

Coast Lines

FREE

Your Goolwa - Victor Harbor community monthly magazine reaching Kangaroo Island and the Fleurieu

August, 2013 Vol. 2, No. 16

Fleurieu  For Sale ...plus your real estate guide

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Goolwa-Port Elliot's Dale Cuthbert shows his dash in the heavy going against Victor Harbor at Goolwa Oval.

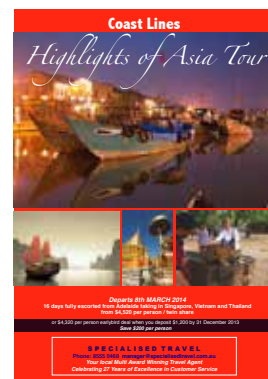


The town rivalry just got hotter

Some may be talking about Showdown XXXV between Adelaide and Port Adelaide, but down this way in the Great Southern Football League the old rivalry between Goolwa and Victor Harbor is even hotter. With the top four seemingly settled for the finals starting on August 31, it leaves one spot – probably the Magpies or the Kangaroos. It's been a long time between finals success for both. Right now Victor Harbor is in the five, but only .09 per cent ahead of Goolwa-Port Elliot. **FULL STORY P2**

Join us on a tour of Asia

Coast Lines, and Specialised Travel, of Goolwa, are inviting you on a special journey – discovering the Highlights of Asia. It's a 16-day tour of Singapore, Vietnam and Malaysia, leaving direct from Adelaide on March 8, 2014. Visit our website for the complete itinerary: www.coastlines.com.au
DETAILS: P3



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Forget Showdown XXXV, this is serious rivalry

Most know the rivalry between Goolwa and Victor Harbor runs deep, but now it seems there is no room for the both when it comes to the Great Southern Football League finals coming up later this month.

Despite losing by 21 points to Goolwa-Port Elliot in the 14th series, the Kangaroos were left in fifth spot, just .09 per cent ahead of the Magpies with four rounds remaining.

If either side makes the finals it is unlikely to fully test Encounter Bay, which remains a firm favourite for its first premiership since 1996. However, after going through lean times with the Kangaroos not jumping for premiership joy since 1999, and the people of Goolwa not seeing a flag since the B-grade won in 1981 and the A-grade in 1977 as its own identity before amalgamation, they have nonetheless raised the hopes of their supporters.

Despite the importance of their clash in round 14, and not having contested the finals since 2004, the Goolwa-Port Elliot players and new coach Michael Small were notably subdued after the win.

"We have a long way to go," Michael declared. "It's about developing belief in the players during the week, then during a game and then during a quarter.

"We can look back on today (against Victor Harbor) and say the second quarter was an aberration, but the players can also look at themselves and say it took strength, character and belief to prevail. It's less about talent; it's having belief to exercise whatever talent they have got.

"This was like finals footy for us; every week is, but it just hasn't happened. We have developed players, and we did some very smart recruiting. It wasn't necessarily about talent, but the quality of the person. Football can exercise skills, but it's the internal character of the guy that matters.

"Everyone who has come to us this year was recruited on the basis they wanted to be part of the club, not just to play footy."

Life member, Ken Wall, 65, who has been around the club for 32 years, said there was no doubt things had changed within the Goolwa-



What next? Whatever, Goolwa-Port Elliot's Matt Wiese needs to do something quick with the ball.

Port Elliot Football Club.

"The feeling around this place has been the best for decades," Ken said. "The new coach has a lot to do with it. We also did well with the senior colts last year, and most of our senior players are locally bred.

"We haven't had belief around this place for a long time. Usually this time of the year we go out there to play for the fun of it. Yeah, there's a long way to go, but we're giving it a go."

Bryn Bridges, 58, the team manager and equally revered within the club, claims things have remained level headed around the place. "People expect us to play in the finals, but we've got a lot of work to do yet.

"We've got a good group of young players. The coach is a local bloke and he's done a top job. Everyone is in this together. There are good teams above us, but at least we are moving forward."

Victor Harbor was missing key players, including Matthew Hodge, who was representing the state country side, but there were no excuses from the lads. Watch out when both do make the finals the same season.

GSFL A-grade ladder after round 14

Encounter Bay	24
Willunga	18
Strathalbyn	18
Langhorne Creek	16
Victor Harbor	14
Goolwa-Port Elliot	14
Mount Compass	10
McLaren	10
Yankalilla	8
Myponga-Sellicks	8

Remaining games

Victor Harbor v
Strathalbyn (H)
Langhorne Creek (H)
Encounter Bay (A)
Mount Compass (H)

Goolwa-Port Elliot v
Langhorne Creek (A)
Mount Compass (H)
Willunga (A)
McLaren (H)

For a complete ladder and program guide, visit: www.gsfl.com.au

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Enjoying footy is now Matthew's rule of thumb

Victor Harbor Football Club captain Matthew Hodge (pictured) was instrumental in South Australia's 42-point win over Western Australia in a state country match at Brownes Stadium, Perth, on Saturday. "It was great experience," Hodge said. "I always enjoy playing 'rep' footy. You get the chance to go away with new blokes, and the standard of footy obviously lifts a great deal when you play alongside or against the best country players of both states." Hodge, who had 28 disposals, was playing his fifth game for the state, was the only GSFL player named in the side. SA won 13.7 (85) to 6.7 (43). "I haven't played AFL, but given all of the circumstances I guess I have played the next best thing," he said. "I enjoy my footy with Victor Harbor, and right now that's all that matters."

Hodge was an All-Australian under

18, and toured Ireland with the national U18 side in 2002. However, he had his left thumb shattered during a tour match. He later trained with AFL club Port Adelaide for a few months, and the club said it would offer him an opportunity should he completely recover from the thumb injury and return to state football. However, the injury took longer to heal, and after missing the entire 2003 season his AFL opportunity disappeared. After two SANFL league games with South Adelaide, he played at Morphett Vale for two seasons and has played for Victor Harbor the past six. "In a sense I regret not staying in the AFL system," Hodge said. "I have a lot of mates who are playing AFL now, but that's the journey football takes you."

Let's go see the Highlights of Asia

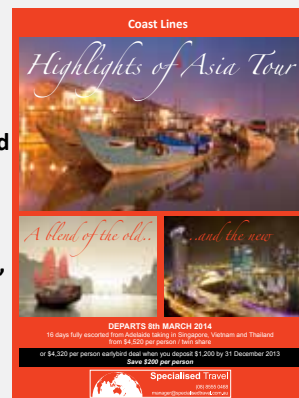
Introducing our *Highlights of Asia Tour* presented by Specialised Travel and Coast Lines.

Come with us on a fully-escorted 16-day tour taking in Singapore, Vietnam and Thailand, flying direct from Adelaide to Singapore on Saturday, March 8, returning direct Sunday, March 23.

The tour has been carefully put together by Jeff Rainsford, owner/manager of Specialised Travel, who has almost 30 years experience in the industry. *Coast Lines* has come on board with Specialised Travel to promote this fabulous tour as a means of saying "thank you" to our readers who have supported us for the past two years. Look at the prices – we encourage you to compare elsewhere and visit our accommodation websites to see the value. The cost per person/twin share for our *Highlights of Asia Tour* is just \$4520. You can save an extra \$200 per person by making a deposit of \$1200 by December 31. The single supplement is just \$960.

The tour will be led by Jeff and his wife, Sylvia, who have visited Asia numerous times and have put their experiences of these wonderful countries into an itinerary that is very special. The *Highlights of Asia Tour* gives you a taste of Asia's culture and cuisine, its gracious people, a balance of organised and free time, and even time to explore the atmosphere of the night markets.

Specialised Travel is a fully paid member of the Travel Compensation Fund, Travel Agent licence TTA238374



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Friday, August 2

There is a Blue Light Disco at Centenary Hall, Goolwa for 7-17 year-olds from 6.30-8pm, and 12-17 year-olds from 8.30-10.30pm. Entry \$5. This is a lock-in event so parents must drop their kids off and pick them, up at the door.

Friday, August 2

A food education workshop for parents and children will be held at the Mount Compass Kindergarten (Oval Road, Mount Compass) from 10-11:30am.

It will be presented by Samantha from Nourish Food Education; www.nourishfoodlife.com.au The aim is to encourage good nutrition in the early years, with a focus on utilising seasonal, local and/or home grown produce.

Session starts with some interactive cooking with the children, after which they will have supervised play time whilst parents finish the workshop.

Proudly supported by Mount Compass MummyLink and Alexandrina Council's OPAL program. For further information contact Cheryl Mountford 043 487 4162.

August 2-4

The South Australian Alpaca Association Colour Classic will be held at the Strathalbyn Harness Race Club, Milne Road, Strathalbyn. It is SA's largest alpaca show attracting exhibitors from around Australia. Free entry. Saturday 10am-4pm; Sunday 9am-1pm. Contact 0415 250 588.

Go. See.

coastlines.com.au

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& District Community
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THOUGHT FOR THE DAY

**When people say: "life is short".
But life is the longest thing anyone
ever does. What can you do that is
longer?**

Friday, August 3

The brilliance of 12 very different artists has been pooled in recent months to produce an innovative and outstanding CD – Home Brew – which will be launched in concert at Centenary Hall, Goolwa.

Under the guidance of accomplished South Australian songwriters Leigh Marshall, Quentin Eysers, John Baker, Corey Stewart, the creative

Heather Frahn and project coordinator Nisa Schebella, these 12 original songs, all so different in style and content originate from the south coast. They were recorded live and in their most rawest state, at the home of original music on the south coast, the Hotel Elliot.

The extremely talented performers are Maggie O'Moore, Gabe Marshall, Bridget Faure, Trev Sprigg, Jacq Stam, Heather Seyhun, Clancy Retallicks, Maria McGill, Annie Ackland-Prpic, Annie Blackstock, Mic Holt and Jim Raz.

Tickets for the CD launch concert may be purchased via the Goolwa Information Visitor Centre on 1300 466 592 or at the door. The CD costs \$10. All proceeds from the sales and the evening will go back into Home Brew as an ongoing performance based community project under the Port Elliot Town & Foreshore Association's Arts & Cultural Development Committee.

Details; 0412 974 655 or on www.facebook.com/HomeBrewOpenMic

Home Brew is presented by Alexandrina Council, Country Arts SA, and Arts SA for Just Add Water 2013 through the Cultural Places Initiative, an Australian Government pilot program through the Australia Council, its arts funding and advisory body.

