

Coast Lines

February, 2015 Vol. 4 #60

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Your community magazine distributed across the Fleurieu Peninsula and to Kangaroo Island first Thursday of each month

FREE

**Wendy tells
why Goolwa
is special**

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alive with the
sound of music**

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Bacchus Road, Victor Harbor
Contact Kate Mueller P: 8551 0900

www.investigator.sa.edu.au

* Playgroup does not operate on public holidays and student free days including school holidays. For dates or more information please visit the College website.



Wooden boats are on the horizon

Goolwa will be cruising again on the February 21-22 weekend with the 14th biennial South Australian Wooden Boat Festival.

It embraces the magnificent spirit among wooden boat owners and everyone who has shared their dream – and they converge from overseas and across Australia.

More than 30,000 people are expected to cover the Goolwa Wharf precinct for two days of festivity culminated by the grand parades of wooden boats of all ages, shapes and sizes and perhaps none more grand than the spectacular paddle steamers headed by our own Oscar W. It will be a magnificent sight.

A flotilla of historic wooden boats covered in fairy lights will cover the Murray Saturday night from 8.30, with a huge fireworks display from the Hindmarsh Island Bridge from nine.

It will be two days of family entertainment, including displays, bands, speedboat and rowing demonstrations and even the experience of building your own wooden boat, but for the purists – and what this festival actually represents – the unquestionable highlight will be walking along the wharf and getting a close up of nearly 200 wooden boats.

This brush with history comes with meeting the owners and discovering what each boat is all about. It's not a festival about people, but wooden boats, and there is a fabulous yarn with each of them shared by one and all.

The festival begins on the Saturday with a

14th South Australian Wooden Boat Festival River Port of Goolwa February 21-22, 2015

speedboat demonstration at 9.30am, with the official opening at noon. The first of the grand parades will feature those affectionately known as 'putt putts' and boats less than 30ft, followed by those greater than 25ft.

The festival closes with the now traditional grand parade finale featuring all of the boats from 4pm. One-by-one they will cruise past thousands lined-up along Goolwa Wharf for a grand salute. Once again it will be a spectacular sight.

Adding to the atmosphere will be performances by acclaimed musicians, *The Baker Suite*, on Saturday from 3pm, and *Nuvo*, an eight-piece Afro-Caribbean party ensemble from 6.45.

The SA Wooden Boat Festival is undoubtedly the feature event of our amazing coastline, and offers something for everyone. It is a celebration of wooden boat history.

Among the numerous guests will be Michael Minogue, who worked for one of Australia's most-revered boat builders, Lars Halvorsen & Sons for more than 20 years, and Tony McKay, who will be representing the Australian Halvorsen Club and will present a technical talk.

The SA Wooden Boat Festival is presented by the Alexandrina Council.

Ticket information: Entry fee for the South Australian Wooden Boat Festival will be \$10 for an adult weekend pass – children 15 and under free. More information: contact festival office 1300 466 592, email info@woodenboatfestival.com.au or visit: www.woodenboatfestival.com.au

Image: Goolwa Wharf: David Hancock - www.stockoz.com



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Front cover

Wendy Watson, proprietor of Birks Harbour Marina & Luxury Accommodation at Goolwa with her husband Phil. Wendy, a former Fleurieu Tourism board member and secretary of the SA Wooden Boat Festival 2006-13, tells us why she loves Goolwa. **See P11-13**

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more give, less take

Coast Lines 3

Gathering of a special Halvorsen clan

When Carl Halvorsen died a day short of his 102nd birthday in August last year it was said he raced with kings and captains of industry and mixed with Hollywood stars, but was best known for his humility and generosity, his abiding friendships and his deep love for family.

It closed another remarkable chapter in Australian boat building history forged in Norway by his grandfather in 1887, made famous on the docks of Ryde, Sydney Harbour by his father Lars until his death in 1936, and later

by Carl and his brothers with 250 boats built for the American, The Netherlands and Australian armed forces during World War II, our first America's Cup entry *Gretel* in 1962, a stunning array of Sydney-Hobart winners, and historically Australia's finest collection of wooden boats ranging from 25ft to the 90-footers in all their splendour.

And this, the imminent first South Australian Wooden Boat Festival since Carl's passing, will bring a touch of sadness, indeed a reflection of gratitude among the 15 SA Halvorsen owners coming to the event and listed among the 111-strong Australian Halvorsen Club membership.

Among them are John and Karen Judd, of Hindmarsh Island, who bought *Sea Vixen*, a Halvorsen 36 custom-built and launched in 1960. Inside the magnificent cabin hand-crafted in maple is a plaque listing the custodians; not owners, but custodians, for like the other 1500-or-so of her kind built by Lars Halvorsen & Sons she is no ordinary boat. She is a Halvorsen.



Karen and John Judd pictured with their *Sea Vixen* mascot, Coco, and "bottom" right: The Lars Halvorsen "loo".



The unquestionably proud history embedded in these wooden boats was not missed by them when they bought *Sea Vixen* – job number 1142 and named *Mar-Jon* until 1962 – from her previous Gold Coast owner almost two years ago. The new passion for wooden boats led to Karen offering her project management skills developed in Sydney until moving here 10 years ago to help the amazing team organising this festival.

Her volunteer role on the on-water committee has included making sure the Halvorsen tradition during the festival on the weekend of February 21-22 is recognised – along with that of other hallowed lines. This led to the invitation of special guests, Michael Minogue, who worked for Lars Halvorsen & Sons for more than 20 years, and Tony McKay, who will be representing the Australian Halvorsen Club and will present a technical talk.

"I became involved in the festival as a volunteer because it is absolutely necessary to carry this event with all of its tradition on forever," Karen said. "It is a great thing for South Australia – it is

the largest boat festival with things happening on the water because a lot of others are static. We sail past and many other wonderful things. "This year we will have paddle steamers coming down – that combination of the wood and the steam. It's so incredible... we cannot let this festival die, and we must all make sure it stays in Goolwa.

"This will be our fourth SA Wooden Boat Festival, but the first in which we have been involved with an entry. It is just a fun week; it's great to see so many people in Goolwa with so many coming from afar to be part of the event. "People get a sense of what our river is about. When you look at the history with wooden boats having brought trade along here which was then put on the trains it is just remarkable. "The intention is to get a number of paddle steamers from Victoria, and we will try to get them steaming into Goolwa with all of their whistles going at once. And they all sound different so people in the olden days could recognise which paddle steamer was approaching. It will be spectacular."

Continued P6

Try our super summer a la carte menu!

An exquisite menu at affordable prices as you watch the waves roll in. There is nothing else like it on our spectacular Fleurieu Peninsula coastline. It's there for all to enjoy.

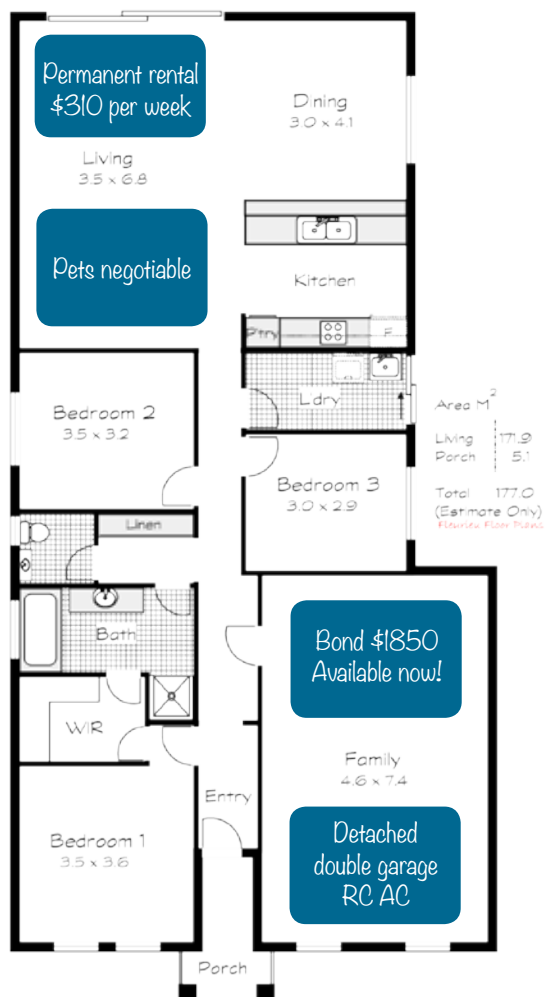
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The living room offers a generous amount of seating and a cosy wood fire that adds a wonderful ambience to the room. Split system R/C A/C and ceiling fans are centrally located in the living area. The near-new stainless steel industrial style kitchen is fully functional and fits perfectly in line with the home. Neighbouring the kitchen is the conveniently adjoining dining area that can comfortably seat 12 people. The bedding configuration is five spacious bedrooms, two with robes as well as two conveniently located bathrooms and a separate laundry.

