

FREE

Coast Lines

Your Goolwa - Victor Harbor community monthly magazine reaching Kangaroo Island and the Fleurieu

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‘Why I **love** my town...’



Keith Spacey is best known as the Grumpy Grocer, and even in his retirement it's hard for him to crack a smile.

Incredibly, we got one for this photo because we asked him: Why do you love Middleton?

It's all about our new series: *Why I love My Town*, designed to make you feel good about where you live, and to let people know why your town is special.

We will feature a different town across the Fleurieu Peninsula each month, and bring you the characters and people with character – people like Keith. **SEE P6-7** And there's another great reason to live here... the local fruit 'n veggies that have captured a fresh market in more ways than one. **FULL STORY: P16-17**

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Eighty eight

That's how many years Maureen Dugmore and Cheryl Cox have worked between them in the Goolwa Magpies' canteen...



For the love of a club

Imagine this; Maureen Dugmore (pictured left) and Cheryl Cox have for 40 years stood alongside each other and asked someone: "... would you like sauce with your pie?"

Meet the amazing canteen ladies of the Goolwa Magpies, who have worked tirelessly together in the canteen helping the football and netball clubs on home games from seven sharp in the morning until five in the afternoon.

Now it has all ended. They worked together for the last time a fortnight ago because

Cheryl, 68, was heading for a well-earned holiday in Queensland, and with Maureen, 78, they will both officially step down at the end of the season as the champion canteen ladies at Goolwa.

Maureen started working in the canteen in 1966 helping her mum, Gladys Dunbar, who ran the canteen from the very first day it started in 1953, and Cheryl followed in 1974.

"We were here when our sons started playing football as little kids and we saw them retire," Maureen said.

Continued P3



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From P2

"My boys Mark and Paul haven't played for more than 25 years, and Cheryl's lad Dwayne hasn't played for a long time either, but we have kept on going in the canteen because we have always enjoyed it. We just love the club.

"Cheryl and I have been great friends from all this, and we've shared a lot of family social outings. We enjoy the atmosphere of a home game of footy; the people are special. We have had a lot of fun times."

Cheryl had been helping in the canteen for only a year when Goolwa won three grand flags in a row from 1975-77, and the Magpies haven't won another one since. "It's time for another one," she said.

"I kept on working here because I wanted to put something back into the club for what we, as a family, have got out of it. We have played tennis, my son played football and my husband Bill coached the footy club and was treasurer. The club has been a big part of our lives, and it's only nine home games a year; it's not very much really."

There would not be a junior player in the club Maureen and Cheryl have not served, and among them is Western Bulldogs captain Ryan Griffen, whose two brothers Travis and Trent still play for Goolwa-Port Elliot.

"Ryan was always a good, quiet lad," Maureen said. "He'd get into the red frogs like no other, and he'd always say please and thank you.

"I remember the days when we used to serve a cup of tea, a sandwich and a piece of cake at half-time, and it was a huge thing 30 years or so ago when we started selling hot dogs.

"There will be a gap in our life; no doubt. I will miss it; especially the people. There are times everyone



"We never expected anything because we have just loved being at this club."

– Maureen Dugmore

comes in here and helps because we do get support from all the clubs (Goolwa lawn bowls, football, cricket, tennis and croquet), which we have always appreciated."

The oval was in March renamed the Brian Dugmore Recreation Ground in honour of the amazing service to the sporting clubs by Maureen's husband, Brian, who this time was the one in awe of her commitment to local sport. "I am very proud of her and Cheryl," Brian said. "It has been a big effort over a long journey."

Cheryl hopes that others will take their place working in the canteen because it represented a much-needed source of revenue for the Goolwa sporting clubs.

We can reveal that for 24 years Maureen and Cheryl have been Crows supporters in a Magpies' nest, but not so surprising were the few quiet tears on the Saturday when they served together in the canteen for the last time.

The club presented Maureen and Cheryl with flowers and champagne, not to mention the cutting of a huge sponge cake, at half-time. "It was a nice thing to do," Maureen said. "We never expected anything because we have just loved being at this club."

CL

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A bus, conductor and an appreciation for fine music. Together, they are the...

Friends of the symphony

They hardly sing ... *the wheels on the bus go round, round, round*, but the night out is definitely music to their ears.

At least eight or 10 special times a year a small yet incredibly loyal band of friends of the Adelaide Symphony Orchestra catch a special bus from Goolwa-Victor Harbor to see a performance, usually at the Adelaide Town Hall. Perhaps the best known by the ASO performers and staff, indeed other music lovers who admire this dedication and appreciation for music at its finest, is Helen Inglis (pictured), who has been a dedicated fan since she attended the ASO youth concerts as a little girl.

With a wry smile, Helen said she had been through more concertos than one may wish to realise since those early days, but the excitement at attending each performance has never waned.

"I just love our symphony

orchestra," Helen said. "As my friends used to always say, we think of the ASO as our family. Having been going for so long you get to know the personalities."

"I know that you can buy CDs, but there is something special about actually being there. We get artists from all over the world, some in their 20s, and they are absolutely fantastic."

The reason why Helen and others from the south coast are known to so many at the concerts is that people marvel at the fact they "come all the way" from Goolwa and Victor Harbor on "the music bus". A partly-subsidised service provided by Goolwa Bus & Coach drops them out the front of the Adelaide Town Hall or occasionally the Festival Centre, and they board to go home before 9pm.

"When you are by yourself, and perhaps mobility impaired like I am, it can be difficult driving into the city and finding a car park,"



"

I really feel that if more people knew just how good these performers were they would get so much enjoyment from attending the concerts."

– Helen Inglis

have the choice of listening to the 30-minute pre-performance talk, with the main performance starting at 6.30.

"I go to the talks because it enhances the performance. A lot of people enjoy that; sometimes it is the conductor, another time a soloist, a lady music teacher who is excellent, and the orchestra itself coming in and talking. It is quiet enlightening, and it helps you feel the music inside."

"I used to play the piano and I was very much involved in choral singing as a young person, not that you get much choral with the symphony. This is about appreciating the music talent of others." **CL**

Helen said. "Getting to the Town Hall can be so hard, not to mention the fact the bus fare is just \$20, which is a lot cheaper than paying for the petrol and a car park."

Helen is now on a mission to spread the word the bus service is available to further support the ASO.

"We should be all extremely proud of the Adelaide Symphony Orchestra, she said. "I really feel that if more people knew just how good these performers were they would get so much enjoyment from attending the concerts. It is very much a hidden secret in these parts, and I think that is a shame. You don't need to be a great musical performer to appreciate the music; it is something special for people of all ages and backgrounds."

"The bus driver makes sure we get there by half-past five so we

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Keith Spacey is best known for being the Grumpy Grocer, and his passion for Middleton. "Don't write this about me," he moans. "Talk about my town and the great people who live here."



Middleton

Keith Spacey built his life and business on a reputation of being grumpy. The 'old Grumpy Grocer' they called him, and he only took exemption to the 'old' bit.

"You know they drove me out of my general store," the 68-year-old moaned. "I mean, here I am being grumpy with everyone, and all the customers were nice and friendly. Have a great day, they'd say, and I'd say, yeah, whatever. The niceties got to me."

Was it all an act? Keith just smiles; a sight rarely seen from him in these parts – one of many pleasant surprises about Middleton.

Keith let his grumpy guard down and said he had seen a lot of the world, but there was nowhere else where he would rather live. But then, Middleton is different to Birmingham, England, where he was raised and hitch-hiked from in 1971 through Pakistan, India, Israel and settling for a short time in Western Australia with \$15 to his name and a dollar short to pay a full week's board.

"There are a lot of good things about this town, but the thing I love most is that we have the Black & Gold shoppers to the Silver Slippers from Burnside in the city, yet they are all good people who get on famously together," Keith said. "I mean that as a compliment to both."