August 4 & 11

The Strathalbyn Bands Festival, the biggest gathering of musicians in South Australia featuring up to 20 concert, stage and brass

Continued P5

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August 19... *Scaredy Kat* performers (from left) Julia Mayer as the Mattress, Peter Cortissos as the Chair, Renee Gentle as Kat, and Maddy Rose as the Lamp.

From P4 bands, will be held at the Strathalbyn Town Hall, High Street over the two Sundays from 11am-4.30pm. Cost: adults \$8, children U12 free. Contact 08 8537 5185.

August 10-11

The Cellar Treasures Weekend will be held around Langhorne Creek from 10am-5pm both days. It is an exclusive opportunity to taste and purchase museum wines from the region's wine producers.

Visit: www.langhornecreek.com

Thursday, August 15

Local Radio 5EFM is holding a movie fundraising event at 6.30pm for 7pm featuring the movie *Behind the Candelabra*, a biography drama about Liberace, starring Michael Douglas and Matt Damon (see more details about the movie on page 25). The \$16 ticket price includes the movie and supper. Tickets available from Radio 5EFM Mon-Fri 9am-4pm (ph 8552 5655) or Victa Cinema.

August 17-18

Strathalbyn Collectors, Hobbies and Antique

Fair featuring authentic and quality antiques, crafts and collectables will be held on the Saturday from 10am-5pm and the Sunday 10am-4pm. Appraisals, sales, displays and collections in five halls, free shuttle bus between all halls, catering and entertainment available. Visit www.slta.asn.au or contact 0427 674 620. Cost: \$10 per day, including entry into all five halls.

Monday, August 19

What happens in a child's bedroom when the lights go out at night? Just Add Water joins Colourwheel Productions to present *Scaredy Kat*, a wonderful fantasy world where a child's bedroom furniture lives and breathes when the lights go out.

Winner of the Adelaide Fringe 2011 Award for best presentation for children, *Scaredy Kat* is being presented as part of the Just Add Water Schools' program, but tickets are also available to any parents and carers who want their children to experience this imaginative, simple, and clever take on one of the timeless issues faced by kids.

Using puppetry, percussion and play, and a melodic rhyme representing a typical 'bedtime story', *Scaredy Kat* tells a story of a young girl who is so scared to go to sleep at night, she becomes overtired and over-stimulated. Kat finds the confidence to face her fear of the dark by making friends with her scary bedroom furniture and in the process finds out about teamwork, respecting others' belongings and understanding things from someone else's perspective.

The 50-minute performances, best suited for children aged 4-9 years, will be at Centenary Hall, Goolwa from 10am and 1pm. Cost: adults \$10, children \$8, schools: 1 teacher/carer per 10 students free). School Bookings: Wendy Williams, Just Add Water Schools Coordinator 0422 098 440. Public bookings: Goolwa Visitor Information Centre, 1300 466 592 or www.visit.alexandrina.com

Saturday, August 31

The Fleurieu Community Foundation is holding one of its big annual fundraising events – a Spring Eve Gala Ball at the Hotel Victor on August 31, 6.30 for 7pm.

Tables of 10 are at \$80 per person, and individual tickets \$85, which includes a

three-course meal and wine. There will be a band, the Flaming Sambucas, auction and a raffle. All proceeds will support the Fleurieu Community Foundation and its projects within the local community. For bookings, visit: via ><http://www.trybooking.com/CYXL>< or ><http://www.fleurieucommunityfoundation.org.au><. Tickets also available at Professionals Victor Harbor, 11 Ocean Street.

Off to market we go...

Cape Jervis: Second Sunday of the month from 9am-1pm.

Goolwa: First and third Sundays of the month at the wharf.

Inman Valley: First Saturday of month 9am-1pm.

Kangaroo Island Community Markets: Penneshaw Oval and Town Hall every Sunday from 9am.

Kangaroo Island Farmers' Market: Lloyd Collins Reserve, first Sunday or every month, 9am-1pm.

Port Elliot: First and third Saturdays of the month at Lakala Reserve.

Strathalbyn: Third Sunday of the month at Lions Park, South Terrace.

Victor Harbor: Farmers' market every Saturday until 1pm.

Yankalilla: Third Saturday of the month from 9am.

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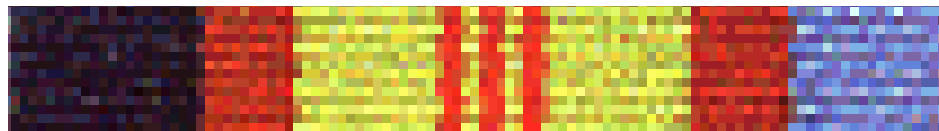
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Some special days in August



Sunday, August 18:

Vietnam Veterans Day

Vietnam Veterans Day will forever be sacrosanct, but this year's event will be even more significant.

This year is the 25th commemoration of Veterans Day, previously a day to remember the Battle of Long Tan in 1966. It is also the 50th anniversary of the death of Sergeant William F. Hacking, the first Australian soldier killed in the Vietnam War, and the 40th anniversary of when our involvement officially ceased.

The Vietnam War remains as Australia's longest major conflict. Each of the three services was involved, but the dominant role was played by the Army. Approximately 60,000 Australians served in the Vietnam War – the most at any one time was 7672 – and of them 521 were killed and more than 3000 wounded.

Our local RSL sub-branches will celebrate all those who served in Vietnam – heroes, the lot of them – on August 18; contact them for details. If you cannot get there, spare a thought for those who had their lives changed forever.

August

- 1-7: World Breastfeeding Week.
- 2: Jeans for Genes Day.
- 4-10: National Healthy Bones Week
- 5-11 August: National Dental Health Week.
- 12-18: Haemochromatosis Awareness Week.
- 12-18 Brain Injury Awareness Week.
- 19-25: Natural Fertility Awareness Week.
- 23: Daffodil Day.
- 25-31: Speech Pathology Week – Literacy for Life.
- 25-31: Hearing Awareness Week.

Wednesday, August 28: Meals on Wheels Day

Meals on Wheels is a magnificent organisation that has helped Australians for more than 60 years.

It is a driving force of care in our community, and we can thank many volunteers at our own centres based at 1 Bay Road, Victor Harbor (T: 8552 2431), and 136 Main South Road, Yankalilla (8558 2930).

Every year, more than 14.8 million meals are delivered by more than 78,700 volunteers to about 53,000 recipients Australia wide in cities, regional and rural areas.

If you would like to help, please contact the organisation – it always needs help. The demand is only as great as the time you can afford.

Meanwhile, may we all say "thanks" to the Meals on Wheels volunteers on their day of recognition.

Paws for a moment

Our southern coastline is becoming the canine capital of the world, and no wonder they want to dig a bone here.

First they were made to look like stars in the 2013 "Dogs of the Coast" calendar, and now their loyal owners are searching for businesses that are dog-friendly. If this sounds like your business, the calendar team, led by Ruth Miller, wants to hear from you so she can give you a free plug in the next calendar.

But hurry; the cut-off for the 2014 calendar covering pooches across the Alexandrina and Victor Harbor council areas is Friday, August 9.

Ruth is searching for places that are dog-friendly places to eat, stay and provide dog sitting/walking services.

Remember, it's free, and if you want your dog to be Miss or Mr July 2014, contact Ruth for an entry form: roo.miller@bigpond.com.

Books we are reading pages & more

The best selling books at Pages & More, 32 Ocean St, Victor Harbor, for the month of July were:

1. *Inferno* by Dan Brown (mystery/thriller) \$39.95
2. *And the Mountains Echoed* by Khaled Hosseini (cultural/Asia) \$32.99
3. *Entwined with You* by Sylvia Day (erotica/fiction) \$19.99
4. *Jamie's 15-Minute Meals* by Jamie Oliver (cooking) \$49.99
5. *Zero Hour* by Clive Cussler & Graham Brown (fiction/action) \$29.99
6. *I Quit Sugar* by Sarah Wilson (diet) \$34.99
7. *Dead Ever After* by Charlaine Harris (paranormal/fantasy) \$29.99
8. *Holiday Heartbreak* by Dork Diaries/ Rachel Renee Russell (children's) \$16.99
9. *Gone Girl* by Gillian Flynn (thriller) \$19.99
10. *Burial Rites* by Hannah Kent (nature) \$32.99



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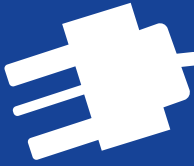
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Rose Kentish, who travels to France twice a year to make her own wine, and her husband, Sam Harrison, an accomplished artist, have four children. Yet, remarkably, they find time to restore Middleton's historic flour mill as their home, part-time coffee shop, a place to buy restored furniture and a wine tasting venue. Thier...

Run of The Mill is far from ordinary



They say in the heat of a summer's night you can hear old Frederick Ellis shuffling his feet whilst doing his rounds upstairs of The Mill in Middleton. Rather surprising, actually, considering he died upon being run over by a railway truck underneath the verandah in 1889.

Sam Harrison, who now owns this magnificent state heritage building with his wife, Rose Kentish, describes the growing embellishment of Frederick's ghost as sheer nonsense, but let's not ruin a good story with the facts.

The folklore may, however, encourage some to at least take a glance of The Mill for the first time in years. It is one of those rare places of interest that we tend to take for granted. You may observe the old railway loop line has long gone; the 70ft chimney stack was completely demolished in 1943.

However, this flour mill, the last remaining of 16 built along our southern coastline and once the biggest building on the southern Fleurieu, has recovered much of its other splendor and continues to breathe its heritage.

We can thank Sam and Rose for their

LIVING OUR HERITAGE

Coast Lines is proud to present this series, which is part of a Sharing Community Heritage Stories project, a Federal Government funded program through the Department of Sustainability, Environment, Water, Population and Communities

restoration work over the past seven years including a new roof, replacement of giant blue gum beams, and other new infrastructure – a continuation of the equally amazing preservation work of those long before them who also saw the need to revive our past. The Mill, according to history lines delivered so diligently in a book by Jack Peake and Peter Humby, *Middleton South Australia 1849-2009*, was built for the Basham family in 1850, with the first occupants being brothers William and Alexander Bowman.

