

FREE

Coast Lines

Your Goolwa - Victor Harbor community monthly magazine reaching Kangaroo Island and the Fleurieu

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P14: On the farm with Mayor McHugh

INSIDE

P2: Game on! Two big months of sport, including the FIFA World Cup in Brazil, but we also look at a young at heart century-old club.



P5: We recognise National Men's Health Week from June 9-15, and suggest you listen to TV hero Dr Brian Ironwood and read this story.



P27: Mrs Eatwave has invited Hotel Elliot chef Jared Bayliss-Adam for one of his favourite recipes. Vegetarians will love it!



PLUS much more including a chat with some men and their flying machines

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'Croqu-e' or 'croqu-a' this is a...

Very young at heart century-old club



Amazingly dedicated members of the Victor Harbor Croquet Club, life member Cynthia Durbridge (left) and president Beth Young.

Ready, set, go for the FIFA World Cup in Brazil and some of the world's other premier sporting events over the next two months, but sorry Crows and Power fans, the twilight Showdown at Adelaide Oval on Sunday, June 29 doesn't rate a mention.

If their fans are struggling with this reality, may we suggest they wipe away the tears and shed a thought for the croquet players of this world. We constantly hear of the Wimbledon Championships being played at the All England Club, but nearly always forgotten is that it is still the All England Lawn Tennis AND Croquet Club.

In fact, when the club was founded at Worple Road, London in July, 1868, croquet was named first because it was then the big rage. By 1882 croquet was dropped

from the name, but for sentimental reasons was reinstated in 1899.

Beth Young, president of the Victor Harbor Croquet Club, likes to rekindle this old sporting snippet because croquet is her passion.

"Everyone forgets us," she bemoans. After all, croquet hardly makes the headlines in our national daily.

And yes, Beth has heard all the cutting remarks before, yet her respect for this old game remains behind her smile. "I love playing croquet," she says.

And she backs herself up with the fact the energetic state body Croquet SA has 39 clubs, including 22 in the country.

Continued P3



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From P2

It was 100 years ago this August 8 that a few town members met at the old Institute Hall in Coral Street and established the Victor Harbor Croquet Club. It went into recess six months later because of World War 1, and resumed in 1923.

Many a champion has graced these courts, including Victor Harbor's first national croquet representative Gwen Rumbleow in 1963, and current club member Shirley Carr, who has represented Australia 17 times in the MacRobertson Shield or the Trans-Tasman competition against New Zealand.

There have also been countless state representatives, but this club with 72 members is best epitomised by the bonding by an incredible passion for this game that few outsiders understand and respect.

Beth, 77, who describes herself as a 'bit of a newcomer' to administration having been club president 'only' since 1996, and Cynthia Durbridge, 83, once a regular club champion and one of those treasured 'done everything' life members that club's adore, agreed the image of croquet had always made it difficult to attract new members.

Continued P6



As the Socceroos and other big name Australian sporting stars step up to the centre stage it's...

Aussie, Aussie, Aussie... Oi Oi Oi

The 2014 FIFA World Cup fever has embraced us, and six-year-old local junior Ethan Blenkarn (pictured), of Victor Harbor, got right into the spirit by having the Cup logo painted on his face.

But we're not sure whether Ethan, a student at Encounter Lutheran College, and a player for the Southern Breakers Soccer Club at Port Elliot, will be awake to cheer on the new-look and young Socceroos.

They face a tough draw in Group B against Chile on Saturday, at 6.30am (SA time), the Netherlands on Monday, June 19 at 1.30am, and 2010 World Cup titleholders Spain on Saturday, June 23 at 1.30am.

You never know, but in 2030 Ethan, who had his face painted by artist Julia Thomas, of Goolwa, will be playing for the Socceroos right here in Australia.



If you would like to play for the Southern Breakers give its secretary Owen Boyd a call on 0409 019 845

www.southernbreakers.com

Some of the big sporting events being served up...

Until June 8: Tennis – French Open, Roland Garros, Paris, France

June 9-15: Golf – U.S. Open, Pinehurst Resort & Country Club, North Carolina

June 12-July 13: FIFA World Cup, Brazil

June 23-July 6: Tennis – Wimbledon Championships, London

July 5-27: Cycling – Tour de France, starting from Yorkshire, England

July 14-20: Golf – British Open, Royal Liverpool Golf Club, Hoylake, England.

Does your community or sporting group need support in raising money?

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In a move to expand its services into the Fleurieu Peninsula, The Energy Efficiency Centre has appointed Sean Keightley, a window tint installer who was born and bred in the area, having grown up in Yankalilla.

Sean and his family have moved to the area and he will service the area exclusively quoting and installing our premium range of solar and specialty window films. He can also refer any inquiries relating to our insulation, skylight, solar, cladding and roller shutter inquiries to our product specialists.

Window films are ideal for the Fleurieu's coastal environment, reducing heat and glare considerably in the summer and with the revolutionary Enerlogic product keeping the warmth in in winter. The high quality films stand up to harsh coastal conditions and in most instances come with a lifetime warranty when installed by a trained installer such as Sean.

According to owner Paul Hicks, a building that is thermally efficient reduces the amount of energy required to maintain a comfortable living and working environment and amounts to the most cost effective change that a designer or owner can make to their building.

Window film has been proven to deliver annual energy savings up to 15%, and reducing carbon emissions. With energy costs predicted to rise in the near future, making your home more energy efficient is a great investment to save money over the long term.

The Energy Efficiency Centre supply and install window films for all situations, residential and commercial.

Window films improve the performance of existing glazing systems to reduce excessive solar heat gain, increasing the efficiency of air conditioning and lowering energy costs. They can also improve the insulating properties of windows, reducing heating costs by preventing heat from escaping in cooler seasons. In total, these savings help window film pay for itself in a very short period.

It has been established that one-third of a typical building's cooling load is from solar heat gain through windows, and that up to 75% of existing windows may not be energy efficient. By having approved energy saving solar films applied, energy is conserved, saving money and realising 'star rating' efficiency.

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The Energy Efficiency Centre is SA's most experienced supplier of solar tinting for offices, shop fronts, homes and buildings with large expanses of glass. Solar tinting increases privacy, saves energy, reduces glare and fading, and looks great! Manufactured in the US, the EEC's films outperform the cheap and ineffective Asian films that most other companies sell, and most come with a lifetime guarantee.

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Reduce glare

In an office, showroom or your home, tinted windows can reduce the glare on computer and TV screens by up to 85%. It's better for your eyes, and makes displays easier to see.

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Why use a plain frosting or tint when you could create a stunning feature of your windows, glass doors or partitions? We can use your company branding, and also offer a complete design service.

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Using digital graphics and cutting, our films can give windows and glass partitions stunning decoration or feature your brand. We also offer a range of tough security film and anti-graffiti film.

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The concentration runs high... current Australian representative and local club member Shirley Carr.

From P3

Cynthia recalled the time a few years ago when her brother-in-law, a builder, told a workmate he was off to play croquet, and the chap said: '... and what, do you knit and crochet as well?' 'That was the belief back then; that croquet wasn't a real man's sport but an old ladies' game,' Cynthia said. 'I like to think it's not like that anymore, but yes, people are surprised when you tell them you play croquet.'

Beth added often forgotten was that croquet offered good exercise and especially healthy mental stimulation because of the incredible friendships developed among club members. Mind you, when the VHCC applied for a grant a few years ago the average age was 73, and it's confusing when there is association croquet played Tuesdays, Thursdays and Saturday afternoons, and golf croquet on Monday, Wednesdays and Saturday mornings.

Historians suggest the golf reference relates to

a form of croquet first being played in the XI century with a stick used to hit a ball through a fence, and the Scots modifying the rules to invent golf. Whatever, if a bloke turns to a mate in the pub and says he plays golf croquet they'd think he was strange.

Put simply, golf croquet is easier to learn because it's about hitting a ball through a hoop; you have one hit at a time.

Beth said association croquet was a more complicated variation that took longer to learn. 'For that reason we find that a lot of people don't have the patience to keep at it,' she said. 'It's not so much hitting a ball, but where you place the ball afterwards; these are the tactics, much like snooker and billiards, really. Association is the real, dinky-di croquet.'

You can see the frustration in the players' eyes. 'One day you say, 'why bother', but the next everything goes alright, even halfway through a game,' Beth said. 'The game really hooks you in. You are always learning; there is so much involved. You think you have cracked it and the next time you just blow it.'

Cynthia said the VHCC had given her a huge interest. 'I meet heaps of people,' she added. 'I really don't know what I would have done with my life if I did not have my croquet. It's a part of my family.'

The club offers its twilight games, quiz nights, occasional evening meals, and on a good day there's the sensational soup. Players from the other clubs around the state gather here for four gala days a year, plus what Cynthia describes as a 'big, big tournament' in March. Okay, croquet has very old sporting origins, but like life it's very much a game for the young at heart. This club doesn't escape the increasing financial strains so it needs to appeal to the kindness of its generous sponsors, and again, it's not easy attracting new members. Interested? Give Beth a call on 8552 2348.

And if you really think croquet is just a game for old ladies and behind the times then consider that South Australia's Greg Fletcher, No. 50 in world singles rankings, is in his mid-20s, and today's mallet shafts are made from carbon fibre and range up to \$300. And you may be surprised that not one current member at our vibrant Victor Harbor club was there at that meeting on August 8, 1914.



