

FREE

Coast Lines

Your Goolwa - Victor Harbor community monthly magazine reaching Kangaroo Island and the Fleurieu

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Christianne's eyes opened to the world



Annie Harris and The abbot venerable Jie Wen Shi braved the chilly winds at the traditional ceremony for the *Christianne*.

A taste of ancient Chinese tradition graced the banks of the Murray River at Goolwa last week with the Coorong Dragons having their new dragon boat officially blessed by the abbot venerable Jie Wen Shi from the South Australian Zhu-Lin Buddhist Association. Reverend Alan Jones, of Goolwa, was also there to perform the naming ceremony – the *Christianne* – after Christian Follas and club president Annie Harris, both of whom founded the Coorong Dragons club 12 months ago, establishing a base at the Goolwa Aquatic Club. The ceremony, performed throughout the world with dragon boats, is known as “dotting the eyes” with the painting of a small dot on the eyes of the dragon at the head of the boat. It is said when the eyes are painted they are opened to the world. Welcome the *Christianne*.

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Saving the Life of Pi

The lecturer specifically told his veterinary science students they could not save every animal and warned about getting emotionally attached.

But it all went out the kennel door 13 months ago for Anna Potts, of Inman Valley, who works in a clinic at Brighton, when a litter of 10 Kelpie pups came in and the owner asked for the one with a deformed right foreleg to be euthanised.

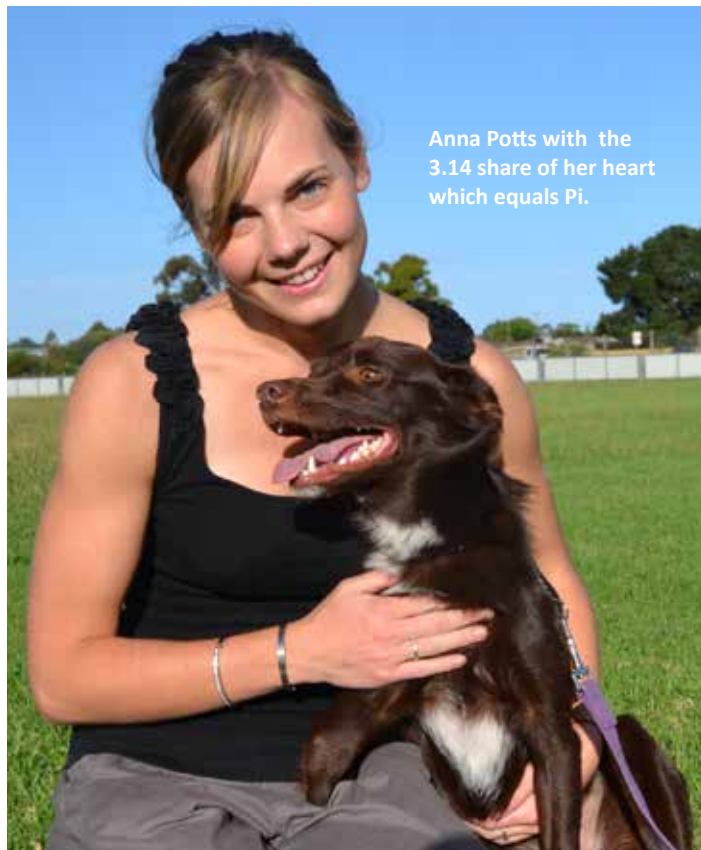
Anna, 25, who has now been a veterinary surgeon for three years, said she didn't have the heart so she took the pup home and named it Pi because it had 3.14 legs (pi is 3.14 ratio of the circumference to the diameter of a circle).

"Being part of a big litter Pi got squashed in the uterus and suffered a deformity," Anna said. "The good thing is that Pi doesn't know any different and copes well. "Apart from her gimpy leg, there was nothing else wrong with Pi... I told the owner I was happy to take her on to save her, and she's the best dog you could ever wish for. You wouldn't know there was something wrong with her; she just gets on with life."

And Pi has coped so well that she is one of a host of equally adored – and dare we say, spoiled – dogs who have passed their training at the Fleurieu Dog Obedience Centre, which has grown in numbers since moving to the Victor Harbor Hockey Club grounds, by the Encounter Bay Oval, with sessions on Monday nights.

Pi has advanced to her level 3 certificate, and Anna said she could not be more proud.

"Every now and again you see an



Anna Potts with the 3.14 share of her heart which equals Pi.



animal brought in with a fault from birth and the owners usually opt for euthanasia rather than finding them a home," Anna said.

"Part of me understands that, but

the other part doesn't. Pi is an example of a dog being perfectly able to lead a happy, healthy life.

"They say you can't save them all, but you can't help feeling that; there is emotion and empathy with the clients and the animals with a majority."

There's also another reason why Pi's name is appropriate – she gets 3.14 share of the daily meal with Anna's two other dogs. Please don't take your sick elephant to see her. **CL**

Enquiries: Fleurieu Dog Obedience Club; Joclyn 8555 1728



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New coaches, new hope

Three new coaches, many new recruits and a lot of new hope – that's how the 2014 Great Southern Football League season is shaping up when it kicks off on Saturday, April 5.

Victor Harbor's new coach is David Murdock, pictured with the club's new blue and white guernsey, while Adam Thomson, who played 32 AFL games for Richmond and Port Adelaide, takes over at Yankalilla, and Ben Moore, who played 25 games for Richmond and was captain of Glenelg, is the new coach of Langhorne Creek.

Among the big-name recruits is James Meiklejohn, who retired from SANFL league football after being captain of the Port Adelaide Magpies the past four seasons, to join Goolwa-Port Elliot.

David, who joins the Kangaroos with more than 250 senior games behind him plus 17 years of coaching experience including the past seven years at under 19s and 18s level at South Adelaide, says he's already been encouraged by the "quality of the kids" at training pre-season. "My number one aim is to have fun, and I like to think I get the best out of people," David said. "I am excited about the new season; I can't wait."

CL

GSFL opening rounds

Round 1: Saturday, April 5

Myponga-Sellicks v Yankalilla
Encounter Bay v Langhorne Creek
Strathalbyn v Victor Harbor
Willunga v Mt Compass
McLaren v Goolwa-Port Elliot

Round 2: Saturday, April 12

Victor Harbor v McLaren
Goolwa-Port Elliot v Encounter Bay
Yankalilla v Strathalbyn
Langhorne Creek v Willunga
Mount Compass v Myponga-Sellicks

Round 3

Friday, April 25, Anzac Day
Strathalbyn v Langhorne Creek

Saturday, April 26

Encounter Bay v Victor Harbor
Willunga v Yankalilla
Myponga-Sellicks v Goolwa-Port Elliot
McLaren v Mount Compass

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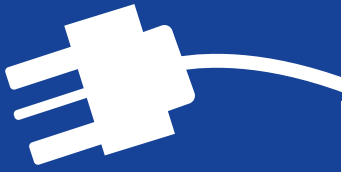
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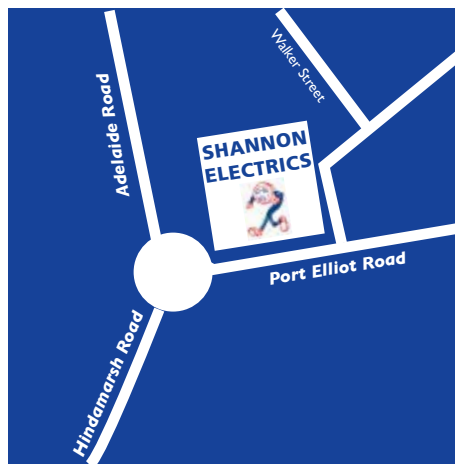
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A Bay dream believer

There are days when Mike Hill hits off the first tee at Links Lady Bay golf course into a south-easterly, and by the time he gets to the ninth it's a south-westerly meaning he's constantly facing the wind.

Upon reaching the 18th he invariably finds one of those bunkers on the right-hand side of the superbly-manicured fairway. All of these traps are sadistic. A few pristine white dimples on his ball poke through the rich terracotta-like red sand, and with his first unsuccessful blast Mike looks to the golfing heavens and asks: who on this earth is responsible for building such an unforgiving course?

Mike then remembers; he is. It was his doggedness as a dreamer that saw him develop this terrain south of Normanville overlooking St Vincent's Gulf into an awesome tourist attraction featuring outstanding accommodation, a restaurant, bar, and a brilliant golf course that sheds astonishing, undeniable beauty as it does the frustration that always flows with this game.

Welcome to a genuine links course designed by Jack Newton, Graeme Grant and the late John Spencer, and the Links Lady Bay Resort, of which Mike is managing director.