The restoration, and recording, is important because some other classic stone dwellings in Middleton have been crushed over the years. The fight to save the adjoining Mill House – once home to the Bowmans, with its 10ft passageway used by the Reverend John Anderson to hold Presbyterian Church services from the 1850-60 era – continues, and hopefully may be won with imminent listing under the South Australian Heritage Register. Sam and Rose first ran The Mill as a restaurant, but it was also their home, and with four young children it became a difficult mix. These days Sam exhibits art, including his own creative works – predominantly figurative and abstract with a European feel from his occasional trips to France with Rose, a winemaker of note. She treks to Corsican for vintage every September-October and returns in December to prepare the final blends bottled under her own label, Ulithorne, and imports them.

Continued P9

From P10

There is also the cellar door, a café bar and brilliant creations in the form of furniture that makes The Mill a 'must drop-in' spot for locals and those on the tourist trail, but of course, the activity could not be compared with this grand building's halcyon days.

Sam and Rose, with their undeniable talent to see life in all forms of creation, said from the moment they walked into this mill they sensed the nostalgia of what it was really like until it ceased grinding in 1915 when hit by a cruel drought and its workers marching off to World War I.

"The Mill was in good condition when we bought it in 2006," Sam said. "It was owned by Chris Norris for 20 something years, and he ran it as a big enterprise with 50 people working for him making sandstone, forge and ceramics, and then another artist, David Bromley, had it for seven years and did a lot of renovation.

"Rose and I share this very strong feeling of being a custodian. These places live and breathe; you feel it when you walk into a space like this... it already has emotion and a soul.

It goes beyond the initial wow factor; it is the personality of the building that is special. It feels natural to people who value its heritage, while others may be just overwhelmed by an old building.

"This was built only 20 years after settlement, and obviously the logistics were amazing. Some of the timber came out on boats from England. Most was pine from around here, and the stone from a quarry out the back of Middleton. They had amazing building techniques; the walls haven't cracked after 158 years.

"The lime mortar, which has allowed the building to breathe, has disintegrated over the years, and when we do work we use mostly lime again.

"There are now three kitchens and eight bathrooms, but of course when this mill was in her full glory it was a different set-up.

"The grain came by paddle steamers to the River Port of Goolwa, and here by train. There were two gantries, which remain on the eastern side of the building, over a loop line. They used machinery to haul the bags of grain to the top floor where they were emptied into a chute for gristing.

"Once it became flour, pollard or bran it was bagged and loaded on the railway trucks for return delivery up the Murray from Goolwa, or to Port Elliot and Victor Harbor to be shipped to Port Adelaide. After 30 or so shipwrecks at Port Elliot and Victor because the waters were



“

These places live and breathe; you feel it when you walk into a space like this... it already has emotion and a soul. It goes beyond the initial wow factor; it is the personality of the building that is special."

— Sam Harrison, owner of The Mill at Middleton, pictured with his wife, Rose Kentish

too shallow, they took it direct to Port Adelaide by wagons."

Sam likes to believe the building still has the capacity to be a flour mill again. "The Goolwa Museum has various pieces of equipment, including the original bell which we believe should be on loan here," he says. "A few pulleys remain, and the old boiler used to run pulley machinery is still out the back."

But the next moment, Sam concedes it's just a dream. Rose smiles, and adds: "As a gallery and cellar door space it gives people an opportunity to live the heritage of the mill. This is where we live, and we could do this somewhere else, but as part of our community feeling we open part of our private home so people can feel the history."

Sam said numerous people had called into The Mill with a story to tell, including someone recently who was a relative of the Bowman brothers. "They recalled their family experiences that were passed down through generations like they were yesterday," he said.

"It's why we are pleased to share our home, and why we see ourselves as the custodians." But at the same time Sam and Rose lament so many people also drive past and only see a giant stone building with two 'sheds' hanging over the eastern side without thinking of it as a special place in local and state history. Forgotten is the fact this mill also played a huge part in the once thriving paddle steamer industry at the River Port of Goolwa, and the shipping from Port Elliot and Victor Harbor. The Mill died with the beginning of South Australia's industrial revolution, and perhaps forgotten have been all the small things that make places like these so great. Forget England's recent triumphs in the cricket, rugby tennis, etc; let's dwell on the fact our Mill took out first and second prize at the British Empire Exhibition in London during the late 1850s. No wonder Frederick Ellis doesn't want to leave the place. Or is this ghost merely that prize-winning flour sifting from the giant beams? **CL**



Above left: The Mill, downstairs. Centre: The old boiler used to drive the pulleys. Right: The Mill House, now used for a medical practice.

Charlotte Morley is a remarkable woman. She runs about 4000 sheep on her property, 'Illawong', at Parawa, off Range Road. And she is extremely passionate about the Texel breed, which makes her ...

A Texel Ranger

Charlotte Morley easily befriends you with her natural charm and honesty, indeed the quaintness of once being a self-confessed Port Magpies fanatic in her younger days and now enduring football frustration as a Crows fan. It confirms her admission of having a 'mind of her own'. Maybe it comes from her great-grandfather Sir John Langdon Bonython, the sole proprietor of *The Advertiser* 1893-1929, her grandfather Hugh Trevanion Bonython, who was an editor at this former broadsheet, or perhaps her father, Eric Glenie Bonython, whom she obviously adored and delivered her a fascinating insight into stock farming.

After discarding an arts degree course at university and fearing her destiny was children, cleaning and gardening, Charlotte is a self-taught sheep farmer at her Illawong Texel Lamb establishment, off Range Road, Parawa, about 35km outside of Victor Harbor. But don't believe for one second that she follows other lamb producers like sheep. For starters, she is no big rap for sheep dogs. "You don't hunt sheep, you guide them," Charlotte insists. "You might have to stand for three minutes while they decide whether to go through the gate, but they eventually do. The kelpies have too much yippee bean." However, it is her unshakable belief that her



“
Yes, there have been tough times, but I have never wanted to give up because I love the land.”
– Charlotte Morley

Texel stock, derived from the Isle of Texel, Holland, more than 500 years ago, is way ahead in her preference to John Macarthur's merino, which has been acclaimed for carrying this country that really sets her apart. And proudly.

Having bred eight varieties, challenged her market with the same cuts of meat and come up with the same conclusive answers, Charlotte admits bewilderment with other Texel breeders in Australia for being incredibly slow at pushing Texel lamb in the market. Along with running Texels Charlotte has introduced South African Dohnes, which have finer micron wool and good meat proportions in their loin and rump. "Crossing the Dohne and Texel gives you wool you can use and make money out of along with a decent bit of meat to eat," Charlotte said.

"The difference between South Africans and us is they have more brains. Australia has had merinos for more than 200 years. We have black sheep, we still have stupid sheep, and sheep with all those wrinkles around the bum which causes fly strike and all the rest of it. "The South Africans crossed Peppin-type Merino ewes and German mutton Merino rams to produce the Dohne a long time ago. Basically they eliminated black wool, wild sheep and got intelligent sheep with a decent-sized loin and backside on them, and decreased the micron of the wool (diameter of

wool fibre) well below anything the Australians have done. Why didn't we do it? We are lazy; we just don't bother. We say, 'what my grandfather did will do me', but life doesn't work like that."

We told you she had a mind of her own, but it's really about her amazing passion for her Texel breed.

Charlotte is 72, but you would not guess it by the fact that for the past 43 years she has worked from daylight to dark ignoring her arthritic joints and especially her troublesome back courtesy of a skiing accident during her uni days.

A mother of two, and long-divorced, she is entrenched in genetics, not so much sheep-wise – she leaves that to breeding program manager Ross Hamilton – but as clues for being whom we are and for what we stand. She has a distinctive trait of kindness from her dear father, Eric, who was orphaned at four when his parents died within three weeks of each other and was raised by his grandparents. Eric stammered, believed to be due to cruel torment from a school master at Queen's College. It is this genetic trail to being someone who appreciates the moment, and sees the beauty across her property from her kitchen sink while some may only notice the dishes, that also makes her special.



In the Mall
8555 3360
Shop 5
Hutchinson St
Goolwa SA 5214

Continued P11

From P10

The family was only here at Illawong for three years when her father died in 1971, aged 60, and with much humbleness she spoke of her need to listen and learn to run the 1600 acre property. She now has 3000 breeding ewes, plus another 1000 comprising of ewe lambs, lambs for sale, rams lambs or rams. "One of the things my father said was, 'oh it's a lovely

place, but I would not send my worst enemy to live here,'" Charlotte recalled. "It was not developed in those days. I remember having a kerosene pack on my back and we would kill yakkas; squirt them down the middle, to clear the property. I was 16.

"I have always loved the land; I really have, and farming is in my blood. I feel the older you get on the land the more you understand about life and people, and all sorts of things. I have never considered it as a lonely lifestyle. You can be a gregarious person... my dad was quite happy to be a hermit, and I certainly am too. I am quite happy to be here by myself and with my sheep.

"I always want to learn. When I came here I had three aims; I wanted to produce the best lambs you could, I wanted to beat Jack Biddle (local farmer) who had the most lambs and got the most at the Dublin sales for them, and I wanted a pat on the back from the Stock Journal. I got all three, even though it took me the year before last to get that pat on the back.

"I have needed to learn how to run the property since 1979, and I guess it has always been a struggle. I can still remember my father saying, 'the place doesn't pay us anything yet but it will soon'. He said I needed to buy some more land if I could, and I did; that's when we started to make a profit.

"It's been easier to be in a man's world the



last few years than it was to begin with. I found it frustrating when I heard people say, 'she's a woman; she doesn't know anything'. But I learned and listened, and I could say, 'you don't know what you are talking about'. "Yes, there have been tough times, but I have never wanted to give up because I love the land. I listen to Macca on a Sunday morning from half-past five to ten o'clock (*Australia All*

Over show on ABC radio) and I learn so much about what is going on everywhere."

With a few tears Charlotte recalled that when she was seven or eight years old on the property at Bugle Ranges there were always lambs who died after being marked. She buried each one in a special plot and planted a cross that she made. Some of the lambs didn't have their mums, so she hand-fed them, and many of those died too.

"It taught me that where there is life there is death. I can eat lamb but I don't really think about where it has come from. Pigs go to market, cows go to market, sheep go to market and occasionally a fox gets the chooks; That's just the way it is – that's life."