The full length waterside deck is a wonderful outdoor entertaining area and is perfect to enjoy a bottle of local wine and watch the sunset over the river. A rear deck is also available and is a ideal place to BBQ the day's catch. Just a few steps across the front lawn will take you to your own private jetty, which will give you unlimited time to swim and explore the river and the majestic Coorong. Set on a 1000m² allotment with an 18m waterfront (approx.); allows for generous parking for guests, boats & trailers. A powered shed with auto roller door is available, enough room for the boat, car and water activity equipment.

In just 11 kilometres you'll be in the historical township of Goolwa, allowing for quick and easy access to shopping facilities, cafes & restaurants, art galleries and markets. And on return to 31 Goolwa Channel Drive you'll have visual beauty of the surrounds and an atmosphere that will immerse you in a relaxed coastal holiday mode.

Total House area 214.5m². Garage 72m². Total area 286.2m



open plan

Jemma Morris
General Manager
27a Cadell Street, GOOLWA SA 5214
0423 007 537

New playgroup support for young mums

For many families, having a new baby or toddler at home means putting the social calendar on the back burner in exchange for spending an exhausting number of hours looking for ways to entertain little people.

It is a task that made just that bit harder if you are a first-time carer, have limited access to extended family or have not found your 'village' to help support your child-raising adventure.

Investigator College hopes to offer more support to families in our wider community in 2015 by hosting playgroups at both the Victor Harbor and Goolwa campuses. The playgroup sessions, which will be hosted on Mondays at the Victor Harbor Campus and Fridays at the Goolwa Campus, offer an invaluable opportunity for parents, grandparents or other significant carers to meet other local families in the community.

The sessions, which are designed and programmed by early childhood education staff provide families with a supportive social outlet, and a range of play ideas and activities.

Play is fundamental to children's social, emotional, physical, and intellectual development. It enables them to learn about themselves and others around them. As children play within the playgroup setting they improve their social skills, body control, hand-eye coordination, balance and more... developing skills which will help set them up



Playgroup coordinators Helen Meinel (left) and Kate Mueller with some of their clientele (from left) Henry, Charli and Sara.

for successful transitions to kindy and school. Investigator College is extending a warm welcome to families throughout the region to join them at either one or both of these playgroups which commenced on Monday at Victor Harbor and from tomorrow (Friday) at Goolwa. There is no need to book – simply bring a piece of fruit and a smile.

Sessions cost \$2 per family and tea and coffee will be provided.

More information: Helen Meinel at Goolwa Campus 8555 7500 or Kate Mueller at Victor Harbor Campus 8551 0900 or at playgroup@investigator.sa.edu.au

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From P4

The passion for Halvorsen wooden boats runs deep for John and Karen. "They are just classic boat," Karen said. "They are comfortable, and to me it's their history more than anything."

John spoke of how the Halvorsen boats sat so nicely on the water, which was a hint of the degree of quality entertaining aboard the *Sea Vixen*. Her hull is made of Mahogany, and the cabin exterior features solid Teak.

The boat was originally powered by twin Chrysler V8s, but in 1975 they were replaced by 100 hp diesels – two Volvo MD3s.

The *Sea Vixen* was trucked from the Gold Coast, which presented its challenges, and since then John has performed some beautiful restoration

and new work on her including skilful joinery on the inside cabin decking, and has the Volvos humming nicely during her pleasure cruises along the Murray. "There is never a need to rush our trips," he said. "This wooden boat is just magnificent."

If you doubted the uniqueness of this classic craft, the toilet has the "Lars Halvorsen & Sons Sydney" stamp on the inside of the ceramic bowl.

Mind you, the engines are not gold plated like those of one owner in Tasmania. But then, they say all of the memories aboard a Halvorsen are treasured. **CL**

www.woodenboatfestival.com.au

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Just a thought...

Why isn't the number 11
pronounced onety-one?

Until March 3

The Embody – Art Of And About The Body Exhibition, Signal Point Gallery, Goolwa. In contemporary culture the body has become an extraordinarily complex signifier. Bringing together over 20 artists to explore the human form with regard to identity, anatomy, gender and adornment. Free entry. Mon-Fri 11am-4pm, Sat-Sun 10am-4pm. Contact 8555 7289.

Sunday, February 8

The All British Day Event will be held at the Echunga Recreation Grounds from 10.30am. It will feature more than 900 British cars, trucks and motorcycles on display plus a farmer's market, free children's entertainment. Fully catered by local service groups. There is free parking. Visit: www.allbritishday.com.au or contact David Baird 0404 186961 or Ian Hay 8297 1653

Tuesday, February 10

Boat/jet ski marine licence exam at Victor Harbor Primary School, The Parkway Victor Harbor from 6.30pm. Cost \$35; refresher \$10. Contact meredith@fcrash.com.au or 8552 4833 (bus.) or 8554 3333 (hm).

Sunday, February 15

The vibrant women's choir *Illumina Voices*, which will perform at this year's Adelaide Fringe, presents a preview of its *Around the World in 80 Minutes* show at the Newland Memorial Church, Victor Harbor at 2pm. Tickets are \$15 and available through Fringetix T: 1300 621 255 or adelaidefringe.com.au. These enthusiastic women will perform songs from different cultures in beautiful harmonies, and accompaniments include the didgeridoo played by Peter Webb, drums, percussion and a lyrical obligato by the talented clarinettist Charise Altmann. The program also features the clarinet trio *Eclectica* which will play a piece specially commissioned for them by the Adelaide composer Daniel Schricker. Details: Deborah Munro 0412 024 895 or www.illumina.org.au

Friday, February 20

Nominations close for a special event – the Fleurieu and Kangaroo Island Women's Community Awards to be celebrated for International Women's Day at a dinner on Friday March 6 at the Victor Harbor Convention Centre, McCracken Golf Club. This will be the third year of this event hosted by Victor Harbor VIEW Club along with the Member for Finnis Michael Pengilly. The categories for the 2015 awards are: tourism, agriculture, sport, health and Young Female Ambassador. If you know of inspirational women who have/are making an outstanding contribution, or have inspired others through their achievements in any of these fields in their local community, please nominate them for an award. There will be a high profile speaker. Tickets \$44 pp available at Fleurieu & KI Women's Community Awards, 71 Victoria St, Victor Harbor or EBT to Bank SA BSB 105 026 ACC 0631 35640.

February 21-22

South Australian Wooden Boat Festival (see P3).

February 21-22

Talented embroiderers from the South Coast Embroiderers Guild are showing off their skills at their exhibition *A Treasure Trove of Stitches* at the Port Elliot RSL Hall, The Strand, Port Elliot from 10am-4pm. You may also learn of the group's international link as it has joined thousands of embroiderers from around the world in a marvellous challenge of stitching two panels for the Diaspora Tapestry. Scottish people have settled around the world and this tapestry records and acknowledges their contribution to their new homelands. Of more than 300 panels 35 are listed as Australian with about 15 with titles which indicate a South Australian connection. Our panels, *Captain Cadell & Cockenzie Captains* as well as *Little Scotland* are based on Goolwa. There will also be a gift table loaded with hand stitched treasures for you to buy over the weekend.

Wednesday, February 25

A fabulous lunch and entertainment is planned from noon-3pm to raise funds for breast and prostate cancer at the Fleurieu Function Centre (Aquatic Club), Barrage Rd, Goolwa. It's just \$25

per person and it's a great cause. Email john.moore13@boigpond.com.au or rosemary@thesage.biz for further details and tickets.

Wednesday, March 18

Anyone interested in gaining a boat and jet ski licence will be able to take the required exam at Goolwa Aquatic Club at 6.30pm sharp. A power point presentation will be shown before participants sit the exam. Bookings essential. Cost: \$35 pp. Call Scott 0418843903 or e: roseholme@bigpond.com to book and obtain a handbook.

Your local markets...

