plate that he takes out."

And Sylvia asks: "Did it help?" And Roxanne says: "I don't know, I haven't seen him since."

Dad jokes...

What do snakes put on their kitchen floors? Reptiles.

What did the clock say to the watch? Tock to you later.

Why did the spider go to the computer? To check his web site.

What do you call a knight who is afraid to fight? Sir Render

What makes a man think about a candlelight dinner? A power failure.

Useless trivia

(but you will read it anyway)

Leonardo da Vinci could write with one hand and draw with the other at the same time.

Venus is the only planet that rotates clockwise.

47.2% of all statistics are made up on the spot.

Only one person in two billion will live to be 116 or older.



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Avengers: Age of Ultron

(M) Action, adventure, sci-fi, fantasy movie starring Aaron Taylor-Johnson, Scarlett Johansson, Robert Downey Jr., Elizabeth Olsen and Chris Hemsworth. When Tony Stark tries to jumpstart a dormant peacekeeping program, things go awry and Earth's Mightiest Heroes, including Iron Man, Captain America, Thor, The Incredible Hulk, Black Widow and Hawkeye, are put to the ultimate test as the fate of the planet hangs in the balance. As the villainous Ultron emerges, it is up to The Avengers to stop him from enacting his terrible plans, and soon uneasy alliances and unexpected action pave the way for an epic and unique global adventure. Fri, May 8:



3.30pm, 8.20pm; Sat, May 9: 10.35am, 3.35pm, 8.25pm; Sun, May 10: 2.35pm, 7.30pm; Tues, May 12: 8.25pm; Wed, May 13: 1.30pm, 6.40pm; Fri, May 15: 3.45pm; Sat, May 16: 1.55pm; Sun, May 17: 1pm; Wed, May 20: 3.55pm.

Boy Choir

(PG) Drama starring Josh Lucas, Dustin Hoffman, Kathy Bates, A demanding choir master at an elite East Coast boarding school pushes a gifted but troubled orphan to fulfil his true potential. Fri, May 8: 1.25pm, 6.15pm; Sat, May 9: 12.10pm, 6.20pm; Sun, May 10: 5.25pm; Tues, May 12: 6.20pm; Wed, May 13: 4.30pm.



Shaun the Sheep: The Movie

(G) Animation, adventure, family movie starring Justin Fletcher. Shaun's mischief will inadvertently lead to the farmer being taken away from the farm and Shaun and Bitzer together with the flock must brave the big city to rescue him, setting the stage for an epic



big screen adventure. Sat, May 9: 10.25am, 2.15pm; Sun, May 10: 12.45pm; Wed, May 13: 1.45pm.



Age of Adaline

(M) Drama, romance starring Blake Lively, Harrison Ford, Michiel Huisman. After miraculously remaining 29 years old for almost eight decades, Adaline Bowman has lived a solitary existence, never allowing herself to get close to anyone who might reveal her secret. But a chance encounter with charismatic philanthropist Ellis Jones reignites her passion for life and romance. When a weekend with his parents threatens to uncover the truth, Adaline makes a decision that will change her life forever. Fri, May 8: 4.15pm, 6.30pm; Sat, May 9: 1.20pm, 6.30pm; Sun, May 10: 1pm, 5.45pm; Tues, May 12: 6.30pm; Wed, May 13: 10.45am*, 3.45pm.

Testament of Youth

(M) Drama starring Alicia Vikander, Kit Harington, Hayley Atwell. Intelligent and free-spirited Vera overcomes the narrow-mindedness of her conservative parents, winning a scholarship to Oxford. Entranced by her brother's dashing friend Roland, who shares her



literary aspirations, she plunges into an intoxicating romance. Vera's dreams are brutally shattered by the onset of war. When Roland and her brother ship out to the front, she is confronted with the

pitiless reality of the war's victims, and her life is irrevocably changed as she loses, one-by-one, the young men she held so dear. Fri, May 8: 1.45pm, 8.45pm; Sat, May 9: 4pm, 8.45pm; Sun, May 10: 3.15pm, 8pm; Tues, May 12: 8.45pm; Wed, May 13: 10.30am*, 6.30pm; Fri, May 15: 4.10pm, 6.30pm; Sat, May 16: 1.40pm, 6.30pm; Sun, May 17: 3.15pm, 7.45pm; Tues, May 19: 6.15pm; Wed, May 20: 1pm.