But without doubt, her toughest day is taking her lambs to be slaughtered at Normanville. "I guide them down to the ramp by myself and they go on quietly," Charlotte said. "No dogs. "Yes, I love my sheep, and yes, I feel it when they go to market. There are also times when we seem to get quite a lot of wether lambs. I am feeding three right now, and I think, 'oh, look at you, you are such tenacious little boys so what am I going to do?' They are really useless; the wool is not much good either. That's farming. I'm not sure whether I am supposed to get emotional, but I do. It must be my genetics." **CL**

Advertorial

Why Texel lamb is special



The only butcher Charlotte Morley supplies her Texel lamb with on the Fleurieu Peninsula is James Williams at Goolwa Central Meats, at Goolwa Shopping Centre.

"It has been a wonderful association over 13 years with Goolwa Meats," Charlotte said. "Most butcher shops would take our lamb if they could, but I cannot supply enough.

"I strongly believe it is the best meat. It doesn't smell when you cook it." The Texel is a heavily muscled sheep, and produces a lean meat carcass.

"With most other breeds, lambs maturing to hogget tend to put on fat rather than meat," Charlotte said. "The meat goes darker and is not as tender. This is not the case with the Texel; they continue to produce quality meat. You can also eat a ram and it doesn't taste 'rammy'.

"Texel lamb is a unique meat. I think it is the best meat in the world, and after people try it they agree."



Charlotte Morley
'Illawong'

Parawa

Ph/Fax: 08 85985235

www.Illawongtexel.com.au

*Proud
suppliers of
Texel Lamb
to Goolwa
Central Meats*

Goolwa Shopping Centre

Lakeside Goolwa

update

Vol. 1, No.6 AUGUST, 2013

Head Lakeside and warm up your lifestyle

Are you tired of all this cold and gloomy weather, sitting at home in front of the heater watching the same old daytime television shows, just wanting something to do? Well, now is the perfect time to jump in the car, shake off those winter blues and head down to Goolwa.

There is new destination for fun and excitement down on the Fleurieu Peninsula called Lakeside Goolwa.

A lot going on here this month with the Stage 1 development earthworks in full swing, so we will be looking at a date in October for the first houses to start going up. Exciting, to say the least.

The choice is yours

Our houses are selling fast, so now is the time to come and see us to see the new Show Home – open seven days a week – and to secure your spot in the largest development in Goolwa for many years.

By getting in early you will be able to secure the site of your dreams, and because we are building your new house from the ground up you will be able to work with us from the first initial plans to the final design of your new home.

Remember all those things you wish you had done to your current home, but didn't get around to doing? Now you can wish no more and put them into reality.



As with many retirement homes that are already built you are buying what someone else has designed. Things are different here at Lakeside Goolwa where you are in charge of your own destiny.

It could not be easier

We have four different two-bedroom homes and three, three-bedroom homes from which you can select. There are also 16 different elevations to suit your individual taste. In a nutshell, it's all about you and what you like. All our homes come ready to move in, so once you have chosen your site, elevation and which floor plan suits your needs, then it is time to sit back and let us do all the work for you. It couldn't be any easier.

All you have to do is think about what exciting new things you are going to enjoy down here

at Lakeside Goolwa.

No more sitting in front of the television... in fact we think you will have little time to be watching television with all the activities on offer here at Lakeside Goolwa. Did we mention our indoor swimming pool, our world-class marina with access to the mighty River Murray? What about our two-storey community centre called the Lakehouse with a large balcony overlooking the lower lakes coupled with a large indoor entertainment area where there will be an assortment of activities from indoor bowls, snooker tables and even darts?

Central in the park is a large workshop area set aside for the residents that are keen to put there idle hands to good use. The list goes on. It's why we think you will be so busy enjoying yourself that you will have little time to think about it.

No deferred management fees

Added to all this is the fact here at Lakeside Goolwa we don't charge any deferred management fees. This means you will be able to free up all that equity in your home and start living the life you always thought you couldn't.

Don't put it off any longer; come down to see us here at Lakeside Goolwa today. You deserve it.

You'll love
every day
of your
new lifestyle.

Show Home now open!

Located at the edge of the Murray River and just a stroll from superb views of the wetlands, Lakeside Goolwa is a 'village-style' estate, providing an unrivalled level of lifestyle living for the over 50's.

Lakeside Goolwa has it all - a private marina, indoor swimming pool, recreation centre and beautifully landscaped boulevards. The architecturally designed homes are specifically created to combine beautiful interiors and fittings with comfort and easy living around a large, fashionable flow-through dining and living area that opens up to a verandah deck - ideal for entertaining. You'll love it.

For more information or about our opening times, call us on (08) 8555 2737, visit our website www.lakesidegoolwa.com.au or drop us an email at sales@lakesidegoolwa.com.au 39 Noble Avenue, Goolwa North.

Retirement living you'll just love

Lakeside
Goolwa

Fleurieu For Sale

Vol. 1, No. 10

August, 2013

Living the outdoor comfort



The market is warming up and there are hot properties on the go

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244 Liverpool Road, GOOLWA

**New Price!
\$469,000.00**

Close to the river, town facilities & cafes + income potential

A beautifully presented 4 bedroom two bathroom home combines ample space for the family and potential guests. Only a short walk to the river or local cafes, restaurants and venues, and 10 minutes drive to Goolwa Beach and the surf. It offers:

- two living areas comprising of a spacious formal lounge, sunken lounge/rumpus room with French doors
- Entertainment area that includes bar area and built in BBQ connected to gas; this is a perfect space for parties & family gatherings.
- Baltic look country kitchen with plenty of bench space, well appointed with modern appliances including dishwasher, electric fan forced oven and gas cook top.
- Ducted reverse cycle air-conditioning and gas heating.
- Dutch gable roof double carport including space to securely a pop-up caravan or medium size boat.

Experience the region's friendly community, great golf facilities, its arts festivals including the Wooden Boat Festival and much more. Make sure to take action and make this home your next investment and family home. Private inspections and offers welcomed. Call agent on 0411 191 005

realestate.com.au property #113347919



Comfort, Views and Lifestyle! Price! \$399,000.00

40 Stone Hut Circuit, ENCOUNTER BAY

Well presented 3 Bedroom, 2 bathroom home with magnificent views on the bay from the comfort of the spacious lounge. Built in 2007, it has energy efficient features including 16 panels 2.8kW solar system and solar hot water with 300Lt tank. It offers:

- Open plan living with dining area and spacious lounge with view of the Bay
- Modern country kitchen with pantry, utilities storage area, electric hotplates, wall oven and dishwasher.
- Third bedroom / study has built-ins desk top.
- Main bathroom with large shower area, vanity and toilet.
- Master bedroom has WIR and ensuite.

Find neutral colours through-out, quality tiles and carpets. Double lined garage, low maintenance garden, fruit trees (Apricot, Gala Apples, Pear, Plum and Mandarin) and veggie garden. Great value and great investment. Private inspections and Offers welcomed.

realestate.com.au Property #113989987



Great Lifestyle in retirement or home based business

Lot 107, 6-8 Banfield Road, GOOLWA **\$635,000 to \$649,000**

Ranch style three bedroom home set on 4.9 Acres of land offers a country lifestyle unique to this area only minutes to the Murray River. Features include:

- Spacious open plan living area with raked ceilings and slow combustion heater.
- Light oak look country kitchen with ample storage space, walk-in-pantry, gas hot plates and electric double wall oven.
- Master bedroom with BIR and ensuite with shower, vanity and toilet
- Plenty of room to move in the main bathroom with vanity, shower, toilet and spa
- Double Garage with internal access, security system, hardwired smoke alarm, 400lt electric hot water system, Split system air-conditioning & skylights.
- 8 x 12 shed with concrete floor, 3 phase power, lighting, mezzanine and work bench included
- Three paddocks set on approximately 3.9 acres with quality fencing & shedding

This is an ideal property for a hobby farm or business from home only 6 minutes to Goolwa and all facilities including pubs, cafes, restaurants and supermarkets. This is amazing value; don't hesitate to make an Offer! Contact the agent on 0411 191 005

realestate.com.au Property #114447751



1 Manna Gum Avenue,
HAYBOROUGH

All Offers Considered

Located at "Beyond Today" only 400m to the beach at Chiton Rocks, this two storey home offers:

- 4 bedroom, 2 bathrooms, 2 living areas home Built in 2008 on 513 m2 block of land is a smart design combining the latest building materials to create an environmentally sustainable home.
- Master bedroom situated on the first floor has a spacious ensuite and walk-in-robe and offers a beautiful retreat with two balconies that has views over the hills and the ocean.
- In addition, it has ceiling fans in all living areas along with high rating level of insulation, dwelling orientation to a northerly aspect, energy efficient glazing.
- 1.25kW photovoltaic solar energy system, gas boosted solar hot water and rainwater tank holding 13,500 Lt plumbed to the house.

This beautiful home provides a comfortable environment minimising cost of living and ready for you to enjoy – ideal holiday home and investment!

realestate.com.au Property # 113092523



977 Goolwa Road,
CURRENCY CREEK

Expression of Interest

"BLUE HEAVEN LODGE" Secluded country retreat on 18.16 HA (45 acres) of land with large gum trees and uninterrupted views of coastal and rolling hills, only 20 minutes to Goolwa, the river and the beach.

It includes a main residence and potential for income with two freestanding luxury fully furnished one bedroom secluded hill-top cottages, one with solar panels and both with spa baths, air-conditioning, water tanks, double carports including covered outdoor decks with magnificent views. The home has solar panels and an instant hot water system.

The property has a water licence, bore (1800 parts per litre), good fencing and approx. 30 feet deep dam improved with its own man made private beach. Private inspections and Offers welcomed.

Contact Agent on 0411 191 005
realestate.com.au Property # 7530899



1 Musk Drive,
HAYBOROUGH

\$549,000

Located in the exclusive "Beyond Today" Estate certified EnviroDevelopers, only 400m using walking trails to the beach and 5-10 minutes drive to cafes and restaurants in Port Elliot.

The 3 bedroom 2 bathroom contemporary home is designed to maximise energy and water efficiency. Correctly orientated to ensure best access to winter sunlight in living rooms and capture summer sea breeze by good cross ventilation.