According to Golf Australia's official course rating method (slope system), Links Lady Bay is the second toughest course in South Australia. Off the blue tees for members, it is tougher than Royal Adelaide and Kooyonga, and only a fraction less than McCracken's lengthened gold tees for ladies. In simple terms, a 16-handicapper at Links Lady Bay – like Mike – is the equivalent standard of a 12 handicap player at a less-challenging course like Yankalilla.

Significantly, national magazine *Golf Digest* has also given Links Lady Bay a ranking of 64, making it the only course outside of the Adelaide metropolitan area to make the national top-100 list.

Some of SA's finest amateurs and Saturday morning strugglers with handicaps up to 27 will battle this course during the inaugural Fleurieu Peninsula Amateur Golf Championship which



Links Lady Bay managing director Mike Hill

embraces three other regional gems from April 7-10 – the Fleurieu (Mount Compass), McCracken and Victor Harbor courses.

The 72-hole event is the result of a push by Links Lady Bay golf coordinator Simon Norris for the four clubs to each use their rich golfing asset to put together a package to better market golf on the Fleurieu, and hopefully make it the forerunner to much closer ties among all Fleurieu Peninsula and some city courses. The overall shared response is a magnificent example that groups outside of their council boundaries can work exceptionally well together for the benefit of the whole Fleurieu Peninsula.

However, behind the great anticipation of this tournament, including the daunting yet beautiful features the Links Lady Bay course also presents is the reality that, for most part, Mike's quest has not come without its high stress levels that make those 18th fairway bunkers seem easy as a "gimme" putt.

Mike, 63, who grew up on his father's Friesian

dairy and sheep farm at Cape Jervis, said his preparation for the challenges that he has continuously encountered in this venture include leaving school earlier than most to become a shearer near Broken Hill three months of the year and then returning home to continue shearing and milking the cows in the early chill of the morn.

In the 1970s he found himself delving into property deals, buying and selling farms, engaging agricultural management and upon associating with developers sub-dividing and expanding the deals from Victor Harbor, down to Keith, and across to Cummins.

Before long Mike was part of a big business, managing properties with a value totaling \$30 million-plus. Paul Keating's recession then lobbed.

"The important thing was that we worked our way out," Mike said. "I almost lost the farm down here."

Continued P7

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Your local team (from left) Shane Mitchell, and proprietors Tony Caruana and Steve Conder.



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From P6
Survive, Mike did, but always pushed to the limit. The golf course scenario unfolded in the early 1990s with interest from Sydney. It took 18 months to purchase and rezone the land, council then demanded he build the golf course before he could subdivide to pay for everything, a key investor pulled out, and the impact by a confidence-lacking market was daunting. The first stage included the sale of 94 blocks in 1995, and nearly every cent was re-invested into the project. The sand belt was transformed by 1998, and the hotel complex was operational in 2004. Another hint of achievement came when Links Lady Bay hosted the Australian Seniors amateur championship – the first time in SA for 35 years. But again, the economic climate changed, and it was only last November that a Chinese consortium was invited to invest into Links Lady Bay. The clear motive of the positive new turn was demonstrating respect, working with the community and providing economic and tourism growth right across the Fleurieu Peninsula. The passion that drove Mike's dream in the early 90s is now shared.

“

I have never lost faith in Links Lady Bay. Every night was a sleepless night for many years... it put a lot of pressure on my personal life.”

– Links Lady Bay managing director
Mike Hill

Now a key shareholder with a consortium, Mike said the plans over time are exciting. “Links Lady Bay is on very sound financial footing enabling the project to move to a higher level,” he said. “It got to that point where you are sick of the pressure, but once you rise above it the pressure is all gone. You don't know it, but you're up three or four times a night trying to work out a way to pay the wages.” However, some issues remain. According to Mike, Links Lady Bay's biggest problem has always been the fact it is the best kept secret in Australia.

“People I speak to in town (Adelaide) generally haven't heard about Links Lady Bay unless they are in the golf game,” Mike said. “If some have

heard of Normanville they think it's in the sticks and don't realise it's closer to town than Victor. We're only 72km from the Adelaide CBD.

“I remember when we launched the opening of 42 apartments at the resort in 2008 and we spent close to \$70,000 on advertising including the Five-aa radio show here for a couple of days... while it was all good the place was soon forgotten.

“People also have the perception we are a golf club, but we're not. We are a resort with a fully-licensed hotel and a golf course.

“Golf is a tough industry to be in. As a sport it has struggled since the global financial crisis hit; we're 25 per cent down in revenue because golf is about having a disposable dollar; it's a luxury.

“People have this perception the course is easy, but hell no. It can play so differently... that's the beauty of a links course; they just change all the time. The greens are so big you have so many pin positions. You have four tees on every hole and five on some, and you can change the set-up of the course so much with pin placements and tee blocks. And when you have got the wind facing you I have seen pros tee-up on the signature hole of the course – the par-3 17th – with a driver, and the next day use a nine iron.” Mike, who remains a shareholder in the resort, admitted it has been a long journey from the shearing sheds of Broken Hill. His strength to keep going has been remarkable. “It has been one of those things that you just can't get off,” he says.

Perhaps his most annoying and longest-running battle has been getting the area officially named Lady Bay. The powers to be won't budge – what we call Lady Bay doesn't officially exist, so it's not on your GPS, and the Department of Transport won't even put up a sign in Normanville saying where Links Lady Bay is located. The staff in the Normanville petrol station are tired of giving directions. The lack of recognition for the name is sad really, because Lady Bay's name came from the historical fact that, in the late 1800s we had segregated beaches, and this was the place where the ladies could swim. It is part of our heritage, overlooked in 2000 when official names were established for areas within Council districts. At least we can all play golf here too, thanks to a bloke who dared to dream. **CL**

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The Investigator College community congratulates the Class of 2013 on their success.

We are proud to have assisted in navigating your chosen pathways & celebrate the diverse directions in which you have chosen to travel.

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Bachelor of Midwifery

Alexandra Cormack

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Taylor Cox

Bachelor of Nursing

Jessica Darling

Bachelor of Medical Radiation

Hugh Davidson

Traineeship - Landscaping

Samuel Davidson

Bachelor of Science

Brandon Davis

Gap Year / Employment

Jake Discombe

Employment - Retail

Josh Fechner

Gap Year / DEF: Bachelor International Studies

Luke Finlay

Bachelor of Mechanical Engineering

Ryan Finlay

Gap Year / Employment - Photography

Ryan Fletcher

Employment - Landscaping

Christian George

Bachelor of Architectural Design

Tom Gilbert

Bachelor of Aeronautical Engineering RAAF

Vivienne Govan

Bachelor of International Tourism

James Grimmett

Bible College / DEF: Bachelor of Education

Jordan Hall

Employment - Industrial

Ashlee Hanson

Enrolled Nursing

Emma Haren

Gap Year

Craig Hirche

Bachelor of Business & Economics

Dillon Huppatz

Bachelor of Mathematical & Computer Sciences

Alysha Hutchesson

Bachelor of Arts - Early Childhood Education

Alexandra Hutchinson

Gap Year - Travel

Cassie Jelfs

Bachelor of Psychology

Scott Johnson

Bachelor of Sports Science

Peyton Kluske

Bachelor of Paramedic Science

Kathryn Law

Dbl Degree: Bachelor of Law, Bachelor of Development Studies

Kahlia Lynch

Bachelor of Psychology

Jayden Maul

Apprenticeship - Security Technician

Matthew McCallum

Gap Year / DEF: Bachelor of Arts

Emily McEvoy

Bachelor of Creative Arts, Dance

Jacinta McFee

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Lachlan Milligan

Bachelor of Law and Legal Practice

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Bachelor of Mathematical Science

Claire Morris

Bachelor of Forensic & Analytical Science (Hon)

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Alexander Osborne

Gap Year / RAAF

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Emma Pritchard

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Jaiden Reynolds

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Bachelor of Commerce

Melissa Shackelford

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Jonathan Shaw

Apprenticeship - Electrical

Rachel Shaw

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Alicia Sims

Bachelor of Law and Legal Practice

Brooke Siviour

Employment - Hospitality

Callum Spencer

Bachelor of Nursing

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Owen Streeter

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Lauren Talifero

Gap Year- Overseas Travel

Edan Van Haren

Bachelor of Mechanical Engineering

Emily Viney

Bachelor of Arts: Early Childhood Education

Tilly Watson

Bachelor of Arts: Education Secondary

Aaron Wayne

Certificate III in Police Studies / DEF: Bachelor Criminology

Sophie Weston

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Results among best in state

Investigator College students have again excelled in their Year 12 results, many being rewarded with first-preference placements for tertiary courses.

The results have further underpinned the College's reputation for achieving excellence, and its ability to forge a diverse range of learning pathways.

Investigator College Director of Teaching and Learning, Andrew Panozzo, said almost all the school's graduates applied for tertiary colleges or university places.

"The results are truly excellent," Mr Panozzo said. "In fact, our results continue to rival those of the elite independent schools in capital cities."

