

Coast Lines

FREE

March, 2015
Vol. 4 #61

Your community magazine distributed across the Fleurieu Peninsula and to Kangaroo Island first Thursday of each month

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RAA



The Investigator College community congratulates the Class of 2014 on their success.

We are proud to have assisted in navigating your chosen pathways & celebrate the diverse directions in which you have chosen to travel.

Kathryn Adams
Bachelor of Creative Arts (Drama)

Andrew Ayliffe
Bachelor of Science

Amelia Babidge
Diploma Creative Art & Fashion

Jacob Bainger
Bachelor of Aviation

Nathan Beckett
Bachelor of Nursing

Abbey-Rose Black
*Bachelor of Engineering HONS
(Chemistry & Pharmacy)*

Alex Burt
Cert IV in Christian Ministry

Daniel Byrne
Bachelor of Physiotherapy

Tahlia Cousins
*Bachelor of Health Science
(Physiotherapy)*

Thomas Creaser Gap Year

Joseph Davidson
Bachelor of Arts – Enhanced Program

Selina Detchon
Bachelor of Laboratory Medicine

Tayah Doolan
Employment - Tourism Industry WA

Minna Ellis
*Bachelor of Law & Bachelor Science
(Dbl Degree)*

Grace Gilbert
*Bachelor of Education & Disabilities
Studies (Dbl Degree)*

Emily Grear
Bachelor of International Studies

Tayla Hanak Professional Surfing
*Def: Bachelor of Clinical Exercise &
Physiology*

Cooper Harvy
Bachelor of Aviation

Frazer Hayward
Bachelor of Commerce

Louise Hodge
Bachelor of Commerce (Accounting)

Emily Hutchinson
Bachelor of Business Management

Elijah Hutchinson Gap Year
Def: Bach of Human Movement

Tom Jak
Bachelor of Paramedic Science

Mikaela Kluske
Cert III Animal Technology

Blake Lever
Bachelor of Justice and Society

Elizabeth McErlean Gap Year
Def: Bachelor of Business

Jake McNamara
*Bachelor of Law & Business
(Dbl Degree)*

Jake Miell
Bachelor of Mathematics (Advanced)

Ebony Mitchell
Bach of Design & Visual Communication

Brad Morrison
*Bachelor of Engineering HONS
(Computer Systems Dbl Degree)*

Thomas Neville
*Bachelor of Education &
Health Science*

Matthew Newman Gap Year

Claudia Norris-Green
Bachelor of Education (Primary)

Jesse Ortega
Bachelor of Science

Thomas Osborne
Bachelor of Aviation

James Panozzo
*Bachelor of Science
(Evolutionary Biology)*

Ryan Paterson
*Bachelor of Engineering HONS
(Computer Systems)*

Caitlin Pathuis
*Bachelor of Education & Disability Studies
(Dbl Degree)*

Tim Pearce
Internship Wirraway Youth Camp

Ashlynn Propfe Gap Year

Alexandra Rayner-Lauchlan
Your Beauty Spot - Cert III Beauty

Dylan Rufus
Diploma in Sound Production

Lisa Savchuk
*Bachelor of Engineering HONS
(Civil & Architecture)*

Rosie Shaw
*Bachelor of Education & Disabilities Stud-
ies (Dbl Degree)*

Emily Sheppard
*Bachelor of Economics & Finance
(Dbl Degree)*

Jocelyn Stephens
*Bachelor of Science
(Nutritional & Food Science)*

Kerrie Stewart
Bachelor of Speech Pathology

Victoria Videon
*Bachelor of Justice and Society
(Criminology)*

Danielle Vogelsang
*Bachelor of Behavioural Science
(Psychology)*

Zac Watson
*Bachelor of Engineering HONS
(Chemical)*

Billy Watson Gap Year

Harry Watts Overseas Travel
Vintage in France & Camp America

Hayden Wellington
Bachelor of Interior Architecture

Jade Williamson
*Bachelor of Medical Laboratory
Science*

Vanessa Woelk
*Bachelor of Science HONS
(Biotechnology)*

Danni-Arna Zitterbart
*Bachelor of Behavioural Science
(Psychology)*

SACE Merit Recipients:

Danni-Arna Zitterbart
English Communications

Jake Miell
Mathematical Studies

2014 College Dux:

Jake Miell



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Strike me red, blue & gold... We're now Crowsville!

Any lingering doubt about the southern Fleurieu being Crowsville is about to be removed with the formation of a Crows supporter group.

And the Port Adelaide fans and those from the other AFL clubs just downed another cleansing ale at their local Crowbar. "Unbearable," they say.

The Adelaide Football Club is celebrating its 25th anniversary, and passionate fan Judy Bray, of Victor Harbor, came up with the idea of forming The Crows Fleurieu Supporter Group, joining the other five around the state.

Good friend Diane Pratt, a former member of the Waikerie Crows Supporter Group before moving to Victor Harbor, was the first to get on board, and between them they have called for a meeting of Crows fans to officially form the group at the Encounter Bay Football Club rooms on Sunday, March 15 at 4pm.

"It's about having fun and sharing a common passion," Judy said. "Hopefully it encourages more supporters to attend matches and become members."

Diane is obsessed with the Crows – no doubt about it. "I just love them," she said. "It would be great to meet other Crows fans who feel the same way." She is so passionate that she is a Crows Forever member, meaning she has bequeathed something in her will.



Loyal fans.... Judy Bray (left) and Diane Pratt.

To become an official supporter group a minimum 100 members are required. Benefits include accessing daily tickets to home matches. Annual membership is \$15 adults, and \$5 children.

In the likelihood of the group being formed, Judy and Diane are planning bus trips to the home games using Goolwa Bus & Coach, which has for years provided an excellent service to both Adelaide and Port home games, and among the events planned is a trip to watch the Crows play in Melbourne.

But as Judy stresses, the whole idea is about Crows fans getting together, having fun and showing their true colours. So folks, welcome to Crowsville. "Here we go, here we go Camry Crow..." Oh, that was the old song. How about another new one: "We're the pride of southern Fleurieu, the mighty Adelaide Crows..."

Front cover

One of the really fresh fruit 'n veggies people... Beth Busbridge, of Aldinga, at the Victor Harbor Market representing Scoop SA which provides quality fresh foods across the Fleurieu Peninsula.

P8: Our updated market guide.



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Coast Lines

3

The ayes have it says our 'pirate' fishing Rod

Friends call Rod Ness a pirate because that's the name of his fresh fish shop, *The Pirate's Chest*. Some refer to him as Eliot Ness from *The Untouchables* during the American prohibition days, but he likes Madness via email.

Whatever, Rod is one of the best pirate survivors since Yellow Beard among a fleet of fishermen who once worked off our Victor Harbor coast, through Backstairs Passage and towards Port Lincoln.

As one of only three or four serious professional fishermen remaining, he goes out 3-5 days a week, but says it's nothing compared with the halcyon days before changes to licenses and regulations that are slowly killing off the local fishing industry.

"The changes over the years took the lifestyle of a common fisherman away, and that's sad," Rod said.

But like a real pirate, he gives that gravelling moan before smiling about the fact he loves every moment by himself out at sea, especially when he sleeps on board one of his two big boats for one or three nights. "It's not a lonely existence," he says. "You get time to think; it's just so nice to be out there. It's serene." There are also occasions when Rod's wife Julie goes out fishing – and she loves the fishing adventures.

Then it's to shore to sell fish from their home on Bay Road, Victor Harbor with help from another old pirate, Ron. The backyard shop is filled with bits and pieces of his maritime life, not to mention the pirate girl statue. "It adds

to the theme, and the kids love it," Rod says. With Good Friday approaching on April 3, Rod knows it's going to be far busier than normal. Yet, despite many people maintaining a Christian tradition of having fish on Good Friday, he ranks it third in the fish rush.

"A day or two before Christmas is easily the busiest time of the year when it comes to selling fish," he says. "And then it would have to be New Year's Eve, which surprises me.

"There is no doubt people still follow the tradition of fish on Good Friday whether they are religious or not. I guess it's an unwritten rule people still stick to, which I respect."

Rod, who also helps to work his father's mixed farm at Strathalbyn, has been fishing seriously since the mid-80s.

"The banning of the big net boats has changed the industry a lot," he said. "You used to run the nets and sit back and pull in tonnes of catches, but not anymore. Some fishermen have relocated or got out of the industry altogether.

"Some still run long lines with baited hooks, but that has changed too with the cockles – years ago we could net 10 tonnes of cockles; now it's restricted to 10kg.

"Having said all of that I love the life; going



Top: Rod Ness with a couple of nice fresh snapper.
Above: Rod and Julie.

out off Victor Harbor catching snapper and whiting; doing a bit of garfish dabbing.

"We have extended the range in the shop to getting fresh oysters from other fishermen whom I know personally." Then there are the crayfish, which are seen as expensive due to the pot licenses, and everyone should try one of Rod and Julie's famous fish pies.

And why does Rod think the pies are good? "Because they aarr!!" Well, Rod didn't really say that, but hey hearties, you can't write a fishing Rod story on a pirate without using that old line. ■

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"Riverview" Graceful Strathalbyn Historical Home

Positioned over an imposing flat corner allotment of approximately 2,552 square metres "Riverview" built circa 1890 of Brick and Sandstone construction is firmly etched in Strathalbyn's history.

The original owner was one Walter John Tucker a farmer and grazier from "Lakeview" a prominent property of some 2000 acres south of Strathalbyn inherited from his parents at a time after he emigrated to Australia in 1851 to join his parents.

In 1919 he purchased the land and built "Riverview" and subsequently became a Strathalbyn District Councillor and held other prominent community positions including the local Agricultural Society and the School Board of Advice. The current Vendor has owned the property for 65 years.

"Riverview" is located on the corner of Commercial Road, Jeff Street & Angus Place in a quiet Cul-De-Sac location with reserve and river frontage of about 34 metres. The house is positioned and fenced at the front of the block on approximately 1,016 m2 with a further 1512 m2 located at the rear currently configured as fully fenced vacant land with the potential to sub-divide (subject to the normal consents). The property is contained within one Certificate of Title.