New store to help those in need

Generally, place three shops chasing the same market within 50 metres of each other and it is doom for at least one.

However, the theory doesn't apply to charity with St Vincent de Paul Society officially opening and blessing its first new store in more than 20 years – two doors from the Salvos Store on Victoria Street, Victor Harbor, opposite Whalers.

According to David Wark (pictured), the chief executive officer for St Vincent de Paul Society South Australia, the need to assist people has never been greater – and winter has only just arrived.

'People can assist us by either making donations of clothing, blankets, toys and bric a brac, or snapping up a genuine bargain with the enormous range of quality items on sale within the store,' he said. 'It is a positive outcome for all concerned.'

'The contribution by the amazing volunteer network, including those at our new Fleurieu Peninsula store, should never be underestimated,' David said. 'They are all greatly appreciated.'

As Vinnies state president Brian Spencer told a gathering of nearly 100 people at the store opening – including 28 incredibly dedicated volunteers – donating a good pair of secondhand jeans can provide a nourishing meal for a homeless person. It's worth thinking about; start by calling into the shop or ring 7522 4770 for more details.

Vinnies is a wonderful organisation, and like all welfare-type charities has faced increasingly challenging years doing its best to support those in need. We can all help in no small way.

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It's National Men's Health Week from June 9-15, and as the legendary Dr Brian Ironwood would tell us blokes on his television advertisements...

Pull your finger out and read this

Health messages are generally a complete turn-off for us blokes because we're always in denial; the "it won't happen to us" philosophy.

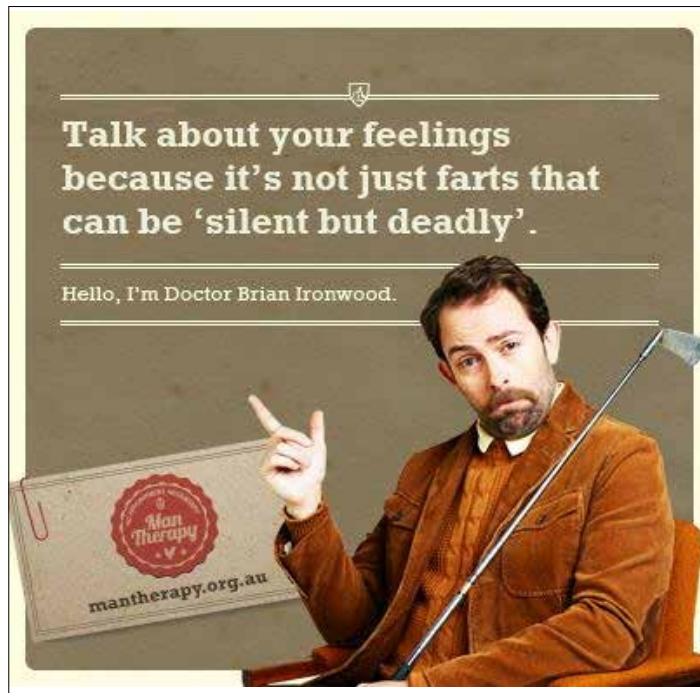
It's why we shouldn't expect a sea of balloons when we celebrate Men's Health Week from June 9-15, the 20th anniversary since it began in the United States of America, and 12 years after Canada, European countries and Australia joined the cause to heighten awareness of preventative health problems and encourage early detection and treatment of disease among men and boys.

Fortunately, these days more men are taking notice thanks to brilliant television commercials featuring Dr Brian Ironwood in his *Man Therapy* campaign, using blokey-type terminologies to promote the fact there is help out there, particularly through the linked outstanding *BeyondBlue* organisation that tackles anxiety and depression.

Such is Dr Ironwood's popularity that last year Victoria's Eastern Football League invited him to perform the National Anthem at its grand final. He might not be a real doctor and merely a character developed in the U.S., but he is a genuine classic singer and he entertained the thousands of fans with his dulcet tones while again getting his message through.

He commands attention, much like the very real story of an ageing doctor, who shortly before retiring in 2011 referred one of his last patients – we will call him John – to a specialist because his Prostate Specific Antigen (PSA) reading was slightly up.

The specialist told John the rise was so insignificant that he should come back in 12 months, but thought it best to at least organise an ultra sound simply to appease "old Jerry" and allay his concern.



"Something is not right," the specialist told John upon receiving the results. Then it was a complete bone scan, and that night the specialist rang John and told him he needed a biopsy at 10am the next day.

According to John, the biopsy was like a pop-rivet gun going off up his rectum. Of the eight samples, five indicated aggressive cancerous growths. The discomfort no longer mattered.

The specialist feared the cancer was too advanced for radiation therapy, and said da Vinci Robotic Surgery at Royal Adelaide Hospital was the best option. There was then a four-month waiting list for this type of surgery, but the specialist used his one dispensation case per month to perform the surgery on John two weeks later.

The prostate is like an egg, and if there is cancer and the "egg" cracks open cancerous cells head straight for bone, which is generally a death



sentence. However, if detected early and the prostate is removed before it cracks open, there is usually complete recovery. It is why this cancer is a case of "all or nothing".

The specialist had performed this operation more than a thousand times throughout the world, and for the first time the prostate cracked right before his eyes. The prostate was quickly removed, and tests over the next three years fortunately confirmed no cancer cells had escaped. The specialist told John that, had the operation

been done just two weeks later he would have been dead within three months because the cancer was so aggressive.

Incredibly, John's wife had breast cancer only months earlier, and also survived because of early detection. Doing just fine, thank you.

This was July, 2011, and what of John now? Several months after the operation he decided to start a community magazine so that, among other things, one day he could tell this story. It was not to be about him, merely the importance for other men to listen to someone like Dr Ironwood and go to their doctor and be tested.

How do I know all this? John is the middle name; and the publication is *Coast Lines*. - Ashley Porter

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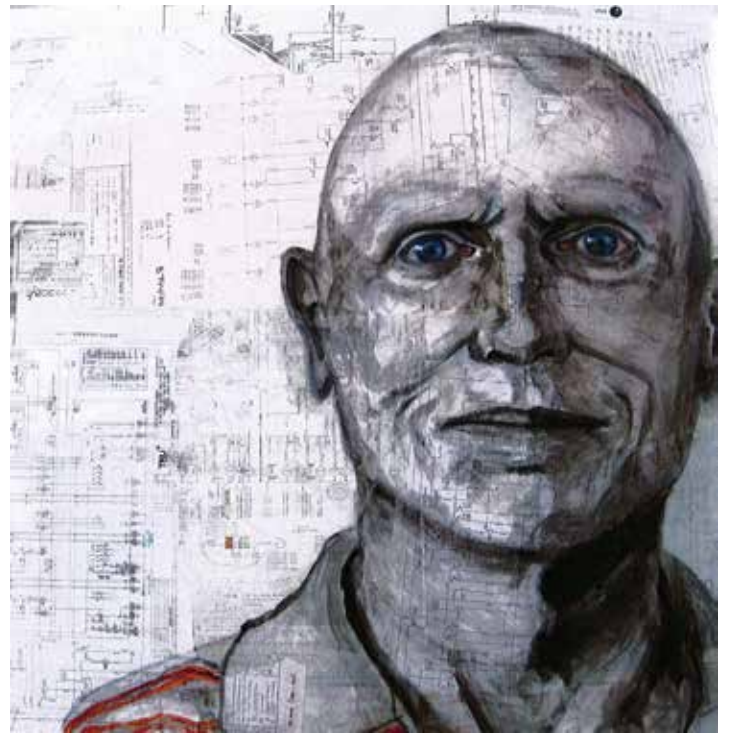
The second Royal SA Society of Arts Characters of the Fleurieu exhibition was recently launched, and deserves the utmost support. There are 82 works on display over three galleries – The Stump Hill Gallery and Scarpantoni Estate Wines, which have held their openings, and Red Poles Gallery, which will launch its exhibition on Saturday, June 14 at 190 McMurtrie Road, McLaren Flat. More than \$5000 of prizes were awarded with the overall prize, RSASA/Scarpantoni award with \$3000 prizemoney, was won by brilliant Goolwa artist Lisa Ingerson for her mixed media work titled *It's not Rocket Science*.

Characters of the Fleurieu are not necessarily that of a human, but a character of the Fleurieu. Other prize winners were: Atkins Technicolour Prize – Julia Thomas for *Mistress of the Fishes* (photographic canvas print); Pimlott Framing Prize – Sophie



Downey for *The wine drinker*, Simon Hackett (*After Degas*) oil; Diamonds Photography Prize – Lindy Downing for *The Day After* (photography); Art Spectrum Prize – Abbey Turner for *Eyes of the Tiger* (graphite); Splashout Studios Art Prize – John Lacey for *Rafa* (oil).

Images: (top) Abbey Turner's brilliant graphite *Eyes of the Tiger* which earned her the Art Spectrum Prize, and (above right) Lisa Ingerson's *It's not Rocket Science*, which won the overall prize, the RSASA/Scarpantoni award.



... and the band keeps playing

June 21-22

The Victor Harbor City Band is In Concert with two matinees in the Victor Town Hall on the Saturday-Sunday, June 21-22 from at 2pm. Bandmaster Ossie Osborne, fresh from being music director in the recent highly successful season of *The Wizard Of Oz*, has prepared a most entertaining program of brass band music including traditional marches, popular medleys and guest artists.