Investigator College's results included 'perfect 20s' achieved by Ryan Finlay in Communication Products, Grace Gilbert in Workplace Practices, and Kathryn Law in English Communications. Kathryn's Australian Tertiary

Admission Rank (ATAR) was also a near-perfect 98.95, and she led a large contingent of Investigator College students who achieved ATARs above the national average. Importantly, 28 per cent of Investigator graduates received an ATAR of 90 or above, with an overall average score of 73.5 among the entire student population. Of the graduates who applied for university placements, the average ATAR was above 88, many receiving significant bonus points from particular courses/universities.

Such bonuses saw Investigator College graduates 'breeze' into numerous courses including engineering, science and arts. The College also featured significantly in specialised study areas including hospitality, visual arts, drama and music.

Investigator College has the huge benefit of a unique dual complementary campus model, which offers specialised facilities and infrastructure catering to

both arts and vocational interests. Again, the students' results in these areas and in Vocational Education were excellent with a significant number of students achieving their TAFE, workplace and further training aspirations.

The superb 2013 results form part of an impressive ongoing upward trend for Investigator College since 2007, consolidating the fact the South Coast boasts an independent educational institution, one which delivers academic excellence and firmly negates the need for local children to travel great distances to attend schools in Adelaide.

College CEO and Principal Don Grimmett said that the results were a testimony to the efforts of all students and staff.

"Whilst we are justifiably proud of our superb results, we are mindful that the SACE and academic results are only one part – though obviously an important one – of what it means to be a great school in the 21st century," Mr Grimmett said.

Investigator College achievements 2013

73.5 average ATAR
(including graduates not applying for university)

The majority of graduates (77%) applied for university. Of these:

Average ATAR: 88.6

28% of graduates scored an ATAR of 90 or above

57% of graduates scored an ATAR of 80 or above

76% of graduates scored an ATAR of 70 or above

"There is no simple number that can measure all the other things such as pastoral care and co-curricular activities that enrich students' lives." **CL**

Grace rides ultimate wave of leadership

Year 12 Investigator College student Grace Gilbert has been riding a wave of success for some time now, and not forgotten on the journey have been those supporting closely alongside, especially her teachers. Now the student is the teacher having taught junior primary students as young as five her great passion – surfing. According to Grace, the personal rewards from the experience continue to be enlightening.

Once more, the roles have been reversed with the teachers proud of Grace's marvellous perfect-20 score for a Year 12 subject of workplace practices while doing Y11 last year. The subject included a practical component relating to teaching, so she took a class of 'littlies' and taught them the art of surfing.

"It was incredibly satisfying to see the children learn and have great fun," Grace said. "They were just so good to work with."

"I have always appreciated the support of all my teachers, and to

then be able to reverse the role and work with the little ones was just so good.

"At first, one of my Reception students, Kate, wanted to play with her doll rather than go into the water. It was about slowly working with her, and a couple of weeks later she was right in there. The next minute she caught a little wave; she is a natural."

The support for Grace goes a little deeper as her mother, Natalie, is a science teacher at Investigator College and a former surfing instructor, while her father, Steve, was a seasoned surfing campaigner in his day, and her sisters Alice – herself a highly-accomplished surfer at national level – and Steph also keen on the sport.

Grace, who lives in Goolwa, has twice represented SA, including finishing third in the national under-18 longboard (9ft 1in) final at Port Macquarie.

"Surfing has been a big part of my life, and as a subject at school it has taught me a lot about time management, work ethos and



Grace Gilbert found herself surrounded by some of her young surfing students (from left) Luke Hills, Kai Iwao, Connor Hills, Judd O'Donnell, Maxwell Brown, Kayte O'Donnell, and Finn Hayden.

goal-setting," Grace said.

The young surfer now has her sights on state surfing titles and competing at an international level, and is exploring career options – possibly university – created by the pathways set at Investigator College. In the meantime, there may be more surf coaching, and perhaps providing VAC Swim lessons having previously assisted schools on Kangaroo Island, which perennially struggles to find

instructors.

Grace received a certificate recognising her perfect-20 score during a special gathering at Government House of the state's high-achieving students, but probably no other student had the distinction of also being a 'teacher'. Unusual, but then all of Investigator's pathways have been pleasantly surprising.

Go. See.

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Sunday, March 16

Admire jersey cows grazing, share an Alexandrina Cheese platter, and tune into the Ryebuck Sheila's Folk on the Farm. The entertainment resumes for the fifth year at Alexandrina Cheese where you can listen to Celtic tunes, eat a country lunch platter and sip on local wine. The Shiela's pull together talented Southern Fleurieu musicians to play a sweep of traditional songs. The music always starts at 1pm – mandolin, guitar, harmonica and amazing voices. Table bookings are

essential – free entry.

Folk on the Farm is scheduled regularly on the third Sunday of the month – Sunday, April 13 and Sunday, May 18. Bookings: 85549666 or e: info@alexandrinacheese.com.au

Wednesday, March 26

If you are 16 or above and would like to drive a boat/jet ski you may sit for your marine licence at the Victor Harbor Primary School, The Parkway, Victor Harbor from 6.30pm sharp – bookings essential, and cost is \$35.

The SA Recreational boating Safety Handbook should be studied before arrival. You will be shown a 90-min power-point presentation by a local marine safety officer then sit the exam, which is marked on the night. If you pass you are then accredited and may visit the DTEI Customer Service Centre (Service SA), and convert this to a full licence. The licence cost is \$34.

The SA Recreational boating Safety Handbook is available at Fleurieu Crash Repairs, Liberty Fuel, RAA shop and BP Goolwa. There is no charge for the SA Recreational boating Safety Handbook. You may do a refresher course for \$10. Juniors (12-16) welcome to sit the exam for special permit (\$15). Call 1300 363 805 for full details of special permit. You must bring valid Photo ID.

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Thought for the Month...

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it's better to tell her the truth
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nows the answer.

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Saturday, March 8

Cittaslow Gopher Festival, Alexandrina Council Goolwa car park 10.30am-3pm. Bring a gopher and test your skills – many prizes. Gopher competitor fee applies. Free spectator entry. Contact 0412 548 558.

Friday, March 21

Harmony Day Film Festival, Goolwa Library, Cadell Street and Strathalbyn Library Coleman Terrace. A celebration and reflection of Australian society and a day to tell stories and welcome new faces. The selection of Australian short films focus on social inclusion and identity. Screening every hour on the hour. Free entry. Contact 8555 7000.

Continued P11

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Competitors with sail ability

Easter April 19-21

Sailability SA and the Goolwa Regatta Yacht Club, in association with the Australian Hansa Class Association, will host the 2014 Hansa Class Australian Championships over the Easter weekend.

It is an exciting opportunity for Goolwa, and organisers are expecting 60–70 sailors to compete in six different classes. Along with the sailors, there will be more than 140 volunteers to ensure the event runs smoothly. Many of the sailors in the fleets may have a physical or intellectual disability, but it is important to be aware that this may have no bearing on their sailing abilities. As the Hansa class dinghies are ballasted keelboats, sailors with a disability do not necessarily have different limitations in terms of coping with wind and water conditions in comparison with able-bodied sailors with similar ability. These championships are designed to be a community event and members of the public are more than welcome to join in as spectators or volunteers over the weekend.



If you are interested in supporting this event please contact Lyn on 0438275576, or GRYC's manager Ben on 85552617.

From P10

March 22-23

Rat Race Regatta, Clayton Bay. Yacht race from Clayton, through Snug Cove behind Rat Island and back to Clayton. Next day, the same route, but in the opposite direction. The first warning signal on Saturday will be at 2pm and on Sunday at 10am. Contact Clayton Bay Boat Club 8537 0375.

March 29-30

The Southern Fleurieu Relay For Life will be held at the Victor Harbor Hockey Grounds from 2pm with survivors' walk. Still time to register a team – call Jan 85526695.

Wednesday, April 2

The Southern Fleurieu Film Society has grown to more than 100 members since it was formed last year, and its next classic at the Centenary Hall, Cadell Street, Goolwa, is *Ed Wood* (1994), a biography/comedy/drama

starring Johnny Depp, Martin Landau and Sarah Jessica Parkes. It is a unique and mostly true story about the legendary director of awful movies and his Motley crew of Hollywood misfits. Winner of two Academy Awards.



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Cape Jervis: Second Sunday of the month from 9am-1pm.

Goolwa: First and third Sundays of the month at the wharf.

Inman Valley: First Saturday of month 9am-1pm.

Kangaroo Island Community Market: Penneshaw Oval and Town Hall every Sunday from 9am.

Kangaroo Island Farmers' Market: Lloyd Collins Reserve, first Sunday or every month, 9am-1pm.

Myponga: Weekends and public holidays at the old Myponga Cheese Factory from 10am-4pm. www.mypongamarket.com

Port Elliot: First and third Saturdays of the month at Lakala Reserve.