"I can go to functions here and see lawn mowing blokes still wearing their Warwick Capper shorts and talking with Mrs Bucket (from TV show *Keeping Up Appearances*) and they share a laugh. Everyone gets on with each other; there are no plastic people here."

"There are characters, too right there are, and you find a lot of them at The Point, which is the meeting place for the surfers. There are the



young surfers who come from town, and there are surfers who are oldies that live here. You hear them talk with mutual respect; it seems to be a surfer thing."

In the heart of the Middleton main road is the caravan park, which has more than 80-sites, and former owner Keith Dommenz, who still lives in the town, said there were the regulars surfing here twice a day.

"A lot of them started by staying in the caravan park, buying an on-site van here, coming down weekends, eventually buying a block of land, and then living down here permanently," Keith Dommenz said. "It all goes in stages."

"The surfing thing has changed too. Outsiders think of them as louts with long dreadlocks, but they are genuine people, and besides, most of the surfers are 50 or 60-plus years old. The beauty is that they are now bringing their kids or grandkids back here to surf. It's amazing how many young girls surf now; years ago it was just a bloke thing."

Keith Dommenz is one of these been-on-every-committee blokes, particularly now as president of the enthusiastic Middleton Town & Foreshore Improvement Association, which meets monthly. You are invited to join.

Continued P7

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From P6

The committee successfully fought tenaciously to get underground power lines last year. The focus now is to get mains sewerage for the town, but the fear is that, with the mains will come significant subdivision of land and a huge impact on the township.

There was also the successful town cries several years ago to prevent the destruction of the Mill House, built in 1850, at the front of the flour mill, which is the last of 16 remaining on our southern coast line. Another sign of local passion.

When the mill ceased grinding in 1915 coinciding with the change from horse-drawn trains to steam engines in 1915, Middleton was basically left to what it is today – a holiday destination or somewhere you need to pass through. The 70ft chimney stack on the mill was knocked down in 1943, and the old school closed in 1969, but basically not a lot has changed significantly over the years; the character largely is intact.

"People make this place, not the buildings," Grumpy said. "We're still a little country town and everyone likes it like that.

"Middleton is special in different ways. We have the steam train running through, and there is no better place to watch the whales this time of the year than at Basham Beach.

"We have the original old school in the main street which is now an art and craft shop. Go in there and meet some lovely old ladies selling all sorts of things for charity.

"The volunteers in this town are just amazing. It's this town thing about caring for each other; they made it hard for me to be grumpy which wasn't good for business (he laughs).

"We've also got a great bakery, and there's something here that tells you everything about Middleton. We have a pizza thing next door to the bakery for the locals once a month called Pizza in the Garage put on by Mick Leane. It's a get together; we mix, listen to music, eat a lot of sensational pizza and have a lot of laughs. "It's opposite the caravan park, which Keith Dommenz built up as one of the best when he was there."

The main street is certainly different. It's called the *Main Road* from Mindacowie, a popular bed and breakfast place, to the turn-off to Strathalbyn, then it becomes *Goolwa Road*, and go from the other end of Mindacowie and it's *Port Elliot Road*. Where else do you have one



road going the length of the town with three names that confuses everybody?

Grumpy said Middleton was different to most towns because it's not one that you would stop and walk down the main street; they stop at the general store, bakery, surf shop or the Middleton Tavern and move on.

"A lot of people come through Middleton, and I used to meet so many when I had the store," Grumpy said. "One day that Crows player Rory Sloane called in, and there was a local concreter there too with his two little kids.

"The bloke said the kids would love Rory Sloane's autograph, and big-noting I said, I'll take them to him and get it; don't worry about that.

"I said Rory, sorry to bother you, but can you

MIDDLETON fact file

BRIEF HISTORY: The town's flour mill, built in 1850, is the last remaining of 16 built along the southern coastline. The first siding, or rail line, was built in 1854 to take the flour, wheat and Wattle bark, which was used for tanning, to Goolwa, from where steamboats took it up the River Murray. A hotel and brickyards were developed a few years later alongside houses, a general store, a school and chapel. The railway was horse-drawn, but when locomotives were introduced the line bypassed Middleton and its industries slowly disappeared. By the turn of the 19th century Middleton was basically what it is today – a beautiful town without major industry.

POPULATION: The Census population of Port Elliot - Middleton in 2011 was 3248 – of which an estimated 930 were living in Middleton – with an overall 2895 homes/dwellings with an average household size of 2.17.

LOCAL GOVERNMENT: Alexandrina Council.

give these two good little kids your autograph? Very politely, he said, yeah no worries, and the kids were thrilled. Rory was terrific.

"I was feeling really good about myself for a change. I said to Rory, I saw you last week; you've got this, I mean real heart. Rory said, thank you. That's okay, I said, and I guess it was my ego, but I said with so much pride: I'm the Grumpy Grocer. He said, yeah, I know; you've shifted me on a few times for parking too long out the front.

"It was at that moment that I thought, yeah, I am a grumpy old bloke, but I'll tell you what: I am also one of the luckiest too because I live in Middleton. I love this place. The people here are even nice to the grumpy ones like me." **CL**

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BCS Electrical enters exciting new phase

One of the great local family business stories began a new chapter this week with BCS Electrical moving premises and changing ownership – to within the family.

Brett and Bev Steinert, who have ran the business at Port Elliot for 16 years – after 16 years at Inman Valley – have sold the business to their son-in-law and daughter, Glenn and Leanne Farr.

And with the change has come a move to nearby 13 Trade Court, Lincoln Park, and the introduction of a superb showroom featuring an impressive selection of lighting, indoor-outdoor fans, ceiling fans and a huge range of electrical needs including power points and switches.

However, according to all of the family members, the commitment remains – living up to what BCS Electrical stands for; better customer service.

“Moving house has been emotional, but moving the business premises to Lincoln Park has been exciting,” Brett said.

Fortunately, the parents will not be lost to the business with Brett using his experience by taking on a stronger customer service role as a lighting advisor, and Bev also assisting with her office management skills.

Leanne, who has been the office manager for eight years, said the changeover was a wonderful opportunity for her and Glenn to build upon what her mum and dad had achieved.

“To have them still involved in the business,



even though in a lesser capacity, is invaluable to us,” she said. “The standards have been set over many years and nothing will change.

“The showroom is exciting and we believe it is something that is definitely needed within the area because people will be able to select something like lighting or a fan and organise an electrician there and then, saving time and money for the customers. We are now providing an all-in-one service – the product and installation.

“The showroom will expand the business, but the emphasis on a quick response to a call for an electrician remains. The business has always been about quality service and reliability, which

mum and dad established.”

BCS Electrical, an outstanding supporter of the community through its organisations and clubs for many years, has three tradespeople – John, Pete and Mark – who are on-call weekends with one of the three vans servicing the wider south coast region.

Glenn and Leanne have two children, Michelle, 11, and Adam, seven. Who knows, one day they will also become part of the business. It would be another short circuit to success.

Photo: A family with good connection... (from left) Glenn and Leanne Farr, and Bev and Brett Steinert.

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Sunday, July 13

The Friendly Street Poets is presenting its southern launch of the Anthology and Single Poet Collection at Signal Point Gallery, Goolwa. It is part of this fascinating group's regular monthly Poetry On The Fleurieu readings, which are held on the second Sunday of each month at 1pm at Signal Point Gallery.

This event will start with an 'open mic' for local poets to read or perform their own poetry, followed by poets published in the anthology presenting their poems from the book, and John Brydon reading some of his poetry from his single collection. People who want to read at the open mic pay \$2, but it is free to listen. There will be a raffle to raise funds for future events, such as poetry workshops and guest poets.

Friendly Street Poets was founded 40 years ago, and is the biggest and longest running poetry group in the southern hemisphere.