Cape Jervis: Second Sunday of the month from 9am-1pm.

Goolwa: First and third Sundays of the month at the wharf.

Inman Valley: First Saturday of month 9am-1pm.

Kangaroo Island Community Market: Penneshaw Oval and Town Hall first Sunday every month from 9am.

Kangaroo Island Farmers' Market: Lloyd Collins Reserve, first Sunday every month, 9am-1pm.

Myponga: Weekends and public holidays at the old Myponga Cheese Factory from 10am-4pm. www.mypongamarket.com

Port Elliot: First and third Saturdays of the month at Lakala Reserve.

Strathalbyn: Third Sunday of the month at Lions Park, South Terrace.

Willunga: Farmer's Market first Saturday of the month on McLaren Vale Road.

Victor Harbor: Farmers' market every Saturday until 1pm.

Victor Harbor: Indoor craft & plant market in the RSL clubrooms, Coral Street, on the first Saturday of the month from 9am-3pm.

Yankalilla: Third Saturday of the month from 9am.



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Paper Planes

(G) Family movie starring Sam Worthington, Ed Oxenbould, and Deborah Mailman. Dylan (Ed Oxenbould) is a 12-year-old boy that lives with his father (Sam Worthington), who recently lost his wife and remains inconsolable. Dylan finds himself a passion for creating and flying paper planes, which is going to take him all the way to the World Paper Plane Championships in Tokyo, Japan. Fri, Feb 6: 4.30pm; Sat, Feb 7: 11.35am; Sun, Feb 8: 3.30pm; Wed, Feb 11: 1.15pm.

Mortdecai

(M) Comedy, action, crime movie starring Johnny Depp, Gwyneth Paltrow, Ewan McGregor. Juggling some angry Russians, the British Mi5, his impossibly leggy wife and an international terrorist, debonair art dealer and part time rogue Charlie Mortdecai (Johnny Depp) must traverse the globe armed only with his good looks and special charm in a race to recover a stolen painting rumored to contain the code to a lost bank account filled with Nazi gold. Fri, Feb 6: 9pm; Sat, Feb 7: 1.45pm, 9pm; Sun, Feb 8: 8pm; Tues, Feb 10: 9pm; Wed, Feb 11: 6.45pm.

Kingsman: The Secret Service

(CTC) Thriller starring Samuel L. Jackson, Colin Firth, Mark Hamill and Michael Caine. It tells the story of a super-secret spy organisation that recruits an unrefined but promising street kid into the agency's ultra-competitive training program just as a global threat emerges from a twisted tech genius. Fri, Feb 6: 2pm, 6.30pm, 9.10pm; Sat, Feb 7: 11.45am, 4pm, 6.30pm, 9.10pm; Sun, Feb 8: 1pm, 5.15pm, 7.45pm; Tues, Feb 10: 6.30pm, 9.10pm; Wed, Feb 11: 1.30pm, 3.45pm, 6.30pm; Fri, Feb 13: 1.25pm, 9.10pm; Sat, Feb 14: 11am, 4pm, 9pm; Sun, Feb 15: 12.20pm, 7.45pm; Tues, Feb 17: 8.45pm; Wed, Feb 18: 10.45am*, 7pm; Fri, Feb 20: 4.15pm, 9.15pm; Sat, Feb 21: 1.30pm, 9pm; Sun, Feb 22: 7.45pm; Tues, Feb 24: 9pm; Wed, Feb 25: 4.30pm.

Wild

(MA15+) Drama starring Reese Witherspoon, Laura Dern, Gaby Hoffmann, and Michiel Huisman. After years of reckless behavior a heroin addiction and the destruction of her marriage, Strayed makes a rash decision. Haunted by memories of her mother Bobbi (Academy Award nominee Laura Dern) and with absolutely no experience, she sets out to hike more than a thousand miles on the Pacific Crest Trail all on her own. WILD powerfully reveals her terrors and pleasures as she forges ahead on a journey that maddens, strengthens, and ultimately heals her. Fri, Feb 6: 1.50pm, 6.45pm; Sat, Feb 7: 2.15pm, 6.45pm; Sun, Feb 8: 12.45pm, 5.30pm; Tues, Feb 10: 6.45pm; Wed, Feb 11: 10.45am*, 4.15pm.

The Imitation Game

(M) Biography, drama, thriller starring Benedict Cumberbatch, Keira Knightley, Mark Strong. Based on Alan Turing, the genius British mathematician, logician, cryptologist and computer scientist who led the charge to crack the German Enigma Code that helped the Allies win WWII. Turing went on to assist with the development of computers at the University of Manchester after the war, but



was prosecuted by the UK government in 1952 for homosexual acts which the country deemed illegal. Fri, Feb 6: 4.15pm; Sat, Feb 7: 4.30pm; Sun, Feb 8: 3pm; Wed, Feb 11: 10.30am*; Fri, Feb 13: 4.15pm, 6.45pm; Sat, Feb 14: 1.45pm, 6.45pm; Sun, Feb 15: 3pm, 5.45pm; Wed, Feb 18: 1.15pm.

Fifty Shades of Grey

(CTC) Drama starring Jamie Dornan, Dakota Johnson, Jennifer Ehle, and Luke Grimes. It follows the relationship of 27-year-old billionaire Christian Grey and college student Anastasia Steele. Fri, Feb 13: 1.45pm, 6.30pm, 9pm; Sat, Feb 14: 11.15am, 4.15pm, 6.30pm, 9.10pm; Sun, Feb 15: 12.30pm, 5.15pm, 8pm; Tues, Feb 17: 6.30pm, 9pm; Wed, Feb 18: 1.30pm, 4pm, 6.45pm; Fri, Feb 20: 1.45pm, 6.45pm; Sat, Feb 21: 11am, 4pm, 6.30pm; Sun, Feb 22: 12.15pm, 5.15pm; Tues, Feb 24: 8.45pm; Wed, Feb 25: 10.45am*, 2pm, 7pm; Fri, Feb 27: 4.15pm, 9.05pm; Sat, Feb 28: 11.15am, 4.15pm, 9.05pm; Sun, March 1: 12.45pm, 8.15pm; Tues, March 3: 8.50pm; Wed, March 4: 7pm.

Mr. Turner

(M) Drama, biography starring Timothy Spall, Paul Jesson, Dorothy Atkinson, Marion Bailey. Mr. Turner explores the last quarter century of the great if eccentric British painter J.M.W. Turner (1775-1851). Profoundly affected by the death of his father, loved by a housekeeper he takes for granted and occasionally exploits sexually, he forms a close relationship with a seaside landlady with whom he eventually lives incognito in Chelsea, where he dies. Throughout this, he travels, paints, stays with the country aristocracy, visits brothels, is a popular if anarchic member of the Royal Academy of Arts, has himself strapped to the mast of a ship so that he can paint a snowstorm, and is both celebrated and reviled by the public and by royalty. Fri, Feb 13: 3.55pm; Sat, Feb 14: 1.25pm; Sun, Feb 15: 2.55pm; Tues, Feb 17: 6pm; Wed, Feb 18: 10.30am*, 3.45pm; Sat, Feb 21: 1.20pm; Sun, Feb 22: 2.35pm; Wed, Feb 25: 4.15pm.

American Sniper

(MA15+) Action, biography starring Bradley Cooper, Sienna Miller, E.R. Ruiz. Directed by Clint Eastwood, it focuses on the life of Chris Kyle, the most lethal sniper in US military history. But there was much more to him than his skill as a sharpshooter. His pinpoint accuracy saves countless lives on the Iraq battlefield, and as stories of his courageous exploits spread he earns the nickname "Legend." However, his reputation is also growing behind enemy lines, putting a price on his head and making him a prime target of insurgents. He is also facing a different kind of battle on the home front: striving to be a good husband and father from halfway around the world. But upon returning to his wife, and kids, Chris finds that it is the war he can't leave behind. Fri, Feb 20: 3.55pm, 9pm; Sat, Feb 21: 4.10pm, 9.15pm; Sun, Feb 22: 2.45pm, 8pm; Tues, Feb 24:

6.30pm; Wed, Feb 25: 10.30am*, 7.15pm; Fri, Feb 27: 8.55pm; Sat, Feb 28: 8.55pm; Sun, March 1: 5.45pm; Tues, March 3: 8.40pm; Wed, March 4: 1.15pm.