Strathalbyn: Third Sunday of the month at Lions Park, South Terrace.

Victor Harbor: Farmers' market every Saturday until 1pm.

Victor Harbor: Indoor craft & plant market in the RSL clubrooms, Coral Street, on the fourth Saturday of the month from 9am-3pm.

Yankalilla: Third Saturday of the month from 9am.



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The Railway Man

(M) Drama starring Colin Firth, Jeremy Irvine, Nicole Kidman. Colin Firth is Eric Lomax, a British Army signals officer who was captured by Japanese soldiers in World War II and brutally tortured when his love of the railway made him a spy suspect. Many years later, Lomax is persuaded by his wife Patti to track down his captors. **Fri, March 14: 1.45pm; Fri, March 21: 2.15pm.**

Lone Survivor

(CTC) Action, drama, thriller, war movie starring Mark Wahlberg, Taylor Kitsch, Emile Hirsch. Based on *The New York Times* bestselling true story of heroism, courage and survival, Four Navy SEALs on a covert mission to neutralise a high-level al-Qaeda operative who are ambushed by the enemy in the mountains of Afghanistan. **Fri, March 7: 8.55pm; Sat, March 8: 8.55pm; Sun, March 9: 8pm; Mon, March 10: 8pm; Tues, March 11: 8.40pm; Wed, March 12: 6.30pm.**

The Book Thief

(PG) Drama, war movie starring Roger Allam, Sophie Nélisse, Heike Makatsch. Based on the book the same name, it tells the inspirational story of a spirited and courageous young girl who transforms the lives of everyone around her when she is sent to live with a new family in World War II Germany. **Fri, March 7: 1.40pm; Sat, March 8: 1.30pm; Fri, March 21: 4.15pm.**

Philomena

(M) Drama starring Judi Dench, Steve Coogan, Sophie Kennedy Clark. Philomena focuses on the efforts of Philomena Lee (Judi Dench), mother to a boy conceived out of wedlock — something her Irish-Catholic community didn't have the highest opinion of — and given away for adoption in the United States. Lee meets a BBC reporter with whom she decides to discover her long-lost son. **Fri, March 7: 2pm; Fri, March 14: 2.15pm; Fri, March 21: 4.30pm; Sat, March 22: 2.15pm; Sun, March 23: 3.15pm; Wed, March 26: 10.45am*, 5.40pm; Fri, March 28: 4.15pm; Sat, March 29: 1.45pm; Wed, April 2: 1.15pm.**

12 Years a Slave

(MA15+) Biography, drama, history movie starring Benedict Cumberbatch, Brad Pitt, Michael Fassbender. Based on an incredible true story of one man's fight for survival and freedom. In the US pre-Civil War, Solomon Northup, a free black man, is abducted and sold into slavery. Facing cruelty as well as unexpected kindnesses, he struggles not only to stay alive, but to retain his dignity. In the 12th year, Solomon's chance meeting with an abolitionist forever alters his life. **Fri, March 7: 4pm; Sat, March 8: 4pm; Sun, March 9: 3.05pm; Mon, March 10: 3.05; Wed, March 12: 1.15pm.**

Dallas Buyers Club

(MA15+) Drama starring Jared Leto, Matthew McConaughey, Jennifer Garner. A real-life Texas cowboy's free-wheeling life is overturned in 1985 when diagnosed as HIV-positive and given 30 days to live. Now shunned and ostracised by many of his old friends, he takes matters in his own hands. **Fri, March 7: 4.15pm, 6.40pm; Sat, March**



8: 2pm, 6.40pm; Sun, March 9: 1pm, 5.45pm; Mon, March 10: 1pm, 5.45pm; Tues, March 11: 6.35pm; Wed, March 12: 10.30pm*, 4pm.

Mr Morgan's Last Love

(M) Comedy, drama starring Michael Caine, Gillian Anderson, Clémence Poésy, Justin Kirk. A lonely American widower who learns to love life again after a chance meeting with a young woman (Clémence Poésy) while living in Paris. The film was filmed entirely in Paris. **Fri, March 7: 11.30am, 6.30pm; Sat, March 8: 11.45am, 4.15pm, 6.30pm; Sun, March 9: 3.20pm, 5.30pm; Mon, March 10: 3.20pm; 5.30pm; Tues, March 11: 6.30pm; Wed, March 12: 1.30pm, 6.45pm; Fri, March 14: 4pm, 6.30pm; Sat, March 15: 11.45am, 4pm, 6.30pm; Sun, March 16: 2.55pm, 5.25pm; Tues, March 18: 6.30pm; Wed, March 19: 10.30am*, 5.25pm; Fri, March 21: 11.50am, 6.45pm; Sat, March 22: 4.30pm, 6.30pm; Sun, March 23: 5.25pm, 7.45pm; Tues, March 25: 6.35pm; Wed, March 26: 3.20pm, 5.30pm.**

Winter's Tale

(M) Fantasy starring Russell Crowe, Jessica Brown Findlay, Colin Farrell, and William Hurt. Set in a mythic New York City and spanning more than a century, this is a story of miracles, crossed destinies, and the age-old battle between good and evil. **Fri, March 7: 11.40am, 8.40pm; Sat, March 8: 11.20am, 8.40pm; Sun, March 9: 12.45pm, 7.45pm; Mon, March 10: 12.45pm, 7.45pm; Tues, March 11: 8.50pm; Wed, March 12: 10.45am*, 3.50pm; Fri, March 14: 4.15pm; Sat, March 15: 4.15pm; Sun, March 16: 3.05pm; Wed, March 19: 4.10.**

The Monuments Men

(M) Action, drama starring George Clooney, Matt Damon, Bill Murray, Cate Blanchett, and John Goodman. Directed by George Clooney. In a race against time, a crew of art historians and museum curators unite to recover renowned works of art stolen by Nazis before Hitler destroys it. **Fri, March 14: 11.40am, 8.40pm; Sat, March 15: 11.30am, 1.50pm, 8.40pm; Sun, March 16:**

12.45pm, 7.35pm; Tues, March 18: 8.40pm; Wed, March 19: 1.15pm, 7.35pm; Fri, March 21: 11.55pm, 8.55pm; Sat, March 22: 12.10pm, 6.40pm, 8.55pm; Sun, March 23: 3.25pm, 8pm; Tues, March 25: 8.45pm; Wed, March 26: 1.15pm, 7.35pm; Fri, March 28: 1.40pm, 8.55pm; Sat, March 29: 3.55pm, 8.55pm; Sun, March 30: 12.55pm, 8pm; Tues, April 1: 8.40pm; Wed, April 2: 10.45am*, 7.45pm.

Le Week End

(M) Comedy, drama starring Jeff Goldblum, Jim Broadbent and Lindsay Duncan. Nick and Meg Burrows return to Paris, the city where they honeymooned, to celebrate their 30th wedding anniversary and rediscover some romance. **Fri, March 14: 11.50am, 6.05pm; Sat, March 15: 2.05pm, 6.05pm; Sun, March 16: 1pm, 5pm; Tues, March 18: 6.05pm; Wed, March 19: 2.15pm, 3.30pm; Fri, March 21: 6.30pm; Sat, March 22: 12.20pm; Tues, March 25: 6.30pm; Wed, March 26: 10.30am*, 3.35pm.**

The Wolf of Wall Street

(R18+) Crime, biography, comedy, drama starring Leonardo DiCaprio, Matthew McConaughey, Margot Robbie. A New York stockbroker refuses to cooperate in a large securities fraud case involving corruption on Wall Street, the corporate banking world and mob infiltration. **Fri, March 14: 8pm; Sat, March 15: 8pm; Sun, March 16: 6.55pm; Tues, March 18: 8pm; Wed, March 19: 10.45am*, 6.30pm.**

Tracks

(M) Action, biography, drama starring Adam Driver, Mia Wasikowska. A young woman goes on a 1700 mile trek across the deserts of Western Australia with her four camels and faithful dog. Based on a true story. **Fri, March 21: 2pm, 8.30pm; Sat, March 22: 4.15pm, 8.40pm; Sun, March 23: 1pm, 5.45pm; Tues, March 25: 8.25pm; Wed, March 26: 1pm, 7.45pm; Fri, March 28: 4pm; 6.30pm; Sat, March 29: 11.30am, 6.30pm; Sun, March 30: 3.15pm, 5.30pm; Tues, April 1: 6.15pm; Wed, April 2: 10.30am*, 3.15pm, 5.30pm.**

Mr. Peabody and Sherman

(CTC) Animation, adventure, family, sci-fi movie starring Ariel Winter, Leslie Mann, Allison Janney. Mr. Peabody, the most accomplished dog in the world, and his mischievous boy Sherman, use their time machine to go on the most outrageous adventures known to man or dog. **Sat, March 22: 2.30pm; Sun, March 23: 1.20pm; Sat, March 29: 2pm; Sun, March 30: 12.35pm.**

Noah

(CTC) Action, sci-fi starring Russell Crowe, Jennifer Connelly, Douglas Booth. Having visions foretelling the end of the world, Noah warns his people to stop the mistreatment of earth. His warnings go ignored, and Noah and his family are cast out and forced to fend for themselves in the face of an apocalyptic flood. **Fri, March 28: 1.30pm, 6.15pm, 8.45pm; Sat, March 29: 11.15am, 3.45pm, 6.15pm, 8.45pm; Sun, March 30: 2.35pm, 5.15pm, 7.45pm; Tues, April 1: 6pm, 8.30pm; Wed, April 2: 1.30pm, 4.30pm, 7.20pm.**

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South Australia tries hard to attract tourists, but perhaps its finest assets aren't promoted enough because of not being able to see the trees for the forest. There is something special right here, but perhaps even we don't take time to stop and appreciate what we have.