The Single Collection Of Poetry is by John Brydon, who won the competition to have a book published as a single poet which is run every two years. John and many city-based poets included in the anthology will be at the launch reading from the books.

Friendly Street Poets, Alexandrina Council and local poet extraordinaire Nigel Ford have organised the highly successful regular readings and an annual poetry slam event, the Goolwa Poetry Cup, to foster poetry in the southern Fleurieu region.

The inaugural Cup, which was won by local poet, Christina Haack, was held last November was. It carried \$500 prizemoney, which is the largest prizemoney for any single event poetry slam competition in South Australia.

This year's Cup competition will be held on Sunday, November 16 with the founder of the Nimbin World Cup of Performance Poetry and winner of the Woodford Folk Festival Storytelling Competition, Robin Archbold, as a guest performer. He will also be running workshops in performance poetry before the competition, plus and storytelling and other appearances during the week.

Friday, July 18

The Mouse, The Bird & The Sausage at Centenary Hall, Goolwa. Adapted from one of the Grimm Brothers hidden gems the performance is

Go. See.

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groups & clubs, etc.

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Thought for the Month...

Beer makes you feel the
way you ought to feel
without beer

a beautiful reminder of the happiness and simple joy we can discover through a shared togetherness. Presented by Slings by Theatre Company and suitable for ages eight years and over. Two shows 1pm and 4pm. All tickets \$10. Contact 1300 466 592.

Monday, July 21

Women with Fibre is a group that meets monthly in Yankalilla to create beautiful hand crafted work together. Many different techniques are used, such as lace making, knitting, crochet, embroidery, basket making and quilting. The members are having a free exhibition at the Christ Church Hall, Yankalilla from 10am-2pm, and hope to attract members of the public who may be interested in joining the group.

Continued P10

Off to market we go...

Cape Jervis: Second Sunday of the month from 9am-1pm.

Goolwa: First and third Sundays of the month at the wharf.

Inman Valley: First Saturday of month 9am-1pm.

Kangaroo Island Community Market: Penneshaw Oval and Town Hall every Sunday from 9am.

Kangaroo Island Farmers' Market: Lloyd Collins Reserve, first Sunday or every month, 9am-1pm.

Myponga: Weekends and public holidays at the old Myponga Cheese Factory from 10am-4pm. www.mypongamarket.com

Port Elliot: First and third Saturdays of the month at Lakala Reserve.

Strathalbyn: Third Sunday of the month at Lions Park, South Terrace.

Victor Harbor: Farmers' market every Saturday until 1pm.

Victor Harbor: Indoor craft & plant market in the RSL clubrooms, Coral Street, on the fourth Saturday of the month from 9am-3pm.

Yankalilla: Third Saturday of the month from 9am.



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August 16 -17

Strathalbyn Collectors Hobbies and Antique Fair at various venues in Strathalbyn. Authentic and quality antiques, crafts and collectables. Appraisals, sales, displays and collections in six halls, free shuttle bus between all halls, catering and entertainment available. Admission charges apply. Contact 0427 674 620.

Saturday, August 30

The marvelous Southern Fleurieu Relay For Life group is having its annual gala dinner at the Encounter Bay Bowling Club. It's a 6.30pm start for 7pm, and includes a three-course meal plus entertainment. There will be a silent auction and door prizes. Tickets are just \$30. All proceeds to the Relay teams that provide help with the function. Monies raised go to Cancer Council SA for research. For tickets and more information contact Claire Fuller 85542939, Jan 85526695 or any relay team.

Saturday, August 30

Denise Drysdale at Centenary Hall, Goolwa at 7.30pm. Denise has one of the most recognisable names and faces in Australian entertainment. Forever the professional show woman she will bring her best stories, songs and comedy. Tickets \$21 adults, \$17 under 18 years. Contact 1300 466 592.

September 6 & 13

The Black Faced Shag at South Coast Regional Arts Centre, Goolwa. Performance by Michelle Murray in collaboration with Richard Hodges and Jerra Hill. In 1853 a lone woman wearing a dress entirely of cormorant feathers, is rescued from an island of the south coast of South Australia. How did she get there? What becomes of her? All tickets \$20. Contact 1300 466 592.

More chances to obtain boat/jet ski licence



THE BOOKS WE ARE READING

The top 10 sellers at Pages & Morfe in Oxcean Street Victor Harbor in June were:

1. *The Fault in our Stars* by John Grisham (teen fiction) \$19.99
2. *City of Heavenly Fire Bk 6 Mortal Instruments* by Cassandra Clare (teen fiction) \$22.95
3. *The Goldfinch for Donna Tart* (fiction) \$19.99
4. *The Girl Who Saved the King of Sweden* by Jonas Jonasson (fiction) \$29.99
5. *Tapestry* by Fiona McIntosh (fiction) \$29.99
6. *Mr Mercedes* by Stephen King (fiction/thriller) \$32.99
7. *Silkworm* by Robert Galbraith (crime) \$32.99
8. *The Alice Miranda* (part of a series of nine for youngsters by Jacqueline Harvey) \$15.99
9. *Clementine Rose Series* by Jacqueline Harvey \$12.99 each (6 in series)
10. *The Digger's Doctor* by Ashley Mallett (military bio) \$32.95

August 11 & 13

Here are two great opportunities to get your boat/jet ski licence, or at least refresh your knowledge on the rules and regulations.

The Victor Harbor Primary School at The Parkway Victor Harbor, and the Goolwa Aquatic Club, Barrage Road, Goolwa, are having exam nights in August.

The VHPS event is on Monday, August 11 at 6.30pm. Cost is \$35, and pre-booking is essential as numbers are strictly limited. The refresher course costs \$10 (already licensed, but would like to watch the presentation), while it's \$15 for juniors (12-16 years) who are welcome to sit the exam for a special permit.

The VHPS exam is presented as community service with proceeds to the school's chaplaincy program, which is designed to cater for the needs of disengaged primary school students.

The Goolwa Aquatic Club is having their exam night on Wednesday, August 13.

Cost is also \$35 for the main course, \$10 for the refresher, and \$15 for juniors (12-16). It is excellent value when considering a local marine safety officer will provide a 90-minute presentation.

Bookings are essential for the GAC event – contact Scott Andrew on 0418 843 903.

You must bring a valid I.D. The SA Recreational boating Safety Handbook should be studied before arrival. The exam is marked on the night, and if you pass you are then accredited and may visit the DTEI Customer Service Centre (Service SA), and convert this to a full licence. (There is a licence cost of \$34) age 16 and above.

The SA Recreational boating Safety Handbook is available locally at Fleurieu Crash Repairs, Liberty Fuel, Victor Harbor and BP Goolwa. There is no charge for the SA Recreational boating Safety Handbook. You may practice the compulsory questions by visiting: http://www.ondeck.sa.gov.au/online_quiz/user_interface/compulsory

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Lakeside Goolwa

update

Vol. 2, No. 5 July, 2014

Downsizing just got bigger!

BONUS \$8500 FOR SENIORS

Great news for seniors... downsize to a smaller home and gain an \$8,500.00 bonus. As from July 1, the State Government has introduced a grant to seniors over the age of 60 who sell their current house and downsize into a new home ready for their retirement years.

The grant will be available for eligible new homes valued up to \$400,000, and will phase out for eligible homes valued up to \$450,000.

People over 60 years of age who purchase a new age-appropriate home to live in as their principal place of residence will be eligible to claim the bonus once per household.

And that means we are heading for exciting times at Lakeside Goolwa! This new grant will give people even greater value for money. Buying a new home in our Lifestyle Village just became even more rewarding. With the caravan park now permanently closed. It's full steam ahead to complete Stage 1.