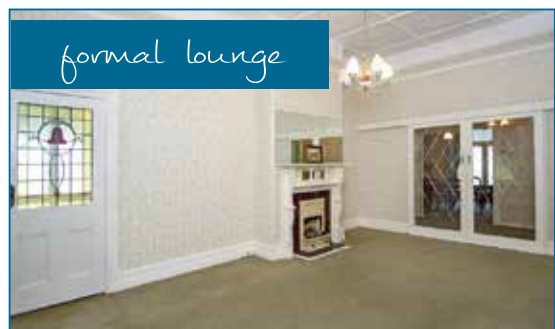
Key property features include -

- Four double bedrooms, 2 with ornate operable open fireplaces.
- Two bathrooms.
- Formal lounge room with ornate operable open fireplace.
- Formal dining room with ornate operable open fireplace.
- Original kitchen with wood fired stove and oven.
- Good size laundry with outside access.
- Storage/Linen press adjacent fourth bedroom.
- Lean-to adjacent Master bedroom & Kitchen.
- Ducted reverse cycle air conditioning throughout.
- Recent electrical wiring upgrade.
- House area 260,5m2.
- Concrete rainwater tank of approximately 20,000 gallons plumbed to the house.
- Single garage.
- Garden shed.
- Two single open carports.
- Fully fenced rear yard of approximately 1,512m2 for potential sub-division (STCC).
- All services connected to the property.
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Stitch two, talk.... stitch two, talk...



A member of the Inman Quilters, whom we will not identify fearing her retribution in the form of being denied a piece of cake at next Tuesday's meeting – described the gathering as a “bunch of old chooks sitting around.”

Helen Scholfield, one of six founding members in 2003, confessed to spending an entire session socialising without doing a stitch. “Haven't you heard?” she asked. “One of the requirements is so many words per stitch.”

Meet the crew at Inman Valley, one of the hundred-plus 'knitworks' around the

state. The 35 membership of the Inman Quilters don't seem to mind sharing a joke about themselves and getting each other in stitches, but having barely survived their meeting in this quaint church hall at Inman Valley with a member walking through the door saying “There's a man in here, there's a man in here...” perhaps it is best not dwell on the “stitch two, talk” routine.

Amongst all this morning banter was a remarkable story of the quilting world. Yes, as outsiders we see them as “old chooks”, but the Inman Quilters – and others would undoubtedly confirm it is a reflection of every

club – are about so much more than we may believe. You don't hear calls of “look at my work”... in fact, they tend to judge their own work too harshly. And it is brilliant.

Quilting is obviously not just about them, but being part of a support group for each other. It's about being friends who encourage and inspire, being there to listen, sharing a laugh and especially to lend support to those saddened for whatever reason. And amazingly, quilters around the nation have raised millions of dollars for charity.

Continued P7

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The Inman Quilters at work... (right): Pat Shipley, far right: club president Judy Williams.

From P6

No one could be more passionate about promoting quilting than the Inman Quilters' Margaret Gray, who spoke of the members' kindness and their dedication to making quilts as raffle prizes to support charities.

Since 2007 these ladies have sold raffle tickets raising nearly \$7000 to assist so many wonderful causes including the South Coast District Hospital, St John's Ambulance, Australian Red Cross Bushfire Appeal, Multiple Sclerosis Society of SA, Inman Valley CFS, Southern Fleurieu Cancer Support Group and the Commando Welfare Trust. Well done.

The major fundraising function since 2007 has been a biennial quilt exhibition with proceeds to local charities, and the Inman Quilters' fifth event will be at the local Inman Valley Hall from April 11-13 when come the Saturday morning as many as 80 quilts plus wall-hangings, bags and whatever will be displayed forming an incredible array of colour and design.

The forthcoming exhibition coincides with the acclaimed Festival Fleurieu from April 11-19 which promotes with enormous passion artistic creativity in the life of the community within the Yankalilla Council district.

It was after the Inman Quilters' 2009 exhibition that it was presented an Australia Day Award for the District Council of Yankalilla's Community Event of 2010.

With this biennial exhibition comes the unofficial bragging rights with a panel from the SA Quilters Guild judging the 'Best of Show' and runner-up titles, with other acknowledgements including a viewers' choice award.

According to Margaret, the Inman Quilters



are a jovial and caring bunch, and admits they can be loud. "We enjoy coming together for fellowship and stitching," she said. "Quilting provides the threads that bring and hold us together."

Club president of two years Judy Williams provided the same comment from virtually every member: "We're a friendly group." There was also a heartfelt assessment that the first and third Tuesdays of the month from 10.30am in this hall are not just about quilting. "It's about members supporting other members and just being good friends," she said.

"Every new member has commented that they have felt the friendliness from the moment they have walked through the door." As another member, Karen Blonk, put it: "We share an interest; we come together

and share our lives. This group has given me wonderful support through some difficult times."

The forthcoming biennial exhibition includes a challenge for these local quilters – this time making gifting quilts for the Southern Fleurieu Legacy Group.

Challenge entries will feature a red poppy to commemorate Anzac Day and the 100th centenary of the landing at Gallipoli, and after the exhibition the quilts will be distributed by the Legacy Group to Legacy widows in the southern Fleurieu.

Quilting clubs across the Peninsula gather for workshops and social interaction, and typical of all of their ideals they are great supporters of each other's exhibitions and functions.

Continued P8



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From P7

You will not be surprised to learn there is also a social side to all of this with the Inman girls having quilting retreats (that's how they are described to the partners) usually to Mannum, where the main street pharmacy does a roaring trade selling ear plugs. Margaret also reveals the girls also get together for a Melbourne Cup and Christmas luncheon. "In fact, any reason for a get-together is generally considered a good idea," she said. Now, that is something to talk about. And who would have thought a man would survive one of these sessions. ■

The Quilters' Guild of South Australia was formed in 1984 and represents more than 100 city and country clubs including these across the Fleurieu Peninsula region based on the Quilters' Guild SA website www.saquilters.org.au Contacts are:

Aldinga: Aldinga Quilters, Elizabeth Grocke 8386 1182

Aldinga Beach: Sanctuary Stitchers, Karen Bennett 8556 5338

Goolwa: Goolwa Patchers, Lorraine Jones 0417 874 527

Inman Valley: Inman Quilters, Glenda Trigg 8558 8180

McLaren Vale: McLaren Vale Patchworkers, Jo Reardon 0418 402 979; The Southern Belles Quilters, Bernadette Treloar 8382 5848

Milang: Pelican Patchers, Margie Pestka 8537 0113

Myponga: Mudlark Quilters of Myponga, Joan Corby 8557 6552

Port Elliot: Port Elliot Patchworkers, Trish Rees 0407 717 995

Strathalbyn: Strathalbyn Stitchers, Diane Lunt 8536 3760

Victor Harbor: Fleurieu Quilters, Norma Downie 8552 2113; Sew Whats, Jenni Simpson 8554 3575

Willunga: Willunga Quilters, Jennifer Hekmeijer 8277 9664

Yankalilla: Threads, Joan Edwards 8558 3902

Support your market...

Saturday markets

Inman Valley Art Craft & Produce Market: First Saturday of the month, 9am-1pm. Inman Valley Memorial Hall.

McLaren Vale Market: First Saturday of the month, 9am-2pm. McLaren Vale Institutional Hall, Main Road, McLaren Vale.

Mount Compass Market: First Saturday of the month, 8.30am-1pm. The Wetlands off Nangkita Road, Mount Compass.

Myponga Wholesale Country Market: Weekends and Public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main Sourh Rd. Myponga.

Port Elliot Market: First and third Saturdays of the month, 9am-2pm. Lakala Reserve, Rosetta Street. Port Elliot.

Victor Harbor Farmers' Market: Every Saturday, 8am-12-30pm. Grosvenor Gardens, Torrens St, Victor Harbor (opposite Victor Central shopping centre).

Victor Harbor Indoor Craft & Plant Market: First Saturday of the month 9am-3pm at the RSL clubrooms, Coral Street, Victor Harbor.

Willunga Farmers' Market: Every Saturday, 8am-12.30pm, Willunga Town Square.

Willunga Green Light Eco Market: First and third Saturdays of the month, 8.30am-12.30pm cnr Aldinga & Main Rd, Willunga.

Willunga Artisans' Market: Second Saturday of the month, 9am-1pm, Old Show Hall, Main St, Willunga (opp Willunga Farmers' Market).

Willunga Quarry Market: Second Saturday of the month, 9am-1pm. Aldinga Rd, Willunga.

Yankalilla Craft & Produce Market: Third Saturday of the month, 9am-1pm. Agricultural Hall, Main Road, Yankalilla.

Sunday markets

Cape Jervis Market: Second Sunday of the month from September to May, 9am-1pm, in and around the Cape Jervis Tavern.

Goolwa Wharf Market: First and third Sundays of the month, 9am-3.30pm. Located

Home garden fresh... Frank Francesco, who offers his produce at the Willunga and Victor Harbor markets.



at reserve by the Goolwa Wharf.

Kangaroo Island: Penneshaw Farmers' Market and Penneshaw Community Market: First Sunday of the month, 9am-1pm. Penneshaw Oval (October-April). Penneshaw Lloyd Collins Reserve (May-September).

The Vale Market (McLaren Vale): First and third Sunday of the month (September-May), 9am-1pm. McLaren Vale & Fleurieu Visitor Information Centre, McLaren Vale.

Myponga Wholesale Country Market: Weekends and Public holidays (excluding Christmas Day) 10am-4pm. Old Myponga Cheese Factory, 46 Main Sourh Rd, Myponga.

Strathalbyn Market: Third Sunday of month 8am-2pm, Lions Park, South Tce, Strathalbyn.

Victor Harbor Country Market: Second and fourth Sundays of the month, 9am-4pm. Soldiers Memorial Gardens, The Esplanade, Victor Harbor.

Victor Harbor Natural Resource Centre's Market of Earthly Delights: A veggie/produce swap market. First Sunday of the month 1pm-3pm at The Encounter Centre, Armstrong Rd, Victor Harbor.

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January 14-March 3

Embody - Art of and about the body Exhibition, Signal Point Gallery, Goolwa Wharf. Bringing together over 20 artists to explore the human form with regard to identity, anatomy, gender and adornment. Free. Monday-Friday 11am-4pm, Saturday-Sunday 10am-4pm.

Until Sunday, March 8

Women of the River Country Exhibition, Signal Point Gallery, Goolwa Wharf... 16 women of strength, passion and dedication will be profiled portraying how women have shaped the River Murray and its landscape from Wodonga to Goolwa. Free. Monday-Friday 11am-4pm, Saturday-Sunday 10am-4pm.