The SA Tourism Commission spent \$6 million on selling our city and some regions with an advertisement themed *Adelaide. Breathe* featuring an astronaut character floating around to the music of *INXS*. It was designed to make us feel better and send a message that Adelaide was not just a destination for festivals, the arts and music, but good wine, food and beaches.

The southern Fleurieu doesn't seem to feature in this space oddity, but never mind. For a smidgeon of the cost we can erect a huge sign on Adelaide Road heading to Victor Harbor highlighting an image of our horse-drawn tram on the causeway to Granite Island, and with a few simple words tell the universe what really is special about our state – it's heritage.

We're different because you won't find something like the splendor of our stone buildings and Victorian-era architecture in Queensland, or be consumed anywhere else by the stunning beauty like the gateway to the Coorong National Park and lagoon ecosystem. And if we really want to take on the world, our southern Fleurieu region has paddle steamers meeting steam engine trains at Goolwa – only Mississippi, USA can also boast of this feature

LIVING OUR HERITAGE: NO. 9

Coast Lines is proud to present this series, part of a Sharing Community Heritage Stories project, a Federal Government funded program through the Department of Sustainability, Environment, Water, Population & Communities.

– that roll along Australia's first-ever railway line to Port Elliot, and then pull into the Victor Harbor station where you can jump on the only horse drawn tram in the world that operates all-year round.

Amazing, isn't it? We say deserving of world prominence, but perhaps many of us are like those assembled on Platform 1 at the Adelaide Space Station: 'ho hum' we say. But not Adrian Cox, 46, a coordinator and one of eight drivers of the horse-drawn tram operated by the Victor Harbor Council.

He started here 12 years ago as a cabinetmaker working on the trams, and for the past two years driving the horses, which he regards

as one of the great jobs imaginable. "I meet people from all over the world every day and experience our history," he said.

"A lot of tourists are blown away with the size of the Clydesdales, and then I realise that many have never really been close to a horse before. I talk to people who live here and I'm amazed they have never been on the tram, and incredibly a few have never been to Granite Island. Even people who walk across here every day admit they don't think about the history of this place, and what it really meant to this state in our early days."

As so meticulously recorded in *The Story of Victor Harbor* by Allan Stempel and John Tolley (1965), and in-part in *Victor Harbor... from Pioneer Port to Seaside Resort* by Michael Page (1987), this Encounter Bay region owes its adventurous beginnings to the meeting by chance of Capt Matthew Flinders in his *Investigator* and Frenchman Capt Nicholas Baudin in *Géographe* on April 8, 1802.

It was whaler Capt John William Dundas Blenkinsop, who in 1837 shipped 200 tons of whale oil, which constituted the first commodity exported from SA.

Continued P15

“

There is no doubt the horses love the exercise, and those who pull the tram live longer than those who just stand around in a paddock. They are looked after very well.”

– Horse-drawn tram coordinator Adrian Cox

From P14

The original jetty was built in the shape of a hockey stick 1864, and extended to Granite Island in 1875. Work commenced in 1867 on the screwpile jetty, also a rare and remarkable construction named so because holes 4-6 feet in diameter were blasted into the limestone and piles were screwed 6-9ft into the rock. In 1879 work started on Australia's first-ever breakwater – 192,000 tons of monster granite over 100 yards shifted within the island mainly by quarry cranes, and completed in 1882. Of course, times changed and the whaling ceased, but fortunately in 1894 the SA Railways had the vision to see the value and beauty of Granite Island and commenced the passenger service across the causeway using horse-drawn trams.

Now, 120 years later, and following an interruption with a seemingly ridiculous tractor train from 1956-86, the horse-drawn trams are back to their full glory when the first-ever tram, a double-decker known as No.7, carried 37 people.

On a busy tourist-season day Adrian can work anywhere from 6.30am-9pm, but like the casual staff of 10, there are no complaints. “It's not every job that you can be surrounded by heritage and operate something so special that you cannot find around the world,” he said.

“Copenhagen is renowned for its horse-drawn trams in Douglas Bay, but they only operate a few months of the year, and there's one in Bendigo that is just once or twice a year. We have 11 horses, with a normal working team of eight, all cared for and managed by Richard van Dijk.

“The tourists love the Clydesdales, and are amazed at their strength. They are very strong, but I can budge one of these trams by myself, and they glide on the tracks easily with momentum. The horses are enormous fun to work with, and everyone here treats them as if they are your workmates.

“There is no doubt the horses love the exercise, and those who pull the tram live longer than those who just stand around in a paddock. They are looked after very well.”

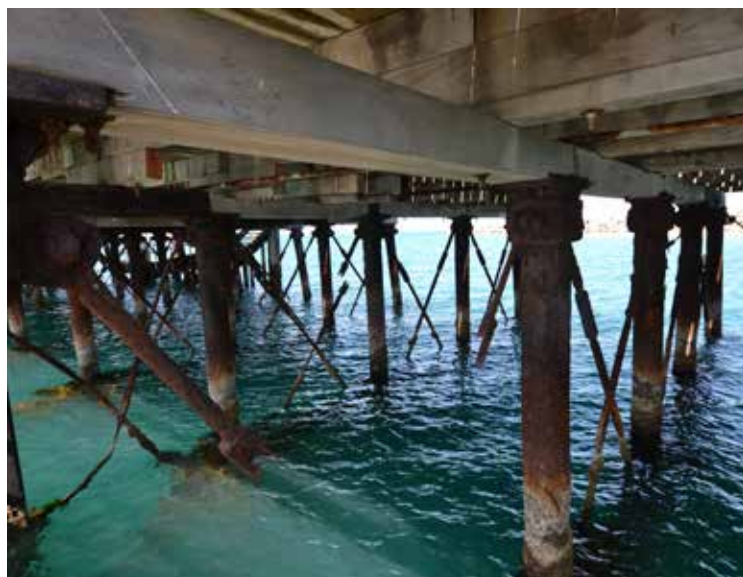
On this particular day Carmen, a 24-year-old mare, was in work, but sadly she is close to



Above: Victor Harbor horse-drawn tram coordinator Adrian Cox with one of his “workmates”, Carmen.

Right: The rare screwpile engineered jetty on Granite Island.

Below right: The breakwater that cost the lives of four men.



retirement. Like so many Clydesdales and draught horses from all backgrounds, her white face and pink skin has succumbed to skin cancers despite being protected from the sun by shade cloth.

There are two new Clydesdales being groomed to roll the tourists back and forth over the causeway, and like dear Carmen, and many others before her, they will draw admiration from the tourists. We just hope in the process that we, as a community, don't take this all for granted.

Historic references to timelines and significant events are featured on Granite Island, including special acknowledgement to the original owners, the Ngarrindjeri people of southern South Australia, and Adrian hopes that people read them to perhaps better appreciate where we have come from.

This includes the encounter of Flinders and Baudin 11 miles south-east of the Murray Mouth, which once again will be celebrated at Warland Reserve on April 8. Maybe it's a time to think how different things could have been, including going by the original name of Flinders' *Investigator – Xenophon* – had they not met.



And along this journey may we also take a look at Australia's first-ever causeway and remember that four men died during its construction, one from a falling boulder and three by explosion while preparing a shot for blasting. There is no monument in their honour recording this fact; certainly no mention of their names. May be our politician Nick Xenophon can investigate. **CL**

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Laugh Lines

Here comes the train

Sam applies for a job as a signalman for the local railroad and is told to meet the inspector at the signal box.

The inspector decides to give Sam a quiz, and asks: "What would you do if you realised that two trains were heading towards each other on the same track?" Sam says: "I would switch one train to another track."

Inspector: "What if the lever broke?" Sam: "Then I'd run down to the tracks and use the manual lever down there."

Inspector: "What if that had been struck by lightning?" Sam: "Then I'd use my mobile phone and call the next signal box."