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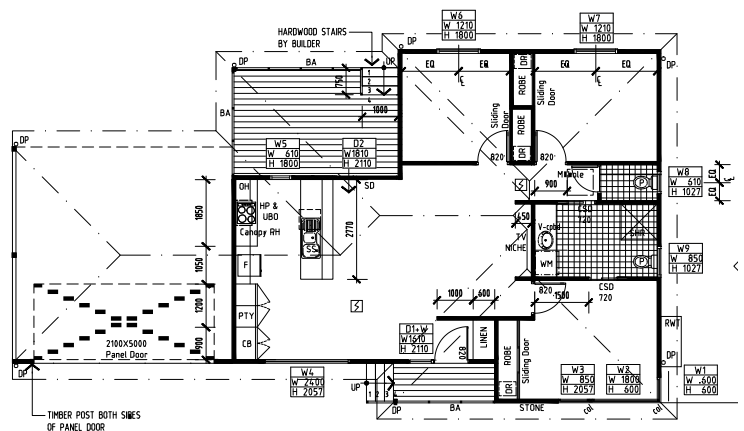
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Wednesday, August 6, 2014
Casino/Rundle Mall
\$19 per person return

Tuesday, August 26, 2014
Mount Barker
\$15 per person return

Tuesday, September 23, 2014
Murray Bridge Marketplace
\$15 per person return

Thursday, October 9, 2014
Monarto Zoo
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pp inc. Tour, Lunch & Coach

Wednesday, October 29, 2014
Rundle Mall/Casino
\$19 per person return

Tuesday, November 4, 2014
Virginia Home & Garden
\$21 per person return

Thursday, November 13, 2014
Craft & Quilt Fair
\$34 pp Coach & Ticket

Wednesday, December 3, 2014
Rundle Mall/Casino
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Tuesday, December 16, 2014
Marion Shopping Centre
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Transformers: Age of Extinction

(CTC) Action, adventure, Sci-fi starring Mark Wahlberg, Nicola Peltz. As humanity picks up the pieces, following the conclusion of Transformers: Dark of the Moon, Autobots and Decepticons have all but vanished from the face of the planet. However, a group of powerful, ingenious businessman and scientists attempt to learn from past Transformer incursions and push the boundaries of technology beyond what they can control – all while an ancient, powerful Transformer menace sets Earth in his crosshairs. **Fri, July 4: 1.20pm, 8.30pm; Sat, July 5: 12.30pm, 8.15pm; Sun, July 6: 2.30pm, 7.40pm; Mon, July 7: 12.30pm, 8.15pm; Tues, July 8: 12.30pm, 8.15pm; Wed, July 9: 12.30pm, 8.15pm; Thurs, July 10: 2.45pm, 8.30pm; Fri, July 11: 2.45pm, 8.30pm; Sat, July 12: 2.45pm, 8.30pm; Sun, July 13: 2.15pm, 7.40pm; Mon, July 14: 2.45pm, 8.30pm; Tues, July 15: 2.45pm, 8.30pm; Wed, July 16: 2.45pm, 8.30pm.**

How to Train Your Dragon 2

(PG) Animated family adventure starring Jay Baruchel, Kit Harington, Jonah Hill. The second chapter of the epic *How To Train Your Dragon* trilogy brings back the fantastical world of Hiccup and Toothless five years later. While Astrid, Snotlout and the rest of the gang are challenging each other to dragon races the now inseparable pair journey through the skies, charting unmapped territories and exploring new worlds. **Fri, July 4: 11.30am, 4.10pm; Sat, July 5: 10.15am, 4.30pm; Sun, July 6: 12.01pm, 4pm; Mon, July 7: 10.15am, 4.30pm; Tues, July 8: 10.15am, 4.30pm; Wed, July 9: 10.15am, 4.30pm; Thurs, July 10: 10am; Fri, July 11: 10am; Sat, July 12: 10am; Sun, July 13: 12.30pm; Mon, July 14: 10am; Tues, July 15: 10am; Wed, July 16: 10am; Thurs, July 17: 10.45am; Fri, July 18: 10.45am; Sat, July 19: 10.345am; Sun, July 20: 11.50am.**



Jersey Boys

(CTC) Biography, drama, musical starring Christopher Walken, Freya Tingley, Francesca Fisher-Eastwood. Directed by Clint Eastwood. Clint Eastwood's big screen version of the Tony Award-winning musical tells the story of the four young men from the wrong side of the tracks in New Jersey who came together to form the iconic '60s rock group *The Four Seasons*. Their trials and triumphs are accompanied by the hit songs that influenced a generation, and are now being embraced by a new generation of fans through the stage musical. **Fri, July 4: 1.35pm, 6.15pm, 8.50pm; Sat, July 5: 3.40pm, 6.30pm, 9pm; Sun, July 6: 11.50am, 8pm; Mon, July 7: 3.40pm, 6.30pm, 9pm; Tues, July 8: 3.40pm, 6.30pm, 9pm; Wed, July 9: 3.40pm, 6.30pm, 9pm; Thurs, July 10: 12.10pm, 6.15pm; Fri, July 11: 12.10pm, 6.15pm; Sat, July 12: 12.10pm, 6.15pm; Sun, July 13: 2.30pm, 5.05pm; Mon, July 14: 12.10pm, 6.15pm; Tues, July 15: 12.10pm, 6.15pm; Wed, July 16: 12.10pm, 6.15pm; Thurs, July 17: 3.45pm, 6.25pm; Fri, July 18: 3.45pm, 6.25pm; Sun, July 19: 3.45pm, 6.25pm; Sun, July 20: 2.05pm, 4.50pm; Tues, July 22: 6.15pm; Wed, July 23: 10.30am*, 1.15pm, 6.40pm.**

Continued P13



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From P12

Rio 2

(PG) Animated family movie starring Jake T. Austin, Carlinhos Brown. Rich with grandeur, character, color and music, RIO 2 finds Jewel (Anne Hathaway), Blu (Jesse Eisenberg) and their three kids leaving their domesticated life in that magical city for a journey to the Amazon. Fri, July 4: 11.20am, 6.30pm; Sat, July 5: 10.30am, 12.20pm, 6.15pm; Sun, July 6: 2pm, 5.40pm; Mon, July 7: 10.30am, 12.20pm, 6.15pm; Tue, July 8: 10.30am, 12.20pm, 6.15pm; Wed, July 9: 10.30am, 12.20pm, 6.15pm; Thurs, July 10: 9.45am, 1.45pm; Fri, July 11: 9.45am, 1.45pm; Sat, July 12: 9.45am, 1.45pm; Sun, July 13: 12.15pm; Mon, July 14: 9.45am, 1.45pm; Tues, July 15: 9.45am, 1.45pm; Wed, July 16: 9.45am, 1.45pm; Thurs, July 17: 11am, 4.45pm; Fri, July 18: 11am, 4.45pm; Sat, July 19: 11am, 4.45pm; Sun, July 20: 11.30am.

Maleficent

(M) Fantasy, family movie starring Angelina Jolie, Elle Fanning. Explores the untold story of Disney's most iconic villain from the classic *Sleeping Beauty* and the elements of her betrayal that ultimately turn her pure heart to stone. Driven by revenge and a fierce desire to protect the moors over which she presides, Maleficent cruelly places an irrevocable curse upon the human king's newborn infant Aurora. As the child grows, Aurora is caught in the middle of the seething conflict between the forest kingdom she has grown to love and the human kingdom that holds her legacy. Maleficent realizes that Aurora may hold the key to peace in the land and is forced to take drastic actions that will change both worlds forever. Fri, July 4: 4.30pm; Sat, July 5: 2.30pm; Sun, July 6: 6pm; Mon, July 7: 2.30pm; Tues, July 8: 2.30pm; Wed, July 9: 2.30pm; Thurs, July 10: 11.45am; Fri, July 11: 11.45am; Sat, July 12: 11.45am; Mon, July 14: 11.45am; Tues, July 15: 11.45am; Wed, July 16: 11.45am; Thurs, July 17: 2.45pm; Fri, July 18: 2.45pm; Sat, July 19: 2.45pm; Sun, July 20: 6pm; Wed, July 23: 10.45am*.

