

FREE

Coast Lines

Your Goolwa - Victor Harbor community monthly magazine reaching Kangaroo Island and Fleurieu Peninsula

November, 2014
Vol. 4; No. 57

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e: info@coastlines.com.au www.coastlines.com.au

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Wild horses can drag him away

Rob Virgo (left), of Middleton, is a great-grandfather aged 78, yet last month he was roping steers at the Marabel Rodeo. You may also find him breaking wild horses through kindness at Mundoo Island in the Coorong. Meet a remarkable man who at 13 ran off with the circus.

Full story: P9



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Let's go cruisin' in Yankalilla

There is a lot of 'love me
fender' going on right now,
and with Elvis at heart they'll
also be rocking at the seventh
annual Shannons Yankalilla
Cruise on Sunday, November
16.

Presented by the fabulous
Rotarians at Yankalilla, this
year's Cruise offers a sneak
peek of some of the vehicles
on the Saturday from 1-5pm
when people can come along
to the Yankalilla Memorial
Oval and enjoy live music by
Raunchy Sugar and jive on the
dance floor. A mini-cruise will
be along the spectacular Carrickalinga coastline
from 2-2.30pm, while it's rock 'n roll time with
entertainment by *Peter Tilbrook Party Cats Trio*
at a dinner and/or dance at Wirrina Resort the
Saturday night. Details: www.wirrinaresort.com.au

The biggest event, of course, is the Cruise
at Yankalilla Memorial Park Oval from 10am
with more live music plus and other great
entertainment. No pre-event car registration is



required – it's \$15 per vehicle or \$5
walk-in with kids under-14 free.

The event is for classic, custom, hot
rods and chrome bumper pre-1979
vehicles, and last year's show was
sensational.

The actual cruise is from Castle
Plaza, Edwardstown via South Road,
Southern Expressway, Aldinga and
Myponga en route to the oval. Cars
arrive about 11.15am. Full details:

www.yankalillacruise.com

The Yankalilla Cruise has developed
into one of the most popular car
events on the Fleurieu Peninsula,
and certainly one of the best
organised.

Well done to Billy Peel, who got this event
really going and the many other hard-working
volunteers.

*Above: Getting into Cruise control at the Port
Elliot Show was Mel Crawford, of Port Elliot, in
a stunning 1928 Model-A Ford Roadster with a
350 Chev motor owned by her partner, Trevor
Harris.*

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All aboard... next stop our south coast

Coast Lines – your free, monthly community magazine – is now available at the Noarlunga Railway Station and several other strategic new places in Adelaide's southern suburbs.

You are excused for thinking: hey, this is a magazine that prides itself on focusing on people, places and events across the southern Fleurieu Peninsula, so why distribute to Noarlunga?

It's about also informing and entertaining commuters to Adelaide – telling them what a great place this is, and hopefully encouraging them to think about venturing

to our south coast the next weekend and having a family day out or simply coming here for a coffee. The expansion aims to introduce our advertisers, who support us greatly and make this free magazine possible, to a broader market.

Who knows; people sitting on the train to Adelaide may visit us and like it so much they will buy a property and live here.

It's one thing to have a terrific shop or café, but it's another to attract a new market outside of the valued regular customers.

Generally, the letter box drops aren't read

and thrown away, and paying exorbitant costs for advertising to reach new markets outside of the region is often out of the question for most small businesses. Our rates are reasonable and our product reaches their potential customers – over a month, not a week.

Coast Lines is about helping local businesses grow. Most of all, we can proudly say we are also truly local.

Ashley & Jenny Porter
Publishers



Allira Florist proprietor Shirley Bell (front) and Elaine Baggs in the Victor Central Shopping Centre store. Also part of the team that won the SA & NT Interflora award judged by their peers were Heather Ayres, Judy Lehner and Kris Adams. Nominees were subjected to various testing methods including multiple sample orders in conjunction with surprise store visits and mystery telephone calls.

Now the smiles are blooming

Our south coast is again in the limelight for excellence with Allira Florist proprietor Shirley Bell recognised with a SA & NT award at the 59th annual Interflora conference in Darwin early last month.

"It's a great honour," Shirley said. "This is a team award, and I like to think confirmation that we have done our best for our customers whom we cannot thank enough."

The Victor Harbor-based Allira Florist, which will celebrate its 20th year in 2015, won the 2014 Interflora SA & NT Pursuit of Excellence Award. It recognises stores that provide high levels of customer service and floristry output in relation to Interflora orders as well as innovation and store presentation. Allira Florist was judged by its peers, and obviously we think it's the best too. Well done!



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more give, less take

CWA finding new life in Goolwa

To paraphrase American author and humorist Samuel Langhorne Clemens, better known by his pen name Mark Twain, reports of the death of the CWA are grossly exaggerated.

In fact, a group of enthusiastic, fun-loving and incredibly community-minded women at Goolwa are trying to start a new branch – or bring their local club that closed five years ago back to life.

And according to CWA regional officer Trena Eatts, who lives at Myponga, there are at least another two groups wanting to form a new branch. It defies a trend which has seen most branches suffer a membership decline, with Trena's own local branch falling from 80 members just after World War II to 15.

The real problem that has faced the CWA for years is that not enough people know what this marvellous organisation, which was formed 1929, actually does, and what the initials stand for – Country Women's Association, and not Christian Women's Association as many believe. Rosemary Sage, one of the keen women wanting to get the CWA going again in Goolwa, used to think of the CWA as a bunch of old women making scones and craft.

"It's the common perception," Rosemary said. "But I have discovered some great things about this organisation, especially how it raises money to help communities.

"Personally, since the Baby Boomers have emerged, and I am one of them, groups like the CWA have changed; country women have changed.

"The CWA has done some amazing work over many years, especially helping families during and after the Second World War and providing assistance to young mothers like it still does today.

"The successful CWA branches have 55-60 year-olds involved. The CWA is changing by the nature of younger thinking women. They are not just doing the cookies and the cakes and all that; they want to see things happen and are prepared to look at different fundraising methods.

"I was talking to a friend who is a member of the Naracoorte branch, and they had a day where someone came in and taught them Thai cooking. They all cooked up a feast and enjoyed



Helping yet another cause, this time trying to get the CWA re-established in Goolwa, are (from left) Rosemary Sage, Anne Ammann, Carol Gaston and Caroline Margaret.

it; they had a wonderful time, and at the end of the day they threw some money in and supported a charity. You can have an afternoon tea or a movie morning; there are many ways to get a bit of glue to hold a group together."

The Port Elliot CWA branch recently closed, and for people wanting to reinstate a branch at Goolwa is special for Trena because in her current CWA role she sat through the Goolwa closure. "I would certainly look forward to their opening again, I can tell you," she said.

"Goolwa, like Port Elliot, just did not have enough numbers, but things are changing; Goolwa could become the third new group in a short time, and we are getting close to having 3000 members across the state once again.

The CWA promotes itself as a not-for-profit, non-party political and non-sectarian organisation made up of volunteers who work to promote the welfare and conditions of life for women and children of all ages whether in the city or country.

The CWA has made a magnificent effort over the years helping women communicate with other women especially in remote areas, and

the isolation factor remains very much an issue across the Fleurieu Peninsula, especially in cases where women have lost their partner and/or are new to the area.

According to Rosemary, the CWA remains an important part of our culture and heritage. "It is what Australians do; they help each other," she said.

"The CWA has a state objective, which this year has been the Riding for the Disabled, and a percentage of the funds raised go to that cause. However, the money raised here will basically remain here for local causes. If people know the monies raised are staying here then they are more likely to donate, but everything is for a great cause."

CWA membership is \$35 per annum, and each branch holds monthly meetings.

Trena has been involved in the CWA for more than 20 years, and said among many things it had allowed her to meet so many people and make good friends.

"It would be nice if the people of Goolwa and surrounding districts could also do this again," Trena said.

"Some of the activities have changed over the years, but members still enjoy doing things like art, craft, photography, floral arrangements and drama.

For the Goolwa branch to be revived, people need to express their interest by contacting Trena on 8558 6386. Should the response be positive, there will be a public meeting, at which a show of hands can form a new branch and elect the office bearers.

Also, contact Trena if you would like to join the CWA - there are branches at Victor Harbor, Hindmarsh Valley, Yankalilla, Myponga and Myponga.

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Holiday Rental houses wanted for December to January

Feature Holiday Rental House

Coastal architecturally inspired home
 65 Shepherd Avenue, Goolwa

This beautifully decorated spacious family home has been designed for comfort and functionality for the holiday maker. With the popular Goolwa Beach, main shopping district and the river all within very close proximity, you'll find endless amounts of things to do on your holiday. Coastal Class is children friendly and has plenty of room for the adults, children and grandchildren to holiday together, yet still has ample room to find a quiet spot to sit and read a good book. With multiple entertaining areas including an outdoor Kitchen and BBQ area that will impress, relaxing and enjoying one another's company will be an absolute dream.

The upper level has a spacious living room with access to the balcony which has river views, kitchenette, bathroom and three bedrooms. Lower level consists of main bedroom with ensuite, additional two bedrooms with a two way bathroom, separate toilet and open plan living / dining and gourmet kitchen that includes a butlers pantry. Further, there is ample parking with the three-bay garage. Coastal Class is within easy walking distance of the river, township, Goolwa Regatta Yacht Club, Aquatic Club, Aquacaf and much more. It is close to ideal spots to picnic with a glass of your favourite wine and watch the yachts sail in the breeze. After a long day at the beach there is still plenty for the kids to do as the river bike track and kids playground are just minutes from your doorstep.