A Royal Night Out

(M) Drama, romance starring Sarah Gadon, Emily Watson, Rupert Everett, Jack Reynor. On V.E. Day in 1945, Princess Margaret when she and her sister Elizabeth were allowed out from Buckingham Palace for the night, where they encounter romance and danger. Fri, May 15: 1.45pm, 6.45pm; Sat, May 16: 11.40am, 4.40pm, 6.45pm; Sun, May 17: 1.15pm, 5.45pm; Tues, May 19: 8.45pm; Wed, May 20: 10.30am*, 5.30pm, 7.30pm; Fri, May 22: 2.10pm, 6.30pm; Sat, May 23: 10am, 2.10pm, 7pm; Sun, May 24: 1.05pm, 5.45pm; Tues, May 26: 6.30pm; Wed, May 27: 10.45am*, 3.40pm, 5.50pm.



Mad Max Fury Road

(MA15+) Action, adventure, sci-fi movie starring Charlize Theron, Tom Hardy, Nicholas Hoult, Rosie Huntington-Whiteley and Zoë Kravitz. From director George Miller, originator of the post-apocalyptic genre and mastermind behind the legendary "Mad Max" franchise, comes a return to the world of the Road Warrior, Max Rockatansky.

Continued P19

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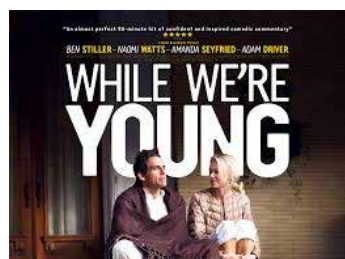
From P18
Haunted by his turbulent past, Mad Max (Tom Hardy) believes the best way to survive is to wander alone. Nevertheless, he becomes



swept up with a group fleeing across the Wasteland in a War Rig driven by an elite Imperator, Furiosa. Fri, May 15: 1.50pm, 9pm; Sat, May 16: 11.20pm, 4.10pm, 9pm; Sun, May 17: 3.40pm, 8pm; Wed, May 21: 1.20pm, 7pm; Fri, May 22: 4.25pm, 8.30pm; Sat, May 23: 9.50am, 4.40pm, 8.40pm; Sun, May 24: 3.20pm, 7.45pm; Tues, May 26: 8.30pm; Wed, May 27: 10.30am*, 7.50pm.

While We're Young

(M) Drama, comedy starring Ben Stiller, Adam Driver, Naomi Watts. Noah Baumbach's exploration of aging, ambition and success stars Stiller and Watts as a middle-aged couple whose career and marriage are overturned when a disarming young couple enters their lives. Fri, May 15: 8.45pm; Sat, May 16: 8.45pm; Sun, May 17: 6pm; Wed, May 20: 10.45am*, 3.30pm.



SpY

(CTC) Comedy starring Jason Statham, Melissa McCarthy and Jude Law. Susan Cooper is an unassuming, deskbound CIA analyst, and the unsung hero

behind the Agency's most dangerous missions. But when her partner falls off the grid and another top agent is compromised, she volunteers to go deep undercover to infiltrate the world of a deadly arms dealer, and prevent a global disaster. Fri, May 22: 2pm, 8.55pm; Sat, May 23: 12.10pm, 4.10pm, 9pm; Sun, May 24: 1pm, 7.30pm; Tues, May 26: 8.50pm; Wed, May 27: 1.10pm, 7.55pm.



Woman in Gold

(M) Drama starring Helen Mirren, Ryan Reynolds, Daniel Brühl, Katie Holmes. The incredible story of Maria Altmann, a Jewish refugee who is forced to flee Vienna during World War II. Decades later, determined to salvage some dignity from her past, Maria has taken on a mission to reclaim a painting the Nazis stole from her family: the famous *Lady in Gold*, a portrait of her beloved Aunt Adele. Partnering with an inexperienced but determined young lawyer Ryan Reynolds, Maria embarks on an epic journey for justice 60 years in the making. Fri, May 22: 4.10pm, 6.45pm; Sat, May 23: 12.01pm, 2.30pm, 6.30pm; Sun, May 24: 3.05pm, 5.20pm; Tues, May 26: 6.40pm; Wed, May 27: 1.30pm, 3.30pm, 5.40pm.



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Now is the time to go potty

There is a common notion that because it rains this time of the year we don't have to worry about watering the plants in the pots outside. "Oh, they will catch enough water," we say. Wrong. And some even forget to also water the indoor pots. It may surprise you that the mortality rate with pot plants can be just as high as the long, hot dry summers. We assume they are getting enough rain drops, but in many cases they don't, especially those under the eaves.