Inspector: "What if your battery is flat or you are out of range?" Sam: "I'd run to the street level and use the public phone near the station."

Inspector: "What if that had been vandalised?" Sam: "I'd run into town and get my Uncle Leo."

The inspector is puzzled. "Why on earth would you do that?"

Sam: "Because he's never seen a train crash."

He, he Henry

An elderly gentleman named Henry is on a train and mumbles to himself, smiles and then raises his hand. After a moment of silence he goes through the same sequence again.

Another passenger observes this, and after about an hour he says to Henry: "Pardon me sir, is anything wrong?"

"Oh no," replies Henry. "It's just that on long trips I tell myself jokes to cut the boredom."

The other man says: "But why do you keep on raising your hand?"

And Henry says: "Well, actually that's to interrupt myself because I've heard that one before."

Keep looking

A burglar breaks into a bloke's house at 2.13 in the morning, and when the Victor Harbor police arrive later an officer asks him: "Sir, how do you know it was exactly 2.13 in the morning?"

The bloke says: "Well officer, I was sound asleep when I heard a large bang that woke me up, and my alarm clock said 2.13am. I could hear footsteps and I knew it was a burglar."

The officer questions further: "Then what did you do?"

The bloke says: "I asked him what he was doing, and he said he was looking for money."

The officer says: "What did you do then?"

And the bloke says: "I helped him look for it."

Naked truth

A bloke gets out the shower and looks at the mirror while his wife sits at the kitchen table having a cup of tea while reading the paper.

The bloke sighs... "Look at me," he says. The wife says nothing. The bloke adds: "And wrinkles; I've got more of them today. Oh please darling, say something nice about me to make me feel

better while I stare at this mirror of pain."

And the wife says: "Okay, your eyesight is perfect."

Weighing things up

A woman holding a baby walks into the chemist shop in the main street of Goolwa and asks the shop assistant whether she can use the shop's baby scales.

The assistant says: "Oh, sorry madam, but our scales are not working. However, what we have been doing today is weigh the mother with her baby on the adult scales, then weigh the mother by herself, and take that weight away from the first weight to find out how much the baby weighs."

And the woman says: "Oh no, that won't work."

The shop assistant says: "Why not?"

And the woman says: "I'm the baby's auntie."

Classy mates

Old Victor Harbor High School classmates Cheryl and Sue catch up for the first time in 15 years, and Cheryl asks: "I see you are a still a real glamour, what with your fancy blue shoes... has life been good to you since you left school?" Sue says: "Well, it has been eventful. I have been married four times and they have all died."

Cheryl says: "Oh, that's terrible."

Sue says: "Yes, my first husband was a millionaire, my second husband was an actor, my third husband was a preacher and my fourth husband was an undertaker."

Sue says: "Oh, you must be so sad."

And Cheryl says: "Not really... I married one for the money, two for the show, three to get ready and four to go; now don't you... step on my blue suede shoes."

Dad jokes...

What do you call a bloke who gets into a fight with a cat? Claude.

What doesn't a ghost need in his house? A living room.

What is the surest way to double your money? Fold it.

What did Ernie say to Burt when asked if he wanted icecream? "Sure-Burt."

Where are cars most likely to get flat tyres? At forks in the road.

What is the world's longest punctuation mark? The hundred metre dash.

What did the judge say to the dentist? Do you swear to pull the tooth, the whole tooth and nothing but the tooth?

What's the tallest building in the world? The library, because it has the most stories.

How to you organise a space party? You planet. Why did the \$2 coin jump off the cliff but not the \$1 coin? Because the \$2 coin had more cents.

What did the dolphin say when he bumped into the whale? I didn't do it on porpoise.

What is a boxer's favorite drink? Punch.

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The exterior will certainly need some attention, especially if you live near the Fleurieu Peninsula's magnificent coast line.

Try to wash your Nissan after it rains to prevent any acid rain related damage to the paint's surface. It's also a good idea to wash your car after driving on coastal roads, which can cause salt corrosion, and when your vehicle gets dusty or muddy.

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The interior needs just as much care. Always remove dirt and dust from the leather/cloth material seats with a vacuum or soft bristle brush and wipe hard surfaces with a damp cloth.

Floor mats can also extend the life of your vehicle's carpet and make it easier to clean. Regardless of the mats you use, be sure they are fitted well and properly positioned so you can operate the pedals normally. Mats should be cleaned regularly, and of course replaced if they become excessively worn.

Just a little effort regularly to keep your car looking great, especially looking after the paint work, can represent big dollars if or when it comes to trading-in your car. Appearance can mean everything.

Enjoy your Nissan, but remember, it also needs a lot of TLC when it comes to regular servicing and keeping up its maximum appearance. Ask the team at Grand Nissan how to protect that paintwork, upholstery and get your vehicle running smoothly.

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Mushrooms grow on the side of the road so surely they are not difficult to cultivate. According to former mushroom farmer Patrick Newenham, it's a tough game. He certainly has no regrets, even though his life has now gone...

Bumper-to-bumper

Turn into Flagstaff Hill Road from Middleton and about 6km up on the right there is a 30-acre property for sale. Nice view, and the 10 acres of Shiraz and Petite Verdot grapes seem appealing to the adventurous, not to mention the sheds converted from stables.

Just another site we may suggest, but in its own way special because it represents the last of the small mushroom farms that were once a thriving concern in hamlets across the state. Like the dairy industry, and perhaps the way vineyards are heading, with mushrooms the big got bigger and one refuses to use the pathetic line that there was not mushroom for the smaller operators.

The man behind this business – Fresh Fields Mushrooms – was Patrick Newenham, now 60, who as a kid just out of school worked at his local mushroom farm in Country Cork in the south-west of Ireland for nothing in his first year. “It was a just privilege to learn about mushroom farming,” he said. “I learned to stay away from the unions and how to cut costs.”

The real lessons of running a farm came after 18 years running his own mushroom business outside of Middleton, until he closed it down three years ago. These days he's more comfortable operating his mobile bumper bar fixing franchise in the city; it's a boom trade.

To this Irishman it is a happy ending to his mushroom days, previously running a family business in Ireland, and from 2005-10



Patrick Newenham inside one of the old mushroom rooms.

expanding to Avenel, north-west Victoria, taking over a farm operated by a group of Chinese businessmen who failed because basically they had no idea how to grow mushrooms.

Patrick said so many had failed in this game because they thought it was easy. You see mushrooms growing alongside of the road so you think it's a cinch in a controlled

environment, and then you discover why this place was the among the few remaining mushroom ventures to survive across Australia.

“I was in Ireland when I was approached by Adelaide Mushrooms to be the manager in Adelaide, and I jumped at the chance,” Patrick said. “A few years later, in 1994, this farm at Middleton was for sale. The previous owner went broke; he knew a lot of things, but not how to grow mushrooms.

“I thought I could give this a go, and my wife and I worked our backsides off for years. We took \$100 in wages a week for the first year. We did everything we could to make ends meet, and we built the business up slowly over the years.

“Growing mushrooms is a lot harder than people may imagine. It doesn't need to be dark; it's just cheaper to leave the lights off when you are not in the room. The key is having good compost supply... we went through 11 tons a week.

“The compost was highly selective so we could grow only one type of mushroom, which was the mushroom spawn we added. We specialised with the small *Agaricu Bisporus* (of course, we're talking about

the button mushroom). Depending on how you grow them determines what size you get, and I developed a market with big large open mushrooms, and that's where the business name came from; the impression of field mushrooms being a healthy product, which they certainly are.

Continued P21

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"Mushrooms are called the meat for vegetarians, and it's so true. As a business, it gave us 19 years of good living."

Sounds all nice, what with all these button mushrooms sprouting in the chill of the night, but according to Patrick few could believe the time he put into the business to survive.

"It was a seven days-a-week job," he said. "I used to do my day's work then drive to the Pooraka Markets north of the city every day for 12 years. It was a 200km round trip, but I saw the positive; it was my thinking time. I'd leave here at eight o'clock at night and be back at midnight, then be up at six to start another day. You do things like this because you want to succeed."

The sacrifices were immense. There was one holiday with his wife during that time; to the Gold Coast for a week, but the phone calls with the caretaker on the mushroom farm were constant. There were trips home to Ireland, but they could never go together.

Among the hardship was a personal triumph; going to a city auction and buying two airconditioners for the mushroom sheds that were passed in for \$1000 each, and snaring them for \$100. When the second spluttered for the last time after 18 years Patrick weighed up the cost of buying new airconditioners against his now personal price that had become exorbitant.

"I closed it all down three years ago, and now I'm selling what remains; the house, vineyard, and whatever someone may want to do on the property," Patrick said. "In the end we had eight or nine staff here who were great people, but the days are now gone when you can run something like we had. I wouldn't wish it upon anyone to restart this mushroom business; the farm would need too much work."