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- \$400 - Per night (min 2 nights)
- \$380 - Per night (min 3 nights)
- \$1260 - Long weekend (min 3 nights @ 2 night rate)
- \$2950 - Peak / Xmas / New Year week
- \$2850 - Christmas holidays (mid-Dec – end Jan) and Easter – per week
- \$2400 - Easter weekend (5 nights)
- \$1900 - School holidays / shoulder - per week
- \$1500 - Off peak (April – Oct) - per week
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- \$120 - Compulsory cleaning fee



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Until November 30

Henny Vanden Wildenberg Solo Exhibition, Signal Point Gallery, Goolwa Wharf. Henny began painting at an early age and after an extensive creative career has devoted himself to full time painting since 1985. This exhibition showcases works over many decades of his life. Free entry, Mon-Fri 11am-4pm, Sat-Sun 10am-4pm.

Until November 30

Carole Bann Solo Exhibition, South Coast Regional Arts Centre, Goolwa Tce, Goolwa. Carole's artwork is intricate, thoughtful, beautifully rendered and has been selected for the Waterhouse Natural Science Art Prize and Fleurieu Art Prize. Free entry. Wed-Friday 11am-4pm, Sat-Sunday 10am-4pm. Free entry.

Until November 30

Fountain of Youth Exhibition, Station Master's Gallery, Railway Station, South Tce Strathalbyn. A variety of styles and media featuring works by young and young at heart gallery members and local youth. Free entry. Wed-Sun 10am-4pm.

Sunday, November 9

Rotary Annual Duck Race, Soldiers' Memorial Gardens, Strathalbyn. A day of family fun with toy ducks. Activities, stalls and food available. Buy your own duck and enter the races for great prizes. Starts 10am with the Great Duck Race at 2pm.

Saturday, November 15

The Books & Word Group based in Yankalilla presents an end of year performance of music at a twilight picnic from 6pm – BYO. The event will feature the Victor Harbor City Band, which will play Broadway. The show features some fabulous music from movies that were adapted from books – brilliant idea. Family event with tickets available from Yankalilla Visitor Information Centre T: 8558 0240.

Saturday, November 15

Goolwa to Meningie Sailing Classic. The 51st year of fresh water sailing at its best. Taking in

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Thought for the Month...

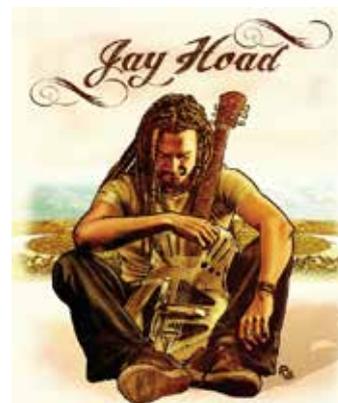
Give a man a fish and he will eat for a day. Teach a man to fish and he will sit in a boat all day drinking beer.

lakes Albert and Alexandrina and the Coorong. For nomination forms and information visit the website Goolwa to Meningie or contact 8575 1343.

Sunday, November 16

The annual Goolwa Poetry Cup event will be contested at Signal Point Gallery from 2-5pm. It's carrying a record \$1100 prizemoney for a poetry slam event, plus the perpetual Alexandrina Council trophy. The big gig starts with a two hour performance poetry workshop from 11am-1pm by Robin Archbold, facilitator Australian Poetry Festival Performance Poetry workshop 2010 and local poet Nigel Ford, winner of the Australian Poetry Festival Slam 2012 & SA Poetry Slam 2014.

Free to enter and listen; \$10 to participate. There is also *Poetry On The Fleurieu* the second Sunday every month from 1-3pm at the Signal Point Gallery Theatre, Goolwa Wharf Precinct presented by Alexandrina Council, Friendly Street Poets and Nigel Ford Life Poet.



Saturday, November 29

Walkaboutfish Records is excited to announce that Fijian-born multi-instrumentalist Jay Hoad is bringing his unique show back to the south coast at the Royal Family Hotel from 8.30pm as he makes his way around the country once again with his one-man band extravaganza. He will launch new albums *The Heart Is* and *Earth Music for Yoga, Massage and Healing*. It has already been a big year for Jay with performances at the Saarang World Cultural Festival in Chennai, India, followed by the Port Fairy Folk Festival in Victoria and recently supporting Jeff Martin of "Teaparty".

Continued P7

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They'll be smokin' in a jiffy

Saturday, November 22

Get the Webers out and grease the pigs... the sixth annual Cittaslow Goolwa Smoke Off – definitely the ultimate culinary challenge – will be held on the lawns by the Goolwa RSL sub-branch. The challengers will be smoking their hams from 10.30am. You're invited to get into the action – form a team of up to 12 family or friends, fire up the Weber and smoke ham using any of the amazing smoking recipes available. If you are not a ham lover, fish, vegetables or any other meat suitable for smoking have a place at this distinctive event. Enjoy three or four hours of unrivalled bantering before a panel of Fleurieu Food aficionados start the big debate on who should have won. Everyone eats the team's culinary delights in the end. Teams can also display their creative side by decorating their site and themselves which adds to the pageantry of the day. This is the ultimate slow food experience which is exactly what Cittaslow Goolwa is about – meeting, eating and being



a part of this great community. Contact event coordinators Keith Parkes 0408 818 663 or Margaret Gardner 0428811117 or visit the facebook page www.facebook.com/pages/Smoke-Off-Goolwa/180464362090141

Please support
your local
market

Cape Jervis: Second Sunday of the month from 9am-1pm.

Goolwa: First and third Sundays of the month at the wharf.

Inman Valley: First Saturday of month 9am-1pm.

Kangaroo Island Community Market: Penneshaw Oval and Town Hall first Sunday every month from 9am.

Kangaroo Island Farmers' Market: Lloyd Collins Reserve, first Sunday every month, 9am-1pm.

Myponga: Weekends and public holidays at the old Myponga Cheese Factory from 10am-4pm. www.mypongamarket.com

Port Elliot: First and third Saturdays of the month at Lakala Reserve.

Strathalbyn: Third Sunday of the month at Lions Park, South Terrace.

Willunga: Farmer's Market first Saturday of the month on McLaren Vale Road.

Victor Harbor: Farmers' market every Saturday until 1pm.

Victor Harbor: Indoor craft & plant market in the RSL clubrooms, Coral Street, on the fourth Saturday of the month from 9am-3pm.

Yankalilla: Third Saturday of the month from 9am.

Event updates:

e: info@coastlines.com.au

www.coastlines.com.au

From P6

Thursday, November 20

The Fleurieu Support Group of the Royal Flying Doctor Service extends an open invitation to attend its AGM at the Goolwa Hotel at 10am. New members are always welcome. Debbie Adams, volunteer coordinator, RFDS central operations, will be present to receive the annual donation of monies raised by the local group during the past year.

Saturday, November 29

Band of the South Australia Police Christmas Concert, Centenary Hall, Cadell St, Goolwa. Enjoy their extensive repertoire of classic carols and sing-a-longs for an afternoon of traditional cheer just in time for Santa. The perfect way to kick off the festive season for the young and the young at heart. Tickets \$21, under 18 \$17, groups 6+ \$17. Bookings essential, contact 1300 466 592.



Christmas events

Friday, December 12: Christmas Where The Angas Flows, Strathalbyn.

Saturday, December 13: Victor Harbor Christmas Pageant

Sunday, December 14: Goolwa Christmas Festival

Tuesday, December 16: Port Elliot Carols

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Most country regions miss their cinema that was forced to close down. Thank you for supporting ours.

Fury

(CTC) Drama, action, war movie starring Brad Pitt, Shia LaBeouf, Logan Lerman. Set at the very end of World War II, in April 1945. As the Allies make their final push in the European Theatre, a battle-hardened army sergeant named Wardaddy (Brad Pitt) commands a Sherman tank and her five-man crew on a deadly mission behind enemy lines. Outnumbered and outgunned, Wardaddy and his men face overwhelming odds in their heroic attempts to strike at the heart of Nazi Germany. Fri, Nov 7: 4pm, 8.55pm; Sat, Nov 8: 4pm, 8.55pm; Sun, Nov 9: 2.55pm, 8pm; Tues, Nov 11: 8.45pm; Wed, Nov 12: 6.45pm.

Pride

(M) Comedy, drama starring Bill Nighy, Andrew Scott and Dominic West. Inspired by an extraordinary true story. It's the summer of 1984, Margaret Thatcher is in power and the National Union of Mineworkers is on strike, prompting a London-based group of gay and lesbian activists to raise money to support the strikers' families. Initially rebuffed by the Union, the group identifies a tiny mining village in Wales and sets off to make their donation in person. As the strike drags on, the two groups discover that standing together makes for the strongest union of all. Fri, Nov 7: 1.35pm, 6.40pm; Sat, Nov 8: 11.20am, 1.40pm, 6.40pm; Sun, Nov 9: 12.35pm, 5.30pm; Tues, Nov 11: 6.30pm; Wed, Nov 12: 10.30am*, 1.30pm, 4pm.