Currently tenanted (long term tenancy) – great investment property! Contact Agent for more details or to make an offer.

realestate.com.au Property # 114272967



LAND - Lot 169, Sun Orchid Drive, HAYBOROUGH Expression of Interest by August 23

522 sqm Land + Architectural Design made available that offers 4 bedrooms, 2 bathrooms with energy efficient features approved by Beyond Developers. Included in the plans is a spacious open plan kitchen and family room + Home Entertainment Room close to living area. An opportunity not to miss! Contact Agent for further details. Expression of Interest by 23/08/2013

realestate.com.au Property # 200643939

It's time to clown around

**Port Elliot Show
October 12-13**

portelliotshow.com.au

Clowns, family fun and the show atmosphere are on the way with the 136th Port Elliot Show at the Port Elliot Showgrounds on October 12-13.

The Show – regarded by many as one of the best in the state outside of the Royal Adelaide Show – has great traditions including superb horse events and plenty of free entertainment around the grounds.

Organisers have worked on further improvements, and significantly, a new underground power network will offer more facilities and opportunities for pavilions, catering and traders. Nola Schulz, a member of the incredibly hard-working show committee, said the SA dog competitions had been always popular, and this year they would be held over both days.

"The hardworking and passionate Southern Fleurieu Historical Museum group has also outgrown its small pavilion and surrounding area at the Showgrounds, and will have an impressive new pavilion currently under construction near the northern gate entrance," Nola said.

"Traders, clubs, groups, and education and health providers



have the opportunity to meet many people in a relaxed but professional environment, and demand for space has grown nearly three-fold over several years."

The success of the annual show has been reflected at the gates with more than 6500 attending last year, comprising of locals, holiday makers and day visitors to the region.

The Port Elliot Showbook will be available early next month with all the information for exhibitors to enter a variety of sections.

Visit the Port Elliot Show website for updates, trade entry forms, contact details and entertainment news: portelliotshow.com.au

Advertorial

Still sunlight at the end of the panel

Electricity prices are continuing to have a huge impact on our community, and an option to counter them is solar energy.

It is important to understand the rapidly-approaching changes to having solar after September 30, and further significant changes after September 30, 2016.

Placing aside all of the technical details – everything is available on the SA Government solar feed-in website – the bottom line in the simplest of terms is this... until now, those with solar panels on their roof have used the electricity they have generated into a grid, and have been paid dividends for the electricity they generated that they have not used. In other words, they have made a profit from the state government and the companies who connect it all. Assuming you are connected to solar and have a normal household and don't run huge machinery off electricity in the backyard like a big business, after September 30 you should still not have to pay for your own electricity. The difference is, after September 30, 2016 you won't get any benefit from the excess electricity. You will 'lose' that power unless it is stored in a battery, and unfortunately, the battery system is now expensive. However, like most new things the prices are likely



to fall dramatically once more battery units are sold.

The real crunch for those not currently on solar – especially those in the building process – is this; why go on solar when, after September 30, 2016, you won't receive the rebates from your excess electricity generated? Brian Horewood, of PJ Electrical Solar, who is based in Goolwa and has a wealth of experience in this industry, said basically the savings from not paying electricity bills would equate to paying off the average home solar energy system in three and a half years. And after September 30, 2016, when there are no dividends returned from excess electricity, an average user is still not paying for the household electricity used.

"To tap into the benefits of return dividends until September 30, 2016, all people need is a signed acceptance of a solar supplier, and that permission to connect be granted," Brian said. "That can happen the same day for most systems 5 kW and below.

"By the end of January, 2014 you will need to have a booking date for the new import/export meter. This has now been clarified to mean the date can be any time, as long as you have arranged the process before you can receive a feed in tariff although this will cease on September 30, 2016.

"There is no need to have the system installed on a specific date. In fact, you basically have up to three years from now to install the system. However, the sooner you put it on, the more benefit you receive.

"You need to have a signed accepted quote, and obtain permission to connect September 30, 2013."



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A netball club stepping in the right direction

The Goolwa Netball Club, which provides a sporting opportunity for almost 150 girls across 15 divisions in the Great Southern Netball Association, dedicated last weekend's round to its sponsors, including the Goolwa & District Community Bendigo Bank. Club president Nicole Davidson, one of the many greatly appreciated hard-working volunteers in the club, said without their support her club would not exist.

"We are particularly grateful to our platinum sponsor, the Goolwa & District Community Bendigo Bank, whose standing in the community and its genuine commitment to help the community be the best it can is outstanding," Nicole said. "We are not just talking about a monetary value, but encouragement and certainly advice at our request in terms of running the club financially to help us to achieve long-term goals. This has given the club confidence to grow. "We value all of our sponsors, no matter big or small, and having a



Cheers for the Magpies... (junior players front from left) Kasey, Kimberley, Kyisha and Jess; (back row) sponsors Peter O'Brien (LJ Hooker), James Williams (Goolwa Meats); (centre in white) club president Nicole Davidson; sponsors Steve Ramsey (90 Mile Wines), Michael Bastian (Goolwa & District Community Bendigo Bank); and club treasurer and marketing person Sarah Kay.

sponsors day works well because it is an opportunity for them to meet and support each other." The G&DCBB last year provided a grant of \$15,200 to the Goolwa Netball Club towards its long-term redevelopment plan of the sporting complex. Branch manager Michael Bastian

said obviously the G&DCBB was pleased to assist the Goolwa Netball Club and other groups and associations. "It is about forming a community partnership and working as a team," he said. "We admire the dedication and effort of the many volunteers involved in every club, all for the

Advertorial

Goolwa & District
Community Bank® Branch



No. 3 in a series highlighting how the Goolwa & District Community Bendigo Bank is helping your community

benefit of the community as a whole. It is the very principle of what our bank is about – helping a club or community that helps us so we can help them even more." As part of the club's sponsors day, the G&DCBB cooked the barbeque with support from another sponsor, 90 Mile Wines.

Find out more about the Goolwa & District Community Bendigo Bank community grants from the team at Goolwa, at the Goolwa Shopping Centre.

Making social media work for you

The first of six seminars presented by the Goolwa & District Community Bank in association with the Southern Alexandrina Business Association was highly successful at the Goolwa Bowling Club last week.

The guest presenter was Deidre Albrighton, chief executive of Albrighton Training & Consulting Services. The series of six seminars has the theme "How to grow your business" and the opening presentation related to using social media to your advantage. About 40 people attended the seminar, and the overall view was that it was enlightening and perhaps a little frightening; definitely helpful for our local businesses.

More seminars on the last Thursday night of alternate



months are planned – the next being "How to grow your business by planning for your personal future" on Thursday, August 29. For more details on the series, and how you can attend, contact SABA president Andrew Stewart 8555 1534. The G&DCBB is proud to be associated with the seminars as another means of giving something back to the community.

Michael is pictured with presenter Deidre Albrighton.

Did you know..?

That the Goolwa & District Community Bendigo Bank provides the same services as the "big" banks, and like them your savings are totally secured by the Federal Government. But there is a huge difference – profits from your community bank go back into your community. Also, the directors of the Goolwa & District Community Bank – local community members – are volunteers.

**A BIG
idea needs
SMART
advice**

**What's your big idea? Everyone has one
But do you know how to make it happen?**

With smart advice and the right information, Goolwa & District **Community Bank®** Branch can help.

Drop into your nearest branch at the Goolwa Shopping Centre, Goolwa, call 1800 018 018 or visit www.bendigobank.com.au/wealth.

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Goolwa & District
Community Bank® Branch

This year 434 art exhibitions at 36 venues featuring all forms will be held across the state in the 16th annual SALA Festival – a celebration of South Australian Living Artists. We present the 38 that will be held across the Fleurieu Peninsula region featuring some of our finest artists:

The art and soul of the Fleurieu

GOOLWA

Art @ Goolwa, 13 Porter St
Interlude

Multiple mediums. Mixed. An exciting mix of original art in all types of mediums including painting, photography, glass, ceramics, mosaics, textiles, wood, metal work and jewellery. **Susan ANGUS, Isabelle BABIDGE, Judy BRADY, Sue BRIDLE, Lorraine BROWN, Kathleen CAIN, Garry COOMBES, Carol COVENTRY, Geoff DAVIES, Irma DENK, Lindy DOWNING, Dana FATCHEN, Pat HAGAN, Brenda HOLDEN, Miep LAKE, Peter MILLAR, Ann NEAGLE, Anne O'LOUGHLIN, Nicole PASCAL, Helen PETERSEN, Cathy PORTAS, Joy SMITH, James STEWART, Jane TONKIN, Carol TREADWELL, Christopher WRIGHT**
Aug 4-Oct 31, Mon-Sun 11am-4pm, opening Aug 4, 2-4pm

GOOLWA

279 Skewes Rd

Light, Water, Motion

Sculpture. Established. Series of sculptures depicting the natural world using light, water and motion to enliven and enhance. **David HAMILTON**
Aug 4-23, Thur-Sun 11am-4pm, opening Aug 4, 2-6pm

GOOLWA

Signal Point Gallery, Goolwa Wharf

One River: Alluvial Connections – from source to sea

Mix-media. Established. Artist Margaret Worth is one of 10 artists commissioned to help tell the story of the Murray-Darling Basin. Working with a writer, photographer and performer,



she presents a performance of river stories across time. **Michelle MURRAY, Richard HODGES, Bill MARSH, Margaret WORTH**
Til Sep 1, Mon-Fri 11am-4pm, Sat-Sun 10am-4pm, opening Aug 10, 6-8pm **GOOLWA**
Signal Point Gallery, Goolwa Wharf

Where are you? What time is it? How do you know?