Theory of Everything

(PG) Drama, biography starring Eddie Redmayne, Felicity Jones. The extraordinary story of one of the world's greatest living minds, the renowned astrophysicist Stephen Hawking, who falls deeply in love with fellow Cambridge student Jane Wilde. Once a healthy, active young man, Hawking received an earth-shattering diagnosis at 21 years of age. With Jane fighting tirelessly by his side, Stephen embarks on his most ambitious scientific work, studying the very thing he now has precious little of – time. Together, they defy impossible odds, breaking new ground in medicine and science, and achieving more than they could ever have dreamed. Fri, Feb 20: 1.25pm, 6.30pm; Sat, Feb 21: 10.50am, 6.45pm; Sun, Feb 22: 12.05pm, 5.30pm; Tues, Feb 24: 6.15pm; Wed, Feb 25: 1.45pm; Fri, Feb 27: 1.45pm; Sat, Feb 28: 1.45pm; Sun, March 1: 3.15pm; Wed, March 4: 10.30am*, 4.15pm.

The Second Best Exotic Marigold Hotel

(CTC) Comedy, drama starring Richard Gere, Bill Nighy, Maggie Smith, Judi Dench, and Dev Patel. Sonny has his eye on a promising property now that his first venture, The Best Exotic Marigold Hotel for the elderly and beautiful, has only a single remaining vacancy – posing a rooming predicament for fresh arrivals. Evelyn and Douglas (Judi Dench and Bill Nighy) have now joined the Jaipur workforce, and are wondering where their regular dates for Chilla pancakes will lead, while Norman and Carol (Ronald Pickup and Diana Hardcastle) are negotiating the tricky waters of an exclusive relationship, as Madge (Celia Imrie) juggles two eligible and wealthy suitors. Perhaps the only one who may know the answers is newly installed co-manager of the hotel, Muriel (Maggie Smith), the keeper of everyone's secrets. Fri, Feb 27: 1.30pm, 6.30pm; Sat, Feb 28: 11am, 4pm, 6.30pm; Sun, March 1: 12.35pm, 3pm, 7.45pm; Tues, March 3: 6.15pm; Wed, March 4: 1.30pm, 6.45pm.

Birdman

(MA15+) Comedy starring Michael Keaton, Emma Stone, Edward Norton, and Naomi Watts. Riggan Thompson was Birdman, a crime-stopping superhero with a beak and a three-film franchise. Now, he's a washed up actor trying to get his career and life back together by opening his own play on Broadway. On the eve of its opening, the play is close to falling apart and Riggan is forced to sign a younger, egotistical lead actor, whom he despises. What results over the next three days is strange, dark and downright hilarious, nearly costing Riggan his career, family and sanity in the process. Fri, Feb 27: 4.05pm, 6.45pm; Sat, Feb 28: 1.35pm, 6.45pm; Sun, March 1: 5.25pm; Tues, March 3: 6.30pm; Wed, March 4: 10.45am*, 4pm.



Alexandrina Connect starts to create new possibilities

The establishment of Alexandrina Connect Incorporated as a much-needed community centre to serve the south coast has taken significant steps with legal status, the appointment of a formal committee and hopefully with charitable status.

This follows a highly-successful community meeting (pictured) at the Alexandrina Council Chambers in November in response to an urgent need to cover the huge gap in services and programs for people with various life challenges in the wake of government cuts that will fade out organisations like Create and Connect in Goolwa.

Carol Gaston, who has been the driving force behind the centre, is the inaugural president, and is supported by Karen Barrett (vice-president), Jacinta Hartill (company secretary), Bev Boag (committee secretary), Margaret Gardner, Alison King, Sarah Kay, Jessica Stephens and Sally Pearce. Their overwhelming immediate challenge is to raise up to \$120,000 to operate in the first year to provide development programs, pay for the premises and general overheads. Obviously, the support of the community and business leaders is vital.

During the November meeting numerous people pledged support

and/or donations, from which a steering group was formed to establish workshops covering key areas requiring attention including finance, administrative matters, marketing and communication, business planning, fundraising and grant opportunities.

The new committee held its first meeting on January 21 – six months after it was announced Create and Connect and some other key network groups would fold and deny recipients crucial support and personal development opportunities.

Carol believes the public meeting represented a clear indication of public support for a community centre that would provide enormous support for the south coast region – including Victor Harbor. "This is not just a Goolwa project," she said. "It is the logical base given the previous establishment of Create and Connect, and the new objectives clearly focus on providing help and resources for the region not just one town."

Alexandrina Connect Inc is planning a community-based launch in the form of an open-air celebration. It is also seeking a presence at the Goolwa Wharf Sunday market.

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Going back to the splash of class

It seems people who live in glass houses should throw tones. Bright colours in amazing designs too. After a revival of leadlight windows and doors in the 70s, and the evolution of glass splashbacks over the past decade, glass has become the real in-thing of Australian home art.

We are not just talking about the ornamental kind from the ageless furnaces of creativity, but implementing glass to changing styles of architecture which is far more prevalent in modern European culture.

Lindy Sando and Vaughan Taylor,

acclaimed for their innovative use of glass in all forms of architecture, left their home in Kersbrook in the Adelaide Hills six months ago to experience a seachange at Goolwa and have already made their own splash at the back of superbly renovated cluster of sheds under the banner Factory 9 on the corner of Waterport Rd and Hill St, Port Elliot.

The factory set-up has become a hub of creativity, and Lindy and Vaughan have even met orders to use a visual of Horseshoe Bay on splashbacks at the request of home-owners in North Haven and Kersbrook.

However, it has been their work using various forms like double-sided laminated glass, Italian acid-etched glass and silicone-bonded work that has set them apart with sculptures, glass panelling and walls, and have continued to create and restore masters in classical work especially churches.

According to Lindy, with her illustration background, and Vaughan with his mechanical



engineering university studies, their business Art Glass Design is a result of their long-shared passion for leadlight stained glass windows.

Now in its 40th year, their business has evolved with computerised technology. Just as signwriting now relies on computer-aided design systems, it is mapping intricate and definitely stunning designs in glass.

"We fell in love with church windows and began restoring them, and while we still do much of that type of work I guess we used our skills to move into a more contemporary form of art," Lindy said.

"It wasn't that long ago that you never heard of splashbacks, but now we are doing pool fencing in glass using artistic designs."

Vaughan said that in many other countries the use of glass as a practical and art form was prominent in corporate offices, hospitals and other major buildings.

"Here in Australia we have not been exposed

to this use of glass as much as it is overseas," he said. "Some people think of leadlight glass from the olde world, but it is not necessarily the case. Leadlight is not used as much now because it now needs to be triple glazed and more reinforced to meet the safety standards. It's heavy, so there are restrictions."

"The trend is using commercial glass in homes and there is that strong safety aspect – they are far stronger than the average house window."

Lindy and Vaughan were awarded a scholarship to study contemporary techniques in

architectural glass under an Australian Government initiative as part of the International Specialised Skills Fellowship in 2006. They travelled to Spain, Germany and the United Kingdom to study the best public art glass works with an emphasis on glass lamination and free form glass painting.

"We are mainly interested in contemporary work and pushing boundaries," Lindy said.

"With changing styles of architecture we have developed new techniques to suit the building style as well as building codes. We now work directly on to specified safety glass using glass bonding (lamination) techniques, sandblasting and painting."

Lindy and Vaughan are currently doing a lot of glass painting for one-off splashbacks and wall panels using two-pack paints.

Another significant change in trends is using sculptures featuring glass in gardens. It seems we have moved on from the out-of-date look. But then, people who live in glass houses... **CL**



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GOOLWA

Wendy Watson is known for her enthusiasm for local tourism. She is proud to live in Goolwa, and loves the nice balance of people sharing the same passion for their town. "It's pretty good here," she says...



At half-past something someone from overseas or interstate will call or email Wendy and Phil Watson at their Birks Harbour B&B and ask what Goolwa is like.

For this couple, sharing an amazing passion for everything in this river port town especially wooden boats, the answer is simple and they proceed to deliver this amazing description of a town like no other.

It really is unique when considering only the grand Mississippi River, USA also has steam trains meeting paddle steamers presenting wonderful cultural flavour and quaintness – and Goolwa is also flanked by spectacular beaches. Yet, in a rather peculiar way Wendy would like to tell potential visitors – those who call nearly always visit – another reason why Goolwa is special. It's about a lady who knocked on Wendy's door one day and asked whether she knew her dog was out sitting by her front gate

only to be told her dog was inside.