Interstellar

(CTC) Sci-fi starring Matthew McConaughey, Anne Hathaway, Jessica Chastain, and Michael Caine. A group of explorers make use of a newly discovered wormhole (which hypothetically connects massively separated regions of spacetime) to surpass limitations on human space travel and conquer the vast distances of interstellar voyage. Fri, Nov 7: 3.20pm, 8.35pm; Sat, Nov 8: 1.15pm, 8.35pm; Sun, Nov 9: 2.30pm, 7.45pm; Tues, Nov 11: 8pm; Wed, Nov 12: 1.15pm, 6.30pm.

This is Where I Leave You.

(M) Comedy starring Jason Bateman, Tina Fey, Jane Fonda. When their father passes away, four grown siblings, bruised and banged up by their respective adult lives, are forced to return to their childhood home and live under the same roof together for a week, along with their oversharing mother and an assortment of spouses, exes and might-have-beens. Confronting their history and the frayed states of their relationships among the people who know and love them best, they ultimately reconnect in hysterical and emotionally affecting ways amid the chaos, humour, heartache and redemption that only families can provide. Fri, Nov 7: 1.15pm, 6.30pm; Sat, Nov 8: 11.10am, 4.25pm, 6.30pm; Sun, Nov 9: 12.25pm, 5.40pm; Tues, Nov 11: 6pm; Wed, Nov 12: 10.45am*, 4.30pm.

My Old Lady

(CTC) Comedy, drama starring Maggie Smith, Kevin Kline, Michael Burstin. Kevin Kline is Mathias, a broke, New York drunk who inherits an apartment in Paris from his estranged father in this comedy-drama. He goes to France to liquidate the asset, but is stunned to find a refined old woman (Maggie Smith) living there with her protective daughter (Kristen Scott Thomas). Mathias learns that the apartment is a 'viager' – an ancient French system for buying and selling apartments – and that he will not get actual possession of the apartment until the old lady dies. Commences November 14.

The Hunger Games: Mockingjay Part 1

(CTC) Action, fantasy, thriller starring Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, and Philip Seymour Hoffman. Against

all odds, Katniss Everdeen has survived the Hunger Games twice, but now that she has made it out of the bloody arena alive, she is still not safe. The Capitol is angry, and wants revenge. Who do they think should pay for the unrest? Katniss. Worse, President Snow has made it clear that no one else is safe either. Commences November 21.

Serena

(CTC) Drama starring Jennifer Lawrence, Bradley Cooper, Rhys Ifans. The year is 1929, and newlyweds George and Serena Pemberton travel from Boston to the North Carolina mountains where they plan to create a timber empire. Serena is new to the mountains, but she soon shows herself to be the equal of any man. Together this lord and lady of the woodlands ruthlessly kill or vanquish all who fall out of favour. Yet when Serena learns that she will never bear a child, she sets out to murder the son George fathered without her. Commences November 28.

Alexander and the Terrible, Horrible, No Good, Very Bad Day

(CTC) Family comedy starring Steve Carell, Jennifer Garner. This follows the exploits of 11-year-old Alexander as he experiences the most terrible and horrible day of his young life, a day that begins with gum stuck in his hair, followed by one calamity after another. But when Alexander tells his upbeat family about the misadventures of his disastrous day, he finds little sympathy and begins to wonder if bad things only happen to him. Commences December 5.

Check our website for updates and times:

www.coastlines.com.au

Coffee session. Adults \$16, concession /student \$14, Seniors Card \$11, children \$12, family pass \$49, coffee session \$11 (every Wednesday outside of school holidays).



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The horse worshiper



Photo: Sandy Grundy

Rob Virgo ran away from home aged 13 to join Ashton's Circus as a jingles clown performing tricks on horses in between being a broom boy, fearlessly having the occasional buck jump at a rodeo, and illegally driving a truck.

"I met Mr Circus himself, old Joe Ashton," Rob, now 78, said with some pride. "You worked from the time you got up til the time you fell asleep in your swag, and for that I got five quid a week and my keep."

Rob, who was adopted by a couple in their 60s and brought up in Brompton – what he called the then slums of Adelaide – was eventually tracked down by police and sent back to school. Two days later he turned 14 (then the school-leaving age) and went droving in the far north. Not your average upbringing, but Rob said he got though life well including 27 years in the police force in the mounted division and

prosecutions because he read a lot of books, not to mention some amazing life experiences through his incredible devotion and love for horses.

It has far from ended too having roped steers on his great friend, a buckskin mare Buttermilk at the Marabel Rodeo meeting last month, and breaking in more colts on Mundoo Island for the fourth-generation family owners, Colin and Sandy Grundy.

Amazing stuff for a 78-year-old, but most of all Rob prides himself on his gift of communicating with horses and breaking them in through kindness. It is undoubtedly a lesson for many of today's horse people.

"I have loved horses ever since I can remember," Rob said. "As a 10-year-old kid I discovered what they called the Koala Farm behind the Adelaide Children's Hospital where they had heaps of Shetland ponies. I'd lead them around

all day with other kids on them so that I could get a 15 minute ride on one at the end.

"One day my mum and dad took me to a rodeo tent show, the Snowy River Stampede, and I was hooked. My brother and I used to follow the local rodeos and get a ride whenever we could... if it was a big crowd they'd introduce us as a couple of 16-year-old local lads even though we were only 13. It was good fun, I tell you, but gee we took some busters.

"It was only when the police found me at the circus that my mum and dad realised I had been wagging it from school for 18 months. A lot of the time I was going to a paddock on Regency Road at Islington where this old guy Sid Roberts had heaps of horses. I bought a horse from him for a fiver. I just called it Racehorse, but it was too old to race.

Continued P10



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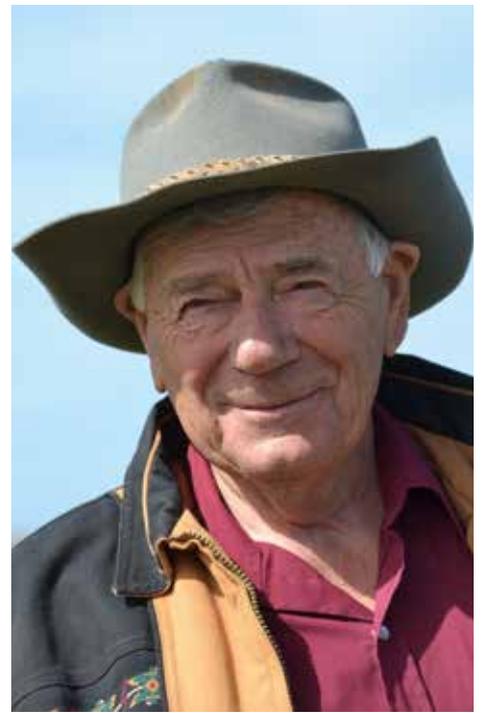
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From P9

"As a kid I used to go to the horse sales. They'd get all these horses down from the north and blokes would give us a shilling to get on them so they could find out whether they could be ridden. It was a hard-earned bob, I can tell you." By far, Rob's biggest regret was not having a camera on his droving trips. "I was among a few who drove 420 horses from Wudinna on the west coast down to Port Wakefield from May til September," he said. "I had my 16th birthday on the track, and it was just an amazing experience. I feel sorry for the kids now because they will never know this stuff. I have had such a full life." There was also sadness on his life journey; his brother was killed on a horse, as was their great-grandfather. At 22, Rob was bull riding at rodeo shows around the state, but it all changed when his great mate from childhood days, Snowy Pyecroft, who was just 20, was killed at the Carrieton rodeo in the mid-north just weeks before he was to be married. "It was going to be Snowy's last ride because his missus didn't like him doing it," Rob said. "My misses didn't want me riding after that so I gave it up and took on show jumping dressage and all that sort of stuff."

But, it seems, you can never break the spirit of a rodeo cowboy. At 72, Rob was visiting friends in Windora, Queensland when there just happened to be a rodeo this day. "I watching this fella, and I thought, gawd, I reckon I could still do that, so I went over and put my entries in," Rob recalled. "It was a hell of a ride." A remarkable life indeed, and those adventures and the tough times are a big part of Rob's make-up and his gentle approach to horses. "I worked on Thistle Island where they had a lot of unbroken horses, and that's where Chris Wade taught me a lot how to break them in properly," Rob said. "Before I was just a cowboy kid who used to get on them, rough 'em out; it never worried me. "Over the years I developed a gentle way of dealing with horses. I saw a lot that had had the guts ripped out of them; thrashed into submission. They were badly treated, my word. "I have always had a love for horses and I decided even at 18 years old there was a lot better way so I started working on ways to break them in without causing an injury or fighting with them. "You have got to connect with horses. You look at them, get a feel about them, and you think,

this will work with this horse. I think to myself, I know that's how I would like to be treated, and I reckon the horse would like the same. It's a feeling deep inside of me.

"I just like to connect with the horses. I like the idea of getting a very much untouched animal. Within an hour I can get them to come up to me and trust me. That to me is a bigger achievement."

Dare not categorise Rob as a horse whisperer. "I don't call myself anything," he insists. "A horse whisperer is just a name; just words made popular by a movie. It's the same as this natural horsemanship stuff; it's just a saying. There's nothing natural about horsemanship; if there were we'd be born with bowed legs and our nuts would be under our armpits where they couldn't get crushed."

Rob describes Mundoo Island as his playground. The beauty here, he says, is that the horses are left alone, allowed to grow up and learn the herd mentality until someone comes along and breaks them in. They just run wild, and it's a beautiful sight when they muster them through the swamps.