Mix-media. Established. A two-part installation

of contrasting environments displaying images of the viewer as though they are two different places at the same time. The work is derived from current scientific developments that fundamentally shift our perceptions of time-space reality. **Richard HODGES, William MARSH, Michelle MURRAY, Margaret WORTH**
Til Sep 1, Mon-Fri 11am-4pm, Sat-Sun 10am-4pm, opening event Aug 10, 6-8pm

GOOLWA

South Coast Regional Arts Centre, 1 Goolwa Tce

Points of Contact

Painting. Established. Comes a full circle following an extensive tour of regional galleries across SA. Artist uses the subject of the human figure and the vehicle of portraiture to explore depth and subtleties of human experience. **Michael BRYANT**
Til Sep 1, Tues-Fri 11am-4pm, Sat-Sun 10am-4pm, opening Aug 2, 5.30-7pm

GOOLWA

Whistle Stop Café, 7 Hays St

Obsolete Salvation

A collection of recycled paintings given a fun, modern twist to celebrate the old and new. **Hannah BAILEY**
Aug 2-25, Mon-Fri 10am-5pm, Sat-Sun 8.30-5pm

Continued P21

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From P20

GOOLWA & MIDDLETON

Streets

Stobie Pole Art Trail

Painting. Mixed. Create and Connect participants have designed and painted stobie poles in Goolwa and Middleton, reflecting the feel of the community
Aug 3-26, all hours

HINDMARSH ISLAND

The Marina, Hindmarsh Island, Randell Rd

Serenity of the Lower Lakes

Multiple mediums. Emerging. Movement and colour, frozen in time. On canvas, through the lens. **Olgerts LAUKIRBE, Luiza MICHALEWICZ**
Aug 2-25, Mon-Sun. Opening Aug 11, 11.30am

VICTOR HARBOR

4/70 Ocean Street

Semi Precious Heart

Multiple mediums. Mixed. A varicoloured collection of artwork from a diverse group of artists with very different backgrounds. **Sharon CREGAN, Elizabeth LANE, Isaac SELFE, Kylie THORSEN, Dion THORSEN, Nathan WARD, Helen WILKINS**
Aug 2-25, Tues 10am-3pm, Thur-Sat 10am-4pm, Sun noon-4pm, Opening event Aug 4, 2-5pm

PORT ELLIOT

The Strand Gallery, 22 The Strand

All Birds

Painting. Established. The exhibition will depict a range of birds painted in different mediums and styles – some semi-abstract, some realistic, some humorous and whimsical. **Anne BLANCHARD**
Aug 3-Sept 1, Fri-Sun 1-4pm, opening Aug 4, 2pm

PORT ELLIOT

YHA Beach House, 13 The Strand

Emotive Coastal Shapes

Mix-media. Emerging. Nostalgic experiences and soulful impressions. Igniting the viewer's sentiment to Port Elliot's ambience and spirit. **Tracey GRIVELL**
Aug 2-Sept 2, Mon-Sun 8.30-noon; 5.30-8.30pm



A brilliant sculpture, Jellyfish Mobile, being presented by David Hamilton at his Light, Water, Motion exhibition at Skewes Road, Goolwa from Aug 4-23.

YANKALILLA

Yankalilla District Art Pole Trail; various venues

Poles Apart

Installation. Mixed. Follow the initial phase of the public art trail celebrating the Fleurieu's rich creative spirit. **Andrew MUNN**
Til Aug 31, Mon-Sun daylight hours

WILLUNGA

Fern Forest Nursery, 175 Main Rd

Splashes of Colour Amongst Hues of Green

Mixed. Aldinga Arts Community. A mix of mediums and art works drawn from a diverse group of people; painting, mosaics, sculpture, photography, ceramics.
Aug 2-25, Fri, Sat, Sun, Mon. Opening Aug 3, 6-8pm

WILLUNGA

STARS – Southern Theatre and Arts Supporters Waverley Homestead, St Peter's Tce (opp. golf course)

Evolve

Painting. Established. Internally-acclaimed

artist – expressionist oil paintings, works on paper, prints. **Celine DONEGAN**
Aug 3-31, Sat-Sun 11am-3pm, opening Aug 3, 6.30-8.30pm

WILLUNGA

Lazy Ballerina Wines cellar door, 1152 Brookman Rd, Dingabedinga, via Willunga

The Blue Desert

Emerging. Powerful and inspiring photographic journey to earth's last untouched wilderness area – Antarctica & South Georgia. **Tim McCULLOUGH**
Aug 2-25, Fri-Sun 11am-5pm, opening Aug 3, 2-5pm

WILLUNGA

Au Pear Restaurant, 192 Main Rd

Warming the heart of vines

Established. Sculpture. **Rod MANNING, Warren PICKERING, Anna SMALL**
Til Aug 31; Mon-Fri noon-4pm; Sat & Sun 8.30am-4.30pm

McLAREN VALE

177 Main Rd

The Colours of Life

Multiple mediums. Mixed. ACH Group community artists; part of 'Good lives for older people' program.
Aug 16-23, 10am-2pm daily

McLAREN VALE

Black Cockatoo Arthouse, 1 Park St

Evelina of Maselina

Established. A multimedia performance of dance, percussion and moving sculptures set to a historic background of historic films. **John DAVIS, Ray FUSE, Evelyn ROTH, Petra SZABO**
Aug 24, 8pm

McLAREN VALE

Blessed Cheese, 150 Main Rd

New Works 2013

Emerging. Local artists present a new series of painting, etching and drawing works incorporating elements of abstraction and representation. **D KOLENCIK, C RODGERS**
Aug 14-Sept 14, Mon-Thur 8am-4.30pm Fri-Sun 8am-5pm

Continued P22

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NEW! Tuesday fish nights

From P21

McLAREN VALE

Fox Creek Wines Gallery, 90 Malpas Rd

Striking a Chord

Established. Bringing together harmonic resonance of jewellery, sculpture, and painting. **Shelley HUGHES, Kim THOMSON, Westley TULLY**

Til Sep 1, Mon-Sun 10am-5pm; opening Aug 10, 5.30-7.30pm

McLAREN VALE

McLaren Vale Visitor Centre, 796 Main Rd

Fleurieu Females

Mix-media. Showcasing artworks by female artists on the Fleurieu. **Rebecca ARMAN, Roe GARTELMANN, Gail KELLETT, Suzanne LASLETT, Judy MANNING, Lesley REDGATE, Quenby SINCLAIR, Margaret THOMAS, Jen WRIGHT**

Til Aug 25, Mon-Fri 9am-5pm, Sat 10am-4pm

McLAREN VALE

281 Main Rd

My Backyard, the Willunga Basin

Mixed. Paintings including semi-abstract beach scenes, portraits and agricultural life on the Fleurieu. **Louise VADASZ**

Aug 1-Sep 30, Mon-Sun 10am-5pm, opening Aug 18, 11.30am

McLAREN VALE

Red Poles, McMurtrie Rd

Sound Echo Repeat

Multiple mediums. Mixed. Artists create with recurring processes that speak in echoes and strike chords within. **Vicky BONE, Renee DAMIANI, Sally GIBSON-DORE, Melisaa GILLESPIE, Stephanie JAMES-MANTTAN, Emily McALLAN, Ian McFARLAND, Rachael Louise PENN, Francis PHOENIX, Rachel POLSON, Andrea PRYZGONSKI, Mary PULFORD, Guy RINGWOOD, David SUMMERHAYES**



Sue Bridle, one of the 26 talented artists representing Art @ Goolwa, with her Roll Back Sofa, which she quilted, while her husband, Roger, worked on the timber frame. Sue also has some brilliant paintings on bark on display at the Porter Street gallery.

Aug 3-Sep 8, Wed-Sun 9am-5pm, opening Aug 3, 3-5pm

McLAREN VALE

The Chaff Shed, 'Whitehill' Seaview Rd

Bundles of Colour

Painting. Established. Life expressions in colour and texture. **Kim Eliza O'CALLAGHAN**

Aug 2-25, Mon-Thur 11am-4pm, Sat-Sun 11am-4pm, opening Aug 2, 6-8pm

McLAREN VALE

The Elbow Room, cnr Stump Hill & Main roads

Endangered Australia – Australian Bird Sculpture Series

Sculpture. Established. Brings to life some of the most beautiful, fragile and endangered species of the Australian bush. **Kim BELLETTE**

Til Aug 24, Mon-Sun 10am-3pm, Fri-Sat 6pm-late

McLAREN FLAT

Dog Ridge, 129 Bagshaws Rd

Good Times

Established. The artists display their diverse interpretation of good times using screen prints, fabric, sculpture, geometry and textural artworks. **Janicke JOHANSEN, Emily SOLOMON, Margot SOLOMON, Jen WRIGHT**

McLAREN FLAT

Hugo Wines, 246 Elliott Rd

The Painted Vale

Established. Paintings depicting McLaren Vale in extremely bright colours. **Peg MILLER KING**

STRATHALBYN

Stationmaster's Art Gallery, 20 South Tce

Prospectives

Multiple mediums. Mixed. A variety of works including acrylic, pastel, and textile by local artists – emerging and established. **Judy BREALEY, Kathleen CAIN, Harry JELFS, Oliver KOEHN, Adele SMITH, Judith STEPHENS, Zilpa van der GRAGT, Ann WILLIAMS**

Aug 7-Sep 15; every day in Aug, Wed-Sun in Sep. Opening Aug 9, 6.30-8.30pm



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- Fill it up with petrol to help prevent condensation from accumulating in the tank. Add a fuel stabiliser and drive the car around a bit to distribute the additive to engine parts
 - Wash and wax the car thoroughly to protect the finish
 - Place a vapor barrier on your garage floor. A 4mm polyethylene drop cloth will do
 - Disengage the parking brake to help avoid brake corrosion
 - Put the car on jack stands to take the weight of the vehicle off the wheels and tyres
 - Disconnect and remove the battery to keep it from draining. Place the battery on a trickle-type charger. Or periodically drain the battery, using a small light bulb, and then recharge it with a low-volt charger.
 - Plug the tailpipe with a rag to prevent moist air from infiltrating into it.
- Basically, it's simple protective maintenance. Mind you, the atmosphere is warm and friendly here at Grand Nissan if all that is too hard! Our service team is highly professional, and we also care about your car. Don't be frightened to ask the team, for some advice.

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Laugh Lines

Splutter, splutter

A bloke starts a new job at a funeral parlour and he starts to hear strange noises. He's scared, so he quits. As he is walking through the front door he can hear this noise. It's something spluttering.

He turns around and it's a casket. He starts to freak out so he runs faster and faster, and the casket keeps up with him; still spluttering. The bloke gets through his front door, and the casket is still chasing him; still spluttering.

Finally, the bloke runs upstairs and locks himself in the bathroom thinking he's safe, but within seconds the casket smashes through the door and splutters all over him. Quick as a flash the bloke grabs the first thing he can from the medicine cabinet. It's a bottle of syrup and the coffin stops.

Something fishy

Jonesy and Stevo rent a boat at Victor Harbor and go fishing.