"Adelaide Mushrooms have a big farm in Monarto now; the big guys have really big. There will always be a place in Australia for the small guys like we were, but before long they will reach a stage like we did where you have to work seven days a week to survive because it is not viable to hire a manager."

"The small ones with a niche market will survive; the middle ones won't. By virtue of size the costs are much lower for the bigger ones so they will keep putting the squeeze on prices and the middle ones won't be able to compete."

"There were about 80 mushroom farms in Australia when I started this business 20 years ago; now there are only four left in this state, and they are big."

"I guess that's the way things go. Now I get up in the morning knowing that someone has just dented their bumper bar. I am still my own boss and trying to be the best I can be at my job, but it's only Monday to Friday. For so long I never knew what weekends were."

CL

Property enquiries: Sylvie Clarke of Smart Home Vision 0411 191 005



You have just got to...

Take your hat off to Sue

Get excited. The bugler is set to play the traditional *Call to the Post* to herald the arrival of horses onto the track for the Adelaide Cup at Morphettville Park on Monday, March 10.

Okay, it's not the Melbourne Cup; some suggest a race that stops a suburb, but let's still enjoy the holiday first proclaimed by then South Australian Premier Don Dunstan in 1973.

And while the Cup may have lost its Group 1 status, it is nonetheless a huge day on the social calendar. For the ladies, it's time to glam it up... perhaps a new frock with a matching fascinating hat or just a plain fascinator. Forget the stilettos; a disaster (so they say) walking on the grass.

Suzanne (or Sue) Williams, pictured in her Middleton home office, is definitely one person looking forward to the occasion because she has been busy working on the ageless craft of

millinery. If you thought this is old hat, think again; Sue believes the craft is making a big comeback. One could say business is looking up.

After being a craft that was predominantly passed through generations, millinery is now a keenly-sought after course offered by TAFE at its city campus, where Sue completed an 18 month course and Certificate 3 in December. The courses are even more popular and further extended in Melbourne, getting into the area of setting up your own business.

"Of the 25 who enrolled in our course, only seven completed, and I think that was because a lot were not sewers," Sue said. "I guess I had the advantage because my mum taught me sewing while I was at school."

"My husband Peter and I used to go to the races a lot in Melbourne because his company hosted a table at various race meetings."

Continued P22

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Sue wearing one of her many creations.

From P21

I was always sewing my own outfits and going into Spotlight and grabbing a couple of feathers and ready-made hat bases.

"My daughters (Briony and Leah) then started going to the Melbourne Cup with friends so I did the hats for them too.

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"Doing millinery wasn't something that I always wanted to do, but with encouragement from the girls I thought it might be worthwhile checking if there were any formal qualifications available, and Adelaide TAFE was offering the Millinery Certificate.

It taught me so much; the formal side is just all hand-sewing, and that's where my patience is... I love the fine work.

"Millinery is an art form that's coming back; definitely. There are a few people that know about making hats, and it is very costly so it's hard to make people understand what you are doing and why the price you are charging."

Sue has already made an impact on this craft having won first prize in her first attempt at the Royal Adelaide Show last year for a laced sculpture featuring a bird in both the novice section and best in show overall, and now runs her own business, Suzie May Millinery.

"I think the best thing I did was attend a milliners convention in Brisbane last year where milliners from all over Australia were teaching their expertise, some with leather, feathers and birds, lace and silk... there was so much knowledge around, and to spend a whole week there was amazing," she said.

"The good thing from the Adelaide TAFE course was that the class has stayed in touch, including our tutor, Lorraine Gill. It is a very good support group; we can ask each other for help even though our styles are generally all different.

"Personally, I am more into fantasy hats; the traditional style. Some of us are just into the standard little trilbies, fedoras and classic hats. It's a matter of working with all the different materials and getting the experience."

There are probably would-be trackside-socialites wondering what comes first; the hat or the dress?

"A girlfriend of mine buys her hats first and then the outfit to go with it," Sue said. "But I suggest buy the outfit first so we can then we design the hat around the outfit. It's easier; the whole dress is inspiring for the hat. You might have a dress with roses all over it or a type of flower and we can do the same in a hat."

So there you go; look the part in a matching outfit. The fashion stakes will again be a bigger event than the Adelaide Cup itself, and if you doubt that, who won the race last year?

Norsqui, of course; we all knew that. **CL**

suziemay@live.com.au

Blue and gold Victor Dragons have arrived



Enter the new-look dragon... Encounter Bay's Victor Dragons have adopted a bright appearance with their dragon boat decked in blue and gold.

Gone is the all-pink look, and the change is a positive reflection of how the club has grown to 30 enthusiastic members who meet at Tabernacle Road, Encounter Lakes every Sunday at 9.30, and for the first time for twilight paddles on Wednesdays at 5.30. Victor Dragons representative Linda Dehle said her club always welcomed new paddlers. "We conduct come-and-tries so you can have a go to see if it is your sport," she said.

"We now have two very competent sweeps with another developing slowly up the ranks, and we would welcome anyone who would like to put their hand up to train."

The Victor Dragons have kindly received open invitations to paddle in both Goolwa and Adelaide, which will help the crew members improve. In another positive move, the Dragons are considering competing at B-grade level at West Lakes.

Like any sport, establishing a new club bears expenses, and Linda said members had been working hard to raise community support. If you see the fundraising activities or smell the snags every second Sunday from Tabernacle Road, your support will be appreciated.

Meanwhile, if you are interested in having a go at this healthy and fun sporting activity, give Heather Wehr a call on 0400 751 957, or email Marion Bennett at marosbennett@bigpond.com to register for either a Sunday or Wednesday twilight meeting. You will be surprised just how enjoyable this sport can be for people of all ages.

If you want to know more about dragon boat racing visit: <http://www.dragonboatsa.com>

And if you want to get really serious, start training – Adelaide has won the right to host the 2016 World Club Crew Championships. Maybe a little out of the Victor Dragons' league at the moment, but they'll continue to have fun getting better with each paddle.

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Of course, the focus may seem Adelaide-orientated, but the Goolwa & District Community Bendigo Bank is very much a part of this exciting new campaign, as are the other 300-plus branches across Australia that between them hold \$53 billion in assets.

Bendigo Bank's state sales lead Rob Baxter said the new slogan *Bigger than a Bank* was a deliberate message that the bank will forever remain as a community bank – which involves using profit to put back into community projects – but foremost was a bank first. And he means a “real” bank in terms of what it offers and every conceivable service that the other banks provide.

“We are a full-service bank like to so-called Big Four,” Mr Baxter said. “But we are bigger

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**No. 9 in a series highlighting
how the Goolwa & District
Community Bendigo Bank is
helping your community**

around a community by doing good things like investing back into the community and building local prosperity, which creates jobs.

“I think people will be surprised at the Bendigo Bank's new approach because the general public has not been confident what a community bank actually represents. It is a not-for-profit bank, and it's a real bank. We are a real bank first, and then we do our community work.”

A few weeks ago Prime Minister Tony Abbott

opened the Bendigo Bank's magnificent new headquarters in Pirie Street, city, where 1300 people are employed. Often overlooked is the fact this represents the largest national headquarters of any company or business in Adelaide.

The Bendigo Bank's new push that it is ‘a bank first’ is perhaps best emphasised by the fact it has been Australia's Business Bank of the Year for the past three years. It provides home loans like any other bank, and while some people may suggest its rates are higher than the “Big Four”, the real comparison is in the composite rate that takes in all of the fees involved. Suddenly, the true figures are different, and the Bendigo Bank's rates become extremely competitive.

Mr Baxter said the Bendigo Bank wanted South Australians to be proud of their own financial institutional. “We are proud of our heritage with the Adelaide Bank, and we are here for the long term,” he said.

Here we go the Bendigo Bank Crow

Here we go, Crow... the Bendigo Bank is now the official bank of the Adelaide Football Club.

It has joined forces as a premier partner for at least three years. It is a wide-ranging commitment from Bendigo Bank, which has been part of the state since 1877, with the partnership prominent across many levels within the club.

A key area of the new deal will be involvement with Adelaide's SANFL team, with the Bendigo Bank logo on the back of the guernsey.

Bendigo Bank State Manager Craig Ralston said the Bendigo Bank was proud to be associated with the Adelaide Crows.

“We are backing the Crows to help fuel the passion of Crows members and their fans, and as a part of our contribution to the success and growth of the South Australian community,” Mr Ralston said.

“Just as the Adelaide Crows aim to be the team for all South Australians, we aim to be their



bank of choice.

“It's a footy club sponsorship, but it's bigger than that. This partnership will give us all something to cheer about because it's a substantial investment and vote of confidence at a time when we need companies to be backing South Australia.”

And to highlight the bank's true community spirit, the Goolwa & District Community Bendigo Bank will continue to sponsor Goolwa-Port Elliot in the Great Southern Football League – the Magpies!