To test whether the soil in the pot needs watering, put your finger into the soil until the first knuckle, and if it is dry then it needs water.

This is the perfect time to give your pot plants a real lift. To prevent them drying out, give them some wetting granules as you would in the summer. Better still, re-pot them. That doesn't necessarily mean throwing out your old pot; simply taking the plant out, tickle the roots and loosen the soil, and give it some fresh soil with the granules. The soil change also helps to avoid root rot, which often occurs when water does get down there but just sits rather than soaking through. Before taking the plant out, give it a good water a few hours. Once out, if it is still very dry, soak it in a bucket of water to soften it right through.

The biggest problem in winter is that there is little transpiration – the plants breathing out – compared with warmer and humid conditions, so it becomes difficult for the soil to soak through and the plant to absorb all the nutrients. Growth always slows down when it is cooler.



Ready, set...
GROW

*Garden ideas
with the DSM
team... Cheryl,
Sandra & Dan*

Changing soil in the pots is a huge job for the commercial operators – it's a maintenance thing, and it shouldn't be any different at home.

You know the plant is ready for re-potting when it slides out in one piece. Roots should be white or light coloured – if they're black the plant may have a fungal disease. If the roots are tightly packed they won't absorb nutrients as well as they should, and it doesn't hurt to cut the roots that look as if they are strangling themselves. Use a pair of sharp pruning scissors and remove as much as a third of the root if necessary.

Terracotta pots are the worst for drying out your plants – moisture can go into your pot and not the plant.

The soil change is particularly important for citrus fruit in pots, but don't think the worst of the leaves are going yellow. It is simply because of the cold. You can buy fertiliser that will help this, but don't stress.

If you are in need of new pots or you simply want to add a splash of new colour or design, the team at DSM is expecting a huge delivery of new pots this weekend. We're there to ask any questions you may have if your pot plants need a bit of TLC.

Lakeside Goolwa

Advertorial

update

Vol. 3, No.3 May, 2015

Showcasing Lakeside Goolwa

IMAGES: Bartie Porter



It was an exciting day at Lakeside Goolwa on Sunday, 26 with the official opening of our new three-bedroom Show Home. The Open Day was a huge success – fun was had by all – and there were rave reviews all round for the new Show Home. Featuring quality finishes throughout, the new Show Home showcases the high standard that is seen throughout all the homes at Lakeside Goolwa.

Don't worry if you missed out on the Open Day as the new Show Home is available to be viewed Monday-Friday from 10am to 4pm. Call Fiona on 8555 2737 to book a personal tour or for more information.

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Located at the edge of the Murray River and just a stroll from superb views of the wetlands, Lakeside Goolwa is a 'village-style' estate, providing an unrivalled level of lifestyle living for the over 50's.

Lakeside Goolwa has it all - a private marina, indoor swimming pool, recreation centre and beautifully landscaped boulevards. The architecturally designed homes are specifically created to combine beautiful interiors and fittings with comfort and easy living around a large, fashionable flow-through dining and living area that opens up to a verandah deck - ideal for entertaining. You'll love it.

For more information or about our opening times, call us on (08) 8555 2737, visit our website www.lakesidegoolwa.com.au or drop us an email at sales@lakesidegoolwa.com.au 39 Noble Avenue, Goolwa North.

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Note for Mum: Can you believe there will be no calories in this wicked dessert on Mother's Day?

Chocolate Lava Puddings

Ingredients

150g unsalted butter
150g dark chocolate
(70% cooking
chocolate)
pinch of coarse sea
salt
2 eggs
2 egg yolks, extra
60g white sugar
1 rounded
tablespoon plain
flour



Method

Preheat oven to 220°C. Grease individual silicon moulds or other mould of choice, with soft butter. Silicon muffin pans are ideal.
Break chocolate into small pieces, place in a heatproof bowl and microwave on low setting, until softened (do not overcook). Remove from microwave, add chopped butter and stir to combine. Return to microwave and heat on low setting for about 30 seconds, or until butter has melted. Remove from microwave oven and stir until combined and smooth. Set aside.
Put eggs and extra egg yolks, salt and sugar in a glass mixing bowl. Beat on medium speed for about four minutes. In that time the egg mixture should lighten, thicken slightly and almost double in size.
Pour the chocolate/butter mixture into the egg mixture and beat on low speed until combined. Add flour and continue beating on low speed until combined. Do not overbeat.
Pour batter into prepared moulds.

The puddings can be made in advance to this point. Cover and refrigerate until ready to bake. Just bring the pudding mixture back to room temperature. before baking. Puddings should be baked just before serving.