Jonesy catches a large fish, and says to Stevo: "We should mark the spot."

Jonesy draws a large 'X' on the bottom of the boat with a black marker.

Stevo says: "Don't be so stupid... the next time we go out we might not get the same boat."

Woof, woof

A three-legged dog walks into a bar in Texas and says: "I'm lookin' for the man who shot my paw."

Hard to bear

Two guys are being chased by a bear, when one stops to put on his new running shoes.

The other guy yells: "You idiot, you can't out-run a bear."

The first guy gasps: "I don't have to out-run a bear; I just have to out-run you."

Car trouble

A wife says to her husband: "Darling, there is trouble with the car; it has water in the carburetor."

The husband is stunned. He says: "That's ridiculous."

The wife says: "I am telling you the car has water in the carburetor."

The husband says: "You don't even know what a carburetor is. Where's the car?"

And the wife says: "In the swimming pool."

Dead heat

A racehorse trainer walks into a country pub looking frustrated.

The barman asks: "What's the matter?"

The trainer says: "I've got two horses and I can't tell them apart. They're exactly the same height and no markings on them... I don't know if I'm mixing up riding times or even if I'm feeding one horse twice and the other not at all."

The barman says: "Why don't you try trimming the tail of one of the horses, and then you will be able to tell them apart?"

A week later the trainer walks into the pub again. The barman says: "Did trimming the tail of one

horse work... could you tell them apart?"

The trainer says: "I sure could tell them apart. The black horse had a longer tail than the white one."

What's his name

A grasshopper walks into a bar and the barman says: "Hey, we have a drink named after you."

The grasshopper looks surprised and says: "You have a drink named Steve?"

Here's cheers

A man walks into a pub and he asks the barman for a pint.

All of a sudden he notices Vincent Van Gogh over the other side of the bar.

The man asks him: "Do you wanna pint, mate?"

And Van Gogh says: "No thanks, I've got one ear."

Dad jokes

Why was the sand wet? Because the sea weed.

When is a farmer like a magician? When he turns his cow to pasture.

Where would you find detail? De end of de dog.

What do you give a pony with a cold? Cough stirrup.

What is a horse's favorite sport? Stable tennis.

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The World's End

(MA15+) Action, adventure, comedy starring Simon Pegg, Nick Frost, Martin Freeman. Five friends who reunite in an attempt to top their epic pub crawl from 20 years earlier unwittingly become humankind's only hope for survival. Fri, Aug 2: 1.50pm, 9.10pm; Sat, Aug 3: 11.40am, 1.40pm, 9.10pm; Sun, Aug 4: 12.40pm, 5.25pm; Tues, Aug 6: 8.55pm; Wed, Aug 7: 10.30am*, 1.45pm, 4pm; Fri, Aug 9: 4.15pm, 6.30pm; Sat, Aug 10: 11.35am, 4.20pm, 6.30pm; Sun, Aug 11: 1.10pm, 5.35pm; Tues, Aug 13: 6.30pm; Wed, Aug 14: 1.35pm, 6.45pm; Fri, Aug 16: 4.35pm, 8.55pm; Sat, Aug 17: 12.10pm, 4.50pm, 8.40pm; Sun, Aug 18: 1pm, 7.45pm; Tues, Aug 20: 8.55pm; Wed, Aug 21: 3.30pm, 8pm.

Pacific Rim

(M) Sci-Fi, thriller starring Charlie Hunnam, Idris Elba, Ron Perlman. When legions of monstrous creatures, known as Kaiju, started rising from the sea, a war began that would take millions of lives and consume humanity's resources for years on end. To combat the giant Kaiju, a special type of weapon was devised: massive robots, called Jaegers, who become on the verge of defeat. Fri, Aug 2: 4.10pm, 9pm; Sat, Aug 3: 1.55pm, 9pm; Sun, Aug 4: 2.50pm, 7.45pm; Tues, Aug 6: 6.30pm; Wed, Aug 7: 10.45am*, 6.30pm.

The Wolverine

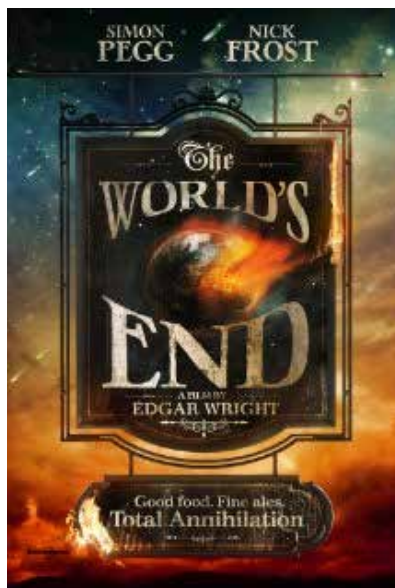
(CTC) Action, adventure starring Hugh Jackman, Famke Janssen and Will Yun Lee. This epic action-adventure takes Wolverine (Hugh Jackman) to modern-day Japan. Out of his depth in an unknown world, he will face a host of unexpected and deadly opponents in a life-or-death battle that will leave him forever changed. Fri, Aug 2: 1.30pm, 6.30pm; Sat, Aug 3: 11.10am, 4pm, 6.30pm; Sun, Aug 4: 3.10pm, 8pm; Tues, Aug 6: 8.35pm; Wed, Aug 7: 1.30pm, 6.45pm; Fri, Aug 9: 1.45pm, 8.40pm; Sat, Aug 10: 4pm, 8.40pm; Sun, Aug 11: 1.15pm, 7.45pm; Tues, Aug 13: 8.35pm; Wed, Aug 14: 10.45am*, 4pm.

The Heat

(Ma15+) Comedy starring Sandra Bullock, Melissa McCarthy, Kaitlin Olson. Uptight FBI special agent Sarah Ashburn is paired with testy Boston cop Shannon Mullins in order to take down a ruthless drug lord. The hitch: neither woman has ever had a partner – or a friend for that matter. Fri, Aug 2: 4pm, 6.45pm; Sat, Aug 3: 4.25pm, 6.45pm; Sun, Aug 4: 12.50pm, 5.40pm; Tues, Aug 6: 6.15pm; Wed, Aug 7: 4.15pm.

Now You See Me

(M) Crime, thriller starring Jesse Eisenberg, Mark Ruffalo. An elite FBI squad is in a game of cat and mouse against The Four Horsemen, a super-team of the world's greatest illusionists, who pull off a series of daring heists against corrupt business leaders. Fri, Aug 9: 4.30pm, 8.50pm; Sat, Aug 10: 11.50am, 1.45pm, 6.40pm, 8.55pm; Sun, Aug 11: 3.20pm, 5.45pm, 8pm; Tues, Aug 13: 8.15pm; Wed, Aug 14: 2.50pm, 5.10pm, 7.30pm; Fri, Aug 16: 2pm, 6.30pm; Sat, Aug 17: 10.10am, 12.25pm, 9.05pm; Sun, Aug 18: 3.30pm, 5.45pm; Tues, Aug 20: 6.30pm; Wed, Aug 21: 10.30am*, 3.45pm, 6pm; Fri, Aug 23: 8.50pm; Sat, Aug 24: 9.50am, 4.30pm, 9pm; Sun, Aug 25: 1pm,



5.45pm; Tues, Aug 27: 8.50pm; Wed, Aug 28: 1.30pm, 8.20pm.

Cloudburst

(MA15+) Drama, romance starring Olympia Dukakis, Brenda Fricker. Stella and Dot are an aging couple who escape from a nursing home in Maine and drive to Nova Scotia on a quest to be legally married. This forces Stella and Dot to make a bold decision: they will leave their hometown and make their way to Canada, where same-sex marriage is legal. Fri, Aug 9: 2pm, 6.45pm; Sat, Aug 10: 2.20pm; Sun, Aug 11: 3.45pm; Tues, Aug 13: 6.15pm; Wed, Aug 14: 10.30am*, 12.45pm.

Elysium

(CTC) Sci-fi, starring Matt Damon, Jodie Foster, William Fichtner. Set in the year 2159, where the very wealthy live on a man-made space station while the rest of the population resides on a ruined Earth, a man takes on a mission that could bring equality to the polarized worlds. Fri, Aug 16: 4.20pm, 8.45pm; Sat, Aug 17: 2.20pm, 4.25pm, 7pm; Sun, Aug 18: 1.25pm, 8pm; Tues, Aug 20:

8.45pm; Wed, Aug 21: 1.25pm, 8.15pm; Fri, Aug 23: 4.35pm, 6.45pm; Sat, Aug 24: 12.15pm, 4.55pm, 7pm; Sun, Aug 25: 8pm; Tues, Aug 27: 6.45pm; Wed, Aug 28: 10.45am*, 3.40pm, 6.15pm.

We're The Millers

(M15+) Comedy starring Jennifer Aniston, Emma Roberts. A veteran pot dealer creates a fake family as part of his plan to move a huge shipment of weed into the U.S. from Mexico. Fri, Aug 16: 2.20pm, 6.45pm; Sat, Aug 17: 10am, 2.40pm, 6.30pm; Sun, Aug 18: 3.15pm, 5.30pm; Tues, Aug 20: 6.45pm; Wed, Aug 21: 10.45am*, 1.15pm, 5.45pm; Fri, Aug 23: 1.50pm, 9pm; Sat, Aug 24: 10.05am, 2.20pm, 9.15pm; Sun, Aug 25: 12.40pm, 7.50pm; Tues, Aug 27: 9pm; Wed, Aug 28: 1.15pm, 8.30pm.

Mortal Instruments

(CTC) Family Fantasy. Starring Jamie Campbell Bower, Aidan Turner, Lena Headey, Lily Collins and Jonathan Rhys Meyers. Directed by Harald Zwart. When her mum is attacked and taken from their home in New York City by a demon, a seemingly ordinary teenage girl, Clary Fray, finds out truths about her past and bloodline on her quest to get her back, that changes her entire life. Fri, Aug 23: 4pm, 6.30pm; Sat, Aug 24: 12.05pm, 6.45pm; Sun, Aug 25: 2.50pm, 5.20pm; Tues, Aug 27: 6.30pm; Wed, Aug 28: 6pm.