"It's how people think," Wendy says. "I know it sounds silly, but it's the way they care about you and I think it shows when people visit our town."

With 15 years experience in the cellar door wine industry, three years on the Fleurieu Tourism board, and a seven-year involvement with the SA Wooden Boat Festival until 2013, Wendy paints a fabulous picture of Goolwa for the tourists enquiring with much of it flowing from how they too were drawn here originally from Victoria in 1998, starting with visiting to enjoy their first wooden boat nine years earlier. Birks Harbour is a beautiful B&B gem nestled 1km out of the town surrounded by one of its few clusters of magnificent trees including Norfolk Pines, Port Jackson Figs and gums creating a stunning haven for bird life.

Continued P12

5214

Population: 3178 – 1555 male; 1623 female (2011 Census including surrounding area).

Name: Goolwa was named by the local Ngarrindjeri Aboriginal tribe meaning "elbow", and the area was known as *The Elbow* by early settlers.

History: Pre-1837 the area was considered for the site of the colony's capital with a sizeable township at Currency Creek and a port at Goolwa. However, treacherous waters of the Murray Mouth ended that idea. Goolwa was Australia's first inland port

(1853). The spread of railways put an end to the river trade. Goolwa became a farming and fishing town before and ultimately best-known for holiday making.

Real estate: Rob Heaslip and Peter Hooper, principals of South Coast Realty, launched their new business branding in 2013 with offices in Victor Harbor, Goolwa and Mount Compass.

Peter said Goolwa was on the move again in terms of demands for properties. "It's not surprising with Goolwa being a great place to live permanently or a place to visit on weekends... there is always so much to do here for people of all ages," he said. "The infra-structure is good, the quality schools are appealing to young families, and overall the

community feel is strong.

"Property prices have shown signs of improvement over the past 18 months or so and there are strong indications they will continue to do so especially in the higher demand pockets like Goolwa Beach, Goolwa North, and around the South Lakes Golf Club. "You can still buy a very nice home in the low to mid \$300K range, which is excellent value especially compared with some suburban homes near the city. The holiday home and investment market had been quiet, but this has picked up again and there are positive signs the market is getting hotter especially with interest rates remaining low. Now is certainly the time to buy."

From P11

The marina is also home to some classic boats including Wendy and Phil's own century-old *Fairy Queen* and *Progress*.

"I talk to tourists about how there is so much to experience like the nature walks, cruising, paddle steamers, steam trains and then everything else that every other town has like restaurants, art galleries, cellar doors, shopping and nice eateries and markets," Wendy said. "There are the wine regions and how close we are to McLaren Vale.

"We are distinctive because we have the river and the ocean, and in that regard it's fantastic. And on top of all of this, people can jump on a boat and go down the Coorong.

"When people book with us I give them a list of our recommendations of fun things to do in Goolwa. When Phil and I travel we'll drive out of a town and think, 'gee, if we knew about that we would have gone there'. It's because no one tells you. You get inundated with brochures and it becomes an information overload, so we offer our personal recommendation of what we think are good things to do in the area and a lot of our visitors tick them off.

"I will list them in groups like foodies, boaties, shoppers, steam buffs, adventures, history trails, golf and whatever you are into, and it doesn't just include Goolwa.

"The reason I do the list is that if all the people who stay with us spend \$10 here and \$5 here or buy a painting or a bottle of wine, how good is it for the economy of the town? I try to say



to other B&B operators, if you are full keep them in Goolwa because that is how everyone survives.

"We came to Goolwa because for us it ticked all the boxes. For starters, it has history, and the list just goes on and on."

But while Wendy and Phil easily sell what Goolwa has to offer – since 2009 they have also managed Birks River Retreats, a magnificent property opposite the marina owned by Robert O'Callaghan and Pam O'Donnell who own Rockford Wines – they treasure the perhaps less obvious qualities shared by those who live here.

"Goolwa is a destination, not a drive-through town, and I believe that is an advantage because it creates its own identity," Wendy said. "Goolwa was put on the map with *Storm Boy* (a 1976 classic Australian film based on a boy and his pelican), but when we received arts funding a few years ago for the *Just Add Water* experience it really presented Goolwa as a



serious arts centre instead of just being another town with local exhibits. We have magnificent galleries.

"I believe when you have good art in a town it creates a lot of flavour because it encourages quality people to live there. That should not be confused with people having money, but the character of the person. This is what boating also brings to Goolwa; it draws a wonderful environment of people who can only afford a little dinghy and those with a huge boat. There is no class distinction, and it reflects in the town.

"This isn't Noosa, Sorrento or Portsea... okay, there are certain areas where the houses may not be as grand, but I genuinely believe there is a really nice balance of people who make the town special. It's about people from all backgrounds sharing the same passion for their town, and that really sums up Goolwa."

Continued P13



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From P12

The town is also noted for being the first in Australia in 2007 to earn Cittaslow status – meaning 'slow town' – an international movement started in Italy in 1986 from the worldwide rejection to the growing 'fast food' industry. Cities and towns combine the efforts of local government, the business community and residents to improve the quality of life for all who live and work in their town, and its principles include fostering local culture and tradition, achieving a better sustainable environment, supporting and encouraging local produce and products, and promoting healthy living especially among younger people. Cittaslow International will hold its general assembly in Goolwa in May next year, and Wendy said it represented a wonderful

opportunity to promote its ideals which had always been very much a part of Goolwa's culture.

"A lot of the success of Goolwa is a result of the people getting behind things like Cittaslow and making them happen," Wendy said. "There are charities, and everyday people willing to help someone else out. It is a nice community. I know every town says that, but there are some natural elements here easily highlighted.

"To me, what has made Goolwa so good are all these semi-retired people who have given their bit as volunteers to make things happen. That has been fantastic for Goolwa. Our friends in Adelaide say to us, 'gee Goolwa has changed, hasn't it gone ahead... it's got a lot of flavour'. I love hearing that.

"Someone also said to me last night; 'everyone says hello; everyone is friendly', and I said it has

always been like that. I put it down to the fact all the dogs are happy so they must have happy owners. Just have a look at the wagging tails down the beach; it's just so nice to experience.

"There are not too many places on this earth where you can walk along a spectacular beach with the dog in the morning and in the afternoon go sailing along the river from the marina – in between working, of course. (she laughs).

"This also might sound crazy, but another thing I love about this town is the fresh air; it's unbelievable and you don't realise it until you go away from here.

"And when we come home Phil and I always say to each other, 'it's pretty good here isn't it... Goolwa is hard to beat.' It really is." **CL**


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This may mean doing a bit of gardening, decluttering to show rooms at their best capacity, perhaps a bit of painting to freshen the place up or even as simple as a few bark chips to cover the ground.

Once your property is ready we can then help arrange for an appraisal by a real estate agent and place your home on the market.

Monitoring the sales progress is important, and we are here to advise on strategic changes if required to sell your property. It is that simple!

Where to next?

At Lakeside Goolwa over 50s Lifestyle Village, our homes offer open plan living, quality finished cabinetry and furnishings, manageable low maintenance yards and security knowing you have others nearby should you need assistance. Once your current house sells, Lakeside Goolwa can start to build your beautiful new home.

How will I get there?

Obviously you will still need to pack and move. Having a settlement date on your current home means you may need somewhere to move to



until your new home at Lakeside is built. Again, we have it covered.

With the help of a removalist your furniture and other belongings can be packed up and transported to our storage shed at Lakeside and you can take up residence in one of our six Marina View units until your new home is completed.

My garden is costly, but I still love it...

Water costs can really get out of control. Many sacrifice watering the garden to save money. Sadly this takes away the enjoyment many get from spending leisurely time in the garden, growing vegetables, flowers and shrubs.

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Moving doesn't need to be a difficult, stressful and expensive time. Take advantage of our free storage for items you will need in your new home, assistance with transport costs and accommodation.

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Better governance on the agenda

We are blessed with so many volunteers across the Fleurieu Peninsula, many who devote countless hours on committees for their community.

They are on their senior or junior football or netball committee, the CFS branch and the magnificent charity organisations that offer so much help to thousands of people.

With this much-appreciated commitment comes fulfilling roles and taking on responsibilities, which was the theme for the first of two excellent workshops conducted by Kate Hartwig, a consultant for not-for-profit organisations, and presented by the Alexandrina Council and the Goolwa & District Community Bendigo Bank.