Continued P11

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From P10

The island has long been known for its horses, and in the early 1900s attracted polo players and buyers from India including Indian royalty, the Maharaja Sayajji-Roa, Gaekwar, Baroda.

Rob has broken the horses in for Colin and Sally, who have two children, since first coming here nine years ago when he bought Buttermilk, named after the quarter-horse that starred in movies and was ridden by Dale Evans in 1950s television series *The Roy Rogers Show*.

"Buttermilk and I connected from the start; she won't have a bar of anyone else," Rob said. "That can be a problem because I have to work my life around what she wants, but that's women. You can tell a gelding what to do, you can ask a stallion, but you have to discuss it with a mare; it's much like married life really, and I was no good at that.

"There's just something about horses; they have this lovely smell about them. I can smell a horse before I can see one. They are a magnificent animal.

"Sure, they have caused me a few broken bones. There was the time in 1972 when this pretty palomino with blue eyes suddenly reared and came down across my leg... I could hear my bones smash. I got up hopping around like an Irish dancer. It wasn't the horse's fault; the owner had this horse on drugs to quiet it down and it was so frightened. I don't like it when people use drugs like that."

Rob, a father of three, a grandfather of seven and a great-grandfather of seven, has a black belt in judo and a red belt in karate, but it's never been in him to be a fighter or be aggressive toward animals. Behind his face that has seen a lot of sunsets in the bush there is a plenty of softness, and he still appreciates the fact his parents did their best for him, and he's proud to say he feels as if he's done his best too. He said the circus taught him that the roughest types in life can be the most kind-hearted, and horses have allowed him to see the beauty in life.

"I feel good every morning when I get up and see Buttermilk and another old rodeo bucking horse I got from Mundoo Island named Cowboy out in the paddock," Rob said.

"Cowboy's name used to be Adam. I thought to myself, no wonder he kept bucking his original owner off. Fancy calling a horse Adam. Geez, how embarrassing for the poor horse. I could imagine him out in the swamps on Mundoo Island and the other horses asking him, what's your name? And he says Adam. People can be so cruel." **CL**

Remembering the fallen and a time when poppies blew

About 2km south-east of Mons in the Belgium province of Hainaut is the St Symphorien military cemetery where lay 229 Commonwealth servicemen and 284 German soldiers from the horror of World War I.

Among them is John Parr, who shortly after his 17th birthday became the first British soldier to be killed during the war, and by coincidence his grave site faces that of George Edwin Ellison, who was the last British soldier to be killed in action on November 11, 1918, at 0930 hours or 90 minutes before the armistice came into effect.

Incredibly, the total number of military and civilian casualties in World War I was more than 37 million, including 908,371 representing the British Empire, of which 59,330 were Australian.

For the 96th time at the eleventh hour on the eleventh day of the eleventh month Commonwealth countries will remember their armed forces who died in the line of duty on Remembrance Day – also affectionately known as Poppy Day or Armistice Day.

Remembrance Day is observed on November 11 to recall the end of hostilities of World War I on that date in 1918. World War I officially ended with the signing of the *Treaty of Versailles* on June 28, 1919.

The first official Armistice Day was dedicated by King George V and subsequently held for the first time on the grounds of Buckingham Palace on the morning of November 11, 1919. The red poppy has become a familiar emblem of Remembrance Day due to the poem *In Flanders Fields* written by Canadian physician Lieutenant Colonel John McCrae (pictured). Poppies bloomed across some of the worst battlefields of Flanders in World War I, with their brilliant red colour an appropriate symbol for the blood spilled in the war.



McCrae was inspired to write the poem on May 3, 1915, after presiding over the funeral of friend and fellow soldier Alexis Helmer, who died in the Second Battle of Ypres. According to legend, fellow soldiers retrieved the poem after it was discarded by McCrae, who was initially dissatisfied with his work. *In Flanders Fields* was first published on December 8 of that year in the London-based magazine *Punch*.

As we pause for a minute's silence on Tuesday, November 11 to commemorate Remembrance Day to honour members of our armed forces who died in the line of duty it seems fitting to publish McCrae's poem:

In Flanders Fields

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

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Tony Coppins told tourists the beautiful marina at Christmas Cove on the edge of Penneshaw was 500 million and 35 years old based on the fact geologists told him 35 years ago it was 500 million years old.

Fortunately, there was no extra charge for the attempted humour on top of the ride in his eight-metre vessel as part of his Kangaroo Island Ocean Safari adventure. There was, however, a frown from this bloke in the back that he was out-doing the pathetic jokes we run in *Laugh Lines* on page 17 of this magazine.

Nonetheless, it provided a hint about life in this gateway to Kangaroo Island; that it's not all serious and everything is there to enjoy.

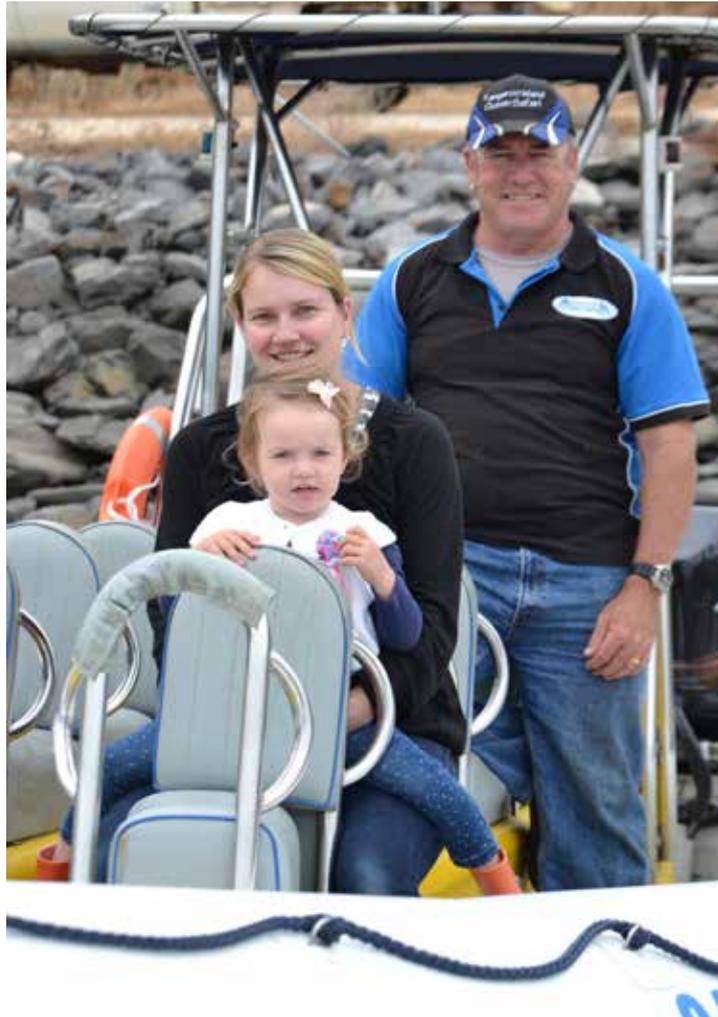
The proverbial red necks of this world probably would not have heard the line; too busy getting off the ferry and heading for the big tourist destinations like Admirals Arch and Remarkable Rocks in the west end, Seal Bay to the central south and American River to the north east.

Wonderful places, of course, but the thing is, if you think of Penneshaw as a destination rather than a landing there is a lot to love about this place too. More to the point, the 276 people in this small town on Australia's third-largest island 150km long and 90km wide and with 540km of coastline believe there is no better place to raise a family.

Tony and his wife Sandy work their tourist boat business seven days a week in between caring for their two-year-old daughter Matilda and a nine-week old son Wyatt, tending to their 120-acre wheat and sheep farm, and the first Sunday every month picking up more tourists in a bus taking them to the KI Farmers' Market. There is also Chelsea, the family Rhodesian Ridgeback, who is currently demanding the most attention having just lost her best canine friend Elvis to a snake bite.

Yet, for all of the challenges this rural life presents, especially the isolation, according to Tony and Sandy for every one of them there are positives.

"There is a balance when you live in a rural area," Tony said. "Unlike a mainland country town you just can't drive for two hours and find yourself in a completely different environment or near the city. Here, you have to get on a



PENNESHAW

Population: 276 (2011 Census)

Name: Originally known as Hog Bay due to the pigs released by French Commander Nicholas Baudin, Penneshaw was named after a combination of the names of Dr F W Pennefather, private secretary to Governor Jervois, and Flora Louisa Shaw, *The Times*, London, colonial editor, a visitor to Government House.

KANGAROO ISLAND

Population: 4417 (2011)

Size: 4405 sq m; 150km long; 90km wide; 540km coastline; 13.5km closest point to main land.

Images... Top: Eric, 92, (right) and Joan Scarborough, of West Croydon enjoy the adventure. Left: Tony Coppins with his wife Sandy and their daughter Matilda, two.

ferry and that is at a price. People complain about the cost but it is an excellent service; it's reliable. You pay for a premium product.

"With a population of about 4500 people it's great that we're not big enough for a McDonald's. The community would like a cinema or a bowling alley before that; but there is just not enough people to support these things.

"The gaps in the towns are so far. We are 55km to Kingscote. We play a footy team called Western Districts – it's a 240km round trip. Visiting your neighbours can be quite a journey and expensive with premium price fuel. They say it's 29 per cent more expensive to run a business on the island compared with Adelaide. "We are now in our third year of our business, and I learned early the pitfalls with a very expensive supply chain; there's the fuel, the cost of parts and services that you need to survive. We also have limited access to infrastructure like offices.