Among the latter will be Kathryn Adams, who was outstanding as Dorothy in *The Wizard*. Her numbers include *Over the Rainbow* and *Wind Beneath My Wings*, both accompanied by the Band.

Over the years the Victor Harbor City Band has developed a reputation at its annual concert for quality music of high appeal to the audiences. In more recent times, a change of venue has further enhanced the presentation as the band sounds its very best in the Town Hall.

The annual concerts are the major fundraiser for the year so sizeable audiences are essential to keep the band afloat. Tickets at \$12 are available from Swan's Pharmacy, Victoria St, Victor Harbor or at the door. Students 15-under free.

The great scapes

Until July 31

A selection of landscapes, seascapes and contemporary work by Neil Sheppard will be exhibited at Fox Creek Cellar Door Gallery, Malpas Road, McLaren Vale. His work encompasses a wide range of styles and subjects from impressionist landscapes, seascapes, naive, abstract and contemporary.

ARTS OR MUSIC EVENT?

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Sun & public holidays 10am-1pm

Thursday, June 5

It's World Environment Day and there is a community enviro-expo at Centenary Hall, Cadell St, Goolwa from 6-8pm. Enjoy local food, eco-tourism displays and talking to local community groups. And why not celebrate World Environment Day by planting a tree?

Saturday, June 14

Past Jazz Greats with Ms Trace will perform at Centenary Hall, Goolwa from 7.30pm. Sit back and enjoy the sultry sound of Adelaide's "diva" as she sings tunes from some of the late and great female artists including Peggy Lee, Billy Holiday and Ella Fitzgerald. Entry \$21 adults, \$17 under 18 years; bookings essential. Contact 1300 466 592.

Wednesday, June 18

There is a new opportunity to get your boat/jet ski marine licence. The exam will be held at the Victor Harbor Primary School, The Parkway Victor Harbor from 6.30pm. Cost is \$35 with bookings essential. It is one of five exam nights for the year. The SA Recreational boating Safety Handbook should be studied before arrival. You will be shown a 90-minute power point presentation by a local marine safety officer before sitting for the exam.

The free SA Recreational boating Safety Handbook is available at Fleurieu Crash Repairs, Liberty Fuel, RAA shop in Victor Harbor and BP Goolwa. Refresher course \$10; juniors (12-16) \$15 (ID essential for everyone). Practise compulsories here: http://www.ondeck.sa.gov.au/online_quiz/user_interface/compulsory

Friday, July 18

The Mouse, The Bird & The Sausage at Centenary Hall, Goolwa. Adapted from one of the Grimm Brothers hidden gems the performance is a beautiful reminder of the happiness and simple joy we can discover through a shared togetherness. Presented by Slings by Theatre Company and suitable for ages eight years and over. Two shows 1pm and 4pm. All tickets \$10. Contact 1300 466 592.

Monday, July 21

Women with Fibre is a group that meets monthly in Yankalilla to create beautiful hand crafted

Go. See.

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Thought for the Month...

No man is truly married until he understands every word his wife is not saying.

work together. Many different techniques are used, such as lace making, knitting, crochet, embroidery, basket making and quilting. The members are having a free exhibition at the Christ Church Hall, Yankalilla from 10am-2pm, and hope to attract members of the public who may be interested in joining the group.

August 16 -17

Strathalbyn Collectors Hobbies and Antique Fair at various venues in Strathalbyn. Authentic and quality antiques, crafts and collectables. Appraisals, sales, displays and collections in six halls, free shuttle bus between all halls, catering and entertainment available. Admission charges apply. Contact 0427 674 620.

Saturday, August 30

Denise Drysdale (pictured above right) at

Oops!

In our May edition we introduced Keith Brewin, who has set up rock 'n roll dance classes at the ROAB Hall, Lewworthy Street, Victor Harbor on Thursday nights. That's great, but we inadvertently got one digit wrong with the phone number. Sorry Keith! Contact him on: 0428 820 827



Centenary Hall, Goolwa at 7.30pm. Denise has one of the most recognisable names and faces in Australian entertainment. Forever the professional show woman she will bring her best stories, songs and comedy. Tickets \$21 adults, \$17 under 18 years. Contact 1300 466 592.

September 6 & 13

The Black Faced Shag at South Coast Regional Arts Centre, Goolwa. Performance by Michelle Murray in collaboration with Richard Hodges and Jerra Hill. In 1853 a lone woman wearing a dress entirely of cormorant feathers, is rescued from an island of the south coast of South Australia, How did she get there? What becomes of her? All tickets \$20. Contact 1300 466 592.



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Off to market we go...

Cape Jervis: Second Sunday of the month from 9am-1pm.

Goolwa: First and third Sundays of the month at the wharf.

Inman Valley: First Saturday of month 9am-1pm.

Kangaroo Island Community Market: Penneshaw Oval and Town Hall every Sunday from 9am.

Kangaroo Island Farmers' Market: Lloyd Collins Reserve, first Sunday or every month, 9am-1pm.

Myponga: Weekends and public holidays at the old Myponga Cheese Factory from 10am-4pm. www.mypongamarket.com

Port Elliot: First and third Saturdays of the month at Lakala Reserve.

Strathalbyn: Third Sunday of the month at Lions Park, South Terrace.

Victor Harbor: Farmers' market every Saturday until 1pm.

Victor Harbor: Indoor craft & plant market in the RSL clubrooms, Coral Street, on the fourth Saturday of the month from 9am-3pm.

Yankalilla: Third Saturday of the month from 9am.



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of each month
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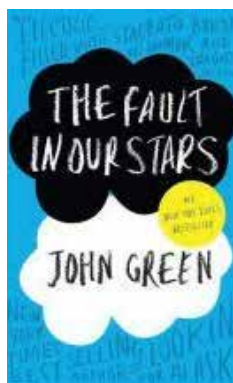
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THE BOOKS WE ARE READING

What are we reading? Here is a guide based on the top-10 selling books at Pages & More, Ocean Street, Victor Harbor:

1. **The Fault in Our Stars** by John Green. Teen fiction. \$19.95
2. **Burial Rites** by Hannah Kent. Adult fiction. \$19.99
3. **The Girl Who Saved the King of Sweden** by Jonas Jonasson. Adult fiction. \$29.99
4. **The Narrow Road to the Deep North** by Richard Flanagan. Adult fiction. \$32.95
5. **The Australia Blue Ribbon Cookbook** by Liz Harfull. Cookery. \$39.99
6. **Cadence** by Emma Ayres. Biography ABC Books. \$29.99
7. **Mortal Instruments #6 City of Heavenly Fire** by Cassandra Clare. Teen fiction. \$22.95
8. **Call the Midwife Series 3** DVD ABC. \$39.95
9. **Spinifex Baby** (Finch Memoir Prize 2014 Winner) by Karen Harrland. \$27.99
10. **One Hundred Year Old Man Who Climbed out of the Window and Disappeared** by Jonas Jonasson. Adult fiction. \$29.99.




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On a Silversea cruise you will enter an all-suite intimate ship where warm, personalised service is the first port of call. It is affordable intimate cruising; ultimate luxury. Welcome aboard a cruise of a lifetime.

Most of us have never been spoiled by a sommelier. You're excused for not knowing the meaning of the French word sommelier; a person with exceptional knowledge about wines and food pairings who orders and maintains the wines sold in a restaurant.

"Would Madam like a Apéritif before the evening meal?" he asks. *"And Sir, perhaps an Australian Chardonnay?"* Actually, he calls you by name.

Sheer opulence, of course, but it's more about us having this opportunity in life to experience the finer pleasures. For whatever reason we believe we are not here to be spoiled.

May we introduce you to some remarkably gifted staff of Silversea, including the sommeliers, whose sole purpose is to provide you with the most amazing adventure of your lifetime – making you feel right at home as if you were – or are – rich and famous.

Here, everyone is treated the same; ridiculously spoiled, treated with the utmost sincerity, and always with a smile.

Some may say it's a dream, and for most of us that is right. However, a Silversea cruise may at first appear expensive, but if your desired lifestyle is about having a nice drop of white or red for lunch or enjoying a cleansing ale or a Champagne by the pool without thousands running around you searching for their children, then we have a holiday for you.

There are two major differences compared with the normal cruise. Firstly, at the end of the journey with Silversea no one says life's three dreaded words: *Your bill Sir/Madam...* alcohol, food, transportation into towns, gratuities and some other features are included in the price. When at port why not look around the town and return to the ship for lunch as the complimentary shuttle bus is always at your disposal.

Those who have already been on a cruise may recall 4000 people all trying to board at once, and leaving with beverage bills in the thousands from those unforgettable celebratory nights.

With all Silversea cruises, there is no extra cost for your own personal butler and maid; no constantly flashing your room card "on the bill" at the bar because, again, all the meals and drinks are included. The butler can organise your booking for lunch or dinner at whatever time you wish – no queues, no stress. Your shoes would have been cleaned too.

Specialised Travel, an independent and local business owned by Jeff Rainsford, who has almost 30 years experience in the travel industry, and his partner, Sylvia, have sourced numerous cruise holidays and have put together the ultimate package – a 19-day fly-cruise holiday to the Greek Islands at a value-packed price of \$8720 per person/twin share/inclusions as per itinerary.