The first of the workshops held strictly from 7-8.30pm were at Goolwa, and last week at Mount Compass and Strathalbyn.

The second workshop – planning for success which focuses on strategic and operational planning, visioning, identifying goals and strategies and project planning – will be held at the Alexandrina Council Chambers in Goolwa tonight (Thursday, February 5), the Mount Compass War Memorial Hall on Wednesday, February 11, and the Alexandrina Council Community Centre, 1 Colman Terrace, Strathalbyn on Thursday, February 12.

Overall, the workshops have been brilliant, but disappointingly the clubs and organisations that seem to need guidance most have not taken advantage of the program. Kate has left an overwhelming view that our legal responsibilities and governance measures have changed considerably in recent years and almost every club or organisation could benefit from the workshops which went to the heart of most concerns or issues that face the average committee.

Among the key points to emerge were the need to identify and understand the role of a board, the importance of strategic planning, how an agenda can be the most vital component of any meeting, and the need to address succession planning and a decision-making process.

Local real estate identity Rob Heaslip, who recently joined the G&DCBB board, also delivered a brief and comprehensive guide to conducting an AGM, partly focusing on how not to turn your club AGM into a shamble.

Kate, who has an astonishing background on committees and how they should operate, reminded the gatherings of their fundamental

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responsibilities and how best to handle sometimes difficult situations that may arise by simply referring to an up-to-date constitution and an array of policies that can be easily implemented.

The G&DCBB has also worked in alliance with the Southern Alexandrina Business Association, again as a means of helping those within the community be the best they can in their incredibly devoted efforts to help others.

Kate's opening governance workshops were



G&DCBB new director Rob Heaslip with Kate Hartwig at the Mount Compass workshop.

outstanding, delivering much-appreciated updated tools to conduct meetings and to operate as an incorporated body. Every club person should be enquiring whether those who are running their organisation are up-to-date with the vital elements presented by Kate. Definitely worthwhile.

Contact: kate@katehartwig.com.au or www.katehartwig.com.au

Joining the support for community great

Goolwa and its surrounding district has some amazing volunteers representing organisations that are the heart of the community, and the Goolwa & District Community Bendigo Bank is proud to again get right behind them.

The Mundoo CFS group embarked on a project to replace an ageing command car used to support fire fighting operations within the Mount Compass, Port Elliot, Middleton, Goolwa and Currency Creek region.

The Lions Club of Goolwa stepped in with a \$10,000 donation and the Rotary Club of Goolwa followed with \$5000 to help replace a vehicle – a 2012 Ford Ranger duel cab ute.

G&DCBB pledged \$1000, and other great local supporters like LJ Hooker, Bill Barton Real Estate, Caltex service station, Auto Pro, Goolwa Bus & Coach, Southern Safety Services and Catscratch Design completed the mission.

The Mundoo CFS now not only has a desperately-needed vehicle, but it is completely fitted with the necessary radios, emergency lights and siren to enhance the operational efficiency.

Mundoo CFS group officer Michael Pulford and deputy group officer Brandon Ashfield proudly 'showed off' the latest asset and delivered heartfelt message of 'thanks' to all concerned



with the fundraising, and again acknowledged the support of the general community.

G&DCBB manager Mike Bastian summed it up well saying there was no doubt all of the sponsors, supporters and members of the community really owed the Mundoo CFS sincere appreciation for what they do for us. And well done especially to the Lions and Rotary clubs of Goolwa.

Pictured with the new vehicle were (from left) CFS deputy group officer Brandon Ashfield, group officer Michael Pulford, Goolwa Rotary Club president Alan Williams, G&DCBB manager Mike Bastian, and Margaret Gardner with her husband Bruce, who is president of Goolwa Lions Club.

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Tap into this...

A plumbing firm engages a market research company to find which way people face in the bath – with their feet toward the tap or their back toward the tap.

They interview 3000 people across the Fleurieu Peninsula and of them 2999 say they sit with their feet toward the tap and only one person says with their back toward the tap.

The plumbing managing director says: "That's incredible, and decides to ring the one person who was different to the rest; a bloke from Normanville.

The managing director asks: "Why, out of 3000 people surveyed, are you the only one who sits with your back toward the tap?"

And the bloke from Normanville says: "Because I don't have a bath plug."

Problem solved

Fred has been a compulsive worrier for years so he finds a way to overcome his problem. His friends notice the dramatic change in him almost immediately.

One friend says: "Hey Fred, you don't seem to be worried about anything anymore."

"Nope," says Fred. "I hired a professional worrier for \$1000 a week, and I haven't had a single problem since."

His mate is flabbergasted. "One thousand dollars a week," he says out loud. "How on earth are you going to pay him?"

And Fred says: "That's not my problem; that's his."

Fall aboard

Three drunks are staggering along the platform at the Mile End Railway Station as the Overland Express is pulling out. One says: "Oh no, we've missed the train!"

The train driver hears them, so he rings the guard at the end of the platform and tells him to grab them as the train goes past and heave them aboard.

The guard says: "Right-o" and within a flash he grabs two of them, but is too slow for the third. The guard yells to the one left behind: "Sorry mate, but I just couldn't get all three of you on board."

And the drunk left behind says: "That's okay, but you got my two mates who were seeing me off."

Laugh Lines :)

Always find a reason to laugh. It may not add years to your life, but it will add life to your years.

Happy snappers

A bloke takes his wife to Kakadu National Park when they spot a giant crocodile sunbaking on the bank of a river.

Also being ones to take a lot of happy snaps they hide behind a bush for hours taking shot after shot of the croc just laying there motionless.

The wife says: "Why don't we wake him up?"

And before the husband can answer the wife picks up a rock and hits the croc fair square between the eyes. The croc is not happy. He moans, groans and charges towards the couple. The woman grabs the camera and starts running for her life. The husband just stands there laughing.

The wife says: "Run you idiot, run!"

And the husband says: "Why should I? You're the one who threw the rock."

Silent night

A man and his wife have a disagreement so the next thing they are giving each other the silent treatment. The husband suddenly realises he needs his wife to wake him at five o'clock the next morning to catch a flight to Sydney, so he leaves her a note: "Wake me at 5am."

The next morning he wakes up and looks at the clock. It's nine o'clock, and he freaks out and demands to know why his wife didn't wake him. Suddenly, the husband looks at a note by his bed from his wife. Kit says: "It's 5am, wake up."

Lucky number

A woman rushes home from work, roars into the driveway and screeches the brakes. She runs inside, slams the door, and yells in excitement: "Honey, honey... I've won X-lotto!"

I've won X-lotto... pack your bags!"

The husband can't believe it. "That's amazing," he says. "What should I pack... summer wear for Brazil or something for the ski slopes in Europe?"

And the wife says: "Anything darling, just leave."

Dad jokes...

Why was Cinderella dropped from the football team? She kept running away from the ball.

Why don't they tell secrets on Mount Everest? Because they have plenty of mountaineers.

Why was the brushman late for work? He over swept.

Did you hear about the two aerials that got married? The ceremony was ordinary but the reception was excellent.

What word do we always pronounce wrong? Wrong.

What did one fish say to the other fish in a tank? Can you drive this thing?

Useless trivia not
worth reading
(but you will read it anyway)

A Boeing 747's wingspan is longer than the Wright brother's first flight.

If you yelled for 8 years, 7 months and 6 days you would have produced enough sound energy to heat one cup of coffee.

Most dust particles in your house are made from dead skin.

The very first bomb dropped by the Allies on Berlin during World War II killed the only elephant in the Berlin Zoo.

An ostrich's eye is bigger than its brain.

A cat has 32 muscles in each ear.

It is physically impossible for pigs to look up into the sky.

Paul McCartney's real first name is James – Paul is his middle name. Thus, all the Beatles (including Ringo, whose first name is Richard) were named after kings.

Chewing gum while peeling onions will keep you from crying.

Astronauts are not allowed to eat beans before they go into space because passing wind can damage their spacesuit.



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Let's Sing Along with Paul...

They are, of course, much too young to remember the *Sing Along with Mitch* show from 1961-64 when the lyrics came across the TV screen and we sang our hearts out at seven on a Sunday night.

And like that old format – the forerunner to karaoke – these guys are literary in a class of their own in the old school building in Torrens St, Victor Harbor. They form the South Coast Community Singing Group and meet here every Tuesday afternoon at 1.30, stop for a cucumber or boiled egg sandwich and a slice of banana cake an hour later, and get back into the swing of things until 3.30.