"But everything has been what we expected. As a tourist operator, we don't rely on local trade, that's for sure; it's mainly off-island.

"It's not like opening a café and the locals are buying a coffee off you. They have their boats and going on a sea adventure is nothing new for them.

"But what the locals have done for us is just one of the many reasons why we love this place. It makes you get through the challenges that every small business faces no matter where you live. It's about going down the street and having this feeling that good, honest people are walking alongside you on this business journey. They encourage and give you that peace of mind.

"They tell the tourists what every operator has got to offer and they want them to succeed. They don't just see it as your business, but something special for the town because they care."

The locals are passionate about their town, but this is really no different to most. But here they appreciate the local council is responsible for looking after a huge area and the island has relatively few rate payers. The resources are limited, and while it is not an ideal situation there is this general understanding that no one expects the council to do everything that needs to be done quickly.

Remarkably, the situation has led to a fourth-generation Penneshaw local Brian Bewick, a renowned artist afar, to take it upon himself to get behind the landscaping in the main street.

Continued P13

From P12

"He's doing it himself and out of his own pocket," Tony said. "There have been a lot of locals who have supplied their labour free, and they all feel good about playing their part in beautifying their town.

"Sometimes people remember towns not for the giant buildings and structures, but for what they are; beautiful little towns. We are trying to create that here.

"There is no doubt that people get off the ferry here and don't see what we have to offer. We have one of the best natural marinas in terms of accessibility, and more than \$400,000 is being spent on upgrading the facility. We can go either way off Penneshaw and within 10 minutes see colonies of New Zealand fur seals, Australian sea lions, dolphins and a White Bellied Sea Eagle. The whales also pass through here."

Tony said the importance of the local football club, the Dudley United Eagles – and that of the other four football clubs on the island – could never be under-estimated. It opened the opportunity for him to tell us his mighty green and gold won both the A & B-grade premierships this year, and for good measure the Dudley netball girls won their eighth successive grand final.

After a seemingly four-hour kick-by-kick and pass-contact-pass description of these extraordinary sporting triumphs Tony said it was astonishing that more than 800 people young and old and the good and no-so-good were playing either football or netball during the winter and there were only 4500 people living on the island.

The footy teams bring some players over from the mainland, from the northern suburbs of Adelaide to as close as Victor Harbor, and everyone embraces what sport is really all about – enjoying the game and playing to the best of their ability. According to Tony, the beer tastes even nicer in the Penneshaw Hotel after a win.

Sandy said from a parent's perspective, sport provided a healthy lifestyle for the kids in the town. "It's safe in more ways than one," she said. "There's not as much traffic, and importantly everyone looks out for each other's children no matter what club they are from. If



Top: The Penneshaw Marina. Above. A lazy sea lion. Left: Chelsea sits on a lonely road engulfed by narrow leaf Mallee trees waiting for her mate Elvis, but sadly he has left the building for good following a snake bite.

they get into mischief the mums and dads seem to find out quickly."

As a mum Sandy said Penneshaw was not just a town, but a lifestyle.

"It's nice here," she said. "It's a good community; good for kids. I was born here on a 1200 acre sheep and crops farm at Karatta on the west side of the island.

"When I was 20 I left for 10 years, but I always wanted to come back and raise my children here. You feel safe. You can go to the football on Saturday, and while we still watch them because they are young, you always know people in the community are looking after their well-being too.

"As a mother of two, there is great comfort in that we have an excellent health care service on the island.

"Obviously you miss your shopping and the movies. It would be nice to have something like a Marion or Colonnades shopping centre here, but that's not what you move here for. It's more about a place for your kids, the wildlife and the easy lifestyle. Besides, it's really only a short trip to Adelaide."

Tony grew up in Tea Tree Gully, a north-eastern suburb of Adelaide, and in between dabbling

in real estate and other sales ventures worked with boats – fishing, tourism, and even the big motor boats in the south of France and the white super yachts sailing the off the Mediterranean.

His parents moved here 35 years ago, and like Sandy always knew Penneshaw would draw him back.

"I feel good about being here," Tony said. "The people of this town make their own fun. We have a lot of creative people who put things together with music and food. We love our local markets.

"The local wine industry is growing too with cellar doors at Sunset Wines, Chapman Wines, and Dudley Wines, plus there's a sensational new café Zest + Thyme at Cape Willoughby. People come here and go to these special places and enjoy the experience. Everyone loves to walk along our beach and look at the wildlife, and then we have the world's best coffee at Granny Stirling's Craft Shop.

"I just love this town. I love what we do as a business knowing we are providing something for the tourists which was not here previously. And I love the fact I can say I live in a town full of good people who care for each other." **CL**

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Lakeside Goolwa

update

Vol. 2, No.9 November, 2014



Save the Dates!



Thursday, Dec. 11:
Lakeside Goolwa Christmas Lunch... come down for a Christmas feast and meet Father Christmas.

Saturday, April 4 & Monday, April 6:
Lakeside Goolwa Easter Bowls Invitational... two days of fun filled bowls action at the Goolwa Bowling Club – no experience necessary! Please call Fiona on 8555 2737 for more details on any of these events and to confirm numbers.

It's been a true stayers' race at Lakeside Goolwa with years of planning, training and putting in the best possible performance – and there was the Melbourne Cup too! Residents and friends gathered for the race that stops a leisure park for the social event of the year at Lakeside Goolwa on the first Tuesday of November. It was a fun day with many of the guests dressing up for the occasion, and a reminder too what Lakeside Goolwa is all about – enjoying life. There were plenty of laughs and cheers – even for the not-so-fast horses – and the

friendships became the clear favourite. Pictured having a fabulous Melbourne Cup luncheon at Lakeside Goolwa – and we may add not everyone dresses up like some every day – were (from left) Anne Hobbs, John Barrett, Colin Heinrich, Jerry Sanders, Neil Williams, Joan Barnett, Peter Smith, Joy Smith, Brenda Gynn, Fiona Sanders, Christine Graham, Barb Valentine, Steve Plumb, Jan Plumb, Alan Trenorden, Ros Trenorden, David Hutchins and Allen Hobbs.

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Our community needs a centre

The charter for the Goolwa & District Community Bendigo Bank clearly defines unrelenting support for members of our community, local business and generally community projects.

Your community bank has now got behind another great concept – playing a huge role in creating Alexandrina Connect, a new community centre that will serve the southern Fleurieu Peninsula.

While the centre would be based in Goolwa because of logistical reasons, it would serve communities across the region including Victor Harbor by maintaining and developing new community programs currently under threat because of a withdrawal of funding.

The project is being led by group of active community members, but ultimately by Alexandrina Connect Inc (incorporation and charitable status is being sort). A community meeting will be held at the Alexandrina Council Chambers on November 13 at 6.45pm for a 7pm start to officially establish Alexandrina Connect Inc.

The G&DCBB has pledged support to assist with the establishment costs with \$120,000 needed by the end of June, 2015 to lease premises to conduct the initial program, establish the governance structure and further consult with the community.

Alexandrina Connect Inc. also has the support of local service clubs, community organisations and Alexandrina Council, and the community is being asked to play a huge part in bringing the much-needed centre into fruition by attending the community meeting. G&DCBB chairperson Carol Gaston said there was no community centre servicing the areas of Goolwa, Currency Creek, Finniss, Middleton, Port Elliot and Mount Compass.

“Alexandrina Council has on its capital development plan the establishment of a community centre (to be located in Goolwa) in about 2024,” Ms Gaston said. “The community cannot wait until then. “Planning has commenced to create Alexandrina Connect Inc. which will establish and lead community initiated community health, welfare and wellbeing programs for the region.

“We believe there is enormous benefit to be gain for the entire



region. This is not a Goolwa project but a centre for communities across the region. We plan to initially locate it at Goolwa because we have an appropriate building available.

“The initial program will be arts-based workshops for people who are socially isolated. This is an existing government funded program which is being defunded at the end of this financial year. This program is intergenerational with 70 registered clients from across the region including Victor Harbor. It is anticipated that further programs, such as youth oriented activities, will be developed in line with community need as additional funding is raised.”

The Alexandrina Connect group believes the direct benefits will include:

- less reliance on traditional health services
- increased social interaction and inclusion
- greater sense of wellbeing
- increased community resilience.

New format for SABA seminars

The highly successful Southern Alexandrina Business Association seminars – supported by your community bank – will resume on Tuesday, November 18 under a different format.

They will now be held during the day – the first from 8.30am-noon – with another program launched for business people at night.

First up in the new program will be a session on using social media in your business. It’s a hands-on affair allowing you to set up your own social media accounts to help maximise your business plan and marketing. It promises to present good examples of content within the messages sent to potential and existing clients.

Further enquiries contact SABA president Andrew Stewart. e: president@saba.org.au

Community Forum

Would you like a Community Centre?

Join us for a discussion on setting up an Incorporated Community Organisation which will work towards a Community Centre.

- Is this something you would like to see happen?
- Are there gaps in services which could be covered by a Community Organisation?