You fly to Dubai and on to Istanbul enjoying casual stopovers and then board Silversea's *Silver Wind* to experience the glories of ancient civilisations and the timeless beauty of the Greek Islands.

Other people can have the mad line-ups for meals, unbearable stress of more than 4000 people and the 2500 staff wanting to disembark at once and catch the same taxi into town. With Silversea's cruises, constant mini-buses are provided at ports, where permitted, as part of the package.

Silversea's *Silver Wind* allows for a maximum 296 passengers pampered by caring and friendly staff attending to the needs of fewer passengers able to enjoy quiet meals whenever they like in a stress-free environment.

They say it's nice to indulge in life's pleasures without paying absurd "extras" upon arriving home. After all, we all deserve better.

This really is an experience of a lifetime. It is about making you feel whom you are – extra special.



The journey of a lifetime: May 17 - June 4, 2015

Here is our itinerary in brief. Please visit the websites mentioned to see just how classy our accommodation will be.

Day 1, Sun, May 17: Depart Adelaide on the 9.50pm flight with Emirates to Dubai. Accommodation: www.dubai.regency.hyatt.com/en/hotel/home.html

Day 2, Mon, May 18: Arrive Dubai; suggest you rest this morning, then early afternoon embark on a fascinating historical excursion including the gold and spice souks. Enjoy dinner aboard a dhow as it slips silently along the Dubai Creek by moonlight.

Day 3, Tues, May 19: We set aside a leisure day for you to explore the shopping opportunities. Freshen-up for a dinner safari in a mysterious desert.

Day 4, Wed, May 20: Dubai to Istanbul, Turkey. Accommodation: www.hsoldcity.com/en/ Visit the magnificent fishing port that becomes a sea of restaurants at night, and enjoy the traditional Turkish songs and the warm atmosphere.

Day 5, Thurs, May 21: We embark on a full-day tour of the historic Old City; a truly amazing tour. Later, we take you to the Grand Bazaar, a shopping experience of a lifetime.

Day 6, Fri, May 22: Istanbul hotel to Silversea's cruise ship *Silver Wind*. Our intimate ship with only 296 guests provides an ideal size to get into ports of the Greek Islands. www.silversea.com./ships/silver-wind/

Day 7 & 8, Sat and Sun, May 23-24: Aegean Coast, Turkey: Enjoy the comforts on board or go into port and experience the remarkable ancient Roman city of Ephesus, the best preserved ancient site in the world dating to the third millennium B.C.

Day 9: Mon, May 25: Rhodes, Greece.

Day 10, Tues, May 26: Santorini, Greek Islands.

Day 11, Wed, May 27: Patmos, Greek Islands.

Day 12, Thurs, May 28: Mykonos, Greek Islands.

Day 13, Fri, May 29: Piraeus, Athens: We are transferred to our five-star hotel in a deluxe coach. Accommodation: Athens Ledra Hotel. Visit: www.athensledrahotel.com

Day 14, Sat, May 30: Athens. We embark on a tour of the historical highlights of Ancient Athens.

Day 15, Sun, May 31: Athens. A free day; wander at your leisure, or go on an optional 10-hour tour to Delphi.

Day 16, Mon, June 1: Athens-Dubai-Abu Dhabi. Accommodation: www.fairmont.com/abu-dhabi/media/photos/

Day 17, Tues, June 2: Abu Dhabi. We embark on a tour of Abu Dhabi, the capital of the United Arab Emirates. The skyscrapers are extraordinary.

Day 18, Wed, June 3: Abu Dhabi. A day of leisure by the beachside or the pool; perhaps some last-minute shopping.

Day 19, Thurs, June 4: Dubai-Adelaide. Our 12.5 hour flight, taking into consideration time difference, arrives in Adelaide 8.50pm.

The cost: \$8720

This amazing 19-day tour from Adelaide to Dubai, Istanbul, and cruising the Greek Islands on Silversea's *Silver Wind* costs \$8720 per person/twin share/inclusions as per itinerary.

Single room/suite upon application. Includes departure taxes, fees and fuel surcharge (subject to change). Silversea's Vista Suites are based on availability at time of booking. Early reservation is highly recommended. Suite upgrades to Veranda category are available upon request.

Talk to Jeff Rainsford for all details including travel insurance, which we strongly suggest you consider – a 20% discount applies.



Seminar

Anne Hope, a sales manager with Silversea, will make a special presentation on the Specialised Travel and Silversea's *Silver Wind* cruise holiday at Thornbury Park Retirement Village, 17 Willmet Road, Goolwa, on Tuesday, July 15 from 1-2pm. The general public is most welcome to attend. Contact Jeff Rainsford, the manager of Specialised Travel in Goolwa, to register your interest.

Jeff is an award-winning travel agent with almost 30 years experience in the travel industry. Ask him today for a free brochure and more information on this fabulous tour.

Specialised Travel 8555 0468
manager@specialisedtravel.com.au



Farming and local governance have always been part of our heritage. As Mayor of the Alexandrina Council and a third-generation dairy farmer, Kym McHugh appreciates every day because it starts with...

A beautiful morning

It was some ghastly hour in a miserable morning; raining and cold, and there was Kym McHugh standing in cow dung happy as Larry. "It's a beautiful morning," he says. Maybe he feels comfort in just waking up.

"Good boy," he says to Snap, a black and tan Kelpie named after a bloke nicknamed Snapper, who gave him the dog. Like countless days before, and rest assured tomorrow, Snap herded 240 Jersey cows into the yard and watched each one file in the same order to be milked as they do every day, twice-a-day all year round.

No one is quite sure how these cows know their place in the line – it happens at other dairies too – but then, on the family Duncraig Farm, on the Goolwa-Mount Compass road, no one can understand how Kym always remains positive about the day's outcome either.

In his other life as Mayor of Alexandrina Council – he calls that his full-time job with some weeks demanding 40 hours – Kym was at a Rotary function the previous night and was looking forward to another community show that day followed by one of the countless meetings at council. The gratuities are so insufficient.

And all through this pre-dawn daily chore in a milking shed with suction pumps going for almost three hours, not once did Kym complain, not even about his arthritis from his football days as an accomplished ruckman (he says a very ordinary one) with Mount Compass that has left him on a waiting list for a knee replacement.

Our pioneers forged this country on farming with pockets of settlements brought together functioned by the local people for the local people under the guise of local government, and in this modern day it is humbling that someone could be so heavily entwined in both. Brian Hurn, the Mayor of Barossa Council, is also a farmer, but he will retire later this year. And, even Kym was surprised to learn that this is his 25th year in local government, including as mayor since 1995 with the Port Elliot and Goolwa Council, and from then when it was restructured to form the Alexandrina Council. This is the last of our 12-month heritage series, and with the Fleurieu Peninsula built on a platform of farms and community spirit, it seemed fitting to focus on someone who inherited an amazing passion for both from his grandfather, Frank, who was a dairy farmer in New Zealand, his father Lance, who settled her in the 1930s, and his mum Betty, whose brother Jim ran a dairy across the road.

"Part of all this now is about our future; the future of our young people and generations to come," Kym said, referring to the fact he and his wife, Heather, who gets the cows in, feeds the calves and does the farm bookwork, have three



LIVING OUR HERITAGE: NO. 12

Coast Lines is proud to present this series, part of a Sharing Community Heritage Stories project, a Federal Government funded program through the Department of Sustainability, Environment, Water, Population & Communities.

children and eight grandchildren. And four of the tackers – Joe, Sam Henry and Tom – do their little jobs and Kym has a glint in his eye when he speaks of one or two perhaps destined to become fifth generation McHugh dairy farmers. There is every chance the tradition will continue on this 600 acre property, but after all these years Kym said he feels for the young ones who may not have an entrée into farming on the peninsula.

"A lot of the young people these days start off as share farmers and build up a herd, but with the cost of farming land and stock it is really hard," Kym said.

"There is not the real value; it has been inflated by professional people buying up properties for livestock living in the city and coming down for the weekends and tending to a few beef cows. I can understand why, but unfortunately it has over inflated farming land and put it out of reach for the would-be farmers. It is also hard for the long-time farmers to buy more land and expand."

Kym has seen the dramatic changes in the dairy industry across the Fleurieu Peninsula, and now his son Ben is working on its continued viability

and growth having recently been appointed to the board of the South Australian Dairyfarmers Association.

"I can remember my dad making more money from trapping rabbits than he did from milking cows," Kym said.

"Years ago it was more hands on; a lot harder labour wise. When I came home from school we milked 60 cows and employed two people. Now the costs are higher and the returns (per cow) are not as great.

"It is an industry that has been modernised, like automatic cup removers that, when they come off, they sanitise the cow's udder as well as the machine."

Kym's jerseys are also bigger than those of years gone by, thanks to American and Canadian genetics, and when asked why there was no bull cruising by the milking yard railings he suggested to go inside and look into a tank of liquid nitrogen.

"I love doing this dairy farm routine; you have to," Kym said. "It's a lifestyle, but it's also about believing in the need to produce our own food and do it really well in our clean, green environment. This is our future as a nation, and I am serious about that.

"You need people to produce food. It is a noble thing to do. If you think about essentials in life there are only four – food to nourish ourselves, fibre to clothe ourselves, air and water.

"It is easy to take life and the environment for granted living here in South Australia; it is special. Look at somewhere like South Korea with 50 million people on that small peninsula – an unbelievable density of people and they are really worried about their food security in the future.