Until April 10

Bimblebox: Art-Science-Nature exhibition, South Coast Regional Arts Centre, Goolwa Tce, Goolwa. A touring exhibition about the Bimblebox nature refuge in Central Queensland; its environmental - social and scientific - and an artist group's creative response to this unique and threatened environment. Free. Wednesday-Friday 11am-4pm, Saturday-Sunday 10am-4pm.

Saturday, March 7

Chillies On The Side, Centenary Hall, Cadell St, Goolwa. In a flashy one-hour show Oriana Binetti, Kelly O'Brien and Rose Senesi work their way through Motown tunes accompanied by some tightly scripted banter. They will also sing Hollywood's No.1 hits from all the greats. Tickets \$39.50 adults, \$35.50 concession. Contact 1300 466 592.

Sunday, March 8

Fringe: *The Singing French Detective*, Currency Creek. A masterful mix of musical and story telling brilliance that includes mystery, romance and laughter. Performance starts 2pm. Lunch available before the show; bookings essential. Tickets for the show from adelaidefringe.com.au/fringetix Currency Creek Winery, 291 Winery Road.

Sunday, March 8

Fringe in Goolwa. Bring the family and a picnic for fun and frivolity as the Fringe caravan rolls into the Goolwa Wharf precinct bringing comedy and physical theatre to entertain crowds. Stay on for Jazz on the Deck and the Sponge Kids Arts Hub at Signal Point Gallery. Free entry, 10.30am-1.30pm then 1.30pm-4pm. Contact 1300 466 592.



The Fringe Festival began on February 13 and goes until March 15, and Goolwa, through the Alexandrina Council, will host some of the events as part of its *Just Add Water* arts and cultural program. The big family event is at Jaralde Park, Goolwa Wharf on Sunday, March 8 from 10.30am-1.30pm.

Go. See.

*Presented by Goolwa
& District Community
Bendigo Bank*

info@coastlines.com.au

Just a thought...

**Knowledge is knowing a tomato
is a fruit. Wisdom is not putting
it in a fruit salad.**

Until Sunday, March 8

Five Directions exhibition, Stationmasters' Gallery, Strathalbyn Railway Station, South Tce, Strathalbyn. Be inspired by water, sea, rivers, lakes, waterfalls in any media and any style. Features artist Zilpa van der Gragt. Free. Wednesday-Sunday 10am-4pm.

Sunday, March 8

Parts of Victor Harbor will shut down from 7.30am-12.30pm with road closures to host a triathlon – the SA state standard distance championship and the ninth race in a SA state series. It consists of distance and short course events for individuals and teams, and a mini-kids distance triathlon for individuals and teams, plus a 5km fun run-walk.

Tuesday, March 10

The Zonta Club of Fleurieu Peninsula is hosting a breakfast in recognition of International Women's Day at Hotel Victor at 7.30am. Guest speaker is Sandy Dann of the Working Women's Centre. Tickets \$25 available at Sinclair Florist, Ocean St, Victor Harbor. Further information: Leann Symonds 8551 0542 lsymonds@victor.sa.gov.au

March 12 & April 9

The excellent *Talk & Taste* program continues for parents and grandparents who are invited to have a "cuppa and a chat" plus a morning of cooking making anything from lunchbox friendly foods to after school snack ideas and tasty take-home dinners. Community Room, Goolwa Children's Centre, Brooking St, Goolwa Thursday mornings 9.30-11.30am. Limit eight adults per session.

Friday, March 13

Trio Montagne, The Supper Club at Mount Compass War Memorial Hall, Peters Tce, Mount Compass. A fabulous night of live music with a little Italian flair along with pop 70s favourites from 8-11pm. Tickets \$15 available from Sip'n'Save Mount Compass. Alcohol, soft drinks, cake, tea and coffee available on the night or BYO.

Saturday, March 14

Children of the Black Skirt Performance, Centenary Hall, Cadell St, Goolwa. A group of lost children stumble across an abandoned orphanage in the Australian bush. They become trapped in a timeless world, haunted by spirits from the past. Contains some dark themes so parental guidance is recommended for children under 13 years. Tickets \$20 adult, \$15 Fringe benefits member, \$15 concession, \$60 family (2 adults/ 2 children). Contact 1300 621 255.

Continued P10

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March 14-15

The fifth annual Lockington Horse Trial – the SA State Championships – will be held at Evesham Farm, Range Road, Waitpinga. Fiona Guthrie won the past two events on Belle Amour, with Megan Jones winning on Kiby Park Irish Empress in 2012 and Farlie Taylor on Edward Brown in the 2011 inaugural event. There will be a fundraising dinner at the Grosvenor Hotel, Ocean St, Victor Harbor on the Saturday at 6.30pm – details and tickets Julia: sponsorlockington@gmail.com or call 0403 990760.

Wednesday, March 18

Anyone interested in gaining a boat and jet ski licence will be able to take the required exam at Goolwa Aquatic Club at 6.30pm sharp. A power point presentation will be shown before participants sit the exam. Bookings essential. Cost: \$35 pp. Call Scott 0418843903 or e: roseholme@bigpond.com to book and obtain a handbook.

March 19 & 25 April 1 & 8

Recycle into Art... design and create a small project using recycled objects in a small group with skilled artists to plan, source and create something beautiful from discarded metal and other objects. No experience necessary. Milang Community Centre 9.30am-3.30pm. Bookings essential: contact 8537 0687, e: reception@moshcc.com.au

March 21-22

Surf Live Saving Junior State Championships, Horseshoe Bay, Port Elliot from 9am. South Australia's up and coming surf lifesavers compete in traditional and fun surf-land based events. Food and refreshments available. Free entry.

Friday, March 27

Women of the 60s, Centenary Hall, Cadell St, Goolwa at 7.30pm. This show will take you back to the 60's, featuring songs by artists



March 29-April 6

The annual Goolwa Art and Photographic Exhibition will be held at Signal Point Gallery, Goolwa Wharf from 9.30am-4.30pm. There are more than 800 entrants going for \$16,750 prizemoney with the Alexandrina Council again funding the \$5000 Alexandrina Art Prize. The show, presented by Goolwa Rotary,

has certainly developed into one of the best exhibitions on the Fleurieu Peninsula. The exhibition aims to be the most prestigious combined art and photographic event in Regional SA. Judges include Tracey Lock-Weir, curator of Australian Art and Sculpture at the State Gallery. Entry \$4 includes a catalogue, daily. Contact 0407 944 650.

including Dusty Springfield, Dionne Warwick, Shirley Bassey, The Supremes. Featuring the amazing and versatile talents of Gina Hogan who has a string of music theatre credits including *Cats*, *Mamma Mia* and *Beauty and the Beast*. Tickets \$30 adults, \$17 concession, \$25 groups of six or more. Contact Goolwa Visitor Information Centre 1300 466 592.

Saturday, March 28

Strathalbyn 175 Town Picnic and Outdoor Cinema, Soldiers Memorial Gardens 6.30-10.30pm. A family evening of fun filled entertainment and activities including face painting, craft, performance and the children's classic movie, *Marry Poppins*. Pack a rug, bean bag or chair and enjoy the celebrations for Strathalbyn's 175 years and the tradition of it's historic town picnics. Free entry.

Sunday, March 29

The South Coast Choral & Arts Society Choir is presenting an Easter concert in Newland Uniting Church on Palm Sunday at 2pm. The feature will be a presentation of an abbreviated version of *Handel's Messiah* featuring State Opera soprano, Lisa Cannizzaro, and a narration by Marie Harris to accompany this greatest of all oratorios. The program will also include topical songs by the choir and instrumental items by Shirley Will, clarinettist and flautist, Amy Rowe. The concert will provide an outstanding musical preparation for the observance of Easter. Tickets at \$10 each are available from Swan's Pharmacy, Victoria St. Victor Harbo or at the door.

April 7-10

The second annual Fleurieu Peninsula Golf Championship will be held over four courses - Links Lady Bay, McCracken, Fleurieu and Victor Harbor.



Getting in touch with nature

Saturday, March 21

Official launch of Watchalunga Nature Reserve, Finnis, the newest property acquisition by Nature Foundation SA. Purchased because of its high conservation value, this 92 ha swamp property contains a number of threatened species. Free entry, 10-11.30am.

Purchased because of its high conservation value, Watchalunga comprises approximately 92 ha of low lying Fleurieu Peninsula Swamp at the mouth of the Finnis River.

This is a significant area of the 500ha remaining Fleurieu Swamp area. The property contains a number of threatened species including two Environment Protection and Biodiversity Conservation (EPBC) Act 1999 listed species, the Mount Lofty Ranges Southern Emu-wren (endangered) and the Southern Bell Frog (vulnerable). Swamps of the Fleurieu Peninsula are listed as critically endangered ecological community under the EPBC Act.

Previous flora surveys have identified 31 indigenous species with more species likely to occur with more thorough inspections.

Post launch, site tours will be conducted.



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MILANG

Milang is well known for its community programs, but according to one old stalwart, local garage proprietor Dean Wakefield, there's a lot more to this gem on Lake Alexandrina.



Dean Wakefield and his bride-to-be Jan

Dean Wakefield is bit of a dry character, a 68-year-old who runs the last remaining garage in Milang, which he says was built in "‘70 something", and will marry Jan, his sweetheart of six years "in June sometime". The 27th actually, under the rotunda at Strathalbyn. Maybe not always one for detail, our Dean; perhaps it goes with the laidback lifestyle of this place, and you've got to love it. However, talk about what is special about Milang and he's firing on more cylinders than a Buick Straight 8 on a Saturday night – the quality of the people, how they get behind projects like recreating the town's park of remembrance, and the infinite value of water emphasised by the shoreline of classic

shacks that draw tourists in their thousands come summer. Milang is one of the best examples of a destination town – you need to drive almost 20km off the Strathalbyn-Goolwa road to get there, and the rewards are great. Some people may see this place as "dead", but talk to genuine blokes like Deano (as his mates call him) at the brilliant Friday night teas at the local bowling club and you realise the description can be only really defined to the talk of the ghost in the local pub first licensed in 1857. That's right, a ghost. They have had official ghost trackers in there twice over the past month and they are returning with their sophisticated machine that for all we know

is a vacuum cleaner for further investigation. Publican Steven Averay isn't giving much away, but there have been near-identical recollections of sightings. Let's just say that Dean and Jan won't be booking 'Room 8' as their bridal suite. Scepticism has followed the stories of spirits of a different kind in the hotel, but along with the suspected embellishment of the time local hero Gary Vivian refused to take off his guernsey for a week after the Panthers won the 2010 Hills Football League C-grade flag it at least reminds us there is much more to Milang than the well-publicised Milang Old School House Community Centre.