Dawn of the Planet of the Apes

(CTC) Action, Sci-Fi movie starring Andy Serkis, Jason Clarke, Kodi Smit-McPhee, Gary Oldman. A growing nation of genetically evolved apes led by Caesar is threatened by a band of human survivors of the devastating virus unleashed a decade earlier. They reach a fragile peace, but it proves short-lived, as both sides are brought to the brink of a war that will determine who will emerge as Earth's dominant species. Thurs, July 10: 3.45pm, 6pm, 8.45pm; Fri, July 11: 3.45pm, 6pm, 8.45pm; Sat, July 12: 3.45pm, 6pm, 8.45pm; Sun, July 13: 5.30pm, 8pm; Mon, July 14: 3.45pm, 6pm, 8.45pm; Tues, July 15: 3.45pm, 6pm, 8.45pm; Wed, July 16: 3.45pm, 6pm, 8.45pm; Thurs, July 17: 1.10pm, 9pm; Fri, July 18: 1.10pm, 9pm; Sat, July 19: 1.10pm, 9pm; Sun, July 20: 3.30pm, 7.35pm; Tues, July 22: 8.45pm; Wed, July 23: 1.30pm, 4pm.

22 Jump Street

(MA15+) Comedy, action starring Jonah Hill, Channing Tatum, Peter Stormare. After making their way through high school (twice), big changes are in store for officers Schmidt (Jonah Hill) and Jenko (Channing Tatum) when they go deep undercover at a local college. But when Jenko meets a kindred spirit on the football team, and Schmidt infiltrates the bohemian art major scene, they begin to question their partnership. Now they don't have to just crack the case – they have to figure out if they can have a mature relationship. If these two overgrown adolescents can grow from freshmen into real men, college might be the best thing that ever happened to them. Thurs, July 17: 8.45pm; Fri, July 18: 8.45pm; Sat, July 19: 8.45pm; Sun, July 20: 8pm; Tues, July 22: 8.30pm; Wed, July 23: 6.30pm.

The Two Faces of January

(M) Thriller starring Kirsten Dunst, Viggo Mortensen and Oscar Isaac. A thriller centered on a con artist, his wife, and a stranger who try to flee a foreign country after one of them is caught up in the murder of a police officer. Thurs, July 17: 12.45pm, 6.45pm; Fri, July 18: 12.45pm, 6.45pm; Sat, July 19: 12.45pm, 6.45pm; Sun, July 20: 1.30pm; Tues, July 22: 6.30pm; Wed, July 21: 4.15pm.

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Years ago the costermongers or greengrocers drove their horse and cart through the streets, and we had the corner stores. After decades of supermarket chain dominance, a lot more of us are going back to real fresh fruit and veggies with...

Home grown goodness

Germany had won another qualifying round match in the FIFA World Cup in Brazil this particular morning and Stephen Schmitz, while making the day's special in his fruit and veggie shop along the main road in Port Elliot, casually mentioned that his father had represented the German national team many years ago.

There was, however, the slightest of hint of sadness in his tone when he added that his dad was still later sent to the Auschwitz Concentration Camp because he was a German-Jew. Incredibly, he survived; physically anyway, but his grandfather, who was also taken, perished.

It was, of course, a long time ago in a far-away horrible place, and Stephen, 56, born in Butlers Gorge, Tasmania, certainly doesn't dwell on this chapter. But he leaves no doubt the background steels him, and it has made his journey through an adventurous life even more remarkable.

Stephen, and his long-time treasured partner, Peta Dougherty-Allanson, launched their Jetty Food Store – the Six Acre Grocer – in Port Elliot which was born on this brilliant notion that it's in our best interest if we can grow a few veggies in our backyard and sell the surplus to the local corner store. It follows success in their previous store in Normanville.



Backyard grower Sharon Stephens of Middleton presents store co-owner Peta Dougherty-Allanson with another basket of fresh vegetables.



Like a History Channel special, Stephen delivered his life experiences generally with excitement yet always with humility, starting aged 10 when he was snaffled into a car with his younger brother to live with his mother in Meningie. Being a white Tasmanian from a land where they shamefully and historically wiped out the Aboriginal people on the island and now going to a school with 80 per cent Indigenous students, he learned to understand and appreciate the 200-year struggles of others. Aged 15, he was offered a scholarship to the North Adelaide School of Arts in Stanley Street having won at *The Advertiser* Art show with a landscape, but his single mother insisted on a fitter and turner apprenticeship because there was no money in the household.

There was work from the gas fields in Moomba to clearing glasses as a trendy pub, which led to doing a hospitality management degree at Regency TAFE and wine marketing at

Roseworthy College.

For good measure, Stephen used the pre-regulation slaughtering days to his advantage by picking up goats, cattle and sheep near the Clare Valley and export the meat, including his specialty salt bush lamb to internationally acclaimed chefs and supplying places like the Hong Kong Jockey Club with Sunday roasts.

We can also delve into his experience of living in Sydney, but it was moving into a bluestone seafront home near Normanville out of sight of humans, and eventually meeting up again with Peta, having been great friends many moons earlier, to both create a fish 'n chip shop that also sold sensational pizza that led to this fruit and veg experience.

And, for all this, we can thank a humble lemon and a little pig.

"I was driving from Normanville to Yankalilla and there was this big lemon tree," Stephen explained. "We were selling fish 'n chips and I was thinking, you can't sell them without a piece of lemon, and what better than to sell a local one."

"I left a business card on the guy's door with a note saying I would happily buy a box of his lemons for \$20 a week. From that, it really kicked me into my previous purveying life to think, hey, wait a minute, backyard gardens is where we need to go."

"I thought, if this world is going to survive and feed itself we need to use the already available huge amount of land known as frontyards and backyards that are doing nothing besides being mowed."

"The focus was more to invigorate people to use their yards for themselves first and send the surplus to a local corner shop."

Continued P17

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From P16

The other real motivator was the multi-nationals in Australia that hold 80 per cent of the market base are really pushing what I would call poisoned farming and farming with poisons.

"We've become a nation of gluten intolerant, lactose intolerant and a whole host of other things that 60 million years ago I don't believe we were anything intolerant. We were just eating clean food. I think the highly processed industrialised food has caused a lot of health problems."

Stephen and Peta also wanted to desperately to reinvigorate the small corner store that baby boomers grew up with; a lovely friendly atmosphere where you could pop down and get a really fresh tomato that had been grown with love to go on a lovely bit of toast that you just wanted to have in the morning while you were reading a good newspaper.

And the real early boomers may even remember when the local costermonger – or greengrocer – would drive his horse and cart selling, among other things, damn awful fresh Brussels sprouts to your mum. Okay; some people love them.

“

We've become a nation of gluten intolerant, lactose intolerant and a whole host of other things that 60 million years ago I don't believe we were anything intolerant."

– Stephen Schmitz

"We wanted to invoke localism by encouraging members of the community to give us surplus from their backyards, and from small farmers and orchardists within the area," Stephen said. "It was about bringing back the community to the corner store again and making that a focus instead of keeping multi-nationals going. Unless we start eroding into their bite they are not going to change what they do.

"Peta and I want to walk the rock a lot more softer than our generations have in the past, and we believe if our legacy is about creating a product that is Jetty Food Store, and that is about clean food, localism, engaging, learning, and is more than just about walking down to



the supermarkets that are just conveyor belts of food, then we will be proud."

Stephen said what his European heritage gave him was a passion for food. "It is ingrained," he stressed. "It is also about totally appreciating what we have got. I believe in Australia we are not just lucky, we are far more than just lucky and we tend to believe it is our right to have what we have got without understanding why and how it became so.