Goolwa Council Chamber
Thursday 13th November
6.45pm for 7.00pm

Speakers
Professor Fiona Verity
Topic: “Can do Communities”

Karyn Bradford
CE Milang Old School House Community Centre
 Topic: “What is possible”



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Welfare Organisation * Goolwa Children's Centre * Mount Compass Scout Group * Chiton Rocks Surf Lifesaving Club * Milang to Goolwa Freshwater Classic * SA Wooden Boat Festival * Goolwa Netball Club * Farm Gate Festival * University of the Third Age * Port Elliot Town & Foreshore Improvement Association * South Lakes Golf Club * Port Elliot Primary School * Goolwa Girl Guides & Scout Hall Management Committee * Southern Fleurieu Cancer Support Group * Cittaslow * Goolwa & Port Elliot Football Club * Goolwa Shooting & Pistol Club * South Coast Little Athletics * Goolwa Tennis Club * Southern Alexandrina Business Association *

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It really was fun on the Fleurieu

Fun of the Fleurieu, a free community event celebrating Children's Week, was a huge success last week.

With great support from Fleurieu Families, the event was hosted by Investigator in its state-of-the-art Performing

Arts and Sports Centre at the Victor Harbor Campus. The annual event brings together community early education and support organisations to provide a free morning of fun, games and activities for families with children under five.

A highlight for more than 400 children and adults attending was the interactive performance of



"the search for tinker bell's wings", a production written by Year 11 student Ebony Pritchard and performed by the Year 11 drama class.

Principal Don Grimmer said Investigator College was proud to be the host for this event as part of its ongoing commitment to excellence in education on the south coast.

Chook house before the chicken and egg

It seems the chicken has crossed the road to get to the Willunga Waldorf School. Not surprising, considering some of its students have built the Taj Mahal of chook houses.

In an innovative way to learn the components of building, the Steiner/Waldorf Class 3 spent three weeks studying various types of building techniques from Aboriginal shelters to African Adobe structures, while class teacher Andrew Banks arranged for local trades people including a designer and carpenter to talk to the students.

After much research, the students designed and created a model of a chicken house taking into account materials, function, features and appearance. The teacher then incorporated as many elements of the students' designs into one.

Once the school approved the design the students spent three weeks building the chicken house which included laying 400 bricks they made by hand since the beginning of the year.

The satisfaction of their achievement, certainly the creativeness and the brilliant team effort, will not go unnoticed tomorrow by Marita Huxhall, the first Willunga Waldorf School teacher, when she officially opens the hand-built, mud brick chicken



house.

School principal Janet Molloy described the exercise as a triumph for the students, their parents and the class teacher who worked together to create a new home for the chickens.

Class 3 student Katja McCumiskey revealed how her class mixed portions of 20 clay, 10 sand and five straw into a mould of wooden squares to make the bricks. "It's quite a big chicken house for four hens, and the run is very big too," she said. "...it's going to be like a hotel for them."

Pictured: Class 3 student Zebedee Woolcock admires the new chook house.

Laugh Lines

What's in a name?

A boy goes to school for the first time and the teacher asks him: "What is your name little boy?"

The kid says: "Fred Frederick Frederico Frederoni Frederango Mickey Frederickson Smith."

The teacher is stunned. She says: "What say we just call you Fred Smith."

The little boy says: "My dad won't like that."

"Why not?" asks the teacher.

And the boy says: "He doesn't like it when people take the Mickey out of my name."

It's not me...

A bloke goes to the doctor for a check-up.

"The doctor says: "It is quite obvious to me... alcohol is completely responsible for your poor physical shape."

The bloke says: "Oh, that's good news; my wife keeps on saying it's my fault."

Anyone home?

A woman spots Mr Sparky, the local electrician, walking toward her front door.

"What are you doing here?" she asks. "I rang you to ask you to fix my front door bell and you said you would be around yesterday."

Mr Sparky says: "Yes, that's right... I did come around yesterday, but I rang the door bell a dozen times and no one answered."

Loo-natics on the loose

The police at Goolwa are out one night doing a great job patrolling the streets, but when they get back to the station they discover someone has broken into their own place and stolen their toilet.

Crimestoppers are quick to react and send out an urgent message to the public asking for help. The report says: "Right now the police have nothing to go on."

A tale of two cities

A lady goes to see a movie at Victa Cinemas and notices a man in front of her with his arm around his big dog. The dog seems to be

enjoying the movie, and starts growling at the villain, and giving little yelps each time the super hero gets away.

The woman can't help herself; she has to say something: "Excuse me," she says to the man. "I cannot believe this; I am so amazed that your dog is sitting here watching the movie and it seems to be enjoying it."

And the man says: "You're amazed... he hated the book."

Write this down

A bloke goes to see his doctor, and before he can say what's the problem the doctor says: "You've got a sore stomach."

The bloke is amazed. "How did you know that," he asks the doctor.

The doctor says: "Anyone who accidentally ate a pencil for breakfast is going to have a sore stomach."

The bloke said: "What made you think I ate a pencil?"

And the doc tor says: "You've got a sausage behind your ear."

Encore

The local school puts on a musical play and little Sammy gets the starring role.

All the parents come to watch, but as Sammy steps forward to sing his big number he falls through some old floor boards.

People start screaming, and Sammy's father stands up and says: "Don't worry; he's young and it's just a stage he's going through."

Ride 'em cowboy

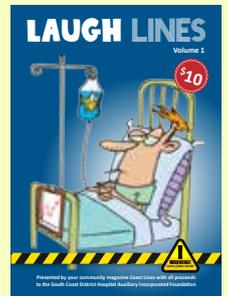
A cowboy rides in to town on his horse and ropes it in front of a hotel. After a few hours of drinking he walks out and finds that his horse is missing. The cowboy turns around and bursts back into the hotel.

Seeing the cowboy drunk the place goes quiet. He looks around and with a deadly calm says: "I'm going to count to three. If I get to three, I'm going to do what I did in the winter of '76."

The whole bar freezes in terror at the cowboy. "One," the cowboy says. No one moves a muscle. "Two," says the cowboy. Everyone's

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extremely nervous at this point. "Ready or not... thr.." the cowboy starts to say three when all of a sudden someone in the back stands up and says: "Hold on buddy! It was just a joke... your horse is in the back alley!"

The cowboy smiles and starts to leave the hotel. The same guy who stood up calls out: "Hey, I just gotta know; what happened in the winter of '76?"

And the cowboy turns around and says: "I had to walk home."

Dad jokes...

Who did Frankenstein take to the dance? His ghoul friend.

What do vampires take when they are sick? Coffin drops.

Why is a skeleton so mean? He doesn't have a heart.

Why did Darth Vader tie his spaceship up next to the pier? Because he favours the dockside.

What is the best hand to write with? Neither; it's best to write with a pen.

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A Clausen named Pauline after Pauline Clausen

Joshua Peter Clausen, a legend of the South Australian boating industry, meticulously built a boat for himself at his Peterhead shed in 1939 and named it after his eldest granddaughter, Pauline.

This beautiful wedge in our wooden boat history remains very much alive today with Greg and Jannean Weston having bought the boat almost three years ago and formed a treasured friendship with the lady herself - Pauline Clausen.

They say to own a JP Clausen & Sons wooden boat is special, but the *Pauline*, which for many years was the official vessel for the South Australian Yacht Squadron, is touched with profound sentiment.

Greg and Jannean bought *Pauline*, a 38ft cruiser, from the Patterson family, who worked at JP Clausen & Sons and have always made Pauline very welcome when visiting from Adelaide.

According to Jannean, it sums up what the wooden boat fraternity is about; fascinating history richly entwined with every craft and the strong friendships that come with them.

Greg and Jannean sold their Apollo Bay home southwestern coast of Victoria almost three years ago and went on what was described to them as a LSD trip for the over-50s – “Look, See & Decide” on a new place to live. They were supposed to tour Australia, but they said they couldn’t get past Goolwa because of the river and the incredibly-rich wooden boat heritage.

Mind you, Greg admitted he hated his father’s Couta boat with its carvel planks and said he would never buy a wooden boat, but when they saw *Pauline* they fell in love with the boat and the family link, splendor and history that goes with her.

Pauline was launched in Mannum, where Joshua Clausen left it there for years until 1957 when he sold it to members of the Paterson family. They almost sank *Pauline* taking her out through the Murray Mouth enroute to the SA Yacht Squadron at Port Adelaide.

Greg and Jannean had *Pauline* trucked back to Goolwa. “We spent almost six months working on her in the work pen and on the slip, painting and basically doing a full restoration,” Greg said. “The interior did not change much, but the exterior has basically had a complete re-fit.” Jannean said they were extremely careful not to compromise the boat in any way when they added rear outside seating. *Pauline* did numerous trips to Kangaroo Island, but because she would be mainly used on the Murray River one of the huge fuel tanks was removed and the necessary EPA conversions were made.

The timber work is sensational; Jarrah bottom



My Wooden Boat
14th South Australian
Wooden Boat Festival
Goolwa Wharf
February 21-22, 2015



Greg and Jannean Weston aboard *Pauline*. Note the magnificent timberwork typical of a fine Clausen craft, and not surprising considering it was built by JP Clausen himself.

and sides, Huon pine top sides, Queensland spotted Beech on the decks and Queensland Beech throughout the cabin.

Pauline has a 10 ft beam and 3ft 4 in draft. There are twin 60hp diesel Perkins engines, allowing her to cruise about 6 knots. She has a public address system, a sign from her halcyon days with the squadron.