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Lakeside Goolwa

update

Vol. 2, No. 1, March, 2014

Take a look through the new homes

The moving in date for our new residents is now just weeks away, and the anticipation is building. All of our new residents are very excited and looking forward to commencing their new lifestyles at Lakeside Goolwa.

We have a fabulous offer before the new residents move in – the opportunity to take a look through the new homes. We are sure that you will be amazed at the quality of the work that has gone into them.

Anyone interested in taking a look through the homes before they are occupied just needs to give us a call on 8555 2737 and make an appointment.

We know that some people have been particularly eager to take a look through a three-bedroom home, and with one of the homes close to completion – a Coorong 3 design – there is the perfect opportunity to see how the space works.

We build the homes specifically for each resident, all modified to varying degrees to suit the lifestyle of the new resident. Whether it is something small like changing the cupboards around or something bigger like enclosing the carport into a garage, it is possible.



Being as flexible as possible is one of the many advantages of doing things the Lakeside Goolwa way.

Meet our new sales manager

We are pleased to welcome Fiona Sanders, our new sales manager, to the Lakeside Goolwa team.

Fiona has a wealth of experience in both the building and real estate industries in both the city and country. It means she is an ideal first port-of-call for any queries you may have about the homes or the fantastic lifestyle on offer here at Lakeside Goolwa.

One of the nearly completed new Lifestyle Goolwa homes, and (left) new sales manager Fiona Sanders.



Fiona said she was excited about her new challenge. "I really love the whole concept of Lakeside Goolwa," she said. "Because it is the first of its kind in South Australia, in accordance with the Residential Parks Act, it is very special."

"Here, you don't have deferred management fees at the end making it easier to get out of should you decide this is not for you. You can sell your home, and you are not going to be penalised with hefty fees at the end. It is peace of mind."

"The lifestyle living for anyone 50 or over is just magnificent; a

beautiful way to free-up money in your home which gives you the chance to travel or do whatever you want to do.

"Already, with the people that are here there is that community involvement. They are mixing and helping each other out. Friendships are being formed."

"The activities side of it is also appealing. It's not like going into a retirement home where they tend to a small patch of garden. Here, you have the chance to enjoy plenty of living and be as active as you can or want to be."

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Home Decorator's Corner with Monique



Monique is the owner of Adrift in Goolwa. A writer, colour consultant and home stager, she is also a self-confessed decluttering diva.

I recently bought a lamp. It was an object of such beauty (to my mind anyway) that I simply had to have, but when I got home I realised it looked totally out of place in the lounge room. Its rustic base, made from a vintage water vessel, did not go with my red Chinoiserie side table's delicate nature. So I moved it to my bedside table; no good there either. Its drum shade dispersed the light which meant it didn't work well as a reading lamp. And, even though my tastes are rather eclectic, it outshone the sad-looking student lamp on the other side of the bed. Clearly, the pair was as mismatched as Charles and Diana. Frustrated, but determined to find that perfect position, I started moving things around. And back again. Then inspiration struck: instead of trying to find the right place, perhaps I should approach the project differently and really look at the lamp's intended purpose.

This piece was bold and a little quirky so it deserved to be a focal point. Tonal rather than colourful, it would do well in a position with plenty of natural light rather than a gloomy corner, where it would appear dull. The drum shade would look good against a wall, which would reflect a kaleidoscopic pattern of light at night. And, with a broad base, it needed a large surface to rest on.

Finally, I found the perfect spot: placed atop the wide, retro-inspired dresser in a corner of the guest room, the lamp would sit securely, its light bouncing off the wall. In turn, the chest's clean lines perfectly complemented the naive shape of the lamp.

Hindsight's handy hints for choosing a lamp:

• Carefully consider its purpose

Is your lamp for reading? To brighten a dark



The chest's rough top and clean lines are a great match with the lamp. Adding two wooden birds creates a perfect display trio.

corner? Or do you need subtle, diffused light? Open drum shades disperse light; angled shades focus light. For a reading lamp, choose one that is adjustable, in terms of height and angle of shade. Remember, the darker the shade, the less light will filter through.

• Size matters - both in the base and in the shade

If the base is too big for the surface it's placed on, the lamp might topple over, especially if it's top-heavy. And there might not be place to put a drink, a book or a clock. If the shade is substantial in size, it could dominate the space. But, if your room is large and your furniture bulky, a big, beautiful lamp – or two! – could become a real talking point.

When it comes to choosing a shade for your base, bear in mind that the bottom of the shade should be wider than the widest part of the base. Ideally, the height of the shade should be about three-quarters the height of the base.

• Pick your colour & style with care

If your lamp is to take pride of place, opt for bright colours, or a bold or intricate design – but decide if you want the shade or the base to get more attention. For example, if the base is plain, you might want to choose a colourful shade or one with embellishments. If the space contains vibrant hues and/or patterns choose a base with clean lines, and a shade to match your room's palette; or go for neutral, simple and stylish instead.

Happy lamp hunting!

Monique

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EAT WAVE

with Jenny + the
National Heart Foundation



Inspirational Heart Foundation recipe

We had such a great response to promoting February as Heart Research month in our previous edition that we decided to run another healthy heart recipe kindly provided by the National Heart Foundation. This recipe is for inspiration only, and should not be considered as a recommended daily dietary solution. You may obtain other healthy recipe ideas at: www.heartfoundation.org.au/recipes

Enjoy. – Jenny

*Snack time? Then go
for the healthy choice*

Beetroot & white bean dip with dukkah toasts

Serves 8. Time: preparation: 15 minutes;
cooking: 10 minutes

Ingredients

2 round Lebanese bread
Olive oil spray*
1 tbs dukkah (or Zatar spice blend)
400g can butter beans, rinsed and drained
450g can whole baby beetroot, drained
1/4 cup plain, unsalted pistachio nuts,
toasted*
1 clove garlic, crushed
1/2 cup low fat Greek-style yoghurt

Method

Preheat oven to 190°C (170°C fan-forced).
Cut Lebanese bread into small triangles, spray
lightly with cooking spray and sprinkle with
dukkah.
Place triangles on an oven tray and bake in
preheated oven for 5-7 minutes until crisp and
golden.
Process beans, beetroot, nuts, garlic and
yogurt in a food processor until well blended.
Transfer dip to a serving bowl and serve with
dukkah toasts.

Tips: To toast the pistachio nuts, stir over
a medium-high heat in a small frypan until



lightly browned.

For a delicious flavour variation, stir through 1
tablespoon chopped mint or coriander.

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Chorizo Penne Pasta

Ingredients

300g penne pasta
1 carrot
1 stick celery
4 spring onions
1-2 fresh red chillies
2 chorizo sausages, sliced
3 thinly sliced prosciutto rashers
1 teaspoon dried fennel seed
1 teaspoon dried oregano leaves
2 cloves garlic, crushed
4 tablespoons balsamic vinegar
400g tin chopped tomatoes
1-2 tablespoon baby capers (optional)
salt & pepper to taste
olive oil



*Buon
appetito
(enjoy your meal)*



Method

Cook penne pasta as per packet instructions.
Pre-heat a fry pan to medium heat.

In a food processor, process peeled and chopped carrot, celery and spring onions until chopped finely. Add one tablespoon of olive oil to the heated pan, and add the processed vegetables. Place the sliced chorizo, prosciutto and chilli in the food processor, and process until chopped fine. Add to the vegetables in the pan. Stir in dried fennel seed and dried oregano, and after heating for a few minutes add minced garlic, balsamic vinegar, chopped tomatoes with juice, capers and olives (optional). Add salt and pepper to taste.

Continue stirring to heat through.

When pasta is cooked, drain, reserving some of the liquid. Stir pasta into the chorizo mixture and heat through, adding a little of the reserved liquid if needed to keep the mixture moist.

Serve topped with grated Parmesan. Serves 4.

*Ingredients may be finely chopped if you don't have a food processor.
Black pitted olives can be added or used instead of the capers.*

... and you've just got to dip into the barrel for these bickies

Cranberry & Almond Cream Cheese Biscuits

Ingredients

440g packet Butter Cake Mix
250g tub cream cheese
55g butter
1 egg
1 teaspoon vanilla essence
¾ cup dried cranberries
½ cup flaked almonds

Method

Pre-heat oven to 180°C. Line baking trays with baking paper.

Place softened cream cheese and butter in a bowl, and beat until combined. Add egg and vanilla, and continue beating until smooth. Stir in dried cranberries and flaked almonds.

Using clean hands roll teaspoonfuls of mixture into balls (this is easier if palms are dampened with a little water). Place balls on baking tray and bake for 15 minutes, or until biscuits are slightly golden on top. Remove from oven and cool. Makes 30 biscuits.

Cranberries and almonds can be replaced with different ingredients. Choose from chocolate chips, walnuts, dried apricots, macadamia nuts, pecan nuts, raspberries, apples.



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