Behind the Candelabra

(M) Biography, drama starring Michael Douglas, Matt Damon, Rob Lowe and Dan Aykroyd. Wladziu Valentino Liberace, a musical prodigy, became a worldwide star, known as much for his flamboyant dress and lifestyle as his records, media appearances and musical talent, up until his death in 1987. Based on the true story of Liberace's tumultuous relationship and affair with Scott Thorson, a handsome yet drug-addicted lover, who ends up suing for palimony after their separation. August 15: 5EFM fundraising night. Fri, Aug 23: 2.10pm; Sat, Aug 24: 2.35pm; Sun, 25: 3.20pm; Wed, 28: 10.30am*, 3.55pm.

* Coffee club screenings. G: Suitable all ages. PG: Parental Guidance Recommended for persons under 15; M: Mature audiences 15 yrs +; MA: Under 15 must be accompanied by parent/adult/guardian; R: Restricted to adults 18+. ADMISSION: Adults: \$16; concession/student \$14; children \$12; Senior card/coffee session \$11.


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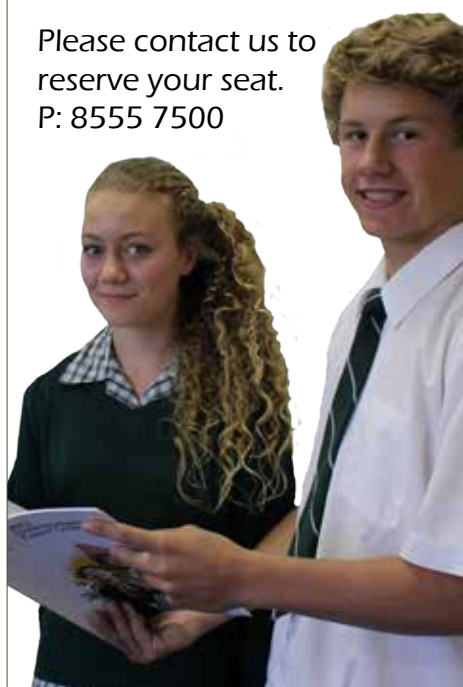


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Chicken Patties

Ingredients

1kg chicken mince
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½ cup grated carrot
½ cup fresh coriander, chopped
1 tablespoon sweet chilli sauce
1 cup Weeties cereal
1 clove of garlic
1 egg

Method

In a bowl, insert chicken mince, spring onion, carrot, garlic and coriander and stir. Crack open

the egg and add to the mixture, stir.

Add the sweet chilli sauce, stir. Slowly add in the weeties. Leave mixture for 5 minutes so the Weeties soak up the liquid.

Roll into patties, and cook in an olive oil sprayed pan until golden brown and cooked throughout.

Tips: Great meal idea for all ages, is great served with a tossed salad or steamed vegetables. Can be served inside a wholemeal bun with tomato, lettuce and low fat cheese. These make a great lunchbox idea for kids lunches.

Pavlova & Rhubarb Coulis Roll

served with Alexandrina Pure Jersey Cream

With Rebekah
McCaul



Do not be alarmed, the Swiss Roll only takes a little patience, practice and perseverance. I quickly assembled the ingredients, read the method about three times, and set off whisking the eggs. This recipe came together in a flash. The result was a delicate, delicious, sweet-sugary meringue.

Pure Jersey Cream is available from Alexandrina's loyal and supportive stockists, from the Willunga Farmers Market, fortnightly or The Cheesery is open daily.

For more information www.alexandrinacheese.com.au

Groundwork

On the day, you will need 25 minutes preparation time, total cooking time 15 minutes
Serves 8-10

Ingredients

Pavlova Roll Rhubarb Coulis
4 free range egg whites
2 Tbsp Pimms (or brandy)
1 cup (250 g) caster sugar 250g fresh rhubarb, washed, chopped & stewed
1 tsp cornflour
1 tbsp icing sugar
2 tsp lemon juice (or vinegar)
170 ml (2/3 cup) Alexandrina Pure Jersey Cream (no need to whip)
55 gm (¼ cup) chopped, stewed rhubarb

Method

Brush a 25 x 30 cm (10 x 12 inch) swiss roll tin with oil and line with non-stick baking paper, extending up two sides. Preheat the oven to moderate 180 degrees celcius.

Beat the egg whites into soft peaks. Gradually add ¾ cup of caster sugar and beat until thick



and glossy. Combine 1 tablespoon sugar with the cornflour.

Fold into the meringue with the lemon juice (or vinegar). Spoon into the tin and smooth. Bake for 12-15 minutes until springy.

Put a large sheet of baking paper on top of a tea towel and generously sprinkle with the rest of the sugar. Turn the pavlova onto this, peel off the lining paper and leave for 3 minutes. Roll up pavlova from the long side using the tea towel to assist; cool.

Fold 55 g of stewed rhubarb into the cream. Unroll the pavlova, fill with the rhubarb and cream mixture, and reroll without the tea towel and baking paper. Transfer to a plate and refrigerate.

To make to rhubarb coulis, put the Pimm's, rhubarb and icing sugar into a food processor and process until well blended, add more icing sugar to taste.

Serve pavlova roll in slices with rhubarb coulis.

EAT WAVE with Jenny



Southern Baked Chicken

Ingredients

4 chicken breasts
1 cup Italian salad dressing
1 tablespoon garlic salt
3 cups Kellogg's Cornflake crumbs

Method

Preheat oven to 180°C. Line a baking tray with baking paper.

If the chicken breasts are thick use a mallet to thin them a little. Place the chicken breasts in a large bowl and pour over the salad dressing. Marinate for 10 minutes.

Combine cornflake crumbs and garlic salt. Place some of the crumbs on a plate and press marinated chicken breasts onto the crumbs until completely coated, adding crumbs to the plate as needed.

Place the chicken breasts on the prepared tray and bake at 180°C for 45 minutes, or until cooked through and golden. Serves 4.

Roasted Cauliflower

Ingredients

3 tablespoons extra virgin olive oil
half a small, fresh cauliflower, washed and cut into florets
smoked paprika
salt and pepper to season (optional)

Method

Pre-heat oven to 180°C. Line a baking tray with baking paper.

In a microwave oven or on a stove top, briefly pre-cook cauliflower florets in water. Drain, then place in a single layer on the baking tray. Season with salt and pepper, drizzle with olive oil and sprinkle with smoked paprika. Bake for 40 minutes, or until soft and golden.



Chai Concentrate

Ingredients

1 x 395g can sweetened condensed milk
1 teaspoon raw sugar (optional)
1 teaspoon ground cardamom
¼ teaspoon ground cinnamon
¼ teaspoon ground cloves
¼ teaspoon ground nutmeg

Method

Mix all the ingredients together, place in a glass jar and store in the refrigerator, for up to a month. Ideally let sit for a few hours before using. To use, mix one or two teaspoons of concentrate into your preferred cup of tea, stir well and enjoy. Spice quantities can be adjusted to taste. Other ingredients can be added, such as ground black pepper, ginger, vanilla essence. To eliminate sugar, cream of coconut can be used instead of sweetened condensed milk. Chai concentrate tastes good stirred into porridge. Although Chai means 'spiced tea' this concentrate can also be used in coffee. Tip: When brewing black tea, let boiling water sit for a few seconds (allow a bit longer for green tea) – before pouring over tea leaves.

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Come on, be a caring bunch

The southern Fleurieu will join millions around the world by opening their hearts on Daffodil Day – Friday, August 23 – and again for the annual Relay for Life program. The daffodil has been the symbol of cancer awareness and hope since the Canadian Cancer Society organised the first Daffodil Day in 1957, and has since spread through Ireland, the United States of America, and Australia through our national Cancer Council and its state organisations. Our Southern Fleurieu Relay for Life group will launch its new campaign at a dinner at the Encounter Bay Bowling Club on August 10 to highlight its 2014 relay at the Port Elliot Sports Oval in April. The Relay for Life event stemmed from a Washington surgeon in 1985 when he used his passion for marathons to create a fundraising event where participants in teams of 10 took it in turns to walk around a track. Australia is one of 21 countries involved in this magnificent showing of unity and hope, and our local teams desperately need your help to support their fundraising ventures. Southern Fleurieu Relay for Life chairman Mike Willett described the program as an amazing community event that aimed to confront



Left: Getting in early for Daffodil Day on Friday, August 23 were Ashlee Robinson, of Goolwa, and her daughter, Indee, two-and-a-half, at Allira Florist in the heart of Victor Harbor.

cancer by raising funds and awareness whilst celebrating survivors and remembering those lost. "The event is also a lot of fun for all with continuous entertainment and activities," Mike said. This year's Relay for Life was another big success, but more teams of 10 are needed.

They are encouraged to raise funds through various ways in the lead-up to the relay. It is very much about having incredible fun whilst helping a wonderful cause. Importantly, Lara Hamlyn from Cancer Council SA reports that monies raised at this event stays in South Australia; supporting Cancer Council's accommodation and counselling services, ongoing research and scientific discoveries and prevention education. Meanwhile, get right into the Spring feeling by buying daffodils from registered

sellers to help raise funds for Cancer Council Australia. Tickets for the Relay for Life dinner are available from Mike Willett 0435 144112, Claire Fuller 8554 2939, Jan Evers (08) 8552 6695, Karen Dutton 0421 750264 or from the front desk at Radio 5EFM Seaview Road, Victor Harbor.

UPCOMING TOURS AT A GLANCE

EXTENDED TOURS

- 8-day Canberra and the NSW South Coast, September 23-30, \$1750pp & \$350ss
- 4-day Murray Princess Cruise, October 11-14, \$1450pp & \$280ss
- 4 day Renmark Rose Festival Thur, Oct 17 – Sun 20th Oct 20 \$695pp \$175 SS
- 11-day Spring Wonderland in Tasmania, October 21-November 2, approx. \$3600.00pp
- ANDRE RIEU October 23, great seats, \$209.00pp
- 3-day Loxton Lights, December 6-8, \$399pp and \$95ss

- NEW** 8-day Christmas in the Blue Mountains and Wollongong, December 23-30th \$2355pp & \$400ss
- NEW** 16-day TRAVELMARVEL Amsterdam – Budapest River Cruise, March 15, 2014 from a ridiculous \$5990pp inc. airfares. Deposit by April 30, 2013
- NEW** 12-day TRAVELMARVEL Kimberley's Tour, July 2014 (will have Ghan option) We're taking expressions of interest for this one!

*pp = per person on a twin share basis

**ss = single supplement

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