There was a third engine to run the seemingly excessive refrigeration, and with a wry grin Greg said *Pauline* was noted for her entertaining. The slide out bar and the google cocktail glasses were a dead giveaway, and occasionally we see traces of a visit by friends who form their Red Rudder Club which visits superb places like the Coorong and Clayton Bay.

Above everything, Greg and Jannean said they have been overwhelmed by the character

of Goolwa and its people, and especially the heritage linked with the wooden boats that line the banks and create a cruise through time.

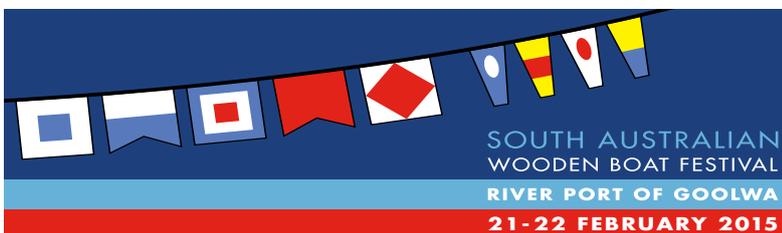
“Perhaps some people who are not involved in wooden boats may just take it for granted what they have down here,” Greg said. “They don’t realise a lot of these boats are getting to the end of their life.

“A lot have needed to become composite craft with fiberglass, and some have replaced the old bottoms of the boats with new materials.”

Jannean said the people who are involved in wooden boats here are extremely passionate. “It is with you forever,” she said.

Pauline won her section for boats over 10 metres at the 2013 South Australian Wooden Boat Festival, and already she is being prepared for the 2015 event in February. **CL**

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Best to pack some peace of mind when you're travelling

Introducing a new column by highly-respected local travel agent Scott Davey.

Federal and state government consumer affairs and fair trading agencies recently launched a multi-million dollar national awareness campaign *Pack some Peace of Mind* to give consumers just that – peace of mind.

The campaign seeks to inform Australians about recent changes to travel agent laws and to educate consumers on the smarter ways to book travel, especially through an ATAS accredited travel agent (Australian Federation of Travel Agents Travel Accreditation Scheme). AFTA has worked closely with the various government agencies in the development of the campaign, and ATAS participants should take comfort in being part of this multi-million dollar campaign which extends across traditional advertising (radio & print) as well as digital and social platforms.

The campaign aims to:

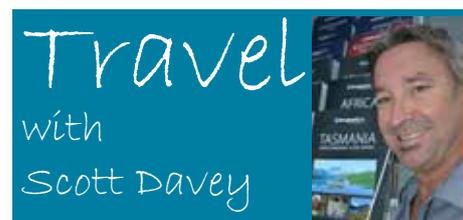
- create awareness of changes in the travel industry and how this impacts Australian consumers
- educate Australians on the questions they need to ask before buying travel and travel products
- educate Australians on how to seek a remedy if something goes wrong with a travel purchase.
- To find out more visit packsomepeaceofmind.gov.au.

AFTA is committed to raising consumer awareness of ATAS and encourages consumers to always book travel with an ATAS accredited travel agent.

Booking with an agent?

There are six things to consider:

1. Look for an agent who is accredited. For example, through the Australian Federation of Travel Agents' ATAS scheme, or the agent has received another stamp of approval. These companies are required to meet certain professional standards and criteria, and should have dispute resolution options in place. Search for



an ATAS-accredited agent at <http://www.atas.com.au/>

2. look for an agent who advertises their services and any deals clearly
3. choose an agent who listens closely to what you want, answers your questions, makes appropriate suggestions, and explains any terms and conditions
4. get advice from family and friends about agents they have used
5. if you book and don't get what you paid for, you may be able to seek a chargeback from your bank. If you pay with a credit card, or MasterCard or Visa debit card and select 'credit' as the account type
6. make sure you carefully read the terms and conditions so you know your options if you have to change or cancel your booking.

Scott and his wife Ingrid are proprietors of *Fleurieu Travel incorporating Cruising Plus. ATAS: A10326*

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Saving water mulch to your delight

The dramatic impact of climate change is making headlines again, and with another summer confronting us it's a reminder to be diligent about saving water.

Most people resent the very thought of sacrificing their garden, but that can be the very last resort. The key is being smart about watering – at night or early morning – and setting up your garden so that it retains moisture as long as possible.

The simple solution is nothing new – mulch, and more mulch. If you have already implemented this strategy, then this is as good as time as any to top up your mulch levels.

Applying mulch at least 50mm in depth can reduce your watering needs by more than half. It provides an excellent barrier between the sun and the soil thus reducing evaporation, which obviously means less watering.

Mulch feeds the soil with often much-needed nutrients or organic matter which is vital for healthy plant growth, but be aware that this supplement breaks down after enduring the elements after a while. This is why it is best to top-up with fresh mulch as we approach summer.

The other big benefit is that weed growth is suppressed because they

don't get as much sun, and if the mulch is really thick it can cut them out completely.

Some mulches perform better than others – it largely depends on the top of soil and the type of garden you have. It is best to ask advice before forking out money before you put a fork into the soil. It may surprise many that a good mulch may come in the form of peddles or small stones. You can get some beautiful coloured stones these days. With some gardens it's all about retaining as much moisture as possible and controlling the dreaded weeds.

Leafy-style mulches can be good for native gardens. If you are right into everything organic, remember that these mulches do not break down easily, meaning they are not as effective when it comes to providing your garden with added nutrients. They come in a huge range of sizes and colours, and the big advantage with organic mulches is they do not need to be reapplied every year.

Woody chips are a popular mulch, but don't just lay them and leave them to turn colour in the hot sun summer after summer. Wood chips can decompose and deny plants of nitrogen. To avoid this give your garden a handful of blood and bone around the base

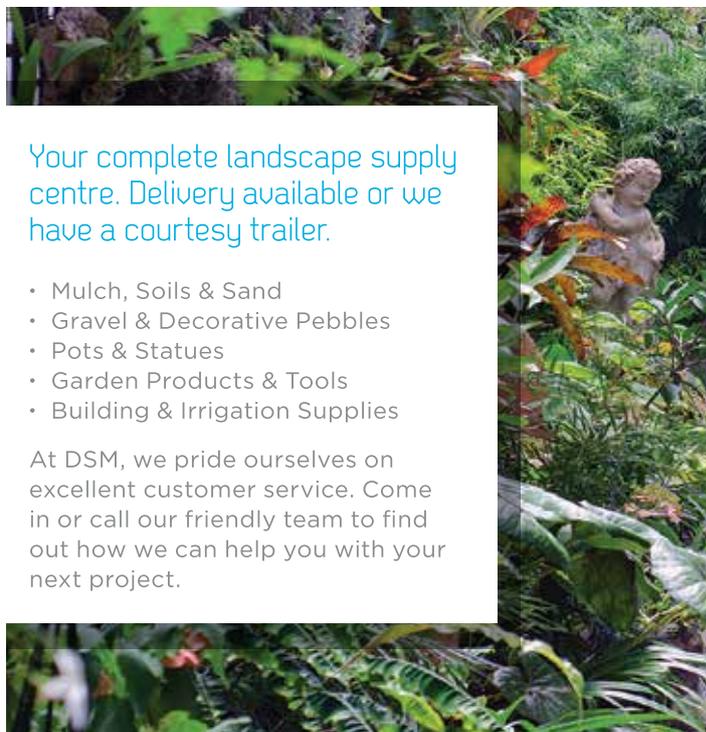


of each plant.

If you are establishing a new garden bed or you need to kill weeds in an existing bed there are some excellent porous materials to lay first, and cover with the mulch. Another economical way is to cover the area with newspaper – about eight pages thick. Make sure you don't use the glossy pages – water must be able to seep through. Other options are cardboard, or black plastic that is staked to make it harder for weeds to escape and see sunlight.

Another way to control your watering better is to install your own drip system. Again, get some advice here and don't go for the far less effective inferior brands from overseas.

Finally, when it is scorching hot outside, it's easy to feel sorry for your plants or lawn and you want to give them a drink. Sometimes this can cause more harm because the water is also very hot. Again, water in the cool of the night or early morning to reduce evaporation.



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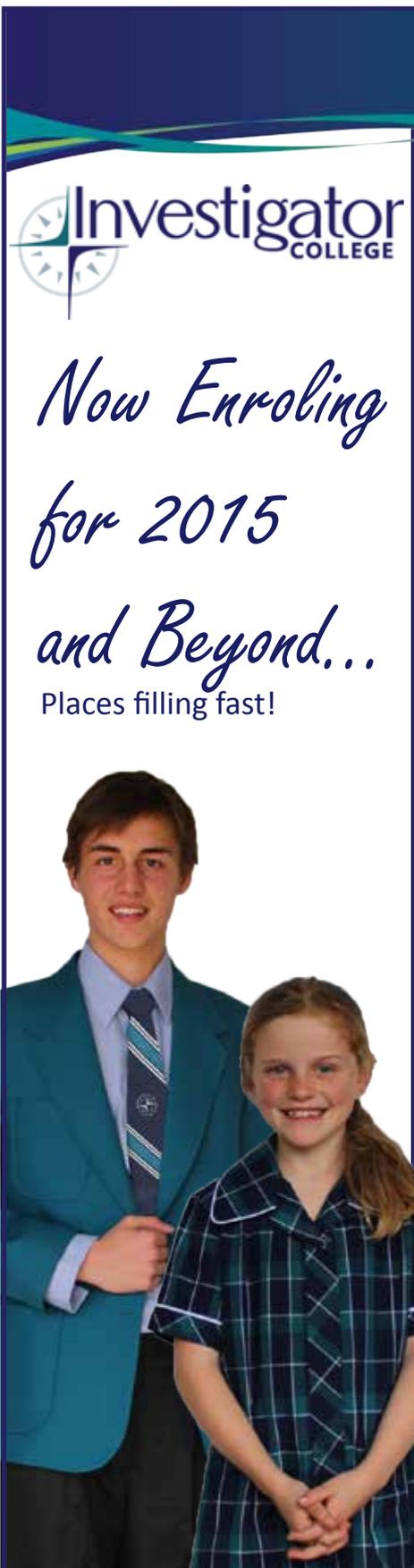
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Salad

Ingredients

- 1 cup pearl barley
- ¾ cup dried cranberries
- ¾ cup chopped walnuts
- 125g smooth Feta cheese, cut into small cubes
- 2 tablespoons chopped fresh chives
- salt & pepper to taste

Salad Dressing

- 3 tablespoons balsamic vinegar
 - 1 tablespoon olive oil
 - 1 clove of garlic, crushed
 - ½ tablespoon honey
- Whisk all ingredients together to combine.