From P14

"We can produce food right here in our back door... Asia is so close and looking for food. As more Asian people move into more middle class and have more disposal dollars they are looking for clean green food from Australia.

"Across our Fleurieu Peninsula, tourism is important, of course, but agriculture is probably the biggest industry, as it would be in a lot of the regional areas. People can drive from the city and enjoy our lovely environment.

"I was always destined to work on the farm, and I would not have it any other way."

When reminded that this was his 25th year in local government, Kym's dry humour emerged:

"I must have done something horribly wrong to get that sentence". He added: "Local government was an extension of what I was doing in the community... schools, sporting clubs, the local RSL. I have not regretted a minute.

"Like everything else, local government has changed. There is a lot more involved these days; more regulation and probity, consultation and those sorts of things. It has become more important because of what the state government has handed down to local government.

"I have always felt that we have all got a responsibility to put something back in the community. It's all about people and your community. People going about their day doing good things; you just have to look at our volunteers; extraordinary effort. It's about supporting them, and looking after and building upon our community assets for future generations.

"We have council elections in November, and we encourage people to think about it now. We need people from diverse backgrounds, younger people and more females. We need people who are interested in their community – and it's better to have a broad interest. Most people find it rewarding.

"I do what I do because of the belief I have in our community. This farm is all about improving things from when you found them – we're planting trees and doing all sorts of things – and the community is the same because we don't want to leave it with run-down assets.

"I love this part of the world. I see the Fleurieu Peninsula as one region, not so much with boundaries. It has got everything; the lakes, the river and the sea. We have beautiful coastline and landscape, and drive through Langhorne Creek when the vines are at their best or see the crops growing to see what we really have.

"It's how you see things through your own eyes. We're here on this dairy farm on a beautiful morning and we don't know what the day is going to bring for us; that's exciting."

However, we can safely predict another community function, more cups of tea and an assortment of triangular sandwiches, all of which he loves, followed by more council matters. Kym says he wouldn't change a thing along his journey, no matter how repetitive the cold mornings may seem to those of us who enter his world of serenity on the farm that he shares with Snap. It is nice, but sadly it's no longer a place for a once brazen bull. Such is life. **CL**

Plan to protect our farming heritage, says dairy industry chief

An estimated 300 dairy farms across the Fleurieu Peninsula have folded over the past 40 years.

However, figures in the 2012-13 annual report of the Dairy Authority of South Australia suggest that, of the 64 farms remaining, they have almost five times as many cows which produce about eight times as much milk as they did in 1974.

Overall, there were 1397 dairy farms across the three DASA zones – Central, South East and Mid-North – 40 years ago, but only 268 remain.

The number of dairy cows has risen only 3464 from 1974-2013, but the average litres of milk produced by each cow has risen from 3150lt per annum to 6684lt.

According to Ken Lyons, the chief executive of the South Australian Dairyfarmers Association, the figures suggest a lot of dairyfarmers have needed to get bigger and keep up with far more advanced technology within the industry to remain viable.

Ken is also very concerned with land management issues. "The Adelaide Hills, in particular, was getting very expensive so a lot of farmers were able to sell up and migrate," he said. "Most went to the South East where it was cheaper and the grass was greener, and some to the Murray swamps. They weren't all lost dairying.

"With farmers not making a lot out of their farm and land values going up quite dramatically all of the time, there is a strong need to consider where we are going with this.

"When I was a kid growing up next to market gardens in Bentleigh in Victoria there was country between where I lived and the Dandenongs (Ranges). There were so many dairy farms.

"Now, you can just about go all the way over

this once farm land and its all suburbia. All those dairy farms and the apple orchardists were virtually forced to leave because the rates became so high, so they took the money from land developers. They either set up new farms further over the other side of the developments, or they chose to take the bundle of cash and exit.

"One of the concerns with the Fleurieu Peninsula and the Adelaide Hills is that we are not like Melbourne; go further out and it is still green, but here, once you get the other side of Mount Barker it is dry.

"A lot of people believe there is an absolute long-term asset in the Adelaide Hills and the Fleurieu Peninsula with the farming, and without proper planning it could end up an eyesore. If you look at what is happening with communities in Europe, they value their scenic outlook having agricultural land.

"It is an issue if you get priced out of the whole thing, but personally I believe there are number of different ways of coping. One way of easing the situation would be to give the farmers more titles so they can sell off a row of blocks or houses and also having the ability to sub-divide their rural land. They would not lose money, and it would keep farms viable.

"At the moment small dairy farms struggle to survive, so you have hobby farmers come in which means a few sheep and a couple of beef cattle per farm, which is fine, but you would not want a hobby farm milking cows.

"It is such a complex issue in terms of what we do for land planning for the Fleurieu Peninsula. Like the Adelaide Hills, it is special, and you just cannot take dairy cows out of the area and move them to somewhere like Callington.

"I would hate to come back here in 100 years time and find that the Fleurieu is just suburbia. We need to keep our dairy farms."



Together we can help our community

Goolwa & District
Community Bank® Branch



The Goolwa & District Community Bendigo Bank celebrated its third birthday by joining Caffé De Carlo in the Goolwa Shopping Centre mall to host an Australia's Biggest Morning Tea party on the national day, Thursday, May 22. The event raised \$1042 for Cancer Council Australia research program, and G&DCBB branch event coordinator Vickie Giermann was delighted by the outcome. More than 40 people attended the bank's first morning tea, and it would not have been possible without the volunteers and generous support of local businesses – Caffé De Carlo, Foodland, Goolwa Central Meats, Goolwa Pharmacy, Browse In & Save, FLY, Southcoast Hair & Beauty, Wendys, Woolies, Goolwa Subway, 90 Mile Wines, Your



Finishing Touch, Creative Glass Studio, Alexandrina Cheese, Serene Secrets, Riverport Veterinary Hospital, Bombora, Adrift, Australian Souvenirs and Natural Instincts.

The similarities to the basic philosophy or function of

the Bendigo Bank did not go unnoticed... local businesses helping the community to support an organisation – Cancer Council Australia – by donating goods to assist all of us in no small way.

As G&DCBB chair Carol Gaston said during an acknowledgement of the importance of the tireless work of Cancer Council Australia, and the bank's third birthday, it's all about helping each other.

"The G&DCBB has given almost \$90,000 back to the community over the past three years, and you have done this," Carol told the gathering, and joked: "It's your money we have been giving away." Again, the community supporting its community bank so it can put funds back into the community to help make it grow.

Carol also made a passionate plea to everyone in the community – support our local businesses to allow them to build an even stronger community.

It was a terrific morning tea, and the messages certainly got through, none more emotional than the fact that together as a community we can offer support to those who have – or have survived – cancer.

The morning wasn't just about the G&DCBB, but the need to work as a community to fight cancer. The hope of strengthening our community by supporting local business is also not just about the bank either – it's about you supporting your community bank. We hope to see you at our Biggest

Morning Tea next year!

Pictured with Miss Pig E. Bank at the Australia's Biggest Morning Tea function hosted by the Goolwa & District Community Bendigo Bank were members of the Fleurieu Breast of Friends group (from left) Susan Walkley, Maria Ainsworth, Kate Ellison

Your community bank is more than a bank

The Goolwa & District Community Bendigo Bank is a bank first – it offers all forms of saving accounts and loans at competitive rates, plus a complete range of services like meeting your insurance needs. Please compare the home loan rates – but look at the whole picture and note the Bendigo Bank rates include all costs. There are no hidden fees that suddenly make your rate or monthly payments higher; there are no surprises.

We all know that insurance policies can vary depending on your specific needs and details. Again, don't just look at the advertised price and always believe it covers everything necessary.

Loans and other important matters like insurance policies can seem overwhelming, and that's why it is so important to be able to walk into your local bank and talk to your local bank manager and genuinely feel an undeniable sense of trust from people who care about what is best for you.

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Welfare Organisation * Goolwa Children's Centre * Mount Compass Scout Group * Chiton Rocks Surf Lifesaving Club * Milang to Goolwa Freshwater Classic * SA Wooden Boat Festival * Goolwa Netball Club * Farm Gate Festival * University of the Third Age * Port Elliot Town & Foreshore Improvement Association * South Lakes Golf Club * Port Elliot Primary School * Goolwa Girl Guides & Scout Hall Management Committee * Southern Fleurieu Cancer Support Group * Cittaslow * Goolwa & Port Elliot Football Club * Goolwa Shooting & Pistol Club * South Coast Little Athletics * Goolwa Tennis Club * Southern Alexandrina Business Association *

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X-Men: Days of Futures Past

(CTC) Superhero, action, adventure movie starring Jennifer Lawrence, Michael Fassbender, Nicholas Hoult, Peter Dinklage, Hugh Jackman, James McEvoy, and Ian McKellen. The ultimate X-Men ensemble fights a war for the survival of the species across two time periods. The characters from the original X-Men film trilogy join forces with their younger selves from *X-Men: First Class* in an epic battle that must change the past – to save our future. June 6: 4.15pm; Sat, June 7: 2.15pm; Sun, June 8: 3.10pm; Mon, June 9: 3.10pm; Wed, June 11: 1.15pm.