Continued P13



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From P12

Known as MOSHCC, established in 2003 and admirably led by its amazing co-ordinator Karyn Bradford, the centre has deservedly been recognised nationally for its community well-being programs resulting in the second-highest ratio of volunteers per capita. An invaluable effort admired from afar, but only a part of what makes this town on Lake Alexandrina tick within.

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Dean's parents moved here from Pinnaroo in 1945, and he said when you have lived here all of your life you get used to the place.

"Milang has got a lot going for it, my word," Dean said. "It's got the water, and it's never hot like it is at places like Strathalbyn ... drive down here and the doctor has given you a nice sea breeze. It's a fairly quiet place.

"The town has its own sporting bodies – there's bowls tennis, football and so on. Everyone is friendly; we get on with each other – not like some places where they are clicky. If Milang has something going on you get a good response and we have a good show.

"I appreciate the fact it's a tidy place. If people see stuff laying around they stop, get out of their car and pick it up... there is a fair bit of pride in the town.

"What has helped us become noticed a lot in recent years has been the Milang-Goolwa Freshwater Classic boat race and the old engine show, the Yesterday's Power Rally. The caravan park is very good; we've had three or four outstanding owners and that brings people back. People only have to stay there once and they come back again; a small



town needs that.

"Talk of pride and you only have to look at the Soldiers' Memorial Gardens... the place had been let go a fair bit so my brother Brian, who was a returned Viet, and blokes like Bobby Honor put things into gear and turned it into something special. They went around a got a few of the people to give money towards it, like (the late) Allan Scott from the South East... the trucking bloke.

"Allan used to live here in Milang. He started off with a little 1300-wt truck carting wood, got into carrying chook food and then went down the South East. He was a real Milangite, and when the boys said what they were doing to restore the Memorial Gardens Allan turned around and dished out some money; big money to help them get things kicked off. "Go down to the lake and it's pretty well looked after, and it was also the townsfolk who shifted the railway station back to where it was and set up a museum. Everyone appreciates each other for what they have done; you don't have to say anything."

However, Dean was quick to acknowledge those who have helped him over the years, from the days he left school and wanted to be a mechanic but there was no money around and apprenticeships were rare.

"I did a Scott's Technical Correspondence course and did share farming for 10 years at Graham Blackwell's place just out of the town here," Dean recalled. "I was also doing mechanical work on weekends and after work for people around the place, and I got that much work I decided after I got my certificate to go into it full time.

Continued P13



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Established: December, 1853

Population: 634

History: Milang is situated on Lake Alexandrina, 20km south-east from Strathalbyn. The area was originally inhabited by the Punguratpular people, one of the 18 tribes which made up the Ngarrindjeri nation.

Milang was a significant port on the River Murray between 1860-80 before the railway line was built to connect Adelaide to Morgan.

Between December 1884-June, 1970 a spur-line of the Mount Barker-Victor Harbor railway ran 12.8km from the junction at Sander Grove to Milang, mainly for freight and as a minor passenger service. The line was dismantled in the 1970s after the line was officially closed.

From P12

"I put this 30 x 20 footer (shed) up here some time in the 70s to do a bit of work for the locals, and then it just got bigger and bigger. I just added on and added on. The business just grew and grew and grew.

"The town had a few garages back then... old Ferguson's garage at the top here, Jimmy Williams was a bit further over in Stephenson Street and there was a garage by the pub down there. They've all gone; I'm it, I guess.

"The town has stuck by me, including a lot of people in the caravan park who got to know us and keep coming back, but we get a lot of outside work including Davis Contracting from Port Headland when they come over and ask us to work on their trucks while they are here, a lot of places from Adelaide including four or five of the plumbing crowds, a couple of taxis, and work from Westminster School and St Peter's College."

Putting it politely, Dean's garage has 'character' and some may suggest it doesn't quite fit the image of two of our city's finest colleges. "I like to think I do a good job and the price is right," Dean says with a smile.

"To me, this is not all about money. I just love living here and I have family and friends, including another brother, Ray, who has also been here all his life and helps me out a lot in the garage. I also have a younger brother Peter, who lives in Kingston where he was a schoolteacher until he retired."

When asked about retirement, Dean said: "You got the tired bit right. Oh, I don't know; I just love this place and I don't know anything else... Milang is what I am all about."

It's also about having the world's best cheese pasties. Another big reason why you should visit. ■

Recognition for talented young Milang drummer

The loving memory of a mother has again resulted in tremendous encouragement and support for an aspiring young performing artist. Eastern Fleurieu School 7-12 Year 11 student Callum Robinson, of Milang, is the second recipient of the Florence Wilckens Scholarship for Young Performance Artists – awarded biennially across the Fleurieu Peninsula region – and will use the scholarship to pay for private drumming tuition. Carol Gaston AM, the daughter of Florence Wilckens, said the family established the scholarship in 2012 following their mother's death in Goolwa.

Known as Flo, she was a stage performer and dance teacher prior to World War II, starting in pantomimes on Melbourne stages aged just four, and at 14 she left school to perform full time with JC Williamson. At 17 she was a seasoned trouper and danced in the ballet chorus at the famous Tivoli Theatre in Melbourne.

When on tour Flo danced on stages in cities and regional towns across Australia and New Zealand. She also established her own dance academy for children and showed many children's pantomimes.

The children of Florence Wilckens established a scholarship fund so she would be remembered for her love of the theatre, dance, music and movies.

Callum's mother, Deb Melville, said the family had endured some tough times of late and the scholarship was a sign of good things to come. "I shed some tears when I was told Callum had won the scholarship," Deb said. Both Callum and Deb praised his teacher, Vanessa Coker, who supported the application.

The inaugural recipient was Maggie O'Moore from Victor Harbor High. Maggie purchased an acoustic guitar and now has her own website and plays at public and private events.

"My mother would be just so thrilled to know that she has helped these two young people," Carol said.



Pictured: Callum (Cagum) Robinson with his mother Deb Melville (left) and Carol Gaston (right).

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The new Resthaven Incorporated aged care facility on the main road in Port Elliot is taking nice shape, but the wonderful thing about this place is not so much the building, but the kindness of those who will care for the older people.

It's not about the end, but living

For the past year or so we have driven down the main street of Port Elliot and observed the transformation of an old primary school into a magnificent aged care centre.

In response to a well established need for additional aged care services in the Fleurieu, the \$28 million development by Resthaven Incorporated comes with tasteful architecture design and technical brilliance to provide varied levels of care services, including respite for up to 94 older people requiring assistance with their health and care needs.

The complex will be staffed by up to 120 people, and overall it is the most significant development in this stunning seaside tourist town, and is blending in well.

However, if we peer beyond the actual building due for completion in May and personalise what this is all about we can see something special. It is perhaps the greatest lesson since the first teacher grated chalk across the blackboard at this former Port Elliot Primary School site in 1853. It is about the people who will reside here – they just happen to be older than most.

Resthaven is a large not-for-profit organisation with a long history in providing outstanding care to older South Australians. In fact, Resthaven Port Elliot is the organisation's eleventh residential care site, committed to providing exemplary service to more than 1000 older people and their families. In addition to the care provided in residential environment, Resthaven also provides in-home care and support options throughout metropolitan Adelaide, the Adelaide Hills, Riverland, Murraylands, Fleurieu and across



the Limestone Coast.

Pamela Alde (pictured), of Strathalbyn, who has a long list of academic credits but tends to talk more about her team, is the manager residential care services for Resthaven Inc Port Elliot. This appointment follows her resounding success in developing a similar aged care development in Mount Gambier three years ago.

Pamela explained that her introduction to caring for older people began some 25 years ago at Resthaven where she worked as a personal carer. After completing formal studies in nursing and pursuing an academic career that spanned a decade she returned to Resthaven where she felt she could "better utilise her skills and passion for care

of older people." Pamela fondly recalled how she felt valued as a member of the Resthaven community, adding that this hadn't changed. Interestingly, Pamela doesn't see this latest venture as a competition with similar already located facilities. She talks instead of the need for all to work closely and collaboratively together to serve the older members of the community, and to engage close links with community services to implement an effective overall program. "This is not about us, but the older members of our community," she says.

Pamela's special talent lay in practising the core values of the Resthaven creed – We respect and value older people, treasuring their wisdom. She said it was a privilege to be in the position to provide care and/or service to another. "Older people have so much that they contribute," she said.

Pamela indicated she was aware that for many the need for residential aged care was not something that people generally welcomed; adding that the very transition itself was often a time fraught with anxiety and sadness.


Despite this, a comment she frequently receives from older people and their families once they have settled into their new home is that they wish they had considered the move earlier. "Residential care can indeed be a rewarding and highly satisfying experience," Pamela said. ■



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Embracing the Anzac tradition

Upon hearing of the excitement of our brazen young men who couldn't wait to go to the battlefields of war in 1914 has left most of us with a chill for history told us of their ultimate horror.

Now, with 19 students and four teachers from Investigator College setting off to retrace key parts of their ill-fated journey as part of the Anzac landing at Gallipoli Cove centenary commemoration, there is also a sense of adventure – but also with immensely subdued respect for all of our men and women who served in senseless wars. Their journey actually began 18 months ago as students from Year 9-11 learned of the plight of our World War I Western Front heroes – men and women – as part of their curriculum.

The 28-day tour is being described as a lifetime experience, but the significance of the supreme sacrifices during WWI will not be missed by those not going as they will attend either Camp Gallipoli at Morphettville racecourse or traditional Anzac Day ceremonies on April 25 at the Goolwa and Victor Harbor RSL sub-branches, which Investigator College students have attended for more than a decade.

Those on tour will spend their Anzac Day at the Villers-Bretonneux Australian National Memorial in France where the names of more than 11,000 Australian soldiers are recorded as “missing in action” during WWI, many of whom helped to recapture Villers-Bretonneux from the Germans.

Year 10 student Jude Mills, of Goolwa, said she was excited by the opportunity to learn more about the history and our Australian culture. “The experience will be amazing, and I am sure I will never forget it,” she said.