"This reflects in our business; the average grower appreciating the opportunity to be able to grow fresh fruit and veg. It is something that a lot totally take for granted.

"In Europe, each town has its own speciality, but I believe in Australia we have become so homogenised... when you are looking at generically locally-grown produce the soils are different, climate is different; there is a whole host of little bits that put that uniqueness in the product which I believe is precious to us all.

"It is all about small plot intensive farming. Our top soil on a global basis has been lost. Top soil is built up by poo and more poo and more poo. That's what soil is; poo and worms."

And now for the little pig. Stephen wanted one because of their natural talent with rejuvenating the soil, but Peta was, to say the least, apprehensive.

"Just by luck, a pig came to us," Stephen said of an amazing twist of fate. "Within less than

a week this pig had totally soft-ploughed and mowed our little veggie patch. Now we use the pig around the while farm on Squires Road.

"The pig poo is great, and now we have sheep pooing and chickens pooing, and we have seen a marginal change in our property that had already been looked after well for 40 years." Imagine that; we men have never credited ourselves enough for knowing the real value of pig poo, but that's also another story.

Meanwhile, on any given day we will have Mandy walking into the shop with her home-grown garlic and sweet potato, Jerry with butternuts from Barmera, Imran from Wellington with tomatoes, capsicums and Lebanese cucumbers, plus Sharon and Mark with a kilo of mixed lettuce, celery and rhubarb from their Middleton backyard. And so on.

It has been a wholesome, idealistic adventure for Stephen, and for the record he has not painted another landscape since winning that art prize and his mum keeping him from going to the Stanley Street art school. "I have not missed out," he says. "Look around this shop; this is my artwork." It's a masterpiece, except for the fresh Brussels sprouts. **CL**

P18: More Home Grown Goodness stories



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Lea Auerbach, manager of the Victor Harbor Farmers Market, pictured one winter's Saturday morning in the chase for fresh local produce.

A beautiful atmosphere at the markets

Lea Auerbach, manager of the Victor Harbor Farmers Market, said the market diehards were there eight o'clock sharp market day buying their fresh fruit and veg.

"It's later that the browsers arrive and wonder around the stalls, which is also great," she said. "The Victor Harbor Farmers Market is special because we have about 600 members, who only need to spend an average \$8 a week to make their subscription fee (\$40 and \$30 seniors) work for them with the 10 per cent discount they receive.

"The atmosphere is just a beautiful thing. People really do love their market, and a lot has to do with the fact they are buying fresh fruit and veggies from local growers. They see them as the salt of the earth people.

"Our market is not just for foodies; I mean, it's nice to have your jams, sauces and so on which is so important, but a majority come here just for the raw produce. The growers are simply supplying what people need."

Lea has been in the job since late March, and was quickly surprised just how keen people were to buy quality home-grown produce at reasonable prices. "It's definitely a growing trend in more ways than one," she said.

"A demographer from KMG, a global advertising company, spoke at the Food SA Summit last April of how Goolwa and Victor Harbor were the fastest growing areas in this state, and personally I have no doubt the fresh produce people can buy across the Fleurieu Peninsula is part of the big attraction. We are very lucky."

The Victor Harbor Farmers Market, which is held weekly at Grosvenor Gardens, is enjoying its fifth year, and most weeks has 23 stalls selling fresh fruit, veggies, breads, biscuits, eggs and many other tempting delights including superb coffee in the chill of the morn. It's a natural experience. **CL**

www.victorharborfarmersmarket.com.au

Support for fresh food growers

Home grown goodness in restaurants

The Fleurieu Peninsula prides itself on its fresh produce, and it seems restaurants, shops and markets are right behind our local growers.

According to Rachel McMillan (pictured), the owner and operator of Scoop, a specialist consultant in food seasonality, local businesses generally prefer to present produce to their clientele from the region, not only because of the high quality but it adds to the uniqueness of the Fleurieu Peninsula experience.

Rachel has worked closely with both growers and chefs in the region to deliver the freshest and tastiest produce all year round including fruits and vegetables, artisan cheeses, oils and olives since launching her business in 2004.

"There is absolutely no doubt that there is a huge demand for fresh local produce right across the Fleurieu Peninsula," Rachel said.

"It is also wonderful to see the support for local markets. People today are far more conscious of eating foods that have not been covered and grown on chemicals. Life today is about enjoying healthy, clean foods.

"Most chefs in the region, and now customers in the city, have been eager to take produce from the Fleurieu more than ever.

"People also have a far better understanding of seasonality. Once they would go to the markets and perhaps not understand why a certain fruit or vegetable was not available. These days they



know when the produce should be available by the seasons, and they take advantage."

The bottom line is that people are demanding a better go for local producers, and are willing to support them because their produce is generally far superior.

Rachel's business has a stall at the Victor Harbor produce markets, and like most of the others a good proportion of the produce is gone by 9am.

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Laugh Lines

Coo, coo

The Lord Mayor of Adelaide is frantic about a plague of pigeons that has descended upon the city. Everything he tries to get rid of them, fails. Tourists are covered in pigeon poo so they stay away in their droves. The shops in Rundle Mall are covered in pigeon poo so nobody buys anything, and cars are skidding along the streets causing accidents.

It is costing the city council millions of dollars to fight this losing battle.

One day this little quiet man knocks on the door of the Lord Mayor with a proposition. He says: "I can rid your beautiful city of its plague without any cost to the Adelaide City Council." The Lord Mayor is stunned.

"But," says the little man, "You must promise me one million dollars if you ask a one question."

In desperation, the Lord Mayor agrees. The next day the man climbs the Adelaide GPO tower across the road from the Lord Mayor's office, opens up his coat and releases a blue pigeon. This beautiful blue pigeon circles a few times and then flies into the bright blue Adelaide sky. Incredibly, the tens of thousands of pigeons that form the plague see this blue pigeon and gather behind this amazingly beautiful bird. The blue pigeon flies proudly to the east and the tens of thousands of pigeons follow.

The following day the blue pigeon returns alone, and rests at the top of the Adelaide GPO. It is now the only pigeon in the city.

The Lord Mayor is overwhelmed with happiness. He believes the little man with his beautiful blue pigeon has performed a wonderful and miraculous service to rid Adelaide of the plague of pigeons, and even though the man with the blue pigeon has not charged the city the Lord Mayor still presents him with a cheque for \$1 million.

The little man starts to walk away slowly with his beautiful blue pigeon when the Lord Mayor says: "Look, I have paid you, so I might as well ask you that one question anyway." The little man says: "Yes, that is fine."

The Lord Mayor says: "Do you have a blue Collingwood supporter?"

Another murder solved

Sherlock Holmes and Dr Watson are on another case. Sherlock turns to Dr Watson and declares: "The murderer lives in the house with the yellow door."

"Good grief, Holmes," says Watson. "How on earth did you deduce that?"

And Holmes says: "It's a lemon entry, my dear Watson."

Heard this one?

After going to a hearing specialist Stanley gets home, runs inside and says to his wife: "Guess what? I have got myself a new hearing aid and I can hear everything; isn't that amazing?"

Before the wife can answer Stanley says: "This hearing aid is incredible; it's the smallest hearing aid in the world, it's flesh toned, it's got stereo, it's solar-powered and it's designed to fit in just one ear. This is incredible technology and one of the greatest advancements in medical science."

His wife says: "Gee, that's really good... how much did it cost?"

And Stanley says: "Ten minutes past three."

Doctor, doctor...

A bloke goes to the doctor and tells him he's feeling awful. "I think I'm dying," he tells him.

The doctor examines the bloke, and says: "Oh, this is not good. I'm afraid you will need to stop smoking, stop drinking, and stop going out with women."