A Million Ways to Die in the West

(MA15+) Comedy starring Seth MacFarlane (and director), Amanda Seyfried, Charlize Theron, Liam Neeson. After a cowardly sheep farmer backs out of a gunfight, his fickle girlfriend leaves him for another man. When a mysterious and beautiful woman rides into town, she helps him find his courage and they begin to fall in love. But when her husband, a notorious outlaw, arrives seeking revenge, the farmer must put his new found courage to the test. Fri, June 6: 2pm, 8.50pm; Sat, June 7: 10am, 4.45pm, 9pm; Sun, June 8: 3.25pm, 8pm; Mon, June 9: 3.25pm, 8pm; Tues, June 10: 8.45pm; Wed, June 11: 10.45am*, 7.45pm; Fri, June 13: 2.30pm, 8.50pm; Sat, June 14: 4.45pm, 8.40pm; Sun, June 15: 8pm; Tues, June 17: 8.35pm; Wed, June 18: 1.30pm, 6.45pm.

Grace of Monaco

(PG) Drama, biography starring Nicole Kidman, Milo Ventimiglia, Parker Posey. The story of former Hollywood star Grace Kelly's crisis of marriage and identity, during a political dispute between Monaco's Prince Rainier III and France's Charles De Gaulle, and a looming French invasion of Monaco in the early 1960s. Fri, June 6: 2.15pm, 6.30pm; Sat, June 7: 10am, 4.30pm, 6.35pm; Sun, June 8: 11.10am, 5.50pm; Mon, June 9: 11.10am, 5.50pm; Tues, June 10: 6.30pm; Wed, June 11: 10.30am*, 3.25pm, 5.45pm; Fri, June 13: 2pm, 6.45pm; Sat, June 14: 10am, 4.30pm, 6.35pm; Sun, June 15: 1pm, 5.40pm; Tues, June 17: 6.30pm; Wed, June 18: 1.15pm, 6.30pm; Fri, June 20: 4.40pm, 6.45pm; Sat, June 21: 4.40pm, 6.45pm; Sun, June 22: 3.20pm, 5.40pm; Tues, June 24: 6.40pm; Wed, June 25: 1.15pm.

Sunshine on Leith

(PG) Musical starring Antonia Thomas, Jason Flemyng, Peter Mullan. Based on the sensational stage hit of the same name, featuring music by *The Proclaimers*. The film follows the stories of Davy and Ally, who have to re-learn how to live life in Edinburgh after coming home from serving in Afghanistan. Both struggle to learn to live a life outside the army and to deal with the everyday struggles of family, jobs and



relationships. Fri, June 6: 4.30pm, 6.45pm; Sat, June 7: 12.15pm, 2.30pm, 7pm; Sun, June 8: 1.10pm, 7.50pm; Mon, June 9: 1.10pm, 7.50pm; Tues, June 10: 6.45pm; Wed, June 11: 3.45pm, 5.30pm; Fri, June 13: 4.45pm, 6.30pm; Sat, June 14: 10.15am, 2.30pm, 7pm; Sun, June 15: 3.40pm, 7.45pm; Tues, June 17: 6.45pm; Wed, June 18: 10.30am*, 3.45pm; Fri, June 20: 2.30pm; Sat, June 21: 2.40pm; Sun, June 22: 3.40pm; Wed, June 25: 10.45am*, 3.45pm.

How to Train Your Dragon 2

(CTC) Animated family adventure starring Jay Baruchel, Kit Harington, Jonah Hill, Cate Blanchett. The thrilling second chapter of *How To Train Your Dragon* trilogy brings back the fantastical world of Hiccup and Toothless five years later. When one of their adventures leads to the discovery of a secret ice cave that is home to hundreds of new wild dragons and the mysterious Dragon Rider, the two friends find themselves at the centre of a battle to protect the peace. Sat, June 14: 12.15pm; Sun, June 15: 3.15pm; Fri, June 20: 4.25pm, 6.30pm; Sat, June 21: 12.05pm, 4.25pm, 6.30pm; Sun, June 22: 1.15pm, 5.25pm; Tues, June 24: 6.30pm; Wed, June 25: 6.30pm.



The Fault in our Stars

(M) Drama starring Shailene Woodley, Ansel Elgort, Willem Dafoe. Based on the eponymous novel by John Green, a teenage girl, stricken with cancer falls for a boy in her

support group and the two form a bond as they deal with their illnesses. Fri, June 6: 8.35pm; Sat, June 7: 12.05pm, 8.40pm; Sun, June 8: 11am, 5.40pm; Mon, June 9: 11am, 5.40pm; Tues, June 10: 8.35pm; Wed, June 11: 1pm, 7.30pm; Fri, June 13: 4.05pm, 8.30pm; Sat, June 14: 12.01pm, 2.20pm, 9pm; Sun, June 15: 1.15pm, 5.25pm; Tues, June 17: 8.45pm; Wed, June 18: 10.45am*, 4pm; Fri, June 20: 8.35pm; Sat, June 21: 12.15pm, 8.35pm; Sun, June 22: 7.30pm; Tues, June 24: 8.35pm; Wed, June 25: 1.30am, 6.15pm.

Edge of Tomorrow

(CTC) Action, science fiction starring Tom Cruise, Emily Blunt, Charlotte Riley, Bill Paxton. From the director of *The Bourne Identity*, based on the Japanese novel *All You Need Is Kill* by Hiroshi Sakurazaka. A soldier is stuck in a time loop, forced to repeat his last day in a futuristic war with alien invaders. A skilled soldier (Emily Blunt) may be his only means of understanding his temporal displacement. Fri, June 20: 2.10pm, 8.50pm; Sat, June 21: 2.10pm, 8.50pm; Sun, June 22: 1.25pm, 7.45pm; Tues, June 24: 8.45pm; Wed, June 25: 10.30am*, 4.15pm.

Jersey Boys

(CTC) Biography, drama, musical starring Christopher Walken, Freya Tingley, Francesca Fisher-Eastwood, Sean Whalen. Directed by Clint Eastwood. The big screen version of the Tony Award-winning musical tells the story of the four young men from the wrong side of the tracks in New Jersey who came together to form the iconic 60s rock group *The Four Seasons*. Their trials and triumphs are accompanied by the hit songs that influenced a generation, and are now being embraced by a new generation of fans through the stage musical. Commences July 4.



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Laugh Lines

High five

A man walks into a doctor's office and asks him to inspect his leg. The man says: "Doctor, put your ear to my knee."

And so the doctor does, and hears very faintly: "Come on, can I have five dollars, just five dollars?"

The doctor steps back in horror, and the man says: "I know it's a bit strange, but it gets worse. Put your ear to my shin."

The doctor puts his ear to the man's shin and hears very faintly: "Come on, can I have five dollars, just five dollars?"

The doctor stands up in even more shock. The man then says: "If you think that's bad, put your ear to my ankle."

The doctor puts his ear to the man's ankle and hears oh so faintly: "Come on, can I have just five dollars, just five dollars?"

The doctor composes himself, stands up and says: "Well, there is just one conclusion... your leg is broke in three places."

... and doctor, doctor

A guy goes to a psychiatrist. "Doctor, doctor, I keep having these alternating recurring dreams. First I'm a teepee, then I'm a wigwam, then I'm a teepee, then I'm a wigwam. It's driving me crazy. What's wrong with me?"

The doctor says: "Hmmm... it's obvious. You need valium. Your two tents."

Boom, boom...

Did you see the movie about the cannibal that ate his mother-in-law? It was named *Gladiator*.

A couple of cockles finish eating chocolate bars at Goolwa Beach

while two fish look on.

"That's terrible," says one fish. "They didn't offer us a single bite." And the other fish says: "What did you expect; they're shellfish."

Meanwhile, a golf club walks into the Hotel Elliot and asks the barman for a pint of beer. The barman refuses to serve him.

"Why can't I have a beer?" the golf club asks in anger. And the barman says: "You'll be driving later."

Sick joke

A bloke is driving down the main street of Port Elliot and has this terrible accident. He phones his wife and says: "Oh darling, help me..."

The wife goes in shock? "Are you alright, dear?"

"Not really," says the bloke. "A car hit me out the front of the bakery and Paula brought me here to the South Coast District Hospital. They've done tests and taken X-rays, and it looks like I have internal bleeding, a fractured leg, three broken ribs, facial lacerations, and there's a chance they may have to amputate my right leg. On top of that, I hit my head really hard and I have severe concussion."

And the wife says: "Who's Paula?"

Real staging

Tonto is sitting in a stagecoach out in the Wild West when he looks to the right and there is a riderless horse running alongside.

Tonto looks to the left and there is the Lone Ranger. The next moment, the Lone Ranger hops off his horse, opens the stagecoach door, opens the other door and hops on the horse that was riderless.

As the Lone Ranger heads off into the sunset, Tonto yells out: "What was all that about?"

And the Lone Ranger replies: "Oh, nothing really. It's just a stage I'm going through."

Smooth as silk

Sally Silk Worm meets Suzie Silk Worm and says: "Oh, I have such bad news for you, Suzie Silk Worm."

Suzie Silk Worm breaks down in tears. "Tell me, tell me!" she screams.

"Well," says Sally Silk Worm, "The two male silk worms who live next door were fighting for the affection

of a beautiful female silk worm. She told them that she wants whichever one can win a race."

Suzie Silk Worm says: "That's not so sad; it's a beautiful love story."

And Sally Silk Worm says: "No, you don't understand... they raced and ended up in a tie."

Mothballs for him

Prince Stone has this enormous moth collection. Everywhere you look in his castle you see moths and more moths. Large moths, medium moths and small moths row after row.