“My great grandfather (Robert Mills) fought in the First World War and I researched his history in preparation for this tour. It is a chance for me to personally pay my respects to him and everyone else who was involved.”

Investigator College deputy principal and director of teaching and learning Andrew Panozzo said the school's catchphrase was that the trip was 100 years of history and a once in a lifetime opportunity.

“We are commemorating something very much connected to our curriculum, especially in a historical term,” Andrew said. “The students will actually see what parts of the world are like so they will develop appreciation for Australia and an deep understanding for the real-life things that we talk about every day at the school. It is also a maturity thing – it will change their life.”

The carefully-designed itinerary takes in Belgium, France and Turkey, including some of the most significant battle sights of World War I, plus the history and culturally-enriched cities of Rome, London, Paris and Istanbul.

Teachers, staff and students across the Fleurieu Peninsula will also remember those who served, especially the Anzacs

100 years ago. Their sacrifices will never be forgotten by all.

It is astonishing and sad to note that more than 60,000 Australians died and 156,000 were wounded in World War I, while 27,000 died and 23,000 were wounded in World War II.

Pictured (from left, front row): Barry & Cathy Clarke, (parents) Dylan Waye, Henry Scott, Mr Andrew Panozzo, Becky Blacker, Mrs Kerrin Panozzo Jodie

O'Donnell. (Middle row): Emelia Catinari, Adian Gane, Nicolo Catinari, Michael Scott, Chelsea Nunn, Chelsea Zitterbart and Alice Hendy. **(Back row and hiding):** Jonti Murray, Jemmah Sims, Jude Mills, Stephanie Clarke, Harrison Fuller, Sam Miller and Angus Quarrington.

Absent: Belinda Delyster, Andrea Miller (parent) Alan Gane (parent), Lucy Watts and Nick Fuller.

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Lakeside Goolwa

update

Vol. 3, No.1 March, 2015



New office, but same warm welcome

Things are on the move at Lakeside Goolwa - new developments, fresh ideas and some leisurely and fun social events. Even the front office has moved - into the Lakeview Function Centre. Entrance to Lakeside Goolwa is now via the Banfield Road entrance where all enquiries are now being greeted - still with a big smile!

The former office will become a gymnasium and temporary leisure centre with a pool table and table tennis table. This will be the case until the indoor swimming pool is finished. Work on this is underway and it is anticipated it will be open later this year.

How exciting!

Family Fun Day huge success

Lakeside Goolwa hosted another family day in late February and a great time was had by all - especially the children who entered the fishing competition.

The event was a wonderful reminder of what makes this place special - how the children or grandchildren of our residents want to visit because there is a lot for them to do. Imagine this... you won't be able to get rid of the grandkids



as they'll be begging you to come and stay to take advantage of all the fantastic facilities. And rest assured, the children are most welcome. Family fun really is important.

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Located at the edge of the Murray River and just a stroll from superb views of the wetlands, Lakeside Goolwa is a 'village-style' estate, providing an unrivalled level of lifestyle living for the over 50's.

Lakeside Goolwa has it all - a private marina, indoor swimming pool, recreation centre and beautifully landscaped boulevards. The architecturally designed homes are specifically created to combine beautiful interiors and fittings with comfort and easy living around a large, fashionable flow-through dining and living area that opens up to a verandah deck - ideal for entertaining. You'll love it.

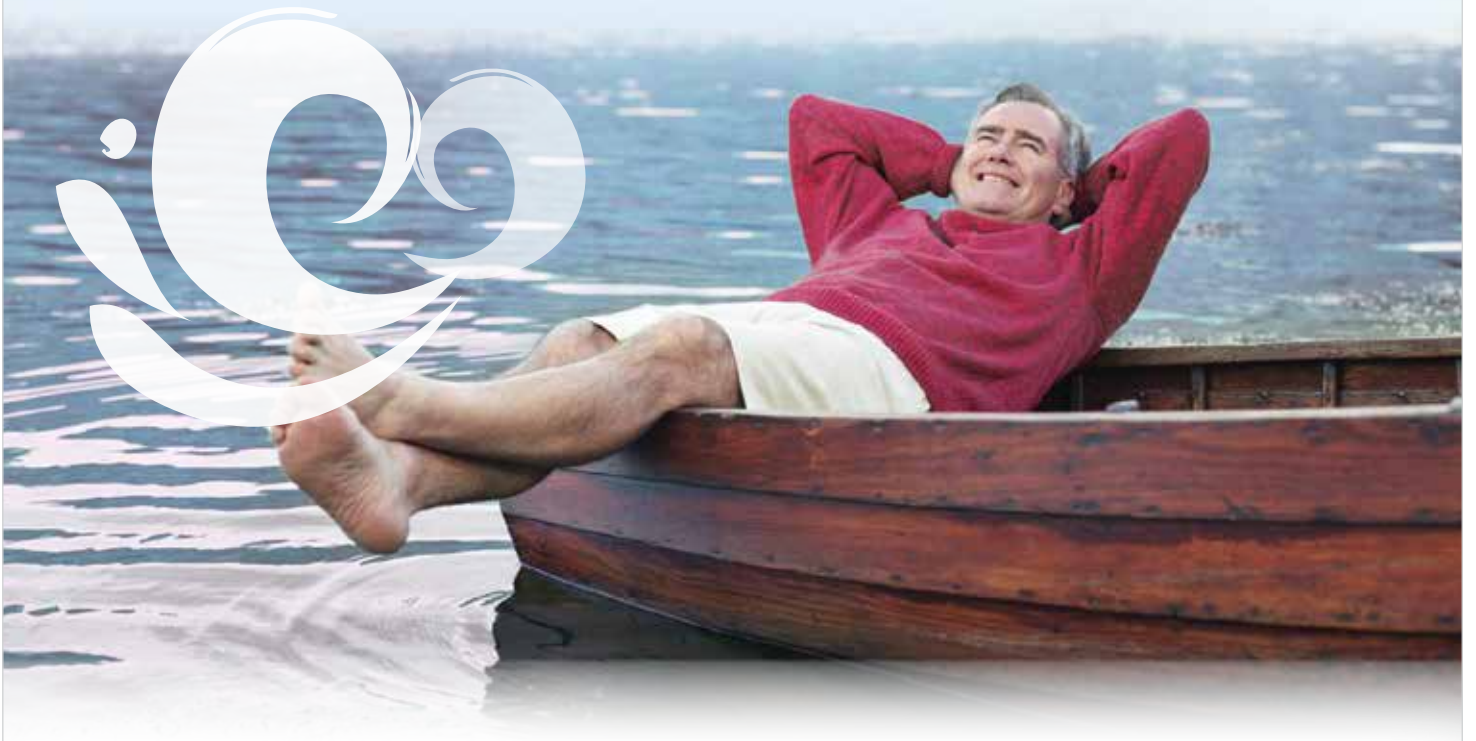
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To paraphrase lyrics of a song from *The Beatles*: *When I get older losing my hair, many years from now... Will you still need me, will the banks still lend to me...*

When I'm Sixty-Four?



Advertorial

The state of the Australian economy basically dictates interest rates on our savings, and across the board they are lower than when many older investors deposited their hard-earned funds.

It is interesting that, while the Federal Reserve Bank has maintained and ultimately lowered interest rates to help stimulate the housing market, the impact generally expected by the Australian Government and financial observers hasn't been quite been what they expected.

The theory was that people would either go out and build a new home or buy a home, thus providing a much-needed stimulation of the housing market, but far more senior investors than anticipated have used their life savings that weren't gaining much interest and bought a house as an investment, which for many years has been a trend among much younger investors.

Of course, one financial cap doesn't fit all, but it does make you think there may be different – and definitely safe – options for you to consider.

The Bendigo Bank was the first bank in Australia to pay their financial planners a wage rather than receive commissions from other financial institutions. Nasser Zreika – based in the bank's Unley office works across the wide spectrum of branches including the Goolwa & District Community Bendigo Bank. For whatever reason, over the years there has been a stigma about financial planners, but times have changed dramatically – there are positive new regulations in place and

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they have gained the public's trust because they have far many more hurdles to jump to meet requirements and more "t's" to cross and "i's" to dot.

However, many still work on commission – they suggest where you should invest your money and they receive commission from the financial institution. In some cases, you may not be getting the most objective advice. Nasser is employed by the Bendigo Bank full-time – he is not on commission – and the initial meeting is free.

There is always a lot of advice given about finance, but the best you can ever take is to actually seek advice. Letting your money sit in the bank may or may not bring you the best results possible.

That's why you see a financial advisor – to get the right advice – but don't let everything roll along for 10 years or so... times and situations change.

Years ago anyone aged 64 and older wouldn't get a look into the door of a bank let alone get a loan, but that is not the case now. The basic lending criteria is the same for everyone – age is not a prohibition; it's your life situation that counts.

Some older people are finding they have the equity to actually borrow and top up their reserves to allow them to enter the home investment market. Again, it is not something that would appeal to everyone, but it is an option in today's changing market.

Remember, the Australian Government rightfully brought in responsible lending legislation and it is now always a case-by-case scenario.

It is part of Nasser's charter to provide financial advice to benefit the customer, and by law he must be able to justify that benefit to you which is monitored thoroughly – there can be no irresponsible financial advice or lending these days.

Life is meant to be enjoyed; feeling comfortable as possible, safe and secure. Don't hesitate to do something about making sure you are getting the most out of your hard-earned savings because in some cases it can be too late.

Contact the manager Mike Bastian or any one of the friendly and caring staff members at the Goolwa & District Community Bendigo Bank who can help you organise a meeting with the Bendigo Bank's financial planner. The highest interest is in your financial well-being.



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Time is on your side

A bloke has been driving most of the night so he pulls over and has a sleep. No sooner does he get some shut eye than a jogger knocks on the window and asks: "Do you have the time?" The driver is annoyed and says: "It's 13 past six."

The driver goes back to sleep when another jogger knocks on the window and asks: "Do you have the time?" And the driver says: "It's 22 past six." It happens again and again; more joggers knock on the window asking for the time, so the driver puts a sign on the car window: "I don't have the time."

The driver goes back to sleep again when suddenly there's a knock on the window and this jogger says: "It's a quarter-to-seven."

Boom boom!

A bloke climbs to the top of the swimming pool tower when the lifeguard yells out: "Stop! Don't jump; there's no water in the pool." And the bloke says: "That's okay; I can't swim."