Method

Wash pearl barley, then place in a large saucepan. Add three cups of water and bring to the boil over medium heat (with lid on). Reduce heat slightly and simmer for approximately 40 minutes, or until barley is tender and nearly all the water has evaporated. Remove barley from the heat. Set aside to cool (this takes awhile).



When cool stir in salad dressing then add cranberries, chopped walnuts, cubed Feta; chopped chives and salt and pepper to taste. Serves 4. Store cooled barley in refrigerator. When ready to assemble, stir through salad dressing, then add dried cranberries, chopped walnuts, Feta cubes, chopped fresh chives and salt and pepper to taste. Serves 4.

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Classic Creamy Baked Cheesecake

This 35-year-old cheesecake recipe is still up there with the best of them... you must try it!

Ingredients

250g Arnotts Nice biscuits
120g butter, melted
3 x 250g blocks Philadelphia Cream Cheese
¾ cup sugar
2 large eggs
1 teaspoon vanilla essence

Method

Pre-heat oven to 135°C.

Crush the biscuits finely and stir in melted butter. Press biscuit mixture into the bottom of a 22cm spring-form baking tin, extending up the sides about 3cm. The flat bottom and sides of a glass can be used to help do this. Refrigerate whilst preparing filling.

Place slightly softened cheese and sugar in a large bowl, and beat on medium speed until smooth and combined. Add eggs and vanilla and continue mixing for two more minutes, or until smooth and creamy.

Pour the filling over the prepared base. Cover the top with alfoil. Bake for 30 minutes at 135°C then turn the oven off and allow the cheesecake to sit in the oven for a further hour. A tray of water can be placed on the rack below the cheesecake whilst baking, to provide a moist cooking environment.

Remove the cheesecake from the oven and allow to completely cool. Chill well in the refrigerator (overnight is good). Store in the refrigerator. Delicious served on its own, with fresh fruit, whipped cream or sprinkled with cinnamon or nutmeg. Serves 8-10.



size 28cm x 22cm) with baking paper and press biscuit mixture firmly over the base of the pan.

Filling

405g tin sweetened condensed milk
juice of 2 lemons
2 teaspoons gelatine, dissolved in half a cup of hot water
Place filling ingredients in a bowl and beat together for two minutes. Pour filling over the biscuit base, to cover. Refrigerate until ready to top with jelly.
When the jelly slice is assembled, place in the refrigerator for several hours, or until set. Keep refrigerated.



Jelly Slice

Ingredients

Topping

2 x 85g packets Raspberry Jelly
2 cups boiling water
2 cups cold water

Prepare topping first. Place jelly crystals in a large bowl and add boiling water. Stir until dissolved. Add cold water and allow to cool. When cool, place in the refrigerator and allow to almost set. Remove jelly from refrigerator when it is "wobbly" and still pourable. At this stage the jelly is ready to pour over the filling.

Base

170g butter, melted
250g Arnotts Nice Biscuits
Crush biscuits finely using a food processor or rolling pin. Place biscuit crumbs in a bowl, and stir in melted butter. Line a slice tin (approx.

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Here's a great reason to have a healthy pancake

Get ready for a brilliant blue day – and the taste of some delicious healthy pancakes.

Our south coast will join an international circle of awareness about healthy living and diabetes with a special pancake breakfast at Carrackalinga House, Victor Harbor on World Diabetes Day – Friday, November 14.

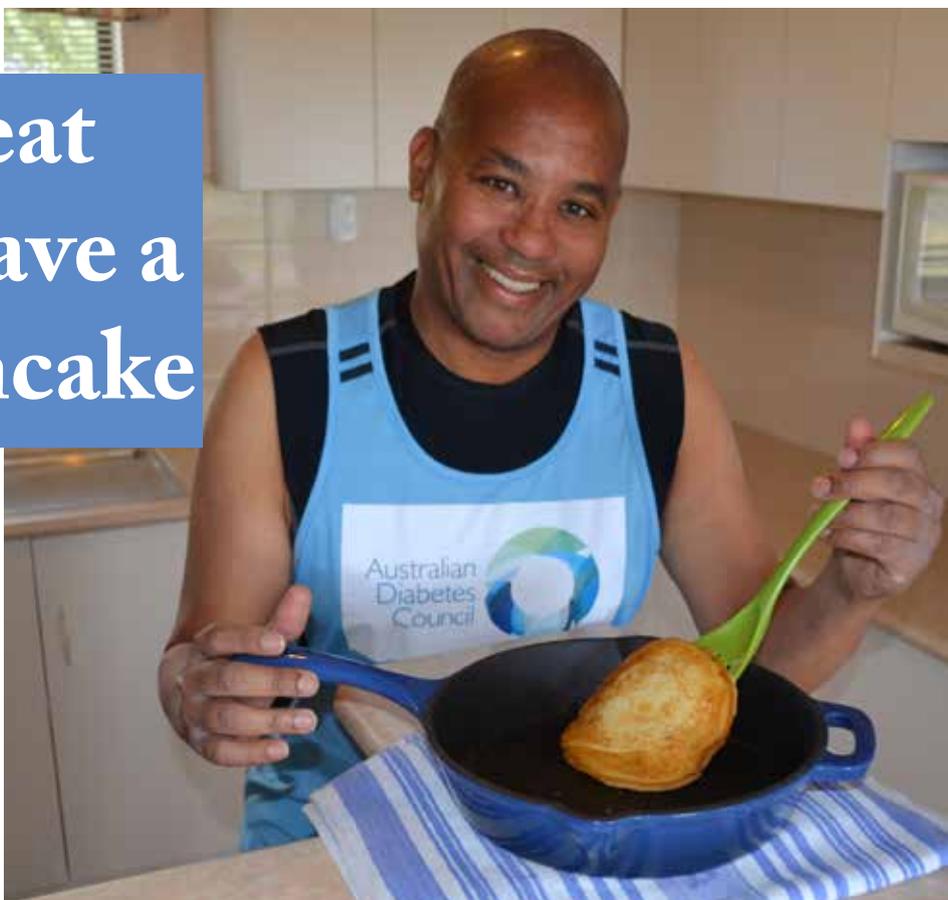
Participants will leave the breakfast and walk to Warland Reserve to form a circle for a photograph to be uploaded to the International Diabetes Federation website along with 170 other countries engaged in the outstanding campaign.

And you're welcome to be part of the circle – simply join our local fundraising group *Be Fit to Live* – a group fitness class for mature adults with diabetes and chronic conditions – organised by William Collins Jr, for breakfast from 8-11am. Cost is \$5 and includes healthy pancakes, fruit and beverages with all funds going towards tackling this global diabetes pandemic.

William, 57, formerly from San Francisco, and a retired airborne parachutist with the US Army, said the enormity of the problem was highlighted by the local figures with 3800 registered people with either Type 1 or Type 2 diabetes in Victor Harbor, and another 800 in Goolwa.

"My mother and grandmother had type 2 diabetes and when I was one of six of seven children in the family with it also I kept on asking, why me?" William said.

"But while diabetes may be hereditary, it can



world diabetes day
14 November

also affect anyone. It can be life threatening, but also very manageable starting by seeing your doctor and having a simple test.

"You can reduce your chances of having diabetes by thinking about your diet, particularly portion control. Look at what you buy in the store; read the labels and understand how the ingredients may affect you. Sometimes when you are under a lot of pressure you can trigger diabetes.

"Type 1 and especially type 2 diabetes can impact on your every-day life, but there is

a great support network out there. Eating healthy foods and exercising may assist those with chronic conditions."

The International Diabetes Federation celebrates World Diabetes Day on November 14, but it is actually a year-long program. The event logo features a blue circle, which signifies the unity of the global diabetes community, hence the request to form a large circle on Warland Reserve – and the promotional splashes of blue. There is a different theme for the annual awareness campaign, and the new message is "Healthy living and diabetes".

The day is celebrated on November 14 because it is the birthday of Sir Frederick Banting (1891-1941), a Nobel Prize winner who, with his colleague Charles Best, co-discovered insulin and was the first to administer it in humans. But then, any day is a great day to enjoy healthy pancakes. Contact William: 0425 605 969

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