Our local Mitch is Paul Jennings, but he doesn't sing his own praises. It's like that here, although this particular day Tony Mawdsley claimed he was the world's best bathroom singer – we dare not seek to challenge his word.

No apologies for the attempted humour because it sums up this group, which normally attracts 20 or more regulars, most of whom just happened to walk by, heard the sound of music and walked in and joined the clan.

They sing in a circle specifically to sing to each other and to highlight the golden rule – that no one is a bad singer for there is no judgement here; it's simply about getting the voice box going.

The singing group was an initiative of Barbie Cakebread on February 5, 2008 to promote good health and well being, and it has worked wonders for so many.

According to Paul, who has been doing this since the second meeting, singing improves our breathing.

"Most of us have a song or songs with special meaning, and recently it was discovered that some songs stimulate our hypothalamus (portion of the brain) that makes us feel good," he said.

"Our group is formed loosely on the Victorian 'vocal nosh' model, a form of community singing where anyone can become involved. Attendance is not essential and singers are not pigeon-holed into their voice range like tenors,

baritones and so on.

"Most of our songs are simple tunes that can be sung in rounds so we do not have to learn any harmonies. Our harmonies are created in the process of singing in rounds."

Basically, these sessions are about soul cleansing of the lungs, and the participants love every moment. Paul starts by asking the group to take a deep breath. He gets the singers to close their eyes, hold each breath, and get rid of the tension and relax. He calls for the tummies to be tucked in, demands deep breaths and a loosening of shoulders. They move side to side, and finally they open their eyes and sing. For a bunch of non-professional singers they are pretty good, and no, they don't need to be carried by Tony the world's best bathroom singer.

Pat Goudie said she comes to these singing sessions because they make her feel happy. "That's what singing does," she said. "I have never thought of myself as a good singer, but I wanted to try and I just love to sing; it gives you such a good feeling."

The sessions led to a few participants going to the Victor Harbor RSL sub-branch where on the third Friday night of every month they turn on the karaoke box and everyone thinks they're Bing Crosby or Barbra Streisand. Don't tell 'em, but they are not. It doesn't matter though; they have a lot of fun.

The South Coast Community Singing Group gained a community grant to buy its own karaoke machine, and again it's all about

singing your heart out and no one cares two hoots if you're not good. Not everyone can be the world's best bathroom singer.

The Tuesday afternoon sessions certainly present an eerie sense of going back in time, especially with the old blackboard encased on the wall and covered in lessons reminding those from the Mitch Miller days among other things of our times tables and 5280 feet equals a mile. Dear old Mitch; he died in 2010 aged 99 and his wife Frances sang along with him for 65 years. If you feel like you've worn out your audience at home there are some incredibly nice people who would love to sing along with you next Tuesday at the Old School Building Community Centre. **CL**



Left: Singing along with Paul... (from left) John Cotton, Jules Cotton, Stan Gargula, Paul Jennings, Val Joy, Tony Mawdsley, Pat Goudie (front), June Cooper (back), Luci Stewart, Eunice George and Maggie Meaker.

Above: The singing circle.

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There's no place like gnome in a garden

We each have our personal tastes, and for some green fingers it's all about the ornaments, particularly garden gnomes.

They place them strategically, and the next day invite you for a barbeque so you will notice them – but quite often you don't because the garden is too cluttered, and that can be soul destroying.

It's like anything... too much of a good thing is not always the best. The number one rule when starting a new garden or re-working an old one is to come up with a plan. Firstly, draw a design of your garden area to scale on paper and either mark down what already exists and how you would ultimately like it to appear.

This might sound silly, but consider cutting out additional objects in cardboard and placing them where you think they might best look – chances are you will give them the old tour of the garden from one place to the next.

If you like statues or a bird bath, it's no use hiding it behind a tree – we suggest make it a focal point and place it in a strategic position. Remember, you will need to clean the bird bath so make sure you

Ready, set...
GROW

*Garden ideas
with the DSM
team... Cheryl,
Sandra & Dan*

have relatively easy access to cut out the hassle – the more trouble the less likely you are to clean the bath. Think about colour – will a blue statue, bird bath or large pot match the red roof?

Some ornaments just don't fit in – you would not place a statue of a Greek god as magnificent as they can be in a contemporary or typically Australian urban-style garden.

The style of your garden might be a very busy with lots of plants and shrubs, so the worse thing you can do is put in heaps of ornaments that get lost. If you're not going to install a watering system think about whether the hose is going to knock the poor garden gnome off his perch.

If your garden is relatively small



or average, be wary about adding objects or feature pieces that are too large. At the same time, if you have reasonable space, think whether too many small items are appropriate. Balance your garden, and again in most cases less is more.

There is no drama in mixing it up a bit, and please don't lose your own personal touch. For example, you may have moved from a place that held so many wonderful memories, so place a bird bath or an ornament from your old house in your new garden however it may look to others because this is important to you.

Most garden designers believe in one golden rule – keep it simple. Make it so people notice the features rather than see just one big jungle.

There is nothing wrong in being a little quirky either. You might have a small veggie garden so enhance the character by placing a statue of a pig or a chook there – create

the atmosphere. If you have larger trees consider a bird house to not only attract the local breeds – and there are some beautiful birds along our coast – but to add to a special, unique feel about your place.

Perhaps above everything, think about the style of plants you have in mind for your garden. Don't just look at them now, but think how high and wide they will grow, and whether this will impact on your garden. Don't spend money on a beautiful birdbath only to have it covered by the weeping willows.

Gardens can be an art in the sense they can reflect your personal taste and character, and creating this piece of work can be so much fun and be rewarding. However, the best thing you can do is ask your local garden centre what they think of your plan so you have the basic bases covered.

And make sure the garden gnomes behave themselves at night.

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Coincidentally, Ellie Secomb, of Goolwa, and Andrew Chittleborough, of Middleton, have each launched their own separate business, but they share a desire to help us enjoy better physical and mental health. Different ways, but same chances of great results...

Best listen to the coach

Ellie Secomb likes her cake and eats it too, which may seem surprising considering she is an accredited health and wellness coach.

It means she promotes all things healthy especially with the things we eat – definitely no toxins in her skin products – without going to extremes that can be a complete turn-off for some, hence the occasional patty-pan delight. The problem, according to Ellie (pictured), is that many of us only start to think about our long-term care for our body when we become sick, particularly those who have a serious scare. It is common among cancer survivors, and Ellie is one of them.

"Fortunately these days there are some brilliant awareness programs and campaigns, especially with breast cancer, and generally

we are all more conscious of what we eat and how we care for our bodies both physically and mentally," Ellie said.

"Yet, for all the encouragement to be healthier there are still so many products on the market that pose risks when it comes to toxins and among common examples are make-up and those that develop from the common plastic water bottles left in the sun that we buy in a supermarket."

Ellie, who set up her venture PureHealthPro within Goolwa Flowerworx in Cadell St, Goolwa, is close to completing her studies on nutrition, and has done extensive research. It's about answering calls to help lose weight through a good diet and exercise program, helping people to cope if they are stressed about this and other



issues, and basically presenting a program and offering motivation to allow people to feel better about their own mind and body.

Ellie said the greatest reward in her new business was identifying and using a person's strengths to increase their self-confidence to overcome obstacles to health and well-being.

"It is possible to empower someone to make a lasting change in the areas of nutrition, exercise, stress management, weight management, life balance and energy," Ellie said.

Information: 0438 820 821
<http://purehealthpro.com.au>

Time to make your life more adventurous

There was a time when Andrew Chittleborough realised he needed some "time out" so he headed for the great outdoors. He explored our long sandy beaches, bush lands and steep rolling hills across the state and felt great.

It led to establishing Sea Country Adventure Tours, and the response has been brilliant.

Andrew is not a qualified therapist; he just believes others who may also feel they need "space" will benefit from the experience. Besides, as a day or overnight tour guide he's all ears.

"It is obvious that people, especially those from the city want to get out and about and enjoy a camp fire (seasonal)," Andrew said. "For many people, it is a totally new experience."

"I genuinely believe that seeing nature first-hand and doing things physically helps people see life in a clearer light. It brings people together in a common environment which helps them focus on their problems or issues they have faced. There are no group discussions or anything like that; it's about helping people silently work things out in a different environment."