A lion and a tiger walk down the main street of Sydney. The lion turns to the tiger and says: "Hey tiger, there's not many people around for a Saturday night, is there?"

A tourist walks into the pub at Victor Harbor and asks the bloke next to him: "Have you lived here all of your life?" And the local says: "Not yet."

A man is told by his doctor to lose weight, so before he goes to bed he stands on the scales and sucks in his tummy. His wife says: "That's not going to make any difference." And the bloke says: "Yes it is; I can see the numbers now."

Did you hear about the burglar who stole prune tarts from the Willunga Bakery? He was on the run for days.

Horsin' around

A racehorse trainer goes to an optician to have his eyes tested, and the optician says: "Sorry Mick, but you need to wear glasses and they'll cost you \$300."

Mick says: "You've got to be kidding me; \$300!" The optician says: "No, they're bifocal." And the trainer says: "I don't care if

Laugh Lines :)

they're by Phar Lap they're too dear."

... and they're racing

It's the annual cricket match between the two local pubs, and one is short of a player so the captain asks a horse in the paddock to fill in to make the 11.

He puts the horse in to open the batting, and first ball he slams the bowler for four. Everyone is amazed. "I haven't warmed up yet," says the horse.

However, the bowlers get crafty trying to get the horse out legs before wicket. The batsman down the other end says to the horse: "You're amazing, but what say we take a few singles to get the run chase going a bit faster."

Next ball the horse pokes the ball through mid-wicket and the other batsman yells: "Yes" meaning to run. The poor horse just plods down the other end and gets run out. The other batsman says: "Why didn't you run faster?" And the horse says: "If I could run fast I'd be at Flemington instead of playing this stupid game."

How's this?

A bloke named Ned is in the local pub bragging that he's a star cricketer. Another bloke says that's nonsense and starts an argument.

Ned starts to get angry. "Listen mate," he says, "I was at Adelaide Oval a few weeks ago and there were hundreds lined-up yelling at me for an for an autograph."

The other bloke shouts: "Liar, liar!" Ned gets really angry. "I can prove it," he says. "Just ask Steve Smith, he was standing next me."

Give you a ring sometime

A girl named Laura rushes home with her boyfriend and shows her parents her big

sparkling diamond engagement ring.

"Goodness gracious," says the father. "You had better hope that ring is the genuine thing... I don't want any bloke buying an imitation diamond engagement ring for my Princess."

And the future son-in-law says: "So do I otherwise I've wasted \$10."

Dad jokes...

What kind of dinosaur is never late? A pronto-saurus.

What washes up on small beaches? Microwaves.

What does the tooth fairy give for half a tooth? Nothing. She wants the tooth, the whole tooth, and nothing but the tooth.

What did the dolphin say when he bumped into the whale? I didn't do it on porpoise.

What do you call a dinosaur in cowboy boots? Tyranosauras Tex.

Useless trivia not worth reading (but you will anyway)

Men can read smaller print than women can; women can hear better.

You burn more calories sleeping than you do watching television.

Coca-Cola was originally green.

Playing cards were issued to British pilots in WWII. If they were captured, the cards could be soaked in water and unfolded to reveal a map for escape.

The number of possible ways of playing the first four moves per side in a game of chess is 318,979,564,000.

By raising your legs slowly and lying on your back, you can't sink in quicksand.

It's impossible to sneeze with your eyes open.

In a study of 200,000 ostriches over a period of 80 years, no one reported a single case where an ostrich buried its head in the sand (or attempted to do so).

A crocodile can't stick its tongue out.

The electric chair was invented by a dentist.



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Autumn is here so put on the gloves and everyone literally pitch in to work on your garden. We all talk of how wonderful spring can be for a garden, but autumn can be one of the busiest times of the year.

The secret to a beautiful garden in spring is planting new plants right now to give them a good chance to settle in and really develop well. The days are cooler, but the soil is still warm. Now is also an ideal time to plant or move the plants in your garden, before the winter cold. Veggie gardens get a "second wind" during autumn – they're not as productive as spring, but they certainly do much better compared with the stress and heat of summer.

Planting from March-onwards is a good time for all those green leafy Asian vegetables, as well as beans, beetroot, carrots, cucumber, fennel, parsley, swedes, silverbeet, turnips and coriander.

Also, don't forget to keep planting lettuces each week as they are good all year round for your salads, and they don't take long from planting to harvesting. By staggering the planting they don't ripen all at once.

Make sure you keep up fertilising during this demanding time for the best results from your plants. They'll need a top-up feed so that they can produce well for you to harvest.

Liquid fertilisers such as seaweed solutions are recommended, and in between planting you can top-up garden and veggie beds with manures... lightly dig them through ready for your next lot of plants.

Pruning of most flowering native shrubs is recommended after they have finished flowering, and it is also a good time to

Ready, set...
GROW

*Garden ideas
with the DSM
team... Cheryl,
Sandra & Dan*

give them a bit of a feed to help rejuvenate them.

Citrus plants are heavy feeders so another top-up of fertiliser would be good at this time. Pruning should be restrained until after fruiting, and only trim about a third off the current year's new growth.

Most annuals and many perennials will continue to bloom throughout the growing season if they are regularly deadheaded – a gardening term for the removal of faded or dead flowers from plants (pictured). Deadheading is generally done in order to maintain both a plant's appearance and to improve its overall performance.

It's time to deadhead your roses for a final flush of flowers. If you want to plant some new roses in winter look around your local plant nursery now while they are still in flower before making your final choice.

If you are not busy enough in the garden, re-pot plants that have outgrown their pots. Choose a good potting mix and water with a seaweed solution to settle them in. If you don't want to move to a larger container, replace some of the soil around the root ball with new mix.

The workload may sound a bit daunting, but it is a great time of the year to be out in the garden. Don't hesitate to call into to DSM at Middleton and ask the team for some friendly advice.

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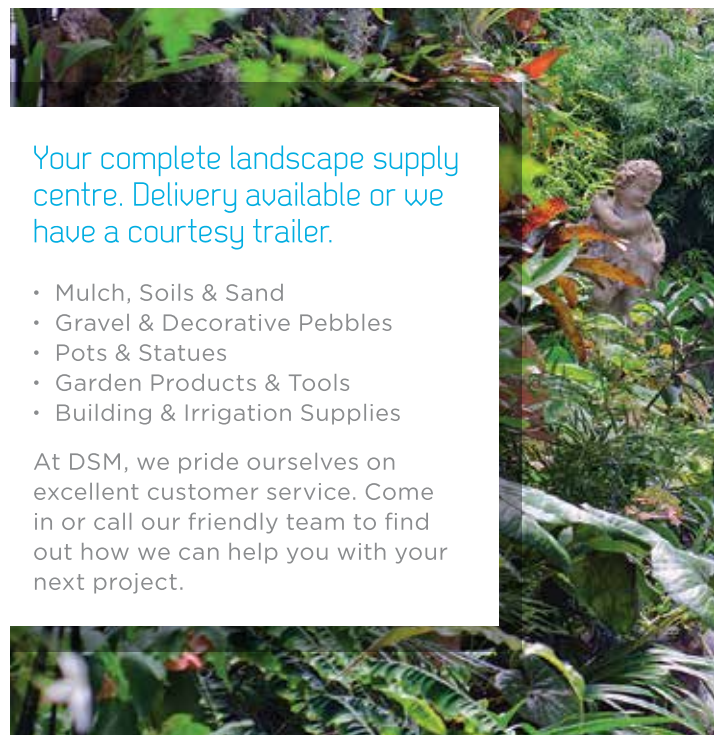
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Tod Warmer resisted going back into the banking world in Melbourne to start an exciting new venture at Mt Jagged with his wife Suzanne and their two teenage children. Who said bankers weren't prepared to take a risk, especially in a challenging environment like the wine industry?

Believing you can bottle success

For 29 years Tod Warmer set off wearing a suit and tie and carrying a briefcase in methodical fashion to work in a bank totally oblivious to the day's weather. Given his rise up the corporate ladder – returning from Melbourne in 2006 – he obviously served NAB well.

Now almost two years later, a typical day for Tod is wearing his "daggies", dodging brown snakes and deliberating on the leaves at his Mt Jagged vineyard. "See how they have light green tips and there are still leaves growing up?" he asks. "It means there is still a lot of soil moisture in the ground and they are still trying to grow. We want them to stop growing so they can focus their energy into the grapes."

For someone who previously knew nothing about wines apart from the common light-hearted confession of drinking it, and not having heard of Mount Jagged – 20 minutes either way of McLaren Vale and Victor Harbor on the main South Road – this bloke knows his stuff. However, given his previous role involving assessing financial risks, and the much-publicised scaling of the wine industry because of our glut of grapes across the nation factored by phenomenal new development of vineyards in China and South America which continue to threaten our market, one would have thought Tod would have taken on anything but a vineyard. It all gets down to belief, he claims. "I can honestly see the potential in this Mt Jagged Wines enterprise and with other relatively



Tod and Suzanne Warmer with their new puppy Jerry.

small vineyards how we can collectively make this wine region become better recognised for what it is – a producer of fine wines," Tod says.

The problem, he adds, is that few actually realise this region exists, and the cluster of vineyards usually get drawn into the Currency Creek wine region which varies in climate and soils. "Maybe we should become part of the Adelaide Hills wine region because our climate is the same," he suggests.

"We certainly would like to see the southern Fleurieu get the same exposure as the Barossa and McLaren Vale wine regions.

"Overall, the industry is still struggling a bit. In some cases before the buyers buy the grapes they actually taste them within five or seven days of harvest. That can be tough; not knowing until then if someone wants your grapes, and it's just one of the challenges. For us right now it's about getting more of our wine into restaurants and hotels within the region.

"Like a lot of things, there is a test of your resolve, but we have also made wine – I find that so exciting."

Tod also has a vision of turning Mt Jagged into a day out in the vines soaking up a picnic atmosphere amidst spectacular views, hosting weddings and functions, again celebrating the arts like the SALA Festival and obviously making the finest of wines. This amazing venture from the staid days of banking certainly differs to making and selling your own wine.

Tod calls himself the vineyard manager, and his wife Suzanne, the cellar door and marketing manager. They talk of starting cheese and lunch platters and in the winter putting on thick homemade soup with chunky bread. They want to work with produce people who do the paddock-to-plate experience creating a marvellous opportunity to expand the gourmet farm-type thing. Most of all, they want to keep it local and give people a taste of what the Fleurieu Peninsula has to offer in artisan-type of produce and art.