When King Stone decides to abdicate and pass his crown to the prince, he tells the prince he must first dispose of the moth collection and find another hobby.

The boy says: "But why King Stone, it is such a beautiful collection?"

And King Stone says: "Because a ruling Stone gathers no moths."

Cheers dear

An angry wife was complaining about her husband spending all his free time in a bar, so one night he took her along with him. "What'll you have?" he asked. "Oh, I don't know, the same as you I suppose," she replies.

The husband orders a couple of Jack Daniels and throws his down in one shot. His wife watches, takes a sip from her glass and immediately spits it out.

"Yuck, that's terrible," the wife says. "I don't know how you can drink this stuff."

The husband says: "There you go again... and you think I'm out enjoying myself every night."

Dad jokes...

Where do you learn to make banana splits? In sundae school.

Why did the duck go to college? He wanted to be a wise quacker.

What do you call a story about a broken pencil? Pointless.

Why does it get hot after a football game? Because all the fans have left.

What is the best way to carve wood? Whittle by whittle.

What do bees chew? Bumble gum.

Why do giraffes have long necks? Because they have smelly feet.



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Lakeside Goolwa

update

Vol. 2, No. 4 June, 2014

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- We believe that life is about surrounding yourself in good company where everyone knows your name, from your next door neighbour to



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Some call it a hobby; others a sport. With amazing passion, and at some places emotions running as high as their model aircraft, this is more than a game. It's aeronautical brilliance.

Come fly with me



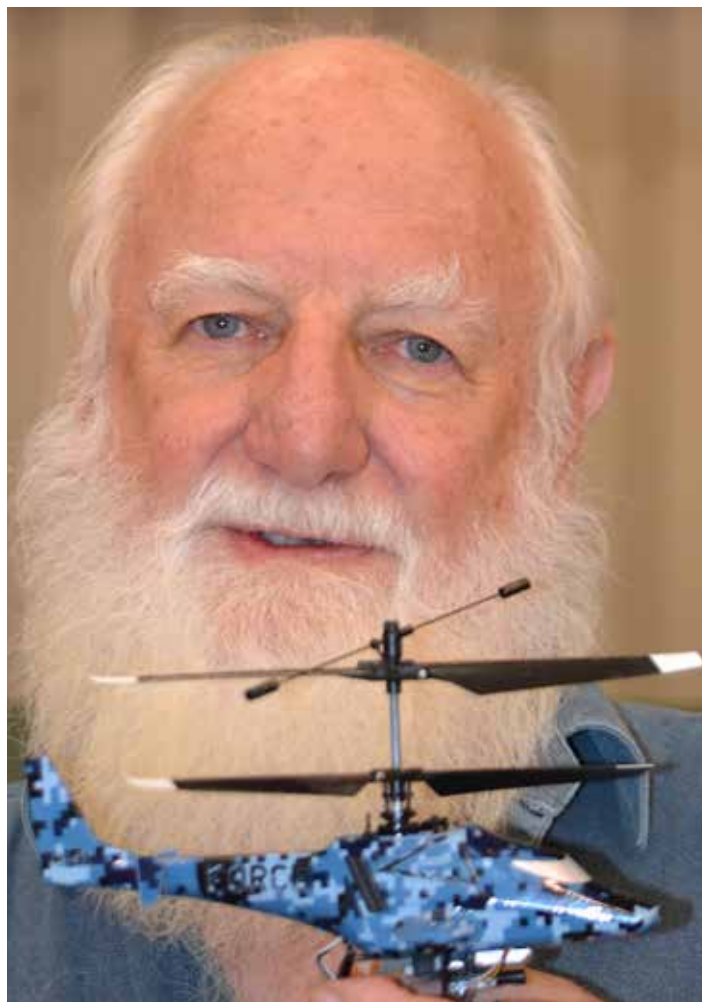
Please do not be alarmed, but there's a reasonable chance the chap in our airforce who recently suggested the government should spend \$12.4 billion bolstering our air combat capability with F-35 Joint Strike Fighter aircraft probably started his career making a model aircraft propelled by a long twisted rubber band.

Before we make unfair jest of our military we should point out that most astronauts throughout the world, including Adelaide's own Andy Thomas, were inspired by this same simple passion representing the most basic art of flying.

Don't use that metaphor "it's not rocket science" either while passing a classroom at Investigator College Goolwa campus because since 2003 they have been learning just that – how rockets fly.

Their teachers are members of the Goolwa Indoor Model Flyers Club, whose passion for model aeronautical craft is remarkable.

Leading this activity as part of a student extension program is Ben Usher, 78, of Middleton, who is president of the club. "We teach the theory or basis of aerodynamics, history of flight, how to read a plan and make the planes, and how to make and guide the gliders," he said.



"It's the basic grounding whether you make it a hobby for a lifetime or you make it a beginning of a lifetime career path in civil aviation or the airforce. We are proud that at least eight of the students have considered a career in the RAAF because of the program."

Visit the Goolwa Sports Stadium on the first and third Saturday

afternoon of each month and you realise these guys take it serious, but without losing what lured them as kids in the first place – the passion, excitement, just plain fun and perhaps most all, being mesmerised by how these things actually fly.

There are also the outdoor enthusiasts who form the local

Far left: Graham Modra's biplane.
Left: Lindsay Petersen with his model helicopter. Right: Goolwa Indoor Model Flyers Club president Ben Usher.

South Coast Model Aeronautical Association based at Currency Creek who control every model that flies from the state of the art planes, jets, gliders, helicopters and multicopters – costing as much as \$6000 – that perform acrobatic maneuvers and nose dives the same as the real things.

Some are radio controlled, and even powered by long rubber bands twisted so tightly they create propulsion and controlled by incredibly delicate design that ensures they circle and land smoothly on their wheels as would a normal small aircraft.

And when it comes to the outdoor aeronautical models that are capable of flying above 500 metres requiring approval like any real aircraft we get can into the jets powered by petrol or nitro-fuel, and some models substituted with electrics using low-cost but powerful compact electric motors and high-capacity LiPo batteries.

According to Ben, who owns more than 30 model aircraft, it can be more than a hobby with competition as high as international level. In these games you can in various divisions and among many things race, perform the best acrobats or simply get "shot down".

Continued P23

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From P22

The sport or hobby is governed nationally by the Model Aeronautical Association of Australia, which embraces 28 outdoor clubs throughout SA under the auspices of Model Aerosport South Australia.

"It is high-tech and high-flying stuff," Ben said. "We might be talking about models, but they are not toys; they are miniatures of the full size things. Importantly, in the history of aircraft planes have been made by testing models." Ben made his first model plane aged eight, and used his passion for model aircraft to reach through to servicepeople in his role as a chaplain in the Royal Australian Air Force, which took him to posts overseas and 17 places around Australia. Model planes bring out the "kid" in all of us, so the art of communication is struck.

Like many things, Ben's wife, Lily, thought she couldn't beat him so she joined him at the Goolwa Sports Centre also getting fun out of using radio controlled model aircraft. Ben is one of the few South Australians to have won at the Model Aeronautical Association of Australia national championships – in three events when the titles were last held at on the Fleurieu Peninsula in 2006.

Mind you, the sport has its more than serious element. Graham Modra lives at Brooklyn Park, yet is a member of the Goolwa indoor club because he said it can be mayhem in some of the metropolitan indoor model aircraft centres with some younger enthusiasts acting as if they were "Kamikaze pilots".

"It can be quite intimidating," Graham said. "It's nothing for your model aircraft to be attacked mid-

air and see it crash."

Lindsay Petersen, 74, who is vice-president of the Goolwa club and president of the South Coast Model Aeronautical Association, made his first model plane aged 14, and lives for model aircraft.

Like so many enthusiasts he was in his glory last Sunday when thousands gathered from around the state to attend a spectacular airshow of model craft at the Strathalbyn Model Aircraft Club to help raise funds for the Royal Flying Doctor Service. Some of the model aircraft had wing spans of five metres, and they came in all shapes and sizes. They were the magnificent men and women with their flying machines.

"To me, it's a hobby that has been nearly all of my life," Lindsay said. "I left it briefly to spend more time with my family or my business, but I always found my way back. It's something that gets hold of you and you never want to let go. It's a place where you make a lot of friends, genuine people always prepared to help you."

For the record, the F-35 Joint Strike Fighter aircraft don't have one rubber band to propel them. It's not rocket science to work out they don't run on the smell of an oily rag either.

There are 28 members involved in either or both the Goolwa Indoor Model Flyers Club (indoors) and the South Coast Model Aeronautical Association (outdoors). If you would like to know more about either club contact Lindsay on 8555 0601.

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Funny how nothing hurts when you win

It was tough going – in some cases head-first – when Goolwa-Port Elliot clashed with Victor Harbor at Goolwa in the eighth series of the Great Southern Football League.

The image right says it all with the Magpies' Kenn Campbell (left) and Cameron Pearce looking worst for wear with bandages around their head, but it was all smiles after beating the Kangaroos by 33 points.

Despite being rated as a most-likely top-five side pre-season, it was the Magpies' only third win with five losses, but now there is every chance they will now get their season back on track. They hope to get a big-name recruit in the coming weeks – 2003 Magarey Medallist Brett Ebert, who also played 166 games and kicked 240 goals for Port Adelaide in the AFL. Ebert, 30, was forced into retirement because of injuries, which have been an on-going issue, was the local Magpies' team runner the past two rounds.