The poor bloke is mortified. He asks the doctor: "Will that make me live longer?"

And the doctor says: "No, but it will seem longer."

Dad jokes...

What do prisoners use to call each other?
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How do you make a strawberry shake? Put it in the freezer.

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When it's miserable, count on a teammate

It was miserably cold and wet on Saturday, but the netball girls and the lads in the Great Southern Football League soldiered on. They helped their mates so much at Encounter Bay Oval that the Eagles had 19 men on the field against Goolwa-Port Elliot when the field umpire was asked to call for a count. Side-by-side the players lined-up to confirm there were 19 Eagles players on the ground. However, because it was less than a minute into the third quarter, and the ball had not left the centre square, common sense prevailed and the umpire adhered to the GSFL rules by awarding a free kick and a 50-metre penalty to the Magpies. Encounter Bay was expected to be fined.

This was the fourth time in three GSFL seasons a player count had been called, but this time it didn't matter because the Magpies still won, by nine points to continue their rise on the ladder.

Strathalbyn remains the team to beat having lost only one game to be two wins clear of reigning premier Encounter Bay and Langhorne Creek.

The conditions weren't kind Saturday, but nowhere could have been colder than at Myponga where Mount Compass strengthened its top-five chances with a 24-point win over Myponga-Sellicks, which lived up to its nickname of the Mudlarks.

There are no club games this weekend because the GSFL and the Southern Football League are combining to form the Southern Districts in the SA Country Championships in Kadina.

Round 12, Saturday, July 12

Langhorne Creek v Strathalbyn
Victor Harbor v Encounter Bay
Yankalilla v Willunga
Goolwa-Port Elliot v Myponga-Sellicks
Mount Compass v McLaren

Round 13, Saturday, July 19

Langhorne Creek v Victor Harbor
Strathalbyn v Myponga-Sellicks
Encounter Bay v Yankalilla
Mount Compass v Goolwa-Port Elliot
Sunday 20
Willunga v McLaren

Round 14, Saturday, July 26

Victor Harbor v Willunga
Goolwa-Port Elliot v Strathalbyn
Yankalilla v Mount Compass
McLaren v Encounter Bay
Myponga-Sellicks v Langhorne Creek



And the big men freeze in the fog and rain at Myponga Oval on Saturday. Above: Just spare a thought for the goal umpire at the far end of the ground.

GSFL fixtures

July 5: Country Championships, Kadina



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Helping our local businesses grow

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The Goolwa & District Community Bendigo Bank is pleased to announce it will extend its support to the community of Goolwa and surrounds by expanding its business seminar program to help foster development.

This follows the sixth and final "How to help your business grow" series held in conjunction with the progressive Southern Alexandrina Business Association at the Goolwa Bowling Club last week.

The series, which was presented by an informative list of quality guest speakers, drew a good range of business people from within the region to discuss ways to enhance their business.

SABA president Andrew Stewart said the response from local business people was extremely positive.

"The support from the Goolwa



Some of the local business people and members of the Southern Alexandrina Business Association with representatives from the Goolwa & District Community Bendigo Bank at last week's seminar on how to make your business grow.

& District Community Bendigo Bank has been outstanding," he said. "The seminars offered a broad range of topics, and the general view was that everyone learned something that could be

implemented in their business practices to achieve what the series was all about – helping their business grow."

G&DCBB manager Mike Bastian told the gathering their community bank had extended its commitment to the program in 2015. The new program was still being finalised, but both Mike and Andrew said the changes would include varied seminar times to allow more businesses to become involved.

Andrew said it was obvious that business people within the Southern Alexandrina had a wealth of knowledge to share, and SABA hoped to again use this to benefit the entire community. "The support from our community bank has allowed us a good medium to exchange ideas and learn from others," he said. "The experience and networking opportunities have been invaluable."

"Australia is largely run on small businesses, and these seminars have been a timely reminder that it is good to feel there is support to draw upon all around us. The seminars have always taken a positive and logical view, and our association cannot thank the board members and staff of the G&DCBB enough. It has been a very positive step forward in helping businesses in our region grow."

Among the key messages delivered at the seminars – free to SABA members – were to not only have



a business plan, but continuously refer to it and draw upon the strengths and weaknesses evolving, being open to all forms of communication and marketing initiatives to better engage your business with potential and existing clients, and always being prepared to seek advice or guidance from people like your accountant and bank manager.

Mike said, that as manager of the G&DCBB, it was extremely important for not only business people, but the community in general to realise that the bank was there to offer advice and support – when asked – wherever possible to help achieve a business and/or personal goal.

"It is about communication and teamwork in a confidential manner to create a workable and positive environment to help our customers," Mike said.

"The G&DCBB is certainly looking forward to a continued positive working relationship with the business community of Goolwa and surrounds through SABA. There is no need for any small business to feel isolated – the support is there."

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If only we could turn back time

Ah, the 1980s. Some may prefer not to reflect on this but they were the days *E.T.* and the *Terminator* visited earth, we won the America's Cup prompting Prime Minister Bob Hawke to say "Any boss who sacks a worker for not turning up today is a bum," and the music was funky. And dare we say Michael Jackson was black.

If you really like to show your age from these great old days – Gen Y calls them retro – then travel back in time to The Strand in Port Elliot and meet Michael Smitham, who in the early 80s probably would have had a acne problem going to a Cold Chisel Concert at the Arkaba Hotel near the city.

Michael (pictured) started The Retro Vibe, an eat and coffee shop decked out in retro gear, about six months ago, and fortunately it has taken on faster than us old timers thought computers ever would.

"It's a fun thing," Michael insists. "I was going to do the antique thing in the shop, but it all seemed too stuffy. We wanted in brighter; more of a café shop."



Making the shop also different is the fact it doesn't focus on the traditional feeding times; they cater largely for the brunches and the mid-afternoon groups, especially those celebrating someone's birthday who wishes they weren't around to experience the 80s.

Michael, 49, originally from Clare, said setting up a retro coffee shop was certainly different to him embarking on a teaching degree a few decades ago. "The hospitality industry was always my go," he said. "I was even a function coordinator and a wedding coordinator."

The retro theme is prominent in the cake cabinet

too with those jelly slices that our mums don't make any more, the Hedgehogs and strawberry tarts. There are also memories in the locally homemade scones, and sensational Cornish pasties from, Milang.

The good thing is that Michael doesn't need to tell his kids, Connor, 15, and Rhett, 11, what it was "like in my day" because they work part-time in the café and are surrounded by the retro gear. Fortunately, his wife, Fiona, is up with the times as a hairdresser at Harbor Hair in Victor Harbor. **CL**

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The big brass and concert bands a thing of the past? No way, if you go across the Fleurieu Peninsula where you will find...

A band of music lovers

Stroll along the side of Centenary Hall on Cadell Street, Goolwa on a Tuesday night and the music of Van Morrison's *Moon dance*, the sounds of *Lady Marmalade*, old Frankie's tune *Girl from Ipanema*, and even a few *Beatles* notes flow off the stage floor.

Meanwhile, the thunder of percussion and brass and similar sweet notes can be heard from the Victor Harbor City Band practising in the Victor Harbor Community Centre, and the emerging Granite Community Band, the traditional Strathalbyn Concert Band and those representing the Victor Harbor, Encounter Lutheran and Investigator schools are strumming their stuff too.

It seems we are again alive with the sound of band music, and according to Maria Marsh, secretary of the Goolwa Concert Band, it is simply wonderful.

Each band is special in its own way; they don't compete, and in fact promote each other purely for the love of music. It is very much a 'brotherhood of bands' in the spirit of the musicians and amazing township of Broken Hill, who in 1913 erected a 5.8 metre memorial honouring the eight poor souls across the other side of the world who played comforting music led by Wallace Hartley as the *RMS Titanic* sank in 1912.