Continued P23

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From P22

Suzanne, a British lass who grew up in Melbourne, jokes it was her hippy dream of running a menagerie of darling little animals and big ones like horses on 20 acres for something to do that led them to thinking about entering the grape business. "Now we have 150 acres of vines, a dog, a cat and five chooks," she says.

"I was nervous at the start... I used to get in here to work the Pinot block in the morning and feel challenged even before I had begun. 'What have we done?' I'd ask myself. Time has moved on, we have learned more and wine has been made, but there are still times when I get anxious. Now we have to work on making sales, but it's all part of the adventure.

"I am happy. Before all this I was in childcare part time, and it's nice knowing the babies don't move anywhere now... I know where those grapes are at all times."

Tod and Suzanne, who have teenage children, Sydney and Rex, obviously have no regrets about entering the wine game. When they moved from Melbourne to Adelaide – where Tod grew up – because of his work, they liked it so much he resisted the chance to return to Melbourne in a different banking role and took on what he described as an "amazing seachange".

"We decided to take on something different," Tod said. "I thought this is where I want to be; where I am going to put my effort into for my own dreams and vision.

"I had no background or sound knowledge for the wine industry. It was to a degree daunting, but there are a lot of people around here willing to help you. There are some really wonderful people in the industry that continue to give me advice and help me along the way.

"We owe a lot to our financial planner David

Nelson, who convinced us to take this on, and our viticulturalist David McCormack, who has been a mentor. He has got me to a point where I know what is going on like when to clean the pipes, when I need to do something in the filter shed... now I need to go and look at the vines.

"And there is the winemaker Simon Parker in McLaren Vale who guides us through every step of the process and working hands-on all the way; the list goes on."

The result is a few bronze medals among a range of fine wines including a sparkling red, Shiraz, Cabernet, Merlot, Semillon, Chardonnay and Pinot Noir.

"The Shiraz has a spicy vanilla taste about it... a bit of chocolate in there. It's young, it's fruity and it's not too old and dusty," Tod said.

"The sparkling red; I just love the bubbles. We call it black forest cake in a bottle; it has cherries and plums. A lot of people think it's sweet, but it's just the fruit coming through. There's a bit of Shiraz in there to give it some punch as well." No wonder he got out of the bank. ■

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Fifty Shades of Grey

(CTC) Drama starring Jamie Dornan, Dakota Johnson, Jennifer Ehle, and Luke Grimes. The movie follows the relationship of 27-year-old billionaire Christian Grey and college student Anastasia Steele. **Fri, March 6: 2.15pm, 8.40pm; Sat, March 7: 2pm, 8.40pm; Sun, March 8: 3.25pm, 7.45pm; Mon, March 9: 3.25pm, 7.45pm; Tues, March 10: 8.25pm; Wed, March 11: 3.30pm, 8.55pm.**

The Second Best Exotic Marigold Hotel

(CTC) Comedy, drama starring Richard Gere, Bill Nighy, Maggie Smith, Judi Dench, and Dev Patel. Sonny (Dev Patel) has his eye on a promising property now that his first venture, The Best Exotic Marigold Hotel for the Elderly and Beautiful, has only a single remaining vacancy – posing a rooming predicament for fresh arrivals Guy (Gere) and Lavinia (Greig). Evelyn and Douglas (Judi Dench and Bill Nighy) have now joined the Jaipur workforce, and are wondering where their regular dates for Chilla pancakes will lead, while Norman and Carol (Ronald Pickup and Diana Hardcastle) are negotiating the tricky waters of an exclusive relationship, as Madge (Celia Imrie) juggles two eligible and wealthy suitors. Perhaps the only one who may know the answers is newly installed co-manager of the hotel, Muriel (Maggie Smith), the keeper of everyone's secrets. **Fri, March 6: 2pm, 6.30pm; Sat, March 7: 11.40am, 4.05pm, 6.30pm; Sun, March 8: 3.05pm, 5.35pm; Mon, March 9: 3.05pm, 5.35pm; Tue, March 10: 6.15pm; Wed, March 11: 10.30am*, 1.30pm, 6.30pm; Fri, March 13: 2pm, 6.30pm; Sat, March 14: 12.01pm, 6.45pm; Sun, March 15: 3pm, 7.30pm; Wed, March 18: 1pm, 3.15pm; Fri, March 20: 1.50pm, 6.45pm; Sat, March 21: 2pm, 6.45pm; Sun, March 22: 5.25pm; Tues, March 24: 6.15pm; Wed, March 25: 10.45am*, 1pm; Fri, March 27: 4.05pm, 6.45pm; Sat, March 28: 6.45pm; Sun, March 29: 5.40pm; Tues, March 31: 6.15pm; Wed, April 1: 1.30pm, 3.45pm.**

Focus

(MA15+) Drama starring Will Smith, Margot Robbie and Rodrigo Santoro. Will Smith stars as Nicky, a seasoned master of misdirection who becomes romantically involved with novice con artist Jess (Margot Robbie). As he's teaching her the tricks of the trade, she gets too close for comfort and he abruptly breaks it off. Three years later, the former flame – now an accomplished femme fatale – shows up in Buenos Aires in the middle of the high stakes racecar circuit. In the midst of Nicky's latest, very dangerous scheme, she throws his plans for a loop... and the consummate con man off his game. **Fri, March 6: 4.40pm, 8.55pm; Sat, March 7: 11.50am, 4.30pm, 8.55pm; Sun, March 8: 1.15pm, 8pm; Mon, March 9: 1.15pm, 8pm; Tues, March 10: 8.40pm; March 11: 10.45am*, 4.15pm, 8.20pm; Fri, March 13: 8.55pm; Sat, March 14: 10am, 4.40pm, 9.10pm; Sun, March 15: 3.10pm, 7.40pm; Tues, March 17: 8.45pm; Wed, March 18: 1.15pm, 8.10pm; Fri, March 20: 2pm, 6.30pm; Sat, March 21: 12.10pm, 6.30pm; Sun, March 22: 8pm; Tues, March 24: 6.30pm; Wed, March 25: 1.15pm.**



What we did on our Holiday

(PG) Comedy, drama starring David Tennant, Rosamund Pike and Billy Connolly. Doug (David Tennant) and Abi (Rosamund Pike) and their three children travel to the Scottish Highlands for Doug's father Gordie's (Connolly) birthday party. It's soon clear that when it comes to keeping a secret under wraps from the rest of the family, their children are their biggest liability... **Fri, March 6: 4.30pm, 6.45pm; Sat, March 7: 2.10pm, 6.40pm; Sun, March 8: 1.05pm, 5.50pm; Mon, March 9: 1.05pm, 5.50pm; Tues, March 10: 6.30pm; Wed, March 11: 1.15pm, 6.15pm; Sat, March 14: 2.35pm; Sun, March 15: 5.30pm; Wed, March 18: 10.30am*, 5.30pm.**

Chappie

(CTC) Comedy, Sci Fi, starring Sharlto Copley, Dev Patel, and Hugh Jackman. Every child comes into the world full of promise, and none more so than Chappie: he is gifted, special, a prodigy. Like any child, Chappie will come under the influence of his surroundings – some good, some bad – and he will rely on his heart and soul to find his way in the world and become his own man. But there's one thing that makes Chappie different from anyone else: he is a robot. The first

robot with the ability to think and feel for himself. His life, his story, will change the way the world looks at robots and humans forever. **Fri, March 13: 4.05pm, 8.45pm; Sat, March 14: 10.10am, 2.20pm, 9pm; Sun, March 15: 12.45pm, 5.15pm; Tues, March 17: 8.30pm; Wed, March 18: 7.30pm; Fri, March 20: 4.15pm, 9.05pm; Sat, March 21: 9.35am, 4.20pm, 9.05pm; Sun, March 22: 1pm, 7.45pm; Tues, March 24: 8.45pm; Wed, March 25: 3.40pm; Fri, March 27: 4.20pm, 9.05pm; Sat, March 28: 4.25pm, 9.05pm; Sun, March 29: 3pm, 7.40pm; Tues, March 31: 8.40pm; Wed, April 1: 10.30am*, 4pm.**

Selma

(M) Drama, biography starring David Oyelowo, Cuba Gooding Jr., Tim Roth and Giovanni Ribisi. The story of a movement. The film chronicles the tumultuous three-month period in 1965, when Dr. Martin Luther King, Jr. led a dangerous campaign to secure equal voting rights in the face of violent opposition. The epic march from Selma to Montgomery culminated in President Johnson (Tom Wilkinson) signing the Voting Rights Act of 1965, one of the most significant victories for the civil rights movement. It tells the story of how the revered leader and visionary Dr. Martin Luther King Jr. (David Oyelowo) and his brothers and sisters in the movement prompted change that forever altered history. **Fri, March 13: 1.35pm; Sat, March 14: 4.30pm; Tues, March 17: 6.15pm; Wed, March 18: 10.45am*, 5.40pm.**

Still Alice

(M) Drama starring Julianne Moore, Kate Bosworth, Shane McRae, Hunter Parrish and Alec Baldwin. Alice Howland, happily married with three grown children, is a renowned linguistics professor who

Continued P25

From P24

starts to forget words. When she receives a devastating diagnosis, Alice and her family find their bonds tested. **Fri, March 13: 4.30pm, 6.45pm; Sat, March 14: 12.35pm, 7pm; Sun, March 15: 1pm; Tues, March 17: 6.30pm; Wed, March 18: 3.30pm; Sat, March 21: 12.01pm; Sun, March 22: 3.25pm; Wed, March 25: 10.30am*, 6.30pm.**

Home

(CTC) Animation, Adventure, Fantasy, Sci Fi starring Jim Parsons, Rihanna, Jennifer Lopez, Matt Jones and Steve Martin. When Earth is taken over by the overly-confident Boov, an alien race in search of a new place to call home, all humans are promptly relocated, while all Boov get busy reorganising the planet. But when one resourceful girl, Tip, (Rihanna, who also contributes a song) manages to avoid capture, she finds herself the accidental accomplice of a banished Boov named Oh (Jim Parsons). The two fugitives realise there's a lot more at stake than intergalactic relations as they embark on the road trip of a lifetime. **Sat, March 21: 2.15pm; Sun, March 22: 3.40pm; Sat, March 28: 2.25pm; Sun, March 29: 1pm.**