Bake for 8 minutes in pre-heated oven. Cooking time may vary depending on oven. Remove from oven and allow to sit for several minutes, then turn out onto serving plates. Delicious served with fresh cream or ice cream, and/or fresh fruit such as raspberries, strawberries, kiwi fruit.

Note: Lindt Dessert 70% cocoa cooking chocolate is an ideal choice for this recipe. Chocolate and butter can also be melted over a bowl of hot water if preferred. Puddings are easier to remove from silicon moulds. If using ceramic ramekins it might be best to serve puddings in the ramekins. Just allow them to cool a little before serving.
Serves 4-6.


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Chorizo & Antipasto Pasta



Ingredients

375g fettuccine pasta
4 chorizo sausages, thinly sliced
240g antipasto, or sundried tomatoes
1 red onion, cut in half and thinly sliced
1 tablespoon Beerenberg Taka Tala sauce
shaved parmesan cheese

Method

Cook the pasta as per packet instructions. While the pasta is cooking, place a teaspoon of extra virgin olive oil in a pan on medium heat. Add the finely sliced chorizo and red onion and cook for two minutes, then add the Taka Tala sauce (add extra sauce if you really like spicy food). Stir for another minute, then add the antipasto (with the oil that



it come in) and stir until heated through. Strain the pasta and reserve about 1-2 tablespoons of the pasta water. Add the chorizo mix to the pasta along with the pasta water and toss to combine (the water makes it a little juicier). Serve with shaved parmesan cheese. Serves 4.

Potato Madison

Ingredients

750g medium-sized potatoes
1 cup condensed cream of mushroom soup
½ cup milk
30g butter
1 cup grated tasty cheese
1 cup fresh breadcrumbs

Method

Pre-heat oven to 200°C. Lightly grease a shallow oven-proof dish with butter.

Peel potatoes, wash and place in a saucepan and cover with water. Bring to the boil and cook until potatoes are just tender. Remove from heat and drain. Allow potatoes to cool slightly, then slice and place half of them in

the bottom of the casserole dish. Combine the mushroom soup with milk, and pour over the potatoes. Place remaining potato slices on top. Melt butter in a bowl (microwave) or saucepan (stovetop). Remove from heat and add grated cheese and fresh breadcrumbs. Toss to combine, then spoon over the top of the potatoes. Place in the oven and bake uncovered for about 20-25 minutes, or until golden on top and cooked through.

Note: Potatoes can be pre-cooked in microwave, prior to slicing if preferred. A small, diced onion cooked until transparent can also be added with the soup mix if desired.



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Get ready, Goolwa is about to be 'engolfed'

Gentlemen, brace yourselves for a scene like the one in that furniture advert where this mad woman is running and shouting: *Start the car! Start the car!*

Your wife or partner may be heading to Goolwa for the South Lakes Golf Club Ladies May Week from May 19-22 when the golf and shopping will be hot, and for most not in that order.

Remarkably, this is the 48th year the event has been held, and a record maximum field of 238 from as far as Victoria, many from the city and other country clubs will descend on South Lakes, which is in magnificent condition.

It will be a tremendous boost for the local economy with new club general manager Mark Crowe working hard to encourage players to support the local shopping precinct, which in turn has responded magnificently with more vouchers than you can poke a golf stick at.

"The South Lakes Golf Club has always been keen to have a strong presence in the community, and this is an excellent opportunity to support our local businesses," Mark said.

Barb Dawkins, in her second year as president



Ready to get into the swing of golf (from left) South Lakes members Joan Dilena, Helen South, Margaret Bird and Lyn Clayson.

of the ladies club, said May Week had been very good for the town for many years, and local businesses had kindly embraced the event and been good to the golf club in return.

"This is one of the biggest events for the club, along with the golf week in November," Barb said.

"It's a wonderful event, not only because of the golf, but the opportunity to meet so many nice people from other clubs. Every year we meet someone new, and it is so nice when our members go to their club at other times during the year and they are also made to feel welcome.

"Our club is about being inclusive, and our gates are always open to people from everywhere."

Above everything, May Week is excellent promotion for women's golf, and especially the South Lakes club. The event consists of a friendly game on the Tuesday, a tournament over Wednesday and Thursday covering A, B & C grades with a maximum handicap of 45, a presentation dinner on the Thursday night, and a foursomes event on the Friday.

Of course, gentlemen, the ladies only have one, maybe two raspberries at the dinner (he, he, he). As Barb said, it is a great social event too.



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