Other bands across the Fleurieu Peninsula also vary in presentation, and the Victor Harbor City Band is a brass band so its music presentation differs to others that may add a string to their violin bow.

Maria said she did not play a musical instrument until picking up a guitar when in her 40s, and had never played a brass instrument or was a member of a band. She now plays the trombone for the Goolwa Concert Band.

"I am not really a very good musician, but the band has always been very welcoming to everyone," Maria said with great modesty. "We are a community band, so people from the community are welcome and we play for the community."

Four of the fabulous Goolwa Community Band members (from left) Jenny Shea (French horn), Mic Holt (guitar), Michael Stratton (clarinet) and Maria Marsh (trombone).



"We don't compete or necessarily want to be known as the best; it's about people who love music getting together and providing entertainment, and I am proud to say we play for places like retirement villages, the local RSL, at fundraising events and special occasions like community carols, Anzac Day and Australia Day. "We are different to most bands; we play a bit of Latin, pop, jazz... we're not just a stage band or a show band. I guess you would call us a mix 'n match band, and unlike many we have a vocalist – Dawn Trickey, who is brilliant."

"We play music to cater for everyone's taste, and we are extremely fortunate to have Leon Lambert, who is our wonderful leader and musical director, and our drummer Simon Hemmings, who does so well inspiring us and keeping everyone together."

"We're a friendly group, but I think all bands



are; it's that special thing that goes with the love of music.

"We have a couple who come from Salisbury and play with us when they can. Obviously, we like people to come along who are very good – and we have some excellent musicians. We rehearse, practise at home and we try."

Continued P25

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From P24

"We have 22 members, and while it is a great mix, I am the only trombone player – we really need another. An extra trumpeter would be good, plus a couple of more saxes.

"We get a lot of support from the Alexandrina Council, and tell people if they are walking past the side door at Centenary Hall on a Tuesday night from 7.30 they're welcome to come in and just listen. It's what we love to do; play music for people."

The Victor Harbor City Band has 35 members,

and secretary Ross Ford said generally his group did not have a problem keeping membership numbers up. "People tend to return or retire here, and many like to continue their music," he said.

"There is no doubt the popularity of brass band or concert band music across the Fleurieu Peninsula has picked up again. We don't get too many young ones, but the Granite Community Band does, which is just great.

"There are many things I love about being part of a band apart from obviously the music,

including the fact there is not much politics and all of the bands have good fellowship. Some may have more music talent than others, but no one thinks about that; we are all in a band together.

"I enjoy going to band practice and when we perform. It's a nice feeling to make some music and entertain.

"We have a brilliant bandmaster in Brenton Osborne, who really has band music right across the Fleurieu Peninsula at heart." **CL**

Hard to beat - fifth generation band member

This is one family that can proudly beat their drum and blow their horn – the Walter family of Willow Creek goes back more than a century of having a member of a brass band.

The latest addition is eight-year-old Encounter Lutheran College student Lee, who is a fifth generation band member including four generations of the Victor Harbor City Band.

This amazing run started with Vic Walter, who played in the Laura brass band – as far back as the late 1800s.

His son, Jack, moved to Victor Harbor in 1949 and became a member of our local brass band, and his son, another Vic, joined too. And now it's grandpa Vic, 68, son Derek, 32, and Lee all in the band together, although young Lee is limited because of school.

Vic plays the cornet and trumpet, Derek the trombone, while Lee plays the drums after learning the piano three years ago.

What's even more special about Vic is that this year he played the bugle at the Anzac Day dawn service for the 50th time, starting when he was just 10 years old – and this year in Jerusalem.

"Performing in a brass band and listening to them was fairly popular during World War II, and after my granddad got in one we all did," Vic said.

Like his family members before him, Derek started in the band very young. "The thing about



The Walter family bandsmen ... (from left) Derek, Lee and his grandfather, Vic.

brass bands is that they exclude a majority of the instruments, but there is no doubt they are becoming popular again," he said. "We enjoy the band practice on Monday nights (in the music room at the Victor Harbor Recreation Centre), and just being part of the band is a real family thing. I guess it's our family tradition."

It is believed the Victor Harbor City Band was established in 1902, and currently has 35 members.

The Goolwa Concert Band will be one of 10 bands performing a 25-minute set at the Strathalbyn Band Festival at the Strathalbyn Town Hall on Sunday, August 2 and again on Sunday, August 9.

Contact secretaries: Goolwa Concert Band – Maria 8555 4204 or 0423 141 897; Victor Harbor City Band – Ross Ford 8552 9671.

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EAT WAVE with Jenny

Something for the children (and us big kids) to make these school holidays

It's school holiday time. Here are two quick and healthy recipes for children (and adults) to make and enjoy. And why is there only one bikini left on the plate in the image below? Yep, they went that quickly.

Banana Choc Chip Cookies

Ingredients

1 large ripe banana

1 cup rolled oats

¼ cup choc chips

Method

Line a baking tray with baking paper and pre-heat oven to 160°C

Peel banana, place in a bowl and mash with a fork. Add rolled oats and choc chips. Stir well to combine all ingredients. Place teaspoonfuls of the mixture on the baking tray, a few centimeters apart. Mould the mounds into biscuit shapes, flatten slightly with the back of a spoon, and press any escaped choc chips onto the biscuits.

Bake at 160°C for 10-15 minutes, or until biscuits are golden and cooked through. Remove from oven and cool.

Milk, dark or white chocolate chips are suitable for this recipe.



Banana Pancakes

Ingredients

1 large banana

1 egg

1/8 teaspoon baking powder

1/8 teaspoon cinnamon

butter for cooking

Method

Peel banana, place in a bowl and mash with a fork. Add egg, baking powder and cinnamon, and whisk together with a fork or hand held whisk. Melt a little butter in a frying pan on medium heat and place tablespoonfuls of mixture into the pan to make small pancakes. Cook for about 4-5 minutes, or until mixture starts to set on top. Flip over pancakes and continue cooking for a few more minutes, until set and golden.

Delicious served warm, drizzled with honey. Can be eaten cold.

Note: Another egg can be added to the mixture if thinner pancakes are preferred. These pancakes take a little longer to cook than traditional ones.



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EAT WAVE with guest chef Ryan from the Flying Fish



Third Year Apprentice Ryan Watson (pictured) of the Flying Fish at The Foreshore, Port Elliot has created this dish that features regularly in the Fish of the Day menu.

And high among his favourite dishes from the menu? "I love the Seafood Risotto," he said.



Ryan's Cured Ocean Trout with Zucchini Ribbons & Roast Capsicum Coulis

Ingredients

800g Ocean Trout, filleted & pin boned
100g sugar
175g salt
5 black peppercorns, crushed
100ml Malibu Coconut Rum
1 bunch of dill
2 lemons: juiced & zested
1 orange zested
2 small zucchini
2 red capsicums

Method

Combine sugar, salt, peppercorns, Malibu, dill, lemon & orange in a bowl and combine well.

Add Ocean Trout fillets and make sure that they are generously coated in the curing mixture. Cover and refrigerate for 30 minutes.

Roast the capsicums at 180c for 15 minutes then place in a bowl and cover with Gladwrap. Slice zucchinis thinly on a mandolin (or as fine as you can by hand) and season with salt and pepper. Set aside.

Peel roasted capsicums and wash the seeds out, then put into a food processor with salt and pepper and a little lemon juice and blitz until smooth. Once 30 minutes is up remove Ocean Trout from the fridge and rinse off all the curing marinade.

Lightly sear on both sides and put in the oven at 180c for 7 minutes.

Heat a pan, add a little butter and add Zucchini

ribbons and toss until coloured and minutely firm.

Smear coulis on plate, pile zucchini ribbons, place Ocean Trout on top. Garnish with fresh sprig of dill and zest of lemon.



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