Insurgent

(CTC) Sci Fi, action movie starring Shailene Woodley, Theo James, Ansel Elgort, Miles Teller and Naomi Watts. The Divergent Series: Insurgent raises the stakes for Tris as she searches for allies and answers in the ruins of a futuristic Chicago. Tris (Woodley) and Four (James) are now fugitives on the run, hunted by Jeanine (Winslet), the leader of the power-hungry Erudite elite. Racing against time, they must find out what Tris's family sacrificed their lives to protect, and why the Erudite leaders will do anything to stop them. Haunted by her past choices but desperate to protect the ones she loves, Tris, with Four at her side, faces one impossible challenge after another as they unlock the truth about the past and ultimately the future of their world. **Fri, March 20: 4.05pm, 8.45pm; Sat, March 21: 9.50am, 4.10pm, 8.45pm; Sun, March 22: 1.15pm, 5.40pm; Tues, March 24: 8.35pm; Wed, March 25: 3.55pm, 6.40pm; Fri, March 27: 2pm, 8.50pm; Sat, March 28: 12.01pm, 4.10pm, 8.50pm; Sun, March 29: 3.20pm, 8pm; Tues, March 31: 8.50pm; Wed, April 1: 10.45am*, 6.30pm.**

Cinderella

(CTC) Adventure, family, fantasy, romance movie starring Lily James, Cate Blanchett, Helena Bonham Carter, Hayley Atwell, and Richard Madden. The story follows the fortunes of young Ella (Lily James) whose merchant father remarries following the death of her mother. Eager to support her loving father, Ella welcomes her new stepmother (Cate Blanchett) and her daughters Anastasia (Holliday Grainger) and Drisella (Sophie McShera) into the family home. But, when Ella's father unexpectedly passes away, she finds herself at the mercy of a jealous and cruel new family. Finally relegated to nothing more than a servant girl covered in ashes, and spitefully renamed Cinderella, Ella could easily begin to lose hope. Yet, despite the cruelty inflicted upon her, Ella is determined to honour her mother's dying words and to "have courage and be kind." She will not give in to despair nor despise those who mistreat her. And then there is the dashing stranger she meets in the woods. Unaware that he is really a prince, not merely an apprentice at the Palace, Ella finally feels she has met a kindred soul. It appears her fortunes may be about to change when the Palace sends out an open invitation for all maidens to attend a ball, raising Ella's hopes of once again encountering the charming Kit (Richard Madden). Alas, her stepmother forbids her to attend and callously rips apart her dress. But, as in all good fairy tales, help is at hand, and a kindly beggar woman (Helena Bonham Carter) steps forward and, armed with a pumpkin and a few mice, changes Cinderella's life forever. **Fri, March 27: 1.50pm, 6.30pm; Sat, March 28: 11.45am, 2pm, 6.30pm; Sun, March 29: 1.10pm, 5.25pm; Tues, March 31: 6.30pm; Wed, April 1: 1.15pm, 6.45pm.**

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Panko-crusted Fish Fillets

Panko is a Japanese-style breadcrumb made from bread without the crusts. It has a broader surface than regular bread crumbs, and does not absorb as much oil, resulting in a crispier, crunchier and lighter crust. Panko is ideal for coating fish and chicken, and also makes an ideal topping for casseroles. Toss Panko together with some grated parmesan, salt, pepper and herbs, and stir in some melted butter to combine. Place on top of casseroles, tuna mornay, lasagne, macaroni cheese, scalloped potatoes before baking, to give a crisp, golden crust. Panko can also be used where bread crumbs are an ingredient in a recipe - for example meatloaf, crab cakes, meatballs. Panko bread crumbs can be purchased from the Asian/International food section of supermarkets.

Method

Place plain flour on a large plate, and dip fish fillets into it until covered (shake off any excess flour) In a large bowl, beat enough eggs, and one tablespoon of water per egg, to coat fish. Place panko breadcrumbs on a large plate, and roll fish fillets in them until completely coated. Fish can be fried in a little vegetable or olive oil in a frying pan on medium heat, deep fried, or baked in the oven.

To bake in the oven, line a large baking dish with baking paper. Spray with cooking oil or lightly grease with oil. Place coated fish fillets in the dish and dot with thin slices of butter. Place in oven heated to 200°C. Baking time will depend on thickness of fillets. Fish should be tender, opaque and flaky when cooked.



Baked Salmon in White Wine

Ingredients

- 4 salmon fillets (skin on)
- ½ cup butter, melted
- 1 cup dry white wine
- 2 teaspoons Dijon mustard
- 3 tablespoons capers, drained and rinsed
- juice or one lemon
- 2 teaspoons chopped fresh dill

Method

Pre-heat oven to 200°C. In a saucepan, melt butter over low-medium heat. Stir in Chardonnay, mustard, capers and lemon juice. Simmer gently for 5 minutes. Remove from heat and add dill.

Place fish in a large baking dish, skin-side down. Pour sauce over the fish and bake for 20 minutes, or until fish is tender and flaky.

Avocado with lime

Ingredients

- 1 medium avocado
- 2 tablespoons freshly squeezed lime juice
- 2 teaspoon grated lime zest
- 1 teaspoon finely grated fresh ginger
- ground black pepper

Method

Cut avocado in half and remove stone (see hint). Peel avocado and cut into small cubes, or cut flesh directly out of the shell, into small cubes. Combine in a bowl with

lime juice and zest, add grated ginger and season with freshly ground black pepper. Once avocado has been peeled and cubed, add lime and ginger; Allow to sit for a short while before serving.

Hint: to remove stone from avocado - cut the avocado in half lengthways. Twist to separate into halves. Either scoop the stone out with a spoon, or tap the stone with the sharp blade of a knife, and twist to remove.

Cucumber & Mint Salad

Ingredients

- 2-3 Lebanese cucumbers, or 1 continental cucumber, unpeeled, thinly sliced
- 1 small red onion, peeled, thinly sliced
- 1 small carrot, grated
- ¼ cup chopped fresh mint leaves
- ½ cup bean sprouts (optional)
- roasted peanuts, chopped (optional)
- juice and zest of one lemon
- 1 tablespoon olive oil
- 1 tablespoon honey
- 1 teaspoon soy sauce
- ½ teaspoon fish sauce (optional)

Method

Whisk lemon juice and zest, olive oil, honey and soy sauce in a small bowl. Place all other ingredients in a large salad bowl, and add the sauce mixture. Toss to combine.



Ingredients

2 cups plain flour
1½ teaspoons baking powder
½ teaspoon salt
1 level teaspoon cinnamon
½ teaspoon mixed spice
¼ cup raw caster sugar
zest of one orange
½ cup milk chocolate melts, broken into smaller pieces
⅓ cup almond oil (or vegetable oil)
1 egg
1 cup buttermilk

Topping

3 tablespoons raw caster sugar
1 level teaspoon cinnamon
extra chocolate melts, for crosses

Method

Pre-heat oven to 200°C. Lightly grease a 12-cup muffin pan using greaseproof paper and a little melted butter.

Sift flour, baking powder, salt and spices into a bowl. Add sugar, orange zest and chopped chocolate melts, and stir to

combine. In another bowl place the oil, egg and buttermilk and combine using a whisk or fork. Make a well in the centre of the dry ingredients, pour in the liquid and fold gently to just combine.

Place dessert spoonfuls of the mixture into the muffin cups, and cover the top of each one with some of the topping mix.

Bake for 5 minutes at 200°C, then reduce heat to 180°C and continue cooking for 15 minutes. When cooked, remove from oven and turn out onto a cooling rack. When cool, form a cross on top of each muffin, using the end of a handle of a teaspoon dipped in melted chocolate melts.

Hints: Other ingredients can be added to muffins such as sultanas, blueberries or raspberries, chopped dried apricots or dates, flaked almonds or chopped walnuts, mashed banana.. Buttermilk (or sour cream) results in a lighter muffin. When using baking powder, make sure it is not out of date. Also when cooking the muffins, by starting off with a higher heat, the muffins will rise better.

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When 'eggers' can be choosers

Easter Bunny will hop into our homes during the hours of the morn on Sunday, April 5 to continue one of the world's oldest traditions – bringing an egg or two, and the chocoholics are hoping for more.

Gorgeous eight-year-old Sasha has already enjoyed a glimpse of the Easter treats ahead because the monster egg she is pictured holding was made by her parents, Christine and Geoff Emerson, who recently launched the Middleton Chocolate Shop on the main stretch at Middleton. This giant 2kg delight is no ordinary egg that you may not find in the supermarket – it's couverture chocolate meaning it is of high quality and contains extra cocoa butter giving it that firmer "snap" and creamier mellow flavour sensation when you are having a chochie attack. Or, if we want to be blunt, it's not the compound chocolate with the cocoa butter substituted by low-grade vegetable oil and with the mass producers in China uncontrollably dipping into the sugar bowls.

Compound chocolate is slightly cheaper than the genuine article, but you could never beat the taste or quality of couverture chocolate. And because the Asian market also uses cheap labour to wrap the eggs in the thinnest-possible silver foil the imported Easter eggs are much cheaper and taste accordingly.

Like Sasha, Christine was brought up in a beautiful world of treats as her father,



Manfred, who died last year, was a highly-respected chocolatier. Her mother, Erika, and brother, Andrew, still run the family's delightful shop Glenelg Fine Chocolates in Coleraine, western Victoria. A must-stop when passing through.

The question begs: what is more popular at Easter – the chocolate egg or bunny rabbit?

Christine said for a while there was a trend to buy a chocolate bilby, but generally the market had mainly gone back to the egg and the rabbit. "I think these days it's just about half and half when it comes to buying the egg and the rabbit," she said.

"Milk chocolate is still way ahead of dark chocolate in terms of popularity, although more people are buying dark chocolate because it is promoted as healthier.

"People are more wary of the different fats and amounts of sugar in a lot of products, and it's why we decided to stick to producing couverture chocolates. Of course, people will say it still puts on weight, but like most things it's about moderation."

Moderation? It was a ridiculous statement really; how many of us have the willpower to leave that last bit of genuine chocolate for another day? Worse still, there has always been the joke "... it's got your name on it", and with Christine's chocolates it can be true because you can buy them personalised.

Meanwhile, we wait with abated breath hoping like mad Easter Bunny brings us the good eggs. Fortunately, he doesn't need to burrow money to buy them. ■

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