It was the Magpies' first win under Daniel Lees, who took over as a player-coach several weeks earlier.

And don't be surprised if another star comes out of retirement – Tony Modra, who kicked 588 goals (Adelaide 440, Fremantle 148) in 165 games from 1991-2003. He played for Encounter Bay a few years back, and there are suggestions he may return to the Eagles to play "a couple of games".

Strathalbyn has shown it is the team to beat this season having won seven of its opening eight games, losing only to Goolwa Magpies by one point. The Roosters, who last won a flag in 2010, are a win clear Encounter Bay and Langhorne Creek.

There are no GSFL club games this weekend because of an inter-association match between the GSFL and the Southern Football League at Strathalbyn on Saturday.

The draw in June is:



It looks like it's a game of 'heads or tails?' with the Magpies' Trent Kelly head-to-head with Victor Harbor's Adam Love, while their teammates wait for the outcome, Craig Smedley (left) and Goolwa's Trenmt Griffen.

Round 9, Saturday, June 14

McLaren v Strathalbyn
Mount Compass v Langhorne Creek
Victor Harbor v Myponga-selicks
Willunga v Encounter Bay
Yankalilla v Goolwa-Port Elliot

R10, Saturday, June 21

Goolwa-Port Elliot v McLaren
Langhorne Creek v Encounter Bay

Mount Compass v Willunga
Victor Harbor v Strathalbyn
Yankalilla v Myponga-Selicks

Round 11, Saturday, June 28

Encounter Bay v Goolwa-Port Elliot
McLaren v Victor Harbor
Myponga Selicks v Mount Compass
Strathalbyn v Yankalilla
Willunga v Langhorne Creek

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Cookbook is a new blue ribbon winner



The Fleurieu Peninsula will get another taste of the brilliance of author Liz Harfull at a special afternoon tea at the Alexandrina Cheese, Mt Jagged on Thursday, June 12.

Having embraced country cooking with her best-selling *The Blue Ribbon Cookbook* (2008), which was based on country shows around the state, Liz (pictured right) has followed the same theme nationally with her new release, *The Australian Blue Ribbon Cookbook*.

This follows her other books, another best-seller *Women of the Land* (2012), about the inspiring lives of eight women from around Australia who run their own farms, and *Almost an Island: the Story of Robe* (2013).

You are invited to join Liz for a book signing and learn more from her delicious recipes, heart-warming stories and expert cooking tips from 3pm. The cost, including an afternoon tea of an espresso, tea or milkshake served with home-style cheesecake, is \$11. Reservations essential: 8554 9666 or e: info@alexandrinacheese.com.au



Try these simple household hints

To restore finished wood furniture steep two tea bags in hot water for 10 minutes. Cool, then dampen a clean soft cloth with tea and wipe over wood furniture. It will bring out the natural color and shine in the wood.

Use kitty litter mixed with baking soda in a pan to neutralise musty or bad odors.

If the tip of your shoe lace becomes frayed snip off the frayed end, paint or dip the end of the shoe lace into clear nail polish, and let it dry. Good as new.

If your new shoes are too tight put the nozzle of your blow dryer into shoe and turn on low. When the shoe gets warm, stuff with paper or socks to stretch it.

To shine and make leather shoes or leather boots waterproof spray WD40 on a cloth and wipe over, then buff with a soft clean cloth.

To make nail polish stay on nails longer first coat fingernails with white vinegar using a cotton ball. Let dry then apply nail polish. To quickly dry nail polish dip fingers into a bowl of cold water. Shake excess water from hands and allow hands to air dry.

Shaving your legs with hair conditioner instead of soap makes them soft and smooth. Just apply, shave, and rinse.

To clean the bottom of the iron, sprinkle salt on the ironing board and iron back and forth.

To make a nice facial scrub combine a little olive oil and enough sugar to make a paste. Gently massage onto face avoiding eye area, then rinse with warm water. This may also be used on hands.

Baby shampoo is not only gentle for a baby's hair, but can also be used by adults for soft shiny hair. To clean oil-based paint off of your hands, use vegetable oil. Then wash hands with warm soapy water.

Before storing clothes that have been dry cleaned, remove them from the plastic bag, as the bag may cause clothes to yellow.

AT HOME WITH GUEST COLUMNIST LUCY MAY

If you have weeds growing in the cracks of your patio, deck or driveway, kill them by spraying them with a solution of ¼ cup of salt added to 3 lt of water. To keep weeds from returning keep salt in the cracks.

To remove the smell of smoke place bowls of white vinegar around the house to absorb the odour.

To clean porcelain dampen a cloth with white vinegar then sprinkle cream of tartar on the cloth.

To remove mildew stains mix salt and lemon juice and rub.

To dry a damp load of laundry faster, add a dry bath towel to the mix.

To make candles last longer, cover with a plastic bag and place in the freezer for 24 hours before lighting.

To pick up small fragments of broken glass, press pieces of bread onto the affected area.

To prevent ash from flying everywhere when cleaning out a fireplace, use a spray bottle filled with water to cover the ashes with a light mist.

To get rid of the smell of garlic from your hands, rub against stainless steel – your sink is ideal. Then wash hands with soap or detergent.

Do you have any household tips & hints? Then Lucy May wants to hear from you. Email them to: info@coastlines.com.au or post: Lucy May, c/o Coast Lines, PO Box 2078, Victor Harbor, SA

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EAT WAVE *with Jenny*

Caramelised Onion Soup

Ingredients

200g unsalted butter
3 leeks (white & pale green parts),
thinly sliced
6 shallots, peeled & thinly sliced
2 large yellow onions, peeled
& thinly sliced
5 cloves garlic, peeled & thinly sliced
4 cups chicken stock
 $\frac{3}{4}$ cup Vermouth (or dry white wine)
1 level teaspoon salt
 $\frac{3}{4}$ cup thickened cream

Method

Melt butter in a large saucepan over medium heat. Add leeks, shallots, onions and garlic. Cook on medium heat, stirring occasionally until ingredients are soft and transparent. Reduce heat a little, and continue cooking and stirring occasionally until ingredients are golden brown. This may take up to one hour, depending on heat and saucepan. Add vermouth (or dry white wine), chicken stock and salt. Bring to the boil. Reduce heat and allow to simmer for 15 minutes, stirring occasionally. At this stage a small amount of the onion mixture can be set aside for decorating the top of the soup when serving, if you wish.



If you prefer a smoother soup, allow soup to cool slightly and then puree or blend in batches. Return puree to saucepan, stir in cream and reheat - do not boil. Serves 8.

Note: Extra chicken stock can be used in place of vermouth or dry white wine if desired.

Lemon Pudding in a Mug

Ingredients

Zest and juice of one lemon
3 heaped tablespoons self-raising flour
3 level tablespoons sugar
1 egg
2 tablespoons vegetable oil
2 tablespoons lemon curd (optional)
cream or ice cream (optional)

Method

Zest and juice the lemon, removing any seeds, and place in a large microwave oven-proof mug (or small dish). Add dry ingredients to the mug and stir to combine (sugar can be adjusted to suite taste). Add the egg and oil and whisk thoroughly with a fork. Microwave on high for 2-3 minutes until risen and set all the way through (cooking time will depend on your microwave). Let stand for 1 minute. Serve topped with warmed lemon curd, cream or ice cream if desired. Serves 1.



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EAT WAVE *with our guest chef* Jared from the Hotel Elliot

Introducing our guest chef
for this month...

Jared Bayliss-Adam, of the
Hotel Elliot,
The Strand, Port Elliot

Favourite meal off your own menu? *"Definitely a nice tender steak; medium-rare always. I also love the Kanagaroo with roasted vegetables and fresh Rosemary."*



Jared's fabulous Falafels

Jared's original recipe was for 100 guests! However, we have adjusted the measures. This is a very tasty vegetarian dish. Enjoy! And you must try his other dishes on the Hotel Elliot menu.

Ingredients

200g pumpkin, peeled & cut into small cubes
400g chick peas, drained and washed
200g red lentils, soaked in water overnight then blanched for one minute
1 medium brown onion, diced and cooked
6 teaspoons ground cumin
6 teaspoons ground coriander
4 teaspoons minced garlic
200g baby spinach, blanched
2 egg whites
2 tablespoons olive oil
½ cup plain flour (or rice flour)
zest of one lemon
2 tablespoons lemon juice
½ cup chopped parsley
salt & pepper to season

Method

Pre-heat oven to 160° C. Line baking trays with baking paper.
Dry roast the cumin and coriander powders in a non-stick pan over medium heat for 2-3 minutes, until fragrant. Combine all ingredients, except lentils, in a large bowl. Using a food processor or blender, blend batches of the mixture until mostly smooth (a few chunks is okay), transferring the batches into another bowl. Stir through drained lentils, mixing well. Place ¼ cup portions on baking trays, Cook for 10 minutes, then remove from oven and turn the falafels over, shaping them into round burger shapes. Bake for 5 more minutes, or until cooked through. Remove from oven before falafels are too crusty. Makes about 20 falafels. Serve hot or cold. Cooked falafels can be frozen.



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Thursday 19 June

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Wednesday 6 August

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Thursday
7 August



**To attend any of the sessions or find out more information contact Julie Brentson P: 8555 7511
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