"It can be so easy getting stuck in a couch, and often it's that physical exercise in an outdoor setting that can increase their mental awareness... it releases that day-to-day pressure. The tour and connection with nature can be convenient."

"The tours are for everyone of all ages, and they can be exhilarating as they can be challenging; hopefully fulfil a sense of achievement in no small way. It is about reminding yourself what is really important in life and feeling good about moving forward."



"I am not a trained counsellor, but just being there to listen if asked may prove helpful to others as you would feel talking to a friend."

"The key is that you don't need to spend a lot of money to experience a day trip, and the benefits besides the obvious of having a great time can be enormous."

Andrew has organised customised tours for one or two people and groups up to 11 which is gaining attention from the corporate sector as a means of the old "team bonding" philosophy, and creates activities to suit the situation... walking the Heysen Trail, paddling down the Glenelg River in the South East, exploring the Flinders Ranges, and discovering Kangaroo Island where he was previously a tour guide.

"There are so many great places in South Australia, and we hope we can create the experience for those who may otherwise never think about getting out and about," Andrew said. "What we have here on the south coast is just as good as anywhere else, and I am doing half-day tours to show tourists to the region ... there is a lot to talk about. The tours are about having fun and feeling relaxed mentally."

Information: M: 0419 825 290;
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EAT WAVE

with **Jenny**
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Cranberry & Cherry Slice

Pre-heat oven to 180°C. Line a slice pan with baking paper.

Base

1 cup self raising flour
1 cup icing sugar
125g melted butter
Mix all ingredients together and spread into base of slice pan lined with baking paper.

Topping

½ cup caster sugar
½ cup chopped glaze cherries

½ cup dried cranberries
½ cup coconut
½ cup chopped walnuts
¼ cup plain flour
½ teas baking powder
2 eggs, beaten

Method

Mix all ingredients together and pour over (uncooked) base. Bake 35-40 minutes at 180C. Cool in pan and dust with icing sugar.



Time to try something tangy...

Lime Pie

Ingredients

150g Arnotts Nice biscuits
75g butter, melted
4 egg yolks
395g sweetened condensed milk
1 tablespoon finely grated lime rind
½ cup freshly squeezed lime juice
200ml cream, whipped



Method

Pre-heat oven to 180°C. Lightly grease the base and sides of a 20cm pie dish.

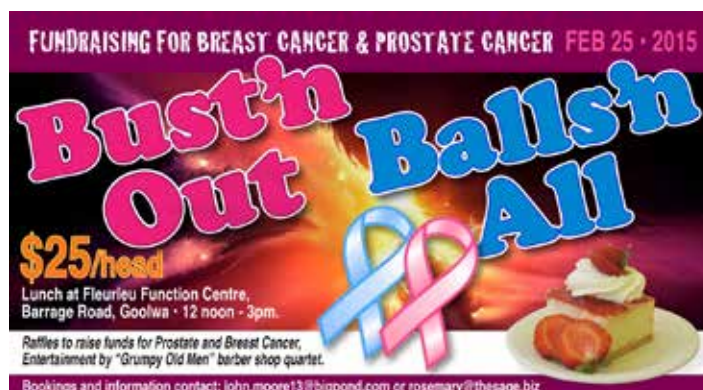
Process biscuits in a food processor, or crush them manually until they resemble fine breadcrumbs. Transfer to a bowl, and stir in melted butter.

Press breadcrumb mixture into base and up sides of the prepared pie dish, then bake in pre-heated oven for 10 minutes. Remove from the oven and allow to cool.

Beat egg yolks in a bowl with an electric mixer for 3-4 minutes, or until light and creamy. Gradually

add condensed milk, lime juice and rind and continue beating until smooth. Pour into the prepared base.

Bake at 180°C for 12 minutes, or until just set. Remove from the oven and when cool refrigerate for a minimum of three hours. Serve with whipped cream.





Thai chicken balls

Ingredients

500g chicken mince
¼ cup (60ml) oyster sauce
2 cloves garlic, crushed
1 tablespoon self-raising flour
(or rice flour for gluten free)
1 tablespoon fish sauce
½ cup chopped fresh coriander leaves
¾ cup (160ml) coconut milk



Method

Pre-heat oven to moderately hot (200° C).
Grease two 12-hole non-stick mini muffin pans (1 tablespoon/20ml capacity).
In a large bowl combine chicken mince, oyster sauce, crushed garlic, flour, fish sauce, coriander and coconut milk. Place rounded tablespoons of mixture into prepared pans. Bake in a moderately hot oven for about 15 minutes, or until cooked through.
Turn chicken balls out and serve hot with dipping sauce.

Delicious as finger-food, or main course served with rice or salad. Makes 24.

Dipping Sauce suggestions

Combined soy sauce, sliced chillies, and chopped coriander or sweet chilli sauce or try this one:

Spicy Peanut Dipping Sauce

Ingredients

¼ cup natural crunchy peanut butter
½ cup water
2 tablespoons soy sauce
2 tablespoons rice wine vinegar
2 tablespoons brown sugar
1 tablespoon chilli sauce (or to taste)
1 clove garlic, crushed
1 teaspoons grated ginger
2 tablespoons roasted unsalted peanuts, chopped

Method

Place ingredients in a saucepan and stir over medium heat for a few minutes, until combined.



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When music is all work and no play

Music is a remarkable passion we share, always delivering us some humble and brilliant servants from notable cellists and pianists to Wallace Henry Hartley the violinist and bandleader on the *RMS Titanic*. Bill Lowe, of Victor Harbor, isn't in their class, but his contribution to local music is nonetheless astonishing in its own right. He has no family musical background, cannot play an instrument and doesn't know how to read music, but to the 45 members of the Granite Band he rocks.

With support from musical director/conductor Brenton Osborne, he led the concert band to its first rehearsal two years ago last Sunday and as president has carried it through some challenges that would have broken a classical cellist's strings.

Faced with mounting costs including paying up to \$100 for rights to one music title and needing 20 for each of three or four community concerts a year, Bill, a self-employed painter, has covered the annual financial losses out of his own pocket.

And like they wondered about poor Wallace, we could ask: why does the band keep playing? Bill says it's always about the love of music. According to Brenton, it all started because a lad's music lessons stopped at his school and neither of them could bear the thought of him being denied the chance to further develop his talent.

"The whole idea of the band was to give everyone of all ages – our members range from Lee Walter, who is nine, to Milton Hender, who is 83 and a retired music schoolteacher at Mount Compass – somewhere to play because there were no places in a band elsewhere," Brenton said.

Bill smiled and said: "Just listen to them (the band); great, aren't they?" Indeed. They were even in harmony to the millisecond when at last Sunday's club AGM they spontaneously shouted "Bill" to the call of nominations for president. And so he remains in the job.

"I guess it all started when I was taking my own kids to music lessons and I was always there willing to help anyway I could," Bill said.



"When the need arose to form another band I thought, why not, and I guess I'm still the bloke who does all the jobs behind the scenes, and I love it. There are some wonderful people here; there is a strong family element.

"It has been tough keeping it going, and it has to keep going because in particular the band keeps a lot of older members of the band going. We need more equipment for them so we will just keep on trying to raise more funds."

Yet, for all these challenges, the Granite Band is teaming with the Victor Harbor City Band to put on a performance in the Victor Harbor R-7 School gymnasium on Saturday, February 28 with all proceeds going to school as it continues to fight its own adversity from a fire on November 13. That's community spirit.

Tickets are ridiculously cheap for what promises to be superb performances from both bands – \$10 for an adult, \$5 student, \$20 family and under-12 free. If nothing else it's a chance to see a lot of talented music lovers performing with all their passion and pursuit of excellence. As they say at the Granite Band rehearsals; *all instruments, all ages, all welcome*. It was Bill's idea to form a Friends of Granite with a



miserable \$20 membership fee, and a Lifetime Music Sponsorship package for \$50. We are talking about the band that played a pivotal role in keeping the Carols by the Sea going in Victor Harbor the previous Christmas, so the band deserves to keep playing. It must. Give Bill a call: 0438 525 883.

Images: Top left: Bill Lowe. Above: Some of the band members with Bill and Brenton Osborne at the front (from left) Graham Blight, Pam Gowling, Marlene Meinecke, Pip Burford, Mathilda Meinecke, Daniel Czarnecki and Lee Walter.

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